



NAVA SPURTHI

Bangalore Region

" Be convinced that God will always give you what is best for you " - Ven. Mary Ward



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NEWSLETTER

JANUARY –MARCH 2024

Easter reminds us that hope must never be lost for as dark as the road may seem, there lies light at the end of it.

Nava Spurthi wishes all its readers a Grace-filled Easter Season!

Maria Sadan Regional House, Bangalore

It's heartwarming to share about the special moments and celebrations. Having Sr. Natalie IBVM (Loreto General councillor) with us a couple of days was a wonderful experience. Sharing of thoughts and exchange of experiences were truly enriching. We visited Lalbagh Botanical Garden and our house in Begur. It was a time of fun and enjoyment.

Region level Golden and Silver Jubilee Celebration:

Sr. Amala's 50 years of dedicated service and Sr. Seema's 25 years of commitment was celebrated on

the 11th of February at Maria Sadan, Bangalore. The presence of family, friends, and well-wishers made it even more joyful. It was indeed a testament to their unwavering dedication.



Filiation in Trichy: The establishment of a filiation of Maria Sadan in Trichy is a significant step in the history of Bangalore Region. We owe gratitude to the IBVMs for their generosity and trust in this endeavour. We bade farewell to Sr. Smitha on the 2nd of March. We wish her all the best in her new role as the sister in charge of the filiation house in Trichy and pray that she may continue to strengthen the community bonds and inspire further service and growth.



Mary Ward Illam, Mittapalli

On the 3rd of January, we joyously celebrated our Institute feast. Reverend Fr. Chinnappan from the Bareilly Diocese presided over the Holy Mass. During this sacred occasion, we offered prayers for all the members of our Institute, especially remembering those sisters who have gone before us for their heavenly reward.



23rd January was a special day as we commemorated the birthday of our foundress. Each day, our sisters took turns in leading prayers, seeking God's blessings upon all of us.

Sr. Kanula CJ from the Delhi Province visited us during her home leave. Her presence brought joy to us specially to her batch members. Sisters Mercy, Japa, and Angeli attended the CRI meeting held at Capuchin Institute of counselling, Sundampatti. Rev Fr. Andrew SDB from Tirupattur was the resource person. The CRI wished and honoured Rev. Bishop Lawrence Pius, the Bishop of Dharmapuri, on silver jubilee of his ordination.



Our parish priest Rev. Fr. Maria Das blessed and laid foundation stone for the Grotto on the 15th of February.



'Mary Ward week 2024' was celebrated in our school with great honour and enthusiasm highlighting her maxims and enacting her life history in the assembly. Every day the students were asked to study about the important events from the life of Mother Mary Ward, questions were asked on the same during the assembly on the following day. They were eager to learn her life history.

Pongal celebration: Pongal, the harvest festival of Tamil Nadu was celebrated with fun and frolic. The teachers were attired in conventional costumes prepared the sweet, marking the significance of the festival. They also prepared a meaningful prayer service and a folk dance on the occasion. This celebration was to inculcate values of our tradition and culture in the students. Several games, like



breaking the pot, tug of war etc. were conducted for the students.

They enjoyed the day thoroughly.



Picnic: The school organised an excursion to Yercaud for classes X, XI and XII students. They enjoyed the boating, swings and roamed around on the green hills.



Birthday celebration: The Birthday celebration of correspondent **Rev. Sr. Anjeli** was held on March 8th. The celebration commenced with a special prayer service followed by cultural activities. The correspondent in her message stated that life is a gift of God, and we must celebrate it with good virtues like kindness, caring and sharing.

Kids' day: Kids' Day was celebrated for the first time in the school on 1st March. Mr. Murugan from the police, department as well as our parent, was the special guest for the occasion.



All the students and their parents were invited for the function. The students from kindergarten showcased their talents with lively beautiful dances, rhymes

and Thirukkural recitation. All were taken up by their grand performances.

Farewell: The school gave a farewell to Sr. Japa on 22nd March with a short prayer service thanking her for her dedicated service to the school and praying for her future mission. It was followed by few dances and thereafter a tea party for the staff.

Mary Ward Convent, Pizhaku

On 1st January, the return to school after the Christmas holidays, brought with it a lively atmosphere as students filled the compound with chatter and excitement. With the ringing of the school bells, we embraced the opportunity for a fresh start, setting new goals and inspiring each other to reach greater heights in the new year of 2024.

Sr. Suchita's birthday on January 4th was celebrated in the community and school with warmth and affection, as both staff and students presented her with a bouquet of flowers. The same day Sr. Lucina from Patna province visited us as she was at home for holidays. All of us participated in the ordination of Sr. Margret Mary's nephew (Nepal Region) on 7th January at Maryland church. Sr. Isabel paid us a short visit with her sister and nephew.



Silver Jubilee of NPS: The 25th silver annual day of our school, JUBILATE, on January 13th was a momentous occasion, commemorating our journey from the past, empowering our present, and envisioning a bright future ahead. The gala event commenced at 5 p.m. graced by the presence of Honourable MLA Sri. Mani C Kappen as the chief guest and Rev. Sr. Shradha CJ, our regional superior, as the presiding figure. Mr. Rethu Guinness, the associate director of Comedy Ulsav, honoured us as the guest of honour. The event was further embellished by the presence of CJ sisters from various communities, adding to the joyous atmosphere. We remembered



Sr. Salesia who was the provincial of Allahabad province at the start of NPS, all the managers and principals of NPS for the last 25 years. A vibrant program, showcasing the talents of our management, staff, and students, delighted the audience, earning appreciation from parents. The release of the silver jubilee memento and the naming ceremony of the Alumni Association of Nirmala Public School

(AANPS) marked significant milestones in our celebration. On this joyous occasion our ICSE toppers for the year 2022-23 were awarded .

Orientation for students: Sr. Suchita, alongside our teacher Mrs. Phinu Bobby, accompanied our class X students for a day of prayer at CSSR Ashram, Manathoor, preparing them spiritually for their upcoming board exams. The day began with a Holy Mass, followed by valuable tips from the priests to overcome exam fear. The students were blessed with holy oil, instilling them with confidence and strength.



ASISC Conference: Sr. Suchita along with Sr. Vidya and Sanjana participated in the 66th annual conference of ASISC at Hyderabad, themed "Education for People, Planet, Progress, and Peace."



Mary Ward Week: On January 23rd, we celebrated the birthday of Venerable

Mary Ward, marking the commencement of Mary Ward Week. Throughout the week, each class took turns leading the daily assembly, highlighting the qualities of our venerable Mary Ward. The Mary Ward club members adorned the bulletin boards with her teachings, fostering a deeper understanding



among students. The week concluded with a poignant enactment of Mary Ward's life, emphasizing her enduring qualities of love, courage, and kindness.

Achievements: We congratulated our students for their achievements in KCSL drawing competition at



the Pala diocesan level, where they secured the 1st, 2nd, and 3rd prizes.

Our students also participated in the DCL scholarship exam, with the

majority securing A+ grades along with certificates and medals. We are proud to announce that Master Aron Gimmy from Class VII achieved 3rd rank in the state of Kerala. Congratulations to Master Aron and all our successful participants. Our karate champions were congratulated for achieving the orange belt.

Farewell: The Class X farewell was a remarkable event where students of Class IX, along with their class teacher, organized a memorable farewell program. The event began with students entering in a line, holding lighted candles and a specimen of footprints. They formed a circle as sisters and teachers blessed them, and Sr. Suchita delivered a message of taking one step at a time, trusting in the guidance of the Lord. The students expressed their gratitude to the teachers for their support and growth throughout the year.



Staff Picnic: The teachers had an unforgettable outing to Ooty, where everyone enjoyed themselves to the fullest. The NPS family also visited Sr. Rosalia, spending valuable time with her, and later visited churches to pray for those in need.



On 21st February, Class X commenced their board exams. The school community along with the sisters came together in the chapel to offer prayers and support through chain rosaries

before the Blessed Sacrament while the exams were going on. Sr. Suchita enjoyed the Sunday school teachers' picnic to Idukki for a day. On 8th March being a holiday, the community fulfilled the dream of visiting the holy places connected with St. Devasahayam at Kattadimala in Kanyakumari district, Tamil Nadu. We visited a few churches including the half church – one of seven and half churches founded by St. Thomas. Our parish priest also joined us for the pilgrimage. We were privileged to be hospitable to Sr. Carina's grandnephew, Fr. Sobin, Sr. Ranjitha (Patna) and her relatives and Sr. Linda and her relations

as well as her classmate from Jhansi.

On 22nd March, the school celebrated a Thanksgiving Day, with the primary students and teachers organizing a special assembly to express gratitude to everyone personally.

The school bid farewell to Sr. Lucia as she completed her term as manager, acknowledging her dedicated service over the past three years. The teachers enjoyed a sumptuous meal together as the academic year concluded, marking the beginning of summer vacation with a sense of satisfaction.



Jyothir Bhavan Convent, Thuruthipuram

On 20th of January all three of us attended the consecration of Kottapuram bishop Rt. Rev. Dr. Ambrose Puthenveetil. It was a very solemn event, and we had an enriching experience.

Sr. Theresa visited the sick people of the parish regularly. She prayed with them. She also had pilgrimage to fourteen churches during the season of Lent, along with the Parish Priest and the Parishioners of Japa Mala church, our neighboring parish.

Every Saturday Sr. Imma conducts 'Kuttikontha' (Rosary for the little ones) in our chapel.

St. Mary's Convent, Mulund.



We celebrated the 25 years of consecrated life of Sr. Seema on 25th January. It was a Joyous occasion, and a time to recognize and appreciate her unwavering commitment, dedication, and service in the Congregation over the past twenty-five years. The thanksgiving Eucharist was celebrated in our chapel at 7.00 p.m. Rev. Fr. George Athaide the Parish priest of St. Pius X was the main celebrant. We were very happy to have with us Fr. Suneesh Joseph, Sr. Seema's cousin, her family members, and a few friends for this celebration. The senior choir of our parish added to the solemnity of the celebration. After the Holy Mass we gathered in our ICSE hall for felicitation and fellowship meal.

The school re-opened after Christmas Holidays. We welcomed the New year with a meaningful prayer service. The Republic Day was marked by the unfurling of the national flag by Sr. Anisha. A prayer service was conducted praying for the country and an entertainment programme was put up depicting the theme "National Integration."

For ever grateful to our foundress, Mary Ward week was celebrated with prayer services, enacting of the life events of Mary Ward, and encouraging the students



to practise the values that Venerable Mary Ward practised in her life.

SMC family celebrated the Silver Jubilee of Sr. Seema. The school



congratulated and felicitated her as the students hosted prayer service and an entertainment programme in her honour.

Achievements: Our school cricket team won the final match at the district level where our girls defeated other teams by scoring very high runs. Abigail was declared as the woman of the match.



“Marathi Diwas” was celebrated to mark the birth anniversary of Marathi Legendry poet and writer ‘Kusumagraja’. Our secondary girls came to school dressed up in traditional Marathi attire.



Our secondary office staff Mrs. Tessy Sunny got retired from her service after serving the school for 32 years with commitment and dedication. The management, staff and students bid her farewell with a prayer service and lunch.



Prayer service and other activities were conducted as per the theme of the year. “Heal The World”. The students were made aware of the



depletion of the ozone layer, its ill effects on Mother Earth and the steps to be taken to heal her and to protect the living being.

Our Art and Craft Exhibition was inaugurated by the parents of last year’s SSC toppers.

Parents flocked in to see the exhibits of their kids.

The Primary Section had their “Honours Day” celebrated. Our School won the Runner up Trophy. The students of classes 5 to 7 had an enjoyable trip to Aqua Imagica, and the staff had a refreshing trip to Alibhagh.



Various interschool competitions were conducted for the students of Mulund by the municipal authorities during "Mulund Mahotsav." Our students participated in most of the competitions and won many prizes and brought laurel to the school by winning the championship trophy. Many of our students participated in Mayor's Drawing competition and won prizes. A Career Counselling Session was conducted for the students of classes 8 & 9.



We observed "International Women's Day" appreciating the great contributions made by women to the society and bringing awareness about the multi-tasking nature of present-day women.

We bid farewell to our outgoing class 10 students. A meaningful Farewell programme was organised by the students of class 9. We have 255 students writing the SSC Examination this year.

Our school being the centre for the SSC board examination, 483 students from 7 different schools came to our school to write the examination. Annual examination for classes KG to VIII are being conducted simultaneously.



Various activities were held throughout the year on the Chief Minister's Project, "My school, Beautiful School" and a



report was submitted to the concerned authorities. An Inspection was conducted by the department to evaluate the activities of the school.

A thanksgiving prayer service was conducted on the last working day of the academic year during which the students thanked the Almighty, staff, parents, friends and all those who have helped them in various ways.



On the same day the school thanked Sr. Seema for her committed service to the school during the past 8 years and bid farewell to her.



News flash from St. Mary's ICSE Mulund

The ICSE family gathered to thank the Lord for the gift of 2024 with a meaningful prayer service as we turned to the first page of the year. Twenty-seven students from grades 1 and 2 attended the brain development competitive exam, marking a significant milestone for them.

They later enjoyed a delightful picnic, where each child had hands-on experiences making snacks, drinks, role-playing as a postman, engaging in sales, and even trying their hand at operation dental, job of a waiter and postman to earn money. It was a truly

enriching experience for the children. They participated in a mini sports day, where they earned numerous



prizes, and the best house was awarded the running trophy.

Celebrating the Pongal festival of Tamil Nadu served as a vibrant lesson in fostering cultural appreciation and understanding among the children, emphasizing the significance of diverse traditions and values across states.



Mary Ward Week was celebrated with prayer services reflecting on her life and teachings.

In February, the creative side of the students was showcased through an

Art and Craft exhibition. Additionally, to embrace new educational avenues, the idea of introducing Artificial Intelligence as a subject was proposed to the parents, who unanimously agreed to implement it for the children.

To rejuvenate our teachers, an enjoyable outing was organized. In March, we witnessed the heart-warming graduation ceremony of 65 U.K.G students from Little Flower School to St. Mary's ICSE School. Dressed in special blue attire, they marched to the hall, where the L.K.G students awaited with an entertaining program for their seniors. The month was also marked by the spirit of final exams, as students prepared to embark on the next chapter of their educational journey.



Mary Ward Niwas, Umralla

This year the month of January was very exciting with the preparation and the final profession of Sr. Rupali in Umralla Parish. The whole event was very solemn and memorable. We got the guidance and wholehearted support of Sr. Shradha and her team, the cooperation of our parish priest Fr. Nithin D'Souza, and the parishioners. We were delighted to have the presence of Sr. Rupali's family members, many religious sisters, priests, friends, and well-wishers for the same. Sisters from Mulund and other communities added to our joy.

Holy Eucharist was celebrated in thirteen villages during the season of Lent. It was a good chance for us to meet the people and pray with them. During Lenten season, the catechism students were taken to different churches for the stations of the cross. Sr. Joystna joined with other teachers for the same. Sr. Cyrilla joined the St. Vincent D Paul group members to visit the mission area close to Silvasa. They had collected a lot of materials and distributed them to the hostels run by the priests and Pillar sisters. We closed the nursery for the summer vacation on 27 March.



Shanti Sadan, Begur

Sisters Edwina and Biyona attended the 3 days Triduum in preparation of St. Francis Xavier's Feast in the Parish. Sr. Sanjana too joined them in attending the Feast Day Mass in the Parish on 7th January. We visited our teacher, Kavita Kumari's house to wish her son, Victor, and our students Anne and her two sisters, as they had their First Holy Communion and Confirmation.

Farewell: On 13th January 2024 the school gave Farewell to class 10 students the theme being 'SOAR HIGH'. The management and the teachers showered prayers and blessings on them.

On 2nd March, the students bid Farewell to Sisters Mahima

and Biyona. The school expressed their gratitude

towards them through a prayer service and a short programme. The students appreciated their selfless service and dedication.

Mary Ward Week Celebration: Mary ward week was celebrated in school with prayer service and programme on various themes like Maxims of Mary Ward, Her Vision and Mission and Values. Commemorated her Birth and death anniversary.





Republic Day was celebrated on 26 January with March past and cultural programme depicting the various cultures of states of India.

On 1 February Holy Mass was celebrated by Fr. Nithin SJ to pray for class 10 students. On 29 February the school celebrated the International Women's Day and had a Thanksgiving prayer assembly as we were approaching the end of the academic session. On 2 March 2024 the school celebrated Principal's Day through a prayer service and cultural programme.

Orientation: On 27 January, the Amaze Heads Company demonstrated to the parents on Robotics and Artificial intelligence during PTM. It was organised in preparation to start Robotics and Artificial intelligence in the school in the



were kept busy with subject wise orientation in preparation for the next academic session.

Career Guidance: Classes 9 and 10 had Career guidance session, given by the Orient Black Swan Publication. Students were enriched and gained a lot of knowledge.

Science Exhibition: This year the students of LKG to VII exhibited subject wise exhibition including sports on 3 February 2024. Parents, friends, and well-wishers came in large number and were enriched by the talents of our students. It was greatly appreciated by all.

coming academic year. Parents were impressed and gave a positive response.

In the month of March while students were busy with their final term examination, the teachers



Assembly and Competition: On 24 February KG and Primary section had Maths quiz competition. Classes 1B,1C and 4B conducted class assembly on the theme "Let us live in harmony and awareness on Global warming."

On 28 January 2024 class 5 Students participated in first **Indo - Sri Lankan Open Karate Championship 2024** and won the medals and trophies.

Graduation Day: The KG section had Graduation Day for UKG as they move out to next step. The students of nursery and LKG conducted prayer service and cultural programme. The UKG students presented their gratitude to school, teachers and parents through a meaningful skit and song. The parents witnessed the student's success and accomplishment. Summer Vacation began for the students from 27 March.



St. Mary's Convent, Alakode

The school has sprung back to life after the Christmas break with a flurry of activities. The Institute Feast was celebrated along with our neighbouring S.H. Convent sisters and Parish fathers. The gathering was enriched by the presence of Sr. Deepa C. J from Nepal. Through a PPT, we highlighted the history of our Institute. Sisters Basilia and Elsa took part in the silver jubilee of Nirmala Public School, Pizhaku.

As a part of the '**Home Mission**' from the Thalasseri Dioceses twenty sisters from the congregation of Sacred Heart came to stay with us. During the day they visited families in the parish and spent time in counselling and prayer. This was part of the *Kuduba naveekaranam* (renewal of the families) in the parish. Sr. Thomasina gave a helping hand to Sr. Georgia in Puthenvelikara at the time of hospitalisation of Sr. Esther.

Teachers' Picnic: - To be away from the hustle and bustle of busy life all our teachers had a tour to Wayanad and Ooty. It was a time for our teachers to relax and to be away



from the book. The cosy climate of Ooty added extra energy and vibration to them.

Students' Picnic: - Classes IX, X and XI students had the picnic to places like Vagamon, Kodaikanal, Rameshwaram and Ernakulam on different days. It was an exciting, learning, and relaxing experiences for them. The visit to the historical place Rameshwaram, the birthplace of former president APJ Abdul Kalam was indeed unforgettable. The highlight of the tour was that the students were asked to write an assignment on their tour experiences and the best article was awarded with a cash prize ₹1001.



One day programme was arranged for the JPIC and Yoga students to a nature park. The main intention of this visit was to know the earth. Fr. Rajesh S.J oriented our students on the importance of taking care of our environment. Value based talks were given to students, emphasizing the importance of environmental awareness.

Prize Distribution: - The school recognized the ability, effort, and hard work of our students. Outstanding performance of our students were awarded with variety of prizes- General Proficiency Award, Integrity Award, Full attendance, General Improvement Award etc. were given to students. This has helped them to work even harder and has motivated them to excel further.



March 8th being the International Women's Day, Class 5 put up a special assembly, underscoring the invaluable contributions of women in India.



We bid farewell to Sr. Basilia, the manager of the school. Class IX students organized a meaningful assembly, expressing heartfelt gratitude for her selfless service to the institution.

As the academic year drew close, our focus shifted to the class X and XII board examinations, with a significant number of students appearing for the examination. As the school year concludes, we reflect on the myriad of achievements and memorable experiences shared. Wishing everyone a restful and rejuvenating summer vacation.

Mary Ward Sadan, Puthenvelikara

We joyously celebrated the Golden Jubilee of Sr. Amala, expressing gratitude to God for her generous service to both the congregation and society. Fr. Joshy the parish priest of Thuruthipuram Church was the main celebrant. The presence of her family members, CJ sisters from various communities, our staff, and a few of our neighbours enhanced the joy of this special occasion.



Together with the Thuruthipuram community, we joined Nirmala Public School, Pizhaku for its 25th Anniversary celebrations. Sr. Vidya attended the 66th Annual Conference - ASISC in Hyderabad. The theme was 'Education for people, planets, progress, and peace'. We celebrated Mary Ward week, during which students from different classes conducted assemblies. The Nehru house conducted an assembly on Republic Day, emphasizing its importance.

On February 2nd, Fr. Noel Kurishinkal our parish priest offered a Holy Mass as a thanksgiving for the blessings received throughout the academic year. During the Mass we specially prayed for Class X students as they were preparing for the ICSE exams. He also blessed them and the



writing materials they would utilize for their upcoming final exams. Following the Mass, a farewell cultural program was organized by Class IX students. Additionally, they also arranged a lunch for both the class students and staff, and expressions of gratitude were extended by the head girl.

Class 10 weaker students had special classes from 5th to 16th March in preparation for the final exam. Month of March was very busy with exams, including ICSE board exams and internal exams. Exams were concluded by 23rd March.

Children from our parish visited our elderly sisters and presented cultural programs for them, spending valuable time together.

In collaboration with the Block Panchayath, our school undertook a planting initiative wherein vegetable saplings, manure, and pots were provided to facilitate the planting process. Additionally, a person was



appointed to guide the student and staff on proper planting techniques. We also planted a few fruit trees in our campus further contributing to the greenery and sustainability of our surroundings. We had an inspection of our school on 8th March to upgrade to ISC. The inspector was happy and satisfied with the documents and other facilities. After the final exam, the school is closed for vacation.