



Loreto Convent Intermediate College

Lucknow

TERM WISE SYLLABUS BREAKUP (2025-26)

HOME SCIENCE CLASS IX

TERM 1

1. CONCEPT AND SCOPE OF HOME SCIENCE.
2. FOOD AND HEALTH.
3. NUTRIENTS AND THEIR FUNCTIONS.
4. GROWTH AND DEVELOPMENT.
5. PLAY AND PLAY SCHOOL-EARLY CHILD.
6. DISEASE AND PREVENTION.
7. COLOUR AND IT'S APPLICATION.

TERM 2

1. LIGHTING IN THE HOME.
2. SUSTAINABLE UTILIZATION OF FUEL AND ENERGY.
3. COMMUNICATION AND EXTENSION.
4. MAINTENANCE OF SANITATION AND HYGIENE.
5. WASTE SEGREGATION.
6. FIBRES PROPERTIES AND USES.
7. FABRIC STRUCTURE.
8. GROWTH AND DEVELOPMENT.

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