



DEDICATED TO OUR FOUNDER



Late Shri N. C. Balutia

1935-2012

You had been a guiding light, inspiring us to reach the stars.

Fostering intellects with resolute commitment, being a beacon of optimism from the start. With your constant encouragement, we learn to approach with triumph and perseverance, Following your life's mantra, that unwavering hard work leads to boundless achievements.



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MESSAGE



From the Chairperson's Desk

Let us join hands in grooming the young minds so that they may take the path of life successfully.

Learning is not just confined to the four walls of school or college, nor does it end with the conclusion of one's academic career. It is indeed a lifelong process. School is a facilitator in this never-ending process cultivating a desire for knowledge and a lifelong habit of learning allowing individuals to adapt to this fluid world. Given, students spend a considerable number of hours at school, it is an avenue for them to evolve individually, socially and ethically. Aristotle's timeless wisdom continues to resonate profoundly in the sphere of education even today: "Educating the mind without educating the heart is no education at all." We firmly believe that for a true education to be effective, students must develop both their minds and hearts to prepare not only for academic success but also for a caring, responsible, and morally upright life. At Inspiration we strongly believe in holistic approach to further the moral and emotional compass of the students.

The world we live in today is far from the one we grew up in. With the fast-paced advancements, changed outlook of education platforms and learning methods, we as educators need to pause and reflect on the established education patterns. Does the education system cater to the needs of student's today? Are schools well equipped to prepare the children to face tomorrow's challenges? With a forward-looking mindset we at Inspiration try to incessantly adapt and improve our curriculum. Through extracurricular activities, mentorship programs and provision of global platforms like the British Council we cater to student's diverse learning styles and holistic development. Our school aligns its practices with the New Education Policy's vision by prioritizing inclusive education, ecological sensitivity and technological integration.

By the means of scholastic, co-scholastic activities and keeping abreast with the values of inclusion, we motivate and empower our students to be open-minded, responsible citizens and inspirational contributors of the society.

Let us join hands in grooming the young minds so that they may take the path of life successfully.

Dr. Geetika Balutia

MESSAGE

Inspiration Senior Secondary School is spreading its wings like branches of an evergreen tree, it is firmly footing itself like a Banyan tree, it is spreading fragrance of knowledge and compassion in all the directions... reaching out to all sections of the society. With excellent board results, to be precise- one of the best in the district and selection of the students in competitive exams like IIT JEE, NEET, NDA etc., the school has carved a niche for itself over the years. The excellent performance of the students in inter house competitions or activities such as One Act Plays, Nukkad Natak, debate, declamations, Vocal and Instrumental music contests, Science model exhibition, Social Science exhibition etc. is always applauded by the guests and parents. The arrays of trophies in Cricket, Chess, Basketball, Volleyball, Martial Arts etc. decorated in my office, speak volume of the efforts that are put in with the students to prepare them for various Inter School events.

But these are not only the reasons why the school has become a brand over the years- the first choice of the people not only in an around district but also in the Kumaun region. IPS symbolizes hope and faith. Hope that the impossible will soon be possible and faith that ignited minds will turn dreams into reality. These thoughts become infectious and craft self-esteem and optimism in its human resources which in turn inspires model impetus in the young one who enrolls in various classes in Inspiration School.

The best in each field is yet to come- therefore cheer up... for you are bestowed by the Almighty to explore the impossible and become the best.

Let us acknowledge the most important gift any of us is given - life itself! Without that everything is impossible. We need to be honest with ourselves and recognize what we actually prioritize each day. Gratitude for what we have, quenches our thirst. Here is some wisdom on this from the poet Kabir...." **The fish in the water is thirsty and every time I see that, it makes me laugh**"

Wishing all the stakeholders a happy learning experience in this vast sea of knowledge!

Anurag Mathur
Principal



From the Principal's Desk

“
Let us acknowledge
the most important
gift any of us is
given - life itself!
”



MESSAGE

Dear Students,

Our school stands as a beacon of knowledge, embracing a holistic approach to education that goes beyond textbooks and examinations. We believe in nurturing well-rounded individuals who are equipped to face the challenges of the modern world.

Excellence is not an isolated event but a habit. It is the culmination of consistent efforts, perseverance, and unwavering commitment to personal growth. As students, you possess immense potential, and it is our responsibility as educators to channel that potential in the right direction. We strive to create an environment that fosters curiosity, critical thinking, and a thirst for knowledge.

You must set high standards for yourself. Each one of you should aspire to achieve your personal best in every endeavor you undertake, be it academics, sports, or extracurricular activities. Remember, the only competition you need to focus on is with yourself. Challenge your own limitations and aim for continuous improvement.

Fostering a culture of excellence also requires collective efforts. Collaboration, respect, and support for one another are essential components of this culture. Encourage your peers, celebrate their achievements, and lend a helping hand whenever needed. Together, we can create an environment where everyone can thrive and succeed.

It is important to acknowledge that success is not defined solely by academic achievements. True excellence encompasses values such as integrity, compassion, and resilience. As you progress through your academic journey, do not neglect the development of these essential traits. Embrace challenges as opportunities for personal growth, show empathy towards your peers, and always uphold ethical principles.

Always remember that excellence is not a destination but a lifelong pursuit. The world is constantly evolving, and it requires individuals who are adaptable, creative, and capable of making a positive impact. Embrace a growth mindset and remain committed to continuous learning throughout your lives.

In conclusion, dear students, I urge each one of you to embody the spirit of excellence. Cultivate a passion for learning, challenge yourselves to reach new heights, and support one another in your quest for success. Remember that excellence is not an end goal but a way of life. As the future leaders of tomorrow, you have the power to shape the world with your talents and values. Embrace this responsibility with open hearts and minds, and you will undoubtedly leave a lasting impact.

Wishing you all a rewarding and fulfilling journey towards excellence!

Warm regards,

Mamta Taneja,
Vice Principal

From the

Vice

Principal's

Desk

Nurturing a Culture
of Excellence: The
Key to Success

MESSAGE

Dear Readers,

Every reader of a magazine can distill ideas from it that are uniquely suited to them, and help them live a more enriched and fulfilled life.

Do the best you can, until you know better. Then when you know better, do better.

The four walls of a school teach us many things. They give us space to broaden our horizon, to come out of our shell, and to think with a different perspective. They give us wings to fly, and to see our imagination take on a beautiful shape.

A School magazine is an important medium of communication as it enables students and teachers to express this imagination fostered by the school, and showcase their talents in the form of articles, write-ups, poems, drawings etc. It is also an instrument to provide valuable information about school events; and build a strong sense of community among students, faculty, and parents.

The editorial team has worked hard to bring up an exhilarating flashback of the year- round activities of the school, our achievements, results and celebrations.

On behalf of the editorial team, I take this opportunity to thank the school Management and authorities who have trusted us to publish this latest issue of the Annual School Magazine - 'Reflection'.

A book is a souvenir of ideas; so, enjoy every moment you have - because in life there aren't any rewinds, only flashbacks.

If one picture speaks a thousand words, the fresh edition of REFLECTION speaks volumes.

Explore it....

Smita Pant



From the Editor's Desk

“In a magazine, one can get- from cover to cover - 15 to 20 different ideas about life and how to live it.”



MESSAGE

Courage, Confidence, Patience, Will-Power and Determination are sterling Qualities of Mind; INDESPENSABLE in struggle of life.

School is not just a place to educate children but a place which teaches us many lessons, not all academic. It gives us an insight of the world, in short "schools shape the future citizens."

It is at the peak of a mountain that we delve into those hidden resources of strength which we never explored!!

Opportunities are what helps a person to think out of the box and this edition of REFLECTION is a showcase of all the opportunities that our IPS-ites used to 'REFLECT' their thoughts and creativity through Poems, Articles, Sketches, and several writeups. It is my sincerest wish that the thoughts and ideas bound in these pages will amaze you and that you will gain something valuable reading this magazine. And turn its pages over and over again with great enthusiasm.

I would like to thank the school management and our teachers for their continuous and ample support. Special thanks to all my co-editors who helped me.

Our magazine is a mirror to school's glory. It is a record of events, activities, achievements and academic prowess hence called REFLECTION. I sincerely hope this year's edition makes for an interesting read.

I would conclude by saying to all my IPS-ites, "You sing it every day, you speak it every day but don't know what it really means, I request you all that tomorrow in world wherever you are never forget our motto - "INSPIRE TO ENLIGHTEN!!"

Chirayu Suntha

XI B

Student

Editor

Speaks

“

With a positive attitude, you can turn scars into stars thus win Laurels in life.

Destiny is not a matter of chance It is a matter of choice.

Do not wait for it, achieve it

”

Annual Report 2022-23

**"Excellence happens not
by accident.
It is a process."**

I take great pleasure in presenting before you yet another volume of Reflection 2022-23 with an ever-consistent graph of achievements. Our enrolment has an upward trend, reaching nearly 1850 students this year as more and more parents flock to this temple of learning making Inspiration the first choice for their wards. We have always been committed to create an environment which helps the young minds to blossom and provide a platform for individual thinking and holistic development. We set standards and goals for ourselves and strive to achieve them - be it in the area of academics, sports, discipline, leadership or any other field of learning. It is a matter of great importance to us that the students who pass out from our portals should carry forward the values they've inherited, excel in whatever they do and be the role models for our society.

A Glimpse at Our Academic Accomplishments

Achieving academic excellence is at the heart of our endeavour as educators. The academic power of Inspiration school was proved again when class X and XII achieved success in AISSE and AISSCE respectively.

CBSE Results (AISSE, Class X): Out of 162 candidates, Anshul Joshi topped the school by scoring 96.4% followed by Nimish Pandey (96.2%),



Vivek Rawat (95.8%), Sumedha Joshi (95.8%), Vaibhav Rawat (95.4%) and Aarushi Chandra (95%) along with 23 other students who brought accolades by scoring more than 90%.

CBSE Results (AISSCE, Class XII): Out of 181 candidates, Aaryan Kuntal (PCM, 97%) scored the highest among all the students in Science and Commerce stream. He was followed by more students with 90% and above marks in AISSCE'23.

It was an icing on the cake when students scored 100% marks in Mathematics (AISSE'23), I.T (AISSE'23) and English (AISSCE'23).

IIT-JEE (MAINS): Seven of our meritorious candidates qualified for IIT-JEE (Mains) exam this year. The NTA scores of the students are as follows: Aaryan Kuntal 99.57, Nitin Jaraut 98.02, Naman Agarwal 97.41, Pranjali Sirari 96.91, Pawan Bhatt 95.15, Ujjwal Arya 94.49 and Brahmansh Bora 92.00.

IIT - JEE (ADVANCE): Three of our most deserving and meritorious students Aaryan Kuntal, Ujjwal Arya and Pawan Bhatt cracked the most prestigious examination - IIT-JEE Advance.

NEET RESULTS: Two of our meritorious students Swarnima Babar and Rahul Lotan qualified for NEET this year.

Our Participation in Co-scholastic Activities

Our students regularly participate in the co-curriculars and put their heart and soul to achieve success. We have made an attempt to show most of the events that prove the mettle of the students in various fields.

School Raising Day: School Raising Day was observed on July 3, to pay tribute to the great visionary and educationist Late Shri N.C Balutia who founded IPS. The day was marked with a variety of programme that reminded us the sincerity he had put in to build the strong foundation and motivated us to follow his footsteps.

Accolades in Games and Sports:

- (i) In Table Tennis Tournament organized by Public School Association, our junior boys and girls and senior boys teams stood winners and bagged the first position. In Basketball Championship organized by PSA, our senior boys team secured the winner position.
- (ii) In CBSE North-Zone Cluster Table Tennis Tournament held at MAMS, Raiwala, our students Shivang Dasila (IX C), Saksham Mittal (X A) and Sumit Gariya (VII A) bagged bronze medal in U-17 boys team.
- (iii) In an Inter School Cricket Tournament organized by Nainital District Cricket Association, our students Bhavesh Goswami (

IX B) and Lakshya Nayal (VIII C) bagged the title of 'Man of the Match'. The Best Bowler title was given to Prithvi Rawal (VIII B) and the Best Batsman & Player of the Tournament trophy was awarded to Lakshya Nayal (VIII C).

- (iv) Our school stood 'Runners-up' in Inter School Football Championship played against Maharishi Vidya Mandir, Haldwani.
- (v) Harshdeep Singh (VIII C) participated in International Chess Championship held in Udaipur, Rajasthan and was rated among the International players.
- (vi) Jayaditya Joshi () participated in 16th Uttarakhand State Chess Championship organized by Chess Association of Uttaranchal in the memory of Late Dhiraj Singh Raghuvanshi and was placed in 21st rank on the merit list.
- (vii) Yogesh Pawar (XI C) won gold medal in Uttarakhand 5th Youth Boys & Girls State Boxing Championship organized by Dehradun Boxing Association, Dehradun.
- (viii) Rajiv Raghav (XI C) secured a silver medal in Uttarakhand Junior Boys & Girls Boxing Championship.
- (ix) Ryaan Sabri (XII D) won a bronze medal in 11th Uttarakhand State Wushu Championship organized by Dehradun Wushu Association.
- (x) Karan Kamboj (XI C) won first position (Gold medal) in 200m running Athletics event organized by Youth Games Council India (YGCI) Sonapat, Haryana.
- (xi) Rishika () stood winner in U-13 girls doubles and Runner-up in U-15 girls doubles in Uttarakhand Open Badminton Tournament, Haldwani.
- (xii) Harshit Pandey (XI A) bagged a silver medal in



National Sambo Championship held at Indoor Sports Complex, Jammu & Kashmir.

(xiii) Tanishka Parihar (V B) and Sameer Joshi (VIII B) participated in 15th Universal Challengers Trophy, SIKAI All India Karate Championship and bagged a Gold medal in U-14 girls (30 kg) category and a bronze medal in U-14 boys (45 kg) category respectively.

(xiv) **Interschool Singing Competition:** Kendriya Sanchar Bureau, Nainital organized a two-day long cultural programme on the occasion of Azadi ka Amrit Mahotsav at Hargovind Suyal Inter college, Haldwani. Our school choir participated in the Interschool Group Singing and bagged third prize in the event. The singers Divyanshi Hindwan (IX A), Priyanshi Hindwan (IX A), Aarushi Chandra (X A), Anushka Pandey (X C), Pranjali Neolia (XI B) and Triguna Das (XI D) were supported by two of our young musicians Swastik Goswami (VIII B) and Diwas Pant (IX B).

Investiture Ceremony: Swearing-in is one of the most formal and prestigious occasions where capable and competent students are bestowed the responsibilities to lead the school from front. Ujjawal Arya (XII A) and Kanushka Joshi (XII A) were given to shoulder the responsibilities of the School Captains.

Kindergarten Activities: The pre-primary and primary wings of our school were packed with numerous engaging and colourful activities like Show & Tell Competition, Hindi and English Poem Recitation, Hindi Speech Competition, Interhouse Quiz Competition, Dance Competition etc. to name a few.

Art and Craft : To give wings to the imagination and creativity of students, competitions like Diwali Card Making, Bookmark Making, Rakhi Making, Aipan Drawing, Mehndi Drawing, Tattoo Making and Face



Painting were conducted for middle and senior-wing students.

Our students Ipshita Negi (X A), Tanuja Jangpangi (XI B) and Sagar Kumar (XII D) participated in Interschool Painting Competition and brought laurels to school by securing first, second and third positions respectively.

Festivals and Celebrations : The school gives due recognition to significant national and global events and celebrate the days with full fervour. Some of these events are Independence Day, Republic Day, Teachers' Day, Children's Day, Mothers' Day, Grandparents' Day, Earth Day, Hindi Diwas and all religious festivals.

Dance and Music : To keep the children's spirit high and make them enjoy and utilize every moment of their time, Solo Dance Competition, Instrumental Freaks and Voice of IPS were organized for students.

Annual Function SPECTRUM'22: The city witnessed the mega event, the Annual Function SPECTRUM'22 of Inspiration School on 16 Oct.2022. The event was presided upon by the chief guest Prof. J.K Joshi, Member, NRC, NCTE, New Delhi and Former Director, School Education UoU, Haldwani. The eventful evening was packed with an extravagant collection of programmes such as 'Obeisance to Thee', 'Over the Rainbow', 'Cosmopolitan Razzle-Dazzle', 'The Velvet Weavers–Musical Ensemble', 'Nurture Nature–The Global Concern', 'The Chauvinist India - the



Legends' and 'Vibrant Kumaon'. The school was in limelight gaining accolades from all quarters.

Event by Twin-Win: Other than regular activities on Presentation Skills, Situations, Pronunciation, Character Role Play, Course of Action, Career Counselling, Characters Voice & Accent, one of the most interesting and engaging contests conducted by Twin-Win was 'Entrepreneurship Contest'. This was planned exclusively for the students of classes IX and XI. This pioneer event started in 2020-21 with the motto to provide opportunity to young minds to develop an aptitude as future entrepreneurs and motivate them to acquire the requisite skills to become professionals in their life. Each winner of the contest was awarded by the school management with a cash prize of Rs.5000, Rs.3000 and Rs.2000 for the first, the second and the third positions respectively.

Exhibitions: Our senior students of classes IX to XII created projects and working models in Science Exhibition Science Expo'22, under the apt guidance of their mentors. Social Science Exhibition 'Vogue of Excellence' was organized to familiarize the students with our glorious past and changing society.

An Art & Craft Exhibition 'An Aesthetic Aisle' was also organized to bring out the hidden talent. The

students displayed a variety of innovative and colourful range of handicrafts.

Interschool Literary Competitions:

- (i) On the occasion of 75 years of Indian Independence, an Interschool Essay Writing Competition was organized by Income Tax Department. Mahi Agarwal (IX C) stood first, Vartika Joshi (XII A) stood second and Priyanshu Joshi (X B) & Kavita Lohani (X A) shared the third position in the event.
- (ii) Adishree Mathur (XII D) and Divyansh Lodhiyal (IX B) were felicitated in an Interschool Essay Writing Competition on 'Life of Ramanujan' organized by Uttarakhand Open University on 23 December, 2022.
- (iii) PSA organized an Interschool English Debate, POLEMIC 2.0, at Aurum the Global School for junior, sub-junior and senior categories. In the sub-junior category, Yashasvi Bhandari (IX C) stood first and Varnika Joshi (X C) stood third while the Best Speaker title was awarded to Huzaifa Suhail (XII B).

Seminars and Workshops : With the sole purpose of upgrading teachers' knowledge , the school laid an opportunity for teachers to upgrade their skills by participating in various Teachers' Training Workshops conducted by CBSE, like Capacity

Building Programme for English and Hindi, 'Career Guidance Counselling' etc. either in online or offline mode.

Olympiads: The quality of one's thinking determines the quality of one's mind.

The school organized National and International Science, Mathematics, English, G.K and Cyber Olympiads to give platform to students and infuse a healthy competitive spirit through reward-based assessment. Some of our students were also placed under the 'Zonal Toppers' list.

Trips and Excursions: To refresh the students' minds before their board exam and to break the monotony of teacher's routine, the school planned a trip cum excursion to Ramnagar, both for class XII batch and the teaching staff. Along with trekking and enjoying various games, they returned with a day full of fond memories that they would cherish forever.

Valediction Ceremony: Time rolled by and we stood at the point of bidding fare well to the outgoing batch of class XII. A grand farewell was arranged by the school management and we bid the batch goodbye with plenty of blessings and good wishes for their bright and successful future. Before I



conclude, let me assure that even though our students engaged themselves in various co-curricular and life skill activities, top priority is given to academic performance. Remedial teaching, extra classes, revisions, unit tests, term-end exams, assignments, project work kept them busy throughout the session. I render thanks to our Director Dr. Deepak Balutia and Chairperson Dr. Geetika Balutia for their continuous support, able guidance, cooperation and encouragement to do better that surely helped us whatever we have achieved so far. I express my sincere gratitude to the highly qualified and experienced faculty and the entire staff for their untiring efforts to maintain the standard and reputation of the school. My sincere thanks also goes to all the parents, our well-wishers, who have always lent a supportive hand in all our endeavours to produce confident, wise and capable batch of students every year.



I would like to conclude with the following lines of Dr. A.P.J Abdul Kalam...

Thank you!!

"Look at the sky

We are not alone.

The whole universe is friendly to us and conspires only to give the best to those who dream and work."

RESULTS

Young Achievers



Aaryan Kuntal
IIT -JEE
(Advanced)



Ujjwal Arya
IIT -JEE
(Advanced)



Pawan Bhatt
IIT -JEE
(Advanced)



Rahul Lotan
NEET



Swarnima Babur
NEET



Deepshikha
Pandey
NEET



Ashish Agarwal
CA



Abhishek Joshi
Qualified
SBI PO Exam



Anshul Joshi
96.4

AISSE CLASS X



SESSION : 2022-23



Nimish Pandey
96.2



Vivek Rawat
95.8



Sumedha Joshi
95.8



Vaibhav Rawat
95.4



Aarushi Chandra
95.0



Varnika Joshi
94.8



Nandini Phartyal
94.4



Garvita Chaudhary
93.8



Kritika Rawat
93.6



Priyanshu Joshi
92.8



Kartik Bisht
92.8



Tarun Singh Bisht
92.4



Nitesh Singh Khatri
91.6



Akshita Bisht
92.4



Vasundhara Barola
92.0



Sankalp Agnihotri
91.6



Gunjit Verma
92.4



Kavya Verma
91.4



Ridhima Thagurathi
91.4



Udit Samant
91.2



Tanishq Singh Bisht
91.2



Kartikey Thapliyal
90.8



Kavisha Bisht
90.8



Jai Mehra
90.6



Daksh Joshi
90.6



Anshika Suyal
90.4



Rakshita Fuloriya
90.4



Mayank Upreti
90.2



Aaryan Kuntal
Science
97%



AISSCE CLASS XII

SESSION : 2022-23



Bhaskar Pant
93.2%
Commerce



Pawan Bhatt
Science
95.80%



Brahmansh Bora
Science
95.60%



Naman Agarwal
Science
94.40%



Ayush Sharma
Science
94.20%



Himanshu Kanyal
Science
93.80%



Vartika Joshi
Science
93.60%



Rishant Arora
Commerce
92.80%



Kanushka Joshi
Science
92%



Ujjwal Arya
Science
92%



Anshika Tiwari
Science
91.40%



Adil Khan
Science
91.20%



Kumari Kiran
Science
91%



Aaditya Adhikari
Science
90.60%



Our Star Kids



NRITYAAKRITI Divine Art & Culture Society, Haldwani, organised **ABHIVYAKTI** - Classical Music and Dance Competition on May 29 - 30, 2022 in which Tejaswini Bhatt of Class VII C secured II position in Semi-Classical Dance Competition.



NRITYAAKRITI Divine Art & Culture Society, Haldwani, organised ABHIVYAKTI - Classical Music and Dance Competition on May 29 -30, 2022 in which **Swastik Goswami of Class VIII B** secured I position in Instrumental Competition (Semi-Classical).



NRITYAAKRITI Divine Art & Culture Society, Haldwani, organised ABHIVYAKTI - Classical Music and Dance Competition on May 29 -30, 2022 in which **Dakshita Pandey of Class VIII B** secured II position in Vocal (Classical) Competition.



11th Uttarakhand State Wushu Championship was organised by Dehradun District Wushu Association, from June 25 -27, 2022 in which **Ryaan Sabri of class XII D** participated in the event Sanshou and secured third position.



From June 22 -23, 2022, 44th FIDE Chess Olympiad - 2022, under 15 category was organised at Dikshant International School, Haldwani in which **Harshdeep Singh of class VII A** secured III position.



From June 16 -19,2022 Uttarakhand fifth Youth Boys and Girls State Boxing Championship was organised by Dehradun Boxing Association in association with Social Baluni Public School at Dehradun in which **Yogesh Pawar (X C)** secured a Gold Medal.



Uttarakhand Junior (boys and girls) Boxing Championship - 2022 was held at Nainital from July 08 - 11, 2022 in which **Rajiv Raghav of Class XI** secured II position.



The Uttarakhand State Table Tennis Championship was organised at Haldwani from Nov 18 - 20, 2022 in which **Aklavya Dhingra of class VII C** participated and was selected for the National Championship.



Karan Kamboj of class XI C participated in Junior, Sub-junior and Senior Youth Games National Championship - 2022 organised by Youth Games Council India (YGCI) from July 23- 25, 2022 at Shri Ram Modern Senior Sec. School, Sonipat, Haryana and bagged a gold medal, a trophy and a merit certificate in 200 m running Athletics event.



Kendriya Sanchar Bureau, Nainital organised a two-day long cultural programme on the occasion of 'Azadi ka Amrit Mahotsav' at Hargovind Suyal Inter College, Haldwani on August 17, 2022 in which team IPS secured III position.

The group singers were:

Divyanshi Hindwan (IX A)
Priyanshi Hindwan (IX A)
Aarushi Chandra (XA)
Anushka Pandey (XC)
Pranjali Neolia (XI B)

Triguna Das (XI D)

The musicians were:

Swastik Goswami (VIII B)
Diwas Pant (IX B)



The Royal Shooting Sports Championship - 2022 was held at Aurum - The Global School, Haldwani from Nov 12-13, 2022 in which **Hridyansh Bhaunt of class VIII B** secured Second position in the Championship.



The Uttarakhand State Table Tennis Championship was organised at Haldwani from Nov 18 - 20, 2022 in which **Aklavya Dhingra of class VII C** participated and was selected for the National Championship.



Harshit Pandey (XI-A) participated in National Sambo Championship- 2022 held at Indoor Sports Complex, Bhagwati Nagar, Jammu & Kashmir from December 02 -04, 2022 and won Silver medal in 51 Kg (Adult) Category.



The Uttarakhand State Table Tennis Championship was held at Haldwani November 18 - 20, 2022 in which **Sumit Singh Gariya of class VII A** (U-13) and **Shivang Dasila of class IX C** (U-15) participated in the championship and were selected for the National Championship.



15th Universal Challengers Trophy (SIKAI All India Karate Championship - 22) was held at Haldwani Stadium, Haldwani on December 30, 2022 in which **Sameer Joshi of class VIII-B** won Bronze medal in U-14 boys (45 Kg) weight category.



An Inter School Football Tournament was organized by Queens Public School, Haldwani from Nov 02 -04, 2022. Team IPS was declared as the runner's up in the tournament.



Inter School Basketball Championship was organised by Public School Association, at Delhi Public School, Haldwani from December 13 - 15, 2022 in which IPS school team played the final match against St. Theresa Sr. Sec. School and were declared as the tournament champions.



15th Universal Challengers Trophy (SIKAI All India Karate Championship - 22) was held at Haldwani Stadium, Haldwani on December 30, 2022 in which **Tanishka Parihar of class V-B** won Gold medal in U-14 girls (30 Kg) weight category.



POLEMIC 2.0 - an Inter School Debate Competition was organised under the flag of PSA at Aurum- the Global School, Haldwani from December 28 -29, 2022 in which **Huzaifa Suhail (XII B)** was awarded with the best speaker title in the senior category. **Yashasvi Bhandari (IX C)** secured I position and **Varnika Joshi (X C)** secured III position in category 2 respectively.



Hassan Suhail, the young author and student of Inspiration Public School of class VIII A, wrote a book, "Merrily Crossing the Woods" which was released in the school premises by the School Chairperson, Dr. Geetika Balutia, Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja, his parents Mr. Suhail Anwer Shamsi and Ms. Humaira Shamsi and brother Huzaifa Suhail on February 22, 2022.



C.B.S.E NORTH ZONE CLUSTER organised TABLE TENNIS TOURNAMENT at MAMS, Railwala, Dehradun on December 20, 2022 in which **Shivang Dasila (IX C)**, **Saksham Mittal (X A)** & **Sumit Gariya (VII A)** secured III position in U-17 boys team and **Garima Bisht (VI B)**, **Anjali Verma (VI B)** & **Ekasha Rawat (VI B)** equally secured III position in U-14 girls team.



Khel Mahakumbh organized State TT Championship from October 07-09, 2022 for Under 14 boys' doubles in which **Aklavya Dhingra (VII C)** and **Saksham Dhingra (IX B)** secured I position. Among U-17 boys doubles category **Shivang Dasila (IX C)** and **Yuvraaj Arora (VIII C)** secured I position.



On May 14, 2022 District Nainital Cricket Association organized U-14 Inter-School Cricket Tournament – 2022 in which Inspiration Public School won the Winning Trophy by defeating Vendi Sr. Sec School by 9 wickets. The players who bagged individual trophies are:

Lakshya Nayal - Man of the Match (3 times) and Man of the Series

Bhawesh Goswami – Man of the Match

Prithwi Rawal – Best Bowler of the Series



Public School Association, Haldwani organized T T Championship at Evergreen School from November 30 – December 01, 2022 in which-

Among Junior girls' category **Garima Bisht (VI B)** secured I position.

Among the Junior boy's category **Aklavya Dhingra (VII C)** secured I and **Yuvraaj Arora (VIII C)** secured II positions respectively.

Among Senior boy's category **Shivang Dasila (IX C)** secured I position and **Saksham Dhingra (IX B)** secured II positions respectively.

MERIT & HOLDERS



Class - Nursery

Name of Student

Akshit Singh Karki

Lavish Joshi

Parikshita Rathaur

Pruthvik Mondal

Shrishti Batra

Dhruvi Upadhyay

Vedansh Pandey

Vedansh Kumar

Advay Singh Bisht

Mohd. Taimur Ali

Bhumika Negi

Samayra

Srisha Mathwal

Harshit Tiwari

Reyansh Arya

Divyanshi Rawat

Vivek Singh Waldia

Vaidehi

Rayansh Dewali



Class - LKG

Name of Student

Amina Naved

Ditya Bohra

Lakshita Bisht

Nimisha Dangwal

Shivanshi Mathpal

Jainika Mehta

Kaushiki Mehta

Chitranshi Latwal

Garvit Sanwal

Divyesh Bisht

Dhairya Balutia

Aadvik Gururani

Shaurya S. Bisht



Class - UKG A

Name of Student

Faaiza Junaid

Navya Dashauni

Manit Goyal

Liyana Joshi

Parth Rautela

Shivans Kumar

Shresth Gautam

Tushita Bhakuni

Manas Singh Negi

Inaaya Aalam

Kristi Bisht

Prisha Vohra

Disha Mehra

Omaansh Saraswat



Class - UKG B

Name of Student

Avika Srivastava

Mohd. Hamza

Anika Garg

Anukampa Sah

Hashmita Joshi

Aadya Joshi

Mansween Kaur

Manvi Bisht

Harshita

Rudrani Rawat

Akshij Mehta

Arunabh Sah

Lavanya Pantola



Class - I A

Name of Student

Jayant Joshi



Class - I B

Name of Student

Jagrati Joshi

Manvi Bisht

Pratyum Joshi

Tarush Kapri

Vivek Joshi

Naksh Naitik

Nityansh Joshi

Sarthak Joshi

Chaitanya Joshi

Nivedita Joshi

Srijan Pandey

Aadvika Sharma

Ruhi Punera

Chaitanya Pandey

Chetan Singh Waldia

Tejas Latwal

Vaishnavi Joshi



Class - II A

Name of Student

Aaditva Belwal



Class - III B

Palaksha Tewari

Jeeva Tamta

Anayah Naved

Vanya Pant

Aanvi Shukla

Samarth Singh

Keyaan Nawaz

Aadarshini

Kartavya Gailakoti

Manya Adhikari

Prashansa Yadav

Shreyansh Singh Lodhiyal

Riyansh Bisht

Nitya Agarwal

Name of Student

Manika Garg

Ansh Maulekhi

Vihaan Joshi

Yuvaan Bora

Srishti Aagri



Class - V A

Name of Student

Vinayak Maindola

Shreyansh Dangwal

Mehul Joshi

Prachi Singh Dogra

Arman Harbola



Class - IV A

Name of Student

Riddhima Agarwal

Vansh Joshi

Grace Joshi

Yash Joshi

Bhargavi Bhandari



Class - V B

Name of Student

Divyanka Pathak

Mohak Agarwal

Aaradhya Joshi

Advika Arya

Trishna Bisht



Class - II B

Name of Student

Ved Padaliya

Pareedhi Tiwari

Achyut Upadhyay

Varun Darmwal

Priyanshu Joshi

Arham Khan Warsi

Tanishq Arora

Shaurya Bisht

Arushi Kandpal

Kanika Negi

Abhiraj Singh Bisht

Lakshya Singh Chuphal

Lavesh Rawat



Class - IV B

Name of Student

Ritisha Chaudhary

Geetika Bisht

Arpita Negi

Shloak Dwivedi

Jayaditya Joshi

Priya Bisht



Class - VI A

Name of Student

Aadi Dhali

Shantanu Srivastava

Prabhav Joshi

Tanishq Bhatt

Vanshika Singh



Class - III A

Name of Student

Ekaansh Sah

Ritisha Suyal

Divyansh Sharma

Anaya Harshit Negi

Anirudh Lohani

Aviral Bhardwaj

Deepika Airy



Class - IV C

Name of Student

Shashwat Pant

Aashray Tiwari

Arpita Adhikari

Mudit Sahu

Hardik Bhatt



Class - VI B

Name of Student

Atika Haider

Kartavya Joshi

Daksh

Yash Singh

Ananya Joshi



Class - VI C

Name of Student

Priyanshi Koranga
Jeevisha Suyal
Vaishnavi Joshi
Ojaswi Arya
Khushi Joshi



Class - VIII B

Name of Student

Tanishka Goswami
Jitendar Singh Gariya
Juhee Raj
Neel Bisht
Avneet Bhatt



Class - XI A

Name of Student

RajKamal Prasad
Ujjwal Chandra
Sandhya Barolia



Class - VII A

Name of Student

Shreya Negi
Shivansh Saxena
Gauransh Joshi
Ramnika Joshi
Tania Pant



Class - VIII C

Name of Student

Poorva Negi
Manasvi Bhakuni
Tejal Fuloriya
Shubham Mehta
Akanksha Pant



Class - XI B

Name of Student

Eishita Joshi
Diya Rajwar
Chirayu Suntha



Class - VII B

Name of Student

Mayuresh Taragi
Chinmay Bisht
Shiva
Abaan Abdullah
Japneet Singh Gujral



Class - IX A

Name of Student

Mayank Bisht
Shubhank Jeena
Prateeti Sah



Class - XI C

Name of Student

Narmada Mehra
Raj Singh Farswan
Shivanshi Joshi



Class - VII C

Name of Student

Km. Vineeta
Tejaswini Bhatt
Divyansh Sahu
Zainab Hashmi
Vaishali Mishra



Class - IX B

Name of Student

Kumar Gyanendra Joshi
Akshay Agarwal
Bani Negi



Class - XI D

Name of Student

Rishabh Pandey
Diya Rautela
Kanak Maheshwari



Class - VIII A

Name of Student

Saumya Upadhyay
Anushka Anoop Baloni
Tanupriya Pandey
Nandini Arya
Priyanshi Singh



Class - IX C

Name of Student

Mahi Agarwal
Riya Saini
Sarvagya Srivastava
Pooja Karanga



OLYMPIAD ACHIEVERS



SOF- National Science Olympiad

| Name | Class | Medals |
|---------------------|-------|---|
| Parth Lohani | I | Gold Medal of Excellence |
| Ved Padaliya | II | Gold Medal of Distinction |
| Keyaan Nawaz | II | Gold Medal of Excellence |
| Anayah Naved | II | Gold Medal of Excellence |
| Arushi Kandpal | II | Gold Medal of Excellence |
| Ekaansh Sah | III | Gold Medal of Excellence |
| Bhavya Rawat | III | Gold Medal of Excellence |
| Ritisha Suyal | III | Gold Medal of Excellence |
| Devansh Shastri | IV | Gold Medal of Excellence |
| Vihaan Singh Bisht | IV | Gold Medal of Excellence |
| Praneet Kumar Bhatt | IV | Gold Medal of Excellence |
| Vinayak Maindola | V | Gold Medal of Excellence |
| Mehul Joshi | V | Gold Medal of Excellence |
| Mohak Agarwal | IV | Gold Medal of Excellence |
| Priyanshi Koranga | VI | Gold Medal of Excellence |
| Aadi Dhali | VI | Gold Medal of Excellence |
| Atika Haider | VI | Gold Medal of Excellence |
| Tejaswini Bhatt | VII | Gold Medal of Excellence |
| Shreya Negi | VII | Gold Medal of Excellence |
| Kumari Vineeta | VII | Gold Medal of Excellence |
| Saumya Upadhyay | VIII | Gold Medal of Distinction + Gift Worth Rs 500 |
| Avneet Bhatt | VIII | Gold Medal of Excellence |
| Parth Kandpal | VIII | Gold Medal of Excellence |
| Jaideep Singh Rawat | VIII | Gold Medal of Excellence |
| Shrish Kabdwal | VIII | Gold Medal of Excellence |
| Prateeti Sah | IX | Gold Medal of Excellence |
| Sagar Dayal Saxena | IX | Gold Medal of Excellence |
| Divyanshi Hindwan | IX | Gold Medal of Excellence |
| Anabia Faisal | IX | Gold Medal of Excellence |
| Sarvagya Srivastava | IX | Gold Medal of Excellence |
| Vasundhara Barola | X | Gold Medal of Excellence |
| Garvita Chaudhary | X | Gold Medal of Excellence |
| Aarushi Chandra | X | Gold Medal of Excellence |
| Pritika Kabdwal | X | Gold Medal of Excellence |
| Rishabh Pandey | XI | Gold Medal of Excellence |
| Diya Rajwar | XI | Gold Medal of Excellence |
| Pratishtha Kaira | XI | Gold Medal of Excellence |

| | | |
|---------------|-----|--------------------------|
| Aaryan Kuntal | XII | Gold Medal of Excellence |
| Vartika Joshi | XII | Gold Medal of Excellence |
| Disha Rawat | XII | Gold Medal of Excellence |

SOF- National Cyber Olympiad (2022-23)

| Name | Class | Medals |
|----------------|-------|--|
| Tania Pant | VII | Gold Medal of Excellence |
| Hassan Suhail | VIII | Zonal Bronze Medal/ Gold Medal of Distinction+Gift worth Rs 1000 |
| Nandini Arya | VIII | Gold Medal of Excellence |
| Nakul Phartyal | VIII | Gold Medal of Excellence |
| Ishita Bisht | VIII | Gold Medal of Excellence |

SOF- International Social Studies Olympiad (2022-23)

| Name | Class | Medals |
|-------------------|-------|---------------------------|
| Manika Garg | III | Gold Medal of Distinction |
| Siddhi Anand | III | Gold Medal of Distinction |
| Akshit Kohli | III | Gold Medal of Excellence |
| Vinayak Maindola | V | Gold Medal of Distinction |
| Aadi Dhali | VI | Gold Medal of Distinction |
| Shantanu Panchpal | VI | Gold Medal of Excellence |
| Shiva | VII | Gold Medal of Excellence |
| Viraj Mondal | VIII | Gold Medal of Excellence |

II Zonal Level Result (2022-23)

SOF- International English Olympiad

| Name | Class | Medals |
|-----------------|-------|------------------------------|
| Hardik Bhatt | IV | Merit Certificate |
| Gauransh Joshi | VII | Zonal Excellence Certificate |
| Lakshit Joshi | VIII | Merit Certificate |
| Saanvi Pathania | IX | Zonal Excellence Certificate |
| Sumedha Joshi | X | Merit Certificate |
| Eishita Joshi | XI | Zonal Excellence Certificate |

SOF- II Level International Science Olympiad

| Name | Class | Medals |
|-------------------|-------|--|
| Ekaansh Sah | III | Merit Certificate |
| Devansh Shastri | IV | Merit Certificate |
| Vinayak Maindola | V | Merit Certificate |
| Priyanshi Koranga | VI | Merit Certificate |
| Tejaswini Bhatt | VII | Merit Certificate |
| Saumya Upadhyay | VIII | Zonal Excellence Certificate + Cash worth Rs 500 |

SOF- II Level International Mathematics Olympiad

| Name | Class | Medals |
|---------------|-------|--|
| Mayank Bisht | IX | Zonal Excellence Certificate + Cash worth Rs 500 |
| Aaryan Kuntal | XII | Zonal Excellence Certificate + Cash worth Rs 500 |

SOF- International General Knowledge Olympiad

| Name | Class | Medals |
|-------------------|-------|--------------------------|
| Naman Koranga | I | Gold Medal of Excellence |
| Ved Padaliya | II | Gold Medal of Excellence |
| Preyashi Arya | II | Gold Medal of Excellence |
| Yukta Kumari | II | Gold Medal of Excellence |
| Shaurya Bisht | II | Gold Medal of Excellence |
| Divyansh Sharma | III | Gold Medal of Excellence |
| Vihaan Joshi | III | Gold Medal of Excellence |
| Ekaansh Sah | III | Gold Medal of Excellence |
| Jiya Tewari | IV | Gold Medal of Excellence |
| Ritisha Chaudhary | IV | Gold Medal of Excellence |
| Jayaditya Joshi | IV | Gold Medal of Excellence |
| Mehul Joshi | V | Gold Medal of Excellence |
| Varun Singh Bisht | V | Gold Medal of Excellence |
| Aditya Bhakuni | V | Gold Medal of Excellence |
| Shaurya Gupta | VI | Gold Medal of Excellence |
| Aarav Bhakuni | VI | Gold Medal of Excellence |
| Vaishnavi Joshi | VI | Gold Medal of Excellence |
| Shreya Negi | VII | Gold Medal of Excellence |

| | | |
|-----------------|------|--------------------------|
| Zainul Abedeen | VII | Gold Medal of Excellence |
| Tejaswini Bhatt | VII | Gold Medal of Excellence |
| Priyanshu Joshi | VIII | Gold Medal of Excellence |
| Stavya Pandey | VIII | Gold Medal of Excellence |
| Sakshi Sharma | VIII | Gold Medal of Excellence |
| Yatharth Bisht | VIII | Gold Medal of Excellence |
| Aaditri Heria | IX | Gold Medal of Excellence |
| Vedansh Sanguri | IX | Gold Medal of Excellence |
| Shubhank Jeena | IX | Gold Medal of Excellence |
| Sumedha Joshi | X | Gold Medal of Excellence |
| Navtej Kiran | X | Gold Medal of Excellence |
| Siddharth Dangi | X | Gold Medal of Excellence |

SOF- International Mathematics Olympiad

| Name | Class | Medals |
|----------------------|-------|---------------------------|
| Pratyum Joshi | I | Gold Medal of Excellence |
| Samar Khan | I | Gold Medal of Excellence |
| Nirosha Rawat | I | Gold Medal of Excellence |
| Manasvi Mehra | I | Gold Medal of Excellence |
| Naavinya Pandey | II | Gold Medal of Distinction |
| Aaditva Belwal | II | Gold Medal of Excellence |
| Shreyansh S.Lodhiyal | II | Gold Medal of Excellence |
| Riyansh Bisht | II | Gold Medal of Excellence |
| Vishesh Khatri | II | Gold Medal of Excellence |
| Samarth Singh | II | Gold Medal of Excellence |
| Achyut Upadhyay | II | Gold Medal of Excellence |
| Ansh Maulekhi | III | Gold Medal of Excellence |
| Sehrish Jamal | III | Gold Medal of Excellence |
| Divyansh Sharma | III | Gold Medal of Excellence |
| Yatin Pant | III | Gold Medal of Excellence |
| Bhavya Joshi | III | Gold Medal of Excellence |
| Ritisha Suyal | III | Gold Medal of Excellence |
| Shashank Pandey | IV | Gold Medal of Excellence |
| Aryansh Bisht | IV | Gold Medal of Excellence |
| Bhavini Satyapal | IV | Gold Medal of Excellence |
| Harshit Dhapola | IV | Gold Medal of Excellence |
| Kanika Joshi | IV | Gold Medal of Excellence |
| Riddhima Agarwal | IV | Gold Medal of Excellence |

| | | |
|----------------------|------|---------------------------|
| Mehul Joshi | V | Gold Medal of Excellence |
| Arman Harbola | V | Gold Medal of Excellence |
| Yajat Vohra | V | Gold Medal of Excellence |
| Sanskar M. Kohli | V | Gold Medal of Excellence |
| Mannat Bhushan | V | Gold Medal of Excellence |
| Aaradhya Tamta | V | Gold Medal of Excellence |
| Daksh | VI | Gold Medal of Excellence |
| Abeer Dayal Saxena | VI | Gold Medal of Excellence |
| Manwi | VI | Gold Medal of Excellence |
| Pratyush Singh Bisht | VI | Gold Medal of Excellence |
| Vaanya Rautela | VI | Gold Medal of Excellence |
| Shivansh Saxena | VII | Gold Medal of Excellence |
| Garvit Gupta | VII | Gold Medal of Excellence |
| Akshit Adhikari | VII | Gold Medal of Excellence |
| Wansh Pathak | VII | Gold Medal of Excellence |
| Avneet Bhatt | VIII | Gold Medal of Excellence |
| Shrish Kabdwal | VIII | Gold Medal of Excellence |
| Stavya Pandey | VIII | Gold Medal of Excellence |
| Saumya Upadhyay | VIII | Gold Medal of Excellence |
| Juhee Raj | VIII | Gold Medal of Excellence |
| Mayank Bisht | IX | Gold Medal of Distinction |
| Bhoomesh Khatri | IX | Gold Medal of Excellence |
| Priyal Pandey | IX | Gold Medal of Excellence |
| Mahi Agarwal | IX | Gold Medal of Excellence |
| Nimish Pandey | X | Gold Medal of Excellence |
| Aarushi Chandra | X | Gold Medal of Excellence |
| Sumedha Joshi | X | Gold Medal of Excellence |
| Rishabh Pandey | XI | Gold Medal of Excellence |
| Aaryan Kuntal | XII | Gold Medal of Distinction |
| Naman Agarwal | XII | Gold Medal of Excellence |
| Divyam Pant | XII | Gold Medal of Excellence |
| Prateek Negi | XII | Gold Medal of Excellence |

SOF- International English Olympiad

| Name | Class | Medals |
|---------------|-------|--------------------------|
| Nirosha Rawat | I | Medal of Distinct |
| Sarthak Joshi | I | Gold Medal of Excellence |

| | | |
|--------------------|------|--------------------------|
| Anayah Naved | II | Gold Medal of Excellence |
| Ritisha Suyal | III | Gold Medal of Excellence |
| Hardik Bhatt | IV | Medal of Distinct |
| Riddhima Agarwal | IV | Gold Medal of Excellence |
| Hardik Kathayat | IV | Gold Medal of Excellence |
| Rayansh Bisht | V | Gold Medal of Excellence |
| Ansh Tolia | VI | Gold Medal of Excellence |
| Myna Patni | VI | Gold Medal of Excellence |
| Kushi Joshi | VI | Gold Medal of Excellence |
| Gauransh Joshi | VII | Gold Medal of Excellence |
| Jasmin K Anand | VII | Gold Medal of Excellence |
| Shreya Negi | VII | Gold Medal of Excellence |
| Lakshit Joshi | VIII | Gold Medal of Excellence |
| Aarna Maurya | VIII | Gold Medal of Excellence |
| Hridesh Bisht | VIII | Gold Medal of Excellence |
| Saanvi Pathania | IX | Gold Medal of Excellence |
| Riddhi Sharma | IX | Gold Medal of Excellence |
| Riya Saini | IX | Gold Medal of Excellence |
| Sumedha Joshi | X | Gold Medal of Excellence |
| Ridhima Thagurathi | X | Gold Medal of Excellence |
| Himani Chaubey | X | Gold Medal of Excellence |
| Eishita Joshi | XI | Gold Medal of Excellence |
| Priyanshi Verma | XI | Gold Medal of Excellence |
| Tejasva Rawat | XI | Gold Medal of Excellence |
| Pawan Bhatt | XII | Medal of Distinct |
| Dimple Bhatt | XII | Gold Medal of Excellence |
| Anshika Tiwari | XII | Gold Medal of Excellence |
| Disha Rawat | XII | Gold Medal of Excellence |

Hindustan Olympiad

| Name | Class | Medals |
|-------------------------|-------|-----------------|
| Parth Lohani | I | District Topper |
| Khushi Joshi | VI | District Topper |
| Zainul Abedeen | VII | District Topper |
| Shreyansh Singh Lodhiya | II | State Topper |



I-BLOSSOM ACTIVITIES



LET'S GROOVE

"Dance is the hidden language of the soul"

The kids of i blossom show- cased mind -blowing performances on the rhythmic beats on August 30, 2022 with much excitement and thrill. They mesmerized the audience and the judges by their dance presentations as they covered a variety of dance styles as hip hop, ballet, tap dance, lyrical etc. The little dancers rocked the stage and set it on fire. They left everyone spellbound by their scintillating performances.





Food Vaganza

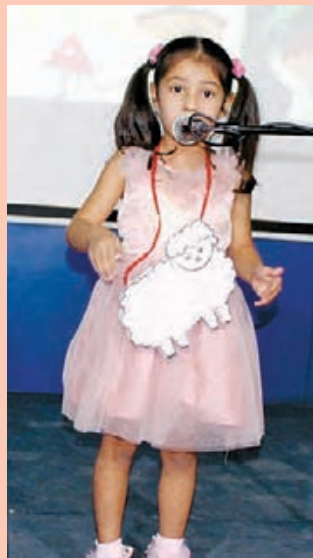
"A healthy outside starts from the inside, so keep calm and eat lots of fruits"

Food Vaganza was organized for i-blossom on April 23, 2022 in which the teachers explained about the importance of fruits their colour, taste and benefits. The kids enjoyed special 'Fruit chaat' with their friends. The objective of the activity was to motivate the students to eat fresh fruits and stay healthy.





RECITE ALOUD



"A poetry is the rhythmical creation of beauty in words".

On August 05, 2022 Poem Recitation competition was organized for class Nursery in which the toddlers recited the poems with lots of zeal and confidence. The participants were judged on the basis of fluency, expression and confidence.





A TREAT TO WATCH

"Tell me and I'll forget, show me and I may remember, involve me and I learn" Show and Tell Competition was organized for i-blossom section on August 03, 2022 for classes LKG and UKG.

The kids brought their favourite object to school and spoke a few lines about it. The activity helped the kids to develop their verbal communication skills, enhanced their social skills and helped them to improve their self-confidence to speak in public.





UNDERSTANDING SPOTLIGHT

To make the tiny tots understand the rules and regulations of road safety, teachers of i-blossom section organized an activity on November 22, 2022 in which a model of road with traffic signals and zebra crossing was created. The teachers enacted as the road safety educators and instructed the students about the essential traffic signal lights and how to walk safely on the zebra crossing.

The kids were elated to watch the demonstration and promised to follow the traffic rules.





CREATIVITY THROUGH VEGGIES

"Farm fresh is the Best"

To bring out the hidden creativity of tiny tots, Vegetable Printing Activity was conducted for i-blossom kids on November 22, 2022. The objective of the activity was to express their ideas and develop fine motor skills. They dipped the vegetables like potato, capsicum and ladyfinger in water colour and created different impressions on the paper.

Also, their teachers enriched them with the importance of eating green leafy vegetables to stay healthy.





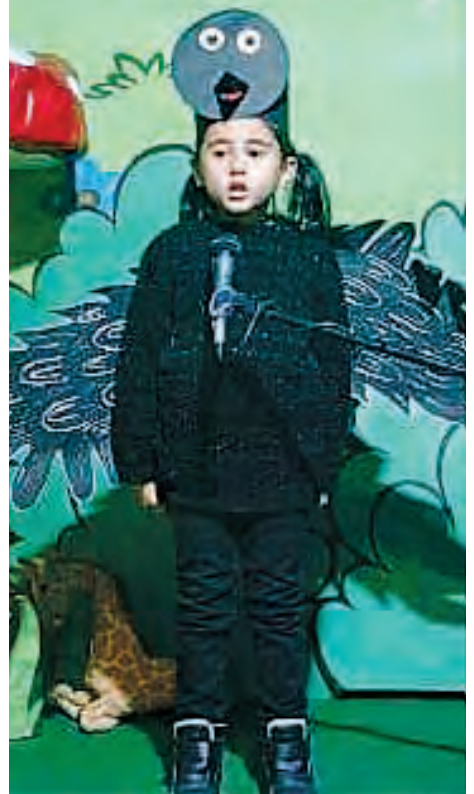
Narrating Stories

"Storytelling is the most powerful way to put ideas into words."

Story Telling Competition was organized for classes LKG and UKG on February 09, 2023 to sharpen their verbal skills and present the story on their own with expressions. The objective of the activity was to develop self confidence and public speaking skills among the kids, enhance fluency in speaking and comprehension of language-based text and inspire students to adopt creative ways in speech delivery.

The participants did wonderfully well with matching attires and props.







MOTLEY OF ACTIVITIES- JUNIORS

Oratory skills displayed...



Speech is Power: Speech is to persuade, to convert, to compel,

On August 25, 2022 Hindi Speech Competition was organised for class IV and V in which the students participated with great enthusiasm. Participants did wonderfully well and presented their speeches in front of all. The efforts put in by them were commendable. They were quite confident while speaking.







It's Quiz Time!

"A goal without a plan is just a wish"

On November 29, 2022 IPS organised an Inter- House Quiz competition for classes III -V. There were four teams which were split up according to the houses. There were four rounds viz. General Round, Audio Visual Round, Buzzer Round and Rapid- Fire Round. The students enjoyed the quiz and seemed enthusiastic about it. The audience too waited eagerly for their chance to answer the question being passed by the masters.

Finally, Red House secured First position, Yellow house second and Green House secured third position respectively.





Hey! I am a Storyteller

"Tell your story with your whole heart"

Storytelling Competition was conducted for classes I and II on the occasion of Earth Day to enhance their speaking skills and face the audience. Children narrated stories like "Thirsty crow", "The Lion and the mouse" etc. Some of them were dressed up as the required characters and presented their story with the use of facial expressions and voice modulation. The little narrators used props like puppets, flash cards, etc. Each and every story was recited with a moral.





Sanskrit Shloka Recital





"Best means of Spiritual realization - enchanting Shlokas"

The Sanskrit Shloka Competition for classes VI -VIII was organized on December 23, 2022 by the school. Many students participated with great enthusiasm. The aspirational students show-cased their outstanding talent in delivering the shloka in Sanskrit language and explained their detailed meaning in Hindi as well as in English. All the students of classes VI-VIII witnessed their scintillating performances.



Plethora of Activities - Seniors



Aesthetic Aisle The Art Exhibition

Art is the silent expression of thoughts, feelings and expressions.

To showcase the creative facet of our students, Inspiration Public School organised the Aesthetic Aisle - The Art Exhibition on January 28, 2023. Crafts like Dream catcher, Wall hangings, Best out of waste, Party Goggles, Puppets, Nameplates, Scary Masks, Book covers, Rakhis, Cards, Flower Basket etc. were prepared by the students and show cased in the exhibition.

Different type of materials like Paper glasses, Buttons, Stones, Jute, Old shoes were used as embellishments for making these crafts. Art displays like Aipan and Portraits were also displayed in the exhibition. A specially created Mushroom Park was the major attraction. Visitors were excited to click pictures in the park. Principal, Mr. Anurag Mathur and Vice Principal, Ms Mamta Taneja along with the Art teachers Ms. Neeru Goel and Ms. Richa Verma inaugurated the exhibition. Parents and visitors appreciated the efforts done by students and the Art department.







Cyber Quiz

"It's not that we use technology, we live technology"

Inter - House Cyber Quiz Competition was organised on November 26, 2022, for classes IX-XII. There were four teams; Amaya (Blue House), Brave (Red House), Edge (Yellow House) and Voyager (Green House). There were six rounds, namely: Ice Breaker, MCQs, Picture Identification, Hands on Practice, Hit the Buzzer and Rapid Fire. The competition aimed to increase awareness and interest regarding the subject. Students participated enthusiastically in the competition. Edge took the lead by bagging the first position, followed by Amaya and Brave.

The audience question round towards the end, engaged the spectators and they won tokens for giving correct answers.





Trick or Treat - It's Halloween

It's the most **spook- tacular** time of the year - Happy October

On the occasion of Halloween, Inspiration Public School organised Halloween theme -based Face Painting and Scary Face Mask - Making Competitions on October 31, 2022 for classes IX -XII and VI -VIII respectively. Students participated enthusiastically and displayed innovative ideas and creativity. They used fabric, home - made clay dough, scissors, nails, scarfs and styled their hair to give a spooky vibe.

The scary masks added to the celebration and the entire event was appreciated by everyone.





Instrumental Freaks

It's easy to play any musical instrument; all you have to do is touch the right key at the right time and the instrument will play itself.

On August 29, 2022 'Instrumental Freaks' event was organised in the school. The programme started with lamp lighting ceremony by renowned musicians and chief guests Mr. Prem Goswami and Mr. Smit Tiwari along with school Chairperson Dr. Geetika Balutia, Principal Mr Anurag Mathur and Vice Principal Ms Mamta Taneja. The programme was held in two categories junior (Classes VI to VIII) and senior (Classes IX to XII). Amongst the instruments- Guitar, Piano, Tabla, Harmonium, Ukulele, Flute, Congo, Drum and Keyboards, this year's novel addition was the Saxophone. A beautiful symphony was created by all participants which left the audience mesmerised.

The deserving winners were felicitated by the chief guest.





School Appointments:

| | |
|------------------|------------------------------------|
| Ujjawal Arya | Head Boy (XII A) |
| Kanushka Joshi | Head Girl (XII A) |
| Arsh Siddiqui | School Vice-Captain (XI B) |
| Uday Chauhan | Sports Captain (Boys) (XII C) |
| Saumya Khampa | Sports Captain (Girls) (XII A) |
| Karan Kamboj | Sports Vice -Captain (XI C) |
| Kanak Maheshwari | Sports Vice-Captain (XI D) |
| Ayush Joshi | Discipline Prefect (Boys) (XII A) |
| Medha Sah | Discipline Prefect (Girls) (XII B) |
| Sagar Kumar | Cultural Club In-charge (XII D) |

House Appointments:

| | |
|-------------------|-------------------------------------|
| Disha Rawat | Captain (Blue House) (XII B) |
| Kumkum Joshi | Vice -Caption (Blue House) (XI D) |
| Priyanshi Bisht | Prefect (Blue House) (X A) |
| Saiqa Hussain | Prefect (Blue House) (X A) |
| Nitin Deopa | Captain (Green House) (XII A) |
| Tejasva Rawat | Vice -Caption (Green House) (XI A) |
| Arushi Chandra | Prefect (Green House) (X A) |
| Gautam Deopa | Prefect (Green House) (X B) |
| Ananya Chaudhary | Captain (Red House) (XII B) |
| Chirayu Suntha | Vice -Caption (Red House) (XI B) |
| Siddharth Dangi | Prefect (Red House) (X A) |
| Garvita Chaudhary | Prefect (Red House) (X C) |
| Kumari Kiran | Captain (Yellow House) (XII B) |
| Shivanshi Joshi | Vice -Caption (Yellow House) (XI C) |
| Kavya Verma | Prefect (Yellow House) (X A) |
| Yugansh Joshi | Prefect (Yellow House) (X B) |

Investiture Ceremony

"True leaders don't create followers; they create more leaders as leadership is a challenge to be something more than average"

Inspiration school held its Investiture Ceremony on August 27, 2022 for the academic session 2022-23 and bestowed upon its students the ability to be future leaders to lead the world from front. The event started with an energetic March Past by the school cabinet followed by oath administration by school Principal Mr. Anurag Mathur. Chairperson, Dr. Geetika Balutia motivated the students by an inspiring speech. The cabinet was adorned with prefectorial badges and sashes by the school Chairperson, Principal, Vice Principal and teachers.





Left Handers' Day - Getting Inked

"If the right side of the brain controls the left side of the body, then only left-handed people are in their right minds."

August 13, is witnessed as International Left Handers' Day across the globe. To celebrate this day, Inspiration Public School organized Tattoo Making Competition for classes IX -XII in which students shared their creativity by sketching beautiful tattoos based on tribal designs and geometrical patterns.

Sh. Girish Chandra Sharma Ji an eminent artist, cultural activist, folklorist and an academican was the guest for the day. He appreciated the work of the students and gave his valuable suggestions to motivate them. He presented his ideas towards art and inspired the talented and budding artists to make careers in the field of art. A signature campaign was also organized for classes VI to VIII, where the right handers tried to write quotations using left hand.

Mehndi Art

"Let the hands tell a story, painted with hues of tradition"

Inspiration Public School organised Inter-House Mehendi - Art Competition for classes IX -XII on November 26, 2022. Irrespective of the exposure and experience, they adorned the hand prints on paper with Arabic mehndi designs which helped them boost their confidence in the art. The participants were very confident while tracing the designs and finally, the winners were felicitated by medals and certificates.





Un pique-nique

"There is something for everybody on a Picnic Day, because you bring your own weather to the picnic."

On January 10, 2023 IPS organized much awaited fun -filled outing for class XII at Adventure Resort, Ramnagar. It was an adventure trip where the students enjoyed zip lining, rappelling and Burma Bridge etc. They played cricket, TT, Badminton, Basketball and enjoyed themselves. The dance floor rocked everyone and they danced breathlessly on the tunes of DJ.

Sumptuous food was offered which was relished by all. During the travel few of them brought guitar and sang lot many songs throughout the journey. The day was a memorable one for all.



Science Expo' 22

The art and science of asking questions is the source of all knowledge as the science of today is the technology of tomorrow





Science Exhibition was organised at IPS on December 03, 2022 to provide a platform to students to use their scientific knowledge, and skills to bring the best innovations. The exhibition was inaugurated by Asst. Prof. Deepti Barola & Asst. Prof. Deepika Dhanik of Inspiration College of Teachers Education, along with School Chairperson, Dr. Geetika Balutia, Principal, Mr. Anurag Mathur, Vice Principal, Ms. Mamta Taneja & all Science teachers. The theme for the exhibition was "Integrated Approach in Science and Technology for a sustainable future".

Students from class VI - XII showcased their exhibits. It was a platform for students to share their knowledge through working models, robotics, presentations etc. Under the Hub of Learning Scheme, other schools of Haldwani also participated in the exhibition. The students made working projects of Hydroelectric power generation, Geostationary satellites, Water Purifier, Protein Synthesis & various Life Processes, Wheatstone Bridge, Haemo - dialysis, Earthquake Alarm, Vacuum Cleaner, 3D hologram, Future Smart cities, Tesla Coil with turbine, Chandrayaan & latest Vikram S Space expedition by India.

The untiring efforts of our future scientists were well appreciated by the guests, management, parents and teachers.



Vogue of Excellence

"Man, the molecule of the society, is the subject of Social Science"

Inspiration Public School organized Vogue of Excellence -Social Science Exhibition from July 28 - 30, 2022 which was inaugurated by Dr. Indu Bisht, PGT, Economics, Kendriya Vidyalaya, Haldwani, Chairperson Dr. Geetika Balutia and Principal Mr. Anurag Mathur. They not only graced the occasion with their divine presence but also judged the whole event. The exhibition was presented by the students of classes IX and X. School dedicated the event to 75th Independence Day of India - 'Aazadi Ka Amrit Mahotsav'. The models made by the students were mesmerizing. Judges were overwhelmed to see the presentation and hard work done by the students. Students of class IX prepared the eye-catching models like - Haldwani city, Power Network, Digital Dustbin, Marble Factory, Army Base Camp, National War Memorial, Panama Canal, Organic Farming etc. On the other hand, students of class X prepared various models on Modern Agriculture, Jagannath Puri, Hi-tech School, Clock History, Smart-City, Global warming, Wind-Mill, Oil-Seed Industry, GPRS, Digital India, Solar Power Irrigation, Disaster Management and Electric Dam etc.



Voice of IPS

"Music is the soundtrack of our life"

To bring out the singing talent of IPS students, Voice of IPS - a Solo Singing Competition (English/Hindi) was organized in school on November 30, 2022.

Quest for the golden vocals was categorized into Junior (VI to VIII) and Senior (IX to XII) Groups. The Melodious songs pulled the heartstrings of the audience as each contestant showed his/her mastery over voice modulation pitch, rhythm and tone. The worthy judges Ms Sharmistha Chakraborty Bisht, a renowned Vocalist in Central Broadcasting Division, Nainital and Dr. Govind Singh Bora, HOD Music Department M. B. P. G. College, Haldwani, thoroughly enjoyed the mellifluous songs.

The programme commenced with the auspicious Lamp Lighting ceremony by the chief guests and the Management.

They were impressed with the confidence, the tonal quality and the Melody with which the contestants presented their songs. The accompanists did a fantastic job in supporting the various performers. School Director Mr. Deepak Balutia, Chairperson Dr. Geetika Balutia, Ms. Gaytri Balutia, Principal Mr. Anurag Mathur and Vice-principal Ms. Mamta Taneja along with teachers and students witnessed the entire show and were filled with praise for all the performances.





What The Teachers Have To Say....

...to My Shining Stars of IPS ★ ★ ★ ★



Dear Valued Learners,

Hope you are doing well in connection to taking good care of your health and learning spirits.

Before I talk about anything else, here is my session's 'Inner-engineering Tip' for you to practice 15 minutes per day for one week.

"Rise up before the sun rises. Sit down relaxed in 'Padmasana'. Close your eyes. Take a deep breath. Hold it for a while; exhale. Continue with deep focused inhaling and exhaling. Empty yourself of all thoughts and aspirations. Start journeying inwards. Be with yourself, appreciate your own company and embracing silence, be quiet and still

for these fifteen minutes. In the final three or so moments; when it's time, chant 'Om' three times and then slowly open your eyes. Rub your hands together; rub them on your face and body. Feel the cosmic energy. Rise up with a smile feeling blissful. You'll see that this practice has enabled you to hear the whispers of your own soul. I guarantee you'll end up more and more joyful, better in health, wits and spirits. Now being emotionally more balanced, you'll be able to take life's decisions with a better approach." And now talking about my subject, I would like to express my belief that you are enjoying your language learning sessions with me while attending the lectures and while you complete your classroom or home-assignments. Being a facilitator of learning, addressing my students through the school annual magazine is challenging and interesting at the same time. It compels me to first get lost in deep meditative imagination before I decide upon what to write. As I sit here, contemplating the words that will resonate with the minds and hearts of these young individuals, I am filled with a sense of responsibility and excitement. Reflecting upon the past year, I am reminded of the remarkable growth and achievements of each and every student. The journey we embarked upon together was not always smooth, but it was certainly worth it.

Dear students, you are the shining stars that illuminate our school's firmament. Each one of you possesses unique talents and abilities waiting to be nurtured and honed. I have witnessed your determination, perseverance, and resilience, which have inspired even me beyond words. Together, we have conquered challenges, celebrated triumphs, and learned invaluable life lessons. As you move forward into new horizons, remember that the power to shape your future lies within you.

I have immense faith in your capabilities to excel and make a positive impact on the world. Embrace your passions, pursue your dreams, and never be afraid to take risks. Remember that true success is not measured solely by achievements but by the impact you have on others. It is the kindness you show, the empathy you demonstrate, and the love you spread that truly define your character. To my session's outgoing students, it's a privilege to be your guide and mentor; keep in mind that you always have a place to return, where you will be welcomed with open arms and warm smiles. Do share your success stories with us as they not only fill us with pride but also provide valuable lessons for others. By sharing your journey, you become a source of inspiration for your peers, reminding them that hard work and dedication pay off.

With deep affection and heartfelt wishes for your bright future,

Written by: Mr. Mukesh Tewari
PGT (English)

ChatGPT



Chat GPT (Chat Generative Pre-Trained Transformer) is an AI chatbot developed by OpenAI and launched on Nov, 30 2022. It enable users to refine and steer a conversation towards a desired length, format, style, level of detail and language used. It's a kind of fastest growing consumer software application in history.

Developer - Open AI

Written In - Python

Type - Large Language Mode Generative Pre-Trained Transformer

Platform - Cloud Computing Platform

Website - <https://openai.com/chatgpt>



The AI chatbot ChatGPT was created by the San Francisco startup from OpenAI. Elon Musk and Sam Altman co-found OpenAI in 2015, and it is supported by a reputable group of investors, including Microsoft in particular. Some other widely used ChatGPT alternative AI chatbots are : Chatsonic, Jasper Chat, Bard AI, Socratic, DialoGP

An AI assistant can be defined as a software program that relies on technologies like Natural Language Processing (NLP) to follow voice and text commands. AI assistant are often based on the cloud and they rely on self-teaching algorithms to become highly personalised. Some AI assistants are : Otter, Cortana, ELSA Speak, Youper, Fireflies, Alexa, Siri, Google Assistant, Socratic.

There are several advantages of ChatGPT:

- 1. Versatility:** ChatGPT is designed to be highly versatile and can be used for a wide range of tasks and purposes. It can engage in conversations, answer questions, provide explanations, generate text, offer suggestions, and much more.
- 2. Natural language understanding:** ChatGPT has been trained on a large dataset of internet text, which helps it to understand and generate human-like responses. It can comprehend complex queries, understand context, and generate coherent and relevant replies.
- 3. 24/7 availability:** Since ChatGPT is an AI-powered assistant, it can be available round the clock, providing assistance and support to users at any time. This availability is especially beneficial for tasks that require instant responses or support.
- 4. Scalability:** ChatGPT can handle multiple user interactions simultaneously, which makes it scalable for various applications. This means it

can assist numerous users simultaneously without compromising the quality of its responses.

- 5. Continuous learning:** ChatGPT can improve its responses and performance over time through reinforcement learning techniques. It can learn from user feedback and adapt its responses accordingly, enhancing its ability to provide accurate and helpful information.
- 6. Language support:** ChatGPT can understand and generate text in multiple languages, making it accessible and useful for a diverse range of users worldwide.
- 7. Customizability:** With appropriate fine-tuning and customization, ChatGPT can be tailored to specific domains or applications. This allows businesses and developers to create a more personalized and context-aware conversational experience for their users.
- 8. Reduced human workload:** By automating certain tasks and providing automated assistance, ChatGPT can help reduce the workload on human assistants and customer support teams. It can handle repetitive queries, provide basic information, and free up human agents to focus on more complex or specialized tasks.
- 9. Cost-effective:** Implementing ChatGPT can be cost-effective for businesses, as it reduces the need for a large support staff and can handle multiple user interactions simultaneously.
- 10. Continuous availability:** Unlike human assistants who need breaks or time off, ChatGPT can operate continuously without interruptions, ensuring a seamless and uninterrupted user experience.

While ChatGPT has many advantages, it has a few disadvantages also:

1. **Lack of context understanding:** ChatGPT sometimes fails to fully comprehend the context of a conversation, which can lead to incomplete or inaccurate responses. It may respond to ambiguous queries or make assumptions that are incorrect.
2. **Potential for biased or inappropriate responses :** ChatGPT trained on large amounts of internet data, which can contain biased or offensive content. As a result, there is a risk of generating biased or inappropriate responses, especially if not properly monitored or fine-tuned.
3. **Over-reliance on prompts:** ChatGPT heavily depends on user prompts to generate responses. If the prompts are not well-crafted or specific enough, the responses may lack depth or relevance.
4. **Output Verbosity:** ChatGPT sometimes tends to be verbose, generating lengthy responses that may include unnecessary or repetitive information. This can lead to a less efficient or concise conversation experience.
5. **Inconsistency and lack of coherence:** Due to the nature of its training, ChatGPT may provide inconsistent or incoherent responses. It might contradict itself or fail to maintain a logical flow in a conversation, causing confusion or frustration for users.
6. **Limited Factual Accuracy:** ChatGPT relies on pre-trained information from the internet, which may not always be up-to-date or accurate. It can occasionally provide incorrect or outdated information in its responses.

References:

www.google.co.in

chatGPT

<https://openai.com/chatgpt>

Compiled by : Ms. Haripriya Tiwari

TGT (Computer Science)

The Life of a Working Woman



The alarm rings, signalling the start of the day,
And a working woman, begins her way.
She juggles her roles, with grace and poise,
Balancing work and home, with little noise.

She dons her attire, professional and neat,
And sets out to conquer, the challenges she'll meet.

She steps into the world, with confidence and pride,
And faces each obstacle, with a brave stride.

At work, she's a powerhouse, efficient and strong,
With knowledge and skills, that keep her headlong.

She takes on tasks, with a will to succeed,
And rises above, every challenge and deed.

She's a leader, a team player, and a friend,
With a heart of gold, that never pretends.
She lifts up others, with her inspiring ways,
And helps them shine, in their own unique phase.

After work, she returns to her nest,
Where her family awaits, with love and zest.
She cooks, cleans, and tends to their needs,
And showers them with affection, with generous deeds.

She finds time for hobbies, and interests so fine,
Nurturing her soul, with things that align.
She cherishes friendships, that add value to life,
And creates memories, that overcome strife.

The life of a working woman, is never easy,
With demands and expectations, that never cease.
But she embraces it all, with a spirit so true,
And lives each day, with a passion anew.
So here's to all, the working women so strong,

Who inspire us with their spirit, all along.
You're the epitome of grace, strength, and might,
And we're grateful for the rays, of your shining
light.

Written by: Ms. Priyanka Sharma
Co-ordinator (Primary Section)

Cyclone Landfall

According to the Indian Meteorological Department (IMD), Cyclone Gulab, the first cyclone post-monsoon, formed in the Bay of Bengal on the evening of September 25, 2021.

A landfall, in simple words, is the storm moving over the land after its intensification in the ocean (heat source). Therefore, a cyclone is said to make landfall when the centre of the storm (eye) moves across the coast. As per the US National Hurricane Centre definition, it is 'the intersection of the surface centre of a tropical cyclone with a coastline.'

Tropical cyclones are usually formed in warmer seas. The strongest winds of the cyclone are not at the centre, but at the immediate surroundings of the eye of the storm—usually stronger on one side of the centre. Therefore, very high wind speed can be experienced over the land area when the cyclone is near the land, even when it is yet to make landfall.

Conditions Favourable for Tropical Cyclone Formation

Large sea surface with temperature higher than 27°C.

Presence of the Coriolis force enough to create a cyclonic vortex.

Small variations in the vertical wind speed.

A pre-existing weak low-pressure area or low-level-cyclonic circulation.

Upper divergence above the sea level system.

Favorite Grounds for Tropical Cyclones

South-east Caribbean region where they are called hurricanes.

Philippines islands, eastern China and Japan where they are called typhoons.

Bay of Bengal and Arabian Sea where they are called cyclones.



Around south-east African coast and Madagascar-Mauritius islands.

North-west Australia.

For the Indian Ocean region, a formula for naming cyclones was agreed upon in 2004. Eight countries in the region - Bangladesh, India, Maldives, Myanmar, Oman, Pakistan, Sri Lanka and Thailand - all contributed a set of names which are assigned sequentially whenever a cyclonic storm develops.

Hudhud, Titli, Phethai, Fani, Vayu, Amphan and Nivar are among the names of cyclones in the Indian Ocean region.

Worldwide Terminology of Tropical Cyclones

They are given many names in different regions of the world - eg. they are known as **Typhoons** in the China Sea and Pacific Ocean; **Hurricanes** in the West Indian islands in the Caribbean Sea and Atlantic Ocean; **Tornados** in the Guinea lands of West Africa and southern USA.; **Willy-willies** in north-western Australia and **Tropical Cyclones** in the Indian Ocean.

Recently, The cyclonic storm; **Cyclone Biparjoy**, which lashed the **Kutch-Saurashtra** region, has moved towards **Rajasthan** with several areas of Jalore and Barmer districts. After wreaking havoc in Gujarat-Rajasthan, the effect of superstorm Biparjoy has started appearing in **North India** as well. Biparjoy caused heavy rains in **Delhi NCR** due to which the people suffering from the heat have got some relief.

Written by : Ms. Neetu Tiwari
TGT (Social Science)

15 Most Interesting Facts About India



1. Cows are considered sacred

Cows are protected by their own set of rules in the Constitution, making killing a cow a crime. Even on crowded city streets, cows have the liberty to roam where they please without fear of being harassed by humans.

2. India is the wettest inhabited place on Earth

Meghalaya village has won the Guinness world record title for the wettest place on Earth, with about 11,873 mililitres of rain annually. The monsoon season lasts six months.

3. Chenab Bridge is the highest rail bridge in the world.

The jaw-dropping bridge spanning the Chenab river in Jammu is 1,178 feet above the water.

4. Rajasthan has a Temple of Rats

there is a temple in Rajasthan dedicated to rats. Thousands of rats call the temple home, making it one of the country's most unique attractions.

5. The popular game "Snakes and Ladders" originated in India.

It was first created to teach morals and lessons about karma in a way that young children would understand and remember.

6. India is the first country to mine diamonds

From the 4th century BCE, for around 1,000 years, India was the only source of diamonds in

the world. The original diamonds were found in the Krishna River Delta.

7. Hinduism is the oldest religion in the world.

With documents dating back as early as 5,500 BCE, Hinduism is considered the oldest religion in the world.

8. India has 22 recognized languages

The numerous languages spoken across India include Santali, Kashmiri, Bengali, Tamil, and Urdu. However, the official languages are English and Hindi.

9. Most Indians eat with only their fingers

It's customary in India to eat food with your fingers, including rice, sauces, meats, and vegetables.

10. A village with no locks and doors may be the safest on Earth

The village of Shani Shingnapur is famous for not having a door or lock on a single house. Beyond that, there has not been a recording of a criminal act for almost 400 years.

11. "Indian food" has become one of the most widespread cuisines in the world

Indian food has spread across the world and continues to gain popularity. Many argue that authentic flavor and spice is lost in many of the restaurants outside of India itself.

12. India has the highest population of vegetarians.

It's estimated that between 15% and 30% of India's population follow a strict vegetarian diet, while many others will only consume fish and no land animals.

13. The world's largest sundial is located in India.

The town of Jaipur is home to the largest sundial in the world, which is a towering 27 meters (90 feet) tall!

14. The Kumbh Mela is visible from space

The Kumbh Mela is an important festival and pilgrimage site, and the largest gathering on Earth. While a celebration takes place each year, there is a festival of greater significance at four-year and twelve-year intervals. The number of people attending the festival is so large that the crowd is visible in satellite photos taken from space.

15. India has one of the lowest divorce rates in the world

According to statistics, the divorce rate in India is about 1 out of every 100 marriages, making it much lower than most countries. This may be partly due to cultural customs and the fact that arranged marriages still occur in India.

Compiled by: Ms. Meenu A. Maurya
TGT (Social Science)

Learn With Fun !!



Notice how ADDITION or DELETION of a single letter can change the meaning of a word entirely!

| Word | Meaning |
|------------|---|
| Artist | A person who draws or paints pictures. |
| Artiste | A professional singer/dancer |
| Beside | By the side of something or someone |
| Besides | Other than the one mentioned |
| Born | To take birth |
| Borne | Carrier of something |
| Cub | The young one of a fox, bear, lion |
| Cube | A 3-dimensional square box |
| Fad | A craze |
| Fade | To grow faint and disappear |
| Fort | A building/ a castle |
| Forte | A thing at which someone excels |
| Liver | A large internal organ that produces bile |
| Livery | A special uniform worn by an official |
| Pure | Not mixed or adulterated |
| Puree | Crushed fruit or vegetables |
| Sett | A den or burrow of a badger |
| Settee | A sofa |
| Spat | An angry outburst, past of 'spit' |
| Spate | A sudden forceful flow |
| Spectacle | A sight or a scene |
| Spectacles | A pair of glasses |
| Touch | To feel something with finger |
| Touche | An acknowledgement/ a witty remark |
| Quarter | One-fourth of something |
| Quarters | A place for living |

Now find some more such words on your own and learn with fun !!

Contributed by: Ms. Madhumita Das
PGT (English)

Winters tell Tales

It's the game of nature
to be a master teacher.
To tell us the tales of all seasons,
with each having its own reasons.
It's the time for winter tales, to put on jackets and
have hot sippers.
Each snowflake has its own beauty...and the icy
crystal feeling it delivers.
Winter is a gift to the blind,
for even they can feel the morning light.
The foggy weather with the dew drops,
makes it a perfect sight.
Soon there will be Christmas bells,
the winters will get musical.
And then the New Year will be welcomed
which makes the winter magical.
Then Jan and Feb will arrive
and icy crystals will hang like hearts.
Day-by-day the weather turns frosty
Day-by-day there are freezy drafts.
The whole atmosphere will turn to a cold spell
and then the time will come to wish the winters a
farewell...
The cycle of season will continue forever,
showing us how nature is the best teacher ever.
It never gets bored, never gets tired,
It keeps on moving and time keeps changing..
Good and bad times are not constant,
And thus, happiness and sorrow keep on
rearranging.

Written by: Ms. Urmi Raina Arya
TGT (English)



Indians have High Happiness Index-Defying Global Survey



Anti-depressants are the secret to the Happiness Index (Remember the Happiness Index survey that all of us dismissed - India came at the 126th position out of 137, behind Pakistan, Sri Lanka, Myanmar, and Bangladesh). LOL. (Family is the anti-depressant for most Indians who usually indulge in whacky, thug like humor - we, intrinsically, by design, are happy and resilient

people, with a strong instinct for survival. We interestingly are becoming an individualistic society but still connected to our family and friends who largely continue to have a positive and stable influence on us. We run to our families, parents (immaterial of our age) when something is bothering or troubling us or our life has been destroyed drastically. We don't pop in tablets for every issue - have you ever seen a cabinet full of bottles loaded with capsules? We are more spiritual in nature and most of us till death remain like good boys and good girls, even after a spell of reckless indulgences, drugs etc. Yes, many amongst us could silently be struggling with depression, don't have the strength to discuss these things openly with everyone - that taboo factor - emotional health issues mean getting branded as MENTAL; but even in such state, the possibility of seeking something non-medicinal like therapy, meditation, Yoga etc is much higher in India than rushing for some pills)

As per the World of Statistics, Antidepressant users per 1,000 people:

| | | | |
|-----------------|----------------|--------------|----------------|
| India: 9 | Italy: 44 | Germany: 62 | Chile: 90 |
| Latvia: 21 | Slovakia: 48 | Austria: 63 | Spain: 92 |
| Russia: 23 | Turkey: 48 | Slovenia: 63 | Sweden: 105 |
| South Korea: 27 | France: 54 | Czechia: 65 | USA: 110 |
| Hungary: 29 | Luxembourg: 57 | Greece: 70 | UK: 108 |
| Lithuania: 36 | Israel: 57 | Finland: 81 | Australia: 122 |
| Costa Rica: 39 | NBrazil: 58 | Belgium: 83 | Canada: 130 |
| Estonia: 40 | Orway: 61 | Denmark: 84 | Portugal: 139 |

Compiled by: Mr. Manmohan Joshi
PGT(Physics)

Did you sleep well?



Insomnia is a sleep condition that involves difficulty falling asleep and staying asleep. Almost everyone goes through bouts of sleeplessness from time to time. But if someone struggles to fall asleep or wakes up at night or early in the morning and finds it difficult to fall back asleep, and this happens at least three times a week for a few months, that person is likely suffering from chronic insomnia. Insomnia may cause daytime fatigue and reduced energy levels. People with insomnia may also experience weakened coping skills, difficulty paying attention and concentrating, memory problems, and trouble performing even routine tasks. But most of all, insomnia affects mood. Insomnia can also exacerbate mental health symptoms. Lack of sleep can worsen symptoms of anxiety and depression, impair cognitive function, and make it more challenging to manage emotions effectively.

What Causes Insomnia? Insomnia is often caused by stress. It can also be due to depression, chronic pain, substance use (including alcohol, prescription medications, or caffeine, or jet lag. But there are also physical conditions and other factors that can bring it on. They include sleep apnea, overactive thyroid, certain medications, and gastrointestinal problems, such as gastroesophageal reflux. Lack of sufficient physical activity during the day can also interfere with the body's drive for sleep. Substance abuse can be a major sleep disruptor as well. Insomnia is often related to how people handle a bad night or a few bad nights of sleep. One may try to compensate for a brief sleepless period by sleeping later, napping in the afternoon, having a few drinks before bed, or going to bed early. But those actions may only impair the body's natural sleep drive or cause more early wakefulness. Some people are at risk of insomnia due to environmental factors such as shift work and jet lag. People who do not get enough exposure to sunlight during the day can also have trouble sleeping. And such factors as drinking too much caffeine or overheating a bedroom can also interfere with sleep.

Can certain behaviours cause or worsen insomnia? Yes. Using a smartphone (or another blue-light-emitting device) in bed can make sleep more difficult to come by, as can drinking caffeinated beverages or doing vigorous exercise too close to bedtime. Other, subtler behaviours—such as lying awake in bed for hours—can also worsen insomnia-related anxiety and train the brain to associate the bed with sleeplessness.

How to Deal With Insomnia? A short-term bout of insomnia is best handled by doing nothing. It's important not to compensate by staying in bed longer or napping during the day. Chronic insomnia responds well to behavioural treatments aimed at eliminating anxiety and stopping the behaviours that wind up worsening and perpetuating the condition. Cognitive behavioural therapy targets the thoughts and actions that disrupt sleep. It eliminates sleep anxiety and allow the body's own sleep cycle to kick in. It may include relaxation training or establishing a sleep schedule that restricts the time one spends in bed awake. Effective treatments for insomnia encourage good "sleep hygiene," which can involve going to sleep and waking at the same time every day, getting daily exercise, limiting caffeine consumption and restricting it to morning hours, limiting alcohol (a sleep disrupter), and keeping the bedroom dark and cool.

Can insomnia be cured? Treatment for insomnia and mental health disorders often go hand-in-hand. Improving sleep can help to alleviate the symptoms of mental health conditions, and treating mental health issues can improve sleep quality. Treatment options may include therapy, medication, and lifestyle changes such as improving sleep hygiene habits, reducing caffeine and alcohol intake, and increasing physical activity.

Written by: Ms. Rashmi Bhandari
(School Counsellor)

Celebrations

Moments we enjoyed

World Health Day

"He who has health, has hope and he who has hope has everything."

World Health Day is celebrated annually on 7th April globally. Inspiration witnessed the celebration with great zeal by organizing various activities to inculcate the habits of healthy living amongst the school kids. Special assembly was presented by students of class IX & X. They administered a pledge to remain healthy. They expressed their views on the importance of healthy eating habits and how one can keep away harmful diseases by consistent yoga.

The kids participated in the Hand wash activity, proper use of sanitizer and were told about the importance of healthy hand wash and personal hygiene. Students of class I to V enthusiastically participated in "Food Vaganza" and understood the importance of eating healthy. Yoga session for class V and "Slogan Writing" for classes VI to VIII were organised for students to highlight the significance of good health and well - being.







**"Let every breath, every word, and every step
make the mother earth proud of us"**

Earth Day was celebrated at Inspiration Public School with great zeal and enthusiasm on April 22, 2022. Various activities were conducted in school to mark the occasion and to create a sense of responsibility amongst small kids towards their planet. Beautiful creations were made by the tiny tots of Nursery, LKG & UKG by using waste paper. Students of class I & II coloured the images of Mother Earth. Leaf Art was done by classes III - V and Poster Making Competition was conducted for higher classes.





Teachers' Day

"It is the supreme art of the teacher to awaken joy in creative expression and knowledge"

To commemorate the birth anniversary of Dr Sarvepalli Radhakrishnan & Shri N.C. Balutia Ji and to show gratitude to the beloved teachers of Inspiration, Teachers' Day was celebrated on September 05, 2022 in the school lawns with great pomp and show. The programme commenced with the auspicious lamp lighting ceremony by school Chairperson Dr. Geetika Balutia along with Ms. Gayatri Balutia, Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja. Students presented thoughtfully made cards and meaningful titles to all the teachers. The students of Class XI prepared and presented wonderful cultural programme which was beyond words. A lot of fun-filled games were organised for the teachers.







Baisakhi

Time to harvest all the fruits of your hard work!

On April 13, 2022 Baisakhi was celebrated to welcome the arrival of spring and the new harvest season of the year. The festival was organised for kindergarten section. Children of class Nursery, LKG and UKG celebrated this festival with great enthusiasm. They participated in creative activities like colouring, spin wheel making through origami sheet, finger printing in sand etc. All boys were dressed up in kurta pyjamas and girls in salwar suits.





Mother's Day

"To the world you are a mother, but to our family you are the world."

Inspiration Public School celebrated Mother's Day, offline as well as online in the month of May 2022. Mothers were invited to spend a memorable day filled with activities and fun. A host of activities were planned to honour and appreciate all the mothers. The lamp lighting ceremony was done by our school Director Dr. Deepak Balutia, Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur and Vice-Principal Ms. Mamta Taneja. An array of heart-warming cultural programme was presented by the kids of i-blossom.

Fun-filled games like Musical Ring, Alpha Mania, Spill the Beans, Memory Magic, Hit the Target, Get SIP, Unfold to Fold and Pick & Drop were organised in the offline mode.

Yoga, Zumba and Craft sessions were arranged virtually for the mothers of the kids from classes 1 to 5 followed by online activities like Music Mania, Bollywood dialogues Face-off, Antakshari, Dumb Charade, Tongue-twisters, Logo identification, Tag-lines, Riddles etc.





School Raising Day

Education is the foundation upon which we build our future.

IPS witnesses School Raising Day every year on 3rd July. This year, the school celebrated its 23rd Raising Day with a special assembly. The student presented the poems, speeches etc., along with a fine melodious blend of motivational songs. The day started with the auspicious Lamp Lightning ceremony by school Director, Chairperson, Principal and Vice Principal.



Harela

"Plant a sapling and see it grow; so, you can enjoy the cool breeze flow"

Harela, one of the most auspicious festivals of Kumaon region was celebrated on July 15, 2022 during the special assembly. The programme commenced by a kumaoni group song 'Jee Raya Jagi Raya'. All the participants were dressed in traditional Kumaoni attires. The harela leaves were cut during the assembly and the students did a role play depicting the way it is celebrated in kumaoni culture.

Harela seeds were sown by the kids of class I & II a week prior. The festival gives a message of planting more and more trees and conserve the environment.





Independence Day

"Let there be freedom in mind, soul and body, faith in your words and pride in your nature"

On August 15, 2022, Inspiration Public School celebrated 76th Independence Day--'Azadi ka Amrit Mahotsav' with great pride and patriotic fervour.

The programme commenced with the hoisting of the tricolour by school Director Dr. Deepak Balutia, Chairperson Dr. Geetika Balutia, Ms. Gaytri Balutia, Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja. The school students presented an array of cultural programmes as a tribute to the great souls and martyrs who sacrificed their lives for the sake of freedom. The various programmes comprised of a medley of patriotic songs, a vibrant group dance along with motivational poems and speeches.







Raksha Bandhan

"Brother and sister, together as friends, ready to face whatever life sends".

Raksha Bandhan was celebrated in the school on August 13, 2023 with great zeal and vigour. A special assembly was organised by the Students where they highlighted the mythological significance of Raksha Bandhan. The little ones of kindergarten celebrated this auspicious festival with immense pleasure along with their classmates in the school assembly. Rakhi Making activity was also organised for the students of class I and II. The students of class I made "Smiley Rakhi" and students of class II made "Floral Rakhi".





Janmashtami



"Whatever happened, happened for the good, whatever is happening, is happening for the good, whatever will happen, will also happen for the good."

On August 17, 2022 Janmashtami was celebrated at school with mirth and joy. A special assembly was organised by the students to celebrate the festival. The kids dressed up as Lord Krishna and Radha, complete with flutes, peacock feathers and matkas. The school premise was decorated beautifully and the spirit of festivity was enhanced with a tableau depicting the history of Lord Krishna.





Uttarakhand Sthapana Diwas



**Where the sky bows down in front of Himalayas
that is Devbhoomi -Uttarakhand!**

Inspiration Public School celebrated 22nd Uttarakhand foundation day on November 09, 2022 with full excitement. The students presented a colourful cultural programme comprising of melodious songs, elegant dance performance, beautiful poems that enthralled the audience and set the mood for celebration. The exhibition and display of traditional attires of Uttarakhand by more than 100 pairs of tiny tots was a real show-stopper. The teachers contributed their share of celebration by putting up food-stalls of mouth- watering 'Kumauni delicacies'.



Children's Day

"Every child is a different kind of a flower, and all together, they make this world a beautiful garden."

On November 14, 2022 Children's day was celebrated at IPS with great enthusiasm displayed equally by students and teachers. The day started with a special assembly presented by the talented teachers. Assembly started with the school prayer followed by the school song which were performed by a rhythmic group of teachers. The pledge was administered by Mr Narendra Bhandari (PGT Physical Education), Word of the day was introduced by Ms Rashmi Bhatt (TGT English), Thought of the day was presented by Ms Urmi Raina (TGT English), a set of sensibly humourous news was read out by Mr Manmohan Joshi (PGT Physics). Two very beautiful self-composed poems were recited by Ms Nisha Kandpal (PGT Hindi) and Ms Smita Shah (TGT Science) respectively. A meticulously written speech was dispensed by Ms. Smita Pant (PGT IP). A group song was also performed by Mr Sanjay Goswami, Ms Aditi Joshi, Mr Mohit Pant, Mr Mukesh Tiwari, Ms Madhumita Das, Mr Robin Arya, Mr Manmohan Joshi, and various faculty members of junior and senior classes. Many fun-filled sports activities were planned for the students which kept them high on energy throughout the day. The day concluded with some fun filled sports activities and a 'Tug-of-War' match between boys with Male teachers and girls with Female teachers. All the children went back with happy faces.







Grandparents' Day

Grandparents are a delightful blend of laughter caring deeds, wonderful stories and love.

Grandparents' day was celebrated at IPS by classes I and II on December 21, 2022 saluting our roots. The programme began with the auspicious Lamp Lighting followed by a prayer offered to Goddess Saraswati. Many power - packed performances like song, dance and skit, based on Kumaoni and Punjabi Culture were presented by the students that left the spectators spellbound and thoroughly mesmerized. Various games were organised for grandparents like musical ring, target ring, passing the parcel, target the basket etc. The worthy grandparents shared some mesmerizing moments and re-lived their childhood with the grandchildren. Few grandparents were elated to have tattoos and Mehendi on their arms and palms painted by class XI students.





Christmas

"Christmas is tenderness for the past, courage for the present and hope for the future."

Christmas is the season of love and harmony that was celebrated on December 24, 2022 amid excitement. Starting from lovely sight of little kids dressed up as Santa from giving them chocolates they actively participated in dance and music. Kids also had fun by colouring Christmas tree.



Republic Day

The diversity of our nation is one of its major strengths.

IPS witnessed the 74th Republic Day celebration on January 26, 2023. The celebration began with the lamp lighting, followed by the unfurling the National flag by School Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja.

A mix of cultural programme comprising of song, dance and speeches was organised to witness the tricolour fervour.



WHEN THE KIDS PEN DOWN



"My Journey at Inspiration: A Reflection on Twelve Magnificent Years"

The past twelve years of my life spent at Inspiration have been truly magnificent, and it is impossible to encapsulate this extraordinary journey in just a few paragraphs. It all began in April 2011, when I, a young boy, was admitted to a new world - one that was completely unfamiliar to me. The process of making friends and getting to know my teachers was a time-consuming and challenging task that demanded a great deal of effort. As a child, I was trying to grasp and comprehend things, people, and concepts at a primary level. While it took some time initially, I gradually grew to enjoy the process of learning and improving. Over time, I was promoted to higher grades, where I had the opportunity to explore new concepts and ideas. The entire journey has been nothing short of spectacular.

As I reflect on my time at IPS now that I have graduated, I realize that it is incredibly difficult to forget even a single day that was spent at this institution. The management and staff were extremely cooperative and supportive, and I cannot thank them enough for the knowledge and guidance they provided me. The learning environment at Inspiration was particularly special, making it easier for me to grasp concepts and delve deeper into my studies.

What made IPS truly special, though, was the sense of discipline and order that permeated every aspect of the school. From the classrooms to the playground, every space was organized and maintained to a high standard, and this instilled a sense of responsibility and pride in all the students. It was heartening to see my juniors never failing in showing affection and trying to help in every way possible.

Among all of my experiences at IPS, my favorite moments were during my English lessons, public speaking classes and Spectrum, where I always actively participated.

One of the most remarkable things about my time at Inspiration was the diverse range of educational and co-curricular activities that were on offer. Inspiration provided countless opportunities for me to develop my skills through various competitions, personality development sessions, skit competitions, debates, various writing events, dance and art competitions, group discussions, co-curricular activities, national and international category events, the Mega Event - Spectrum, and much more. Whether it was in the field of education or other areas, IPS always ensured that I had opportunities to grow and learn.

After taking a moment to reflect on my journey at Inspiration, I am confident that you would understand why I have never felt compelled to leave this school. For me, it has always felt like a second home, with a deep love and fondness for every aspect of this institution. It seems to me that we are born with everything we need to thrive, including a desk, a chair, a school bell, a school bus, and an exam hall.

As I move on from my time at IPS, I am struck by how emotional it is to describe this journey. I miss my teachers and friends dearly. I realize now that the school bag, which used to feel like such a burden, was actually the lightest weight I carried on my shoulders. The depth of this sentence can only be truly felt once you leave your school and enter the real world, where you must make important decisions that will play a significant role in shaping your life. As a senior, I would like to share some advice with my juniors: study diligently and focus

on truly understanding the concepts you are learning. Try to review what you learn each day, and never hesitate to clarify any doubts you have in front of your classmates. Learn a new skill, engage in healthy discussions, plan your day the night before, follow a routine, and never let backlogs pile up. Participate in various activities and don't forget to enjoy this Golden Era - your school life.

Leaving IPS, I acknowledge that the school has given me much more than just an education. It has given me a sense of purpose, a set of values to live by, and a community of like-minded individuals who share my love for learning and growth. To my juniors, I would like to say that your time at IPS will be one of the most enriching experiences of your life. Cherish it, learn from it, and carry the values and skills you acquire with you always. Thank you, IPS, for twelve magnificent years.

Written By: Huzaifa

Suhail

XIIB



The Exquisite Journey

"We didn't realize we were making memories, we just knew we were having fun"

My school life is no less than a treasure for me which gave me invaluable joys in life.

Well, it's been two months leaving that serene place and these felt more than the 4 years ...Once you leave a place something like school, the most you miss is the environment it provides, you miss all the activities that used to happen in the day... (Be it

attending the class or bunking it)....The journey of joining school as a 9th grade student to becoming the most senior one was no less than a roller coaster ride....and I not only enjoyed it but most importantly learned a lot from it.

From making new friends to participating in different activities of school there has been so much I did in the school and it is the stock of memories which brings a smile on your face whenever you think about them.

I would like to thank all my teachers for guiding me nicely towards my goals and for making me a better person. I thank my school for gifting me so many unforgettable moments and lovely friends.

This special journey would be incomplete without the mention of some special people whether it's of the school or the bus marked no.7 who will always be dear to me. So, my heartfelt thanks to all our helping hands, the 'aunties' and 'bhaiyyas', 'driver' and 'guard' uncles etc.

At last BIG THANKS to my school, respected teachers and my squad for being a wonderful part of this special phase of my life.

Written by: Naman Agarwal

XII D

A CULTURAL RESET

Echoes of what is,
Silence of what should be,
Cacophony of what did not,
Between everything and
Nothing of Sounds:
Cries and calls
Two people pretend to be
Everything they are not
And
I listen to everything
And all words that tall
I pick them and store them in vaults
A melody, I always had
Lost in the new voices
A lost cause.

Written by: Shreya Nagarkoti

XII A

Don't hold nostalgia too long

It's too sad to say goodbye, it's too embarrassing to cry, it'll be too bad just to hold by, life will be sedimentary if we won't pass by,
The nostalgia won't deepen by,
If we didn't take our steps ahead and pass by.
We'll come back to feel this ease again, these memories with those people will remain as they were meant to be.
If only I could hold by, I would be as Young as the sky.
This is how an institution can make you feel
When your choices were right and so was your dream
With this flow of emotion, we will all reach our destiny
Even though the last 12 years it remained a mystery.
The people who were passing by
Told us to move and please don't cry.
Cause there's more to the plate.
but
These old memories will never be stale
And will always fail to fade

Written by: Kavita Nayal
XII B



SCHOOL DAYS

School is the place where cherished moments are made.
The times during which we laughed and played.
We got thrills from the smallest of things, Like the many naughty catapult flings!
The amusing free periods were loved by all As we had a chance to play tennis or football !

Sometimes we roamed through the school without any aim
Or took part in lit fest and the inter house games.
We shared the sorrows of getting bad marks
And the wonderful pleasures in the good remarks.
Exams were the days which were most feared
Upon finishing which, our minds were cleared!
School days are the ones we won't forget but missing all the fun will surely make us regret!

Written by: Bandeep Kaur
XII B

o Retakes

Fierce, fearless, brave and bold,
With nerves of steel and heart of gold.
Aroma of the soil for them comes first,
Only Tricolours' victory quenches their thirst.
Never quit, never surrender is their attitude,
And that too in the highest of latitude.
Such valour and courage is not ordinary
Specially, when you never initiate the rivalry.
We salute the heroes of 1971,
Despite all odds who did not fear the gun
Who sacrificed all their pleasure and fun
To make India second to none!
He who only knows blood and sweat till the last breath, God's gift are the souls, who do not fear death.

Written by: Adishree Mathur
XII D

Life Is Too Short.....

Life is like a roller coaster ride. It has its ups and downs. But it's your choice to scream or enjoy the ride.

Life is too short for hate, to wake up with regrets, to worry about small things. Grudges are a waste of perfect happiness. Laugh when you can. Apologize when you should and let go off what you can. Take risks. Have fun. Life is too short to be unhappy. You have to take the good with the bad. Smile when you're sad. Love what you got and always

remember what you had. Always forgive but never forget. People change and things go wrong, but always remember, life goes on...

Written by: **Aashka Kabdwal**
XII B

Did You Know?

Some Latin Words / Phrases Commonly Used in Everyday English...

| Word / Phrase | Meaning |
|---------------|---|
| Ad hoc | When necessary or needed |
| Agenda | A list of items to be discussed |
| Alter ego | Other self |
| Altruism | Selflessly doing something to help others |
| Bona fide | In good faith |
| Consensus | Agreement |
| De facto | In fact |
| Et cetera | And so on (abbreviated to 'etc.') |
| Facsimile | An identical copy (abbreviated to 'fax') |
| Impromptu | In readiness |
| Mundane | Dull |
| Obvious | Easily understood |
| Per capita | Per person |
| Prima facie | On the first impression |
| Pro forma | As a matter of form |
| Vice versa | Reversed/ the other way around |
| Viva voce | With living voice |

Compiled by: **Triguna Das**
XI D

EDUCATION: AN IMPERATIVE TO THE MODERN WORLD

Education is where you can set forth with and understand the world around you. Just reading and writing cannot be education. Good education broadens your horizon and teaches you to think for yourself. With education the society is now more accepting and open-minded. This makes them more aware of their social and educational rights. Education is the underpinning of human evolution

and the reason why we are above all other species. Education enables one's ability to realise their true potential and recognise their strength. You find out things you are good at and work on them to help the community grow. It gives you the freedom to live the life of your choice.

It is imperative when it comes to modern society. When people look at social issues, they keep in mind a very learned and much-informed perspective. Educated individuals are more likely to get high paying jobs and engage in more effective trade and commerce practices.

We as individuals encompass a series of rights and power under our peripheral and are capable enough to change the world but one can only do this if he is well educated and can recognise his opportunities and not let them go.

Nelson Mandela once said, Education is the most powerful weapon in the world" and I would surely agree to it. Education at last would leave you more confident, independent and courageous. It creates a safer world to live and promotes peace among the members of the global community.

Education leads to innovation. Innovation makes one creative and it's only possible when you adapt with the future and learn to grow along with the world.

Written by: **Harshit Joshi**
XI C

The Raw Importance of Focused Concentration

Why is concentration so important? As a famous saying goes "It is those who concentrate on but one thing at a time, are the ones who advance in this world. Success in any field or endeavor necessitates concentration. It is the ability or capacity to focus or concentrate solely in any particular area, exempting all other potential thoughts and preventing our thoughts from wandering or straying else-where than the task at hand. It is one of the most important skills a person can have. If we are to survive in a world full of competition and success, concentration is the most important tool one can have. Our potential to do well in any area increases with increase in concentration. Improved concentration aids in completion of our task more efficiently and generates higher-quality of output, if

we are focused or concentrated enough, we may require less effort or energy to understand a topic and we may free ourselves from unnecessary stress or wastage of time. Attention and focus are the two things directly linked to concentration. The most significant impact on our mental performance and brain power is having better focus and concentration. Like a feeble administration can never provide appropriate benefits, similarly a frail and feeble concentration can never assist us in achieving our goals efficiently. Then again similarly as a solid framework prompts thriving, focused concentration offers us an upper hand on both success as well as bitter sweet joys of life.

Written by: Eishita Joshi
XI B

FAST- UNTO - DEATH

The Indian independence movement was a series of historic events with the ultimate aim of ending British rule in India. It lasted from 1857 to 1947. Many movements / protests lead by different leaders played an important role in India's freedom, fast-unto-death was such a type of protest. On 9 January 1914, Mahatma Gandhi came back to India after successful protest against black act. He chose path of ahimsa and fast-unto-death was a weapon that was used in path of ahimsa. In March 1918, under the leadership of Gandhi, there was a strike in the cotton mills in Ahmedabad. It was at this juncture that Gandhi began the first fast-unto-death on 15 March 1918. Gandhi broke his fast on March 17 and the dispute was amicably resolved soon thereafter. Gandhi's next, the best known fast-unto-death came 14 years later (September 20-26, 1932). Undertaken against the British government's declaration of separate electorates for the scheduled castes and achieving its objective in the form of the Poona Pact, the fast remains the focus of serious political and academic contention. Then, 7 years later (March 3-6, 1939), came adversely little known and inconsequentl fast which Gandhi undertook against what he saw as a breach of promise by the ruler of Rajkot. Finally came the two fast-unto-death that Gandhi felt obliged to undertake independent India. The first one (September 1-4, 1947) was meant to, and indeed did communal peace in riot-torn Calcutta. This is the fast that led to Governor-General Mountbatten's famous description of Gandhi as the 'one-man boundary force': what 55000 soldiers had failed to do in Punjab, Gandhi had done alone in Calcutta.

The Last fast-unto-death (January 13-18, 1948) was undertaken to restore peace in Delhi. Hence, we can conclude that fast-unto-death was a powerful weapon and it will be a powerful weapon that can be used to protest against wrong.

Written by: Shivanshi Joshi
XI C

ACCEPTANCE

What do we need? Compliments
So we dress like historic Monuments!
Burden our shoulders with a fancy bag,
And smelling like a flower sack.
Luxuries becoming necessities,
We are running towards facilities;
From deck to dorm, we want everything aesthetic
Making our mental health pathetic!
We want to become popular and great,
So, we give our lives a daily upgrade
We fear from the negative social judgements,
So, we push our pockets hard to get good
comments.
No matter how much you get yourself,
Society will always dash you on the footsteps.
What do you need now? Acceptance!
So, get ready to please people till your last breath,
Until you know that no one is there for you to
wreathe.

WRITTEN BY: Narmada Mehra
XI C

Youths as Agents of Social Change

Life is a process of change and transformation and youth acts as an agent of social change. They are building blocks of the nation. The stronger the youth, more developed is the nation. They contribute their unique ideas, thoughts in order to resolve issues. Today's Youth is educated, they have tendency to create awareness and to raise voice for the upbringing change. They can have greater impact in upbringing change because of strategical thinking, creativity and innovation skills that help us

to refresh current status of the society. These powerful qualities of them must be utilized positively. It is important for the Youth to know when and how to interact, to influence change in society. Laziness and idleness are roots of all evils, They never bring any change and development. Nothing is of greater importance than the right, early instruction to them.

Youth is considered to be voice of the nation. Different opportunities for them should be adopted by the nation to make them career oriented. They are the future of the nation and represent the very best in them. We cannot always build nation but, we can always build our youth for the future.

Written by : Diya Rautela

XI D



Anatomy of Crosswords

What is a crossword puzzle?

A Crossword is a popular form of word puzzle that usually takes the form of a square or a rectangular grid of white and black shaded squares. The goal is to fill the white squares with alphabets, forming words or phrases that cross each other, by solving clues which lead to the answers. In languages that are written left-to-right, the answer words and phrases are placed in the grid from left to right ("across").

When did crossword puzzle start?

By 1923, crosswords were being published in most of the leading American newspapers, and the craze soon reached England. Soon almost all daily newspapers in the United States and Great Britain had a crossword feature of some kind. The Sunday Times of London ran perhaps the best-known puzzle.

Which newspapers have crossword puzzles?

Today almost all newspapers published have a crossword puzzle.

What is a crossword solver called?

cru·ci·ver·bal: a person skillful in creating or solving crossword puzzles.

What are the different types of crossword puzzles?

Two of the common ones are barred crosswords, which use bold lines between squares (instead of shaded squares) to separate answers, and circular designs, with answers entered either radially or in concentric circles. "Free form" crosswords ("criss-cross" puzzles), which have simple, asymmetric designs,...

Who wrote or created the first crossword?

The first crossword was published in the 'Fun' page of The New York World on 21 December 1913. It was invented by British Journalist Arthur Wynne, who immigrated to the United States in the 1890s.

Crossword puzzles are great brain exercises that can also be very enjoyable if you can get passed the initial learning curve. Crosswords date back to the early 20th century and have only grown in popularity. By solving each clue on the puzzle by finding the word the clue is pointing to, indirectly contributes to your vocabulary enhancement, this mental exercise also side by side enhancing verbal skills as well.

There are many benefits of crossword puzzles, including improving one's mood, memory and mental health. Better yet, you don't have to complete a puzzle every day – though there's also nothing holding you back from doing so. Regularly working on crosswords even just once a week, can positively impact your health in several ways.

Compiled by : Triguna Das

XI D

The Importance of Skill Development for Career Success

One of the most valuable assets one can learn, develop, and invest in is skill. A talent that is not specific to a subject or profession is referred to as a skill. Any kind of talent is possible, for example, public speaking, writing, creating content, cuisine, finance, computers, and so forth. Today, the field of skill improvement has seen tremendous growth. It is believed that skill predominates over academic degrees. Nowadays, skillsets rather than educational credentials are used to determine who gets recruited. If a person is skilled in anything, they won't need to look for work because they already have an entire hiring and job-creating plant inside of them.

One of the most promising fields for the foreseeable future is programming and freelancing skills. Experts urge students to pick up a few skills while they're in high school or college. Even though his academic interests don't seem to be related to the IT sector, he should nonetheless begin learning programming because everything will eventually be digitalized and only those who are well-versed in both their field of study and computers will likely survive in the coming years. The process of improving one's skills can be started by learning how to use a computer and perform simple chores like typing and data entry before moving on to more advanced jobs like Data Structures, etc.

By taking these modest measures, you may be able to gain employment with Microsoft, Infosys, Google, and other market giants. Some people have the opinion that one should always have a nice configuration of gadgets, a well-connected network of systems and people, and a formal office setting, but it is in no way like this. A broad mind is what you need most because only those who think can affect others.

Because the computer industry is one of the ones that are growing the fastest, I place greater emphasis on it. Virtual laboratories and virtual systems may be seen; everything is becoming digital. If you still do not understand how important it is to be computer literate, perhaps you are to blame.

People did not have access to enough tools or materials in the past for learning, but this is absolutely not the case today. There are countless

websites, applications, and books with millions of resources that are both free and paid, but only the curious can find these things because they first operate as distractions before becoming useful resources. In most situations, today's free resources offer content that is on par with that of premium ones. The cost of books, courses, and videos is no longer necessary. They're incredibly simple for us to get to. Even though we constantly have access to smartphones and laptops, we frequently favour viewing web series and films above learning new things.

Many people desire a luxurious lifestyle, yet they are not willing to invest time in acquiring financial skills. Such skills have the potential to transform an individual into a multi-millionaire or even a billionaire. As you increase your investment, the rate of return also increases. Investment involves not only money but also the investment of one's time and energy. It is a misconception that people become millionaires overnight due to luck. Success often comes after a long period of hard work, learning from one's mistakes, and persevering despite societal pressures. The path to financial success is not easy, and it involves going through challenging times. However, this is the time to work hard and utilize every opportunity to learn something new.

Learning is an essential attribute of human beings, and it should be embraced in every aspect of life. It is crucial to learn from all sources, including financially unstable individuals, millionaires, and billionaires, to upgrade one's skillset continually. By doing so, one can become a financial giant and stand out from the competition. Therefore, individuals should strive to invest their time and energy in learning new skills to achieve financial success.

Written By: Hassan Suhail

VIII A



A verse of Sanatan Mythology

In Vishnupurana, there is an inspiring and notable person named Bharata popularly known as Jada Bharat. Jad is a title given to him due to his calm and insane nature which means inert or one who doesn't acknowledge worldly affairs

Bharata (jada) was eldest son of Rishabhdev. After ruling for many years in old age he left his kingdom, queens and other things and went to forest. He built a little cottage with his own hands near a river in the Himalayan Forest and lived on roots and wild herbs.

One day, a mother deer came to drink water nearby where Bharata was meditating. At the same moment, a lion roared at a little distance off. The deer was so terrified that she, without satisfying her thirst, made a big jump to cross the river. This extreme exertion and sudden fright made her give birth to a little fawn, thereafter she fell dead. The fawn fell into the water and was flowing rapidly. He got up and rescued the fawn.

Then the kind hearted took the fawn under his protection. By the time, the king who broke away attachment, got attached with the deer. His mind deviated from meditation. Some years passed in this way and one day the king died. But at the time of death, his mind was thinking about the deer. As the result of this, in the next birth he was born as a deer. But This deer was a born Jatismara, one who remembers his past birth, though he was bereft of speech and was living in an animal body. He was instinctively drawn to graze near hermitages where oblations were offered.

After the usual years of a deer's life had been spent, he died and was next born as the youngest son of a rich Brahmin. And in that life also, he remembered all his past, and even in his childhood was determined no more to get entangled in the good and evil of life. The child, as it grew up, was strong and healthy, but would not speak a word, and lived as one inert and insane, for fear of getting mixed up with worldly affairs. His thoughts were always on the Infinite, and he lived only to wear out his past Prarabdha Karma. In course of time the father died, and the sons divided the property among themselves; and thinking that the youngest was a dumb, good-for-nothing man, they seized his share.

One day, the king of the country was passing by, carried in a palanquin on the shoulders of bearers. He was going to Kapil muni's hermitage to take insight of true principles of spiritual philosophy.

One of the bearers had unexpectedly fallen ill, and so his attendants were looking about for a man to replace him. They came upon Bharata seated under a tree; and seeing he was a strong young man, they asked him if he would take the place of the sick man in bearing the king's palanquin. But Bharata did not reply. Seeing that he was so able-bodied, the king's servants caught hold of him and placed the pole on his shoulders. Bharata was jumping to save the ants and worms as he was viewing shri vishnu in them. When Bharata jumped, head of the king hit with the upper rod of palanquin. The king remarked that the palanquin was not being evenly carried. Again, king's head hit the rod of palanquin. King got infuriated. He said, he is king of Rahugan and will punish him. He looked the palanquin and addressed the new bearer, saying "Fool, rest a while; if his shoulders are paining".he was not under any obligation of the king yet the king because of his high ego inclined to thrash him. For Bharata, his insult was not important. He thought, the king is going for spiritual knowledge. If he goes with ego, Kapil muni would not give him the knowledge. Then Bharata laying the pole of the palanquin down opened his lips and spoke, whether he called fool to the body, which knows no pain or the Self, which is universal consciousness. This body is like dead person. Body and jivatma are different. He explained the nature of the soul, and on the highest knowledge, etc. He said, jivatma is witness of manas (man). Jivatma is present in all living beings; hence all are same, whether king or assistant. O King, only almighty is true. Bharata said, pleasure and pain are felt by body and not by him. Body gets power from manas, manas gets power from buddhi and buddhi gets power from jivatma. Hence, feelings of body would not impact him. O King, he was jumping as this body did not want – to trample upon the poor worms crawling on the road, and therefore, in trying to avoid them, the palanquin moved unevenly. He gave him the experience of atmadgyan (Getting enlightened with Supreme Knowledge). The king, who was proud of his learning, knowledge, and philosophy, alighted from the palanquin, and fell at the feet of Bharata and begged his pardon saying, he did not know that he was a sage. Bharata forgave the king, blessed him and departed. He then resumed the even tenor of his previous life. When Bharata left the body, he was freed forever from the bondage of birth.

Compiled by: Pawan Bhatt

XII D

The Endless Pulse: Propelling Life's Wonders

There's kinetic and potential, then heat and light,
Sound waves and electricity, energy's so bright,
Nuclear and chemical, so much we can create,
Energy all around us, we can't escape.
Kinetic energy is movement in motion,
Potential's stored, waiting for a promotion,
Heat is the transfer of thermal energy,
Light can be absorbed, reflected, and refracted;
you'll see.

There's kinetic and potential, then heat and light,
Sound waves and electricity, energy's so bright,
Nuclear and chemical, so much we can create,
Energy all around us, we can't escape.

Sound waves are vibrations that travel through air,
Electricity is the flow of charged particles, we're
aware,

Nuclear energy comes from splitting or joining
atoms,

Chemical reactions release energy, it's no problem.

There's kinetic and potential, then heat and light,
Sound waves and electricity, energy's so bright,
Nuclear and chemical, so much we can create,
Energy all around us, we can't escape.

Energy is all around us, in every single thing,
It powers our homes, our cars, and everything.

There's kinetic and potential, then heat and light,
Sound waves and electricity, energy's so bright,
Nuclear and chemical, so much we can create,
Energy all around us, we can't escape.

Energy is a force that drives us all,
It's important to use it wisely, big or small,
With renewable sources and efficient ways,
We can ensure energy is around for many more
days.

Written by: Huzaifa Suhail

XII D

When My Eyes Met Despair

I saw that person last year. Around that time I was going through some problems myself but, the dread I felt on that moment made my blood run cold. If I'm not wrong it was Sunday that day, I and my family went to some grocery shop to buy some, you guessed it, groceries. It was as normal as it could have been, I had already gone to that shop several times. I knew the road and the area all too well but I was still looking to the footpath and the shops just because I had nothing better to do.....And that was when I saw a person in black kurta sitting on the footpath, and for those few seconds I saw him feeling hopeless. He was looking downwards so I, couldn't see his face but, the aura he produced was miserable. You can definitely make an argument that "Oh, he must have been some random guy you're overreacting" and you could be right but my gut feelings tells me that something had happened to that person, something that I wouldn't wish to know. And you know the worst part? Nobody on the road cared. Everybody was too busy of themselves that caring about someone who could very well be homeless would have been pretty low on their priority list. What terrifies me though is the fact that every group of people I see could have a person just like him, so short on hope but full of misery.

Written by : Digvijay Singh Adhikari

VII A

Amazing Facts

- According to the French heritage law, the Mona Lisa cannot be bought or sold. It belongs to the people of France
- Only two Indian army officers have been conferred the rank of Field Marshal-Sam Manekshaw in 1973 and KM Carriappa in 1986.
- The Hawa Mahal is the world's tallest building without a foundation.
- Before its inauguration Burj Khalifa was called Burj Dubai.
- Dubai is the world's first government to turn 100% paperless.

Compiled by : Hardik Bhatt

IV C



I Choose To Live By My Choice...

I Choose...
To live by my choice,
Not by chance ;
To be motivated,
Not manipulated ;
To be useful,
Not used ;
To make changes,
Not excuses ;
To excel,
And not compete...
I Choose Self-Esteem.
I Choose to Listen to My Inner Voice.
I Choose Self Love.

Written by: Aashka Kabdwal
XII B

Importance of Education

Education is a powerful weapon that aids an individual to face the adversities of life and overcome societal stigmas such as poverty, fear status to achieve success. Education is the hope of development and success for the world countries and the world's dominion. Mandatory Education builds a scope of better growth and development.

Written by :Ishant Tripathi
VI A

Why suicide?

I thought,
That a thought of homicide is,
When a person is full of feebleness,
But the assumptions stated inexact,
My opinions utter wrong.
The thought arose,
When you are no more,
The change they want,
The feel you hide,
Is suicide.
A body with no emotions,
'cause they changed you,
for the sake of,
their smiles.
You were hurt, but still your mouth was stuck,
Is suicide.
Happy souls had ever thought. Why suicide?
They just state, a person with no bravery
would suicide.
But,
Breathe in, and tell them, just live,
Why suicide?

Written by : Yashasvi Joshi
X C

Daddy

Daddy dear, a treasure so rare,
With a heart that's gentle, loving and fair.
Your presence lights up every day,
In your embrace, I find my way.
Your love, a beacon in my life,
With you, my heart finds endless strife.
Your laughter, a melody so sweet,
Makes my world feel complete.
You've taught me to be strong and bold,
To never shy away from challenges untold.
Your guidance, unwavering and true,
Has shaped me into someone new.
From scraped knees to broken hearts,
You've healed my wounds and played your part.
Your hugs, a shelter from life's storm,
In your embrace, I feel safe and warm.
So, on this day, I celebrate you,
My beloved Father, my hero so true.
Forever grateful, forever blessed,
For your love, I'm truly impressed.



Written by: Aadvika Sharma
I B

Life and Death

Strength is life,
Weakness is death.
Expansion is life,
Contraction is death.
Love is life,
Hatred is death.

Written by: Shreyash Kathatyat
VI A

"Dear Teacher, I Miss You"

Dear Teacher, oh so dear,
My heart is filled with longing and fear.
For the days we spent in your classroom,
Are now just memories, lost in gloom.
Your voice, a melody in my ears,
Your guidance, calming all my fears.
Your smile, a beacon of warmth and light,
Made my world so pure and bright.
I miss your lessons, filled with joy,
Your patience, never-ending like a toy.
Your wisdom, a treasure to behold,
In your presence, I felt so bold.
You nurtured my mind, my heart, my soul,
You made learning a beautiful goal.
You believed in me, even when I doubted,
With your encouragement, I flourished and sprouted.
But now, we're apart, and I feel the void,
Your absence, a loss I can't avoid.
I miss your stories, your laughter, your care,
Your presence, a treasure beyond compare.
Though we may be apart for now,
In my heart, you'll always be somehow,
As a teacher, a mentor, a guiding light,
Guiding me towards success so bright.
Dear teacher, I miss you so,
Want you to always know,
You've left an indelible mark in my heart,
A bond that time will never part.

Written by: Aadvika Sharma

I B

SUCCESS

Success is a game
Hardwork is its name
Whoever plays it
Earns name and fame
Success is possible with concentration and determination
Success will be yours
If you work hard of course!
Inspiration and determination
Should be your driving force.
Only then will success
Come knocking at your door.
Success replies,
" If you are wise
And not ready to compromise
If you want to reach your goal
Work hard with your heart and soul."

Written by: Isha Gupta
VII C

Precepts of a Zoo

What you say and do
Be careful at ZOO.
Don't run,
Don't make fun.
Don't laugh,
Don't go too close for a photograph.
Treat animal right and sshhh... quiet.
You will see animals in rage,
In the cage.
As they want to be free,
Just like you and me
Throw the waste in the Bin
Keep it clean and green.

Written by: Gaurav Singh Mehra

I A

Mental Health and It's Importance

"Your Mental Health is everything - Prioritize it."

Mental Health refers to the complete state of one's behaviour be it emotionally, psychologically and socially. It all affects the way we think and act. A good Mental Health enables a person to live his/ her life with full vitality and helps him/her cope with stress and illness. A person who is mentally fit feels active and is a productive member of the society, he/she always tends to look up to the positive aspect of every problem thus, is mentally strong. There may be numerous reasons that can be seen affecting the mental health be it workload, any trauma, severe or chronic stress, loneliness, any bad memory etc.

A poor Mental Health affects one's body and mind adversely, it breaks our thought process, brings anxiety and mental disorders that manipulate normal thinking capability of a person but this doesn't reflect that poor mental health cannot be treated. The symptoms like sleeping problems, emotional fluctuations, gloomy/worrying thoughts etc., should be taken into consideration and should be shared to the ones we are comfortable with, if not helpful should consult a doctor so that proper treatment could be done.

Poor Mental Health should not be ignored and most importantly should not be considered as a Taboo because we live in a society where people judge first then help or guide. It is not something abnormal neither something we should be ashamed to share. Let us all spread the idea of taking the problem normally and help people around to cure it.

Written by : Diya Rajwar
XI B

Thought

Be that kind of sun who shines alone.
Not that kind of moon who needs someone
back to shine.....

Contributed by: Niharika Rana
X C

IMPORTANCE OF SLEEP



When you sleep it means your body is resting as well as your brain. Proper sleeping pattern is as important as doing exercises. Today, in this competitive world, a person is so busy, that he or she may sleep for 4-5 hours or may be continuously working for a day or two. And social media makes the situation worse. Many of you would have a habit of watching instagram, facebook or searching something before going to sleep and even waking up in between and surfing the internet.

These habits disturb our sleeping pattern and changes in sleeping pattern could cause increase in heart attacks by 9% and several other disorders like hypertension, obesity, type-2 diabetes, arrhythmia (a condition in which the heart beats with an irregular abnormal rhythm), mood disorders and even loneliness.

Many times sleeping is considered to be related to laziness. For example, a person who works till 1 pm and wakes up at 5 am is considered to be hardworking as compared to someone who sleeps at 10 pm and wakes up at 3 am. Lack of sleep can generate many diseases in our body. Drinking tea or coffee just before going to sleep could be a reason of lack of sleep. Another reason is watching any electronic device (TV, phone, computer) before going to sleep as it disturbs our mind and can cause damage to our eyes.

Not only lack of sleep but also excess sleep could cause diseases like high blood pressure.

So, to create awareness among people about correct duration of sleep WHO (which also celebrates World Sleep Day) did a research and said that a person between 0-1 years should sleep 16-20 hours a day, 1-5 years should sleep 12-16 hours, 3 to 9 years 10-12 hours, 9 to 12 years 8-9 hours, 12 to 18 years 7-8 hours and 18 above should sleep 6-7 hours approximately.

So one should manage time accordingly for sleep too because it is also an important aspect of our life.

Written by: Saumya Upadhyay
VIII A

Teenager Life

Oh my sweet child!! Soon it will be your teenage life.

Hormones will be growing at peak my child.
Everyone be ruining your life but you have to build up high.

No matter how much hard it is, just take it as your life.

Don't you ever think here comes the ending,
Because it's just a start up, and a very long journey of financing.

So don't panic, remember it's just your starting

Try to have some basic control,

With a perfect mindset and only your goal.

Having a distraction does nothing but,

Spoils your future and your basic control.

So my child with brightest sight

Work on yourself to shine high

Make your parents feel proud

With some jealous people, standing just at your down.

Written by: Niharika Rana

X C



NATURE

"Nature" is what we see

"Nature" is what we see

The Hill- the Afternoon

Squirrel-eclipse- the Bumble bee

Nay- Nature is Heaven

Nature is what we hear

The Bobolink- the Sea

Thunder - the Cricket

Nay- Nature is Harmony

Nature is what we know

Yet have no art to say

So important our wisdom is

To her simplicity.



Written by : Avni

V A

Inspiration School , Kathgodam

Inspiration Public School, Kathgodam. It is the name
Which has earned a great fame.

The teachers come

with a lot of name

The school runs dot on time

Hindi , English , Maths , Science

Sanskrit , Gk , Social Science

Small children learn nursery rhymes

Badminton , cricket, football

Children love to play them all

Music is a part of life

children love singing alike

Always waiting for the period to come

And ready to play harmonium, tabla and drum.

Written by: Divyanka Balutia

VII B

DUPERY

Dupery is a rust

Which breaks the trust

Which can't be reclaimed

This is a dummy game

That is very lame

It makes up everything a mess, makes people stress

Dupery is a fake jewellery which shines very less

It can break someone totally

If you are in web of Dupery

You are lost thoroughly

Written by: Tamanna Bhatt

VII B



Future created for us by IT

IMPACT OF SOCIAL MEDIA ON YOUTH

Social media has become the most important part of the teen life. Social media allows teens to create social networks with people all around the world. It is a platform where teens can experience and experiment new things. It can also negatively affect teens. There are many risks involved for teens who use social media.

It can be helpful for teens but it does have some negative aspects like distracting them, disturbing their sleep, peer pressure and unhealthy lifestyle. As teenagers are immature they can become the victims of cybercrime and cyberbullying. Due to this a lot of teens fall into depression and anxieties and cannot focus on the other perceptive of life. There are even chances that people might misuse sensitive information. It not only affects our social well-being but also our mental health. Not only this but social media affects the teenager in focusing on his/her studies and this creates a situation of mental imbalance in his/her minds.

A research shows the time when social media was launched, it was done because of work purposes but now it has become an activity of entertainment and it is widely spread among youngsters.

To prevent the unusual use of social media we can take up some measures to ensure the limited use of it like setting reasonable time limits, talk about social media and monitor your teen's account. It can be seen from above that,

"Social media's advantages outweigh its disadvantages."

Written By: Bhumika Purohit

X B

Information technology (IT) encompasses various fields, including artificial intelligence (AI), computers, and robotics. AI is the simulation of human intelligence in machines, enabling them to learn from experience, adjust to new inputs, and perform human-like tasks. Computers, on the other hand, are electronic devices that process data and perform calculations at an incredibly fast speed, making them an essential tool in modern life. Lastly, robots are machines designed to perform various tasks autonomously, from manufacturing to healthcare and even space exploration.

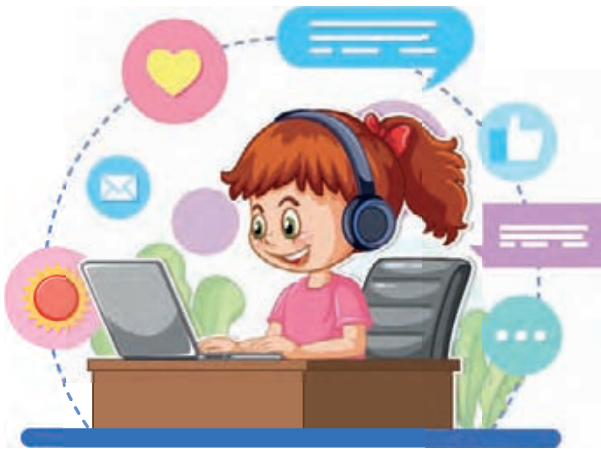
The scope of the IT sector is vast, and the advancements in AI, computers, and robotics are driving its growth. AI is revolutionizing industries like healthcare, finance, and transportation, enabling predictive maintenance, personalized medicine, and self-driving cars. Computers are becoming more powerful, allowing for more complex calculations and simulations, while also becoming more compact and energy-efficient. Robotics is enabling automation in various industries, from manufacturing to agriculture, reducing labor costs, increasing productivity, and improving safety.

As students, we need to stay informed and keep up with the latest developments in AI, computers, and robotics. By learning about these technologies, we can prepare ourselves for the future job market and contribute to the growth of the IT sector. We can also explore how these technologies can be used to solve real-world problems, from climate change to social inequality.

In conclusion, AI, computers, and robotics are crucial components of the IT sector, and their advancements are transforming the world we live in. As students, we should embrace these technologies, learn about their potential and limitations, and use them to create a better future for ourselves and the world around us.

Written by: Haroon Joshi

X A



Online Class

Education is the basic foundation of our life. Every citizen should get quality education. It's also their fundamental right and need. Due to revolutionary changes in the field of education after independence, the nature of education has changed from traditional to modern. At present education means online education which is becoming very popular.

Through online education, the teachers sitting far away are teaching children through the internet with the help of online platforms such as apps, Skype, Zoom, You Tube etc. Children can sit and listen independently to their teacher through a mobile, laptop or computer.

Online education provides the convenience of reading from home and saves both time and money together. There are many ways by which teachers and students can share any file, PDF with each other in a very easy way. Even classes related to any subject such as cooking, crafting, drawing, painting, history, political, geography, the current issues etc. Almost every subject is being given online.

The online education system is a popular trend of today's era. Just as every object has two aspects. It is same in the process of online classes, on one hand, it has immense benefits and at the same time, it has many adverse side effects which we cannot ignore. The importance of online education has greatly increased in the corona period. Students are although getting education through online classes, but for online classes they must have a computer or smartphone and a proper internet connection.

Written by: Harshit Waldia
Class: VII C

Heresy

An opportunity is right in front of me
But the act is too risky
Will I leave everything behind to grow?
Or will I stay and say No?

The choices make me wonder
"Which one is right?"
I want to ask someone
But the profit is not insight

As in the end I don't want to cry
And feel like the choice wasn't mine.
If I fail the game I won't regret it
Won't feel like the choice wasn't mine to begin with.

Written by: Prachi Dangi
XI A

TAPESTRY OF LIFE

In the tapestry of life, we weave
A vibrant mosaic,
Moments conceive.
Each thread a story, unique and bright,
A symphony of colors
Dancing in light.
With each twisted turn, it
Finds its way,
Navigating challenges.
what may.
A masterpiece in progress,
Ever evolving,
With chapters written
Problems dissolving
Nurtured with love and
Watered by tears,
Blossoms of resilience
Conquer all fears.
For in this dance of joy and strife,
We create our own unique story of life.

Written by- Chirayu Suntha
Class: XI B

Souls Peak

Your soul lives in the pockets
Of every cell in your body
In your skin ,your organs,
The interweavings between
Your tissues and your muscles
In your blood stream,
Travelling through your veins,
It lives outside us
All we are here to do is listen
Surrounding us as our aura
Of rainbow; prismatic life
Every time we feel lost,
We must remember we can
Go there inside.
Living inside out,
Is how we are meant

Written by: Kunwar Abhinav
VII A

Unknown Facts That You Need to Know



- Hot water will turn into ice faster than cold water.
- The strongest muscle in the body is the tongue.
- It is impossible to lick your elbow.
- "Rhythm" is the longest English word without vowel.
- All polar bears are left-handed.
- Frog is an animal which has lungs as well as gills.
- Like fingerprints, everyone's tongue print is different

Compiled by : Ustat Kaur
V A

GETTING REAL IN A FAKE WORLD

Nobody wants to be lonely. Everybody wants to belong to a group. The crowd is essential for the false self to exist .Don't die before realizing your authentic self.

Authenticity,Courage,Vulnerability. We hear these words so often they've become a part of our everyday language. As a child, I learned the skill of living boldly and sticking my foot into a person's door so they listen to what I have to say.

Life is full of fake people but before you decide to judge them, make sure you're not one of them. Maybe you are imperfect, maybe you are not good at study or sports but rather than faking you should have that much of courage that you should be what you are. This world is full of fake people who will judge you for nothing knowing that they are faking things.

In our life we met lots of people some were fake and some real. Maybe the real ones were not as good as fake ones but they are what they show. Some just also fake themselves to be with you for their benefits. So, just try to find out now who is fake with you and who is real.

"I prefer to surround myself with people who reveal their imperfections, rather than people who fake their perfections."

Written by: Siddhi Sijwali
X C





LIFE

Life is a continuous ongoing process that has to end some day. Life is all about adoring yourself, creating yourself. A quote for you that "life can be only understood backwards but it must be lived forward. "Life itself is a golden opportunity to live a meaningful life and support others to do so. It doesn't matter how many years you live but, it matters how you live a quality life. It is a journey in everyone's life wherein we have to cross the bridge of death to be able to wake up to a life eternal.

HUMAN LIFE - A VERY PRECIOUS GIFT

Human life is truly a very precious gift .Life gives us both positive and negative situations. What is really important is how we react. No one is born like you and no one will even be, so cherish your individuality.

LIFE IS A JOURNEY, NOT A DESTINATION

Life is nothing but a journey with lessons, hardships ,heartache and special moments. It will ultimately lead us to our destination, our purpose in life. In order to be on the right path, we must overcome these obstacles. Everyone has a purpose, and that purpose is simply to live a happy, fulfilled existence. If you are unsure of what your purpose is, don't worry. The worst thing you could do, is get yourself worried that you have not found it yet or something like 'I have no purpose in life.' It is not essential for you have a great, big, grand purpose. What is essential is that you commit to work on yourself every single day. So question yourself , 'WHO AM I? WHAT IS THE PURPOSE OF MY LIFE?'

CONCLUSION:- Lastly, I will say that we should make life worthwhile. It should be with the love of our family and friends that life can be made beautiful.

Written by : Bhavesh Palariya
IX A

THE MOON

The moon ,my secret keeper
Who is never a Beeper.
Black spots in it enhance its beauty
And watching it is my Duty
I am a Selenophile
Because it's enormous smile always makes my
eyes scintillate.
Gazing at it reduces my stress
And makes me fresh.
It's trickery mysteries
Always give me queries.

Written by: Tamanna Bhatt
VII B

Soul



And suddenly, out of nowhere I
turn my head upside down
How I am capable of missing a
body, the presence of whom my eyes,
my ears never actually sensed?
How come I remember a soul that
nev er existed in my world with
me?
Did they all die with my
dream?

Maybe they all are living their lives in their own
lives.

Or maybe they sometimes wonder too,
Who exactly was that wired boy?
Maybe I'm also living my life in a dream
Waiting for the soul to destroy every emotion
They created unknowingly.
Is my life just another dreamy fantasy of
Some other person, who's life is also just another
dreamy fantasy of some other person? Maybe,
that's all my soul is about.

Written by : Sankalp Agnihotri
X A

GOOD BOOKS



Good books are friendly things to own. If you are busy they will wait. They will not call you on the phone or wake you up if the hour is late. They stand together row by row upon the low shelf on the high. But if you are lonesome this you know. The fellowship of books is real. They are never noisy when you are still. They won't disturb you at your meal. They will comfort you when you are ill. The lonesome hours they will always share when

slighted, they will not complain and though for them you have ceased to care your constant friends they will still remain. Good books will never see your faults or talk about them round the town if you would have their company. You merely have to take them down. They will help you pass the time away. They will council you if you need. One has true friends for night and day who has some good books to read.....

Written by: Zoha Rehan Qureshi
VIII C

Would We Pursue An Ideology or a Philosophy?

As human race is constantly adapting to the changes in their environment and surroundings, there is a need to answer a crucial question if we should pursue an ideology or a philosophy. But what are they and are they interlinked? Where one philosophy explores into the truths of life and creation, ideology deals with beliefs and faith of a certain social institution. Like many ideologies such as Marxism communism had a great impact on the society and not everyone (except the ones getting favour) wherein favour of these ideologies create huge differences among people and alteration in their way of living were major effects and on the other hand philosophy works on facts and how one should live an aim at understanding nature of universe. But then we cannot entirely come to the fact that ideologies create differences and have no benefit for the future. Democracy being an ideology has brought a significant change in politics all over the world that had adopted it and so did the theory of Karl Marx. But then the philosophy given by Charles Darwin about 'Social Darwinism' that is the survival of the fittest, changed the living way of all organisms in order for living. So, should we pursue an ideology or a philosophy?

Written By: Varnika Joshi
X C

Cloud

White lighting with a clear blue sky.
Poor people with their said sight,
A cotton coming up with a white dye.
Oh! They have started glowing up as a cracking light.
Hey! What I found, a cotton with a black dye.
Which was roaring very much high.
People are dancing with a hope in their eye.
But those sweet pets were laughing very quiet.

Oh wow God. Those black dyes are falling down.
And many people went off to their house.
Many soils came up with a dye brown.
Wow! And their fragrances spread all over my town.
It came up with the best day out
With many happy faces wearing crown.
SHESHE.....!!! It's freezing out
Now it's time for me to be underground.

Written by: Niharika Rana
X C



Dr Bhimrao Ramji Ambedker - A Significant Personality

Dr. Bhimrao Ramji Ambedker, also known as Babasaheb Ambedker, was a significant personality in Indian History. He worked against social discrimination in India and fought for the emancipation of Dalit community.

He holds a very significant role in building the constitution of India. He was the chairman of drafting committee to prepare the constitution of India. He was awarded Bharat Ratna award in 1990.

In honour of his contributions to the country, his birthday, April 14 is annually observed as Ambedker Jayanti.

Compiled by: Aditya
VIC

“Inside Earth, Outside Earth”

Inside Earth, a mother's heart beats slow and deep
Layers upon layers of rock and heat, secrets to keep
But outside Earth, a different world unfurls
A tapestry of stars and galaxies, endless swirls
Inside Earth, a world of darkness and fire
Where pressures mount and elements conspire
But outside Earth, a light show fills the sky
A dance of auroras, dazzling to the eye
Inside Earth, a cradle for life to grow
A place of wonder, both beautiful and slow
But outside Earth, a realm of endless possibility
A canvas for the universe's creativity
Together, Inside Earth and Outside Earth
A duality of wonder and worth
A reminder of the vastness and diversity
Of this beautiful, mysterious, cosmic reality.

Contributed by : Haroon Joshi
X A

The Power of Reading

"Reading can do what none could do, becoming the turning point of anyone's life taking the person towards Success"

As the Above Quote Suggests, Reading has the Actual Power which can make you do anything. It can become the Turning point of anyone's Life and can even take one to Success.

I personally have 7 Mantras made by me that can Improve your Life! So, let's Begin with the Mantras:

Mantra 1:

"Reading is something not taught by anyone to do, but can travel you to success if you yourself make it your Hobby"

Meaning of the Mantra:

The above mantra teaches you that no one will tell you to read books, but if you make reading your hobby, it can take you to the heights of Success, because reading is one of those habits which give you Knowledge and Learning from books of different topics.

Mantra 2:

"Read what can bring you Success, not the ones entertaining you & not taking you to success"

Meaning of the Mantra:

The above mantra teaches you that you should read books that can take you to Success, which can help you in Achieving your Dream. Don't read those which entertain you, read the entertaining ones when you get Success. Also, I am not forcing to not read the Entertaining ones. It is True Advice from me.

Mantra 3:

"If you read, you Learn & if you have Learnt then apply what you learnt to make a path for Success"

Meaning of the Mantra:

The above mantra teaches you that using the RLA method helps you make a path to Success. If you read Books, you understand the expressions & then you learn something from them, & if you have learnt something. Then you should apply them in your real, day-to-day life, but the good Learnings only.

RLA method stands for R- Read, L- Learn, & A-

Apply. Mantra 4:

"Reading can do what none could do, giving you the knowledge, you were Lacking"

Meaning of the Mantra:

The above mantra teaches you that, reading books,

as a hobby can do much more than what you think, it can give you the knowledge you were not having. So read more to get Success.

Mantra 5:

"If you have Faith in Reading, then Success is just a Few Books away"

Meaning of the Mantra:

The above mantra is very Powerful. If you have faith in reading, you will surely achieve success, if not today or tomorrow or a year later but, definitely will. So, have faith in reading. Read 5 books or 5000 books, Success is Guaranteed to come.

Mantra 6:

"Read as much as you can and follow the following six Success Formulae to Achieve Success" Meaning of the Mantra:

The above mantra is the mantra to achieve Success by reading. First, you have to read as much as you can and then follow the six Success Formulae which are to:

- Dream Big
- Work Hard
- Never Lose Hope
- Learn & Grow
- Believe in Yourself and
- Keep Faith Over Fear

Will give you true Success, not immediately but Definitely.

Mantra 7:

"Reading can do what none could do, becoming the turning point of anyone's Life taking the person towards Success"

Meaning of the Mantra:

The above mantra teaches you that, Reading can do what nobody could do without reading, it can become the Turning Point of your or anyone's Life, taking the Person towards Success. So read, make it your hobby & achieve Success.

Written by: Harshit Gautam

IX C



Sam Bahadur: The Gorkha Legend

"If a man says he is not afraid of dying, he is either lying or is a GORKHA".

-Field Marshal S.H.F.J. Manekshaw

Born on April 3, 1914 in Amritsar Punjab. Field Marshal Sam Manekshaw became the Chief of Indian Army Staff in 1969 and under his command, Indian Forces achieved as splendid victory in the Indo Pak War of 1971. Sam Manekshaw is one of the only two Indian Military officers to hold the highest rank of Field Marshall along with FM Gen. K.M. Karriapa. Manekshaw joined the first intake of Indian Military Academy, Dehradun in 1932. He was commissioned into 4th battalion, 12th frontier force regiment. In the World War 2, he was awarded Military Cross by the British Crown. After the partition of India in 1947, he was reassigned to 8th Gorkha Rifles. Manekshaw succeeded in planning role during 1947 Indo Pak War and Hyderabad Crisis. He was promoted to the rank of Brigadier while serving at Military Operation Directorate. He took over as the Director of Military Training at Army Headquarters. After completing the higher command course at Imperial Defence College, he was appointed General Officer Commanding of 26th Infantry Division. He also served as the Commandant of the Defence Services Staff College. In 1963, Manekshaw was promoted to the position of Army Commander and took over the western command, transferring in 1964 to the Eastern Command.

Having already commanded troops in the Division Corps and Regional Levels, he became the 8th Chief of the Army Staff in 1969. Under his command Indian Forces conducted victorious campaigns against Pakistan in the Indo Pak War of 1971, which led to the creation of Bangladesh in December 1971. He was awarded the Padma Vibhushan and the Padma Bhushan. In January 1973, Manekshaw was conferred with the rank of Field Marshal, the First Indian Army Officer of independent India to be so honoured. He is also regarded as 'Sam Bahadur'. Both the Chiefs of Defense Staff till now are of Gorkha Rifles.

The recent Mi17-V5 crash saw the tragic demise of three Gorkhas. The CDS General Bipin Rawat, Lt. Col. Harjinder Singh and Havaldar Satpal Rai.

Ayo Gorkhali

Jai Hind, Jai Bharat

**Contributed By:- Avneet Bhatt
VIII B**

The Future Technology LiFi

The LiFi technology was invented by German physicist Prof. Harald Haas in the year 2011. He proposed the LiFi technology that provides data transmission through the beam of light by sending data through a Light Emitting Diode that varies in intensity faster than the human eye can catch. As transmission of data from one place to another is one of major day-to-day activities and sometimes the wireless networks that connect us to the internet are slow. The solution of this problem is the use of LiFi. This technology is based on Visible Light Communication (VLC) system, it uses light for the transmission of data through LED. Light is present everywhere, and there are many bulbs, the only thing is to use LED for data transmission. Light has 10000 times wider bandwidth than radio waves that provides better capacity. Light cannot penetrate the walls, which provides security. LiFi is quite cheap for data transmission. WIFI cannot be used under water but LiFi can be used under water also. By using LiFi technology, every street light anywhere would become free data hotspot. As the intensity and speed of light is very high, and the transmission of data is also high. LiFi works in a simple way. The LED is fitted on one end and on the other end there is a photo detector fitted. When the LED is turned on the photo sensor detects binary 1 and if LED turns off the photo sensor detects binary 0. The bulb activity of ON-OFF which seems invisible, enables the transmission of data using binary codes. This method of using rapid pulses of light to transmit information wirelessly is technically referred as VLC. This technology contains two main components: LiFi Router and LiFi room connected to catch other in the accounts to provide an optical wireless LAN (Local Area Network), and that is done by using LiFi room connector. For external link connection, LiFi router is used. It connects offices and it covers 20m radius with the transmission speed of 100 MBps. LiFi never harms any living beings whereas radio waves affect the human body, birds and plants. LiFi technology is useful in nuclear sector, airlines, etc. LiFi technology provides smart way to manage traffics. It is applicable to GPS usage also.

LiFi technology is more advanced to WIFI in regard to wider bandwidth, quick response time and it is faster than WIFI. Every light can be replaced by LED and can act as data hotspot. As it is cheap it can be easily facilitated, everyone can easily access it easily.



**Contributed By: Avneet Bhatt
VIII B**



SPECTRUM 2023 THE MEGA EVENT





ANOTHER YEAR, ANOTHER ANNUAL DAY CELEBRATION LET'S MAKE IT UNFORGETTABLE

On November 06, 2022 Spectrum (School Annual function) was organized in a grand manner. The Chief Guest was Dr. J. K. Joshi, member NRC, NCTE Govt. of India and Dr. Rambha Joshi who were welcomed by the school authorities Dr. Deepka Balutia, Dr. Geetika Balutia, Mr. Anurag Mathur, Ms. Mamta Taneja.

The programme commenced with lamp lighting by the esteemed guests followed by the cultural programme. The deserving students who brought laurels by getting selected in the competitive exams and being school toppers were felicitated by the chief guest. The school Annual Report was presented interactively by Principal Mr. Anurag Mathur.

Finally, school Chairperson Dr. Geetika Balutia thanked the august assembly.





Salutations to Lord Ganesha who is worshipped by the Gods and the demons for fulfilling their desires and for removing all obstacles. Lord Ganesha is our mentor and protector and Ganesh Vandana is an invocation to Lord Ganesha. He is considered as the God of all beginnings. Obeisance to Thee - Ganesh Vandana was presented with full enthusiasm and zeal being the first programme of the gala evening which left the audience spellbound.

OBEISANCE TO THE GANESH VANDANA



OVER THE RAINBOW LITTLE RED RIDING HOOD

It's a story about a young girl who comes across a cunning wolf on the way to her granny's home. She does not obey her parents and trusts the stranger who misguides her but at the end she and her granny were saved by the hunter.

While enacting the story, the tiny tots experienced moments of curiosity, surprise, fear and joy. They had a roller coaster ride Over the Rainbow.





THE VELVET WEAVERS MUSICAL ENSEMBLE

A wonderful array of Indian and western musical extravaganza was presented by the Velvet Weavers. It comprised of Indian classical, western and traditional folk among singing, beat boxing and playing instruments like keytar, saxophone as well. The rockstars rocked the stage by their Indo - Western fusion and mesmerized the audience by their scintillating performances.



COSMOPOLITAN RAZZLE DAZZLE



Earth is the only known planet, where life not only exist but flourishes. Beyond continent of reality, there are oceans of ideas. There is an amazing fact associated with the continents that All the continents end with the same letter that they start with.



Antarctica, is the land of endless horizon, where 20 million breeding pairs of penguin flourishes amid amazingly abundant icy surroundings.





Moving on to Africa, it is said that Africa is where life begins and it's the home of the world's first great civilization - The Egyptian Civilization which takes us to 3000 BC.

Now let's move to the arid land of the Kangaroos i.e. Australia, the 6th largest country with its dazzling diverse sing along medley of mountains, deserts, reefs, multicultural melting pot cities and of course the breathtaking beaches.





Europe being the 2nd smallest continent with the 3rd largest population is generally defined by the geographers as the western most peninsula of Eurasia. It won't be wrong to call Europe the cradle of art and cultural refinement as it houses over 40 countries.

The North America is the continent of strong nation's leading the economy and technological advancements.

So, the Cosmopolitan Razzle Dazzle glittered the gala event, and the audience was mesmerized by witnessing the wonderful performances based on different continents.



India is incredible in all ways, be it fitness, following religion or our brave legends.



THE CHAUVINIST INDIA





Yoga is essentially a practice for your soul and Omnism is a recognition and respect for all religions and their Gods. It is the belief in a fusion of faiths in harmony.





The greatness of a culture can be found in its festivals. Festivals promote diversity and improve our general well-being.





The Chauvinist India was imbibed with Yoga, Religion along with an array of festivals like Dahi Handi, Durga Pooja, major festivals of Kumaun and our legends like Rani Lakshmi bai, Mangal Pandey and Bhagat Singh which was a treat to watch.



NURTURE NATURE – THE GLOBAL CONCERN





The five elements - Water, Earth, Space, Wind, and Fire together constitute our body. The quality of our life essentially depends on how wonderful these five elements are within us.

Water related to west, is highly connected with healing, cleansing and purification. Earth is connected to north, is fertile and stable. Space is the main element of creation. Wind is the element of east, connected to the soul and the breath of life and Fire connected to south, is a purifying energy connected to strong will, which both creates and destroys.

Humans impact the physical environment in many ways. Over population, pollution, burning fossil fuels, deforestation etc. these changes have triggered climate change, soil erosion, poor air quality etc.

So, let's Nurture the Nature with a global concern to save our mother earth and conserve our environment for a sustainable development.





Annual Sports Meet

"Since Sports reveal the character, as more difficult the victory, the greater the happiness in winning"

From January 20 -21, 2023 IPS organized Annual Sports Meet for classes Nursery - IX. The event commenced with the entry of Mascot 'Panda' followed by the welcome of the school Chairperson Dr. Geetika Balutia who was the Guest of Honour for the event. March Past was led by the school Sports Vice Captain Karan Kamboj who also administered the oath after which the meet was declared 'Open' by the Chairperson.

The opening ceremony included a mesmerizing and colourful drill, presented by students of all houses where they used various props. Among the track and field events, many fun- filled games like Hurdle Race, Soccer Cone Race, 50 m and 100 m races, Balance Race, Tunnel Crossing, clean your Way, Spoon Race, Ball Throw, Ping Pong Race, Ring Race, Three-Legged Race, Mini Javelin throw, Slow Cycle Race, Shot Put, Long Jump, and Tug of war were organized.

Finally, the winners and runners up of all events were felicitated by medals and certificates.



Inter - House Basketball Championship

Inter -House Basketball Championship was organised on November 11, 2022 for class XI-XII.

Among the boy's category, the final match was won by Blue house giving a tough competition to Red house. Among the girls' category, the final match was won by Green house giving a tough competition to Blue house.



Clean your Way

To inculcate the feeling of team work and team spirit, clean your way race was organized for the students of classes I and II. Children learnt how to work in a team and enjoyed the activity to their fullest.





On February 16, 2023, final match of girls' team was played between Yellow and Red house in which Yellow house won by 9 wickets.

The final match of boys' team was played between Green and Blue house in which Blue house won by 5 runs.





INTER - HOUSE VOLLEYBALL CHAMPIONSHIP

Inter-House Volleyball Championship was organised on November 11, 2022 for classes XI and XII. Among boys category, the final match was won by yellow house giving a tough competition to green house. Among girls category, the final match was won by red and yellow house respectively.



Intra -Murals

On August 31, 2022 Intra-Mural finals were organised in the fields of Chess, Carrom and Table Tennis. Watching them play, boosted the morale of students and motivated them to play with full zeal and enthusiasm



Inter House Kho - Kho Tournament

Inter House Kho - Kho Tournament was organized for classes III to VIII at Inspiration Public School on February 04, 2023 for boys and girls respectively.

In the Sub - Junior Category (Class III - V) Red house (girls' team) and Green house (boys team) won the match. In the Junior Category (Class VI - VIII) Yellow house (girls' team) and Blue house (boys team) were declared as the Winners.





Ping Pong Race

On July 14, 2022 Ping Pong Race was organised for classes I and II. All the students participated enthusiastically and thoroughly enjoyed the activity.



SKILL ENHANCEMENT ACTIVITIES

Drug De-Addiction Campaign

A drug de-addiction campaign was organized on December 07, 2022 for the students of class IX-XI, in which the students were educated about the ill effects of drug consumption. The campaign also tried to create awareness among the students about the serious ramifications of drug abuse. Many ideas were discussed with the students to curb drug abuse and remedial measures for the disease that has done much harm to the society. The students were well aware and took a pledge not only to avoid drugs but also to make people aware of them if necessary.

The students also wrote slogans to support the drug de-addiction campaign. The best remedies and slogans were selected to create awareness and were ranked accordingly.



Shri. N.C. Balutia Memorial-Spirit of Entrepreneurship Contest'



Shri. N.C. Balutia Memorial-Spirit of Entrepreneurship Contest' was organised on January 27, 2023 for classes IX and XI.

The session enhanced the confidence level of

students and was able to bring out the best and unique entrepreneurial ideas of the students. The session was a fusion of talent, imagination, creativity and innovation.

The participants had to present their investor pitch for which they were guided by the experts. The contest enhanced the confidence level of students and was able to bring out the best and unique entrepreneurial ideas of the students. The



competition was a fusion of talent, imagination, creativity and innovation. The participants delivered their powerful ideas for the winning title. The students left the audience awestruck as they presented their ideas so immaculately and effortlessly. One could see the future leaders in the participants. Many notable problems and solutions in the form of business ideas were brought to light.



Impromptu Public Speaking Event

Impromptu is the art of speaking on the spot without any prior preparation. Students from class VI- XII participated in Impromptu Public Speaking Contest held on July 19, 2022 in which students were given different situations, words, topics etc. They were also taught techniques effortlessly to be confident and to present their thoughts. They presented their creative and constructive thoughts which made their presentation effective. All the students participated with great enthusiasm and ardour.





Story Writing

Story Writing is the art to express your ideas and thoughts in the form of narration of different events. A Story writing contest for classes VI-XII was conducted in the month of November all over India in which more than 5000 entries were received from 20+ cities all over India. The top 150 stories were selected in which some merit holders were from IPS. The stories showcased the creativity and imaginative skills of students.

Role Play

Role play was organised on August 16, 2022 in which the students of classes I and II played different roles in different real-life scenarios with the help of techniques taught by the trainers. This enhanced their ability to think on their feet. An event was conducted in which the students performed with their skills of enacting and gave wonderful life lessons with it.



Monologue Workshop

A day long workshop on Monologue was organised at Inspiration Public School on August 08, 2022.

The workshop was basically for the Senior wing students, headed by Mr. Raj Shekhar Pant.

The objective of the workshop was to recreate & rebuild the aptitude in English literature among young learners. Mr. Pant who is a prolific writer, film maker, academician & Senior journalist, encouraged the students to know & learn more about the National & International poets & authors, their creations & contributions in literary fields. Mr. Pant explained the difference between a dialogue, a monologue & soliloquy to the students. All in all, it was an interactive session.



A fun filled trip out

"You bring your own weather to a picnic"



A fun filled rejuvenating trip to Ramnagar was organized by the management for the staff of Inspiration on December 24, 2022. Teachers enjoyed the journey by the rounds of Antaksharis and improvised versions of Instagram reels in the bus. The day started with holy visit to Hanuman Dham followed by Manraal Resort, which is well located amongst the greenery of Ramnagar. Delicious breakfast with wide variety of cuisines to choose from was served. The sports department organized many interesting games for all. All teachers got an opportunity to showcase their talents in the form of solo and group dancing, singing, poetry and just by being participative. Teachers won many prizes in the games. After that the whole staff went for sight- seeing and nature walk near River Kosi. The evening was spent by everyone dancing to the tunes of high energy songs. It was a memorable trip for all.

Bidding Adieu Farewell

"If you are brave enough to say Good bye, life will reward you with a new hello"

Inspiration Public School organized a farewell party for the outgoing batch of class XII on February 11, 2023. The programme was initiated with an auspicious lamp lighting ceremony by Chairperson, Dr. Geetika Balutia, Ms. Gaytri Balutia, Principal, Mr. Anurag Mathur and Vice Principal, Ms. Mamta Taneja accompanied by School head boy Ujjawal Arya and School head girl Kanushka Joshi.

It was a beautiful morning, the young ladies glowed in vibrant colored attires and the gentlemen carried themselves smartly in formals.

To showcase the breath taking and mesmerizing outfits of the seniors, Ramp Walk was organised for class XII. A variety of games were played by selective contestants like Musical chair, Musical Rings, Unlock the key, Harmony amid interest, Pinterest, and Puzzle hunt. A Situation reaction test concluded the competition and the titles for Ms. and Mr. Inspiration were decided. An array of wonderful cultural programme including songs and dances was arranged by the students of class XI followed by a motivational song presentation by English teacher Mr. Mukesh Tewari, which was thoroughly enjoyed by the audience.





The Special Titles for class XII were

| | |
|---------------------|----------------|
| Mr. Congenial | Brahmansh Bora |
| Ms. Congenial | Kumari Kiran |
| Mr. Genius | Aryan Kuntal |
| Ms. Genius | Jyoti Bisht |
| Student of the Year | Ujjawal Arya |
| Mr. Inspiration | Deepak Joshi |
| Ms. Inspiration | Kavita Nayal |

The special category awards for class XII were

| | |
|-------------|---|
| Literary | Huzaifa Suhail Adishree Mathur Vartika Joshi |
| Music | Siddhant Joshi |
| Sports | Uday Chauhan Himanshu Kanyal Hitesh Kanyal Kanushka Joshi Daksh Kumar |
| Art & Craft | Sagar Kumar Kashish Chauhan Krishna Priya Palariya |



Most Proactive Students category

Medha Sah, Disha Rawat, Ananya Chaudhary, Ayush Joshi

A farewell can not end without the seniors giving passionate and heart-warming Thanks speeches, so the emotional scholars poured their heart out and spoke about their journey at IPS. Cameras kept flashing till the end since everyone wished to capture these beautiful moments for lifetime.



हिन्दी विभाग



कोशिश कर हल निकलेगा,
आज नहीं तो कल निकलेगा,
अर्जुन के तीर सा सध,
मरुस्थल से भी जल निकलेगा,
मेहनत कर पौधों को,
पानी दें,
बंजर जमीन से भी फल निकलेगा।

प्रिय प्रबुद्ध पाठकों,

हमें बहुत गर्व का अनुभव हो रहा है, कि इंस्पिरेशन पब्लिक स्कूल की वार्षिक पत्रिका 'रिफ्लेक्शन' का एक और अंक प्रकाशित होने जा रहा है जो निश्चित रूप से इंस्पिरेशन के सफल वर्ष के कुछ अविस्मरणीय और अनमोल पलों को प्रकट करेगा। विद्यार्थियों की क्षमताओं, योग्यताओं और उनके अंदर छिपे मौलिक गुणों को उभारने का तथा सब तक पहुँचाने का एक अनोखा प्रयास है— 'रिफ्लेक्शन'। यह पत्रिका विद्यार्थियों की उन्मुक्तता का विकास, उनके एकांत क्षणों की नवीनता तथा उनके जीवंत पलों का चित्रण है। स्कूल पत्रिकाओं के लेखों द्वारा ही तो बच्चे अपनी सोच की अभिव्यक्ति कर पाते हैं। इन्हीं में से आगे चलकर कोई कवि, कोई चिंतक, तो कोई युग प्रवर्तक बन जाएगा, आज के इस भाग दौड़ युक्त आर्थिक युग में मानवीय भावनाओं की ही तो रक्षा करनी है, 'रिफ्लेक्शन' इंस्पिरेशन का एक ऐसा ही एक महान प्रयास है। 'रिफ्लेक्शन' बच्चों की प्रतिभा का क्रमिक विकास है तथा शिक्षकों के उचित मार्ग दर्शन का परिणाम है। अभिभावकों के सहयोग का प्रतिफल है। हमारे स्कूल के प्रबंधक, प्रबंधिका एवं प्रधानाचार्य के सकारात्मक उत्साहवर्धन का संकल्प है। मैं उपर्युक्त सभी का तहे दिल से धन्यवाद करती हूँ, साथ ही उनका भी जो प्रत्यक्ष और अप्रत्यक्ष रूप से इस पत्रिका से जुड़े हैं। आशा ही नहीं पूर्ण विश्वास है कि 'रिफ्लेक्शन' का यह अंक भी प्रत्येक अंक की तरह अपने में नवीनता, विशालता, श्रेष्ठता, विभिन्नता तथा सुधार के साथ आपके समक्ष उपस्थित होगा।

श्रीमती निशा काण्डपाल
पी0जी0टी0 (हिन्दी)



मंजिल तो है दूर, रखना होगा हौसला भरपूर,
राह में कहीं भटक न जाना, होकर लक्ष्य से दूर,
संकल्प करो, उड़ान भरो सफलता एक दिन मिलेगी जरूर।

॥

प्रिय पाठकों,

वर्ष 2022-23 की विद्यालय पत्रिका प्रस्तुत करते हुए, मुझे अत्यंत खुशी का अनुभव हो रहा है। 'रिफ्लेक्शन' हमारे बीते हुए कल की यादें तथा हमारे सामाजिक विचारों का सहेजा हुआ रूप है।

रिफ्लेक्शन छात्रों के सृजनात्मक, स्वकृत रचना को प्रस्तुत करता है जिसके माध्यम से विद्यार्थियों को अपनी उभरती हुई सोच सामने रखने का अवसर मिलता है व उनमें आत्म विश्वास का संचार होता है।

हिंदी विभाग का संपादक बनना मेरे लिए सपने से कम नहीं था। मैं अपने शिक्षकों का आभार व्यक्त करती हूँ, जिनके अटूट विश्वास के कारण मैं यह पद हासिल कर पाई। इस क्षेत्र में अपना छोटा-सा योगदान देने पर मुझे अत्यंत गर्व है। मैं पत्रिका को सफल बनाने में सहयोग देने वाले सभी छात्रों एवं शिक्षकों का तहे दिल से धन्यवाद करती हूँ जिनकी मेहनत व निरंतर प्रयास के कारण ही यह सफल हो पाया है। पत्रिका का यह संस्करण छात्रों की अनूठी सोच एवं प्रतिभा का प्रतिबिम्ब है, जिसे छात्रों ने अपनी मनमोहक कविता, लेख व कहानी से संजोया है।

अतः मैं छात्रों से अनुरोध करती हूँ कि वह पत्रिका के हर संस्करण में बढ़-चढ़ कर भागीदारी दें व अपनी प्रतिभा को उभारने का मौका दें। मैं ईश्वर से प्रार्थना करती हूँ कि मेरा विद्यालय तरक्की की ओर बढ़े व सफलता की सीढ़ी चढ़ता रहे।

अरीबा सलीम
कक्षा — 12 'ब'

धैर्य और साहस



प्रिय विद्यार्थियों,

आशा है आप खूब भली प्रकार से प्रसन्नचित्त रहकर अपनी पढ़ाई इत्यादि कर रहे होंगे। प्रत्येक शिक्षा सत्र में जब कभी भी विद्यालय की वार्षिक पत्रिका के माध्यम से आपके लिये कुछ लिखने का अवसर आता है तो सच कहें भले ही हम कक्षाओं के दौरान अपने विषय को पढ़ाते हुए अनगिनत बातें, कथा-कहानियाँ आपसे कहते होंगे किन्तु लेख लिखते समय मानो कभी तो एक विचित्र विचार-शून्यता सी छा जाती है और कभी इतने सारे अनोखे विचार एक ही साथ यूँ मस्तिष्क में उमड़ने-धुमड़ने लगते हैं कि कई-कई दिवस तो इस उधेड़बुन में ही बीत जाते हैं कि क्या लिखें, क्या छोड़ें, कहाँ से बात आरंभ करें, फिर कितना लिखें इत्यादि।

आपके साथ भी कभी-कभी ऐसा ही होता होगा होता है ना!

खासकर जब भाषा की परीक्षा के दौरान आपको कोई लेख लिखना हो— उधर समय द्रुत गति से भाग रहा होता है और इधर दाँतों के बीच कलम फँसाये आप रह-रहकर इस दुविधा में फँसे रह जाते हो कि लेख की शुरुआत करूँ तो कहाँ से।

इसीलिये तो प्यारे बच्चो, लिखते रहने का अभ्यास अति-आवश्यक है! आखिर अभ्यास करते रहने से ही तो हम किसी विद्या-विशेष में पारंगत हो सकते हैं।

निरंतर सही रीति से उचित दिशा में अभ्यास और अथक परिश्रम के सम्मिलन से सारे ही स्वप्न साकार किये जा

सकते हैं इसमें कोई संशय नहीं।

यह तो हुई एक बात। इसके अतिरिक्त उत्तम विद्यार्थियों के अनेकानेक गुणों-लक्षणों में से एक और महत्वपूर्ण गुण है 'धैर्य'।

चलो एक सच्ची कहानी आपसे साझा करता हूँ।

एक बार क्या हुआ कि 'डमडम' नाम का एक श्वान दिन भर घूमते-फिरते थक गया तो किसी एक स्थान पर बैठ गया और वहीं झट से उसकी आँख लग गई। अभी वो गहरी नींद का आनंद ले ही रहा था कि अचानक बादलों की गर्जना जैसी बहुत जोर की ध्वनि के साथ ही मानो सारी धरती कंपायमन हो उठी और वह हड़बड़ा कर उठ बैठा। कुछ पलों बाद जब तक उसको समझ आया कि आखिर मामला क्या है देखता क्या है कि उसके ठीक सामने से एक रेलगाड़ी भयानक रफ्तार से उसी की ओर बढ़ी चली आ रही है। "अरे, ये मैं कहाँ सो रहा था..! बाप रे बाप रेल की पटरियों के बीचों-बीच! अब तो मौत बस कुछ ही क्षण दूर है। हे भगवान! मैं मरा।"

डमडम यूँ तो अत्यधिक डर गया था और उठ कर भाग सके इतना तो समय ही नहीं था किन्तु उसने इस विषम परिस्थिति में भी साहस बनाए रखा। असीम धैर्य का परिचय देते हुए उसने अपने हृदय की धड़कनों को शान्त-सहज किया और बुद्धिमानी-पूर्वक वहीं पटरियों के बीच के खाली स्थान में सिमट कर लेट गया। अगले कुछ ही क्षणों में भयंकर शोर-गर्जन के साथ रेलगाड़ी उसके ऊपर से गुजर गई। फिर सब कुछ शांत कोई हलचल नहीं। बेचारा डमडम... आह दुःखद...! लेकिन अरे! देखो तो... घोर आश्चर्य..! देखते ही देखते डमडम शान से उठ खड़ा हुआ। मजाल है जो उसे एक भी खरोंच आयी हो। वो तो सकुशल जिन्दा था, अपनी बुद्धिमानी, साहस और धैर्य के फलस्वरूप। इस घटना ने मुझ जैसे प्रत्यक्षदर्शियों के लिए तो डमडम एक प्रेरणादायक नायक बन कर उभर चुका था। और डमडम अरे वो तो बस इटलाये जा रहा था मानो सब की भावनाओं को बखूबी समझ रहा हो।

तो देखा बच्चो आपने, कि कैसे डमडम ने बुद्धिमानी, साहस और धैर्य से ना सिर्फ स्वयं की प्राण-रक्षा की बल्कि कितने ही अन्य लोगों को भी प्रेरित किया मेरी कथा का नायक बना सो अलग।

मुझे पूर्ण विश्वास है कि आप बात को समझे होंगे और उपरोक्त वर्णित गुणों को अपनी सोच व अपने व्यवहार में परिलक्षित कर एक शानदार जीवन जियेंगे।

श्री मुकेश तिवारी

पी0 जी0 टी0 (इंग्लिश)

डिजिटल विषहरण

मत पड़ मनुष्य इस डिजिटल के जाल में,
खुद की सोच और खुश रह अपने हाल में।
न सूरत है ना चैन है, स्वास्थ्य भी बेहाल है,
खुद के लिए भी समय नहीं, रिश्तों का बुरा हाल है।
यह सुविधा है तेरे लिए, है कोई जंजाल नहीं,
क्यों कर रहा खुद का शोषण, दूसरों का तो सवाल नहीं।

रिश्ते नातों से दूर, वर्चुअल वर्ल्ड चला रहा,
खुद की भी परवाह नहीं, समय कितना गँवा रहा।
शराब सिगरेट से भी भयंकर, लत तुझे ये लग गई,
खोल कर भी खोल ना पाए, ऐसी गाँठ लग गई।
कर शपथ तू खुद से ही, दूर इससे तू रहे,
भावनात्मक रूप से, सबसे तू जुड़ा रहे।
कर इतना उपयोग कि जरूरत पूरी हो सके,
कुछ समय परिवार के लिए भी हम दे सकें।
आज न समझेगा तो बाद में पछताएगा,
और जान ले यह भी तू, बीता समय लौट कर ना आएगा।

श्रीमती सन्तोष रावत

टी०जी०टी०(हिन्दी)



जीवन चक्र

मैं, तुम, आप, वो सभी,
एक शून्य से घिरे हैं हम।
घेराव के बाहर गए तो,
पायी खुशियों की लहर।
पर सूक्ष्म आकलन कर मिला,
कि मध्य में बैठे थे गम।
मैं, तुम, आप वो सभी,
एक शून्य से घिरे हैं हम।
जिंदगी का यह सफर,
प्रारंभ हुआ एक बिंदु से।
कोई तो आगे तक गया,
और किसी का रहा कम।
मैं, तुम आप वो सभी,
एक शून्य से घिरे हैं हम।
मनोभावों के सैलाब से,
कुछ भाव वाष्पित हो उड़े।
और कुछ धरा पर रह गए,
स्थिर हुए और गए जम।
मैं, तुम, आप, वो सभी,
एक शून्य से घिरे हैं हम।

श्रीमती भावना भट्ट

पी०जी०टी० (जीव विज्ञान)

बेटियाँ और हिंदी

वर्ष 2022 की सिविल सेवा की परीक्षा में शीर्ष चार स्थानों पर लड़कियों का होना शिक्षा और प्रतिभा के क्षेत्र में उनकी योग्यता, क्षमता का एक और गौरवशाली दृष्टांत है। पिछले वर्ष भी सिविल सेवा की परीक्षा में शीर्ष तीन स्थान पर लड़कियाँ थीं, लेकिन इस बार का नतीजा हमारी बेटियों की उपलब्धि के लिहाज से इसलिए भी खास है कि कुल 933 सफल उम्मीदवारों में महिलाओं की हिस्सेदारी अब तक की सर्वाधिक 320 यानी 34 फीसदी है। दो दशक पहले तक भी सिविल सेवा की परीक्षा में लड़कियों की सफलता का आंकड़ा 20 फीसदी के आसपास था, लेकिन 2020 में यह आंकड़ा 29 प्रतिशत तक पहुँच गया। पिछले कुछ वर्षों से सीबीएसई की 10वीं और 12वीं की परीक्षाओं में लड़कियों की उपलब्धियों को देश में शीर्ष नौकरशाही वाली इस परीक्षा में इनकी उपलब्धियों के साथ मिलाकर देखने से स्पष्ट होता है कि बेहतर अवसर मिलने के कारण वे लगातार अपनी प्रतिभा-क्षमता की छाप छोड़ रही हैं। इस बार शीर्ष 25 में 14 लड़कियों का होना इसी का प्रमाण है। इस बार के नतीजे को यूपीएससी के इतिहास में हिंदी माध्यम का सर्वश्रेष्ठ नतीजा भी बताया जा रहा है। इस साल हिंदी से सर्वाधिक 54 उम्मीदवार सफल हुए हैं, जबकि पिछले साल यह संख्या 24 थी। यही नहीं, इन 54 सफल प्रत्याशियों में से 29 ने वैकल्पिक विषय के रूप में हिंदी साहित्य लेकर यह कामयाबी हासिल की। इस बार शीर्ष 100 में 66वीं, 85वीं और 89वीं रैंक पर हिंदी के प्रत्याशियों को सफलता मिली है। इनकी सफलता की कहानियाँ इनके लगन और परिश्रम के साथ-साथ यह भी बताती हैं कि शीर्ष प्रशासनिक सेवा की परीक्षा में सफल होने के लिए परिवार का सहयोग भी उतना ही जरूरी है। प्रथम और द्वितीय रहीं इशिता किशोर और गरिमा लोहिया विपरीत परिस्थितियों के बावजूद अपनी माताओं की प्रेरणा से यहाँ तक पहुँचीं, तो उमा हरथि एन ने पिता के प्रोत्साहन से तैयारी जारी रखी थी। पांचवें स्थान पर रहे मयूर हजारीका असम के नगांव जिले के ग्रामीण इलाके में डॉक्टर कर ही इसलिए रहे थे, ताकि सिविल सर्विसेज की तैयारी कर सके, तो दिल्ली पुलिस में एक हेड कांस्टेबल ने आठवीं कोशिश में सफलता हासिल की। सिविल सेवा के नतीजे इस लिहाज से भी महत्वपूर्ण होते हैं कि वे युवाओं में हिम्मत न हारने और लगातार प्रयास करने की प्रेरणा देते हैं।

श्रीमती निशा काण्डपाल
पी0जी0टी0 (हिन्दी)
द्वारा अमर उजाला

उत्तम चरित्र का महत्व

आज के समय में ज्ञान, धन और सामर्थ्य के माध्यम से एक व्यक्ति को सबकुछ हासिल हो सकता है, लेकिन उत्कृष्टता और सच्ची सफलता प्राप्त करने के लिए उत्तम चरित्र एक महत्वपूर्ण गुण है। यह उत्तम चरित्र ही है जो किसी व्यक्ति को मोहक बना सकता है और उसे दूसरों के दिल में स्थान बनाने की क्षमता प्रदान कर सकता है। इसलिए, व्यक्ति के जीवन में उत्तम चरित्र विकसित करना बहुत महत्वपूर्ण है। उत्तम चरित्र का अर्थ है कि एक व्यक्ति में नैतिक, भावनात्मक और आदर्शवादी गुण हों। उत्तम चरित्र वाले व्यक्ति में सदभाव, ईमानदारी, सच्चाई, संयम, सहानुभूति, समझदारी और उच्चतम मानसिक गुण होते हैं। उत्तम चरित्र वाले व्यक्ति के प्रति लोगों के मन में आदर और प्रशंसा रहती है और उन्हें प्रतिष्ठा और सम्मान की ऊँचाई प्राप्त होती है। उत्तम चरित्र के बगीचे में पुष्प बनकर खिलने वाले व्यक्ति को भयभीत होने की कोई आवश्यकता नहीं होती है। यह उनके प्राकृतिक गुणों का परिणाम होता है जो उन्हें इतना अनूठा बनाते हैं। वे ईमानदार और सत्यनिष्ठ होते हैं, ताकि उनकी क्रियाएं समाज को उदाहरण प्रदान कर सकें। उत्तम चरित्र के साथी कभी विश्वासघात नहीं करेंगे और अपने शब्दों का पालन करेंगे। वे अपने माता-पिता, गुरु, अध्यापक, बड़ों और समाज को सम्मान देते हैं। वे निष्ठावान और अनुशासित होते हैं, ताकि उनकी क्रियाएं उनकी नैतिकता और ईमानदारी की पुष्टि करें।

समाज में विद्यार्थियों का महत्वपूर्ण स्थान होता है। विद्यार्थी में उत्तम चरित्र होना आवश्यक है क्योंकि यह चरित्र ही उन्हें सफलता की ऊँचाइयों तक ले जाता है। एक उत्कृष्ट चरित्र में कुछ गुणों का समावेश होता है जैसे कि सच्चाई, निष्ठा, उत्साह, सहिष्णुता, स्वावलंबन और ईमानदारी। इसलिए, विद्यार्थी को इन गुणों का विकास करना चाहिए ताकि वह एक समर्पित और सफल नागरिक बन सके। उत्तम चरित्र एक शिक्षक के लिए भी आवश्यक गुणों का प्रतिरूप होता है। शिक्षक एक प्रेरक, दिशानिर्देशक और संदेशवाहक का कार्य निभाता है। लेकिन अगर उसमें उत्तम चरित्र का अभाव हो, तो उसके संदेश का महत्व और प्रभाव गुम हो जाता है।

इसलिए, हमें अपने जीवन में उत्तम चरित्र विकसित करने की जरूरत है ताकि हम समाज के लिए एक सच्चे और मान्यतापूर्ण नेता बन सकें। यह हमें ईमानदारी, संयम, अनुशासन के साथ एक नैतिक और आदर्शवादी जीवन जीने की प्रेरणा देता है। उत्तम चरित्र विकसित करने से न केवल हमारी व्यक्तिगत उन्नति होगी, बल्कि यह हमारे चारों ओर के लोगों को प्रभावित भी करेगा। इसलिए, आइए उत्तम चरित्र को अपने जीवन का एक महत्वपूर्ण हिस्सा बनाएं और उसे आदर्श बनाएं।

श्रीमती राधा भट्ट
टी0जी0टी0(हिंदी)

सबसे अहम गुरु



एक जीव का जब सृजन हो रहा है,
पहले गुरु से वो अनवरत मिल रहा है,
रिश्ता जिससे जन्म से पहले का है, दुनिया से करायी
जिसने मेरी पहचान,
वो पहली गुरु है..... मेरी माँ मेरा मान
मेरी उंगली तूने जिसको थमाई थी,
हर राह मेरी जिसने बनायी थी,
स्कूल के प्रति मेरी रुचि जिसने जगाई थी,
मेरी दूसरी गुरु..... मेरी टीचर, जो मेरे स्कूल ने
मुझसे मिलाई थी
जिनके साथ हर एक पल जिया,
जिंदगी का असल स्वाद लिया,
बरसात में भी आँख के आँसू पहचाने जो,
सुख दुख के मेरे साथी थे पहले वो,
जिनकी यारी पे मेरा दिल मचले,
तीसरे गुरु..... मेरे बचपन के दोस्त निकले
जीवन यूँ ही चलता रहा,
हर दिन कुछ नया मिलता रहा,
हर किसी को समझाने की कोशिश में,
मैं रोज यूँ ही पिसता रहा
वक्त के साथ नज़रिए और गुरु दोनों है बदले
सबसे अहम गुरु—मेरे जीवन के अनुभव निकले।
सबसे अहम गुरु—मेरे जीवन के अनुभव निकले।

श्रीमती स्मिता साह
टी0जी0टी0(साइंस)

हक है उसका

पूरब में सूरज को लालिमा पाते देखा,
तो क्या वापस जाने का हक उसका ना?
बच्चे को माँ—बाप ने आते देखा,
तो क्या इस दुनिया से जाने का हक उसका ना?
उसकी बातों की छाया है,
चूड़ी है विश्वास की,
माथे पे तिलक वो लाल रंगी,
आँखों में बिजली उम्मीद की,
घमंड उसकी चाल में, उसको जीवित दर्शाता है,
तो क्या उठकर गलत के खिलाफ बोलना,
हक उसका ना?
रूप—रोग, माया का भाव,
चिंता होना भाग्य,
जीवित होना दुर्भाग्य,
सहसा परिवर्तन — अचिंतित भाव,
राग ना रूप, तो गीत के सुर
क्यों ना हक उसका?
घुटने बल चलना,
जीवन की शुरुवात, तो कदम मिलाना क्यों है पाप?
क्यों ना हक उसका?
आँखें उठाना भ्रम (भ्रम) है उसका,
गुस्सा करना तो कर्म है उसका,
सुन सको तो तुम महान,
नहीं तो,
ये याद रखना,
अपने लिए आवाज उठाना,
हक है उसका।।

यशस्वी जोशी

वक्षा — 10 'स'



डर के आगे है जीत

माना की मंजिल कठिन है,
पर असंभव या नामुमकिन नहीं,
एक दिन जायेंगी सारी मुश्किलें बीत,
क्योंकि डर के आगे है जीत।
मुश्किल राहों से गुजरना होगा,
यदि मंजिल पानी है, तो परिश्रम करना होगा,
यही है जिंदगी की रीत,
क्योंकि डर के आगे है जीत।
जब हो खुद के हौंसले बुलंद,
और मन में हो ऊँचाईयों को छूने की उमंग,
तो नहीं होना है कठिनाईयों से भयभीत,
क्योंकि डर के आगे है जीत।
होंगे सारे पल सुनहरे,
जिस दिन पा लेंगे अपनी मंजिल,
एक दिन गाएँगे अपनी सफलता के गीत,
क्योंकि डर के आगे है जीत।

अंशु बोरा

कक्षा — 10 'स'



जीवन खुशबू से महका हुआ

सुरों की गुंजार में बहका हुआ।
हर एक किरण में चमकता विश्वास,
जीने का नगमा एक अद्वितीय संगीत रास।
यात्रा का एक पन्ना, जिसमें सपने छलांगते,
हर मोड़ पर चमकते, खुशियों से आरम्भ लांघते।
प्रत्येक कठिनाई भी एक सबक समेटे,
जीवन की परीक्षा में, आत्मविश्वास के धागे बाँधते।
प्रेम की आँधी में, दिल खो जाता,
स्नेह की वादियों में, नया घर पाता।
जुड़े रिश्तों की माधुर्य से सराबोर,
मुसीबतों को पार करते वही हौंसले की ताकत धार।
जीवन की मूरत, सुंदरता का नगर,
हर स्वयं रचित शब्द, मन को भाता भटककर।
इस अनूठे अर्थभारी कविता में,
हम अपनी अलग पहचान बिखेरते हैं, परिचिता के प्रवाह में।

चिरायु सुंठा

कक्षा — 11 'ब'

प्यारी चिड़िया

प्यारी चिड़िया, प्यारी चिड़िया,
कहाँ-कहाँ से आती है।
मस्त हवाएँ उड़ता बादल,
तेरा यही ठिकाना है।
सुबह-सुबह ही उठ जाती तू,
ना जाने क्या गाती है।
छोटे-छोटे तिनके चुन कर,
अपना घर बनाती है।
दूर-दूर से घूम-घूम कर,
बच्चों का दाना लाती है।
मेहनत से तुम ना घबराओ,
सबको यही सिखाती है।



देव भट्ट

कक्षा — 3 'अ'

स्कूल संस्कार विद्यार्थी जीवन का मूल मंत्र

विद्यार्थी जीवन को अगर सफल बनाना है, तो हम विद्यार्थियों को संस्कारवान बनना पड़ेगा। सफलतारूपी मंत्र से विद्यार्थी न केवल अपने लिए परिपक्व होंगे बल्कि संस्कारवान विद्यार्थी अपने समाज के लिए भी प्रेरणादायक सिद्ध होंगे, क्योंकि संस्कार अनमोल है। संस्कारवान विद्यार्थी भी अनमोल होंगे।

अगर विद्यार्थी संस्कारवान होंगे तो सफलता उनके आस-पास चक्कर लगाएगी और सफलता ही विद्यार्थी का जीवन है। संस्कार विद्यार्थी जीवन का वह दीया है जो विद्यार्थी के विद्या रूपी दीए को प्रज्ज्वलित करता है और किसी भी प्रकार की हवा या अन्य खतरों से ज्ञानरूपी दीए की ज्योति को बनाए रखता है।

विद्यार्थी जीवन का लक्ष्य होता है, ज्ञान रूपी लौ को दिन प्रतिदिन बढ़ाना। आज विद्यार्थी अपने ज्ञान की लौ को बढ़ाने में दिन रात मेहनत कर रहा है, लेकिन इतनी कड़ी मेहनत के बीच विपरीत परिस्थितियों में अक्सर विद्यार्थी ज्ञान रूपी लौ को बचाने में नाकाम हो रहे हैं। जो विद्यार्थी संस्कार रूपी ज्ञान से परिपक्व होते हैं वे विभिन्न परिस्थितियों में अपने संस्कार रूपी ज्ञान से ज्ञान रूपी दीए की लौ को बचाए रखने में कामयाब रहते हैं। जिस प्रकार बुद्धि के बिना बल बेकार हो जाता है, मेरा मानना है ठीक उसी प्रकार 'संस्कार के बिना ज्ञान अधूरा रह जाता है।'

संस्कारी होना यानि श्रद्धावान होना। संस्कृत की एक सूक्ति में भी इसका उल्लेख है— 'श्रद्धावान लभते ज्ञानम्' अर्थात् श्रद्धावान को ही विद्या प्राप्त होती है। विद्या प्राप्त करना ही विद्यार्थी का लक्ष्य होता है। अतः मेरा मानना है कि संस्कारवान को श्रद्धा और श्रद्धावान को विद्या प्राप्त होती है जो सफल विद्यार्थी जीवन का मूल मंत्र है।

अनुष्का सिंह

वक्षा — 10 'ब'



गुरु

वो अपने ज्ञान की ज्योति से,
घर— घर ज्ञान का दीप जलाते हैं।
जो बच्चों को पाठ पढ़ाते हैं,
वो राष्ट्र निर्माता कहलाते हैं।
कभी डांट कर कभी प्यार से,
बच्चों की गलती उन्हें बताते हैं।
जो बच्चों को अनुशासन सिखाते हैं,
वो एक अच्छे शिक्षक कहलाते हैं।
अज्ञानता के काले बादल हटाकर,
बच्चों में ज्ञान की रोशनी फैलाते हैं।
जो सदैव सत्य मार्ग पर चलना सिखाते हैं,
वो ही असली पथ दर्शक कहलाते हैं.....!
वही गुरु कहलाते हैं.....!

कविता लोहनी

वक्षा — 10 'अ'

पिता

जिनके बिना अधूरी है,
मेरी जिंदगी की दास्तां,
एक ऐसा नाम है वो,
हर कड़ी धूप में मेरी छाँव है वो,
उस खुदा के बदले,
जिन्हें मैंने पाया है,
वे कोई और नहीं,
वो मेरे पापा हैं।



उज्ज्वल खाती

वक्षा — 1 'अ'

हमारे क्लास टीचर

यह अनुभव उस समय का है जब मैं सातवीं में पढ़ता था। मैं नहीं जानता कि जब मैं इस अनुभव को दोबारा पढ़ूँगा। तब मेरी क्या उम्र होगी? खैर जो भी है मैं आपको इस अनुभव से अवगत कराता हूँ।

मैं विद्यालय के लिए तैयार हो रहा था। मेरा हाल ही में एक नए विद्यालय में एडमिशन हुआ था। मैं खुश था पर अपने पुराने मित्रों से बिछड़ने का दुख भी था। तभी मेरी मम्मी की आवाज आई—“जल्दी तैयार हो जा स्कूल की बस आने वाली है।” मैंने उत्साह से अपनी ड्रेस पहनी और बस स्टॉप पर खड़ा हो गया। बस मेरे पास आकर रुकी और तभी बस का दरवाजा खुला। कंडक्टर अंकल ने मुझे अंदर आने का इशारा किया। मैंने जैसे ही अंदर प्रवेश किया तो लगा कि जैसे मैं कोई अलग ही माहौल में आ गया हूँ। सारे विद्यार्थी एक दूसरे से बात कर रहे थे। मैं उनका ध्यान कुछ देर तक ही खींच पाया फिर उसके बाद वह अपनी बातों की दुनिया में खो गए। और सच कहूँ तो मुझे उनसे कोई मतलब भी नहीं था। क्योंकि यह पहली बार था कि जब मैं एक बस से स्कूल जा रहा था। जैसे-जैसे स्कूल नजदीक आते गया न जाने क्यों मेरे अंदर एक डर और एक उत्साह का माहौल छा गया। क्लास के अंदर जा कर मेरा वातावरण सामान्य हो गया था लेकिन कुछ उत्साह से उत्पन्न हुई गर्मी अभी भी फनक रही थी। कुछ महीने ऐसे ही बीते। फिर एनुअल फंक्शन आ गया। एनुअल फंक्शन हर स्कूल के लिए कोई त्यौहार से कम नहीं होता। मैं उन छात्रों में से था जिन्होंने किसी भी प्रोग्राम में हिस्सा नहीं लिया था और क्लास में बैठे थे। हमारा उस समय स्कूल आना या ना आना एक समान था। उस समय मैं अपनी क्लास '7 ब' में बैठा, अपने फालतू और अजीब विचारों से घिरा था कि तभी किसी छात्र ने कहा 'यह एक फ्री पीरियड है'। तभी एक टीचर मुस्कुराते हुए चेहरे के साथ अंदर आए। उनकी मुस्कुराहट देख सारे छात्र भी मुस्कुराने लगे। फिर किसी ने पीछे की बेंच से कहा "रोबिन सर"। वह पहली बार था जब मेरे कानों की मुलाकात रोबिन सर के नाम से हुई थी जैसे कि नाम से ही लग रहा था कि या तो वह अंग्रेजी विषय के टीचर होंगे या फिर फ्रेंच के। पर वह इनमें से किसी के नहीं थे। माथे में तिलक लगाए, एक मुस्कुराता हुए प्रभावशाली चेहरा और आंखों में एक उदारपन के साथ वे कक्षा के अंदर आए। उनके कुछ बोलने से पहले ही विद्यार्थियों को देखकर ऐसा लगा कि वे उत्सुक हो उठे हैं। वे मुस्कुराए और फिर बोले—“वैसे तो आपकी यह कक्षा इंग्लिश ग्राמר की है पर हम आपको हिंदी ग्राמר पढ़ाते हैं”।

वे और टीचर से अलग थे। वे एक मुस्कुराते हुए चेहरे के साथ अपनी कक्षा की शुरुआत करते। यह बात तो माननीय थी कि पूरे स्कूल में सबसे ज्यादा उमंग से भरी हुई कक्षा उन्हीं की होती थी। फिर न जाने समय कैसे बीत गया और फिर एक महामारी 'कोविड.19' सुर्खियों में आई। उसके कुछ दिनों तक हमारे स्कूल बंद ही रहे और फिर ऑनलाइन क्लास के माध्यम से हमारी कक्षा कराई गई। फिर सब कुछ सामान्य हो गया क्योंकि ऑनलाइन क्लास में वह बात न थी जो वास्तविक क्लास में थी। अब रोबिन सर की वह उमंग से भरी चमक भी अब कम हो गई थी हालांकि वे अपनी पूरी कोशिश कर रहे थे पर वास्तविक क्लास की बात ही अलग थी। शायद एक लालच भी था, ऑनलाइन क्लास में जिस वजह से मुझे वापस वास्तविक क्लास में जाने का मन नहीं किया। मतलब जब आप कैमरा बंद करके बिस्तर में लेट के ऑनलाइन क्लास पढ़ सकते हो तो स्कूल क्यों ही जाना। फिर ऐसे ही दसवीं कक्षा आ गई। रोबिन सर हमारी नवी और दसवीं कक्षा में क्लास टीचर के रूप में नियुक्त किए गए थे। फिर आखिरकार वह दिन आया जब हमें वास्तविकता से परिचित होना पड़ा। हमारी ऑनलाइन क्लास खत्म हुई और अब समय आ गया था हम अपनी दसवीं क्लास एक नई उमंग के साथ शुरू करें। पर जब पता चला कि रोबिन सर हमारे क्लास टीचर नहीं बनेंगे तो सभी छात्रों का मुँह लटक गया। कहीं से सुनने में आया कि एक नई टीचर नियुक्त की गई है, हमारे क्लास टीचर के पद के लिए। लेकिन रोबिन सर सभी स्टूडेंट्स से मिलने आते रहते और बीच-बीच में देखते रहते कि क्लास क्या कर रही है। तीन-चार दिन हो गए पर नई टीचर का कोई नामोनिशान नहीं था। शायद यही वह वजह थी कि रोबिन सर को हमारा क्लास टीचर फिर से नियुक्त कर दिया गया। उस दिन मैं रोबिन सर का चेहरा और विद्यार्थियों का उत्साह देखना चाहता था। पर बदकिस्मती से मैं उस दिन नहीं आ पाया, यह सारी बातें मेरे दोस्तों ने मुझे बताई और मुझे भी एक खुशी मिली। जो भी था रोबिन सर एक खुशमिजाज और उमंग से भरे व्यक्ति हैं। यह अनुभव में वर्तमान में लिख रहा हूँ जब मैं कक्षा दसवीं में हूँ। मुझे नहीं पता मैं इसे कब दोबारा पढ़ूँगा पर जब भी पढ़ूँगा, एक मुस्कुराहट के साथ पढ़ूँगा।

मलय जोशी

10 'स'

पृथ्वी दिवस



पेड़ों को बचाना हम सब का है दायित्व ।
 वरना खतरे में पड़ जाएगा, मानव का अस्तित्व ॥
 पेड़ लगाकर प्रदूषण घटाएँ ।
 धरती को हम स्वर्ग बनाएँ ॥
 पृथ्वी हमारी जननी है ।
 अब हमें इसकी रक्षा करनी है ॥
 धरती माता करे पुकार ।
 हरा-भरा कर दो संसार ॥

मनीष जोशी

कक्षा — 4 'ब'



एक छाँव

इस दौर में गम की कोई कमी नहीं है,
 ऐसा कौन है जिसकी आँखों में नमी नहीं है ।
 नामुमकिन है इस बात को बस पढ़के हजम करना,
 कोई मजबूरी में है सड़क किनारे,
 नहीं है खाना किसी की थाली में,
 कोई तो प्रकाश डाल दो इनके जीवन में,
 पिला के पानी एक प्याली में ।
 लोग हैं भूखे, प्यासे, बेचारे और ढूँढ़ रहे एक छाँव,
 पलायन करते-करते थक गए, छिल गए इनके पाँव ।
 काश इनके गम के बारे में बता देता कोई इन्हें पहले,
 क्या ये जीवित नहीं हैं जो गम सारे सह लें ।
 क्यों लोग इनके साथ दरिंदे बन जाते हैं,
 इन्हें भी तो ख्वाब होगा परिंदा बनने का,
 मगर इस बात का अफसोस उन्हें नहीं है,
 वे जानते हैं कि मौका न मिलेगा उन्हें उड़ने का ।
 क्यों बनाया खुदा ने मुझे, ये मंजर देखने के लिए,
 नहीं है एक माचिस इनके पास आग सेकने के लिए ।
 न जाने क्यों इतना बेरहम हो गया तू खुदा,
 अब तो जीने की उम्मीद से भी हो चुके हैं ये जुदा ।
 खुदा मुझे तू कोई ऐसा मंजर दिखा दे,
 मुझे इनकी मदद करने का तरीका सिखा दे ।

सर्वज्ञ श्रीवास्तव

9 'स'

बचपन



कितना अच्छा है ये बचपन सुहाना,
 दादू की ऊँगली पकड़ स्कूल जाना ।
 और घर आकर माँ के आँचल में छुप जाना,
 ना जात-पात का बन्धन ना रस्मों को निभाना ।
 जो प्यार करें वो अपना, जो डाँटे वो बेगाना,
 कौन नहीं चाहेगा इन सुन्दर पलों को पाना ।
 कितना अच्छा है, ये बचपन सुहाना ।

मलय पंत

कक्षा — 3 'अ'



रंग इन्द्रधनुष सा

रंग—बिरंगी इन्द्रधनुषी दुनिया में,
हर रंग कुछ सिखलाता है।
लाल, बैंगनी, नीले फूल,
नित हँसना हमें सिखाते हैं।
काली कोयल कूहु—कूहु कर,
मृदु वाणी सिखलाती है।
श्वेत रंग की अलग चमक है,
चंदा मामा सुनाते हैं।
सुनहरा सूरज खूब दमकता,
गुलाबी मुस्कान बिछाता है।
बादल दादा बरस—बरस कर,
हरियाली फैलाते हैं।
धानी रंग की पहन ओढ़नी,
धरती मंद मुस्काती है।
रंग ही जीवन की ऊर्जा,
रंग में छिपा जीवन का राज।
यह दुनिया एक 'कैनवस' है,
जिसमें इन्द्रधनुष का नजारा है।

वान्या पंत

वक्षा — 2 'अ'

उत्तराखण्ड में G20 समिट

उत्तराखण्ड के लिए यह बहुत गर्व का विषय है कि भारत की अध्यक्षता में 1 दिसंबर 2022 से 3 नवंबर 2023 तक 1 वर्ष में होने वाली लगभग 200 मीटिंग्स में से 3 बैठकों की अध्यक्षता का सौभाग्य उत्तराखण्ड को प्राप्त हुआ है।

G20 ग्रुप ऑफ ट्वेंटी, अंतराष्ट्रीय आर्थिक सहयोग का प्रमुख मंच है इसमें 19 देश व एक यूरोपीय संघ है।

इसका गठन 1999 के दशक के अंत में वित्तीय संकट की पृष्ठभूमि में किया गया था।

नैनीताल के रामनगर में 28–30 मार्च 2023 तक चीफ साइंस एडवाइजर राउंड टेबल की बैठक हुई जिसमें 18 देशों के प्रतिनिधियों ने भाग लिया। इसमें वर्तमान वैश्विक महामारी सहित चार प्रमुख बीमारियों पर मंथन किया गया। इसके पश्चात अगली बैठक उत्तराखण्ड के नरेंद्रनगर, ऋशिकेश में 25–27 मई तक हुई जो भ्रष्टाचार विरोधी कार्य—समूह के विषय में व तीसरी बैठक नरेंद्रनगर में ही 26–28 जून को इंफ्रास्ट्रक्चर वर्किंग ग्रुप की हुई।

समस्त उत्तराखण्ड व जन—सामान्य के लिए यह गर्व का विषय है।

रिद्धिमा अग्रवाल

वक्षा — 5 'अ'



संस्कृत विभाग



संस्कृत



“संस्कृत भाषा सर्वाणाम् भाषाणां जननी अस्ति”

संस्कृत हिंदू धर्म की पवित्र भाषा है। विश्व की सबसे प्राचीन भाषा संस्कृत है। संस्कृत का शाब्दिक अर्थ है परिपूर्ण भाषा। विश्व साहित्य की प्रथम पुस्तक ऋग्वेद संस्कृत में ही रची गई है। यह एक हिंद-आर्य भाषा है जो हिंद-यूरोपीय परिवार की शाखा है। संस्कृत भाषा का जनक महर्षि पाणिनी को कहा जाता है। संस्कृत भारत का गौरव है, भारत का गौरव बढ़ाने और हित करने वाली यह भाषा हमारी संस्कृति, संस्कार और समृद्धि का भी प्रतीक है। हिंदुओं, बौद्धों और जैनों के नाम भी संस्कृत पर आधारित रहते हैं। हिंदुओं के सभी पूजा-पाठ यज्ञ और धार्मिक संस्कार आदि भी संस्कृत में होते हैं। भारत और भारतीयता की कल्पना संस्कृत भाषा के अभाव में अधूरी है। प्रत्येक भारतीय को भी अपनी संस्कृत भाषा का अध्ययन अवश्य करना चाहिए और यत्न करना चाहिए कि निकट भविष्य में संस्कृत भाषा हमारी राष्ट्र भाषा बने तभी हम भारत के भाषा सम्बंधी प्रान्तीयता आदि के कलह को दूर भगा सकते हैं और संसार में सच्ची विश्व शांति की स्थापना कर सकते हैं।

श्रीमती रीता राठौर
पी. आर. टी. हिंदी / संस्कृत

जीवनोपयोगी निर्देशः

षडेव तु गुणाः पुंसा न हातव्याः कदाचन।
सत्यं दानमनालस्य मनसूया क्षमा धृतिः॥
प्रिय वाक्यं प्रदानेन सर्वे तुष्यन्ति जन्तवः
तस्मात्तदेव वक्तव्यं वचने का दरिद्रता॥
धृतिः क्षमा दमोस्तेयं शोचमिन्द्रियनिग्रहः।
धीर्विद्या सत्यमक्रोधो दशकं धर्मलक्षणम्॥
दुर्जनः परिहर्तव्यो विद्यामालङ्कृतोऽपि सन्।
मणिनः भूषितः सर्पः किमसौ न भयङ्करः
अयं निजः परोवेत्ति गणनां लघुचेतसाम्।
उदार चरितानाम् तु वसुधैव कुटुम्बकम्॥

अक्षिता लोहनी
पाँच 'अ'

संस्कृत प्रहेलिका

प्र1- नात्र फलं वा खादामि न पिबामि जलं किञ्चित् चलामि
दिवसे रात्रौ, समय बोधयमि च।

उत्तरः घटिकम

प्र2- मुखं कृष्णं वायुः क्षीणः मंजुषाय च संस्कृतम् घर्षणं
दहयत्याशु रसवत्यां वासामहाम्

उत्तरः अग्निपेटिका

प्र3- न तस्यादिः न तस्यान्तः मघये यः तस्य तिष्ठति।
तवाप्यास्ति ममाप्यस्ति यदि ज्ञानासी तद्वन्द।

उत्तरः नयन

लक्षिता तिवारी
छः 'स'

पुस्तकस्य तु या विद्या, परहस्तगतं च धनम् ।
कार्यकाले समुत्पन्ने न सा विद्या न तद् धनम् ॥
अर्थ – पुस्तकों की विद्या तथा दूसरे के हाथ में गया धन ये दोनों ही जरूरत के समय पर हमारे किसी भी काम नहीं आया करते ।
मन एव मनुष्याणां कारणं बन्धमोक्षयोः ॥
अर्थ – मन ही मनुष्य के बंधन और मोक्ष का कारण है ।

भाविका मठपाल
छ: 'ब'

एहि एहि वीर रे

एहि एहि वीर रे
वीरतां विधेहि रे
भारतस्य रक्षणाय
जीवन प्रदेहि रे ॥
त्वं हि मार्गदर्शकः
त्वं हि देशरक्षकः
त्वं हि शत्रुनाशकः
कालनागतक्षकः ॥
साहसी सदा भवेः
वीरतां सदा भजेः
भारतीय संस्कृतिं
मानसे सदा धरेः ॥
पदं पदं मिलच्चलेत्
सोत्सहं मनो भवेत्
भारतस्य गौरवाय
सर्वदा जयो भवेत् ॥



चिराग राना
छ: 'ब'

सलिले हंसः, हंसे कमलम् ।
कमले तिष्ठति सरस्वती
हस्ते माला, करे पुस्तकम् ।
करयुगले वीणा वसति ॥
हंसविवेकः वाञ्छामः
कमलविमलताम् इच्छामः ।
माला—पुस्तक—विणाभिः
तमसो ज्योतिर्गच्छामः ॥

स्वर्णिम चौधरी
छ: 'ब'

पुरः पुरः प्रगच्छ रे,
प्रगाय मातृवन्दनम् ।
स्व—जन्म—भूमि रक्षणे
प्रयच्छ वीर! जीवनम् ॥
शिरः कुरु समुन्नतम् ।
तवास्तु माक्वचिद भयम् ।
पुरः पुरः प्रगच्छ रे
प्रगाय मातृवन्दनम् ॥
रणे धृतिः सुकौशलम्
प्रवर्धताम् मनोबलम्
सुनिश्चितः जयस्तव
कुरु स्वधर्मपालनम् ॥
पुरः पुरः प्रगच्छ रे
प्रगाय मातृवन्दनम् ॥

अंविता आर्या
छ 'अ'

सर्वेभ्यः शिक्षिकाभ्यः शिक्षकेभ्यः च समर्पितम्

किम् अस्ति तत् पदम्?
यः लभते इह सम्मानम् ।
किम् अस्ति तत् पदम्?
यः करोति देशानाम् निर्माणम् ।
किम् अस्ति तत् पदम्?
यम् कुर्वन्ति सर्वे प्रणामम् ।
किम् अस्ति तत् पदम्?
यस्य छायायाः प्राप्तम् ज्ञानम् ।

किम् अस्ति तत् पदम्?
यः रचयति चरित्र जनानाम् ।
'गुरु' अस्ति अस्य पदस्य नाम ।
सर्वेषाम् गुरुणाम् मम् शतं शतं प्रणामः ॥

दिव्यांका पाठक
पाँच 'ब'

युद्धं

अत्र पश्यतु तत्र पश्यतु
सर्वत्र युद्धं पश्यतु
किं घटितम्
अद्यतनस्य जगतः किं जातम्
कश्चन मुसलमानः इति युद्धं करोति,
कश्चन हिन्दुत्वस्य कृते युद्धं करोति
किं एते जनाः भ्रातृभगिनी इव जीवितु न शक्नुवन्ति
अनेकदेशानां मध्ये युद्धेन कति जनाः मृताः
युद्धं व्यक्त्वा सुखेन जीवतु

मेहुल नगरकोटी

छः 'अ'

मम् विद्यालयः

एषः मम् विद्यालयः ।
मम् विद्यालये एकः वृहत् पुस्तकालयः अस्ति ।
पुस्तकालये बहूनि ज्ञानवर्धकानि पुस्तकानि सन्ति ।
मम् विद्यालये एकः सुन्दरम् उद्यानम् अपि अस्ति ।
मम् विद्यालये अनेकाः प्रयोगशालाः अपि सन्ति

हर्षवर्धन रौतेला

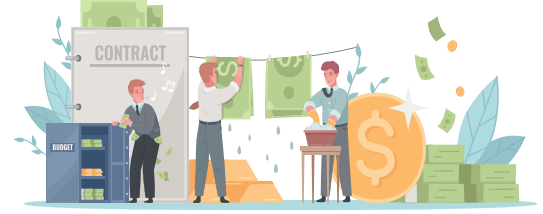
छः 'ब'



भ्रष्टाचारः

भ्रष्टाचारस्य मूलं लोभः वर्तते । लोभः एव मनुजम् उन्मार्गं नयति । यदि स्वकष्टार्जितधनेन नरः संतुष्टः भवेत् तर्हि भ्रष्टाचारस्य जन्म न भवेत् । किन्तु संप्रति युगे सर्वे जनाः न अल्पसंतुष्टाः । सर्वेऽपि अधिकतरं धनम् इच्छन्ति । अतः ते न्यायस्य नियमान् उल्लङ्घनस्य व्यवहरन्ति, तदा भ्रष्टाचारस्य जन्मः जायते । शनैः शनैः भ्रष्टाचारं वर्धते । अधुना सर्वेषु क्षेत्रेषु अधिकारिणः जनेभ्यः उत्कोचं गृहीत्वा तेषाम् अनुचितानि कार्याणि पूरयन्ति । अनेकेषु शासकीयकार्यालयेषु अधिकारिणः लघुकर्मचारियाः अपि उत्कोचं गृह्णन्ति । अनेन सर्वमेव शासनं भ्रष्टाचारेण व्याप्तं भवति । अधुना भारतदेशेः अपि भ्रष्टाचारे अग्रेसरः । भ्रष्टाचारात् केवलं धनसंपन्नां कार्याणि एव भवन्ति ।

जीविशा सुयाल
छ 'स'



प्रहेलिकाः

क) मेघश्यामोऽस्मि नो कृष्णो, महाकायो न पर्वतः ।
बलिष्ठोऽस्मि न भीमोऽस्मि, कोऽस्याहं नासिकाकरः ॥

उत्तर— हाथी

ख) एकाकी द्वारी तिष्ठामि गृहपतौ बहिर्गते ।
गृहरक्षाकरः शूरो लघुमूर्तिः सुकीर्तिमान् ॥

उत्तर— ताला (तालः)

ग) स्नेहं ददाति यो महान्, नित्यं तस्मै ददाम्यहम् ॥
ज्योतिः पदार्थज्ञानार्थं, कोऽपि वदतु साम्प्रतम् ॥

उत्तर— दीपक

घ) एकचक्षुरन काकोअयं बिलमिच्चछं पन्नग
क्षीयते वर्धते चैव, न समुद्रो न चन्द्रमा

उत्तर— सूचिका

कनिष्का लोहिया
सात 'स'

सरस्वती वंदना

या कुन्देन्दुतुषारहारधवला या शुभ्रवस्त्रावृता,
या वीणावरदण्डमण्डितकरा या श्वेतपद्मासना
या ब्रह्माच्युतशङ्करप्रभृतिभिर्देवैः सदा वन्दिता,
सा मां पातुं सरस्वती भगवती निःशेषजाड्यापहा ।।

अर्थ— कुन्द के फूल, चन्द्रमा और बर्फ के समान श्वेत हैं,
जो शुभ्र वस्त्र धारण करती है, जिनके हाथ उत्तम वीणा से
सुशोभित है, जो श्वेत कमल के आसन पर बैठती है। ब्रह्मा
विष्णु, महेश आदि देव जिनकी सदा स्तुति करते हैं और जो
सब प्रकार की जड़ता का हरण कर लेती हैं, वे भगवती
सरस्वती मेरी रक्षा करें।

सिद्धी बोरा

सात 'स'



पञ्चमहाभूतानि

- 1) अग्नि
- 2) वायुः
- 3) आकाशः
- 4) पृथ्वी
- 5) जलम्

कोमल जोशी
छ: 'स'

तुलसीदास पर संस्कृत निबंध

गोस्वामी तुलसीदासः हिन्दी साहित्यस्य शिरोमणिः कविः
आसीत्। गोस्वामी तुलसीदासस्य जन्मः उत्तर प्रदेशस्य बाँदा
नगरे 1511 ई. अभवत्। अस्य पितुः नाम आत्माराम दुबे
मातुश्च हुलसी आस्ताम्। तुलसीदासः हिन्दी साहित्यस्य
महान् विभूतिः अस्ति। अस्य विरचितं 'रामचरितमानस'
जगति प्रसिद्धम् अस्ति। अस्य रचनाषु भक्तिभावनायाः
सर्वाधिकं समावेशः प्राप्यते।

तुलसीदास जी के दोहा / चौपाई

राम नाम मनिदीप धरु देहरीं द्वार।

तुलसी भीतर बाहेरहुँ जौं चाहसि उजियार ।।

दीक्षांत त्रिपाठी

छ: 'अ'

जलः

महाजनस्य संसर्गः,
कस्योन्नतिकारकः।
पद्मपत्रस्थितं तोयम्,
धत्ते मुक्ताफलश्रियम् ।।

वैशाली मिश्रा
सात 'स'



संस्कृत

संस्कृत भारतीय उपमहाद्वीप की एक भाषा है। संस्कृत एक हिंद-आर्य भाषा है जो हिंद-यूरोपीय भाषा परिवार की एक शाखा है। आधुनिक भारतीय भाषाएँ जैसे हिंदी, बांग्ला, मराठी, सिन्धी, पंजाबी, नेपाली आदि इसी से उत्पन्न हुई हैं। इन सभी भाषाओं में यूरोपीय बाजारों की रोमानी भाषा भी शामिल है। विश्व की प्राचीनतम भाषाओं में से एक तथा दक्षिण एशियाई भाषाओं की जगत जननी संस्कृत को माना जाता है।

ये महज भारतीय भूभाग तक सीमित न होकर इस पूरे उपमहाद्वीप की भाषा हुआ करती थी। हिन्द आर्य वर्ग की इस भाषा को देव वाणी और सुर भारती उपनामों से भी जाना जाता है।

भारत के इतिहास, संस्कृति, धर्म (हिन्दू, बौद्ध, जैन) आदि में संस्कृत का बड़ा महत्व है। हिन्दूधर्म के अधिकांश वेद सहित ग्रंथ इसी भाषा में रचे गये हैं।

सानवी बोरा

छ: 'स'



संस्कृतम्

संस्कृत सूक्तियाँ

1) क्षणे क्षणे यन्नवतामुपैति तदेव रूपं रमणीयतायाः ।

अर्थ— जो व्यक्ति हर समय नवीनता को धारण करता है वही रमणीयता का स्वरूप कहलाता है।

2) नास्ति विद्या समं चक्षुः ।

अर्थ— संसार में ब्रह्मविद्या अर्थ महापुरुष के समान कोई दूसरा नेत्र नहीं है।

3) शठे शादयं समाचरेत् ।

अर्थ— मूर्ख इंसान के साथ शठता नहीं करनी चाहिये।

4) लोभः पापस्य कारणम् ।

अर्थ— लोभ ही पाप का कारण होता है।

5) न हि प्रियं प्रवक्तुमिच्छन्ति मृषा हितैषिणः ।

अर्थ— जो कल्याण चाहते हैं, वह किसी से उम्मीद (इच्छा) नहीं करते हैं।

खुशी जोशी

छ: 'ब'



श्लोक

ऊँ गजाननं भूतगणादि सेवितम् ।
कपित्थजम्बू फल चारु भक्षणम् ।।
उमासुतं शोक विनाश कारकम् ।
नमामि विघ्नेश्वर पादपंकजम् ।।

अर्थ— हाथी के समान मुख वाले सम्पूर्ण प्राणियों एवं गणों के अधिपति सर्वश्रेष्ठ सम्पूर्ण देवताओं में आगे पूजे जाने वाले सम्पूर्ण गण जिनकी सेवा करते हैं कैथ और जामुन के फल को प्रेम से भक्षण करने वाले । उमा सुतं माँ पार्वती के पुत्र सम्पूर्ण विघ्न एवं कष्ट शोक को नष्ट करने वाले । समस्त देवताओं में सर्वश्रेष्ठ भगवान गज—बदन की कमल के समान कोमल पैर की वन्दना करता हूँ ।
सिद्धिबुद्धि प्रदे देवि भुक्तिमुक्ति प्रदायिनि ।
मन्त्रपूत सदा देवि महालक्ष्मी नमोऽस्तुते ।।
अर्थ— सिद्धि, बुद्धि, भोग और मोक्ष प्रदान करनेवाली, हे मन्त्रपूत (मंत्रों द्वारा पवित्र की हुई) भगवती महालक्ष्मी ! तुम्हें सदा प्रणाम है ।

तानिया पन्त
सात 'अ'

संस्कृत श्लोक

यस्य कृत्यं न विघ्नन्ति शीतमुष्णं भयं रति ।
समृद्धिर्समृद्धिर्वा स वै पण्डित उच्यते ।।

रिनेश पलड़िया
सात 'स'

श्लोक

गुरौ न प्राप्यते यत्तन्नान्यत्रापि हि लभ्यते ।
गुरुप्रसादात् सर्वं तु प्राप्नोत्येव न संशयः ।।

अवंतिका उप्रेती
सात 'स'

श्लोक

दश कूप समा वापी, दशवापी समोहद्रः ।
दशहृद समः पुत्रो, दशपुत्रो समो द्रुमः ।।

ईशांत त्रिपाठी
छः 'अ'

संस्कृत श्लोक

अज्ञानतिमिरान्धस्य ज्ञानांज्जनरालकया ।
चक्षुरुन्मीलितं येन तस्मै श्रीगुरवे नमः ।।

सिदरा नूर
छः 'स'

प्रकृतिः

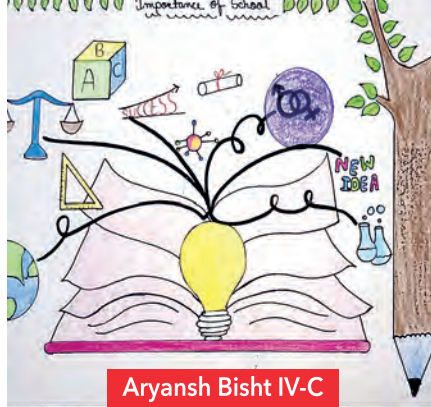
प्रकृतिः माता सर्वेषाम्
बहूनाम् अपि फलनानाम्
बहूनाम् अस्ति वृक्षाणाम्
पुष्पाणाम् चापि मातेयम् ।
भ्रमराणां, पशूनाम्
पक्षिणां च मानास्ति
जनेभ्यः जीवंत सदा
ददाति प्रकृतिः माता ।।
अस्ति सा मनोहरी
मातृणम् अपि मातास्ति
प्रकृतिः माना सर्वेषाम्
नमोस्तु ते मात्रे प्रकृत्यैः ।।

प्रियांशी पाल
छः 'स'

Kaleidoscope



Kavisha Gupta III-A



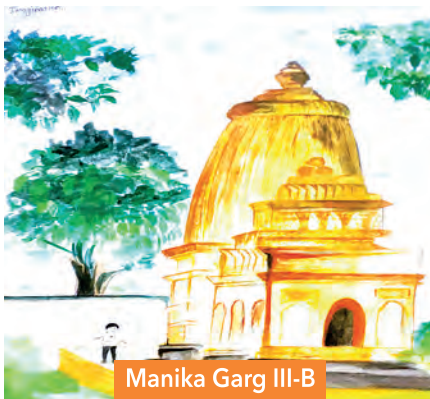
Aryansh Bisht IV-C



Ramnika Joshi VII-A



Himank Chaudhary V-B



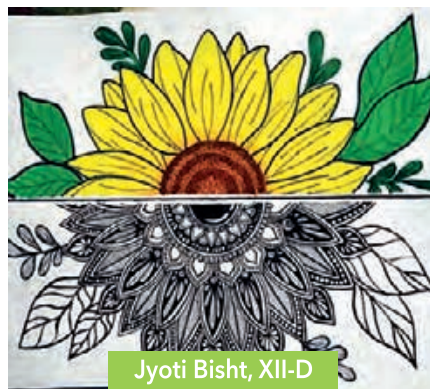
Manika Garg III-B



Divya Rana VI-A



Dvija Gusain V-B



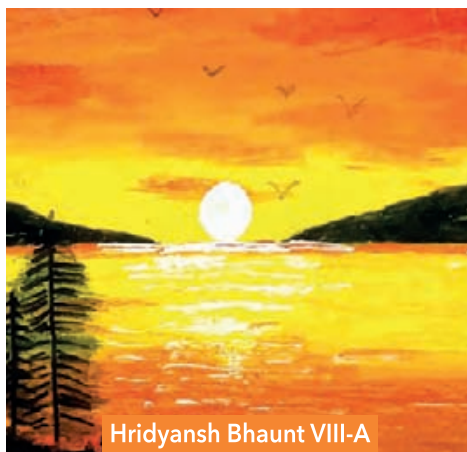
Jyoti Bisht, XII-D



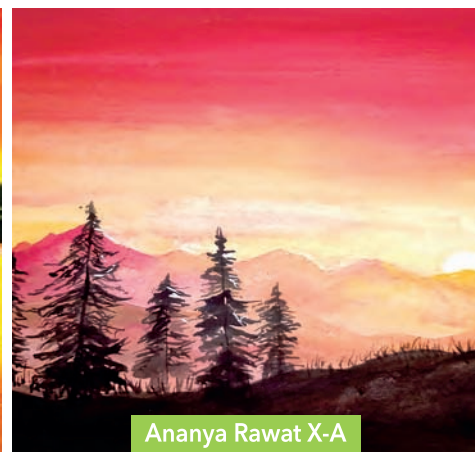
Hansika Adhikari III-A



Parth Kandpal VIII-B



Hridyansh Bhaunt VIII-A



Ananya Rawat X-A



Aanvi Shukla II-A



Khushi Joshi VI-C



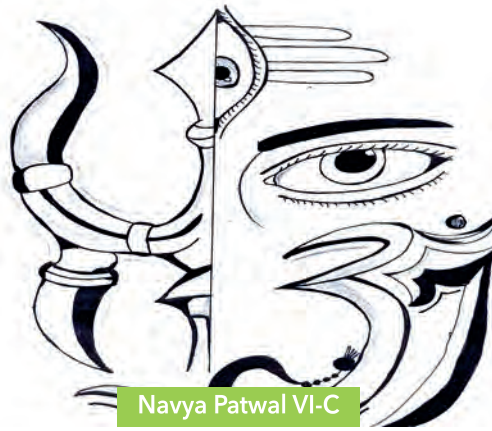
Bhumika Goswami X-B



Atika Haider VI-B



Jainika Mehta LKG-A



Navya Patwal VI-C



Nimish Chubey VII-A



Priyanshi Koranga VI-C



Qudsiya Bano 10-A



Anshika Tiwari XII-D



Jaideep Singh Rawat VIII-C



Kaushiki Mehta UKG-A



Sagar Kumar XII-D



Jeevisha Suyal VI-C



Anvesha Singh Kandari IV-A



Devakshi Suyal IV-B



Anika Garg UKG-B



Janvi Rana IX-A



Aavya Bisht LKG



Aaradhya Joshi V- B



Aarohi Saini IV-C



Aadya Joshi - UKG- B



Dakshesh Neolia III-B



Chitrlekha Chuphal II-A



Anjali Verma VI-B



Arpita Negi IV-B



Aryan Kushwaha IV-B



Divyesh Bisht UKG-A



Digvijay S. Adhikari VII- A



Faaiza Junaid UKG- A



Aarav Bhakuni VI- B



Akshita Lohani V -A



Aaradhya Joshi VI- A



Abhinav Sahu VI- A



Jayaditiya Joshi IV -B



Kartavya Joshi VI-B



Manika Joshi LKG



Rudra Sharma VI-B



Juhi Kandpal VII-C



Harshita II-B



Ekavari Durgapal III -A



Ruhanika Singh III-A



Mridul kandpal II-A



Kanika Negi II- B



Divyanshu Pal XII- D



Kunwar Abhinav VII-A



Garvita Chaudhary X-C



Hardik Bhatt IV-C



Manvik Adhikari IV-A



Harshwardhan Rautela VI-B



Navya Dashauni UKG A



Minha Fatima IV-C



Mehul Nagarkoti VI-A



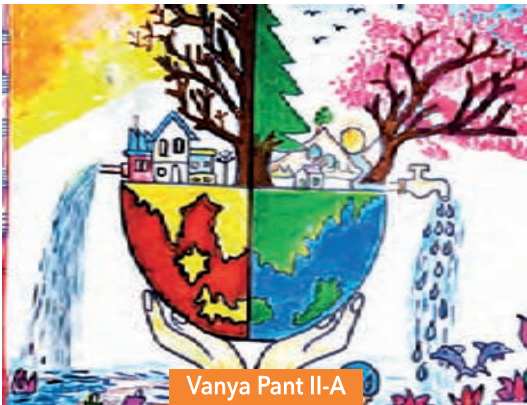
Sambhavi Bisht IV-C



Shreya Negi- VII-A



Nistha Rautela LKG



Vanya Pant II-A



Yash Joshi IV-A



Viraj Joshi IV-C



Nitesh khati X-C



Sagar Kumar XII-D



Shanvi Bhakuni II-B



Prachi Singh Dogra V-A



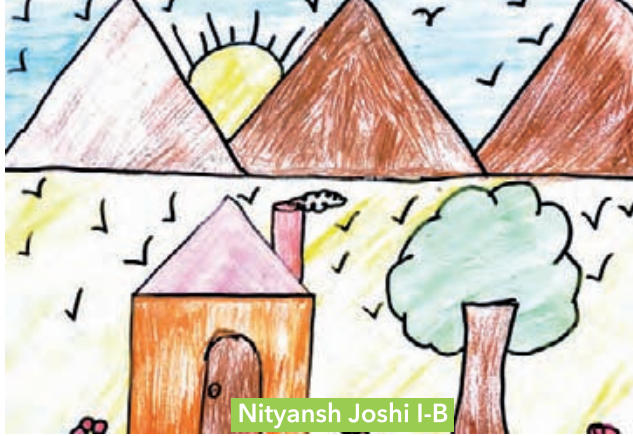
Shweta Kamboj IX-C



Tulika Joshi IX-C



Prateeti Sah IX-A



Nityansh Joshi I-B



Vansh Joshi IV-A



Nimisha Dangwal LKG



Vaishali Mishra VII-C



Yashyaswi Arya UKG-A



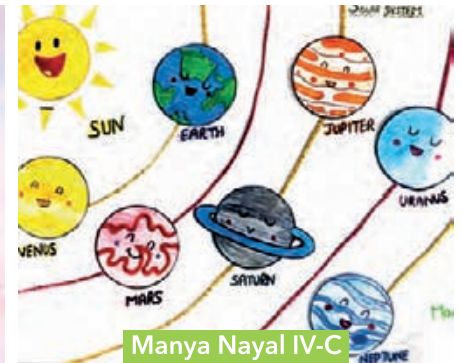
Yashwardhan Butola XI-C



Prabhav Joshi VI-A



Vidushi Upreti XI-A



Manya Nayal IV-C



Yashasvi Joshi LKG



Sachin Chaubey XII-D



Priyanshi Hindwan X-A



Siddhi Bora VII-C



Saumya Gururani VIII-B



Siddhi Maheshwari X-C



Shubhra Pandey V-B

वार्षिकोत्सव 'स्पेक्ट्रम' में स्थानीय बच्चों ने एक से बढ़कर एक कार्यक्रम प्रस्तुत कर गवा मोहा, पर्यावरण संरक्षण का संदेश दिया

...and, again, the

[illegible]

आपका नाम के सुनाएगा मैं
जोहोनास तुम के साथ लौट
जाऊंगा मैं के साथ तुम्हें। हमने
संसार में के निर्दिष्ट आर्य को पुनः
आने को आह्वान किया है। हमने

A group of people in colorful costumes, including large green and red floral outfits, performing a dance on a stage. A woman in a blue dress is also visible in the center.

[illegible]

गणतन्त्र पार्टी, लोको, एको पार्टीको
नेताको रूपमा अग्रणी भूमिका निभाउने
गणतन्त्र पार्टीको नेता, लोको
नेताको रूपमा अग्रणी भूमिका निभाउने
नेताको रूपमा अग्रणी भूमिका निभाउने
नेताको रूपमा अग्रणी भूमिका निभाउने

अभिषेक। • अष्टाविदा
मन्त्रादिना वा यज्ञिकेति वा।
इति श्रौते वा यज्ञिके वेदा के
अथवा नैऋति के यज्ञ नाम जल,
अग्नि, इन्द्र, सोम, अथवा वा यज्ञी
के भूत यज्ञ भूताने की अथवा वा
यज्ञी वा यज्ञ वा यज्ञी वेद।

A group of students in traditional Indian attire, including saris and dhotis, are performing on a stage. They are holding hands and appear to be in a dance or cultural presentation. The background features a banner with the text 'HI PUBLIC SCHOOL WALDWAN' and a large '10'.

आपका यह प्रतिक्रिया-संकेत हमें बताता है कि आप इस लेख को पढ़ चुके हैं।

बच्चों से राजस्थानी पूज्य कृष्ण से जल लें

[illegible][illegible]

कार्यालय स्थानांतरण

हस्तशिल्पी। हीरोपेलन चर्चक: कुलतः अर्ध एतद् क्राफ्ट प्रदर्शनी एम्प्लेटिङ्ग ऑलतः आधारेणतन कित्ता यत्। इत्यस्य पर्यटनी सः कालः ३ तःकः कः समी विद्यार्थिनो नः अपनी काल वीरलतः को विधिपन माध्यमो सः प्रदर्शित कित्ता। काल रीतिग, बट्ट क्राफ्ट, स्टेशन अर्ध, नूट क्राफ्ट, पेट्रेट्स, कटपुतिलय, नम पोट, एयन काल आदि सः बनावर प्रदर्शित कित्ता यत्। प्रदर्शनी का मुखे केंद्र महत्त्व बट्टालेख्त्तः। कार्यक्रमः भेनचरिण अर्ध, गीतिका कल्लुटिथ, प्रधानाचार्य अनुग्रह भास्वर, उष प्रधानाचार्यः ममता तनयः कालेख्त्तः यत्। यत्कट

हलद्वानी। संस्मरणमय स्कूल में बीड पेंटरस के मनवाया गया। कक्षा एक और दो के विद्यार्थियों के दादा-दादी, नाना-नानी और माता-पिता कार्यक्रम में शामिल हुए। विद्यार्थियों ने नृत्य से कुलुआनी और पञ्जाबी संस्कृतिक दो कलाओं को प्रदर्शित किया। दादा-दादी और नाना-नानी के लिए विशेष प्रकाश के खेल दिखाए। विद्यार्थियों ने म्यूजिकल रिग गेम खेला। प्रबंधिका डॉ. गौतिका कपूर, प्रधानाचार्य अनुपम वाधवरे, उप प्रधानाचार्य ममता तनेजा, शिक्षिका भावप्रेम ने कुवर्गों का अपार जवाब। सदा

इंस्पिरेशन पब्लिक स्कूल काटगोदाम के एक ही कक्षा के पांच छात्र-छात्राओं ने सफलता पाई है। प्रजापति जोशी ने 664, नेहा शास्त्री ने 654, आकांक्षा पांडे ने 651, शिवम मलिक ने 615, आदित्य ने 584 अंक प्राप्त किए हैं। विद्यालय की वेयरपर्सन डॉ. गीतिका दल्पूतिया, प्रधानाचार्य अनुराग माथुर, उ.प्र. प्रधानाचार्यां ममता नेमजा ने उनके उज्ज्वल भविष्य की कामना की है।

हलन्नामी। इंस्पिरेशन पब्लिक स्कूल में विज्ञान प्रदर्शनी का आयोजन किया गया। छात्र-छात्राओं ने आधुनिक उपकरणों का मॉडल प्रस्तुत किए। बच्चों ने पावर हाउस, जियो स्टेशनरी सैटलाइट, वॉटर प्यूरीफायर, प्रोटीन सिंथेसिस, स्मार्ट सिटी, एक्टिविटीजरी केबल

एथ्यूम डायलिसिस, अर्धवैक्य अलार्म, हाइड्रोलिक रेबोथेट आर्म, लेजर लाइट सिक्वोरिटी, हाइड्रोलिक क्रेन, क्विज बोर्ड, लाइट एनजी, वायोरैस प्लांट, फायर अलार्म, रूफ टॉप टैंक, वैक्यूम क्लोनर, समेत वॉटर फाउंटन, हाइड्रोलिक ब्रेक, थ्रोडी होलोग्राम, चंद्रयान और क्लॉनिंग वैक्टर आदि मॉडल को प्रदर्शन किया और विज्ञान के प्रति अपनी रुचि को प्रस्तुत किया। ओएड कॉलेज इम्प्रेशनल से विज्ञान विषय की अमिसस्टेंट प्रो. दीपिका बरोला, अमिसस्टेंट प्रो. दीपिका धनिक ने मॉडलों का अवलोकन किया। इस अवसर पर विद्यालय की चेंबरपर्सन डॉ. गीतिका बल्लूटीया, प्रधानाचार्य अनुराग माथुर, उप प्रधानाचार्या ममता तनेजा समेत विद्यालय के विज्ञान विषय के शिक्षक उपस्थित रहे। संवाद


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रविवार को क्रिकेट की विजेता टीम को कांग्रेस नेता दीपक बल्युटिया ने ट्रॉफी प्रदान की

इंटर स्कूल चैंपियनशिप का विजेता बना इंस्पिरेशन

हल्द्वानी, कार्यालय संवाददत्ता। अंडर-14 इंटर स्कूल क्रिकेट चैंपियनशिप इम्प्रेसेशन स्कूल ने जीत ली है। रविवार को खेले गए फाइनल मुकाबले में इम्प्रेसेशन ने जीत की लय बरकरार रखते हुए बैंकेंडी सीनियर सेकेंडरी स्कूल को 9 विकेट से हराया।

जिला नैनीताल क्रिकेट एसोसिएशन द्वारा आयोजित इंटर स्कूल अंडर-14 क्रिकेट टूर्नामेंट के फाइनल मुकाबले में पहले बल्लेबाजी करते हुए बैडी स्कूल ने 29.4 ओवर में 119 रन बनाए। जबकि में इंसिपेरेशन सीनियर

हल्लुनानी। इंस्पिरेशन पब्लिक स्कूल में बृहस्पतिवार को इन्टर हाउस जोके क्विज का आयोजन किया गया। इसमें कक्षा तीन से पांच के छात्र-छात्राओं ने प्रतिभाग किया। प्रतिযোগिता पांच राउंड में आयोजित की गई थी। प्रथम स्थान येलो हाउस के एकांश साह, अराध्या आर्य, हार्दिक भट्ट और वेद पलड़िया ने प्राप्त किया। द्वितीय स्थान पर ब्लू हाउस और तृतीय स्थान पर रेड हाउस रहा। विजयी प्रतिभागियों को प्रधानाचार्य अनुराग माथुर और उप प्रधानाचार्य ममता तनेजा ने पुरस्कृत किया। संवाद

[illegible]



हॉस्पिटल स्कूल में आयोजित विद्यार्थी समारोह के दौरान मंच पर छात्रों का प्रदर्शन।

संस्कार मंच पर छात्रों

हॉस्पिटल स्कूल में आयोजित संस्कार मंच पर छात्रों का प्रदर्शन। छात्रों ने अपने संस्कारों के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया। कार्यक्रम में छात्रों ने अपने संस्कारों के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया।



हॉस्पिटल स्कूल में आयोजित विद्यार्थी समारोह के दौरान मंच पर छात्रों का प्रदर्शन।



पृथ्वी रावत और कनिष्क

जॉस, हल्द्वानी/रामनगर : शहर निवासी पृथ्वी रावत का अंडर-14 उत्तराखंड क्रिकेट टीम में चयन हुआ है। उनके कोच दान सिंह कन्याल ने बताया कि पृथ्वी का चयन राज सिंह डंगरपुर टाफी के लिए हुआ है। तीन माई को मेरठ में पहला मैच उत्तर प्रदेश की टीम से होगा। टूर्नामेंट में सेंट्रल जोन की छह टीम भाग ले रही हैं, जिसमें विदर्भ, उत्तर प्रदेश, उत्तराखंड, दिल्ली, राजस्थान, मध्य प्रदेश शामिल है। पृथ्वी इम्प्रेसशन स्कूल में कक्षा नौ के छात्र हैं। उनके पिताजी शरद रावत खुद एथलीट रहे हैं और बिजनेस करते हैं, जबकि मां मीना रावत गृहिणी हैं। वहीं रामनगर के ग्राम शंकरपुर खचांजी निवासी कनिष्क बिष्ट का भी चयन हुआ है। विद्यार्थक दीवान सिंह बिष्ट, मदन जोशी, इंदर रावत, जगमोहन बिष्ट, गणेश रावत, नरेंद्र, मनोप ने बधाई दी है।

इम्प्रेसशन स्कूल के वार्षिकोत्सव में बैंड दल ने बढ़ोरी तालिया



हॉस्पिटल स्कूल के वार्षिकोत्सव में बैंड दल ने बढ़ोरी तालिया। छात्रों ने अपने वार्षिकोत्सव के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया। कार्यक्रम में छात्रों ने अपने वार्षिकोत्सव के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया।

उज्जवल बने हेड ब्वॉय, कनुष्का हेड गर्ल

हल्द्वानी। मनमोहक परेड के साथ इम्प्रेसशन पब्लिक स्कूल में छात्र प्रतिनिधिमंडल का शपथ ग्रहण समारोह हुआ। विद्यालय के हेड ब्वॉय कक्षा 12वीं के उज्जवल आर्य और हेड गर्ल छात्रा कनुष्का जोशी बनीं। वाइस कैप्टन के लिए कक्षा 11 के अर्श सिद्धीको को, छात्र वर्ग में खेल कप्तान कक्षा बारहवीं के उदय चौहान और वाइस कैप्टन के रूप में करन कंबोज को चुना गया। छात्रा वर्ग में स्पॉटर्स कैप्टन सौम्या खंभा व वाइस कैप्टन कनक मोहंश्वरी रहीं। विद्यालय की चैयरपर्सन डॉ. गौतिका बल्युटिया, प्रधानाचार्य अनुराग माधुर और ममता तनेजा ने उन्हें बैज लगाकर अलंकृत किया। (संवाद)

दैनिक जागरण



पृथ्वी रावत पर शुभचिन्तन को हल्द्वानी के इम्प्रेसशन स्कूल में प्रदर्शित करने वाले छात्रों का प्रदर्शन।

अभिभावकों के सामने बच्चों ने किए सांस्कृतिक कार्यक्रम



इम्प्रेसशन पब्लिक स्कूल में बैंड परेड में ने नाटक प्रस्तुत करने छात्र-छात्रा

जॉस, हल्द्वानी : इम्प्रेसशन पब्लिक स्कूल में बैंड परेड में ने नाटक प्रस्तुत करने छात्र-छात्रा। छात्रों ने अपने नाटकों के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया। कार्यक्रम में छात्रों ने अपने नाटकों के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया।

सांस्कृतिक प्रस्तुति से मोहा मन



इम्प्रेसशन पब्लिक स्कूल में आयोजित कार्यक्रम में मौजूद बच्चों। फिल्ल

हल्द्वानी। इम्प्रेसशन पब्लिक स्कूल का 23वां स्थापना दिवस हार्दोल्लास से मनाया गया। बच्चों ने सांस्कृतिक कार्यक्रमों की प्रस्तुति देकर लोगों का मन मोह लिया। कार्यक्रमों में छात्रों ने अपने सांस्कृतिक कार्यक्रमों के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया। कार्यक्रम में छात्रों ने अपने सांस्कृतिक कार्यक्रमों के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया।

इम्प्रेसशन ने जीती अंडर-14 इंटर स्कूल चैंपियनशिप



हॉस्पिटल स्कूल में आयोजित विद्यार्थी समारोह के दौरान मंच पर छात्रों का प्रदर्शन।

न्यूज डायरी

बच्चों ने लिखे संस्कृत के श्लोक

हल्द्वानी। इम्प्रेसशन स्कूल में आयोजित संस्कृत श्लोक प्रतियोगिता में बच्चों ने संस्कृत के श्लोक लिखे। इसमें कक्षा 6 से 8 के विद्यार्थियों ने प्रतिभाग किया। विजयी प्रतिभागियों को पुरस्कृत किया गया। प्रतियोगिता का संचालन रमणिका जोशी, आरुण साह, हसन सुहैल ने किया। इस मौके पर प्रधानाचार्य अनुराग माधुर, उप प्रधानाचार्य ममता तनेजा, रोविन कुमार, निशा कोडपाल आदि मौजूद रहे। (संवाद)



हॉस्पिटल स्कूल में आयोजित विद्यार्थी समारोह के दौरान मंच पर छात्रों का प्रदर्शन।

नृत्य से पर्यावरण संरक्षण का दिया संदेश

हॉस्पिटल स्कूल में आयोजित नृत्य प्रतियोगिता में बच्चों ने पर्यावरण संरक्षण का संदेश दिया। छात्रों ने अपने नृत्यों के माध्यम से पर्यावरण संरक्षण के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया। कार्यक्रम में छात्रों ने अपने नृत्यों के माध्यम से पर्यावरण संरक्षण के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया।

इम्प्रेसशन स्कूल के बच्चों ने बोया हरेला

हल्द्वानी। इम्प्रेसशन पब्लिक स्कूल के बच्चों ने हरेला बोया। इस दौरान बच्चों को हरेला पर्व का महत्व बताया गया और हरेला बोने की विधि बताई। शिक्षिका सुनीता मियान, रितिका बौरा, दामिनी कपूर, कवलनती कौर आदि ने सहयोग किया। (संवाद)

बच्चों को बताई आम की प्रजातियां

हल्द्वानी। इम्प्रेसशन पब्लिक स्कूल में आयोजित आम की प्रजातियों के बारे में जानकारी देने का कार्यक्रम हुआ। छात्रों को आम की प्रजातियों के बारे में बताया गया। कार्यक्रम में छात्रों को आम की प्रजातियों के बारे में बताया गया। कार्यक्रम में छात्रों को आम की प्रजातियों के बारे में बताया गया।

सीबीएसई में तीन भाइयों की प्रतिभा चमकी

हॉस्पिटल स्कूल में आयोजित सीबीएसई में तीन भाइयों की प्रतिभा चमकी। छात्रों ने अपने सीबीएसई के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया। कार्यक्रम में छात्रों ने अपने सीबीएसई के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया।

न्यूज डायरी

दश-प्रियाय रही 'वाइस ऑफ आईपीएस' विजेता

हॉस्पिटल स्कूल में आयोजित दश-प्रियाय रही 'वाइस ऑफ आईपीएस' विजेता। छात्रों ने अपने दश-प्रियाय के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया। कार्यक्रम में छात्रों ने अपने दश-प्रियाय के माध्यम से देश को सेवा करने का संकल्प व्यक्त किया।



Nursery



LKG



UKG-A



UKG-B



I-A



I-B



II-A



II-B



III-A



III-B



IV-A



IV-B



IV-C



V-A



V-B



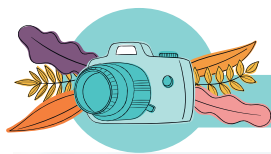
VI-A



VI-B



VI-C



VII-A



VII-B



VII-C



VIII-A



VIII-B



VIII-C



IX-A



IX-B



IX-C



X-A



X-B



X-C



XI-A



XI-B



XI-C



XI-D



XII-A



XII-B



XII-C



XII-D



Prize Winners of Polemic 2.0 Inter - School English Debate organised by Aurum - The Global School, Haldwani



School Badminton Team (Girls)



School Basketball Team (Sr. Girls)



School TT Team



The Musical Club (Vocal & Instrumental)



The Creative Club (Art & Craft)



School Cricket Team U-14 (Boys)



School Cricket Team U-16 (Boys)



School Volleyball Team (Sr. Girls)



School Volleyball Team (Sr. Boys)



School Football Team (Sr. Boys)



School Basketball Team (Sr. Boys)



School Chess Team (Boys)

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