Affiliated to C.B.S.E.,
New Delhi










REFLECTION

SESSION 2025-26

DEDICATED TO

OUR FOUNDER



Late Shri N. C. Balutia

1935-2012

Our founder's flame, forever aglow, built walls where young ideas grow.
With tireless zeal and noble aim, he carved for us this hall of fame.
Though time has claimed his mortal frame, his lessons echo just the same.
In every heart, his echo rings, the song of growth on eagle's wings.












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Message

I am delighted to covey my heartiest congratulations to Inspiration Public School on the publication of REFLECTION for the session 2025-26.

It is a matter of great pride that your school continues to set new standards of excellence. The excellent results in Board Examinations this year, along with students securing positions in prestigious engineering & medical colleges along with the National Defence Academy, speak volumes about the dedication of your students and the guidance of your teachers.

I also commend the school's commitment to holistic development. Furthermore, the launch of skill-based programmes such as Robotics, Astropathshala and programmes on ethical teaching through Cinema, is a visionary step – for a nation progresses only when knowledge is guided by values.

Inspirations Public School is not just imparting education; it is shaping responsible citizens and future leaders of India.

To the students: Continue to dream, to strive, and to serve. The country looks to you with hope.

I extend my best wishes to the principal, sta!, parents and the editorial team of "Re#ection". May the school keep inspiring and achieving greater heights.

Jai Hind!

(Dr. Dhan Singh Rawat)



FROM THE CHAIRPERSON'S DESK

Learning is a lifelong journey, and schools serve as facilitators in this continuous process by nurturing curiosity, fostering a love for knowledge, and instilling the habit of lifelong learning. In an ever-evolving world, these qualities empower individuals to adapt, grow, and thrive.

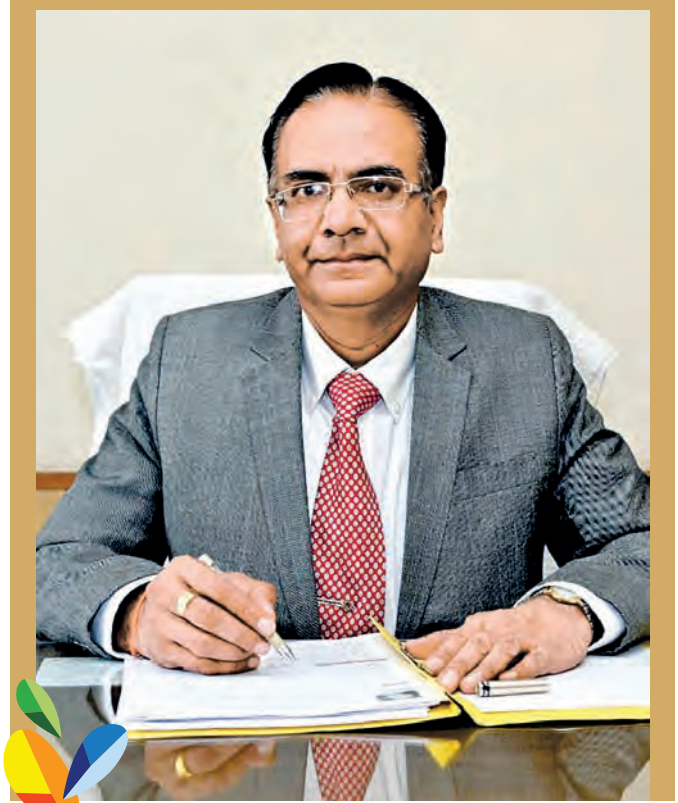
As students spend a significant part of their formative years in school, it becomes a vital space for their intellectual, social, emotional, and ethical development. Aristotle's timeless wisdom remains deeply relevant even today: "Educating the mind without educating the heart is no education at all." We firmly believe that true education is achieved when both the mind and the heart are nurtured, preparing students not only for academic success but also for a compassionate, responsible, and morally grounded life.

At Inspiration, we are committed to a holistic approach that strengthens the moral and emotional compass of every learner. With a forward-looking mindset, we continually strive to adapt and enrich our curriculum to meet the evolving needs of the 21st century. Through a wide range of co-curricular activities, mentorship programmes, and global learning opportunities such as those offered through the British Council, we cater to diverse learning styles and promote the all-round development of our students.

Our educational practices are aligned with the vision of the National Education Policy, emphasizing inclusive education, ecological consciousness, critical thinking, and technological integration. Through a balanced blend of scholastic and co-scholastic experiences, we inspire students to become open-minded, confident, and responsible citizens who contribute positively to society.

Let us join hands in nurturing young minds and shaping future-ready individuals who walk the path of life with confidence, integrity, and purpose.

Dr.Geetika Balutia
Chairperson



FROM THE PRINCIPAL'S DESK

Dear Avid Readers,

It fills me with pride to present the 2025-26 edition of our school magazine 'Reflection' a chronicle of a year where Inspiration Public School truly lived up to its name.

This year, our students gave us many reasons to celebrate. With 100% results in the Board Examinations, and our children securing seats in IITs, top medical colleges, and the National Defence Academy. They have shown that hard work and guidance can turn dreams into destinations. They carried the school's name high, and for that, we are grateful.

We also grew as an institution. The addition of our new Auditorium, modern Physics and Biology Labs, ensure that learning here is not confined to books but comes alive through experience. Further, the introduction of School Cinema – our programme on ethical teaching – reflects our belief that education must build character along with intellect.

Another year unfolds within these pages, and with it, the stories of dreams pursued, challenges overcome, and milestones achieved. When I walk the corridors, I see more than students and staff. I see artists, writers, athletes, leaders, and thinkers in the making. This magazine captures that spirit beautifully. This magazine is not just paper and ink, it is proof that our school lives and breathes through its stakeholders.

The students come as children and leave as young adults ready for the world. They take our values with them, they come back and tell us their stories. Let this magazine remind us that education is not about filling a vessel, but lighting a fire. Keep that fire alive.

To those who contributed to this edition, I must say that your words and creativity give our school its voice.

'Magic is believing in yourself. If you can make that happen, you can make anything happen'.

Keep learning, keep growing.

Anurag Mathur,
Principal



FROM THE VICE PRINCIPAL'S DESK

Education Beyond Books: Nurturing Values for Life

"Education is not the filling of a pail, but the lighting of a fire."

In today's fast-paced and ever-evolving world, education is often measured through marks, grades, and achievements. However, true education goes far beyond textbooks and examinations. It is a lifelong journey—one that shapes not only the intellect but also the character of an individual.

Values are the foundation of this journey. They are like seeds that, when nurtured with care, grow into strong trees that provide shade, strength, and direction. The process of building a value system begins within the individual, extends to the family, and gradually influences the community and society at large. When values are deeply rooted, they have the power to transform not just individuals but entire nations. The development of values is not an overnight process. It is gradual, much like building a house brick by brick. It requires patience, consistency, and conscious effort. One can only impart what one possesses; therefore, the internalization of values becomes essential. We at Inspiration Public School work together to cultivate qualities such as honesty, empathy, respect, and responsibility in young minds.

A child is not merely a learner of subjects but a holistic being. True education addresses the physical, emotional, social, and spiritual dimensions of a child's personality. Only when all these aspects are nurtured harmoniously can we prepare individuals who are not only knowledgeable but also wise and compassionate.

We strongly advocate Continuous and Comprehensive Evaluation, focusing not just on academic achievement but on the overall growth of each child. Our aim is to create a stress-free and supportive atmosphere where students feel confident to explore, learn, and grow.

As we prepare our students to step into an increasingly complex and interconnected world, we strive to shape them into competent, confident, and compassionate individuals. Our ultimate goal is to nurture responsible citizens who will contribute to building a harmonious and peaceful society.

Education, after all, is not about completing a syllabus—it is about shaping lives.

Mamta Taneja,
Vice Principal



FROM THE EDITOR'S DESK

Dear Readers,

"It is rightly said by Dr. A.P.J. Abdul Kalam, 'Learning gives creativity, creativity leads to thinking, thinking provides knowledge, and knowledge makes you great."

It gives me immense pleasure to present this edition of Reflection, our school magazine that mirrors the spirit, creativity, and achievements of our school community.

As we bring out yet another issue of this annual souvenir, I feel humbled and sincerely thankful to the management for believing in us and for giving us the opportunity to present it. Their constant support, encouragement, and faith have made this publication possible.

I also extend my heartfelt gratitude to the editorial team for working in unison and contributing their sincere efforts toward the successful publication of this magazine. Their dedication, cooperation, and commitment have played a vital role in shaping this issue.

A magazine is more than a collection of articles and pictures; it is a reflection of the ideas, talents, and aspirations of its contributors. Reflection brings together these voices and moments, preserving them as a part of our shared journey.

I hope this edition inspires every reader to value learning, creativity, and collaboration, and to take pride in the achievements that define our school.

"Since a school magazine preserves memories, ideas, and inspiration for the future, let us explore it with pride."

Smita Pant,
Editor



STUDENT EDITOR SPEAKS

"The wisest curriculum is learning from everyone and everything around us; Inspiration Senior Secondary School is simply the canvas where this lifelong habit begins."

School is a playground, not merely in the literal sense, but it's a place where life's first lessons are taught quietly. We learn here how to deal with people, pressure, success, disappointment and change before we step into the wider society. We stumble, we score, we learn to dust off and try again.

'REFLECTION 2025-26' holds a special kind of value to me. It did not simply collect words and pictures but preserved memories, achievements and moments that become a legacy. It reminds us of the previous year; how we have lived and keep our experiences before our eyes so we can almost relive them. That is what you are holding in your hands. This magazine summarizes our entire year through photos, inter-school laurels and preserved stories. Like a time capsule it creates a lasting legacy. It lets us reflect on our triumphs, and more importantly to derive meaningful lessons from our mistakes, thereby guiding us toward a more constructive path forward. By bringing together our efforts and memories, it becomes more than a publication. It becomes a reflection of growth and a reminder of how far we have come.

My profound gratitude to the school management for trusting me as the school's student editor, to the teachers whose motivation pushed me to do better and to my brilliant peers for making this possible.

"Labor omnia vincit"

"Inspire To Enlighten"

Hassan Suhail, XI D

ANNUAL REPORT

2025-2026

'One positive action combined with positive thinking, results in success'

With an exhilarating sense of gratification, I feel immensely blessed to have this opportunity yet once again to present before you the school's Annual Report for the academic session 2025–26.

I take this privilege to thank each and every one for playing a significant role of this glorious journey. A heart filled with aspirations is all that we knew since the very existence of the school and that's what gave us the ambition of marching forward till excellence is achieved in all our endeavours.

This year has been a very eventful one for we have made great efforts to transform ourselves completely into the CBSE's updated scholastic format and have been extremely successful in most of our endeavours. Apart from preparing the students to qualify for purely academic demands, special efforts are being made continuously to enable them to face the challenges of the competitive world. It is a matter of great pride that the students who graduate from our portals should carry forward the values they have inherited, excel in whatever they do and be role models in the society.

This report is comprised of the achievements made during the year gone by and at the same time set the path for greater accomplishments in the years to come.

The merit and mettle of our students was proved without an iota of doubt that excellence in academics is the hallmark of this institution. Once again, our meritorious students have successfully created a trail-blazing path at AISSE and AISSCE Examinations. I feel honoured to put forward the result of CBSE board examination 2025-26. Out of 163 students who appeared in class X 72 students scored 90% and above, the top 5 scorers being:- **Prakriti Pandey (99%), Digvijay Singh Adhikari (98.6%), Devansh Joshi (98.4%), Ramnika Joshi (98.4%), Smriti Singh (98%), Dibyanshi Joshi (98%), Vineeta (97.8%) and Shaurya Agarwal (97.8%).** This time students scored 100% marks in English, IT, Hindi and Social Science in class X.

Out of 167 students who appeared in XII, 25 students scored 90%. The top 5 scorers being:- **Unnati Joshi (97.2%), Yashaswi Upadhyay (96%), Riya Saini (95.8%), Ananya Rathore (95.4%), Vaibhav Pandey (94.8%), Riddhi Sharma (94.8%) and Vansh Jaiswal (98.4%).** This time students scored 100% marks in English, AI, Psychology and Mass Media in class XII.

It was the crowning moment for the school when Sarvagya Srivastava (97.68), Sarthak Rawat (94.62), Mridul Nath Goswami (93.66) and Aditya Thuwal (92.25) made it to JEE (Mains). Sahib Singh Jubbal cleared the prestigious exam of Indian Air Force.

Sarthak Rawat and Sarvagya Srivastava qualified for the prestigious JEE (Advanced). The results of NEET are awaited.

Our Participation in Co-scholastic Activities

Our students regularly participate in the co-curriculars and put their heart and soul to achieve success. We have made an attempt to show most of the events that prove the mettle of the students in various fields.

School Raising Day: School Raising Day was observed on July 3, to pay tribute to the great visionary and educationist Late Shri N.C Balutia who founded IPS. The day was marked with a












variety of programme that reminded us the sincerity he had put in to build the strong foundation and motivated us to follow his footsteps.

Investiture Ceremony: Swearing-in is one of the most formal and prestigious occasions where capable and competent students are bestowed the responsibilities to lead the school from front. Ashutosh Negi and Yashswi Bhandari were given to shoulder the responsibilities of the school head boy and the head girl respectively.

Accolades in Games and Sports:

(i) International Para-Badminton Tournament 2025: It is a moment of immense pride for all of us to present the result of an International sports event. Shivangi Pandey of class XII, Humanities stream participated in the Championship held at Kampala, Uganda from 1st July'25 to 7th July'25, and her indomitable determination and 'will to win' attitude brought her fame when she secured a Gold medal in Women's Singles and a Bronze medal in Women's Doubles event.

Shivangi Pandey bagged bronze medal in Women's Singles SL4 category of Asian Youth Para Games held in Dubai from 07 Dec'25 to 14 Dec'25.

Shivangi also bagged a Gold medal at the event of 7th National Para-Badminton Championship held at Heartfulness Gopichand Badminton Academy, Hyderabad.

(ii) Result of CBSE Cluster Table Tennis Tournament held at Shahjahanpur from 25th – 28th August'25, organized by Rosy Public School.

Name	Class	Position	Category
Yuvraj Arora	XI E	I	Under 17
		III	Under 19
Vansh Joshi	VIII A	III	Under 15
Garima	IX C	II	Under 17
		III	Under 19
Aklavya Dhingra	XI C	II	Under 19

(iii) Result of Interschool Chess Championship: Organised by Dikshant International School, Haldwani on 19-20 July, 25. Our school secured III position in the event. The winning team comprised of: Vedant Kandpal (IX C), Shantanu Srivastav (IX A), Abeer Dayal Saxena (IX A), Ansh Tolia (IX C), Jigyasha Mishra (XII A), Lakshmi Khati (XII A), Mahi Agarwal (XII D) and Riddhi Tamta (XII A).

Riddhi Tamta and Mahi Agarwal also received prizes in individual category.

(iv) In Late Ved Prakash Gupta ji Memorial Interschool Chess Championship, organized by BLM Academy, Haldwani, 2nd Runner-up position was secured by senior girls team Ridhi Tamta , Mahi Agarwal, Yogita Adhikari and Aaditri Heria.Our junior boys team also secured 2nd Runner-up position (Ananjan Tripathi, Anirudh Lohani, Kartik Tiwari and Harshit Dhapola).Our sub-junior boys stood 1st Runner-up (Akshit Mehta, Tanish Joshi, Pranshul Bhandari and Jay Gupta).

Ridhi Tamta, Ananjan Tripathi, Harshit Dhapola and Ananya Pandey were also felicitated as individual champions.

(v) In Table Tennis organized by Aegis Sports Directorate, Nainital, Sumit Gariya (X A) secured I position in Under 17 and IV in Under 19 categories. And Garima Bisht (IX B) secured IV and II position in under 17 and 10 categories respectively.

Garima Bisht has also secured III position in Under 17, and II position in Under 17 singles event at State Level Table Tennis Tournament.

(vi) In the 14th National Vovinam Championship 2025, Palak Balutia (IX B) secured I position and bagged a Gold medal in Under 14, 50 kg category.

(vii) In Senior Boys Cricket Tournament organized by Public School Association, at DPS Haldwani, Lakshya Nayal bagged the title of All Rounder of







the Tournament.

(viii) In Table Tennis Doubles Championship, Khel Mahakumbh, Yuvraj Arora (XI E) secured a Gold medal.

Cultural Exchange Programme-LeFrehindi: Our school hosted a two-day Indo-French educational and cultural exchange programme, 'Le Frehindi' on 17th and 18th October, 25 aiming to bridge the gap and enhance mutual understanding and friendship between people of different nations. The French delegates along with 30 school students enjoyed the 2-day event playing friendly matches, relishing Kumaoni delicacies and dancing with the melodies of Kumaon. The exchange program provided a perfect platform for the students to grow, making them more sensitive, compassionate and wiser international citizens.

Kindergarten Activities: The pre-primary and primary wings of our school were packed with numerous engaging and colourful activities like English Calligraphy, G.K Quiz, English Speech, Poem Recitations, Janmashtami Ramp walk, Lagori Tournament etc.to name a few.

Middle school and Senior-wing Activities: The middle and the senior-wing were equally packed with literary and innovative activities. Starting from Interhouse Board Decoration to Creative Writing to Debating, the school also focused in conducting activities like Pen pal Scheme, Interhouse Debate, Youth Parliament, Fireless Cooking, Hindi Kavi Sammelan, Halloween Celebration, Tourism Logo Making Competition etc. The students poured their heart and soul in the activities and mesmerized the audience with their extraordinary presentation skills.

Art and Craft: To give wings to the imagination and creativity of students, competitions like Leaf art, Doodle art, Diwali Card Making, Bookmark Making, Rakhi Making, Aipan and Rangoli making, Tattoo Making, Scary Face Painting, Face mask making were conducted for middle and senior wing students.

Festivals and Celebrations: The school gives due recognition to significant National and global events and celebrate the days with full fervour. Some of these events are Earth Day, World Health Day, World Environment Day, Mother's Day, Independence Day, Teachers' Day, Children's Day, Grandparent's Day, Hindi Diwas and all religious festivals.

Dance and Music: To keep the children's spirit high and make them enjoy and utilize every moment of their life, Dance Competitions, Instrumental Freaks and Voice of IPS were organized for students of classes IX to XII.

Entrepreneurship Contest: One of the most interesting and engaging contests conducted by Twin-Win was 'Entrepreneurship Contest'. This was planned exclusively for the students of classes IX and XI. This pioneer event started in 2020-21 with the motto to provide opportunity to young minds to develop an aptitude as future entrepreneurs and motivate them to acquire the requisite skills to become professionals in their life. Each winner of the contest was awarded with a cash prize of Rs. 2,500, Rs. 1,500 and Rs. 1,200 to I, II and III position holders respectively.

Interschool Competitions:

(i) MUN: Our school participated at DISMUN 5.0 conference held at Dikshant International School, Haldwani and proudly secured II position among 12 participating teams, with around 300 delegates showcasing their diplomatic prowess, interpersonal skills and oratory acumen. The winning team comprised of: Divya Prasoon Joshi, Uday Raj Singh Mer (UNEP), Garvita Suyal (AIPPM), Mehul Joshi (AIPPM), Hassan Suhail (UNSC), Tamanna Bhatt (UNSC), Abhinav Joshi (AIPPM), Ishaan Pathak (UNHRC), Kanika Pandey (UNSC), Ridhi Tamta (UNSOOA) and Aditi Bardola (UNHRC).

(ii) Literary:

In an Interschool 'Himalay Bachao' Speech Competition held at Cynthia International School, Haldwani, organized by Bharat Vikas Parishad, Sarvagya Srivastava (XII A) secured I position in the



competition.

Prateeti Sah (XII D) secured a Consolation prize in Hindi Essay Writing Competition organized on the occasion of 134th Annual Function of the Arya Samaj. In the same event, Mehul Joshi (VI B) secured I position in Hindi Essay Writing Competition.

(iii) Cultural Event: On the occasion of Republic Day Celebration, the school choir participated in National Group Song Competition (Rashtriya Samuha Gaan) organized by Bharat Vikas Parishad and secured III position (in Patriotic Song category).

(iv) N.N.D Bhatt Memorial Trophy: In an Inter-school Drawing and Painting Competition organized by Beersheba Sr. Sec. School, Atika Haider (IX B) won I position in drawing competition.

(v) NASA International Space-App Challenge 2025 was organized by Astroverse Experience Pvt. Ltd. at Graphic Era Hill University, Bhimtal from 04 to 06 October'25. Kartavya Joshi (IX B) secured I position in Telescope Pointing Challenge.

Hassan Suhail (XI D), Abhigyan Bughani (XI B) and Dhruv Tiwari (XII D) secured II position in Rocket launching while Ansh Tolia (IX C) secured III position in Robo Kabaddi.

Olympiads: The quality of one's thinking determines the quality of one's mind. The school organized National and International Science, Mathematics, English, G.K, Social Science and Cyber Olympiads to give platform to students and infuse a healthy competitive spirit through reward-based assessment. Some of our students were also placed under the 'Zonal Toppers' List.

Trips and Excursions: To refresh students' minds before their exam and to break the monotony of teachers' routine, the school planned a trip cum excursion to Ramnagar, for classes VI - XII. Apart from participating in activities like trekking, they also enjoyed various fun-filled games, and returned with a heart full of fond and cherishable memories.

Valediction Ceremony: Time rolled by and we stood at the point of bidding farewell to the outgoing batch of class XII. A grand farewell was arranged by the school management and the batch was bid



goodbye with plenty of blessings and good wishes for their bright and successful future.

Before I conclude, let me assure that even though our students engaged themselves in various co-curricular and life skill activities, top priority is given to academic performance. Remedial teaching, extra classes, revisions, unit tests, term-end exams, assignments and project work kept them busy throughout the session.

I render thanks to our Director Dr. Deepak Balutia and Chairperson Dr. Geetika Balutia for their continuous support, able guidance and encouragement to do better that surely helped us whatever we have achieved so far. I express my sincere gratitude to the highly qualified and experienced faculty and the entire staff for their untiring efforts to maintain the standard and reputation of the school. My sincere thanks also go to all the parents, our well- wishers, who have always lent a supportive hand in all our endeavors to produce confident, wise and capable batch of students every year.

With that, let us foresee a world of universal singularity where our children are going to be the propellant of this change and the world shall be a better and beautiful place to live in!!

I would like to conclude with the following lines of Rishi Aurobindo, the great yogi, philosopher and educationist……

"What I cannot do now is the sign of what I shall do hereafter. The sense of impossibility is the beginning of all possibilities."

Thank you!!



Sarthak Rawat
JEE(Advanced)



Sarvagya Srivastava
JEE(Advanced)



Sahib Singh Jubbal
Indian Air Force

YOUNG ACHIEVERS

HEARTIEST CONGRATULATIONS!

RESULTS

CLASS XII

SESSION: 2025-2026

CBSE CLASS XII RESULT- 2026

CONGRATULATIONS...!! TOP SCORERS OF CLASS XII



Unnati Joshi
97.20%



Yashaswi Upadhyay
96%



Riya Saini
95.8%



Ananya Rathore
95.4%



Vaibhav Pandey
94.8%



Riddhi Sharma
94.80%



Vansh Jaiswal
94.80%



Dhairya Nagarkoti
94.4%



Sarvagya Srivastava
94.2%



Aashi Prajapati
94.2%



Bhumika Gururani
94.20%



Shubhank Jeena
93.4%



Kajal Goswami
93%



Shivangi Pandey
93%



Bhavesh Palariya
92.4%



Shraddha Bhakuni
92.4%



Areeb Siddiqui
92.2%



Mridul Nath Goswami
92%



Himani Bisht
92%



Shikha Tamta
92%



Neha Farshwan
91.8%



Tulika Joshi
91.2%



Aditya Thuwal
91%



Aman Singh Surya
90.6%



Anurag Verma
90.6%



Shreyashi Palani
90.4%



Sarthak Rawat
90%



Harshit Singh
90%



Prateeti Sah
90%

RESULTS



CLASS X

SESSION: 2025-2026

CBSE CLASS X RESULT- 2026

CONGRATULATIONS...!! TOP SCORERS OF CLASS X



Prakriti Pandey
99%



Digvijay Singh Adhikari
98.6%



Devansh Joshi
98.4%



Ramnika Joshi
98%



Smriti Singh
98%



Dibyanshi Joshi
98%



Vineeta
97.8%



Shaurya Agarwal
97.8%



Kanika Pandey
97.6%



Apoorva Mer
97.6%



Aayush Rawat
97.4%



Anushriya Agnihotri
97.2%



Juhi Kandpal
97.2%



Arjun Singh Pachhai
97%



Shiva
97%



Subodh Singh Rana
96.8%



Tania Pant
96.8%



Vanya Puneet Agrawal
96.8%



Kavyansh Mishra
96.8%



Neha Joshi
96.2%



Kartikeya Gururani
96%



Harshvardhan Bisht
96%



Samriddhi Sharma
95.8%



Arush Lohani
95.8%



Lakshita Negi
95.8%



Vaidehi Tomar
95.8%



Onkar Joshi
95.6%



Mayuresh Taragi
95.6%



Apara Pathak
95.6%



Harshdeep Singh
95.4%



Akshit Adhikari
95.2%



Aksh Gupta
95.2%



Karan Joshi
95.2%



Zainab Hashmi
95.2%



Harsh Joshi
95%



Rinesh Palariya
95%



Mriganka Tamta
94.8%



Savir Singh Dhariwal
94.8%



Tejaswini Bhatt
94.4%



Vaishali Mishra
94.4%



Aakash Singh Pachhai
94.2%



Gauransh Joshi
93.8%



Lakshya Pandey
93.8%



Abaan Abdullah
93.6%



Divya Rana
93.4%



Sumit Singh Gariya
93.4%



Yash Agarwal
93.4%



Chinmay Bisht
93.4%



Anika Pant
93%



Raina Agarwal%
93%



Divyansh Sahu
93%



Aditi Bhatt
92.8%



Naitik Kunwar
92.8%



Yumna Siddiqui
92.8%



Tamanna Bhatt
92.6%



Abaan Abdullah
92.6%



Kanishka Kandpal
92.2%



Kushagra Mathpal
92.2%



Shatakshi Antiwal
91.8%



Mayank Singh
91.6%



Isha Bisht
91.6%



Priyanjali Sah
91.2%



Japneet Singh Gujral
91%



Vanshika Suyal
91%



Yashvardhan Shah
91%



Prateek Negi
90.6%



Himani Bhandari
90.2%



Yatharth Upreti
90%



Zunairah Khan
90%



Prakhar Sijwali
90%

RESULTS



CLASS XII

SESSION: 2025-2026

SUBJECT WISE 100% SCORERS



Yashswi Bhandari
English 100%



Unnati Joshi
Psychology 100%



Anshuman Basani
Artificial Intelligence 100%



Anurag Verma
Artificial Intelligence 100%



Kajal Goswami
Artificial Intelligence 100%



Shreyashi Palani
Mass Media 100%



Mahi Agarwal
Mass Media 100%



Garvita Suyal
Mass Media 100%

RESULTS

CLASS X

SESSION: 2025-2026

SUBJECT WISE 100% SCORERS



Ramnika Joshi
English 100%



Tania Pant
English 100%



Prakriti Pandey
English 100%



Raina Agarwal
English 100%



Vineeta
English 100%



Mayuresh Taragi
English 100%



Anushriya Agnihotri
English 100%



Harshvardhan Bisht
English 100%



Lakshita Negi
English 100%



Neha Joshi
English 100%



Tejaswini Bhatt
English 100%



Aayush Rawat
English 100%



Vaidehi Tomar
English 100%



Vineeta
Hindi 100%



Aksh Gupta
IT 100%



Anushriya Agnihotri
IT 100%



Apara Pathak
IT 100%



Apoorva Mer
IT 100%



Arjun Singh Pachhai
IT 100%



Devansh Joshi
IT 100%



Dibyanshi Joshi
IT 100%



Digvijay Singh Adhikari
IT 100%



Divyansh Sahu
IT 100%



Gauransh Joshi
IT 100%



Harsh Joshi
IT 100%



Isha Bisht
IT 100%



Juhi Kandpal
IT 100%



Kanika Pandey
IT 100%



Kavyansh Mishra
IT 100%



Mayank Singh Rana
IT 100%



Mayuresh Taragi
IT 100%



Mehsha Naaz Qureshi
IT 100%



Muskan Verma
IT 100%



Nikunj Gupta
IT 100%



Prakriti Pandey
IT 100%



Ramnika Joshi
IT 100%



Satvik Pandey
IT 100%



Savir Singh Dhariwal
IT 100%



Shaurya Agarwal
IT 100%



Shiva
IT 100%



Smriti Singh
IT 100%



Subodh Singh Rana
IT 100%



Tania Pant
IT 100%



Vaishali Mishra
IT 100%



Vanya Puneet Agrawal
IT 100%



Vineeta
IT 100%



Yash Agarwal
IT 100%



Yumna Siddiqui
IT 100%



Zainab Hashmi
IT 100%



Digvijay Singh Adhikari
Social Science 100%

OLYMPIAD ACHIEVERS





Olympiad (Akhil Bhartiya Hindi Olympiad)

Class	Name	Wining Medal
I	Harshit Joshi	Medal of Excellence-Gold
II	Chitranshi Latwal	Medal of Excellence-Bronze
II	Kanishka Bisht	Medal of Excellence-Silver
II	Shrishti Batra	Medal of Excellence-Gold
III	Rudrani Rawat	Medal of Excellence-Silver (State Topper)
III	Shaanvi	Medal of Excellence-Silver
V	Bhavita	Medal of Excellence-Silver
V	Yukta Kumari	Medal of Excellence-Gold
VII	Divyanshi Pandey	Medal of Excellence-Gold
VII	Ritisha Chaudhary	Medal of Excellence-Gold
VII	Bhavini Satyapal	Medal of Excellence-Bronze
VIII	Aditi Bardola	Medal of Excellence-Gold
VIII	Advika Arya	Medal of Excellence-Bronze
VIII	Divyanka Pathak	Medal of Excellence-Silver
IX	Divya Prabha Joshi	Medal of Excellence-Silver
IX	Lakshita Tiwari	Medal of Excellence-Gold
X	Syed Abaan Abdulla	Medal of Excellence-Gold
X	Shourya Singh	Medal of Excellence-Silver

International Informatics Olympiad

Class	Name	Winning Medal
I	Advay Singh Bisht	Medal of Excellence-Gold
III	Ahaan Tiwari	Medal of Excellence-Gold
VI	Yatin Pant	Medal of Excellence-Gold
VIII	Rayansh Bisht	Medal of Excellence-Gold
IX	Jeevisha Suyal	Medal of Excellence-Gold

International AI Olympiad (Artificial Intelligence)

Class	Name	Winning Medal
1	Saksham Koranga	Medal of Excellence-Gold

SOF International English Olympiad (IEO)

CLASS	Name of the Student
IX B	Mihir Pratap Singh Bisht
X A	Anika Pant
XI E	Khushi Joshi
XI B	Anushka Baloni
XI B	Yukti Tewari
XII D	Mahi Agarwal

G.K. Olympiad (SKGKO25) : 2025-26

Class	Name	Winning Medal
I	Akshit Singh Karki	Medal of Excellence-Gold
I	Navya Bisht	Medal of Excellence-Silver
II	Aradhya Tiwari	Medal of Excellence-Gold
II	Advik	Medal of Excellence-Bronze
II	Garvit Sanwal	Medal of Excellence-Silver
III	Shreya Nainwal	Medal of Excellence-Bronze
III	Ahaan Tiwari	Medal of Excellence-Gold
III	Arunabh Sah	Medal of Excellence-Silver
IV	Harsh Negi	Medal of Excellence Gold
IV	Aditya Arya	Medal of Excellence-Bronze
IV	Tanish Joshi	Medal of Excellence-Silver
V	Parth Tewari	Medal of Excellence-Gold
VI	Bhargav Dafauti	Medal of Excellence-Silver
VI	Ekaansh Sah	Medal of Excellence-Bronze
VI	Hridyanshi Bisht	Medal of Excellence-Bronze
VII	Sagun Bhandari	Medal of Excellence-Bronze
VII	Abhyuday Bisht	Medal of Excellence-Silver
VII	Shashwat Patni	Medal of Excellence-Gold

International Olympiad of Science

Class	Name	Winning Medal
I	Hridhaan Suyal	Medal of Excellence-Silver (State Topper)
I	Charvi	Medal of Excellence-Silver
II	Aradhya Tiwari	Medal of Excellence-Silver
II	Prakhar Azad	Medal of Excellence-Bronze
II	Vardaan Kohli	Medal of Excellence-Gold
III	Dakshayini Bisht	Medal of Excellence-Bronze
III	Ahaan Tiwari	Medal of Excellence-Gold (State Topper)
III	Hamdan Ahmad	Medal of Excellence-Silver
IV	Sarthak Joshi	Medal of Excellence-Bronze
IV	Jaywardhan Bhatt	Medal of Excellence-Silver
IV	Tanish Joshi	Medal of Excellence-Gold
V	Bhavita	Medal of Excellence-Gold
V	Gaurang P. Singh	Medal of Excellence-Bronze
V	Yadhant Saahi	Medal of Excellence-Silver
VI	Udayraj Veer Singh Mer	Medal of Excellence-Silver
VI	B. Vanshika Reddy	Medal of Excellence-Bronze
VI	Hridyanshi Bisht	Medal of Excellence-Gold
VII	Devansh Shastri	Medal of Excellence-Gold
VII	Shloak Dwivedi	Medal of Excellence-Silver
VII	Dhruv Rawat	Medal of Excellence-Bronze
VIII	Harsh Raj	Medal of Excellence-Bronze
VIII	Parth Rawat	Medal of Excellence-Gold
VIII	Rishita Bhatt	Medal of Excellence-Silver
IX	Jyotsna Joshi	Medal of Excellence-Gold
IX	Khushi Joshi	Medal of Excellence-Silver
X	Lakshita Negi	Medal of Excellence-Gold

LEVEL 2
International Olympiad of Science

Class	Name	Winning Medal
III	Ahaan Tiwari	Medal of GOLD (STATE Topper)
VIII	Parth Rawat	Medal of GOLD

LEVEL 2
International Olympiad of ENGLISH

Class	Name	Winning Medal
III	Ahaan Tiwari	Medal of GOLD
IV	Pratyum Joshi	Medal of GOLD
VII	Prisha Negi	Medal of GOLD (STATE Topper)
VIII	Rishita Bhatt	Medal of GOLD
X	Vanya Puneet Agarwal	Medal of GOLD

International Reasoning & Aptitude Olympiad

Class	Name	Winning Medal
II	Divyesh Bisht	Medal of Excellence-Silver (State Topper)
II	Lakshya Bahuguna	Medal of Excellence-Silver
III	Ahaan Tiwari	Medal of Excellence-Silver (State Topper)
III	Hamdan Ahmad	Medal of Excellence-Silver
V	Gaurang Pratap Singh	Medal of Excellence-Gold
V	Jeeva Tamta	Medal of Excellence-Silver
V	Avni Joshi	Medal of Excellence-Bronze
VI	Deepika Airy	Medal of Excellence-Gold
VI	Lakshya Negi	Medal of Excellence-Silver
VII	Devansh Shastri	Medal of Excellence-Gold
VII	Divyanshi Pandey	Medal of Excellence-Silver
VIII	Prajjwal Bhatt	Medal of Excellence-Gold
VIII	Tanishk Dangwal	Medal of Excellence-Silver
IX	Mihir Pratap Singh Bisht	Medal of Excellence-Gold

Social Studies Olympiad

Class	Name	Wining Medal
II	Priyanjal Mehra	Medal of Excellence-Gold
III	Vaishnavi Upreti	Medal of Excellence-Bronze
III	Ahaan Tiwari	Medal of Excellence-Bronze (State Topper)
III	Rudrani Rawat	Medal of Excellence-Silver
IV	Tarush Kapri	Medal of Excellence-Silver
IV	Sarthak Joshi	Medal of Excellence-Bronze
IV	Pragati Mahtolia	Medal of Excellence-Bronze
IV	Vivek Joshi	Medal of Excellence-Bronze
V	Lakshya Singh Chuphal	Medal of Excellence-Bronze
V	Parth Tewari	Medal of Excellence-Bronze
V	Keyaan	Medal of Excellence-Bronze (State Topper)
VI	Ritisha Suyal	Medal of Excellence-Gold
VI	Udayraj Veer Singh Mer	Medal of Excellence-Silver
VI	Nischay Tiwari	Medal of Excellence-Bronze
IX	Yashanshi Gwasikot	Medal of Excellence-Silver
IX	Manwi	Medal of Excellence-Gold
X	Shubh Pathak	Medal of Excellence-Gold

SOF Maths Olmypiad

CLASS	Name of the Student
IX	Elakshi Jaiswal
X	Subodh Singh Rana

SOF National Science Olympiad 2025-26

CLASS	Name of the Student
IX A	Neil Verma
X A	Kartikeya Gururani

Olympiad (Talent Hunt)

Class	Name	Winning Medal
IV	Naman Koranga	Medal of Excellence-Bronze (State Topper)

Olympiad (STEM)

Class	Name	Winning Medal
VII	Divyansh Pandey	Medal of Excellence-GOLD

Little Star Mathematics Olympiad

Class	Name	Wining Medal
Nur	Divisha Kandpal	Gold Medal
Nur	Meenakshi Negi	Bronze Medal
Nur	Divisha Pokhariya	Silver Medal
LKG	Atharv S Rawat	Gold Medal
LKG	Atharv Bardola	Silver Medal
LKG	Aviral Pandey	Silver Medal
LKG	Lavanya Nayal	Silver Medal
LKG	Vedpratab Chaudhary	Silver Medal
LKG	Aprmey Krishna	Gold Medal
LKG	Saanvika Bisht	Bronze Medal
UKG	Dhruvi Bisht	Gold Medal
UKG	Vanshika Rana	Gold Medal
UKG	Dakshesh Bhandari	Gold Medal
UKG	Yaashita Bisht	Gold Medal
UKG	Harsh Agarwal	Gold Medal
UKG	Mihika Deopa	Gold Medal
UKG	Heerak S Rana	Silver Medal
UKG	Shreyansh Balutia	Silver Medal
UKG	Yuvraj Singh	Silver Medal
UKG	Aadvika Tewari	Bronze Medal
UKG	Nirvaan Mohan Tewari	Bronze Medal

Little Star English Olympiad

Class	Name	Wining Medal
NUR	Divisha Pokhariya	Gold Medal
NUR	Krishiv S Negi	Silver Medal
NUR	Divisha Kandpal	Silver Medal
LKG	Muhammad Areeb Raza	Gold Medal
LKG	Dhriti Ruwali	Silver Medal
UKG	Yuvraj Singh	Gold Medal
UKG	Dakshesh Bhandari	Gold Medal
UKG	Divija Raj	Gold Medal
UKG	Lavanya	Silver Medal
UKG	Vanshikha Rana	Silver Medal
UKG	Nirvaan Mohan Tewari	Silver Medal
UKG	Lavanya Rana	Silver Medal
UKG	Adina	Silver Medal
UKG	Hardik Kandpal	Bronze Medal
UKG	Heerak S Rana	Bronze Medal

SOF National Science Olympiad 2025-26

Class	Name	Wining Medal
9A	Neil Verma	Gold Medal of Excellence
10	Akartikeya Gururani	Gold Medal of Excellence

Hindustan Olympiad

Class	Name	Wining Medal
III	Parth Rautela	District Topper
XI	Saee Babrr	District Topper
XII	Shubhank Jeena	District Topper
XII	Areeb Siddiqui	District Topper

Little Star EVS Olympiad

Class	Name	Wining Medal
NUR	Divisha Kandpal	Medal of Excellence Gold
LKG	Atharv Barolia	Medal of Excellence Gold
LKG	Tanishak Jaiswal	Medal of Excellence Silver
UKG	Mohd Zoohan	Medal of Excellence Gold
UKG	Reyansh Bisht	Medal of Excellence Gold
UKG	Mihika Deopa	Medal of Excellence Gold
UKG	Dhruvi Bisht	Medal of Excellence Silver
UKG	Heerak Singh Rana	Medal of Excellence Bronze
UKG	Nirvaan Mohan Tewari	Medal of Excellence Bronze
UKG	Lavanya Rana	Medal of Excellence Bronze

Little Star Hindi Olympiad

Class	Name	Wining Medal
LKG	Atharv Barolia	Medal of Excellence Gold

UKG	Daksheesh Bhandari	Medal of Excellence Silver
UKG	Nirvaan Mohan Tewari	Medal of Excellence Gold
UKG	Lavanya Rana	Medal of Excellence Gold
UKG	Vanshika Rana	Medal of Excellence Bronze

English Olmypiad

Class	Name	Wining Medal
I	Hridhaan Suyal	Medal of Excellence Gold
I	Pruthvik Mondal	Medal of Excellence Silver
I	Kiyaan Sah	Medal of Excellence Bronze
II	Ditya Bohra	Medal of Excellence Gold
II	Amina Naved	Medal of Excellence Silver
II	Vardaan Kohli	Medal of Excellence Bronze
III	Ahaan Tiwari	Medal of Excellence Gold
III	Manit Goyal	Medal of Excellence Silver
III	Vihana Bhardwaj	Medal of Excellence Silver
III	Faaiza Junaid	Medal of Excellence Bronze
IV	Pratum Joshi	Medal of Excellence Gold
IV	Anshika Lohani	Medal of Excellence Silver
IV	Gurleen Kaur	Medal of Excellence Bronze
V	Avni Joshi	Medal of Excellence Gold
V	Dakshita Jaiswal	Medal of Excellence Silver
V	Samarth Singh	Medal of Excellence Bronze
VI	Ritisha Suyal	Medal of Excellence Gold
VI	Hridyanshi Bisht	Medal of Excellence Silver
VI	B Vanshika Reddy	Medal of Excellence Bronze
VII	Prisha Negi	Medal of Excellence Gold
VII	Shashank Pandey	Medal of Excellence Silver
VII	Aashray Tiwari	Medal of Excellence Bronze
VIII	Rishita Bhatt	Medal of Excellence Gold
VIII	Neil Singhal	Medal of Excellence Silver
VIII	Advika Arya	Medal of Excellence Bronze
IX	Daksh Bhatt	Medal of Excellence Gold
IX	Vanya Rautela	Medal of Excellence Silver
IX	Manvi	Medal of Excellence Bronze
X	Vanya Puneet Agarwal	Medal of Excellence Gold
X	Iaha Bisht	Medal of Excellence Silver
X	Shubh Pathak	Medal of Excellence Bronze

Mathematics Olmypiad

Class	Name	Wining Medal
I	Vedansh Pandey	Medal of Excellence Gold
I	Rayansh Dewali	Medal of Excellence Gold
I	Hridayansh Joshi	Medal of Excellence Silver
I	Lavish Joshi	Medal of Excellence Silver
I	Hridhaan Suyal	Medal of Excellence Bronze
II	Ditya Bohra	Medal of Excellence Gold
II	Lakshya Bahuguna	Medal of Excellence Gold
II	Nandish Pandey	Medal of Excellence Silver
II	Divyesh Bisht	Medal of Excellence Bronze
III	Ahaan Tiwari	Medal of Excellence Gold
III	Tushita Bhakuni	Medal of Excellence Silver











III	Akshij Mehta	Medal of Excellence Bronze
IV	Pratum Joshi	Medal of Excellence Gold
IV	Tanish Joshi	Medal of Excellence Silver
IV	Aditya Arya	Medal of Excellence Bronze
V	Dakshita Jaiswal	Medal of Excellence Gold
V	Mayank Bhatt	Medal of Excellence Silver
V	Parth Tiwari	Medal of Excellence Bronze
VI	Hridyanshi Bisht	Medal of Excellence Gold
VI	Om Pant	Medal of Excellence Bronze
VII	Abhyuday Bisht	Medal of Excellence Silver
VII	Shashwat Patni	Medal of Excellence Gold
VII	Aryansh Bisht	Medal of Excellence Bronze
VIII	Priyansh Bhatt	Medal of Excellence Gold
VIII	Harsh Raj	Medal of Excellence Silver
IX	Sarthak singh	Medal of Excellence Gold
IX	Tejas Joshi	Medal of Excellence Silver

OUR STAR KIDS

4TH REGIONAL ABACUS CHAMPIONSHIP -2025



Abhinav Kumar Singh (UKG B) bagged 2nd Runner up position in 4th Regional Abacus Championship -2025 organised by COGNITO Abacus in Level 0 on December 21, 2025.

4TH COGNITO ABACUS REGIONAL CHAMPIONSHIP



Ahaan Tiwari (III B) bagged 2nd Runner up position at 4th COGNITO Abacus Regional Championship held in Haldwani on December 21, 2025.

INTERNATIONAL HUMANITY OLYMPIAD QUIZ





Amit Nayal (XII D) and **Ayansh Kesarwani (VI B)** received winning medals and certificates at the **International Humanity Olympiad Quiz,** based on moral values, under the aegis of **Satyug Darshan Trust.**

FIRST UTTARAKHAND FIDE RAPID RATING CHESS TOURNAMENT 2026





On January 11, 2026 **First Uttarakhand FIDE Rapid Rating Chess Tournament 2026** was organised by Dev Bhoomi Chess Association at **Bhartiyam International School, Rudrapur** in which **Ananya Pandey secured I position.**
On January 18, 2026, **14th Little Master Chess Tournament** was organised by **Little Master Chess Associates at Nainital** in which **Ananya Pandey (III B)** secured III position.

PSA BASKETBALL CHAMPIONSHIP



PSA Basketball Championship was organised on December 28, 2025 in which **Antriksha Garbyal (VIII C)** grabbed the Emerging Player Trophy at Aurum School's **Rising Basketball Championship.**

NND BHATT MEMORIAL ART & LITERARY COMPETITION



Atika Haider (IX B) secured II prize in the Senior category at the **NND Bhatt Memorial Art & Literary Competition** held online at **Beersheba Senior Secondary School, Haldwani** on January 27, 2026. The competition theme was Nanda & Sunanda Devi Yatra.

134TH ANNUAL FUNCTION OF ARYA SAMAJ







From April 11-13, 2025 Arya Samaj organised its **134th Annual Function** in which Team Inspiration actively participated. The students outshined at various events:
In Senior category, **Sarvagya Shrivastava (XII A)** secured I position in **Hindi Speech competition showcasing** his exceptional oratory skills & confidence. In Junior category, **Mehul Joshi (VIII B)** secured I position in **Hindi Essay writing demonstrating** his **mastery over written expression & creativity. Pratiti Sah (XII D)** received a consolation prize in the Senior category, highlighting her **potential and dedication to the craft**.



INTER CLUB PENCAK SILAT CHAMPIONSHIP OPEN



On November 28, 2025 **INTER CLUB PENCAK SILAT CHAMPIONSHIP OPEN** was organised at Haldwani in which **Avni Joshi (VI A) secured III position.**

"PUBLIC POLICY IN INDIA" SERIES.



Ayushii Balutia (Batch 2016-17) has co-edited the forthcoming volume **Pathways to Rural Prosperity:** Livelihood Interventions and Transformation in India, published by Routledge as part of its "Public Policy in India" series. The book compiles research-based studies on rural-development and livelihood -diversification pathways in India, aimed at policymakers, academicians, and development practitioners. On 21 December 2025, she attended the launch of six micro-studies on human development at Stein Auditorium, New Delhi, alongside senior policymakers and development professionals.

RUDRA OPEN RAPID CHESS TOURNAMENT 2025-26



Bhavika Gusain (VI A) secured III position in **Rudra Open Rapid Chess Tournament 2025-26** organized by Raghav Chess Academy (U.S Nagar) on February 09, 2026.

BHARAT KO JANO



Anmol Singh Kutiyal (VIII B) and **Hardik Bhatt (VII C),** secured II position in the **State Level Junior category of "Bharat Ko Jaano Quiz Competition"** organised by Bharat Vikas Parishad, held at **Saraswati Vidya Mandir, Rudrapur,** on November 16, 2025.

JUNIOR CATEGORY OF QUIZ COMPETITION 2025



Inspiration Public School, Kathgodam secured I position out of 22 teams in the Junior category of Quiz Competition 2025, organized by **Bharat Vikas Parishad, Kathgodam.** The team comprised of: **Anmol Singh Kutiyal (VIII B) and Hardik Bhatt (VII C).**

OUR STAR KIDS

INTER - SCHOOL CHESS CHAMPIONSHIP



Inspiration Public School Chess teams dominated at the Late Ved Prakash Gupta Ji Memorial Inter-School Chess Championship at BLM Academy, Haldwani from May 28-29, 2025.

Team Achievements:

Senior Girls: 2nd Runner-Up (Riddhi Tamta, Mahi Agarwal, Yogya Adhikari, Aaditri Heria)

Junior Boys: 2nd Runner-Up (Ananjan Tripathi, Anirudh Lohni, Kartik Tiwari, Harshit Dhapola)

Sub-Junior Boys: 1st Runner-Up (Akshij Mehta, Tanish Joshi, Pransul Bhandari,

Individual Achievements:

Riddhi Tamta: 5th position (Senior Girls)

Ananjan Tripathi: 2nd position (Junior Boys)

Harshit Dhapola: 10th position (Junior Boys)

Ananya Pandey: 8th position (Junior Girls)

SIKAI ALL INDIA OPEN KARATE CHAMPIONSHIP



Deepika Airy (VI A) secured II position in 35 kg weight group in the **SIKAI All India Open Karate Championship** at Mehra Sports Complex, Haldwani on **December 27-28, 2025**.

INSPIRE MANAK AWARD



It's a prestigious moment for **Inspiration Public School** as **Dhruvesh Gahtori (XI A)** has been selected for the prestigious **INSPIRE AWARD MANAK** for the academic year 2025-26
The **INSPIRE Award - MANAK** scheme, by India's Department of Science & Technology, recognizes top student innovations with Rs. 10,000 to spark research, inquiry, and creative thinking. Dhruvesh's exceptional project has made us all beam with pride!

5TH NATIONAL DISTRICT YOGASANA CHAMPIONSHIP



Devakshi Suyal (VII B) secured II position in backend in under 10-14 years age category in 5th Nainital District Yogasana Championship 2025-26 held at MBPG College Haldwani, from July 27-28, 2025.
She secured I position in Traditional Yoga in the Shanti Yogdham Championship -2025 held from November 15-16, 2025.

5TH NATIONAL DISTRICT YOGASANA SPORTS CHAMPIONSHIP



Dhruvi Bisht (UKG A) secured I position (Traditional Yoga) in **5th National District Yogasana Sports Championship** held at **MBPG College** from July 27-28, 2025.

(LATE) MAHENDRA PAL ARYA MEMORIAL OPEN & AGE CATEGORY CHESS TOURNAMENT



On November 02, 2025, (Late) Mahendra Pal Arya Memorial Open & Age Category Chess Tournament, was held for the first time at Dikshant International School, Haldwani in which Inspiration School Chess team secured II position.

Our young chess wizards excelled in various categories:

Under 13 Girls: Bhavika Gusain, Deepika Airy
Under 13 Boys: Shloak Dwivedi, Harshit Dhapola, Jayaditya, Ananjan Tripathi
Under 15 Girls: Rishita Bhatt
Under 15 Boys: Shantanu Shrivastva, Abeer Dayal
Under 11 Girls: Ananya Pandey

INTER SCHOOL ESSAY WRITING COMPETITION



Diya Kandpal (XI D) secured I position and **Yukti Tiwari (XI B)** secured II position in Inter School Essay Writing Competition themed as "My Vision for Uttarakhand" organised by Shiva IAS Academy.

NAINITAL DISTRICT TABLE TENNIS CHAMPIONSHIP



Nainital District Table Tennis Championship was held at **Dikshant International School from October 25-26, 2025** in which Yuvraj Arora (XI E) secured I position in Under-17 and III position in Under-19, Eklavya Dhingra (X A) secured II position in Under-19, Vansh Joshi (VII A) secured III position in Under-15, Garima Bisht (IX B) secured III position in Under-15, Under-17, Under-19, and Women's categories.

PSA FOOTBALL



On December 28, 2025 PSA events were organised at BLM Academy in which Inspiration School earned Fair Play Award in PSA Inter School Football Championship.

DISMUN-5.0





The prestigious **DISMUN-5.0** was organised by **Dikshant** International School, Haldwani from August 18-19, 2025. Team IPS clinched the Runner-Up trophy among 12 schools and 300 delegates.

Their stellar display of **diplomatic prowess,** sharp **interpersonal** skills, and commanding **oratory** acumen made us all proud!

OUR STAR KIDS

NASA INTERNATIONAL SPACE APPS CHALLENGE 2025



The NASA International Space Apps Challenge 2025 hosted by Astroverse Experience Pvt. Ltd at Graphic Era Hill University; Bhimtal from October 04-06, 2025 included a variety of activities such as: Hackathon Challenge for class XI-XII school students and university participants, Astroverse–NASA Challenge exclusively for classes VI-XII, featuring hands-on STEM activities like: Astro Pico-Sat Challenge, Robo-Kabaddi Challenge, Hydro-Rocketry Challenge and Telescope Pointing.
Around 23 top schools from Uttarakhand, Udham Singh Nagar, and UP participated in the NASA event in which Inspiration Public School won trophies in all 4 events.

NORTH INDIA ASHIHARA KARATE CHAMPIONSHIP



Garv Rawat of class VI A secured II position in 31-34 Kg weight category in North India Ashihara Karate Championship 2025 organised at Chandigarh from June 16-17, 2025 as Official/Refree/Fighter.

BRONZE MEDALS IN FREESTYLE AND GRECO-ROMAN WRESTLING



Gautam Deopa (Batch 2025 alumnus) secured bronze medals in Freestyle and Greco-Roman wrestling at the Chief Minister's Championship Trophy, Khel Mahakumbh, held at Roshanabad Sports Stadium, Haridwar from 26–28 January 2026.

SHADOWS OF THE SPLIT - BOOK RELEASE



Garvita Suyal (XII D) launched her book, titled "Shadows of the Split" showcasing her talent for weaving captivating narratives that explore the human experience. Her stories delve into identity, morality and reality, crafted with a keen eye for the extraordinary. The book was formally launched by School Chairperson Dr. Geetika Balutia, Principal
Mr. Anurag Mathur & Vice Principal Ms. Mamta Taneja with appreciation from the Management for her literary pursuits.

NATIONAL GROUP SONG COMPETITION



Inspiration Senior Secondary School, Kathgodam achieved I position in the National Group Song Competition, organized by Bharat Vikas Parishad Kathgodam on October 04, 2025. The school outperformed nine other participating schools, demonstrating strong talent and harmony in the event.
This victory also qualified them for the second round of the Zonal competition.

STATE-LEVEL NATIONAL HINDI/SANSKRIT GROUP SONG COMPETITION





IPS secured III position in the prestigious **State-Level National Hindi/Sanskrit** Group Song Competition, held under the aegis of Bharat Vikas Parishad on November 2, 2025, at Khatima.

The team comprised of : - Divyanshi Hindwan (XII A), Priyanshi Hindwan (XII C), Aaditya Joshi (XII C), Priyansh Bhatt (XII A), Saumya Gururani (XI A), Swastik Goswami (XI E), Daksh Karki (IX A), Chinmay Nariyal (XI A), Akshita Lohani (VIII B), Riddhima Agarwal (VII A) and Vanshika Joshi (VII A).

NAINITAL DISTRICT BADMINTON TOURNAMENT



Hargun Kaur (IX A) smashed it at the **Nainital District Badminton Tournament (July 11-14, 2025)** at Mini Stadium, Haldwani in which she secured silver medals as: 2nd in U-15 Mixed Doubles & 2nd in U-17 Doubles.

NKF CENTRAL ZONE, KARATE CHAMPIONSHIP 2025



Hritvy Chaudhary (III B) secured III position in the **NKF central zone, Karate Championship 2025** held at Shagun banquet Hall, Haldwani from September 06-07, 2025 in under 12 years, in kata event and the format of traditional karate /semi contact karate/full contact Karate.

INTER SCHOOL CHESS CHAMPIONSHIP



Jay Gupta V Daffodil participated in the **Inter School Chess Championship** under the Sub Junior girls category held from July 19 – 20, 2025.

"THE CHRONICLES", A QUARTERLY MAGAZINE



On August 27, 2025, the first issue of "The Chronicles", a quarterly magazine, was released. It was published by Harshit Singh (XII D) and featured contributions from teachers, influencers, and educators. This launch marks a notable student-led initiative in creative expression and community collaboration.

NKF CENTRAL ZONE KARATE CHAMPIONSHIP 2025



From September 06 - 07, 2025 **Lakshay Negi (VI C)** secured III position in 30 kg weight category in **NKF Central Zone Karate Championship 2025** held at Shagun Banquet Hall, Haldwani.

INTER CLUB PENCAK SILAT CHAMPIONSHIP OPEN



On November 28, 2025 **3rd NAINITAL DISTRICT PENCAK SILAT TOURNAMENT-2025/6th UTTARAKHAND STATE PENCAK SILAT CHAMPIONSHIP-2025** was organised in which **Lakshya Singh Chuphal (V Bluebell)** won GOLD Medal as a player in the age group of MACAN/BOYS in Tanding weight category.

OUR STAR KIDS

BEST ALL ROUNDER OF THE PSA SENIOR CRICKET 2025-26



On December 02, 2025 **Lakshya Nayal (XI E)** was declared as the **best All Rounder of the PSA Senior Cricket 2025-26** Tournament.

2ND UTTARAKHAND STATE PENCAK SILAT CHAMPIONSHIP 2025



Lakshya Singh Chuphal (V Bluebell) won **Gold Medal** in the age group of Macan (boys) in tanding events under the weight category 34-36 kg organized at 2nd Uttarakhand State Pencak Silat Championship 2025 from December 29-30, 2025.

INTER-SCHOOL DANCE COMPETITION



On August 30, 2025, Pal College hosted the thrilling **Inter-School Dance Competition** themed "Maa Tujhe Salaam." Team Inspiration stole the show, clinching the I position with their breathtaking performance!
Their seamless blend of exceptional artistry, fiery passion, and unwavering patriotic spirit captivated everyone, securing the prestigious Gold Medal!

8TH OPEN SIKAI UTTARAKHAND STATE KARATE CHAMPIONSHIP



Manvik Airy (II B) secured I position in **8th Open Sikai Uttarakand State Karate Championship 2025** organised at Nainital on July 15, 2025.
He also secured I position in KUMITE - 25 kg weight group in **19th Universal Challengers Trophy 2025** at Mehra Sports Complex, Haldwani from December 27-28, 2025.

6TH UTTARAKHAND STATE PENCAK SILAT CHAMPIONSHIP-2025



6th Uttarakhand State Pencak Silat Championship -2025 was organised on June 16, 2025 at Nainital in which Manya Nayal (VII A) won Gold medal as a player in the age group of pre-teen girls in the tanding 34-36 kg weight.

PENCAK SILAT CHAMPIONSHIP



Manya Nayal (VII A) secured II position in State Level Khel Mahakumbh in under 14, 39-43 kg weight category in Pencak Silat Championship from February 04 -06, 2026.

DRAWING AND SONG COMPETITIONS



Mayil Sah (VII B) secured III position in junior category group song organised by Sherda 'Anpadh' Kala and Sahitya Samiti on the occasion of Basant Panchmi. He also secured I position in Drawing competition organised by Reliance Jewels on the occasion of Children's Day.

LATE (MRS.) MEERA MATHUR MEMORIAL AWARD



For the session 2024-25 the Late (Mrs.) Meera Mathur Memorial Award for securing 100% marks in Mathematics was jointly awarded to Saumya Upadhyay and Tanishka Goswami of class X.

SOLO SINGING COMPETITION



Riddhima Agarwal (VII A) secured I position in Solo Singing competition organised by Nainital District Cooperative Bank Ltd. and Cooperative Department, Nainital at MBPG College, Haldwani from November 11 – December 01, 2025.

DIKSHANT INVITATIONAL CHESS CHAMPIONSHIP



Dikshant Invitational Chess Championship was organized by Dikshant International School from July 19 - 20, 2025 in which Riddhima Chanyal V Daffodil secured III position in the Team Championship under the sub junior girls' category.

UGANDA PARA-BADMINTON INTERNATIONAL TOURNAMENT - 2025





Shivangi Pandey (XII E) secured a **Gold medal** in Women's Singles and a Bronze medal in Women's Doubles at the **Uganda Para-Badminton International Tournament - 2025** held at Kampala, Uganda, from July 01 -07, 2025. It was an honour for Shivangi to represent India at this prestigious International event.

ASIAN YOUTH PARA GAMES 2025



In Asian Youth Para Games 2025 held in Dubai, Shivangi Pandey (XII E) secured a bronze medal in women's singles SL4 category of Badminton from December 07-14, 2025.



2ND JUNIOR & YOUTH NATIONAL PARA BADMINTON CHAMPIONSHIP



Shivangi Pandey (XII E) participated in the **2nd Junior & Youth National Para Badminton Championship** held at Lucknow from September 08-10, 2025 and achieved remarkable success in the following categories:
Gold medal in Exhibition Match, Girls' Singles (Youth category – U21)
Silver medal in Mixed Doubles (Youth category-U21)
Bronze medal in Singles (U-19 category)
Bronze medal in Girls' Doubles (Youth category-U21).

7TH NATIONAL PARA BADMINTON CHAMPIONSHIP 2025-26





Shivangi Pandey (XII E) won Gold in women's singles (SL4 category) at the **7th National Para Badminton Championship 2025-26,** held from March 6-10, 2026, at the Heartfulness Gopichand Badminton Academy in Hyderabad. She defeated her opponent in straight sets in the final match. Padmashri and Dronacharya awardee Sh. Pullela Gopichand presented her medal and certificate. This triumph adds to her prior golds at Uganda International Para Badminton and Youth Nationals 2025, plus bronzes at Asian Youth Para Games and Khelo India Para Games, sparking celebrations across Uttarakhand.

OUR STAR KIDS

4TH REGIONAL ABACUS CHAMPIONSHIP – 2025



Shreyansh Balutia (UKG A) bagged 2nd Runner up position in 4th Regional Abacus Championship – 2025 organised by COGNITO Abacus in Level 0 on December 21, 2025.

DISTRICT TABLE TENNIS TOURNAMENT 2025



District Table Tennis Association, Nainital, hosted the District Table Tennis Tournament on August 08, 2025–under the aegis of Sports Directorate, Uttarakhand, with Sports Department support. Our stars from Inspiration Public School lit up the podium!
Sumit Garia (X-A): 1st in U-17 Boys, 4th in U-19.
Garima Bisht (IX-B): 4th in U-17, 2nd in U-19 & Women's category.

DIKSHANT INVITATIONAL CHESS CHAMPIONSHIP



Dikshant Invitational Chess Championship was organized by Dikshant International School from July 19 -20, 2025 in which Tanish Joshi (IV Tulip) secured III position in the Team Championship under the sub junior category. Tanish received certificate of Appreciation in School Chest Tournament at Cynthia International School held from January 28-29, 2025.

TABLE TENNIS DOUBLES CHAMPIONSHIP





From January 31- February 02, 2026 **Khel Mahakumbh – Table Tennis** was organised under the Chief Minister Trophy at Dehradun in which **Yuvraj Arora (XIE)** secured I position in **Table Tennis Doubles Championship and Vansh Joshi (Class VII A)** secured Bronze Medal in Under-14 Boys Singles.

ASMITA KICKBOXING LEAGUE 2025-26



North India Ashihara Karate was organised from June 16 -17, 2025 at Chandigarh in which **Tanishka Parihar (VIII B)** secured III position in 43-46 Kg weight category as Official/Refree/Fighter. On December 14, 2025 **Tanishka Parihar (VIII B)** secured II position in 46 kg weight category in **111 ASMITA Kickboxing League 2025-26,** held at DSB International School, Rishikesh.

INTER-SCHOOL DRAWING COMPETITION



Amar Ujala, one of the city's leading print media outlets, organized an Inter-School Drawing Competition at Pal College on August 30, 2025 in which **Vaishali Mishra (X C)** shone brightly, securing the I position.
This stellar achievement reflects her unwavering hard work, boundless creativity, steadfast commitment, and pursuit of excellence.

TABLE TENNIS CHAMPIONSHIP



Vansh Joshi (VII A) secured III position in under **14 –Table Tennis Championship** organised by Khel Mahakumbh 2025 from January 30 –February 02, 2026.

PANKHUDIYAN MAHOTSAV FOR DANCE COMPETITION



Yashasvi Joshi (I A) secured I position in Pankhudiyan Mahotsav for Dance competition.

NKF NATIONAL KARATE CHAMPIONSHIP





Vanya Pant (V Bluebell) represented Uttarakhand at the NKF National Karate Championship 2025, organized by the National Karate Federation, held at Talkatora Indoor Stadium, New Delhi. Competing in the Under-12 (45 kg) category, she won three Silver Medals in Individual Kumite, Individual Kata, and Group Kata championships.

Vanya Pant secured a **Silver Medal** as an athlete in the **NKF central zone, Karate championship 2025** held at Shagun banquet Hall, Haldwani from September 06-07, 2025 in underweight/age category +40 KG/12 year, in KUMITE and Bronze Medal in KATA event and the format of traditional karate /semi contact karate/full contact Karate.

UTTARAKHAND STATE TABLE TENNIS ASSOCIATION





The Uttarakhand State Table Tennis Association hosted a **thrilling Championship** at **Vandana Kataria Stadium,** Haridwar in which Inspiration Public School stars **Sumit Garia (X A)** and **Garima Bisht (IX B)** dominated the courts!

Sumit's haul: 1st in U-17, 2nd in U-19, 3rd in U-17.
Garima's glory: 3rd in U-17 & U-19, 2nd in U-19.

NATIONAL DISTRICT PENCAK SILAT TOURNAMENT 2025





On April 13, 2025 3rd **National District Pencak Silat Tournament 2025** organised by Pancak Silat Association, Nainital in which Vishesh Singh Khatri V Daffodil won Gold Medal as a player in age group of MaCan (boys) in tanding events under the weight category 38-40 Kg.
From May 31 -01 June, 2025 6th Uttarakhand State Pancak Silat Championship 2025 was organised at Jawahar Navodaya Vidyalaya, Rudrapur in which Vishesh secured Gold medal as a player in the age group of MaCan (boys) in tanding events under the weight category 38-40 Kg.
From December 29 -30, 2025 2nd Uttarakhand State Pancak Silat Championship 2025 was organised at Jawahar Navodaya Vidyalaya, Rudrapur in which Vishesh won a Gold silver as a player in the age group of MaCan (boys) in tanding events under the weight category 38-40 Kg.

2-DAY CHESS TOURNAMENT



Inspiration Public School students showcased brilliant chess skills at the 2-day Chess Tournament at Dikshant International School, Haldwani, wrapping up triumphantly on July 20, 2025.
Our young strategists earned top honours among fierce competition:
Harshit Dhapola: 4th position, Junior Boys
Shloak Dwivedi: 10th position, Junior Boys
Pranshul Bhandari: 8th position, Sub Junior Boys
Ridhi Tamta & Mahi Agarwal: 6th position, Senior Girls (Mahi also won the Fair Play award)

CBSE CLUSTER TABLE TENNIS TOURNAMENT



Yuvraj Arora (XI C) has made Inspiration School proud by clinching the Gold medal at the **CBSE Cluster Table Tennis Tournament** in Shahjahanpur from August 25-28, 2025.
Amid fierce competition from 40 schools at Rosy Public School, Shahjahanpur Kalan, Yuvraj's skill and determination sealed the win.





Splish-Splash Summer Bliss:

Beach Day Bonanza

"From rain dances to ice cream cheers: A splash-tastic day for our little stars."





On May 20, 2025, Inspiration Public School transformed into a beach paradise for Nursery to class II students. Tiny tots arrived in vibrant beachwear and themed accessories, turning the campus into a hub of laughter, music and sparkling energy.

Nursery, LKG and UKG kicked off with a thrilling Rain Dance Party under refreshing sprinklers. They twirled and grooved to upbeat tunes, their cheerful splish-splash sounds echoing everywhere. Hearts pounding with excitement, the children then dove into the pool area,







jumping and playing with endless giggles and radiant smiles that lit up the entire premises.

Well-prepared in adorable costumes, these little beach stars danced in the shower zone, celebrating summer's spirit. The day wrapped up perfectly with a delightful ice cream party, cooling off sweet treats that matched their vibrant energy. Beach Day Bonanza blended fun, frolic and cherished memories for our shining stars!









Young Patriots Shine:

Showcasing Freedom Fighters and States

"The greatest glory of a free-born people is to transmit that freedom to their children."

To celebrate the fervour of Independence Day, UKG students showcased India's rich diversity on August 18, 2025 through vibrant performances representing various states. Classes I and II captivated the audience with powerful enactments of freedom fighters and pivotal themes from the pre-Independence era, highlighting key moments and sacrifices for the nation's freedom. Every performance celebrated India's unity, history and enduring patriotic spirit.






















Divine Dress-Up:

Tiny Devotees Celebrate Krishna's Birth

"Goodness triumphs, as light always conquers darkness."

Nursery and LKG classes joyfully celebrated Krishna Janmashtami on Monday, August 18, 2025. This festival symbolizing light's victory over darkness and good over evil offered a delightful chance to engage our little ones in meaningful festivities.

Dressed in vibrant attires as Radha, Krishna, Yashoda, Rukmini, Sheshnaag, Kans, Narad Muni, peacocks and Lord Vishnu, the children radiated enthusiasm and innocence, infusing the occasion with divine charm.













Little Poets & Storytellers:

Creativity Blooms at IPS

"Young hearts found their voice through poems and stories, sparking endless delight."

On July 10, 2025, to nurture creativity and communication, Inspiration Public School hosted two enchanting events: the "Melody of Hearts" - Poem Recitation for Nursery–UKG and "Once Upon a Time" Storytelling Competition for classes I–II.

Little poets from Nursery to UKG captivated audiences with rhythmic rhymes, charming expressions and confident voices, igniting a love for poetry.

Classes I–II storytellers wove magical tales alive through vivid imagination, voice modulation and expressive gestures, honing listening, speaking and presentation skills.

These celebrations of expression, confidence and creativity drew enthusiastic participation. Judges and audiences alike applauded every effort, fostering young talents in a joyful atmosphere of applause and inspiration.







From Soil to Sprouts:

Environmental Magic Blooms



"Sowing seeds today for a greener tomorrow's embrace."

On July 4, Inspiration Public School sparked environmental love with a hands-on Seed Germination activity for Nursery to class II students. Eager young hands sowed seeds, covered them gently with soil, and watered with tender care–faces beaming with pure excitement.

This joyful experience taught invaluable lessons in patience, responsibility and life's miraculous growth. Students then nurtured their seeds daily, watching them flourish.

The thriving plants were displayed during 'Harela' festival on July 15, symbolizing growth, greenery, and our duty to Mother Earth.





Cool Chef Vaganza:

Little Masters Whip Up Kitchen Magic

"Chef hats on, creativity flows–tiny hands craft snacks that steal the show!"

On August 26, 2025, Inspiration Public School's campus buzzed with creativity during the Cool Chef Vaganza for Nursery to class V. Adorned in chef caps and aprons, our budding chefs dove into action, blending talent and teamwork.

With boundless enthusiasm, they crafted healthy snacks and refreshing drinks: vibrant sandwiches, crunchy treats and fruity elixirs that burst with imagination.

Beyond delicious results, the event sparked joy in cooking while instilling hygiene, collaboration, confidence and presentation skills. Proud smiles and twinkling eyes turned every creation into a triumph, filling the air with aromas and applause.

A feast for senses and spirits truly unforgettable!







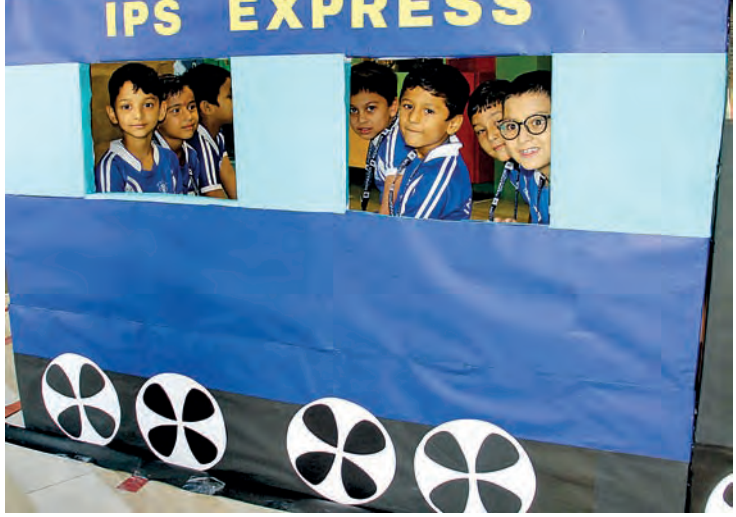














All Aboard Imagination:

IPS Mini Railway Station

"Tracks of fun, sparks of wonder—young conductors lead the way!"

On July 19, 2025, Inspiration Public School unveiled a Mini Railway Station on campus, captivating Pre-Primary children with an immersive transport adventure. This simulated junction featuring tiny tracks, zooming trains, a ticket counter, stalls, signal and more demystified railway basics.

From ticket-in-hand to journey's end, wide-eyed wonder sparked endless curiosity, eager questions and rapt attention. Little explorers grasped train operations and travel wonders through hands-on fun.

Beyond transport lessons, it sparked teamwork, communication and imaginative play—extending learning far beyond classrooms. Joyful cheers and sparkling eyes made it unforgettable, nurturing lifelong curiosity in our budding adventurers.

Proud moments fuelling knowledge and dreams!















Little Feet, Big Achievements:

Graduation Glory

"Out of small beginnings come great things."



On March 23, 2026 Inspiration Public School joyfully celebrated "Tiny Graduates, Big Day!"—a milestone Graduation Day for UKG students in its new auditorium. The event marked their exciting step toward bright futures.

It began with a warm welcome for Chief Guest Mr. A.K. Mathur and Guest of Honour Mr. Gopal Bisht, Director of Don Bosco School, followed by the ceremonial lamp lighting by dignitaries: Director Dr. Deepak Balutia, Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur and Coordinator Ms. Priyanka Sharma.

Shlokas and mantras set a serene tone, while students dazzled with vibrant performances showcasing their talents. The highlight was the graduation ceremony, where teachers honoured and blessed the young graduates. The Chief Guest inspired all to dream big and pursue their goals.


मृत्योर्मा अमृतं गमय ।
ॐ शान्तिः शान्तिः शान्तिः ॥






GRADUATION
CEREMONY
2025-26








GRADUATION



Motley of Activities

(Juniors)

Antriksha Vigyaan Spardha 2025: Astro Pathshala's Space Science Quiz Spectacular

On August 20, 2025, Astro Pathshala organized *Antriksha Vigyaan Spardha 2025*, an intra-school space science quiz that united bright young minds in a celebration of science and innovation. Held to commemorate India's 2nd National Space Science Day, the event amplified the spirit of cosmic discovery.

Conducted under the Astro Pathshala Curriculum—which immerses students in astronomy and space science via hands on learning, interactive activities and problem-solving the quiz ignited passion for the stars.

The event kicked off with esteemed Chief Guest Mr. Mohit Kumar Joshi, Senior Engineer and CPIO at ARIES, celebrated for his work on Asia's largest 3.6m Devasthal Optical Telescope.

Following a thrilling KBC-style format, the competition unfolded in four rounds:

Time Tellers, Puzzle, Rapid Fire, Buzzer Round

Students showcased remarkable knowledge, teamwork, and curiosity, making every moment electric.











Astro Pathshala Inaugurates Cutting -Edge Astronomy Lab at IPS

On December 30, 2025, the state-of-the-art Astronomy and Space Science Lab opened at Inspiration school. Developed by Astro Pathshala as part of its dynamic Astronomy and Space Curriculum, the lab empowers students with hands-on scientific exploration and space education.

The ceremony drew luminaries including Chief







Guest Dr. Manish Naja, Director of ARIES (Aryabhatta Research Institute of Observational Sciences); School Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur, Vice Principal Mrs. Mamta Taneja and Astroverse Experience Pvt. Ltd. Co-founders Mr. Shubham Kumar and Mr. Ajay Rawat.

The event blasted off with a thrilling Parachute Rocket Launch, electrifying the crowd.

Students led an impressive lab tour, confidently demonstrating models and equipment while explaining concepts with poise. Dr. Manish Naja praised their skills, noting how such initiatives spark curiosity, critical thinking, and a lifelong scientific mindset.



Astro Pathshala's Space Science Exhibition: Models, Missions and Parachute Launches

On November 14, 2025, Astro Pathshala hosted a spectacular Space Science Exhibition as a part of Inspire Fest 2025, turning the school into a buzzing hub of imagination, research, and futuristic vision.

The event showcased students' knowledge and skills from the Astro Pathshala sessions. With infectious enthusiasm, they presented stunning space-themed models and concepts, explaining them confidently to visitors.

- **Black Holes:** Demonstrating gravitational pull and event horizons
- **Wormholes:** Exploring theoretical space-time bridges
- **Mars Colonization Projects:** Featuring sustainable habitats and life-support systems
- **Rocket Prototypes:** Built on aerodynamic principles
- **Docking System Models:** Simulating spacecraft attachment mechanisms

Each exhibit blended creativity with deep scientific insight, delivered through structured, engaging presentations.

As part of Inspire Fest, primary students ignited the stage with a spectacular Space-Themed Fancy Dress Presentation.

Class III students transformed into vibrant cosmic characters—from the vast Universe and Solar System to Mars explorers, menacing Black Holes, and quirky Aliens. Bursting with enthusiasm, each participant brought celestial wonders to life through imaginative costumes and confident performances.

The day peaked with a ceremonial Parachute Rocketry System launch, deploying the event's creative flag. This symbolic blast-off inaugurated the exhibition, perfectly embodying Astro Pathshala's innovative spirit.















Soaring Innovations: Astro Pathshala's Hydro Rocketry Triumph



Astro Pathshala proudly hosted the Interhouse Hydro Rocketry Competition on May 27, 2025, transforming the school campus into a launchpad of innovation, creativity, and scientific excitement.

The event featured two dynamic categories –**Creative Rockets and Workshop Rockets,** enabling students to showcase both originality and technical prowess.

In the Creative Rockets category, students designed and built their own rockets, applying aerodynamics and structural balance principles. They experimented with fin alignment, nose cone shapes, and body stability to optimize performance. Each entry was judged on design innovation, stability, flight performance, and scientific application.

In the Workshop Rockets category, students assembled rockets using techniques from Astro Pathshala workshops, then launched them to demonstrate mastery of thrust, air pressure, and acting forces.

Beyond competition, the event served as an experiential learning platform. Students gained hands-on insights into:

- Principles of aerodynamics
- Forces acting on a rocket during launch
- The role of fins in ensuring stability
- How nose cones reduce air resistance

Launches sparked cheers and awe as rockets soared skyward, embodying the thrill of scientific exploration. Winners received prizes celebrating their innovation, effort, and outstanding performance.











INSPIRATION SCHOOL SHINES AT NASA SPACE APPS CHALLENGE 2025

From October 4–6, 2025, Inspiration School students dazzled at the NASA Space Apps Challenge, hosted by Astroverse at Graphic Era Hill University, Bhimtal.

This prestigious global hackathon—NASA's largest, runs simultaneously in over 160 countries — challenges participants in the "Create Your Own Challenge" category to tackle real-world space and Earth science problems. Our students rose to the occasion, earning top honours and school pride.

I position: Telescope Aiming

II position: Parachute Rocketry & Satellite Deployment

III position: Hydro Rocketry

III position: Robo Kabaddi

This triumph underscores Inspiration School's commitment to fostering scientific thinking, creativity, and problem-solving in students.

























INTER- HOUSE SPEECH COMPETITION YOUNG VOICES SHINE IN ENGLISH SPEECH SHOWCASE

To nurture public speaking and communication skills, Inspiration Public School organized an English Speech Competition for classes III–V on October 6, 2025. The event honed students' pronunciation, delivery, voice modulation and confidence in spoken English.

Selected participants delivered thought-provoking and engaging speeches, each allotted 1–2 minutes to present with clarity and poise.











INTER-HOUSE DANCE COMPETITION

"Dance is the hidden language of the soul."

On August 21, 2025, Inspiration Public School hosted an electrifying Inter-House Dance Competition for classes VI–VIII, showcasing students' incredible talent and creativity. Teams from each house









presented unique routines inspired by the lives of lesser-known heroes of India's Independence Struggle—hidden gems often overlooked in history.

From energetic hip-hop to elegant classical styles, the fierce performances mesmerized the audience and highlighted the participants' hard work, coordination and passion. The judges were thoroughly impressed by the creativity on display.





















INTER-HOUSE BRAIN BATTLE: INSPIRATION SCHOOL'S GK QUIZ THRILL

"An investment in knowledge pays the best interest"

On May 9, 2026, Inspiration School ignited minds with an electrifying Inter-House General Knowledge Quiz Competition. All four houses–Blue, Yellow, Red, and Green competed fiercely, fuelled by team spirit and enthusiasm.

The quiz buzzed through diverse, engaging rounds covering: Current affairs, Science, History and Sports.

Every team brought their A-game, making it a riveting showdown enjoyed by all.
























INSPIRATION SCHOOL GROOVES INTO WORLD DANCE DAY

"Dancing is like dreaming with your feet!"

On April 29, 2025, Inspiration School marked World Dance Day with a high-energy Solo Dance Competition for classes III–V. The Western theme invited students to unleash their talents on stage.

Participants danced with infectious enthusiasm, turning the event into a colorful spectacle. Creative props like swirling ribbons, chinese fans and funky glasses added flair and fun to every performance.









Literary Week Wonderland: A Week of Words, Wonders, and Whimsy!

"Where words danced into wonders, puppets came alive, and young hearts discovered the endless magic of stories!"

Our school's Literary Week (July 21-25, 2025) was a vibrant, week-long celebration for classes I-V, immersing students in the wonders of words through storytelling, crafts, skits, puppetry, vocabulary games, creative writing and reading.

Storytelling Sessions: Transported kids to fantastical realms, sparking imagination.

Creative Crafts: Book cover designing, bookmark making ignited artistic flair.

Performances: Skit and magical puppetry, with students dressing as favorite characters to bring

























stories alive.

Skill-Building: Vocabulary challenges filled classrooms with fun, eloquent expression; creative writing honed skills.

Reading Focus: A treasure trove of books enchanted young readers, fostering a lifelong love for literature.

This event truly showcased literature's magic in building creativity and passion—what a whimsical adventure!















Story Magic Unleashed: Creativity Blooms

"Enthusiastic voices, endless imagination: A day where listening met learning in the joy of storytelling"

The Storytelling Competition on August 22, 2025, sparked creativity, imagination and confidence in students from classes III-V. It focused on boosting expression, communication skills and fun learning through diverse tales like folk stories, moral lessons and original creations.



















- **Participation:** Enthusiastic involvement from young students, filling the event with vibrant energy.
- **Story Variety:** Folk tales preserved cultural heritage; moral stories taught values; self-composed ones showcased personal flair.
- **Learning Outcomes:** Built listening skills, emphasized morals and created an interactive space for growth.



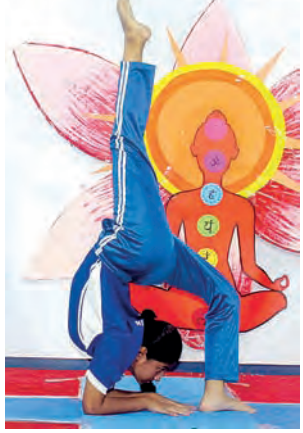















INTER-CLASS YOGA MASTERY: STRENGTH AND SERENITY SHINE




"Yoga is the journey of the self, through the self, to the self."

On July 5, 2025, Inspiration Public School organized an Inter-class Advanced Yoga Asanas Competition for classes V–VIII. The event promoted holistic health and well-being, highlighting students' physical, mental, and emotional strength.

The competition was judged by Ms. Ayushi Kanwal and Mr. Kamlesh Pant. The school Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja commended the participants' discipline and focus.











YOGA ASANAS
COMPETITION

YOGA ASANAS
COMPETITION


YOGA ASANAS
COMPETITION

COMPETITION



WHAT THE TEACHERS HAVE TO SAY

Scope of Chemistry after class XII

Chemistry is often called the Central Science because it connects Physics, Biology, Medicine, Environmental Science and Engineering. After completing class XII with Chemistry as one of the subjects, the students have a wide range of career options across science, healthcare, industry, and research. The scope of chemistry is not limited to laboratories it extends to real-world applications that impact everyday life.

Higher Education Options

After class XII, students can pursue undergraduate courses such as B.Sc. in Chemistry, B. Pharm, B. Tech in Chemical Engineering, B.Sc. Biotechnology, or B.Sc. Forensic Science. Students interested in medicine can choose MBBS, BDS, BAMS, or BHMS, where chemistry plays a vital role in understanding drugs and human biology.

For those inclined towards research and academics, pursuing M.Sc. in Chemistry, followed by PhD open doors to teaching, scientific research, and innovation.

Career Opportunities

Chemistry offers careers in diverse fields such as:

- Pharmaceutical Industry- deals in drug development, quality control, and research.
- Chemical & Manufacturing Industries- deals in production, safety, and process management.
- Food & Beverage Industry- deals in food testing, preservation, and quality assurance.
- Environmental Science- deals in pollution control, water treatment, and sustainability
- Forensic Science- deals in crime investigation and laboratory analysis
- Cosmetics & Personal Care- deals in formulation of beauty and hygiene products
- Chemists are also employed in oil and gas, textiles, plastics, fertilizers, and paint industries.

Competitive Exams & Government Jobs

Students with chemistry can appear for exams like NEET, JEE, CUET, GATE, and UPSC. Chemistry graduates can work as scientists in DRDO, ISRO, BARC, CSIR, or as drug inspectors, lab officers, and teachers in government institutions.

Research, Innovation & Future Scope

With growing focus on green chemistry, nanotechnology, renewable energy, and pharmaceutical research, the future of chemistry is very promising. Chemists play a key role in developing eco-friendly materials, new medicines, and advanced technologies.

So, choosing Chemistry after XII opens up a world of opportunities in education, industry, healthcare, and research. With strong analytical skills and curiosity, students can build rewarding and respected careers. Chemistry is not just a subject-it is a gateway to shaping the future through science and innovation.

Ms. Ekta Singh

PGT (Chemistry)



World-Wide Vibes

1.Korean Proverb:

(i) "Even a sheet of paper is lighter when two people lift it together."

Meaning: It reminds people that even small or simple tasks can be easier and more manageable when people work together. It encourages us to seek support and value the strength found in cooperation.

2. African Proverbs:

(i) "If you want to go fast, go alone. If you want to go far, go together."

Meaning: The proverb suggests that working alone allows for faster movement, while working with others results in a longer, more meaningful journey.

(ii) "You can't climb a ladder with your hands in your pocket."

Meaning: The proverb says an impossible situation. A ladder is an object designed for climbing, but climbing needs coordination, balance and the use of both hands and feet. So, in order to achieve growth and success, hard-work is necessary.

3. Turkish Proverbs:

(i) "Measure a thousand times and cut once."

Meaning: Careful preparation can prevent mistakes and save time and effort later.

(ii) "The sun cannot be plastered with mud."

Meaning: It says that truth cannot be hidden. Attempts to conceal reality through lies, denial or manipulation may work for a short time, but they cannot succeed indefinitely.

4. Latin Proverb:

(i) "An eagle doesn't catch flies."

Meaning: The line seems simple, but beneath its striking imagery lies a powerful lesson about priorities, dignity, focus and the importance of not allowing trivial matters to consume one's attention.

5. Persian Proverb:

(i) "Wherever you go, the sky is the same colour."

Meaning: The deeper message is about perspective. Changing locations does not automatically change feelings, habits, or thoughts. If a person carries the same mindset, problems often follow. The proverb suggests that true change begin within, not outside.

6. Chinese Proverbs:

(i) "The best time to plant a tree was 20 years ago. The second-best time is today."

Meaning: It teaches people to move forward instead of feeling regret about missed chances. It also connects to learning career growth, and environmental responsibility.

(ii) "The favour of a drip of water should be reciprocated by a gushing spring."

Meaning: Big favours get remembered, while small ones quietly fade away. A short moment of support, a thoughtful word, or a simple act of help might not seem like much on the surface, but for the person receiving it, it can matter more than we realize.

(iii) "Your teacher can open the door, but you must enter by yourself."

Meaning: This timeless proverb emphasizes personal responsibilities in the journey of education and self-improvement. While guidance and mentorship are valuable, true success ultimately depends on an individual's own effort, discipline and willingness to take action.

Ms. Madhumita Das
PGT (English)

CERN:
(European Organisation of Nuclear research): Fusion of Science & Spirituality

CERN, the European Organization for Nuclear Research, is the world's largest particle physics laboratory, located in Geneva, Switzerland. It's a hub for ground-breaking research, where scientists from around the globe collaborate to unravel the mysteries of the universe.

The Lord Shiva Statue at CERN

In 2004, the Indian government gifted a 2-meter-tall statue of Lord Shiva, depicted in his cosmic dance pose (Nataraja), to CERN. This iconic statue symbolizes the connection between Hindu philosophy and modern physics. The dance represents the cycle of creation, preservation, and destruction, mirroring the eternal flux of particles in quantum mechanics.

CERN's Achievements

- Discovered the C Higgs boson (2013), a fundamental particle in the Standard Model of particle physics.
- Conducted experiments that led to Nobel Prizes in Physics (1984, 1992, 2013).
- Invented the World Wide Web (WWW) in 1989 by Tim Berners-Lee.
- Hosts the Large Hadron Collider (LHC), the world's largest and most powerful particle accelerator.

Prospects

CERN continues to push the boundaries of particle physics, exploring new frontiers:

- Upgrading the LHC to increase energy and luminosity.
- Researching future accelerators, like the Future Circular Collider.
- Advancing grid computing and data analysis techniques.

The Lord Shiva statue at CERN represents the fusion of science and spirituality, inspiring researchers to explore the universe's deepest secrets.

Shiva statue in Switzerland

Shiva statue at CERN Switzerland!

On 18 June 2004, CERN unveiled an unusual new landmark, a 2 m. tall statue of the Indian deity Lord Shiva. The statue is a gift from India, celebrating CERN's long association with India which started in the 1960's and continues strongly today. It was unveiled by the Director General, Dr. Robert Aymar, His Excellency Mr K. M. Chandrasekhar, Ambassador (WTO-Geneva) and Dr. Anil Kakodkar, Chairman of the Atomic Energy Commission and Secretary, Dept of Atomic Energy, India.

The Shiva statue in the Nataraja form symbolizes Shakti, or life force. A plaque alongside the statue explains that the belief is that Lord Shiva danced the Universe into existence, motivates it, and will eventually extinguish it.

Carl Sagan drew the metaphor between the cosmic dance of the Nataraja and the modern study of the 'cosmic dance' of subatomic particles.

The statue was made in India. The original sculpture was a wax model, around which a soil mould was made. Melting the wax left a hollow into which liquid metal was poured. Once cooled, the mould was split and the statue polished and given its antique finish.

The statue is on permanent display in the square between buildings 39 and 40, a short distance from the Main Building.

Mr. Manmohan Joshi
PGT (Physics)

BALANCE BEFORE BURNOUT

Rohan, a 14-year-old student, starts his day early with tuition, rushes to school, and returns only to leave again for evening coaching. By the time he gets home, he is exhausted. Homework, small responsibilities, and then hours on his mobile leave him with little rest and no time for himself. Sadly, Rohan's story is not unique—it reflects the daily life of countless students today.

What seems like a "busy and productive" routine is actually leading to an unhealthy lifestyle. Skipping meals, lack of exercise, poor sleep, and excessive screen time are causing obesity, stress, low energy, and even early lifestyle diseases. A body without movement and a mind without rest cannot achieve true success.

Students must realize that marks are important, but health is essential. A simple balance can change everything—planning the day, eating proper meals, sleeping well, and dedicating at least 30 minutes to physical activity or sports. Reducing mobile usage and spending time with family or hobbies can refresh both mind and body.

As it is rightly said, "Take care of your body, it's the only place you have to live." And "Balance is not something you find, it's something you create."

In conclusion, success is not about being busy all the time—it is about being balanced. A student who manages studies along with health and personal life builds not just a bright career, but a strong and happy future.

Mr. Narendra Singh Bhandari
PGT (Physical Education)

The Alchemy of Positivity:

Transmuting Life's Challenges into Opportunities

In an era, beset by the vicissitudes of life, cultivating a positive mindset has become an indispensable imperative. Focusing on positivity is not merely a trite cliché; rather, it is a potent catalyst for personal transformation, enabling individuals to transmute adversity into opportunity.

The Contours of Positivity

Positivity is not about glossing over life's complexities or denying the existence of challenges. It is about adopting a paradigm shift, whereby one chooses to emphasize the inherent goodness, beauty, and potential that surrounds us. By doing so, we:

1. Reframe our perspectives: We learn to reframe our experiences, transforming obstacles into stepping stones for growth.
2. Cultivate resilience: We develop the capacity to navigate life's turbulence with equanimity and poise.
3. Nurture gratitude: We focus on the present moment, acknowledging the myriad blessings that enrich our lives.

The Efficacy of Positive Thinking

Research has demonstrated that a positive mindset can have a profound impact on our mental and physical well-being. By focusing on positivity, we can:

1. **Boost our mood:** Enhance our emotional state, fostering feelings of joy, contentment, and fulfilment.
2. **Enhance our relationships:** Cultivate more harmonious, empathetic, and meaningful connections with others.
3. **Improve our physical health:** Strengthen our immune system, reduce stress, and promote overall well-being.

Practical Strategies for Positivity

1. **Gratitude journaling:** Record three things you're thankful for each day.
2. **Mindfulness meditation:** Cultivate presence, focusing on the present moment.
3. **Positive affirmations:** Rewire your mind with uplifting, empowering statements.

In conclusion, focusing on positivity is a deliberate choice, one that can have a profound impact on our lives. By embracing this mindset, we can transform challenges into opportunities, cultivate resilience, and unlock our full potential.

Ms. Pooja Joshi
TGT (English)

FROM SHAKESPEARE TO SOCIAL MEDIA

: THE EVOLUTION OF ENGLISH

Language is not merely a tool of communication; it is a living, evolving reflection of society, culture, and human thought. Among the many languages of the world, English stands out for its remarkable journey—one that stretches from the eloquent verses of Shakespeare to the fast-paced expressions of social media.

Centuries ago, English was shaped by poets and playwrights who used it with artistic brilliance. The works of William Shakespeare enriched the language with new words, phrases, and expressions that are still in use today. His writing was elaborate, rhythmic, and deeply expressive, reflecting the culture and sensibilities of his time. Language, then, was not just about communication, it was about beauty, depth, and creativity.

As time progressed, English evolved alongside society. The Industrial Revolution, colonization, and globalization contributed to its spread and transformation. New words were added, meanings changed, and styles became more practical and accessible. The language adapted itself to meet the needs of people across professions, regions, and cultures.

In the present digital age, the evolution of English has taken an even more dynamic turn. Social media platforms have redefined how we use language. Communication today is quick, concise, and often informal. Abbreviations like "LOL," "BTW," and "OMG" have become part of everyday vocabulary. Emojis, memes, and hashtags now accompany words, adding layers of meaning and emotion in ways never imagined before.

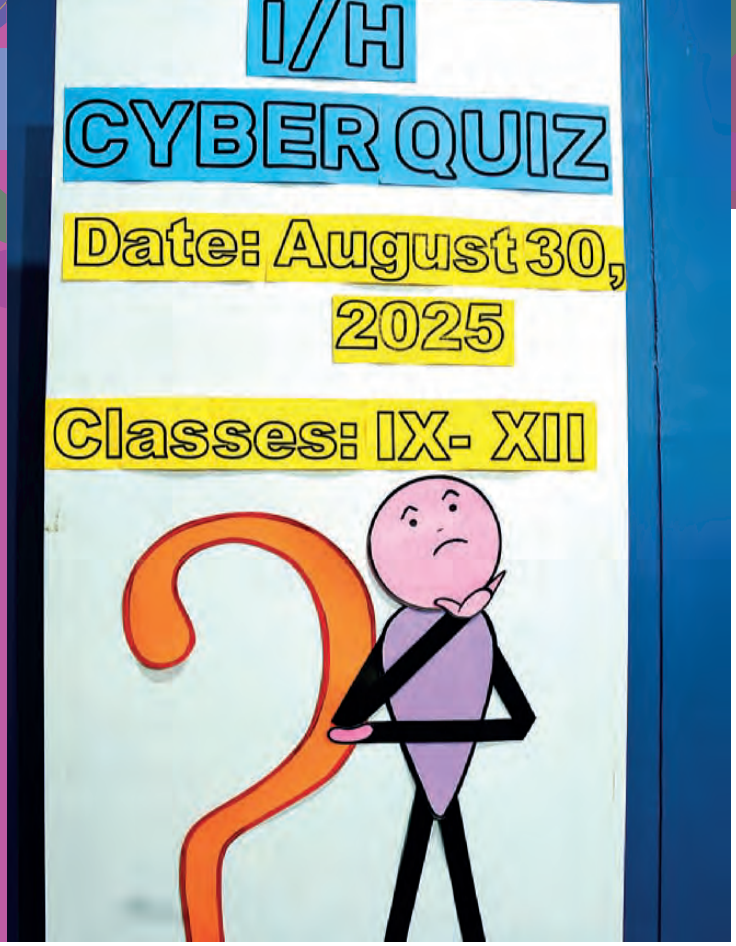
While some may argue that this modern usage is a decline in linguistic standards, it is, in reality, a testament to the flexibility and adaptability of English. Language changes because people change. The way we think, interact, and express ourselves continues to shape how language functions.

However, as learners and users of English, it is important to strike a balance. While embracing modern forms of communication, we must also appreciate the richness of classical literature and formal expression. The depth found in traditional writing enhances our ability to think critically and communicate effectively.

From Shakespeare's timeless sonnets to today's trending tweets, the journey of English reminds us that language is not static, it grows with us. As students and educators, we are not just users of language but also contributors to its ongoing evolution. Let us use it wisely, creatively, and responsibly.

In the end, English is not just a subject we study, it is a bridge that connects ideas, generations and the world itself.

Ms. Rashmi Bhatt
TGT (English)







Inter-House Cyber Quiz

"The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice."

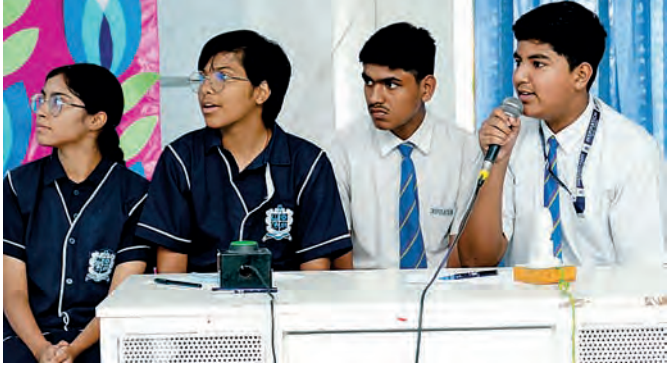
On August 30, 2025, the Inter-House Cyber Quiz for classes IX-XII was organized with great excitement. Each house fielded a team of four members—one from each class. The quiz featured six engaging rounds:

1. Ice-breaker Round
2. Multiple Choice Questions
3. Arrange in Sequence
4. Hands-on Practice (MySQL)
5. Audio-Visual Infotainment (Buzzer Round)
6. Rapid Fire

Questions covered a diverse mix of topics, including shortcut keys, memory units, conversions, protocols, network devices, AI, ICT skills, ChatGPT/chatbots, CEOs of ICT companies, open-source software and file extensions.











All four teams competed fiercely, with the Buzzer and Rapid Fire rounds proving decisive due to negative marking for incorrect answers. It was a rich learning experience for everyone, enhanced by audience questions after each round.

After six mind-boggling rounds, Green House emerged as winners followed by Yellow House in second place and Red House in third.

The event was graced by School Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja, and Ms. Gaytri Balutia. Winners received medals and certificates, with Ms. Smita Pant serving as the dynamic quiz master and Ms. Bhawana Kafaltiya preparing the PPT and displaying questions on screen.













Oratory Excellence:

Inter-House Debate on AI and Nuclear Arms

"The pen is mightier than the sword, but the tongue is mightier than both."

On July 31, 2025, Inspiration Public School hosted an Inter-House English Debate with great enthusiasm and intellectual fervour. Students from all houses actively participated, arguing for and against the motions while showcasing exceptional oratory skills.

The event was divided into two categories:

Junior Category (Classes IX–X)

Topic: "Will AI replace human jobs?"

Senior Category (Classes XI–XII)

Topic: "Nuclear weapons are not necessary in the modern world."

School Management, Principal Mr. Anurag Mathur, and Vice Principal Ms. Mamta Taneja congratulated the winners and all participants for their outstanding performances.



















Inter-house Hindi Debate Competition

"Words are the weapons of the mind"

Inspiration Public School, Kathgodam, successfully hosted the Inter-House Hindi Debate on May 26, 2025. The event was divided into two categories: Junior category (classes IX–X) and Senior category (classes XI–XII).

Topics:

- **Junior Category: (नकदी रहित अर्थव्यवस्था उचित है)**
- **Senior Category: (वैश्वीकरण हमारे सामाजिक मूल्यों के पतन का कारण बना है)**

Participants from all four houses: Red, Green, Yellow and Blue, delivered compelling arguments and counter arguments, captivating the audience. The young orators' efforts were appreciated by all.
































Palette of Dreams:

Artistic Metamorphosis on Display

"Emotions on canvas, culture in color–faces transformed, creativity unleashed!"

On November 14, 2025, Inspiration Public School celebrated Children's Day with "Palette of Emotions – The Lively Canvas," a dazzling Face Painting Competition. 120 class IX and XI artists transformed faces into emotional masterpieces.

Class IX delved into "Power of Emotions" (Joy & Sorrow, The Mask, Love in Colours) and "Digital Age" (Man vs Machine, AI: Friend or Foe?, Future Face). Class XI explored "Metamorphosis" (Caterpillar to Butterfly, Life's Transformation, Phoenix Rise) and "Echoes of Culture" (Tribal Spirit, Colours of India, Festivals of Light).











Original interpretations wowed all. Esteemed judges– Dr. Sakshi Pandey (Pal College professor), Chairperson Dr. Geetika Balutia and Principal Mr. Anurag Mathur, graced the event, joined by cheering parents.

Unanimous praise celebrated students' flair, emotional depth and cultural vibrancy making it an inspiring showcase of creativity.



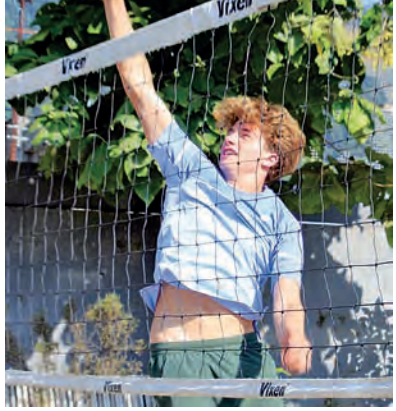















Bridging Cultures:

Inspiration's Indo-French Exchange Triumph



"Unity in diversity is India's strength—and the world's hope."

Inspiration Public School, hosted the two-day "Le Frehindi" Indo-French educational and cultural exchange program on October 17–18, 2025. The event fostered mutual understanding and friendship across nations.



A French delegation of 30 students and two mentors received a traditional Uttarakhandi welcome.

Friendly basketball and volleyball matches pitted the Inspiration school team against the French













visitors and mentors. The school band, guided by music teachers, kept spirits high with vibrant tunes.

Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja presented mementos as tokens of appreciation. The French students reciprocated by gifting books and materials to underprivileged children at the "Veerangana" NGO.

Both delegations savoured authentic Kumauni cuisine, prepared by a skilled catering team.













Inspire Fest-2025

"The future belongs to those who believe in the beauty of their dreams."

Inspiration Public School, successfully hosted its Annual Fete Cum Exhibition – "Inspire Fest 2025" on November 14, 2025. The event showcased exceptional talent and creativity from students in classes III–IX and XI.

Aimed at sparking interest in arts, literature, science, music, robotics, languages, social science, astronomy and mathematics, students presented impressive models and performances under the theme 'Inspire Fest 2025.'

Highlights included an enchanting Disneyland-themed ramp walk by class III students, outstanding models from classes VI–VIII, and vibrant face painting by classes IX and XI. The Astro team























captivated the audience with a thrilling rocket launch.

The exhibition was inaugurated by Director Dr. Deepak Balutia, Dr. Sakshi Pandey, Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja. The dignitaries praised the students' efforts and encouraged them to keep exploring their passions.














Instrumental Freaks:

A Symphony of Young Talent at IPS

"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." Inspiration Public School hosted










the highly anticipated Instrumental Freaks program on October 15, 2025. This captivating event united young musicians from classes VI–XII, showcasing their instrumental prowess and creativity.

Renowned judges Mr. Prem Goswami and Mr. Manoj Pandey, founder of RangGeet Art Centre, Haldwani, evaluated the performances. The program began with the ceremonial lamp lighting by the judges, Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur and Co-ordinator Ms. Priyanka Sharma.

Divided into junior (classes VI–VIII) and senior (classes IX–XII) categories, the event featured enchanting renditions on saxophone, keyboard, harmonium, drums, tabla, clapbox, guitar and dholak. All performances earned high praise from the judges.



































काव्यान्जलि : शब्द सृजन उत्सव

"शब्दों की ज्योति से जगमगाए मन,
कविता है भावनाओं का अनमोल धन।"

Inspiration Public School's Hindi poetry competition "Kavyanjali" successfully highlighted young talents from classes VI-IX.

Held on October 9, 2025, the event drew 85 participants who showcased diverse poetic skills through original compositions.

It featured a pre-test round for initial presentations and a live final with up to four students per class reciting on stage.

















Judges assessed entries on originality, language, rhythm, emotion and presence, praising all for polished modern poetry.

Poetry served as a powerful expression tool, fostering creativity and linguistic confidence among students.

Such events nurture well-rounded skills, blending literary art with performance.

















Investiture Ceremony

"Leadership and learning are indispensable to each other."

The investiture ceremony for the 2025-26 academic session was held on August 22, 2025, with great solemnity, pride, and enthusiasm. The event was graced by Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja and all the staff members.

It began with a spirited march past by the student council, setting an energetic tone for the day. This was followed by administering the oath to the council by Principal Mr. Anurag Mathur, invoking blessings for the new leaders to fulfil their duties with sincerity and dedication. The elected leaders were then conferred badges and sashes by the esteemed Chairperson, Principal, Vice-Principal,









and entire teaching staff symbolizing the trust and responsibility entrusted to them.

School Appointments:

Head Boy	Ashutosh Negi (XII D)
Head Girl	Yashswi Bhandari (XII D)
School Vice – Captain	Yukti Tewari (XI B)
Sports Captain (Boys)	Anurag Verma (XII D)
Sports Captain (Girls)	Sonakshi Arya (XII E)
Sports Vice -Captain (Boys)	Abhinav Joshi (XI D)
Sports Vice -Captain (Girls)	Geetika Rathore (XI C)
Discipline Prefect (Boys)	Vansh Jaiswal (XII E)
Discipline Prefect (Girls)	Bani Negi (XII A).
Cultural Club – in – charge(s)	Harshit Singh (XII D)
	Prateeti Sah (XII D)
Literary Club- in -charge(s)	Unnati Joshi (XII E)
	Garvita Suyal (XII D)

House Appointments:

Captain (Blue House)	Riddhi Tamta (XII A)
Vice - Captain (Blue House)	Aditi Mishra (XI E)
Prefect (Blue House)	Shiva (X C)
Prefect (Blue House)	Mriganka Tamta (X A)
Captain (Green House)	Ananya Pandey (XII B)
Vice -Captain (Green House)	Upasna Aryan (XI B)
Prefect (Green House)	Yashwardhan Singh (X C)
Prefect (Green House)	Vedang Joshi (X B)
Captain (Red House)	Ayush Bardola (XII B)
Vice -Captain (Red House)	Chaitanya Bisht (XI B)
Prefect (Red House)	Tejasvini Bhatt (X C)
Prefect (Red House)	Apoorva Mer (X C)
Captain (Yellow House)	Shikha Tamta (XII E)
Vice- Captain (Yellow House)	Naman Singh Kathayat (XI D)
Prefect (Yellow House)	Ramnika Joshi (X A)
Prefect (Yellow House)	Savir Dhariwal (X C)
Literary Club Members:	Sagar Dayal Saxena (XII B)
	Akanksha Pant (XI D)
Cultural Club Members:	Bhumika Gururani (XII E)
	Divyansh Mishra (XI A)
	Aditi Bhatt (X A)
	Harshdeep Singh (X A)
	Samriddhi Sharma (X B)
	Isha Bisht (X C)
	Shivansh Bisht (X C)
	Vaishali Mishra (X C)













"Master Chef-de Inspiration:

A Fireless Cooking Challenge"

"Cook without fire and inspire – creativity on a plate, no flame required!"

On October 16, 2025, Inspiration Public School celebrated World Food Day by organizing "Master Chef-de Inspiration,"- a fireless cooking competition for classes IX-XII. Each section had two teams of four members, with requirements to present both a beverage and a main course. Students prepared various beverages such as Mojito, Lassi, buttermilk, cold coffee, ice cream shake, lemonade, Dragon Fruit Drink, Mock tail,

















Dalgona coffee, Sattu drink, Masala milk, Honey lemon fizz, Thandai, Pahadi chhach etc. Main course dishes included Sushi, falafel, sandwich, Laphing, rice bowl, papdi chaat, sprout chaat, Taco, Sandwich roll, Nachos, Dahi Puri, Mexican bean & Corn Salad, Burrito, Raj kachori, Idli Burst, Sev puri etc. The event featured two eminent judges: Chef Dr. Vinod Singh Negi, Associate Professor at Amrapali University and Dr. Preeti Bora, Assistant Professor at Uttarakhand Open University. Both judges carefully tasted the students' recipes and shared valuable feedback. The activity fostered teamwork and hands-on learning among students, making the celebration of World Food Day both educational and enjoyable. The event was equally attended and applauded by the school Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja. They were all full of praise for the teams and appreciated their efforts and creativity in the competition.













Children's day Picnic:

A Refreshing Escape

"Let the children play – for in their laughter lies the magic of tomorrow."

On November 14, 2025, in observance of Children's Day, a recreational outing was arranged for students in grades X and XII at the Corbett Machan resort in Ramnagar. The excursion offered a welcome break from academics, fostering bonds among friends and teachers.

The day kicked off with a scenic drive to the picturesque resort, where delicious breakfast fuelled students for the adventures ahead. Nestled in breath-taking surroundings, the location provided the ideal backdrop for recreation and relaxation.



VI -VIII picnic



The Astroverse team led engaging games and activities, sparking enthusiastic participation and filling the air with laughter, fun and togetherness. Students unwound by dancing with classmates and mentors, creating cherished memories.

Class VI - VIII and XI enjoyed a delightful picnic at Flower Wood Resort, Ramnagar, on December 23, 2025 and December 24, 2025 respectively. Thoughtfully planned to blend relaxation, recreation, and camaraderie, it fostered holistic development.

Students arrived with exuberance to a delectable breakfast, followed by engaging games and an electrifying DJ dance session bursting with music and joy. Kabaddi, Uno and soulful guitar strums amid laughter filled the afternoon, powered by a sumptuous lunch.

The day ended with refreshing tea and snacks, leaving hearts full, smiles lingering and cherished memories etched forever.


























Voice of IPS 8.0:

Young Melodies Touch the Soul



"Tunes of tradition, beats of tomorrow—music's legacy grows."

On November 26, 2025, IPS hosted Voice of IPS–8.0, a vibrant celebration of young talent. 46 enthusiastic students from junior (VI–VIII) and senior (IX–XII) categories enthralled audiences with soulful folk, English and retro songs, blending energy and emotion.

Distinguished judges Mr. Prabhakar Joshi and Ms. Vaishali Vijay scored the performances. The event was graced by Director Dr. Deepak Balutia with Ms. Ayushii and Mr. Taaksh Balutia, Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja and Dr. Deepa Bhatt.

They lauded the music department—led by Mr. Sanjay Goswami, with Jazz Instructor Mr. Mohit Pant, Rhythm Instructor Mr. Gaurav Kumar, and Vocal Instructor Ms. Gunjan Joshi for nurturing excellence. Par-excellent accompanists elevated every note. This showcase of diversity fostered self-expression and ignited musical passion.




















World Health Day

"Health is the foundation of hope—nurture it today for a thriving tomorrow."



On April 7, 2025, Inspiration Public School celebrated World Health Day with vibrant activities to promote health and well-being. The morning assembly, themed "Healthy Beginnings, Hopeful Futures," featured a healthy thought, health pledge, lifestyle rules and Principal Mr. Anurag Mathur's address on adopting balanced habits early.

Students from classes I-VIII enjoyed recreational games, Yoga and Zumba for physical and mental wellness. Tiny tots (Nursery-II) watched a lively teacher skit on healthy vs. junk food, joined a fun Zumba session, practiced handwashing and dressed as food items for an educational delight.

Renowned doctors Dr. Pramod Joshi (Cardiologist), Dr. Chhavi Kumari (Gynaecologist), and Dr. Manish Maurya conducted an enriching session on check-ups, nutrition, hygiene and mental health.











Earth Day

"With every craft and colour splash, our youngest wonders turn responsibility into a canvas of hope for Mother Earth."

On April 21, 2025, a special assembly was arranged to create awareness about cleanliness in our surroundings. Our tiniest wonders from Nursery to class II celebrated Earth Day with bursts of creativity, care and responsibility through hands-on fun. Nursery kids indulged in the "Bye-Bye Mess Bay" activity, learning tidiness and love for clean surroundings as playful steps toward environmental stewardship. LKG explorers dove into "Tiny Tear Town," where little fingers crafted recycled paper art, mastering fine motor skills and the magic of reuse. UKG students brought nature to life in "Finger Fun," creating vibrant prints that showed how small hands spark big change. Classes I and II unleashed "Colour Splash," exploding with trees, animals and dreams of a greener planet.















Mother's Day

"A mother's love is endless, selfless, and forever"

On May 10, 2025, Inspiration Public School honoured the essence of motherhood with vibrant enthusiasm during a touching Mother's Day celebration. The Pre-Primary wing hosted the emotional event, highlighting the sacred bond between mothers and children through warmth, gratitude and lively student performances.

The program began with the traditional lamp-

































lighting by Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja and Coordinator Ms. Priyanka Bajpai Sharma.

Nursery, LKG, and UKG students, dressed in vibrant outfits, captivated everyone with energetic dances and soulful songs that expressed love and appreciation. The event wrapped up amid radiant smiles, prizes, applause and cherished moments that deepened the mother-child connection.





School Raising Day

"26 years strong: From visionary roots to soaring futures in education."

Inspiration Public School, Kathgodam, celebrated its 26th Raising Day on July 03, 2025, marking 26 Years of Excellence. The event honoured late founder Shri N.C. Balutia ji's visionary leadership and reflected the school's commitment to quality education and holistic development.

A special assembly highlighted the institution's growth and achievements, with vows to carry this legacy forward.

























Harela

"Plant with faith today, harvest joy tomorrow—nurturing our roots for a greener world."

The Harela festival, a vibrant celebration in Uttarakhand's Kumaon region, marks the monsoon onset and sowing season. It holds deep ecological, agricultural and spiritual significance for hilly agrarian communities.

Inspiration School embraced Harela with enthusiasm and fraternity. Children learned seed germination by sowing barley and grains in soil-filled baskets, watering them regularly. The flourishing Harela plants were showcased in a special assembly.

On July 14, 2025, students presented diverse programs, including eloquent comparing in Kumaoni during special assembly. They demonstrated cutting Harela plants, offering them to gods and placing blessings on children's and family members' heads, sometimes tucking them behind ears. Harela promotes environmental conservation, cultural preservation and community bonding.







Independence Day

"Ask not what your country can do for you–ask what you can do for your country."



On August 15, 2025, Inspiration School celebrated the 79th Independence Day with immense pride and heartfelt gratitude, paying a solemn tribute to the countless brave souls who fought relentlessly for the nation's freedom. The occasion was marked by a profound sense of patriotism, unity and national pride.

The programme began with the hoisting of the Tricolour by Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja, followed by the reverent rendition of the National Anthem. The school choir then presented a heart-warming patriotic song that filled the air with fervour and emotion. Students also recited soulful poems and delivered inspiring speeches, reminding everyone to feel proud of the country and to remain committed to protecting and upholding its values at all times.












Teacher's Day

"True teachers are those who help us think for ourselves."

Teachers' Day was celebrated with great zeal and enthusiasm to honour Dr. Sarvapalli Radhakrishnan on his birth anniversary. The event was graced by school Management Dr. Deepak Balutia and Dr. Geetika Balutia, Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja and the entire school staff.

The celebration began with a floral tribute to the portraits of Dr. Radhakrishnan and our Founder, Late Shri N.C. Balutia ji—a great visionary who shaped young minds and whose birthday coincides with this occasion. The school saluted his legacy and pledged to follow his path. This was followed by a soulful Saraswati Vandana performed by the IPS teacher choir and a mesmerizing Guru Vandana Kathak dance by Ms. Neeru Goel. The program was hosted gracefully by Ms. Smita Pant.

The festivities continued with engaging fun games, including Musical Ring, Musical Chairs, Pick-and-Place and Tambola which was enjoyed by everyone.

The program featured a lively group song by the teachers, captivating solo performances by Ms. Prerna Pandey, Mr. Manmohan Joshi, Ms. Madhumita Das, Ms. Prerna Joshi, Ms. Gunjan Joshi and Ms. Smita Pant, plus heartfelt recitations of self-composed poems/text by Ms. Pooja Joshi, Ms. Smita Sah, Ms. Guneet Kaur. The standout moment was Director sir's solo performance, which stole the show and became the unforgettable highlight.

















Gandhi and Shastri Jayanti

"The future depends on what you do today"

Inspiration Public School commemorated Gandhi Jayanti and Shastri Jayanti on October 02, 2025, with reverence and enthusiasm. The ceremony began with Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja and Coordinator Ms. Priyanka Sharma lighting the lamp. Mr. Manmohan Joshi shared inspiring stories of Mahatma Gandhi ji and Lal Bahadur Shastri ji, while the Principal highlighted their exemplary lives. Ms. Smita Sah added grace with a self-composed poem on Vijayadashami, beautifully capturing the triumph of truth.



Diwali

"May the light of Diwali bring peace, prosperity, and happiness to every home."















The special Diwali assembly by class VII A on October 17, 2025 was a resounding success. Our little stars from UKG and class I stole the show with their captivating performances.

Dakshesh Bhandari (UKG) mesmerised everyone with a sweet song on Lord Shri Ram, while the girls of UKG and class I dazzled the audience with a graceful dance on "Mere Ghar Ram Aayenge."

Their performances truly illuminated the festive spirit of Diwali, spreading joy, warmth and devotion across the school.













Uttarakhand Foundation Day

"Twenty-five years of Uttarakhand's glory: Roots deep in heritage, branches reaching for a brighter tomorrow."

Inspiration Public School, celebrated Uttarakhand's Silver Jubilee Foundation Day with immense enthusiasm on November 9, 2025. The special assembly showcased intriguing facts, a heartfelt cultural speech, vibrant dances and melodious songs that highlighted the state's rich heritage.

School Principal Mr. Anurag Mathur addressed the gathering, sharing insightful thoughts on this milestone occasion.




























Grand Parent's Day

"Grandparents fill our hearts with love that lasts a lifetime."

Inspiration Public School celebrated Grandparents Day with the theme "Forever Grand" on December 13, 2025, creating a joyful atmosphere filled with warmth, respect, and togetherness. The event brought grandparents, parents, and students together to honour the invaluable role grandparents play in shaping values and nurturing generations.

The programme began with a heartfelt welcome, followed by the lighting of the ceremonial lamp, symbolising love, blessings and guidance. Students of classes I and II presented melodious songs and graceful dance performances, while a meaningful speech and skit expressed deep gratitude and affection for grandparents.

Grandparents enthusiastically joined fun games and bonding activities, filling the venue with laughter and cheer. Their active participation highlighted the spirit of joy and unity that defined the celebration. The event also included moments of appreciation and honour, recognising grandparents as pillars of strength, wisdom and unconditional love.







Christmas

Christmas is the time to rejoice, to give, and to be grateful.

In the spirit of joy, love, and giving, IPS celebrated Christmas on December 24, 2025. The kids of i- blossom transformed the school into a magical wonderland, filled with twinkling decorations and festive cheer.

The little ones danced to Christmas carols, dressed as Santa, reindeer and snowmen, spreading laughter and excitement. Fun-filled games and the arrival of Santa Claus brought smiles and sweet treats, creating heart-warming memories for all.

















Republic Day

"On Republic Day, let us pledge to uphold the unity and integrity of our nation."

On January 26, 2026, Inspiration School brimmed with pride and patriotism during its 77th Republic Day celebrations. The ceremony kicked off with a dignified flag hoisting led by Chairperson Dr. Geetika Balutia, Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja and Ms. Gaytri Balutia, followed by a resounding rendition of the National Anthem.

The program captivated all with a soul-stirring patriotic song from the school choir, a thought-provoking speech on citizen duties by Ritika Pant (XI B) and a poignant poem on freedom fighters' sacrifices by Gunshika Pant (XI B). Principal Mr. Anurag Mathur closed with an inspiring address on national pride, urging students to cherish the Constitution and uphold democratic values.









WHEN THE KIDS
PEN DOWN

In a Garden of Roses, I Am a Wild Flower

Unstrained by perfection,
unpolished by pose,
I bloom without permission
among symmetry and prose.
Where petals rehearse beauty
and thorns learn to pretend,
I grow honest and barefoot,
never shaped to bend.
I am real,
not edited, not rehearsed.
My laughter spills freely,
My kindness unreversed.
Fun lives in my spirit,
giving life to my breath.
I pour myself outward
with no fear of depth.
I guide my instinct,
not hungry for a crown.
I lift others upward
Even when I'm falling down.
Soft- but not weak.
Gentle- but not blind.
I feel too much
and still choose kind.
I crave quiet nights,
undisturbed skies,
peace over noise,
truth over disguise.
Adventure hums softly
Inside my chest,
yet all that I've mastered
is love at its best.
Love and compassion are my language,
my first and last art,
even when the world
teaches armour to the heart.
I remain unaware,
or maybe I choose not to see
the calculated cruelty
this world offers freely.
There is a child in me
I fiercely protect,
a version of myself
the world shouldn't wreck.
But I overthink-
Oh, endlessly so;
my mind builds storms
no one else knows.
I counsel the hurting,
I steady their fears,
I speak with clarity
learn from years.
Yet trust
that is fragile,
earned drop by drop
because betrayal is a lesson that never stops.
I wear joy like sunlight,
bright, effortless, wide,
never revealing the ache
I quietly hide
I become the calm
in another's despair,
the warmth in their winter,
the voice that cares.
While I sit with silence,
with words unspoken.
feeling the whole world



yet privately broken.
Still, I bloom,
not loudly, not to be seen,
But because surviving gently,
is my rebellion, my dream.
In a garden of roses, I remain a proud wild flower,
untamed by approval,
alive by my power.

Aditi Mishra
XI E

The Silent Battles Students Fight

Riya was always the topper of her class. She was praised by all the teachers. To everyone, she was a confident, cheerful and strong girl. But every night, she sat at her study table staring at her books, afraid. Afraid of losing her rank and disappointing her parents. The next morning, she walked into school again - with a smile.

Riya's story is not just her story. It is the story of thousands of students who walk into classrooms everyday carrying invisible burdens. Behind every bright smile, there may be a silent battle that no one sees. As students, we are not only studying subjects like Mathematics, Science on English, we are carrying expectations. The pressure to perform well, to make our parents proud, to compete with others and to be the best can sometimes feel overwhelming. The biggest battle to conquer is comparison. Social media and peer pressure make us question our worth and our abilities. Students do not only struggle to get good marks; they struggle to fit in the standards set up by the society. The hardest battle to need to overcome is the battle of thoughts. which gets complicated day-by-day within their minds. The fear of failure leads to anxiety and stress. In the race of being at the top, they often forget that they are humans and not machines. They overthink about the results and doubt on their abilities. Besides all these challenges, the students decide to make up each and every day. The fear of failure may take their steps back; but the will to succeed Motivates them to work harder. Always remember, every step matters and counts. The great leader, Nelson Mandela believed that courage is not the absence of fear, but a triumph over it. Fighting with all those silent battles is in itself a very courageous task. As the students, we must remember that our hard work will never go in vain. Fighting with these silent battles make us strong, confident and resilient. We must do our duties without thinking about the consequences; showing up that everyday matters.

Yukti Tewari
XI B



THE POWER OF LISTENING

In today's fastmoving world, everyone wants to be heard, but very few people take the time to listen. I understand the true value of listening through a simple yet meaningful experience at school.

One day, I noticed a classmate sitting quietly, distant from the usual classroom noise. Instead of ignoring it, I chose to sit beside him and listen. As he spoke about academic pressure and personal expectations, I realised that he did not need solutions or advice. He only needed someone who would listen to him without judgment.

That moment I changed my perspective. I learnt that listening is not passive act; it requires patience, empathy and attention. It has the power to reduce stress and strengthen human connections. Since then, I have made a conscious effort to listen more carefully to others. I believe that effective listening can create understanding, build trust, and make our surroundings more positive and compassionate.

Anchit Beri
IX A



Examination

The time has come to take the stand,
with pen and paper in our hand.
The hours of study, the silent nights,
prepare us now for brighter lights.
So, breathe in calm and banish fear,
the chance to shine is finally here.
Trust the hard work you have done,
and believe that success can be won.
Just do your best, the rest will follow,
and let's welcome a bright tomorrow.

Parth Rautela
III A

Life Beyond Earth

Just think of a mystery,
You may be thinking what I'm talking about,
Yes, it is something mysterious,
Let me ask about it aloud.
We are told that,
people have life after death too,
Actually, it is given a term,
"Rebirth, Rise Through"
A rebirth is known as it
because of a big mystery behind it,
You'll get to know soon,
but you have to learn outside the kit.
It is said that,
people are distributed into two groups,
A mystery to be known about it.
Let me spill the tea at a single person's troop
At the end of story,
always do your best to be good.
Peace in heaven, demons in hell,
Or you'll always eat sad food.

Riddhima Agrawal
VII A

A Clear Vision

Every student dream of achieving success, but simply wishing for it won't be enough. Success requires a strong understanding of what we really want to achieve in life and how we plan to reach there. Without a clear vision, even hard work can go in vain.

In today's world, life has become highly competitive, and at times it has even become very unfair. It is not easy to win at everything, simultaneously. Instead of just running in the rat race, it is important for students to take a step back and make time for planning their future.

A student's life is not only about studying but also about preparing for a successful future. Having a clear vision makes it easier to stay focused. Instead of getting distracted by social media or peer pressure, we should begin prioritizing what truly matters. Whether it is by studying regularly, improving skills, or preparing for future goals, it makes everything much more organized and meaningful.

As success doesn't come overnight, proper planning becomes essential. It requires patience, consistency, and continuous efforts. The first step towards having a clear vision is planning, as it helps us stay motivated and disciplined.

Instead of giving up, we should create a plan that includes long-term, short-term, and daily goals. Rather than following a strict daily timetable, which is frustrating enough, it is more effective to maintain a daily goal table. Writing down daily goals and working towards them helps one walk towards one's future goals. We should learn from our mistakes and keep improving each day. Instead of shifting the unfinished tasks to the next day, it is better to stay focused on progress and keep moving ahead. In this way, challenges become stepping stones rather than obstacles.

Moreover, having a clear vision helps us make better decisions. It gives us confidence and a sense of purpose. With this, we begin to understand who we are and what we really want to become, which not only shapes our personality but also strengthens our determination too.

In conclusion, the true secret of success is not just talent or luck, but a clear vision combined with planning and dedication. If students develop a strong vision and work towards it with honesty and perseverance, they can achieve their dreams and build a successful future.

Harshit Singh
XII D

The People Around you are shaping you

"We are not born with a fixed mindset; we are shaped by our surroundings and experiences." This thought was beautifully given by Carol Dweck, the psychologist behind mindset theory, and it captures a truth many of us often overlook.

Psychology tells us that the human mind is highly malleable. Our thoughts, habits, and emotional responses are not formed in isolation. Before our behaviour changes, our environment begins influencing us—quietly but consistently.

The people we talk to daily, the attitude we normalize, and the energy we absorb all leave a psychological imprint.

According to social learning theory, proposed by Albert Bandura, humans learn by observing others. This means the people around us act as live examples. Overtime, this observation turns into conditioning, where the brain starts accepting repeated behaviours and mindsets as normal.

This idea was beautifully expressed by James Clear, who said, "You pick up habits, values and attitudes from the people you spend time with." In schools and youth circles, this influence spreads through emotional contagion, where motivation, confidence, or negativity passes from one person to another—often without anyone realizing it.

There is another powerful insight, beautifully given by Jim Rohn:

"You are the average of the 5 people you spend most time with."

Psychology explains this through normative social influence—our tendency to adapt to what feels acceptable within a group. When growth is normal, growth follows. When constant negativity is normal, potential slowly shrinks.

However, psychology also reminds us that it is not necessary to surround yourself with many people. A small circle with strong morals, emotional intelligence and good instincts matters more than a large crowd. Quality always outweighs quantity.

As Robin Sharma beautifully said, "Loneliness is not being alone, it is being surrounded by the wrong people." In fact, solitude can be healthy. It encourages self-reflection, emotional regulation, and intrinsic motivation-the drive comes that comes from within.

Psychology, makes one message clear: growth does not come from popularity, it comes from awareness. Your environment is not just around you; it is shaping who you become. Choose it wisely.

Akanksha Pant
XI D



WHEN SCIENCE TEACHES YOU LIFE

"Science is not just about formulas, but life lessons."

Science is often seen as numbers, formulas, derivations, and complex equations. But as a science student myself, I believe there is much more than what it is usually assumed to be.

Physics, for instance, not only introduced me to gravity, potential energy, and Newton's laws, but also to stress, strain and resistance. It made aware of the ups and downs of life and how just like in circuits; resistance cannot be totally removed. It can only be understood, managed, and controlled. It taught me how complex numerical can be made easier with daily practice and focus.

While I was being taught the balancing of chemical reactions, I didn't realise that it was not just limited to books, but applied to life as well. The power of balancing lies in maintaining harmony between academic stress and personal growth, board preparation and competitive preparation, ambition and peace without balance, even the strongest element cannot work up to its full potential.

My favourite, Mathematics, made me pull all-nighters, cry over problems rather than an emotional web series, struggle endlessly, and question myself. But now when I look back at it, I understand it was just teaching me patience and showing me how life works in the same way. We try, we fail, but we never give up. Struggling does not mean that we are incapable. It simply means that we are learning, Growth, just like solutions, take time.

As students, especially in class 11th, we often feel demotivated and the overwhelmed by the sudden pressure, the vast syllabus, and expectations placed upon us. But maybe all of this is secretly preparing us not just for written exams, but for our lifelong journey.

Someday, the formulas, definitions and derivations maybe forgotten, but not the lessons that is when science truly proves its beauty.

"Lessons stay even when formulas fade".

Ishita Bisht
XI D



A Little Light

In quiet corners of ordinary days,
A little light learns how to stay.
It hides in smiles, soft and small,
In rising hope after a fall.

The world may rush, the hours may race,
yet dreams still walk at their own pace.
With courage stitched in fragile seams,
We grow from doubts into our dreams.

So, hold your light, however slight –
Even Stars begin as night.
For change is born where heart ignite,
From one small spark of honest light.

Yashi Palariya
VI A5

Memories

Memories, like wisps of smoke,
Drifting in and out of mind,
Some are bright & clear as day
Others faded, hard to find.

Memories of laughter & joy,
of love that felt so true,
of moments that we shared with those
whom we bid a fond adieu.

Memories of struggle & pain,
of tears we shed alone,
of hardships that we overcame
to make our hearts a home.

Memories, they shape our lives,
In ways we cannot measure,
They're woven into our very soul
A treasure we'll always measure

Ritisha Chaudhary
VII B

Artemis II Mission

NASA's Artemis II mission, the first crewed mission of the Artemis program since 1972, which is scheduled for launch between February and April 2026. The mission aims to test deep space life-support systems and pave the way for future lunar landings and eventual missions to Mars.

- The mission will send four astronauts-three Americans and one Canadian-on a 10-day lunar flybly.
- The crew will travel aboard the Orion spacecraft, launched by the powerful space Launch System (SLS) rocket.
- Artemis II will be the first human journey beyond low Earth orbit since 1972.
- The mission is a critical step in establishing a sustainable lunar base.

Ekavari Durgapal
VI C

Nature's Treasures

Nature is one of the greatest treasures of our planet. From the beginning of life, humans are dependent on nature for survival.

Air, water and food are all precious gift to nature. Nature's Treasures include forest, rivers, soil plants and animals. Forest gives us oxygen and helps maintain balance in the environment. Rivers provide water for daily life and agriculture.

Nature not only support our physical needs but also gives us peace and happiness. Green surroundings, fresh air and natural beauty help us feel calm and relaxed.

Human activities like pollution and deforestation are harming nature. These actions disturb the balance of environment and create serious problem.

It is our responsibility to protect nature's treasures. By saving water, planting trees and reducing pollution we can protect nature for future generation.

Pratyusha
VI C

Life of Toppers

The life of toppers isn't just about getting full marks; it's about staying focused, being curious & enjoying the learning journey. Every day they plan their time, finish their homework, manage play time etc. They keep on doing hard work so that they can grow in future ahead. Toppers even help their friends to understand difficult problems. They are in good book of their parents and teachers. Toppers are always ready to face any problem by themselves. Their life is a mix of chaos, drama, fun & studies. They think that staying positive & never giving up is the real "win" in the school.

"Chalo sapno ki rah par, kadam badhate jayen. Mehnat ki dhun mein hum, har mushkil ko harayenge, Hauslon ki is udaan mein, naya sooraj hum banaye."

Anayah Naved
V Tulip



Overthinker Me

I'm an overthinker, and that's kinda cool! I think a lot about things, which means I plan ahead and care about stuff. Sure, sometimes my brain is like a busy movie theatre, but it means I 'm thoughtful and creative! I can turn my what if's into why not's. Being an overthinker means I notice details others might miss. It helps me solve problems in cool ways, and I come with fun ideas. Like, I think about add the possibilities, and that means I can make awesome things happen! So, I'm gonna embrace my thinking brain and keep being ME.

Sehrish Jamal
VI C

The Unspoken Script

The silver mist comes down in a prayerful silence.
To enfold the valley in a velvet curtain.
There is no voice of man to break the morning hush,
Where light is filtered through a heavy Cloud.
The river does not ask which way to follow;
It submits its length to the eternal slope,
Seeking the golden pardon of the sun
Through mists of moss and river silt.
In the high crags where eagles dare to nest,
The stone is carved by the rain's restless touch.
A jagged chronicle on the mountain's breast
of weathered joy and primal pain.
The forest floor is thick with secrets told,
of seeds that waited through the winter's chill,
while deep below, the dreaming roots have slept
To convert the silver frost to summer gold.
The wind is not a whisper, but a melody
That hums through hollow reeds and swaying pine.
It speaks of where the wandering minds belong,
Beyond the limits of map and line.
For nature does not require the poet's quill,
To inscribe its epic on the shifting sand;
It blooms and fades, again to life
The silent ruler of the living land.

Khushi Joshi
XI E



The Silent Patient

A book review

Well, before starting with this review, why not discuss, what an actual book review is? For some, it is mere summary and comment or for others it's their own add on to the actual content. But for me, it's something different-or maybe unnecessary in eyes of some.

I believe that reviewing a book is about penning the emotions, imagining the themes, and portraying the impact that it made collusion with your own experiences. So here I begin with the perfect plot to start.

I read this book more than a year ago, but it's a fact that in this chaotic world, things with pure goodness or what I may say things that put indelible marks to our spirit-stand like lighthouse. We cling to them as they are the proof for us that beauty actually exists. The first novel of an author, whom nobody ever knew well turned into the New York Times best seller and stood at Number 1.

Alex Michaelides, in his debut novel presents a pack of thrills, sandwiched with a great psychological portrait. It starts with an English psychotherapist treating his patient, Alicia Berenson an accused of killing her husband, Gabriel Berenson. while psychology and murder, may sound a bit boring but what makes it different is the painting - a painting with thousands of secrets, a painting that made Alicia Berenson 'A silent patient'. This painting put a significant impact in my personal life for being a great inquisitive person, specifically for Greek mythology. And the best-or rather the most disturbing part for a person like me is that I not just read or felt it, even after completing this book, for months I kept on living it. That's the impact!

The painting that muted Alicia forever was of a Greek princess, Alcestis, a character from mythological tragedy by Euripedes (My personal favourite tragedian). Alcestis was sent by her husband to the underworld (place of the dead) to save his own life. However, when she was later saved and brought back, the sense of heartbreak and grief turned her mute. From then on she never spoke. To me, Alicia is my food for thoughts. It is a part of me, or maybe I've let her become me. Alicia- a name full of grief, a symphony of tears, and tale perfectly draped in thorns. For Euripedes asked centuries ago, "Why does Alcestis not speak? This made Alicia's life not just a question but something dissolved into indifference. And the same, Alicia is now- cries of Alicia

I half-heartedly came clinging to it Honestly saying for life-Greek mythology and my interest in it dissolved into a perfect match, and that's collusion I mentioned at beginning. Ending this review, which may have been sorrowful (as you take it) stuff. This poem is the result of scars that this book has put on me, obviously forever.

WHY ALICIA
Huhh, I'm Okay,
For the sake Alicia needed.
But I'm capable,
For Alcestis never faded.

You're still there.
You don't let it pass,
Why Alicia, why?
Why you live in past?

Is it the day today,
or it's the matter of date
Oh, he has believed,
that you always hate

I wish Alicia we never met,
for Alcestis is never going to be dead.
She's just silent, her voice's sore,
thinking of the day when he spoke.

Since, jotting down everything isn't possible. For it's just an Inspirational novel from Agatha Christie's writings, some may still argue. But unlike, 'The Seven dials mystery', which I greatly admire, it's just core hits so differently, leaving you with a question that you may carry forward, "Why Alicia did not speak?" Remember, Alicia is not Alcestis. But then, why Alicia never spoke again...?"

Give it a try and find the answers yourself. Maybe you, too, get befriended with Alicia…

Prakriti Pandey
X A



Redefining Success in Education

In contemporary society, academic success is often reduced to numerical scores and ranks. Marks have become a convenient but narrow parameter to judge a student's intelligence and potential. However, true education is far more complex and meaningful than a set of numbers on a report cart.

While examinations evaluate memory and subject knowledge, they fail to assess qualities such as creativity, resilience, intelligence, and emotional intelligence, and ethical awareness. Every student possesses a unique learning pattern, yet the education system frequently promotes uniformity over individuality.

Meaningful learning extends beyond classrooms and textbooks. It occurs through observation, self-reaction, failure, and perseverance. The ability to question assumption, adapt to challenges, and communicate ideas effectively plays a crucial role in shaping an individual's future.

Education should empower students to think independently and act responsibly. When learning is viewed as a process of growth rather than competition, students are better prepared not only for careers but also for life itself.

Anchit Beri
IX A

Sunita Williams Retires from (NASA)



On 20th January 2026, NASA announced that Sunita Williams retired from the Agency, effective 27 December 2025, concluding an extraordinary 27 - year career in human spaceflight.

Her retirement followed a historic nine-month mission aboard the International Space Station (ISS), one of the longest unexpected stays in orbit, highlighting endurance, leadership and scientific excellence. NASA Administrator Jared Isaacman described Williams as a trailblazer, crediting leadership on the ISS and her contribution to commercial space flight and future Artemis Moon mission.

Williams flew three space missions, beginning with STS-116 in 2006, later commanding Expedition 33 in 2012, making her one of the few women to lead the ISS.

Her final mission began in June 2024 aboard Boeing Star liner which extended to 286 days and concluding in March 2025.

Srishti Gwal
VIII Tulip

She was a friend to the World

She laughed too loud, she spoke too fast,
turned strangers into friends that last.
With childish jokes and eyes so bright,
She filled dull days with bits of light.

She talked to clouds, to dogs, to trees,
Said Hi like it came with ease,
No walls, no filters, no disguise,
Just honesty in open eyes.

Tale of a Golden Heart

What's a human without a heart?
A heart fallen apart,
Shattered to pieces due to ominous deeds,
Still a golden heart beat.

When the whole world burns ice,
Something still ignites
To fight to enlighten the lost hopes of need-
Still a golden heart beat.

This is my pain of no name;
Both cry for the same.
Forth is what the fuel feeds-
Still a golden heart beat.

Hidden like a child's pain,
With poison filled up to brain,
Yet you hope for a fruitful deed,
When your mighty tree emerges from a hopeless seed.
Still a golden Heart beats,
Just forgot how to breathe.

Jitendra Singh Gariya
XI D

Silent Epidemic

"Behind smile: Unmasking the crisis of school life"

School life is said to be the most memorable time in one's life but on the other side that often remains unseen is the dark reality.

About 50% of mental disorders start by the age of 14 and 75 % of them get established by the age of 29. 3 in every 5 students report anxiety just because of academic pressure. Committing Suicide, is a leading cause of death among the age group of 15-29.

This epidemic affecting 81 % of students is silent. Why silent?? Because as this crisis increases, willingness to seek help does not. In some countries only 41% of young people think it is good to seek support. The epidemic has a physical masking, in most of the cases anxiety hides behind physical symptoms like headache, sleep disorders often misleading the adults to identify this main cause.

In this epidemic the most vulnerable ones are the high achieving students. Their perfect grades can create a success shield to mark severe stress, burnout, making them 'silent' victim of this epidemic.

Then the question arises, how to avoid getting infected by this epidemic? So, my friends, the most powerful vaccine you have against it is time management. It can be used to avoid eleventh hour stress. Other than that, digital detox can also improve your immunity in this epidemic.

From the end of parents and teachers the thing that can be done is "Redefining Success". Parents and educators should focus on students' efforts and character rather than solely on grades. They should have good mental health, literacy and a training to understand sign of distress.

Social and emotional learning programs (SELS) like Ziphy's friend should be performed in schools. Students should be encouraged to contact school counsellor without any hesitation.

If you don't have a nearby counsellor, then you can get professional help on TELE Manas (Toll free). It's a national helpline for mental guidance. Let's come together to eradicate this silent epidemic from school life making it more memorable with the motto " Silent no more: Bringing Mental health in light".

Saumya Upadhyay
XI D

Unknown Sea

It's around Seven
But I can still feel
The pleasure of my own heaven
From the top of my roof,
I can see the silent mountains
Gazing at the cities
Developed over boundary of time
But these are not the normal mountains you see;
Instead, they stand alone and free.
Far away I can see a distant star,
Between the last clouds
Like a snowflake on a chocolate bar.
As I was gazing upon
This magnificent view
My eyes just saw something new.
Suddenly I found something;
I found myself lost. Lost in the

unknown endless ocean of night,
As if somebody turned the world
Upside down in fright,
Just some flickering-
In the dark ocean I see
Many stars showing the path to lost sailors.
As I followed path on the unknown sea,
Clouds came in with their bent knees.
But still my mighty eyes
Sailed through the dark mist.
Then came an island to see,
Sad Shiny, yet so bright.
It caused the captain's brain
To say, "wee!"
And the journey was over
With the discovery of the Moon
That I see!

Jitendra Singh Gariya
XI D

Choose your passion

Passion is something that you find interesting, something that attracts you and gives you pleasure.

Passion can be anything, sports, writing, composing music, dancing etc. It's not only a way to pass the time, but can be a career option too. It's an old saying that success depends on studying and education you have, but today's world has proved it wrong. Then what does success depend on? It depends on dedication, discipline and most importantly your passion.

If you don't have the inner zeal for the work, no matter how hard you work, nothing will happen. So, the first step is to choose your passion and this path is difficult because sometimes you have to ignore what people say and simply trust the process. Remember, hard work without passion is like a body without soul.

It doesn't matter what you have to become whether it is a cricketer, musician, writer or painter etc. The most common thing to get success in all these fields is passion. They should encourage and support their children to follow their passion in this difficult journey and they should be taught to respect people and their passion. The parents have a big role to play.

Achyut Upadhyay
V Tulip



Success

Success is counted sweetest
By those who never succeed.
In the company of eagles
Mountains for my mansion
The forest for my pantry.
Tell all the truth
Tell all the truth but tell it silent
Success in circuit lies.
Emotional bursts
All of a sudden tear roll out
No reason whatsoever and nothing about.
Graduation Day
Graduation Day is the climax of a dream
A parental dream that begins when a child is born.
A Smile
A smile is a Frown turned upside down
A smile is painted on the face of a clown

Harrop Kaur
VI A

The Magic of Toys

Toys bring joy, learning, and creativity to childhood. They're tools for development, social skills, and imagination. From classic favourites to modern marvels, toys have been an integral part of childhood for generations. Toys play a vital role in a child's development. It also develops social skills through sharing and cooperation, enhances creativity and imagination, improves problem-solving skills and hand-eye coordination, builds confidence and self-esteem. Toys aren't just for kids; many adults collect and cherish them as nostalgic treasures. Whether you're a parent, a collector, or just a kid at heart, toys have the power to bring joy and magic to our lives.

Paras Singh Waldia
V Tulip

A Secret in the Chaos

"Step into hallway where every face looks familiar yet something feels off. The poet slips through, whispering a 'secret', that reality might just be a swirl of pretzels, churros and starlight - sweet on the surface puzzling beneath. A secret in the chaos invites you to pause, notice the glittering illusions around & you and ask? What's the true flavour of your own life?"

Your pretzels and churros in sight shy, but you spark with delight delusion, or the only truth?

You're a star in a full moon night.

I crave fire but I'm in love with water.

Whenever I love, I become shorter.

But reality seems an illusion.

In the noise, I hear your whisper sweet.

A secret in the chaos, my heart skips a beat.

You don't know when you'll find a gem,

surrounded by fake, fake, fake….

Reality feels like a dream, where everyone

stops it, for God's sake.

Prachi Singh Dogra
VIII A

Top 10 Interesting Facts about the Universe

1. The Universe is about 13.7 billion years old.
2. In the first trillionth of a second of its creation, the temperature of the Universe was about ten billion trillion degrees Celsius.
3. It was created by an explosion called as the "Big Bang."
4. The fastest shining star in the universe is a neutron star identified as XTE J1739-285, which spins around a head-turning 1,122 times a second.
5. Apart from Sirius, there are four more brightest night time stars known as - Canopus, Rigil Kenta urus, Arcturus and Vega.
6. The term "Big Bang" was coined by Fred Hoyle in 1950.
7. The first exoplanet (planet outside the solar system) was discovered in 1992.
8. Half the stars in the Universe are doubled - two stars that orbit each other.
9. Apart from the Milky Way, three galaxies are easily seen with the naked eye from Earth- Andromeda, the Large Magellanic cloud, vane the small Magellanic Cloud.
10. The Universe is expanding about 70 km (43 miles) every second.

Aayushman Joshi
VIII C

Thoughts

When you're angry stay Silent.

Don't waste your time in explanations. Sometimes silence is the best way to cope with your emotions. People only hear what they want to hear. Accept criticism but never accept disrespect.

A pen can do Mistakes!

But a pencil can't because it has a good friend- 'Eraser'

Only a true friend can erase your mistakes and make you perfect.

Never think I have nothing. Never think I have everything, but always think I have something and I can achieve anything.

Everything in this world is temporary. Life shifts. People come and go. Seasons change and none of them last forever. So, no matter where you are right now. Remember - Your current situation is not your final destination.

Madiha Aayat
VI B

Three Fluffy Bunnies

One, two, three
I have little bunnies
Flop-flop fluffy pink long ears.
Tiny wiggle tail twinkly nose
hop-hop where they go.
Always eating - NOM NOM
Sleeping on my lap FLOPPING-FLOPPING
Jumping where the carrot Grows.
Wiggly nose and thumpy feet.
Fluffy hoppy snuggly but

Very cheeky naughty playful bunnies.
Sneak into the garden
And eat my lettuce my flowers and peas!
They curl up tightly in soft round balls.
Aww, my fluffy bunnies
look like cotton balls.

Vanya Pant
V Bluebell

The Pain of Heaving a Heart

People learn early which feelings are allowed,
Which truths should soften before being said aloud.
Some emotions are taught to stand very still,
Others are asked to fade quietly, against their will.

Tears become things to excuse our delay,
Hands hesitate before reaching for help that way
As if needing warmth, one's name, as if sharing weight somehow doubles the same.

So, voices lower, when they begin to shake,
Questions are trimmed for comfort's sake.
Pain learns a language easy to ignore
So, it won't stay too long in the open door.

Strange how asking becomes something to hide.
While standing alone is praised as pride.
Hearts are told to endure every part
But never to speak when they fall apart.

If a heart can ache yet never confess,
It can love yet not lean into rest,
It must beat, silent and smart.
Never asking to be held even for start.

Why does the chest tighten before tears can fall?
Why does asking feel like the heaviest call?
Why does heart rehearse strength like an art?
And apologize each time it falls apart.

Why does need arrive wrapped in quiet shame?
As if feeling deeply were something to blame,
Every breath, every fragile start
Is the only proof,
Isn't it the whole point of heaving the heart?

Shantanu Srivastava
IX A



Women's Education

It is said that if we educate a man, we educate a man only, but if we educate a woman, we educate the whole family. This highlights the importance of female/woman education. It is a fact that women are the first teacher of children. It is in their lap that the children receive their first lesson. Hence, if mothers are well-educated, they play important role in shaping and moulding their sons and daughters. Napoleon was once asked, what the great need of France was. He said, "Nation's progress is impossible without trained and educated mothers. If the women of my nation are not educated, about half of the people will remain ignorant."

Women have 3 major roles to perform in the course of life. They have to discharge their duties as good daughters, good mothers and good wives. Apart from these important duties, they have to perform themselves as good citizens of a free democracy. Hence, it is necessary to give women a different kind of education apart from their duties in a proper way. With education they become fully matured in all the fields of life. Educated women are well aware of their duties and rights. They can contribute in the development of the country in the same way as men do.

Bhavesh Mehta
VII C

Beware of a Toxic Friend

A toxic friend likes you to do well but not better than him/her.

Anyone can act good before you. That's why it's really hard to identify the genuine one, whom we can cherish. But one thing I have learnt that true friends are those who motivate you to succeed in life and also those who protect your name when you aren't around.

Just because they hang around and laugh with you doesn't mean that they're your real friends. People pretend well but at the end of the day real situations happen to expose their toxicity. So, pay attention and stay alert!

Last but not the least-remember when a toxic friend stops talking to you, he/she will start talking about you.

Anayah Naved
V Tulip

7 Life Lessons (From the Books of Fantasy & Fiction)

1-The Alchemist by Paulo Coelho

LESSON- Following your "Personal Legend" (what you want to accomplish in life) requires faith, overcoming fear. and recognising omens; the journey itself teaches more than the treasure.

2-The Chronicles of Narnia by C.S. Lewis

LESSON- Themes of Redemption, sacrifice, courage, temptation, and the battle between good and evil, all while learning to see beyond the surface.

3-The House in the Cerulean Sea by T.J. Klune

LESSON- Embracing differences, challenging prejudice, finding love learning and belonging in unexpected places & learning to see the good in everyone, especially those deemed dangerous.

4- The Little Prince by Antoine de Saint-Exupéry

LESSON- Focus on what's essential ("what is essential is invisible to the eye"), the importance of relationship, the sadness of grown up concerns & the responsibility of love.

5-To Kill a Mockingbird by Harper Lee

LESSON- Courage isn't a man with a gun but standing up for what's right; learning empathy by walking in someone else's shoes & fighting against deeply ingrained racism and injustice.

6-Harry Potter by J.K. Rowling

LESSON-Love is the most powerful force, friendship, loyalty, appearances can be deceptive & death is inevitable.

7. The court of the Dead by Rick Riordan & Mark Oshiro

LESSON-Everyone deserves a second chance, redemption, power of choice, complexity of justice, anything is not perfect, "light" and "darkness" are complementary parts of life, importance of facing past traumas & necessity of communication in relationships.

Hardik Bhatt

VII C

Friends Forever

Once upon a time there were two friends, Rohan and Vivek. Rohan was a driver's son and Vivek was a businessman's son. One day Rohan accidentally ate the food that was rotten and fell ill. His father didn't have enough money to pay the doctor's bill. The next morning Vivek went to play and found that Rohan was ill. Rohan's mother told Vivek about the incident. Vivek went back. He was worried for Rohan. He asked his father to help them. His father agreed. The next day Vivek's father went to the hospital and asked to reduce the bill, Rohan was very thankful, Years passed by, Vivek's children were kidnapped. Vivek went to the Police Station and told everything to the officer. They sent a commander with a team. The commander saved the kids and caught the criminals. Vivek thanked the commander and asked his name. The commander said "Rohan". Then Vivek remembered his childhood friend who was the same person standing before him, So, his friend became a savoir and they remained friends forever.

MORAL: ALWAYS HELP YOUR FRIEND

Hamdan Ahmad

III B

The Pen is mightier than the Sword

There is a famous saying that the role of pen is greater than the sword but unfortunately, there are very few people who believe that the use of force is necessary. The pen expresses a personal or public opinion. It stands for the press, literature, news-paper, book and other writings. The purpose of all writing is to connect one mind with another, to convince the reader, to take up the view which the writer holds in a particular subject. But the swords on the other hand stands for force, it forces views on -others. If they do not accept views, they must be challenged. The pen is thus preferred of the two. But the sword has its own uses. In this world, there exists not only good, sincere, honest and responsible people but also those who are wicked, dishonest and unreasonable. No argument will convince them and no expression can influence them. People have a greater faith in

the power of the pen than in that of the sword. The pen represents ideas and intelligence with which the man has created the sword. Hence, the power of writing is more than the power of hatred and violence of the sword.

Lavanya Rawat
VI C



Women Empowerment

She can soar higher than a phoenix
And travel as fast as light,
But bounded by the barriers of unignited minds,
She now fears to take her flight.
"You can't do it, you're a girl after all!"
Is what she's humiliated by.
You will do it, you're not less than him!"
Is what we should try.
Her heart is made of steel and stone,
Voice nothing but, a muted sound.
Touch her and she'll break your bone,
She'll push you to the ground.
Be careful oh boy! she's a hurricane
And you, just a shower of rain.
With eyes full of tears, she manages to smile,
Even when she's dying with pain.
She's stranger than she knows,
She loves her friends and all her foes,
Through all the "No's" and all the blows.
Its' just her aim that she follows,
All that they reed, is a little spark,
To ignite their minds, with faith,
On women as they have in men,
Cause she's a woman, not a bait.
She will now soar higher than a phoenix,
And will travel as fight as light.
Bounded by nothing but her own will power,
She's now ready to take her flight.

Bhargavi Tiwari
VII B

The Door that Appears at Night

At night, when my room becomes quiet, I imagine a small glowing door on my wall. It appears only when the lights are off. The door looks bright and friendly. I feel that the door leads to a dream world. Behind it, there are flying books, talking cats, and colourful skies. I do not open the door, but I feel happy knowing it is there. In the morning, sadly, the door disappears, but the truly amazing thing is that the magical feeling stays with me. The whole today it makes my nights more interesting and special.

Krisha Joshi
V Daffodil

The Lazy Cat

It was a Sunday morning. Jack, a farmer went to his barn, and was shocked to see that many mice were eating grains. He asked his friend Harry who was also a farmer, "Why don't you bring a cat?

Jack said, "It's a good idea!"

Harry said, "My neighbour is selling cats."

Jack said, "Can you ask for one cat for me, please?"

Harry said, "Yes, sure".

Next Morning Jack brought a cat He named it Miya. Miya was clever but lazy.

In the starting days, she ate many mice but it was not enough. Then he brought a new cat named Lucy. She was active and intelligent. Because Lucy ate more mice, Jack also loved her. Because of this, Miya left the farm. Lucy was so nice, that dogs were also friends of hers. One day, a wolf was on Miya's way, playing guitar. She was clever so she said, Wolf, you play a good guitar, and I dance good. Can you play the guitar for me?

The Wolf said, "Yes, but I will eat you."

Miya said, "Ok!"

As she danced, she made the volume louder. Lucy came with her dog friends and saved her and the wolf ran away.

Rudrani Rawat
III B

Dream Big and Be Yourself

Hello, Amazing 'YOU'! Do you know, how many different people are there in the world?

Each of you is unique, special and amazing. Every person has dreams and different ways to accomplish goals.

There will be times when you want to accomplish your dreams, but don't think you can't do it. Don't listen to those thoughts.

You are more capable and able than you realize. Be confident and continue through challenges and hardships.

When you learn to be yourself, and find pride in what you do, everything you want to happen can become a reality. You are an amazing boy and you can do everything you want to, even more than you ever thought of. Keep reaching for your dreams every day! Before you know it, those dreams will become a reality, opening up your life for more dreams, challenges and growth.

Zoha Rehan Qureshi
IX C

Teamwork

Teamwork it builds; teamwork it shows,
In every teammate, true spirit glows.
Through every challenge, together they rise,
With shared dreams shining in their eyes.
When they win, their success unfolds,
A story of courage, brave and bold.
The fire of victory starts to run,
But the work is never done by one.
Hands join hands; hearts move as a team,
Turning hard work into a dream.
Each small effort, a vital part,
Strength and unity from every heart.
Through loss or triumph, they stand as one,
Supporting each other till the goal is won.
For greatness grows where trust is sown –
Together they achieve what none could alone.

Gaurav Singh Rawat
XI D

Facts about Animal - Life

Bat

Bats are the only mammals capable of true flight. With extremely elongated fingers and a wing membrane stretched between them, the bat's wing anatomically resembles the human hand.

Chameleon

Any animal that can change colours and look in two direction at once is worth learning more about. The chameleon may be one of the coolest reptiles on the planet.

Bear

Like human children, bear cubs are extremely cute and playful. Just like human mothers, if things get too rough, mother bears will make them stop to protect them from getting hurt.

Cat

The word 'Cat' refers to a family of meat-eating animals that includes lions, tigers, etc. Cats cannot taste sweetness as humans can. Cats can run up to 48 km per hour; this means cats are faster than humans.

Dakshayini Bisht
III A



Mesozoic era

Earth is around 4.6 billion years old and became a life sustaining planet early in its history. Many time periods came and went along with the life they contained. One such era was the Mesozoic era, also known as the Age of Reptiles, which came after the largest mass extinction of all time- The Great Dying, which killed 96% of all life on Earth and putting an end to the Palaeozoic era. The Mesozoic era is characterized by the tectonic breakup of the supercontinent Pangaea, a hotter climate than our modern world, and the emergence and dominance of reptiles such as pterosaurs. crocodilians and the famous Dinosaurs.

Dinosaurs ruled this world for about 170 million years before the asteroid strike and were one of the most successful and diverse animal groups. They first appeared around 230 MYA and continue to live today as birds. An average person of today might have many negative stereotypes about dinosaurs, but they were like modern animals, they didn't kill for fun, and not all dinosaurs were massive, In fact, most dinosaurs were small and they were fairly intelligent as shown by their complex group behaviour and relatively large brains compared to their body size. Birds are the last surviving lineage of dinosaurs. Every bird, from chickens to eagles is a dinosaur as they originate from a lineage of small theropods called maniraptoran theropods. There were many groups of dinosaurs such as the theropods (e.g. Tyrannosaurus rex). sauropods (e.g. Brachiosaurus), ceratopsians (e.g. Triceratops) etc.

There were other groups of animals that lived alongside the dinosaurs, such as the Pterosaurs who dominated the skies and were the largest organisms ever, like Quetzalcoatlus there were also aquatic reptiles such as Ichthyosaurs, Plesiosaurs and Mosasaurs. Conifers and cycads were the main plant



life with flowering plants evolving later in the era. The Mesozoic era was divided into three geologic periods:

Triassic Period (252 MYA-201 MYA): The supercontinent Pangaea existed and saw the emergence of the first dinosaurs, pterosaurs and various dominant aquatic reptiles.

Jurassic Period (201 MYA-143 MYA): In this, Pangaea split apart into two supercontinents while the dinosaurs became the dominant creatures diversifying into many groups and the first mammals emerged.

The Cretaceous Period (143 MYA-66 MYA): The two continents continued splitting apart, flowering plants evolved, dinosaurs diversified even more, and saw the emergence of a new marine group- the Mosasaurs.

The Mesozoic Era ended with K-Pg mass extinction, when an asteroid bigger than Mt. Everest struck earth. The non-avian dinosaurs perished along with the pterosaurs etc. while avian dinosaurs (birds) survived. This mass extinction paved path for the start of a new era the Cenozoic Era-with our group, the mammals, becoming dominant.

Vivaan Tewari

VIII C







Annual Sports Day





"Champions keep playing until they get it right."
– Billie Jean King

Inspiration Public School hosted its Annual Sports Meet for classes Nursery-IX on December 28-29, 2025. The inaugural ceremony featured a spirited March-Past by the four houses, the sports oath and captivating cultural and martial arts performances starring the adorable mascot 'Panda'.

Students thrilled audiences with diverse field and track events, including Puzzle Marathon, Obstacle Race, Harmony Hustle, Cup Control Quest (cycling), Bunny Race, Ring Race, Curve Breaker Race, Mathematical Race, Flip n Run Race, Long Jump, Slow Cycle Race, Shot Put, Discus Throw and Tug of War.


















INSPIRATION PUBLIC SCHOOL
ANNUAL
SPORTS
MEET
GET SET GO
FINISH













Inter- House Basketball Championship

IPS organized a thrilling two-day Inter-House Basketball Championship, featuring competitive matches among the school's four houses–Red, Green, Yellow and Blue with teams comprising students from classes VI to VIII.

In the nail-biting girls' finals, Yellow House triumphed over Blue House. Red House dominated the boys' finals, defeating Green House.

The matches were exhilarating, with teams dazzling spectators through fast-paced dribbles, accurate shooting and agile defence.











Cricket Frenzy

The school premises buzzed with the crack of cricket bats and cheers on April 25-26, 2025, as students from classes III-V and VI-VIII competed in an exciting Inter-House Cricket Event. Despite the scorching heat, their enthusiasm shone through in displays of team spirit, skilful play and mutual encouragement.

Results:

Classes III-V (Boys): Winner: Blue House | **Runner-up:** Green House

Classes III-V (Girls): Winner: Yellow House | **Runner-up:** Blue House

Classes VI-VIII (Boys): Winner: Green House | **Runner-up:** Red House

Classes VI-VIII (Girls): Winner: Yellow House | **Runner-up:** Green House









Inter-House Football Championship

On December 9, 2025, the Junior Inter-House Football Championship thrilled students from classes VI-VIII. The tournament kicked off with Red House facing Blue House, where Blue House clinched a 2-1 victory to reach the finals. Yellow House then dominated Green House 3-0 with brilliant goals, advancing to the final showdown.

The championship final between Blue House and Yellow House was a nail-biter, ending in a thrilling 5-4 win for Blue House.











Inter-House Football Championship

On October 11, 2025, the school hosted the Inter-House Football Championship 2025, showcasing students' sportsmanship and camaraderie. Semi-finals delivered thrills: Yellow House edged Blue House 2-1, while Green House crushed Red House 4-1, paving the way for an electrifying final.

Yellow House claimed the title in a nail-biting 4-3 victory over Green House. Star player Nirmal Singh Dhokti (XII C) shone brightly, scoring a remarkable hat-trick to lead his team to glory.

















Inter House Basketball & Volleyball Championship

On August 30, 2025, the Inter-House Basketball and Volleyball Championship for classes IX–XII unfolded with tremendous enthusiasm and competitive spirit. All participating teams showcased exceptional teamwork, stamina and sportsmanship throughout the tournament.

After a series of thrilling, closely contested matches, the results were as follows:

Basketball (Boys)

Winner: Yellow House

Runner-up: Red House

Basketball (Girls)

Winner: Red House

Runner-up: Green House

Volleyball (Boys)

Winner: Green House

Runner-up: Red House

Volleyball (Girls)

Winner: Red and Yellow Houses (joint)

Runner-up: Blue and Green Houses (joint)

The championship not only highlighted the remarkable talent of the players but also fostered unity, discipline and healthy competition among students. The event concluded amid loud cheers and applause, celebrating every participant's success.





Inter-House Kho-Kho Championship

On May 6, 2025, Inspiration Public School hosted an Inter-House Kho-Kho Tournament for classes III-V, featuring both girls' and boys' categories.

Results:

Girls: Blue House (Winners) | Yellow House (Runners-up)

Boys: Green House (Winners) | Blue House (Runners-up)

















Inter - House Lagori Championship

Inspiration School hosted a vibrant Lagori Tournament on December 5, 2025, for students in classes III-VIII across junior and senior categories.

Results:

Junior Girls Final: Yellow House (Winner) defeated Green House (Runner-up)

Junior Boys Final: Red House (Winner) defeated Yellow House (Runner-up)

Senior Girls Final: Green House (Champion) defeated Blue House (Runner-up)









National Sports Day



Inspiration Public School celebrated National Sports Day on August 29, 2025, with boundless enthusiasm.

The event kicked off with a special assembly led by class XI-A students. Activities spanned all grades: Nursery to V enjoyed fun games, aerobics and recreational play; classes VI-IX competed in intramural chess, carrom and table tennis; while classes IX-XII shone in Inter-House Basketball semi-finals and yoga sessions.

Principal Mr. Anurag Mathur and Vice-Principal Ms. Mamta Taneja motivated participants with inspiring words, honoured winners with medals and trophies and elevated the event's energy.

































BASTILLE DAY CELEBRATION

Bastille Day, also known as France's National Day, is celebrated annually on July 14. It commemorates the storming of the Bastille prison in 1789—a pivotal event that ignited the French Revolution.

The Bastille symbolized royal tyranny and injustice. Parisians' bold attack on it expressed their fierce demand for liberty, equality, and justice. This sparked profound political and social changes in France and inspired democratic movements worldwide.

At Inspiration Senior Secondary School, Bastille Day was joyfully observed on July 14, 2025. Students and teachers participated with great enthusiasm, delivering speeches and activities that celebrated liberty, democracy, and unity.



















IDENTITY CARD DRAWING ACTIVITY

On April 21, 2025 classes V -VIII participated in French Identity card making activity under the guidance of their French teacher. The main objective of the activity was to learn about identity documentation while practicing observation and design.

This activity encouraged not just creativity, but also built cultural curiosity and awareness of identity norms in different countries. It was a wonderful step toward being a global citizen.









FRENCH SPELL BEE CONTEST

The French Spell Bee is a wonderful learning experience that helps students strengthen their French language skills. It improves vocabulary, develops accurate spelling, and builds confidence in reading and writing French words. Through such competitions, students learn new words, practice correct pronunciation, and develop a lasting interest in the French language.

On January 24, 2026 IPS organised Spell-bee contest for the students of classes IV-VIII & X. The students show cased their talents and presented wonderfully.

The Spell Bee – Excellent was presented to the outshining students in recognition of their outstanding overall performance in the French Spell Bee Competition.





POURQUOI APPRENDRE LE FRANÇAIS À L'ÉCOLE ?

"Apprendre une nouvelle langue, c'est ouvrir une nouvelle fenêtre sur le monde."

Apprendre le français à l'école aide les enfants à améliorer la mémoire, la concentration et la confiance en soi. Dans de nombreux pays européens, les élèves apprennent plusieurs langues dès le plus jeune âge, ce qui favorise le développement intellectuel. Le français développe aussi l'ouverture culturelle et la communication internationale.

Après avoir appris le français, les élèves peuvent étudier et travailler dans des pays comme la France, le Canada, la Belgique et la Suisse. Les carrières possibles incluent la traduction, le commerce international, le tourisme, l'aviation, l'enseignement, la diplomatie et les organisations internationales.

Le français à l'école n'est pas seulement une matière – c'est un investissement pour l'avenir mondial d'un enfant.

WHY TO LEARN FRENCH IN SCHOOL?

"To learn a new language is to open a new window to the world."

Learning French in school helps children improve memory, concentration, and self-confidence. In many European countries, students learn multiple languages from an early age, which supports intellectual development. French also builds cultural awareness and global communication skills.

After learning French, students can study and work in countries such as France, Canada, Belgium, and Switzerland. Career options include translation, international business, tourism, aviation, teaching, diplomacy, and international organizations.

French in school is not just a subject – it is an investment in a child's global future.

Mr. Aman Chaurasiya

French Teacher

CONFIANCE EN SOI

Croire en soi est un cheminement intérieur qui nécessite d'être rassuré et de résister à la peur.

C'est une affirmation quotidienne. Avoir confiance en tout ce que vous êtes et raviver votre confiance en vous vous portera toujours.

Elle sera mise à l'épreuve à maintes reprises tout au long de votre parcours, mais elle se renforcera aussi à chaque défi et problème que vous résoudrez.

Crois en toi, tu es authentique et vrai. Il y aura beaucoup de sceptiques, ne laisse aucun d'eux te changer, sois toi !

Haroop Kaur

VI A

LE RÔLE DE LA TECHNOLOGIE DANS L'ÉDUCATION

Aujourd'hui, dans le domaine de l'éducation, la technologie a profondément changé la manière d'enseigner et d'apprendre. Les cours en ligne, les vidéos éducatives et les plateformes interactives offrent aux élèves davantage de flexibilité et d'autonomie. Cependant, il est important de trouver un équilibre entre l'utilisation des écrans et les activités hors ligne, telles que le sport ou la lecture. En conclusion, la technologie apporte de nombreux avantages, mais elle doit être utilisée de manière responsable.

Aarohi Rao

VI B

UN ÉTUDIANT DOIT

Être curieux comme un corbeau,

Être concentré comme un héron,

Dormir comme un chien,

Manger peu,

Et renoncer au confort de la maison.

Vanya Pant

V Bluebell







Book Club Inauguration Ignites Young Minds

On April 7, 2025 Book Club was launched for classes VI-XII with students sharing creative name and logo entries. The session highlighted how regular reading, reviews, and discussions build comprehension, creativity, and critical thinking.

Class XII students embraced it as an intellectual platform for deeper analysis, diverse genres and meaningful literary exchanges–beyond academics to sharpen analytical skills, reflective expression and confident idea-sharing.

This initiative fosters well-rounded thinkers ready to explore perspectives and articulate thoughts thoughtfully!

The Bulletin Board: Research, Presentation & Debate

Classes VI-VIII honed research, content curation, summarization and presentation skills organizing info visually for impact.

Classes IX & XI mastered formal debating: media-style articulation, persuasive speaking and evidence-based arguments.



















Career Guidance Workshop for Classes XI-XII

Students gained practical insights into emerging career trends, vital 21st-century skills and goal-setting strategies.

Guided to align passions with professions, they built confidence for informed academic choices.

The session clarified career pathways, empowering future-ready planning with vision and purpose, ideal for informatics and beyond!

Entrepreneurship Bootcamp: From Ideas to Pitches

Classes IX & XI dove into entrepreneurship fundamentals: idea generation, problem-solving, business models, financial literacy, and mindset traits like initiative, creativity, risk-taking, and resilience.

Students brainstormed ideas, identified audiences, practiced budgeting, feasibility analysis, collaboration and decision-making, building a strong foundation.

On February 09, 2026 classes IX & XI pitched brilliantly before evaluators, showcasing creativity, strategy, budgeting, teamwork and confident delivery after online/offline practice.













Young Authors of IPS

Students explored thought-provoking images via PPT, crafting original stories that ignited imagination and honed descriptive writing.

This visual prompt, built narrative structure, enhancing storytelling skills.

Building on drafts, they mastered revision, editing and polishing focusing on voice, setting and flow for shareable masterpieces ready for publication.

Students unlocked the power of self-awareness, goal setting and time management through interactive activities. They explored habits, motivation and personal discipline for everyday success.

The session deepened insights into self-regulation and mindset, teaching techniques to conquer distractions, build confidence and foster resilience.

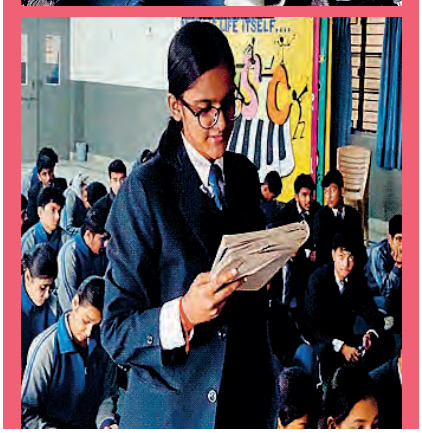




Stress Management Workshop

On December 26, 2025 students built awareness of stress management strategies, time planning and positive coping techniques to tackle academic pressure and exam stress effectively.





Bankcraft Bonanza: Class V Masters Money Smarts







The Bankcraft event for class V students introduced basic banking concepts, financial literacy, and the key distinction between needs and wants through hands-on, interactive fun.

Students created vibrant stalls mimicking banking departments like loans, deposits, withdrawals and enquiry desks. They explained each function's purpose, processes and real-life importance with confidence.

Additional stalls highlighted essentials (e.g., stationery) versus luxuries (e.g., gaming), teaching smart spending and money management.

Taking on roles as bank officers, customers, and assistants, students handled mock transactions, answered queries and showcased teamwork and practical know-how.

Stars in the Making: Class IV Celebrity Meet Magic

The Celebrity Meet event, held on November 6, 2025, for class IV students, aimed to boost communication skills, confidence, creativity, and general awareness.

It offered a unique platform for students to embody well-known personalities stepping into their shoes to experience interviews and public interactions.

Selected students portrayed diverse celebrities, including actors, sportspersons, comedians and authors. With enthusiasm, they adopted each figure's appearance, mannerisms and achievements, honing expressions and gaining insights into various professions.

The rest served as reporters, firing thoughtful questions about the celebrities' lives, career journeys, challenges and triumphs. This Q&A segment sparked spontaneous thinking, active listening and confident speaking.

The event proved highly interactive and engaging, leaving everyone inspired.











Farewell to Brilliance:

class of 2026 Takes Flight

"Endings pave the way for exciting new chapters ahead"

IPS bid a heartfelt farewell to class XII with grandeur and warmth.

The ceremony kicked off with the auspicious lamp lighting by esteemed dignitaries Dr. Geetika Balutia, Ms. Gaytri Balutia, Mr. Anurag Mathur, Ms. Mamta Taneja, Ms. Priyanka Sharma, Head Boy Ashutosh Negi and Head Girl Yashswi Bhandari setting a positive tone for the evening.





The outgoing students dazzled in a glamorous ramp walk, followed by energetic performances from class XI. Fun-filled games and entertaining activities kept the joy alive, making the event truly unforgettable.

Heartfelt thanks speeches were delivered by the students of class XII expressing their gratitude towards the school and teachers.

Inspiring speeches by Chairperson Dr. Geetika Balutia and Principal Mr. Anurag Mathur offered blessings for the students' future success. The class was also briefed on the school's illustrious alumni network and invited to join via the alumni portal:

https://alumni.inspirationschoolkgm.org/

The evening wrapped up with lively dancing and a delightful lunch, leaving everyone with cherished memories.

Cameras flashed nonstop, capturing every moment to cherish forever.







The titles given to class XII were:

Mr. Congenial:	Anshuman Basani
Ms. Congenial:	Prateeti Sah
Mr. Genius:	Vansh Jaiswal
Ms. Genius:	Ashi Prajapati
Best Attire (Male):	Priyansh Bhatt
Best Attire (Female):	Janvi Rana
Student of the Year:	Riya Saini
Mr. Inspiration:	Vardaan Sharma
Ms. Inspiration:	Divyanshi Hindwan

The titles for Special category given to class XII were:

Literary:	Harshit Singh
	Garvita Suyal
	Sarvagya Srivastava
Music:	Bhavin Joshi
	Aditya Joshi
Art & Craft	Bani Negi
Sports:	Shivangi Pandey
	Anivesh Singh Bhoj





































Capacity Building for Business Educators

Inspiration Public School hosted a two-day CBSE Capacity Building Program for Business Studies teachers on May 23–24, 2025, attended by 39 educators from Haldwani, Almora and Ramnagar. Inaugurated by Principal Mr. Anurag Mathur, Vice Principal Ms. Mamta Taneja and CBSE experts Mr. Ankit Jaiswal and Ms. Rakshita Shah, the workshop focused on enhancing teaching methodologies through innovative strategies like Role Plays, Case Studies and Mind Maps. The second day addressed critical academic needs, including Project Work structuring and career guidance for class XII students, effectively equipping teachers to improve student performance and mentorship.



Capacity Building On Gender Sensitivity



On May 30, 2025, Inspiration Public School hosted a Capacity Building Program on gender sensitivity led by resource persons Mr. Kamlesh Joshi and Mr. Abhishek Mittal. Principal Mr. Anurag Mathur welcomed the experts, who emphasized creating an inclusive atmosphere where every student feels empowered. The session guided teachers to use inclusive language, respect preferred pronouns and avoid gender assumptions in daily interactions. Experts also stressed the need for ongoing curriculum reviews to include diverse authors and challenge traditional narratives through balanced classroom activities. By adopting strategies like rotating leadership roles, educators learned to foster an environment that resists gendered expectations and promotes critical thinking.







Clay Therapy:

Psychology Students Explore Art and Mindfulness

On October 13, 2025, class XII Psychology students from Inspiration Public School, accompanied by teacher Dr. Indu Bhardwaj, participated in a unique outdoor learning session at pottery studio to explore the therapeutic potential of art. This hands-on experience allowed students to engage directly with clay therapy, fostering self-awareness, emotional expression and mindfulness while providing significant stress relief. The activity effectively bridged theoretical psychological concepts with practical application, demonstrating how creative expression serves as a powerful tool for relaxation and emotional healing. By cultivating patience and creativity through the tactile process of shaping clay, the workshop highlighted the profound connection between art and psychology in promoting overall well-being.









Empowering Educators:

Financial Literacy Workshop at Inspiration Public School

On April 21, 2025, Inspiration Public School conducted a concise workshop on 'Financial Literacy and Use of Digital Tools' led by CA Mr. Digvijay Singh, a CBSE-empanelled expert. The session highlighted the importance of early savings and explored investment options like Equities and SIP Life insurance to secure future goals. Mr. Singh emphasized Life Stage Planning for managing expenses related to housing, education, healthcare, and retirement, urging teachers to start planning immediately for maximum benefits. The workshop successfully equipped educators with essential financial knowledge and digital tools for personal security and student mentorship.







Finding Balance:

A Stress Management Workshop for Educators

On September 19, 2025, Inspiration Public School hosted a rejuvenating Stress Management Workshop led by resource persons Ms. Bhawana Paul and Mr. Anilesh to equip teachers with effective coping strategies. Inaugurated by Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja, the session began with engaging ice-breaking activities that highlighted laughter and teamwork as natural stress relievers. The experts guided participants through mindfulness practices, including breathing exercises and visualization to foster inner calm and clarity. A unique stone balancing exercise demonstrated the virtues of patience and focus, illustrating how balance can be maintained even in challenging circumstances. The workshop culminated in a serene guided meditation enhanced by natural sounds and Tibetan singing bowls, offering a multisensory experience for deep relaxation and vibrational healing. Through reflection and shared takeaways, educators left with practical tools to manage stress and maintain a balanced lifestyle.





Educational

Visit to Belwal Flour Factory



On December 03, 2025, around 45 class XI Commerce students visited the Belwal Flour Factory for an educational tour.

The factory proprietor, Mr. Mukesh Belwal, personally guided the students through the flour-making process. Inside the factory, they observed various machines integral to production. Mr. Belwal explained how these machines operate and enable efficient food product manufacturing. Key highlights included the atta plant and automated packaging machines that neatly pack the products.

After the tour, the students visited the on-site shop displaying and selling all factory products. They also saw a printing machine used for labelling.

Overall, the visit was highly enjoyable and educational. Students gained valuable insights into factory operations, product manufacturing and packaging and business management.



AI in Education:

A Capacity Building Workshop

On September 17, 2025, Inspiration Public School hosted an eight-hour workshop on Artificial Intelligence in Classroom Teaching to empower educators with modern digital skills. Inaugurated by Principal Mr. Anurag Mathur and Vice Principal Ms. Mamta Taneja, the session featured experts Ms. Sadhana Rawat and Dr. Vikram Singh Khanka. The program covered generating AI visuals like Nano and Retro pics, automating grading systems and ensuring data privacy through temporary emails. Teachers also learned to utilize AI tools for smart content creation and converting text into visuals to enhance student assessments, marking a significant step toward tech-enabled learning.









संपादकीय कलम से.....

राहों में अगर अंधेरा है,
तो दीप स्वयं बन जाना है,
सपनों की इस ऊँची उड़ान में
हौसलों को पंख लगाना है।

प्रिय प्रबुद्ध पाठकों,

हमें बहुत गर्व का अनुभव हो रहा हो कि इंस्पिरेशन पब्लिक स्कूल की वार्षिक पत्रिका 'रिफ्लेक्शन' का एक और अंक प्रकाशित होने जा रहा है जो निश्चित रूप से इंस्पिरेशन के सफल वर्ष के कुछ अविस्मरणीय और अनमोल पलों को प्रकट करेगा, विद्यार्थियों की क्षमताओं, योग्यताओं और उनके अंदर छिपे मौलिक गुणों को उभारने का तथा सब तक पहुँचाने का एक अनोखा प्रयास है करेगा।

'रिफ्लेक्शन' पत्रिका विद्यार्थियों की उन्मुक्तता का विकास, उनके एकांत क्षणों की नवीनता तथा उनके जीवंत पलों का चित्रण है।

स्कूल पत्रिकाओं के लेखों द्वारा ही तो बच्चे अपनी सोच की अभिव्यक्ति कर पाते हैं। इन्हीं में से आगे चलकर कोई कवि, कोई चिंतक, तो कोई युग प्रवर्तक बन जाएगा, आज के इस भाग दौड़ युक्त आर्थिक युग में मानवीय भावनाओं की ही तो रक्षा करनी है, 'रिफ्लेक्शन' इंस्पिरेशन का एक ऐसा महान प्रयास है। 'रिफ्लेक्शन' बच्चों की प्रतिभा का क्रमिक विकास है तथा शिक्षकों के उचित मार्ग दर्शन का परिणाम है। अभिभावको के सहयोग का प्रतिफल है। हमारे स्कूल के प्रबंधक, प्रबंधिका एवं प्रधानाचार्य, उपप्रधानाचार्या के सकारात्मक उत्साहवर्धन का संकल्प है। मैं सभी का तहे दिल से धन्यवाद करती हूँ, साथ ही उनका भी जो प्रत्यक्ष और अप्रत्यक्ष रूप से इस पत्रिका से जुड़े हैं। आशा ही नहीं पूर्ण विश्वास है कि 'रिफ्लेक्शन' का यह अंक भी प्रत्येक अंक की तरह अपने में नवीनता, विशालता श्रेष्ठता, विभिन्नता तथा सुधार के साथ आपके समक्ष उपस्थित होगा।

न असफलता मेरी हार है,
न डर मेरा परिचय
मैं सीखते – सीखते आगे बढ़ूँ
यह मेरी सच्ची विजय है।

श्रीमती निशा काण्डपाल,
पी जी टी (हिन्दी)



नन्हीं कलम से.

''सपनों को शब्द मिले, शब्दों को पहचान,
मेहनत और विश्वास से बनता है हर
एक आसमान ।''

प्रिय पाठकों,

वर्ष 2025–2026 की विद्यालय पत्रिका 'रिफ्लेक्शन' प्रस्तुत करते हुए मुझे अत्यंत हर्ष एवं गर्व की अनुभूति हो रही है, हिंदी विभाग की छात्र–संपादक के रूप में इस पत्रिका के निर्माण से जुड़ना मेरे लिए एक यादगार एवं सीख से भरा अनुभव रहा।

पत्रिका के प्रत्येक पृष्ठ में विद्यार्थियों की प्रतिभा, परिश्रम और उत्साह झलकता है। इस कार्य में छोटा–सा योगदान देना मेरे लिए सम्मान की बात है। इस पत्रिका ने विद्यार्थियों को अपनी प्रतिभा दिखाने का एक शानदार मंच प्रदान किया।

मैं विद्यालय प्रबंधन, संपादक मंडल, शिक्षकों तथा सभी विद्यार्थियों का हृदय से आभार व्यक्त करती हूँ, जिनके सहयोग और मार्गदर्शन से यह पत्रिका सफलतापूर्वक पूर्ण हो सकी। आशा है कि यह पत्रिका पाठकों को प्रेरित करेगी और विद्यालय की स्मृतियों को सदा संजोए रखेगी।

उपासना आर्यन
11 'ब'



सरस्वती वंदना

हे शारदे मां
है संगीत तुमसे

है तुमसे ही, जीवन में रागों की छाया,
है भजनों का अमृत, है गीतों की धारा,
जो कुछ बन हैं पाये, तुम से है पाया,
सरगम –
सां नि ध प, धरे, सां नि ध प
ग म ध, म नि, प सा, नि ध प
ग म ध म नि प सां ।।

ये जप है, ये तप है, ये संयम, ये बल है
है शाश्वत प्रमेय सब में प्रबल है
जो जीवन में अपने कभी डगमगाया
है संगीत ने उसको धीरज बंधाया
हे शारदे मां.....

डा० गुंजन जोशी
(संगीत विभाग)

मैं एक पेड़ हूँ

मैं एक पेड़ हूँ एक हरा भरा छायादार पेड़।
हजारों जीव मेरी जड़ों, तने व शाखाओं में बसते हैं
ये जीव मेरी सृष्टि हैं ये ही तो मेरी मंजिल और रास्ते हैं
मेरी छाया के नीचे कई जीव तपती दुपहरी की पीड़ा से राहत पाते हैं,
मेरे पत्तों की ठंड़ी–ठंडी हवा में बैठकर मीठे रसीले फलों को खाते हैं।
मेरी सूखी लकड़ियों से आग जलाकर मनुष्य खाना पकाते हैं,
जब मैं इनके इतने काम आता हूँ तो क्यों ये मुझे बेदर्दी से काटते हैं
क्यों घने जंगल काटकर, कंकरीट के जंगल बनाते हैं,
मैं इनके लिए बारिश लाता हूँ इनके खेतों की उपजाऊ मिट्टी को बहने से बचाता हूँ
पर बेबस, असहाय मैं इनके धारदार हथियारों से खुद को नहीं बचा पाता हूँ
मैं दिल तथा दिमाग रहित होकर भी इनके लिए समर्पित हूँ, ये कैसी विडम्बना है
और सबसे ज्यादा बुद्धिमान जीव होने पर भी क्यों ये मनुष्य भावनाओं से रहित है ?

बीता समय वापस नहीं आता

रोक लो उसके कदमों को अपनेपन से,
बिता लो प्यार से समय रहते कुछ पल उसके साथ,
किसी के जाने के बाद उसका इंतजार करने से वह कभी नहीं आता।

कर लो समय रहते मेहनत और छू लो मंजिल अपनी
क्योंकि चाह कर भी एक बार चले जाने से,
बीता हुआ कल वापस नहीं आता।

चुप रह कर सहने से आत्म सम्मान टूट जाता है, सहनशीलता की सीमा बंद हो जाने पर आवाज उठाने से, आत्म सम्मान वापस नहीं आता।

गलती हो जाने पर माँफी माँग लेने से कोई छोटा नहीं होता,
गलतफहमी की दूरी बढ़ती चली जाने से,
फिर से रिश्तों में विश्वास नहीं पनप पाता।
दोस्ती में अपने शक को कभी जगह नहीं देना,
डोरी खुल नहीं पाती है गाँठ लग जाने से,
गलतफहमी में पैदा हुए सवालों के जवाब खुद ही दे देने से रिश्तों की खाइयों को पाटा नहीं जाता।

श्रीमती हेमापंत
(टी० जी०टी) विज्ञान

नई पीढ़ी को संवेगात्मक संतुलन सिखाना अतिआवश्यक

आज का युग तीव्र परिवर्तन, प्रतिस्पर्धा और डिजिटल प्रभावों का युग है। बच्चों और किशोरों का जीवन केवल पढ़ाई तक सीमित नहीं रह गया है, बल्कि वे सोशल मीडिया, ऑनलाइन तुलना, करियर दबाव और पारिवारिक अपेक्षाओं जैसे अनेक मनोवैज्ञानिक दबावों का सामना कर रहे हैं। ऐसी स्थिति में संवेगात्मक संतुलन (**Emotional Balance**) का विकास नई पीढ़ी के लिए अत्यंत आवश्यक हो गया है।

1. मानसिक स्वास्थ्य की सुरक्षा के लिए

संवेगात्मक संतुलन का अर्थ है। अपनी भावनाओं को पहचानना, समझना और उचित तरीके से व्यक्त करना। जब बच्चे क्रोध, ईर्ष्या, भय या निराशा जैसी भावनाओं को नियंत्रित करना सीखते हैं, तब वे तनाव, चिंता और अवसाद जैसी समस्याओं से काफी हद तक सुरक्षित रह सकते हैं। भावनात्मक रूप से संतुलित बच्चे कठिन परिस्थितियों में भी धैर्य और सकारात्मक सोच बनाए रखते हैं।

2. उचित निर्णय क्षमता के लिए

असंतुलित भावनाएँ अक्सर गलत निर्णयों का कारण बनती हैं। किशोरावस्था में आवेग (**impulsivity**) अधिक होता है, इसलिए यदि उन्हें भावनात्मक नियंत्रण नहीं सिखाया गया तो वे जल्दबाजी में ऐसे निर्णय ले सकते हैं जिनका दीर्घकालिक प्रभाव पड़ता है। संवेगात्मक संतुलन उन्हें सोच–समझकर निर्णय लेने की क्षमता प्रदान करता है।

3. स्वस्थ संबंधों के निर्माण के लिए

परिवार, मित्र और शिक्षक – सभी के साथ मधुर संबंध बनाए

रखने के लिए भावनात्मक परिपक्वता आवश्यक है। जो बच्चे अपनी भावनाओं को संतुलित ढंग से व्यक्त करना जानते हैं, वे सहानुभूति विकसित करते हैं और दूसरों की भावनाओं का सम्मान करते हैं। इससे सामाजिक समायोजन बेहतर होता है।

4. शैक्षिक सफलता के लिए

अनुसंधान बताते हैं कि जिन विद्यार्थियों में भावनात्मक बुद्धिमत्ता (Emotional Intelligence) अधिक होती है, वे पढ़ाई में भी बेहतर प्रदर्शन करते हैं। परीक्षा का तनाव, प्रतिस्पर्धा का दबाव और असफलता का डर इन सबका सामना वही विद्यार्थी प्रभावी ढंग से कर पाते हैं जिनमें संवेगात्मक संतुलन विकसित होता है।

5. डिजिटल युग की चुनौतियों से निपटने के लिए

आज के बच्चे सोशल मीडिया पर तुलना, लाइक्स और फॉलोअर्स के दबाव में रहते हैं। इससे आत्मसम्मान प्रभावित हो सकता है। यदि उन्हें भावनात्मक संतुलन सिखाया जाए, तो वे आभासी दुनिया और वास्तविक जीवन के बीच संतुलन बनाना सीखते हैं।

संवेगात्मक संतुलन सिखाने के सुझाव–

घर में खुला संवाद

बच्चों को अपनी भावनाएँ व्यक्त करने का अवसर देना

योग, ध्यान और माइंडफुलनेस का अभ्यास

सकारात्मक अनुशासन

जीवन–कौशल शिक्षा

नई पीढ़ी केवल ज्ञान से नहीं, बल्कि संतुलित भावनाओं से सशक्त बनती है। यदि हम चाहते हैं कि हमारे बच्चे आत्मविश्वासी, सहनशील और सफल नागरिक बनें, तो हमें उन्हें संवेगात्मक संतुलन अवश्य सिखाना होगा। यह केवल परिवार या विद्यालय की जिम्मेदारी नहीं, बल्कि पूरे समाज का दायित्व है।

संवेगात्मक रूप से सशक्त नई पीढ़ी ही एक स्वस्थ, शांतिपूर्ण और प्रगतिशील समाज की आधारशिला रख सकती है।

डॉ इंदु भारद्वाज

पी.जी.टी. (साइकोलॉजी)

बच्चों को संस्कार देना क्यों है जरूरी?

संस्कार का अर्थ है 'शुद्धिकरण', 'परिष्कार' या 'सुधार' संस्कार वह प्रक्रिया है जो व्यक्ति के मन, शरीर और आत्मा को शुद्ध कर उसे उत्तम, नैतिक और सामाजिक रूप से जिम्मेदार बनाती है। संस्कार व्यक्ति के अंदर नयी सोच और बेहतर व्यवहार के बीज बोते हैं, जिससे उसका व्यक्तित्व निखरता है। संस्कारों से व्यक्ति में सकारात्मक दृष्टिकोण आता है, जिससे वह अच्छे और कठोर परिस्थितियों में भी धैर्यपूर्वक निर्णय ले पाता है।

संस्कार बच्चों को आत्मनिर्भर, जिम्मेदार और संस्कारी बनाते हैं, जो भविष्य में एक अच्छे समाज और देश के निर्माण में मदद करते हैं। यह उन्हें जीवन की चुनौतियों का सामना करने और नैतिक मूल्यों को अपनाकर सही फैसले लेने की क्षमता देते हैं।

बच्चो पर क्या प्रभाव पड़ता हैं।

1 व्यक्तित्व में सुधार (personality improvement) :– संस्कारों के कारण बच्चों में सही व्यवहार करने योग्य बनते है और अगर बच्चे कुछ दिशाहीन कार्य करते है तो भी उनके अन्दर अपनी गलती को स्वीकार कर अपनी गलती के लिए क्षमा मांग लेते है जिससे वह सच बोलते है। जो कि उनके व्यक्तिव को निखरता है ।

2.सकारात्मक सोच (positive thoughts) :– सकारात्मक सोच का विकास होता है सच बोलना और अच्छी सोच बच्चों को अच्छा बनने के लिए प्रेरित करती है जीवन की अनेक असफलता में धैर्य रखना और उसको स्वीकार कर आगे मेहनत करने के लिए प्रेरित करती है।

3.चरित्र निर्माण (Character Building):– संस्कार बच्चों के चरित्र और आचरण को सही दिशा देते हैं, जिससे उनका व्यक्तित्व निखरता है।

4.नैतिक समझ (Moral Values):– संस्कार बच्चों को सही–गलत का फर्क समझाते हैं, जिससे वे अच्छे–बुरे की पहचान कर पाते हैं।

5. आत्मविश्वास और मानसिक मजबूती (Self-Confidence):– संस्कार बच्चों को मानसिक रूप से मजबूत बनाते हैं, ताकि वे मुश्किल समय में भी अडिग रह सकें।

6.सांस्कृतिक जुड़ाव (Cultural Connection):–

आधुनिकता के दौर में भी संस्कार बच्चों को अपनी जड़ों और संस्कृति से जोड़े रखते हैं और बच्चे यही संस्कार आगे पीढ़ी –दर पीढ़ी हस्तांतरित करते है।

7.उज्ज्वल भविष्य (Bright Future): संस्कारी बच्चे न केवल परिवार का नाम रोशन करते हैं, बल्कि समाज में भी आदर पाते हैं।

8.आदरपूर्ण व्यवहार (Respectful Behavior): यह बच्चों को बड़ों का सम्मान करना और समाज में मर्यादित व्यवहार करना सिखाते हैं।

संस्कारों की नींव बचपन से ही रखनी चाहिए, जिससे वे जीवन भर उनके भविष्य का निर्माण करने में मदद करते हैं बच्चों को संस्कार देना कोई एक दिन का काम नहीं, बल्कि दैनिक कार्यों की आदतों और व्यवहार से होता है। बच्चे को जैसा वातावरण मिलेगा उन सब बातों को बच्चे अपने जीवन में उतार लेंते है और यही संस्कार बन जाते है यहां कुछ सुझावों को दिया गया है अभी भी देर नहीं हुई है अपने बच्चों को समय दे और उनको संस्कार देकर अपना कर्त्तव्य निभाएँ ।

1. खुद उदाहरण बनें (Role Model) बच्चे वही सीखते हैं जो वो देखते हैं।बड़ों से सम्मान से बात करना "धन्यवाद", "माफ करना", "कृपया" जैसे शब्दों का प्रयोग करे बच्चा अपने आप इन शब्दों को अपनी बातों में अपनाएगा।
2. भाषा पर ध्यान दें घर और स्कूल में शांत स्वर और सम्मानजनक भाषा का प्रयोग करे। गलत शब्दों पर गुस्सा नहीं करे बल्कि समझाना चाहिए।"ये शब्द अच्छे नहीं लगते, इसकी जगह यह बात भी बोल सकते है। बच्चों को बताएँ कि ऐसी भाषा का प्रयोग न करे जो किसी भी व्यक्ति का मन दुखी करे!
3. रोज की छोटी आदतें सिखाएँ । सुबह बड़ों को नमस्ते और सम्मान देना । खाने से पहले और बाद में हाथ धोना। किसी का सामान बिना पूछे न लेना। किसी को गलत बात न कहना और गलती हो तो क्षमा माँगना। किसी की मदद के बाद धन्यवाद कहना । यही छोटी सी बात बड़े संस्कार बन जाते हैं।
4. कहानी के जरिये संस्कार सिखाए बच्चों को पंचतंत्र, अकबर–बीरबल, रामायण, गीता, महाभारत और वीर पुरुषों की जीवनी की सरल कहानियाँ सुनाए ,कहानी के बाद पूछें: "इससे क्या सीख मिली?" इससे बच्चों में नैतिक मूल्यों का विकास होता है । बच्चों को धार्मिक गतिविधियों में भी शामिल करे ।
5. सहानुभूति सिखाएँ। किसी के रोने पर यह पूछना कि क्या हुआ ?, उसको सुनना, मदद करना, लोगो में चीजे बाँट कर खाना और सबसे प्यार से बात करना दिल से जुड़े संस्कार यहीं बनते हैं। जो बच्चों में सहानुभूति और परानुभूति जैसे गुणों का विकास करता है।
6. गलती पर सजा नहीं, सीख दे, बच्चे से खुद पूछे कि क्या यह सही किया ? गलती पर डाँट या मारपीट की जगह यह पूछे कि "अगर दोबारा ऐसा हो तो क्या करना चाहिए?" संस्कार डर से नहीं, समझ से आते हैं।
7. बच्चों की दिनचर्या और अनुशासन नियमित रखे समय पर सोना–उठना, होमवर्क और दैनिक काम की जिम्मेदारी बच्चे के खुद लेना सिखाए क्योंकि अनुशासन ही संस्कार की नींव होती है।
8. बड़ों का आदर और सम्मान करे दोस्त का मजाक न बनाए दोस्त के साथी बने, टीचर की बात ध्यान से सुनना चाहिए । सबसे जरूरी बात प्यार के साथ सीमाएँ भी होनी चाहिए ज़्यादा सख्ती भी नहीं, ज्यादा ढील भी नहीं। बच्चों में प्यार के साथ साथ निगरानी भी जरूरी है।
9. बच्चों को सुनाने से अधिक सुनना जरूरी है उनसे बाते जरूर करे । पूरे दिन में क्या– क्या हुआ? सही और गलत काम के बारे में पूछे । पूरे दिन में एक बार साथ में बैठकर भोजन जरूर खाए।
10. बच्चों के साथ वैसा ही व्यवहार करे जैसा आप उनसे चाहते है तभी वो खुद को सुधार कर अच्छे संस्कारों को अपनाएंगे ये सब बताइए कि बच्चों को किसके सामने बोलना है, किसके साथ बैठना है, और बच्चों को किसी भी परिस्थिति में सच बोलना सिखाए चाहे कितनी भी बड़ी गलती क्यों न हुई हो अपनी गलती को स्वीकारना बहुत जरूरी है।
11. बच्चों को बताइए कि एकदम से कोई चीज नहीं मिलती हर बात पर धैर्य रखे । बच्चों को सफलता के साथ –साथ असफलता को भी स्वीकार करना सिखाए और मेहनत कर असफलता को सफलता में कैसे बदल सकते है बताइए ।

निष्कर्षः– संस्कारों को बाजार से खरीद कर या एक व्यक्ति द्वारा एक ही दिन में नहीं दिया जा सकता है। इसके लिए बच्चे के जन्म लेने से पूर्व और बच्चे के जन्म लेने के बाद से हर रोज नियमित रूप से दी जानी वाली शिक्षा है, जो परिवार, समाज और स्कूल की त्रिबंधीय प्रक्रिया है ।

डॉ गीतिका श्रीवास्तव

स्कूल काउंसलर

बारिश

बारिश आई, बारिश आई,
संग में अपने नदियाँ लाई,
बहते झरने झम–झम–झम,
बहती नदियाँ कल–कल–कल।

काले बादल गरज रहे हैं,
बिजली कड़के गड़–गड़–गड़
बूँदे टपके टप टप टप,
चिड़ियाँ चहके चूँ–चूँ–चूँ।
कोयल गाये कू–कू–कू,

बच्चे कागज की नाव चलाएँ,
खुद भी नाचे और नचाएँ।
पंख खोलकर नाचे मोर
सबका मन बहलाए मोर।

दृष्टि यादव

6 स



बारिश

विद्यालय में सीखें हम ।
पुस्तक से सीखें हम ।
घर में सीखें हम ।
प्रकृति से सीखें हम ।
गल्तियों से सीखें हम ।
मिलकर सीखें हम ।
चलो सीखें हम।

लक्ष्य बहुगुणा

2 अ

बस सच रहना ही काफी है

सुबह जब चीजों को नाम देने की जरूरत नहीं होती
जब साँस बिना वजह चल रही होती है,
और शहर अपनी आदत में बह रहा होता है,
तब एक पल ऐसा भी आता है
जब खुद से झूठ बोलना थका देता है,
और दिल धीरे से कहता है
बस सच रहना ही काफी होता है।

दिन भर हम इतना संभल कर जीते हैं
बातों को तोल कर, जज्बातों को नाप कर,
जैसे सच बोल देना कोई भारी कदम होता है
जैसे खुद को पूरा दिखाना गलती हो
पर हर अधूरी बात के बाद
अंदर कुछ छूट जाता है
तब समझ आता है
बस सच रहना ही काफी होता है।

काम, जिम्मेदारी और सही दिखने की दौड़ में
अक्सर हम भूल जाते हैं
कि जो हम कह रहे हैं

क्या वही है जो हम हैं ?
और हम जो कह रहे हैं
क्या वही है जो हम महसूस करते हैं,
इसी बीच एक खामोश सवाल उठता है
बस सच रहना ही काफी होता है।

रात के अंत में जब कोई ताली नहीं बजती,
जब दिन का हिसाब सिर्फ हम ही रखते हैं
तो न कोई और गवाह चाहिये
न कोई और सफाई
अगर जिदंगी इतनी छोटी है
तो फिर हम इतना झूठ क्यों ढोते हैं
किसे दिखाने के लिये इतना संभलते हैं
जब आखिर में
बस सच रहना ही काफी होता है।

शान्तनु श्रीवास्तव
9 अ

तितली रानी

दूर–दूर क्यों रहती हो,
पकड़ नहीं तुम आती हो।
सुंदर–सुंदर पंखों वाली,
सबके मन को भाती हो।
फूलों के कानों में आकर,
धीरे से कह जाती हो।
ऊँची–ऊँची उड़ान तुम्हारी,
सैर करती नभ की सारी,
फूलों का तुम रंग चुराकर,
मेकअप कर पंख सजाती हो ।
गर्मियों के शांत दिनों में,
सूरज से मिलकर आती हो।
फुरऽऽऽ से उड़ जाती हो हाथ कभी न आती हो ।
बच्चे, बूढ़े, फूल, कलि,
सबको तुम हँसाती हो।
कितनी प्यारी कितनी न्यारी
तितली रानी तितली रानी

वान्या पंत
5 ब्लूबेल



तितली की सीख

नन्ही सी प्यारी तितली,
फूलों संग उड़ती जाती
हर पल हँसकर जीना सिखाती,
सबको खुशी बाँट जाती।

कभी धूप में, कभी छाँव में,
उड़ना नहीं यह भूलती,
मुश्किल चाहे कितनी आए,
हिम्मत कभी न टूटती।

आजादी से जीना सिखाए,
डर से आगे बढ़ना भी सिखाएँ,
तितली हमको कहे यही।
जीवन सुंदर बनाना है सही।

दक्षिता जयसवाल
5 ब्लूबेल

सपनों की उड़ान

बचपन में सपने खुले आसमान जैसे थे,

हर सोच में उम्मीद की चमक होती थी।

चाहे जितनी दूर मंजिल दिखे,

उसे पाने की हिम्मत हर पल होती थी।

तब, समय हमारा साथी लगता था,

और डर का नाम भी अनजान था।

मन में बस आगे बढ़ने की चाह थी,

हर रास्ता आसान सा पहचान था।

फिर उम्र के साथ जिम्मेदारियाँ आई,

सपनों पर दबाव बनने लगा।

पढ़ाई, काम और घर की चिंता में,

दिल अपना सपना भूलने लगा।

अब सपने सोचों में ही रह जाते हैं,

हकीकत के बोझ तले दब जाते हैं।

जो कभी आसमान छूना चाहते थे,

वो जरूरतों से समझौता कर जाते हैं।

कभी अकेले में मन सवाल करता है,

''क्या मैनें खुद का विश्वास तोड़ा है?''

पर जवाब में बस, चुप्पी मिलती है,

क्योंकि फर्ज ने सपनों को छोड़ा है।

फिर भी कहीं एक कोने में,

वो बचपन आज भी मुस्काता है

जो याद याद दिलाता है

सपनों की उड़ान कभी कभी पूरी तरह रूक नहीं जाती हैं।

हार्दिक भट्ट

7 स

रास्ता कठिन

अभी पता चला कि रास्ता बेहद कठिन है,

अभी पता चला कि इस अंधेरे में,

रोशनी की किरण बेहद महीन है,

ठीक है

यह सब अभी पता चला है,

लेकिन इन मुश्किलों को ये नहीं पता है,

जो हमें बहुत पहले से पता है,

कि मंजिल तो मिलनी ही है,

क्योंकि हमें खुद में यकीन है।

हररूप कौर

6 अ

मेरी बदलती जिंदगी

पहले थी मैं थोड़ी नासमझ

पढ़ाई लगती भारी

समझ न आता था कुछ भी

लगती दुनिया मुश्किल सारी

टीचर्स की मैं फेवरेट ना थी

क्लास में रहती चुप

इंटरैक्टिव न थी मैं पहले

सपने लगते दूर बहुत

दोस्त न थे ज्यादा मेरे

थोड़े थे पर थे खास

सच में जो मुझे समझते

वो थे मेरे पास

एक दिन मन में कहा

अब बदलाव लाना है,

मेहनत से और विश्वास से

नया सफर बनाना है
अब मैं जल्दी सीख रही,
समझ में आता ज्ञान
एक्स्ट्रा एक्टिविटीज में भी
बन रही पहचान
कमजोर से काबिल बनी
खुद पर हुआ विश्वास
मेरी बदलती जिंदगी में
मुझे दी पहचान

दीपिका गर्वाल
11– द

मध्यमवर्गीय परिवार

दिखावे और महंगाई की मार
वाह रे मध्यमवर्गीय परिवार।
अमीरी के दिखावे से चाक–चौबन्द,
लगते हैं खुश, मन से फिक्रमन्द।
जीते हैं जिंदगी ज्यादातर उधार की,
पर नहीं उम्मीद इनमें किसी सुधार की।
बढ़ती मँहगाई की चिंता सताए,
दैनिक जरूरतों की चिता जलाए
बच्चों की फीस, बड़ों की दवाई,
जाना है शॉपिंग, पर कम है कमाई।
ऊपर उठना चाहें तो मँहगाई का शोर,
नीचें जाएं तो दिखावे का जोर।
जब गरीबों को बाँटती है सरकार,
और अमीरों की जरूरतों का है बड़ा बाजार।
तब मध्यमवर्गीय परिवार खाता है, दो तरफ मार
वाह रे मध्यमवर्गीय परिवार, वाह रे मध्यमवर्गीय परिवार।

रिद्धिमा अग्रवाल
7 'ब'

पढ़ने दो ना माँ

झुरमुट के भीतर,
खोई एक परछाई सी मैं,
हाथों में पुस्तक ले कर
हर्षायी सी मैं,

मुझको जाना ज्ञान के आँगन,
जाने दो ना माँ।
मेरे नन्हे कदमों को अब
बढ़ने दो ना माँ,
मैं चाहती हूँ, पढ़ना – लिखना
पढ़ने दो ना माँ
हाथों में देकर चकला –बेलन
रोको ना अब माँ।

नहीं है बनना टाटा, बिरला, अम्बानी मुझको,
छोटे से हैं सपने मेरे
सजने दो ना, अब उनको माँ,

बढ़ती कलियाँ खिलती कोपलें
जब खुल कर बोलेंगी
तेरे ही आँगन से माँ
खिलकर कल्पना चावला निकलेगी

हम में हिम्मत, हम में शक्ति,
हम ही हैं दुर्गा शक्ति
लेकर विद्या की ऊर्जा
हम ही हैं दुर्गा
जो लेकर चली विद्या की ऊर्जा।

तेजल फुलोरिया
11 द

जीवन का सुंदर समय (बचपन)

जीवन का का सबसे सुंदर समय बचपन कहलाता है। यह जीवन का सबसे (सुंदर) व (मासूम) समय माना जाता है। इस समय में मन चिन्ताओं से मुक्त और जीवन हँसी–खुशी से भरा होता है। ''बचपन वह आइना है जिसमे जीवन सच्चा दिखता है।''

इस बचपन में हम बिना डर के सपने देखते हैं और बिना किसी स्वार्थ की भावना के एक दूसरे के साथ जीवन बिताते हैं। बचपन की मासूमियत ही जीवन की सबसे बड़ी सुंदरता है।

छोटी उम्र की छोटी खुशियाँ, सबसे बड़ी यादें बन जाती हैं। सबसे सच्ची मुस्कान वही होती है जो बचपन में बिना कोशिश के आती है। बचपन पूरे जीवन की नींव होता है। यदि इस समय प्यार और संस्कार सीख लिए जाएँ तो आने वाला जीवन भी खुशहाल होता है । समय बीतता रहता है पर बचपन की यादें कभी पुरानी नहीं होती, 'खिलौने' और 'दोस्तों का साथ', बचपन का सबसे अनमोल तोहफा होता है। बचपन अच्छा हो तो एक अच्छे भविष्य की शुरूआत होती है। बचपन वह समय है, जो कभी भुलाया नहीं जाता, खुलकर जियो इस समय को क्योंकि वह समय कभी लौटकर नहीं आता।''

मेहुल जोशी

8 ब

हरित क्रान्ति है मेरा नारा

हम सब ने यह ठाना है,
भारत को स्वच्छ बनाना है,
हम सबका एक ही नारा
साफ सुथरा हो देश हमारा,
शुद्ध अगर ना हो वातावरण,
मानवता का होगा मरण,
वन है तो जल है
जल है तो कल है
अंधकार को क्यों धिक्कारें,
अच्छा हो एक दीप जलाएँ,
पेड़ लगाओ, जीवन बचाओ
इस धरा को स्वर्ग बनाओ
हम सब की यही जिम्मेदारी,
पढ़ी–लिखी हो जनता हमारी,
शिक्षा है अनमोल रत्न
करना चाहिए सबको प्रयत्न
मिल–जुलकर हम वृक्ष लगाएँ,
वातावरण को स्वच्छ बनाएँ,
हरित क्रान्ति लाएँ
धरा को बचाएँ ।

लावन्या रावत

6 स

आत्मविश्वास

दिन में सूरज है अगर,
तो रात को चाँद तारे हैं,
जीत तो वे लोग भी सकते हैं,
जो कभी हारे हैं ।।
कुछ न कर सके तो कहते हैं,
हम तो किस्मत के सहारे हैं,
पर जान न सके तुम खुद को,
कि कितने रूप तुम्हारे हैं।।
हिम्मत और हौंसला हो अगर....
तो रास्ते कई सारे हैं,
जीत तो वे लोग भी सकते है,
जो कभी हारे हैं ।।
जो लोग वक्त के साथ ढल नहीं सकते,
वे लोग अपनी किस्मत बदल नहीं सकते,
गिर जाते हैं राह पर पत्थरों की तरह,
कौन कहता है कि वे लोग फिर चल नहीं सकते ।।

स्नेहा पलड़िया

8 ब

मेरी नानी

मेरी नानी सबसे प्यारी
लगती है मुझे सबसे न्यारी
होती हूँ जब दुखी कभी मैं,
खुशियाँ देती ढेर सारी।

नानी जी का चश्मा है जो
रख देती है इधर उधर तो
ढूँढ–ढूँढ के होती परेशान
क्योंकि यही है उनकी शान

जब वो हमसे मिलने आती,
ढेर सारी चॉकलेट लाती,
लेकिन जब वो वापस जाती,
हमको उनकी याद सताती।

रित्वी चौधरी
3 ब

कविता
उत्साह भरो

नन्हें कोमल हाथों में तुम
मानवता का सार भरो
कहीं हो निराश न रूक जाये
मन में सच्चा उत्साह भरो

जीवन है इतना कठिन नहीं,
बस धैर्य बनाकर रखना

शिक्षा को सबल बनाकर के
कर्त्तव्य मार्ग पर चलना है

जो लक्ष्य साधना है तुमको
केवल उसका ही ध्यान धरो

कहीं हो निराश ना रूक जाये
मन में सच्चा उत्साह भरो।

निवेदिता जोशी
4– ब्लू बैल

कुछ ऐसा कर जाऊँ

माँ– बाबा का सपना, कि मैं कुछ कर जाऊँ
पढ़–लिखकर एक बड़ी अफसर बन जाऊँ

उम्मीदें तो बहुत है उन्हें मुझसे
तो ठान ली आज मैंने कुछ करके दिखाऊँ

मैने भी जी तोड़ मेहनत कर जानी है,
सपना उनका, लेकिन कामयाबी मुझे पानी है।

आई रुकावटें तो पार कर के दिखानी है
उम्मीदों की वो लहर आज हकीकत में बतलानी है,

सोचती हूँ कैसा होगा वो पल जब होगा सब मेरे हाथ में,
माँ– बाबा के साथ, उस दिन परिवार भी खुश होगा साथ में,

गर्व तो बहुत होगा उन्हें मुझमें
पर कौन बताए कैसा मेरा वक्त था
न जाने कितनी बार मेरा बाहर जाना बंद था,

सुबह उठो और किताब हाथ में
क्या बताऊँ यारों क्या व्यथा थी मेरे दिमाग में,
कभी–कभी तो भूल जाती कि खाना खाया आज मैनें
या कभी भूल जाती कि क्या पढ़ा था रात में मैंनें।

सुबह उठो और वही चकरी शुरु
पहले किताब, फिर खाना , फिर मम्मी की डाँट सुनो

कभी–कभी तो ये लगता कि रहने दो ये पढ़ाई – वढ़ाई,
लेकिन नहीं करी पढ़ाई तो मम्मी पकड़ा देगी कढ़ाई,

लेकिन न रूकी मैं, न ठहरी मैं,
बस करते गई, बस करते गई,

सपना उनका ही नहीं, मेरा भी है
कुछ कर जाऊँ ऐसा जज्बा मुझमें भी है,

तो चलाए अपने हाथ, उड़ाई अपनी नींद
बैठी कुर्सी पर और दिखाई अपनी स्पीड

यही स्पीड ले जाएगी. मुझे ऊँचाईयों की ओर,
जहाँ संघर्ष हो मेरा दोस्त, और धूप हो मेरी भोर,

जब तक न चूम लूँ शिखर, तब तक कहाँ विश्राम
हर चुनौती को मैं हराऊँगी अब ये है मेरा पैगाम ।

हिताक्षी
10 'अ'

जीवन की धारा

जीवन एक बहती धारा,
कभी शांत कभी किनारा,
रंगों से भरी यह दुनिया,
हर पल एक नया नजारा,

सुबह की किरणें नई आशा लाती,
शाम सुकून भरा गीत गाती,
सुख–दुख धूप–छाँव जैसे,
साथ मिलकर यह कहानी बनाते।

गिरते रहना और फिर उठ जाना,
बस यूँ ही आगे बढ़ जाना,
हर पल में एक सीख छिपी है,
उसको तुम पहचान जाना,

रिश्तों का यह बंधन प्यारा,
इसमें समाया जीवन सारा
प्रेम त्याग और विश्वास की डोरी
थामे रखना बस यही सहारा।

सपनों को दो नई उड़ान,
करो हर चुनौती का सामना
जी लो, हर पल को खुलकर
यही है जीवन का सच्चा पैमाना।

देव भटट्
6

मेहनत कर

कभी–कभी न, सब कुछ सही होते हुए भी कुछ अधूरा लगता है,
मेहनत के बावजूद नतीजा कुछ और ही दिखता है।
दिल पूछता है – :''क्यों नहीं मिला फल अपनी मेहनत का?''
पर समय कहता है – ''हर बीज को वक्त चाहिए अंकुरित होने का।''
याद रखो – जो थककर नहीं रुकता, वही मंजिल तक पहुँचता है,
हर अंधेरे के बाद सूरज फिर से उगता है।
वो छात्र, जो सदा अच्छा करता है,
कभी नंबर कम भी लाता है।
सोचता है – ''क्या अब मैं उतना अच्छा नहीं?''
पर हर ऊँचाई को भी चाहिए थोड़ा ठहराव कहीं।
और याद रखना गिरकर उठना ही असली जीत कहलाता है,
असफलता ही सफलता का रास्ता बन जाता है।
क्रिकेटर, जो पहली गेंद पर आऊट हो गया, सबने माना,
पर उसने सीखा – यही खेल सिखाता है उठकर बढ़ने का जज्बा।
और याद रखना कहानी उसी की बनती है, जो अगला मैच खेलने लौट आता है,

हर बार हारकर भी जो मैदान में डटा रह जाता है।

वो नर्तकी, जो बार–बार गिरकर फिर उठी,

हर प्रस्तुति में मेहनत की लय बुनती रही।

वो संगीतकार, जिसकी धुन कई बार टूटी,

पर अभ्यास से ही उसकी दुनिया सजी–संवरी।

वो उद्यमी, जिसकी पहली योजना नाकाम रही,

पर धैर्य से उसने फिर बुलंदी छुई।

वो लेखक, जिसे अस्वीकृति बार–बार मिली,

पर शब्दों की ताकत ने सबकी सोच बदल दी।

इतिहास गवाह है – जो थमता नहीं, वही दिशा बदलता है,

जो असफलता को भी गले लगाता है, वही सच्चा विजेता कहलाता है।

आकांक्षा पंत

11 द

अस्तित्व

मैं थी,

मैं हूँ,

मैं रहूँगी.....

बाबुल के आँगन की कली,

ममता के आँचल की छाँव में पली।

संगी–साथियों के रंग में रंगी,

नन्हें कदमों से दुनियाँ की राह चली।

उमंगों की गठरी, अपने ही कंधों पे लिए चलूँगी,

अपनी ही जुबाँ से अपनी कहानी कहूँगी "

मैं थी,

मैं हूँ,

मैं रहूँगी...

माँ, बेटी, बहन की पहचान हूँ मैं,

'नारीत्व' के इंद्रधनुष का साकार रूप हूँ मैं,

दे सको तो मुझे खुला आसमान दो,

पिंजड़ा न बनाओ आशियाने को,

अपने ही आसमाँ में उन्मुक्त उड़ान भरूँगी "

मैं थी,

मैं हूँ,

मैं रहूँगी...

विधाता की अद्भुत रचना हूँ मैं,

सृष्टि का आधार हूँ मैं,

बला न समझो, अबला न मानो,

संघर्ष की ऊष्मा में तपी, सशक्त नारी हूँ मैं,

अपने ही हौसले से अपना इतिहास रचूँगी "

मैं थी,

मैं हूँ,

मैं रहूँगी...

श्रद्धा भाकुनी

12 स

आधुनिक भारत की उभरती नारी

अबला नहीं सबला है वो शक्ति का भंडार

दुश्मन भी काँपे सुनकर उसकी जयघोष पुकार ।

शिक्षा, साहस, कर्म की मशाल थामे हाथ,

भारत की नारी लिख रही नया इतिहास ।

आँगन से निकल गगन को अब छू लिया,

मेहनत और विश्वास से अपना हक ले लिया।

सीमा में रण मे खड़ी वीरता की मिसाल,

उसके पराक्रम से चमके तिरंगे का मान।

विज्ञान खेल, राजनीति – हर मंच पर है शान,

उसकी मेहनत से बढ़ता भारत का मान।

तेजस्विनी, पराक्रमी, अदम्य उसका रूप,

साहस की धारा बनकर बहती धूप सी अनूप।

आधुनिक भारत गाता उसकी ही गाथा,

नारी के बिना अधूरा हर सपना, हर व्यथा ।

उभरती है नारी अब ज्वाला बनकर सारी,

भारत का भविष्य हैं, ये शक्ति संतान हमारी।

यशांशी ग्वासीकोटी

9 स

बदलती नारी

ईश्वर दिख नहीं सकता तो उसने माँ बनाई है
उसी माँ ने तो दुनिया में सृष्टि निर्मित कराई है।
माँ को ममता का आँचल दे जो उसने परोपकार किया है
उसी ईश्वर की कृपा से माँ ने हमें प्यार किया है।

औरत ईश्वर की वो रचना, दया, ममता का गहना है
मुस्कान होंठों पे आँसू आँख में जीवन को सहना है
धूप हो, छाँव हो, बरसात हो आगे ही बढ़ना है
धन्य हो धैर्य की देवी तुझे निःस्वार्थ जीना है।

नारी, नारायणी, राधा तुम्ही, गौरी, तुम्ही अम्बा
लक्ष्मीबाई, कल्पना चावला, सावित्री, कस्तूरबा
अपने कर्मों से तुमने जग में जो जगह बनाई है
हम बहनों को आजादी तुम्हीं ने तो दिलाई है।

बहन मेरी इस आजादी को मत बना तू बरबादी
माँ पिता की आज्ञा मान सत्कर्म से बन तू फौलादी
लालच में लोभ में मत ले जान निर्दोष युवकों की
नहीं देता ये शोभा तोड़ना मर्यादा जीवन की।

माँ जो देती है जन्म, लेती नहीं वो जान नन्हों की,
वो दिल से माँ नहीं होती जो सुनना चाहे चीख बच्चे की,
अमर हो गई पन्ना धाय बचा कर जान उदय सिंह की
क्यों कालिख तू लगाती है, माँ के आँचल में बदचलनी की

खेल खेला जो महिला ने बड़ी ही क्रूर लीला है
टुकड़े कर कातिल ने जिसमें छुपाया वो ड्रम नीला है
माँ सिया ने काटा वनवास अर्द्धांगिनी रघुवंशी की
हँस के सोनम ने की हत्या पत्नी राजा रघुवंशी की,

सुधर जाओ नारी गर लाज थोड़ी सी भी है तुझमें,
मत कर शोषण उस कानून का जो बना तेरे ही हक में
ऐसा ना हो कहीं फिर से तू गुलाम बन जाए
घर के काम में उलझकर चार दीवारी में बंद हो जाए।

गुन्शिका पंत

11 ब

भावी दामाद

ससुर जी ने भावी दामाद से पूछा

आपको दहेज में क्या चाहिए ?

शर्माइये मत ! बेहिचक फरमाइऐ

यह सुन उनके भावी दामाद की भौंहे खिल गई

इतना खुश हुए जैसे बिन

माँगे मुराद मिल गई।

उन्होंने बताया उन्हें जो चाहिए

यह 'टर' है जैसे हीटर, ट्रांजिस्टर, केलकुलेटर

स्कूटर व रेफ्रीजेरेटर

और हो सके तो एक कम्प्यूटर

यह सुन ससुरजी मुस्कुराये।

और कुछ लेकर आए।

फिर दामाद जी भी आए

और इस तरह पेश आए, पहनिये 'स्वेटर' बनिये दूल्हा

लीजिए 'लाइटर' चलाइए चूल्हा !

पकाइए 'मटर'–'टमाटर' विद–'वाटर' साथ ही दूंगा में अपनी 'डॉटर'

जिसके हाथ में होगा एक 'हंटर'

मंजूर है शादी तो 'मिस्टर' बताइए

तब तक दामाद इतना घबराये कि,

स्कूटर की तरह भागते नजर आए।

प्रतीक्षा

10 स

एक ख्वाहिश, अनेक विचार

नाम मैं उनका जपता चला जाऊँ.
फिर भी उनको मेरे जप का अंदाजा नहीं
जपूँ हर क्षण या निरंतर बार ।।
फिर भी उनकी याद हमेशा तड़पाना छोड़ती नही
प्रेम के सागर में खोया रहूँ।।
किसी चीज का फर्क न पड़े तब
जब दिल में हो उनका नाम
और दिमाग में उनका ख्वाब
यादें सताएँ उनकी हर वक्त मुझे
जिससे मैं भूल जाऊँ हर चीज का ज्ञान
फिर भी लगते जरूरी हमें
क्योंकि उनके बिना जिंदगी लगे अंजान
काश रह गया होता शांत,
जब मैंने उनसे बोल दिया था कुछ।
अभी भी उनसे बात करके स्वर्ग भोग रहे होते
और जीवन में हमेशा होते खुश।
बस इसी बात की विनती है, दुनिया से ख्वाब हो जाए सच
और मिला दिया जाए उनको मुझसे,
ताकि मैं अपना जीवन जी सकूँ सुख और सन्तुष्टी से।।

रूद्र शर्मा
9 ब

बेड़ियाँ अब भी बाकी हैं !

हर पंद्रह अगस्त हम खूब नारे लगाते हैं,
हर 26 जनवरी देशभक्ति गीत गाते हैं,
पर अफसोस ये जज्बा , कुछ पल ही टिक पाता है,
झंडा उतरते ही, ये जोश भी उतर जाता है।

आज की ये आधुनिक पीढ़ी,
एक भ्रम में जीती है
आजादी की असल परिभाषा से बेखबर,
इस मिथ्या आजादी को सत्य समझती है।

जहाँ बेटियाँ शाम ढलते ही, कदम रोक लेती हैं,
सुनसान सड़क पर हर अनजान नजर उन्हें डराती है,
एक डरावना ख्याल बन, उनकी आजादी निगल जाती है,
क्या इस समाज को आप स्वतंत्र कहते हैं ?

जहाँ आज भी कोख में,
बेटी को मारा जाता है।
अपने अधिकारों के लिए लड़ने पर
उसे अपराधिनी कहा जाता हैं।
क्या इस समाज को आप स्वतंत्र कहते हैं?

जहाँ नन्हे हाथों में औजार दिए जाते हैं,
बस्ता टाँकने वाले कंधे, ईंट उठाते नजर आते हैं,
जहाँ नन्हें सपनों का यूँ गला घोटा जाता है
क्या इस समाज को आप स्वतंत्र कहते हैं?

जहाँ धर्म मजहब के नाम पर नफरत बोई जाती है,
सच बोलने की कीमत जान देकर चुकाई जाती है।
जहाँ देश चलाने वाले भ्रष्टाचार की बोली बोलते हैं,
क्या इस समाज को आप स्वतंत्र कहते हैं ?

जहाँ एक मनुष्य दूसरे का शत्रु बन गया है,
आगे बढ़ने की होड़ में,
मानवता भूल गया है।
जो दूसरों की हार में अपनी जीत देखता है
क्या वो स्वतंत्र कहलाने योग्य रहता है ?

आजादी सिर्फ तिरंगा लहराने का नाम नहीं,
हर दिल में एकता जगाने का पैगाम यहीं।
जब खुद को बदलने की चाह हर मन में होगी,
तभी सच्ची स्वतंत्रता की धुन गगन में गूंजेगी।

युक्ति तिवारी
11 ब

प्रकृति का संदेश

क्या पिंजरे से बाहर निकल
चिड़िया मुक्ति पाएगी ?
जो था उसका पहले का चमन–गगन विहार
क्या फिर से उसे वैसा ही हरा–भरा खुशहाल –पाएगी।
लेकिन चिड़िया को मालूम नहीं, बाहर प्रकृति माँ

की क्या दुर्गति हुई है? चारों ओर से प्रकृति
को दूषित करने की क्या धूम मची है।
जब निकलेगी वह बाहर, सोच कर करने गगन–विहार,
टकरा कर चूर हो जाएगी, इमारतों के जंगलों से जो हैं, अति विशाल,
और पाएगी गाडियों के धुँएं का गुब्बार,
स्वच्छ जल पीने जब जाएगी वह नदी के पास
तो पाएगी घृणित नरकीय जल, जो है वास्तव में दिया मनुष्य का उपहार।।
जब जाएगी खेतों में चुगने को दाना,
मिलेगा न वहाँ उसे फसलों का कोई ठिकाना,
चूंकि तोड़ दी है मनुष्य ने धरती की सुन्दर काया
बनाकर सड़कों की अति विशाल महामाया।
प्रकृति ने देकर उलाहना, मनुष्य को समझाया
तूने देखा नहीं, तेरे पास मृत्यु का बवंडर लहराया,
क्योंकि तूने प्रकृति का संतुलन डगमगाया।
सुनकर यह अंर्तद्वन्द्व, कठोर कदम उठाया,
प्रकृति के पाँच तत्त्वों को जोड़, सभी को सुखी–सफल बना,
डरता क्यों है, तू अकेला नहीं है,
साथ है तेरे मेरा आशीर्वाद दे धरा को सदा–प्रेम परम अपार,
यह जानवर भी क्या मनुश्य प्रकृति का संतुलन सही बनायेगा?
क्या पिंजरे से निकलने पर चिड़िया को देगा,
वापस उसकी हरी–भरी धरती का प्यार,
और बनायेगा अपना जीवन खुशहाल ।।

एकावरी दुर्गापाल
6 स

मोबाइल का दौर

मोबाइल के दौर में सबके हाथों में मोबाइल है
सभी लोग गजब ढ़ा रहे सबका अपना स्टाईल है।

भाई ने 'फ्री फायर' खेला धड़–धड़ पैसे उड़ा दिए,
भाईचारा आन टॉप कहके गैंग में लड़के जुटा दिए,
वो तो दीवाना पागल सा लगता है अब बातों से।
कहता वो भी अपने न हुए और दिल भी गया अब हाथों से।

बॉयफ्रेंड से चैटिंग करते मम्मी–पापा ने पकड़ लिया।
गुस्से में आ पापा ने वो स्मार्ट फोन ही जकड़ लिया,
भाई भी पीछे से आ ही धमका,
भोला भाला, भूला–भटका, चेहरे पर तेज चमका
बोला तेरी बंदर जैसी शकल पर कोई क्यों मरेगा।
अरी पगली, तुमसे कोई प्यार क्यों करेगा?

खाना नहीं परोसे मम्मी, मीशो पर जो सेल लगी।
50 साल की बुढ़िया हो रहीं, करवाने अब नेल लगी,
सबकी मम्मी चालू होरी, व्लोगिंग भी अब करती हैं,
फोटो खीचें रील बनावे स्टोरेज वही तो भरतीं हैं।

भागवतों के चैनल की अब टी. आर. पी नहीं आती है,
क्योंकि नानी–दादी भागवत स्मार्ट फोन से चलाती हैं।

मोबाइल के वशीकरण से मैं तो अब बच निकला हूँ।
मोबाइल में रील देखते हर पल अब न मैं दिखता हूँ।
समझदारी अब चरम पे है तो, अब मैं कविता लिखता हूँ।

तेजस्विनी भट्ट
10 स

विकास या विनाश

विकास की राह पर बढ़े हैं हम।
अरे ! पर सोचो क्या सही बढ़े हैं हम?
धरती को काट, पेड़ गिरा दिए हमने
कुदरत के रंग–रूप मिटा दिए हमने ।
पर्वतों – पहाड़ों को चीरते हैं हम,
फिर आपदाओं में घिरते हैं हम।
ईश्वर ने कई बार चेताया हमें
पर लोभ ने फिर भी बहकाया हमें ।।
हमने नदियों को बाँधा
सागरों के संतुलन को बाँधा।
लोभ में आकर जो किए काम
अब भुगत रहे उन्हीं के अंजाम
विकास जरूरी पर सीमित रहे
प्रकृति का संतुलन सदा स्थिर रहे ।
विनाश नहीं। विकास करें ऐसे
धरती मुस्कुराए हर मौसम में जैसे ।।

चिन्मय बिष्ट
10 ब

राजनीति

कुर्सी के सौदागर जो झूठ का जाल बिछाते हैं,
लोकतंत्र ये देश है कहते, राजतंत्र दर्शाते हैं।
भ्रष्टाचार की आग में हर घर झुलसाया जाता है
और सत्य के सूरज को अंधकार बतलाया जाता हैं।

वादों का शोर, वादों का शोर, वादों का शोर केवल गूंज है,
सच का दीपक बुझ जाएगा, जो झूठ का राजपोश है।
जनता ने सब देखा है, जनता ने सब सहा है,
जनता की राजगद्दी है, जनता का हक रहा है।

साफ रखे हो कुर्ता अपना, अपना हृदय भी तो साफ रखो,
पद हैं पद्धति की शाखाएं, थोड़ा सा आकार तो दो।
ये धरती उस अभिमान की है, न हिंदू न इस्लाम की है,
आजाद की है, असफाक की है, शहीद हुए तमाम की है।
जाति–धर्म का राजतंत्र न, हर बागी आवाज की है,
और मैं तो भारतवासी हूँ, हाँ मेरी तो पहचान भी ये ही है।

अलग है तो तुम तर्क बताओ,
खून–खून में फर्क बताओ,
रंग दिखाओ, भंग बताओ,
अरे अलग दिया कोई अंग बताओ।
दिया न उसने भेद तुझे है, तो तू क्यों भेदभाव करे,
धर्मनिरपेक्ष देश हो कहते, राजनीति किस ओर चले।

बाँटो और राज करो ये नीति पुरानी लगती है,
पहले फिरंगियों की थी, अब हमारी कहानी लगती है।
आज भी वही खेल, वही बँटवारे की जो नीति है,
इतिहास दोहराता है, बदलती केवल रीति है।

स्वराज रगों में बहता था और खून से सींचा धरती को,
भूल न जाना वीर शहीदी, अमर उठी उस अर्थी को।
और जलियाँवाले बाग में जो खून का तूफान उठा,
उद्यम की गुंजार से आजादी का अरमान उठा ।
सीने में गोली खाई थी न शीश झुका रणभूमि में,
बलिदानी, बलिदान, निडरता भारत माँ की भूमि में

राजनीति की सीमा देखो, युवा लहू अंगार हुआ,
सियासत की चालों में बँधा हर सपना लाचार हुआ।
भगत सिंह की भूमि में, जो न्याय भी व्यापार हुआ,
अरे राजनीति की नीति देखो, भारत माँ पे वार हुआ।

राजनीति की रणभूमि में अब युवाओं की बारी है,
सत्ता की गलियारों में सच्ची हुंकार हमारी है।
नहीं झुकेगी धार कलम की, शब्दों से प्रहार करेंगे,
सौगंध भारत माँ की है, हम नष्ट, भ्रष्ट सरकार करेंगे।

सावन कुमार
12 द

संस्कारों की गुरूदक्षिणा

लगता है, जैसे कल की ही बात है,
अभी कुछ वक्त पहले ही तो मेरे कदमों ने इस दहलीज पे कदम रखा था।
जब पहली बार स्कूल की ओर रुख किया तो सोचा नहीं था
कि जिन हाथों ने हमारा हाथ दुनिया की भीड़ में थामा था।
वो हाथ हमसे अब धीरे–धीरे छूट रहा था।

विद्यालय के जिस प्रांगण ने मुझे मेरे आत्मविश्वास से मिलाया था।
कोई कृष्ण सा मार्गदर्शक है यहाँ तो किसी ने मुझे अर्जुन सा सखा भी दिलाया था।
कभी मस्ती मजाक की पाठशाला थी,
तो कभी –कभी दोस्तों के साथ ढ़ेर सारी बातें थी।
जीवन रूपी महाभारत में हम एकलव्य से तैयार हो रहे थे।
पर अब वो, गुरु द्रोण हमसे, धीरे धीरे छूट रहे थे।

अपनी उम्र से बड़े सपने नन्हीं आँखों में समेट रहे थे हम।
दोस्तों के साथ हर दिन कुछ नया सोचकर, नई उड़ान भर

रहे थे हम।

खुद की सोच से जब भी डगमगाने लगे हमारे कदम,

तजुर्बे ने प्यार से हाथ थामा और फिर से पंख फैलाने लगे हम।

उसी तजुर्बे की रोशनी लिए अपनी मंजिल की ओर बढ़ते रहे।

पर वो अनुभवी हाथ हमारे हाथों से धीरे–धीरे छूटते रहे।

जीवन में आगे बढ़ती गई तो अपने अनुभवों से और परिपक्व होती गई।

वो गुरु की दी हुई सीख मेरे संस्कारों की मजबूत नींव सी बनती गई।

सोचती हूँ बरसों बाद चश्मे के अंदर से झाँकती पहचानती आँखों में, अपने लिए एक गर्व देखूँ मैं।

जब कुछ बनने के बाद इस प्रांगण में लौट कर आपको अपने हाथों से गुरु दक्षिणा सौंपूँ मैं।

अपने संस्कारों की गुरु दक्षिणा सौपूँ मैं।

प्रतीति साह

12 द

धरती की धैर्यपरीक्षा

उस व्याप्त व्योम की छाया में,
उस धवल अनूठी काया में,
ऋषियों–मुनियों का वास यहाँ,
सब देवताओं का थान यहाँ।
पर दुविधा में यह कौन अजब,
इसका यह अतिशय क्रोध गजब,
है रोष इसे, है कोप इसे,
कोई तो हैं अवरोध इसे।
सुना रही थी वह, कुछ अपनी दबी हुई अव्यक्त व्यथा,
उसको बतलाती है अब मेरी सूक्ष्म व्यथित यह काव्यकथा
केदारनाथ के मस्तक पर वह स्वर्ग सी भूमि दिखती थी,
और एक ओर पर तीरथ की वो मधुर सी धूनी जलती थी,
मानसखण्ड की चौखट जिसमें सौम्य वो धारा बहती थी,
और उछल–उछलकर गोते खाते नई कहानी कहती थी
इस भूमि ने है कष्ट सहा,
पल–पल होना यों नष्ट सहा,
अतिक्रमण और खनन के संग
अपने पतन को स्पष्ट सहा।
रुद्रप्रयाग की नदियाँ, एक ओर चीखती होती थी,
और पीले दानव के शोर में डमरू की धुन डरके भी रोती थी,
फूलों की घाटी के वो फूल भी थर –थर काँप से जाते थे,
जब पर्वत उनके भाई बंधु यों चीर लिए से जाते थे।
मानव जननी को दासी, और स्वयं को स्वामी समझ गया,
लालच और तृश्णा के आगे, वह तो मार्ग से भटक गया,
अब बारी थी प्रकृति की जिसको इसने अबतक न जाना था,
अब दिखा रही है यह, वह जो बरसों पहले दिखलाना था।
केदारनाथ से शुरू हुई, अब हर्षिल तक वो पहुँच गई,
तुम्हारे आधुनिक तप को, एक बार भस्म कर चली गई,
जोशीमठ की दरारों को अब और उभारे बढ़ी चली
टिहरी और नैनीताल की झीलें क्षीण बनाकर चली गई।
एक ओर वो हाइड्रोपावर के प्रोजेक्ट खत्म न होते थे,
तुम दूजी ओर से ऑलवैदर के मंत्र यूँ जपने लगते थे,
कहाँ गईं वो सड़कें जिनको पर्वत काल में बनाया था,
एक बार में धूमिल किया तुम्हें, तुमने उसको ललकारा था।
धराली क्या, थराली क्या,
मसूरी क्या, भटवाड़ी क्या,
हर दिशा से वार करेगी वो,
अब न अपमान सहेगी वो
जो बाँधों को बनवाया था,
उसका रास्ता कब्ज़ाया था,
उस रास्ते को अब साथ लिए,
अपनी राह पर चलेगी वो।
संयम थामे वह मानव को,
हर बार क्षमा कर जाती थी,
अपनी संतान समझकर सारे,
कटु घूँट पी जाती थी।
अब है मानव की बारी,
क्षमा याचना करने की,
और विनम्र रूप से साथ खड़े,
एक साथ में सबको कहने की,
जो भूल हुई है हमसे, उसको न अब दोहराना है।
जो खण्ड–खण्ड कर दिया था उसका मान वो अब लौटाना है,
देवभूमि को देवतुल्य फिरसे एक बार बनाना है,
इस भूमि पर अभिमान सहित फिरसे जीना–मरजाना है।

प्रकृति पाण्डेय

कक्षा–10 अ

वो बचपन

वो बचपन यादों से भरा,
वो बचपन दोस्तों से जुड़ा
वो बचपन के खेल–कूद
वो बचपन में तुम मम्मी से जाते थे, रूठ
वो बचपन नादानियों से भरा
वो बचपन जिद में अड़ा,
वो बचपन पन्नों के हवाई जहाज उड़ाने का
वो बचपन नाव को पानी में तैराने का
वो बचपन जिसमें शरारत करना था हमारा काम
वो बचपन जिसमें गलतियाँ करना था आम।
वो बचपन में मम्मी से खाई हुई डाँट
वो बचपन में नानी के घर काटी हुई रात
वो बचपन में पापा के कंधों पर बैठना
वो बचपन में हर बात पर ऐंठना,
वो बचपन जिसमें सब चीजें थी अच्छी
वो बचपन जिसमें हमारी हँसी थी सच्ची।
वो बचपन जब सबको होता था हम पर विश्वास
वो बचपन जहाँ सब को आते थे हम रास,
वो बचपन मे बर्फ–पानी, पिढढू, लुक्का छुप्पी दोस्तों के साथ खेलने जाना।
वो बचपन में चाँद सितारे, अनार की गोली, मेलोडी टॉफी और पापड़ खाना,
वो बचपन में होमवर्क मम्मी से कराना
वो बचपन में बीमारी का बहाना बनाकर घर पर बैठ जाना
वो बचपन में बारिश में नहाना
वो बचपन में हर काम में बहाना
वो बचपन में हाथ पकड़ कर लिखना
वो बचपन में छोटी सी टॉफी के लिए दाँव लगाना
वो बचपन में पापा की डाँट से दादी का बचाना
वो बचपन में भूतों में कहानियाँ सुनकर रोना
वो बचपन में मम्मी के आँचल में सोना
अब रहा ना वो बचपन,
याद आती हैं बस वो बातें
याद आते हैं वो मस्ती के दिन,
याद आती हैं वो प्यारी रातें,
अब हो गए हैं बड़े
अब उतना कोई करता नहीं बात
दिन तो गुजर जाता है, झूठी मुसकुराहट में
गुजारना मुश्किल होती है वो यादों वाली रात।।

धैर्य नागरकोटि
12 स



प्रकृति की सुंदरता

'सुबह की किरणें बिखेरती है रंग,
फूलों की महक में छिपा है पत्ते–पत्ते का संग।
पत्तों की सरसराहट में सुनाई देता है गीत
प्रकृति का ये नजारा सबको भाता है प्रीत।
आम्र वृक्ष पर बौर लहराए,
कोयल की मधुर पुकार,
ग्रीष्म ऋतु भी रंग बिखेरे
देखो कितना सुन्दर है संसार।

हरियाली की चादर ओढ़े,
धरती कितनी प्यारी है।
फूलों की मुस्कान से महके,
जीवन की फुलवारी है।
झरनों की सरगम धुआँ–धुआँ आसमान,
सर्द हवाएँ छू जाती हैं जैसे कोई गान।
धूप हुई हल्की सी, पर फिर भी मन उजियारा

प्रकृति ने फिर दिखाया, सर्दी का मौसम ये प्यारा।
नदियाँ बहेंगी तो जीवन बचेगा,
पेड़ रहेंगे तो भविष्य सजेगा।
प्रकृति की सुंदरता को कैसे रखें संभाल,
यही है सबके लिए बड़ा सवाल।

भार्गव दफौटी।
6 'ब'

मोबाइल की मौन क्रांति

वो दिन याद है जब चिट्ठी आती थी,
स्याही की खुशबू में बातें बसती थीं।
अब स्क्रीन पर उँगलियाँ नाचती हैं,
भावनाएँ भी ''टाइप'' में फँस जाती हैं।
मोबाइल... ओ मोबाइल!
तू साथी भी, तू चोर भी है,
समय का सौदागर, दिल का शोर भी है!
पहले आँखों में मिलते थे सपने,
अब नोटिफिकेशन में टूटते हैं अपने...
माँ की पुकार भी 'कॉल वेटिंग' में फँसी,
दोस्त की हँसी अब 'इमोजी' में हँसी
पर ये भी सच है, तूने जोड़ा जहाँ को,
मिटायी दूरी, बढ़ाया गुमाँ को..
तो आओ, न तुझसे दुश्मनी करें, न पूजन,
बस थोड़ा दिल बचा लें, थोड़ा समय चुनें..
क्योंकि.....
क्रांति तो हुई है, पर मौन है,
मोबाइल की ये कहानी, अब कौन है...?
आवाज है जेब में, पर सन्नाटा मन में, –
इंसान बढ़ गया नेटवर्क में, पर खो गया जीवन में

समीर जोशी
11 स

समय का सदुपयोग

समय बहता जलधार सा
न रोके रुकता न थमता सा।
जो इसका कर ले सम्मान,
बन जाता है वह महान।
आलस करने वाला रोता,
पछतावे में समय गवाता,
छोटे–छोटे पल का ज्ञान,
लाता है जीवन में सम्मान,
सपनों को सच कर दिखाओ,
हर क्षण को अमूल्य बनाओ,
आओ मिलकर करें हम प्रण,
समय का सदुपयोग करेंगे,
जीवन में सफलता जरूर भरेंगे।

विहान जोशी
6 स

''स्कूल का दिन''

उठी सुबह मैं जब,
देखा मैंने क्या वक्त हो रहा था तब
वक्त हो रहा था साढ़े सात
पर मन में थे मेरे सारे ख्वाब।
कक्षा में मैंने शिक्षिका को ध्यान से सुना,
पढ़ाया उन्होंने जो, वो खूब पढ़ा।
सुंदर–सुंदर पाठ पढ़ाए,
रोज अच्छी बातें सिखलाईं।
घंटी बजी टन–टन–टन,
भागे बच्चे रन–रन –रन
समय था लंच ब्रेक का,
हर डिब्बा खुला स्वाद से नेक का।
फिर बजी घंटी,
हुआ समय गेम्स का,
उसके बाद थी क्लास हिन्दी की,
शुरुआत हुई एक कहानी की।
वक्त था छुट्टी का,
मन खिल उठे कोमल से,
जब कहा शिक्षिका ने,
जाओ बच्चों, बनाकर लाइन अच्छे से

दिव्यांशी पाण्डे
7 ब





'संस्कृत हमारी संस्कृति और ज्ञान की अमूल्य धरोहर'

संस्कृत केवल एक भाषा नहीं, बल्कि भारत की आत्मा है। यह वह स्रोत है जिससे हमारी सभ्यता, संस्कृति, दर्शन, विज्ञान और साहित्य की महान धारा प्रवाहित हुई है, वेद, गीता, उपनिषद ब्राह्मण ग्रंथ, रामायण, महाभारत, पुराण और आयुर्वेद जैसे असंख्य ग्रंथ सस्कृत में रचे गए हैं। इनके माध्यम से हमें न केवल ज्ञान मिलता है, बल्कि जीवन जीने की कला भी सीखने को मिलती है।

''सा विद्या या विमुक्तये''

अर्थात वही विद्या श्रेष्ठ है जो हमें अज्ञान से मुक्त करे।

अतः हमें संस्कृत भाषा का सम्मान करना चाहिए और इसे सीखने का प्रयास करना चाहिए। यह हमारी पहचान, हमारी जड़ों और हमारे गौरव से जुड़ी हुई भाषा है। यदि हम संस्कृत को अपनाएंगे, तो हमारी संस्कृति और भी सशक्त बनेगी।

वैज्ञानिक शोधों में यह सिद्ध हुआ है कि संस्कृत का उच्चारण मन और मस्तिस्क को सकारात्मक ऊर्जा प्रदान करता है।

''सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः।''

अर्थात– सभी सुखी हों, सभी निरोगी हों – यही संस्कृत की भावना है।

श्रीमती रीता राठौर

पी.आर.टी.

(हिंदी, संस्कृत)



मतदानस्य महत्वम्

अस्माकं भारतं विश्वस्य विशालतमं प्रजातन्त्रं राष्ट्रम् अस्ति। प्रजातन्त्रे 'जनतायाः शासनं जनतायै जनताद्वारा' इति सिद्धान्तः परिपाल्यते। अस्मिन् प्रबन्धने मतदानम् एव सर्वोच्चं साधनं वर्तते। निर्वाचनं लोकतन्त्रस्य सुदृढः आधारः अस्ति, येन जनाः स्वप्रतिनिधीन् स्वतन्त्रत्या चितुं शक्नुवन्ति। मतदानं न केवलं नागरिकाणां संवैधानिकः अधिकारः, अपितु एषः एकः पवित्रः राष्ट्रधर्मः अपि अस्ति। प्रत्येकं मतं राष्ट्रस्य भविष्यं निर्धायति। यदा वयं मतदानं न कुर्मः तदा वयं देशस्य विकासस्य सुरक्षायाः सुशासनस्य च प्रक्रियायां भागं गृहणीमः। यदि नागरिकाः आलस्य कृत्वा मतदानं न कुर्वन्ति, तर्हि देशस्य शासनसूत्रं अयोग्यानां हस्तान् गच्छति येन राष्ट्रस्य प्रगतिः रुद्धा भवति। प्राचीनकाले अपि भारते 'सभा' समिति' च इति संस्थासु सामूहिक निर्णयानां महत्वम् आसीत् । ऋग्वेदे अपि ''समानो मंत्रः समितिः समानी'' इति मन्त्रेण एकतायाः सङ्कल्पस्य च सन्देशः दत्तः अस्ति । अतः सुदृढलोकराज्याय सामाजिका का इक्षाणां पूर्तये च प्रत्येकं अष्टादशवर्षाणि ततोऽधिकं च नागरिकः जागरितः भूत्वा विना लोभं विना भयं च मतदानं कुर्यात् ।

''मतदानं देशस्य प्राणः अस्ति'' इति ज्ञात्वा अस्माभिः एतत् राष्ट्रकार्य समाना श्रद्धया कर्तव्यम्।

जिविशा सुयाल

आठ 'स'

शीर्षकः आत्मोद्धार

एकस्मिन् ग्रामे अर्जुनः नामकः छात्रः वसति स्म। सः अध्ययनं कठिनं मन्यते स्म तथा प्रायः स्वस्मिन् अविश्वासः अनुभवति स्म भविष्यस्य चिन्ताया सः कदाचिंत् निरुत्साहितोऽपि भवति स्म।

एकदा सः विद्यालयात् गृहं आगच्छन् पुस्तकालये भगवतगीता अपश्यत्। तत्र एकः श्लोकः तस्य हृदय स्पृष्टवान् :–

उध्दरेदात्मनाऽत्माने नांत्मानमवसादयेत

आत्मैव ह्यात्मनो बन्धुरात्मैव रिपुरात्मनः।।

अर्थ ज्ञात्वा अर्जुनः अवगच्छत् यत् मनुष्यः स्वयमेव स्वस्य मित्र शत्रुश्च भवति, तस्मात् सः नित्यं परिश्रम कर्तुं आरब्धवान्। सः समये उत्थाय अध्ययनं अकरोत् गुरुन् सम्मानितवान् आत्मविश्वास च प्राप्तवान् ।

कालेन सः परिक्षायां उत्तम फलम् अलभत, तदा सः जानाति स्म यत् आत्मोद्धारः एव जीवनस्य मार्गः अस्ति ।

नीतिः

यः स्वयमेव स्वं सुधारयति, सः एव जीवन सफलं करोति ।

शगुन भण्डारी

7 अ

संस्कृत श्लोक

विद्यार्थी पंच लक्षणम्

काक चेष्टा बको ध्यानम्,

स्वान निद्रा तथैव च ।

अल्पाहारी, गृहत्यागी,

विद्यार्थी पंच लक्षणम्।।

अर्थ–इस श्लोक का अर्थ है, कि एक विद्यार्थी को कौवे जैसी जिज्ञासा, बगुले जैसा ध्यान, कुत्ते जैसी नींद, कम खाने वाला और घर के मोह का त्याग करने वाला होना चाहिए। यह एक आदर्श विद्यार्थी के पाँच लक्षण हैं।

परिधि तिवारी

5– डैफोडिल

श्लोक

1. अयं निजः परो वेति गणनां लघु चेतसाम् ।

उदारचरितानां तु वसुधैव कुटुम्बकम् ।। (वसुधैव कुटुम्बकम्)

2. विद्या ददाति विनयं विनयाद् याति पात्रताम् ।

पात्रत्वात् धनमाप्नोति धनात् धर्म ततः सुखम् (विद्या का महत्व)

3. सत्यं ब्रूयात प्रियं ब्रूयात न ब्रूयात सत्यं प्रियम् ।

प्रियं च नानृतं ब्रूयात एषः धर्मः सनातनः। (आचरण)

4. सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु मा कश्चित् दुःख भागभवेत् ।। (कल्याण मंत्र)

भान्वी

3 ब

वसंत ऋतु

1 वसन्तऋतुः ऋतुराजः कथ्यते ।

2 अयम् ऋतुः चैत्र – वैशाखमासयोः आगच्छति ।

3 अस्मिन् ऋतौ न अतिशीतं न च अतिउष्णं भवति ।

4 वृक्षाः नूतनपल्लवैः कुसुमैः च सुशोभिताः भवन्ति ।

5 आम्रवृक्षेषु मञ्जयः जायन्ते ।

6 भ्रमराः पुष्पेषु गुञ्जन्ति मधु च पिबन्ति ।

7 कोकिलाः मधुरं कूजन्ति ।

8 वसन्तपञ्चमी होलिका च प्रमुख त्यौहारो स्तः ।

9 सर्वत्र प्रकृत्याः मनोहर दृश्यं भवति ।

10 वसन्तः सर्वेषां प्रियो ऋतुः अस्ति ।

भान्वी

3 ब





श्रीमद् भगवद्गीता के श्लोक

1. मंत्रास्पर्शास्तु कौन्तेय शीतोष्णसुखदुःखदाः।

आगमापायिनो नित्यास्तास्तितिक्षस्व भारत ।। 2 ।। 14

भावार्थ–हे कुन्तीपुत्र । सुख तथा दुःख का क्षणिक उदय तथा कालक्रम मे उनका अन्तर्धान होना सर्दी तथा गर्मी की ऋतुओं के आने–जाने के समान है। हे ! भारतवंशी वे इन्द्रियबोध से उत्पन्न होते हैं और मनुष्य को चाहिए कि अविचल भाव से उनको सहन करना सीखें।

2–यं हि न. व्यथयन्त्येते पुरुषं पुरुषर्षभ ।

समदुःखसुख धीरं सो मृतत्वाय कल्पते ।। 2 ।। 15

भावार्थ–हे पुरुष श्रेष्ठ (अर्जुन)! जो पुरुष सुख तथा दुःख में विचलित नहीं होता और इन दोनों में समभाव रखता है, वह निश्चित रूप से मुक्ति के योग्य है।

3. योगस्थः कुरू कर्माणि सहूं त्यक्त्वा धनञ्जय।,

सिद्धयसिद्धयोः समो भूत्वा समत्वं योग उच्यते ।। 3 ।।

भावार्थ– हे अर्जुन! जय अथवा पराजय की समस्त आसक्ति त्याग कर समभाव से अपना कर्म करो। ऐसी समता योग कहलाती है।

4–बुद्धियुक्ती जहातीह उभे सुकृतदुष्कृते ।

तस्माद्योगाय युज्यस्व योगः कर्मसु कौशलम् ।। 4 ।।

भावार्थ – भक्ति में संलग्न मनुष्य इस जीवन में ही अच्छे तथा बुरे कार्यों से अपने को मुक्त कर लेता। अतः योग के लिए प्रयत्न करो क्योंकि सारा कार्य कौशल यही है।

हार्दिक भट्ट

सात स

संस्कृत श्लोक

न चौरहार्यं न च राजहार्यम्

न भ्राता भाज्यं न च भाकारि।

व्यये कृते वर्धते एव नित्यं

विद्याधनं सर्वधनप्रधानम्

हिन्दी :– न ही ये चोरों द्वारा चुराया जा सकता न ही ये राजाओं द्वारा छीना जा सकता है। न ही भाईयों में बाँटा जा सकता है। न ही इसका भार होता है। हमेशा खर्च करने पर बढ़ता है, विद्या का धन सबसे बड़ा धन है।

भावेश मेहता

सात अ

संस्कृत श्लोक

यः माता पितरौ न आदरयति तस्य

अपराधः शीर्षे आभिलेखितः भवति ।

वञ्चन लोकात् त्वां तारितवान् ।

आनन्दं त्यागयित्वा त्वया अस्माकं स्वप्नाः अलङ्कृताः।

त्वया अस्मान् जीवनस्य कठिन मार्ग गन्तु शिक्षयति स्म।

क्रोधेन अपि सः बालकानां विषये चिन्ताम् अव्यक्तवान्।

ईश्वरः अस्माकं मातापितरौ तादृशान् दूतान् कृतवान।।

अर्थः– जो माता–पिता का सम्मान नहीं करता, उसका गुनाह सबसे ऊपर दर्ज होता है। फरेब की दुनिया से हमको बचाकर तथा अपनी खुशियों का त्याग करके हम्हारे सपनों को सजाया, जीवन के कठिन पथ पर हमको चलना सिखाया, गुस्से में भी बच्चों की फिक्र को जताया, फरिश्ते के रूप में ईश्वर ने माता–पिता को बनाया ।।

वान्या पन्त

5 ब्लूबेल

आनन्दः जीवनस्य

सूर्यः हस्ति नभसि नित्यं,

पुष्पाणि कुर्वन्ति जीवने रम्यम् ।

हृदये वसति आशा सदा,

कर्मसु भवति उत्साहम् सर्वदा ।

मैत्री, हास्यं, शान्तिः च,

ऐते एव जीवनस्य सौंदर्यम् ।

हिन्दी :– इस श्लोक में जीवन की सुदरता को परिभाषित किया गया है।

सूर्य हमेशा आकाश में चमकता है, जीवन में फूल खिलते हैं, हृदय में हमेशा आशा निवास करती है, और कर्म में सदैव उत्साह रहता है इस प्रकार मित्रता हें मुस्कान, शांति यही जीवन की सुंदरता है।

याशी पलड़िया

6 अ

गीता श्लोक

भलोक – कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।

मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि''

अर्थ–आपको केवल अपने कर्म करने का अधिकार है, फल पर कभी नही।

इसलिए फल की इच्छा से कर्म न करें, और कर्म न करने में भी आपकी आसक्ति न हो।

जयंत जोशी

4 ट्यूलिप



KALIEDOSCOPE





Aaradhya Sahni,
V Daffodil



Aavya Kharkoti,
III B



Aayushi,
V Tulip



Aditya Arya,
IV Tulip



Advika Arya,
VIII A



Akshaini Sah,
III B



Akshaini Sah,
III B



Akshita Ramola,
VII B



Aradhya Tiwari,
II A



Arpita Negi,
VII B



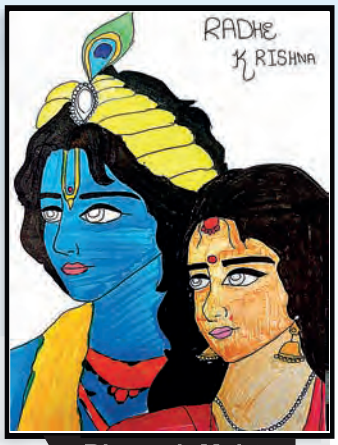
Ashi Saxena,
IV Tulip



Atharva Khandelwal,
II B



Avika Srivastava,
III B



Bhavesh Mehta,
VII C

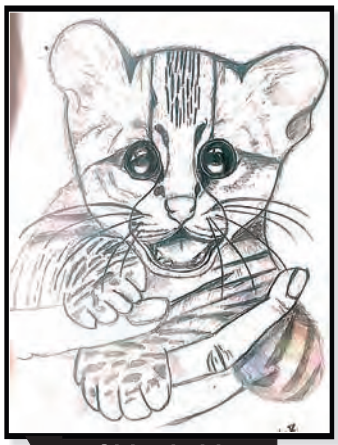
CLICKED BY :



Jitendra Singh
Gariya, XI D



Hassan Suhail,
XI D



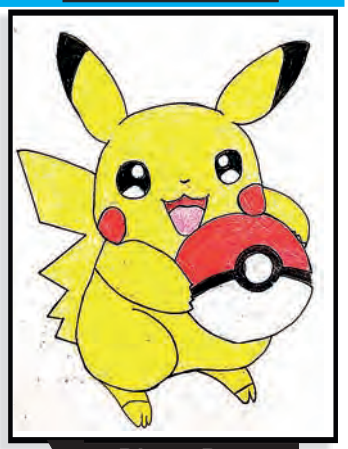
Chitrakshi,
VIII B



Dakshita Jaiswal
V Bluebell



Dhruv Pandey,
VIII B



Dhruv Pant,
I B



Ditya Bohra,
II B



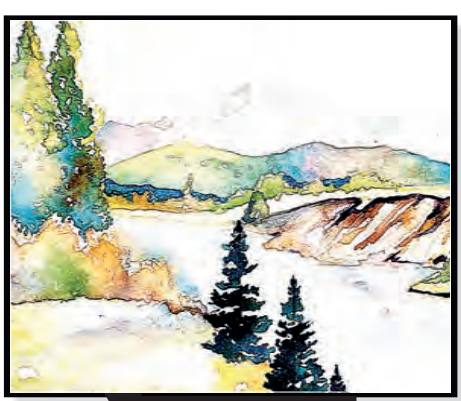
Divyanshi Rautela,
IV Daffodil



Ekavari Durgapal,
VI C



Saksham Koranga,
IX B



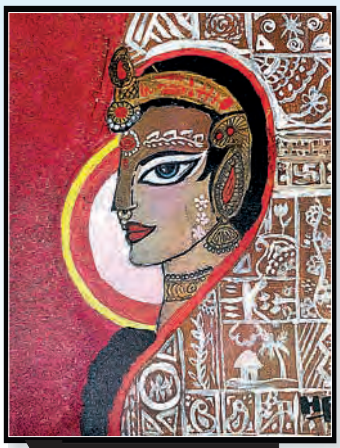
Aaradhya Sahni,
V Daffodil



Deepika Garwal,
XI D



Gurleen,
IV Daffodil



Harsh Purohit,
VIII C



Harshwardhan Rautela,
IX B



Himanshi Kandpal,
VII A



Hitarth Mathpal
V Tulip



Hridhaan Suyal,
I B



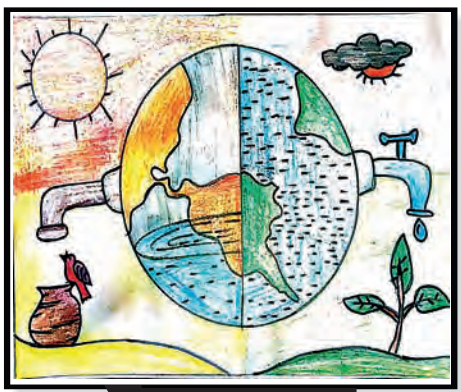
Hritvy Chaudhary,
III B



Jaikrit Sah,
VII B



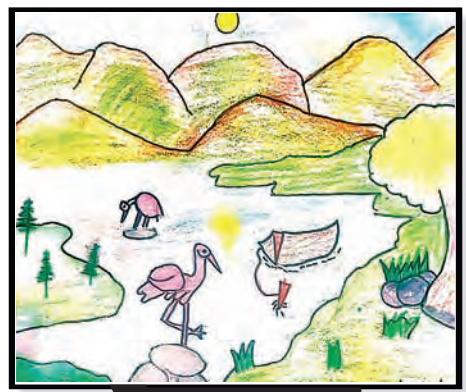
Jainika Mehta,
II B



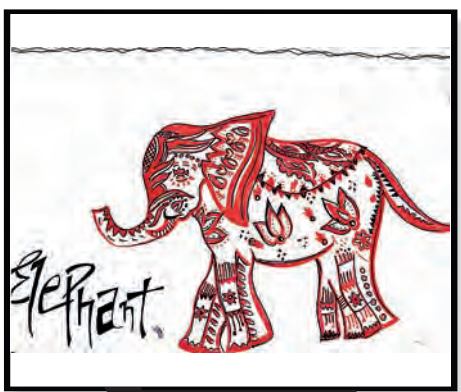
Aavya Bisht,
II B



Aditi Mishra,
XI E



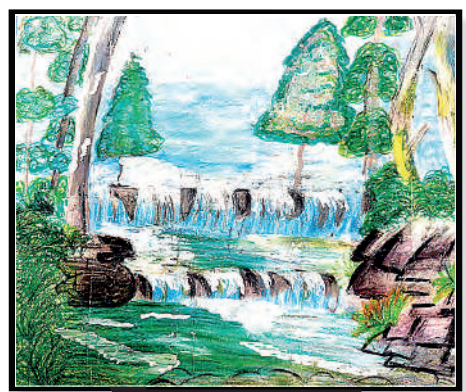
Hamdan Ahmad,
III B



Jagrati Joshi,
IV Bluebell



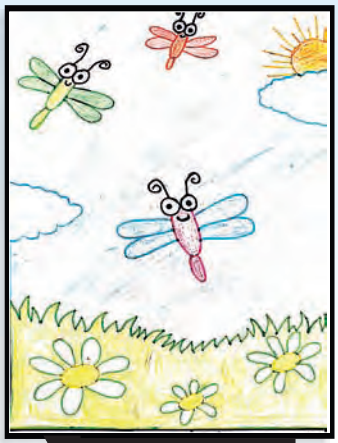
Jaivardhan Arya,
II B



Jay,
IV Tulip



Jeevisha Suyal,
IX C



Jivisha Arya,
I B



Jiyanshi Pandey,
II A



Kavyansh Singh Bisht,
VI A



Krishnav Sah,
V Daffodil



Jiya Bhakuni,
II B



Lakshita Tiwari,
VIII A



Lawanya Rawat
VI C



Jiya Bhandari,
VI C



Kanika Bhakuni,
II A



Kaushiki Mehta
II A



Namira Malik,
III B



Paarthivi Bisht,
II B



Priyanshi Rawat,
XI B



Tanishq Arora,
V Tulip



Unnati Chaudhary,
I A



Vanshika Reddy,
VI B



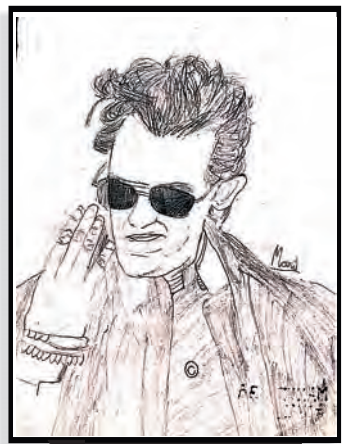
Liyana joshi,
III A



Madhia Aayat,
VI B



Manika Garg,
VI C



Manit Goyal,
III A



Manvi Bisht,
IV Daffodil



Manvik Airy,
II B



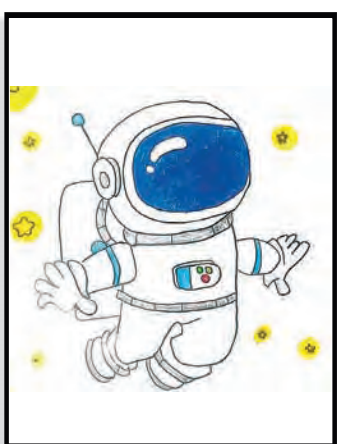
Medhansh Joshi,
II B



Mridul Kandpal,
V Daffodil



Rayansh Dewali
I B



Parth Rautela,
III A



Namita Mahori,
VII B



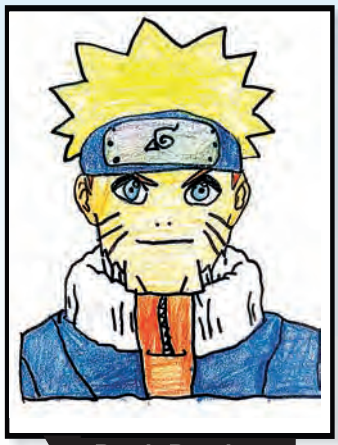
Shruti Rana,
VI A



Niharika,
XI B



Nischay Tewari,
VI B



Parth Pandey,
II B



Prakhar,
II A



Priyanshi Pandey,
IX A



Pruthvik Mondal,
I A



Riddhima Agrawal,
VII A



Ritisha Suyal,
V Tulip



Riyansh Bisht,
V Tulip



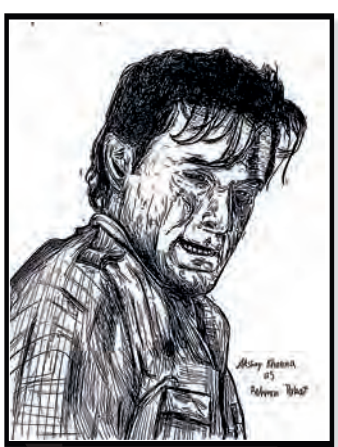
Rudrani Rawat,
III B



Saanchi Agarwal,
XI C



Sagun Bhandari,
VII A



Saksham Koranga,
IX B



Saksham Koranga,
IX B



Garvita Sah,
II A



Shivansh Sammal,
VII A



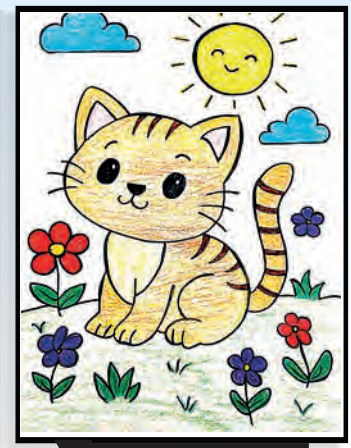
Shivaay S Mehta,
Nursery



Shivansh Sammal,
VII A



Shivasheesh Joshi,
IV Tulip



Shreyansh Balutia
UKG-A



Srishti Suyal,
VII A



Tanishka Joshi,
VII A



Trishika Bisht,
I A



Vanya Pant,
V Bluebell



Vedansh Dev Kumar,
VII B



Vibhor Chauhan,
V Daffodil



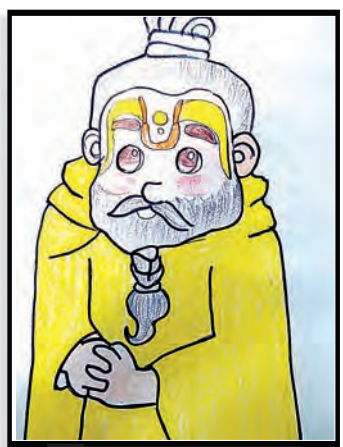
Vishesh S Khatri,
V Daffodil



Vivek Joshi,
IV Tulip



Yug Gwal,
I A



Anika Garg,
III B



Ashwin Saini,
VII A



Bhavansh Sammal,
II A



Divyanshi Bora,
IV Daffodil



Ekavari Durgapal,
VI C



Hridyanshi Bisht,
VI B



Kavyansh Sigh Bisht,
VI A



Gurnoor Kaur
VIII A



Nikschay Tiwari
VIII C



Bhavika Mathpal,
VIII B



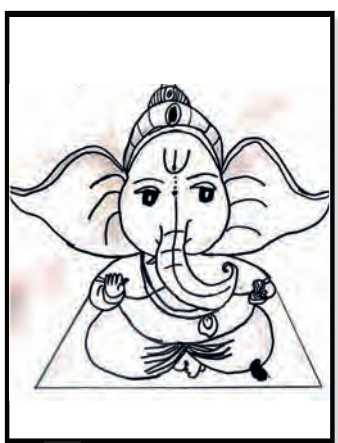
Bhumika,
VI C



Jaivardhan
II B



Praneel Pandey,
III A



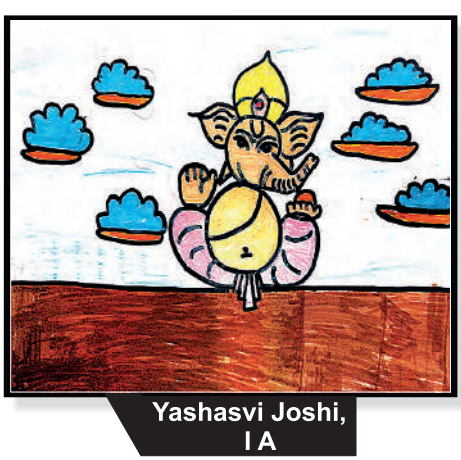
Vivek Joshi,
IV Tulip



Dakshesh Pandey
XI D



Vedansh Pandey,
I B



Yashasvi Joshi,
I A



Manasvi Marchhal,
IX A



इंस्पिरेशन पब्लिक स्कूल में गुरुवार को कक्षा 6 से 12 तक के विद्यार्थियों के लिए कवि सम्मेलन आयोजित हुआ।

इंस्पिरेशन स्कूल में छात्रों ने कविताओं की प्रस्तुति दी

हल्द्वानी, वरिष्ठ संवाददाता। इंस्पिरेशन पब्लिक स्कूल में गुरुवार को कक्षा 6 से 12 तक के विद्यार्थियों के लिए कवि सम्मेलन आयोजित हुआ। इसमें स्वरचित कविताओं से सभागार को काव्यमय बना दिया। प्रधानाचार्य अनुराग माथुर, उपप्रधानाचार्य ममता तनेजा ने उद्घाटन किया।

विहान जोशी, यंशांशी गवासकोटी, चैतन्य बिष्ट, गुंजिका पंत, ग्रेसी जोशी, वंशिका जोशी, प्रकृति, तेजस्वीनी, काश्वी, सर्वज्ञ श्रीवास्तव, सावन कुमार को पहला, दूसरा पुरस्कार हंसिका अधिकारी, खुशी, युक्ति, हसन, रिद्धिमा , कनिका, इशांत महेश्वरी, प्रतिती को मिला तृतीय पुरस्कार देव भट्ट, ओजस्वी, शौर्य, रुद्र, आकांक्षा, अर्पिता, प्राची, रोहिनी, श्रद्धा को प्रदान किया गया। संचालन अदीति बरदोला, उपासना आर्यन और तनुप्रिया पांडे ने किया।



इंस्पिरेशन स्कूल में बच्चों ने किया पाक कला का सुंदर प्रदर्शन

विज्ञप्ति, हल्द्वानी : इंस्पिरेशन स्कूल में एप्रयरलेडस कुकिंग प्रतियोगिता आयोजित की गई। कक्षा नौ से 12 तक के विद्यार्थियों ने इसमें प्रतिभाग किया। आमपाली विश्वविद्यालय के डा. विनोद नेगी और यूओयू की डा. प्रीति बोरा ने शुभारंभ किया। बच्चों ने फ्रूट शेक, जूस, कोल्ड काफी, सेन्डविच, दही बड़ा, पापड़ी आदि तैयार किए। इस मौके पर डा. गीतिका बल्यूटिया, अनुराग माथुर आदि रहे।

बिड़ला स्कूल के वार्षिक खेलों में भास्कर सदन रहा प्रथम

खेल प्रतियोगिता में विद्यार्थियों को सम्मानित करते अतिथि व शिक्षक • सौ. स्कूल



इंस्पिरेशन और एचएन में मेधावि

बोर्ड परीक्षा में अव्वल आए विद्यार्थियों को दिए प्रशस्ति पत्र, अतिथियों ने बढ़ाया हौसला

समारोह



98 99

छात्रों की लगन सफलता की कुंजी : बल्यूटिया

सांसद के हाथों

कला उत्सव में चमका प्रतिभाओं का हुनर

इंस्पिरेशन सीनियर सेकेंडरी स्कूल में जिला स्तरीय उत्सव का आयोजन, पद्मश्री मठपाल ने किया शुभारंभ



कुकिंग प्रतियोगिता में छात्रों ने दिखाई प्रतिभा

एसजेबीएम में मनाया दीवाली उत्सव

इंस्पिरेशन स्कूल की शिक्षिकाओं ने दी रंगारंग प्रस्तुति



इंस्पिरेशन स्कूल में शिक्षक दिवस पर प्रस्तुति देतीं शिक्षिकाएं • सौ. स्कूल

विज्ञप्ति, हल्द्वानी : इंस्पिरेशन स्कूल में शिक्षक दिवस धूमधाम से मनाया गया। प्रबंधक दीपक बल्यूटिया, चेयरपर्सन गीतिका बल्यूटिया, प्रधानाचार्य अनुराग माथुर, उप-प्रधानाचार्या ममता तनेजा ने शुभारंभ किया। गुरु की महिमा का वर्णन करते हुए नीरू गोयल ने नृत्य नाटिका प्रस्तुत की। प्रेरणा जोशी, मधुमिता दास, प्रेरणा पांडे, गुंजन जोशी

MEDIA GALLERY



इंस्पिरेशन सीनियर सेकेंडरी स्कूल में गुरुवार को बोर्ड परीक्षा के मेधावी छात्र-छात्राओं को सम्मानित किया गया। सम्मानित किए गए छात्र-छात्राओं के साथ अतिथि।



इंस्पिरेशन पब्लिक स्कूल में शुक्रवार को आयोजित उच्च वर्ग प्रस्तुति प्रतियोगिता में शामिल प्रतिभागी और अतिथि। • हिन्दुस्तान

वाद्य यंत्र में अक्षित और लक्ष्य ने मारी बाजी

हल्द्वानी। इंस्पिरेशन पब्लिक स्कूल में वाद्य यंत्र प्रस्तुति प्रतियोगिता का आयोजन किया गया। प्रतियोगियों ने गिटार, हारमोनियम, तबला, ड्रोलक, बांसुरी, सेक्सोफोन, ड्रम तथा कीबोर्ड पर प्रस्तुतियां दीं। जूनियर वर्ग में अक्षित, हर्षांश, आराध्या, भाग्य, शिवांश, आशी प्रथम रहे। सीनियर में लक्ष्य, वंश, शिवा, स्मरणिक, निखिल, दक्ष, शिवांश, आदित्य प्रथम रहे। निर्णायक डॉ. गीतिका बल्यूटिया, प्रधानाचार्य अनुराग माथुर ने पुरस्कृत किया।

युवराज ने जीता स्वर्ण



हल्द्वानी। इंस्पिरेशन पब्लिक स्कूल के 11वीं के छात्र युवराज अरोड़ा ने शाहजहांपुर में आयोजित सीबीएसई क्लस्टर टेबल टेनिस में स्वर्ण पदक जीता। विद्यालय के प्रबंधक दीपक बल्यूटिया ने बताया कि शोभार होने के बावजूद छात्र ने बेहतर प्रदर्शन किया। हरिद्वार में हुई प्रतियोगिता में छात्र सुमित गढ़िया ने अंडर 17 में प्रथम, गरिमा बिष्ट ने अंडर 17 में तीसरा स्थान पाया। संवाद

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इंस्पिरेशन स्कूल में बच्चों ने किया पाक कला का सुंदर प्रदर्शन

विज्ञप्ति, हल्द्वानी : इंस्पिरेशन स्कूल में एप्रयरलेडस कुकिंग प्रतियोगिता आयोजित की गई। कक्षा नौ से 12 तक के विद्यार्थियों ने इसमें प्रतिभाग किया। आमपाली विश्वविद्यालय के डा. विनोद नेगी और यूओयू की डा. प्रीति बोरा ने शुभारंभ किया। बच्चों ने फ्रूट शेक, जूस, कोल्ड काफी, सेन्डविच, दही बड़ा, पापड़ी आदि तैयार किए। इस मौके पर डा. गीतिका बल्यूटिया, अनुराग माथुर आदि रहे।

प्रार्थना सभा में सम्मान पाकर खिले चेहरे

हल्द्वानी। अमर उजाला की ओर से जिले के सात विद्यालयों में प्रश्नोत्तरी प्रतियोगिता मंगलवार को भी जारी रही। इसमें सभी कक्षा के छात्र-छात्राओं ने प्रतिभाग किया।

स्कूल प्रबंधन की ओर से प्रार्थना सभा में छात्र-छात्राओं में अमर उजाला में एक दिन पूर्व प्रकाशित समाचारों में संबंधित तीन-तीन प्रश्न पूछे गए। सही जवाब देने वाले विद्यार्थियों को स्कूल प्रबंधन ने अमर उजाला हिंदी हैं हम लेपल पिन से सम्मानित किया। सभी स्कूलों में कक्षा आठ से 12वीं तक के पांच-पांच विद्यार्थियों ने अमर उजाला अखबार भी पढ़ा। संवाद



■ इंस्पिरेशन पब्लिक स्कूल काठगोदाम
■ टॉपिका आर्य कक्षा 8, सक्षम बिष्ट कक्षा 6, तनिश जोशी, कक्षा 4

न्यूज डायरी

इंस्पिरेशन में सीबीएसई की एक दिवसीय वर्कशॉप आयोजित

हल्द्वानी (वि.)। इंस्पिरेशन पब्लिक स्कूल में मुख्याध्यापकों की सभी शिक्षक-शिक्षिकाओं के लिए कैपेसिटी बिल्डिंग प्रोग्राम के तहत कृत्रिम बुद्धिमत्ता को कक्षा में उपयोग विषय पर कार्यशाला का आयोजन किया गया। प्रधानाचार्य, उपप्रधानाचार्य, कोऑर्डिनेटर सहित 60 शिक्षक-शिक्षिकाएं उपस्थित रहीं। कार्यशाला का आरंभ प्रधानाचार्य अनुराग माथुर, उप प्रधानाचार्या ममता तनेजा, रिसोर्स पर्सन एसीएम विद्यालय से विक्रम सिंह रावत सेंट पॉल सीनियर सेकेंडरी विद्यालय से सम्मानित रावत ने किया। इसमें बताया गया कि कैसे एआई का इस्तेमाल कक्षा में किया जा सकता है। संचालन सभूमिका हांस ने किया।



वर्कशॉप में विचार रखते शिक्षक।

जल-जंगल बचाने, अनुशासन पर बच्चों ने दिया जोर



शिक्षकों को बताई एआई की उपयोगिता

समझना होगा हिमालय का महत्व

हम सभी को मिलकर हिमालय बचाना होगा

विकास के नाम पर हिमालय को पहुंचा रहे नुकसान

इंस्पिरेशन स्कूल में छात्र प्रतिनिधिमंडल को दिलाई शपथ



शपथ ग्रहण समारोह में मौजूद इंस्पिरेशन स्कूल के विद्यार्थी और शिक्षक।

इंस्पिरेशन में मनोविज्ञान के गुर सीखे

14/10/2025



इंस्पिरेशन सीनियर सेकेंडरी स्कूल में मनोविज्ञान के छात्रों ने वर्कशॉप में शामिल होकर अभिव्यक्ति और सिविलिटीज कला को एक पोटरी स्टूडियो विजिट के माध्यम से सीखा।

सातवीं राष्ट्रीय पैरा बैडमिंटन स्पर्धा में शिवांगी को स्वर्ण प



शिवांगी पांडेय, राष्ट्रीय खिलाड़ी • सौ. स



इंस्पिरेशन पब्लिक स्कूल में साइबर क्विज में जीते विद्यार्थी शिक्षिकाओं के साथ।

छात्रों में सोचने की क्षमता होती है विकसित

अमर उजाला नेशनल ओलंपियाड एक ऐसी शैक्षणिक प्रतियोगिता है जिसमें देशभर के छात्र भाग लेकर अपने ज्ञान के स्तर का मूल्यांकन कर सकते हैं। यह परीक्षा छात्रों की सोचने की क्षमता, विश्लेषणात्मक दृष्टिकोण और समय प्रबंधन को निखारती है। इससे छात्रों को राष्ट्रीय स्तर पर प्रतिस्पर्धा का अनुभव मिलता है।

-अनुराग माथुर, प्रधानाचार्य इंस्पिरेशन पब्लिक स्कूल, काठगोदाम

इंस्पिरेशन में काव्यांजलि 2.0 का सफल आयोजन



इंस्पिरेशन पब्लिक स्कूल काठगोदाम में आयोजित कवि सम्मेलन के विजेता।

टीम राउटर ने जीता साइबर क्विज

हल्द्वानी। इंस्पिरेशन पब्लिक स्कूल में शनिवार को अंतर्सदनीय साइबर क्विज प्रतियोगिता का आयोजन किया गया। जिसमें कक्षा 9 से 12 तक के विद्यार्थियों ने हिस्सा लिया। उद्घाटन प्रधानाचार्य अनुराग माथुर ने किया। प्रतियोगिता में चार सदनों के बीच हुए कड़े मुकाबले के बाद टीम राउटर ने पहला स्थान, टीम गेटवे ने दूसरा और टीम ब्रिज ने तीसरा स्थान हासिल किया। संचालन आईटी विभाग की शिक्षिका स्मिता पंत ने किया। यहां उप प्रधानाचार्य ममता तनेजा, कंप्यूटर विभाग की गायत्री बल्यूटिया, भावना कफल्टिया, मोहित पंत, अमित मेहता, रोबिन कुमार आर्या और जीवन चंद्र जोशी आदि रहे।

city

अमर उजाला

मंच सजा, हुनर खिला और जमकर बरसी देशभक्ति



रमणिका ने मेहनत, समर्पण से साधा लक्ष्य

» नीकीएसई 10वीं बोर्ड परीक्षा परिणाम में काठगोदाम स्थित इंस्पिरेशन सीनियर सेकेंडरी पब्लिक स्कूल की मेधावी छात्रा रमणिका जोशी ने 93.2 प्रतिशत अंक प्राप्त कर विद्यालय, परिवार एवं क्षेत्र को किया गौरवान्वित

संवाददाता, हल्द्वानी

अमृत विचार: केंद्रीय माध्यमिक शिक्षा बोर्ड (सीबीएसई) द्वारा घोषित कक्षा 10वीं बोर्ड परीक्षा परिणाम में काठगोदाम स्थित इंस्पिरेशन सीनियर सेकेंडरी पब्लिक स्कूल की मेधावी छात्रा रमणिका जोशी ने उत्कृष्ट प्रदर्शन करते हुए 93.2 प्रतिशत अंक प्राप्त कर विद्यालय, परिवार एवं क्षेत्र को गौरवान्वित किया है।

रमणिका ने कुल 500 में से विज्ञानशाला प्रदर्शन में उन्होंने अंग्रेजी में 100, सामाजिक विज्ञान में 99 तथा अतिरिक्त विषय इण्डस्ट्रियल इंग्लिश में 100 अंक प्राप्त किए। इस उल्लेखनीय परिणाम में पढ़ाई के साथ-साथ खेल, अनुशासन और समर्पण से कोई भी तत्व शामिल नहीं है। रमणिका जोशी की विज्ञानी मनमोहन जोशी, जो स्वयं दीपक बल्यूटिया, डॉ. गीतिका बल्यूटिया, प्रधानाचार्य अनुराग माथुर एवं उप-प्रधानाचार्या ममता तनेजा ने भी व्यक्त करते हुए उसके उज्ज्वल भविष्य के लिए शुभकामनाएं दीं हैं तथा आगे भी इसी तरह कड़ी मेहनत करते हुए सफलता प्राप्त करने की अपील किया है।



रमणिका के साथ विज्ञानी मनमोहन जोशी। (बाएं) और स्कूल प्रिंसिपल अनुराग माथुर। (दाएं)।

जरूरतमंद लोगों की करना चाहती हैं सेवा

हल्द्वानी: रमणिका ने अपनी सफलता का श्रेय अपने गुरुजनों, शिक्षकों तथा दादा-दादी, माता-पिता एवं भाई-बहनों के मार्गदर्शन को दिया है। भविष्य की योजनाओं के विषय में रमणिका ने बताया कि वह विज्ञान संकायों से स्नातक से स्नातक, फिर उसके बाद सिविल सेवाओं की तैयारी करना चाहती है।



शिवांगी ने जीता स्वर्ण पदक

हल्द्वानी। हैदराबाद की लाटसूलनेस गोपीचंद बैडमिंटन अकादमी में आयोजित सातवीं राष्ट्रीय पैरा बैडमिंटन चैंपियनशिप में शिवांगी ने महिला एकल वर्ग में स्वर्ण पदक अपने नाम किया। काठगोदाम स्थित इंस्पिरेशन स्कूल की छात्रा ने एक बार फिर प्रदेश का मान बढ़ाया है।



भारतीय बैडमिंटन टीम के मुख्य कोच पद्मश्री पुलेला गोपीचंद ने शिवांगी को स्वर्ण पदक और प्रमाणपत्र प्रदान कर सम्मानित किया। उनकी उपलब्धि पर विद्यालय के प्रधानाचार्य अनुराग माथुर, चेयरपर्सन गीतिका बल्यूटिया, उत्तराखंड पैरा गेम्स के सचिव प्रेम कुमार और बैडमिंटन एसोसिएशन के सचिव वीएस मनकोटी ने प्रसन्नता जताई है। संवाद

इंस्पिरेशन स्कूल में हर्षोल्लास से मनाया ग्रैंड पेरेंट्स डे

दादा-दादी तथा नाना-नानी का किया गया स्वागत



आशुतोष हेड बॉय यशस्वी हेड गर्ल

हल्द्वानी। इंस्पिरेशन पब्लिक स्कूल में शुक्रवार को पांरड के साथ छात्र प्रतिनिधियों के चयन हेतु चुनाव संपन्न हुए। प्रधानाचार्य अनुराग माथुर ने कक्षा 12 के अनुशासन मंत्री को हेड बॉय, पालकी भंडारी को हेड गर्ल घोषित कर शपथ ग्रहण कराई।

कक्षा 11 की पूर्णिका तिवारी को व्हाइस कैप्टन, कक्षा 12 के अनुशासन मंत्री को व्हाइस कैप्टन चुना गया। स्कूल में कक्षा 12 की सोनाली आर्या सोशल कैप्टन, कक्षा 11 की गीतिका राठौर व्हाइस कैप्टन बनीं।

इंस्पिरेशन में पेश की नृत्य नाटिका

हल्द्वानी। इंस्पिरेशन पब्लिक स्कूल में शिक्षक दिवस मनाया गया। प्रधानाचार्य अनुराग माथुर, उप प्रधानाचार्या ममता तनेजा, कार्डिनेटर दिनेश नेगी ने मां सरस्वती की वंदना की। नीरू मोहन ने गुरु की महिमा पर आधारित नृत्य नाटिका प्रस्तुत की। प्रेरणा जोशी, मयूरिका दास, प्रेरणा पांडे, तुलना जोशी ने गीत प्रस्तुत किए। स्मिता साह, पूजा जोशी ने काव्य पाठ से समां बांधा।

समूह गान में इंस्पिरेशन ने बाजी मारी

हल्द्वानी। भारत विकास परिषद, काठगोदाम शाखा की शाखा स्तरीय राष्ट्रीय समूह गान प्रतियोगिता संपन्न हुई। शनिवार को बीयरशिवा स्कूल में प्रतियोगिता का शुभारंभ डीआईजी सीआरपीएफ एसडी पांडे ने किया। प्रतियोगिता में 10 स्कूलों के बच्चों ने प्रतिभाग किया। इसमें इंस्पिरेशन पब्लिक स्कूल प्रथम, जेडीएम स्कूल दूसरे, सेंट थेरेसा स्कूल को तीसरा स्थान मिला। निर्णायक मंडल में विनीता पांडे, लता कुंजवाल, प्रभाकर जोशी शामिल रहे। मुख्य अतिथि समेत प्रांतीय अध्यक्ष डॉ. विनय खुल्लर, प्रधानाचार्य मीना सती, अध्यक्ष राजेश अग्रवाल ने विजेताओं को पुरस्कृत किया। आयोजन में बख्शर, निशा सिंह, दीपक माहेश्वरी, डॉ. अतुल राजपाल, उपमा सेठी, रश्मि जैन, नीलम शर्मा, अलका माहेश्वरी, गरिमा सिंघल, मीरा अग्रवाल, ममता खुल्लर, हितेंद्र उप्रेती, आलोक सक्सेना, दीपक बिष्ट आदि ने सहयोग किया। संवाद

नृत्य प्रतियोगिता में नीला सदन प्रथम स्थान पर रहा

» इंस्पिरेशन पब्लिक स्कूल में आयोजित हुई प्रतियोगिता

» लाल सदन ने द्वितीय व पीला सदन ने जीता तृतीय स्थान

अमृत विचार: इंस्पिरेशन पब्लिक स्कूल में कक्षा 6 से 8 तक के विद्यार्थियों के लिए अंतरसदनीय नृत्य प्रतियोगिता हुई। प्रतियोगिता दो दिनों तक चली। पहले दिन कक्षा छठी के विद्यार्थियों ने प्रस्तुति दी। दूसरे दिन कक्षा सातवीं और आठवीं के विद्यार्थियों ने अपनी कला का प्रदर्शन किया। प्रतियोगिता में चार सदन ने हिस्सा लिया। इसमें लाल सदन ने द्वितीय व पीला सदन ने तृतीय स्थान हासिल किया। नीला सदन ने प्रथम स्थान प्राप्त किया।

प्रतियोगिता में चीफ सदन ने मुख्य अतिथि की भूमिका निभाई। इसके अलावा प्रतियोगिता में उपसदन ने उपसदन की भूमिका निभाई। प्रतियोगिता में निर्णायक मंडल में शिक्षिका रश्मि पांडे, शिक्षिका पूजा बिष्ट, शिक्षिका दीपा पांडे, शिक्षिका दीपा पांडे, शिक्षिका दीपा पांडे

MEDIA GALLERY





साहिब सिंह ने एनडीए में लहराया परचम



हल्द्वानी। इंस्पिरेशन सीनियर सेकेंडरी स्कूल के छात्र साहिब सिंह ने एनडीए परीक्षा में सफलता हासिल की है। उन्होंने लिखित परीक्षा, कंप्यूटरीकृत पायलट चयन प्रणाली टेस्ट और मेडिकल परीक्षा उत्तीर्ण की। भारतीय वायु सेना में चयन हुआ है। विद्यालय प्रबंधक दीपक बलूटिया, डॉ. गीतिका बलूटिया, प्रधानाचार्य अनुराग माथुर, ममता तनेजा ने खुशी जताई है।



जेईई मेन्स में सर्वज्ञ, सार्थक का परचम

प्रतिभा


सर्वज्ञ श्रीवास्तव


सार्थक रावत।

- इंस्पिरेशन सीनियर सेकेंडरी स्कूल के छात्र हैं दोनों
- स्कूल प्रबंधन ने प्रतिभाओं को सराहा, सभी ने दीं शुभकामनाएं

हल्द्वानी, वरिष्ठ संवाददाता। इंस्पिरेशन सीनियर सेकेंडरी स्कूल काठगोदाम के छात्रों ने जेईई मेन्स-2 में उल्लेखनीय उपलब्धि अर्जित की है। सर्वज्ञ और सार्थक नाम के छात्र ने बेहतरीन पर्सेंटाइल प्राप्त किए हैं।

काठगोदाम स्थित इंस्पिरेशन स्कूल के छात्र सर्वज्ञ श्रीवास्तव ने जेईई मेन्स-2 परीक्षा में 99.2414 पर्सेंटाइल अर्जित कर विद्यालय को गौरवान्वित किया है। वहीं सार्थक रावत ने भी 96.2460 पर्सेंटाइल प्राप्त कर आईआईटी जेईई मेन्स-2 के लिए सफलतापूर्वक अर्हता प्राप्त की है। सर्वज्ञ और सार्थक न केवल अकादमिक क्षेत्र में, बल्कि वाद-विवाद प्रतियोगिताओं में भी सदैव अग्रणी रहे। उनकी बहुमुखी प्रतिभा समस्त विद्यालय परिवार के लिए प्रेरणास्रोत है। इस उपलब्धि पर प्रबंधन के निदेशक डॉ. दीपक बलूटिया, चेयरपर्सन डॉ. गीतिका बलूटिया, आयुषी बलूटिया, प्रधानाचार्य अनुराग माथुर, उप-प्रधानाचार्या ममता तनेजा, को-ऑर्डिनेटर प्रियंका शर्मा, अकादमिक को-ऑर्डिनेटर मनमोहन जोशी सहित सभी शिक्षक-शिक्षिकाओं ने दोनों के उज्ज्वल भविष्य की मंगलकामना की है।

इंस्पिरेशन स्कूल के छात्रों का जेईई मेन्स में शानदार प्रदर्शन

हल्द्वानी। इंस्पिरेशन सीनियर सेकेंडरी स्कूल के छात्रों ने जेईई मेन्स-2 परीक्षा में शानदार प्रदर्शन कर विद्यालय का नाम रोशन किया है। मेधावी छात्र सर्वज्ञ श्रीवास्तव ने 99.2414 पर्सेंटाइल हासिल कर उत्कृष्ट उपलब्धि दर्ज की है। वहीं सार्थक रावत ने 96.2460 पर्सेंटाइल और मृदुल नाथ गोस्वामी ने 93.6604364 पर्सेंटाइल प्राप्त कर जेईई एडवांस के लिए अर्हता हासिल की है। विद्यालय प्रबंधन के अनुसार सर्वज्ञ श्रीवास्तव पढ़ाई के साथ-साथ वाद-विवाद प्रतियोगिताओं में भी लगातार उत्कृष्ट प्रदर्शन करते रहे है। उनकी यह बहुमुखी प्रतिभा अन्य छात्रों के लिए प्रेरणा बन रही है। छात्रों की इस उपलब्धि पर विद्यालय के निदेशक डॉ. दीपक बल्यूटिया, चेयरपर्सन डॉ. गीतिका बल्यूटिया, आयुषी बल्यूटिया, प्रधानाचार्य अनुराग माथुर, उप प्रधानाचार्य ममता तनेजा, कोऑर्डिनेटर प्रियंका शर्मा, अकादमिक कोऑर्डिनेटर मनमोहन जोशी ने खुशी जताते हुए उनके उज्ज्वल भविष्य की कामना की है।



24/03/2026



हल्द्वानी में सोमवार को इंस्पिरेशन पब्लिक स्कूल के नए प्रेक्षागृह में बच्चों के लिए 'ग्रेजुएशन सेरेमनी' का आयोजन किया गया। इस दौरान नर्सरी के बच्चों ने नृत्य प्रस्तुति से सभी का मन जीत लिया। मुख्य अतिथि एके माथुर,डॉन बॉस्को स्कूल के प्रबंधक गोपाल बिष्ट, डायरेक्टर डॉ. दीपक बल्यूटिया, प्रबंधक डॉ. गीतिका बल्यूटिया, प्रधानाचार्य अनुराग माथुर, कोऑर्डिनेटर प्रियंका शर्मा, गुंजन जोशी, संजय गोस्वामी, गौरव कुमार, नीरू जोशी, रिचा वर्मा आदि मौजूद रहे।



अभिभावकों को बच्चों की रुचि को समझकर पढ़ाई पर ध्यान देना चाहिए। पढ़ाई के लिए छात्रों के पास बहुत विकल्प हैं। प्रतियोगी परीक्षा की तैयारी के लिए ओलंपियाड अच्छा विकल्प है।

-अनुराग माथुर, प्रधानाचार्य, इंस्पिरेशन स्कूल

इंस्पिरेशन स्कूल के दो छात्र जेईई एडवांस में उत्तीर्ण



विज्ञप्ति, हल्द्वानी : इंस्पिरेशन स्कूल के विद्यार्थी सर्वज्ञ श्रीवास्तव और सार्थक रावत ने जेईई एडवांस उत्तीर्ण किया है। दोनों विद्यार्थियों ने इसी वर्ष इंटरमीडिएट की परीक्षा उत्तीर्ण की है। स्कूल के प्रबंधक दीपक बल्यूटिया, अध्यक्ष डा. गीतिका बल्यूटिया, प्रधानाचार्य अनुराग माथुर ने दोनों छात्रों को बधाई दी है।

सर्वज्ञ श्रीवास्तव●

इंस्पिरेशन पब्लिक स्कूल का शानदार रिजल्ट

- प्रकृति पाण्डे ने 99 प्रतिशत के साथ किया टॉप
- 72 छात्रों ने हासिल किए 90 प्रतिशत से अधिक अंक



हल्द्वानी। सीबीएसई द्वारा कक्षा 10वीं का रिजल्ट घोषित कर दिया गया है, जिसमें इंस्पिरेशन पब्लिक स्कूल का प्रदर्शन बेहद प्रशंसनीय रहा। इस वर्ष विद्यालय के कुल 163 विद्यार्थी परीक्षा में शामिल हुए, जिनमें से 72 छात्रों ने 90 प्रतिशत से अधिक अंक प्राप्त कर स्कूल का नाम रोशन किया।रिजल्ट में प्रकृति पाण्डे ने 99 प्रतिशत अंक प्राप्त कर प्रथम स्थान हासिल किया। वहीं दिगविजय सिंह अधिकारी ने 98.6 प्रतिशत और देवांश जोशी ने 98.4 प्रतिशत अंक प्राप्त कर उत्कृष्ट प्रदर्शन किया।विशेष बात यह रही कि 36 विद्यार्थियों ने आईटी विषय में, 13 विद्यार्थियों ने अंग्रेजी में, एक छात्र ने हिंदी में तथा एक छात्र ने सामाजिक विज्ञान में शत-प्रतिशत अंक हासिल किए।इस शानदार उपलब्धि पर स्कूल प्रबंधक डॉ. दीपक बल्यूटिया, चेयरपर्सन डॉ. गीतिका बल्यूटिया, प्रधानाचार्य अनुराग माथुर, उप-प्रधानाचार्या ममता तनेजा सहित समस्त शिक्षक-शिक्षिकाओं ने सभी विद्यार्थियों को बधाई देते हुए उनके उज्ज्वल भविष्य की कामना की।



हमारे होनहार



स्कूलों के टॉप थ्री होनहार

इंस्पिरेशन स्कूल



प्रकृति पांडे
99 प्रतिशत



दिग्विजय सिंह अधिकारी
98.6 प्रतिशत



देवांश जोशी
98.4 प्रतिशत

विद्यालय में हर्षोल्लास से मनाया क्रिसमस पर्व

छात्रों ने आकर्षक नृत्य प्रस्तुत कर मोहा मन



हल्द्वानी के इंस्पिरेशन स्कूल में क्रिसमस पर्व मनाते बच्चे

1 / 1

इन्स्पिरेशन स्कूल के दो छात्रों का जेईई एडवांस्ड में चयन

संवाददाता, हल्द्वानी



अमृत विचार: जेईई एडवांस्ड 2026 के घोषित परिणामों में काठगोदाम स्थित इन्स्पिरेशन सीनियर सेकेंडरी स्कूल के दो विद्यार्थियों ने शानदार सफलता हासिल कर विद्यालय और क्षेत्र का गौरव बढ़ाया है। विद्यालय के सर्वज्ञ श्रीवास्तव और सार्थक रावत ने कठिन प्रतिस्पर्धा के बीच उत्कृष्ट प्रदर्शन कर यह उपलब्धि अपने नाम की।

विद्यालय प्रशासन के अनुसार दोनों छात्रों ने अनुशासित अध्ययन, निरंतर मेहनत और शिक्षकों के मार्गदर्शन के बल पर सफलता प्राप्त की है। जेईई एडवांस्ड देश की सबसे प्रतिष्ठित और चुनौतीपूर्ण इंजीनियरिंग प्रवेश परीक्षाओं में शामिल है, जिसमें सफलता हासिल करना लाखों विद्यार्थियों का सपना होता है। इस मौके पर विद्यालय के निदेशक डॉ. दीपक बलूटिया और डॉ. गीतिका बलूटिया ने सफल विद्यार्थियों को बधाई देते हुए कहा कि उनकी उपलब्धि अन्य छात्रों के लिए प्रेरणा का स्रोत बनेगी।

प्रधानाचार्य अनुराग माथुर ने कहा कि विद्यालय विद्यार्थियों को गुणवत्तापूर्ण शिक्षा और प्रतिस्पर्धी परीक्षाओं की बेहतर तैयारी उपलब्ध कराने के लिए प्रतिबद्ध है। जिसका परिणाम सबके सामने है। उप-प्रधानाचार्य ममता तनेजा सहित समस्त शिक्षकों एवं कर्मचारियों ने भी दोनों छात्रों और उनके अभिभावकों को शुभकामनाएं दीं।

न्यूज डायरी

मेंस में इंस्पिरेशन स्कूल के तीन छात्रों की उपलब्धि



जीईई मेंस में निकले इंस्पिरेशन स्कूल के छात्र।

हल्द्वानी (वि)। इंस्पिरेशन सीनियर सेकेंडरी स्कूल के तीन छात्रों ने जीईई मेंस में उल्लेखनीय उपलब्धि हासिल की है। मेधावी छात्र सर्वज्ञ श्रीवास्तव ने 99.24 पर्सेंटाइल अर्जित कर विद्यालय को गौरवान्वित किया है। सार्थक रावत ने 96.24 पर्सेंटाइल और मृदुल नाथ गोस्वामी ने 93.66 प्राप्त कर आईआईटी जेईई एडवांस के लिए सफलतापूर्वक अर्हता प्राप्त की है। इनमें सर्वज्ञ श्रीवास्तव ने केवल अकादमिक क्षेत्र में बल्कि विद्यालय की वाद-विवाद प्रतियोगिताओं में भी सदैव अग्रणी रहे हैं। विद्यालय प्रबंधन के निदेशक डॉ. दीपक बलूटिया, चेयरपर्सन डॉ. गीतिका बलूटिया, आयुषी बलूटिया, प्रधानाचार्य अनुराग माथुर, उप-प्रधानाचार्या ममता तनेजा, कोऑर्डिनेटर प्रियंका शर्मा, अकादमिक कोऑर्डिनेटर मनमोहन जोशी समेत शिक्षक-शिक्षिकाओं ने दोनों विद्यार्थियों और परिजनों को बधाई दी है।

Nursery



LKG A



LKG B



UKG A



UKG B



I A



I B



II A



II B



III A



III B



IV Bluebells



IV Daffodil



IV Tulip



V Bluebell



V Daffodil



V Tulip



VI A



VI B



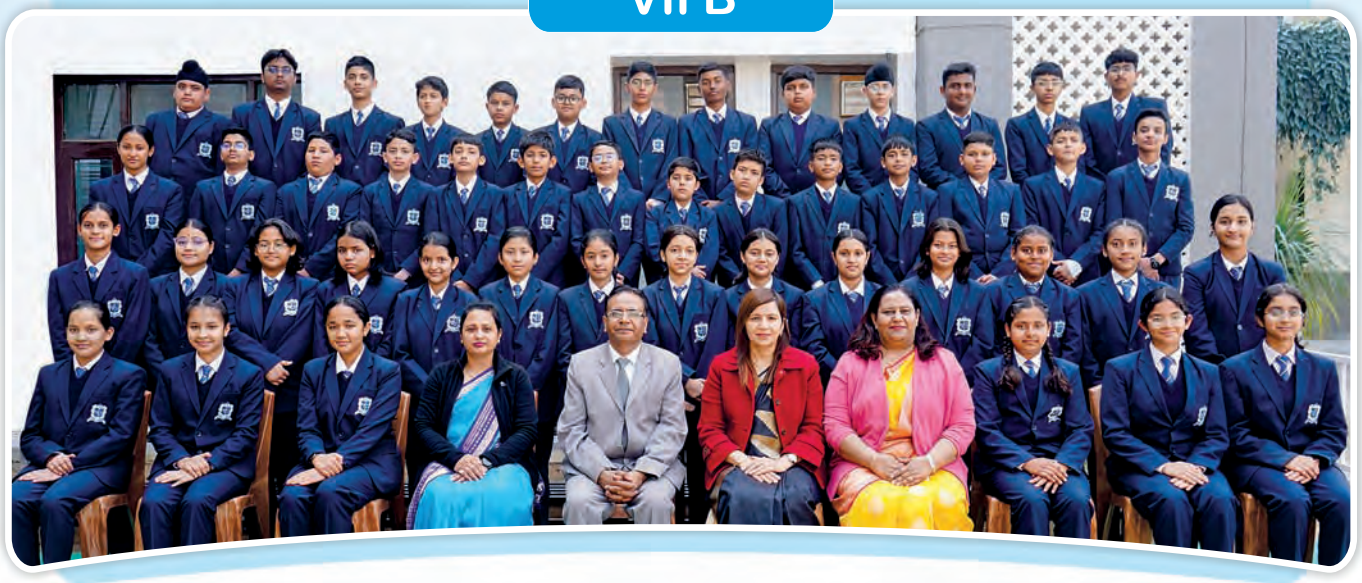
VI C



VII A



VII B



VII C



VIII A



VIII B



VIII C



IX A



IX B



IX C



X A



X B



X C



XI A



XI B



XI C



XI D



XII A



XII B



XII C



XII D



XII E



Chess Team



Jr. Cricket Team
(Under-14)



School Yoga Team



Jr. Football Team (Boys)



Sr. Football Team
(Boys)



Sr. Volleyball Team
(Boys)



Sr. Volleyball team
(Girls)



Table Tennis Team



Jr. Basketball Team
(Girls)



Jr. Basketball Team
(Boys)



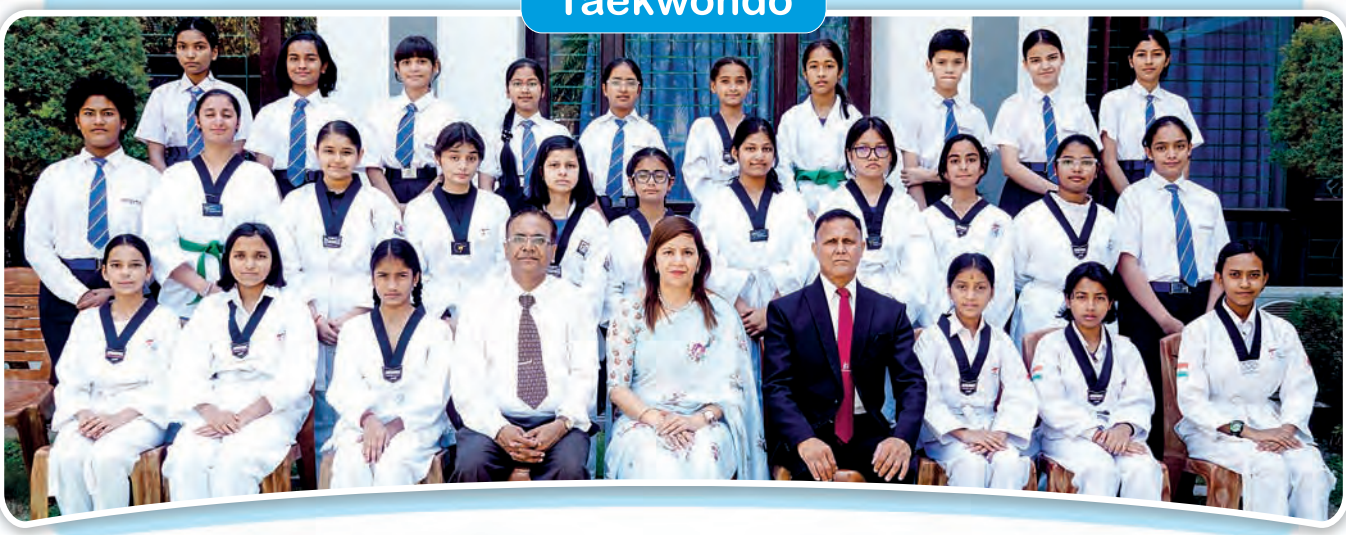
Sr. Basketball Team
(Boys)



Sr. Basketball Team
(Girls)



Taekwondo



The Creative Club
(Art & Craft)



The Musical Club
(Vocal & Instrumental)



Ushering
Staff



From first row- (Left to Right): Mr. Ramesh Ram, Mr. Shakeel, Mr. Anurag Mathur (Principal), Dr. Geetika Balutia (Chairperson), Mr. Puran Chand Garwal (Administrative Officer), Mr. Narayan Dutt Dalakoti, Mr. Narayan Singh.

Second row- (Left to Right): Mr. Harish Singh , Mr. Pankaj Naula, Mr. Rajendra Singh Dhami, Mr. Mohit Kumar, Mr. Vishnu Dutt, Mr. Mukesh Singh, Mr. Pan Singh.

Third row- (Left to Right): Mr. Dinesh Chand, Mr. Gambhir Prasad, Mr. Diwan Ram, Mr. Nand Ram Arya, Mr. Suresh Ram Tamta. Mr. Daljeet Singh

Helping Staff



From first row (Left to Right): Mr. Brijmohan Pandey, Mr. Anurag Mathur (Principal), Mrs. Geetika Balutia (Chairperson Ma'am), Mrs. Mamta Taneja (vice-principal), Mr. Puran Chand Garwal (Administrative Officer).

Second row (Left to Right): Ms. Pushpa Pandey, Ms. Basanti Kanwal, Ms. Pushpa Bisht, Ms. Godavari, Ms. Nandini Arya, Ms. Kusum Lata, Ms. Manju Arya, Ms. Suman Devi,

Third row (Left to Right): Ms. Sunita Fartiyal, Ms. Soni Kanojiya, Ms. Mamta Devi, Ms. Shanti Devi, Ms. Nirmala, Ms. Pushpa Arya, Ms. Bhawana Bisht, Ms. Arti Arya, Ms. Kavita.

Fourth row (Left to Right): Mr. Satish Valmiki, Ms. Meena Devi, Ms. Mobina, Ms. Preeti Kater, Ms. Sayra, Ms. Aashiyana.

Administative Staff



Sitting (Left to Right): Mr. Himanshu Mehta, Mr. Anurag Mathur (Principal), Dr. Geetika Balutia (Chairperson), Mr. Puran Chand Garwal (Administrative Officer) Mr. Brijmohan Pandey

Standing (Left to Right): Mr. Nitin Upadhyay, Ms. Manorma Tiwari, Ms. Yashoda Rai, Ms. Hema Pandey, Mr. Pawan Bora

The Responsible Team



Sitting first row (Left to Right): Mr. Sanjay Goswami , Mr. Ankit Pathak , Mr. Narendra Singh Bhandari , Mr. Kamlesh Chandra Pant, Mr. Amit Mehta, Mr. Ajay Bhatia, Mr. Manmohan Joshi, Ms. Mamta Taneja (Vice-Principal), Mr. Anurag Mathur (Principal), Dr. Geetika Balutia (Chairperson), Ms. Gayatri Balutia, Ms. Priyanka Sharma (Co-Ordinator), Mr. Jeevan Chandra Bhatt, Mr. Dhiraj Chaturvedi, Mr. Sunil Chandra Chhimwal , Mr. Jeevan Chandra Joshi, Mr. Robin Kumar Arya, Mr. Mohit Pant, Mr. Sumeet Dass.

Standing Second row (Left to Right): Mr. Gaurav Nayal, Mr. Ankit Rai, Ms. Kanika Pandey, Ms. Ekta Singh Beri, Ms. Neetu Tiwari, Ms. Richa Verma, Ms. Himani Tiwari, Ms. Guneet Kaur, Ms. Rita Rathour, Ms. Sangeeta Kholia, Ms. Deepika Bisht, Ms. Nikita Khatri, Ms. Madhumita Das, Ms. Indra Joshi, Ms. Harjinder Kaur , Ms. Santosh Rawat, Ms. Hema Pant, Ms. Kavita Negi, Ms. Ayushi Kanwal, Ms. Sonia Mehta, Ms. Prairna Pande, Ms. Sukanya Srivastav, Mr. Mukesh Sagar, Mr. Vijay Upadhyay.

Standing Third row (Left to Right): Ms. Damini Kapoor, Ms. Aarushi Gururani, Ms. Meenu Maurya, Ms. Priyanka Bisht. Ms. Pragati Bisht, Ms. Deeksha Balutia, Dr. Geetika Srivastav, Ms. Urmil Joshi, Ms. Shikha Solomon, Ms. Smita Pant, Ms. Gunjan Joshi, Ms. Ritika Bora, Ms. Sunita Miyan, Ms. Nisha Kandpal, Ms. Bhawana Bhatt, Ms. Prerna Joshi, Ms. Priyanka Agarwal Mittal, Ms. Rashmi Bhatt, Ms. Girija Negi Tiwari, Ms. Shikha Garg.

Standing Fourth row (Left to Right): Mr. Gaurav Kumar, Ms. Parul Agarwal, Ms. Garima Mawari, Ms. Lalita Balutia, Ms. Shilpi Negi, Ms. Smita Sah, Ms. Pooja Joshi, Ms. Geeta Upreti, Ms. Pallavi Bhandari, Ms. Radha Bhatt, Ms. Riya Gupta, Ms. Richa Manchanda, Ms. Neeru Joshi Goel, Ms. Bhawan Kafaltiya, Dr. Indu Bhardwaj, Ms. Ekta Singh Chauhan, Ms. Kavita Bisht, Ms. Madhurima Sharma, Ms. Navneet Kaur Sethi, Mr. Aman Chaurasiya.



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