Convent of Jesus & Mary

HAMPTON COURT

Mussoorie, INDIA



Year Book

2014



SAINT CLAUDINE THEVENET

(Mary St. Ignatius)

Foundress of the Congregation of the Religious of Jesus & Mary



BLESSED DINA BELANGER

(Marie Ste-Cecile De Rome)

Religious of Jesus & Mary



PRINCIPAL'S Message

"Education is the Most Powerful Weapon Which You Can Use to Change the World."

Sr. Lucy D`Souza | Principal

We at CJM Hampton Court, try to imbibe values of love, culture and knowledge through education that enables children to adjust and adapt to the emerging society of multi cultural thoughts, beliefs and religions, by following the Pedagogy of our Mother Foundress St. Claudine Thevenet. It fosters them with the courage that kindles optimism and the willpower not to give up during adversities.

As a body of learning, we are part of each student's journey of faith and career preparation-not just a destination point. We provide a unique learning environment that enables us more fully to walk this journey with our students.

Our first batch of ISC students achieved 100% success. Neeraj Nautiyal topped the Science Stream with 92% marks, and Varsha Rawat with 87% in the Commerce Stream Jatin Likhwar topped the ICSE batch with 93%marks.

Children are encouraged to explore and revel in the joy of learning. Each pupil is guided through an individualized work plan in consonance with his/her potential, thereby providing a complete learning experience. A large part of a child's active life is spent in the school. However every child gets his/her emotional stability from the parents. It is the parent's attitude that a child absorbs and the interest and time that parents invest in children, is crucial for their development. Respect for one's elders, especially the teachers and a commitment to discipline are engraved in Indian culture. Let us inculcate these ideals in our younger generation. A student who has respect for the teacher will be more receptive to authority and to learning. This will enable him/her to get the best out of the school.

"Children must be taught how to think, not what to think."

I wish an abundance of the peace and joy of Christ our Lord and let us work together for the development of our children who are our future!

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School Song

Light of Hope and Glory!
Hampton Court we hail thee.
Guiding us in duty-
Leading us "onto the stars"
Year by year teach us
To face life courageously-
Shining bright like a "torch in flame"
Holding high "Honour and Truth!"
With joy in our hearts we pledge
Ever to be true to thee!

Light of Hope and Glory!
"Alma Mater" we love thee
Keep our hearts pure and free
Living your "values" gladly.
Jesus and Mary you give us
The "Key" to Happiness.
By giving our best to others
In loving Service and Care!
With joy in our hearts we pray
May God bless our School.
"Alma Mater" Forever !

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EDITORIAL

EDITORIAL BOARD

Standing L-R :

Rakshit Singhal, Shivani Dangwal, Ms Anna Dilawar, Ms. Nandita, Sis. Lucy D'souza, Ms. Dechen, Ms. Sunita Sial and Abhinav Bermolla

"One isn't necessarily born with courage, but one is born with potential. Without courage, we cannot practice any other virtue with consistency. We can't be kind, true, merciful, generous, or honest."

This school attains its eminence in the first place through the achievement of children. This has been given enough print space in our magazine. This magazine also espouses the School spirit which is built up within the school through the collective actions, thoughts and aspirations.

In this edition, we have tried to capture this year's excitement and activities.Above all, the school provides a wide platform through its Annual Magazine for its pupils to exalt their budding and hidden talents in various fields. Achievements of students in curricular activities and academic excellence are highlighted through this school magazine. I believe that the Annual Magazine would spur higher growth and enterprise in children, to be creative.

When something can be read without effort, great effort has gone into its writing.

The Editorial Board extends its thanks to all the students and Teachers for the contribution of their articles. We extend a special thanks to our Principal Sr. Lucy D' Souza and Sr. Susie for their innovative ideas and inspirations, for giving this magazine a new look.

"If you are content with the best you have done, you will never become the best you can be."

Rakshit Singhal, XII

SCHOOL RE-OPENS

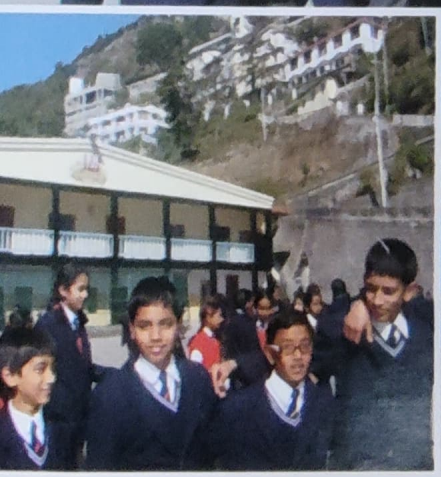
"Let us watch well our BEGINNINGs, and results will manage themselves"

The School reopened on 8th March 2014."Motivation is what gets you started. Habit is what keeps you going." With this motto, The Staff and the Students pledged to accept all the challenges and opportunities to grow into a better, knowledgeable person.

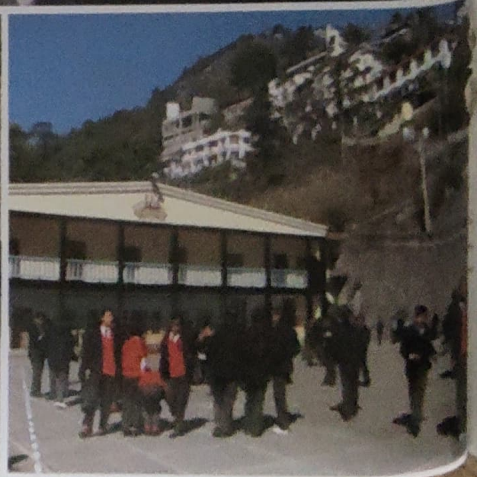
The new comers were welcomed with open arms by the Sisters and Teachers. The Principal, Sr. Lucy D' souza, addressed the assembly of students.

Small opportunities are often the BEGINNING of great enterprises.









HOLY MASS



Father P.T. Joseph





His grace surrounds you no matter what you do, or is done to you.
God cloaks you in His love, and hugs you tight.

This year, the Holy Mass was celebrated at the beginning of the Academic Session. Father P.T. Joseph, invoked the Lord's blessings for our institution.

Through the clouds of midnight,
this bright promise shone,
I will never leave thee,
never leave thee alone.

The Holy Mass commenced with a prayer by Father, followed by the choir songs and Bible reading by Sr. Lucy D' Souza.

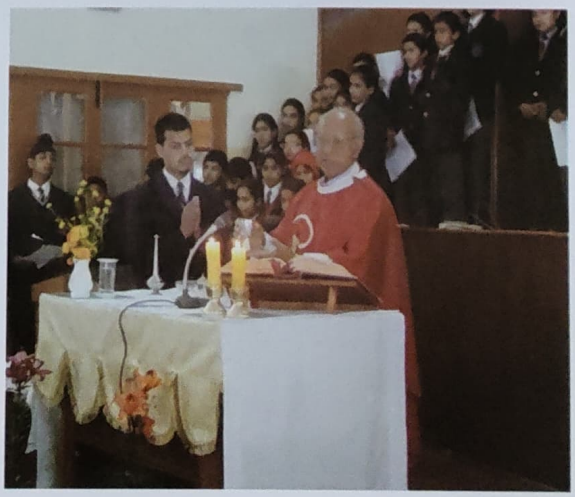
Father Joseph, narrated inspiring parables from the Bible, which was then followed by the school choir who sang in praises of God and his blessing.

Father prayed for the institution, Sisters, Staff, Students and the Helpers. He also prayed for the successful New Academic Session.

We shall steer safely through every storm, so long as our heart is right, our intention fervent, our courage steadfast, and our trust fixed on God. Holiness is doing God's will with a smile.







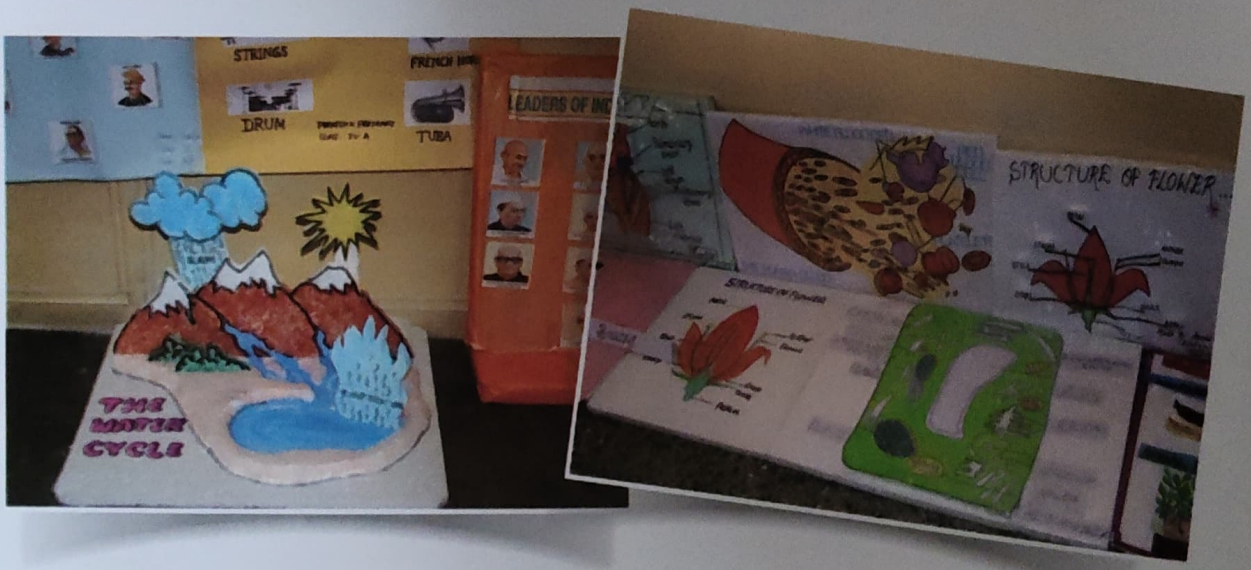
HOLIDAY PROJECTS



As the end of a term comes, the kids are tired, with their monotonous routine, and they are looking for a break .

Once again there was a list of projects to be done at home. During the school's winter vacations, the students need less structured activities, allowing them time simply to wind down at their own pace and play/read etc but choose to spend their time doing what interests them.

As they recharge before they head back to school, they get their projects ready to be assessed in grades. After the school reopens the students display their projects in their respective class-rooms, which are assessed by the Teachers.



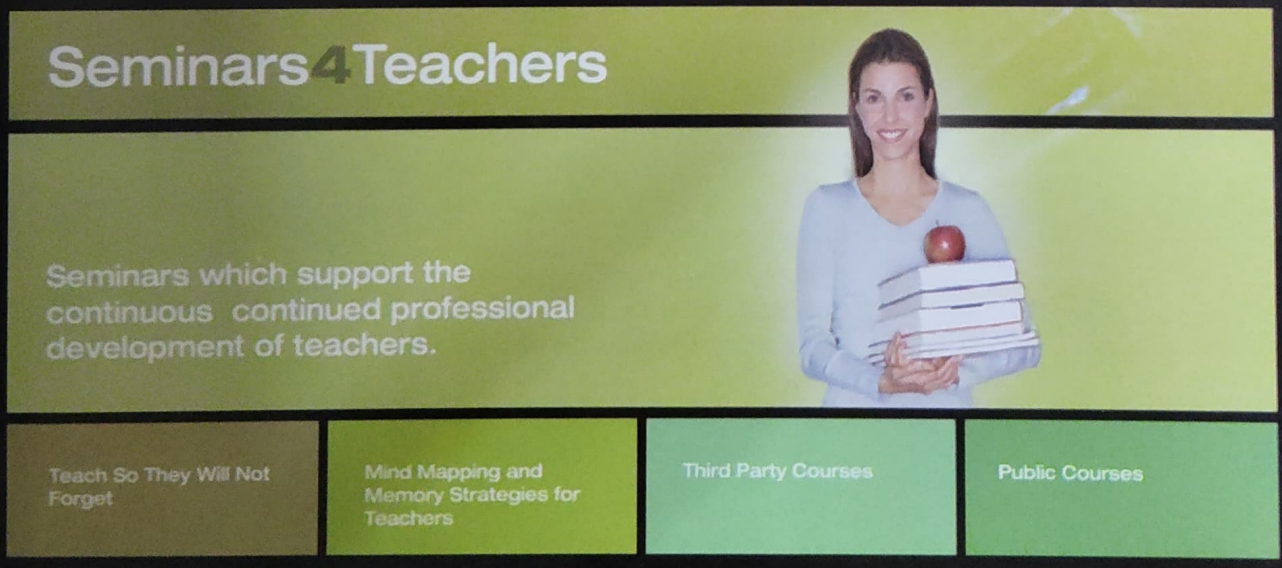




SEMINAR ON EFFECTIVE TEACHING

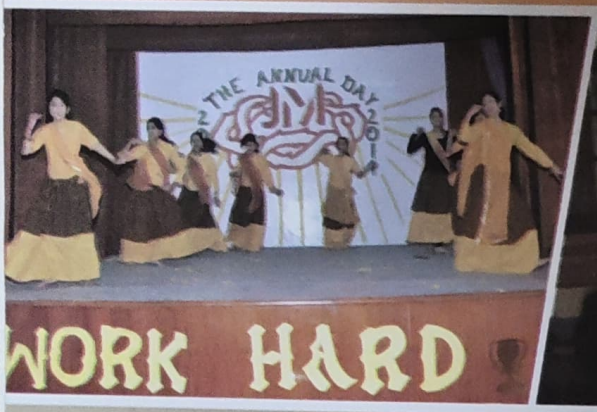
The whole art of teaching is only the art of awakening the natural curiosity of young minds for the purpose of satisfying it afterwards.

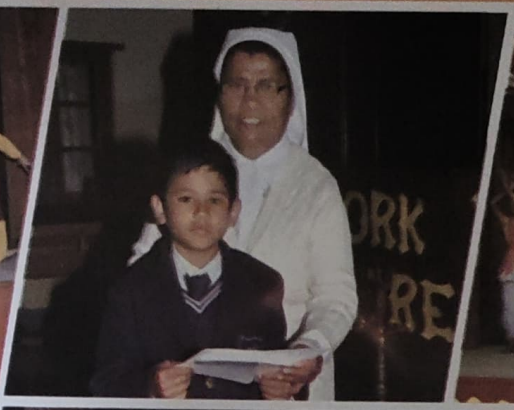
There was a Seminar for the Teaching Staff, on 28th February, 2014 where they got an opportunity to learn new things and interact with Father Lancey Rego from Lucknow. It began with a short prayer and Father made us acquainted with the new concept of power teaching.

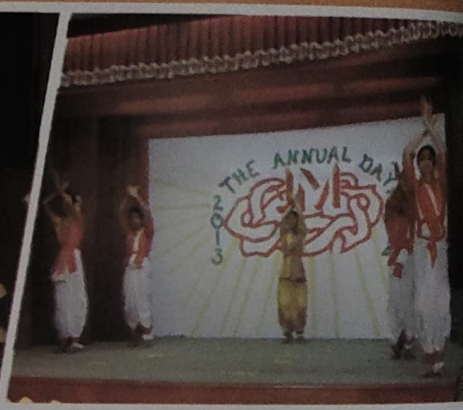


ANNUAL DAY

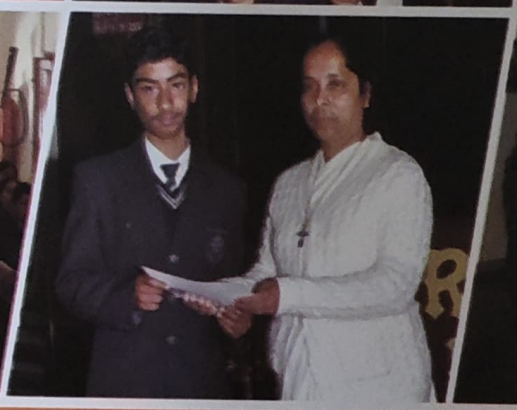
"Success is how high you bounce when you hit the bottom. It is dependent on the effort."

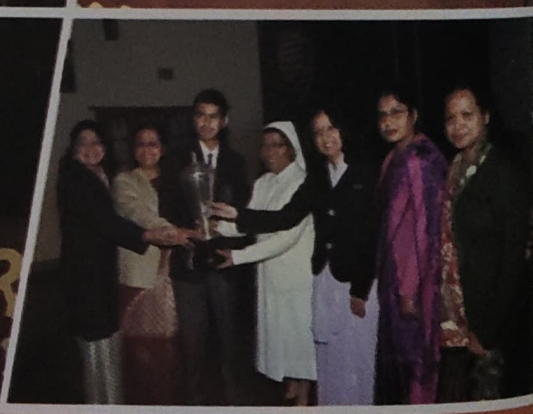








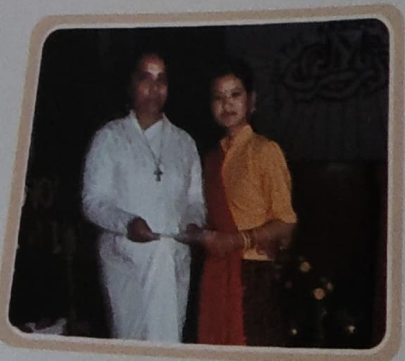






CJM Hampton Court celebrated its Annual Day on 5th April 2014.Our Principal Sister Lucy D' Souza was the Chief Guest for this occasion. A short cultural show was presented by Class VIII, under the guidance of the Class Teacher, Ms. Rekha Singh.

Our Principal honoured the high achievers in academics with awards..She presented certificates to the children for the values like Endeavor, Steady worker, Helpfulness and the other values.

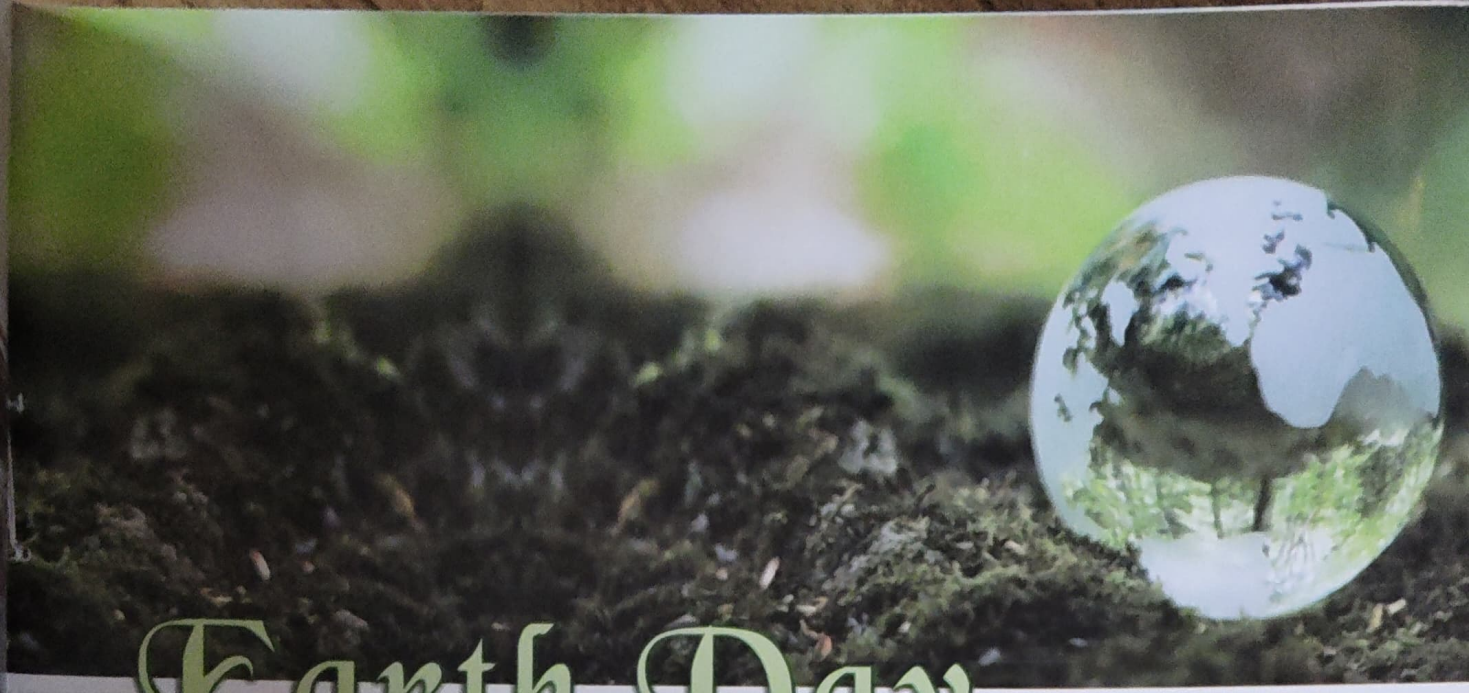




In her speech, she commended the teachers and the parents for imparting values to the children. The Annual day was attended by the parents of the prize winner students. The students were very motivated with the presence of the parents and happy after receiving the honours.

"Some people dream of success, others stay awake to achieve it."





Earth Day

Like Earth Days of the past, Earth Day 2014 will focus on the unique environmental challenges of our time. As the world's population migrates to cities, and as the bleak reality of climate change becomes increasingly clear, the need to create sustainable communities is more important than ever. Earth Day 2014 will seek to do just that through its global theme: Green Cities. With smart investments in sustainable technology, forward-thinking public policy, and an educated and active public, we can transform our cities and forge a sustainable future. Nothing is more powerful than the collective action of a billion people.

Earth Day is now coordinated globally by the Earth Day Network, and is celebrated in more than 192 countries each year. Earth Day is a name used for 2 similar global observances. While some people celebrate Earth Day around the time of the March Equinox, others observe the occasion on April 22 each year.

Earth Day aims to inspire awareness of and appreciation for earth's environment. More than a billion people around the world celebrated Earth Day on Tuesday with the theme 'Green Cities' calling for transformation in the public transportation systems to make them more accessible, convenient, and clean fuel-run.

The celebrations of the 44th edition of Earth Day also called for switching over to electric, hybrid, and other eco-friendly vehicles, the Earth Day Network reported.



Class Picnic

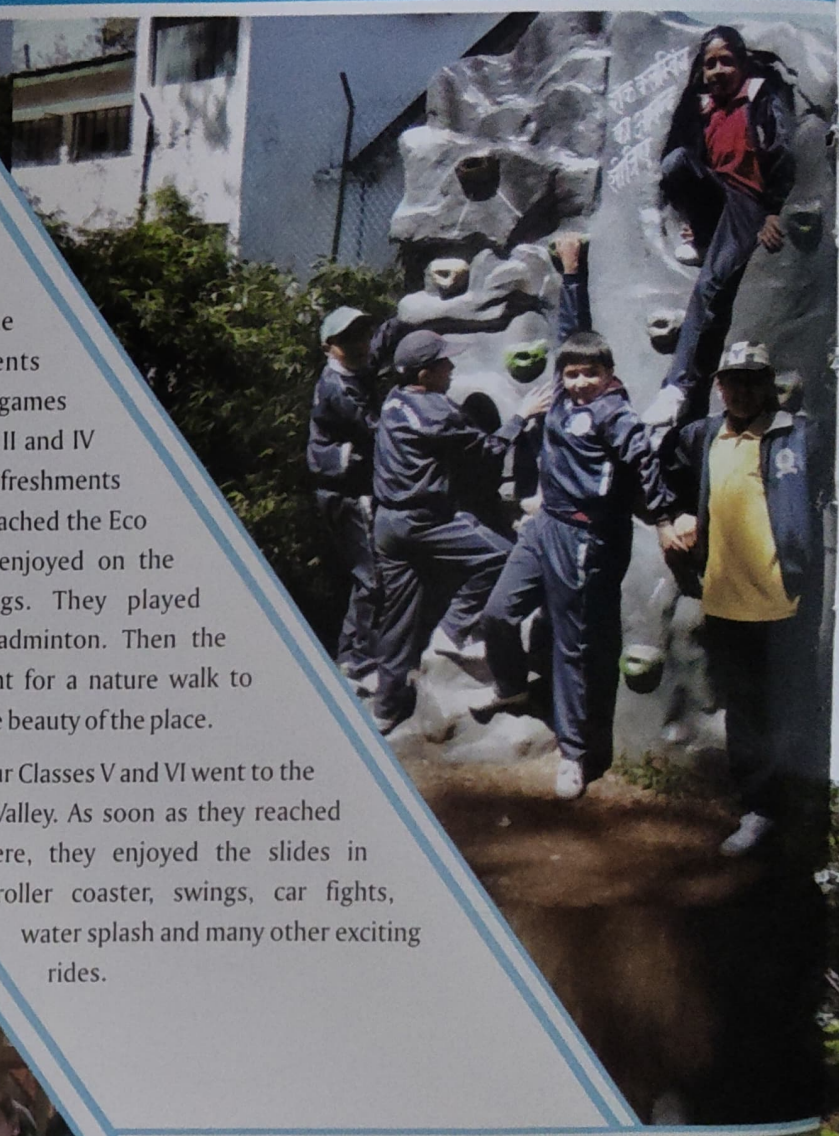
"I decided to fly through the air and live in the sunlight and enjoy life as much as I could"

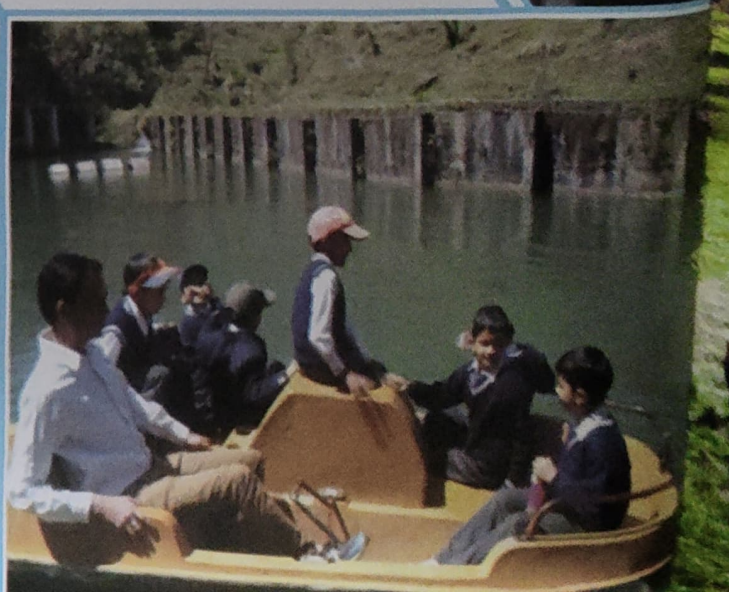
A picnic is a short trip for pleasure to a beautiful place. They refresh our tired minds. Picnics give students a break from their studies. After enjoying a picnic they feel fresh and take up their studies with renewed vigour. Therefore every year schools organize picnics for the students.

This year class I and II went to the Lake Mist. There the students enjoyed the boat rides and games with fabulous food. Classes II and IV visited Dhanaulti. After refreshments and a short walk thy reached the Eco Park. The children enjoyed on the slides and swings. They played football and badminton. Then the students went for a nature walk to explore the beauty of the place.

This year Classes V and VI went to the Fun Valley. As soon as they reached there, they enjoyed the slides in roller coaster, swings, car fights, water splash and many other exciting rides.













After having a great time on the rides they proceeded to the water slides and the most exciting part was the wave pool. The day concluded with a lot of exciting memories.

"If you go around being afraid, you're never going to enjoy life. You have only one chance, so you've got to have fun".





ENGLISH LOCUTION



Poetry should... should strike the reader as a wording of his own highest thoughts, and appear almost a remembrance.

-John Keats



The word POETRY originates from a Greek word meaning TO MAKE. A poet is thus a maker and the poem something that is made or created. No single definition of poetry is possible but some characteristic features of poetry may be mentioned. Poetry has a musical quality with rhythm, pitch, metre and it may use figures of speech such as simile and metaphor. While quite a few poems in this selection are in traditional forms, the unit also includes modern poems that are free from formal restrictions.



Elocution is the art of speaking clearly and fluently. In order to emphasize on fluency and superiority in grammar as well as to provide a platform to the budding orators of our school, The Convent of Jesus and Mary hosted the English Elocution Competition for the students of classes I to XII.

The students participated enthusiastically and showcased their talents. The Juniors were judged by Mrs. Nikhat Khan and Mrs. Sunita Sial and the Seniors were judged by Mrs. Nikhat Khan and Ms. Dechen Wangmo.













God is the perfect poet.

~Robert Browning

The students superb delivery of the poems was an archetype of hard work put in by the teachers and the competition was judged and marks were focused on aspects like culmination of voice quality, speech content and the delivery standards.

It was a pleasure to watch our smart children conduct themselves in such a disciplined manner and render the enjoyable poems with such feeling and conviction.

INVESTITURE Ceremony

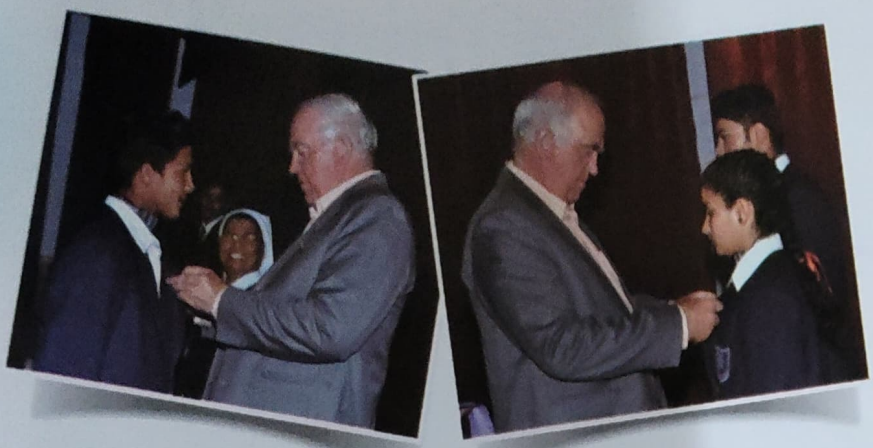


"I long to accomplish
a great and noble task;
but it is my chief duty to accomplish
small tasks as if they were great and noble"



The new academic year ushered in the formation of a new Student Council.With interests that extend across every field of human endeavour, the Student Council plays a pivotal role in the working of the school administration. The Student Council has students that are both elected and selected. The Investiture Ceremony was held on 30th April, 2014, and Bro. Caroll, Superior, St. George's College, Mussoorie presided as the Chief Guest. The Leaders promised to disburse their duties and responsibilities in the most proactive and diligent manner.. Apart from nurturing leadership skills, Bro. Caroll also emphasized on the values that one must inculcate. Honesty,









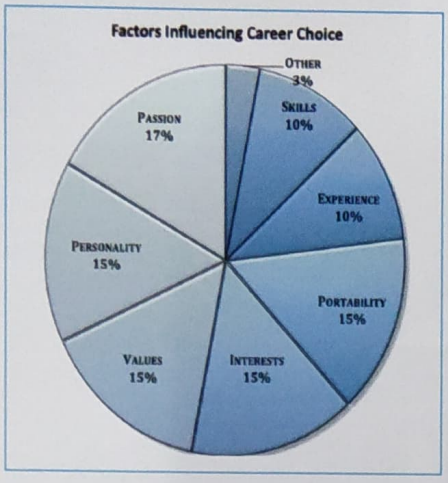


determination, wisdom, humility and aspirations were the words they needed to pay heed to. The event ended on a note of positivity and willingness, with the Head Boy, Gautam Sharma, promising to do the very best. The newly appointed leaders were ready to encounter all the challenges that came their way, receive criticism in the most humble manner, yet stand tall and uphold the dignity and integrity of the Council. They vouched that they would be the best Student Council, to be remembered on ages to come.

Being a leader is not about being liked, it's about doing what is right. Acceptance of responsibility is a reflection of our attitude and the Environment we operate in.



Father Lancey Rego's Career Counselling





"Success believes in fairness, kindness, dignity, integrity, honesty and patience".

The stepping stone for success is COUNSELING. Counseling of an individual or group reveals many hidden factors of an individual's personality like his caliber, attitude towards his life and most importantly how to deal unknown hurdles in the way of his success.

Why is Career Guidance required?

- Today there are innumerable career opportunities that you can pursue after your 10th, 12th and graduation.
- On one side you have the conventional careers like engineering, medicine, chartered accountancy, banking, law, psychology, designing and teaching; and on the other side you have new unconventional or offbeat careers like forensic accounting, mechatronics, chocolatier, environmentalist, social entrepreneurship, disk jockeying and sommelier.
- Career Guidance provides professional Career Counselling wherein we get in-depth knowledge and insight into all the careers.

This is the reason why our honorable Principal Sister Lucy D' Souza conducted a counseling session of class X, XI and XII with Father Lancy Rego.

Father Lancy Rego told us many secret "MANTRA" to achieve our goals. He helped us to know how to manage time a most important factor to be a successful person.

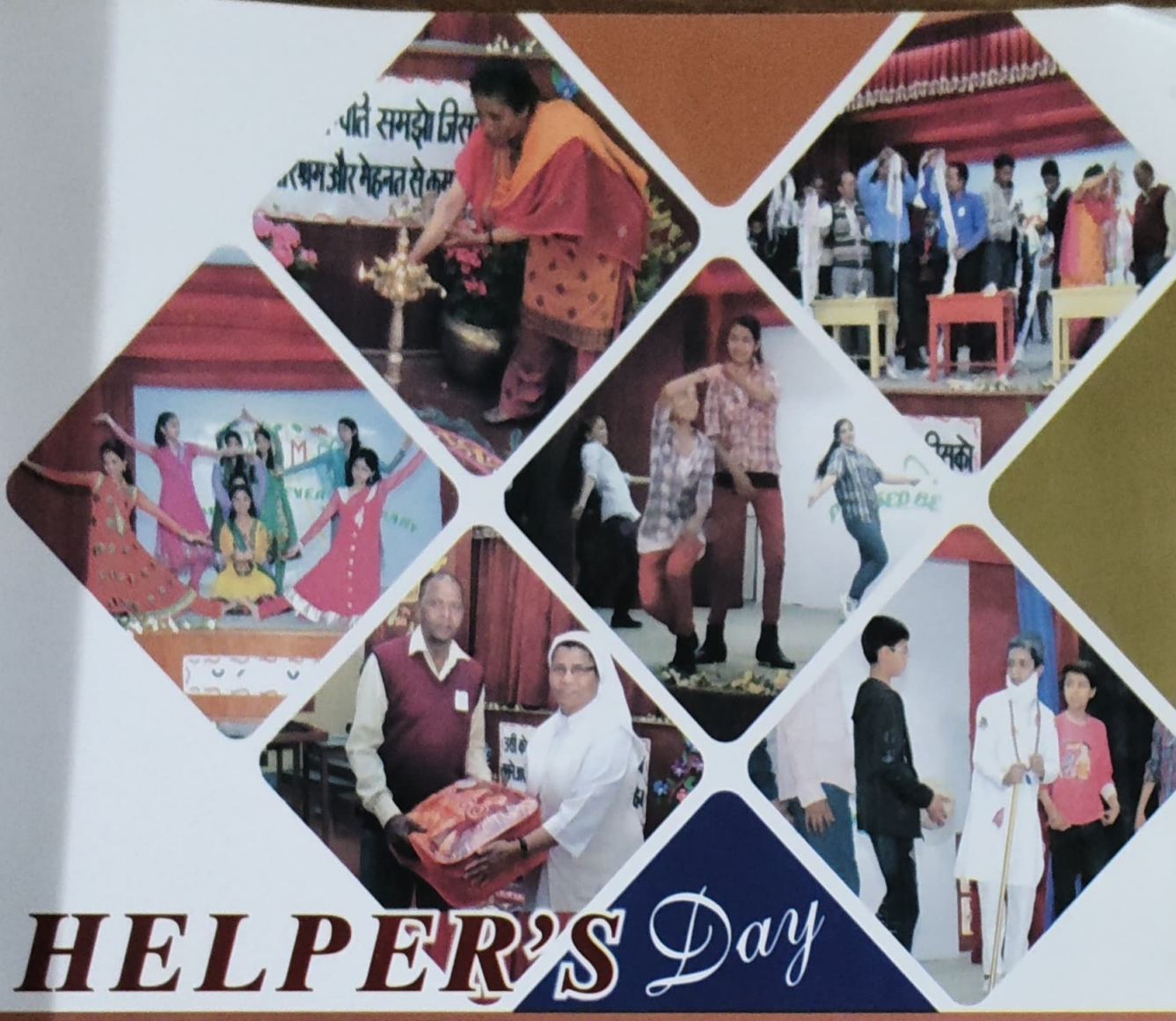
He told us the ways of effective studies. The session was really interesting and gave us confidence and courage to achieve our goals and be someone in life. Father also showed us many funny videos to keep us lively throughout the session.

But one thing is quite definite that only those of you who will work hard towards your studies, acquire new skills as you move along in life, involve yourself in cultural/sports activities and attempt to plan your life will be successful.

- Choosing the right career option or the appropriate course to your aptitude
- Identifying your values, aspirations and goals
- Scope of a course or a career that you are pursuing or planning to pursue in India or abroad

Let your imagination soar and plan your career such that it integrates your strengths, values and your hobbies. Success can be smoother in life for those people to whom work is not a chore but a joy.

Rakshit Singhal, XII



HELPER'S Day

Helpers Day was celebrated on 1st May, 2014 at CJM, Hampton Court. A day of rejuvenation and a day of remembrance that Dignity of Labour is the key to progress of every society. This is the day when the efforts and service of each helper is appreciated. These people lay their lives in the service of others and teach us a very valuable lesson that no work is demeaning and every work demands respect.

The students of classes 9th A and 9th B celebrated 'Helpers Day' with a lot of excitement and vigour. The programme began at 9:00 a.m. with the lighting of the ceremonial lamp by the Sisters Community and the Helpers of CJM Hampton Court. This was followed by felicitating them with a bouquet of flowers and welcome cards. A cultural bonanza was organized in their honour which began with a prayer dance. This was followed by a Hindi Skit called 'Rishwat Fund'. A bollywood dance mix was performed by the talented dancers of class IX. Some thrilling games were organized for the helpers which included 'Longest Tail', 'Bulls' Eye' and 'One Minute Please'.

As a token of appreciation the helpers were felicitated by our worthy Principal, Sister Lucy D' Souza with gifts.

The event ended on a fun-filled note that surrounded CJM, Hampton Court.





ANNUAL SCHOOL FETE

"Life is like a roller coaster, live it, be happy, enjoy life"

The biggest and the most important, long awaited activity of Hampton Court is the Annual Fete. This year our school fete was held on 10thM ay,2014.

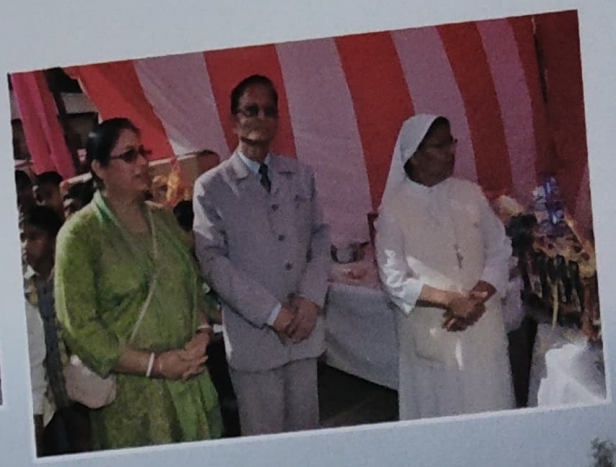
This year too there was excitement and thrill seen amongst the students and teachers who took an active part in making the fete a great success. The teachers worked on the invitation charts which were put up as posters in the town to invite the residents of Mussoorie.

The fete was inaugurated by Mrs. Saudamini Bhuiyan, Language Instructor, from Lal Bahadur Shastri National Academy, Mussoorie.

All the teachers had their individual game stalls which were decorated with colourful charts, streamers and balloons. There were different eating stalls serving Ice-Cream, South- Indian, Chinese, Cold-drinks, Vegetarian and Non-Vegetarian food.

The students, parents and visitors took part in playing the games with keen enthusiasm. The students of various schools were also invited for the school fete.









The main attraction of the fete was the Jam-Session. Our students and the Ex-students could not resist tapping their feet to the latest numbers played on the DJ.

The winners of the four main prizes were announced. It was a very successful event and the Co-operation of the Parents, Sisters, the Staff and students made this day a memorable one.

Inter House English DRAMATICS Competition

"It is not in the stars to hold our destiny but in ourselves"

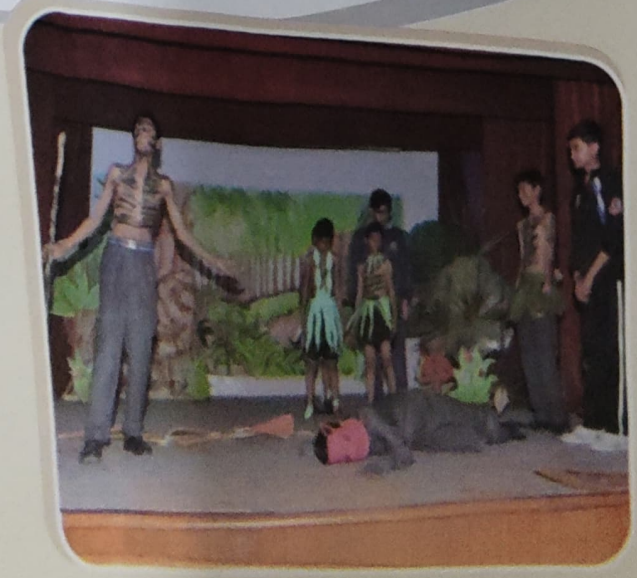
-William Shakespeare

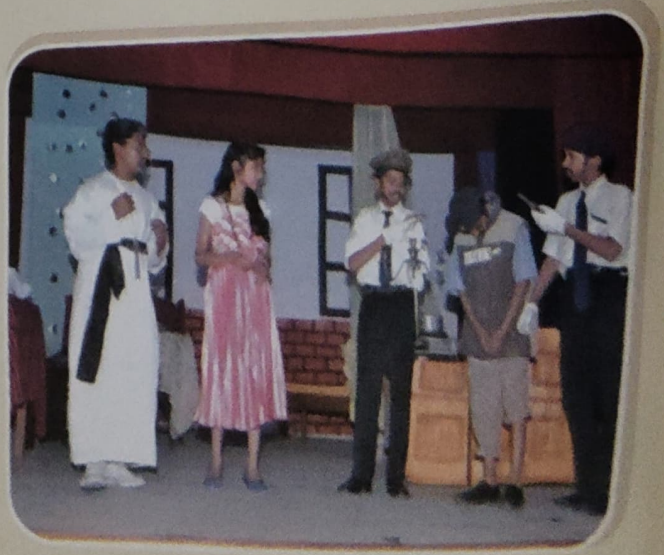




Inter house English Dramatics competition was held on 4th June, 2014-. Ms. RachnaTrivedi from St.Mary's, Meerut and Mr. Dhirendra Raturi from MPG College, Mussoorie,. were invited as to witness the Inter House Dramatics and judge the performances. This year the students of classes VI to VIII participated in the Inter house English Dramatics competition.

What was noteworthy were the authentic sets and the heartfelt performances by Yash Chetri of Encounter House and Prerna Anand of Encounter House who bagged the Best Actor and Best actress trophies. The judges were highly







impressed by the selection of the Plays, the innovative sets & sound effects. Every actor and actress really worked hard to make their acting natural and the drama look realistic.

The competition was well organized. All the participants performed with great zeal and enthusiasm.

Following were the results of the competition:

1st Position – Endeavour— "The Kabuliwallah"

2nd Position –Encounter— "Michael"

All the world's a stage,
And all the men and women merely players;
They have their exits and their entrances,









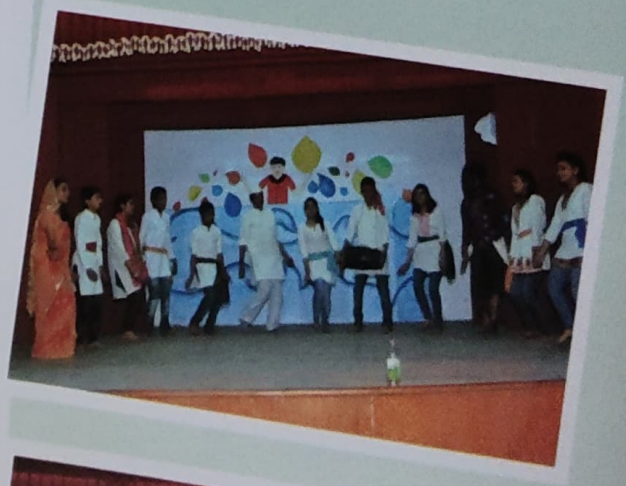
Inter House Hindi DRAMATICS Report

नाटक मानव मन के भावों को मनोरंजक तरीके से प्रस्तुत करने का एक सशक्त साधन है जिसमें नाटक का सूत्रधार अपने पात्रों की सहायता से समाज की किसी महत्वपूर्ण घटना या समस्या को उजागर तथा उसका समाधान दर्शा कर समाज को जाग्रत करने का कार्य करता है।सर्वोत्तम नाटक दर्शकों के मन–मस्तिष्क पर अपनी गहरी छाप छोड़ते है। ऐसे ही हमारे स्कूल के छात्र–छात्राओं ने स्कूल प्रागंण में नाटकों का मंचन किया। जिसका आरम्भ हमारे स्कूल की प्रधानाचार्या सिस्टर लूसी डिसूजा तथा तूलिका डायमंड द्वारा किया गया। इन नाटकों का मंचन स्कूल के चारों हाउस के छात्र–छात्राओं द्वारा किया गया।

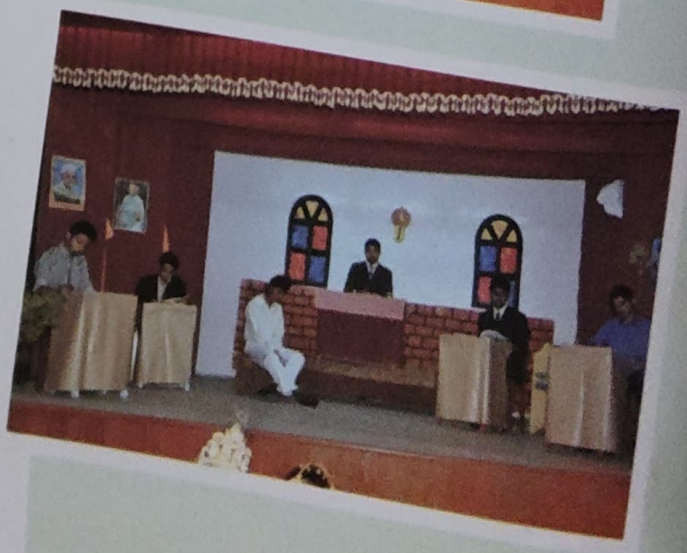
एंडेवर हाउस ने "भोलाराम का जीव", एन्काउन्टर हाउस ने "रीढ़ की हड्डी" एंटरप्राइज हाउस की ओर से" चतुरसेन की न्यायप्रणाली" तथा एंड्योरेंस हाउस की ओर से" पानी के रंग" नाटक प्रस्तुत किया गया।





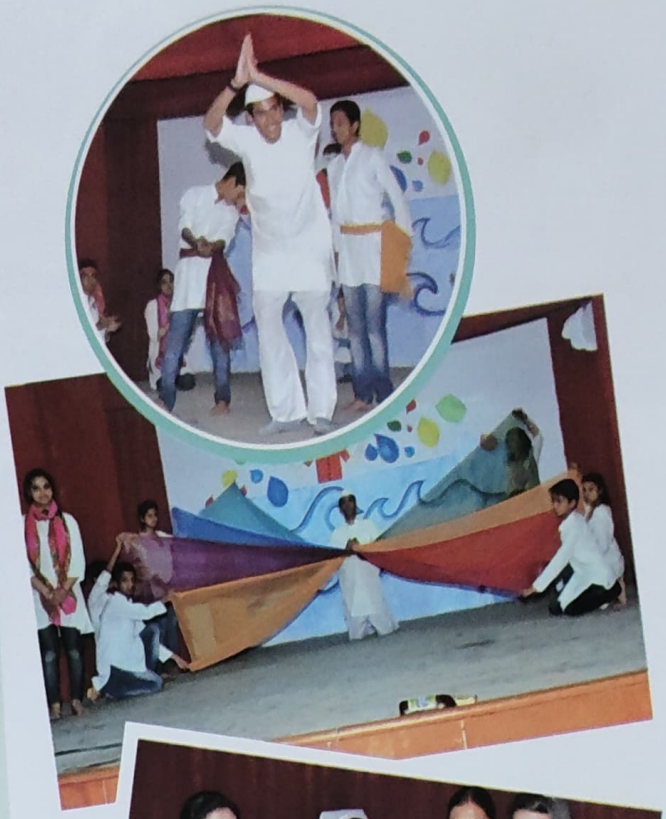






इन नाटकों के जरिए दहेज प्रथा, लिंग–भेद, भ्रष्टाचार, नशाखोरी आदि को दर्शाया। निर्णायक अतिथियों द्वारा सभी नाटकों को अच्छे से देखा और एंड्योरेंस हाउस के नाटक" पानी के रंग" की सरहाना करते हुए प्रथम पुरस्कार दिया और एंटरप्राइज हाउस के "चतुरसेन की न्यायाप्रणाली" तथा एन्काउन्टर हाउस के "रीढ़ की हड्डी" नाटक को द्वितीय पुरस्कार दिया गया।अभिनव बरमोला तथा मेघा थपलियाल को सर्वश्रेष्ठ अभिनय का पुरस्कार दिया गया।

अन्त में निर्णायक मन्डल के अतिथियों द्वारा नाटको तथा छात्रों के अभिनय कला की सरहाना की गई। इस प्रकार मुख्य अतिथियों को धन्यवाद देकर कार्यक्रम का समापन किया गया।

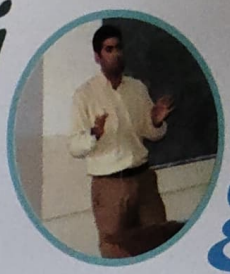








Orientation Program



The Visit of I.A.S. Officers from L.B.S.N.A. Academy

"Success is 1% inspiration is 99% perspiration."

The students of classes X, XI and XII had got the opportunity of meeting I.A.S. Officers who had come from LBSNAA (Lal Bahadur Shastri National Academy of Administration) to counsel the students.

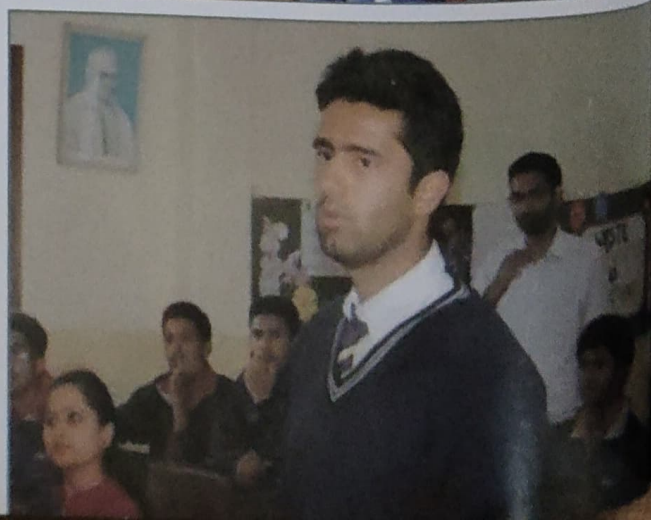
Students interacted with them regarding their career choices and streams to be taken. It was inspiring and motivating to learn about their success. They shared their experience regarding their school-life, dilemmas which they had faced during their career options. Students asked them questions regarding the streams to be taken after Class12th and the procedure required for becoming an I.A.S. Officer. They told us many inspiring stories and tips to live up to our dreams and achieve them. Students asked them questions regarding their life experience and some mantras to overcome the weaknesses which prevent them from achieving their goals. They instructed us regarding time management and to plan a career which suits our aptitude. They also prevented the students from choosing a career under the pressure of their parents. Altogether we had a great experience with them and got a lot to learn from them. We would like to thank our Principal Sister Lucy D' Souza for organizing such a great event and all the Officers for sharing their valuable time with us.

Shivani Dangwal, XII













Sister Provincial Visit

"The purpose of Life is to listen, to yourself, to your neighbour, to your world and to God and when the time comes, to respond in as helpful a way, as you can find, from within and without."

Sister Rosely Joseph, Provincial Superior and Sister JosnaFernandes Provincial Bursar visited CJM Hampton Court onthe 20th and 21st August, 2014.

The CJM family was honoured by their presence. They were welcomed on behalf of our honourable Principal Sister Lucy D' Souza and the entire CJM family by Ms.NanditaChakraborty and Mr.Neeraj Sharma followed by the presentation of a bouquet of flowers and a shawl each as a token of love.

A short cultural programme was organized by the Junior School in their honour. The theme chosen was nature and environment. The programme began with the ritual of lighting of the ceremonial lamp alongwith an opening song 'A Beautiful Day'.

An action song based on the famous legend 'Noah's Arc', commenced the programme. To name a few items performed were the musical Rhymes by classes LKG & UKG, followed by an action song. 'It's a small world'. 'Touch The Stars' was another action song. Ballroom Dance was performed on the song 'Beautiful Sunday'. To spread peace and harmony children of class IV-B danced of the famous song 'Heal the World'.

Sister RoselyJoseph addressed the entire gathering and praised the performance of the junior school students and appreciated the hard work put in by the junior staff to train the students with such confidence. The programme summed up with a vote of thanks proposed by Ms. Geetanjali who expressed joy and gratitude to the honourable Sisters on behalf of our honourable Principal Sister Lucy D' Souza and the entire CJM family.It was indeed a great day for CJM Hampton Court to have amidst them such esteemed guests and the moment will always be cherished in the years to come. We must remember

"The desire accomplished is sweet to the soul".











Kaleidoscope

Talent Show

- Senior School

I really believe that everyone has a Talent, Ability, or Skill that he can mine to support him and to succeed in life.



Kaleidoscope is a mélange of competitions. It is a display of creativity. Each student of classes VI - XII exhibited their talent in the area of their choice. This year there were 19 categories of competitions. Kaleidoscope is our way of appreciating and applauding our students' talents. The Chief Guests for the event were Ms. Smriti Hari, a social worker, who was the member of Lions Club, Mussoorie and Ms Praveena Satpati, Scientist from ITM, Mussoorie. The children actively participated in the Kaleidoscope. The Kaleidoscope attractions were Mehandi Application, Innovative Dressing, Flower arrangement, Dry Salad, Ad- world, Fresh Salad, Glass painting, Gift wrapping. Co-curricular activities open the door for talent and creativity for the students. Our Principal Sister Lucy D' Souza gave away the prizes to the winners of the different categories.

Your Talent is God's gift to you. What you do with it is your gift back to god. Talent is something rare and beautiful and precious, and it must not be wasted.









Talent Show

- Junior School

On 23rd August the entire junior school was full of excitement and enthusiasm to participate in the talent show. The School Hall was packed with parents of the students of classes L.K.G. – IV. The environment too, seemed to celebrate our activity with a bright sun shine.

The Chief Guest for the occasion was Mr. Azad Singh, Scientist 'C' from NICTU, Lal Bahadur Shastri National Academy of Administration, Mussoorie. The theme chosen for the event was nature and environment.

The Chief Guest and the audience were warmly welcomed by Ms. Neeta Rawat. The programme began with the lighting of the ceremonial lamp along with the inaugural song 'A Beautiful Day'. Each class performed with their utmost effort.

L.K.G. and U.K.G. outshined on the stage with their musical rhymes with rhythm and co-ordination.

Class I performed two beautiful action songs with steps of dance, It's a small world' and If I were'.

Class II – A had a short skit with action song based on the legendry story 'Noah's Arc'. It reminded everyone of how the Arc was saved.

Class II – B enhanced the show by paying tribute to their Mother Earth through their action song 'Mother Earth'. They also intended to reach the stars through their song 'Touch the stars'.

Class – III performed two dances. One on the song 'La LaLa' by Shakeera and the other on the song 'Rain over me'.

The students of class IV – A performed a beautiful Ballroom dance on the song 'Beautiful Sunday' by Daniel Boon.

Lastly Class IV – B danced on the song 'Heal the world' spreading peace and harmony.

At the end of the programme the Chief Guest Mr. Azad Singh addressed the audience where he spoke of his old memories when his son studied in CJM Hampton Court. He praised the performance and the confidence of the students on the stage and encouraged them to take part in activities. He explained the importance of public appearance in the long run for personality development. He thanked Sister Lucy for giving him this great opportunity to witness this great show.

The programme came to an end with the Vote of thanks proposed by Ms. Geetanjali. We thank our Principal Sr. Lucy D' Souza and Sr. Susie for initiating the junior staff to put up a talent show which was appreciated by the parents and guests.







Environment Day

When we heal our Earth, we heal ourselves.

World Environment Day (WED) is celebrated every year on June 5 to raise global awareness to take positive environmental action to protect nature and the planet Earth. It is run by the United Nations Environment Programme.

The 2014 theme for World Environment Day focussed on 'Small Islands and Climate Change', and the official slogan for the year 2014 is '**Raise Your Voice Not The Sea Level**'. ClassXII presented a short skit to bring in awareness along with a Power- Point Presentation. The urgency to help protect the islands in the face of growing risks and vulnerabilities, particularly as a result of climate change. We believe WED will be an excellent opportunity to raise a call for solidarity with the islands.

"Planet Earth is our shared island,

let us join forces to protect it."

I LOVE MY ENVIRONMENT

"Nature gives us many things.

But we are giving harm to it".

We perform various unpleasant activities with Nature. We make many machines like the AC's which give out gases which are harmful for it. We cut trees and make things which are good for us. But we don't think about nature. We create different kinds of pollution like – Noise pollution, land pollution, water pollution etc.

Pollution is a mixture of harmful substances in soil, water, air etc. Some of them use the florescent lamp. We are using vehicles for our convenience but what about nature. There is a layer of gas, called the 'O' Zone layer, in the atmosphere. These vehicles release harmful substances which make a hole in this layer. The ultra violet rays directly come inside the earth and cause many skin diseases.

To prevent this we should stop the use of substances which are harmful for our earth.

Raise Your Voice Not The Sea Level.

Shubham Sharma, VI B









On 22nd July, 2014 Foundress Day Celebration commenced with the class assemblies from classes VI to XII and each assembly was based on the values of our Mother Foundress St. Claudine Thevenet.

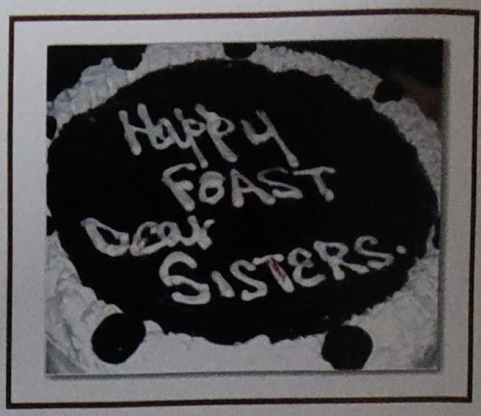
Class VI	:	Kindness and Generosity
Class VII	:	For all I Trust in him
Class VIII	:	The Power of Forgiveness
Class IX	:	Fruits of the Spirit
Class X	:	Gratitude towards mankind
Class XI	:	We feel your presence
Class XII	:	Let Your Heart Glow

FOUNDRESS DAY ASSEMBLIES

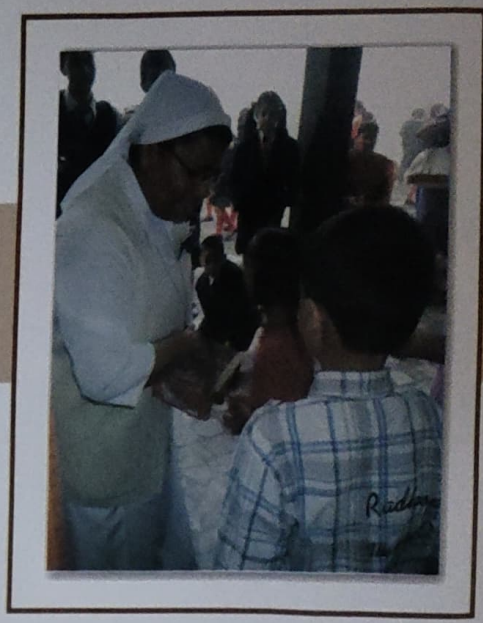
"Faith is taking the first step even when you don't see the whole staircase"



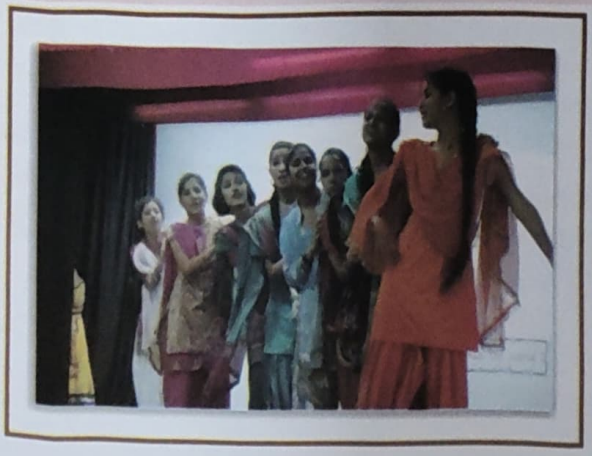




FOUNDRESS DAY



"In my deepest, darkest moments, what really got me through was a prayer. Sometimes my prayer was 'Help me.' Sometimes a prayer was 'Thank you.' What I've discovered is that intimate connection and communication with my creator will always get me through because I know my support, my help, is just a prayer away".







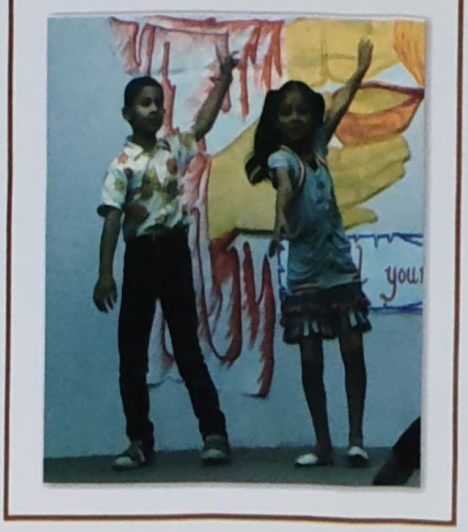




On 31st July the Foundress Day programme commenced with the lighting of Lamp by our Principal Sister Lucy D' Souza along with the other Sisters of the Community. There was a prayer service which included Bible reading and the Teachers prayed for our Sisters' good health and prosperity.

Then students performed a welcome dance and other dances. All the the teachers and the students sang the "Happy Feast Day Song" and wished our dear Sisters. A short skit was staged to highlight the value of Compassion.

Our Principal Sister Lucy D' Souza gave a short message and wished the entire school a very Happy Feast Day.





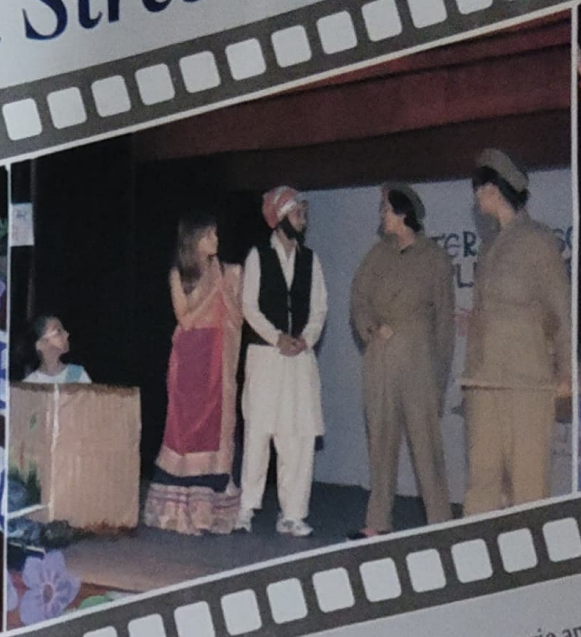


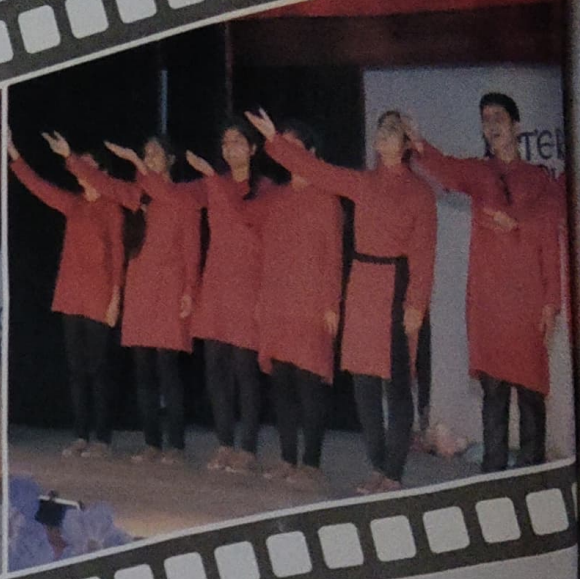




CJM Inter-School Hindi Street Play Competition





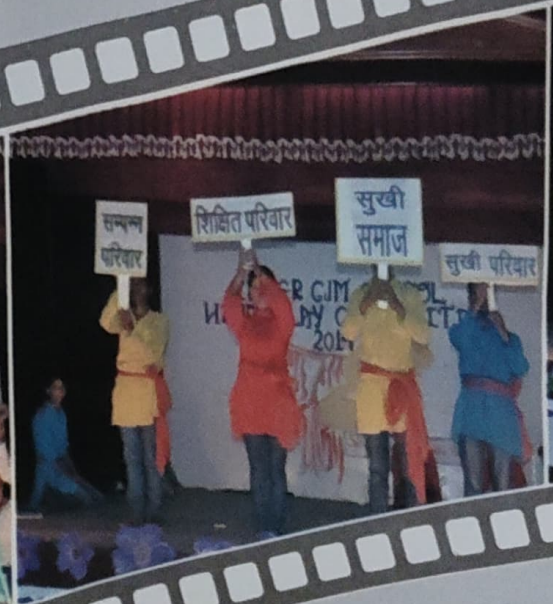


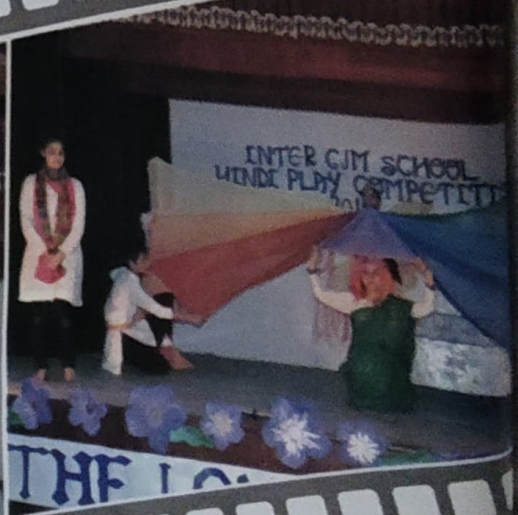
Life's like a play: it's not the length, but the excellence of the acting that matters.

It is always an excited experience for all the children of CJM Hampton to look forward to CJM, Inter School Competitions. In this competition, five Schools had participated including the Host school. They were CJM, Waverly, Mussoorie, CJM, Dehradun, St. Agnes, Dehradun and St. Lawrence, Musssoorie. Mrs. MadhuKala, PGT, Hindi, St. George's College, Mussoorie and Mrs. Meena Rauthan, Sr. Hindi Teacher of St. Lawrence School were the judges for the activities. The Winner Trophy was bagged by CJM, Hampton Court, Mussoorie and the Runners Up was CJM, Dehradun. The best actor and actress were from St. Agnes, Dehradun. The best drama Trophy was bagged jointly by CJM, Hampton Court, Mussoorie and St. Agnes, Dehradun.

The whole world is a theatre, and the people in it - the actors.











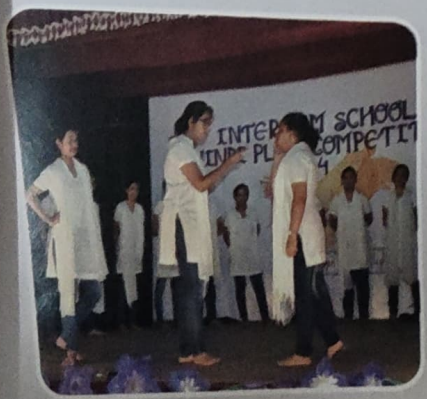


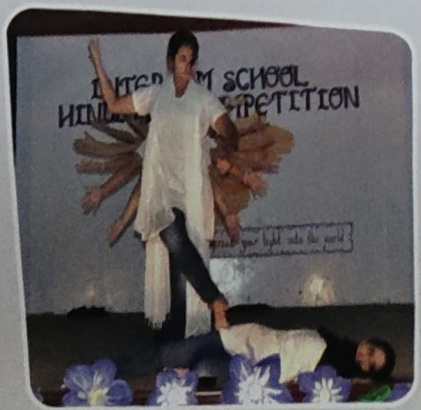






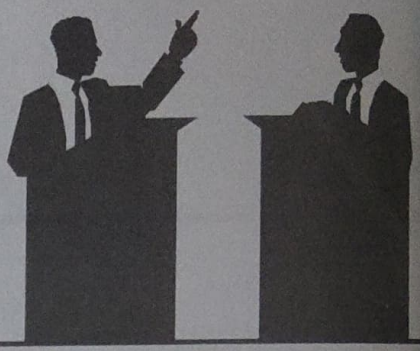








Inter House DEBATE & CLAMATION















To be a leader in any field, academic or otherwise, one needs to be well-spoken. Mastering the art of speech involves mastering all of the arts. Those trained to speak well possess sharper memories, better writing skills, and more expansive areas of expertise. Activities such as these assure that students learn to speak clearly with confidence which is a crucial ingredient to become an eloquent speaker in practice.

By participating in a debate & declamation students learn the art of persuasion. Research has shown that participation in debates increases students' academic performance and increases their chances of earning a college degree. Students benefit from preparing for debates by honing their research skills. Students also benefit from the experience of speaking in public.

On the 8th August, 2014, the students of Classes VII and VIII participated in the Declamation Competition to orate the speeches of eminent personalities. The students of classes IX to XII participated in the Debate. The Topic for the Debate was **"Modern Living has led to the present environmental crisis"**

Each participant showed a spark of enthusiasm while stating his arguments for or against the topic on the floor.

The judges for the Competition were Father Damasis and Sir B. S. Rawat.

Prerna Anand of Encounter House was adjudged the best speaker for Declamation and Raghav Bahuguna of Encounter House bagged the Best Speaker trophy for Debate. The Winner House was Endurance House and Runners-Up was the Encounter House.









INDEPENDENCE DAY

"At the stroke of the midnight hour, when the world sleeps,
India will awake to life and freedom.
A moment comes, which comes but rarely in history,
when we step out from the old to the new, when an age ends
and when the soul of a nation long suppressed find utterance"

These were the words said by **Pt. Jawaharlal Nehru** on the eve of India's Independence. We pay homage to countless freedom fighters as we celebrate the **67th Independence Day**. The students of our school were filled with patriotism and love for the country. Class VI presented a mélange of patriotic activities which created an atmosphere of national pride. Children were dressed up in saffron, white and green colours. The programme started with the unfurling of the tri colour flag by our school Principal, Sr. Lucy D' Souza.



This was followed by a colourful presentation of cultural events. A skit was also presented by the students of Class VI. The play traced the atrocities and difficult times faced by our countrymen before India finally won freedom at midnight on August 15, 1947.



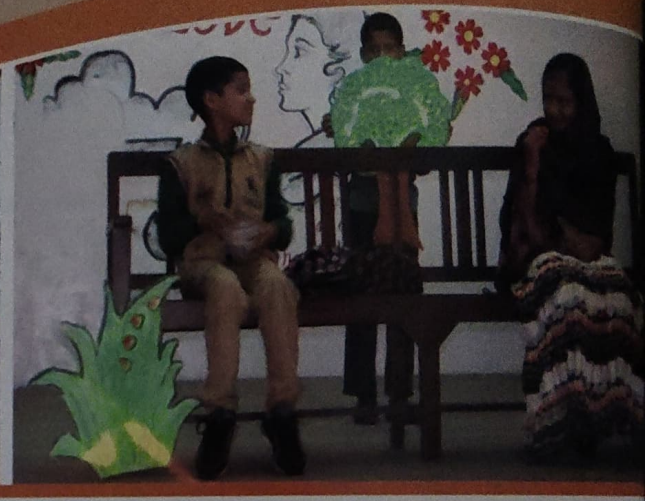
Thousands laid down their lives, so that our country could breathe freedom. We must never forget their sacrifices.





Dina's Day





"God is my strength and power and he maketh my way perfect"

The above said words were very true to Dina Belanger. Since her childhood she had an over powering love for Jesus. Her each and every deed was done to please God. She knew that God had been her love and nothing could take this away from her. She spread the love of God through her life even in the hardest times.

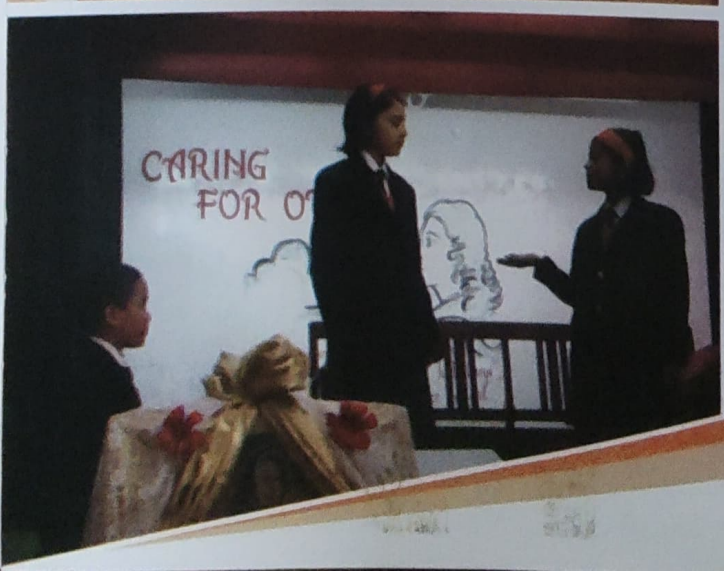
Like every year, this year too we celebrated Dina's day with the class assemblies from classes I to V. Each class staged their assemblies based on the values like Generosity, Smile is the key to happiness, Care for others etc. Through these skits students brought forward the importance of values in the character building of every human being.

The concluding assembly was on 4th September by the students of class V, with at a beautiful song, whose lyrics described Dina's journey from her birth to sainthood.

"Faith is not the belief that God will do what you want. It is the belief that God will do what is right."









Happy Birthday Sister Susie



On the 4th September 2014, CJM Hampton Court celebrated the Birthday of one of the most special person of the institution and that's none other than Sister Susie.

The programme began with a special prayer for Sister Susie and her family by Ms. Nandini. We always see Sister Susie, working with a vision and her this quality is an inspiration for each one of us. She shows concern for each one of us and will always remain a special person in our hearts.

To quote a few words;

'Like a fresh dewdrop of a new day
May Gods loving hands be upon you
To freshen your soul and Body'.

The whole school sang a birthday greeting. May the Almighty Lord, warm her heart and never depart for all year round and the years ahead.

There was a power point presentation set up by Mr. Kuldeep, which revived old memories of Sister Susie and all associated with the school.

The entire CJM family was very excited to participate in the celebration. Sister Susie addressed the school to thank them for making her feel so special and touching her heart.

'Birthdays give the opportunities to stop and appreciate all the beautiful things we have been blessed with.







Teachers' Day was celebrated with much enthusiasm in CJM, Hampton Court, Mussoorie. Our school scheduled the day with regular programmes and felicitation ceremonies to honour the teachers and what made the day very special this year was the Prime Minister's interaction with the students. Almost all the students witnessed the interaction without any technical

"As a general rule, teachers teach more by what they are, than by what they say."





















glitches. The students were enthralled listening to Prime Minister Narender Modi's speech.

The School wore a festive look as the students made elaborate arrangements for the function to thank their teachers. The students had kept a surprise waiting for the teachers who entered the Old Hall for the programme. Many games were organized and the teachers won many prizes.

"A gifted teacher is not only prepared to meet the needs of today's child, but is also prepared to foresee the hopes and dreams in every child's future."

Khushboo Negi (Head Girl)



Speech on Teacher's Day (5th September, 2014)

By

Shri Narendra Modi

HON'BLE PRIME MINISTER OF INDIA

RAGHAV A. BIJALWAN, X

The speech was very motivational, inspirational and very exciting. The topics he laid stress were, the role of Teacher and Girl education. The speech began with the question that – ***"Why now the students do not want to become a teacher?"*** This was a very direct and correct question asked by him.

The speech laid stress on the main topics raised by the people now days. The topics raised were: To build toilets for girls in every school, and to educate girl child and to make a new relationship between a teacher and a student. He also laid stress on climate change. This was a very good way to interact with the students. This was the first time ever a Prime Minister interacted with the students all over the country.

In his speech he, mentioned the importance of a teacher. Mr. Modi said that earlier in the villages, teachers were respected and were considered to be on a high rank. Teachers were the heroes for students. I appreciated this statement the most. But I'm sad, that this is not the case now. He laid stress on sports, that sports play an important role in one's life. He requested every student to read Biographies, Autobiographies of great people, as a source of inspiration. He said that ***"As a Student, we should have a dream. We should dream to do something, but not to become someone. We should be ambitious. If we are determined, we'll succeed."***

He said that experience teaches everyone. Teachers and experiences have importance in our lives. Experience is the biggest teacher in life. Many questions were asked by the students. One of the questions asked was that, "What have you got from this interaction. What profit did you get?" He answered, ***"I have not done this because of any profit. I would not have interacted, if I wanted something from you."***

He related some stories of his childhood. He said that one should be naughty but not too much. ***"If there is no games, no naughtiness, there is no childhood. The world and life is not within books, computers or within home but life and world are big"***. He said that think about your family and their problems. Think that the whole nation is a family. He spoke about climate change and mentioned that the climate and environment are not changing but that we are changing. We should get close to nature.

Mr. Modi's words were very simple and very inspirational. I will remember his words in my life.

KHUSHBOO NEGI (HEAD GIRL), XII

"Politics should not be opted as a profession; rather it should be a service to humanity."

On the 5th September 2014. India was addressed by the Prime Minister, Mr. Narendra Modi. It was a wonderful experience the country had, to listen to the views of the Prime Minister.

During his speech he requested the students and the children, not to lose their childhood. We all should keep the child within us alive. The girl child must be given true importance as according to Mahatma Gandhi, ***"if we educate a boy, we educate a family, but if we educate a girl, we educate two families, her own and her in-laws"***. How beautiful are these thoughts to motivate a girl child for education.

Provision of separate toilets for the girl child will bring in the hike of girls wanting to be educated and add in *"Women Empowerment."*

I could see a patient and far-sighted visionary Prime Minister, who wanted to bring change for the betterment of the citizens of India. He said that he took India as his family and the citizens as the family members; hence working for them was not painful as a Prime Minister. He promised that, if people worked for 12 hours, then he would work for 13 hours.

This motivational spirit of the Prime Minister, was a commendable one. His listening to the questions of students and then answering them in a promising manner was very appreciating.

He also gave us suggestions as to how students could step-up to minimize Global Warming, Electricity shortage etc. I conclude by saying that:

"If we have such a leader I am sure India will be a dream land".



Sr. Lucy's Birthday

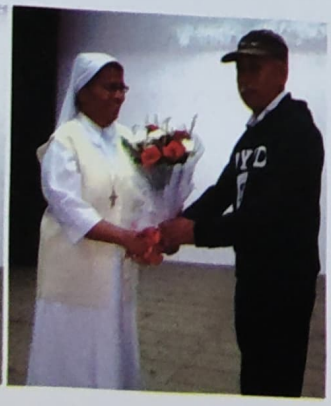
"The more you praise and celebrate your life, the more there is in life to celebrate"

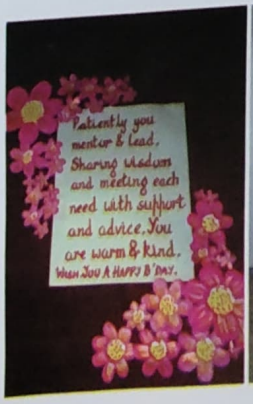
On 26th September,2014, CJM, Hampton Court, celebrated our Principal Sr. Lucy's birthday. There was a short programme organised by the students.

Sister's show of compassion and concern for the students and the staff makes her a Special person. May God grant her peace of mind and good health to face all the challenges of life. Every year on your birthday, you get a chance to start new.

May our loving Sister live a long life full of gladness and health.

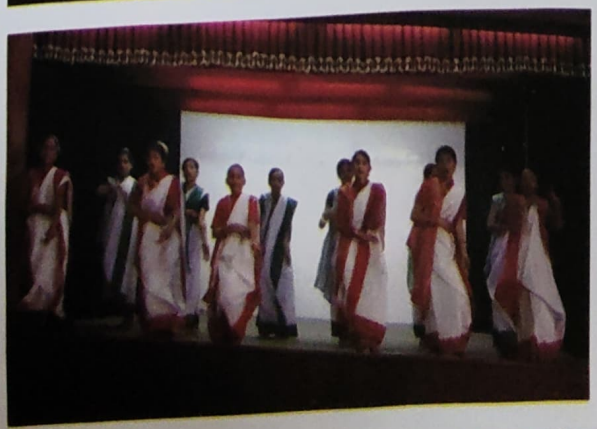








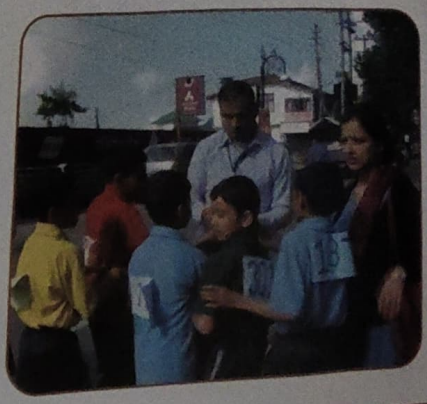




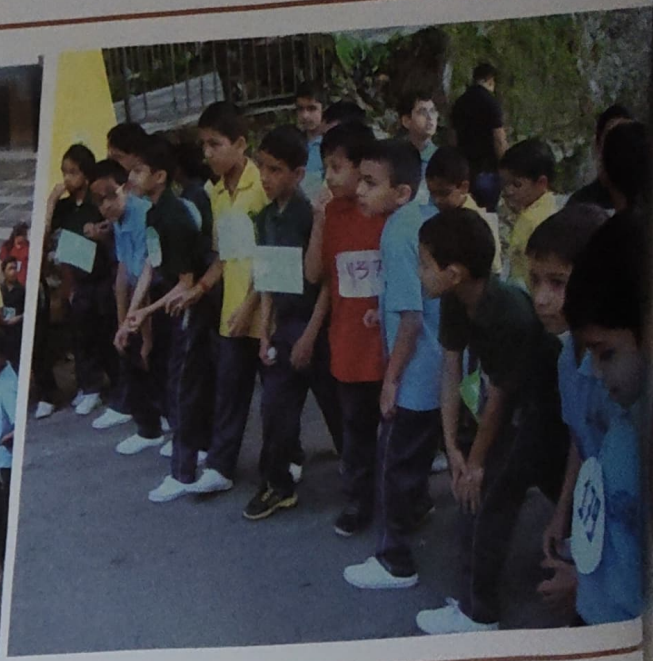
MARATHON















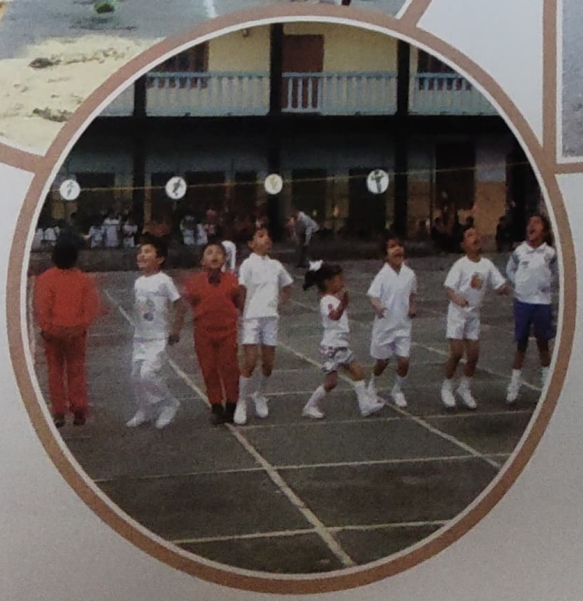


Track & Field Events

"When you've got something to prove,
There's nothing greater than a challenge"







On the 29th September 2014, the students participated in the Track and Field events.

A variety of running events are held on the track which fall into three broad distance categories. Relay races feature teams comprising four runners each, who must pass a baton to their team-mate after a specified distance with the aim of being the first team to finish.

The Track & Field meets provide an outstanding opportunity for children to become committed to a physical fitness activity .The Chief Guest for the Event was Mr. Jeevan Pandey, from CJM, Hampton Court, Mussoorie.

Parents of the participants were invited and they felt pride in giving away Certificates and medals to the athletes.

Mr. Jeevan Pandey addressed the students that they must also keep mental and physical fitness their priority.

"Persistence can change failure into extraordinary achievement."





Art, Craft, Science & Value Education
Exhibition

"The value of experience is not in seeing much, but in seeing wisely."

The exhibition was held to provide a platform for children to display their talent. "Such displays boost the confidence of the students when they get appreciation for their creative talent.

At CJM Hampton Court, art and craft is well integrated into our curriculum so as to develop our students' creativity. The Art and Craft Exhibition is a very important event, wherein our children are encouraged to showcase their creativity by displaying their art and craft projects, which are prepared throughout the year. This year, the Art and Craft Exhibition was held on 28 th October, 2014. The Chief Guest for the occasion was Mrs.Madhu Simon, Principal, Mussoorie Girls and Boys School, Mussoorie.

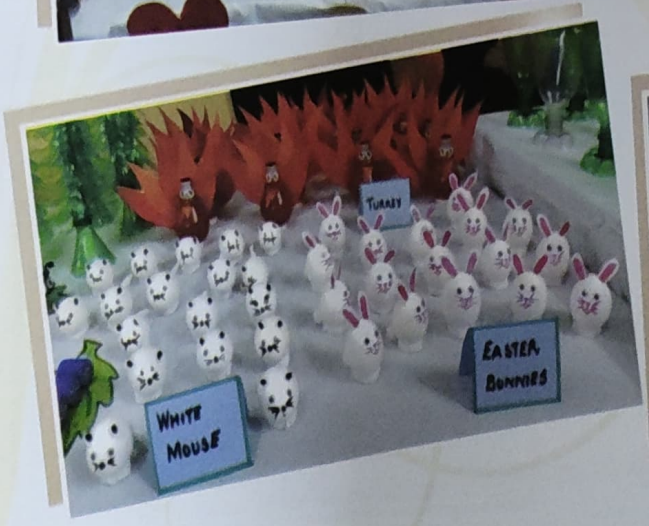
Science students put up interesting shows for the guests. It is truly an exhilarating experience.

Going through the exhibits at the school, Mrs.Madhu Simon, Principal, Mussoorie Girls and Boys School, Mussoorie, appreciated the students and the teachers for the effort taken.

The only way to do great work is to love what you do.

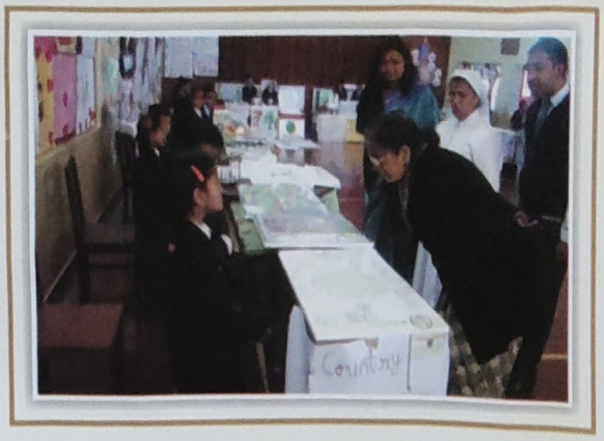



















ART &
CRAFT
EXHIBITION


PLANT TREES
SAVE ENVIRONMENT
EXCUSE ME
PLEASE
THANKS
WOW
SORRY



Sports Day



"Physical fitness is not only one of the most important key to a healthy body; it is the basis of a dynamic and creative intellectual activity."

The CJM Hampton Court Sports Day was held on 10th October 2014. Mr.Jayant Singh, Deputy. Director (Sr.) was the Chief Guest for the occasion.

"We cannot command nature, except by obeying it"

Be wise for Greenery to rise was the Theme for the year 2014.

The students of Classes KG to Class V were with different banners to bring in awareness about the environment.

The march past array was unique and solemn. The colourful PT drill displays, March Past and the Grand Finale were the highlights of the day. The Enterprise house was





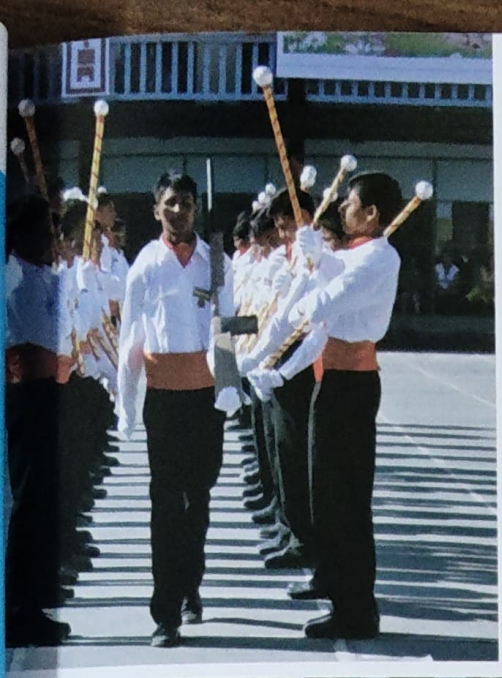






adjudged "Champion House". The March Past trophy was bagged by the Enterprise house and the Runners- Up was the Endeavour House.

Strength does not come from physical activity. It comes from indomitable will.
















HUMANITY
UNITES









Alumni Meet (Reunion)

The Annual General Body meeting of Alumni association was held on 1st October 2014, at CJM Hampton Court, Mussoorie. The meeting was presided over by the Principal Sr. Lucy D'Souza, CJM Hampton Court, Mussoorie. It was attended by the Association's office bearers and founder members. The meeting commenced with the lighting of the ceremonial lamp and prayer hymn. The Association members were welcomed by the coordinator of Alumni Association, Ms. Rekha Singh. The Principal Sr. Lucy D' Souza in her speech appreciated the enthusiasm of the ex-students in the formation of Alumni Association and carrying it forward successfully.

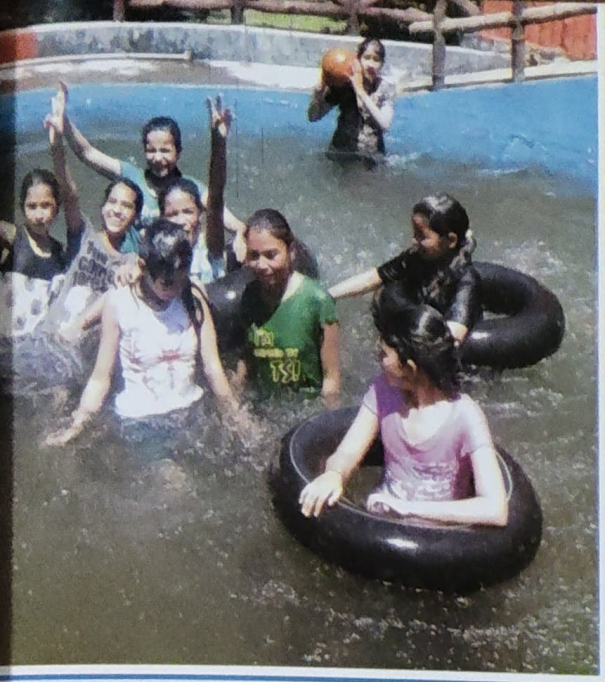


The other speakers during the meeting were Mr. Ramesh Mittal and Dr. Ravi Verma. Mr. SuneetSethi read out the minutes of the meeting of Alumni Associations 2013. Mr. Manish Agarwal, the treasurer of the Alumni Association had instituted the scholarship of Rs. 2000 and a trophy in the name of his late mother, who was very creative and talented. So, this trophy would go to the most talented student of the ISC batch 2015. Mr. Ajay Ramola also instituted a Scholarship in the name of his late father, who was very fond of Science and Environment. So this trophy would be awarded to the student, who will be the Topper of the Science Stream in the ISC 2015 batch.



The meeting was attended by a few students of the 2014 batch. Some of the students filled the form for the life time membership of the Alumni Association. The MOU was signed by the Principal Sr. Lucy D' Souza, Mr. Ramesh Mittal, President of Alumni Association, Ms. Anna Dilawar and Ms. Rekha Singh, Coordinator of the Alumni Association and the other officer bearers of the Association.







Trip to Kunjagrant

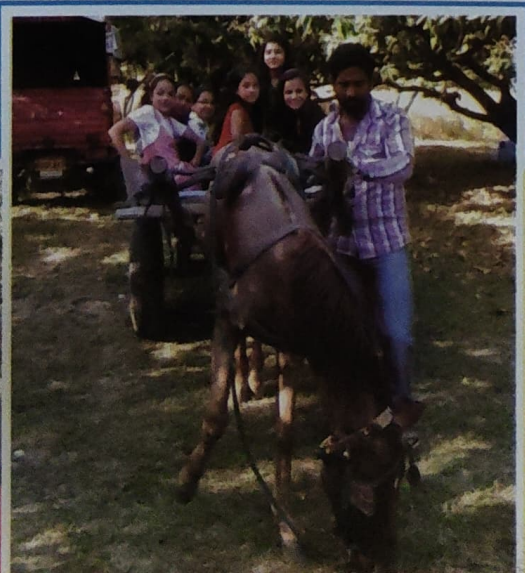
The students of Class VII went to Canberry Acres in a village called Kunja Grant which is situated in Uttarakhand. We boarded our bus at 07:30 a.m. We were accompanied by Sir Rawat and Ms. Shalini. We were anxious and excited to find out how the place would be? We reached our destination at 10:30 a.m. and were welcomed by the Owner of Kunja Grant Mr. Manmohan Bhatt. We were allotted our rooms where we refreshed ourselves and went to the Dining Hall to have our breakfast. Then the owner of Canberry Acres Mr. Manmohan introduced himself and the helpers Rajo Didi, Suraj Bhaiy, Phool Singh Bhaiya and Prakash Bhaiya and Ms. Khyati. Then Mr. Manmohan asked any two clever children to stand up to volunteer. Poonam stood up on behalf of the girls and Shivank for the Boys. Poonam became the captain of team A and Shivank of team B. We were then taken to an open area where we were going play our first game called passing the ball. Team B won the game by one player. Afterwards we went to the basketball court where we played and Team A won by 4 – 0 then we played the King and Queen in which Kartikey and Mansi won the game. After that Mr. Manmohan instructed the girls to swim in the pool while the boys played on the spider's web, parallel ropes and beamer- bridge.

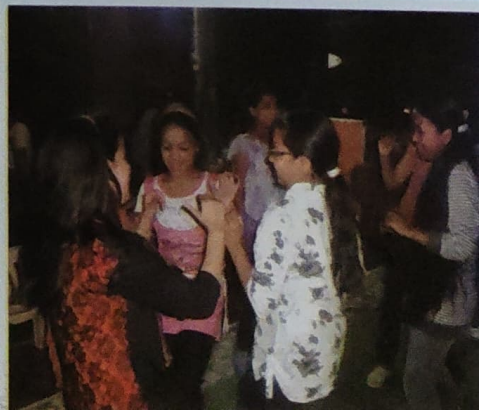
After a rest of half an hour we got dressed in our swimming trunks and went for a dip in the pool. Half an hour later we left the pool and got dressed up for a horse-cart ride. Everybody had fun in the horse-cart ride. The name of the horse was Sultan and Badal. We used our free time in playing chess, table-tennis and dancing. Some went on swings and see-saws. Later, we had our dinner.

Everybody went into their rooms to have a good sleep. We woke up at 07:00 a.m. in the morning and had a quick breakfast after which we were taken for a tractor ride. There wasn't enough room in the trolley of the tractor but we all managed to fit in. The tractor took us, round the village and Mr. Manmohan sir told the driver to take us to a river for river crossing. After river crossing we returned and started swimming. We had our lunch and went to see the dairy farm. There we saw goats and cows. Though everybody had a great time we were all looking forward to go back home. We boarded the bus and after a pleasant drive, we reached school at 05:00 p.m. We would like to thank Sister Lucy, Sir Rawat and Ms. Shalini for such a wonderful trip.

K.S. Kartikeya









Trip to Amritsar

Bhawna Jhangra, XI

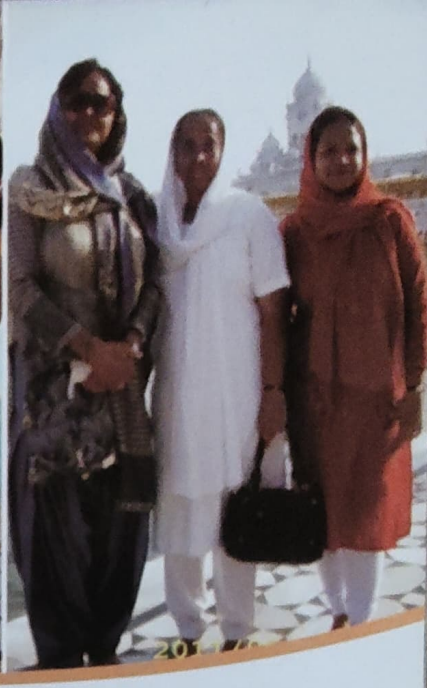
There are no end to the adventures in life, as the world is full of beauty, charm and learning.

There was a trip to Amritsar organized by our Principal Sister Lucy D' Souza for classes VIII, IX and XI. The tour was on 15th October and we all departed from Mussoorie at 04:30 p.m. by bus and reached Dehradun by 06:15 p.m. Our train was to be boarded at 07:30 p.m. We departed from Dehradun at 07:30 p.m. and reached Amritsar at 07:15 a.m. After reaching Amritsar we checked in a hotel and had our breakfast and relaxed for a while. After relaxing we had our lunch and we left for seeing the Wagha Border at 01:30p.m.. We reached Wagha Border and witnessed the ceremonial retreat at Wagha Border. After returning from Wagha Border we had snacks and got ready for a jam session. W enjoyed a lot in the jam session.

The next day we had our breakfast and visited the JallianwalaBagh and Golden Temple. We first visited the JallianwalaBagh and saw the historical lane through which General Dyer entered the Bagh with his soldiers to kill the people. We saw the well in which the people jumped in to save their lives. We saw the museum in which there were pictures of the people who were killed in the Bagh including some of our Indian leaders. We visited the famous Golden Temple, which is the world famous Gurudwara. The main temple in surrounded by water, which adds a wonderful view to the temple. After visiting the Golden Temple we went for shopping through the local markets of Amritsar. After dinner we packed our luggage and left for the railway station. We left Amritsar at 10:40 p.m. and reached Mussoorie at 12:15 p.m. We enjoyed a lot in Amritsar and on behalf of all the students I would like to thank Sr. Susie and all the teachers who accompanied us and took care. A word of thank to Sister Lucy D' Souza for organizing such an educational and enjoyable tour for us.







Prerna Anand, VIII

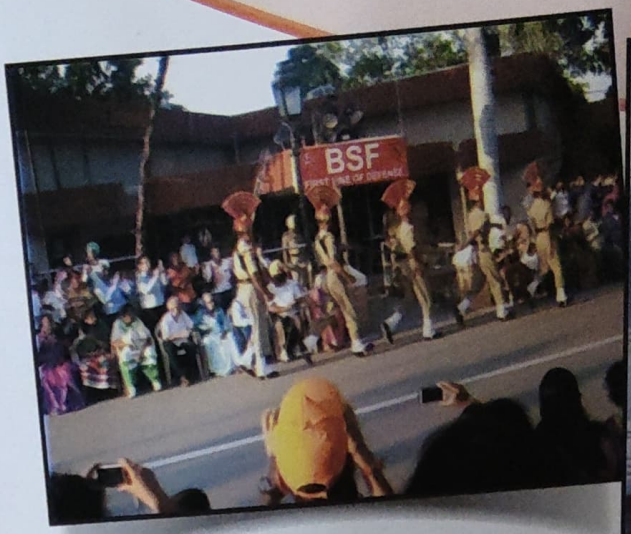
"The World is a book, and those who do not travel read only a page".

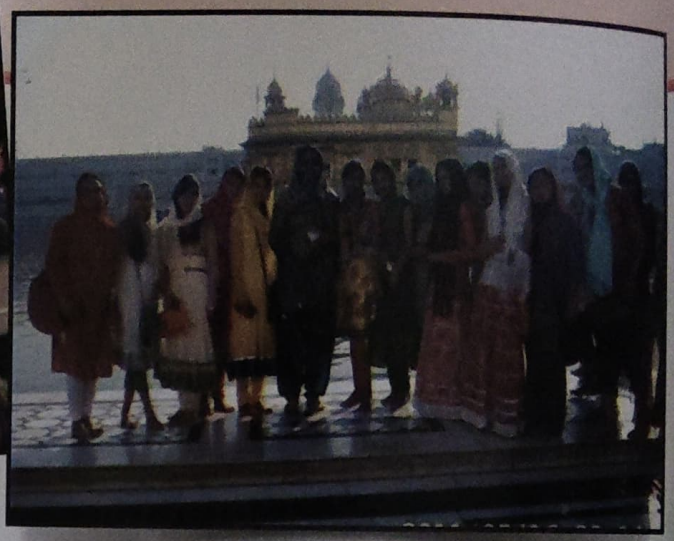


We had our tour to Amritsar for three days and three nights. Our first day went travelling by train and at 6:00 O'clock we reached Amritsar. We had our lunch at 12:30 and departed for the Wagha Border. It was a great feeling to see the Hindustan and Pakistan Border. It was just great to watch all the officers marching. Next day we visited the Golden Temple and Jaliawala Bagh, where we saw the bullet marks and the well in which many men and women died. After seeing the Jaliawala Bagh we went to the Golden Temple to seek the blessings. We had our dinner and at 7:30 p.m. we checked out from the hotel. Then we reached the railway station boarded the train and the next day in the morning at 9:00 O'clock we reached



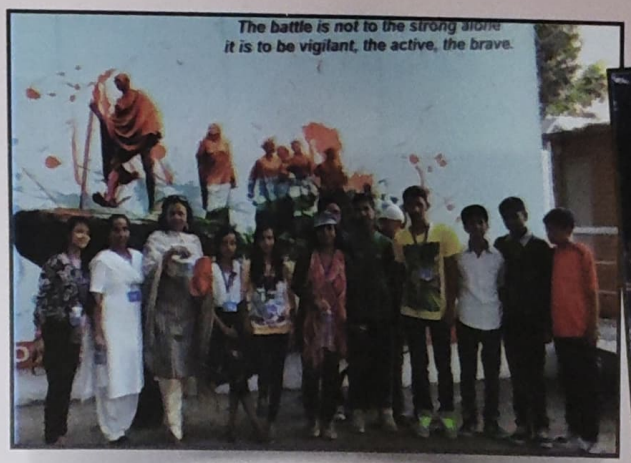


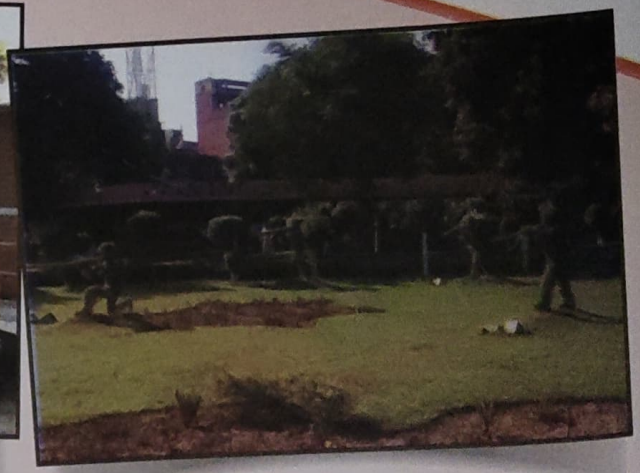




Dehradun and finally at 12:15 we reached back to our school.

I would like to humbly thank Sister Lucy for organizing such a great tour for us. I would also like to thank Sister Susie, Ms.Rekha, Ms.SeemaDeogam and Sir Neeraj Sharma for taking such great care of us and also for sharing their great company, with each one of us.

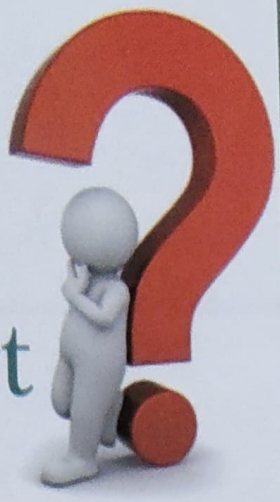








Inter House Quiz Report





Our school had organized an "Inter House Quiz" on 25th October, 2014. It was conducted for two sections of students, The Senior Section (Classes IX - XII) and Junior Section (Classes VI - VIII)

THE JUNIOR QUIZ began with the 'Social Science' round followed by the science round. Multiple choice questions were asked and the children answered enthusiastically within ten seconds.

The other rounds included questions of General Knowledge and the visual round.

The Winning House in the Junior Quiz Competition was the Encounter House where as the Endurance and Enterprise Houses bagged the Second Position.

In THE SENIOR QUIZ, there were 5 rounds based on Science, Sports, Entertainment, Current Affairs, English etc. It had some multiple choice questions and some direct answer questions. Each house had participated with two participants. All the participants performed well and the First Position was bagged by Enterprise House (Yellow House) where as Runners up position was bagged by the Endurance House (Blue House).









Christmas Celebrations

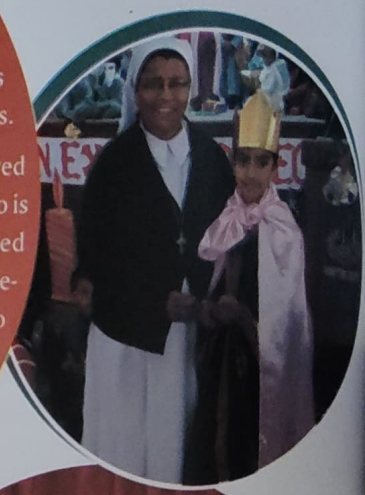
JUNIORS



Let us remember that the Christmas heart is a giving heart, a wide open heart that thinks of others first. The birth of the baby Jesus stands as the most significant event in all history, because it has meant the pouring into a sick world the healing medicine of love which has transformed all manner of hearts for almost two thousand years.

On the 13th November, 2014, the spirit of Christmas was enjoyed by the Junior students with a short nativity play. Santa Claus, who is generally depicted as a portly, joyous, white-bearded man—wearing a red coat with white collar and cuffs, white-cuffed red trousers, and black leather belt and boots and who carries a bag full of gifts for children, arrived to distribute gifts to the children.

Christmas is the day that holds all time together.









I heard the bells on Christmas Day
Their old, familiar carols play,
And wild and sweet
The words repeat
Of peace on earth, good-will to men!

Children's Day & Christmas Celebrations

14th November, 2014

This year in CJM, Hampton Court, we celebrated the Children's Day and Christmas on 14th November, 2014.

There was a prayer service for the children, which was followed by the nativity play.

A lovely thing about Christmas is that it's compulsory, like a thunderstorm, and we all go through it together.

Let us keep Christmas beautiful without a thought of greed, that it might live forevermore to fill our every need, that it shall not be just a day, but last a lifetime through, the miracle of Christmas time that brings God close to you. It is Christmas every time you let God love others through you... yes, it is Christmas every time you smile at your brother and offer him your hand. The main attraction of the day was the arrival of SANTA CLAUS, with his bag full of gifts.

I don't think Christmas is necessarily about things. It's about being good to one another, it's about the Christian ethic, and it's about kindness.









Christmas Celebrations with the Staff

"Peace on earth will come to stay, When we live Christmas every day"





The joy of brightening other lives, bearing each other's' burdens, easing other's loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of Christmas.

Like God, Christmas is timeless and eternal, from everlasting to everlasting. It is something even more than what happened that night in starlit little Bethlehem; it has been behind the stars forever. There was Christmas in the heart of God before the world was formed.

Our Sisters wished each one of us A Merry Christmas and Happy New Year.

We make a living by what we get but we make a life by what we give.









Staff Picnic

We need the rest of the mind; to energise the spirit, provide nourishment and refreshment to the body.

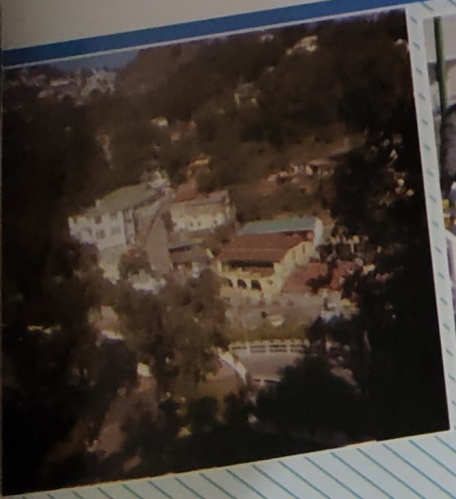
The Staff of CJM Hampton Court visited Jaypee Residency Manor in Mussoorie, situated. with a 360 degree breath-taking view of the mighty Himalayas, which it is a sight to behold.

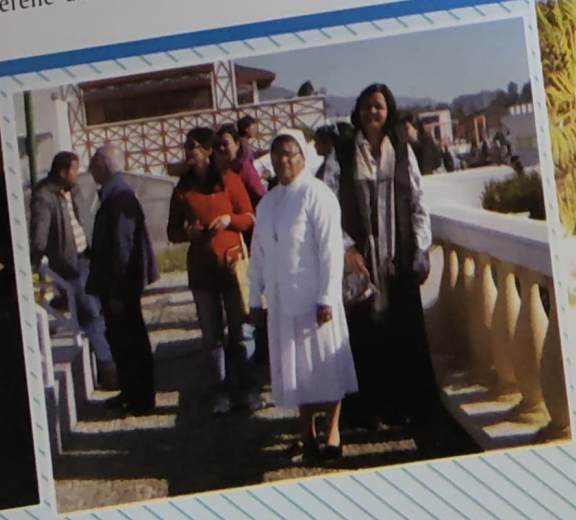
The hotel is a tribute to the majesty - splendour of Mussoorie "the queen of hills".

This splendid and royal creation always makes you feel at home, besides just letting you experience a deluxe stay. This lavish hotel offers exotic stays, food flavours and much more within serene surroundings that are heart-winning for sure. This meticulously designed masterpiece provides wide scope for all the travellers and vacationers to find refuge in its tranquil and serene ambience.There is no denying on the fact that this lavish creation is a fine concoction of deluxe accommodation, recreation and rejuvenation, hence offers every kind of modern facility that a man would demand today. We enjoyed the Jaypee Residency Manor dining experience of a varied cuisine, specially prepared by the Chef.

Jaypee Residency Manor offers spectacular views, unbridled luxury, and an un-interrupted encounter with nature combined with exceptional service. Every one captured the beauty in their cameras to make the moments memorable.

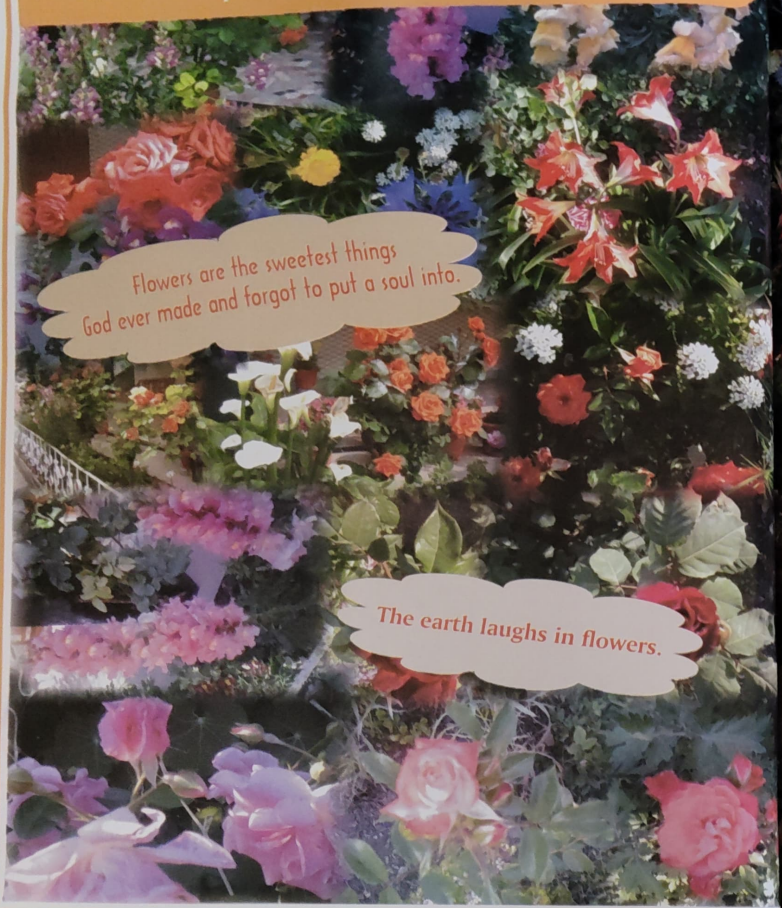
Let us be far off from the maddening crowd, where we can relax, but never feel lonely. We enjoy inthe company we choose; when time stops, even if it's just fora while.







Colours of Hampton Court Garden





Awards

"If my mind can conceive it,
My heart can believe it;
I know I can achieve it!"

"Whenever you want to achieve something, keep your eyes open, concentrate and make sure you know exactly what it is you want. No one can hit their target with their eyes closed.To accomplish great things we must not only act, but also dream; not only plan, but also believe. Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome.

The students of CJM, Hampton Court, had participated in various Inter House and Inter-School Competitions. They received their certificates from Our Honourable Principal, Sr. Lucy D' Souza.



Academic Achievers

I.S.C Board

Science Stream

Topper		
Neeraj Nautiyal	---	**93%**
English	---	83%
Mathematics	---	99%
Physics	---	94%
Chemistry	---	88%
Computer	---	95%



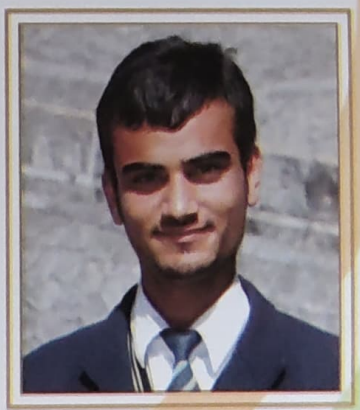
Commerce Stream



Topper		
Varsha Rawat	---	**87%**
English	---	86%
Hindi	---	95%
Economics	---	74%
Commerce	---	80%
Accounts	---	88%

I.C.S.E. Board

Topper		
Jatin Likhwar	---	**92%**
English	---	83%
Hindi	---	94%
S.studies	---	88%
Maths	---	94%
Computer	---	99%
Science	---	86%





"Don't Be Dismayed at Good-Bye's. A Farewell is Necessary before You Can Meet Again. And Meeting Again, After Moments or Lifetimes, is certain for Those Who Are Friends"

FAREWELL

The farewell for class XII was organised on 2nd of December. It promised to be an exciting day not only for the 'guests' but also for the organizers -class XI.

The function began with the traditional lighting of the lamp to invoke the divine blessings for a bright future for this group of 33 students. A colourful and entertaining cultural programme followed which enthralled the 'seniors'. The various dances were cheered loudly and greeted with a thunderous applause. The Head Girl, Khushboo Negi, delivered the farewell speech.



Our Principal, Sr. Lucy D'Souza blessed the students and spoke to them about the need to be focused and true to oneself. Many exciting games were organized for the Seniors. Two Judges, Mam Anna Dilawar and Mr. Vikas Bahuguna judged the catwalk of the Class XII students and Avitansh Surira won the Mr. Hampton title and Shreya Rauthan won the Ms. Hampton crown.



After the cultural programme, everyone assembled in the New Hall for lunch. Class XII students danced to their heart's content to the music belted out by the DJ. and the Seniors were seen clicking pictures of friends and teachers – trying to capture memories of the school forever.

Farewell Speech

Khushboo Negi
-Head Girl

A wise man once said: "**The greatest journeys in life begin with the smallest steps.**" My journey of a lifetime began with a small step through the gates of CJM Hampton Court, and today it is that very step which proved to be my greatest and wisest, as it led me through the doors of an extra-ordinary school in which my great journey of self-discovery and self-development began.

Today I am faced with the hard task of delivering the most difficult speech I ever had to make, but what makes if difficult is not the fact that I have to say farewell to that and those which and who became my home and family for all these years, but because I have to express, what to me, is inexpressible – the love, the pride, the gratitude and appreciation that I feel towards my school and the people who moulded me, into who I am today.

People often say that when God wished to bless us, he does not send us unlimited riches. He sends people into our lives. Today, it is my honour to thank all those whose inspirations have shaped my life and my character.

Our Principal, Sr. Lucy D' Souza, taught our batch that "**Our success is determined, not in the harvest we reap, but in the seeds we plant.**" You have cultivated us with love and knowledge over the years and have watched us grow. Sister, from you we have learnt passion to do the work in a perfect manner.

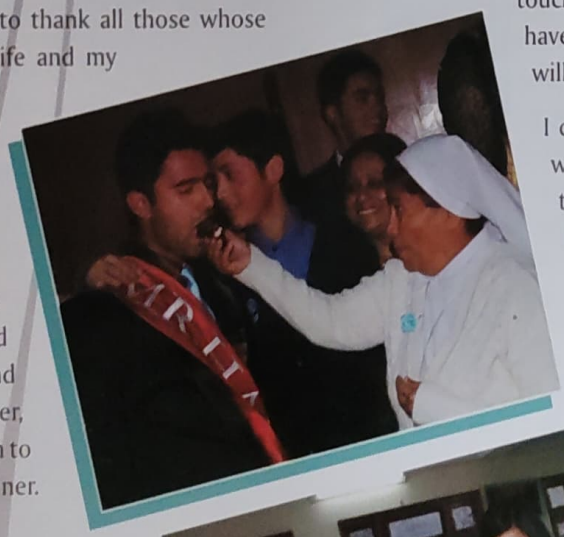
Humble thanks to Sr. Susie, for your support and love and the wonderful advices to improve ourselves.

I thank all my teachers as you all are a blessing for which I will always be grateful. Your love and your patience have made my thirteen years journey so much more bearable. You are my role models – the people who I look up to most.

I often say that what is valuable is not what you have, but who you have in your life. Thank you each and every one of you for adding value to my years here.

To all my friends, I wish to say that I have made many mistakes in my time here. I must also admit that I have many regrets and if I were given the chance to relive my life, there would be many things that I would like to change, but meeting you and becoming friends, is definitely not one of those things. Thank you for the privilege I had to get to know you, I hope that I have touched your lives as much as you have touched mine. I love you and will remember you always.

I conclude with these words that we must live our life in such a way that when we leave, a part of us lives on.







SCHOOL REPORT

Khushboo Negi (Head Girl 2014)
Gautam Sharma (Head Boy 2014)

"I take as my guide, the hope of a saint, In crucial things, unity;
In important things, diversity; In, major things, generosity."

Leading the school as School Captains, for an entire Session as the one that went by, has its own share of experiences.

The Academic year 2014 started in March and within a couple of days our holiday inertia was promoted by verve and gusto.

We had the Investiture Ceremony in April, this year, when the Student Council Members were inducted as a capable Batch of students who formally assumed the duties and responsibilities of being the Council Members, promising to perform and deliver their duties to the level best.



A terrific ICSE and ISC Board result embraced us, with NeerajNautiyal emerging as the ISC topper having scored 93% and ICSE topper was JatinLekhwar who scored 92%.

The School activities began with Fete that was keenly looked forward to by many and was exceedingly enjoyed by everyone.

A torrent of activities and events ensured after the summer break including Dramatics, Debate, Talent competition, Independence Day, Foundress Day and Teachers' Day.

The major event was the Annual Sports Meet 2014, which was orgainsed on a grand scale on 11th October that saw the vivacious Hamptonians displaying their exercising skills, not to forget the brilliantly presented drills, aerobic exercises, karate and a sound March Past. We were especially lucky to have Mr.Jayant Singh, Senior Deputy Director of LBSNAA (LalBahadurShastri National Academy of Administration) as the Chief Guest.

The major achievements of the Academic year that went by included, the school winning the CJM Inter School Dramatics. The school bagged Second Position in the Inter School Canvas Painting Competition at Waverly. Our school proudly took part in the Inter School Capta Caelum and Athletic Meet held at Wyenberg Allen, School, Mussoorie and won many medals. The 2nd Position trophy was bagged by PrabhatBhandari, RiturajDhoundiyal and Praveen Kewat.

ShivaniDangwal of class XII won the Best Speaker Award at Sadbhavna Debate Competition which was held at Town Hall Mussooire.

An outstandingly, significant year, 2014, passed by speedily. We carry cherished memories of the myriad and limitless events that were organized and managed which owe a special place, very close to our hearts. Much pain was taken, and to end it we must say nothing could have been possible without the motivation of our Principal Sister Lucy D' Souza,The Management and the Teachers for their trust and faith in us which made it possible for us to play a role in striving for the progress of CJM Hampton Court.

We conclude with these lines:

"They claimed you can't,

We said, we can,

They mocked, you can't,

We smiled, we can,

They shouted, you can't, you can't,

We firmly replied, we will.....

And we did!"

House Reports



Enterprise House

"If you have the courage to achieve your goal, God gives you the power to overcome the obstacles of life and achieve it." It was my proud privilege to lead the Enterprise House as Captain under the guidance of Sister Lucy D' Souza, Sister Susie, House Mistress Ms. Rekha Singh and other house teachers along with my house team. I was more elated and feel high as it was my last year in the school.

Akanksha Thomas, the Vice Captain of my house gave me wholehearted support and boosted me up. I was very fortunate that the students of my house worked as a team. Due to their collective efforts, our house achieved many laurels.

The remarkable achievement of my house was the "Champion House Trophy" that we won on the Sports day. I, along with my team felt elated to hold the trophy in our hands. In addition, the house was proud to be judged the best in March past. The House was also the winner of the Inter House Football Competition. Adding honor to it, I was judged the Best Footballer in the school and received the prestigious "Mayank Memorial Trophy". The house team won the Senior Cricket Tournament and Senior Hockey Tournament. The children played with enthusiasm and energy and acclaimed the glory to the Enterprise House.

Not only in sports but the house outshone in academics too. Another moment of glory was when we achieved the "Runners Up" position in Hindi Dramatics. Our house was winner of the Senior Quiz competition as well as Runners Up in the Junior Quiz.

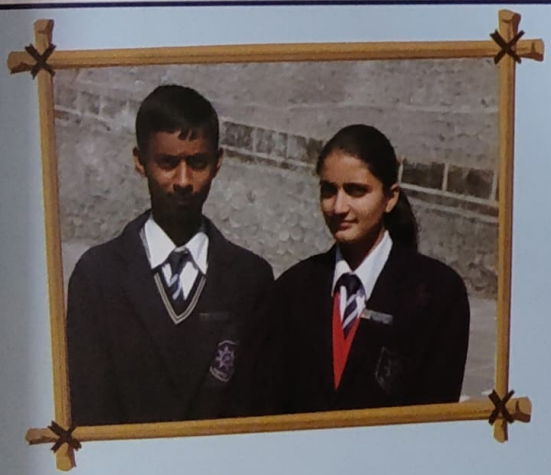
I learnt teamwork, dedication and a sense of responsibility while shouldering the captaincy of the Enterprise House. I humbly thank Ms. Rekha, for teaching me the essence of perfection. My special thanks to Ms. Dechen, Ms. Neha Agarwal, Ms. Ritu Shah, Ms. Ritu Dangwal and Sir Vikas Bahuguna for their constant support and guidance.

I would like to name some students who worked very hard to add to the glory and fame of our house. They are Sarthak Rana, Avitash Suriraand Anisha Thomas.

I am sure and have a firm belief that my Enterprise House will be a shining star in the coming years, as well. My house mates will prove their caliber and potential to hold high the flag of the house.

In the end, I would conclude with the quote, "Success only comes to those, who dream of it."

Prabhat Bhandari, XII (Captain, Enterprise House)



Endurance House

Life is a journey with many ups and down; and I clearly understood this throughout the year 2014 when I became the Captain of the Endurance House. When I took over as a Captain of the Endurance House, it was a challenge for me. Throughout the year the house students showed exemplary performances both on stage and on the field".

Our House motto "He conquers who endures" implies that, when we wish to do something, we put in our 100% to achieve that goal, and so I and my Vice Captain 'Bhawna Jhangra' have encouraged to live up to the motto of the house under the supervision of our House Mistress Miss Sunita Sial and the other House teachers. Our House Mistress along with the other teachers in our house supported, guided and helped us in every House activity.

I especially thank all the teachers and students of our house for helping us win in various activities such as Senior-Dramatics, Debate & Declamation, Sub Junior Cricket, Sub Junior Hockey etc. At times we faced failures, but taking them as the stepping stone to success we persevered to succeed. I would like to

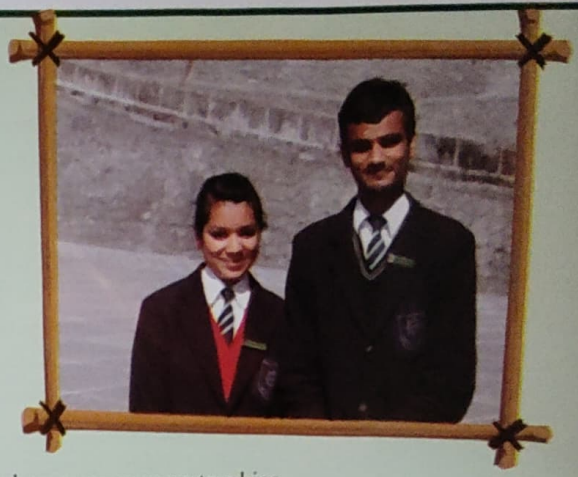
express my heartfelt gratitude to our Principal Sister Lucy D' Souza and the Sisters Community for their guidance and support. I would even like to thank Miss Sunita Sial, Sir Neeraj Pant, Ms. Seema Deogam, Ms. Surekha Kandari, Ms. Seema Shah, and Ms. Geetanjali Sharma.

"As thoughts cannot be expressed in words", in the same manner I and my Vice Captain cannot express our feeling of gratitude in words for our school. I would like to quote these lines from my experience that, 'People, Happiness and Sorrow are temporary in life, they come and go, but what remains are, experience, memories, friendship and much more.....

I wish the very best for the future to my House and My School.

Praveen Kewat, XII (Captain, Endurance House)

Endeavour House



Winners don't do different things, they do things differently. The year 2014 proved to be the turning point in my life when I was handed over the responsibility of becoming the Captain of the Endeavour House.

It was a great pleasure and challenge for me to handle this responsibility. I loved playing a significant role in all the activities occurring in the school.

From the beginning my house performed the best. The first event which was held in the school was the Inter House Junior Dramatics. The Endeavour House did a splendid job and secured the First Position. It was due to the tremendous efforts put in by Mrs. Nandita Ms. Nandini, Mrs. Meghna and the other house teachers. I extend my gratitude to Ms. Dilawar, Ms. Anu and Sir Kuldeep for their constant support. Not only in these activities, did the Endeavour House perform well but in Sports too. I would like to express my heartfelt gratitude and sincere thanks to my house members and the Vice Captain of my house Jatin Lekhwar because it was due to their effort and hard work that our house won so many trophies.

I would like to thank our Principal Sister Lucy D' Souza and the Staff members for giving me an opportunity to be the Captain of the Endeavour House. I wish and pray that the torch of success led by me will be led in the future by my Juniors.

"Champions are not Supernatural, they just work for that one more second, when everyone else quits....."

Rachna Rawat, XII (Captain, Endeavour House)



Encounter House

"If the task is once begun never leave it till it's done. Be the labour great or small, do it well or not at all."

This year I had the privilege to lead my house forward and it was a very exciting experience for me. My house excelled in the field of sports and secured many championships such as, Football and Badminton in the Senior division and Hockey in the Junior division.

The athletes brought laurels to my house by winning the Relays in various groups.

In the extra circular activities my house performed strongly and secured Runners-Up position in both Dramatics and Debate. In the Junior School, house excelled in almost all the activities.

My house also excelled in the Brain-storming Quiz Competition and emerged as winners.

I would like to thank, our Principal Sister Lucy D' Souza for giving me this opportunity to lead my house forward.

I thank my House Mistress, Ms, Neeta Rawat for supporting me throughout the year. I also thank Sir Neeraj Sharma, Sir Simon and Ms. Shalini, Ms. Sheenadeep, amd Ms. Nirmala for helping me.

I would also like to thank my Vice-Captain Raghav Bahuguna for his due support.

I would like to wind up by expressing my gratitude towards our Head Boy Gautam Sharma and Social Service Leader Noshin Aslam, as without them, it would have been a very difficult task to perform as the Captain of the house

I conclude with this message:

"To be a star, you must shine in
Your own light and follow your own path.
Do not worry about the darkness, for
That is when, a star shines the Brightest. "

Sahiba Saifi, XII (Captain, Encounter House)

Social Service Report



India's environmental problems are due to the negative effects of the process of development that is poverty and underdevelopment. Poorly planned development projects cause damage to the environment, associated with plans for rapid economic growth and development. The second group is related with the impact on health, land, soils, water, forests, wildlife as a result of poverty.

The greatest challenge is the rapid growth of population. Population, poverty and environment are inter-related. The nexus between poverty and environmental degradation is a major issue as vast majority of people depends on the natural resources of country for their basic needs. About 40 per cent are below poverty line.

The environmental degradation has adversely affected the poor who depend upon natural resources. Henceforth, both poverty and environmental degradation are two facets of same challenge and it is widely recognised that population growth is a function of poverty.

The mountainous terrains of the Himalayas and North East States are rapidly losing their forests and trees, which in turn enhances the removal of top soils and results in landslides and floods. India has a rich flora. The Botanical Survey of India has reported nearly 49000 species of plants after surveying about 70 per cent of India's geographical area. But due to deforestation about 1336 plant species are considered as endangered. The main causes for loss of flora and fauna are pollution, over exploitation, habitat destruction & toxic substances in water, floods, cyclones etc.

In our Institution, students work very hard for the cleanliness of the environment. Now when the entire country is joining for the Swach Bharat Andolan, let us be a part of it and make our country the leader.

Noshin Aslam (Leader, Social Service)



Games Captain's Report

True enjoyment comes from activity of the mind and exercise of the body; the two are ever united.

The importance of sports and games in school encompasses more than just the benefit of physical activity. Increases in self-esteem and mental alertness make school sports and games necessary for every school age child. Although the benefits of school sports abound, with a diminishing economy, many schools are cutting out sports and physical education programs to the detriment of students nationwide. The increasing popularity of computer, video games and television makes the children to be very inactive in their lifestyles. The time spent in these things may be spent in some physical activities. Parents should be a role model for their children. If the parents are looking very active, the children are more likely to be more active and will stay active for the rest of their life. Participation in sports and other physical activities can have many benefits for children. The participation in organized sports offers the chance for youth people to enhance their physical and social skills. A balance should be maintained that matches the child's maturity, skills, and their interests with their sports participation. Sports offer children a change from the monotony of their daily life. It is also a useful means of entertainment and physical activity for them. Sports and games are the ways of enhancing the children's mental and physical growth. Sports help them in character building and provides them energy and strength. A healthy diet and an active lifestyle will bring good results in the children's lifestyle, minds and bodies. The recreational activities eliminate the unhealthy habits of the children that may lead them to diabetes, high cholesterol, high blood pressure, heart disease, joint pain, strokes and other serious diseases. When the students are physically fit, they will achieve more academically. Sports develop a sense of friendliness among the children and develop their team spirit. They help the children to develop the mental and physical toughness. Sports shape their body and make it strong and active. Children should actively participate in the sports to avoid of being tired and lethargy. This is because sports improve their blood circulation and their physical well-being.A sport also eliminates mental exhaustion of the children. Education is incomplete without sports. Now-a-days sports are the integral part of the education. In schools it, the children are taught some sorts of games in very early stage to keep their value in life.

As a Games Captain I learnt team-work, discipline, punctuality and the importance of character building. I owe my gratitude to our PTI Sir Rawat for laying his trust on me and encouraging me in my hard times.

Rishab Negi, (Captain, School Games)



Sr. Lucy (Principal)
With Her Teaching Staff



Sr. Lucy
and Community



Our Helpers



ICSE 2014 Batch



ISC 2014 Batch



The Champions



Hockey Team



Football Team



Cricket Team



Badminton Team



Football Team



Hockey Team



Cricket Team



Hockey Team



Table Tenis Team



Badminton Team



Badminton Team



Cricket Team



Football Team

The Most Important Reasons to Meditate

Stress Reduction

Meditation reduces stress better than anything else I know of. Not only does the practice of meditation give you some "down time" to rest physically and mentally, it also has a very direct effect on your entire nervous system by reducing your body's production of stress related chemicals like cortisol, and increasing the production of mood enhancing chemicals like serotonin.

Improved Health

Meditation will improve your health by strengthening your immune system, reducing your blood pressure and lowering cholesterol levels.

Meditation is often of particular interest to people who are diagnosed with a chronic or potentially life threatening illness. People with serious medical conditions like cancer will sometimes turn to meditation as a means to enhance the process of healing and recovery. While meditation should never be used as a substitute for proper medical care, in some cases it can lead to medical breakthroughs and healing even when traditional medical treatments have been unsuccessful.

Of course, you do not have to be terminally ill to benefit from the healing effects of meditation! Even if you have just come down with a case of the flu, meditation will enhance the function of your immune system and help to you to rest more deeply, leading to a speedier recovery. Meditation also happens to be a wonderful way to alleviate headaches and to prevent them from recurring.

Improved Sleep

Sleep is a totally natural human function, and it's something we need every day. But if you have a busy mind or if you are stressed then you may find that your sleep is not as restorative as it should be. Meditation dramatically improves the quality of your sleep and it is one of the most powerful natural treatments for insomnia. A great reason to meditate.

Slowed Aging

Studies into the effects of meditation have shown that the regular practice of meditation can slow the aging process. The biological age of long term meditators is generally less than those of people who have never meditated. It is believed that the physiological cause of this is due to the fact that meditation helps to reduce the body's production of free radicals. Free radicals are organic molecules that are responsible for aging, tissue damage, and possibly some diseases.

Emotional Stability & Positive Thinking

Meditation is a very powerful natural prescription for people who suffer from anxiety and/or depression, and it is also taught to people who have difficulty controlling their anger. However, you do not need to have a serious psychological condition for meditation to be of benefit to you! Every-day people who meditate generally enjoy a lot more...

Happiness!

People who meditate are less stressed, healthier, they sleep better, and they have a more positive outlook on life. Simply put, meditation makes you a happier person!

Success and Quality of Life

Think about this for just a moment...

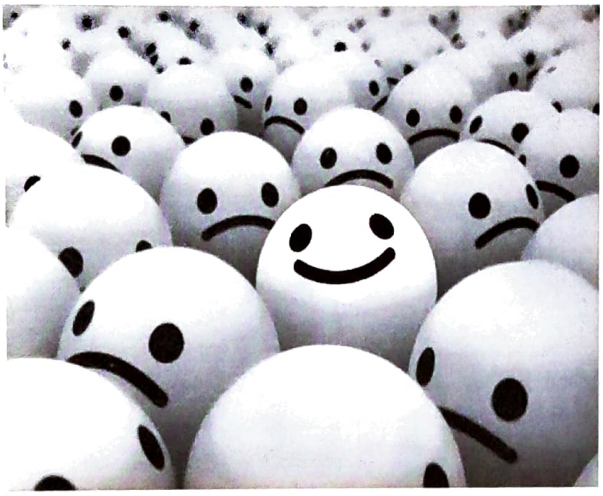
- Everything you achieve in life is the result of your actions.
- The actions you choose to take are the result of your decisions.
- The decisions you make are the result of your thinking processes.
- Your thinking processes are completely dependent on the quality of your mind.

If you really dwell on this realization you will begin to see how the entire course of your life is affected by the quality of the thoughts that you permit to circulate in your mind. As I mention in this article on the benefits of meditation, sometimes the difference between a great success and a monumental disaster in life is a seemingly insignificant little moment in which you give birth to a thought, and make a decision. It happens in that moment when you decide to turn left instead of right...in that moment where you choose between a peaceful response to a situation, or an angry one...in that moment when you notice the attractive smile of the person across the room, or the moment when you miss that smile, that chance meeting, that new love. All of life is filled with these "opportunities to choose". Some are more significant than others, but all of them add up to the path that you will one day call "my life story".

Meditation will help you to make wiser, more peaceful choices during everyday moments. This in turn leads to a life that contains more positive opportunities and fewer problems. Of all the reasons to meditate, this one is perhaps the least obvious, but it is also one of the most significant.

Nandita Chakraborty, Teaching Faculty

Attitude and its Importance in Life



"You cannot tailor-make the situations in life but you can tailor-make the attitudes to fit those situations."

Attitude is the basis and foundation of the ladder of success. According to William James, **"The greatest discovery of our generation is that a human being can alter his life by altering his attitudes of mind!"**

Today attitudes determine success. The position and person you are is a consequence of your attitude. A positive attitude builds a good self-image which results in a sound personality.

A person with a good personality is an embodiment of success. Therefore your attitude towards yourself is very important. Who you are and how you look in a mirror? If you see a sour expression, you are seeing the outward expression of your attitude.

There is an interesting story about the American President, Abraham Lincoln. An adviser to Lincoln recommended a particular person for a cabinet position, but Lincoln balked at the suggestion. He said "I don't like the man's face.""Sir, he can't be held responsible for his face" the advisor said. "Every man is responsible for his face", said Lincoln.

Success doesn't come knocking at the door of the one who feels that he is good for nothing. Let a positive attitude mark your life, because it is attitude that makes all the difference in terms of achieving success in life. Keep a pleasant look on your face.

"Success or failure depends more upon attitude than upon capacity successful men act as though they have accomplished or are enjoying something. Soon it becomes a reality. Act, look, feel successful, conduct yourself accordingly, and you will be amazed at the positive results."

Abhinav Bermolla, X

Swach Bharat Abhiyan

It is our social responsibility as citizens of India to help fulfil Gandhiji's vision of Clean India, by his 150th birth anniversary in 2019.

Swachh Bharat or Swachh Bharat Abhiyan (Campaign Clean India) is a national level campaign by the Government of India covering 4041 statutory towns to clean the streets, roads and infrastructure of the country.

This campaign was officially launched on 2 October 2014 at Rajghat, New Delhi, where Prime Minister NarendraModi himself wielded broom and cleaned a road. The campaign is India's biggest ever cleanliness drive and 3 million government employees and schools and colleges students of India participated in this event. The mission was started as a tree with each of the nine personalities nominated by Narendra Modi to in turn nominate nine other people and so on. It has been carried forward since then with famous people from all walks of life joining it.

On 2 October,2014, Anil Ambani, an Indian industrialist and a participant in this event, told in a statement.....

I am honoured to be invited by our respected Prime Minister Shri Narendra bhai Modi to join the "Swachh Bharat Abhiyan"... I dedicate myself to this movement and will invite nine other leading Indians to join me in the "Clean India" campaign...

Indian President Pranab Mukherjee asked every Indian to spend 100 hours annually in this drive. This campaign is supported by theIndian Army, Border Security Force, Indian Air Force and India.

Indian film actor Aamir Khan supported and encouraged this initiative and told that he would be happy if he is invited into this campaign. Urban Development Minister, M. Venkaiah Naidu, picked up the broom to clean cyclone-hit port city of Visakhapatnam in southern state of Andhra Pradesh, as part of Prime Minister Narendra Modi's cleanliness campaign

If we make it a public movement, we can make our country being counted as one among the cleanest nations. According to the World Health Organization, an average of Rs. 6500 per person was lost in India due to lack of cleanliness and hygiene. Swachh Bharat would make a significant impact on public health and in safeguarding income of the poor, ultimately contributing to the national economy.

Shivani Dangwal, XII

Ten Major Environmental Challenges Faced by India

Some of the most important environmental challenges faced by India are as follows:

It is essential to make the public aware of the formidable consequences of the Environmental Degradation, if not retorted and reformative measures undertaken would result in the extinction of life. We are facing various environmental challenges. It is essential to get the country acquainted with these challenges so that their acts may be eco-friendly. Some of these challenges are as under:

1. Growing Population:

A population of over thousands of millions is growing at 2.11 per cent every year. It puts considerable pressure on its natural resources and reduces the gains of development. Hence, the greatest challenge before us is to limit the population growth. Although population control does automatically lead to development, yet the development leads to a decrease in population growth rates.



2. Poverty:

India has often been described a rich land with poor people. The poverty and environmental degradation have a nexus between them. The vast majority of our people are directly dependent on the nature resources of the country for their basic needs of food, fuel shelter and fodder. About 40% of our people are still below the poverty line.

Environment degradation has adversely affected the poor who depend upon the resources of their immediate surroundings. Thus, the challenge of poverty and the challenge environment degradation are two facts of the same challenge. The population growth is essentially a function of poverty. Because, to the very poor, every child is an earner and helper and global concerns have little relevance for him.

3. Agricultural Growth:

The people must be acquainted with the methods to sustain and increase agricultural growth with damaging the environment. High yielding varieties have caused soil salinity and damage to physical structure of soil.

4. Need to Ground Water:

It is essential of rationalizing the use of groundwater. Factors like community wastes, industrial effluents and chemical fertilizers and pesticides have polluted our surface water and affected quality of the groundwater.

It is essential to restore the water quality of our rivers and other water body as lakes is an important challenge. It so finding our suitable strategies for consecration of water, provision of safe drinking water and keeping water bodies clean which are difficult challenges is essential.

5. Development and Forests:

Forests serve catchments for the rivers. With increasing demand of water, plan to harness the mighty river through large irrigation projects were made. Certainly, these would submerge forests; displace local people, damage flora and fauna.

As such, the dams on the river Narmada, Bhagirathi and elsewhere have become areas of political and scientific debate. Forests in India have been shrinking for several centuries owing to pressures of agriculture and other uses. Vast areas that were once green, stand today as wastelands.

These areas are to be brought back under vegetative cover. The tribal communities inhabiting forests respects the trees and birds and animal that gives them sustenance. We must recognize the role of these people in restoring and conserving forests.

The modern knowledge and skills of the forest dept. should be integrated with the traditional knowledge and experience of the local communities. The strategies for the joint management of forests should be evolved in a well planned way.

6. Degradation of Land:

At present out of the total 329 mha of land, only 266 mha

possess any potential for production. Of this, 143 mha is agricultural land nearly and 85 suffer from varying degrees of soil degradation. Of the remaining 123 mha, 40 are completely unproductive.

The remaining 83 mha is classified as forest land, of which over half is denuded to various degrees. Nearly 406 million head of livestock have to be supported on 13 mha, or less than 4 per cent of the land classified as pasture land, most of which is overgrazed. Thus, our of 226 mha, about 175 mha or 66 per cent is degraded to varying degrees. Water and wind erosion causes further degradation of almost 150 mha.

7. Reorientation of Institutions:

The people should be roused to orient institutions, attitudes and infrastructures, to suit conditions and needs today. The change has to be brought in keeping in view India's traditions for resources use managements and education etc. Change should be brought in education, in attitudes, in administrative procedures and in institutions. Because it affects way people view technology resources and development.

8. Reduction of Genetic Diversity:

At present most wild genetic stocks have been disappearing from nature. Wilding including the Asiatic Lion are facing problem of loss of genetic diversity. The protected areas network like sanctuaries, national parks, biosphere reserves are isolating populations. So, they are decreasing changes of one group breeding with another. Remedial steps are to be taken to check decreasing genetic diversity.

9. Evil Consequences of Urbanization:

Nearly 27 per cent Indians live in urban areas. Urbanization and industrialization has given birth to a great number of environmental problems that need urgent attention. Over 30 per cent of urban Indians live in slums. Out of India's 3,245 towns and cities, only 21 have partial or full sewerage and treatment facilities. Hence, coping with rapid urbanization is a major challenge.

10. Air and Water Population:

Majority of our industrial plants are using out-dated and population technologies and makeshift facilities devoid of any provision of treating their wastes. A great number of cities and industrial areas that have been identified as the worst in terms of air and water pollution.

Acts are enforced in the country, but their implement is not so easy. The reason is their implementation needs great resources, technical expertise, political and social will. Again the people are to be made aware of these rules. Their support is indispensable to implement these rules.

Noshin Aslam, XII

4 Reasons Why Learning English is So Important



1. English may not be the most spoken language in the world, but it is the official language in a large number of countries. It is estimated that the number of people in the world that use in English to communicate on a regular basis is 2 billion!

2. English is the dominant business language and it has become almost a necessity for people to speak English if they are to enter a global workforce, research from all over the world shows that cross-border business communication is most often conducted in English. Its importance in the global market place therefore cannot be understated. Learning English really can change your life.

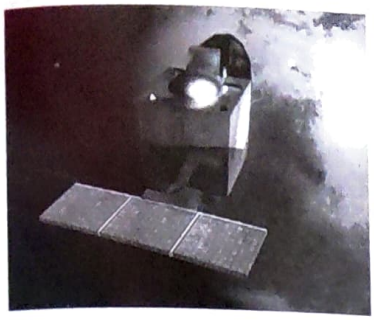
3. Many of the world's top films, books and music are published and produced in English. Therefore by learning English you will have access to a great wealth of entertainment and will be able to have a greater cultural understanding.

4. Most of the content produced on the internet (50%) is in English. So knowing English will allow you access to an incredible amount of information which may not be otherwise available!

Although learning English can be challenging and time consuming, we can see that it is also very valuable to learn and can create many opportunities!

Rachna Rawat, XII

The Mars Orbiter Mission



The Mars Orbiter Mission, or MOM, cost $74 million, a fraction of the $671 million the U.S. space agency NASA spent on its newly arrived MAVEN Mars mission.

"History has been created today," said Prime Minister NarendraModi, bursting into applause along with hundreds of scientists at the Bangalore command centre of the state-run Indian Space Research Organisation (ISRO).

"We have dared to reach out into the unknown and have achieved the near-impossible."

India joins the United States, Russia and Europe in successfully sending probes to orbit or land on Mars.

In 2011 a Chinese spacecraft destined for Mars failed to leave Earth's orbit after a botched Russian launch.

ISRO successfully ignited the main engine and eight small thrusters, which fired for 24 minutes, trimming the speed of the craft so it could be captured by Mars's gravity and slide into orbit

The Signs of Life

Nervous flight controllers received confirmation of the successful manoeuvre around 8 a.m. India time (10:30 p.m. EDT on Tuesday) when the spacecraft, nicknamed MOM, emerged from behind the planet and transmitted a signal.

After completing the 666 million km (414 million mile) journey in more than 10 months, the spacecraft, also known as Mangalyaan -- Hindi for "Mars craft" -- will now study the Red Planet's surface and scan its atmosphere for chemical methane.

ISRO scientists will operate five scientific instruments on the spacecraft to gather data, said ISRO's scientific secretary, V. Koteswara Rao.

The expected life of the craft is six months, after which it will run out of fuel and be unable to maintain its orbit.

With 30 Indian and 40 foreign satellite launches so far, its nearest cheap competition would be China, which is armed with bigger space launchers. ISRO signed an agreement with China National Space Administration on Friday to cooperate in research and development of various satellites.

Despite its success, India has been criticised for spending on space research as millions go hungry.

Nobel Peace Prize Winner 2014
Kailash Satyarthi



Kailash Satyarthi is an Indian children's rights advocate and an activist against child labour. He founded the Bachpan Bachao Andolan (lit. Save the Childhood Movement) in 1980 and has acted to protect the rights of more than 83,000 children from 144 countries. It is largely because of Satyarthi's work and activism that the International Labour Organization adopted Convention No. 182 on the worst forms of child labour, which is now a principal guideline for governments around the world.[7]

His work is recognized through various national and international honours and awards including the Nobel Peace Prize of 2014, which he shared with Malala Yousafzai, a female education activist from Pakistan.[10]

In 1980, he gave up his career as a teacher and became secretary general for the Bonded Labor Liberation Front; he also founded the Bachpan Bachao Andolan (Save the Childhood Mission) that year. He has also been involved with the Global March Against Child Labor and its international advocacy body, the International Center on Child Labor and Education (ICCLE), which are worldwide coalitions of NGOs, teachers and trades unionists. He has also served as the President of the Global Campaign for Education, from its inception in 1999 to 2011, having been one of its four founders alongside Action Aid, Oxfam and Education International.

In addition, he established Good Weave International , as the first voluntary labelling, monitoring and certification system of rugs manufactured without the use of child-labour in South Asia. This latter organisation operated a campaign in Europe and the United States in the late 1980s and early 1990s with the intent ofraising consumer awareness of the issues relating to the accountability of global corporations with regard to socially responsible consumerism and trade. Satyarthi has highlighted child labor as a human rights issue as well as a welfare matter and charitable cause. He has argued that it perpetuates poverty, unemployment, illiteracy, population growth, and other social problems, and his claims have been supported by several studies. He has also had a role in linking the movement against child labour with efforts for achieving "Education for All".He has been a member of a UNESCO body established to examine this and has been on the board of the Fast Track Initiative (now known as the Global Partnership for Education).

DEVELOPING SELF-DISCIPLINE

In its natural sense, discipline is systematic instruction intended to train a person, sometimes literally called a disciple, in a craft, trade or other activity, or to follow a particular code of conduct or "order". Often, the phrase "to discipline" carries a negative connotation. This is because enforcement of order–that is, ensuring instructions are carried out–is often regulated through punishment.

Discipline is the assertion of willpower over more base desires, and is usually understood to be synonymous with self control. Self-discipline is to some extent a substitute for motivation, when one uses reason to determine the best course of action that opposes one's desires. Virtuous behavior is when one's motivations are aligned with one's reasoned aims: to do what one knows is best and to do it gladly. Continent behavior, on the other hand, is when one does what one knows is best, but must do it by opposing one's motivations. Moving from continent to virtuous behavior requires training and some self-discipline.

Self-discipline

Self-discipline can be considered a type of selective training, creating new habits of thought, action, and speech toward improving yourself and reaching goals. Self-discipline can also be task oriented and selective. View self-discipline as positive effort, rather than one of denial.

School discipline is the system of rules, punishments, and behavioral strategies appropriate to the regulation of children or adolescent and the maintenance of order in schools. Its aim is to control the students' actions and behavior.

An obedient student is in compliance with the school rules and codes of conduct. These rules may, for example, define the expected standards of clothing, timekeeping, social conduct, and work ethic. The term discipline is also applied to the punishment that is the consequence of breaking the rules. The aim of discipline is to set limits restricting certain behaviors or attitudes that are seen as harmful or going against school policies, educational norms, school traditions



Discipline is the key to success - this saying holds true for all times and for all people of all age groups. But for students it holds a great value. In contemporary times there are so many temptations that can lure a student away from his basic objective in life.

The glittering world of advertisement, the glamorous world of modeling and cinema unfold a new era in front of young people and they are wooed by the glamour. Those of us who are not wise enough to think rationally will be swept off our feet and carried away by the fast paced winds of change.

It is good to change; I am certainly not against changing. But the million-dollar question is, how much to change, when to change and, above all, why do we need to change?

These are the questions young minds should put to themselves before they blindly follow the latest trends. Everything that glitters is certainly not gold and many a times what does not glitter and does not catch one's fancy might be more precious than gold. Before being swept off by changing winds, a student should think and consciously choose which path to follow. Apart from these, web chatting also takes up much of a youngster's time.

At a student's level, where there is cut-throat competition and time is extremely precious, these can prove to be real obstacles to overcome. Self-discipline is something students should aim to achieve. It is not a commodity one can buy from the market. It is a rare quality which one has to inculcate, nurture and cherish from early childhood. Through self-discipline will come concentration which will in turn help a student to scale newer heights of academic excellence. Success will be theirs for the taking who value and practise self-discipline and abide by it at all times.

Temptations are always there. Only the forms of temptations change. But those of us who learn the subtle art of self-discipline and self-constraint, nothing can prevent us from attaining our goals in life. Let us all aim to be a little more self- disciplined from henceforth.

Surbhi Chauhan, XII

A Pradhan Mantri Who is a Pradhan Sevak



Undoubtedly, it was an inspiring speech, which our honourable Prime Minister Mr. Modi delivered a speech on a very special day that is the Teachers' Day. He interacted with many students. The Students of different schools asked him many questions to clear their doubts. Mr. Modi very simply cleared their doubts. He also shared with them his experiences.

Mr. Modi also said that he was a naughty boy and did a lot of mischief. He also brought in awareness by saying that each and every school must have toilets, separately for the girls and boys. Schools should open for girls of our country. He also said that girls should complete their schooling and should have an identity of their own. Mr. Modi also said that women are the power of our country. When one of the students asked him that what is he actually? He very intelligently replied that he himself didn't know that he actually was! He also said that we should know about the advance technology. We, should not always be summoned with it, rather we should play and be sweaty to enjoy our childhood. Mr. Modi concluded and expressed his gratitude towards each and every school who took an active part in his speech. He also thanked the media for their efforts.

Mr. Modi said that we should play more rather than sit in front of the computers or laptop's and use the internet. But in today's busy life, it is very difficult to spare our time to play. The internet which is a boon for today's world is impossible to avoid, but I will try my best to abide by his statements.

Alisha Goswami, XI

The Senior Citizens A blessing, not a burden

Some people think that the senior citizens are a burden, but I would like to inform them that they are indeed a blessing! The young generation has a wrong thinking that the old people are a burden in their homes and till the moment they are there, they will keep them away from their friends and boss. They feel ashamed of showing that they stay with them.

The old people want our love and care. They want someone to talk. We see people keeping the senior citizens in old- age homes. Children must be taught how to respect and help them in every manner. They crave for love. We receive much of our knowledge from our Senior Citizens. They teach us good values. One must always remember –'Everyone becomes old'.

People don't like to stay with them. They ill-treat them. They don't give them food. People must remember that they were the ones who brought them up. They have done a lot by going out of their way to educate them. When they fall ill the youngsters are very busy and get ready to go for their own appointments. We get so much to learn about their times, when they share their experiences.

I feel that, the senior citizens are not a burden but a blessing sent from God. They are a proof of our history and a roof, which protects us from danger. An old proverb, in Hindi: says that the house with an old is like house with Gold. So it is rightly said that "**Old is gold**."

Raj Bijalwan, X



Attention Deficit Disorder - A Common Syndrome

This is how it manifests itself:

I decide to water my garden.

As I turn on the hose in the driveway, I look over at my car and decide it needs washing.

As I head towards the garage, I notice mail on the porch table that I picked up from the postman earlier.

I decide to go through the mail before I wash the car.

I lay my car keys on the table, put the junk mail in the recycling box under the table, and notice that the recycling box is full.

So, I decide to put the bills back on the table and take out the recycling first.

But then I think, since I'm going to be near the postbox when I take out the recycling paper anyway, I may as well pay the bills first.

I take my chequebook off the table, and notice that there is only one cheque left.

My extra cheques are in my desk in the study, so I go inside the house to my desk where I find the cup of coffee I'd been drinking.

I'm going to look for my cheques, but first I need to push the coffee aside so that I don't accidentally knock it over.

The coffee is getting cold, and I decide to make another cup.

As I head toward the kitchen with the cold coffee, a vase of flowers on the worktop catches my eye – the flowers need water.

I put the coffee on the worktop and discover my reading glasses that I've been searching for all morning.

I decide I better put them back on my desk, but first I'm going to water the flowers.

I put the glasses back down on the worktop, fill a container with water and suddenly spot the TV remote control. Someone left it on the kitchen table.

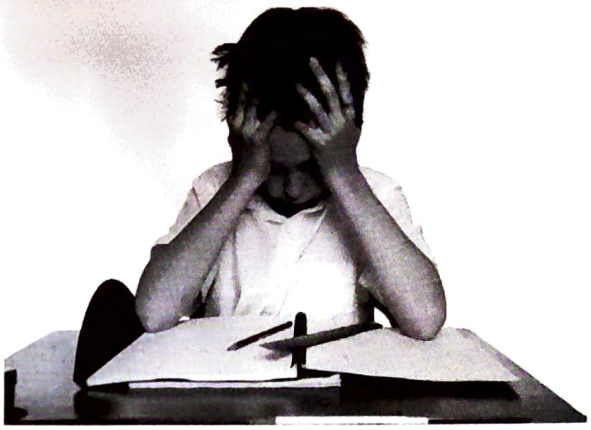
I realise that tonight when we go to watch TV, I'll be looking for the remote, but I won't remember that it's on the kitchen table, so I decide to put it back where it belongs, but first I'll water the flowers.

I pour some water in the flowers, but quite a bit of it spills on the floor.

So, I put the remote back on the table, get some towels and wipe up the spill.

Then, I head down the hall trying to remember what I was planning to do.

At the end of the day:



- The car isn't washed.
- The bills aren't paid.
- There is a cold cup of coffee sitting on the counter.
- The flowers don't have enough water.
- There is still only one cheque in my chequebook.
- I can't find the remote.
- I can't find my glasses.
- And I don't remember what I did with the car keys.
- Then, when I try to figure out why nothing got done today, I'm really baffled because I know I was busy all damn day, and I'm really tired.
- I realise this is a serious problem, and I'll try to get some help for it, but first I'll check my e-mail....

If this isn't you yet, your day is coming!

Rituraj Dhoundiyal, XII

Notions

In the midst of concrete jungle
Where dreams live, life tangles
I hunt for a spot with my finesse
Where I can see life's axenic face,

Where there is calmness of heartstrings
Melodies of birds - joy they bring
A feeling free from poisonous brace
How lovely would be my loneliness!

Yet life exhibits its cruel act
A Fallen race' dismal facts
A belief of mine lacks the space
No place for Eden on earth's base.

Ankita Rawat, XII

Women Education



A child's education begins from home .In this context what Gandhiji said was true. For he said "**If you educate a man, you educate an individual, but, if you educate a woman, you educate an entire family.**"

In India, most people are not aware of women's right and thus they still think that girls are inferior to boys. The birth of a girl is not desired. It goes to the extreme of taking away the life of female child which we are not supposed to do.

The blame of bearing a female child is put on a woman and thus she is ill- treated by her husband. According to the conservative estimates, prenatal sex determination and selective abortion accounts for 0.5 million missing girls every year. This has been going for last two decades.

There has been tremendous progress in the field of information technology, media, science etc. But, unfortunately there has been matching progress in the area of education of the girl child or the rural adult women. Female literacy and education has a direct impact upon the overall development of a nation, and its popular growth.

The UNESCO studies show that the female literacy in the developed countries is 96 percent, in developing countries 55 percent whereas in the least developed countries it is 27.9 percent. Education plays a major part in the development of a nation.

Countries with high level of basic education do better economically. If India wants to be one of the developed nations it must concentrate on education and especially on female education. The root cause of all problems facing women is related to education.

If our women are educated, then all problems like female infanticide, dowry, female suicides, domestic battering, malnutrition of women, child marriage and other related atrocities would vanish from our country.

Education provides an essential qualification to fulfil certain economic, political and cultural functions and improves then women's social- economic status.

At every age and level, education enhances the intellectual, social and emotional development of women, and enables them to meet their basic needs of daily life. It brings reduction in inequalities in the society.

Mahatma Gandhi referred to women as a noble sex. He said, "**If she is weak in striking, she is strong in suffering.**" He has described women as an embodiment of sacrifice and ahimsa. Women in no way differ from men, as they are strong in sacrifice and compassion. Usually if we ask a child, "Whom do you like, the one who corrects with love or the one who corrects with beating," the child without any doubt would say of the one who corrects with love.

If so, why do we neglect the education of women who are probably the main cause or at least an equal cause for running the society with love, concern and sacrifices? Don't they not totally commit, adjust, cooperate and collaborate with the given task from their own high authority? Give this a thought!!

Pranjali Panwar, X

In Order to Succeed

If you want to succeed in life,
Always keep trying again.
Though many times you fail,
Always keen try again.
If you fall to the ground,
Keep trying once again.
Never lose hope,
But always try again.
If you want to reach to the top of a hill
Always keep trying again.
Though you may have to face obstacles,
Always try again.
Though many times you may slip and fail,
Always try again.
Because they are stepping stones to success
Just keep trying again!

Noor Choudhary, V A

The India of my dream

"Sare Jahan Se Acha Hindustan Hamara"



It is my dream to make India, the world's best Nation, in every respect. The first and foremost- Unity in India among all the people is very important, for there is a saying- "**United we stand, divided we fall.**" We must try to avoid community and castes divisions or discriminations. Though we are educated, we don't know the definition of unity. We are yet to learn it . It is a shame. Unity will lead to the power of India.

Secondly, we must think of an environment which is extremely important in life. This can be done if every person takes interest in saving our plants by planting saplings and flowers in their own homes and cottages and taking great care of them. Plants and trees keep the pollution away. Plants and trees can save people from getting harmful diseases. So, let us all unite together and make our India beautiful and strong with a good environment all around. Environment should be the ornament of India.

Our Indian culture today, is totally different, in every respect. The teaching starts from home and then continues in the school. One must learn to respect women whether she is rich or poor. We see God in every human being and creature. Children must be taught how to respect the elderly people, and help them in every respect. The elderly people need love and care. They crave for it. They teach us good culture also. But, nowadays, people don't like staying with them. So, once again we must unite together for this thought and lets's begin a new life with respect towards others and with our own self-respect. We must remember a motto in life that '**we must stand by each other, in times of hardships**'

These little things count a lot and these things can make India the best, beautiful and strong. We can do it for:

"**If there is a will , there is a way**"

Once again I repeat :

"SareJahan Se acha Hindustan hamata Hum BulBule Hain Iski Ye Gulsita Hamara"

"Save India ..Save Future"

Raj Bijalwan, X



My family is a very big gift,
My family is my pride,
My lovely family .

I love my family,
It's a big-big family,
My family is very lovely.

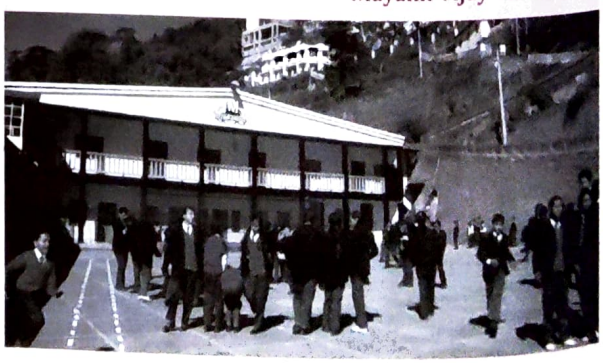
My lovely-lovely family,
My family will always be with me,
We will have a lot of fun,
My family, My lovely-lovely family.

Anchal Rauthan, V B

School

The place where I spend my day
The place where I work and play
The place where I am happy and gay
The place where I follow the right way
The lovely place in my school
Where with looks I feel warm and cold
It makes my foundation strong
And helps me go along
It helps me to build a charming future
With subjects like grammar and literature
We live here as a family
Sharing joys of living happily.

Mayank Vijay Tomar, VI B



It's Up To Me

There's my neighbour so lone and forgotten?
It's up to me to make things lighter for him
There's my neighbour so lone and forgotten,
It's up to me to help him through.

If I can work with courage for the cause of rights
Then my neighbour, so lone and forgotten
May find the strength to live to-day
Love and friendship have a power
Love and friendship can bring new joy and hope to all.

Akshita Panwar, VIII

The Thought of Life



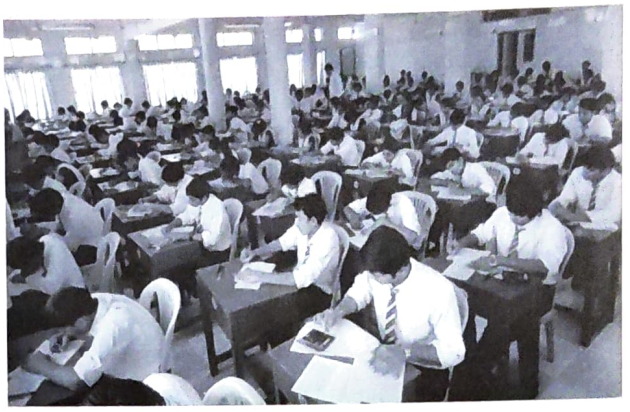
When things go wrong, as they sometimes will,
When the road you're trudging seers all up hill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit –
Rest if you must, but don't you quit.

Life is a queen with its twists and turns
As everyone of us sometimes learn
And many a failure turns about
When he might have won and he stuck it out
Don't give up though the pace seems slow –
You may succeed with another blow.

Success is failure turned inside out –
The silver tint of the clouds of doubt,
And you never can tell how close you are;
It may be near when it seems so far,
So stick to the fight when you're hardest hit
It's when things seem worst that you must not quit.

Abhishek Chauhan, VIII

Examinations



Examinations are a student's nightmare
They are often and are not rare.
At the beginning of the session
The students just do not care,
And at the last day they start to prepare.

They learn and learn and
Revise and revise
But whatsoever they learn
And revise it all goes
To the student who is
Intelligent and wise.

They get disheartened with the marks
And telling it to their
Parents becomes such a difficult task

And then comes the open day
With the shortage of their monthly pay
But there the students are still glad and gay.
As the examinations remain
No more a nightmare.

Gauri Dangwal, VII

NICE THOUGHTS

- "When someone walks away from you
It's not the end of your story
It's the end of their part in your story ".

- "Kill tension
Before tension kills you."

- "Reach your goal
Before goal kicks you!!"

- "Live life
Before life leaves you."

Abhishek Chauhan, VIII

My Favourite Teacher



T - She teaches us very well
E - We enjoy her teaching style
A - She teaches us arithmetic
C - She checks our problems and tells the solution.
H - She helps us if we don't know
E - She entertains us while teaching
R - She tells us to resolve the problem if it is wrong.

Sejal Verma, IV B

The Lord is My Protector



Mira was happy in the
worship of her Lord;
Rana gave her a present
in a basket.
Mira, after opening it
found the Lord Himself
Rana sent her a cup of
poison;
Mira after her prayer,
Drank it
Which the Lord had
turned into nectar
Rana sent a bed of nails
for Mira to sleep on
That night, when Mira
slept on it,
It became a bed of flowers
Mira's Lord averts all her troubles,
He is forever her kind protector
Mira roams about in the ecstasy of her devotion
She's a true devotee of the Lord.

Nidhi Nautiyal, VIII

Something To Remember

Thoughts make words
Words make deeds
Deeds form habits
Habits form character
Character leads to destiny.
Words can heal
Words can pump new life
Words can restore well-being
Use only helpful words.

Nidhi Nautiyal, VIII

KINDNESS



"We may not realize
That everything we do
Affects not only our lives
But touch the lives of others too.

For a little bit of thoughtfulness,
That shows someone you care
It creates a ray of sunshine
That everyone can share.
Yes, every time you offer
Someone a helping hand
Every time you show a friend
You care and understand
You help someone find beauty
In this precious life we live.

For happiness brings happiness
And loving ways bring love
And kindness is a treasure
That is made of contentment."

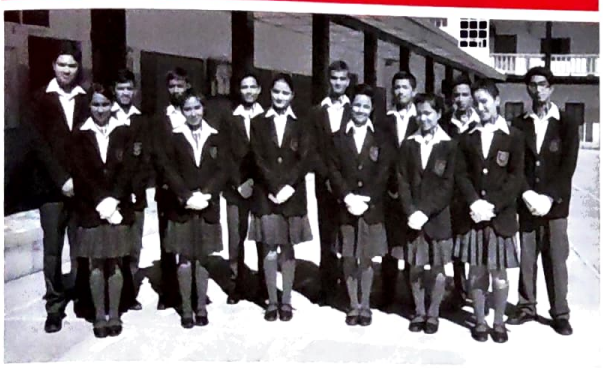
Avnika Nawani, III

The Power of Words

A careless word may kindle strife,
A cruel word, may wreck a life,
A bitter word, may hate instill,
A brutal word may smite and kill,
A gracious word may smooth the way,
A joyous word, may light the way,
A timely word, may lessen stress,
A loving word may heal and bless.

Nidhi Nautiyal, VIII

Age of The Students



Students of college
Are full of knowledge
Students of ten
Are lion in a den.

Students of nine
Are indeed very fine.
Students of eight
Are very late
Students of seven
Are always in heaven

Students of six
Are full of tricks
Students of five
Are bees on a hive
Students of four
Shout till their throats are sore
Students of three
Are always free
Students of two
Are always in blue.
To give an end to the poem
I will say that students of one
Are really having fun.

Tanuja Pandey, IV B

Developing Personality

1. Don't compare yourself with anyone in this world.
   If you compare, you are insulting yourself.
2. No one will manufacture a lock without a key.
   Similarly God won't give problems without solutions.
3. Life laughs at you when you are unhappy.
   Life salutes you when you make others happy.
4. Every successful person has a painful story.
   Every painful story has a successful ending.
5. It is easy is to judge the mistakes of others.
   But difficult is to recognize our own mistakes.
6. It is easier to protect your feet with slippers
   Than to cover the earth with a carpet.
7. No one can go back and change a bad beginning.
   But everyone can start new and create a successful ending.
8. If a problem can be solved, no need to worry about it.
   If a problem can't be solved, what is the use of worrying?
9. If you miss an opportunity, don't fill your eyes with tears.
   There must be a better opportunity in store for you.
10. "Changing the face" can change nothing
    But "Facing the change" can change everything.
11. Don't complain about others.
    Give others a chance not to complain about you.
12. Mistakes are painful when they happen.
    But this collection of mistakes creates experience and success.
13. Be bold when you lose and be calm when you win.
    Heated gold becomes an ornament, beaten copper becomes wires, depleted stone becomes a statue.
    Pains will only make you feel more and more valuable.

Naman Dabral, VIII



My Doll



My doll is beautiful
She is beautiful than me.

She wears a pink frock
With a pink shoe.

She is very fond of tea
And a sunny day.

I love her
She too loves me.

Sejal Verma, IV B

Nature



Whether one is watching a thrilling thunder storm or looking up at a mighty tree, the experience of nature is one of awe. One cannot help but marvel at the great waterfall.

Time spent in nature is time spent realizing that you don't know it at all and that you never will. The earth is meant to be enjoyed by its habitants. That includes, keeping it in the prestigious condition in which it was discovered. Everyone has a part of the earth that they relate to the most. Whether it is a majestic mountain range, a roaring waterfall, a bouquet of flowers, or the calm of the woods, these are places to get to know oneself and build bonds with nature.

Shubham Sharma, VI B

Flint

An emerald is as green as grass,
A ruby is as red as blood;
A sapphire shines as blue as heaven;
A flint lies in the mud
A diamond is a brilliant stone;
To catch the world's desire;
An opal holds a fiery spark
But a flint holds fire.

Mansi Aswal, V A

Save Trees



The nature of our
Future depends on the
Future of our nature
Don't cut a tree, let it grow free.

To have a good scenery
There should be enough greenery!
Let the peace of nature glow in your life
Save our nation, stop deforestation

Cut a nation, Cut a tree and
There'll be no more left to see
When you conserve water, you conserve life!
Deforestation: No tree left behind.

Sneha Dass, VI B

Mother



M - Motivator of good trials
O - Omnipresent during the tough times
T - Tutor throughout life
H - Harvester of good values
E - Engineering the personality of her children
R - Role model for her children.

Promod Negi, VI B

My Shadow



I have a little shadow that goes in and out with me;
Each day, more of him, I can see.

He is very, very like me from the heels up to the head;
And I see him jump before me, when I jump into my bed.

The funniest thing about him is the way he likes to grow.
Not at all like us who grow very slow.

For he sometimes shoots up taller like an India-rubber ball.
And sometimes he is so little that there's none of him at all.

Mansi Aswal, V A

My Mother



I see an image of someone,
Whom I cannot forget.
She appreciates me to achieve my target
God please never take her away from me.
God she has done many good
Deeds, you also see.

I am really lost in her love
I feel free, free as a dove
God help me to pass her this test
I want her to be better, I want her to be the best.

She picks me up and holds me tight
If I do a mistake she comes and fights
That special person is my mother
Hold her softly, for me she is as light as a feather.

Poonam Thapa, VII

Save Girl Child



In today's world girls and women are not saved. Don't they have the freedom?

Why does a boy only get the freedom to live carefree?

If a boy's thinking is foul, why does a girl suffer?

A girl's attire is often dictated. We hear a lot of cases on news channels and we read in the newspapers that today the girl was molested in Delhi, then tomorrow in Lucknow. Why are these places not safe? Why are the girls not safe? The Government is not taking an adequate action to ensure a girl's safety. The criminals are moving around freely because the government is not serious about these matters. Girls are not the things to be used and thrown. In today's time a girl can rule the world- a girl can do anything. Those people who think that a girl can't do anything – we will prove them wrong. So we all request the people to "SAVE A GIRL CHILD" and help them survive with dignity.

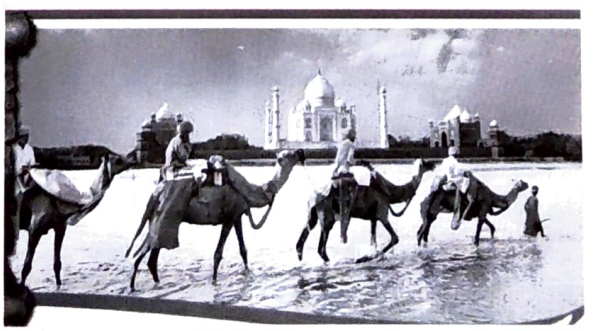
Priya Kandari, VII

My Country

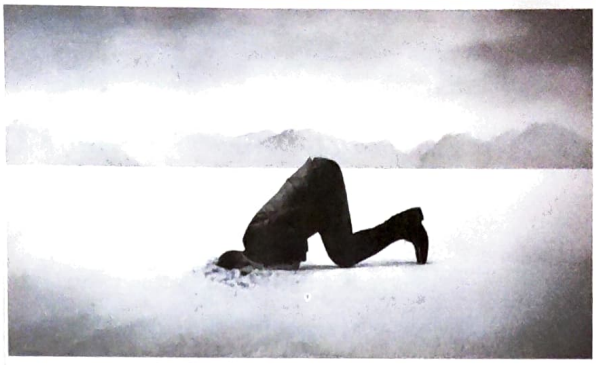
My country India, my Bharat
My mother land, my place of birth
My country, my pride
Beautiful she is, like a bride.

I shall make my country great,
Free from hunger and from hate
Let us sing to the glory of our land
Wishing it good with folded hands.

Sakshi Singh, VI B



Save Me from this Wicked World



Oh! God save me
Save me from this wicked world
Who wants to kill me?
Before I am born?

Who wants to kill me because I am a girl?
What wrong have I done to others?
Just because I am a girl
I also want to feel the warmth of my mother

The care of a father
The care of a brother
I will make my parents proud of me
Oh! God save me!

I don't want to die before seeing this beautiful world
In one phase of life they worship me
And in the other phase they kill the girl child.

Sonali Semwal, IX B

Friendship



A faithful Friend is a medicine for life.

F	-	Few
R	-	Relations
I	-	In
E	-	Earth
N	-	Never
D	-	Dies

Friendship multiplies the good of life and divides the evil.

Swati Rautela, VII

Each Time on the
Independence Day

It is the eve of Independence Day,
Everyone is seen with a flag today
New performances, tri-colour dresses,

As seen on the stages of schools today
It is 63 years after Independence
Are we really Independent---------?

Each time we wave a flag
We forget the children, who were beat with belts,
Moaning and groaning on the rag.

Each time we sing a patriotic song
We forget the beggars in buses and trains,
Singing a song

Each time we see the Prime Minister giving a salute,
We forget to give a salute to the soldiers,
Who laid down their lives, as a tribute?

Each time we see the Prime Minister giving a speech,
We forget to remember the leaders who gave millions of speeches
To unite, our fore fathers, to revolt against the British.

Each time we hear of revolts in the past,
We must remember that we are Indians,
Be not aghast.

We must also remember that our past India,
is not our present India
That patriotism has become a joke
But there is no Indian to give it a thought.

Corruption is spreading, people are breeding
Over population, global warming and disease
Shattering the image of India.

If this is the India our leaders dreamt,
Then it would have been better that we would not be freed.
This is the message for you all, that on this Independence Day
The British had a great fall.

If you want to take India to the dream lands of our leaders
Then let us join hands to revolt against these intruders.

Darshman Singh, VII



God's Blessings



Lord almighty has been kind,
To bless me,
with a creative mind.

He has given me a healthy body,
For which I am very active and naughty.

My loving parents are the best gifts of God,
They guide, support and advise me a lot.

I am confident to grow up as a good boy,
And I will share good learning, happiness and joy.

Abhraneel Choudhary, III



Flames springing up from every secluded corner,
Yellows, reds and oranges, flickering in the dark May night.
Creeping up the ivy which hangs like curtains down the wall.
All about the house the flames are spreading,
A yellow glow hovers around.
The flames are reaching for the trees,
And now the house has almost gone,
With a crash like thunder, the roof fell in.
The flames dance out, like hungry tongues,
Sparks fly up, like sunbeams, into the sky.
The woodwork crackles, and burns to a cinder,
On and on roars the great hot fire,
Scorching anxious people who are trying to deaden it,
With buckets of water thrown on here and there.
People cough and splutter as the fire sizzles
And the smoke rises like a thick fog.
The fire is out, the building's suffered most,
Everything is hot, and burnt,
Nothing is left, but the ruins of the house.

Yauvanika Bunker, X

Team Spirit



Team spirit is the ability to think and work together for a common goal. Working as a team brings out better result than working individually. When people work as a team, the pressure is distributed and success is achieved easily. Through team spirit one plus one becomes eleven.

There are certain rules which have to be followed in a team. Every member of a team has to work sincerely. They must cooperate and not compete with each other. A member of a team should not be selfish. He or she should not go after his or her personal success but the success of the team.

Team spirit is used in many areas of our lives.

A football team will not be successful unless all the players have the team spirit. A well known football manager once said, "It is easy to get good players. The hard thing is getting them to play with a team spirit". India won the cricket World Cup 2011 because of the team spirit.

During our freedom struggle, freedom fighters planned and worked as a team to bring India's independence.

In business also, team spirit plays an important role. The success of a company depends on whether all the workers are united and work as a team or not.

Team spirit is also seen in the animals. Ants, fish, elephants, geese etc. use team spirit in their daily lives.

Our Annual Sports Day celebration was successful because of the combined effort and team spirit of the CJM, Hampton Court family.

To sum up: Team spirit is thefuel that allows common people to produce uncommon results.

Piyush Sial, VI A

Good Manners



"Good Manners will open doors that the best education cannot". This quote by Clarence Thomas has been a great inspiration for many.

Good Manners are very important in our lives. They can help a man to win friends easily. A vital question," What are Good Manners?" Well, respecting the feelings and sentiments of people around us, showing proper regard to elders, loving our equals and being kind to those who are younger. In short, modesty and courtesy are essential traits of a man with ' Good Manners'.

In fact, good manners bring sunshine to life and enrich the personality of a man. I ask you friends, " Do you like a person who is rude? Do you ever want to visit a doctor who is unsympathetic?

Good manners cost nothing but they bring handsome rewards like 'acceptance by all'.

Another question," When should we cultivate our manners so that they are good? Childhood is the best period, which means now! Studying in the right school, imbibing values from our teachers, having the wonderful support of our parents definitely lead to our manners being good. If this does not happen, it's time then to introspect....to look within ourselves.

You can get through life with bad manners but it's easier with 'Good Manners. The choice is yours.....Make the Right Choice.

Piyush Sial, VI A

The Garden of Love

We are living in the garden of love,
Little pretty flowers, happy every hour,
Living in the garden of love
In the bliss and enjoyment.

God wants to see us all grow big and strong
Protecting us all the day long
He is the gardener, who cares for-you and me
It's a wonderful and special place to be.

Come, sharing down on you,
So you can live there too
Our country is God's garden,
He wants us to live here in harmony....

Anam Afreen, VII

Tsunami

Tsunami means harbor waves
The waves are coming with very force
But when it comes to the land
It washes away thousands of people.

Tsumani means harbor waves,
The waves swept thousand and thousand lives
The waves attract everybody

Man is a fool
Because he did not know
When the water dried up and the
Sea creatures were giving messages.

Tsunami means harbor waves,
It washed away children's houses
And fruit of their hard work
So let us pray to God
To give them strength and courage
To live as they were living before.

Darshman Singh Kalra, VII



Cyclones

The term 'cyclone' is associated with the circulatory winds in the lower parts of the atmosphere. A cyclone develops when a low pressure area is surrounded by a high pressure. Thus, the winds blow towards the center at a very high speed and are destructive in nature. These winds are accompanied by heavy rains and are often disastrous.

In India, areas which are cyclone prone are West Bengal, Odisha, Andhra Pradesh, Tamil Nadu, Gujrat and Maharashtra.

There are precautions against the cyclone such as listen regularly to weather bullentin's on radio and television. Do not venture into the sea. Keep the phone number of hospitals, police help line, agencies, relatives and friends handy.

Deepanshu Kandwal, VII

To Become
A Successful Person



I am an eight year old boy, studying in a prestigious school Convent of Jesus & Mary, Hampton Court in III standard. I want to become an engineer. When I look at successful people around me like the doctors, engineers, policeman, teachers etc, I too dream of becoming like them.

But, one day I saw a tall man standing on the footpath, waiting for a bus. A cross the road, there was an old lady of about eighty years; she was blind and could hardly walk. She wanted to cross the road but she was scared because of the traffic. Still, she tried hard and stepped a head, but she fell on the road. Poor old lady cried for help but no one stopped to help her, I asked the tall man on the footpath, to help the old lady, but he pushed me and ran to board the bus.

Then, I rushed to help the old lady to cross the road. That day I realized that:

It is not important to become a successful man but much important to become a kind and helpful person first.

Pranjal Pant, III

Floating Population

Floating Population is the name given to that population of a town that does not live permanently in a town but journeys there for a considerable length of time. This population come to town in the process of some work or for the purpose of touring. This type of population is mostly found in the metropolitan towns, these being the business centres coupled with being centres of attraction.

However, this floating population gives rise to a multitude of problems for the residents. A large magnitude of their problems is due to their movement in the towns which leads to crowded population on the streets, in the local trains, in city buses and other forms of public transport. This crowd leads to numerous road accidents. This also forms the basis for various crimes which is untraceable since the culprit just vanishes. Floating population certainly disrupts the law and order in a city. Thus, we say to some extent that the metros serve as a convenient medium for opportunities bu t at the same time suffer the brunt of a motley of problems created by this very population.

Floating population , thus, has its advantages and disadvantages. On one hand, they are an epitome of opportunities while on the other, they can prove to be a menace too. However, with a more planned and disciined law and order, I am sure that we can bring out the best from them.

Abhinav Bermolla, X



Attitude

What is really the essence of the word 'Attitude'? This is the very gist of an individual's way of thinking; it is an individual's ideals, his concepts of what is right and what is wrong; and all his or her aspirations. In a nut-shell, attitude can be defined as the totality of an individual himself.

Next, we need to ponder about how an attitude is found in an individual- are they inborn or do they develop in due course of time? Well, I feel that certain aspects are inborn and inherited. However, his thought process gets influenced as he grows owing to the various circumstances that he meets. With the right attitude he can make the most of these circumstances.

Attitude is the most influential factor in shaping the character of a person. It motivates a person to work efficiently and also adopt himself to the changing trends in society. The right attitude enables us to put our heart and soul into any task that we attempt and the result would definitely be 'Success'.

Abhinav Bermolla, X

The Changing Face of Education



"**Reflection without life is empty, life without reflection is blind**", said the German philosopher Immanuel Kant. Man is a reflective being. He acts and then reflects on the principles of his actions. He reasons and then reflects on the rules of reasoning.

Education has always been important and an integral part of progress of a nation, but perhaps never more so in man's history than today. Good value based education for children are our prime concern. In the rapidly changing world of today, one thing is certain: Yesterday's educational system will not meet today's, and even less so, the need of tomorrow.

If we want kids to experience a sense of wonder and discover new information on their own (curiosity), if we want them to generate novel, adaptive ideas (creativity), and if we want them to derive their own perspectives and conclusions after a discussion (critical thinking), then the current educational practice needs to be reviewed.

To succeed, one has to show that success early in life. At present, even children who achieve enviable grades are failing to learn the basic things in life: Abstraction, curiosity and most of all appreciation. They are encouraged to feel that the end and aim of all they have to do in a school is nothing more than to get good marks on a test or an examination. Not only their curiosity is killed but also their feeling that it is a good and admirable thing to be curious and creative.

Well designed infrastructure, impressing learning techniques, systematic course development, 'correct' teaching techniques, and acceptance of the latest educational modules etc. are all commendable in themselves as outward and visible signs of efficiency, but they do not necessarily guarantee that teaching is effective. Effectiveness is a function of what teachers do; the extent to which they realize their responsibilities. If they fail to realize these responsibilities, they are ineffective-- no matter how efficient they seem to have been.

What therefore, should be the nature of a school?

In our considered opinion, a school should be a place in which each child in his/ her own way can satisfy the curiosity, develop abilities and pursue his/her interests, and from the teachers and senior children get a glimpse of the great variety and richness of life from which he/she could take whatever he/she wanted.

Since its inception CJM Hampton Court has been seeking the wholesome development of a child who can bring about harmony between knowledge and conduct; and between intellect and conscience. It is the conviction of our school that spiritual ideas blended with science and technological knowledge, both are the necessities for the development of a child.

The future holds an exciting challenge for our students and the learning environment we establish play a vital role to ensure they are equipped with the personal values and learning skills and they will continue to be lifelong learners.

We ensure that students leave us only after having learnt clearly how to distinguish evidence from dogma, the important from the trivial, what is appropriate from what is irrelevant and how to apply all that to their chosen subjects of study.

We are firmly convinced that generally speaking, it is in the children that men lay the essential groundwork of their creative thoughts. The creative genius of children blossoms out in thought and ideas with inexhaustible fertility. These furnish the building materials and plans for the future; and it is from them that age takes the stones and builds the edifice.

Always believe in the indefatigable zeal for the enhancement of education through "**service born out of love**".

Sunita Sial, Teaching Faculty

Ways to Differentiate between
School & College

1. In school, you do homework. In college, you study.

2. In school, you wear your backpack on one shoulder; in college, on both.

3. In college, the professors can tell you the answer without looking at the teacher's guide.

4. In school, you're told what classes to take. In college, you get to choose; that is, as long as the classes don't conflict and you have the prerequisites and the classes aren't closed and you've paid your tuition.

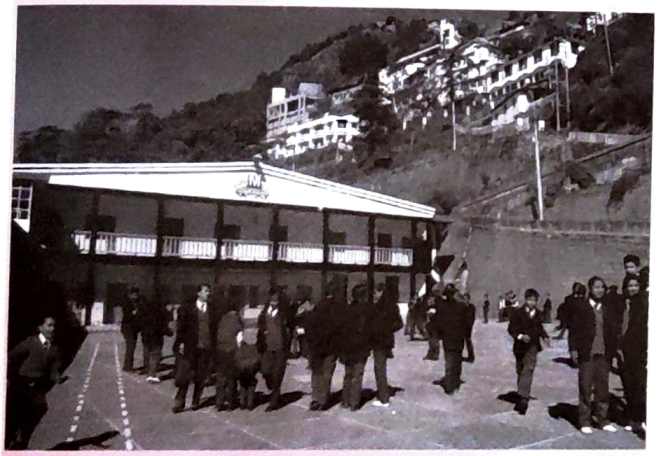
5. In school, if you mess up you can usually sweet-talk your way out of it. In college, you're lucky to ever talk with the professor.

6. In school, when the teacher said, "Good morning," you mumbled back. In college, when the professor says, "Good morning," you write it down.

7. In college, weekends start on Thursday.

8. In school, you can't go out to lunch because it's not allowed. In college, you can't go out to lunch because you can't afford it.

Nikita Tiwari, XII

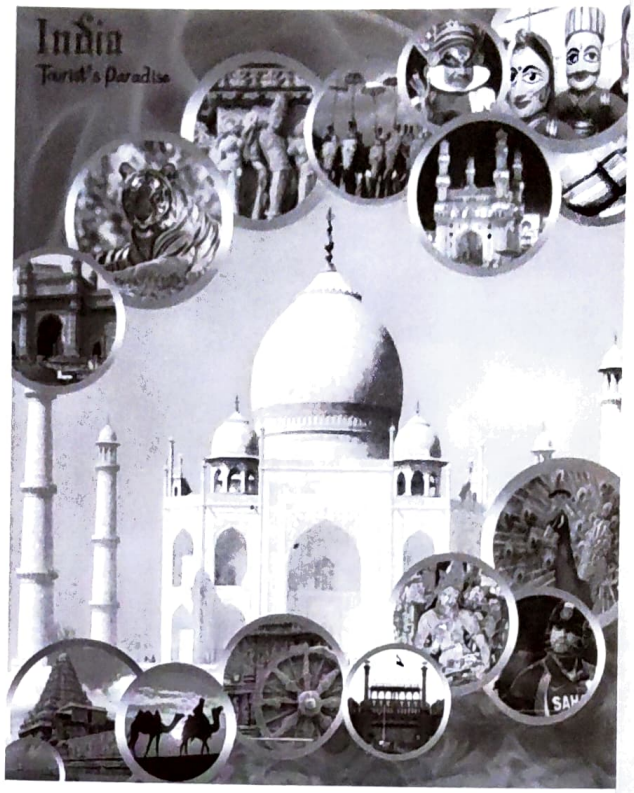


Great Thoughts

If you can't fly, then run,
If you can't run, then walk,
If you can't walk, then crawl
But whatever you do
You have to keep moving forward.

Aditya Bhatt, III

मेरा देश



इस जग मे सबसे प्यारा हमको हमारा देश है।
रग अलग है रूप अलग है, एक हमारा वेश है।
जाति अलग है, धर्म अलग है पर न कोई द्वेष है।
इस जग मे सबसे प्यारा हमको हमारा देश है।
भिन्न–भिन्न है बोली यहाँ पर भिन्न–भिन्न प्रदेश है।
गीता हो या कुरान, बाइबल सबका यहाँ समावेश है।
इस जग में सबसे प्यारा हमको हमारा देश है।
मिलजुल कर हम रहे यहाँ पर अपना यह सदेश है।
ये और नहीं है दूजा कोई अपना भारत देश है।
इस जग में सबसे प्यारा हमको हमारा देश है।

Gauri Panwar, V A

हक

उन्हे भी पता था हक जो मारे गए
हक के लिए और हक उन्हें भी है
जो मारे जाएँगे गरीबो के पास सिर्फ हक होता है
चीजो नर चाजे नही।

Gautam Bist, IX B

पानी अनमोल है



पानी तो अनमोल है
उसको बचा के रखिए
जीने का सहारा है
बर्बाद मत कीजिए।

पानी को तरसते है
धरती पर काफी लोग यहाँ
पानी ही तो दौलत है
पानी सा धन है भला कहाँ?

पानी की बचत जरूर करें
पानी है धरती की षान
पानी जो न बचाया तो
वो दिन जल्दी आयेगा
धरती का हर मनुष्य
बस पानी पानी चिल्लाएगा।

रूपया पैसा धन दौलत
कुछ भी काम न आएगा
यदि इन्सान इसी तरह
धरती को नोच खायेगा
तो बच्चों, बूढो और जवान
अब तो जागो हर इन्सान
क्योंकि पानी में बसती है सबकी जान।

Nikita Tiwari, XII

कृष्णा

दुनिया के ये भगवान, कृष्णा जिनका नाम
कृष्णा है सबसे सुन्दर और है मेरे मन के अन्दर।

लिए उन्होने दस अवतार कभी बने राम तो कभी बने श्याम
राम बनकर प्यार पाया कृष्णा बनकर दुलार पाया ।

मेरे मन को साफ किया अपना उसमे नाम लिखा
पावन जो धाम किया जो गोकुल उसके नाम दिया ।

मेरे मन में नाम लिखा जो
कहते है सब कृष्णा उसको।

Avitansh Surira, XII

समय

'समय' और 'समझ' दोनो एक साथ खुशकिस्मत लोगों को मिलते हैं.....
अक्सर 'समय' पर 'समझ' नही आती और 'समझ' आने पर 'समय' निकल जाता है।

जीवन बहुत सुन्दर है



जीवन बहुत सुन्दर है
इसे और सुन्दर बनाओ

मन ऐसा रखो कि किसी को 'बुरा' ना लगे।
दिल ऐसा रखो कि किसी को 'दुखी' ना करे।
स्पर्ष ऐसा रखो कि किसी को 'दर्द' ना हो।
रिष्ता ऐसा रखो कि उसका अन्त ना हो।



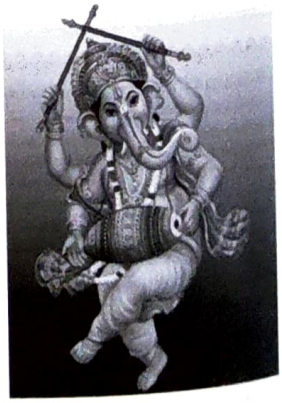
बेटी

बेटे भाग्य से होते हैं
लेकिन .....
बेटियाँ सौभाग्य से होती हैं।

अनुष्का प्रिया चौहान, पाँच 'ब'

कुछ कहते है गणपति

गणेश जी के कितने लम्बे–लम्बे कान है। लेकिन क्या हमने गौर किया है कि उनका मुँह कितना छोटा होता है। उनके लम्बे कान का अर्थ है कि हम ज्यादा से ज्यादा सुनने की आदत डाले जबकि हम लगातार बोलते रहते है और अपने बड़ो या दोस्तों की बात सुनना ही नहीं चाहते। जब हम कम बोलगे तब हमारे पास दूसरों को सुनने का ज्यादा समय बचेगा।



Sonali Semwal, IX B

जिन्दगी

जिन्दगी कितनी हसीन होती है
ये मैने आज महसूस किया है
अगर थोड़े दुख मिलते है
तो खुशियों की भी कमी नही
अगर नफरत इतनी मिलती है
तो प्यार की भी कुछ कमी नही
मुश्किल थोडी आ जाती है
तो हल उसका भी मिल जाता है
समझ नही कुछ आता है तो
समझाने वाले आते हैं
फीके–फीके रंग कहीं तो
कहीं रंग बिरंगी दुनिया है
काले बादल छाए कही तो
कही सूरज का उजियारा है
रूखा सूखा दिन कही तो
कही सावन का महिना है
जिन्दगी बहुत हसीन होती है
ये मैने आज माना है।

Noshin Aslam, XII



पहेलियाँ

रोज सवेरे आता हूँ
धरती को जगाता हूँ
अपनी आभा फैलाकर
शाम ढले छिप जाता हूँ। — सूरज

काँव–काँव का शोर मचाऊँ
बादल देख खूब हर्षाऊँ
पंख फैलाकर नाच दिखाऊँ
सबके मन को मै भा जाऊँ। — मोर

तारों के संग इठलाए
नभ की शोभा और बढ़ाए
सब बच्चों के मन को भाए
तभी उनका मामा कहलाए। — चन्दामामा

जैसे–जैसे छीलते जाएँ
भीतर इसके कुछ न पाएँ
झटपट आँसू आँखों में आँए
झर–झर कर बहते जाएँ। — प्याज

Ankit Pundir, 5 A

नारी



पहले के युग में नारी का बहुत अपमान होता था। नारी को कोई हक नही था कि वह ऐश और आराम की जिन्दगी जिए। नारी ने हमेशा कुर्बानी दी है कभी किसी की सती बनकर कभी अग्नि परीक्षा देकर जैसी सीता माँ। उनका दामन, पाक होने पर भी उन पर भी उन्हें अग्नि परीक्षा देनी पड़ी।

ये सब तो पुरानी बातें थी पर आज के युग में नारियाँ बहुत आगे बढ़ चुकी है। वे आसमान की ऊँचाईयों को छू रही है। कल्पना चावला ने हमें गर्व महसूस करवाया है। वह भारत की पहली महिला थी जो अंतरिक्ष में गई थी। परन्तु एक हादसे का शिकार हो गई। सुनिता विलियमस् भी हमारे लिए एक उदाहरण है। ये दोनों महिलाएँ हमें प्रेरणा देती हैं कि नारियाँ कुछ भी कर सकती है। ऐसी ही हमें किरण बेदी से प्रेरणा मिलती है। वह पहली महिला आई० पी० एस० अफसर है। किरण बेदी में कुछ कर गुजरने का जज्बा था। वह अपने देश के लिए कुछ भी कर जाएगी।

सुधा चन्द्रन भी एक नायिका है। एक दुर्घटना का शिकार होकर उन्होने अपना पैर खो दिया। डॉक्टरों ने उनका ऑपरेशन करके एक नकली पैर लगाया उस पैर के साथ उन्होने चलना सीखा उन्हें नृत्य का बहुत शौक था और बहुत सारी कठिनाइयों के बाद वह अपने पैर के साथ स्टेज पर परफोर्म कर पाई।

इन सब नारियों को हम सलाम करते है।

तभी तो कहा गया है:–

'Behind a successful man' 'there's always a woman.

Anjali Jangra, IX B

चुटकुले

माँ : (माँ चिन्टू को डाँटते हुए) चिन्टू तुमने मुन्ने को क्यों मारा?
चिन्टू : वह कुछ उत्तर नहीं दे रहा था।
माँ : अभी तो वह छोटा बच्चा है, उसे तो बोलना आता ही नहीं।
चिन्टू : तो इतनी सी बात कह नहीं सकता था।

अंकित पुण्डीर, पाँच 'अ'

एक बार एक टीचर ने एक छात्र से पूछा– दुनिया में कितने देश है।
छात्र पे बोला– सर दुनिया में एक देश है जिसका नाम भारत है।
टीचर बोला– अच्छा तो अमेरिका, इग्लैंड, पाकिस्तान क्या है।
छात्र ने जवाब दिया– ये तो सारे विदेश है।

सोहन : माँ हम बहुत ही जल्दी अमीर बन जाएँगे।
माँ : वह कैसे।
सोहन : कल हमे सर पैसे को रूपये मे बदलना सिखाएगें।

एक आदमी बड़ा सा बॉक्स लेकर बस में घुसा और जोर से चिल्लाया, खबरदार कोई अपनी जगह से हिलना मत पप्पू कुल्फी वाला खुद आपके पास आयेगा।

शिक्षक ने क्लास में लडके की कॉपी जाँचते हुए उससे कहा– मुझे आश्चर्य होता है कि तुम अकेले इतनी सारी गल्तियाँ करते हो?
लडके ने खड़े होकर कहा– यह सब गल्तियाँ मैने अकेले नही की है, मेरे पिता जी ने भी इसमें मुझे मदद दी है।

नेताजी–चिल्ला–चिल्ला कर कह रहे थे हर आदमी को हर चीज़ मिलनी चाहिए। जो चीज तुम्हें अच्छी लगे ले लो।
यदि तुम्हें भूख लगे तो खाने की दुकान लूट लो। यदि ठण्ड लगे तो दुकान का सबसे अच्छा सिला कोट उठा लो..... भाषण देने के बाद वे मंच से नीचे उतरे और चिल्लाए–अरे मेरी साईकिल कौन उठा ले गया?

राहगीर : तुम भीख क्यों मांगते है। यह बुरा काम है।
भिखारी : क्या आपने भीख मांगी है?
राहगीर : नहीं।
भिखारी : फिर यह बताइये कि आपको कैसे मालूम हुआ कि यह बुरा काम है।

जज : अच्छा तो इस व्यक्ति नें तुम्हें कैसी गालियाँ दीं।
नौजवान : हजूर वह सब गालियाँ शरीफों के सामने बयान करने योग्य नही है।
वकील : अच्छा तो हम सब यहाँ से चले जाते है। तुम जज साहब को अकेले सुना दो।

अध्यापक ने परीक्षा में चार पृष्ठों का निबन्ध लिखने को दिया– विषय था– "आलस्य क्या है? एक विद्यार्थी ने तीन पृष्ठों को खाली छोड दिया और चौथे पर बड़े–बड़े अक्षरों में लिखा– "यही आलस्य है।"

Mayank Kohli, VI B

भिखारी : (भीख माँगते हुए) अल्लाह के नाम पर केक दे दे बाबा!
आदमी : केक ही क्यों?
भिखारी : आज मेरा बर्थडे है।

Akshit Nautiyal, V A

एक आदमी बड़ा सा बॉक्स लेकर बस में घुसा और जोर से चिल्लाया। खबरदार कोई अपनी जगह से हिलना मत पप्पू कुल्फी वाला खुद आपके पास आयेगा।

अमीर का बच्चा : पापा आज बहुत गर्मी है
पापा : हम आज ही AC लगवा लेंगे
गरीब का बच्चा : पापा आज कितनी गर्मी है
पापा : चल तुझे गन्जा करवा देता हूँ।

एक छात्र ने गणित के अध्यापक से कहा सर अंग्रेजी के अध्यापक तो अंग्रेजी में बाते करते है। आप भी गणित में बात क्यों नही करते है?
गणित अध्यापक ज्यादा तीन–पाँच न कर फोरन नौ–दो ग्यारह हो जा नही तो चार–पाँच रख दूँगा तो छटी का दूध याद आ जायेगा।

Ayush Rawat, VI B

माँ और मातृत्व

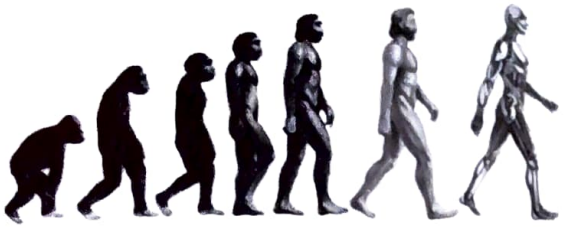


अपने सुखों को त्याग कर जो स्त्री अपने बालक के उज्जवल भविष्य की नींव रखती है, उसी जननी को माँ कहते हैं। माँ परमात्मा का वह स्वरूप है जो अपने बच्चे का लालन–पालन करती हैं। उसके कष्टों को माँ कहते है। माँ का कमल के समान कोमल हृदय होता है। अपनी सन्तान की जरा सी पीड़ा से भी वह व्याकुल हो जाती है। किसी भी स्त्री को आदर्श माँ तभी कहा जा सकता है जब वह अपने कर्त्तव्यों को अच्छी तरह जानती हो तथा उनका पालन भी करती हैं। एक आदर्श माँ ममता की मूर्ति होती है। वह स्वयं मार्यादित रहते हुए अपनी सन्तान को अच्छे संस्कार देती है।

सम्पूर्ण की भावना से युक्त वह अपने सुखों को त्याग कर अपने बच्चों के दुखों को दूर करती है। माँ ही सुखी परिवार का आधार है। जो स्त्री इस सभी गुणों से युक्त हो वही आदर्ष माँ कहलाती है वही अपने बालक का भी आदर प्राप्त करती है उसकी पूजनीया होती है और समाज द्वारा भी सम्मान की दृष्टि से देखी जाती है।

Noor Chaudhary, V A

काश! आदमी सिर्फ आदमी होता



जानवरो से कोई क्यो नही पूछता जात उनकी?
क्यो नही होता कोई धर्म उनका?

पहनते क्यो नही हैं कोई सम्प्रदाय–चिन्ह पेड–पौधे?
किस मजहब का राग अलापतह है बहती नदी?

ये सब आजाद हैं इस ताम–झाम से,
नही बाध्य तनिक भी आदमी की तरह,
किसी पथ, मजहब, धर्म, सम्प्रदाय के
बाडे मे कैद रहने के लिए।

अपने सुसस्कृत और सभ्य रहने का
दुष्परिणाम भुगत रहा है आदमी।

काश आदमी सिर्फ आदमी होता ?
वनमानुष्य की तरह, सिर्फ आदमजाद जीव।

Divyam Uniyal

भाषा हिन्दी

हिन्दी है सम्मान की भाषा यह अहसास कराना है।
तमिल, तेलगु और मराठी सबको समझाना है।
यह कठिन है फिर भी आगे बढते जाना है।
सयुक्त राष्ट्र को महत्व बताकर यह बिन्दी भी लगाना है।
ध्यान रहे हर भाषा किन्तु हिन्दी हमारी आन है।
याद करेगा विष्व हमारी जननी ही पहचान है।
हिन्दी है हम वतन है नारा फिर दोहराना है।
एक सूत्र की भाषा है यह दुनिया को समझाना है।
राष्ट्र प्रेम सिखलाती है यह अमन चैन की भाषा है।
करो प्रतिज्ञा आज सभी को हिन्दी ही अपनाना है।

Gautam Bist, IX B



केदारनाथ आपदा



16 जून आषाढ की रात,
बह गया रामबाडा केदारनाथ।
दिन था मंगलवार,
घर नही लौटे मित्र और यार।
बह गये सपरिवार,
माँ करती रही घर में इन्तजार।
केदारनाथ की आपदा को,
कैसे किया लोगों ने सामना।
रह गये रंग–बिरंगे सपने,
हम हैं नहीं सावित्री और सत्यवान।
जो ले आयें यम से उनके प्राण,
हम करते हैं यहीं प्रार्थना,
ईश्वर न दे हमें ऐसी यातना।

Aditi Bhandari, IX B

इन्सान

और भी कुछ है देश में वेद–पुराण
गीता–कुरान ही नही कुछ और भी है
देश में जैसे.....इन्सान।

Gautam Bist, IX B

माँ तुझे सलाम



हर रिश्ते में मिलावट देखी,
कच्चे रंगों की सजावट देखी,
लेकिन सालों साल देखा है माँ को,
उसके चेहरे पर न थकावट देखी,
न ममता में कभी मिलावट देखी।

Aditya Bhatt, III

वही पाता है मंजिल



वही पाता है मंजिल जो पहले खुद को खोता है,
उतर जाये जो दरिया में वही तो पार होता है।

रहो तैयार मरने को गर तमन्ना हो जीने की,
खुशी वो पा नही सकता मुकद्दर को जो रोता है।

मुकद्दर मे लिखा है जो कभी वो जा नही सकता,
गया जो बीत जीवन में वो वापस आ नही सकता।

न सोचो कल हुआ था क्या, न सोचो कल को क्या होगा,
किए बिन कर्म जीवन में, कोई कुछ पा नही सकता।

सुखों में हैं सभी अपने, दुःखो से खुद ही लड़ना है,
सहारा ढूंढते क्यों हो, अकेले तुम को बढना है।

दुःखो के जो मिले पर्वत, न घबराना कभी उनसे
शिखर कितना ही ऊँचा हो, तुम्हे ऊपर ही चढ़ना है।

अधेरा हो भले जितना, उजाला भी तो आयेगा,
हजारो गम मिले जिसको, खुशी का दिन भी पायेगा।

नही रूकना कभी पथ मे, है जीवन नाम चलने का,
अधेरे को जो रौंदेगा, उजाला वो ही पायेगा।

Priyanka Pandey, XI

जिन्दगी

जिन्दगी को हर पल सजाना पडता है
दर्द सहना पडता है, गम छुपाना पडता है
क्या पाया क्या खोया यह सोचना पडता है
फिर भी हमें खुश रहकर भुलाना पडता है
कभी खुद ही समझना पड़ता है
कभी आखो से अपनी बात को बताना पडता है
कभी महफिल में दूसरों को हँसाना पडता है
कभी सच्चाई को नजर अन्दाज करना पडता है
एक दिन सभी साथ छोड़ देंगे
यह जानते हुए भी रिश्ता निभाना पडता है
सिर्फ आँसू हाथ होंगे फिर भी रो न सकोगे
क्योंकि आँसुओं का भी मोल चुकाना पडता है।

Sushant Rana, IX B

क्या सपने देखना गलत है?

जब–जब मैं अकेली होती
रातों में मै जागा करती
तब अक्सर मै यह सोचती हूँ
क्या सपने देखना गलत है।

जब सोचती थी की स्कूल जाऊँगी
बडे होकर नाम कमाऊँगी
पढ़ाई के सपने मै देखा करती
माँ ने कहा– 'यह नही तेरे सपनो की धरती'।

घर में रहकर काम सीखो
रसोईघर में हाथ बटाओ
तब मन में यह ख्याल आता क्या सपने देखना गलत है?
जब तारों को मैं देखा करती
आसमान छुने की बाते करती
माँ फिर यह कहती "यह नही तेरे सपनो की धरती"
तब छुप–छुप कर मैं रोती थी
दिल से बस यह पूछती थी।

क्या सपने देखना गलत है?
वक्त बदला सपने बदले
क्रिकेट मे मैने मन लगाया
भाई को हर मैच में हराया
फिर आँखों ने एक सपना देखा
पर बीच में आई एक सीमा रेखा
माँ ने फिर समझाया कहा कि
बेटी यह नही तेरे सपनों की धरती
उस समय मुझे कुछ नही सूझा
बाद में मैने माँ से पूछा
कहा कि 'माँ सपने देखना गलत है?'

माँ बोली नही बेटी
सच तो ये है कि सपने जो तू देखा करती
वो तेरे लिए नही है बेटी
जिन्दगी का कड़वा सच है ये
कि सपने देखना नही बल्कि
बेटी होना गलत है।

Sonam Goyal, XII



ART GALLERY



Himanshi, X



Fazal Ahamad, IX A



Ayush Kandari, IV B



Harshita, X



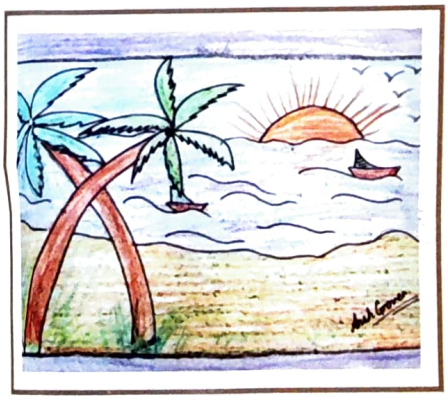
Sankar Aggarwal, IV B



Manav Walia, IX A



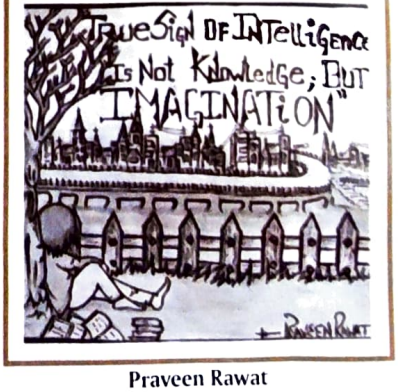
Shriyanshi Dangwal, IV B



Ansh Grover



Praveen Rawat



Praveen Rawat









Convent of Jesus & Mary

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