



Loreto Convent Intermediate College

Lucknow

PHYSICAL EDUCATION

CLASS-IX

2026-2027

UNIT TEST

CHAPTERS- Skeletal System, Identification of various bones, functions of the skeletal system.

HALF-YEARLY EXAMINATION

Section -A

CHAPTERS - Skeletal System, Identification of various bones and functions, different types of joints, joint movement in physical activities and its benefits, muscular system, types and identification of muscles

Section -B

Basketball, Cricket, Football, Badminton – rules and regulations of the games, measurements, national and international governing bodies and tournaments

PRACTICAL

FINAL EXAMINATION

Section -A

CHAPTERS – skeletal system, muscular system, circulatory system, respiratory system, games and sports

Section -B

Basketball, Badminton, Football, Cricket- rules and regulations of the games, measurements, national and international governing bodies and tournaments

PRACTICAL

 99, Mahatma Gandhi Marg, Lucknow, Uttar Pradesh - 226001

 0522-2237222, +918009881030  loretocollege@yahoo.com  www.lucknowloreto.com