

HORIZONS



**DELHI PUBLIC SCHOOL
SHAHEEDPATH**

Education

Sports

Technology



Coverpage designed by: Aishwarya Singh Class: VII B



“Tourism has immense multiplier impact in the economy. Its impact on the direct and indirect job creation is formidable. Tourism is one sector which can greatly

BoM LEADS PSBs IN TERMS OF DIGITAL TRANSACTION
Bank of Maharashtra (BoM) has been ranked first among the public sector banks (PSBs) for



Activities Keeping Us On Our Toes

- ◇ Back to Books
- ◇ Earth Day Celebration
- ◇ Corona Awareness Drive

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PRECIOUS ENVIRONMENT



Kashish Dixit
Class- X A

When simple water is quenching all my thirst,
It would never be my second love but first.

There is oxygen in every breath I take,
So I can never hate the environment even by mistake.

Food comes from nature which you post online,
Have you ever thanked nature before you dine?

You are in the environment and environment is in you,
If you pollute air and water, it will pollute you.

All gadgets are made by the elements of environment,
Now, what else do you want to start loving environment?

This world will be a beautiful place in every season,
If you love and care for the environment without any reason.

Our environment is more precious than diamond and gold,
Take care of it like your beloved without being told.

PREVENTION IS BETTER THAN CURE



Radhika Shankar
Class- XI D

The Covid-19 virus, in the beginning, appeared to us as a small thing that would go away in some weeks but it has now done colossal damage to people's mental health, employment, and economy. The scenario of the covid situation is continuously fluctuating. People are not certain about what could be next in this trail of covid-19. On the safer side, it's recommended to take some major precautions to avoid disastrous situation. Some of the measures that we can take to protect ourselves and our loved ones from this life-threatening virus are:

WEAR MASK

The best protection is achieved by wearing a good face mask. Wearing a mask is especially important to protect people around you who have risk factors for severe consequences of COVID-19 as it is quite effective in preventing germs from getting into your nose and mouth that come from another person's respiratory droplets. This method is certainly helpful to avoid the spread of virus. Double masks are now recommended in most indoor and crowded public places.

FOLLOW SOCIAL DISTANCING

Corona virus disease is a respiratory illness that can spread from person to person. This virus spreads mainly amongst people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. *A distance of 6metre is necessary whenever traveling in a public place. So, it's better to keep a safe distance from others.*

KEEP CHECKING YOUR VITALS

The four main vital signs routinely monitored by medical professionals include body temperature, pulse rate, respiration rate (rate of breathing) and blood pressure (Blood pressure is not considered a vital sign, but is often measured along with the vital signs.)

The very first symptoms that appear are high fever, weakness, and sometimes a dry cough. If these symptoms ever occur, it's highly recommended to have a prescription from a good doctor. Apart from this, the oxygen level plays an important role in a covid patient. It's safe to have an oximeter for a regular checkup.

HAND HYGIENE

Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place or after blowing your nose, coughing, or sneezing. *Washing and sanitizing hands can get rid of the virus that may have been there. As per the WHO, 20-30 seconds are required to properly wash our hands. These steps can be taken to ensure a healthy and positive outcome in the future and can protect us from the other dangerous effects of covid-19.*

Benefits of Getting a COVID-19 Vaccine



Krishn Saxena
Class- VIII C

All COVID-19 vaccines that are in development are being carefully evaluated in clinical trials and will be authorized or approved only if they make it substantially less likely you will get COVID-19.



Both natural immunity and immunity produced by a vaccine are important parts of COVID-19 disease that experts are trying to learn more about, and CDC will keep the public informed as new evidence becomes available.

None of the COVID-19 vaccines contain the live virus that causes COVID-19. So a COVID-19 vaccine cannot make you sick with COVID-19.



CDC has received increased reports of myocarditis and pericarditis in adolescents and young adults after COVID-19 vaccination. **We continue to recommend COVID-19 vaccination for individuals 12 years of age and older.**

All COVID-19 vaccines currently available in the United States have been shown to be safe and effective used for preventing from covid-19





Nipun Jangra
Class- X B

World Environment Day -5th June 2021

“For most of history, man had to fight nature to survive. In this century, he is beginning to realize that in order to survive he must protect it.”

Every year on 5th June World Environment Day also known as Eco day is celebrated to spread awareness amongst the people to conserve the environment for a healthy and better future. This day

was created by UN in 1974 to spread awareness regarding the need to protect our surroundings. In awake to go digital, we have forgotten that our mother nature is vulnerable to technologies that are harming the environment. It is essential to save and rebuild the relationship with nature, as the environment is made up of every living and non-living beings.

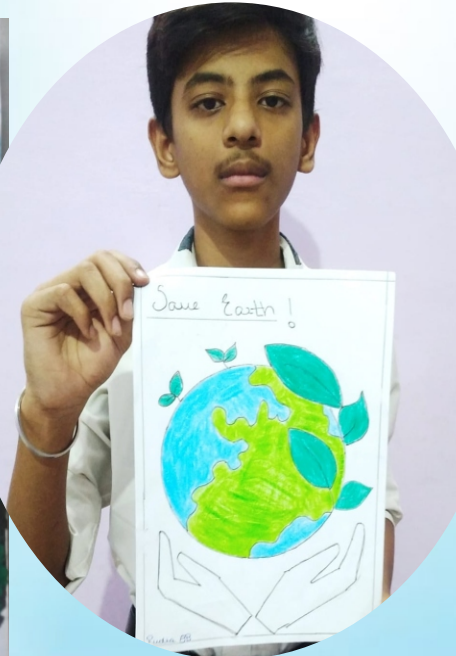
On this day people, organize various events in schools, colleges and offices. The aim to organize exhibition, conference and events is to encourage people to plant more tress and give tips to save the environment. The theme for the world Environment Day 2021 is 'Ecosystem restoration' and the global host of this campaign is Pakistan.

So let us all be responsible for our environment and give our coming generations a healthier and happier environment to have a beautiful life.... Best wishes on environment day from the entire DPS Shaheedpath family.



WORLD ENVIRONMENT DAY







Divya Yadav
Class- VIII A

कोविड-19 के प्रसार को रोकने के लिए कुछ नियम

कोरोना वायरस: 3 ज़रूरी बातें



कोविड-19 को फैलने से रोकने के लिए

- बार-बार हाथ धोएं. हाथ धोने के लिए, साबुन और पानी या एल्कोहल वाला हैंड रब इस्तेमाल करें.
- अगर कोई खांस या छींक रहा है, तो उससे उचित दूरी बनाए रखें.
- शारीरिक दूरी बनाना संभव न हो, तो मास्क लगाएं.
- आंखें, नाक या मुंह को न छुएं.
- खांसने या छींकने पर नाक और मुंह को कोहनी या टिशू पेपर से ढक लें.
- अगर आप ठीक नहीं महसूस कर रहे हैं, तो घर पर रहें.
- अगर आपको बुखार, खांसी है और सांस लेने में परेशानी हो रही है, तो डॉक्टर के पास जाएं.

वायरस फैलने से कैसे रोकें



इस्तेमाल किए गए
टिशूज को फेंक दें
(इसके बाद हाथ धो लें)



टिशू नहीं है तो छींकते
और खांसते वक्त अपने
बाजू का इस्तेमाल करें



बिना हाथ धोए अपनी
आंखों, नाक और मुंह
को न छुएं



जो बीमार हैं उनके
संपर्क में न आने की
पूरी कोशिश करें

घर पर रहें सुरक्षित रहें । घबराए नहीं बल्कि सावधानी बरतें ।

मानवता



पंकज मिश्रा
अध्यापिका

छाई देश में विपदा की घड़ी है,
पर लोगों में इंसानियत की कमी है,
हर तरफ आंखों में बस नमी हीं नमी है,
कहीं बेबसी है ,कहीं है लाचारी, हर तरफ
का मंजर है उदासी ही उदासी ।
आई देश में विपदा की घड़ी है.....

भूल गए हम वह सब ,
जो संस्कारों में हमारी रचा- बसा था रब ।
वो खुशहाली ,वो हरियाली,वो चहचहाना ,
मिलकर हंसना और हंसाना ,ढेरों बातें करना
किसी का कोई गम ना करना ।
आई देश में विपदा की घड़ी है.....

स्वार्थ, अहम का रंग चढ़ा ऐसा ,
इंसा-इंसा से ठगा हो जैसा,
विपदा के इस सफर में,
सिर्फ साथ देना हो मकसद,
ना अपनी जेबें भर ना हो एक शिरकत ,
इंसान को इंसान की है जरूरत ,
तभी इंसानियत होगी परिभाषित ।
छाई देश में विपदा की घड़ी



Erisha Yadav
Class- XI D

PROTOCOLS TO FIGHT AGAINST CORONA VIRUS

The Coronavirus upsurge is affecting millions of people around the globe. The mankind is suffering from the pandemic, where lakhs of people are dying. India being a densely populous country is badly hit by the coronavirus. Hospitals of the country are reporting fresh cases every day. To win the battle against this deadly virus, people should seriously follow the COVID appropriate behavior and all the preventive protocols given by the government bodies and health organizations.

The coronavirus spreads mainly from person to person. A person infected with coronavirus even one with no symptoms may emit aerosols when they talk or breathe. Aerosols are infectious viral particles that can float or drift around in the air for up to three hours. Another person can breathe in these aerosols and become infected with the coronavirus. Anyone who comes into close contact with someone who has COVID-19 is at increased risk of becoming infected, and of potentially infecting others. Following preventive measures should be taken:-

- ☐ Wash your hands often with soap and water.
- ☐ Wear a face mask.
- ☐ Maintain social distancing.
- ☐ Avoid large gatherings.
- ☐ Avoid close contact with people who are sick.
- ☐ Minimize touching your eyes, nose, and Wash your hands often with soap and water.
- ☐ Stay home when you are sick.
- ☐ Get vaccinated as soon as you are eligible.

During the pandemic, India has witnessed more fatalities due to inadequate medical infrastructure; however, many self-help groups and organizations have helped millions of people by providing oxygen concentrators, plasma donors, food, and shelter to the people. To protect ourselves in the current pandemic situation, we need to balance our individual rights with collective responsibilities.

“कोरोना वायरस – एक वैश्विक महामारी”

यह ताज जो तूने पहना है, जिससे है तुझे तेरा नाम मिला,
करके बीमार लेता है जान, क्या यही तुझको काम मिला,
आफत में है डाला दुनिया को, लोग नाम से तेरे डर रहे हैं,
तुझ से संक्रमित होने वाले, अनगिनत लोग मर रहे हैं,
आसान नहीं है इलाज तेरा, तो क्या इंसान हार जाएगा,
तुझे जड़ से उखाड़ फेंकेगा, मानवता को सवार जाएगा।

कोरोना वायरस (Covid-19) क्या है?

विश्व स्वास्थ्य संगठन ने कोरोना का नाम कोविड-19 रखा है, जहां 'Co' का कोरोना (CORONA), 'VI' का अर्थ है वायरस (VIRUS), 'D' का अर्थ है डिसिस (DISEASE) और '19' का अर्थ साल 2019 यानी जिस वर्ष यह बीमारी पैदा हुई। इस वायरस को सबसे पहले 'वुहान' प्रांत में देखा गया जो धीरे-धीरे पूरे विश्व में फैल गया। कोरोनावायरस मानव बाल की तुलना में 900 गुना छोटा है।

इसकी सक्रियता निम्न प्रकार के वर्ग आयु के समूह पर अधिक है।

आयु/मृत्यु दर

0-19 वर्ष।	0.2%
20-29 वर्ष।	0.09%
30-39 वर्ष।	0.18%
40-70 वर्ष।	5.0%
80 से अधिक।	18%

कुछ ऐसे कदम जो आपको कोरोना से बता सकते

- हमेशा अपने हाथ धोएं
- अपने मुंह को बार-बार ना छुएं
- सबसे 5 से 6 फीट की दूरी बनाएं
- लोगों से हाथ में मिलाएं
- मास्क लगाना ना भूलें

कोरोना की भयावह स्थिति

कोरोना से पूरे विश्व में अब तक 17 करोड़ से अधिक लोग संक्रमित हो चुके हैं और भारत में लगभग 3 करोड़ लोग संक्रमित हो चुके हैं। कोरोना के कारण कई प्रभावशाली देश भी चपेट में आ गए हैं। करुणा ने पूरी विश्व की अर्थव्यवस्था को हिला कर रख दिया।

निष्कर्ष

सतर्क रहें, स्वच्छ रहे, स्वस्थ रहें और सरकार की दिशानिर्देशों का पालन करें। बताया जाता है कि हर 100 साल में एक महामारी आती है। जैसे हमने उन महामारी पर विजय पाई उसी प्रकार हम कोरोना पर भी विजय पाएंगे।

बहुतेरे इलाज बतावे, जन जन मानस सब,
केकर सुने, केकर नाही, कौन बताए इ सब,
केहु कहिस कलौंजी पीसौ, केहू आंवला रस,
केहु कहिस घर मा बैठो, हिलो ना ठस से मस,
ईर कहिन और बीर कहेन, कि ऐसा कुछ भी करो ना,
बिना साबुन के हाथ धोई के, केहू के भैया छूओ ना
हम कहां चलो हमौ कर देत है, जैसन बोलै सब,
आवय दियो, कोरोना-फिरोना, ठेंगा दिखाऊब तब।
घर पर रहे, सुरक्षित रहें।



Aditya Bajpai
Class- X A

SPREADING AWARENESS

CORONA PROTOCOLS

Nehal Bhatt
Class- VII B



IMPORTANCE OF VACCINATION

Aaditya Pathak
Class- XII B



Visit our Facebook page to watch the videos of our students spreading awareness about COVID-19



<https://www.facebook.com/Dpsshah>

कोरोना सुरक्षा कवच

करोना को यदि हराना है, मास्क जरूर लगाना है।
सैनिटाइजर प्रयोग में लाना है, दो गज दूरी बनाना है।
स्वयं जागरूक बनकर, दूसरों को जागरूक कराना है।
आत्मनिर्भर बनकर औरों को आत्मनिर्भर बनाना है।
मिलकर सभी को एक साथ, करोना से लड़ाई लड़ना है।
खुद घर में रहकर, सबको घर में सुरक्षित रहना सिखाना है।
देश को सुरक्षित करना और मिलकर देश को जिताना है।

Aishwarya Singh
Class: VII B



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