

PRESS RELEASE

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Empowering Educators, CBSE Workshop at DPS Mohali

Mohali, October 4, 2024 – Delhi Public School (DPS) Mohali organized a CBSE Capacity Building Programme on "Promoting Mental Health and Wellness among Students," aimed at equipping its team of educators with the knowledge and skills necessary to promote a healthy learning environment. The workshop focussed on practical strategies to identify and address mental health challenges in students.

The esteemed Resource Persons for the workshop, Dr. Pushpalata Jha, Principal, G World School, Mohali, and Ms. Subeena Anand, Principal, Baby Convent School, Banur, Mohali, shared valuable insights on the importance of mental health in education, early detection of symptoms, crisis management, and effective intervention techniques. By prioritizing students' mental well-being, educators can create a supportive environment that fosters academic excellence and personal growth.

The workshop provided a valuable platform for educators, counsellors, and wellness teachers to exchange ideas and develop strategies for promoting mental health in schools.

