



**Our Lady of Fatima Convent
Sec. School, Patiala**



**THE
FATIMA
PULSE**

VOLUME-III

***October- December
2025***





A Day with
Venerable Mother Seraphina

“Education is the
art of drawing
out the best in a
person.”

- **MOTHER SERAPHINA**

ST. FRANCIS DAY CELEBRATION



Teachings become alive when their imprints are shining everywhere. With immense joy, St Francis Day was celebrated in the school. It commenced with invoking Lord's blessings and soul stirring prayer dance. Life and teachings of the saint were depicted through an enactment. Rev. Sr. Nisha, the Manager felicitated all and inspired students to follow the path of truth and teachings of St Francis.





SERAPHINA FRUIT

(Poshan Maah)

To mark the blessed occasion of St. Francis Day, Jagriti Club carried out a meaningful activity under the ongoing Seraphina Fruit Programme, which is conducted every month.

As part of this noble initiative, members of Jagriti Club collected fresh apples from Class VIII students. These were distributed with love and care to the patients at Mata Kaushalya Hospital, Patiala, spreading comfort, joy, and hope. This gesture beautifully reflected the values of kindness, sharing, and compassion that St. Francis of Assisi stood for.

We express our sincere gratitude to our Principal Rev. Sr. Immaculate, for her inspiring guidance and to the Class VIII teachers for their constant support. A heartfelt thanks also goes to the accompanying teachers—Sr. Mamatha, Sr. Nidhi, Pushpinder Ma'am, Neetu Ma'am, and Supriya Ma'am—for motivating and encouraging the students for this noble cause.

The celebration was not just an event, but a heartfelt expression of service and love, reminding everyone of the timeless message of humility and generosity taught by St. Francis.



CELEBRATING WORLD MENTAL HEALTH DAY

World Mental Health Day was celebrated on October 10 to promote awareness about the importance of emotional well-being and mental resilience among students. The theme for this year's observance was "Community: Supporting Together Mental Well-Being" emphasizing the role of collective care and empathy in maintaining mental health.



CELEBRATING FEAST OF OUR LADY OF FATIMA (PRE PRIMARY WING)

The Feast of Our Lady of Fatima, the school's patron Saint was celebrated by Pre-Primary classes with great devotion and reverence. The celebration began with a soulful prayer dance dedicated to Mother Mary, followed by a short skit highlighting the message of peace and faith given by Our Lady of Fatima. To express their love and creativity, students also participated enthusiastically in Portrait Colouring Competition, depicting the serene image of Mother Mary. The event reminded everyone of the power of faith and the importance of prayer in our daily lives.



CELEBRATING FEAST OF OUR LADY OF FATIMA (PRIMARY WING)



The Primary Wing (Classes 2 to 5) celebrated the Feast of Our Lady of Fatima in which Class 3-C students enacted a graceful and meaningful enactment depicting the apparition of the Blessed Virgin Mary to the three shepherd children in Fatima, Portugal. The performance beautifully conveyed Mary's message of prayer, peace, and repentance. The celebration concluded with heartfelt prayers and hymns, inspiring everyone to grow in faith, devotion and hope.



Annual Sports Day



A glimpse of passion, team work and overwhelming curiosity was worth watching on the Annual Sports Meet. 2025-26. The event commenced by Rev. Sr Immaculate, Principal and Rev. Sr Nisha, Manager, House in-charges, Head Boy and Head Girl followed by a musical ensemble - our School Band. The School Choir engaged everyone in soul stirring prayer song. The Principal hoisted the school flag symbolizing the dedication of Fatimans to keep its rich legacy. The synchronized March Past was praise worthy followed by the Oath Ceremony. The ceremony involved torch relay which athletes carried and ran around the field truly reflecting the pursuit of excellence and team work. Rev. Sr Immaculate, Principal officially declared the sports meet open. **Leo Fatimae** - the mascot was unveiled and balloons were released. Participants from all the four houses showcased their passion and true sportsmanship in various games including relay, basketball, football, badminton, kho kho, throw ball, hand ball, chess, table tennis and carrom. The winners were applauded by the Principal and the Manager and medals were distributed.

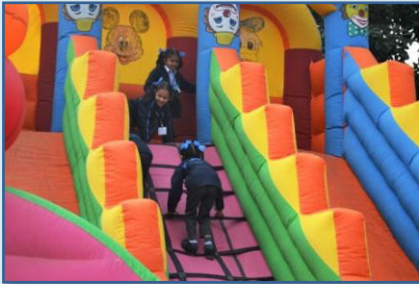




KIDS CARNIVAL

The Kids' Carnival for Classes Nursery, LKG and UKG was organised with great excitement. Students enjoyed a variety of fun rides and activities like a magic show, trampoline, rock climbing, jumping rides, Burma Bridge, Cammando Net etc. Refreshments was given, adding to the joyful atmosphere. The day was filled with laughter, energy, and wonderful memories for the children.





School Fete

FETE FUN



WEAVING
TALES OF
JOY....



COTTON CANDY SKIES AND CARNIVAL VIBES





Christmas, the festival of joy and hope, was celebrated with utmost reverence and enthusiasm in the school. The event commenced with a soulful prayer dance, followed by Inter House Carol Singing Competition. The audience was spellbound with the play depicting the birth and life of Jesus Christ. The event concluded with blessings by Rev. Sr Immaculate, Principal.



CRIB MAKING & TREE DECORATION

Jingle
bell,
jingle
bell,
jingle
bell
rock



CAKE ICING COMPETITION



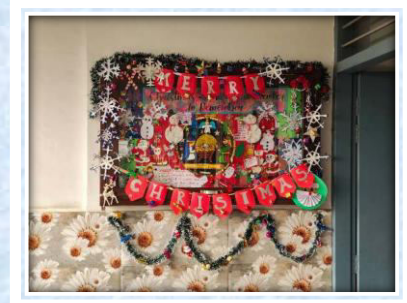
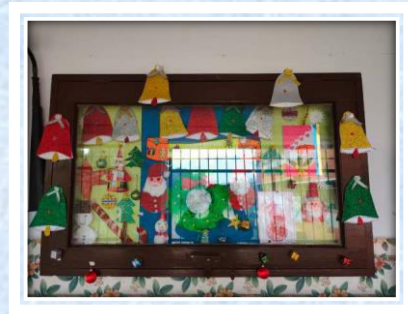
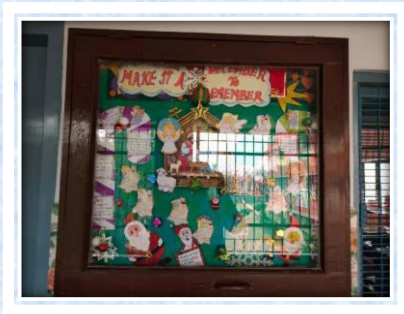
sparkle and shine,
it is Christmas time

BBC COMPETITION II-V



THE BBC COMPETITION WAS HELD FROM CLASSES II to V IN THE JUNIOR WING UNDER THE THEME "CHRISTMAS – MAKE IT A DECEMBER TO REMEMBER". THE CHILDREN BEAUTIFULLY PRESENTED CREATIVE IDEAS BASED ON THE THEME, AND EVERY BOARD LOOKED COLOURFUL, MEANINGFUL, AND TRULY FESTIVE.

Walking in the light of His love....



TABLEAU



**The journey of
Love and Hope**



CHRISTMAS CELEBRATION (PRE-PRIMARY)

CHRISTMAS CELEBRATION WAS HELD IN PRE-PRIMARY WING WITH GREAT JOY AND DEVOTION. THE TINY TOTS BEAUTIFULLY CONVEYED THE MESSAGE OF LOVE, PEACE, AND SHARING THROUGH ENACTMENT OF THE NATIVITY SCENE, CAROL SINGING, AND JOYFUL DANCE PERFORMANCES. THE CELEBRATION CONCLUDED WITH A WARM COMMUNITY LUNCH, FOSTERING TOGETHERNESS AND THE TRUE SPIRIT OF CHRISTMAS.



CHARITY

THE SOLE MEANING OF LIFE IS TO SERVE
HUMANITY
THE GIFT OF GIVING



TREE HOUSE MAKING COMPETITION

Participants from four houses showcased their creativity while making tree house using eco-friendly material. They were widely appreciated for depicting the beautiful paradise of nature.



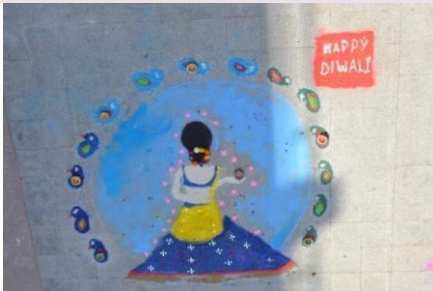
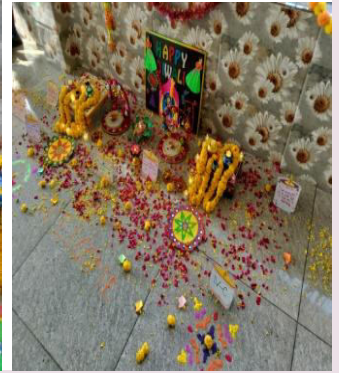
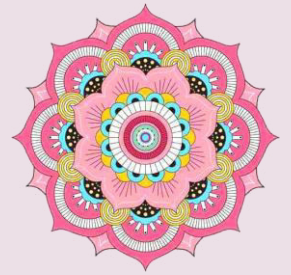
SPECIAL ASSEMBLY THEME- DIWALI

The morning assembly of the Primary Wing was conducted gracefully, where students of Class-III presented a beautiful dance on Diwali, spreading joy and festive spirit. Rev. Sr. Nisha graced the occasion and shared inspiring words on the true meaning of Diwali. It was followed by Corner Embellishment Competition, where students of Classes II to V exhibited their creativity on the theme **“Diwali – A Festival of Light- New Beginning.”** Their vibrant diyas, lanterns, and rangoli filled the school with positivity, and the spirit of new beginnings.





INTER CLASS RANGOLI COMPETITION ON THEME DIWALI



INTER CLASS THALI DECORATION

THEME- DIWALI



CELEBRATING CHILDREN'S DAY

The school brimmed up with laughter and smiles of students in the morning. The event commenced with invoking God's blessings. Musical performance, solo singing and enactment by the teachers highlighted the joys of childhood. Class in-charges engaged the students in interesting games. Rev. Sr. Immaculate, Principal wished, blessed students and encouraged them to work hard and exude good will and grow as children of God. Saplings were distributed among students symbolizing love, life and prosperity.



CHILDREN'S DAY CELEBRATION

(PRE PRIMARY)

CHILDREN DAY WAS CELEBRATED WITH GREAT ZEAL AND ENTHUSIASM IN THE PRE PRIMARY WING. THE LITTLE ANGELS ENJOYED A SOULFUL PRAYER, INSPIRING THOUGHT, RHYTHMIC SONGS AND FOOT-TAPING DANCE PERFORMED BY THEIR TEACHERS. REV. SR. IMMACULATE, PRINCIPAL BLESSED THE KIDS AND GIFTED SAPLINGS AND SWEETS TO CHILDREN TO MARK THE SPECIAL OCCASION.



SPECIAL ASSEMBLY "HAPPY CHILDREN'S DAY"

"If children are flowers, then, kindergarten is a beautiful garden!!" Justifying the statement our tiny tots of UKG-Red presented a special assembly on the topic:- Children's Day. They spoke inspiring thought, speech, poem and sang a melodious song for their pre-primary classmates, wishing each one of them a very "Happy Children's Day".



PAPER FOLDING COMPETITION

Paper Folding Competition was conducted to encourage creativity and fine motor skills among our little learners. Children excitedly folded colourful papers to create beautiful shapes and objects. The activity helped developing their imagination, concentration, and hand-eye coordination. All students participated with great enthusiasm and enjoyed transforming simple paper into wonderful creations.



DANCE TO THE TUNE



Dance to the Tune competition provided our little ones an opportunity to express themselves through music and movement. The children danced gracefully to lively tunes, showcasing their talent, expressions, and confidence. Their colourful costumes and joyful performances made the event truly delightful and enjoyable for everyone.



PEACE CLUB ACTIVITY



Students of Peace Club along with Rev. Sr. Nisha, Ms. Neetu, Ms. Rajwinder visited leper's colony and distributed Grocery items to the needy.



THE COLOURS OF INDIA

Students of Class III-B beautifully presented a play titled **“The Colours of India.”** Through their performance, they showcased that India’s true beauty lies not only in the colours of its flag — saffron, white and green— but also in the hearts, cultures, languages, and traditions of its people. The play conveyed a powerful message of Unity in Diversity, reminding everyone that though we belong to different states, speak different languages, and celebrate varied traditions, together we form one nation — India. It was a wonderful tribute to the spirit of togetherness and the soul of our nation.



SEMINAR- SAFE AND UNSAFE TOUCH



A sensitization session on Safe and Unsafe Touch was conducted by the school counselor for students of the Preparatory stage (Class 1 and 2). The session aimed to educate young learners about personal safety and body autonomy in an age-appropriate and interactive manner. Through stories, visuals, and simple discussions, students were guided to identify safe, unsafe, confusing touches and were encouraged to speak up and seek help from trusted adults. The counselor emphasized the importance of saying “No,” moving away, and informing a responsible person when feeling uncomfortable. The session concluded with an engaging activity that reinforced key concepts and ensured that students understood the importance of personal boundaries and safety.



ELOCUTION COMPETITION (PRE-PRIMARY WING)

The Elocution Competition for our Pre-Primary students was a delightful display of confidence and expression. The event aimed to enhance their communication skills, pronunciation, and stage confidence. Their expressive performances filled the audience with joy and pride.



INTER HOUSE COMPETITION

STREET PLAY

IMBIBING MORAL VALUES IN STUDENTS IS THE FOREMOST CONCERN OF THE SCHOOL. KEEPING THIS IN VIEW, **AN INTER HOUSE STREET PLAY** COMPETITION WAS ORGANIZED. PARTICIPANTS FROM ALL FOUR HOUSES PERFORMED ON THE STAGE HIGHLIGHTING THE NEED TO LEARN MORAL VALUES AND REAPING ITS RICH REWARD.



SPECIAL ASSEMBLY ON HEALTHY FOOD vs JUNK FOOD

Students of class UKG - Blue showcased a wonderful Special Assembly. They motivated all students to make healthy food choices by performing a short play to visually demonstrate the topic. Also, a symbolic "Tug of War" game between the "Healthy Food Team" and the "Junk Food Team" beautifully illustrated the ongoing battle between healthy and unhealthy food choices.



STUDENTS PARTICIPATED IN RAINBOW ART COMPETITION

678 students participated in the Rainbow Art Competition, with 7 students receiving the Best Performance Award. In addition, 34 students won Gold medals, 19 earned Silver medals, and 16 received Bronze medals."



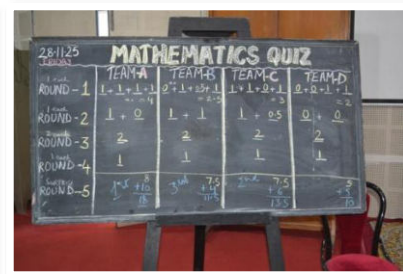
GK QUIZ (PRE-PRIMARY)

GK Quiz for Pre-Primary classes was conducted with great enthusiasm and excitement. The activity helped to enhance their listening skills, thinking ability, and quick response skills.



MATHS QUIZ

A fun filled and exciting Maths Quiz was conducted in the Primary Wing. All the students participated with great enthusiasm and showed good teamwork. The interesting rounds made the quiz enjoyable for everyone. Teachers were happy to see the students' confidence and active participation. The whole Primary Wing enjoyed the event, making it a joyful and memorable experience.



INTER HOUSE SCIENCE EXPERIMENT

Students' inquisitive trait and knowledge was well depicted through Inter House Science Experiment held in the school. Participants from all four houses showed experiments using a variety of apparatus and material. They explained the methods and results.



INTER HOUSE FOLK DANCE COMPETITION

A glimpse of rich culture was beautifully depicted by participants from all four houses through dance performances. Participants mesmerized the audience with their majestic dance movements, costumes and props used during their performance. The major highlight was the depiction of dance of Rajasthan, Gujarat, Maharashtra and Goa.



ENACTMENT COMPETITION (PRIMARY WING)

The Enactment Competition held in the Primary Wing from Classes II-V beautifully showcased how good habits and talents together create a radiant rainbow in our lives. The children came forward with great enthusiasm, showing that when they practice good habits with love and kindness, they reflect God's love in all that they do. At the same time, they reminded us that their talents are precious gifts meant to shine, to be shared, and to be used with gratitude and courage. Through their performances, the children conveyed that a simple smile, a thoughtful habit, or a talent used with sincerity can brighten someone's day—just like a rainbow that brings colour and hope.



LITTLE CHEF'S CHRISTMAS KITCHEN



Inter House Folk Song Competition



Pre Primary Special Assembly

Class LKG - Red hosted a special assembly on the theme : Health and hygiene. Students learnt about personal cleanliness, healthy eating habits, regular exercise, and the importance of washing hands to prevent diseases. The students also performed Zumba dance as a warm up exercise routine . The aim was to create awareness and encourage students to adopt healthy habits for a happy, safe, and healthy life.



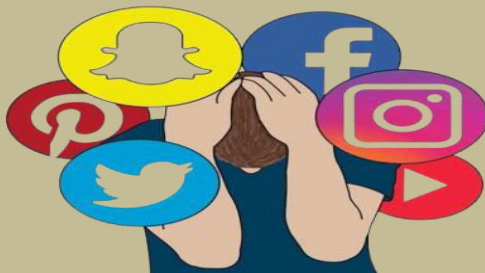
CYBER CLUB

Activity-

STREET PLAY

THE STUDENTS OF CYBER CLUB PERFORMED A STREET PLAY ON THE TOPIC "CYBER SURAKSHIT BHARAT" TO CREATE AWARENESS AMONG STUDENTS ABOUT SAFE AND RESPONSIBLE USE OF DIGITAL TECHNOLOGY. THE MEMBERS OF THE CLUB HIGHLIGHTED THE PREVAILING ISSUES SUCH AS CYBER FRAUD, PASSWORD SAFETY, FAKE LINKS, ONLINE PRIVACY, AND RESPONSIBLE SOCIAL MEDIA.

THE PERFORMANCE EFFECTIVELY CONVEYED THE MESSAGE OF CYBER SAFETY AND ENCOURAGED EVERYONE TO ADOPT SECURE ONLINE PRACTICES. THE STREET PLAY SUCCESSFULLY FULFILLED THE OBJECTIVE OF PROMOTING CYBER AWARENESS.



CAROL SINGING COMPETITION (JUNIOR WING)



CHRISTMAS COLLAGE MAKING COMPETITION

Christmas collage making competition encouraged our little ones to creatively paste and arrange colourful pictures related to christmas such as nativity scene, the christmas tree, stars, bells. The activity helped developing fine motor skills, creativity, and festive joy while children enjoyed expressing their ideas in a joyful way and learning the true meaning of Christmas i.e to love one another.



SHARING IS CARING

The spirit of Christmas is deeply rooted in sharing and caring, reminding us that the greatest gifts are not material items but acts of love, kindness, and togetherness. The students of class lkg-blue enjoyed and were encouraged to express thoughts about christmas, which brings countless blessings. They learned a valuable lesson about sharing.



SPECIAL ASSEMBLY (PRE-PRIMARY WING)

Love All Creation - This inspiring message was conveyed by the innocent little angels of Pre-Primary Wing. They recited rhymes on - nature, birds, animals etc and joyfully Feast. An inspiring video on the life of St Francis was also viewed by the students.



SPECIAL ASSEMBLY

(PRE-PRIAMRY WING)

The pre-primary wing witnessed an amazing special assembly hosted by Nursery class. The little angels stepped on stage confidently with an atmosphere of learning, warmth, and camaraderie. The prayers were sung religiously and the thought was a tribute to the "Father of the Nation" ~ See no evil, say no evil and hear no evil followed by the topic ~ My favourite fruit - Mango. It was a moment of pride and joy to see them performing so well.



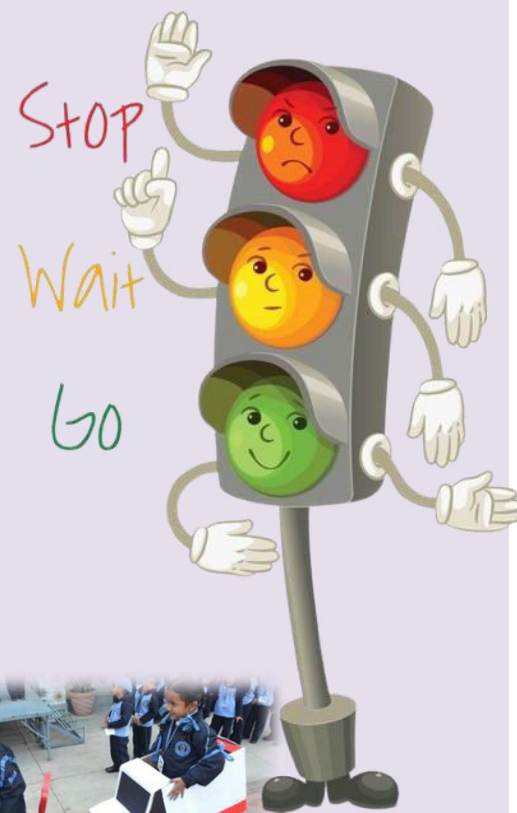
SPECIAL ASSEMBLY

The students were familiarized with emergency contact numbers like Police, Fire, Traffic Police, Child Helpline, Women Helpline and Anti Corruption helpline numbers, during the assembly so that they are aware of them in time of distress.



"FOLLOW THE TRAFFIC RULES AND BE SAFE"

A special assembly was hosted by class UKG - Green on the theme "Traffic Awareness". It was a lively and educational event for kids, featuring skits, rhymes, and interactive demonstrations about road safety rules like use zebra crossing, obey traffic signals, and wear helmets. The objective was to teach young children about road safety to promote safe behaviour and help them become more responsible citizens, Children took turns explaining what each color means (red means stop, green means go, yellow means go slow). Teacher talk also highlighted the importance of road safety in daily life. Like - learn traffic rules/signs and avoid playing on roads.



CAROL SINGING COMPETITION (PRE-PRIMARY)



PRE PRIMARY ACTIVITY



AWARENESS ABOUT - CLOTHES WE WEAR, MEANS OF TRANSPORT, TRAFFIC LIGHTS ETC WERE EXPLORED IN AN ACTIVITY MANNER IN THE PRE PRIMARY CLASSES. STUDENTS LEARNT ABOUT THE VARIOUS LAND, AIR, WATER TRANSPORT. ALSO, CHILDREN EXPLORED DIFFERENT TYPES OF CLOTHES WORN IN VARIOUS SEASONS THROUGH COLOURFUL PICTURES, REAL CLOTH SAMPLES AND INTERACTIVE DISCUSSIONS WERE DONE. THE ACTIVITY HELPED DEVELOPING THEIR OBSERVATION SKILLS, VOCABULARY AND CONFIDENCE WHILE MAKING LEARNING JOYFUL AND MEANINGFUL.



BULLETIN BOARD COMPETITION

Bulletin Board Competition on the topic 'Festivals-Amalgamation of Spirituality, Love and Rejoice' was held among the classes III-V.



Bulletin Board Competition on the topic 'Love One Another As I Have Loved' was held among classes VI-X.



A SEASON TO EMBRACE EACH OTHER WITH OPEN HEARTS



MS. LAKHWINDER GOEL (BEST TEACHER)



Congratulations!!!

Received BEST TEACHER AWARD under the category 'The Pride of School Award', FAP National Awards 2025

Her services indeed reflect her dedication to nurture the young minds.
May Lord bless her endeavours.

VIGILANCE- OUR SHARED RESPONSIBILITY



PUNJABI FEST – SADA PUNJAB, SADA MAAN



**GURNAZJOT KAUR, II
THIRD PRIZE
RAMP WALK, INTER SCHOOL COMPETITION**

PUNJABI ACHIEVEMENT



Two of our students, **Bhuvan Bhushan (IX- A)** and **Parinaz (IX -B)**, participated in the District Level Punjabi Essay Writing Competition and secured second and third positions, respectively.

CROWN MAKING COMPETITION (SENIOR WING)





EXCURSION TRIPS

adventure awaits with friends...

BAROTA FARM



An educational outing where students travel to various places outside the regular classroom environment. These trips are designed to provide students with **PRACTICAL LEARNING EXPERIENCES, EXPOSING THEM TO REAL-WORLD APPLICATIONS OF THEIR STUDIES.** Students enjoyed visiting exquisite and peaceful sites in nature, historical sites, science centers.

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SCIENCE CITY, KAPURTHALA



INDUS VALLEY



ACHIEVEMENTS

Students applauded with medals and certificates securing first position in the competitions (Drawing, English Handwriting, Poetry, Essay Writing, Hindi Handwriting, Story Writing) organized by Nobel Education Centre.



CONGRATULATIONS

Jappreet (II-A) got Gold medal In Taekwando championship held at the Millennium School, Patiala.



Viaan Arora of Class III-B won the Bronze medal in 50 meter Breast Stroke in District Level Primary school game in Swimming competition held at MLKM, Patiala.

Rasika Singla of Class IV-C has secured second position in Abacus & Vedic Maths Inter School Competition organized by Smart Brain Abacus and Vedic Maths.



Siaan Shekhar of Class IV-C has won a Gold medal in Badminton Academy Open tournament held at Physical College, Patiala



Kulangad of Class IV-C participated in Football Baby League 2025 U-11 and awarded as 'Man of the Match' on 5th October, 2025.



Bhavesha Saluja of Class UKG-Red participated in 'Future of Dance' competition held at Sunam. It was organized by '7 Star Dance Studio'. She received a medal and a certificate.

She participated in 'The Talent Show-2' competition held on 26th October, 2025 at Ishmeet Singh Auditorium, Ludhiana. She participated in 2 events.

- ❖ Dance- She received a medal and a certificate.
- ❖ Star Performer- She recited a rhyme and received a medal and a certificate.
- ❖ A 'Show Stealer' award- third prize.



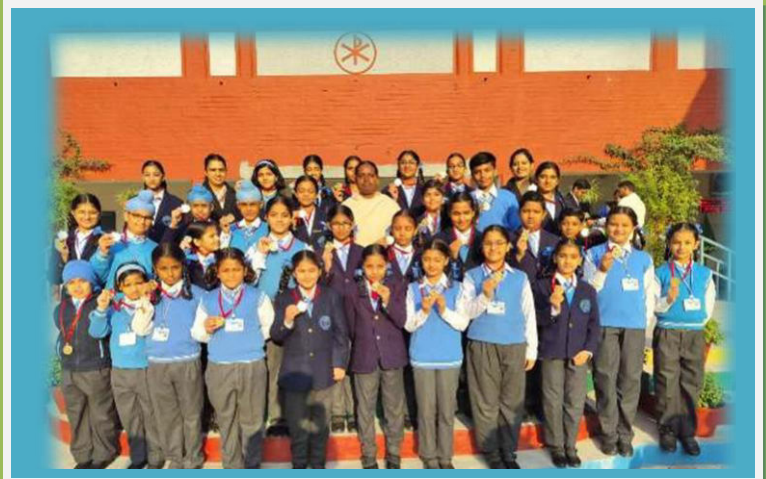
Students from the Primay wing for participated in Rainbow Art Competition organized by Rainbow Art Centre.

Amaira Gupta (II-A), Aahan Tandon (III-A), Tejasmanvir Kaur (IV-C), Yashmin Chopra (V-B) got best performance award in colouring competition.

Eknoor kaur (II-A), Ashmeet Kaur (II-B), Harshika (II-B), Saesha Bansal (II-B), Harnoor Kaur (III-B), Rihana Singla (III-B), Anishka Chaudhary (III-B), Gurnoor Singh (III-C), Ibadat Kaur (III-C), Anjali Mittal (IV-A), Druvi (IV-A), Mansehaj Singh Kohli (IV-A), Ihana (IV-B), Ravnee Kaur (IV-B), Sartaj Singh (IV-B), Sargun Kaur (IV-C), Advika Singh (V-A), Mishika Anand (V-A), Navya Sharma (V-A), Selvanous Simon (V-C), Uddhav Bansal (V-C) got Gold Medal in colouring competition.

Nehreet Kaur (II-B), Amayra Sharma (II-C), Dhaanya Goyal (II-C), Hasrat Kaur (II-C), Reyansh (II-C), Hazel (III-A), Ajesh Sharma (III-B), Vridhi Gupta (III-C), Elina Singla (IV-A), Ananya Sharma (V-B) got Silver Medal in colouring competition.

Hanaya Goyal (II-A), Smayra Aggarwal (III-A), Abhayjot Singh (III-A), Aashmika Jiwari (III-C), Navroj Sharma (III-C), Manya Garg (IV-A), Paryan (IV-A), Nayesha Goyal (V-A), Parth Arora (V-C) got Bronze Medal in colouring competition.



ACHIEVEMENTS



JAIREET KAUR. VII

**FIRST POSITION
DECLAMATION
COMPETITION**



AKSHAJ SINGLA. X

**THIRD POSITION
MONOLOGUE
COMPETITION**



**INTER
SCHOOL
ENGLISH
FEST
UNDER
PATIALA
SAHODAYA
SCHOOLS**



**MANSEHAJ SINGH KOHLI, VI
SECOND POSITION
IN VIGYAPAN PRASTUTIKARAN
HINDI FEST
UNDER PATIALA SAHODAYA SCHOOLS**

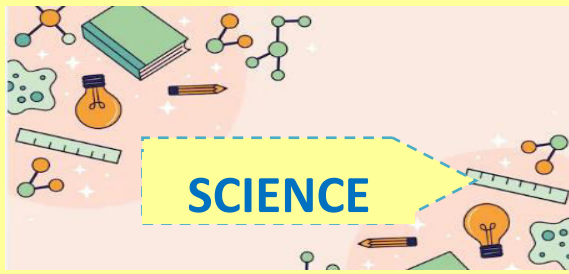


**BHUVAN BHUSHAN, IX
SECOND POSITION**



**PARINAAZ, IX
THIRD POSITION**

**DISTRICT
LEVEL ESSAY
WRITING
COMPETITION
HELD AT
BHASHA
VIBHAG,
PATIALA**



SCIENCE SPARK 2025
(IGNITING IDEAS INSPIRING MINDS)
INTER SCHOOL COMPETITION
UNDER SAHODAYA SCHOOL COMPLEX



KANAV PAHWA, II
SECOND POSITION
SCIENCE RUNAWAY RAMP WALK



ARYAVANSH AGRAWAL, V
FLAVOUR LAB



AMREEN KAUR, VIII
STEM SPARKLES
SCIENCE THEMED JEWELLERY MAKING



KAVYA SHARMA, VIII
STEM SPARKLES
SCIENCE THEMED JEWELLERY MAKING



HARMEHAR KAUR, VII
PROJECT DISPLAY



VARNOOR KAUR, IX
PROJECT DISPLAY

TECHNO VIGYAN MELA INTER SCHOOL INFO 2025



NANDISH CHOPRA, III
WON MEDAL & CERTIFICATE IN DISPLAY MODEL CATEGORY
UNDER THE CATEGORY BUDDING SCIENTIST



YEVIKA ARORA, VII
FIRST POSITION
WORKING MODEL DISPLAY 'TECHNOLOGY FOR COMFORT'



ISHAAN GOYAL, VII
FIRST POSITION
WORKING MODEL DISPLAY 'TECHNOLOGY FOR COMFORT'



RITVAN, X
THIRD POSITION
ONLINE EVENT AD TARGETING



PREET GURSHAN, X
THIRD POSITION
ONLINE EVENT AD TARGETING



JAIVEER, V
ONLINE EVENT NEWSLETTER

SPORTS ACHIEVEMENTS



Kirtika Belwal (VIII-B) participated in U- 17 Cadet national championship held at Haldwani Uttarakhand and got 20 Rank.

Bhavraj Singh Sohi (X-A) participated in 69th SGFI State U-17 Chess championship held at Sangrur from 8-11 Oct. 2025 and secured 2nd Position & got selected for Nationals.



Akshaj Singla (X-A) participated in 69th SGFI State U-17 Chess championship held at Sangrur from 8-11 Oct. 2025 and secured 2nd Position.



Parth Sachdeva (VII-B) participated in open school State Championship & got Gold medal in both U-14 & U-17 categories & got selected for Nationals.

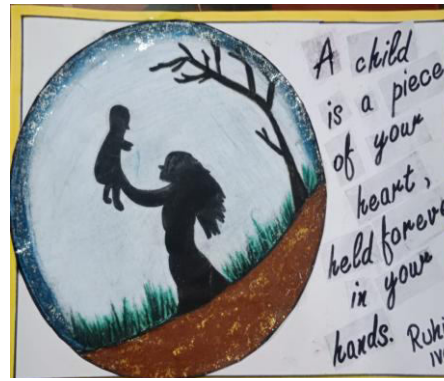
Gurbakshish Singh (VIII-B) & Aarav Malhotra (IX-A) participated in 69th SGFI State U-14 & U-17 Fencing championship respectively and got Bronze & Gold medals respectively.



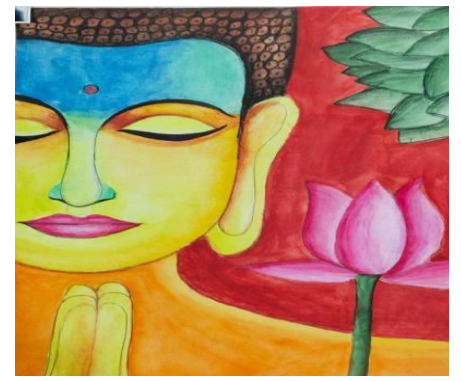
ART ARCADE



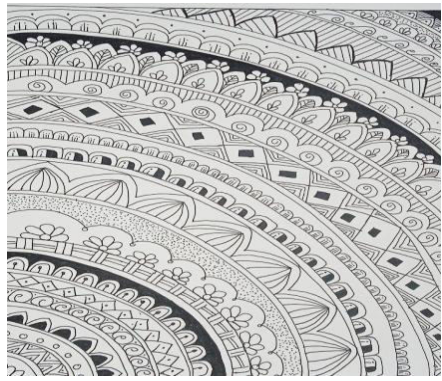
YASHMIN CHOPRA, V



RUHI, IV



ANJALI MITTAL, IV



DIVYA JINDAL, VIII



ISHMANVEER SINGH, VI



AARVI, VI



AVIJOT, VI



BHANV GARGI, VI



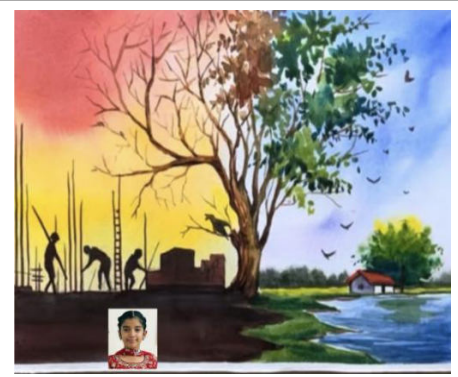
SAANVI RAI, III



SIAAN SHEKHAR, IV

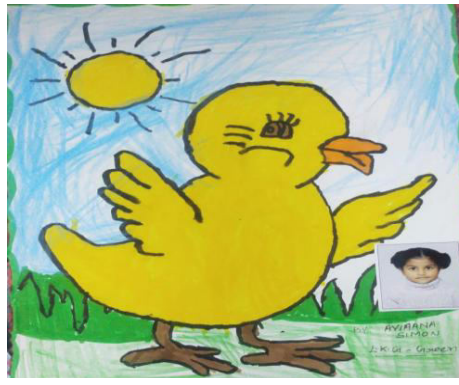


DHANYA SODHI, VI

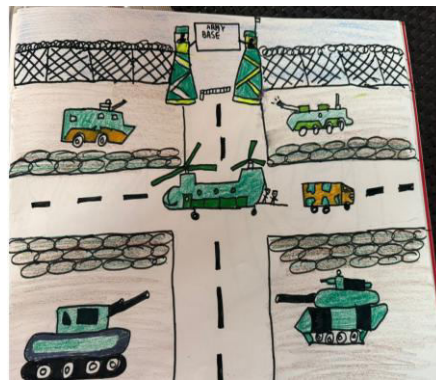


HARSEERAT KAUR DANDIWAL, II

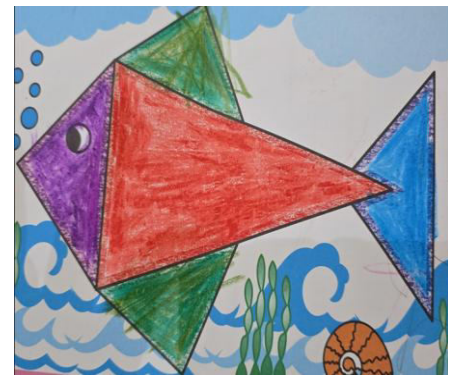
ART ARCADE



AYIAANA SIMON, LKG



GURALAMVIR SINGH, I



JAPSEHAJ SINGH, LKG



IBADAT, LKG



AARVI, IV



AARVI PAHWA, NURSERY



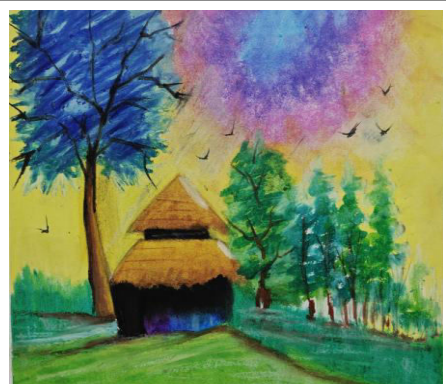
AVIKA JAIN, IV



AKSHIT GUPTA, V



AARUSH GUPTA, NURSERY



MANYA, IV



YASHMIN, V



TANISHKA JAIN, NURSERY

WHEN THE EARTH HOLDS ITS BREATH

Winter comes and the world feels different.
The air is cold, the sky looks dull,
And trees stand without leaves, looking tired.
Everything seems slow, like time itself is thinking.
People stay quiet, and even the wind feels serious.

But winter is not only about cold and sadness.
Deep under the frozen ground, seeds are resting, not dead.
This season teaches us patience and strength.
Even when life feels empty and hard,
something is quietly growing, waiting for the right time.

Sifat Kaur, IX

Seasons of Inception and Morality

When life fades,
With all it wades,
All those colours feel blurry,
Regrets slowly taking over with sorry.

Secrets are never buried,
With deep dark secrets unveiled,
Which brings cold-sweaty wind,
Yet Death is slowly making me blind.

Yet when life fades,
Another life wades,
Small hands touch the world,
Euphoria twirls and whirls.

In the autumn we die,
With all those whats and whys,
To rise again in spring,
Answer to whys and whats we bring.

Sehaj Bassi, IX

VIRTUES IN LIFE

Virtues are the moral principles that define human character and guide ethical behavior. They shape the way individuals think, act and respond to the world around them. While success is often measured through external achievements, it is only the virtues that determine the true quality of a person's life.

Honesty forms the foundation of trust and integrity, allowing individuals to act with sincerity and confidence. Kindness reflects empathy and compassion, reminding us of our shared humanity. Discipline enables self-control and perseverance, helping individuals remain focused on long-term goals. Respect, both for others and oneself, fosters understanding and social harmony.

In a rapidly changing world driven by ambition and competition, virtues remain constant and essential. They serve as enduring guides, ensuring that progress is accompanied by responsibility and wisdom. Ultimately, a life enriched with virtues is not only successful but also meaningful and dignified.

Manavjit Singh Sarao, IX

MY FAMILY

My family cares for me each day,
They guide me in a loving way.
Sometimes they scold, sometimes they cheer,
Yet stand beside me, always near.

I play with my sister, laugh and share,
Do my homework with mother's care.
We eat our meals with joy and glee,
Their love brings peace and comfort to me.

They teach me how to walk and talk,
To choose what's right in every walk.
They help me learn, grow brave and kind,
With gentle hearts and open mind.

They teach me love, respect and grace,
To be polite in every place.
With grateful hearts and guiding hands,
My family helps me understand.

Riyan Garg, I

WHEN YOU CAN'T FIND THE SUNSHINE, BE THE SUNSHINE

They said, "Wait for the light."
But I was tired of waiting.
So I lit a match with my own spark.
Because sometimes, you are the sunrise.

Clouds rolled in, thick with doubt.
Everyone looked up, hoping for a break.
I looked within—and found the glow.
Because light isn't always overhead.

The world handed me shadows.
Cold shoulders, closed doors, silent stares.
I didn't flinch—I radiated louder.
Because warmth is a choice, not a forecast.

I've seen days that felt like midnight.
No stars, no moon, no hope.
But I learned to shine from the inside out.
Because darkness fears a fire that won't quit.

They tried to dim me with their silence.
Tried to shrink me with their standards.
But I burned brighter with every "no."
Because rejection fuels revolution.

I stopped chasing golden hours.
Started creating them instead.
My smile became my spotlight.
Because joy is a rebellion.

When the world turned cold,
I didn't freeze—I flared.
I became the warmth I needed.
Because comfort starts with courage.

I used to wait for someone to save me.
Now I save myself—with light, with laughter.
I'm not a candle—I'm the sun.
Because hope wears my name now.
They ask, "Where's the sunshine today?"
I point to my chest, my voice, my vibe.
I don't follow the weather—I change it.
Because I'm the climate shift they didn't expect.
So if you're stuck in the storm,
Don't beg for light—become it.
You were born to blaze, not blend.
Because you are the sunshine they're searching for.

Yevika Arora, VII

THE IMPACT OF ARTIFICIAL INTELLIGENCE ON EDUCATION

Artificial Intelligence is changing the world quietly but not powerfully, and education is one of the areas where its influence is the most meaningful. What makes AI important is not that it replaces how knowledge is understood, shared and applied. AI has also changed the role of teachers, by handling repetitive tasks such as grading and progress tracking. AI frees educators to focus on teaching itself. This shift allows teachers to guide students more thoughtfully, encourage curiosity and develop skills like reasoning and creativity that no machine can replace. Artificial Intelligence is a tool not a teacher. Its true value lies in how wisely it is used. When combined with human judgment, ethical values and creativity, AI can make education more meaningful, inclusive and future ready.

No one can stop the progress of Artificial Intelligence; it will inevitably be a central force in our future.

Aarohi Rai, IV

HEALTH: A PRECIOUS GIFT

Health is very important for everyone, especially for students. When we are healthy, we can study well, play happily and enjoy our daily life. Good health helps us stay active and confident.

To stay healthy, we should eat healthy food. Our food should include fruits, vegetables, milk, eggs and grains. We should avoid eating too much junk food like chips and fast food. Drinking clean water every day keeps our body fresh and helps remove waste from the body.

Exercise is also important for good health. Playing outdoor games, walking, running or doing yoga makes our body strong. Along with exercise, proper sleep is necessary. Sleeping on time helps our body and mind to rest.

Clean habits keep us safe from diseases. We should wash our hands, brush our teeth twice a day and keep our surroundings clean. If we follow these simple habits daily, we can live a healthy and happy life.

Dhruv Gupta, VI

LITEROPEDIA

DISCIPLINE

Discipline means following rules and doing the right thing at the right time. It helps us to live a happy and successful life. A disciplined person is polite, honest, and respectful towards others.

Discipline is very important in our daily life. It teaches us punctuality and good habits. When we wake up early, complete our homework on time, and obey our parents and teachers, we show discipline. In school, discipline helps us to learn better and maintain peace in the classrooms. Students who follow discipline achieve success in life.

At home, discipline makes our life smooth and organized. We should keep our room clean, help our parents and respect elders. Discipline also teaches us self-control and patience. It helps us to make good decisions and avoid bad habits.

A disciplined society is a happy society. When people follow rules, there is less confusion and more harmony. Discipline helps us to become responsible citizens of our country.

In conclusion, discipline is the key to success. If we follow discipline from a young age, we can grow into good human beings and make our family, school and country proud.

Sarthak, IV

TEACHERS

T – Teachers are everywhere, schools and colleges

E – Enhancing our knowledge

A – And thinking about our future

C – Charismatic in nature

H – Happy to help when we make a mistake

E – Every teacher inspires us to dream and awake

R – Respect teachers for the efforts they make

Ajesh Sharma, III

THE JOY OF LEARNING

Learning is not limited to books and classrooms. Every day teaches us something new through experiences, people and nature around us. When we learn with curiosity and an open mind, knowledge becomes joyful and meaningful. "Learning never stops. Every day is a new chance to learn." School helps us build good habits, confidence and values like discipline, teamwork and respect. "Knowledge is power. Education lights the path to success." The true joy of learning comes from understanding new ideas and discovering new things. Learning brings happiness, confidence and interest in knowledge. When we enjoy learning, it becomes a lifelong gift. "Learning brings joy. Joy makes learning meaningful."

Rihana Singla, III

THE POWER OF YOUTH

Youth is not just a phase of life; it is a force that has the power to shape the future of the world. The energy, creativity and courage of young people have always been the driving factors behind progress and change. From social movements to scientific innovations, history proves that when youth rises with purpose, transformation follows.

Young minds are curious and fearless. They question traditions, challenge unfair norms, and dare to imagine a better tomorrow. This ability to think differently allows the youth to bring fresh ideas and innovative solutions to problems that older generations may have accepted as unchangeable. Their adaptability in a fast-changing world, especially in technology and communication, makes them powerful agents of development.

The power of youth also lies in their passion. When young people believe in a cause—be it environmental protection, equality, education or mental health—they work with determination and resilience. Today's youth is using their voices through social media, community service and leadership roles to raise awareness and inspire action. Even small steps taken by young individuals can create a ripple effect that leads to meaningful change.

However, with power comes responsibility. The youth must learn to use their energy wisely, guided by values such as empathy, discipline and integrity. Education plays a crucial role in shaping young minds, helping them turn dreams into achievable goals. When empowered with the right guidance and opportunities, the youth can become leaders who uplift society. In conclusion, the youth is not just the leaders of tomorrow; they are the changemakers of today. By believing in themselves and working together, young people have the power to build a more just, innovative and hopeful world.

Aasmin, IX

MATHS ABOUT ME

Numbers, numbers all around,
Everywhere they can be found.
Numbers tell how old I am,
And how many people in my home.
How much I weigh and just how tall,
Where I live, and that's not all!
Numbers are a part of me,
Money, time and history.
When to wake up and when to eat,
What size of shoes to buy for my feet.
How much money something cost,
A number to call if my dog gets lost.
I don't know where I would be,
If numbers weren't a part of me.

Sakshi, II

A NEW YEAR, A FRESH BEGINNING

A new year comes as life moves on,
With brighter dreams to be worked upon.
New ambitions, goals in view,
A fresh beginning, clear and true.
A time to pause, reflect, and start,
With honest effort from the heart.
A chance to shape what lies ahead,
To choose new paths where hope is led.
Let's welcome days yet to appear,
For soon will come another year.
Act with focus, move with care,
Leave behind the weight we bear.
A new year calls for skills to grow,
New interests found, new friends to know.
It's time to work, to learn, to try—
The only way to reach life's sky.

Hazel, III



**Stay blessed,
Receive grace & Be filled with peace**