

## CLASS VIII

### VOCATIONAL TRAINING SYLLABUS

#### CULINARY

##### April – May

- Unit 1: Advanced Nutrition
- Unit 2: Menu Planning

**Practical -Poha**

##### July – September

- Continue Menu Planning
- Unit 3: Kitchen Management

**Practical - Rice & Dal**

##### October – December

☒ Unit 4: Food Safety & First Aid

**Practical - Vegetable Curry, Idli Sambhar**

##### January – February

**Practicals : Vegetable Fried Rice**

**Revision**

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#### JEWELLERY MAKING

##### April – May

Unit 1: Introduction

- Introduction to jewellery making
- Types of jewellery making
- Tools and materials used in bead and clay jewellery
- Safety and basic handling techniques

Beginning of Unit 2

- Types of beads, threads and wires
- Basic stringing techniques

##### July – September

Unit 2: Beads Jewellery Making

- Making bracelets, necklaces and earrings
- Designing simple bead patterns and colour combinations
- Practice projects using different bead techniques

### **October – December**

#### Unit 3: Clay Jewellery Making

- Types of clay (air-dry, polymer and terracotta)
- Conditioning, shaping and texturing techniques
- Making pendants, earrings and decorative elements
- Drying, baking and finishing methods

### **January – February**

#### Unit 4: Finishing and Assembly

- Attaching hooks, clasps and findings
- Polishing, painting and varnishing
- Quality checking and durability tips

#### Unit 5: Creative Project

- Designing and creating a complete jewellery set (beads/clay/mixed)
- Final project presentation and assessment

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## **TAILORING**

### **April – May**

- Introduction to sewing machine
- Tools & Equipments
- Technical Terms

### **July-September**

- Body measurements
- Drafting & Pattern making
- Basic Stitches
- Construction Skills
- Selection Of Fabric
- Cloth Estimation

### **October-December**

- Colour Consideration For Garments
- Basic Cutting & Tailoring
- Pressuring & Folding

- Construction Skills
- Dress Designing
- Pattern Making
- Basic Bodice Block
- Alteration

### **January - February**

- Fitting
  - Garments Construction & Colour Combination
  - Personality Development
  - Entrepreneurship In Cutting, Tailoring & Dress Making
  - Project For Ready Made Casual Frock
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