



# SPARK



**HOLY FAMILY SCHOOL**  
GURUKULMEHIYA, CHAPRA





Patron of Holy Family School



# V I S I O N

To illumine the path of education to nurture the most beautiful aspects of life, moulding the young ones for the future in and around Chapra town.

# M I S S I O N

The motto of our school is Love, Joy and Service. We aim to form the character of our students and to prepare them to face the challenges of life.



## *Our Values*

**We believe that education in its wider meaning includes environments, surroundings and activities that help to shape human beings. To prepare the youth for a future carrier by developing their intellectual, physical, social, moral and emotional life and their abilities, aptitudes and skills.**



## President's message

Dear Respected Management, Staff and Students,

It brings me great joy and pride to be able to write this message on the occasion of the Annual Magazine of our school. I am honored to be part of this magazine and to witness the growth and progress of our school over the past years.

Holy Family School, Mehiya has always been a beacon of knowledge and wisdom of our people at Mehiya, providing quality education to generations of students. The school has not only imparted good education and knowledge but also instilled God values like love, truth, justice, compassion, honesty in the young minds of our students giving importance to moral and ethical teachings so that the students will have a bright future. As you are going to publish the Annual Magazine, it is essential to acknowledge the contributions of the founders, the dedicated teachers and the supportive Sisters Community, who have all played a crucial role in shaping the Holy Family School's success. The school's commitment to providing a holistic education to children from all walks of life, for a better future of the children and the school.

I am confident the Holy Family School, Mehiya will continue to be a pillar of the strength of the community, nurturing young minds and shaping them to the future leaders who will contribute their might for the development of the society.

I am proud to be part of this continued success in all its endeavors. I would like to congratulate the present students, staff and the management of Holy Family School on the Annual Magazine. I pray God's abundant blessings upon the Holy Family School. So that you may continue to uphold the school's value and traditions while embracing new opportunities and challenge in the year to come. God bless you all.

Yours fraternally.

**Bishop Peter Sebastian Goveas**  
Bishop of Bettiah, Bettiah





## Education Director's Message

Dear Students, Teachers, and Parents,

It is with great pleasure that I address you through our esteemed school magazine. As we navigate through another academic year filled with challenges and triumphs, I am reminded of the resilience and dedication that characterizes our school community.

Education is not merely about imparting knowledge; it is about nurturing minds, fostering creativity, and instilling values that shape individuals into responsible global citizens. Each one of you plays a vital role in this collective endeavor.

To the students: Your enthusiasm for learning and your willingness to explore new horizons inspire us every day. Remember, education is a journey, and every step you take brings you closer to realizing your dreams.

To the teachers: Your unwavering commitment to guiding and mentoring our students is commendable. Your passion for teaching goes beyond the classroom, shaping the future leaders of tomorrow. To the parents: Your unwavering support and encouragement are the pillars of our students' success. Your partnership with us in their educational journey is invaluable. Together, let us continue to strive for excellence, embrace diversity, and create a nurturing environment where every individual feels valued and empowered.

I encourage you all to make the most of the opportunities that come your way and to approach every challenge with determination and optimism.

Thank you for your continued dedication and support.

**Warm regards,**

**Fr. C.A. Moses**  
**Education Director**



## Secretary's Message

**"The journey of a thousand miles begins with just a single step"**, the graph that plunges forth showing rapid development begins with just a single dot and the huge banyan that stands tall begins with just a seed, so does a drum manifest itself into laudable action.

I am glad to announce that the first Magazine of our school is being released. It's the record of all the activities of the session 2023-2024. Happy to bring before you all our students' talents and capacities as they are growing day by day in their learning, knowledge and co-curricular activities.

Holy Family School offers education which empowers, motivates and liberates the students to use their individual gifts with confidence, creativity and generosity in loving and responsible service. We also provide an atmosphere to our students for multifaceted development, where students are encouraged to channelize their potential in the pursuit of excellence. This can be possible in a holistic, student-centric environment, where learning is characterized by nurturing the growth of the whole child - mind, body and spirit.

The talents, skills and abilities of each student need to be identified, nurtured and encouraged so that she is able to reach greater heights. The school is also striving to make the best possible efforts to inculcate the values of love, freedom, sincerity and justice. We encourage students to take responsibility for their own learning in an environment of support, nurture and partnership between teachers and parents. We believe each student is different, unique and talented and we work together and strive to give that confidence.

Wishing you all great ahead....with the blessings of the Almighty.

**Rev.Fr.Sachin Ekka**  
**Secretary**



## FROM THE DESK OF PRINCIPAL

"Self-Learning, the Art of being happy and educating my inner-being in the School called Life is a Marathon and not a Sprint."

It is my privilege to present to you the first issue of 'Holy family School 2023-2024'. The E-Magazine, 'SPARK' beams with abundant success of creative thinking and effective learning of our students in HOLY FAMILY SCHOOL, Chapra. I hope that we as educators, parents and people who care, will devote time and energy to find the treasures that lie within our children. The continued support, involvement and collaboration of parents complement in the unparalleled success of our students.

I humbly welcome you to this great institution which has carved a niche in the world of education. It is an academic honor for me to share my thoughts with you as I become a part of Holy Family School family.

Education is a marathon and not a sprint. A key part of the responsibility to educate young minds revolves around the dimensions of holistic development of the child. Besides working on IQ, let us also work on HQ- the most important ingredient of life- the Happiness Quotient. What would be the best way to learn- I think that it is not possible to comprehend the dimensions of human potential and possibilities which can be created on the canvas of eternity through a child. Our belief system and vision echoes around the epicenter of holistic approach to reach out to the child's core of development focusing on emotional intelligence, academics, foundational domains, career and behavioral counselling, sports and student guild to sharpen leadership qualities and promote student governance, parent- reach out program and become a "Centre of Learning" for all of us.

Envisaging future roadmap for the school, I would like to invite you to join hands with us and help the children to imbibe universal values, build a strong character, identify our roots, and soar high. Sooner or later, a child has to come out of a controlled eco system called classroom and learn in a much bigger, complex and natural school called 'Life'.

We, at HFS are committed to this noble mission. It would be a pleasure to interact with you and strengthen our efforts further.

Sr.Suhasini Pasupula  
Principal



## The Student Council of HFS Chapra



**HOLY FAMILY SCHOOL** is committed towards building confidence and self-esteem among students. We offer an inclusive student empowerment programme to integrate leadership and responsibility in the curriculum. The School Student Council is a forum where the students cumulatively experience the connect between their formal learning and its application in real life situations. It provides opportunity to develop leadership skills by proactively participating in all school processes, sensitize students towards the community welfare. The Student Council ensures adherence to student code of conduct and thereby a safe and conducive environment for all. We are happy to have such young and dynamic leaders who take keen care becoming part of school council in collaborating with school administration.

1. Abhijeet Singh
2. Pratik Singh
3. Mayank
4. Prince Singh
5. Rishu Kumar
6. Uditya Singh
7. Manikant Kumar
8. Manvi Kumari
9. Rajnandini
10. Mahima Kumari
11. Tripti Kumari

With the changing time, numerous transformations are taking place in the field of education and in this scenario, the ocean of information is available on the Web. As per CBSE new guidelines and NEP 2020 an educator needs to transform himself or herself into a facilitator. So that he or she could facilitate the students to choose what is relevant for them. So in our Holy Family School, we all are committed to facilitate the students as per the need of the time. So that they can explore their surrounding environments and prepare themselves for a future carrier by developing their intellectual, physical, social, moral and emotional life and their abilities, aptitudes and skills.

## *Our Facilitators*



## *Our Administration Wing*



Office administration is the important organ of the entire institution because it helps in managing the daily economic and documentation activities. They make the necessary adjustments for the smooth functioning of the teaching & learning

## *Non-Teaching Staff*

Just like the office administrators our Non-Teaching Staff are the true heroes of our institution's clean and green environment. They are responsible for maintaining the clean and healthy environment of the institution.



**Memories that will last a Life time**

*Our Class Group Photos*

**Stronger**

**Together**

**NURSERY**



**L.K.G**



# U.K.G



*We're all in this together.*

**Class - I**



## Class - II



*We take photos as a return ticket to  
moments otherwise gone.*

## Class - III



## Class - IV



*They're the cheese to my macaroni*

## Class - V



## Class - VI



*Strangers think I'm quiet.*

*My friends know I'm crazy.*

## Class - VII





## Class - VIII



*We don't remember the days.*

*We remember moments with friends.*

## Class - IX



## Class - X



## Class - XI



HARSH KUMAR HARSHIT



HIMANG KUMAR



RISHU KUMAR



SWETA BHARTI



RISHIKA RAJ

Friends are recipe to life

## Class - XII



*“There are no secrets to success. It is dedication, hard work and learning from failure.”*

*- Collin Powell*

# *Representing Our Houses with Pride*



## Blue House Captains

**"A genuine leader is not a searcher for consensus but a molder of consensus"**

We, Rudra and Anjali Singh from class X have been given the responsibility of being the 'Blue House Captain' for the session 2023-24. We are filled with the mixed emotions and feeling of anxiety, fear and contentment. We are thankful to the teachers and our respected principal for choosing us as a part of student council. We assure you that we'll be fair and a non-partial leaders with keeping our school motto in mind 'Loving Service'. We'll help all our housemates to come up and showcase their talents and also encourage them to be fearless and explore their hidden talents. We will make sure that our Alma Mater reach great heights. We would like to thank our parents as well, as they are the constant supporters in our journey and endeavours.

Looking forward for a fair competition and overcoming all the challenges as a team. We would like to conclude by the quote of 'Leroy Eimes', "A leader is one who sees more than others see, who sees farther than others see and who sees before others see". So, we promise to work together with others as a team and encourage each and everyone to be a best version of themselves.

## Red House Captains

**"A good leader takes a little more than his share of blame and a little less than his share of credit"** and we Ayushi Singh -X and Manikant -VIII aspire to become one such leaders. We feel highly privileged to get an opportunity to become the Red House Captains for the session 2023-24. We would like to express our heartfelt gratitude to the school management and the teachers for their support and believe.

The school gives us the golden opportunity to showcase our talents through various competitions and be a 'Shining Raphaelite'. For being a good leader, being impartial is very important and we'll try our best to abide by this idea and give everyone equal chance to come up. We'll stand by everyone's expectations who considered us to be the right candidates for this post.

# *Representing Our Houses with Pride*



## Orange House Captains

**‘Leadership is the ability to guide, inspire and influence others towards achieving common goals or a shared vision.’**

We Himanshu-IX and Riya-X honored to serve as the Orange House Captains of our school. In this role, we promise to uphold the values and traditions of our school and to be a role model for our fellow students. We feel highly obliged towards our respected Principal, teachers and the school management for entrusting us to uphold the legacy of a house captains. We promise to be a good example for all the students in all of our interactions by dealing with respect, kindness and inclusivity. We will promote and encourage academic brilliance by encouraging a culture of learning and achievement. With utmost commitment, we pledge to work hard to keep our Orange house at the top and serve our Alma Mater to the fullest.

## Green House captains

Walking down the aisle, with the green house flag held high, reminded us of the day when we had first entered the portals of HFS then we were diffident children but now we are confident students and for this metamorphosis we Anjali Singh-X and Ashish Kumar Singh-X would like to thank our school. With the commencement of the new session, we are expecting the whole hearted cooperation of the house members so that together we can excel in every task we undertake and work according to the house motto - " TRUTH ALONE TRIUMPHS"

So dear housemates always remember -

**"IT IS NOT THE LEADER WHO MAKES THE DIFFERENCE BUT THE PEOPLE HE LEADS WHO MAKE THE DIFFERENCE".**

*“Ask not what your country can do for you.*

*Ask what you can do for your country.”*

*- Jawaharlal Nehru*

15<sup>th</sup>  
August



*Happy*  
**INDEPENDENCE**  
**DAY**





## Independence Day

Independence Day reminds us the decades of struggles of our ancestors who fought tirelessly to give us the unique gift of universe, "FREEDOM" and we marked the 75<sup>th</sup> Independence Day with grandeur and enthusiasm.

The celebrations began at 8:00 am with the Secretary Rev.Fr.Sachin Ekka and Sr.Suhasini The Principal hoisting the national flag. The school principal delivered a stirring speech on the importance of Independence Day for Indians. The school choir performed several patriotic songs and students showcased a mesmerizing dance performance. The teachers also shared their experiences and inspired the students with their stories of valor. The event concluded with the National Anthem and a vote of thanks by the school Miss. Salomi.





## Investiture Ceremony

Reach high, for stars lie hidden in your soul,  
Dream big, for every dream precedes the goal.

The Investiture Ceremony 2023-24 successfully inducted the newly elected and selected members of the school's prefectural board on 24 July 2023. The ceremony started by lighting the lamp which signifies the removal of darkness and continuous upward movement of the flame denotes a path of wisdom and divinity. Newly formed Council – Head Boy and Head Girl along with Sports secretaries, House Captains, Vice House Captains and Prefects were honored by our respected principal, Sr.Suhasini Pasupula along with the Chief Guest, Rev.Fr.Silvester Rayan Secretary Rev.Fr.Sachin Ekka Principal Ma'am administered the oath of allegiance to the newly appointed Board of Students' Council, who swore to serve their Alma Mater with utmost sincerity and to the best of their abilities. The school without doubt believes in its young leaders to protect and consolidate the values and ideals its teachers and students stand for.

The representatives were honored with the badges, sashes and handing over of school flag and house flags to the respective members of the council body. The cultural program was presented magnificently by the high school students. The program was continued by an eye catching presentation of election process in the school. The program was ended by the inspirational speech given by the Chief guest of the day Rev.Fr. Silvester Rayan from Sacred Heart Mission School, Khalpura.



# Empowering Tomorrow's Leaders





*“Good leaders are role models at work. Great leaders are role models in life.”*

*Adam Grant*



**School Captain**

**Dheeraj Kumar X**

**Jiya Kumari X**



**School Vice-Captain**

**Abhijeet Kumar IX**

**Manvi Singh IX**



**Sports Captain**

**Prince Kumar IX**

**Tripti IX**



**Discipline Captain**

**Rishu X**

**Sakshi Roy X**



**Cultural Captain**

**Mayank Parashar VIII**

**Mahima Singh IX**



**Language Captain**

**Aadvik Kr. Singh IX**

**Shreya X**



Congratulation!







*Together for better Environment*

## **POCSO Seminar for Teachers**



The **Protection of Children from Sexual Offences Act (POCSO)**, 2012 was enacted to provide a robust legal framework for the protection of children from offences of sexual assault, sexual harassment and pornography, while safeguarding the interest of the child at every stage of the judicial process.

**Teachers should be sensitive to the needs of children and should create an environment where children feel safe to disclose any form of abuse.** Teachers should also be alert to any changes in a child's behavior or appearance that could indicate abuse.

# Recording the statement of a child

## 9 things to Remember



1. Preferably to be recorded by a woman police officer, not in uniform



2. At the child's home or any place where the child is comfortable



3. In the language of the child, as spoken by the child



4. Frequent breaks while child narrates the incidence



5. Medical examination within 24 hours in presence of parents & trusted adult



6. In presence of a trusted adult &/or an expert interpreter, translator, social worker



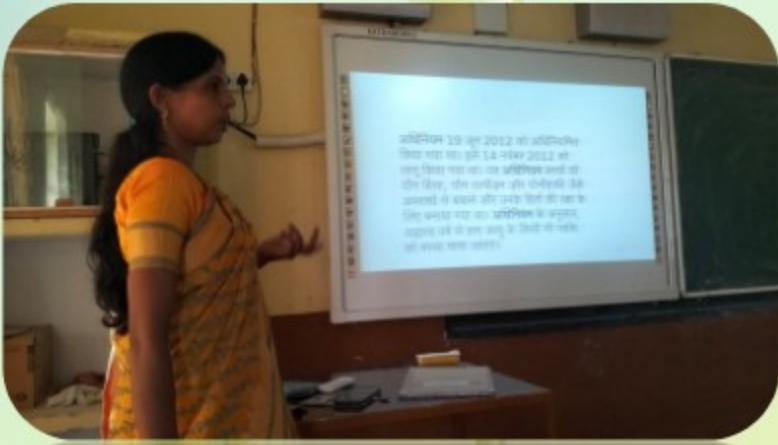
7. Use of audio-video devices if available



8. Recorded statement to be read out loud by the Police officer to the child



9. Child/Family must get a copy of the statement



**HARASSMENT GENDER VIOLENCE ABUSE**



# English Elocution

## Report-Extempore Competition

The ability to communicate ideas to others effectively is an essential skill and being able to deliver an impromptu speech is a step ahead. Extempore enables students to think 'out-of-the-box'.

The Primary School conducted the English Elocution Competition for Classes 4 to 10, on 16th October, 2023. This is done annually, in an attempt to promote English speaking skills, in terms of pronunciation, delivery, and voice modulation, and to develop English in its spoken form. This year too, several children gave in their names as participants, which resulted in a keenly contested audition round.

The afternoon began with an introduction to the judges, who were teachers from across the school. All the participants performed exceptionally well, winning accolades for their house. The competition gave a lot of encouragement and confidence to the performers and to all the students present there.

The confidence, expression and talent of the young ones made the event truly memorable.

The following themes were given to the students:

Class IV: Moral Values

Class VII: Role of Technology in agriculture

Class V: Festivals

Class VIII: Smart work / Handwork

Class VI: Indian Music/Importance of books in our lives

Class IX: Women Empowerment/**Unemployment**



**"Only the  
prepared  
speaker  
deserves to be  
Confident."**



Elocution



**Competition**



*Tiny Tots  
Drawing*



©Tiny Tots and Little Tots



To help children think creatively and express their feelings, HOLY FAMILY SCHOOL , CHAPRA organized a freehand drawing activity for the students of kindergarten. Students participated with full zeal and displayed their immense talent with confidence.

During the activity, they created compositions through drawings on the topics like seasons, nature, my family and animal kingdom. The beautiful artworks created by the students also showcased their imagination.

The young minds also learned to estimate distance, size and textures. Through this event, the idea was to develop the students' visual analysis skills.

“Little children are full of imagination and creativity” . We feel that a little spark can ignite their latent talent. Freehand drawing and colouring is one such activity. Students expressed their imagination on paper effortlessly.”









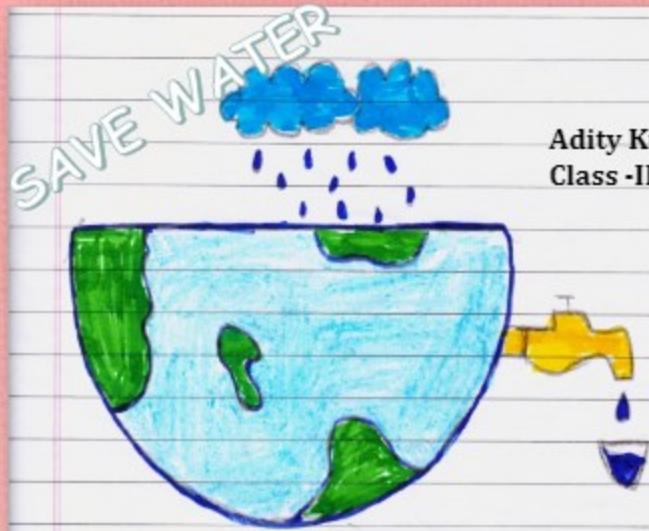
Shrishty Kumar  
Class- VII



Ashish Kumar Singh  
Class-II



Art by  
Priyam Raj  
Class-VIII



Adity Kumari  
Class-II

# Save Water



## SLOGAN

- ① Save water, and it will save you.
- ② Water is more precious than gold.
- ③ Save water, save life on the earth.
- ④ Be aware, use water with care!
- ⑤ Save water, secure the future.
- ⑥ Save the sea to see the future.
- ⑦ No water, No life, No blue, No green.
- ⑧ Water is not the source of life, it is life.
- ⑨ Water is life, treat it right.
- ⑩ Water is priceless. Save this treasure with please.

Art by  
Kumari Greesha  
Class-II



## **Inter House Dance Competition**

An Inter House Dance Competition was held for classes I to XII. The purpose behind the competition was to give children a platform to showcase their talent and to pay tribute to our rich culture and tradition. Students participated in the competition with enthusiasm and zeal.

The competition started with great zeal and enthusiasm because it is their first Inter House Competition of the academic year. Young buddies were thrilled to be a part of colorful, vibrant and energizing event. Hands, feet and bodies, were in colorful costumes, twirled, flipped and jumped on the stage of school. Different kinds of dance forms; western, classical, etc was performed by the pupils. Children even made use of interesting props like charts, sticks etc.. The choreography, rhythm, synchronization and presentation of all the students were par excellence.



# WRITE

Poems, short stories and reviews



Once Upon  
A Time...



## Life is Priceless

One day a son goes to his father and asks, 'father what is the value of my life'? The father gives him a stone and tells him 'if you want to know the value of your life my son, take this stone and go to the market and if anyone asks its price don't at all say a word and raise up your two fingers'. The boy does as his father tells him to do. He meanders around the market places and suddenly he comes across an old woman who approaches him and says, 'how much is this stone'? The boy doesn't say a word but just raises up his two fingers and the woman utters, '\$ 2 dollars! I will take it. The boy gets surprised and runs back to his father and communicates to him the same.

Now his father suggests to him the next place to go to the museum and repeat the same thing as before. So, the son takes the stone and goes to the museum. After about twenty minutes a middle-aged man comes to the boy and asks, 'how much is the stone'? The boy doesn't say a word and raises up his two fingers. The man instantly speaks out his mind aloud '\$ 200 **dollars!**? I'll take it'. The boy in wonder runs to his father again and expresses the same, the man in the museum wanted to buy the stone for \$ 200 dollars.

The father once again proposes another place with the same instructions to take the stone to a precious stone store. The son runs off to the precious stone store and walks inside and finds there an old man at the counter. As soon as the old man sees the stone he jumps up and screams, 'Oh, my God! You have the stone! I have been looking for it my whole life. What do you want for it? How much is it'? The boy doesn't say a word and raises up his two fingers as before. The old man promptly articulates, '\$ 2,00,000 dollars! I'll take it'. The boy couldn't believe it. In amazement he jumps up and runs to his father and declares 'the old man in the precious stone store wanted to give me \$ 2,00,000 dollars for the stone'.

Then the father retorts him saying: life is all about where you place yourself. You can decide whether you want to be a \$ 2-dollar stone or a \$ 200 - dollar stone or a \$ 2,00,000-dollar stone. There are some people who love you and for whom you are everything and some people will just use you as a commodity and for them you will be worth nothing, so it is up to you. The Choice is Yours.

# THE WONDER LAND

In the charming town of Harmony Hills, there lived two sisters named Ayushi and Anika. Anika with her colorful imagination and Ayushi with her love for gizmos, were known for turning the ordinary days into extraordinary adventures.

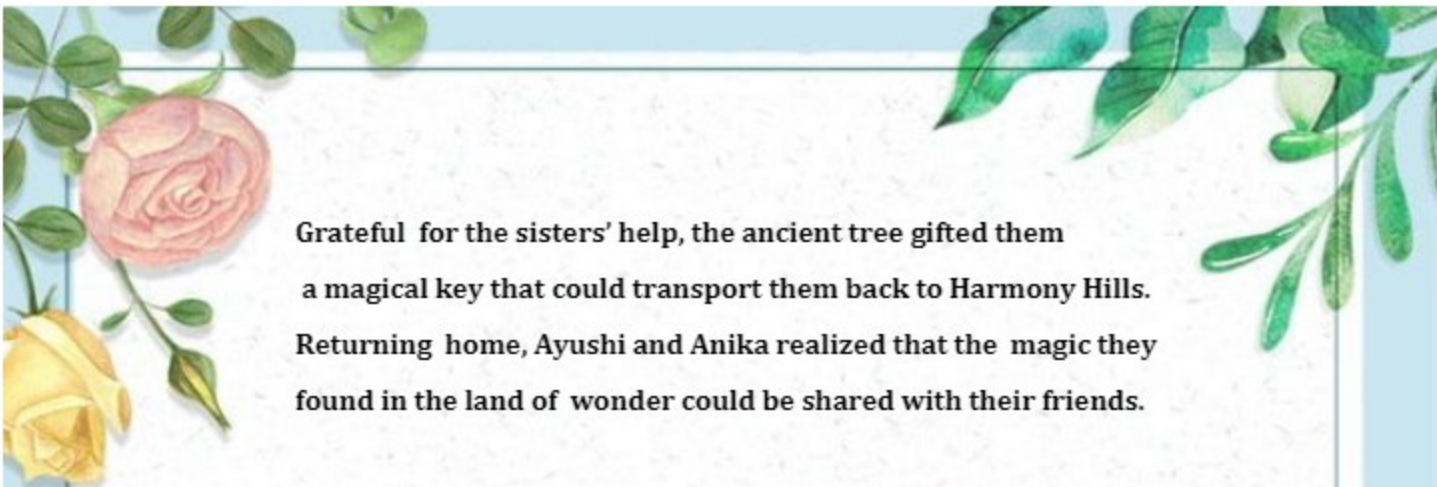
One sunny afternoon, the sisters discovered a mysterious treasure chest in their backyards. To their amazement, it contained a magical map that led to the 'Land of wonder'. Excited and curious, Ayushi and Anika embarked on a magical journey, their eyes wide with anticipation. As they followed the map's twists and turns, they encountered talking animals, friendly wizards, and mischievous fairies. Each step brought them closer to the heart of the Land of wonder, where an ancient tree stood tall, its branches adorned with glowing orbs.



The orbs, as it turned out, held the dreams and wishes of children from all around the world. Anika, inspired by the magical surroundings, started sketching the dreams she saw in the orbs, creating vibrant illustrations that came to life. Ayushi, using her technology skills, turned these dreams into interactive wonders that sparkled with creativity.

The sisters soon realized that their vibrant colors were fading, and the magic was dimming. So, they determined to restore the enchantment.


Ayushi and Anika collaborated, blending Anika's artistry with Ayushi's Tech wizardry to create a dazzling light show that painted the sky in every hue imaginable. The creativity and teamwork brought joy back to the Land of Wonder. The talking animals danced, the wizards cheered, and the fairies giggled with delight.



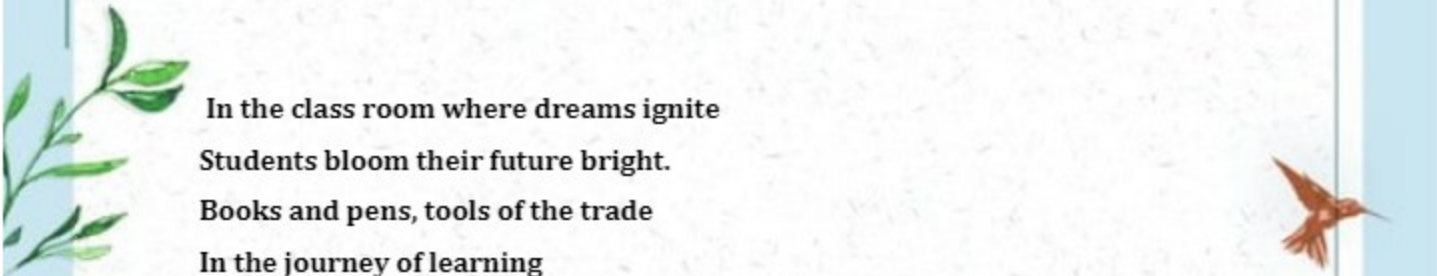
Grateful for the sisters' help, the ancient tree gifted them a magical key that could transport them back to Harmony Hills. Returning home, Ayushi and Anika realized that the magic they found in the land of wonder could be shared with their friends.

They decided to organize "a creative carnival" in Harmony Hills where kids could explore the wonders of art and technology together. The creative carnival became an annual event, bringing laughter, joy and a touch of magic to Harmony Hills. When Anika's imagination and Ayushi's **technology** joined incredible things could happen.

Ayushi Jha  
Class-V




## POEM



In the class room where dreams ignite  
Students bloom their future bright.  
Books and pens, tools of the trade  
In the journey of learning  
No effects too great.  
Challenges like tests may appear,  
But courage whispers "HAVE NO FEAR".

Ayushi Jha  
Class - V





## STORY OF A BIRD

If I were a bird, I would like to be a sparrow.  
I would fly high in the sky.  
I would like to live in the nest and not in a cage.  
If I were a bird, I would chirp early in the morning and play with winds.  
If I were a bird, I would play with some animals and never let them hurt anyone.  
If I were a sparrow, I would eat the wheat and other seeds.  
If I were a bird, I would enjoy playing with children.  
I would walk in front of children and when they come to catch me,  
I would fly high in the sky.  
If I were a bird, I would help my friends to make their nests.

Abhiraj Anand  
Class -I

## CATCH PHRASES

- “Water is more precious than gold”.
- “Water is life, treat it right”.
- “Water is not the source of life, it's life”.
- “No water: no life, no blue, no green”.
- “Be aware and care for scarcity.”
- “Save water, and it will save you”.
- “Save water, save life on the earth”.
- “Save water, secure the imminent generation
- “Save the sea to see the future”.
- “WATER IS PRICELESS, SAVE THIS TREASURE WITH PLEASURE”.

## THE TRUE INDIAN SAGE

Swami Vivekananda's childhood name was Narendranath Dutta. He was born in a Bengali family on January 12<sup>th</sup> 1863. Swami Vivekananda's birthday is celebrated as national youth day in India. He was influenced by Ramakrishna Paramahansa who was his Guru. He became monk and travelled all over India and the west. He established many Mathas in India the most important being the Belur. He founded Ramakrishna mission in May 1897. The mission runs many schools and hospitals to help the poor people.

He worked in the field of social service. He urged people to eliminate the caste system and promote science and industrialization. His teachings opened up interfaith debates and interfaith awareness. He also worked against superstitions and advocated the upliftment of women's position in society. He wanted the people to embrace the spirit of equality and free-thinking. According to him, the best form of worship was the service of the people. He is credited with introducing the West to the Indian philosophies of Vedanta and Yoga. He died in 1902 in Belur Matt in West Bengal.

Virat Kumar  
Class – V

## NATURE'S BEST GIFT-TREES

Nature has given us many beautiful gifts.

One of the most beautiful gifts of the nature is trees. They are very important to us. They take carbon dioxide and give us the oxygen. Trees also clean the air by taking harmful gases. They are the sources of rain. They help to prevent soil erosion. They give us furniture, vegetable, fruits, medicines, rubber, tea, coffee, spices. Birds build their nests and wild animals depend on trees for food and shelter. They give us shade in summer.

We should plant more trees to save our mother earth. We should avoid deforestation as much as possible. Saving trees is the best way to save life. If we want to live life in healthy way, we have to save trees forever.

Ansh Kumar  
Class – III

## OUR COMMON HOME

In a world so Nasty Grand,  
Our earth needs a helping hand.  
Let's reduce, reuse and recycle,  
To make our planet future sparkle.

Plant trees with love and care,  
For clean air they'll share.  
Conserve water every drop,  
And watch our planet's beauty never stop.

Avoid waste, be mindful each day,  
Use eco-friendly products, I say.  
Spread the word, inspire others too,  
Together, we can make earth a new.

So, let's unite, young and old  
Protect the earth, let's behold.  
For this planet is **our common home**,  
Let's save it, never to roam.

Anshika Kumari  
Class - IV

## THE MAGICAL TREE

Once upon a time there was a magical tree in a jungle, its name was Mangu. He was very kind and pure in heart, anyone who had problem in the forest would go to Mangu.

The king of the adjacent forest, sheer khan, mixed poison in the water of the jungle and many animals drank the water of the jungle and fell ill. All the other animals in the forest were very upset and restless. This news was brought to the notice of the prince Sing ham who was very good and kind. He told this problem to his dearest minister Chintu Chitta his close friend and he suggested that they should approach the magical tree Mag-nu for the help. The animals together went to Magnu and told him their problem. Magnum took out the poison of that river first and then the animals affected by the poison with his magical power. The animals were very happy and thanked Mangu for solving their problem and saving all the animals' life.

As soon as the message reached king Sheer Khan, he wanted to attack the forest but Magnum being alert had already secured the forest with all his magical powers and saved the animals once again. As the days went by the started dying slowly. When the animals came to know about this, they became very sad and coming together started praying to the god of forest. The god heard their honest prayers and appeared and gave back tree all his magic powers.

Moral of the story - GOOD THINGS HAPPEN TO THOSE WHO DO GOOD.

Anshu Kumar Gupta  
Class-VI

# Ever Lasting Memories



Farewells always leave you teary eyed, for not only do they remind you of the inevitable parting but are also a constant reminder of the effervescence of time. With a plethora of emotions brimming in the heart of HFS , we organized a farewell party to bid adieu to the outgoing batch 2023-2024. the day was a fiesta devoted to the years spent together with friends and teachers and to reminisce joyous moments. The theme for the party was 'SUCCESS' and Class XII students

The school bid adieu to class XII students on Tuesday. A prayer song, followed by their thought provoking speeches, recollecting the memories and the time spent by their seniors in the school and bidding farewell to them with a heavy heart, but with a hope that they fair well in life left everyone teary-eyed. The farewell party was celebrated with fervor at School campus. It was an occasion for the outgoing students to look back at the time that they spent in the lawns of Campion Campus and the professional education that they acquired during the period.

The Secretary Rev.Fr. Sachin Ekka wished them through his speech and exclaimed his joy whenever he saw them in the campus studying and playing in the ground. It was not only to the students memory but the school also misses them as much as they miss school. This was a best and first batch of class XII from HOLY FAMILY SCHOOL.

A special cultural programme and different songs was organized by students. The program got off to a start with a welcome song by the juniors in honor of the seniors. Cultural event commenced with Prayer Song followed by power packed dance performance , which was full of feelings and emotions for their departing seniors.

Thereafter, the class XII students were taken to hotel for a festive Lunch. The students were so thoughtful in sharing their gifts with their teachers as a life-long remembrance.



## HEALTH AND WELLNESS

The term health refers to a person's physical and mental well-being. Staying healthy is not an option, it is a requirement for living a happy life. The fundamental laws of good health are linked to the foods we consume, the quality of physical activity we engage in, our hygiene, Rest, and relaxation.

Points to stay healthy and happy:

- ◆ Brush your teeth twice a day.
- ◆ Take healthy vegetables in food.
- ◆ Wash your hand before eating and after eating.
- ◆ Bath every day.
- ◆ Do regular exercise every day.
- ◆ Walk early in the morning.
- ◆ Eat a balance diet.
- ◆ Have 7-8 hours good sleep
- ◆ Practice and keep your surroundings hygiene.
- ◆ Avoid stress.

Abhijeet Singh

Class-IX

## F-E-A-R-L-E-S-S

Hey world, I am Fearless,  
I wander of course, but not careless.  
I pretend to be quiet but,  
I am not clueless.  
The Night is Dark, Heavy the Clouds,  
May be, I am small lost in crowds  
But still I will rise.  
Open my wings and make a big fly,  
May be, there is water in my eyes,  
But I don't cry.  
I AM FEARLESS, DO A LOT BEFORE, I DIE!

Parinita Kumari

Class - IX (A)

## NEVER GIVE UP

Once upon a time, there lived a very poor farmer in a small village. He had a beautiful and an intelligent daughter named Shiya. She wanted to become a doctor but the poor farmer couldn't join her into a school because of their financial conditions. She used to feel sad for her misfortune. But Shiya never gave up her desire for study. She determined to find means to go to school. As she watched daily children going to school, a thought zoomed in her mind and she went told her father about her thought which was not so pleasing to her father but the helpless conditions made him to agree upon. Bubbling with joy and enthusiasm Shiya started going to school.

Since no admission and no fee payment had done she was not allowed into the class room so she was listening and learning from outside the class room all the lessons attentively. As usual one day teacher was asking some questions, when no student could answer shiya gave the correct answer from outside where she was standing. The teacher was very much impressed by her aptitude, called her in and inquired about her and family. The next day teacher went and met her father and explained, convinced and promised him that she would take care all the expenses of her education. With same zeal and eagerness Shiya completed her studies and became a famous upright doctor. Thereafter she was ever happy for her dream to become a doctor came into reality.

Name- Rajnandani  
Class-IX (A)

## I AM A WARRIOR

It's a big sky,  
Where I want to fly.  
Wave of sea, where I want to dive.  
Always smile, do never cry.  
I am a warrior, fight day and night.  
Learning the things, to be a star of sky.  
Be confident, never shy a truth in words not a lie.  
I am a warrior, fight day and night.

Aadarsh Kumar Singh  
Class -IV

## WATER FACTS OF LIFE

- ◆ There is same amount of water on Earth as there was when the Earth was formed. The water from your faucet could contains molecules that Dinosaurs drank.
- ◆ Water is composed of two elements, hydrogen and Oxygen ( $H_2O$ )
- ◆ Nearly 97% of the world's water is salty or otherwise undrinkable. Another 2% is locked in ice caps and glaciers. That leaves just 1% for all of humanity's needs.
- ◆ Water regulates the Earth's temperature. It also regulates the temperature of the human body, carries nutrients and oxygen to cells, cushions joints, protects organs and tissues, and removes waste.
- ◆ 75% of the human brain is water and 75% of living tree is water.
- ◆ A person can live about a month without food, but only about a week without water.
- ◆ water is part of a deeply interconnected system. What we pour on the ground ends up in our water, and what we spew into the sky ends up in our water.
- ◆ Water expands by 9% when it freezes. Frozen water (ice) is lighter than water, which is why ice floats in water.

Name-Khushi Kumari  
Class - II

## MY FAVOURITE - MY MODEL

Albert Einstein was a great genius and the most famous scientist of all time. He was born on 14<sup>th</sup> March, 1879 in Ulm, Germany. His father's name was Hermann Einstein and his mother's name were Pauline Einstein. He is best known for developing the 'Theory of Relativity'.

He created the world's most famous:  $E = Mc^2$ . Some of his important discoveries are - Quantum Theory of light, Avogadro's number, Theory of Relativity, Photoelectric Effect, Brownian movement, wave-particle duality and many more.

In 1921, he received the novel prize in physics for his significant work on the photoelectric effect. He was also given the title of "Person of the Century" by Time magazine in 1999.

The great scientist died on 18<sup>th</sup> April, 1955. He was 76 years old when he died.

A famous quotation by him: "A person who never made a mistake, never tried anything new".

Name-Nidhi Kumari  
Class - VII





## OUR BEST COMRADE

Trees are very important in our life.  
They make our earth green.  
They give us oxygen to breath.  
They give us fruits and vegetables.  
They give us shade in summer.  
They help us to prevent air pollution.  
They keep the environment cool.  
They are home for many birds and animals  
They are our life fuel.  
Trees are our best friends.  
SO, A TREE FOR A CHILD MAKES FUTURE NURTURE.

Name- Neha Kumari  
Class -IV

## THE TREES

I think that I shall never see  
A poem lovely as a tree.  
A tree whose hungry mouth is prest  
Against the Earth's sweet flowing breast.  
A tree that looks at God all day  
And lifts her leafy arms to pray.  
A tree that may in summer wear  
A nest of robins in her hair.  
Upon whose bosom snow has lain,  
Who intimately lives with rain.  
Poems are made by fools like me,  
But only God can make a tree.

Name- Antra Kumari  
Class - IX

## MY LIFE LINES

My life lines are my parents. They are God given finest teachers. My parents are always there with me to guide me in every day of my life. They know my all needs and provide the best. They always support and encourage me in my studies. They are always my inspiration in decision making and right conduct. My father is my super hero and my mother is my goddess They love me with no gender bias. They are proud my femininity and that makes me feel good as a son of my life lines. My life lines are my backbone without whom I become an orphan. I Love, Respect and Honour them for what they are to me. They are my life lines, and remain the same in every turn of my life. Hurrah Hurray my life line.

Soni  
Class-VII

## ALARM

Planet earth is rotting,  
From the inside out,  
Corroded by the chemicals,  
That you throw into the rivers.

Selfish, oh foolish human race,  
Planet earth is drowning  
In a pool of waste,  
Carelessly abandoned.

Pollution, you are a killer,  
Slabbing my mother in the heart.  
Slashing her with your sharp knives  
You left gaping holes in her flesh.

Mother earth shouts for help  
Her broken body in pain.  
Her battered body in stitches  
In a land of broken promises.

Anshika Singh  
Class - III

## TEAMWORK

Two or more people coming together  
To complete a task is termed as Teamwork.

All the games that you play in,  
As a Kid are based on teamwork,  
Could be basketball, volleyball, football etc.

A team can have endless people  
But the focus should be on the same goal,  
a sport, an office, a school project, a dance etc.  
The discipline and good Communication skills  
Foster members to work in a team vibrantly.

Cooperation, collaboration, co-ordination  
Among the members lead to success in the teamwork.

**TEAMWORK IS ONE OF THE MOST NECESSITIES OF AN ORGANIZATION.**

Name- Simran Kumari  
Class -IV




## BEAUTY OF THE NATURE


Colors sprawling and dancing,  
With spirits gay flowers blooming,  
Beauty butterflies drinking nectar,  
The running streams and  
The luscious green grass,  
The molten milky sky,  
The pleasant cooling breeze,  
Makes me Alive and Think,  
So much beauty can only be seen,  
The creature, who understands the beauty of nature.

Simran Kumari  
Class -IV

## MY FAVOURITE SEASON

Summer vacation is the best time of the year.  
There is a month summer break in my School.  
It gives us a break from our busy academic schedule: curricular and co-curricular activities. Kids feel very happy and relaxed in the holidays.  
Summer vacations are the perfect time to relax and have a fun with everyone.  
It is a season to refresh mentally and physically and to re-energize and boost oneself for the next academic studies.  
Most of the children visit their grandparents in summer vacations.  
Summer vacation is a good time to learn new things.  
Summer is the season for mangoes, king of the fruits.






Wow! Indeed, summer is for cotton wears, for swimming, for fridge water, Ice-cream, cool drinks and juices, evening parks, family tours and many more to enjoy.


I also like eating fresh mangoes and watching television.

Payal Kumari  
Class - IV

## WHY? NO TO JUNK FOOD!




Junk refers to 'unwanted item' or 'secondhand goods' or reject. Why then junk food becomes our preferred choice item? Despite of being aware of the consequences most of us choose to consume those commercial products which are very harmful to our health. The readymade packed foods like cakes and biscuits, chocolates and sweets, snacks such as crunchy hot chips that we buy from market are all junk foods. French- fries, Chinese noodles, ice cream, soft drinks, burgers and pizzas are very popular junk foods.



Junk food may be tasty but have zero nutritional value. Junk foods are rich in sugar and plenty of calories, salt and fats. Junk foods make our mind lazy and dull. They damage our digestive and immune system day by day.

Though Junk food is very popular across the globe we should always favor fresh, nutritious, delicious and healthy home - made food.



Sonakshi Kumari  
Class - IV



## FAITH AND HOPE

A long time ago, in a certain village there lived a wise farmer, Rodney. He was very happy with his family, but his happiness could not last for long. Rodney and his fellow villagers faced a severe famine. They desperately waited for rains but with no luck all their crops, land and even trees dried up.

The cattle started dying. As there was no rain, even the streams and wells the only source for drinking water started drying up slowly. One day Rodney gathered all the villagers and said, "friends, we have heard from our ancestors about an underground river flowing through our village.

Let us dig and see and that's only the hope we have to survive from the dearth. The villagers liked the idea though it is very much challenging. The whole village young and old, men and women started digging. They tried very hard for some days but no hope of water.

They all gave up soon. However, Rodney kept on digging even people told him to give up. But faith in his heart he said, "God is helping and guiding my ways". He and his family continued to dig deeper and deeper. His hard work and hope did not go in vain. One day, when they had dug deep enough, Rodney saw water.

Thereafter, there was never a scarcity of water. And whenever any problem arises, all the villagers came up together and found a solution in the presence of Rodney.

Ayushmaan Singh

Class - V



## The little boy who was crushed

One day not so long ago, there lived a very angry little boy. Everything in life and everything about life made him angry. The angrier he became the more frustrated he became and the more frustrated he became well that just made him more angry.

He began to hurt the people around him, who loved him the most. With each new insult and angry outburst, he was hurting these who cared. He wasn't seeing the consequences of his anger. He couldn't understand that his actions were causing others pain and hurt, he was too consumed by his own rage to even notice.

After a particularly bad outburst his mother had sent him to walk in the woods and think about things until he had calmed down. It was on this day, walking in the woods, that was about to change his life for the better.

**Pratibha Singh**

**Class VII**

## A HAUNTED HOUSE

Once there was a child named Kaushal. He went to his maternal uncle's house. There was a haunted house in distance from his house. People says "A mother killed all his four sons and at the end she does suicide". This family leaves there for twenty-two years ago. Nobody knows the reason behind this.

When Kaushal knows this thing, he was excited to go there. It was 12:00 am. He picked a light and went to the terrific house. When he got closer to the house. He saw there was a big wall around the house and the gate was locked. Then he returned to his home. Then next day he went to the haunted house, when he reached to the house, he was shocked because the house is looking like a new house. When he entered the house, he saw a book. He picked the book and opened it.

The pages of books are made up of human skin. Then he threw the Book. He noticed that the book is of black magic. Then he ran to his house. He told all the things to his mother's father. Then his mother's father told the husband of the lady is a black magician. He wanted to make his family immortal but there was a big mistake was done by him and a bad evil enter into his wife's body and killed his child. Then he killed his husband also, when his wife came into his own controlled he felt ashamed and killed himself. From this time Kaushal never gone to this type of place.

**Adarsh Kumar**  
**Class VI**

# Success

Every man's dream is to be successful but achieving success in your hands.  
To be successful, a person needs to work hard and put in a lot of effort.

**Pratibha Singh**  
Class - VII

# Artificial intelligence

If assessment is starting to rule your life, try these top techs to ease.

Meaningful assessment  
Is key to children  
Learning and progress  
Knowing what they  
Have achieve and  
Gaining valuable feedback.  
Allow you to plain them  
Next step but let not  
Kids ourselves, it can  
Be a laborious job-  
Many teachers would  
Bit your arm off  
For quicker and  
Easier way to carry  
It out. The good news  
Is that technology can  
Help. No, were not talking  
Robotic feedback  
With hand, general  
Statement there are  
A number of programs  
And apps that can be  
Used for both formative  
And summative assessment  
And here are just a few.

**Aryan Bharti**  
Class -VIII

## Who is behind him?

One day, a twelve years old boy named Ramesh, in his summer vacation went to his maternal uncle's house. His house was in the graveyard, but Ramesh does not know about graveyard. He didn't believe in ghosts. After 07:00 PM

Nobody was allowed to go out. But Ramesh doesn't follow the rules, and he went out. He feels somebody was behind him but he thinks it is illusion. Ramesh was walking around his house, now its 11:00 PM but still he was not afraid of ghosts. Ramesh has a sister, when it was 11:30 PM, his sister came and asked, Hey Ramesh! What are you doing here? But Ramesh was shocked because his sister had not come at his maternal uncle's house. He instantly ran towards his parents' room. He was afraid but the ghost had not gone back. The ghost came again in his room with the face of Ramesh's best friend. Ramesh thinks, how this night will pass.

Ramesh believes in god Hanuman. Then he remembered he can chant Hanuman Chalisa. He started to chanting Hanuman Chalisa, then the ghost was afraid and went.

**Anand Kumar**  
Class - VI

## MY SCHOOL

My school is big in size. Its building color is peach and has a big playground. Computer lab facility has also been provided in our school and also there is a big library with lots of story and academic books. Sports facilities are also available which included, Seesaw, swing, slider followed by other outdoor games like Cricket, football, Basket Ball, volleyball, Javelin throw etc.

**Rashi Rani**  
Class - III

## DISCIPLINE

- ◆ Discipline is very important in life.
- ◆ We achieve success by following discipline.
- ◆ Discipline means doing our work on time and in a proper way.
- ◆ We should always get up early in the morning.
- ◆ We should study, play and eat on time.

**Ritu Kumari**  
Class- IV



## Uses of Trees

- ◆ Trees are our best friends.
- ◆ They make our earth green.
- ◆ They give us oxygen to breath.
- ◆ They give us fruits and vegetables.
- ◆ They give us shadow in summer.
- ◆ They help us to prevent air pollution.
- ◆ They keep the environment cool.
- ◆ Birds make their nest in trees.
- ◆ We can't live without trees.
- ◆ We must plant more trees.
- ◆ Trees are very important in life.

**Neha Kumari**  
**Class -IV**

## STEPHEN HAWKING

In the name of bib scientist, the albert Einstein and Isaac newton but the Stephen hawking was also a big scientist, he was an English theoretical physicist and cosmologist. He completes his study from university of oxford. He discovery was more in the black holes and the big bang theory. He says that cosmic inflation in a theory in which the universe expands exponentially soon after the big bang. On the Based of his quantum theory of gravity, he says that time did not exist before the big bang explosion. He also says that the Einstein's theory Predicted a singularity which was the big bang theory.

He will be spending most of the time in wheel chair. But he knows that their disease was not a big because many persons have the big disease from me, so he didn't break their confidence and make a big man in life. He was died in the age of 76 in 14<sup>th</sup> march 2018.

**Priyam raj**  
**Class - VII**

## THE IRON PILLAR

The iron pillar at merulid, Delhi, is a remarkable example of skill of Indian craft person. It is made of iron 7.2m high and weight over 3 tones. It was made about 1500 years ago. We know the date because there is an inscription on the pillar mentioning a ruled named Chandra, who probably belonged to the Guptas dynasty. what is amazing is the fact that the pillar has not rusted in all these years.

**Aditya Kumar**  
**Class - VI**

## SHORT\_VIDEO

Short - form video content is well on its way to becoming one of the most popular formats of social media. The short often funny and engaging Videos connect people all over the world and short videos range between 15 seconds and 3 minutes depending on the platform they are posted on. And these three most and main platforms to use: Tik tok, Instagram reels and YouTube shorts and tik tok allows you to upload videos that last up to Three minutes. And it is easy to bring, easy to share with friends and it is Entertaining. The risk of getting exposed to harmful and inappropriate content is high. Since these are very short videos, talking down video based on the content is challenging. Many times, these videos are also tagged differently to attract child users. And a short video called video clips. Clips are between 5 to 60 seconds long. When a child starts spending most of his time watching videos, he starts moving away from his family and friends, for students, watching short videos means that they are wasting their time with videos.

**Priya**  
**Class - VII**

## Extinct animal

There are many animals which are extinct but you don't know them so, I want to Tell you about five extinct animals, which are woolly mammoth, Dodo, Irish Elk , Tasmanian tiger , Megalodon.

Woolly mammoth - They lived from the Pliocene epoch [from around 5 million years ago] into the Holocene about 4000 years ago, and various Spices existed in Africa, Europe, Asia and north America. Mammoths are smore closely related to living Asian elephants than African elephants. Columbian mammoth in the page museum in los Angeles. Dodo- they were large birds, approximately three feet- tall, with downy grey features and a white plume for a tail. The dodo tiny wings and its sternum - an area with strong wing muscles for flying birds was wrens ponding small. Small their body weight is more than 20 kg.

The Irish elk, megaloceros, is misnamed, for it is neither exclusively wish nor is it on elk. It is a giant extinct deer, the largest deer species ever, that stood up to seven feet at the shoulder.

**Mayank Parashar**  
**Class - VIII**

## **WOMEN EMPOWERMENT**

Women empowerment all refers to the empowerment of women To take all decisions from their choice. So that she can take all the decisions for her social and economic development. Empowerment of women will surely encourage all the women to stand for their education and the life of their own choice.

Women empowerment is all about making women both socially and financially independent. It is a process in which women make their own independent decisions.

When women are entitled to decide, it gives them a sense of empowerment and more worth. Providing proper education to a girl child is the main agenda of women empowerment. It also includes educating working women and engaging them in menial jobs. Empowered women can contribute to nation - building by joining various sectors.

**Kavita Kumari**  
**Class - IV**

## **AREA OF THE POLICE STATION**

On the way to the police station, one of the neighbors asked. "why don't we spend some more money and go to the main police station in the town? It is not a question of money. We can register the case only in this police station because our village comes in its area of work explained Mohan. Every police station has an area that comes its control. All persons in that area can report case or inform the Police about any theft accident injury fight, etc. It is the responsibility to investigate of take action on the cases within in.

**Abhinav Singh**  
**Class - VI**

## **HARSHVARDHAN OR HARSHA CHARITA**

Harshvardhan who ruled nearly 1400 ago was a Guptas ruler. His court poet who was ban Bhatta wrote about his biography known as Harsha Charita, which is written in Sanskrit. This give us the Genealogy of Harsha. Xwang Zang who was the first Chinese who comes to India about 1400 year ago, he also spent a lot of detailed account.

Harsha was not his eldest son of his father, but he became king of thane Sar after both his father and elder brother died. His brother-in-law was the ruler of Kanauji. he was killed by the ruler of Bengali.

Harsh took over the kingdom of Kanauji, then, he fights against ruler of Bengal and he successful in the east, and conquered Magadha and also, Bengal, also he was not as successful elsewhere: he tried to cross the Narmada to march in deccan but he was stopped by a ruler But he was stopped by a ruler belonging to the chulakya dynasty, pulakeshin II.

**Adarsh Raj**  
**Class-VI**

## आओ सीखें गतिविधि

रामु बोला घोड़े से  
ए घोड़े गिनती तो गिन,  
घोडा पोथी लेकर बोला,  
हिंन-हिन् -हिन् -हिन् -हिन् -हिन्

रामु बोला गधे से  
गधे पढ़ क ख ग  
गधा पोथी लेकर बोला  
चीपों- चीपों- चीपों

रामु बोला चूहे से  
चूही पढ़ अ इ ई  
चूहा पोथी लेकर बोला  
चीं- चीं- चीं- चीं- चीं- चीं

रामु बोला कुत्ते से  
कुत्ते पढ़ उ ऊ ए ऐ  
कुत्ता पोथी लेकर बोला  
भों- भों- भों- भों- भों

## पेड़ की कहानी

पेड़ हमारे लिए बहुत उपयोगी होते हैं।  
पेड़ हमारे सबसे अच्छे मित्र होते हैं।  
पेड़ हमारे पृथ्वी को हरा भरा बनाते हैं।  
पेड़ हमें साँस लेने के लिए ऑक्ससीजन देते हैं।  
पेड़ हमें फल फूल देते हैं।  
पेड़ पर्यावरण को संतुलित बनाए रखते हैं।  
पेड़ वर्षा करने में भी सहायक होते हैं।  
पेड़ पृथ्वी का तापमान नियंत्रित रखते हैं।  
कई पेड़ हमें औषधि भी देते हैं।  
पेड़ से हमें शुद्ध हवा भी मिलती है।  
पेड़ मिट्टी को बांधकर रखती हैं।  
पेड़ों पर कई पक्षी घोंसला बनाकर रहते हैं।  
पेड़ जानवरों को आश्रय देते हैं।  
पेड़ से कागज़ बनाए जाते हैं।  
पेड़ों को हरा सोना कहा जाता है।  
पेड़ों के बिना पृथ्वी पर जीवन संभव नहीं है।  
हमें पेड़ों को नहीं काटना चाहिए।  
हमें अधिक से अधिक पेड़ लगाना चाहिए।

अंश कुमार

कक्षा - 3

## प्रार्थना

ईश्वर! हमको दो वरदान,  
करें किसी का नहीं अपमान।  
चाँद और सूरज की भाँति,  
जग में बनाएँ हम पहचान।।

ईश्वर! हमको दो वरदान,  
पढ़-लिख कर हम बनें मुहान।  
फूलों सा नित हँसना सीखें  
बिखरें सदा मधुर मुसकान।।

नाम-अभिराज आनंद  
कक्षा- 1

## भालू

भालू आया भालू आया,  
सबको नाच दिखाया भालू।  
सबके दिल को भाया भालू,  
कभी दांत दिखाया भालू।  
कभी हमें उराया भालू,  
सबके मन को भाया भालू  
लम्बे लम्बे बालो वाला,  
काले काले मूँछों वाला,  
छोटे छोटे पूँछो वाला,  
देखो आया भालू लाला।  
सबको नाच दिखने वाला,  
देखो आया भालू काला।  
कभी नाच कर कभी दौड़कर,  
सबके मन को बहलाने वाला।  
भालू आया भालू आया,  
सबको नाच दिखने आया।

अभिनेश्वर कुमार सिंह  
कक्षा- 1



## मन करता है

मन करता है लेकर चरखी, रंग रंग की पतंग उड़ाऊँ।  
मन करता है बनकर चूँदा सब तारों पर अकड़ दिखाऊँ।  
मन करता है बनकर तितली बहुत दूर तक उड़ता जाऊँ।  
मन करता है बनकर सूरज आसमान में दौड़ लगाऊँ।  
मन करता है बनकर चिड़िया चीं-चीं, चीं-चीं शोर मचाऊँ।  
मन करता है बनकर कोयल सबको मीठे बोल सुनाऊँ।

नाम - आशीष कुमार  
कक्षा - 3

सूरज आया हुई प्रातः  
छोड़ी पुनः सोने की बात  
उठी, दौड़ी, भागी।  
आलास अब त्यागी।  
स्वतः करो अपने सब काम  
पर सबसे पहले  
माता पिता को करें प्रणाम।

नाम - आशीष आनंद  
कक्षा - 1

## हम सब छोटे बच्चें

हम सब छोटे बच्चें हैं,  
उम्र के अभी कच्चे हैं।  
रोज़ सबेरे जागते हैं,  
मन लगाकर पढ़ते हैं।  
दुनियाँ मेरी छोटी सी हैं,  
मंज़िल बहुत बड़ी सी हैं।  
करते नित अभ्यास हम,  
करते हमेशा पास हम।  
पढ़ना, लिखना, खेलना, कूदना,  
नित क्रिया का अंग हैं।  
मंज़िल अभी बहुत दूर है,  
मंज़िल तक चलना है ज़रूर।  
पढ़ना, लिखना अस्त्र-शस्त्र हमारा  
धैर्य, अनुशासन, कर्तव्य, निष्ठा, बल हमारा।  
बने सूरज के जैसा हम,  
करें जग को रौशन हम।

नाम - अभिनय कुमार सिंह  
कक्षा - 3



## A Meghalayan Tale of Inspiration

A stereotype is harmful when it limits women's or men's capacity to develop their personal abilities, pursue their professional careers and make choices about their lives and life plans. There are numerous examples in our country when women broke the stereotypes and became inspiration for the others. In this "Meghalayan Tale of Inspiration" A Mother has participated along with her daughter in the 5<sup>th</sup> Meghalaya Games.

In a remarkable display of familial inspiration, Marbarisha M Pdah, aged 44, finds herself donning the shooting gear alongside her daughter, Toiaibha M Pdah, aged 24, both participating in Senior Women's Category in 10 m & 50 m Rifle event and 10 m & 25 m Pistol event respectively.

Descending from East Khasi Hills, they are unique participants in the "5<sup>th</sup> Meghalaya Games 2024", in Tura.

The Pdah family has become an example for the communities across the state, emphasizing the importance of encouragement and solidarity to foster individual aspirations.

Their story is a celebration of determination, familial support, and the shared pursuit of sporting excellence, regardless of age.

Gaurav Pandey

## Structure of Human Personality

There are mostly three factors for the human personality. They are :

Parents : parents taught concepts of life.

Adult: adults thought concepts of life.

Child: child's felt concepts of life.

The most important role of parents involved for child's total development of personality.as they are directly connected by upbringing them with much love, care and controlling them.at the same time the child grows up with free mindedness, openness, adaptiveness and pleasures. The life script of a child begins from the time of conception up to the five years of child hood is responsible for child's physical, mental, social, spiritual and psychological development so this age is called the age of life script.

It is an individual to script the life script but many follows a common theme to uncover one's life script. the life script helps to explore the pattern in each ones life.

Strokes:

Strokes are affirmation given to the person like a word , loving greetings a gesture a touch etc. any thing that says I know you are there.

Types of strokes:

- Positive and negative : positive strokes are always constructive and negative strokes are helpful to accept individual limitations
- Internal and external : internal strokes occurs in behavioral changes and external in out look.
- Verbal and non-verbal: verbal strokes are helpful for understanding the realities.
- Conditional and unconditional : conditional strokes are offers doing some thing and unconditional strokes offers for being and valuable.

Above the strokes play vital role for constructive as well as destructive for the personality development so that it must be handle with care and attention.

Sr. Anjana





CLEANLINESS DRIVE

FOR SWACHH BHARAT



As part of the campaign for Swachh Bharat-Swachhta Pakhwada (CBSE), various activities were conducted in our school-HOLY FAMILY SCHOOL, GURUKULMEHIYA, CHAPRA to create awareness among the students regarding Cleanliness. The ongoing cleanliness drive "Swachh Bharat" started by our respected Prime Minister, Shri Narendra Modi. In the month of August, Swachhta Shapath was organized on the very first day of the Pakhwada, wherein all the students and the staff of the school participated. THE ROLE PLAY was performed on Cleanliness and Hygiene Practices were conducted during assembly by the students and it is to make them realize the importance of cleanliness and sanitation, as the role of schools has been Instrumental in realizing the mission of Swachh Bharat. Swachhta Awareness messages were posted on the school website and photographs were displayed in the school. It ended with a beautiful message on Awareness of cleanliness and Hygiene. Thus, it enabled to take this mission of Cleanliness to the community, thereby creating mass awareness.



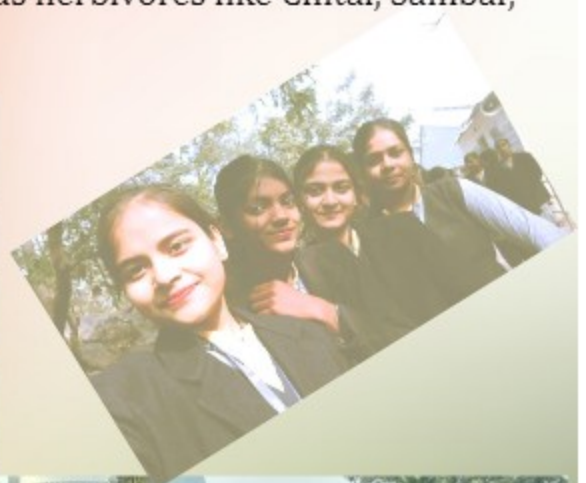
*Kaleidoscope.....A Visit of memories*



# Educational tour to Rajgir.....

An educational tour is an excellent opportunity for students to learn outside of the classroom setting. It provides a chance for them to experience different cultures, explore new places, and gain practical knowledge that they can apply in real-life situations. The main purpose of this tour is to broaden the students' horizons and enhance their learning experience.

Experiential Learning: Rajgir Wildlife Safari Excursion Students from Grades VI and X embarked on an exciting field trip to Rajgir Wildlife Safari on Sunday, February 13th. The immersive journey began with spotting various herbivores like Chital, Sambar, and Black Buck in the park.





*26 January*

**Happy Republic Day**

**“ The starting point of all  
achievement is desire.”  
- Napoleon Hill**



*"The greatest discovery one can make is that nothing is impossible."*





## One nation, One vision, One identity- 26th January, 2024

The constitution was adopted by the Indian constituent assembly on 26th November 1949 and came into effect on 26th January 1950 with a democratic government system, completing the country's transition towards becoming an independent Republic. 26th January was chosen as the Republic Day as it was on this day in 1929 when a declaration of Indian Independence (Purna Swaraj) was proclaimed by the Indian National Congress as opposed to the Dominion status offered by the British regime. This day honors the date on which the Constitution of India came into effect on 26th January 1950.

Teachers anchors shared eloquently about the significance of the occasion accompanied by saluting the National flag and pledged themselves to uphold the honor and integrity of their country. Students manifested synchronization, alertness and unspoken coordination during March past representing their respective houses with a motto to achieve great heights. Awe-inspiring rendition by the students enthralled the audience through a theatrical dance performance depicting the amalgamation of intense emotions and sacrifices of our brave soldiers who sacrificed their lives for our nation's pride. Paying a tribute to the Indian spirit, tradition, culture and value systems the students took pride in glorifying and celebrating the spirit of unity and brotherhood by singing a patriotic song.

**The Principal and teachers** felicitated the illustrious Academic Achievers of the school, athletes, and all the winners of different events with glorifying medals and certificates.



*"The future depends on what you do today."*



# Christmas Celebration



Christmas is the festival which inspires the spirit of sharing and caring. Christmas celebration was held on 22nd December 2023, in the school premises. The school was beautifully decorated. The programme started with an information about Christmas and why it is celebrated. Beautiful dances and Melodious carols sung by the choir.

The event ended with cheerful Christmas greetings as the students danced to the melodious tunes of 'Jingle Bells' and 'We wish you a merry Christmas.' The dazzling entry of Santa Claus added to the joy and excitement of the students. The boundless joy of celebrating the festival was visible on the faces of all the children. It was a joyous and amusing programme for everyone.

# RANGOLI COMPETITION

Students learned to appreciate the cultural significance of Rangoli as a traditional Indian art form, deepening their connection with their cultural heritage. Engaging in the competition allowed students to express their artistic abilities and creativity through the medium of Rangoli, enhancing their artistic skills.

Rangoli making is all about showing artistic creativity by using beautiful colours. Patterns are created on the floor using materials such as colours, flower petals, glitters etc. It is a way to express imagination.

Keeping this in mind, Rangoli making competition was organized on 3rd November, 2023 for students of classes VI to VIII . Students participated with full zeal that one usually associates with festivities. Children put in lots of effort and came up with amazing ideas. The students enthusiastically participated by showcasing their skills and posted pictures of Rangoli made by them. This Rangoli making competition motivated the students to perform and outshine in their creative skills.

The judgement depended on the selection of the design, neatness, clarity, color combination and creativity by the students to make their designs more presentable.



# FANCY DRESS

Fancy dress competition not only blends learning with fun but also develops confidence in students by giving them an opportunity to speak in front of their own classmates. To celebrate this fun-filled activity, the children of Pre Primary and Primary participated in the competition on 6th November, 2023.

Children also participated with a lot of enthusiasm and displayed their confidence while speaking. Their innocent words and stage presence won the hearts of teachers and judges. The competition proved to be a great learning experience for the students and gave them a platform to explore their hidden talents.



# RAKSHA BANDHAN

Raksha Bandhan symbolizes the true love and bond between brothers and sisters. Rakhi has deep significance and it has been used for the protection of the person who ties it on his hand from mythological times.

The students enthusiastically participated this activity. This activity was scheduled on 29<sup>th</sup> August, 2023 for Junior and Senior Wings respectively. Students showcased their talents by their beautiful and creative hand-made Rakhi using craft material and waste material. The school authorities appreciated every active participant and motivated other children to take part in future activities.



## English Elocution Competition

## RANGOLI COMPITITION

Date : 16.10.2023

CLASS	NAME
Ix	1 <sup>st</sup> Mahima Kumari
Ix	2 <sup>nd</sup> Rajnandni
Ix	3 <sup>rd</sup> Antra Kumari
Ix	3 <sup>rd</sup> Kumar Ankit Raj

CLASS	NAME
VIII	1 <sup>st</sup> Swastika
VIII	2 <sup>nd</sup> Rishu
VIII	3 <sup>rd</sup> Kashish

CLASS	NAME
VII	1 <sup>st</sup> Honey
VII	2 <sup>nd</sup> Harshit
VII	3 <sup>rd</sup> Ananya Kumari

CLASS	NAME
VI	1 <sup>ST</sup> Nilesh Kumar
VI	2 <sup>nd</sup> Lokesh Kumar
VI	3 <sup>rd</sup> Anshu

CLASS	NAME
V	1 <sup>st</sup> Arya
V	2 <sup>nd</sup> Ruby
V	3 <sup>rd</sup> Divyani

CLASS	NAME
IV	1 <sup>st</sup> Simran Kumari
IV	2 <sup>nd</sup> Vanshika Singh
IV	3 <sup>rd</sup> Ravi Kishan

03.11.2023

1<sup>ST</sup> POSITION

Class	NAME
X	1 <sup>st</sup> Harshit Kumar
X	1 <sup>st</sup> Ashish Kumar
X	1 <sup>st</sup> Arpit Raj
IX	1 <sup>st</sup> Sonam Kumari
IX	1 <sup>st</sup> Kavyanjali
IX	1 <sup>st</sup> Simran
IX	1 <sup>st</sup> Tannu Kumari
IX	1 <sup>st</sup> Deepti Bharti
VIII	1 <sup>st</sup> Kashish
VIII	1 <sup>st</sup> Prachi Kumari
VII	1 <sup>st</sup> Ekta Kumari
VII	1 <sup>st</sup> Archana Kumari
VII	1 <sup>st</sup> Soni Kumari
VII	1 <sup>st</sup> Priya Kumari
VII	1 <sup>st</sup> Nidhi And Srishty
VI	1 <sup>st</sup> Rashmi Kumari
VI	1 <sup>st</sup> Aditi Kumari
VI	1 <sup>st</sup> Jiya Singh
V	1 <sup>st</sup> Rubi Kumari
IV	1 <sup>st</sup> Khushi Kumari
IV	1 <sup>st</sup> Ravi Kishan
III	1 <sup>st</sup> Rashi Rani
III	1 <sup>st</sup> Cute Kumari
II	1 <sup>st</sup> Ashish
II	1 <sup>st</sup> Ujjwal Kumar
L.K.G	1 <sup>st</sup> Akansha Anand

2<sup>ND</sup> POSITION

Class	Name
X	Nilu Kumari
X	Khushi Goswami
X	Priya Kumari 'A'
X	Jiya Kumari
X	Shreya
Ix	Parinita Kumari
Ix	Antra Kumari
Ix	Rajnandni
Viii	Swastika Samridh
Viii	Nidhi Kumari
Vii	Ananya Kumari
Vi	Ujjawal Kumari
Vi	Simran Kumari
Vi	Swati Puri
V	Arya
Iv	Simran Kumari
Iv	Kavita Kumari
Iii	Abhishek Kumari
Ii	Khushi Kumari 'A'
I	Ashish Anand

3<sup>RD</sup> POSITION

Class	Name
X	Alok Kumar
X	Akash Kumar
X	Krish Kumar
X	Abhishek Kumar
X	Priya Kumari
X	Pooja Kumari
X	Kriti Kumari
X	Vandana Kumari
Ix	Shalu Kumari
Ix	Laxmi Kumari
Ix	Vijay Laxmi
Ix	Tripti Kumari
Viii	Rishubh Kumar
Viii	Aryan Kumar
Viii	Mayank
Viii	Prem Kumar
Vii	Harshit Kumar
Vii	Krish
Vii	Pratyush Kumar
Vii	Priyanshu Kumar
Vi	Nilesh Kumar
Vi	New Kumar
V	Rishika Rudrani
V	Saloni Kumari
Iv	Anshika Kumari
Iii	Vanshika Yadav
Iii	Nandni Kumari
Iii	Raushni Kumari
Ii	Kumari Greesha
<b>I</b>	<b>Dhurva Partap Singh</b>



# FANCY DRESS COMPETITION

06.11.2023

CLASS	NAME
NUR	1 <sup>ST</sup> RAJHANS
NUR	2 <sup>ND</sup> AYANSH KR. SINGH
NUR	2 <sup>ND</sup> PRATIK KR. SINGH
NUR	3 <sup>RD</sup> ARYAN KR. GUPTA

CLASS	NAME
L.K.G	1 <sup>ST</sup> AINSH MISRA
L.K.G	2 <sup>ND</sup> SAKSHAM SINGH
L.K.G	3 <sup>RD</sup> HARSHIT CHANDRA

CLASS	NAME
U.K.G	1 <sup>ST</sup> SAMRTH
U.K.G	1 <sup>ST</sup> KAUSHAL
U.K.G	2 <sup>ND</sup> ANSHIKA
U.K.G	3 <sup>RD</sup> PIHU

CLASS	NAME
I	1 <sup>ST</sup> RIYANSH KR. SINGH
I	2 <sup>ND</sup> RADHA KUMARI
I	3 <sup>RD</sup> ANANYA KUMARI

CLASS	NAME
II	1 <sup>ST</sup> GREESHA
II	2 <sup>ND</sup> AASHISH SINGH RAJPUT
II	3 <sup>RD</sup> AROHI SINGH

CLASS	NAME
III	1 <sup>ST</sup> ARYAN BABU
III	2 <sup>ND</sup> RASHI RANI
III	3 <sup>RD</sup> ANANT KUMAR

CLASS	NAME
IV	1 <sup>ST</sup> VANSHIKA SINGH
IV	2 <sup>ND</sup> PAYAL KUMARI
IV	3 <sup>RD</sup> SIMRAN KUMARI

CLASS	NAME
V	1 <sup>ST</sup> RATNESH KUMAR

CLASS	NAME
VI	1 <sup>ST</sup> NILESH KUMAR
VI	2 <sup>ND</sup> NEW KUMAR

CLASS	NAME
VII	1 <sup>ST</sup> HARSHIT KUMAR
VII	2 <sup>ND</sup> ARCHANA KUMARI
VII	3 <sup>RD</sup> PRATIBHA KUMARI

CLASS	NAME
VIII	1 <sup>ST</sup> NIDHI KUMARI
VIII	2 <sup>ND</sup> SWASTIKA
VIII	3 <sup>RD</sup> KASHISH

Class	NAME
IX	1 <sup>ST</sup> RAJNANDNI
IX	2 <sup>ND</sup> ANTRA KUMARI
IX	3 <sup>RD</sup> KUMAR ANKIT RAJ

## ESSAY WRITING COMPETITION

## RHYMES RECITATION COMPETITION

01.09.2023

Class	NAME
XII	1 <sup>ST</sup> ARPITA RAJ
XII	2 <sup>ND</sup> MANISH KUMAR
XII	3 <sup>RD</sup> ANSHU KUMARI

Class	NAME
NUR	1 <sup>ST</sup> ANUJ KUMAR
NUR	2 <sup>ND</sup> RAJ HANS
NUR	3 <sup>RD</sup> AYANSH ANAND

Class	NAME
X	1 <sup>ST</sup> SHREYA
X	2 <sup>ND</sup> ANJALI SINGH
X	3 <sup>RD</sup> VINEET VINAYAK

Class	NAME
L.K.G	1 <sup>ST</sup> SAKSHAM SINGH
L.K.G	2 <sup>ND</sup> SUBHYANSH
L.K.G	3 <sup>RD</sup> HARSH RAJ

Class	NAME
IX	1 <sup>ST</sup> KRISHNA MOHAN SINGH
IX	2 <sup>ND</sup> PARINITA KUMARI
IX	3 <sup>RD</sup> RAJNANDANI

Class	NAME
U.K.G	1 <sup>ST</sup> RIYA KUMARI
U.K.G	2 <sup>ND</sup> ANSHIKA KUMARI
U.K.G	3 <sup>RD</sup> RAJ HARSH

Competitions play an important role in motivating students to perform and excel and gain substantial experience, showcase skills, analyze and evaluate outcomes and uncover personal aptitude. The school organized umpteen number of competitions for the students of Classes I to XII at various levels throughout the year. Competition is inevitable principle of our life, it encourages students to work harder, study further and in the process, boosts their confidence. It is not an exaggeration to admit that competitions held at primary level were taken up in a serious mode by the little wonders. The students of class I-V participated in the events and surprised everyone by their amazing preparations. Class VI-VIII students participated and amazed the teachers by the level of research they did for the competitions. They involved themselves in the events and made the entire experience full of fun and excitement. Class IX-XII students became enthusiastic as they could prove their skills against the best talent. These competitions motivated them to use technology in positive and productive manner. It also helped them to gain confidence to face and compete with various kinds of students. Such competitions teach students the real lesson of the world and prepare them for the ultracompetitive job market through athletics and academics.

# ANNUAL SPORTS DAY 2023-2024

**25.01.2024**

## LONG JUMP COMPETITION

NAME	CLASS	HOUSE
CHAHAT RANI	VI	1 <sup>ST</sup> RED HOUSE
ANANYA KUMARI	V	2 <sup>ND</sup> GREEN HOUSE
PRIYAKUMARI	V	3 <sup>RD</sup> REDHOUSE

## BISCUIT RACE L.K.G BOYS

NAME	CLASS	HOUSE
SUMANSHU KUMAR	L.K. G	1 <sup>ST</sup>
VIRAT KUMAR	L.K. G	2 <sup>ND</sup>
DHYAN SHASHVAT	L.K. G	3 <sup>RD</sup>

## LONG JUMP COMPETITION

NAME	CLASS	HOUSE
HARIOM KUMAR	VI	1 <sup>ST</sup> BLUE HOUSE
RAJNISH KUMAR	V	2 <sup>ND</sup> ORANGE HOUSE
PRINCE KUMAR	V	3 <sup>RD</sup> BLUE HOUSE

## DISCUSS THROW

NAME	CLASS	HOUSE
LAXMI KUMARI	IX	1 <sup>ST</sup> BLUE HOUSE
OMI SINGH	VII	2 <sup>ND</sup> ORANGE HOUSE
ANUSHRI	VII	3 <sup>RD</sup> RED HOUSE

## LONG JUMP COMPETITION

NAME	CLASS	HOUSE
PRATIK SINGH	IX	1 <sup>ST</sup> GREEN HOUSE
PRINCE SINGH	IX	2 <sup>ND</sup> RED HOUSE
ABHIJEET SINGH	IX	3 <sup>RD</sup> GREEN HOUSE

## BISCUIT RACE U.K.G BOYS

NAME	CLASS	POSITION
RITIK KUMAR	U.K. G	1 <sup>ST</sup>
ANKIT KUMAR	U.K. G	2 <sup>ND</sup>
VANSH SHARMA	U.K. G	3 <sup>RD</sup>

## LONG JUMP COMPETITION

NAME	CLASS	HOUSE
RAVI KUMAR	XII	1 <sup>ST</sup> RED HOUSE
PRASHANT KUMAR	IX	2 <sup>ND</sup> ORANGE HOUSE
HARIOM	XII	3 <sup>RD</sup> BLUE HOUSE

## 50 METER RACE NURSERY

NAME	CLASS	POSITION
SHIVANSHU SINGH	NURSERY	1 <sup>ST</sup>
AYANSH	NURSERY	2 <sup>ND</sup>
RISHAB KUMAR	NURSERY	3 <sup>RD</sup>

## DISCUSS THROW

NAME	CLASS	HOUSE
OMI SINGH	VII	1 <sup>ST</sup> ORANGE HOUSE
MANVI KUMARI	IX	2 <sup>ND</sup> RED HOUSE
RITU SINGH	VII	3 <sup>RD</sup> GREEN HOUSE

## 50 METER RACE L.K.G

NAME	CLASS	POSITION
SUMANSHU KUMAR	L.K. G	1 <sup>ST</sup>
ABHISHEK KUMAR	L.K. G	2 <sup>ND</sup>
VIRAT KUMAR	L.K. G	3 <sup>RD</sup>

**SHOTPUT**

NAME	CLASS	POSITION
RAVI KUMAR	XII	1 <sup>ST</sup>
ABHIJEET SINGH	IX	2 <sup>ND</sup>
MANIKANT KUMAR	VIII	3 <sup>RD</sup>

**SHOTPUT**

NAME	CLASS	POSITION
ANUSHRI	VII	1 <sup>ST</sup> RED HOUSE
ANSHU KUMARI	VIII	2 <sup>ND</sup> ORANGE HOUSE
SONAM KUMARI	IX	3 <sup>RD</sup> GREEN HOUSE

**DUCK RACE L.K.G - BOYS**

NAME	CLASS	POSITION
DHYAN SHASHVAT	L.K.G	1 <sup>ST</sup>
SAKSHAM SINGH	L.K.G	2 <sup>ND</sup>
ABHI KUMAR	L.K.G	3 <sup>RD</sup>

**DUCK RACE U.K.G - BOYS**

NAME	CLASS	POSITION
RITIK KUMAR	U.K.G	1 <sup>ST</sup>
ARPIT SINGH	U.K.G	2 <sup>ND</sup>

**DUCK RACE - GIRLS**

NAME	CLASS	POSITION
RIYA KUMARI	U.K.G	1 <sup>ST</sup>
SONAKSHI KUMARI	NUR	2 <sup>ND</sup>
PALLAVI KUMARI	U.K.G	3 <sup>RD</sup>

**DUCK RACE**

NAME	CLASS	POSITION
ABHINANDAN PURI	NUR	1 <sup>ST</sup>
SHUVANSHU KR. SINGH	NUR	2 <sup>ND</sup>
AYANSH ANAND	NUR	3 <sup>RD</sup>

**RABBIT RACE- NUR**

NAME	CLASS	POSITION
AYUSH KUMAR	NUR	1 <sup>ST</sup>
RISHABH KUMAR	NUR	2 <sup>ND</sup>
SHIVANSHU KUMAR	NUR	3 <sup>RD</sup>

**RABBIT RACE**

NAME	CLASS	POSITION
RIYA KUMARI	U.K.G	1 <sup>ST</sup>
SONAKSHI KUMARI	NUR	2 <sup>ND</sup>
PIHU KUMARI	U.K.G	3 <sup>RD</sup>

**RABBIT RACE**

NAME	CLASS	POSITION
VIRAT KUMAR	L.K.G	1 <sup>ST</sup>
KARTIK GUPTA	L.K. G	2 <sup>ND</sup>
SAKSHAM SINGH	L.K.G	3 <sup>RD</sup>

**RABBIT RACE**

NAME	CLASS	POSITION
VANSH SHARMA	U.K.G	1 <sup>ST</sup>
ANIKET KUMAR	U.K.G	2 <sup>ND</sup>
RITIK KUMAR	U.K.G	3 <sup>RD</sup>

**BISCUIT RACE NURSERY- BOYS**

NAME	CLASS	POSITION
AYUSH KUMAR	NURSERY	1 <sup>ST</sup>
AYANSH ANAND	NURSERY	2 <sup>ND</sup>
ABHINANDAN PURI	NURSERY	3 <sup>RD</sup>

**BISCUIT RACE NURSERY- GIRLS**

NAME	CLASS	POSITION
SONAKSHI KUMARI	NUR	1 <sup>ST</sup>
PIHU KUMARI	L.K. G	2 <sup>ND</sup>
PALLAVI KUMARI	U.K. G	3 <sup>RD</sup>

### 50-meter race U.K.G

NAME	CLASS	POSITION
RITIK KUMAR	U.K. G	1 <sup>ST</sup>
VANSH SHARMA	U.K. G	2 <sup>ND</sup>
ANIKET KUMAR	U.K.G	3 <sup>RD</sup>

### 100 METER RACE SENIOR BOYS

NAME	CLASS	HOUSE
PRINCE SINGH	IX	1 <sup>ST</sup> RED HOUSE
PRATIK SINGH	IX	2 <sup>ND</sup> ORANGE HOUSE
ABHIJEET SINGH	IX	3 <sup>RD</sup> GREEN HOUSE

### 100 METER RACE SENIOR GIRLS

NAME	CLASS	HOUSE
OMI KUMARI	VII	1 <sup>ST</sup> ORANGE HOUSE
HONEY KUMARI	VII	2 <sup>ND</sup> ORANGE HOUSE
RITU KUMARI	VII	3 <sup>RD</sup> GREEN HOUSE

### 100 METER RACE SUBJUNIOR BOYS

NAME	CLASS	HOUSE
AJIT KUMAR	III	1 <sup>ST</sup> GREEN HOUSE
PRATIK GUPTA	III	2 <sup>ND</sup> RED HOUSE
AASHISH KUMAR	III	3 <sup>RD</sup> BLUE HOUSE

### 100 METER RACE SUBJUNIOR GIRLS

NAME	CLASS	HOUSE
AROHI SINGH	II	1 <sup>ST</sup> BLUE HOUSE
KHUSHI KUMARI	II	2 <sup>ND</sup> ORANGE HOUSE
MANSHI SINGH	III	3 <sup>RD</sup> GREEN HOUSE

### 100 METER RACE SUBJUNIOR BOYS

NAME	CLASS	HOUSE
AJIT KUMAR	III	1 <sup>ST</sup> GREEN HOUSE
ASHISH KUMAR	III	2 <sup>ND</sup> BLUE HOUSE
AYUSH KUMAR	III	3 <sup>RD</sup> GREEN HOUSE

### 50-meter race U.K.G

NAME	CLASS	POSITION
PALLAVI KUMARI	U.K. G	1 <sup>ST</sup>
PIHU KUMARI	U.K. G	2 <sup>ND</sup>
RIYA KUMARI	U.K.G	3 <sup>RD</sup>

### 100 METER RACE SUBJUNIOR BOYS

NAME	CLASS	HOUSE
MANSHI SINGH	III	1 <sup>ST</sup> GREEN HOUSE
AROHI KUMARI	III	2 <sup>ND</sup> BLUE HOUSE
DEEPALI KUMARI	III	3 <sup>RD</sup> GREEN HOUSE

### JUNIOR BOYS 100 METER RACE BOYS

NAME	CLASS	HOUSE
MANISH KUMAR	VI	1 <sup>ST</sup> RED HOUSE
PRINCE KUMAR	V	2 <sup>ND</sup> BLUE HOUSE
HARIOM	VI	3 <sup>RD</sup> BLUE HOUSE

### JUNIOR BOYS 100 METER RACE BOYS

NAME	CLASS	HOUSE
ANANYA KUMARI	V	1 <sup>ST</sup> GREEN HOUSE
VANSHIKA SINGH	IV	2 <sup>ND</sup> RED HOUSE
RUBI KUMARI	V	3 <sup>RD</sup> BLUE HOUSE

### JUNIOR 200 METER RACE BOYS

NAME	CLASS	HOUSE
PRINCE KUMAR	V	1 <sup>ST</sup> BLUE HOUSE
MANISH KUMAR	VI	2 <sup>ND</sup> RED HOUSE
RAJNISH	V	3 <sup>RD</sup> ORANGE HOUSE

### JUNIOR 200 METER RACE GIRLS

NAME	CLASS	HOUSE
RUBI KUMARI	V	1 <sup>ST</sup> BLUE HOUSE
SIMRAN KUMARI	VI	2 <sup>ND</sup> ORANGE HOUSE
CHAHAT KUMARI	VI	3 <sup>RD</sup> RED HOUSE

### SENIOR 200 METER RACE BOYS

NAME	CLASS	HOUSE
ABHIJEET SINGH	IX	1 <sup>ST</sup> GREEN HOUSE
AYUSH RAJ	VII	2 <sup>ND</sup> BLUE HOUSE
PRINCE SINGH	IX	3 <sup>RD</sup> RED HOUSE

### SACK RACE JUNIOR GIRLS

NAME	CLASS	HOUSE
ARYA SHEKHAR	V	1 <sup>ST</sup> GREEN HOUSE
RUBI KUMARI	V	2 <sup>ND</sup> BLUE HOUSE
VANSHIKA SINGH	IV	3 <sup>RD</sup> RED HOUSE

### SENIOR 200 METER RACE

NAME	CLASS	HOUSE
RITU KUMARI	VII	1 <sup>ST</sup> GREEN HOUSE
HONEY KUMARI	VII	2 <sup>ND</sup> ORANGE HOUSE
OMI KUMARI	VII	3 <sup>RD</sup> ORANGE HOUSE

### SIBJUNIOR NEEDLE THREAD RACE BOYS

NAME	CLASS	HOUSE
ANSH KUMAR	III	1 <sup>ST</sup> BLUE HOUSE
AJIT KUMAR	III	2 <sup>ND</sup> GREEN HOUSE
ASHISH KR. SINGH	II	3 <sup>RD</sup> RED HOUSE

### SUBJUNIOR SPOON RACE BOYS

NAME	CLASS	HOUSE
ANSH KUMAR	III	1 <sup>ST</sup> BLUE HOUSE
ANANT KUMAR	III	2 <sup>ND</sup> ORANGE HOUSE
AJIT KUMAR	III	3 <sup>RD</sup> GREEN HOUSE

### SIBJUNIOR NEEDLE THREAD RACE BOYS

NAME	CLASS	HOUSE
ANANYA KUMARI	V	1 <sup>ST</sup> GREEN HOUSE
KHUSHI KUMARI	II	2 <sup>ND</sup> ORANGE HOUSE
DEEPALI KUMARI	III	3 <sup>RD</sup> GREEN HOUSE

### SUBJUNIOR SPOON RACE GIRLS

NAME	CLASS	HOUSE
KHUSHI KUMARI	II	1 <sup>ST</sup> ORANGE HOUSE
RASHI RANI	III	2 <sup>ND</sup> BLUE HOUSE
RIDHI KUMARI	III	3 <sup>RD</sup> GREEN HOUSE

### SACK RACE JUNIOR BOYS

NAME	CLASS	HOUSE
PRINCE KUMAR	V	1 <sup>ST</sup> BLUE HOUSE
NEW KUMAR	VI	2 <sup>ND</sup> RED HOUSE
NILESH KUMAR	VI	3 <sup>RD</sup> BLUE HOUSE

Sports and game activities are very beneficial for human beings as they teach us patient punctuality, discipline, teamwork and dedication. Playing sports help us in building and improving confidence level. It is also helpful to the students being more active in physical training. Our school provides various facilities to the students to develop their sports and personal skills. The sports and games achievements have been spectacular and help the students to shine in sports career. I am very glad that the students take lot of interest in participating in sports activities as Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and Sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But, he should also play games and sports to enjoy the health and vigour of life. Along with bookish learning, a student should spend his time on games and sports also. Either study or work alone makes us exhaust. We remain no longer efficient to do any work. Sports remove our mental exhaustion. Education without sports is incomplete. It strives to excel at all levels and bring laurels to the school. With the help of school faculty we are continuously improving in sports field.

Mr. Vijay Toppo  
Sports Teacher

## *Best Teacher Educator Award*

With the objective of recognizing individual teacher educator endeavoring experimental/innovative teaching practices in the field of teacher education, the National Council for Teacher Education (NCTE) has instituted awards titled "Best Teacher Educator Award" at national level in 2019.

The Best Teacher Educator Award 2023 has been conferred to Mr. Raju Tiwari and Mr. Atul N. Lakra on 1st September by Patliputra Sahodaya School Complex for their finest contributions, merit and efficiency in the field of teacher education.







# CBSE TEACHER'S TRAININGS



Teachers are the backbone of any educational system. They not only impart knowledge and skills to students but also inspire them to achieve their goals and dreams. Teachers have a profound impact on the lives of their students and on society at large. However, being a teacher is not an easy task. It requires constant learning, updating, innovating, and adapting to the changing needs and expectations of students and the world. That is why teacher training is a vital aspect of ensuring the quality of education and enhancing the learning outcomes of students.

In-house CBP teachers training program for both the school teachers Holy family school and sacred heart mission school was arranged in Holy family school campus. on 18<sup>th</sup> and 19<sup>th</sup> February 2024, by Dr. Pushkal Giri from Sivan on Strengthening assessment and Evaluation Practice.

on 28<sup>th</sup> February 2024, by Rev. Fr. Norbert Menezes S.J from St. Michael School, Patna on Active learning, instructors' role in active learning, learning styles and Connecting and Communicating with Parents.



# Teachers ' Picnic

The teachers of Holy Family School strive hard for the perfection of their students and work hard throughout the year. In recognition of their dedicated service to the institution, the management gives an opportunity to the teaching staff to go on a staff picnic to unwind and get rejuvenated.

On the occasion of Teachers day 5th September, 2023 this year the Management arranged three days picnic to Valmiki nagar for the teachers. The journey was an enjoyable one , both due to the exquisite scenery along the way this helped the teachers to interact, integrate and bond with each other in an informal setting which is an important part of a well rounded staff appreciation program. Holy Family School recognizes, appreciates and values the efforts of educators who manifest clearly their diligence to their work and the institution by their consistent regularity.





Celebrating the Achievements Together





# HOLY FAMILY SCHOOL

ORGANISES

## Medical Health Checkup Camp

In the School Campus on 22nd February, 2024 (Thursday)  
With the help of certified doctors

Dr. S.S. Prasad, Health Officer Incharge, Sadar block

Dr. Amit kumar, Ayush Doctor, Sadar block

Dr. Sanjeev kumar, RBSK, Ayush Doctor, Sadar block

Dr. Ehsanul haq, RBSK, Ayush Doctor, Sadar block

Mrs Neha kumari, ANM RBSK, Sadar block

Mrs Nirmala kumari, ANM, Sadar block

Mr Pankaj kumar, L.T. Sadar block

Mr Purshottam kumar, L.T. Sadar block

Mr Anuj kumar, VDCO, Saran

Mr Satish kumar, VDCO, Saran

**GURUKUL MEHIYA, CHAPRA, SARAN**





# Scientific Workshop

Education has the power to transform lives and create a brighter future. It's not just about amassing knowledge or mastering academic subjects, but also about inspiring young people to explore their limitless potential and nurture their confidence. In today's ever-changing and competitive world, young people need a solid foundation to help them navigate life's twists and turns with poise and determination.

- 1) Boosting Confidence and Self-esteem:
- 2) Encouraging Goal-setting and Perseverance:
- 3) Developing Effective Communication Skills:
- 4) Fostering Teamwork and Collaboration:
- 5) Enhancing Problem-solving Abilities:
- 6) Cultivating a Growth Mindset:
- 7) Inspiring a Sense of Purpose and Motivation:

Purpose: Through interactive sessions and engaging activities, these workshops were conducted in our school from class VI to VIII to **encourage them to believe in themselves and build their self-esteem**. As a result, they are better equipped to face challenges, overcome obstacles, and achieve success in their academic and personal lives.

**students being taught some scientific skills which they can then implement in a range of situations.** Awaken interest in science: Science workshops **stimulate children's curiosity and interest in the world around them**. They help them discover the wonder and excitement of science, which can foster a long-term interest in scientific learning.







**New Skills  
Training**

**IIT-JEE/NEET/NTSE**

# Foundation Course



From class 6th to 10th

Open for 2024-2025

## OUR FACILITIES:

- Smartclass & Computer Labs
- Interactive Lectures
- Transportation Facilities
- Science Labs & Library

**Enroll Now!**



8294047168



Affiliated upto  
10+2 CBSE



**Add: Gurukul Mehiya Chapra**



Like every year, in this new academic session we are committed to achieve another milestone and for that we have organized **NEET / JEE Foundation Workshop** to prepare the students for the competitive environment.



Good communication skills are important to survive in today's changing world and to prepare students to face the future more confidently, we arranged "Communication Skills Workshop" on 18<sup>th</sup> March - 22<sup>nd</sup> March.

Workshop and Seminars for the students:

- ◆ NEET/JEE Foundation Classes
- ◆ Communication Skills







**Holy Family School**  
Gurukul Mehiya, Chapra, Saran, Bihar - 841302  
Affiliated to CBSE, New Delhi  
Affiliation No. - 330808