



# *Reflections*

April - 2018 to March - 2019

**Sacred Heart Convent School**  
Obra, Sonbhadra





# From The Principal's Desk



*“The most important human endeavor is striving for morality in our actions. Our inner balance and even our very existence depends on it. Only morality in our actions can give beauty and dignity to our lives.”*

*-Albert Einstein*

There are two roads that lead to an important goal and to the doing of great things, strength and perseverance. Strength together with austere perseverance, persistent and continuous hardwork may be employed by the smallest of us and rarely fails in its purpose, for its silent power grows irresistibly greater with time. It is our persistent effort at Sacred Heart Convent School to provide quality education to our students. Training for good citizenship besides academics is the hallmark of our institution. Leadership plays a key role in student's life right from a tender age. Value education classed at school help to heal and strengthen their body and mind. We firmly believe that students vary in their talents and intellectual ability. It is our earnest endeavor here at Sacred Heart to make each student to use his or her unique ability and talent to its fullest through different extracurricular activities. Classrooms are not the only place where education takes place. Education is no longer time – bounded or restricted to the four walls. Curiosity is the key to creativity. The school ensures that the child's talent gets harnessed and channelize by varies co-scholastic activities. Great emphasis is laid on punctuality and regularity at school, for these disciplines the children for life, enables them to meet deadlines at work later on in life without any stress. We teach our students that each one of us play an indispensable part in God's plan. We can build a better world, but we can do that only by building a better me! We at Sacred Heart Convent School strive to respect the unique individuality of each child, give the child the right kind of help. We believe that a child will be successful in life if we accept him/her as they are and inspire them to become what they want to become. They want to be liked, appreciated and to be respected for their individuality. Finally I want to assure you dear parents that the Management and our team of experienced teachers are doing their best to give your child the required edge to make his/her mark in this global world.

**Sr. REGI JOSEPH**  
(Principal)



# Editorial

**Dear Readers,**

Setting a goal and then also achieving it hides in it a great reward and also a challenge- reward because it delivers joy to all those who translate the great dream into a thrilling reality; and a challenge to evaluate the performance in the times to come. To realize the dream, to raise Sacred Heart Convent School to the status of being an outstanding institution called for determination and perseverance over the years by the management, Principals and the staff to serve the cause of education, in tune with the aspiration of those who matter- the children, their parents and society at large. This academic year was a special one for all of us, as the school organized an exhilarating annual concert **“Manzilen, a search of new horizons with small steps.”** This mega event was a stupendous success even more so as it was conducted on an imposing newly constructed stage which gave a new dimension to the school. The success story of the annual concert was the result of committed efforts of the teachers and students, but it was largely due to meticulous planning, innovative idea and execution of the whole program by Principal Sr. Regi, that we were able to pull off such a magnificent show and that too with the constraint of time. We present through the pages of this bulletin all that happened in the school, leaving us enthusiastic with renewed zeal and deep sense of fulfillment. Drawing inspiration from the legacy bequeathed to us, we are poised to set new paths that will lead to greater heights. I take this opportunity, to also thank Mr. Manjit Rajan for his valuable assistance and contribution in the compilation of this bulletin. Before I conclude here is a reflection for all of us, **“Being ignorant is not so much a shame, as being unwilling to learn to do things the right way.”**

*Swatantra Srivastava*



Mr. Swatantra Srivastava  
(Editor)



## We the parliamentarians

### A new session a new beginning ....

The investiture ceremony was anchored by Mrs. Neena Goswamy as the new school parliament was installed and the newly elected members were administered the oath of office by principal Sr. Regi. Manager Sr. Nirmala presented sashes to the parliamentarians as a symbol of responsibility and duty for their school and country.



## Dignity of labour



On May 1<sup>st</sup> Labours day was celebrated with the heart filled with love and regard for all the hard work done by our support staff. Rich tributes were paid to them and Mr. P. C. Philip in his address urged the students to give respect and love to the support staff and inculcate the spirit of “Work is worship”. The students gave them “Thank You” cards. The whole program was meant to appreciate and acknowledge the hard work and dedication of our support staff.

## Special Assembly

*A great novelist George Elliot once said “Only in the agony of parting do we look into depths of love.”*

A very special assembly was conducted to bid a hearty farewell to Sr. Cornelia, Mrs. Veena Vohra, Ms. Divya and Ms. Anukampa. Making the above quote very true Mrs. Veena Vohra gave a very emotional speech expressing her gratitude to all. Principal Sr. Regi in her address said that the school would always be indebted to her long service of 30 years. She also thanked Sr. Cornelia for blessing the school with her constant prayers.



## Our Toppers

### We are Proud of you...

Yet again our students gave a sterling performance in class 10th Board Exams. This reflects the conscientious effort of the management and staff in imparting quality education to our students and the hard work put in by our students....



**ANUSHKA RAI**  
**(95.6%)**



**NITYA**  
**(95.2%)**



**SNEHA SINGH**  
**(94.2%)**

## Our Meritorious

SL.No.	Name	Marks Obtained	Percentage %
1.	Jahnvi Singh	470	94.0
2.	Shruti Pandey	469	93.8
3.	Rishita Tripathi	468	93.6
4.	Pooja Gupta	468	93.6
5.	Anu Goel	466	93.2
6.	Sneha Shukla	465	93.0
7.	Shivansh Singh	458	91.6
8.	Sanjeev Pathak	457	91.4
9.	Nishu Maurya	455	91.0
10.	Harshita Singh	455	91.0

## *Life is a journey not a destination*

As the school moved on ahead in its journey a special assembly was arranged on reopening of the school after the summer vacations. The assembly was dedicated to honor and welcome Sr. Linnet and Sr. Merrin in the school. The students welcomed sisters enthusiastically with their songs and speeches. Sr. Linnet in her address to the school said that every student is unique and urged them to take every opportunity provided by the school to discover and nurture their innate potential.



## *Creativity with no bounds*

A two days talent competition was organized in the school premises to bring out the hidden talents of the students. The students from class I to IX took part in various co curricular activities such as singing, dance, elocution, drawing, calligraphy, rangoli making, fancy dress, culinary skills model making, on the spot performances and best out of waste. The students overwhelmingly took the opportunity to showcase their talents to their fullest potential.



*Freedom can not be bestowed, It must be achieved*

With the booming spirit of great patriotic fervor and nationalism 72nd Independence Day was celebrated in the school. Sr. Nirmala hoisted the “Tricolor” and took salute of the marching columns of the different squads. This was followed by different cultural programs. Students who secured 90% and above in the CBSE board exams 2018 were felicitated along with their parents with certificates and mementos.

This year Independence Day celebration incorporated ecological ethics. Students, teachers and Principal Sr. Regi planted 100 saplings in and outside the school premises as part of “Prakriti Mahotsav” and mission Green Schools Campaign from 13th to 15th August 2018.



## *Teachers Day*

*“Every child should have a caring adult in their lives. And that's not always a biological parent or family member. It may be a friend or neighbor. Often times it is a TEACHER.”*

To acknowledge and recognize the role of teachers, the students celebrated Teachers' day on September 5, 2018 with full zeal and exuberance. The programme commenced with the lighting of the lamp by Manager Sr. Nirmala, Principal Sr. Regi, Mrs. Neena Goswamy , Mrs. Sangeeta Mukherjee and Mrs. Vandana Rai followed by highly entertaining program from the students which comprised of speeches, song, dance , comic enactments and conduction of exciting interviews and games for the teachers.



## Feast of Mother Brigida

Feast of mother Brigida was celebrated by the students of Class VI. Blessed Mother Brigida was a woman of virtues and a role model in her times. She was eminently a contemplative and mystic soul who advanced to great heights of perfection through an intense prayer life and intimate union with God. The program commenced by garlanding the portrait of Mother Brigida by Principal Sr. Regi. The program consisted of speeches, songs and displaying of messages which mirrored the missionary and pious life of Mother Brigida. Principal Sr. Regi. in her address congratulated the students and in charge teachers for putting up a wonderful and meaningful program on Mother Brigida.



## Swachhata Pakhwada

Swachhata Pakhwada from 1st to 15th of September was conducted with zeal and participating spirit. The inauguration of the event was held on 1st of September in which the oath of cleanliness was taken by principal Sr. Regi, teachers and the students. The students elaborated the importance of cleanliness and demonstrated the use of different types of dustbins. Thereafter many activities were conducted from 2nd to 15th of September. The students and teachers planted saplings and plucked weeds from in and outside of the school premises. A group of students went to the nearby slum area to undertake cleanliness drive in a local school in partnership with the students and teachers of the school. Various aspects of cleanliness were taught to the slum dwellers. On 15th September, Swachhata Pakhwada concluded with the distribution of certificates to the winners of poster making, painting and debate competitions.





# HOMAGE TO BAPU AND SHASHTRI JI

Gandhi Jayanti was celebrated in the morning assembly with divinity and national spirit. The program commenced by garlanding the portrait of Mahatma Gandhi and Lal Bahadur Shastri followed by the students performing a beautiful skit giving the message of secularism, oneness of God and reflecting the rich Indian cultural heritage.



## SPORTS Stars

A team of 10 students consisting of 5 boys and 5 girls went to take part in CBSE Cluster V Inter School Athletic Competition held under the auspices of Dr. Rizvi, Springfield school in Kaushambi district of Allahabad. Mr. Mohd. Mazeed, Ms. Chaya Shukla and Ms. Mahima Singh were the teachers in charge.



## Brilliant Performance

**Suryansh Rai and Om Gupta** of class X brought laurels to the school by bagging silver medal and runners up trophy in under 14 East Zone CBSE Inter school Badminton championship held in Badaun (UP). Having qualified for the nationals our young badminton prodigies took part in Inter School National Badminton Championship in Baroda. They gave a magnificent account of themselves and played beautifully to reach the Quarter Final after winning four rounds.



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## TRIP TO SOUTH

44 Students, 7 teachers and Principal Sr. Regi went for an educational tour to Chennai, Mysore and Bangalore from 31st October to 6th November. It was a fun filled tour in which the touring party enjoyed much and got the golden opportunity to savor natural beauty and experienced the royal history of Tipu Sultan in majestic Mysore Palace. For everyone it was an exhilarating and enriching experience.



## Visit by the Provincial

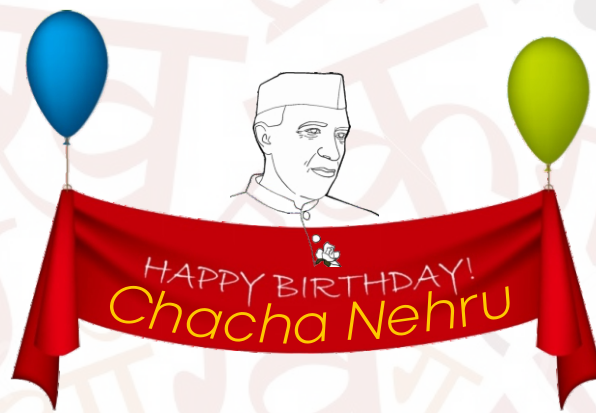
A welcome assembly was conducted by the students of class VIII to welcome Sr. Rupa, Provincial superior of Vimla Province, Lucknow and president of Educational Society of UMI. Students presented welcome song and dance in honor of Sr. Rupa. In her address to the school Sr. Rupa congratulated the Sisters, Staff and Students for their dedication and commitment in running the school and urged the students to practice values from early age of the life itself. Principal Sr. Regi profoundly thanked Sr. Rupa for her kind presence in the school. On this occasion students who won the various competitions in annual talent contest were given certificates by provincial superior Sr. Rupa.



## Happiness is in air, its Diwali everywhere

On 5<sup>th</sup> of October the school celebrated Diwali with the spirit of true joy and festivity. The students of class 10<sup>th</sup>C presented a special assembly and gave brilliant performances. Sr. Regi in her address explained the true meaning of Diwali that is to light the hearts of others and to do well to others. Finally she wished Happy Diwali to everyone and urged everyone to celebrate safe and eco friendly Diwali.





The children day was celebrated with much exuberance. Teachers gave highly exiting and enthralling programs, which comprised of speeches, music, dance, songs and humorous skits. The program commenced by lighting of the lamp by the school parliamentarians and concluded by principal Sr. Regi wishing every child a very happy and healthy childhood. A rich homage was paid to Pt. Jawahar Lal Nehru and Sr. Regi explained the children about his works and visions. Thereafter sweets were distributed to children to make the day even sweeter for them.



### Motivation and Encouragement

A motivational session was conducted by resource person Mr. Saurabh Beniwal for students of class X to inspire them and to clarify their doubts and apprehension released to choosing the streams best suited for job opportunities. Mr. Beniwal emphasized on the importance of positive thinking, planning and implementation to ensure a better future.

## *Manzilen : A search of new horizons with small steps*

The school celebrated its annual cultural extravaganza “Manzilen 2018”. The program unfolded a scintillating array of presentations comprising dance, music, songs, enactments, drama and miming. The essence of the program was the relevance of brotherhood and the spirit of camaraderie in the present world of materialism. The whole program was watched by a sea of audience completely engrossed and enthralled by the magnificence of each presentation. The whole event became even more spectacular as it was conducted on newly constructed grand stage. On this occasion Mrs. Lizy Philip was felicitated on completing 25 dedicated years of her service as a teacher. Our young badminton prodigies Suryansh Rai and Om Gupta were also felicitated for reaching quarter final stage in All India Inter School Badminton Championship conducted by CBSE in Baroda. The felicitation was done by our Guest of honor Rev. Father Charles De Almeda, parish priest of St. Xaviers, Robertsganj and the dean of Sonbhadra Region along with Manager Sr. Nirmala.



# START

# ANNUAL SPORTS

A famous author Haywood Brown once said, “Sports don't build a character, they reveal it”. Making the statement very true the cold gleaming mornings of 28<sup>th</sup> and 29<sup>th</sup> of December witnessed high sporting spirits of the young athletes in the school premises as these were the days chosen for The Annual Sports Extravaganza. Principal Sr. Regi released the balloons to inaugurate the annual sports and declared the annual meet open. Sahil Srivastava the sports leader took the oath on behalf of all the participants. All the four squads vied with each other with extra ordinary zeal and sportsmanship spirit displaying their athletics skills. Principal Sr. Regi congratulated the students and staff for taking part and conducting the events so well.

## Individual Championships-

1. Sub Junior Boys - Ravi Verma (VI-A Nehru Squad)
2. Junior Boys - Sanskar Yadav (VIII-C Gandhi Squad)
3. Senior Boys - Md. Ahab (X-C Gandhi Squad)
4. Senior Girls - Shivangi Verma (IX-B Gandhi Squad)



The upsurge spirit of patriotism, Liberty and sovereignty was palpable as the school celebrated 70<sup>th</sup> Republic day. The program commenced by hoisting of the Tricolor by the chief guest Principal Sr. Regi. This was followed by an impressive march past and PT display by the four squads. Thereafter students gave inspiring speeches, presented patriotic group songs and group dance. Sr. Regi congratulated the staff and the students and wished everyone a happy republic day. In her address she said it is a moment for all of us to do some introspection and ask ourselves how much responsible citizen we are.



## —Farewell and Good luck—

“Look back with smile; go forward with courage, many wishes for all that is good go with you”

On 16th February a special assembly was conducted to bid farewell to our outgoing students of class 10th. The students of class 5th sang a beautiful farewell song which was full of emotions. The students of class 9th gave farewell speeches. School pupil leader Anushka Singh, on behalf of class 10th students thanked the management and teachers for their love, guidance and also for being a source of inspiration and motivation. The day also marked the annual prize distribution function, in which cups and shields were awarded to students and squads for various activities. Success is the result of perfection, hard work, learning from failure loyalty and persistence. Results were announced by **Mr. Manjit Rajan** and Mrs. Richa Srivastava, in their cheerful style. Principal Sr. Regi and Manager Sr. Nirmala gave away the prizes to the winners. Sr. Regi awarded **Kushagra Pratap Singh** of class 10th A as the best student of the year.

### ANNUAL RESULTS

OVERALL CHAMPION - GANDHI SQUAD

OVERALL RUNNERS UP - NEHRU SQUAD

SPORTS/GAMES - WINNER GANDHI SQUAD

DUTIES - WINNER TAGORE SQUAD

TALENT COMPETITION - WINNER GANDHI SQUAD



Thereafter Sr. Regi and Sr. Merin, conducted a solemn prayer meeting for God's blessings on the students of class 10th. All the teachers blessed the outgoing students. Principal Sr. Regi in her message to class 10th students wished them the very best in life and wished them happy days ahead, and a prosperous life indeed. Sr. Regi concluded the program by presenting mementos to the students, as a token of love and remembrance followed by a luncheon party.

## —Obituary—

A pall of gloom descended on the school and to the city of Obra on 16<sup>th</sup> April 2019 as little Agnivesh Dubey (Class 1-C), left for the heavenly abode, after a sudden and tragic road accident. As playful as Agnivesh was, he left the world, while still playing. Principal Sr. Regi and Sr. Merin conducted a condolence prayer meeting in the school, in which the emotionally saddened sisters, teachers and students prayed to the Almighty, to grant eternal peace to the departed soul. Sr. Regi also prayed to God to give courage to dear **Agnivesh's parents**, to accept this tremendous grief and shocking reality.



“If tears could build a stairway and memories were a lane,  
we would walk right up to heaven, to bring you home again.”



# Sacred Heart Convent School

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