

Newsletter

FRAN CITE
2024-25

St. Francis Convent Sr. Sec. School
The best school in Fatehgarh Churian
Established in

1978

47

**Years of
excellence**

OUR VISION

Is to provide high quality education that enables our students to be globally acknowledged citizens and prepares them to be responsible and productive members of society.

OUR MISSION

To create an environment that nurtures students who are civic minded and prepared to take ethical decisions, who are confident competent communicators, skillful in problem solving and capable of creative thinking. In the process of moulding our children we integrate and blend the modern western education with the basic values of ancient and cultural heritage.

SCHOOL MANAGEMENT



Rev. Fr. John Mankuzhichalil
Director



Rev. Sr. Shobitha
Principal



Rev. Sr. Sajitha
Vice Principal



Rev. Sr. Prajitha
K.G. In-charge



Rev. Sr. Alka
Educator



ST. FRANCIS CONVENT SR. SEC. SCHOOL

(Affiliated to the council of Indian School Certificate Examination, New Delhi)

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EDITORIAL TWEET

Dear Readers

This newsletter is a celebration of our schools' excellence, featuring updates, news and showcases of our students' outstanding work. It gives me immense pleasure to put my thoughts into words and share them this year. Our school exemplifies the fact that sky is not the limit in the pursuit of excellence. The aim of our school is to promote a system of integral education in a congenial child friendly environment that emphasises the unity of all knowledge, synthesises, humanity, and science and recognises the fact that every child is unique, we believe that education should enable the student to soar high morally, socially and spiritually. We believe that our students need to learn that the secret of success and contentment lies in discovering one's own strengths as well as limitations. Therefore, we are proud to represent our school newsletter, highlighting the accomplishments and achievements of our students, faculty, and staff.

“
**You don't have
to be great to
start, but you
have to start
to be
great. ”**

Ishita Dogra

EDITORIAL BOARD



Mr. Pankaj Sharma
Educator



Karan Masih
9th Jasmine



Khushmeet Kaur
9th Jasmine



Ruhani
9th Jasmine



Gurleen Kaur
9th Rose

“All our dreams can come true if we have the **COURAGE** to pursue them.”

DIRECTOR'S MESSAGE



Greetings to all!

It gives me immense joy to appreciate the wonderful edition of our School Magazine. A School Magazine is not a collection of articles, poems and pictures but it is a mirror of creativity, talent and spirit of students and teachers. Each page of this Magazine reflects the dreams, ideas and aspirations of our vibrant Franciscan School Community. Today writing has become very rare as per the modern concept of our Global digitalisation. But we have to understand that the basis of knowledge and understanding begins from here and is a blend of everything old and new alike. That is the reason why we have initiated and introduced this art of learning, writing and depicting for our students to show case their talents every year. We are living in a world of 'Cut and Paste' which shall not awaken or ignite students' intellect and memory but only destroy their zeal for innovation and discovery. The yearly magazine is a small attempt on this line in generating enthusiasm and interest in students to rejuvenate the spirit of navigation and exploration according to the changing atmosphere of education. We are in the Process of making a Hi-

tech corridor in our School Campus to bring access to students about the world wide changing scenario in the field of education. Every student who go through this temple of education may be able to venture into any circumstance confidentially about the new information and formation around the world in transforming the future of the Universe. We have already digitalised class rooms and envisaging to avail online library and other modern technologies for our students to enhance their knowledge in this challenging and changing world. On this occasion I commend all the contributors for their dedication and passion, my sincere encouragement for every student to continue expressing themselves and exploring new horizons. May this Magazine be a source of inspiration and Pride for all of us, let us keep dreaming, writing and shining for obtaining the zenith of Excellence. My special Congratulations to the Principal, teachers and students for this great achievement. I also thank our parents for their whole hearted cooperation and support in all our endeavours in the School. God bless us all.

Thanks to one and all.

REV. FR. JOHN MANKUZHICALIL
DIRECTOR



“Learning is not attained
by chance ;
it must be sought for with
ardor and diligence.”

PRINCIPAL'S MESSAGE

Education has evolved dramatically, shaped by the interconnectedness of our world. As boundaries blur and cultures intertwine, we find ourselves living in a global village. Corporates have exploited this connectivity to create a single, vast marketplace.

At St. Francis Convent Sr. Sec. School, we strive to prepare our students to thrive in this complex and ever-changing world. We believe that a strong foundation in academics, coupled with a holistic development of physical, mental and spiritual faculties is essential for a fulfilling life.

St. Francis Convent Sr. Sec. School is dedicated to provide a comprehensive education that extends beyond the classroom. We emphasize the importance of:

- *Moral Values : We instil strong moral principles and a sense of social responsibility in our students.*
- *Cognitive Development : We foster critical thinking, problem-solving and creativity through a rigorous academic curriculum.*
- *Emotional Intelligence : Aware of our responsibility towards the students under*

our care, we try to infuse in them empathy, self-awareness and effective communication skills.

- *Cultural Appreciation : We expose students to diverse cultures and traditions, fostering global citizenship.*
- *Physical Fitness : Through sports, yoga and physical education we promote a healthy lifestyle and cultivate a strong body.*

By nurturing well-rounded individuals, we aim to equip our students with the knowledge, skills and values they need to succeed in the 21st century. We are committed to fostering a love for learning, a passion for service and a dedication to make a positive impact on the world.

“The goal of education is the
advancement of
KNOWLEDGE
and the dissemination truth.”

REV. SR. SHOBITHA
PRINCIPAL

ACADEMIC INCEPTION

"The root of education is bitter but the fruit is sweet"

"You can't start the new chapter of your life if you keep re-reading the last one."



It was indeed a special day for all of us .The customary fun and excitement associated with the school reopening were set to return to the campus .The new academic year was set out for seeking blessing from God. The children were convoke together. Our school director, Rev. Fr. John, our loving school Principal, collaborative sisters, caring teachers and dearest students were engaged in the ceremony. A very special formal function paved the way for the outset of a new academic session.



"Lose yourself in kindness and find yourself in compassion"

MOTTO

OF SESSION 2024-25

By the year , the substantial motto is given which the scholars have to abide by the entire year and the motto for this year was..

WISDOM, LOVE AND SERVICE

"Beloved, i pray that in all respects you may prosper and be in good health, just as your soul prospers"

(3 John 1:2)



HEALTH GUIDANCE

Health awareness is the understanding and knowledge about healthcare and health needs. Our school has organized a seminar on drug abuse for the students of class 9th and 10th on 21st March 2024 and the message was delivered by Ms. Navneet Kaur, the councilor of child welfare of Gurdaspur. On 9th August 2024, the seminar about the health awareness was held and Mr. Davinder singh ,the health inspector was the chief guest along with his health workers. He conveyed the lecture about spreading of dengue, its causes, symptoms and preventive measures.





PROFESSIONAL DEVELOPMENT

"Teaching is the process of attending to people's needs, experiences and feelings, and making specific interventions to help them learn particular things."

A workshop was organized for the teachers by our school director and principal on the 2nd of July, aimed at enhancing their well-being and equipping them with strategies to motivate and inspire students, keeping them engaged and energetic in their learning journey.

"Satisfy us in the morning with your steadfast love,
that we may rejoice and be glad all our days"

(Psalm 90:40)

Morning Congregation

The daily morning assemblies bring the whole school together. The daily topics of the morning assemblies help students define their intentions and open themselves to God's blessing. The departure prayer is also recited, which empowers the students and teachers, helping them contemplate life and balance whatever comes forth.





P. T. MEET "PARENTAL INVOLVEMENT IS KEY TO A CHILD'S ACADEMIC SUCCESS "

Teachers and parents play a crucial role in the holistic development of a child. In every single term, our school administration conducts at least one or two P. T. Meetings to discuss issues that may be interfering with the students' learning and also to discuss enrichment or intervention strategies.

NURSERY PARENTS' SEMINAR

"Behind the child that makes the most progress is an actively involved parent."

On March 19 2024, a nursery parent seminar was conducted by the school which highlighted the school's achievements and activities while encouraging parental cooperation. An open discussion strengthened the school-parent partnership, fostering a nurturing learning journey for students.



Our School Principal Rev. Sr. Shobitha took a great initiative by organising an awareness seminar for the parents of 10th standard students on the importance of balancing phone use and studies. She aims to educate parents about phone addiction, promote responsible phone use, foster a growth mindset, support students' well-being, and enhance academic performance.

DRIVER'S MEET

School bus drivers play a vital role in managing and maintaining the school buses. They are real friends of our school. There are guidelines that the school bus driver must follow. Related to the safe Wahan policy, our school conducted a driver meet to inform them about the rules and regulations related to school buses. All the school bus drivers attended the seminar and got a lot of information about the rules and regulations of the government.



SEMINAR FOR 10TH STANDARD PARENTS





DIRECTOR'S DAY

YOU ARE AN EXCEPTIONAL LEADER AND MENTOR. YOUR DEDICATION AND PRESERVATION INSPIRE US ALL. ON YOUR SPECIAL DAY, WE HONOUR YOUR TIRELESS EFFORT AND COMMITMENT TO EXCELLENCE

On Director's Day, a special program was organized to honor the inspiring leadership of our director. A play was staged, showcasing the life and values of a dedicated priest, highlighting themes of faith, service, and compassion. The entire event was a beautiful reflection of our director's vision and commitment to nurturing values in students. Various performances and functions were held, making the day memorable for all, as it truly celebrated the essence of leadership and dedication.

"The Lord will keep you from all harm- he will watch over your life; the lord will watch over your coming and going both now and forevermore."

(Psalm 121: 8)



ACCEVIL AND ADIEU SISTERS

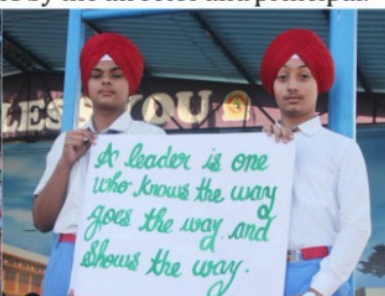
This year marks a sweet occasion as we bid a farewell to our beloved Principal Rev. Sr. Wilfy whose leadership and dedication has shaped our school community countless times. At the same time we welcome our compassionate, inspirational and supporting Rev. Sr. Shobitha as the new leader of our school. Since her arrival she has brought a strong vision and diligence towards the school community.



INVESTITURE CEREMONY "Leadership is the capacity to translate vision into reality."

"Empowered to lead, inspired to serve."

Our school conducted its Investiture Ceremony, where Shubhkarmandeep Singh was selected as Head Boy, Loveseerat Kaur as Head Girl, Karan Masih as Assistant Head Boy, and Khushmeet Kaur as Assistant Head Girl. House captains, general captains, and in-charges for discipline, literary, social service and cultural activities were also appointed. The newly elected cabinet members were adorned with sashes by the director and principal.



HOUSES

"Ambition is the path to success.
Persistence is the vehicle
you arrive in."

The four houses of our school embody unity and teamwork, led by dedicated captains and in-charges, with every student striving for excellence.

Blue House : A beacon of wisdom and endless possibilities.

Green House : The essence of growth and harmony.

Red House : The fire of courage and determination.

Yellow House : A spark of hope and boundless joy.



UPGRADE ALERT...!

+1 INAUGURATION..

"Education is the key to unlock the golden door of freedom"

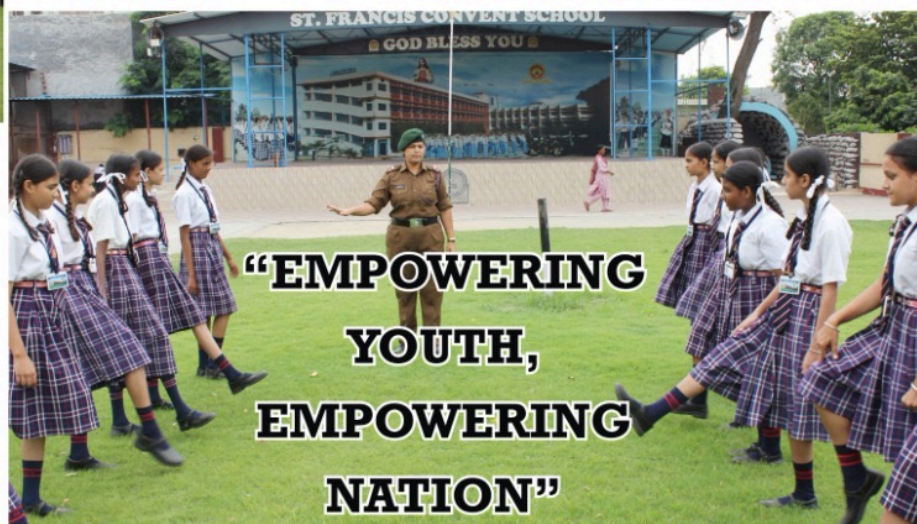
This year +1 inauguration was the main highlight of the year as it marks the significance in history. With the blessings of almighty inauguration was held on April 3rd, 2024. This event marks the beginning of a new chapter in our educational journey where we aim to elevate our children's experiences to a new height.



(NATIONAL CADET CORPS) **NCC** "SEVA, SANGATHAN, SAKHTI" **INAUGURATION CEREMONY**



This year, for the first time, Our school proudly inaugurated the National Cadet Corps (NCC) program on 18th July, fostering discipline, leadership, and patriotism among students. The event was graced by our esteemed chief guest, Ms. Damini Sharma (GCI) along with Mr. Sukhbir Singh (CHM) and Mr. MC Baro (Subedar). The inaugural event was a moment of pride, as it symbolized the beginning of a new chapter in our school's history.



**"EMPOWERING
YOUTH,
EMPOWERING
NATION"**

Picnic Times

TRIP TO WONDERLAND

"Travel opens hearts, minds, and creates memories that last a lifetime."

On 14th September, our school went on an unforgettable trip to Wonderland, where students experienced thrilling rides, laughter, and moments of pure joy.



Picnic HOME

For the little ones, a delightful home picnic was organized on 8th October. From mesmerizing magic shows to exciting rides, the day was filled with wonder, happiness, and endless smiles.



ASICS LITERARY COMPETITION

The ultimate victory in competition is derived from the inner satisfaction of knowing that you have done your best. In the ASISC literary competition our stars brought laurels to our school. Harkirat Kaur of grade +1 got First prize in senior category and Gurleen Kaur of grade 8th got Third prize in Sub-junior category in Inter School Declamation Competition. Avneet kaur from XI got third position in the senior category in a painting competition held in HRA International School, Gurdaspur.

FELICITATION OF TRAILBLAZER



ST. FRANCIS CONVENT SR. SEC. SCHOOL
FATEHGARH CHURIAN



ACADEMIC EXCELLENCE

"Congratulation,
shining stars !
Your
hard work and
dedication have
earned you
this
moment"

Achievements are the result of hard work, determination and constant efforts with a positive attitude.

"Achievements of today are the stepping stones for the future ones."

Session 2023-24 as an outstanding Session. Students have brought laurels to the school by their excellent results. We are happy to share the details of the commendable performances of our students. This year we too got a 100% result. 204 students appeared. We congratulate Miss Avaljot Kaur who stood first by cracking 97% and made us proud. Second position holders Miss Diya Bhatia and Mr. Rijual Gupta scored 95.8%. Third position is acquired by Mr. Virpal Singh who gained 95% and all the other students who passed the exams with flying colours.

CLINCHERS OF THE YEAR

"Confidence comes not from always being right
but from not fearing to be wrong"



STAR SPORTS

**CHAMPIONS KEEP PLAYING
UNTIL THEY GET IT RIGHT.**

**Our school's impressive
achievements in sports**

Sports play a vital role in shaping individuals, communities, and societies. Sports don't build character, They reveal it."We are grateful to our management for providing students with opportunities to excel in sports through ASISC and PSEB competitions. This year, many students performed marvellously in track and field events and games like cricket, football volleyball, Kho-Kho long jump, High jump and many more. Our talented athletes have brought glory to the school by winning an impressive 134 medals: 78 Gold, 27 Silver, and 29 Bronze. The achievements by our school gems inspire us all to strive for excellence in sports and beyond.



National Qualifiers



Nirmal Randhawa

Harmanpreet Singh

Samrathjot Kaur

Navroop Kaur



**Jai Singh Got
1st position
at zonal level
in Shooting
competition
and best
School award.**



**Individuals play the games,
but teams win championships**



2nd Position in Football (ASISC)



In our school, the Activity Period is a time for students to engage in a variety of extracurricular activities. These include football, skating, dance, singing, and yoga, providing students with opportunities to explore their talents and interests outside of academics. It's a fun and enriching experience for everyone.

COMPETITIONS



"Every competition is an opportunity to challenge yourself and discover your true potential."

Our school hosted several exciting competitions where students showcased their talents and passion. By the means of competition we celebrated the Cultural tradition of rangoli making and fostered a Sense of community.

ACTIVITY PERIOD

Activity periods are a great way to foster a sense of community and school spirit





TEJ FESTIVAL



The Teej Festival was joyfully celebrated in our school. The little ones participated enthusiastically, presenting delightful performances with songs and bolis, adding charm to the festivities.



"The beauty of Diwali is that it unites people from the walks of life in celebration of Love and joy."

CELEBRATION



The True means of celebrating diwali was beautifully explained by the students in the morning assembly through various mesmerizing acts

and deeply Expressed thoughts on 30th october.

Raksha Bandhan literally means "the bond of protection" or "the knot of protection." The festival symbolizes the eternal bond between siblings, where the sister ties a sacred thread (Rakhi) on her brother's wrist, praying for his well-being and protection.



CELEBRATION



Lohri is the festival that symbolizes the triumph Of light over darkness and the warmth of sun overcoming the chill of winter. This year we celebrated Lohri with our school management , staff and bright students on 13th January with zeal and enthusiasm following the culture of Punjab by lighting the traditional bonfire

This year, Christmas was celebrated over two joyous days in our school, spreading happiness and festive cheer among all. On 19th December, the first day of the celebrations, a grand function was organized featuring vibrant performances such as the enchanting carol dance, melodious songs, and energetic dances that beautifully captured the essence and spirit of Christmas. Our esteemed director addressed the gathering, sharing meaningful insights about the festival and its message of love, giving and generosity. The highlight of the day was the act of kindness, where gifts such as eatables and blankets were distributed to handicapped individuals, drivers, and rickshaw pullers by the director , spreading warmth and smiles all around. The celebrations continued on 20th December, with Carol singers spreading festive cheer visiting each classroom, performing joyful songs and dances, and wishing everyone a heartfelt " Merry Christmas." The beautifully decorated classrooms added to the festive atmosphere, showcasing the creativity and enthusiasm of the students. The day concluded with songs being played, allowing students to enjoy the spirit of the season in their own classes. The two-day celebration was a heartwarming reminder of the true essence of Christmas—spreading love, joy, and kindness to everyone around us.



CHRISTMAS

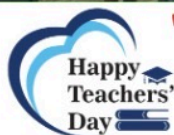


SPECIAL DAYS

REPUBLIC DAY CELEBRATION



The Republic Day celebration at our school started with a speech by the Assistant Head Girl. Following that, Father was invited to give an inspiring speech. The flag was then hoisted by our esteemed Director. The entire school gathered together, and the event concluded with a heartfelt rendition of the National Anthem. It was a meaningful celebration of our nation's pride and unity.



**"A teacher takes a hand,
opens a mind,
and touches a heart"**

Teachers' Day is celebrated every year to recognise the important role teachers play in society and to honour their contributions. Our school celebrated Teachers' Day on 5 September 2024. Students organise programs like speeches, skits and cultural performances to honour their teachers. Various games were also performed by the teachers organised by the students.



Our school celebrated Grandparents Day with joy and gratitude, honoring the pillars of wisdom and love in our families. Grandparents of Kindergarten students were invited on this graceful occasion. Students expressed their love through heartfelt performances. Parents also performed dances and praised their children's performances, as



Saint Francis Day is celebrated on October 4th to commemorate the life and legacy of Saint Francis of Assisi, a Catholic friar and preacher who lived in the 12th and 13th century. The day inspires us to care for creations, Serve the poor, and follow Jesus' teaching.



ST FRANCIS DAY



India Celebrate independence day on August 15 to commemorate the India's independence from british rule in 1947 On this day our school has organized a house-wise patriotic song competition and all the students hosted the flag and spent the day full of patriotism and pride.

GRANDPARENTS DAY

"Grandparents hold our tiny hands for just a little while, but our hearts forever."

well as the beauty of the school. It was a day filled with warmth and laughter, leaving everyone with cherished memories and a renewed sense of gratitude for our grandparents' unconditional love and wisdom.

SPECIAL ASSEMBLIES



Mother's Day

The true love of a mother was beautifully portrayed by the students through heartfelt acts, thoughts, and messages, leaving everyone deeply moved.



WORLD ENGLISH DAY...

World English Day is celebrated annually on April 23 to mark the birth and death anniversary of William Shakespeare as well as aims to promote the importance of English language, cultural diversity. On this day, a special Assembly was conducted by the students.

EARTH DAY

A sapling was planted by our sisters, inspiring us to grow more trees and take steps to protect our planet for future generations.



Hindi Diwas in our school was a heartfelt celebration where students' inspiring words rekindled our love and pride for the timeless beauty of the Hindi language.



"labour is the ladder through which human dignity and creative excellence are expressed"

Labor Day is not just a day off but a heartfelt tribute to those who serve selflessly. This year, we instituted a grand celebration to extend our gratitude to these unsung heroes. A special program was meticulously organized to honor and appreciate their hard work and dedication.



Good Friday is celebrated annually to remember Sacrifice of Jesus Christ for humanity, To reflect on the meaning of Jesus, death, To repent and pray. So special prayer and scripture reading was done to commemorate the crucifixion of Jesus.



"Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal"

-Martin Luther King Jr.



On Peace Day, an assembly was conducted where a poem on peace was recited, and some valuable information about peace was shared. We students acted as Mother Teresa and Nelson Mandela, delivering inspiring speeches about the importance of peace. Their words left an unforgettable reminder of the need to embrace harmony and unity in our lives.



Rainy days

"The rain clears the streets, but it also clears the mind"

Rainy days often bring a sense of coziness and calm, but they can also turn into something truly special and memorable. For our little ones, this rainy day was a delightful surprise—an opportunity to embrace the joy of nature. They danced gleefully under the raindrops, holding hands and laughing together, creating memories that will surely be cherished for years to come.



"The horizon is not a limit, but a challenge to explore what lies beyond."

Our **ANNUAL DAY** celebration this year was a grand and memorable event, truly reflecting the spirit of ambition and determination encapsulated in the theme, ***Beyond the Horizon***

The event was graced by our esteemed Chief Guest Mrs. Nirmal Kaur (Regional Secretary, ASISC) and Guest of honor Mr. Aneeshdeep (Xen PSPCL). The highlight of the event was a remarkable play based on the life of Shri Srikanth Bolla, an industrialist who overcame the challenges of blindness and struggled against all odds to achieve unparalleled success. Our students beautifully brought his struggles to life through their exceptional performances, which also showcased the power of true friendship and the profound bond between a teacher and their student. The play vividly portrayed his journey of determination, resilience, and an unwavering vision beyond the physical world. It was a powerful reminder that, no matter the obstacles, we all have the potential to rise beyond our limits.



BEST TEACHER'S AWARD

What a proud moment for our school...! Congratulations..! On scoring hundred percent in a subject like Punjabi at ICSE Board level is a testament to the hard work and dedication of both students and teachers and having 38 students. Perfect marks are truly impressive. This achievement not only reflects the academic excellence of the institution, but also showcases the effective teaching methods.



" Success is not just about winning awards, but about the dedication and effort behind every achievement."



PRAYER CEREMONY

"Death is nothing else but going to God, the bond of love will be unbroken for all eternity "

Our school deeply mourns the loss of our beloved student, Sumrathpreet Singh, and a heartfelt prayer ceremony was held in his memory.

The **Prize Distribution Ceremony** was a proud occasion for our school, where students were recognized for their outstanding achievements. Under the guidance of our Director, Proficiency awards were presented to students excelling in academics, while others were honored for their achievements in extracurricular activities.



"Sports do not build character. They reveal it."

The day began with the much-awaited Annual Sports Day, where students displayed their athletic prowess and teamwork. The Opening Ceremony was inaugurated by Mr. Inderjit Singh (Powerlifting World Champion), who encouraged all participants to give their best. The field was a buzz with excitement as students competed in various events, including track races, relays, and long jumps cheered on by their peers and teachers. As the sun reached its peak, the Closing Ceremony brought the sports festivities to an end, led by Mr. Vipin Kumar (DSP) and Mr. Kamalpreet Singh (Naib tehsildar). They congratulated the winners and highlighted the value of participation, teamwork, and perseverance. The day was a testament to the true spirit of sportsmanship.



SPORTS DAY FOR JUNIORS

On 5th December, our school celebrated Sports Day for the KG students. The event was filled with enthusiasm as the little ones participated in races. Students were awarded as they got 1st, 2nd and 3rd positions. They displayed a true spirit of sportsmanship throughout the day. It was a joyous occasion that highlighted teamwork and the importance of physical activity.



BIDDING ADIEU

Bidding Adieu to our beloved 10th standard students was an emotional yet joyful moment. The 9th standard students, with great enthusiasm, organized a memorable farewell filled with performances, games, and heartfelt memories. After all the laughter and celebrations, everyone enjoyed a delicious lunch together, making the day even more special. As we bid farewell to our gems, we wished them success and happiness in their journey ahead.



A Bittersweet Farewell

Bidding ADIEU to Our Beloved 10th Standard

Success is said to be a harmonious blend of hardworking and a touch of luck to leave no stone unturned. A special Good Luck Prayer and seminar were organized for the 10th standard students as they prepared for their board exams. Seminar focused on important rules and guidelines for the board exams, where Good Luck Prayer wishes them success and a bright future ahead.



GOOD LUCK PRAYER

EMERGING ARTIST OF OUR SCHOOL



Success is not final, failure is not fatal. It is the courage to continue that counts. Ambition is the fuel that drives us to achieve our dreams and goals. It's the spark that ignites our passion and motivate us to work towards a better future. Without ambition, we would stagnate and miss out the opportunities that life has to offer. By understanding what drives ambition, cultivating it in our lives and staying focused on our goals, we can unlock our full potential and make a positive impact on the world. So, let's harness the part of ambition and strive for excellence!

Head Girl
LOVESEERAT KAUR
10th Lily



"THE MIND IS THE SOIL WHERE GREATNESS TAKES ROOT-NURTURE IT, AND IT WILL BEAR THE FRUITS OF BRILLIANCE."

In the relentless pursuit of success, we often neglect the silent battles waged within our minds. Mental health is not merely the absence of illness but the presence of resilience and balance. A distressed mind can cloud even the brightest intellect, while a nurtured mind can illuminate the darkest paths. Let us dismantle the stigma surrounding mental health and cultivate a culture of empathy and self-awareness. Prioritizing mental well-being is not a luxury but a necessity. Through mindfulness and seeking support, we empower ourselves to lead lives of clarity and fulfillment." A tranquil mind is the architect of greatness; for in stillness, the strongest ideas take flight."

Cultural In-charge
RAGHAV DOGRA
9th Dahlia

CHERISH THE JOURNEY



"Isn't it strange that we set a goal, work hard to achieve it, and then, without even stopping to appreciate it, we're already chasing the next one? In our pursuit of success, we often forget to pause and celebrate our achievements. Each milestone, no matter how small, is a testament to our efforts and growth. Let us take a moment to value what we have accomplished, before moving on to the next goal. Success is not just about reaching new heights but also appreciating the journey that brought us here.

Assistant Head Girl
KHUSHMEET KAUR
9th Jasmine



"Nothing is impossible, the word itself says I 'm possible"

It's very true saying as it suggests that nothing is impossible for a willing mind. If we are determined to do as something, nothing can interrupt us. The word impossible itself says that I am possible but only our way of thinking make it impossible. John Milton rightly remarked mind in its own place can make the hell of heaven and heaven of hell. Believe in yourself and your abilities. Don't let fear hold your back. Every great achievement started with a single step, a single thought, and a single belief : 'I can do this. 'So, go ahead and shatter the barriers of impossible. Unleash your potential, tap into your inner strength, and remember, **YOU ARE POSSIBLE !**

RUHANI
9th Jasmine

"Rise above the hate and negativity. You are stronger than the words of a cyberbully"



As the Assistant Head Boy of our school, I wish to address an issue that deeply affects many in our community - Cyberbullying and Digital Harassment. In today's digital world, bullying is no longer confined to the playground; it has found its way into our phones, computers, and social media platforms. Cyberbullying can be harmful in ways that are not always visible but are deeply damaging. It can lead to spreading hurtful messages, sharing embarrassing photos, or targeting someone with cruel comments. The consequences of such actions can deeply impact a person's self-esteem, mental well-being, and future prospects. So, what can we do to prevent this? First and foremost, be kind online. Remember, behind every screen is a real person with feelings. Speak up if you witness or experience bullying, and always report harmful behavior to the appropriate authorities. Lastly, protect your privacy - don't share anything online that could be used to hurt you later. Together, we can shape a digital world rooted in empathy, integrity, and respect - a space where every voice matters. Let empathy guide our actions, respect shape our words, and courage define our presence - both online and offline. Above all, let's not be silent spectators, but brave voices who stand for what is right.

Assistant Head Boy
KARAN MASIH
9th Jasmine

ALUMNI FOUNDATION



Shivdev Sharma
Civil Judge-cum-Judicial
Magistrate (HCS(JB))



Hritesh Bhardwaj
Lieutenant in
Indian Navy



Rajesh Kumar Badhwar
Ass. Director Department
of Animal Husbandry



Dr. Jyoti Badhwar
MBBS, MD
Dermatologist



Aditya Sharma
Senior technical analyst.
Ion group.



Rishabh Duggal
IIT Hyderabad

"Not all of us
can do great
things. But we
can do small
things with
great love."



MOTHER TERESA

Learning is not attained
by chance ; it must be
sought for with
ardor and diligence."

-ABIGAIL ADAMS



Nothing is done in a day. Religion cannot be
swallowed in the form of a pill. It requires hard
and constant practice. The mind can be
conquered only by slow and steady practice.

SWAMI VIVEKANAND



ਸੰਤ ਫਰਾਂਸਿਸ ਸਕੂਲ 'ਚ ਸਪੋਰਟਸ ਡੇਅ ਮਨਾਇਆ



ਡੀ. ਐੱਸ. ਪੀ. ਵਿਪਨ ਕੁਮਾਰ ਨੂੰ ਸਨਮਾਨਤ ਕਰਦੇ ਫਾਦਰ ਜੌਨ ਅਤੇ ਸਿਸਟਰ ਸੋਭਿਤਾ ਤੇ ਹੋਰ। (ਸਾਖਰਕਾ)

ਫਤਿਹਗੜ੍ਹ ਚੂੜੀਆਂ, 30 ਅਕਤੂਬਰ
(ਸ਼ਾਨੰਗਲ)-ਸਥਾਨਕ ਸੰਤ ਫਰਾਂਸਿਸ
ਕਾਨਵੈਂਟ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ ਸਕੂਲ 'ਚ
ਸਪੋਰਟਸ ਡੇਅ ਮਨਾਇਆ ਗਿਆ, ਜਿਸ 'ਚ
ਮੁੱਖ ਮਹਿਮਾਨ ਵਜੋਂ ਡੀ. ਐੱਸ. ਪੀ. ਵਿਪਨ
ਕੁਮਾਰ ਪਹੁੰਚੇ, ਜਿਨ੍ਹਾਂ ਦਾ ਸਕੂਲ ਦੇ
ਡਾਇਰੈਕਟਰ ਤੇ ਫਾਦਰ ਜੌਨ ਅਤੇ ਪ੍ਰਿੰਸੀਪਲ
ਸਿਸਟਰ ਸੋਭਿਤਾ ਨੇ ਸਵਾਗਤ ਕੀਤਾ।

ਇਸ ਦੌਰਾਨ ਡੀ. ਐੱਸ. ਪੀ. ਵਿਪਨ
ਕੁਮਾਰ ਨੇ ਰਿਬਨ ਕੱਟ ਕੇ ਉਦਘਾਟਨ ਕੀਤਾ।
ਇਸ ਦੌਰਾਨ ਸਕੂਲ ਵੱਲੋਂ ਵੱਖ-ਵੱਖ ਕਲਾਸਾਂ
ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀਆਂ ਖੇਡਾਂ
ਕਰਵਾਈਆਂ ਗਈਆਂ, ਜਿਸ 'ਚ ਜੇਤੂ
ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਮੁੱਖ ਮਹਿਮਾਨ ਡੀ.

ਐੱਸ. ਪੀ. ਵਿਪਨ ਕੁਮਾਰ, ਡਾਇਰੈਕਟਰ
ਫਾਦਰ ਜੌਨ ਅਤੇ ਪ੍ਰਿੰਸੀਪਲ ਸਿਸਟਰ ਸੋਭਿਤਾ
ਨੇ ਸਨਮਾਨਿਤ ਕੀਤਾ।

ਇਸ ਮੌਕੇ ਡੀ. ਐੱਸ. ਪੀ. ਵਿਪਨ
ਕੁਮਾਰ ਨੇ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਪੜ੍ਹਾਈ ਦੇ
ਨਾਲ-ਨਾਲ ਖੇਡਾਂ 'ਚ ਵੀ ਹਿੱਸਾ ਲੈਣਾ
ਚਾਹੀਦਾ ਹੈ, ਕਿਉਂਕਿ ਖੇਡਾਂ ਦੇ ਕਾਰਨ
ਜਿੱਥੇ ਸਾਰਾ ਸਰੀਰ ਤੇਜ਼ਰੂਤ ਰਹਿੰਦਾ ਹੈ,
ਉੱਥੇ ਮਾਨਸਿਕ ਤਣਾਅ ਵੀ ਦੂਰ ਹੁੰਦਾ ਹੈ।
ਉਨ੍ਹਾਂ ਬੱਚਿਆਂ ਨੂੰ ਨਸ਼ਿਆਂ ਤੋਂ ਦੂਰ ਰਹਿਣ
ਦੇ ਲਈ ਵੀ ਪ੍ਰੇਰਿਤ ਕੀਤਾ ਅਤੇ 'ਚ ਫਾਦਰ
ਜੌਨ ਅਤੇ ਸਿਸਟਰ ਸੋਭਿਤਾ ਨੇ ਡੀ. ਐੱਸ.
ਪੀ. ਵਿਪਨ ਕੁਮਾਰ ਨੂੰ ਯਾਦਗਾਰੀ ਚਿੱਠ
ਦੇ ਕੇ ਸਨਮਾਨਿਤ ਕੀਤਾ।

ਫਤਿਹਗੜ੍ਹ ਚੂੜੀਆਂ ਦੇ ਕੌਨਵੈਂਟ ਸਕੂਲ 'ਚ ਅਧਿਆਪਕ ਅਤੇ ਬੱਚਿਆਂ ਨੇ ਰਲ ਮਨਾਇਆ ਟੀਚਰ ਡੇਅ

ਸਕੂਲ ਦੇ ਡਾਇਰੈਕਟਰ ਫਾਦਰ ਜੌਨ ਅਤੇ ਪ੍ਰਿੰਸੀਪਲ ਸਿਸਟਰ ਸੋਭਿਤਾ
ਨੇ ਬੱਚਿਆਂ ਨੂੰ ਦਿੱਤਾ ਆਸ਼ੀਰਵਾਦ ਅਧਿਆਪਕਾਂ ਅਤੇ
ਸਟੂਡੈਂਟਸ ਨੇ ਸਟੇਜ ਤੇ ਇੱਕ ਸਾਥ ਨੱਚ ਕੇ ਪਾਈਆਂ ਧਮਾਲਾਂ

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ਟੀਚਰਸ ਡੇਅ ਧੂਮ ਧਾਮ ਨਾਲ
ਮਨਾਇਆ ਗਿਆ ਜਿਸ ਵਿਚ
ਸਕੂਲ ਦੇ ਡਾਇਰੈਕਟਰ ਫਾਦਰ
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ਡਾਇਰੈਕਟਰ ਫਾਦਰ ਜੌਨ ਅਤੇ
ਪ੍ਰਿੰਸੀਪਲ ਸਿਸਟਰ ਸੋਭਿਤਾ ਨੇ
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ਯੋਗਦਾਨ ਪਾਉਣ ਤੇ ਉਨ੍ਹਾਂ ਨੂੰ
ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ। ਸਕੂਲੀ ਬੱਚਿਆਂ
ਨੇ ਅਧਿਆਪਕਾਂ ਦੇ ਸਨਮਾਨ ਲਈ ਰੰਗਾਰੰਗ
ਪ੍ਰੋਗਰਾਮ ਵੀ ਪੇਸ਼ ਕੀਤਾ ਗਿਆ। ਸਕੂਲੀ
ਬੱਚਿਆਂ ਵੱਲੋਂ ਗਿੱਧਾ ਵੀ ਪੇਸ਼ ਕੀਤਾ ਗਿਆ
ਅਤੇ ਲੰਬੀਜ ਅਧਿਆਪਕਾਂ ਵੱਲੋਂ ਮਾਡਲਿੰਗ



ਵੀ ਪੇਸ਼ ਕੀਤੀ ਗਈ। ਅੰਤ ਵਿਚ ਸਕੂਲ ਦੇ

ਅਧਿਆਪਕਾਂ ਅਤੇ ਸਕੂਲੀ ਬੱਚਿਆਂ ਨੇ ਇੱਕ
ਸਾਥ ਰੱਲ ਕੇ ਸਟੇਜ ਤੇ ਨੱਚ ਨੱਚ ਕੇ ਧਮਾਲਾ
ਪਾਈਆਂ ਅਤੇ ਟੀਚਰਸ ਡੇਅ ਦੀਆਂ ਮੁਬਾਰਕਾ
ਦਿੱਤੀਆਂ। ਇਸ ਮੌਕੇ ਸਕੂਲੀ ਬੱਚੇ ਅਤੇ
ਅਧਿਆਪਕ ਮੌਜਦ ਸਨ।

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