



Loreto Convent Intermediate College

Lucknow

HOLIDAY HOMEWORK

PHYSICAL EDUCATION

CLASS-10

Make a project file using punch sheet on any one game from the following :

- Basketball
- Badminton
- Football
- Cricket

The project should contain the following :

- Index
- Introduction
- History
- Measurements of the playfield and specification of sports equipment
- Rules and regulations of the game
- Fundamental skills and techniques
- Terminology
- National and International governing bodies
- National and International tournaments
- Famous Personalities



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