



Loreto Convent Intermediate College

Lucknow

Holiday Homework
Class – XI
Subject- Home Science

1. Project :

“Methods of Cooking: A Study of Techniques, Nutritional Impact, and Practical Applications”

Instructions :

#The project should be handwritten on punch sheets.

#Use a proper cover page with title, name, class, section, and roll number.

#Maintain neatness and proper margins.

#Content to be Included-

Introduction to cooking and its importance, Classification of cooking methods, explanation with examples for each method, Advantages and disadvantages of each method, recipe for each method .

#Include diagrams, pictures, or charts wherever possible

#Highlight important points using headings and subheadings

The project should be 10–15 pages.

2. Complete the Home Science practical work according to the teacher’s instructions and ensure timely submission.”

3. Learn and revise the topics discussed in the class.

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