HORIZONS

DELHI PUBLIC SCHOOL SHAHEEDPATH

Education

Sports

Technology



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Activities Electricity Us Op Our Tres



Election Awareness Campaign

Student's Creativity

Readathon

Our Principal Ma'am Felicitated With Shiksha Bhushan Award

Words to Ponder

○ Vasant Panchmi Celebration

Funny Riddles

kal



Our Principal Ma'am Felicitated with SHIKSHA BHUSAN AWARD 2022.



Congratulations Ma'am





Think Learning.
Think Success



Shoolini University, Himachal Pradesh





Confers the Shiksha Bhushan Award

Smt. Manju Lakhanpal



Delhi Public School Shaheedpath

for motivating your team and leading your organization to success during the tough times through your visionary leadership.





WOMEN EMPOWERMENT



Aarna Kulshrestha Class VIII C

India is a very famous country known for its cultural heritage, traditions, civilization, religion and geographical features from the ancient times. On the other hand, it is also popular as a male chauvinistic nation. Women are given first priority in India, how ever, on the other hand they are badly treated in the family and society. They are limited only for the household chores or to understand the responsibility of home and family members. They are kept totally unaware of their rights and self development. People of India address the county as "Bharat Mata" however never realise the true meaning of it. Bharat Mata means a mother of every Indian whom we have to save and care for always. Women constitute half of the county. So, in order to make this county a fully empowered county, women empowerment is necessary. Empowering women, helping them to understand their rights to be independent in every area for their proper growth and development is the need of the hour. Being the bearers of future generations, women need to be involved in making the future of the nation bright through proper rearing and development of their children and they need to be empowered themselves to be able to do so. Thus, instead of treating them as helpless victims of male chauvinistic society, giving them due opportunities and empowering them should be the new mantra.



BENEFITS OF DANCE

Rahul Kumar Teacher

Dance has existed for thousands of years. Moving your body creatively is a popular way to express yourself and exercise. Beyond just movements and music, dance offers many benefits for mental health and brain function. Dancing offers plenty of benefits for your emotions, intelligence, and relationships. Learning and practicing dance can:

- **1.Improves self-esteem**. Showing yourself that you can learn and master new moves and skills through dance, can improve your self-esteem and confidence. It helps you meet new people. Social interaction between different groups of people is important for your mental well-being. Spending time with others improves your mood. Dance classes, where you learn and move alongside others, are a great way to gain these mental health benefits.
- 2.Enhance Your Memory. As we age, it gets harder to remember names, places, and other details. Learning new things, like different moves and styles of dance, sharpens your brain's ability to remember these kinds of details. This can help prevent dementia.

 The mental advantages of dancing depend on the type of dance you learn. Styles like ballroom dancing requires a large degree of improvisation. Interpretive modern dance styles offer benefit

Potential Risks

for creativity

Injury. Just like any other form of exercise, dance involves risks of injury. Some of the most common injuries dancers get are to their hips, feet, ankles, and knees. Don't overwork your body. Call your doctor if you have pain or soreness that keeps you awake at night or doesn't go away.

Self-consciousness. Even professional dancers sometimes feel conscious and insecure while trying different styles or learning new techniques. If you feel uncomfortable while learning something unfamiliar, try to focus on the movements themselves instead of how you think you look.

Tips on Using Dance to Improve Your Mental Well-Being

You can dance almost anywhere. Try different styles and settings to see what you like the best.

Whether you're alone or with a group, making it up on the spot, or performing a routine, you can incorporate dance into your life.

- **1.Take a Dance Class.** If you want to interact with others while you dance consider enrolling in a virtual or in-person class. Health clubs, community centers, schools, and other organizations often offer studio dance classes for all experience levels. A Google search for dance classes in your area will bring up your nearest options.
- **2.Dance with Yourself.** Dancing can be just as fun by yourself as it is with others. Turn on a catchy song and move your body to the beat and sounds. When no one is watching, it can be easier to enjoy the experience and not worry about how you look.
- **3.Learn a Routine.** If you want to challenge yourself, go beyond your improvised dance moves. Try teaching yourself a dance routine that someone else created. You can download apps or watch videos that explains step-by-step moves. You can also learn movements and sequences from watching a dance performance over and over. Don't be overly critical. Many people dance for the sense of meaning that it brings to their lives. Natural talent is not required. Dance, because it feels good. Let your worries disappear, feel the magic of your footsteps and have fun! Even professional dancers make mistakes. They use them to learn and improve themselves, and so should you.



Shaurya Verma Class IV C

THE MYSTERY OF THE CURSED BOX



Sakshi Verma Class IX C

There was a boy whose name was Veer and his best friend was Abhinav. They both were 13 years old. One day Veer reads the news about the cursed box then he asks Abhinav

Veer: Abhi what is a cursed box?

Abhinav: I had read about the cursed box that whenever anyone opens it, a bright light comes out and could pull in anyone in the range of the lightand the box's power gets multiplied.

Veer: Let us find the mystery of the cursed box!

Abhinav: Ok get ready for the adventure!

Veer: Gloves done! Smoke mask done! Spy spectacles done! Snacks for

hungry time done!

Abhinav: All set! let's go!

Veer: Hey! We are forgetting one thing.

Abhinav: What? Veer: Spy mask!

Abhinav: Oh yes, pack it up.

Veer: Where will we find the cursed box?

Abhinav: It must be at a public place because many people are missing. Veer: Good logic Abhi. But there are so many places like that in this area.

Abhinav: Let's first start by checking in the market.

(They went to many places, stores, malls, saw many people and things but could not find the cursed box.)

Veer: We searched all the market places, stores and malls in this area but we couldn't find the cursed box. I think we should go to the museum.

Abhinay: Wow! Veer for the first time you used your mind and thought logically.

Veer: You!!

(They went to the museum and saw many things including skeleton of dinosaurs, old paintings, articles, coins, and so on)

Veer: Abhi I doubt that painting, it looks suspicious.

Abhinav: Veerulook at the time.It's just 7:00pm. If you doubt the painting, then we will check it out after midnight.

(At night around 1:00 am Abhinavcalls Veer)

Veer: (shocked but picks up the call) Why are you calling so late? Don't you

know the time? It's 1:20 am!!

Abhinav: Have you forgotten the night mission?

Veer: Where are you now?

Abhinav: At home

Veer: Where should I come? Abhinav: Come to my home

Veer: How will I come in your room, by flying? I'm not a bird!

Abhinav: I know but you can come by climbing!

Veer: ok

(Veer comes into the room by climbing)

Abhinav: Take these things

Veer: Why are we doing the mission this late in the night?

Abhinav: Because if we went in the morning the security guards would catch us and our identity will

beexposed.

Veer: So, what's the plan?

Abhinav: First we will go to the museum, hack it's security system and turn it off then we will check the suspicious painting.

(They went to the museum and checked the painting on thewall and discovered that a secret locker was behind it. But the problem was that they couldn't find the password even after searching everywhere in the museum. Veer saw that the painting, instead of having the painter's name had a number written on it. He enters the code and the box opened. Inside it there was a map and on it, it was written the map of The Cursed Box)

Abhinav: Veeru as the map is very old some parts are not clear and it shows that there's something with the sword but what is it?

Veer: Am I a superhuman? How can I know when I can't even see that.

Abhinav: What if we go and there a demon protecting it? What will we do then? We are only two 13 year old kids can we stand against maybe a thousand year old demon?

Veer: Shut up! Stop over thinking you're making me scared too and we will see

and face whatever it will be. 6

Abhinav: You are right but...

Veer: No buts only focus.

Abhinav: Ok so, what was the password?

Veer: 96771026

Abhinav: The same number is written at this sword in the map also.

Veer: It says to pick up the sword in box number 96771026

Abhinav: This box's number is 96771026 Abhinav: But how will we open this box?

Veer: I brought a laser cutter with me I think it will work.

Abhinav: Try it.

(Veer switches on the laser and cuts the box and the sword and a shield fall down

Veer: You were scared for nothing. The unknown object was a shield not your imaginary demon.

Abhinav: Yeah that's true. But it's fun scaring you who thinks that he's a genius.

Veer:look down

Abhinav: Whoa! The sword and shield are made from a different metal it wasn't

even affected Veer: Pick it up.

Abhinav: Should we do the mission now or in morning?

Veer: We'll do it now, wear your spy mask, specs and smoke mask

Abhinav: The spy mask is not necessary for now and the specs are attached in the

smoke mask Veer: Ok

Abhinav: Tell me what the map says next.

Veer: According to this we have to go near netted dumping area.

(When they reached near the dumping area they saw an unusable old car. When they went near it in the map at the correct spot color turn green.

Veer searched around the car and saw the same number lock so he typed same password, soon car went up in air there was an hidden entrance under the car. Veer: Abhi come and see this.

Abhinav: What happened?

Veer: See there is the entrance.

Abhinav: Then what are you waiting for, let's go in it.

When they go in the time stops!!

After going in the tunnel they reached at the bottom and saw a tower with yellow

light shining at the top

Veer: See it's the cursed box, I have a plan we will go and close it

Abhinav: But the light pulls in anyone who comes in its range

Veer: The shield will protect us.

(They go towards it and Abhinav closes the box)

Abhinav: What to do now? The box is closed but it's still cursed. What will happen

if someone opens it again?

Veer: That's why we have the sword to destroy it.

(Veer tries to destroy the box with the sword but is unsuccessful)

The cursed power comes out and tries to kill them but the shield protects them.

Abhinav takes the shield and puts the sword between it, a very bright light comes

from the combination

Abhinav: Destroy the box with the power or the cursed will be transferred to

something else

Veer: The holy power of the sword and the shield give me the power to destroy this cursed box.

(Veer tries to destroy it again with the mixed power of the shield and the sword.

When he hit the box, a bright light, even brighter than before shines)

Veer: The light is too bright I can't see.

Abhinav: I too can't see.

(When theyopened their eyes they realised that the box had got destroyed and the cursed power turned into a

bright light. The sword and the shield turn into chains and are gifted to them for destroying the cursed box.

They can turn them back into sword and shield when they needed the help of the powers.)

Abhinav: Sonow, that the mystery of the cursed box is solved!

Veer: Yes and without your imaginary demon and with our rewards.

Abhinav: Yes and let's go back.

Veer: Ok

Veer and Abhinav continue to solve mysteries and help people.

Help the people, be adventurous, enjoy every moment of your life and spread positivity.

INNER BEAUTY



Avika Dubey Class IV A

Once upon a time, there lived two sisters, named Raina and Saina. Saina, the elder one, was fair in colour and she was proud and arrogant about her beauty. Whereas Raina, the younger sister, was not fair in colour but she was very polite. Saina always talked rudely with her sister but Rain an ever reacted to it. Even though Raina was not as beautiful as Saina, she was an innocent and kind hearted girl. They had both lost their father and mother and they took care of each other. Every day, both the sisters used to go to the forest for collecting branches of trees. They did this so that they could sell them and get enough money for their food. One day, they went to the forest and suddenly a prince came to hunt animals. The prince saw that the two girls were cutting the branches of the trees. The prince was unmarried and he wanted a bride, but he wanted a girl who had inner beauty. He said "I want to marry one of you, but first you would have to complete a task given by me"

Both the girls agreed and they asked, "What is the task?" The prince said, "The task is that you have to separate the rice and sugar from the given mixture of both the things." Both the girls started to do the given task. After completing the work, they set the plates on the ground. Saina's work was not complete. Raina had performed well. Before showing the plates, Saina had cheated and exchanged the plates.

The prince saw this thing, hiding behind a tree. They called the prince to see it. He came and checked their work.

Prince called both the girls and asked them how they separated the rice from sugar. Prince said that he will marry the one who will win the task. The other one, who loses the task, will be punished by him. Saina showed her plate proudly because she had cheated and she knew that she will win the task. Raina showed her plate politely and said "Your majesty, I don't want any reward, even if it's about marrying you. If my sister gets punished in front of me, how can I get happy? If my loved ones get punished, I will feel sad." The prince knew that Saina had cheated. He was impressed with Raina's love and concern for her sister and he decided to marry her. He had finally found a girl with inner beauty. They got married and after that, they all lived happily in the palace.

Moral -NEVER BE SELFISH AND ARROGANT

WORDS TO PONDER



- 1. LARGESSE Kindness or generosity in bestowing gifts or money
- 2. FATUOUS Devoid of intelligence
- 3. AGGRANDIZE To enhance power, wealth, or status
- **4. HIATUS** A pause or break in continuity in a sequence or activity.





VASANT PANCHMI CELEBRATION







Delhi Public School

Shaheed Path







ELECTION AWARENESS COMPAIGN

















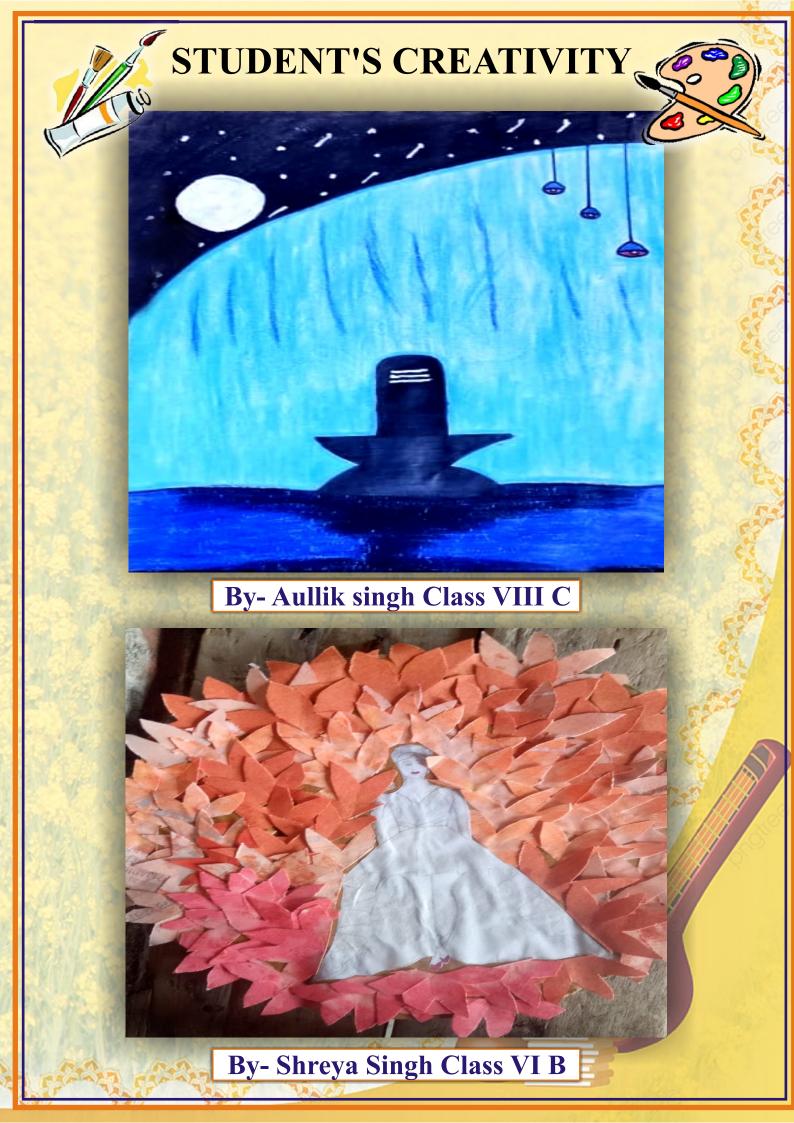














FUNNY RIDDLES

What goes up but never comes down?

Ans: Age

What can you catch but not hold?

Ans: A cold

What belongs to you but is used more by others?

Ans: Name

It starts out tall, but the longer it stands, the shorter it grows. What is it?

Ans: Candle

I am full of keys but I can't open any door. What I am?

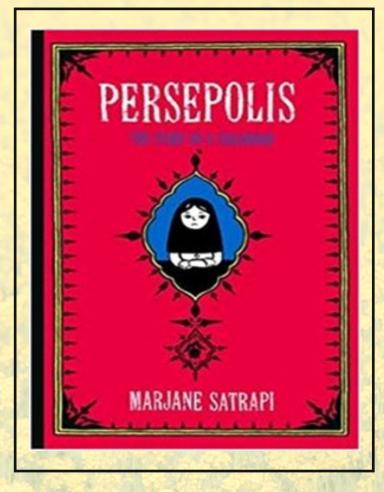
Ans: Piano

What gets wetter the more it dries?

Ans Towel

BY- Riya Gautam

READATHON



PERSEPOLIS BY MARJANE SATRAPI

THE HAPPINESS HYPOTHESIS
BY-JONATHAN HAIDT

"For the resolar who resolar to conductated happinesse, my orbits in Begin with Haids."

NAMETER E. P. SELIGNAN, audien of Jacksweite Happiness

The Happiness

Hypothesis

Finding Modern Truth in Ancient Wisdom

JONATHAN HAIDT

