## Press Release

Date: 14/05/2025

## Buddha Purnima Celebrations at Delhi Public School, Mohali Emphasize Simplicity and Mindfulness

Delhi Public School, Mohali recently conducted a special assembly to commemorate the auspicious occasion of Buddha Purnima. The event brought together students and faculty to reflect on the life and teachings of Lord Buddha, highlighting the significance of simplicity, compassion, and mindfulness.

During the assembly, students shared insights into Buddha's remarkable journey, drawing valuable lessons from his experiences. The students also participated in chanting and meditation sessions, fostering a sense of calm and inner peace.

The celebration served as an opportunity for students to introspect and learn from Buddha's teachings, which emphasize the importance of living a simple and meaningful life. By embracing these values, students can cultivate a deeper understanding of themselves and the world around them.

The event concluded on a note of gratitude and inspiration, with students and faculty alike expressing their appreciation for the opportunity to reflect on Buddha's teachings and their relevance in today's world.

Delhi Public School, Mohalicontinues to provide a nurturing environment that fosters spiritual growth, academic excellence, and character development.



