



Loreto Convent Intermediate College
Lucknow

TERM WISE SYLLABUS BREAKUP (2026-2027)

HOME SCIENCE

CLASS IX

TERM 1

1. CONCEPT AND SCOPE OF HOME SCIENCE.
2. FOOD AND HEALTH.
3. NUTRIENTS AND THEIR FUNCTIONS.
4. GROWTH AND DEVELOPMENT.
5. PLAY AND PLAY SCHOOL-EARLY CHILD.
6. DISEASE AND PREVENTION.
7. COLOUR AND IT'S APPLICATION.

 99, Mahatma Gandhi Marg, Lucknow, Uttar Pradesh - 226001

 . 0522-2237222, +918009881030  loretocollege@yahoo.com  www.lucknowloreto.com



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TERM 2

1. LIGHTING IN THE HOME.
2. SUSTAINABLE UTILIZATION OF FUEL AND ENERGY.
3. COMMUNICATION AND EXTENSION.
4. MAINTENANCE OF SANITATION AND HYGIENE.
5. WASTE SEGREGATION.
6. FIBRES PROPERTIES AND USES.
7. FABRIC STRUCTURE.
8. GROWTH AND DEVELOPMENT.

UNIT TEST

1. CONCEPT AND SCOPE OF HOME SCIENCE.
2. FOOD AND HEALTH.

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