



APOSTOLIC CARMEL HIGH SCHOOL & JUNIOR COLLEGE

Hill Road, Bandra (W), Mumbai - 400 050.
Website : www.apostoliccarmelbandra.com

CARMEL *Chronicles*

OFFICIAL DIGITAL MAGAZINE

— ACADEMIC YEAR —

2025-26

*Celebrating a year of
Learning, Growth
& Lasting Memories*

YEAR OF
QUANTUM
PHYSICS



ACADEMICS
Knowledge
that empowers



ACHIEVEMENTS
Milestones
that inspire



CULTURE & ARTS
Creativity
that shines



SPORTS
Passion
that drives



**VALUES &
ENVIRONMENT**
Values that guide,
Actions that matter



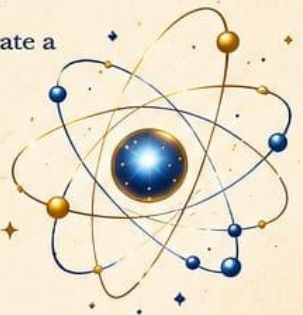
**TOGETHERNESS
& BEYOND**
Stronger together,
Better forever

TOGETHER WE LEARN ★ TOGETHER WE GROW ★ TOGETHER WE SHINE

EDITORIAL

Welcome to the latest edition of our school magazine—a canvas of our collective achievements, memories, and the brilliant sparks of curiosity that define this academic year. This time, we draw inspiration from the unseen forces that shape our universe as we celebrate a major global milestone:

Embracing the Quantum Leap



The United Nations has officially declared this period to observe the **International Year of Quantum Science**. This global initiative aims at raising awareness about quantum technologies and their profound impact on the future. As Carmelites, this theme invites us to look at our growth through a completely new lens. Beyond the laboratory, this incredible field of Quantum Physics teaches us valuable life lessons:



Being open to new possibilities in our academic and personal lives.



Embracing uncertainty with courage and resilience rather than fear.



Seeing things from different perspectives to build a more empathetic community.



Quantum physics is revolutionizing our understanding of the world and inspiring new discoveries that can transform our lives and future. In the same way, the school year has breathed fresh energy and verve into our academic structure, encouraging every student to think deeply, question boldly, and leap forward.



Progressing across curricular and co-curricular activities, we've strengthened bonds and deepened relationships within our school community. From academic triumphs to cultural achievements, our students and staff have vividly showcased their unique talent and creativity through a plethora of activities. As editors, we've witnessed the incredible dedication and passion poured into each contributor's work.



Within these pages, you'll find stories highlighting collective milestones, and capturing the unique spirit of our school. This magazine stands as a true testament to the unwavering commitment of our students, teachers, and staff.



Join us in exploring and appreciating the diverse talents that make our school community so vibrant and unique. We are truly grateful for all the blessings received, and we hope and pray that more students continue to actively participate in the wonderful activities organized by our institution.

*Come, relive these memories with us,
as you flip through the pages.*

Happy reading!..

— The Editorial Team
Tr Patricia Dsylvia Pires





From the PRINCIPAL'S Desk



It is with immense pride and joy that I welcome you to the first-ever edition of our school's e-magazine—a significant milestone in our journey towards innovation, sustainability, and excellence. This digital publication is more than a collection of events; it is a vibrant reflection of our learning experiences, achievements, creativity, and the collective spirit that has defined this academic year.

The year has been especially meaningful as the world celebrates the **International Year of Quantum Science**. Quantum thinking encourages us to look beyond the obvious—to embrace curiosity, adapt to change, explore possibilities, and recognize that even the smallest actions can create extraordinary impact. These values resonate deeply with the spirit of education, where every question asked, every idea explored, and every challenge accepted becomes a stepping stone towards growth and transformation.

Guided by our vision, “**Rooted in God for Transformation of Self and Society**,” and inspired by our motto, “**God is My Strength**,” we have continued to nurture young minds who are intellectually competent, socially responsible, environmentally conscious, and prepared for the future.

This academic year also marked an important step in our digital transformation with the successful implementation of our **Enterprise Resource Planning (ERP)** system. From streamlining communication and administration to strengthening collaboration between the school and parents, the ERP has enhanced efficiency, transparency, and connectivity, enabling us to serve our school community with greater effectiveness.

One of the highlights of the year has been the wholehearted participation of every class in two meaningful, year-long initiatives - an **Environmental Project** and a **Social Outreach Project**. These initiatives transformed learning into action. Students not only explored real-world challenges but also became active contributors to creating sustainable practices and fostering a spirit of empathy and social responsibility. These projects remind us that lasting change begins with informed minds, compassionate hearts, and consistent action.

As you turn these digital pages, you will relive moments of academic excellence, cultural celebrations, sporting achievements, leadership initiatives, innovation, service, and collaboration. Each article, photograph, and creative contribution reflects the enthusiasm and dedication of our students, teachers, and staff, making this e-magazine a true celebration of our collective journey.

My sincere appreciation goes to the editorial team, faculty members, students, parents, and every individual whose efforts have made this inaugural e-magazine a reality. May this publication continue to inspire us to think creatively, act responsibly, embrace innovation, and contribute meaningfully to the transformation of our society.

Happy Reading!

Sr. Maria Snehanjali A.C.
Principal



Journey Behind the Badge

"It was not a perfect journey, but it was an imperfectly perfect one—because every mistake became a lesson, and every challenge became an opportunity to grow."

Some journeys begin with a dream, while others begin with an unexpected moment. This journey began on 18th June, with an announcement that came as a complete surprise. Being selected as the Head Girl was unforeseen, yet what initially seemed like a single achievement gradually evolved into an experience that transformed an entire school year. In retrospect, it was never merely about holding a position or wearing a badge; it was about growth, learning, responsibility, and self-discovery.

The Investiture Ceremony marked the beginning of this remarkable chapter. Receiving the badge and taking the oath brought with it a profound sense of pride, gratitude, and responsibility. More than a symbol of leadership, the badge represented the trust and confidence the school placed in me. It served as a constant reminder of the values I was expected to uphold and the responsibilities I had undertaken. The encouragement and faith shown by my teachers, family, and well-wishers became a source of motivation throughout the year.

As the academic year progressed, each responsibility offered a new opportunity to learn. Conducting assemblies, understanding the planning and coordination that take place behind every successful event, representing the student council, and contributing to various school activities provided invaluable experiences. Every task brought its own challenges and lessons. Moments of uncertainty often became growth opportunities, while mistakes evolved into valuable learning experiences that strengthened confidence, resilience, and a sense of responsibility.

A significant part of this journey was the privilege of working alongside an exceptional cabinet team. Every achievement was the result of collective effort, cooperation, and mutual support. Through planning, organising, problem-solving, and celebrating successes together, strong bonds and lasting memories were formed. The spirit of teamwork demonstrated throughout the year reinforced the importance of collaboration in achieving shared goals.



contd...



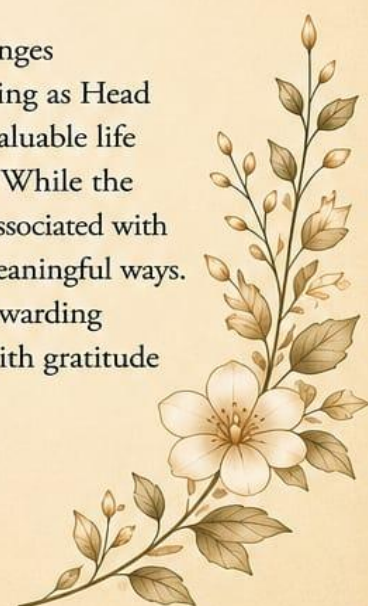
Among the many events of the year, Teachers' Day remains particularly memorable. What appeared to be a smooth and successful celebration was, in reality, the outcome of weeks of preparation, rehearsals, dedication, and teamwork. Despite numerous challenges along the way, the determination and commitment of everyone involved ensured its success. Witnessing the joy and appreciation it brought to the teachers made the experience especially rewarding and reaffirmed the value of perseverance and collective effort.

Numerous other occasions, including Sports Day, inter-house competitions, assemblies, farewell celebrations, and various school programmes, further enriched this experience. Each event presented fresh responsibilities and opportunities for personal development. More importantly, these experiences highlighted an important lesson: leadership is not defined by authority or recognition, but by responsibility, service, commitment, and the ability to work with others towards a common purpose.

This journey would not have been possible without the guidance and encouragement of many individuals. I am sincerely grateful to our Principal, Sister Snehanjali, for placing her trust in me and providing me with the opportunity to learn and grow through this role. My heartfelt gratitude also extends to my teachers, whose support and mentorship played an invaluable role throughout the year. I am equally thankful to my family for their unwavering belief in me, and to my cousin, whose constant encouragement and guidance remained a source of strength during this journey.

Looking back, the memories that stand out are not those of a title or position, but of the lessons learned, the challenges overcome, the friendships built, and the experiences gained. Serving as Head Girl offered far more than an opportunity to lead; it provided invaluable life lessons that fostered confidence, resilience, and personal growth. While the badge may eventually be passed on, the experiences and memories associated with it will remain enduring reminders of a chapter that shaped me in meaningful ways. What began as a surprise became one of the most significant and rewarding journeys of my school life—one that will always be remembered with gratitude and pride.

NAMRAH SHAIKH -9B





Legacy

Woven with Love and Kindness



Some farewells are hard to write because they mark the end of an era. This year, our school bids goodbye to **Tr. Sharon**, who has walked the corridors of Apostolic Carmel High School for **29 beautiful years**.

She was the kind of teacher whose presence felt like home. The moment a child needed help, she would be there — with a calm voice, steady hands, and endless reassurance. On more than one occasion, she personally escorted students to Holy Family Hospital, waiting with them until they were out of danger. That quiet commitment to care was never about duty. It was simply who she was.

In class too, she made a difference that went beyond marks and syllabus. She noticed the quiet ones, the ones who doubted themselves, the ones who needed an extra push. With patience and ingenuity, she broke down difficult ideas, found new ways to explain them, and gave every learner the confidence to try again. During board preparations, her guidance became a pillar for many students, helping them believe that they could.

Tr. Sharon brought lightness wherever she went. Her laughter could lift a heavy day, and her optimism reminded us to look for the good. She believed in clear conversations and clean slates, never letting misunderstandings linger. Outside the classroom, she expressed herself through creativity — weaving, knitting, and crafting with care, and finding joy in cooking for others. Sharing was her way of celebrating.

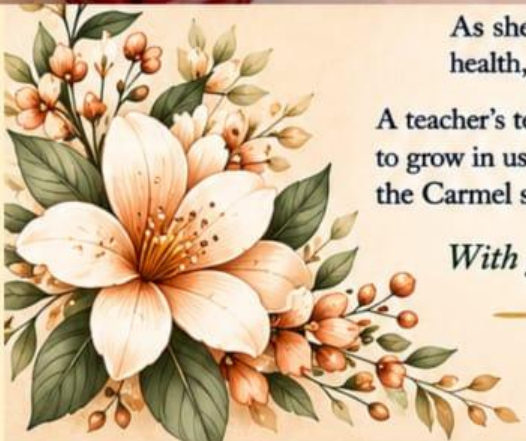
What she leaves behind is not just a record of years served, but a culture of kindness. She taught us that education is not only about lessons, but about empathy, encouragement, and showing up for people.

As she steps into this new phase, we send her with wishes for good health, peace, and time to pursue all the things that bring her joy.

A teacher's tenure may end, but the values she sowed continue to grow in us. **Tr. Sharon** will forever hold a special place in the Carmel story, and in our hearts.

With gratitude and warm wishes,


- Tr Patricia





Learning. Growing. Excelling. Together.

ACTIVITIES

FOR THE YEAR

2025-26



JUNIOR COLLEGE

*Aspire. Achieve.
Make a Difference.*



ACADEMICS & COMPETITIONS



LEADERSHIP & INITIATIVE



CULTURAL & PERFORMING ARTS



COMMUNITY OUTREACH



SECONDARY

*Curious Minds.
Confident Hearts.*



ACADEMICS & ENRICHMENT



SCIENCE & INNOVATION



SPORTS & FITNESS



CLUBS & SOCIETIES



PRE PRIMARY

*Little Learners.
Big Dreams.*



PLAY & EXPLORE



CREATIVITY & EXPRESSION



VALUES & GOOD HABITS



JOYFUL LEARNING

Every Activity. Every Experience. Every Moment Matters.



*Dream
Plan
Achieve*

*Stronger Minds
Bigger Dreams
Brighter Futures*



JUNIOR COLLEGE



A Journey of Learning, Leadership & Discovery

International Yoga Day & World Music Day



Mount Carmel Feast



Des Mera Rangila



Independence Day

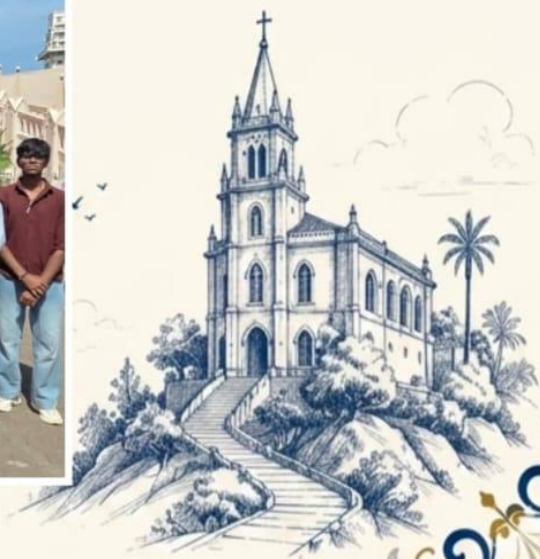


Teachers Day Celebration





Pilgrimage to the *Mount*



Freshers Day



XI & XII Cultural Day

CELEBRATION

The header is framed by ornate blue and gold scrollwork. On the left, there is a vintage microphone, musical notes, and two tabla drums. On the right, a colorful silhouette of a dancer is shown in mid-air, with a splash of purple and blue paint below it. At the bottom right of the header, there are two theater masks, one gold and one blue.

Apostolic Carmel

Junior College

Investiture Ceremony

2025 & 2026



LEAD • SERVE • INSPIRE

HINDI DIWAS

ॐ





SPORTS DAY





PICNIC



Apostolic Carmel

Junior College

2025 - 2026

PTA - AGM



Welcome & Meeting Minutes



Lighting the Lamp

Lighting the lamp of togetherness, illuminating our path towards collaboration and growth.



Guidelines & Expectations



Rules & Responsibilities

Clear communication of guidelines and expectations for the holistic development and well-being of our students.



Honoring Our Toppers

Celebrating excellence and hard work that inspires us all.

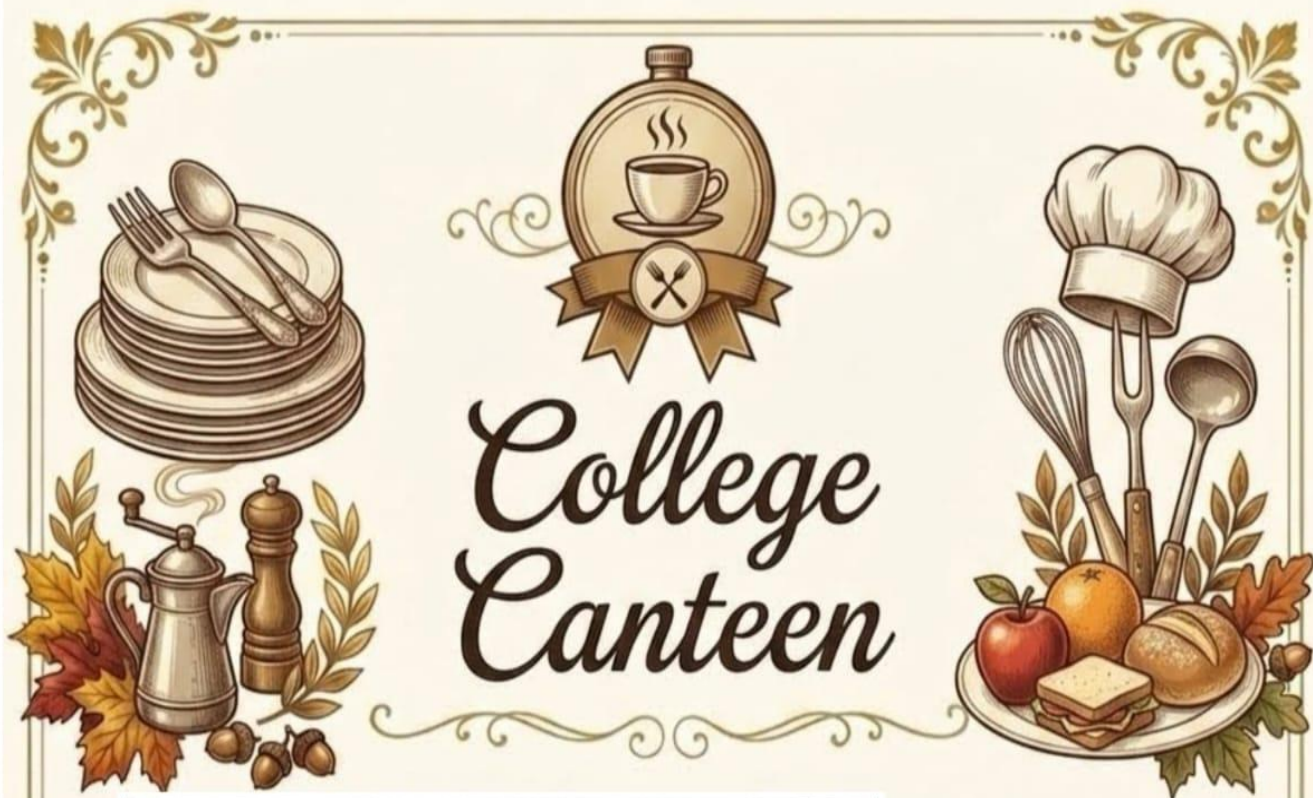
A strong partnership between parents and teachers builds a stronger foundation for our students' success.



TOGETHER, WE GROW.

The PTA-AGM is not just a meeting, it is a commitment to work together for the best interests of our students. Thank you to all parents and teachers for your active participation and continued support.







Christmas and feast day of Sr. Snehanjali A. C.



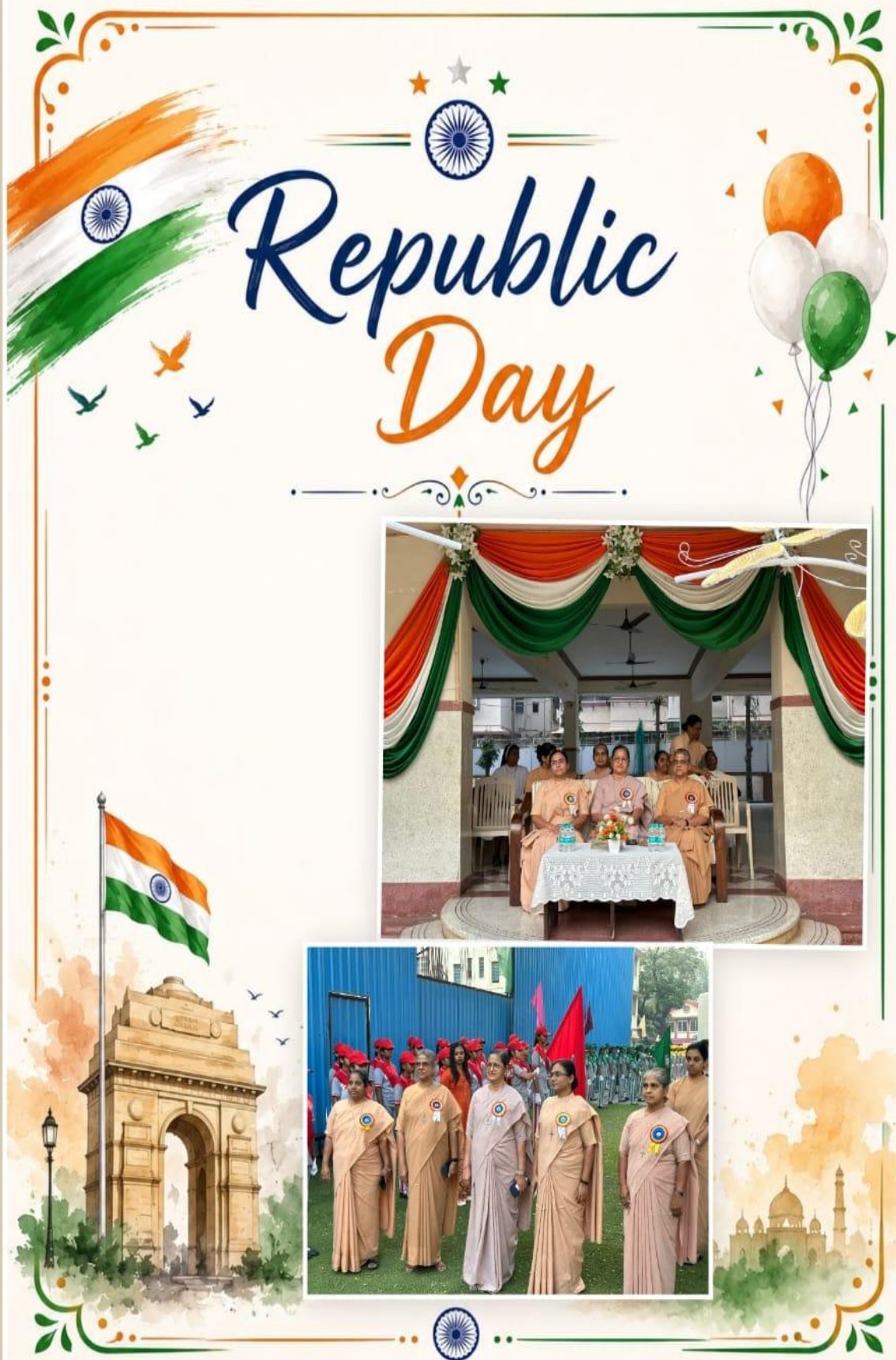


PROVINCIAL VISIT



*Inspiring
Guiding
Strengthening
Together in Mission.*





XII Farewell





XI ARTS ENVIRONMENT PROGRAMME



Care Today,
Sustain Tomorrow.



XI COM ENVIRONMENTAL DRIVE

BANDSTAND CLEANUP DRIVE

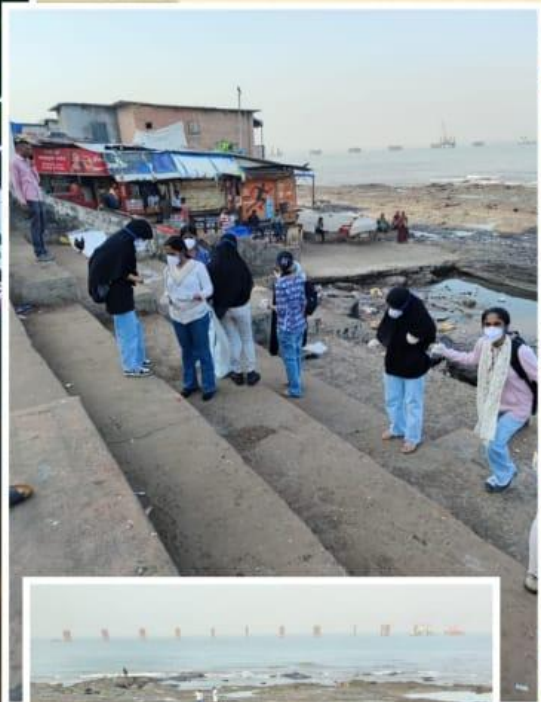


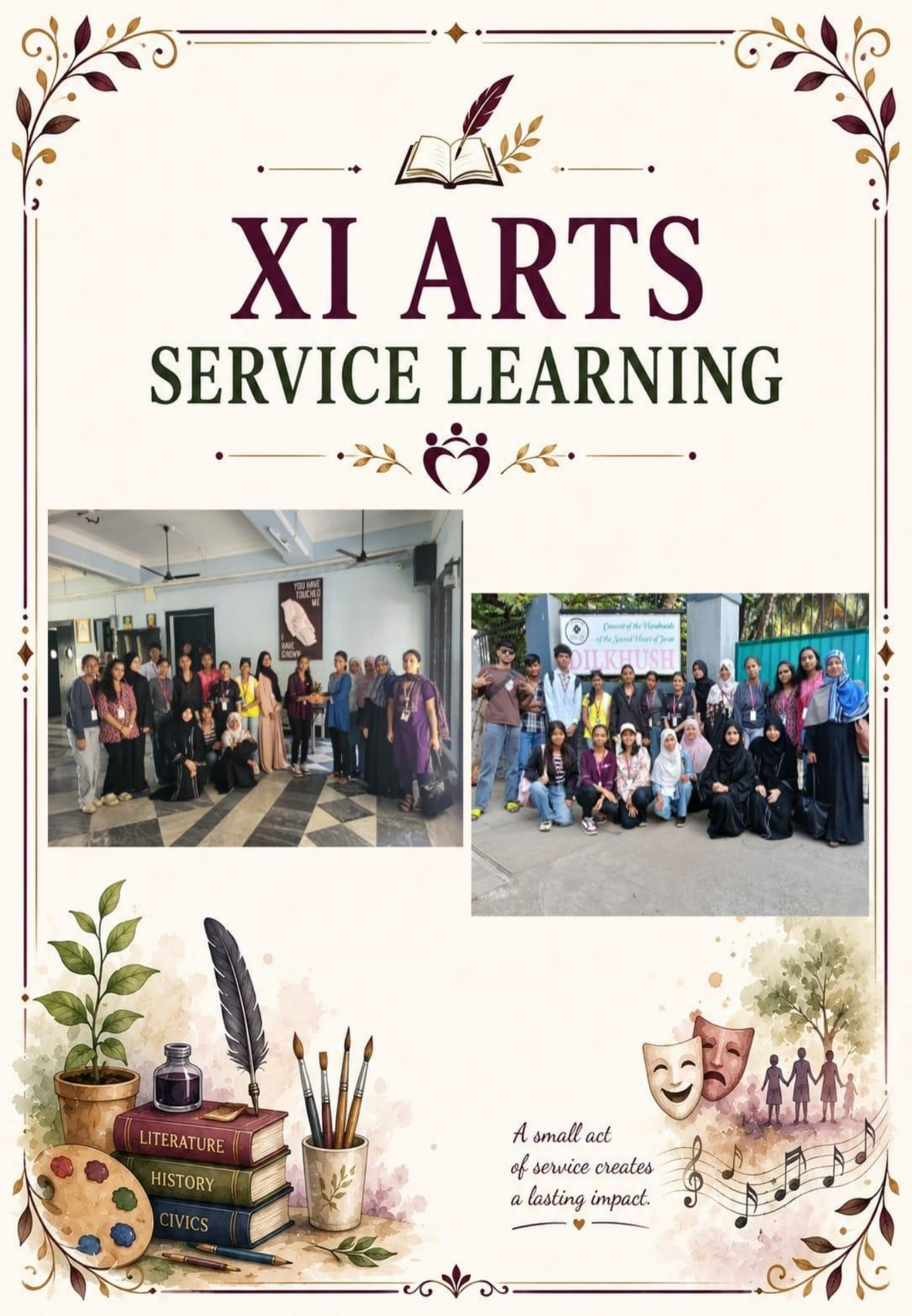
Apostolic Carmel

Junior College

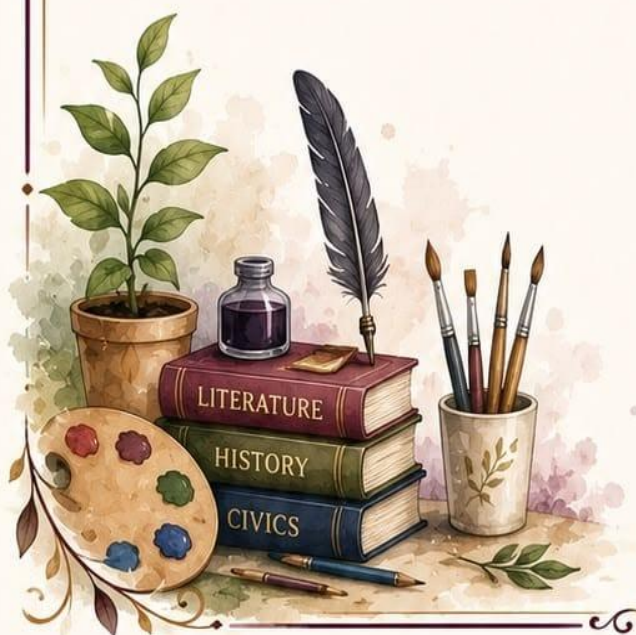
XI SCI ENVIRONMENTAL DRIVE

BEACH CLEANUP





XI ARTS SERVICE LEARNING



*A small act
of service creates
a lasting impact.*



XI Com Outreach Programme



XI SCIENCE

SERVICE LEARNING



*Empathy in Action,
Change in Progress.*

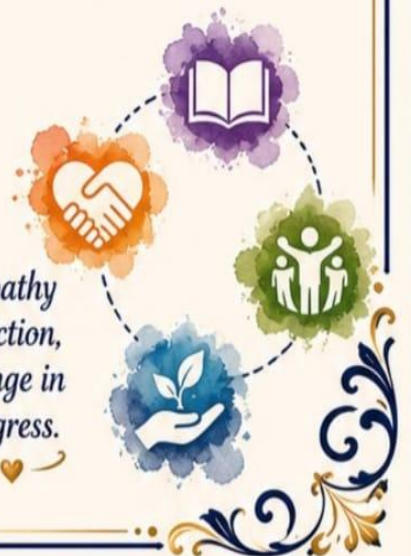


XII ARTS

SERVICE LEARNING



pathy
in Action,
Change in
Progress.



XII COMMERCE

SERVICE LEARNING



Apostolic Carmel

Junior College

E-Sports Competition

2025 & 2026

A screenshot of the eSportsWeb.in website showing a leaderboard for the competition. The table lists teams, matches played (M), places, points (PTS), and total scores. The website URL is visible in the browser's address bar.

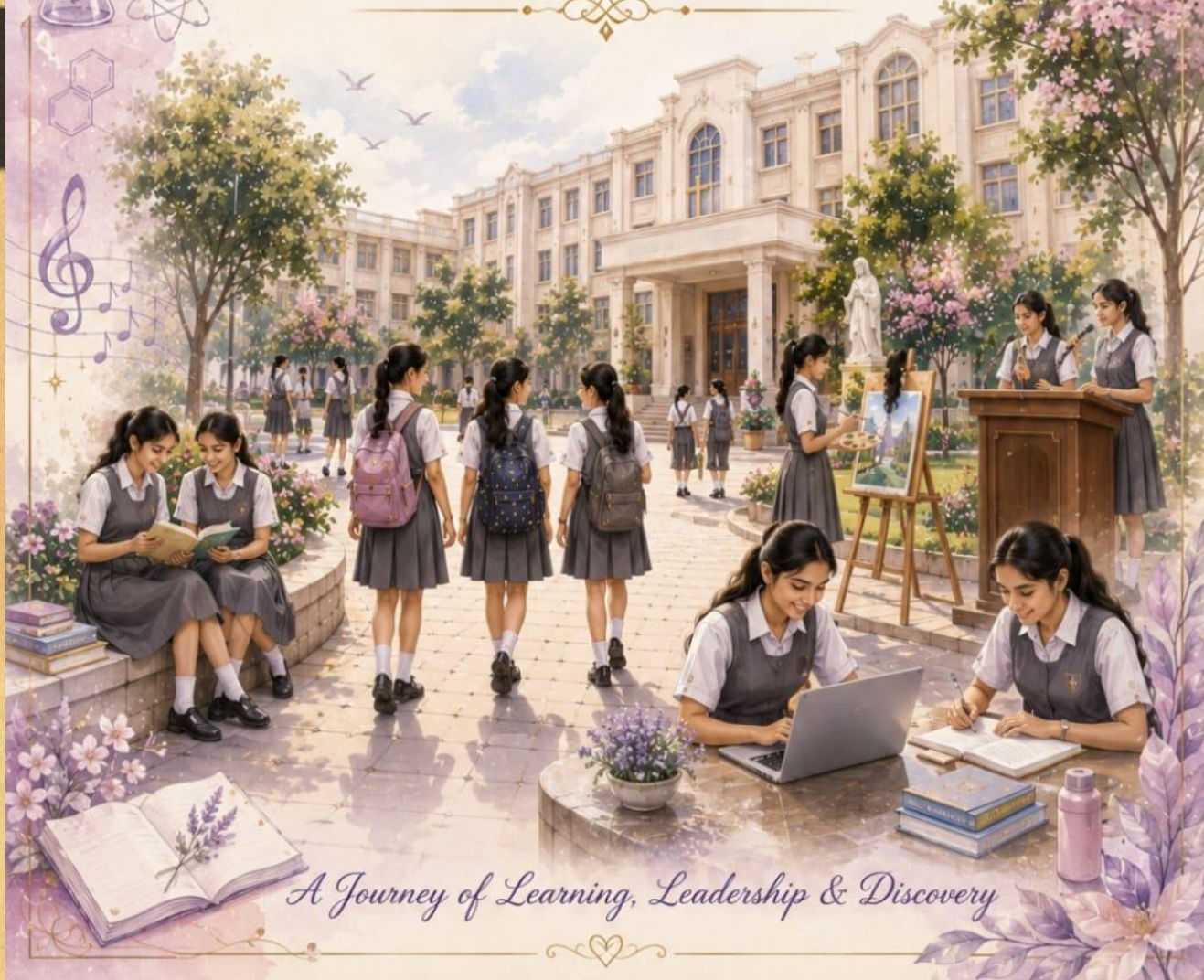
Team	M	Place	PTS	PTS	Total
1 T8	1	1	20	22	42
2 T2	1		14	8	22
3 T17	1		10	10	20
4 T23	1		7	12	19
5 T21	1		8	2	10

APOSTOLIC CARMEL HIGH SCHOOL & JUNIOR COLLEGE





SECONDARY SECTION



A Journey of Learning, Leadership & Discovery

Teacher's *Orientation*

Inspiring Educators. Empowering Futures.



First Day of School!

New Beginnings. Bright Futures.

Welcoming our new students and stepping into
a year of learning, growth and friendship. 



Textbook Distribution under a Government Initiative

Empowering education. Supporting every learner.



INTERNATIONAL
Yoga Day
Yoga for Harmony, Health & Humanity





SCHOOL CABINET

2025 – 2027

Leaders Today, Changemakers Tomorrow



APOSTOLIC CARMEL HIGH SCHOOL & JUNIOR COLLEGE STUDENT CABINET 2025-2026



HEAD GIRL
NARMADA SHARMA



ASST. HEAD GIRL
ANUSHKA SINGH



SPORTS CAPTAIN
PRIYOTI MISHRA



ASST. SPORTS CAPTAIN
CIANNA LOBO



Captain
Jyotsna Sharma



Asst. Captain
Bhruvika Chandra



Captain
Manasvi Kulkarni



Asst. Captain
Anjali Shrivastava



Captain
Mihika Khan



Asst. Captain
Ushin Kulkarni Katar



Captain
Anshika Singh



Asst. Captain
Nityasha Bhatnagar

ART



Captain
Chetanya Katar



Asst. Captain
Kirti Jain

CULTURAL



Captain
Anshika Katar



Asst. Captain
Zohra Sheikh

DISCIPLINE



Captain
Anshika Katar



Asst. Captain
Anshika Katar

CLEANLINESS



Captain
Anshika Katar

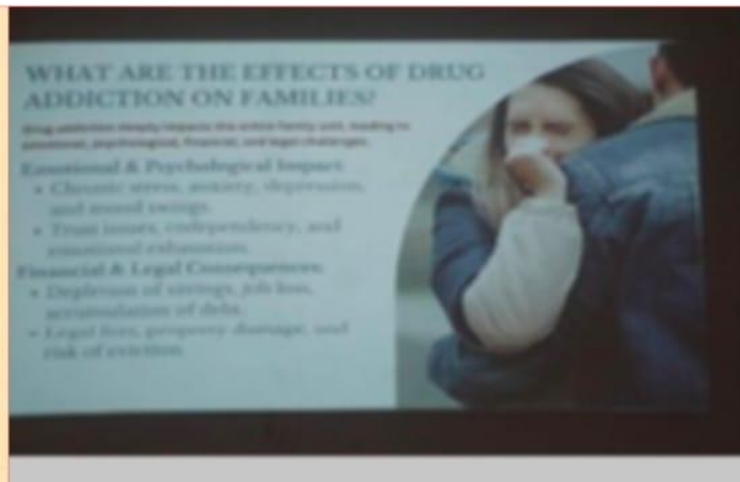


Asst. Captain
Anshika Katar



INVESTITURE CEREMONY

DRUG ABUSE AWARENESS PROGRAMME



Young Minds, Greener Future!

Creativity Today, Sustainability Tomorrow

Unwrap the Future • Save Our Mother Earth



Small Actions, Big Impact –
Together, We Can Heal Our Planet!



HANDWRITING

Competition♡





National

Postal Workers Day



Honouring the Messengers Who Keep Us Connected



Paper Bag Making Competition





APOSTOLIC CARMEL SCHOOL FEAST

Rooted in Faith, Growing in Love, Shining in Service

16th JULY





APOSTOLIC CARMEL SCHOOL FEAST

Rooted in Faith, Growing in Love, Shining in Service

16th JULY





APOSTOLIC CARMEL SCHOOL FEAST

Rooted in Faith, Growing in Love, Shining in Service

16th JULY



St Alphonsa House Feast

*A Life of Faith, Simplicity
and Selfless Love*



Desh Rangila

An Inter House
Cultural Programme



Desh Rangila

An Inter House
Cultural Programme



Desh Rangila

An Inter House
Cultural Programme



Desh Rangila

An Inter House
Cultural Programme



Desh Rangila

An Inter House
Cultural Programme



Desh Rangila



An Inter House
Cultural Programme



Desh Rangila

An Inter House
Cultural Programme



Desh Rangila

An Inter House
Cultural Programme



As per the guidelines of the Government of India,

Apostolic Carmel observed

Partition Horrors Remembrance Day

on August 14

to remember the immense suffering, displacement,
and tragic loss of lives during the partition of India in 1947.

The observance aimed to make the younger generation
aware of this painful chapter in history and to instill
the values of unity, harmony, and equality.





INDEPENDENCE DAY CELEBRATION

*Proud to be Indian, Grateful for our Freedom,
Committed to our Nation.*



PTA - Annual General Body Meeting



Feast of St Joan of Arc



An enriching session on Quantum Physics

was held at

Apostolic Carmel High School

on 26th August 2025

conducted by Mr. Shareeq Iqbal Khan,
a resource person admired for his expertise
and engaging style of teaching.



Teacher's Day *Celebration*



Thanksgiving MASS

*A Heart of Gratitude,
A Life of Faith.*





St. Theresse

HOUSE FEAST CELEBRATION

Little Flower, Great Inspiration



"Do small things with
great love."



First Friday Mass

A Day of Faith, Gratitude & Blessings





FOOD ACTIVITY

Cooking, Creativity & Healthy Choices



CARMEL TREASURES



A journey of self-discovery, growth and endless possibilities.



Cyber Crime & Cyber Security Seminar

Awareness Today, Safety Tomorrow



ENGLISH LITERARY FEST

Celebrating Creativity, Expression & the Joy of Words

A day filled with imagination, inspiration and enthusiasm as students from
Classes 5 to 10 showcased their literary, artistic and oratory talents
through a variety of engaging competitions.



Hindi Elocution Competition

Expression. Confidence. Culture. Our Language, Our Pride.



— — — — —

GANDHI JAYANTI

Celebration

— — — — —

Honoring the Father of the Nation and His Timeless Values

— — — — —



Diwali Activities

Celebrating Creativity, Culture & the Festival of Lights





ROAD SAFETY PATROL CAMP



at Nature Trails, Durshet Forest Lodge, Khopoli



Participation in *Science Exhibition*

**Apostolic Carmel High School &
Jr. College**

(3rd–5th November)

Students of Apostolic Carmel High School and Jr. College enthusiastically participated in the Science Exhibition held from 3rd to 5th November. The theme chosen this year, **Green Energy,** inspired students to explore sustainable and innovative solutions for the future.



HAPPY CHILDREN'S DAY

EVERY CHILD A SPARK OF HOPE



Mother Veronica's
Death Anniversary
— and the —
Establishment of
Apostolic Carmel



CARMEL BLOSSOM OUTREACH

Spreading Joy, Sharing Hope

21st November 2025





CONSTITUTION DAY

26TH NOVEMBER



Star Making COMPETITION



Our School Band
— Participated in the —
RSP Inter-School Band Competition

— held on —
16th December 2025

With great pride, we announce that
our Band secured the

2nd Place

among all the participating schools.





Apostolic Carmel High School and Junior College

in collaboration with the



Brihanmumbai
Municipal Corporation
(BMC)



**BHAMLA
FOUNDATION**
WE CARE

organized a

Special Programme

based on the theme

**“This Christmas, Empower to Educate –
Har Beti Ek Rani”**

On 17th December, Apostolic Carmel High School and Junior College,
in collaboration with the Brihanmumbai Municipal Corporation (BMC)
and the Bhamla Foundation, organized a special programme based on the theme
“This Christmas, Empower to Educate – *Har Beti Ek Rani*.”



This Christmas, **Empower to Educate –** *Har Beti Ek Rani*



This Christmas, **Empower to Educate –** *Har Beti Ek Rani*



HUMAN RIGHTS MINORITY DAY CELEBRATION



Christmas

— A SYMPHONY OF —

GIVING

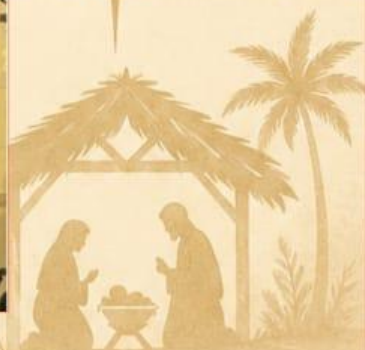


Apostolic Carmel High School & Junior College

Bombay Archdiocesan *Inter-Religious Christmas* Celebration 2025

“Christmas: God Connect”

Celebrating Faith, Hope, Unity & the Joy of Christ's Birth





SVEEP

(Systematic Voters' Education
and Electoral Participation)

ACTIVITIES

*Informed Voter. Empowered Nation.
Every Vote Counts!*



*My Vote
My Voice*

Apostolic Carmel High School, Bandra West
Systematic Voters Education And Electoral Participation (SVEEP)



Apostolic Carmel High School, Bandra West
Systematic Voters Education And Electoral Participation (SVEEP)



Drawing & Poster Making



SCHOOL PICNIC
at
SHANGRILA
AMUSEMENT & WATER PARK



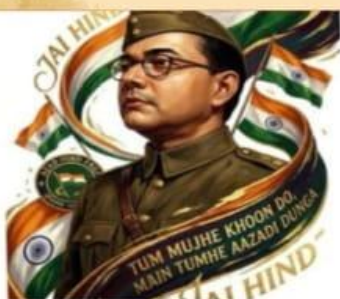
ST AGNES HOUSE CELEBRATION





NETAJI SUBHASH CHANDRA BOSE PRAKRAM DIVAS

CELEBRATION



Netaji Subhash Chandra Bose Birth Anniversary (Netaji Jayanti)
23rd January
The Government of India observes it as Parakram Diwas

*"Tum mujhe khoon do,
main tumhe azadi doonga."*

– Netaji Subhash Chandra Bose





REPUBLIC DAY CELEBRATION



Proud to be Indian, Proud of our Republic.



SPORTS DAY

CELEBRATION

★ ★ ★



SPORTS DAY

CELEBRATION



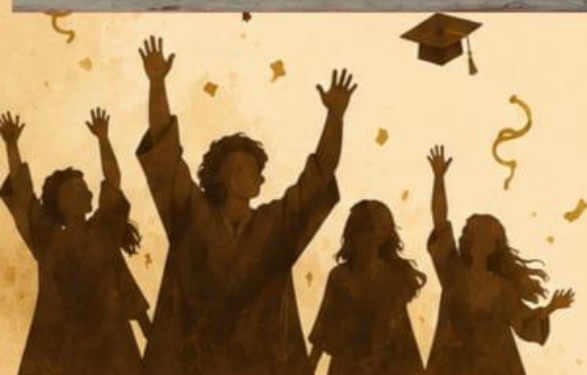


FAREWELL

to

STD 10

*Goodbyes are not the end,
but the beginning of beautiful new journeys.*



STRESS *Management*

SESSION

• FOR STD 10 •



PROVINCIAL *Visitation*

A Time of Grace, Unity and Renewal



Drawing Competition

— WAS CONDUCTED BY —



EVERY AMBITION NEEDS PREPARATION





MOVIE DAY

A DAY OF LEARNING & INSPIRATION

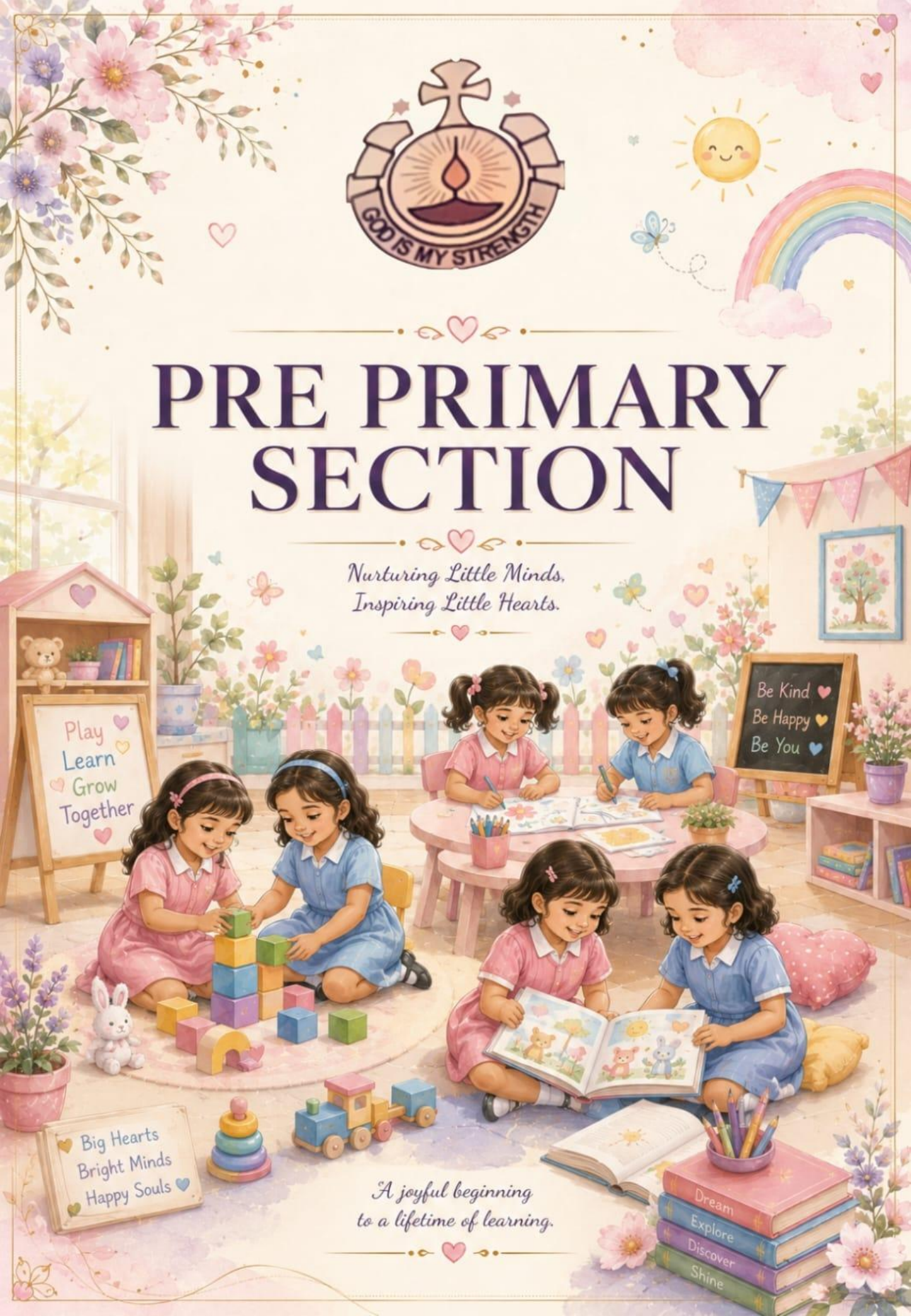
A MOVIE SHOWN BY THE GOVERNMENT TO THE STUDENTS





PRE PRIMARY SECTION

*Nurturing Little Minds,
Inspiring Little Hearts.*



Play
Learn
Grow
Together

Be Kind
Be Happy
Be You

Big Hearts
Bright Minds
Happy Souls

*A joyful beginning
to a lifetime of learning.*

Dream
Explore
Discover
Shine

PRE -PRIMARY SECTION



Sr. KG : 18TH JUNE, 2025
Jr. KG : 19TH JUNE, 2025
NURSERY : 21ST JUNE, 2025
FIRST DAY OF SCHOOL
Tiny steps into a big learning journey



16TH JULY, 2025
CARMEL FEAST DAY
Our Lady of Mount Carmel Pray for us

NURSERY



26TH JULY, 2025

PARENTS' DAY

Parents are the roots that help children grow and shine.



Nursery A



Nursery B



Independence Day Activity:

COLOURING OF THE FLAG



JUNIOR KG



Junior KG

Show and tell Competition

Theme- National Symbols of India



Senior KG

Patriotic Song
Solo Singing
Competition





14TH AUGUST, 2025
INDEPENDENCE DAY CELEBRATION
Little hearts celebrating the pride of our nation



5TH SEPTEMBER, 2025
TEACHERS' DAY CELEBRATION
Thank you to the guiding stars who light our path.



Goodbye
 Tr. Felicia
 4TH OCTOBER,
 2025



**4TH OCTOBER, 2025
CANTEEN DAY**



**14th November, 2025
CHILDRENS' DAY CELEBRATION**
*To the bundles of energy and
endless possibilities*

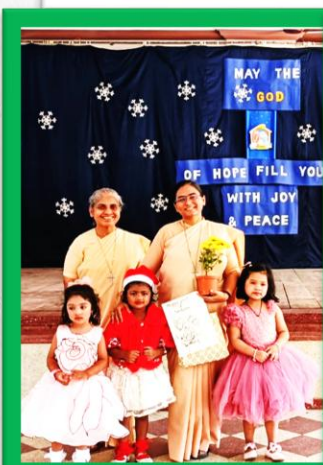
COLOURING COMPETITION - Junior KG



**14th November, 2025
COLOURING COMPETITION**
Fill the world with colours



**12TH DECEMBER, 2025
ANNUAL DAY**
A stage full of talent, smiles and shining stars



20TH DECEMBER, 2025
CHRISTMAS & SR. SNEHANJALI'S FEAST DAY CELEBRATION
Spreading joy, love and festive cheer



16TH JANUARY, 2026
PICNIC AT FUNKY MONKEYS
Fun, laughter and happy memories.



**20TH FEBRUARY, 2026
SR. SUMITA'S FEAST DAY**



DEMONSTRATION DAY-
*Little learners proudly
showing what they have
learned.*

Junior KG – 13th March 2026

**Senior KG – 16th March
2026**

Nursery – 18th March 2026



**6TH, 7TH & 8TH APRIL, 2026
SPORTS DAY- *Fast feet, Happy Hearts.***

Nursery Class Activities



Yellow Day



Red Day



Blue Day



Green Day



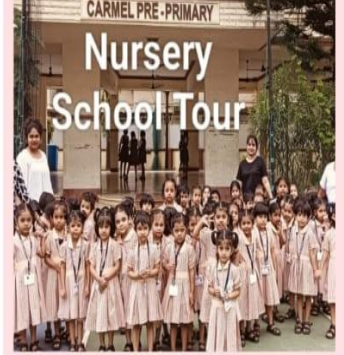
Hand print



Diya Decoration



Beading



School Tour



Sponge dabbling



Finger tracing



Ear bud painting



Big & Small



Paper tearing & sticking



Clay art



Flour Tracing

JUNIOR KG CLASS ACTIVITIES



BIG & SMALL



MATCHING



LETTER E



VEGETABLES



SHAPES



BEADING



SINK & FLOAT



CLAY WORK



GERMINATION



PAPER TEARING & CRUMPLING



TRACING



SCHOOL CAMPUS TOUR



COTTON STICKING



NUMBER WORK

SENIOR KG COMMON ACTIVITIES

Clay Moulding Competition 9th Jan 2026



Handwriting Competition 13th March 2026



CLASS ACTIVITIES



Word Formation



Shapes



Show & Tell



Independence Day



Paper Sticking



Colouring



♥ Together for a Better Tomorrow ♥

OUTREACH & ENVIRONMENTAL PROJECTS

LOVE
SHARE
CARE
♥



CARE ♥
CONSERVE ♥
CREATE ♥



KINDNESS
COMPASSION
EMPATHY
♥

Small Actions.
Big Impact.
Stronger Together.
♥

PLANT
PROTECT
PRESERVE
♥

CLASS V A

Every Page Has a Purpose

“ A tree gives us paper, and it is our responsibility to use it wisely. ”

With this thought in mind, our class chose to make notebooks from unused paper. We collected blank pages from old notebooks and transformed them into new ones, giving every page a second chance.

Through this activity, we realised that saving paper means saving trees and protecting our environment. It also taught us to avoid wasting resources and to use every page carefully. Working together made the project enjoyable, and each notebook reflected our creativity and teamwork.

This simple yet meaningful project showed us that even small actions can make a big difference. We proudly learnt that every page we save today helps build a greener tomorrow.



OUTREACH PROGRAM

CLASS V A



Little Hearts, Big Smiles

Small
Donations,
Big
Difference

The happiest hearts are those that share.

Our outreach project focused on collecting essential items for children living in an orphanage. We believed that every child deserves love, care, and the basic necessities to grow with confidence and dignity.

As we collected notebooks, stationery, toiletries, and other useful items, we realised that something small for us could mean so much to someone else. The project encouraged us to look beyond ourselves and appreciate the blessings we often take for granted.

This experience taught us the true meaning of kindness, gratitude, and compassion. We learnt that sharing is not about how much we give, but the love with which we give it. Together, we discovered that every act of generosity has the power to brighten someone's day and fill hearts with hope.

Kindness
Starts
with Us

Together, we create smiles
and share happiness!

CLASS V B

Every Drop Counts



“ Water is life's greatest gift—let's use it wisely.” ”

Our class maintained a Water Saver Diary to understand the importance of conserving water in our daily lives. For one week, we recorded the different ways we saved water at home and in school.

This activity made us realise how easily water is wasted and how simple habits like turning off taps and reusing water can make a difference. It also encouraged our families to join us in practising water conservation.

The project helped us become more responsible and aware of our daily actions. We discovered that every drop is precious and that small efforts today will ensure enough water for future generations.



♥ OUTREACH PROGRAMME ♥

♥ CLASS V B ♥

A Toy, A Smile, A Memory

Small toys,
big happiness,
beautiful
memories. ♥

*"Every toy carries a story,
and every child deserves one to cherish."*

Our class collected clean, gently used toys to donate to children in an orphanage. Along with each toy, we attached a heartfelt Message of Joy, hoping to make every gift even more special.

While selecting and packing our toys, we realised that happiness multiplies when it is shared. We imagined the smiles on the children's faces and understood that even the simplest gift can create lasting memories.

This project taught us kindness, empathy, and the joy of giving without expecting anything in return. More than donating toys, we shared love, hope, and friendship.

It reminded us that the greatest gifts are not wrapped in paper—they are wrapped in kindness and compassion. ♥

*Happiness
multiplies
when it is
shared.*



*"Kindness is
the greatest
gift of all."* ♥



"Little hands. Kind hearts. Big difference." ♥



CLASS V C



Turning Plastic into Possibilities



“Waste is only waste if we fail to reuse it.”

Our class explored the concept of Eco-Bricks by filling plastic bottles with non-recyclable plastic waste. We chose this project to understand the harmful effects of plastic pollution and discover a practical solution.

As we created Eco-Bricks, we learnt about the importance of reducing, reusing, and recycling plastic. We also realised that even small efforts can help keep our surroundings clean and protect nature.

This activity was both educational and enjoyable. It inspired us to think differently about waste and encouraged us to make eco-friendly choices every day. We proudly believe that every Eco-Brick is a small step towards a cleaner and greener planet.



♥ OUTREACH PROGRAMME ♥

♥ CLASS V C ♥

Passing on the Joy of Reading

A book shared is a world of imagination gifted.



Our class believed that every child deserves the opportunity to experience the magic of reading. We collected storybooks and library books that we had already enjoyed and outgrown, carefully checked that they were in good condition, and packed them with love for children who would treasure them next.

Share a book.
Share a dream.
Change a life.

BOOKS TO SHARE

One book can change a mind, a heart, and a future.

Our books were handed over to Ms. Sakina Mithiborwala, an independent social worker who selflessly reaches remote villages in Gujarat and Maharashtra. Through her dedicated efforts, these books found their way into the hands of underprivileged children who have little or no access to libraries or storybooks.

This project taught us that knowledge grows when it is shared. It reminded us that a single book can spark imagination, inspire dreams, and open the door to countless adventures. We proudly realised that by passing on the joy of reading, we were helping write a brighter future—one story at a time.



Books in our hands today,
hope in their hands tomorrow.



♥ When we share books, we share possibilities. ♥



CLASS VI A

PLANT
CARE
GROW
REPEAT

Growing Green, Growing Together

Our Little
Garden
of Hope

“Every seed we plant is a promise to the future.”

With this belief, our class chose to grow and care for vegetable plants. We wanted to understand how plants support life and how even a small garden can make a positive impact on the environment.

From preparing the soil to watering and nurturing each plant, we learnt that growth requires patience, care, and consistency. Watching tiny saplings flourish under our care filled us with joy and a sense of responsibility. We also realised that plants provide us with oxygen, food, and a healthier environment.

This project helped us connect with nature in a meaningful way. It taught us that caring for plants is not just a task but a responsibility. We proudly learnt that when we nurture nature, it rewards us with life, beauty, and hope.



OUTREACH PROGRAMME

CLASS VI A

Sometimes,
the greatest
gift we can
give is
our time.

The Gift of Time



TIME
well spent
is love
well shared.



Our outreach project encouraged us to spend a few meaningful minutes every day with our grandparents or elderly neighbours, helping them with simple tasks and sharing conversations.

As we listened to their stories and experiences, we realised how much they value love, attention, and companionship. We discovered that small gestures, such as helping them or simply sitting beside them, brought immense happiness.

This project strengthened the bond between generations and taught us to respect and appreciate our elders. It reminded us that kindness is shown through actions, not words.

We proudly learnt that every moment spent with our elders becomes a precious memory for both them and us.



Small moments today,
beautiful memories
forever.



Our time, their smile, our bond, forever strong.



CLASS VI B

Giving Old T-Shirts a New Life

“Reuse today for a better tomorrow.”

Our class selected this project to reduce plastic pollution by making reusable cloth bags from old T-shirts. We also participated in plastic recycling to spread awareness about responsible waste management.

Transforming old clothes into useful bags was both creative and enjoyable. We realised that items we no longer use can still serve an important purpose. Every cloth bag we made was one less plastic bag harming our environment.

This activity encouraged us to think differently about waste and inspired us to adopt eco-friendly habits in our daily lives. It taught us that sustainability begins with simple choices. Together, we discovered that small changes in our lifestyle can make a big difference to our planet.



Small Choices
Better Planet

REDUCE • REUSE • RECYCLE • REPEAT



LESS PLASTIC
MORE
FUTURE



RECYCLE TODAY
FOR A BETTER TOMORROW



♥ OUTREACH PROGRAMME ♥

♥ CLASS VI B ♥

A helping hand can change someone's tomorrow. ♥

Sharing Hope, One Family at a Time ♥

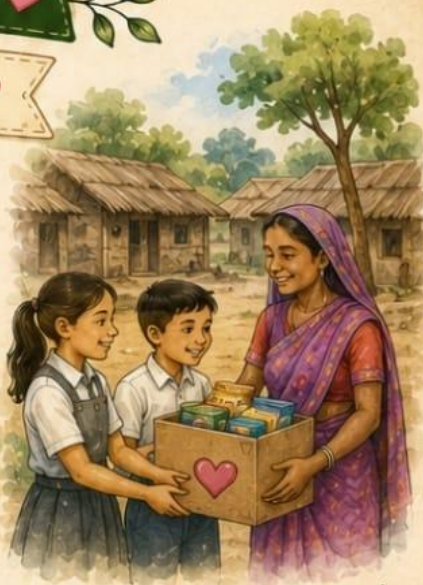


♥ Our class collected groceries and essential household items for families living in an Adivasi pada. We chose this project to support those who face daily challenges in meeting their basic needs.

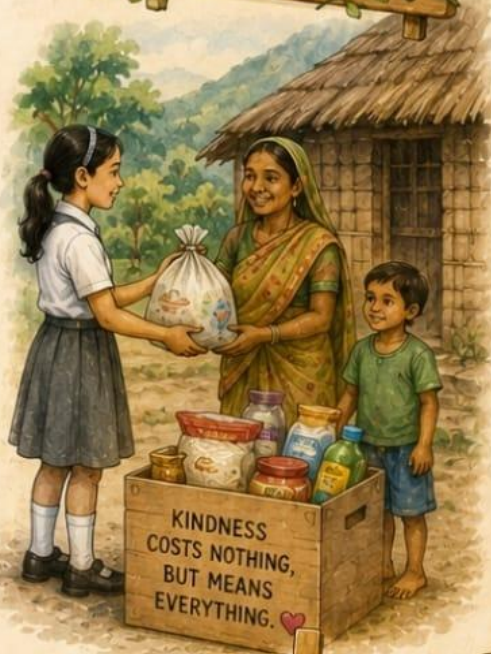
♥ While packing food grains, toiletries, and daily essentials, we realised how fortunate we are to have these necessities. The project taught us gratitude and encouraged us to think about those who need our support.

♥ This experience filled our hearts with compassion and reminded us that even small contributions can make a meaningful difference.

♥ Together, we learnt that sharing what we have is one of the greatest ways to spread hope and humanity.



Small contributions, Big change. ♥



Share what you have,
Brighten someone's life. ♥



♥ Together, we share. Together, we care.
Together, we create a better tomorrow. ♥

CLASS VI C

Creativity with a Purpose

Waste today
Wonder tomorrow

“Waste becomes wonderful when creativity takes over.”

Our class explored the world of recycling by creating beautiful and useful items such as keychains, cloth bags, jewellery, and decorative pieces from discarded materials.

As we worked together, we realised that waste is not always useless. With imagination and teamwork, ordinary materials were transformed into colourful creations. This project encouraged us to reduce waste while discovering our creative talents.

More importantly, we learnt that recycling helps conserve natural resources and keeps our surroundings clean. Every item we made carried a message of hope for a greener future.

Through this experience, we proudly understood that protecting the environment can be creative, enjoyable, and rewarding.



Create Today ♥ Inspire Tomorrow ♥ Protect Always

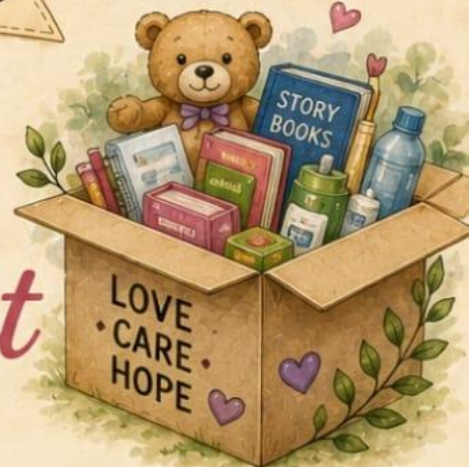


♥ OUTREACH PROGRAMME ♥

♥ CLASS VI C ♥

Giving with a Caring Heart

Kindness
grows
when it is
shared.

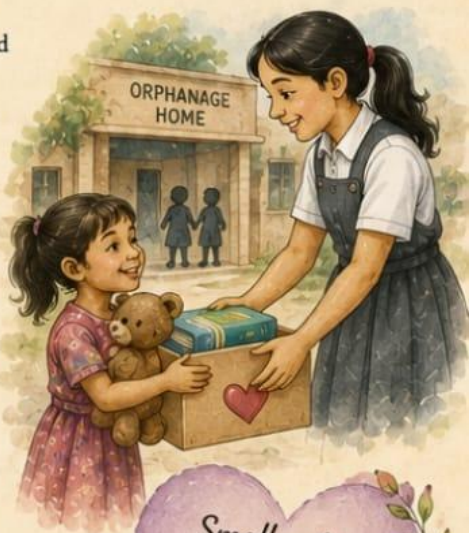


♥ "Kindness grows when it is shared."
Our class collected essential items for children living in an orphanage. We wanted to ensure that they received the care, comfort, and encouragement they truly deserve.

♥ Preparing the donation boxes made us realise that many children dream of things we often take for granted. Every notebook, pencil, storybook, and useful item carried our love and good wishes.

♥ This project helped us understand the importance of compassion and gratitude. We learnt that helping others does not always require grand gestures—small acts of kindness can leave a lasting impact.

♥ We proudly discovered that a caring heart is the greatest gift anyone can offer.



Small acts
of kindness,
Big changes
in lives.

A caring heart
can brighten
someone's
world.



Give with a loving heart,
Touch a life, make a new start.



CLASS VII A



Waste Warriors on a Mission



“Be the change your planet needs.”

Inspired by this thought, we proudly became the Waste Warriors of our school. We collected discarded plastic bottles, wrappers, and other recyclable materials and transformed them into useful articles.

This project opened our eyes to the growing problem of plastic pollution and showed us that every recycled item helps protect our environment. Working together taught us teamwork, creativity, and responsibility.

The experience encouraged us to become more conscious of the waste we generate every day. We realised that protecting the Earth doesn't always require big actions—small efforts made consistently can create lasting change. We proudly believe that every responsible choice brings us one step closer to a cleaner and greener future. ♥



WE DON'T NEED A HANDFUL OF PEOPLE DOING ZERO WASTE PERFECTLY.
WE NEED MILLIONS OF PEOPLE DOING IT IMPERFECTLY.

♥ OUTREACH PROGRAMME ♥

♥ CLASS VII A ♥

*"Together,
we rise by
lifting
others."*

One Family, One Promise

♥ "Together, we rise by lifting others." Our class adopted a family in need and pledged to provide them with monthly necessities. This project helped us understand that outreach is not a one-time act but a continuous commitment to caring for others.

♥ As we collected groceries, toiletries, and daily essentials, we realised the importance of consistency in helping those around us. Every contribution reflected our unity and compassion.

♥ The experience taught us responsibility, gratitude, and the joy of giving selflessly. It reminded us that true change begins when communities support one another. We proudly learnt that a small effort made together can transform someone's life in a big way.



SHARE
CARE
SUPPORT
TOGETHER

♥ One promise. One family. One brighter tomorrow. ♥



CLASS VII B

Weaving a Greener Future



“Old clothes can begin a new journey.”



Our class chose to recycle old clothes by weaving colourful mats. Through this activity, we discovered that materials often considered useless can be transformed into something practical and beautiful.



Preparing the mats required patience, teamwork, and creativity. It also helped us understand the importance of reducing textile waste and making better use of available resources.



The project made us appreciate the value of recycling while inspiring us to think before throwing things away. Every mat reflected our effort to protect nature through simple yet meaningful actions.



We learnt that every thread woven with care contributes to building a more sustainable future. ♥



Reduce Waste • Reuse More • Recycle Better • Respect Nature

♥ OUTREACH PROGRAMME ♥

♥ CLASS VII B ♥

Walking Beside Every Child

"Every child
deserves love,
learning, and
a chance to
dream."



♥ Our outreach project focused on reaching out to street children with compassion and care. We wanted to understand their struggles while spreading hope through simple acts of kindness.

♥ This initiative helped us realise that many children do not enjoy the opportunities we often take for granted. It inspired us to value education, family, and every blessing in our lives.

♥ The experience taught us *empathy, gratitude*, and the importance of treating everyone with dignity and respect. We discovered that even a smile, a conversation, or a helping hand can make someone feel valued and cared for.

Small acts.
Big hearts.
Better
tomorrows.

Kindness
changes
lives.



Together we care, together we share,
together we make a difference.



CLASS VII C



Clean Habits, Healthy Environment



“Cleanliness is the first step towards caring for our planet.”

Our class took the responsibility of ensuring that hand wash was available in the school washrooms, promoting hygiene and cleanliness among all students.



This initiative taught us that maintaining a clean environment begins with personal responsibility. We regularly checked supplies, encouraged proper handwashing, and motivated everyone to keep the washrooms neat.

Through this project, we learnt the importance of discipline, teamwork, and caring for the well-being of others. It reminded us that environmental responsibility also includes creating healthy surroundings for our school community.



We proudly realised that small acts of care can make a big difference in everyone's daily life. ♥



OUTREACH PROGRAMME

CLASS VII C

Kindness
is a gift
everyone can
afford to give.

Small Gifts, Big Smiles

*"No act of kindness,
no matter how small,
is ever wasted."*

*They may have
little, but their
smiles are
pure magic.*

Our class, 7C were taken for an outreach by our class teacher, Tr. Mansi. The outreach was to show us how fortunate we really are.

Each student handed a few toys and a banana to a beggar, to girls who are less fortunate than us. The beggars were filled with joy. This was their first time ever getting a toy, ever feeling true joy. Even if it came from a small banana and toys.

Their smiles made me and all my classmates grateful for everything we are blessed with. I am grateful to my teacher and class principal for such an opportunity.

Although the whole class did not go, this outreach made us feel blessed.

We may not
have it all...
but we can
always share
what we have.



"Little hands. Kind hearts. Big difference."

CLASS VIII A

Finding Treasure in Trash

WASTE
TODAY
WONDER
TOMORROW

REDUCE
REUSE
RECYCLE
RECREATE

“Nothing is useless if we learn to see its value.”

EVERY IDEA
COUNTS!

Our class chose the theme Best Out of Waste to discover how discarded materials can be transformed into useful and decorative items. Alongside this, we also observed our daily use of electricity, transport, and plastic to understand our environmental impact.

Using imagination and teamwork, we converted waste into creative products while learning the importance of reducing, reusing, and recycling. Tracking our daily habits also encouraged us to conserve energy and avoid unnecessary plastic use.

This project changed the way we look at waste. It inspired us to make thoughtful choices and become more responsible towards the environment.

We proudly learnt that every creative idea can become a step towards a greener tomorrow.

What We Made

- ♥ Pen Stands
- ♥ Planters
- ♥ Wall Decor
- ♥ Organizers
- ♥ Decorative Pieces and more!

OUR DAILY HABITS MATTER



SAVE
ELECTRICITY



USE
PUBLIC
TRANSPORT



SAY NO TO
SINGLE-USE
PLASTIC



RETHINK · REDUCE · REUSE · RECYCLE · RECREATE · RESPECT OUR PLANET

Small Actions, Big Impact

♥ OUTREACH PROGRAMME ♥

♥ CLASS VIII A ♥

Sharing Knowledge, Inspiring Dreams

Education
is the greatest
gift we can
share. ♥

STATIONERY
FOR A
BRIGHTER
FUTURE ♥

Education is the greatest gift we can share.”
Our class chose to provide stationery items to
underprivileged girls in our school because we
believe that every child deserves the opportunity
to learn without limitations.

A notebook, a pencil, or a set of colours may
seem ordinary to us, but for someone in need,
they become tools that build confidence and hope.

Small gifts
today, bright
futures
tomorrow.

As we collected and packed the stationery, we
realised how fortunate we are to have easy access
to educational resources. This project taught us
to value what we have and encouraged us to
support those who may need a helping hand.

It reminded us that learning becomes even more
meaningful when it is shared. We proudly discovered
that every pencil gifted can help write a
brighter future.

A pencil can
write words,
but kindness
can write
futures. ♥



♥ Share knowledge. Inspire dreams. Change lives. ♥

CLASS VIII B

Recycling for a Better Tomorrow



“Today’s recycled waste is tomorrow’s saved resource.”

Our class organised newspaper and e-waste collection drives to spread awareness about responsible waste disposal. We wanted to encourage everyone to recycle instead of throwing valuable resources away.

Through this initiative, we learnt that recycling newspapers helps save trees, while proper disposal of electronic waste protects our soil and water from harmful chemicals. The enthusiastic participation of students and parents made the project even more meaningful.

This experience taught us that environmental conservation becomes successful when everyone works together. We proudly realised that every newspaper recycled and every electronic device properly disposed of contributes to a healthier and greener planet.

TOGETHER WE CAN MAKE A DIFFERENCE!

NEWSPAPER COLLECTION DRIVE



Recycle Newspapers
Save Trees



WHY IT MATTERS

- ✓ Saves Natural Resources
- ✓ Reduces Pollution
- ✓ Protects Our Environment
- ✓ Builds a Better Future

E-WASTE COLLECTION DRIVE



DISPOSE TODAY,
PROTECT TOMORROW



E-WASTE INCLUDES:

- Old Mobiles
- Chargers
- Batteries
- Keyboards
- Wires
- And More...



RECYCLE
NEWSPAPERS
SAVE TREES



RECYCLE E-WASTE
PROTECT OUR EARTH



WORK TOGETHER
CREATE CHANGE



A SMALL ACTION
A BIG IMPACT



♥ OUTREACH PROGRAMME ♥

♥ CLASS VIII B ♥

Helping Hands, Caring Hearts

Kindness
costs nothing
but means
everything.



*The smallest act of kindness
can make the biggest difference.*

*Little things
shared with
love can change
someone's life.*

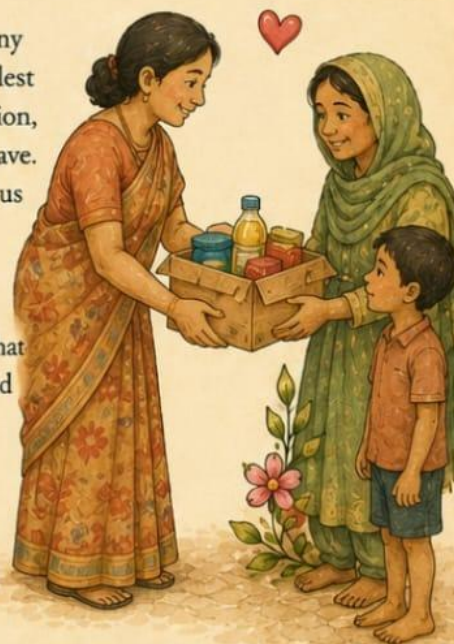
Our outreach programme focused on collecting ration kits and useful household items for families in need. We wanted to ensure that they received support in meeting their everyday necessities while experiencing the warmth and care of our school community.

This initiative made us realise that many families struggle to afford even the simplest essentials. It taught us gratitude, compassion, and the importance of sharing what we have. Preparing each donation with love filled us with a deep sense of satisfaction.

Through this experience, we understood that kindness has the power to bring hope and comfort to others.

We proudly learnt that when we share with an open heart, we enrich not only the lives of others but also our own.

LOVE
IN EVERY
DONATION



♥ Together, we can create a world ♥
where no family goes without the basics.



CLASS VIII C



Old Clothes, New Purpose

FROM OLD CLOTHES...



“Sustainability begins with giving old things a new purpose.”

Our class transformed old clothes into reusable bags to reduce textile waste and encourage the use of eco-friendly alternatives to plastic bags.

WHY REUSE OLD CLOTHES?

- ✓ Reduces Textile Waste
- ✓ Saves Natural Resources
- ✓ Uses Less Energy
- ✓ Reduces Pollution
- ✓ Protects Our Planet

CREATED WITH CARE,
MADE TO SHARE

TO NEW PURPOSE!



Designing and stitching the bags was both exciting and educational. We learnt that recycling fabric not only reduces waste but also conserves natural resources and protects the environment.



The project inspired us to become more responsible consumers by choosing reuse over disposal. It showed us that creativity and environmental care can go hand in hand.

EVERY STITCH,
A STEP TOWARDS
A BETTER PLANET

We proudly discovered that every reusable bag we created carried a message of hope for a cleaner and greener future.

OUR INSPIRATION

To think before we throw,
to give before we go,
to reuse and renew,
for a better me and you.

THE POWER OF REUSE

LESS WASTE	SAVE TREES	SAVE WATER	SAVE ENERGY	SAVE EARTH

CHOOSE REUSE

CHOOSE A BETTER FUTURE

REUSE IS THE
BEST CHOICE



KINDNESS
SHARED,
WARMTH
RECEIVED.

TOGETHER,
WE WRAP
THEM IN
CARE.

OUR MISSION

To collect essential items for children living in an orphanage and bring smiles to their faces.

"A simple act of giving can wrap someone in warmth and hope."



WHAT WE COLLECTED

- Warm jackets.
- New blankets.
- Clean clothes.
- useful kits.
- Toys for joy.



Our class collected good-quality clothes and useful items for street children. We wanted to ensure that these children felt cared for and remembered, while also encouraging everyone to donate with dignity and respect.

Sorting, folding, and packing the clothes helped us understand that something we no longer need can become a precious gift for someone else. The experience also reminded us to be grateful for the comforts we enjoy every day.

This project strengthened our values of empathy, generosity, and social responsibility. It taught us that true happiness comes from making others smile.

We proudly realised that every donation carried not just clothes, but love, care, and hope for a brighter tomorrow.

WHAT WE LEARNT

- Kindness brings a smile.
- Sorting clothes, growing hearts.
- Value our comforts.
- Empathy connects us.
- Giving is joyful.
- Social responsibility.



BE EMBATHIC. BE GENEROUS.
MAKE A DIFFERENCE.



SMALL ACTS
OF KINDNESS
CREATE BIG CHANGE.



SPREAD LOVE.
SHARE WARMTH.
INSPIRE HOPE.



TOGETHER,
WE MAKE THEIR
FUTURE BRIGHTER.



CLASS IX A

A Newspaper's Second Chapter



EVERY
NEWSPAPER
HAS ANOTHER
STORY WAITING
TO BE WRITTEN.

“ Every newspaper has another story waiting to be written. ”

Our class chose to recycle old newspapers into useful and decorative items such as paper bags, pen stands, baskets, and craft articles. We wanted to show that paper can be reused instead of being thrown away.

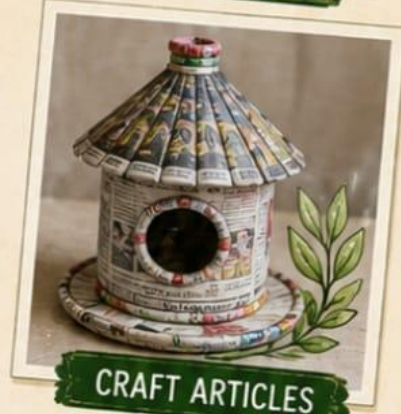


PEN STANDS



PAPER BAGS

Through this project, we learnt that recycling paper helps save trees, reduce pollution, and conserve valuable natural resources. It also encouraged us to think creatively and look at waste from a different perspective.



CRAFT ARTICLES

Working together made the activity enjoyable and meaningful. We discovered that every newspaper recycled is a step towards protecting our environment.

This project reminded us that giving paper a second life means giving nature another chance. ♥

WHY IT MATTERS

- ✓ Saves Trees
- ✓ Reduces Pollution
- ✓ Conserves Resources
- ✓ Encourages Creativity
- ✓ Builds a Better Future

GIVE PAPER
A SECOND LIFE,
GIVE NATURE
ANOTHER
CHANCE.



RECYCLE TODAY ♥ REUSE ALWAYS ♥ A GREENER TOMORROW BEGINS WITH US

OUTREACH PROGRAMME

CLASS IX A

The greatest
gifts are those
made with love.

Creating with Care, Giving with Love

SUPPORT
EDUCATION
SHARE HOPE

Small acts
of kindness
create a big
impact.

The greatest gifts are those made with love." Our class prepared eco-friendly items and collected stationery for children living in an orphanage. We wanted to combine creativity with compassion by making useful handmade products while supporting the education of children in need.

As we worked together, we realised that every handmade article carried a personal touch and a heartfelt message of care. We also understood how important stationery is in helping children learn, dream, and grow.

This outreach programme inspired us to appreciate the value of sharing our time, effort, and talents for the benefit of others. We proudly learnt that when kindness and creativity come together, they create memories that last forever.

HANDMADE
— with —
LOVE

GO
GREEN



Kind hearts. Creative hands. Brighter futures.



CLASS IX B

Small Changes, Lasting Impact



WE CHOSE THIS PROJECT

We wanted to reduce plastic waste and create a cleaner, healthier environment.

CLEAN SCHOOL, GREEN SCHOOL.



CLEANLINESS DRIVES

“ Big changes begin with small habits.” ”

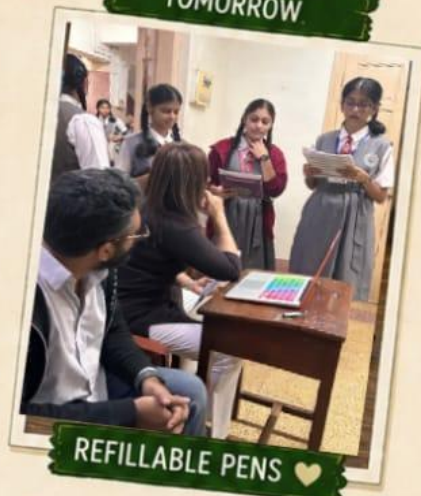
Our class promoted the use of refillable pens and organised cleanliness drives within the school. We selected this project because we wanted to reduce plastic waste and create a cleaner, healthier environment.

Using refillable pens showed us how small everyday choices can significantly reduce plastic pollution. The cleanliness drives also encouraged us to take responsibility for keeping our surroundings neat and inspiring others to do the same.

This experience taught us discipline, teamwork, and environmental responsibility. We realised that every small action counts, and together we can make a lasting impact.

A cleaner school today leads to a greener tomorrow.

REFILL TODAY,
REDUCE WASTE
TOMORROW



REFILLABLE PENS

WHY IT MATTERS

- ✓ Reduces Plastic Waste
- ✓ Keeps Surroundings Clean
- ✓ Protects Our Health
- ✓ Builds Responsibility
- ✓ Inspires Others

OUR SMALL ACTIONS, OUR BIG IMPACT



USE
REFILLABLE
PENS



REDUCE
PLASTIC
WASTE



KEEP OUR
SURROUNDINGS
CLEAN



CARE FOR
OUR PLANET



INSPIRE
OTHERS



Together,
we create
change!

THINK GREEN



REDUCE WASTE



STAY CLEAN



BE RESPONSIBLE



MAKE A DIFFERENCE

OUTREACH PROGRAMME

CLASS IX B

Charity Begins with Us

"True kindness begins with the willingness to care."

KINDNESS COUNTS

Small acts of kindness create a strong school family.

Guided by the belief that charity begins at home, our class reached out to support the underprivileged students of our own school. We collected essential items to ensure that every student could continue learning with confidence and dignity.

This project helped us realise that sometimes the people who need our support are much closer than we think. It taught us empathy, gratitude, and the importance of standing by one another as one school family.

The experience reminded us that helping others is not measured by the size of our contribution but by the kindness behind it.

We proudly discovered that a caring heart can make our school a stronger and happier community.

FROM OUR
HEARTS
TO OUR
SCHOOL FAMILY

WE CARE.
WE SHARE.
WE GROW.

A little kindness today,
a lifetime
of hope tomorrow.



Together we care. Together we share. Together we grow.

CLASS IX C

A Little Kindness for Our Feathered Friends

CARE
FOR BIRDS,
CARE FOR
NATURE.

SMALL ACTS
OF KINDNESS,
BIG IMPACT ON
NATURE.

MADE WITH CARE



WHY BIRDS MATTER

- ♥ Help in pollination
- ♥ Spread seeds
- ♥ Control insects
- ♥ Maintain ecological balance



A SAFE SPACE
FOR OUR
FEATHERED
FRIENDS



LET'S KEEP
OUR WINGS
OF KINDNESS
SPREADING!

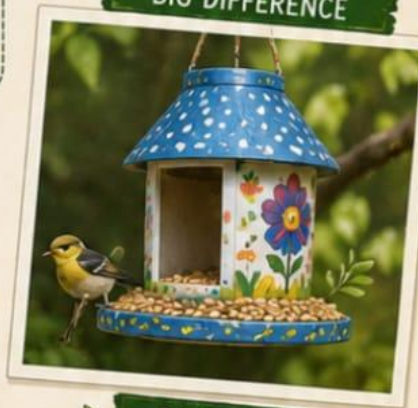
“ „When we care for birds,
we care for nature.” ”

Inspired by this thought, our class chose to make bird feeders as our environmental project. As cities continue to grow, birds often struggle to find food and water. Through this initiative, we wanted to create a safe and welcoming space for our feathered friends.

Using simple and recycled materials, we designed and placed bird feeders around suitable areas. Watching birds visit them every day filled us with excitement and reminded us of the beauty of nature. We learnt that birds play an important role in maintaining ecological balance by helping in pollination and seed dispersal.

This project taught us compassion, responsibility, and the importance of protecting all living beings. Together, we discovered that every bird we care for brings us one step closer to a greener world.

SIMPLE IDEAS,
BIG DIFFERENCE



REUSE, RECYCLE,
RESPECT NATURE



WHAT WE LEARNT

- ♥ Compassion for all living beings
- ♥ Responsibility towards nature
- ♥ Teamwork and patience
- ♥ Small actions create a big difference

OUR FEEDERS, THEIR JOY!



BE KIND



PROTECT BIRDS



PROTECT NATURE



BUILD A BETTER FUTURE

OUTREACH PROGRAMME

CLASS IX C

An Attitude of Gratitude

Gratitude turns ordinary moments into beautiful memories.

Thankful Heart
Happy Life

Notes of Gratitude

Small words,
Big impact

Gratitude is the best attitude

A little thank you can mean a lot

Throughout the academic year, our class shared gratitude notes with our teachers, support staff, friends, and everyone who made our school life happier and more meaningful.

Writing these heartfelt messages encouraged us to recognise the countless acts of kindness we receive every day. It helped us appreciate the efforts of those who work quietly behind the scenes and reminded us never to take anyone for granted.

This project transformed the way we looked at relationships. We learnt that expressing gratitude strengthens bonds, spreads positivity, and inspires kindness.

We proudly realised that a few sincere words of appreciation have the power to brighten someone's entire day.

- ♥ Teachers who guide us
- ♥ Support staff who care for us
- ♥ Friends who encourage us
- ♥ Everyone who inspires us

We are grateful!

Grateful hearts create a happy school.

NURTURE
A PLANT,
NURTURE
THE FUTURE.

CLASS X A

Growing Knowledge, Growing Nature

CARE TODAY,
SUSTAIN TOMORROW.

LEARNING BEGINS
WITH NATURE



GROWING TODAY,
LEARNING FOREVER



“The best classrooms are often found in nature.”

Our class chose to grow plants for the Science Laboratory, combining environmental conservation with practical learning. We carefully planted, watered, and nurtured different species that would later be used for educational purposes.

EVERY PLANT,
A LESSON IN LIFE



WHY PLANTS MATTER

- ✔ Improve air quality
- ✔ Support biodiversity
- ✔ Provide food and medicines
- ✔ Maintain ecological balance
- ✔ Sustain life on Earth

This project taught us patience, responsibility, and the importance of caring for living things. We also learnt how plants improve air quality, support biodiversity, and play a vital role in sustaining life on Earth.

Watching the plants grow under our care gave us a great sense of achievement. We realised that by nurturing nature, we were also contributing to the learning of future students. Every plant we grew became a symbol of hope for a greener tomorrow.

PLANT TODAY,
INHALE TOMORROW.

OUR GREEN JOURNEY



WE PLANT



WE WATER



WE NURTURE



WE LEARN



WE GROW TOGETHER

By nurturing nature, we nurture knowledge for generations to come.



RESPECT NATURE

GROW KNOWLEDGE

PROTECT OUR EARTH

INSPIRE TOMORROW

♥ OUTREACH PROGRAMME ♥

♥ CLASS X A ♥

Hope
begins when
we choose to
care.

Sharing Essentials, Spreading Hope



♥ "Hope begins when we choose to care."
Our class collected ration kits and useful household items for underprivileged girls in our school. We wanted to support them in a meaningful way and remind them that they are valued members of our school family.

♥ As we prepared the donations, we realised how fortunate we are to have our daily needs fulfilled. This experience taught us gratitude and encouraged us to become more sensitive towards the struggles faced by others.



Share today,
Inspire hope,
Create a better
tomorrow.

♥ Working together for a common cause strengthened our sense of unity and compassion. We proudly learnt that every act of generosity brings hope, dignity, and happiness to someone in need.

Small acts
of kindness,
Big waves
of change.



Let's keep caring.
Let's keep sharing. Let's keep spreading hope.

A SIMPLE
PAPER BAG
CAN CARRY A
POWERFUL
MESSAGE.

CLASS X B

Carrying Change in Every Paper Bag

CHOOSE PAPER
CHOOSE EARTH
CHOOSE BETTER

OUR INITIATIVE



MADE WITH CARE,
MADE FROM WASTE



“ A simple paper bag
can carry a powerful
message.” ”

Using recycled newspapers and
paper, we created attractive
and sturdy bags for
everyday use.

Through this activity, we learnt
about the harmful effects of plastic
pollution and the importance of
choosing sustainable options.

It also helped us develop creativity,
teamwork, and a sense of responsibility
towards our environment.

The project inspired us to make
thoughtful choices in our daily lives
and spread awareness among others.

We proudly realised that every
paper bag we made carried the
promise of a cleaner, greener future.

We used recycled newspapers and
paper to create useful and beautiful
bags. ♥

WHY IT MATTERS

- ♥ Reduces plastic pollution
- ♥ Saves natural resources
- ♥ Biodegradable and eco-friendly
- ♥ Supports a sustainable future
- ♥ Encourages responsible choices



WHAT WE LEARNT

- ♥ Harmful effects of plastic pollution
- ♥ Importance of sustainable options
- ♥ Creativity and innovation
- ♥ Teamwork and cooperation
- ♥ Responsibility towards our environment



OUR PROCESS



COLLECT
Old newspapers
and papers



FOLD & CREATE
Design and shape
the bags



DECORATE
Make them attractive
and durable



USE & REUSE
Carry with pride,
reuse every time



SPREAD AWARENESS
Inspire others to
make the change



EVERY BAG WE MAKE, A BETTER WORLD WE TAKE. ♥

⊗ REDUCE PLASTIC | ♻️ REUSE PAPER | 🌿 RESPECT NATURE | 👥 CREATE CHANGE | 🌍 BUILD A BETTER TOMORROW

♥ OUTREACH PROGRAMME ♥

♥ CLASS X B ♥

Gratitude in Every Card ♥

Thank you
for all that
you do!
You are truly
appreciated. ♥

♥ "A simple 'thank you' can brighten someone's day." Our class chose to honour the helping staff of our school by expressing our heartfelt appreciation through handmade thank-you cards. From our housekeeping staff to our support workers, we wanted them to know that their dedication and hard work never go unnoticed.

♥ As we designed each card with care, we realised that the people who work quietly behind the scenes play an important role in making our school a safe, clean, and welcoming place every day. Their smiles on receiving our cards reminded us that even the smallest gestures of gratitude can touch hearts.

♥ This outreach activity taught us humility, respect, and the importance of appreciating every individual, regardless of their role. We proudly learnt that kindness begins with gratitude, and a few sincere words of thanks can make someone feel truly valued.

You make
our school
better every
day! ♥

Thank
You

You are
Amazing!

We
Appreciate
You! ♥

Thank you
for all your
hard work! ♥

Thank you
for being the
heart of our
school. ♥

Kindness begins with gratitude. ♥

CLASS X C

Blooming Together

A GARDEN
REFLECTS THE CARE
OF THOSE WHO
NURTURE IT.

OUR RESPONSIBILITY



Our class took the responsibility of maintaining the school garden outside the classrooms of Classes V A, V B, and V C.

WHY GARDENS MATTER

- Enhance the beauty of our school
- Improve air quality
- Support biodiversity
- Provide a peaceful and refreshing environment



“ A garden reflects the care of those who nurture it. ”

We watered plants, removed weeds, cleaned the garden, and ensured that it remained green and beautiful throughout the year.

This project taught us patience, teamwork, and the importance of caring for our surroundings. We learnt that gardens not only enhance the beauty of our school but also improve air quality and provide a peaceful environment for everyone.

Watching the garden flourish through our efforts filled us with pride and satisfaction. We realised that every flower blooming in the garden was a reminder that love, care, and commitment can help nature thrive.

OUR DAILY CARE



Small efforts every day keep the garden bright and healthy.

WHAT WE LEARNT

- Patience and perseverance
- Teamwork and cooperation
- Responsibility towards the environment
- Love and respect for all living things



A GARDEN WE CARE FOR, A SCHOOL WE ARE PROUD OF!



TOGETHER WE GROW



PLANT
KINDNESS



NURTURE
NATURE



CARE
DAILY



KEEP OUR SCHOOL
GREEN



BLOOM
TOGETHER

LOVE OUR GARDEN | CARE FOR NATURE | GROW A BETTER TOMORROW

♥ OUTREACH PROGRAMME ♥

♥ CLASS X C ♥

*The greatest joy
comes from
serving others
with love.*



*Small acts
of kindness
can make a
big difference.*



Serving with Compassion



*Share a meal,
Share love,
Share hope.*



*Be the reason
someone believes
in the goodness
of people.*



"The greatest joy comes from serving others with love."

Our class reached out to people in need by distributing food outside St. Michael's Church and spending quality time with children at St. Paul's. We wanted to share not only meals but also love, friendship, and hope.



Meeting people from different walks of life helped us understand the value of compassion and human connection. Their smiles reminded us that even the simplest gestures can leave a lasting impact.



This outreach programme became one of the most memorable experiences of our school year. It taught us that service is not just about giving—it is about caring, listening, and making others feel valued.



We proudly learnt that when kindness is shared, hearts are nourished just as much as lives.



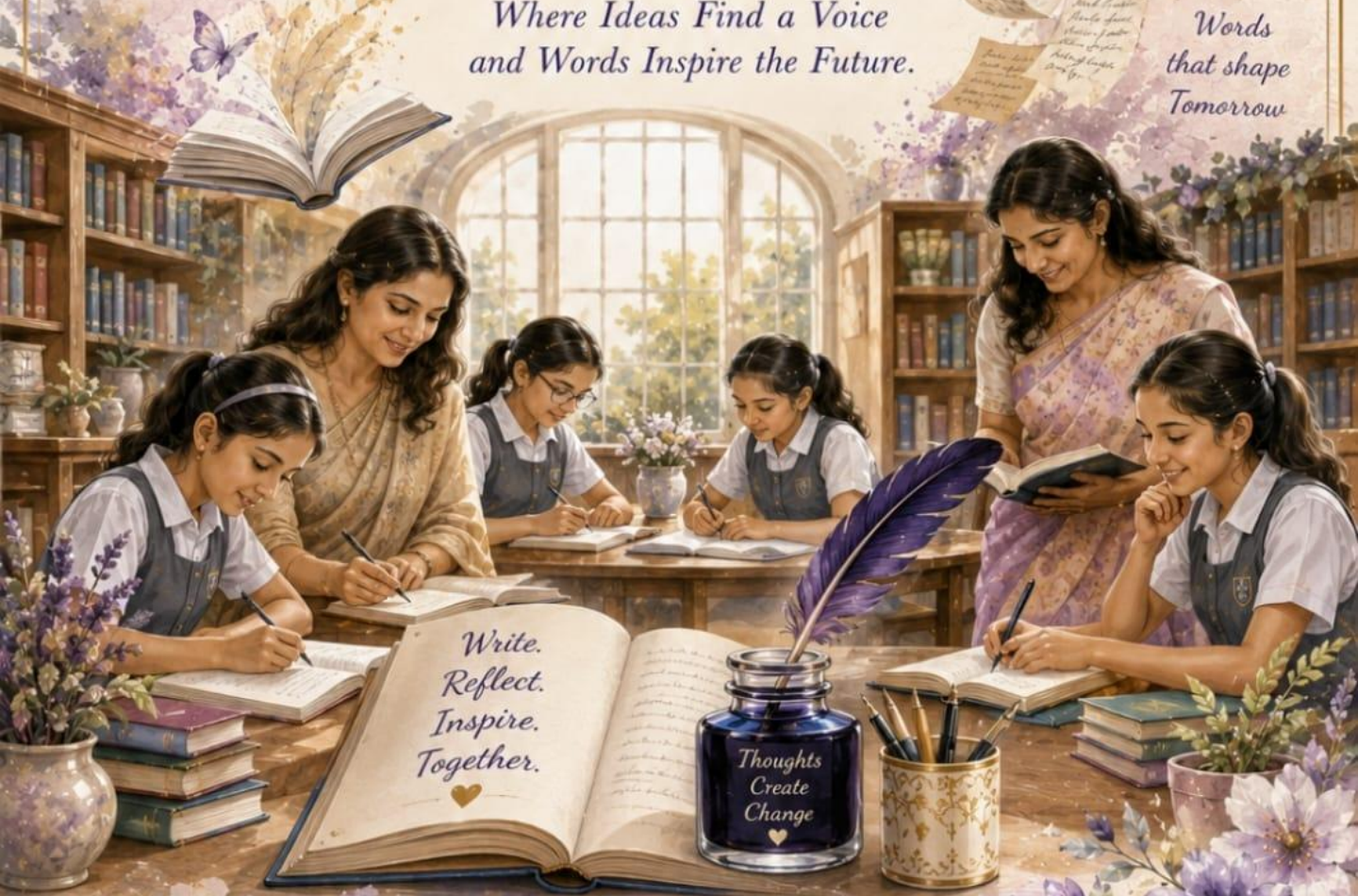


Canvas Of Thoughts

Ideas
that spark
Imagination

Where Ideas Find a Voice
and Words Inspire the Future.

Words
that shape
Tomorrow



STORIES, POEMS, REFLECTIONS, MEMORIES
AND MORE — WRITTEN BY THE HEARTS
THAT MAKE OUR CARMEL FAMILY.

En Route to School

My daily commute to school is mostly by bus and train, and the journey is filled with myriad experiences. These experiences have influenced and humbled me beyond words.

A part of my journey is spent in prayer, reflection, and introspection, and the remainder is spent in observation and interaction with co-passengers. The train has an electrifying, market-like atmosphere, with hawkers selling all types of wares, from snacks, clothes, and jewellery to flowers, vegetables, and fruits, and you constantly see customers negotiating with them to strike a good bargain. The beggars shower blessings, sing songs, tell sob stories, and I have also seen some carry hospital files to get some money from you. Once I saw a blind singer using a microphone to sing. Transgender beggars are a regular feature, and I have seen some among them wear the latest jewellery and clothes. One young transgender sometimes speaks in English and tries to connect with college students.

The stories I have heard from my fellow passengers have been very interesting and inspiring. One co-passenger I meet regularly is so clean, neat, and well dressed that it surprised me to hear that she works as a sweeper in BMC. In spite of working for nine years, she has not been made a permanent employee, and so she mobilises all such employees and goes for dharnas. I could see good leadership qualities in her. Her only regret in life is that she got her daughters married too early with only basic education, as she is a working woman and felt that her area is not very safe for girls. One of her daughters is miserable now as her husband is an alcoholic.

One lady sells mostly Gujarati snacks on the train on her way to Churchgate, where she has an outlet. She has brought up her two children independently after walking out of her marital home due to abuse. She was felicitated by our school management on Women's Day, as her courage, strength, and entrepreneurship are truly inspiring.

A rag picker I meet started working when her husband abandoned her and her three children for another woman, and he later committed suicide for some unknown reason. She earns around Rs 250 for half a day's work. What is admirable about this lady is that she carries no bitterness towards her late husband and still grieves for him.

I meet a widow, and she goes to Dadar to pick up vegetables, which she later sells on the street close to her house. She told me that she wears a mangal sutra and applies sindoor to keep up the pretence of being a married woman, as the attitude of the traders might change drastically if they realise she is a widow. Although she is not well educated herself, she desires to educate her two children, and her role model is her brother, who is working as a teacher in a village school.

contd...





I saw a young hawker in her early teens throw her baby onto the train seat. Fortunately, the child was not hurt, but the shocked passengers pounced on the young mother for her appalling and outrageous behaviour. In her outburst, she said that the child was a burden to her as the father of the child had abandoned her and the baby. In the midst of this drama, I saw another middle-aged hawker consoling her, saying that she too had faced the same problems in her life, but now her son is her greatest support.



One old vegetable vendor, in spite of being quite poor herself, loves to shower her affection on me by being extra generous with the vegetables. She confided in me that her late husband, who worked for BMC, died in service, and at that time her daughter was very small. She would have got the job in his place, but her in-laws contrived with the officials, and her husband's brother finally got the job. She brought up her daughter alone and got her married after a great deal of struggle. Through a quirk of fate, her married daughter got a government job at Sion Hospital when tragedy struck someone in the family and the person could no longer work. Although her daughter is doing well, she wants to be independent and prefers not to stay with her daughter's family.



Outside Bandra station, I regularly see a newspaper vendor, and she starts her work at four in the morning. Along with newspapers, she even sells homemade ginger sweets. She is one of the most cheerful, pleasant, and generous people I have met. Earlier, when she sold breakfast items like poha, she gave them freely to the poor.

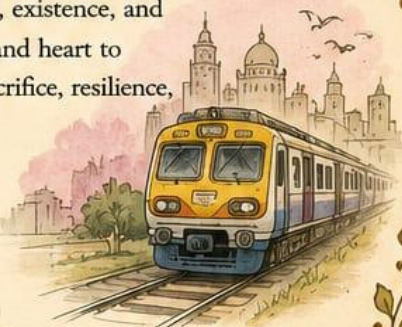


It is not only the poor who have stories to share. One municipal school teacher whom I met on the train told me how she places all her bright students in institutes that train them for various professions and skills. We also get a lot of information about different schools and their functioning from teachers whom we meet regularly.



Thus, you meet all kinds of colourful people. Some are the so-called refined, while others are rude, and some even use expletives. If you suspend your judgement, you will see, in the midst of it all, a valiant struggle for survival, existence, and human dignity. I am thankful to God that He opened my eyes and heart to these people, as they have taught me the true meaning of love, sacrifice, resilience, generosity, and humility—i.e., the essence of humanity.

*In the everyday stories of ordinary people,
I found the true meaning
of humanity.*



Tr. Sujata Sadanand

Every journey
teaches a lesson.
Every person leaves
a mark.

Rooted in Carmel:

A Journey of Growth, Gratitude, and Grace

*"The beautiful thing about learning is
that no one can take it away from you." – B. B. King*



When we first step into school, we can't wait to grow up. We count the years, dream about the future, and wish time would move faster. But somewhere along the way, without even realizing it, those years become memories we wish we could relive.



When I think of school, I don't just remember exams or report cards. I remember laughing with friends until the teacher asked us to settle down, waiting eagerly for the lunch bell, cheering during competitions, and the teachers who encouraged us whenever we doubted ourselves. Those little moments are what truly made school special.



Every student has a different journey. Some are confident on stage, some enjoy academics, while others quietly work hard every single day. School teaches us that success isn't about being the same as everyone else, it's about becoming the best version of ourselves.



Being honoured with the title of Miss Carmel and graduating as the topper of my school is something I'll always be grateful for. But those achievements weren't created overnight. They came from small, consistent efforts, learning from mistakes, and believing that every day was another chance to improve.



If there's one thing I've learnt, it's this: don't compare your journey with someone else's. Focus on becoming a little better than you were yesterday. Progress may seem slow, but one day you'll look back and realize how far you've come.

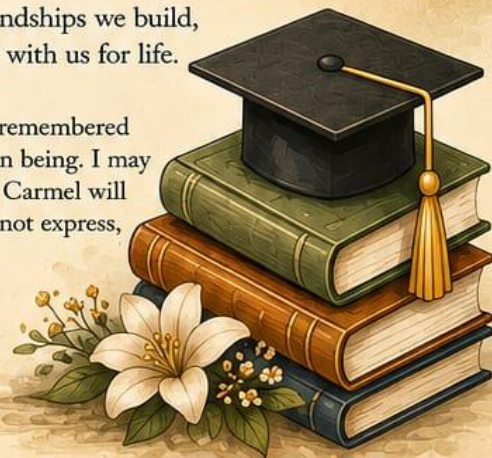


The marks we score may stay on paper, but the friendships we build, the values we learn, and the memories we make stay with us for life.

Because, in the end, the greatest success isn't just being remembered as a good student, it's being remembered as a good human being. I may have left the gates of Apostolic Carmel High School, but Carmel will never leave my heart. It has shaped me in ways words cannot express, and I will always be proud to call myself a Carmelite.

*With gratitude,
Manasvi Shewale*

Batch of 2026





Colours of Culture:

A Celebration at Apostolic Carmel High School

Our school, celebrated its first-ever Cultural Day, an initiative introduced by our dear Principal Sister Maria Snehanjali A.C. The event was a grand success and brought together students, teachers, parents, and guests in a joyful celebration of culture, creativity, and teamwork.

The competition was held among the four school houses—Red, Blue, Green, and Yellow. Each house was assigned a different location on the school campus: Blue House in the North-East, Green House in the North, Yellow House in the West, and Red House in the South.

The event consisted of three exciting categories: Canteen Day, Dance, and Food Display. Every house worked tirelessly to decorate its area, prepare delicious food, and present colourful cultural performances. The campus was filled with enthusiasm and a spirit of healthy competition.

We were honoured to welcome our chief guests, Asif Bhamla and Ashish Shelar, who appreciated the creativity, dedication, and teamwork displayed by all the students.

The toughest competition was between Yellow House and Blue House. Both houses performed exceptionally well in all three categories. After an exciting contest, Yellow House was declared the overall winner, while Blue House proudly secured the second position.

I was a proud member of Blue House and actively contributed to all three categories—Canteen Day, Dance, and Food Display. Working under the guidance of Tr. Shilpa, Tr. Magazina, and Tr. Silveria, I learned valuable lessons about teamwork, and perseverance. Although our house finished second, I felt proud of our collective efforts and the unforgettable memories we created.

The first-ever Cultural Day at Apostolic Carmel High School was a remarkable event that celebrated talent, unity, and the rich diversity of our culture. It was an unforgettable experience that will always hold a special place in my heart, and I sincerely thank our Principal for introducing such a wonderful tradition in our school.

Vipra Pathak - 10C ♥



Experience at the H WARD ENGLISH Elocution Competition



Participating in the H Ward English Elocution Competition for the very first time was a truly memorable experience that I will always cherish. I felt excited, nervous, and proud all at the same time. What made it even more special was that I had the opportunity to present a self-written poem on the topic "A Blissful Childhood."



I was a bit nervous before going on stage, but once I started speaking, I enjoyed every moment.



Competing with students from many schools and standing in front of the judges was both exciting and challenging. The winners were announced later that same evening, and hearing my name as a winner filled me with immense joy because I was able to make my school and my parents proud.



I am truly grateful to my teachers for believing in me and giving me this wonderful opportunity and to my parents for their constant love and support. This experience has inspired me to keep writing, speak with confidence, and always give my best in every opportunity that comes my way.

Every stage
is a chance to
express, every
word is a step
towards growth.

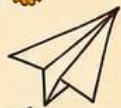


~ Skyras Enthiado ~

5B



From Curiosity to Confidence



Every
experience
shapes
your future.



My journey at school began with a tiny backpack and big dreams. It has always been about more than just passing exams; it's been about learning through experiences and nurturing curiosity. The dedication of my teachers and the entire faculty has made my time unforgettable. Every classroom taught me valuable lessons, and every challenge helped me grow stronger. I can still recall my mixed feelings of fear and excitement on my first day, stepping into what would become my second home.

In the early years, I focused on curiosity, building friendships, and having fun. My pre-primary teachers instilled lasting values and encouraged my love for learning. We participated in competitions like elocution, fancy dress, and sports day, which fostered a competitive spirit while we enjoyed ourselves.

Transitioning to primary school was a new adventure, with new teachers and subjects. The teachers in this phase helped shape our minds and encouraged our individuality. They welcomed all our questions and guided us through events like choral recitations and sports day, which taught us teamwork.

Our secondary section has been particularly memorable. We grew from shy students into confident young women, thanks to teachers who encouraged us to think critically and express ourselves. They provided support through challenging times and offered counseling when needed. Events like English Literary Week and talent contests helped us discover hidden talents and allowed us to participate in interschool competitions, expanding our horizons.

My school has been instrumental in shaping who I am today, and I will forever be grateful for the incredible experiences it provided. I am proud to be a Carmelite! Thank you. ❤️

Lessons today,
leadership tomorrow.

- Raina Pendurkar

Dream
Believe
Achieve

Year to Remember: My 8th Grade Journey



Time honestly flies when you are having fun, and my eighth-grade year was packed with memories I'll never forget. Right at the start of the year, the whole school was buzzing with excitement for the student cabinet elections and the grand investiture ceremony. Soon after, we had our Sports Day, where all four houses—Red, Blue, Green, and Yellow—competed with full energy. It was a massive proud moment for both the Yellow House and the Blue House, as they won the awards for the best march-past and maximum participation! We also celebrated Teacher's Day by decorating our classrooms to surprise our teachers, putting on special prayer services, dancing, and doing individual class performances just to say a huge thank you to them.

Team Spirit Wins!



Later in the year, our teachers completely flipped the script for Children's Day by getting up on stage and performing dances for us! Another major highlight was our Literary Week, where we performed fun skits and learned more about English grammar. We also held an English elocution competition where students recited wonderful poems, and the winners even got the amazing opportunity to perform at the Bandra Gymkhana! Speaking of competitions, our students truly shined this year. Many classmates took part in various interschool competitions, winning numerous awards in judo and karate. We also participated in interschool events and Olympiad exams for art, science, and computers, securing top ranks. Amidst all these achievements, we still found time for fun at our school picnic to Shangrila Water Park, where we spent the day splashing around and racing down water slides.



One of the coolest and most adventurous things we did was the Guiding Camp. While the RSP students went away for a few days, us Guides had an indoor camp right inside the school with an adventure team. We learned real-life survival skills like tying different knots, basic first aid, and even tried cooking without fire. We actually used a solar sheet and an aluminium bowl to cook using nothing but the heat of the sun! To wrap up the camp, we had a small test on our knots and competed in teams to build a tent completely out of sticks. My group worked so well together, and we actually won! We were so excited to get special pens from the adventure team and gold medals for being the most participative all-rounders.



To bring a wonderful year to a close, we had a spectacular Christmas celebration. We put on a Christmas skit, featured a beautifully arranged choir, and performed enthusiastic dances for a packed audience that even included special actors and actresses who came to witness our show! Our teachers helped us perfect everything by taking daily practices so the whole event would run smoothly. Looking back, eighth grade wasn't just about regular classes—it taught me teamwork, gave me survival skills, and brought me closer to my friends. A huge thank you to our principal and teachers for making this such a wonderful and unforgettable year! Lastly, in March, we had our final exams, and all of us successfully passed to the next standard. I truly hope we all meet up again soon!



Memories Forever! ♥

Mirelle D'silva - 8A



Beyond the Classroom:

Our R.S.P. Camp to Durshet



Our R.S.P. camp to Nature Trails Forest Lodge in Durshet was an unforgettable experience. The location was beautiful, surrounded by thick green forests, tall trees, and scenic views that made us feel completely immersed in nature. We stayed for 2 nights and 3 days. The journey began on a comfortable A/C bus, which set the tone for the trip. The food was excellent. We were served buffet breakfast, lunch, and dinner, along with evening snacks every day. As soon as we arrived, we were divided into 6 groups, the competition to be named the best group began. Swimming in the pool was a highlight. We got to swim on all three days, which was very refreshing after outdoor activities.

DAY 1



DAY 2



DAY 3



Day 1 started with group activities like map-making and team games. After that, volunteers divided us further, with each volunteer handling 3 groups. We tried laddering and the Tarzan Swing, which was the funniest activity as almost everyone ended up slipping into the muddy water. We also participated in archery, net climbing, and an obstacle course. In the evening, we had a Mumukshu Show, followed by a campfire with supervisors, volunteers, teachers, and students. Every night ended with a DJ, where all the students danced. Each morning began early with exercise sessions conducted by our sir to prepare us for the day.

Day 2 was full of adventure. We went trekking through beautiful forest trails in the morning, followed by group activities by the riverside. Later, we went deeper into the jungle for a challenging obstacle course and ziplining. We also attended useful learning sessions on different types of ropes and their use in emergencies, and on various species, their dangers, and first-aid in case of a bite. Other group activities included pitching tents and making collages using only natural materials found around us. In the evening, we had a cooking competition where each group had to prepare a meal on the field using the ingredients provided. We were judged on both taste and presentation. This was followed by a talent show where every group performed a group dance.

Day 3 was tiring but exciting. We did rock climbing and played final group games like a treasure hunt and a memory game. The camp concluded with a grand prize distribution ceremony. There was a lot of excitement as we waited to find out which team would win the overall camp. Although only one team won, every group had put in great effort and teamwork.

The entire experience was truly memorable. The delicious food kept our energy levels up throughout the camp. However, the best part was the bonding. We made wonderful memories with our friends and also got to know many people through the group activities. Working together for competitions brought us all closer. Our supervisors, teachers, and volunteers ensured our safety during the adventure activities and made sure everyone had a great time.

We returned home exhausted but with amazing stories and memories that we will cherish forever.

ZAHRA SHAIKH - 8A

8 Guiding Camp:

⇒ Skills, Teamwork and Fun

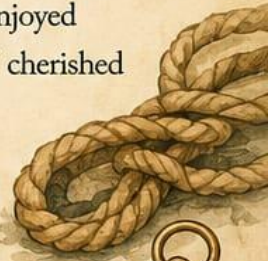
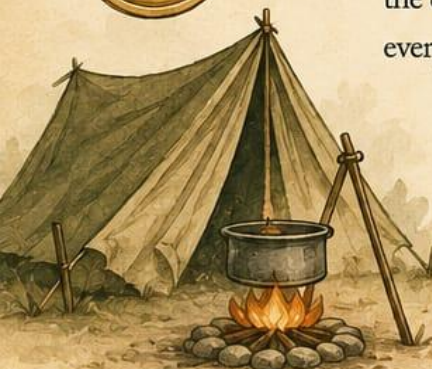


On 18th October 2025, an adventurous guiding camp was organized by “The Adventure Group” at Apostolic Carmel High School. Students gathered in school at 7:30 am and the camp continued till 5:30 pm. The day began with a prayer song and flag hoisting, followed by clear instructions given to all students. After the flag hoisting, the scarf ceremony was held where we took the oath and received our scarves from our teachers. Group leaders and assistants were appointed to manage the teams. It was a proud moment for all of us and filled us with a sense of patriotism, discipline, and belonging.

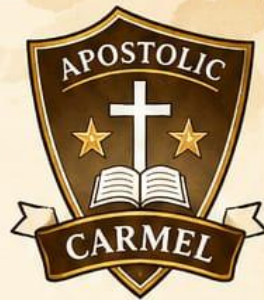
Various activities were conducted throughout the day to promote teamwork and learning. Inter-group competitions were held to create creative and attractive group flags, and everyone participated enthusiastically while maintaining discipline and sportsmanship. A tasty lunch was served to all students. We also attended an informative session on safety and first-aid. A special session was conducted on the use of solar energy and the importance of energy conservation, where students prepared Maggi using solar boxes and solar panels. This was both fun and educational. Different rope tying techniques were also taught by the trainers.

The camp concluded with a prize distribution ceremony where the winning group members received medals from “The Adventure Group”. It was a proud moment for the winners. I thoroughly enjoyed the day. It was full of learning, excitement, and teamwork, and I cherished every moment of this memorable experience.

*Myiesha Asif
Batliwala. - 8A*



My Year at Apostolic Carmel High School – 2025-2026



*In Faith, 
In Learning,
In Service*

The academic year 2025–2026 has been one of the most memorable and enriching years of my school life so far. At Apostolic Carmel High School, this year was not just about textbooks and exams — it was about growth, experiences, and the wonderful balance we found between learning and living.

Academically, I gave my best to my major subjects and tried to understand concepts beyond just memorizing them. But what truly made this year special was that our school never let us feel that studies were the only thing that mattered. The best part of being a Carmel student is how we are encouraged to shine both inside and outside the classroom.

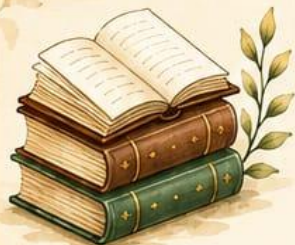
I had the opportunity to take part in a variety of activities. From science laboratory experiments that made concepts come alive, to inter-house competitions where I learned the value of teamwork, leadership, and healthy competition — every experience taught me something new. Each event, big or small, made me feel more confident and helped me discover strengths I didn't know I had.

The school celebrations were another highlight. The Feast of Our Lady of Mount Carmel was especially meaningful. It brought the entire school together in prayer, joy, and unity. Participating in the celebrations made me understand the values our school stands for — faith, discipline, compassion, and service to others.

Looking back, I feel grateful for the teachers, friends, and countless moments that made this year so productive and joyful. This academic year taught me that real education is not limited to classrooms. It happens on the sports field, on stage, in labs, and in the quiet moments of reflection too.

I have thoroughly enjoyed 2025–2026 at Apostolic Carmel High School, and I hope my classmates and juniors have felt the same warmth, learning, and spirit that I did.

— Shaniya D'Souza, 8A



A Friend



There is a friend who is like a sister
from another mother.

There is a friend with whom I can truly be
myself.

There is a friend who has been by my side
for 11 years.

There is a friend who understands me with
just one expression.

There is a friend who inspires me to do
the right thing.

There is a friend who helps me face my
fears.

There is a friend who appreciates me for
every little thing.

There is a friend who is genuinely happy
for my success.

There is a friend who is a precious gift
from God.

There is a friend who is truly loyal.

There is a friend who is kind-hearted.

There is a friend who knows everything
about me.

There is a friend who is beautiful inside
and out.

*"Friends by chance, sisters by heart,
forever together, never apart."*

By Jezaniah Nadar – 8B



Journey with *Bharatanatyam:*

Eleven Years of Rhythm, Grace, and Culture

When I looked back at my five-year-old self, I remembered stepping into my very first Bharatanatyam class simply because my mom wanted me to try it. Eleven years later, I could confidently say it was one of the best paths I had ever taken. Throughout that time, dance was not just a hobby for me—it was a massive part of who I was.

Having eleven years of stage experience came with a pretty great superpower: I did not get stage fright. Walking out under the bright lights never made me nervous; instead, it always made me feel incredibly proud.

Honestly, I loved every single aspect of that art form. I loved the intricate, rhythmic footwork that challenged my body, and the stunning traditional jewelry and costumes that made every performance feel magical. But my absolute favorite part was the storytelling. Being able to express deep emotions and narrative tales purely through my facial expressions and hand movements (mudras) felt like a completely unique form of communication.

Balancing intense dance practice with schoolwork was definitely tough sometimes. But I believed that if a person truly loved something, it never felt like a burden. In fact, after a long, stressful day of classes and studying, dancing was the ultimate stress-reliever for me. It was exactly where I went to clear my mind.

Looking back over that decade, the biggest lessons Bharatanatyam taught me went far beyond the dance floor. It taught me the value of patience, and it gave me a powerful way to express myself. Most importantly, it kept me deeply connected to my beautiful culture. To anyone who was hesitant to start a new passion: finding something you loved, sticking with it, and letting it shape you was entirely worth it.

With gratitude
Vibhawari Tambe

Batch of 2026



“

Quantum Physics

helps us look beyond
what we see,
to discover what
could be.

”

THE FUTURE OF QUANTUM PHYSICS

Unlocking wonders. Creating tomorrow.

WHERE QUANTUM WILL TAKE US



QUANTUM AI

Smarter machines that learn,
adapt and think beyond limits.



QUANTUM MEDICINE

Precise treatments, early detection
and personalized care for all.



QUANTUM SPACE

Exploring deeper, traveling farther,
discovering new worlds.



QUANTUM COMPUTING

Solving today's impossible
problems in seconds.



QUANTUM ENERGY

Clean, limitless and sustainable
energy for a better planet.

The next revolution

won't just be technological.

It will be quantum.

• Imagine. Explore. Discover. •

The universe is waiting.