COUNCIL FOR THE INDIAN SCHOOL CERTIFICATE EXAMINATIONS
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CISCE/05-01/26/SPORTS

May 14, 2026

To: Heads of CISCE Affiliated Schools

Subject: Registration of *ACTIVE CISCE Programme* for the Academic Year 2026–27

Dear Principal,

This is with reference to the Physical Health and Fitness Assessment of students under the *Active CISCE Programme*, launched by CISCE.

As envisioned in the National Education Policy 2020, this initiative emphasises the importance of physical activity in a child's overall well-being. As open spaces become increasingly scarce, schools serve as essential and secure environments where children can actively engage in physical activity. Through *ACTIVE CISCE*, the Council aims to transform school campuses into vibrant centres for fitness and sports, encouraging students to lead healthier and more balanced lives, thereby supporting their academic growth.

As per CISCE Rules and Regulations for ICSE (Class X) 2027, Chapter-II A, Part I (d) inter alia, prescribes that candidates for the examination are required to have completed satisfactorily, course in Physical Education compulsorily.

In alignment with the above Regulations, for the holistic development of students, *ACTIVE CISCE* reinforces the integration of physical education within the broader academic framework to promote physical fitness, teamwork, and overall student development. Henceforth, the Internal Assessment grades awarded to the students in Physical Education will be validated by the reports generated through ACTIVE CISCE Fitness Assessment Programme.

Key Objectives of "ACTIVE CISCE"

The programme aims to integrate physical fitness and sports assessment for every student in CISCE-affiliated schools, with the following objectives:

- Assess physical fitness parameters of every student
- Nurture and develop sporting skills in every student and promote sports as a potential career pathway
- Make physical fitness activities an integral part of students' lives
- Promote happiness, health, and positivity among students.
- Provide early identification and vertical mobility in sports to talented students through CISCE Games and Sports competitions.
- Mandate curriculum-integrated physical activities and performance-based assessments to support physical, socio-emotional, and cognitive development.

Implementation Guidelines

As part of the *Active CISCE Programme*, schools in receipt of this circular are requested to follow the below guidelines:

- Schools must ensure that all students from Classes I to XII are registered on the CISCE Physical Health and Fitness Assessment Portal, which will be live on Council's website **with effect from 5:00 P.M. on May 15, 2026**. An Excel template will be provided on the portal to facilitate easy data upload.
- Schools should commence the Physical Health and Fitness Assessment immediately after student registration and upload the data on the portal.

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- A nominal fee of **₹100 per student** is applicable for registration on the ACTIVE CISCE Portal. Payment must be made through the CAREERS portal at the time of registration.
- As part of system integration, registration of students in Classes IX and XI, and the *Confirmation of Entries* for ICSE and ISC examinations, will only be processed after successful registration and data submission for:
  - Classes I to X (for ICSE schools)
  - Classes I to XII (for ISC schools)
- Schools are requested to conduct accurate physical fitness assessment of every student. Assessments for Classes X and XII should be given priority to avoid disruption of their academic schedules.
- Schools may conduct assessments manually and maintain records in Excel format. Consolidated data may then be uploaded in one instance on the ACTIVE CISCE Portal using the Principal's login credentials.
- A parent login facility is available on the portal to access student report cards. Schools may share login credentials with parents for downloading their ward's fitness report card.
- The *ACTIVE CISCE Registration and Payment Portal* for the academic year 2026–27 remains open from **5:00 P.M. on May 15, 2026 to July 31, 2026**.
- Registration under *ACTIVE CISCE* is a **mandatory prerequisite** for participation in CISCE Games and Sports competitions at Zonal, Regional, and National levels. Therefore, all schools must complete registrations within the stipulated timeline.

Schools in receipt of this circular are requested to ensure timely completion of the programme by adhering to the prescribed guidelines and SOPs of ACTIVE CISCE.

Your cooperation is solicited in achieving the shared vision of holistic student development through health, fitness, and well-being, in alignment with the objectives of CISCE and the vision of **NEP 2020**.

With warm regards,

Yours sincerely,

Dr. Joseph Emmanuel
Chief Executive and Secretary

Enclosed:

1. Training Schedule
2. SOP for conducting ACTIVE CISCE Fitness Assessment.