



**Little Flower kindergarten
Mangwal, Sangrur**



**Get Ready to Breathe, Stretch, and
Smile!**

Dear Amazing Parents,

**We're thrilled to share an exciting A-Z
yoga video that will have your little
ones jumping with joy! Our goal is to
make learning fun, and with your
support, our children will master these
poses in no time! Please ensure they
practice these exercises under your
loving supervision.**

Yoga Attire: preferably whites, please!

**Special Request: Share only two
adorable pics of your mini yogi on
eCare.**

Let's zen together!

**Regards
Kg Block**

