



ARM WRESTLING COMPETITION

ST. EDMUND'S SCHOOL SHILLONG 2026



A TRADITION OF EXCELLENCE

Our school organised its first ever Arm Wrestling Competition on 15th May 2026 in the school hall. The event created great excitement among the students as the participants were from different classes and took part enthusiastically.



STRENGTH. GUIDANCE. SPIRIT.

The competition had three categories; Light Weight, Middle Weight, and Heavy Weight. It was conducted in several rounds with the supervision and guidance of the experts called by our principal. The students showed strength, confidence, and most importantly great sportsmanship throughout. The audience cheered loudly for their classmates, making the atmosphere lively and energetic.



CHAMPIONS TODAY, LEADERS TOMORROW

At the end of the event, winners and a champion were awarded certificates. The competition was a huge success and encouraged students to participate in more upcoming activities. We sincerely thank Brother Solomon for encouraging the students' ideas and organising this unique event.



LIGHT WEIGHT



55KG BELOW CHAMPIONS



MIDDLE WEIGHT



70 KG BELOW CHAMPIONS



DEEDS NOT WORDS



DEEDS NOT WORDS



HEAVY WEIGHT



70KG ABOVE CHAMPIONS



OVERALL CHAMPION



THE CHAMPIONS OF CHAMPIONS