

HORIZONS

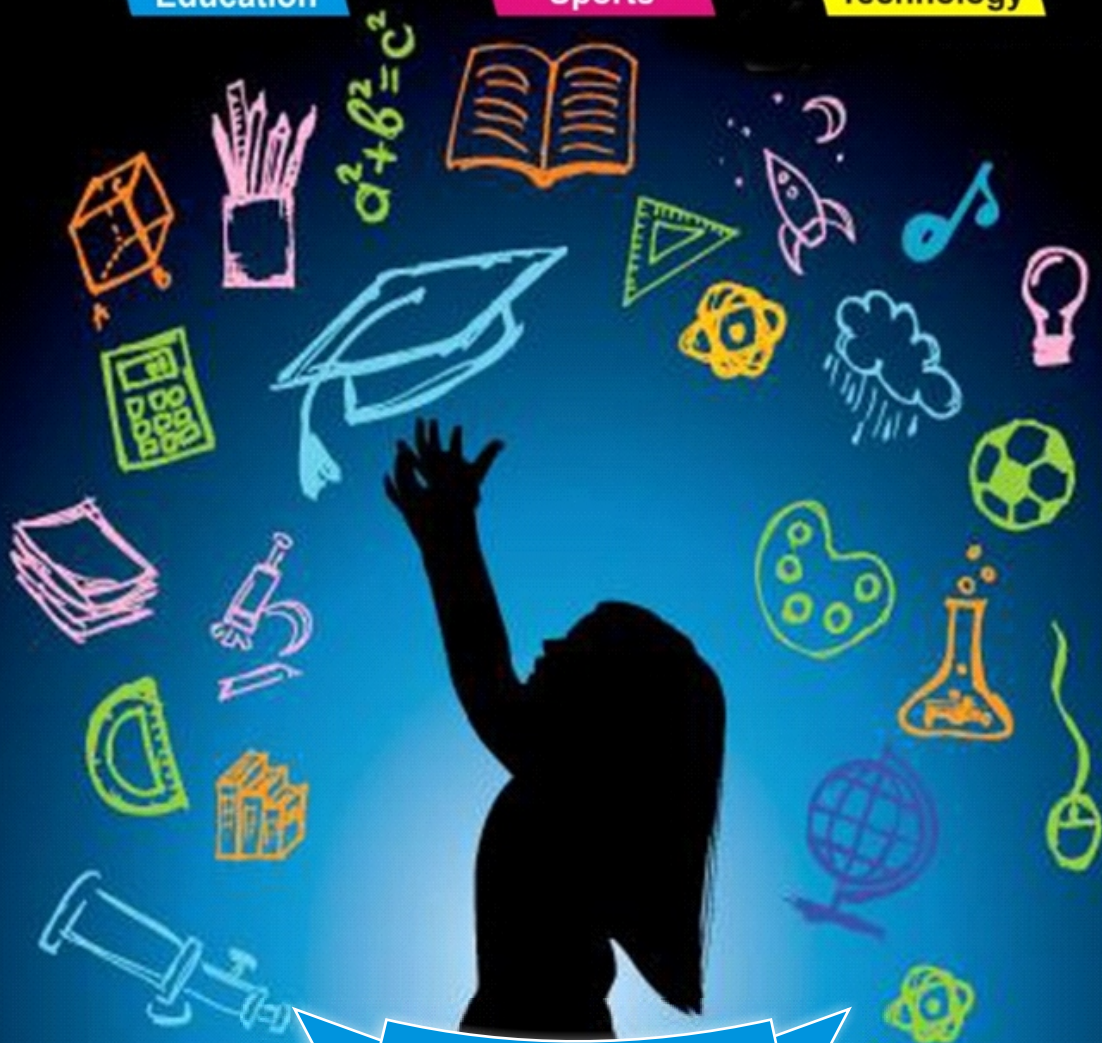


DELHI PUBLIC SCHOOL
SHAHEEDPATH

Education

Sports

Technology



JANUARY - 2021



ARTISTIC HANDS



Swati Chauhan
Class- X-B





Our Achievers

- ✧ **Janhavi Rai of XII 2019 Batch has been selected in MBBS through NEET, at T.M.U., Moradabad**
- ✧ **Shivendra Mishra -XII 2019 batch got selected in INDIAN NAVAL ACADEMY through NDA**
- ✧ **Aditya Agarwal secured a position in the young entrepreneur competition organized by FICCI FLO**

Activities Keeping Us On Our Toes

- ❖ **Human Rights Day**
 - ❖ **Times NIE Colour Splash 2020**
 - ❖ **Indian Navy Day**
 - ❖ **National Mathematics Day**
 - ❖ **IIT B Mood Indigo 2020**
 - ❖ **Christmas and New Year Eve Celebration**



Arushi Jain
Class- XI-B

YOGA

“You can't stop the waves, but you can learn to surf” -Jon Kabat-Zinn

After reading this quote and realizing the instability of our minds, I was impelled towards a deep thought of what life is? All my logics and principles of controlling the situations got failed as and when I dived deep into this quote.



Yoga takes you into the present
moment, the only place where life
exists.

— Patanjali —

AZ QUOTES

But one of my concepts that remained unaffected was that by the end, only I would be with myself. No matter what the situation is, how the time is or who surrounds me, by the end of my daily wars, it is just me that would be standing with me. But one question that would arise in your head would be, “What about after death? Who would be with me after the evening of my life?” The answer would still remain the same; it is YOU yourself that is always with you. Your soul would be a true friend throughout.



Well, how many of you really take care of this true friend?

Many people tend to overlook their eternal friend and rather take care of their new and variable friends that are around them. It is sublime to take care of our friends but let us work on keeping up with our soul as well.

Yoga is the best way to know your soul, your inner-self. It is well mentioned in Bhagavat Geeta “*Yoga is the journey of the self, through the self, to the self.*”

One must understand that the journey, one seeks outside, in the external world, can only be completed once the person completes his/her journey through his/her inner-self. This is what people call '*salvation*', the ultimate goal of every individual.

Ergo, the practice of yoga not only becomes a necessity but the purpose of a living being. Many people get mistaken of yoga as just a physical exercise routine that maintains physical fitness. Although, yoga has various other benefits including mental, emotional and spiritual well-being as well as a good and healthy interaction with nature. Dating back to 1500-500 BCE (according to the data available), when Rishis and Maharishis in India, taught about the sciences and preached the religious values, Maharishi Patanjali brought up with a set of exercises that included 5 dimensions of wellness:

- i. Physical
- ii. Mental
- iii. Emotional
- iv. Spiritual
- v. Environmental

This set of exercises, explained by Maharishi Patanjali in the “Yoga Sutras of Patanjali” is called 'YOGA', which is derived from a sanskrit root word, '*yuj*', meaning 'to attach' or 'to unite'. It is clear by the word itself that this practice would help in uniting the human spirit with the divine spirit and hence, help in achieving our ultimate goal of salvation.



PUT THE SCREWS ON



IT'S CHRISTMAS TIME !!!



Sadgi Singh
Class XI-C

Q1- The famous song 'Jingle Bells ' was actually written for which occasion?

- A- Christmas
- B- Thanksgiving
- C- Hanukkah



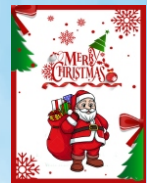
Q2- In which direction should you stir mincemeat for good luck?

- A- Clock wise
- B- Anti clock wise
- C- Straight



Q3- When was the first Christmas card sent?

- A- 1886
- B- 1823
- C-1843



Q4- Everyone is familiar with the mistletoe tradition. What is the color of the berries of the plant?

- A- White
- B- Blue
- C- Red



Q5- How many points does a snowflake traditionally have?

- A- Five
- B- Six
- C- Eight



ANSWERS: 1-B, 2-A, 3-C, 4-A, 5-B

EYE SPY OF THE MONTH

FORREST GUMP (1994)

Forrest, a man with low IQ, recounts the early years of his life when he found himself in the middle of key historical events. All he wants now is to be reunited with his childhood sweetheart, Jenny.

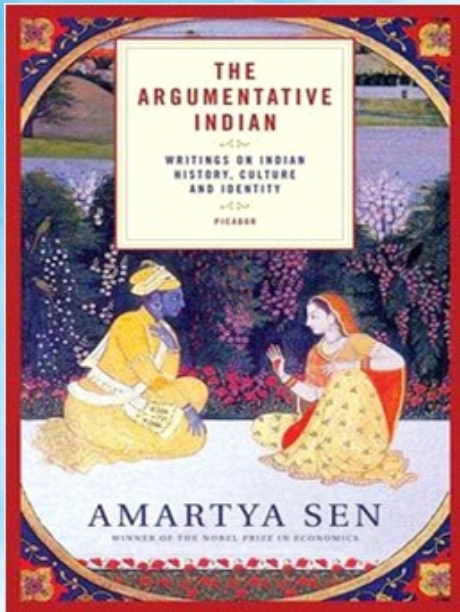


QUOTES AND NOUS

"The Worst Enemy To Creativity Is Self-Doubt"
- Sylvia Plath



READATHON



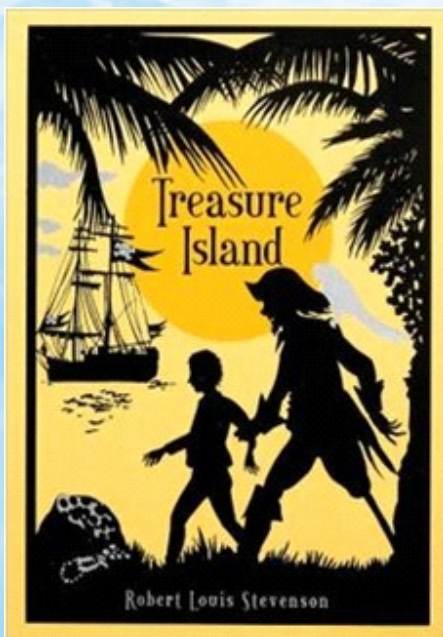
The Argumentative Indian
By- Amartya Sen

THIS SIDE OF PARADISE

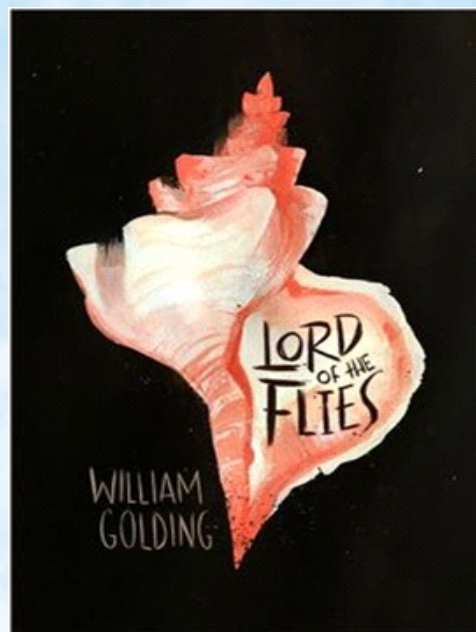


F. SCOTT
FITZGERALD

This Side Of Paradise
By-F.Scott Fitzgerald



Treasure Island
By- Robert Louis Stevenson



Lord Of The Flies
By- William Golding



WORDS TO PONDER



1. **Catharsis**- Releasing emotions through art
2. **Svelte**- A slender and elegant person
3. **Agnostic**- A person who believes nothing can be known about God or the existence of God
4. **Mixology**- The skill of mixing cocktails or preparing drinks
5. **Nefarious**- A wicked action or activity



THE GOLDEN RATIO

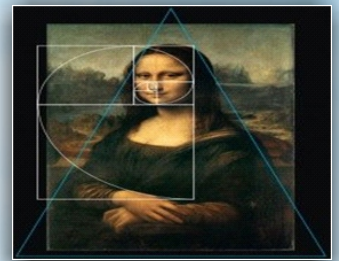


Vineet Verma
Teacher

The Golden Ratio of Beauty Phi originates from the European Renaissance. Several artists used the equation as an aid to create their master pieces. Scientists have since adapted the mathematical formula to explain what makes a person beautiful. Supermodel Bella Hadid has been declared the most beautiful woman in the world after she passed a science test that determines what constitutes the 'Perfect Face'. The 24-year-old was found to be 94.35% 'accurate' to the Golden Ratio of Beauty Phi - a measure of physical perfection.



One very famous piece, known as the Mona Lisa, painted by Leonardo Da Vinci, is drawn according to the golden ratio. The golden ratio is $1:0.618$ and has been coined golden because it is said to be aesthetically pleasing. The golden proportion can be found throughout the human body. A golden rectangle is simply a rectangle with dimensions that reflect the golden ratio. The Mona Lisa has many golden rectangles throughout the painting. By drawing a rectangle around her face, we can see that it is indeed golden. If we divide that rectangle with a line drawn across her eyes, we get another golden rectangle, meaning that the proportion of her head length to her eyes is golden. There are other golden rectangles that can be drawn on the rest of her body, like from her neck to the top of her hands.



Da Vinci created other pieces that were also drawn according to the golden ratio such as The Last Supper, Old Man, and The Vitruvian Man. The Vitruvian Man (or Man in Action) is the drawing of a man inscribed in a circle. The height of the man is in golden proportion from the top of his head to his navel and from his navel to the bottom of his feet. The Vitruvian Man illustrates all of the divine proportions within the human being.



DPS CREATIVE CORNER

CHRISTMAS ACTIVITY

PRE-PRIMARY WING





PRIMARY WING





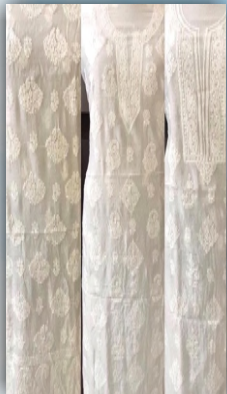
SENIOR WING



THE CITY OF NAWABS LUCKNOW



Chhavi Singh
Class VI-A



The nickname of Lucknow has been appropriately kept 'The city of Nawabs'. From food to cuisine everything is wonderful. Lucknow is particularly famous for chikankari and its places of interest. The most famous food you will find in Lucknow is 'Lakhnavi Biryani' served with tari (special gravy served specially with biryani), raita (dahi chutney) and salad. Such a mouth-watering flavor it has. Yummm! The chikankari is famous embroidery art generally practiced at Chowk, Lucknow.

You will find many places of interest like, the Bada Imambara (Bhul-Bhulaiya), Rumi Darwaza, Clock Tower, Ambedkar Park, Janeshwar Mishra Park, the Lucknow Zoo and the Gomti River Front Park. The Imambara is a very famous four Storey Building. The famous Janeshwar Mishra Park is Asia's largest park with Mig21 as a popular attraction for the tourists. The Ambedkar Park named after Dr. Bhim Rao Ambedkar has large statues of elephants and famous personalities. The Lucknow zoo is a famous zoo in India. It has completed 99 years of establishment in 1921 and is among the few in the world, located in the hearts of the city.





THE FRENCH CULTURE

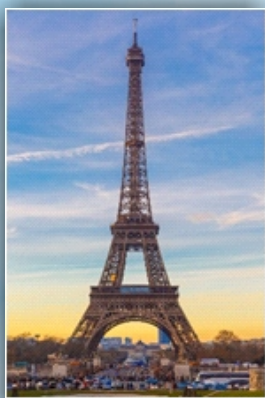


Riddhika Singh
Class VIII-A

La France a été initialement définie comme la région occidentale de l'Allemagne. Il était connu sous le nom de Rhénanie depuis le 17ème siècle, la France est considérée comme un 'centre de haute culture' car la culture française a joué un rôle essentiel dans les arts et les sciences du monde. En particulier, la France EST reconnue pour sa mode, son art, sa cuisine et son cinéma. La culture culinaire française a trois repas par jour. Le petit déjeuner, EST généralement une sorte de pain et de café, avec du chocolat chaud pour les enfants. Le déjeuner, peut durer jusqu'à deux heures, même pour les travailleurs, bien que la tendance et les affaires modernes évoluent vers des repas plus rapides et le sandwich.

Les Français, tant à la campagne qu'en ville, portent des vêtements modernes de style occidental. Le béret noir est peut-être le vêtement le plus typique associé aux Français. Les Français sont réputés pour le design de mode.

Le style de vie à la française, c'est l'art de vivre pleinement. Vivre la vie avec plaisir et plaisir est toujours une priorité, que ce soit à travers des réunions sociales, une excellente cuisine ou un cadre magnifique.



LA TOUR EIFFEL



Sanvi Khattry
Class VIII-A

La Tour Eiffel Est La Marque De Fabrique De Paris, France. Il Construite Par Gustave Eiffel Sur 28 Janvier 1887. Il Est Une Immense Tour De Fer. Il A Ete Construit Pour Marquer Les Cent Ans De La Revolution Francaise. La Tour Est La Plus Haute Structure De Paris Et Le Monument Payant Le Plus Visite Au Monde. Il Est Un Magnifique Tour Avec Un Hauteur De 324 Metres.

MERCI



THE JOURNEY

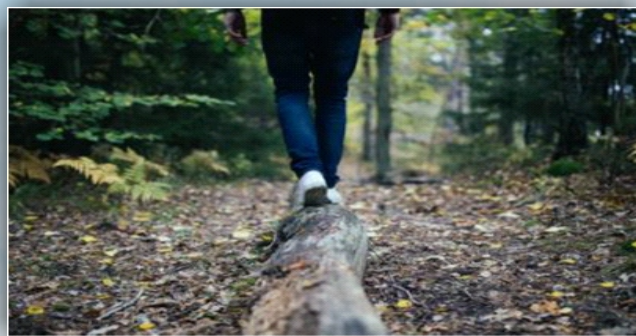


Arushi Jain
Class- XI A

Oh dear! I'll tell you,
I had no even journey either,
As no hills are smooth to climb,
And no seas are tranquil all the time.
But dear, don't step back,
Don't stop propelling through waters,
For I am still paving my way,
Through the rocks and the reefs.



Realize that,
The ones who flagged the summit,
And the ones who sailed through,
Are those who are never forgotten,
And are part of jingling lore.



So hold yourself tight,
And move ahead,
As the hills are all yours,
And the seas are quite wide.
You are given what the greatest ones were given,
So hold up high, breathe in the air,
And thrive for the goal that you've worked for.



Did you know?



Vaishnavi
Class XII-B

- (1) The element that forms the maximum number of compounds is hydrogen and not carbon.
- (2) Most abundant element in human body is oxygen.
- (3) The strongest acid is $\text{HSO}_3\text{F} + 90\% \text{SbF}_5$ (magic acid)
- (4) Strongest oxidising agent is OF_2
- (5) Strongest reducing agent is N_3^- (azide ion)
- (6) Sweetest substance is sucronic acid (200,000 times sweeter than sugar)
- (7) Most poisonous substance is dioxin
- (8) Most used drug is aspirin
- (9) Most used insecticide organophosphates
- (10) Most used plastic is polythene
- (11) Chemist with two Nobel prizes in chemistry is Frederick Sanger.



Delhi Public School SHAHEEDPATH

Opp. Ansal's Sushant Golf City
Shaheedpath, Lucknow - 226002

Phone : 86014444 08 / 09 / 20 / 21

E-mail : dpsshaheedpath@gmail.com
www.dpslko.com

HEAD OFFICE

3/249, Vinay Khand, Gomti Nagar
Lucknow - 226018

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