

IS YOUR MIND SAYING 'TOO MUCH'?

EXAM PRESSURE
HITTING YOU HARD?



Call us!

YOU'RE NOT ALONE.
WE'RE HERE TO HELP.



#iGotHelp



08047-362020

A calm conversation can make it lighter!

CISCE's #iGotHelp is an Examinations Helpline for ICSE and ISC Examination Candidates, powered by trained counsellors under the CISCE-CARE Fellowship, offering timely support to students to overcome exam stress.