

NAVA SPURTHI

Bangalore Region

Be convinced that God will always give you what is best for you " - Ven. Mary Ward



Vol. XV/I

NEWSLETTER

April - June 2024

Maria Sadan Regional House, Bangalore

On 4th of April Sr. Nelcy was installed as the animator of Maria Sadan regional house. Sisters from Begur community were present to add more joy and vigor to the event.



On 14 – 17 May, Sr. Shradha along with the Allahabad, Delhi and Patna provincials Sisters Elsy, Shwetha and Bindu respectively and Sr. Jessy representing the Nepal CRI, attended a

meeting for the major superiors organized by the National CRI in Christ University auditorium, Bangalore. They stayed with us in Maria Sadan for a couple of days after the meeting.



We were very happy to have four Loreto juniors with us for a few

days in the end of May. Those days were indeed a time of sharing of joy and oneness.

Srs. Nelcy, Susan and Biyona attended the CRI meeting of Richmond town zone and the Bangalore CRI.



We had our three days of recollection on 12-14 June directed by Fr. Elvis Lewis S. J. It was indeed a time of prayer, reflection and spiritual renewal. We were delighted to have the presence of many of our sisters and their relatives visiting us during the last three months.

June 28 -30 the house was full having hoisted a workshop on Leadership for the Regional team of both Nepal and Bangalore and the principals of the schools of Bangalore Region. Fr. Dionysius Vaz S. J. was the resource person. We enjoyed the time together sharing our thoughts, exchanging our ideas and reflecting seriously on the concerns of our mission. It was of course a time of learning.



St. Mary's Convent School, Alakode

The school office was exceptionally busy in April as little kids and their parents approached for admissions. Throughout the summer vacation, the school remained open for various activities, such as report day and book distribution. Before the onset of extreme heat, extra classes for Class X and XII students commenced. Additionally, the school hosted a summer camp that included activities like swimming, basketball, and football. This allowed many students to spend their summer vacation in a fruitful and engaging manner.

Another highlight of the month was the farewell for the Class XII students. They were given a fitting send-off, with Class XI students organizing a fantastic program that included games and a cultural fest. During the farewell, all students had the opportunity to share their deepest feelings and experiences at S M C. The Class XII students were also presented with mementos.



The school made thorough use of the summer vacation by providing teachers with various training programs, including sessions on Active Learning, NEP NCF, and 21st Century Skills. Parents frequently visited the school campus for collecting books and uniforms. Additionally, there were construction projects underway, including the building of washrooms and an entrance gate.

It was a remarkable achievement for SMC in the CBSE Board Examinations! Class XII Topper secured 98% Class X: Topper secured 95%

Congratulations to all the students, teachers, and staff for their hard work and dedication.

Sr. Thomasina was busy in the month of April preparing the students for the First Holy Communion. All the first holy communicants of the Forane along with their instructors came

together for **Angels' Meet**, a day together in St. Mary's Forane Church, Alakode.

On 5th June, Sr. Thomasina

C.J. was installed as the animator of the community. Congratulations and God's blessings on her new mission. The community expresses our gratitude to Sr. Basilia C.J. for animating the community for the past

three years. Thank you, dear Sr.

Basilia, for your dedication to your mission.



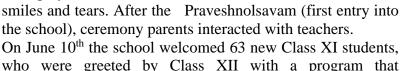
The month of June was packed with various activities. This academic year 254 students have taken new admission to our school. On the first working day of the new academic year, the school had a blessing

ceremony. The school invoked God's blessing through a meaningful prayer service, during which the entire school was blessed. Presence of Sr. Shradha C. J added joy to our celeberation as she was here for the visitation. On June 5th, the school celebrated Environment Day and had the privilege of honouring our alumna Annie George, who achieved 93rd rank in the Civil Service



Examinations. She inspired the students by highlighting the values she learned at St. Mary's. On the same day, the Nature Club took the initiative to establish a herbal garden at our school. Under the leadership of Mrs. Shyni Santhosh, our students have embarked on this new venture.

The little buds of St. Mary's arrived on June 6th with a grand welcome from the primary students. Their faces displayed a mix of



emphasized the school motto, "Let Your Light Shine."

On June International Reading Day, the

Language Club organized a meaningful program highlighting the importance of reading. On the same day, Vayanakkalari (a platform for reading) was inaugurated by Sri. Thomas Vakathanam, District Panchayath Member, who also emphasized the significance of reading in his inaugural address. Under the leadership of Mr. Jayan K S, the class 11 students established a

Reading Corner. Senior Secondary students are making use of their free time by reading periodicals and current affairs.

The School Parliament elections were held, and the Investiture Ceremony took place on June 20th. The Head Boy, Head Girl, captains, and vice-captains were vested by Sr. Thomasina, the manager of the school, Sr. Rosemarv. the principal and the house moderators. Leaders were made aware of the responsibilities that come with their positions. On 22nd June we had our P T A Annual General Body Meeting. Parents were made aware of the NEP changes in the curriculum. An orientation program also was given to parents on the topic 'Effective Parenting'.

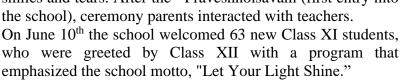


On June 21st, International Yoga Day, the school's yoga students demonstrated yoga to their peers. The same day, being International Music Day, F M Akashavani (Radio) was introduced to the students. In collaboration with St. Joseph's Hospital Karuvanchal, our school organized an eye camp for the students of classes UKG to 5. This program was well appreciated by the parents.

On June 26th Anti-Drugs Day, well-organized assembly was arranged, with a resource person Mr. I. V Unni Mazhoor providing valuable insights on the topic.







Mary Ward Illam, Mittapalli

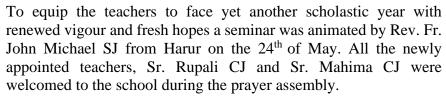
The school bade a sweet adieu to the accountant Sr. M Japa CJ who had put in several years of sterling and committed service.

God bounteously blessed the school with meritorious centum results in all the three X, XI and XII public examinations held in March 2024.



them aware of the importance of the day.

On 13 April Sr. Angeli along with four of our teachers attended an educational seminar based on Past, Present and Future of education arranged by



The installation of the school cabinet took place on 2nd June. The school leaders and their team of captains were duly installed. On Friday 21st June the school celebrated Yoga day and reading day. All the studernts were asked to read from 11.am to 11.15 a.m. to make







Mannagam foundation at Vanniya Nagar, which caters for the rural development. The resource person for the day was Mr. Beshar Manimegalai. He mainly stressed on our education system which should be to help all-round development of the children and secondly it should motivate the children to think for themselves.

On 21 April Sr. Deepti arrived to write to chronicle of our house. On the same day in the evening Sr. Angeli and Sr. Deepti went to visit our co-worker Neelavena's mother who was sick. We had our yearly

triduum in the month of May. Resource person for three days was Rev. Frs. John Michal S.J. and Fr. Rupan SDB. The topics were; A life of encountering the Risen Lord to make a community of love, prayer and service and characteristics of good prayer. On 2nd June we







the community visited our co-works family and prayed for them. It was a maiden visit as a community.

On 16th Sr. Mercy's nephew Rev. Fr. Michael Raj visited us after his ordination. He offered the mass for our community.



On 17th the community had an outing to Jawadhu hills which is closer to our area. A family friend of ours Mr. and Mrs. Surandhar took us in their car to enjoy the lush green forest with waterfall

. It is a mini picnic spot. Sr. Rupali enjoyed climbing the mountain along with Mrs. Akila, others sat under the tree and enjoyed the nature. We returned refreshed along with a Jackfruit.

Loreto Convent, Trichy

The visitation of our Regional Superior Sr. Shradha was in April and Sr. Smitha was installed as the sister in charge of the Trichy community. Sr. Auxilia being the vocation promotor for the region, we visited the girls in different parishes and substations of the parish, and their families. A vocation camp was arranged for these girls on 12th and 13th April 2024. Srs. Nelcy and Sanjana from Bangalore also had come for its preparation.

We visited a training centre run by the Salesian fathers at Dindugal and their various mission activities, in view of our future mission here. We also visited a few parishes and

schools for the purpose of our mission here. There was a summer camp for the catechism children of our parish in May.

Sr. Auxilia was busy preparing her students for First Holy communion.

Both of us are taking English and Tamil Catechism in our parish on Sundays. Sr. Auxilia attended the

Catechism teachers Training program on Sunday 23rd June at Pastoral Centre in the Bishop's house.

We were happy to welcome Sr. Initha IBVM who stayed with us for a few days. Sr. Vimala IBVM paid a surprise visit to us.

Community had a collaborative birthday celebration of Sr. Auxilia and Initha IBVM with the Holy Mass offered by our parish priest Fr. Retin O'prem, in our Chapel. Our yearly

Triduum was from 20- 22 June. We spent a day at Arungkodai illam, St. Joseph's college, Trichy for our spiritual needs.

Mary Ward Convent, Pizhaku

As the summer holidays began, we found ourselves as busy as ever. Sr. Lucia ensured all of us obtained voting IDs so we could participate in elections. Meanwhile, Sr. Suchita played a pivotal role in organizing 'Vishwasothsava', a special week-long program at the parish church and the Sunday school anniversary. We attended family unit prayers and made a point to join parish activities such as funerals and visits to families of first Holy Communicants from our school and all the others who invited us.

Visitors: We welcomed numerous visitors who enjoyed our hospitality, including our sisters and teachers from Jethuli, Srs. Feby, Fernanda,

Florence, Patricia, Justina, Vincy, Neena, Lima, Leticia, Ranjita, and Sr. Suchita's father along with her niece and nephew.



Fifteen of our class 7 students participated in a successful DCL camp at



Thodupuzha, winning many prizes including the best camper trophy. The travel agent who organized all the school trips, generously offered us sisters a free trip to Thekkady. During our visit, we explored several



picnic spots, visited two churches, enjoyed a delicious lunch, and returned home. However, the highlight of our trip was the visit to Rose Park, which was incredibly enjoyable and relaxing.

Celebrations: We celebrated Sr. Lucia's birthday in a grand style, with CMC sisters joining us for Holy Mass and breakfast. Additionally, we participated in the golden jubilee celebrations of Sr. Amala at Perumbavoor. Auditors Sr. Sheela and Miss Thanushri conducted the audit during their three-day stay with us. We invited Sr. Damian to our community while she was on her holidays and celebrated her golden jubilee with cake cutting, a special lunch, and a gift.



The Sacred Heart sisters at Manathoor invited us to join their Congregation's feast, and three of us attended the Holy Mass



followed by breakfast.

The ICSE results for 2023-24 brought immense joy to our campus, marking yet another occasion of tremendous achievement. Out of 47 students who appeared for the exams, 35 achieved distinction, 10 secured first division, and 2 attained second division. The entire management, PTA, and staff extended their

heartfelt congratulations to our students. To celebrate this success, our teaching and non-teaching staff came together for a memorable celebration.

On 28th May, we bid farewell to Sr. Lucia. The community accompanied her to Puthenvelikara on 2nd June for her new assignment. We sincerely thank her for her dedicated service as our animator, manager, and accountant at Nirmala Public School. We pray for God's blessings upon her new mission.



Our teachers had a two-day orientation on 'Unveiling the hidden treasures in the classroom', featuring Mr. Sanju Cherian as a keynote speaker. Sr. Deepti conducted a session on the school's mission and vision statement, preparing everyone for the new academic year with enthusiasm.

On the first day of school, our campus buzzed with the voices of our students. We all assembled in the auditorium to commence the

session with an invocation seeking the blessings of God. Sr. Shradha graced us with her presence for the installation of Sr. Seema as our new manager. It was indeed a privilege to have her join us on this special day to welcome Sr. Seema. Sr. Shradha also took the time to meet our students and staff. In her message, she expressed her joy in meeting each member of our community and school. She encouraged both staff and students to embrace every action and life situation as an opportunity for discovery and cherished memory.





Additionally, the Class X students organized a meaningful prayer service to welcome all newcomers into our school family. As part of the celebration, sweets were distributed to all the children,

adding to the joyous atmosphere of the day.

On June 5th, we celebrated World Environment Day, with our JPIC



club taking the lead in raising awareness about planting new saplings and promoting responsible water usage. They effectively conveyed these messages through

and

speeches.

Additionally, informative signboards were strategically placed to educate students about the significance of the day.

On the first Friday of June 7th, we were honoured to have our entire school blessed by Rev. Fr. Joseph

Thekkel, our parish priest. Our staff and students availed the opportunity for confession and actively participated in Holy Mass. The main celebrant, Fr. Bijo CSSR, in his homily emphasized on the importance of respecting parents, teachers, elders, and oneself.



role-plays

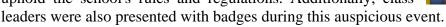
The students from classes VI to X participated in an orientation program conducted by Dr. Praveena Nair, a consultant psychologist. During the session, Mrs. Nair guided our students on effectively managing their emotions and feelings. This activity-based session greatly

enriched the students' power of understanding and skills.

We welcomed 70 of our young ones from playschool and LKG to our garden. The primary students

organized a grand event to welcome them. It was their first time on stage, and our campus was filled with members of our extended family.

On June 12th, our campus hosted a dignified investiture ceremony. The Head Boy, Head Girl, captains, vice-captains, and club leaders were adorned with sashes and badges, symbolizing their entrusted responsibilities. They solemnly took an oath to uphold the school's rules and regulations. Additionally, class











From June 15th to 17th, we enjoyed a three-day recollection. We were refreshed and renewed spiritually for the ministries ahead.

National Reading Day was celebrated on June 19th at our school. Two students delivered speeches in both English and Malayalam, emphasizing the significance of this day. During the school assembly, our librarian was specially acknowledged and celebrated. Additionally, all classes had the opportunity to visit the library

and engage in reading activities beyond their usual scheduled hour.

The Annual General Body Meeting of the PTA was held on Saturday, June 22nd. During the meeting, elections were conducted, and new PTA executive members were felicitated. Dr. Philip Chakkatha conducted an orientation program for parents on effective parenting, which was highly enriching for all attendees.





On June 26th we celebrated Anti - Drug Day. To help the students understand the importance of

this day, the anti – narcotic club organized various activities including role plays, speeches and collage arrangements. Through these activities students learned about the hazards of drug use. The event was highly enriching for the children, reminding the negative impacts of this harmful habit. As part of our ongoing commitment our school's action plan aims to maintain a drug free environment through continuous awareness programmes. This celebration and the ongoing initiatives play a crucial role in achieving this goal.



Mary Ward Sadan, Puthenvelikara

We had three-day' recollection directed by Fr. Benny Chirammel S.J. in the month of May.

During the months of April and May, we had a busy schedule preparing for the new academic year with repairs and cleaning of classrooms and campus. We bid farewell to Sr. Susan as she is missioned in regional house, Bangalore. We were delighted to welcome our new community members: Sr. Lucia and Sr. Linda. A hearty welcome to our new teachers as well.

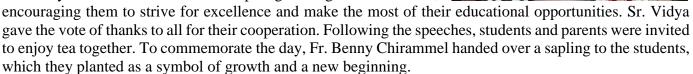
School Reopens with a Holy Mass, blessing and Warm Welcomes: On June 3rd, the school joyfully reopened its doors. The day began with a Holy Mass and blessing, creating a serene and hopeful atmosphere for the upcoming academic year.



The new staff and students were warmly welcomed into the school by giving a rose flower. A special welcome to Sr. Lucia, who joined us with great enthusiasm and commitment, enriching our community.

Inauguration of ISC (Class XI) and Environment Day: The inauguration of the Plus One program was held on 5th June. The event was graced by Rev. Fr. Dr. Benny Chirammel S.J, the chief guest of the day. The ceremony began with the school band leading the procession as students entered the hall accompanied by the chief guest. Parents of the students were present, adding to the significance of the occasion. Each student received a rose flower as a token of welcome. The first batch total 12 students have taken admission.

Fr. Benny Chirammel delivered an inspiring message to the students,





Welcoming of Pre-KG and LKG Students with Festive Celebration: The school recently welcomed its newest members, the Pre-KG and LKG students, with a warm and festive celebration. The day began with the school band playing cheerful tunes as the young students made their way into the school. To make the occasion memorable, each student was given a crown and a ladoo, symbolizing their special place in the school community. The event was filled with joy and excitement as the little ones embarked on their educational

journey. We look forward to nurturing and guiding these young minds as they begin this important chapter of their lives.

Investiture Ceremony Marks a New Beginning for Student Leaders: We were honoured to have Rev. Fr. Noel Kurishinkal, our former parish priest, as the chief guest at our investiture ceremony. During the ceremony, students were appointed to key leadership roles, including Head



Boy, Head Girl, and Captains. The investiture ceremony was a momentous occasion, symbolizing the start of a new chapter for our student body. At the end of the function, Fr. Noel inspired our students to be role models. He emphasized the importance of good qualities such as honesty, responsibility, empathy, and perseverance. He encouraged the newly appointed leaders to strive always for excellence and to set a positive example for others to follow. We look forward to seeing our new leaders thrive in their roles and contribute positively to our school.

PTA General Body Meeting: On 22nd June we held a PTA General Body Meeting which was well attended by parents and teachers. Dr. Harish Kumar H delivered a captivating session on effective parenting, providing valuable insights and strategies for nurturing children in today's world. Following the session, all attendees were served tea and snacks. The meeting continued with the Class PTA sessions, where executive members were selected to represent their respective classes. After the Class PTA sessions, the executive members convened for a meeting to discuss upcoming initiatives and plans to enhance parent-teacher collaboration throughout the academic year.

class

Mary Ward Niwas, Umralla

On the 1st of May, the Parish celebrated the feast of St. Joseph, its patron saint. It was well organized by the parish team and was a time of festivity and spiritual renewal for the whole parish. We joined the Mulund community for the three days of recollection. We



continue our pastoral ministry, visiting the sick and old and praying for them, teaching catechism on Sundays, accompanying the youth, attending the BCC in the villages whenever possible.

St. Mary's Convent High School, Mulund.

We were blessed with 100% result for SSC Examination. The attainment of Cent percent results is a testament to our collective efforts, perseverance, and commitment to academic excellence. Among the 255 students appeared for the examination, 155 of them got Distinction, 77 students passed with first class and 22 of them secured second



and 1 student just managed a pass class. A thought-provoking session for the staff was held prior to the reopening of the school. Fr. Nasli Reporter was the resource person for the same. The staff were inspired by the session and were charged up to begin the new academic year with a new mind set and futuristic vision of dealing with students entrusted to them.

The school reopened for students on 15th June and our campus was lively again. As per the rule of the NEP 2020, we started with Nursery this year and to our joy we got nearly 60 admissions for the Nursery.



We had workshop on parenting skills for the parents of pre-primary section by Nrityanjali team. The school celebrated International Yoga Day. Imparting the knowledge of good health and role of yoga in our life our students performed excellent yoga Asanas.



Annual General Body Meeting of the PTA was held through video telecast and the principal addressed the parents. The 1st PTA Executive Body Meeting was also conducted on the same day both for Primary and Secondary sections.

The Secondary Section had the election for the School



Council Members and a solemn Investiture ceremony was held where in the School Council Members promised to serve the school to the best of their ability.

We conducted Choral Recitation

Competition for the students of classes 5 to 7 and Elocution competition for the students to classes 8 to 10.

St. Mary's ICSE School, Mulund

As summer sets in and the holiday mood of our children and parents begins with travel far and wide, our school also reaches the concluding events of the academic year. Here we share the latest updates and events that happened in our school.

Achiever: Congratulations to Master Nivan Tandon, Grade 3 who won the state-level 3rd prize for the Abacus competition. The pages of April were filled











with exams, results, admissions, and various training sessions and orientation programs for the teachers.

Technology Integration in the Classroom: As part of our commitment to integrating technology in education, teachers received training on using various digital tools to create interactive and effective learning experiences.

Investing in Our Educators: Teachers' Training Programs

The continuous professional development of our educators is essential in our fast-growing knowledge era. In April, all our teachers participated in enriching training programs to enhance their teaching skills and methodologies, focusing on the latest strategies in active learning and student engagement. Topics covered included:

Updated Version of Smart TV Panels: Effective use of the latest smart TV panels and computers.

Artificial Intelligence: Introduction of AI as a subject in the school this academic year.

Nursery and Kindergarten Training: New methods of dealing with children and innovative teaching methods conducted by Mrs. Shilpi Bhattacharya.

POCSO Training: Training for new teachers by Sr. Lima.

Panel Training: Mrs. Saisha conducted training on the upgraded smart TV panels.

Cyber Education: Mr. Nishant Avasthi shared information on effective computer use and cyber-crimes, which was very effective and educative.



Our Upper Kindergarten children had an exciting graduation ceremony in their new attire. The academic year 2023-2024 ended with an enriching orientation program for the staff by a renowned speaker, Mrs. Ela Kapadia. She focused on topics such as positive and effective classroom management, creating a positive atmosphere in the classroom, and how to deal with different behavioural problems of children. The school officially closed in May for the summer vacation.

The school reopened on 6th June 2024. The little ones from Nursery and L.K.G arrived on the 10th, with tears of separation from both parents and children. They were warmly welcomed to our school. The entire K.G wing is painted artistically, featuring beautiful forests, animals, rainbows,

clouds, and parks on the walls and ceilings. It looks very attractive and gorgeous, making one feel like going back and sitting in the K.G. classroom once more.

To ensure the good health of our students our school celebrated International Yoga Day on 21st June.



Shanti Sadan, Begur

First Holy Communion: This year Sr. Edwina was asked by Fr. Immanuel, the Parish Priest to prepare the children of the Parish for receiving Jesus in their heart for the first time in Holy Communion. For about fifteen days during evening hours Sr. Edwina took classes for these children, on 12th April they made their

first confession through the Sacrament of Reconciliation. On 14th April, forty children received First Holy Communion at 8.30 a.m. Holy Eucharist celebrated by VG and concelebrated by other priests. Sr. Sanjana also helped during the Holy Mass.

Farewell and Welcome: After serving the Community and school for four years, we bid farewell to Sr. Mahima on 25th April. Fr. Biju offered a thanksgiving Mass and implored God's blessings on sister, as she takes up her responsibilities in Mittapalli. Fr. Biju joined us for lunch. Sr. Mahima left for Mittapalli on 22nd May.

We were happy to welcome Sr. Japa to our community in place of Sr. Mahima on 23rd May. Wishing Sr. Japa God's blessings and all the very best as she shoulders her responsibilities here in Begur.

Celebrations: On 4th May Srs. Edwina, Feby and Mahima participated in the joyous occasion of the First Mass of Fr. Kanikya Swamy, our co-worker, Nirmala's brother, at Mylasandra Parish, followed by a sumptuous lunch.

Srs. Edwina, Feby and Mahima attended the thanksgiving Holy Eucharist of Golden and Silver Jubilee Celebrations of four CMC sisters at their Provincialate House on 9th May.

News from the School: Since we were not available on 1st May, we celebrated Worker's Day (Feast of St. Joseph, the Worker) on 15th May. The co-workers enthusiastically and lovingly prepared lunch for us and along with the office staff and co-workers we shared the Agape meal.

Results: The school closed for the summer vacation on 13th April. Results were declared for classes KG to 7 on 8th April. Our Class 10 students made us proud by securing 100 percent results. 66 students appeared for the exam, 22 students with distinction, 38 students with first division and 6 students with second division. A. Justin Shreyas topped the school by securing 97.4%. Well done students. We are proud of you dear students!

New Academic Year: The new academic year 2024-25 began with a four-day Orientation Programme for the Staff from 24th to 28th May. The following topics were dealt with- Workshop on Life skills, Classroom Management and Teachers' Interactive Digital Panel training. Action plans for JPIC and FMW were formulated for the academic year 2024-25.

School reopened on 29th May, wherein Sr. Japa, the new teachers and the new students were given a warm welcome through a prayer service. The school was blessed on the same day by Fr. Biju and on 14th June had Holy Mass for the students.

Investiture Ceremony: On 15th June and 22nd June, we had the solemn Investiture Ceremony for the High School section and primary section. The office bearers of the student council pledged their oath



to render their services with full commitment.

Club Activities: A workshop for classes 6–10 students was conducted on June 1, 2024, providing a clear introduction to JPIC. Videos showcasing various JPIC activities were shown engaging students and highlighting the importance of these principles.



The bottle planter activity engaged primary students in creating planters from recycled bottles. This hands-on project taught sustainability, creativity, and responsibility, fostering environmental awareness and gardening skills through a practical and engaging hands-on activity.

Environment Day: Environment Day was observed on June 7 with a meaningful prayer service and various activities like poster making and delivering speeches based on the



environment.

Eco-Press Tote: Students from grades 1 to 5 participated in the eco-press tote activity on June 15th, creating tote bags from old newspapers. This project

promoted recycling creativity and environmental consciousness while developing fine motor skills and



teamwork among the young learners. Classes 6

to 10 students participated in the recycle and reuse activity, making bags from old clothes. This initiative encouraged recycling, creativity, and environmental awareness while teaching sewing skills and promoting a sustainable, resourceful mind set among young learners.

World Refugee Day (20 June): Students from classes 5 and 10 celebrated World Refugee Day by visiting each class and sharing its

significance. They explained that the day honours the resilience and courage of refugee worldwide, raising awareness about their struggles and contributions. Through discussions and presentations, they emphasised the importance of support and solidarity with displaced individuals.

International Day of Yoga (June 21)): On Yoga Day, our school organised two separate yoga sessions to promote fitness and wellbeing among students. High school students gathered class-wise on the school campus for a



yoga session conducted by PT teacher Mr. Raghu, who guided them through various asanas and breathing exercises, while the primary students had their yoga session in the school hall with PT teacher Mr. Akil Raj, who made the session engaging and fun for the younger children. Both sessions emphasised the importance of incorporating yoga into a daily routine to enhance physical and mental health.



Classroom Library Activity: Students from classes 1 to 10 collaborated to create a classroom library on June 22, 2024. They allocated a section of the room for this purpose. Each student contributed books from home, which were meticulously arranged on shelves. The books were

categorised and labelled for easy access. This initiative not only fostered a love for reading but also taught

students the importance of organisation and teamwork. The classroom library has become a popular and enriching feature of their learning environment.

JPIC and FMW Club Inauguration: The JPIC and Friends of Mary Ward Club inauguration was a



momentous event held on June 26, 2024, marked by the selection of new leaders and the announcement of animators by Principal Sr. Sanjana CJ. The occasion was graced by the alumni gathering. fostering spirit a

camaraderie and nostalgia.

St. Mary's Nursery Plants: Srs. Japa and Alma inaugurated the St. Mary's Nursery Plants, symbolising growth and new beginnings. The alumni contributed to it by donating saplings and planting them on our

campus. The event was a harmonious blend of past and future, highlighting the community's commitment to nurturing leadership and environmental stewardship.



KG Corner: The stars of St. Mary's began their 1st day of school of learning on 5th June (LKG&UKG) and Nursery on 7th June. They were welcomed by their teachers .The parents had a short orientation with their

We will have been supported to the support of the s

respective class teachers.

On 7 June, the KG section celebrated environment day by taking part in fingerprint activities.

On 21 June, the little stars actively took part in International Yoga Day.

On 22nd June the KG teachers engaged students in a puppet show. Through which a value-based story was depicted.

