

# REFLECTIONS

MARCH 2019 - APRIL 2020



**Sacred Heart Convent School**

Obra, Sonbhadra





## *From the Principal's Desk...*

*Sacred Heart Convent School is a renowned and prestigious institution in Obra. I feel extremely happy and privileged to be part of this magnificent educational institution. I gratefully acknowledge the yeoman service of my predecessors, dedicated teachers and staff and ever supporting parents and well wishers of Sacred Heart Family. May God be gracious to you all for your noble contribution towards the institution and nation building. Schooling is our first contact with the world: A period of joy, healthy competition, sharing adjustments and love. It is not the wide open spaces, classrooms, the library, laboratories or the large fields, that make the school. It is in the heart of the student and the staff that true institution exists. Today we are living in a fast changing complex society, which presents before us challenges as well as opportunities. In this context It all depends on every individual how one responds to the situation with the right mindset.*



*As life becomes more sophisticated and complex, the way in which the students are prepared to face life has become complex too. Sacred Heart Convent School has always grown with the needs of the time. This institution has always believed in excellence, however, without ignoring more important aspects of life like discipline, inculcation of moral values, Leadership skills and healthy competition in sports and games. Moreover, it is also seen that while student excel in academics, they fail to take care of their physical and moral development. In a society where 'marks' are all important, there is a danger to ignore more important aspects of life. As parents, you are all occupied with your responsibilities and work. On a daily basis, it is also important that we spent some quality time with our kids. We must make sure that we create a comfort zone with our kids that they are able to share freely with us their daily concerns.*

*Dear students, teachers and parents what you are is God's gift to you, what you become is your gift to God. Have something to live for. Bring out the best in you.*

*With warm wishes and God's blessings...*

*Principal  
Sr. Regi Joseph.*



# Editorial

*Dear Readers*

*What you have in your hands, is "Reflections" the official bulletin of Sacred Heart Convent School, Obra that reflects the successful and thrilling journey of this one of the most promising and prominent educational institutions of the place. Here, I have tried my best to make sure, this memoir of SHCS, helps you in recapitulating your eventful journey here in the school. "Reflections" is a compilation of the immense efforts put forward by the truthful and diligent Sacred Heartarians and is also a specimen of their creativity. This was another remarkable year with our students bringing laurels to the school in all possible spheres. In the fruitful guidance of Principal Sr. Regi, the whole staff collectively worked in creating social, empathetical and practical environments for the students that may soothe them the best for their all around development. I take this opportunity to also thank Mr. Swatantra Srivastava for his valuable inspiration and guidance that worked as a mentor in the compilation of this bulletin. In this long and committed journey of Sacred Heart Convent School, we have achieved countless milestones but many cliffs are left to be climbed and many streams are yet to be crossed. Before I drop my pen on this positive note, here is a reflection for all of us...*



*"Education is a passport, for tomorrow belongs to those who prepare for it today..."*

*Editor*

*Manjit Rajan*



## *"Let's take an oath...."*

The newly installed school parliament was administered the oath of office by Principal **Sr. Regi** in the investiture ceremony on 29<sup>th</sup> of April. Manager **Sr. Nirmala** presented the sashes to the parliament members and the squad leaders as a mark of their duty towards the school and the society. Principal **Sr. Regi** along with her best wishes congratulated the parliamentarians and explained them that leadership and power comes with a sense of responsibility and requires courage.



## *"Festival of Democracy...."*

*"The ballot is stronger than the bullet"-  
Abraham Lincoln*

A special assembly was conducted on 30<sup>th</sup> of April by the students of class IX & X to motivate everyone to cast their valuable votes in the coming Lok Sabha elections of 2019, so that the mega festival of democracy could become a great success. Students presented inspiring songs, speeches and dance performances and requested all eligible ones to cast their votes. **Mr. Keshav Giri** in his address to the school urged everyone to vote, to make the country a united and powerful nation. Many parents also attended the assembly.





## *“Recognition to Hard Work.....”*

*“There is as much dignity in tilling a field as in writing a poem”-  
Brooker T. Washington*

The above lines of the great author and social reformer **Brooker T. Washington** signify the value of a labour in a very meaningful way. To give recognition to the hard and tireless work of our supporting staff, the students of Class IX A conducted a very special assembly filled with songs, speech and enactments on the occasion of May Day. The students showed their regards to our supporting staff by presenting “Thank you” cards and flowers to them. In her address to the school Principal **Sr. Regi** thanked the support staff for all the pain they take to make the school run smoothly and gave them some gifts to make the day even more memorable for them.





*"A little sweet and a little salty, the result day has its own Quality"*

Students hard work met with its destiny as on 6<sup>th</sup> May, CBSE declared the results of class X of the academic year 2018-2019. It was a magnificent result as 15 students of the school scored 95% & above and 37 students received 90% & above marks. Total 156 students appeared in the exams and out of them 145 passed with I division. It was a proud day for the school, teachers, students and above all for the parents.



**Sacred Heart Convent School**  
Obra, Sonbhadra

*Congratulations!*

The Management, Staff and Students congratulate our CBSE Class 10th "TOPPERS STUDENTS" (2018-19)

 SNEHA SINGH 97.4%	 VIBHAV GOEL 97.4%	 SHWETA TRIPATHI 97%	 HARSH SINGH 96.4%
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@sacredheartobra.org  
Best Wishes  
Principal



**Sacred Heart Convent School**  
Obra, Sonbhadra

*Congratulations!*

The Management, Staff And Students Congratulate Our Cbse Class 10th Meritorious Students (2018-19)

 NALIN SHARMA 96.2%	 AYUSH SHARMA 96.2%	 TANU SINGH 96.2%	 ANUSHKA SINGH 96.2%	 AMISHA SRIVASTAVA 95.8%	 SAMANTH PRATAP SINGH 95.4%
 JYOTI SINGH 95.4%	 SHIVANG AGRAWAL 95.2%	 VAISHNAVI PANDEY 95.2%	 KRITI ROHAN 95%	 ANANYA SHUKLA 94%	

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Best Wishes  
Principal



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 SNEHA AGRAWAL 94%	 HERAMB KUMAR PANDEY 93.8%	 RASHI MEHROTRA 93.6%	 TUBA TASNEEM 93.4%	 KRITIKA SHUKLA 93%	 SNEHA GUPTA 92.8%
 SACHI ANAND 92.8%	 HRITIK BANSAL 92.8%	 ABHISHEK YADAV 91.4%	 HARSH JINDAL 91.2%	 SWAYAM PANDEY 91.2%	

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 SNEHA GARG 91%	 KUSHAGRA PRATAP 91%	 ANANYA SETH 90.8%	 RANJANA 90.8%	 KAJAL BANSAL 90.8%	 DEEPTI SINGH 90.8%
 HANSINI MAHAPATRA 90.8%	 SHAMS DAVAR KHAN 90.6%	 ARISHA SIDDIQUI 90.6%	 SAHLI SRIVASTAVA 90.2%	 SHUBHASHISH 90%	

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Best Wishes  
Principal



## *"School Chale Hum....."*

Beautiful and enthusiastic smiles of the students filled the school campus with positivity and happiness when the school reopened after the summer vacations. A very special assembly was conducted on the occasion and the students charged up the morning with their motivational speeches, energetic songs and incredible dance performances. Principal **Sr. Regi** in her address to the school very cheerfully welcomed the students and the staff and expressed the importance of always being enthusiastic in life and urged everyone to keep their spirits always positive and high.



## *"Your limitation is just your imagination"*

On 29<sup>th</sup> of July **Rev. Father Sebastian Francis** visited the school and brought the above quote to its real sense. He was a master of vibrant personality and a heavy adorable voice. He took a very inspiring session for the students of class IX and X and encouraged them by giving realistic solutions and ideas to the students so that they could overcome with their problems of academics as well as of their growing age.





*"Hide not your talent, they for use were made, what's a sundial is shade?"*

Students' innate creativity met with a chance to come out and express itself when 3 days of Talent Contest was held in the school premises on 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> of August. The students of classes I to X participated in various events such as dance, singing, mime, mono acting, on the spot activities, painting and culinary skills. The children overwhelmingly took part in different events and showcased their hidden talents and last but not the least, our juniors surprised everyone with their mind blowing performances.





*“Thousands laid down their lives, so that the country could breath always...”*

The day of 15<sup>th</sup> Aug. came with the dual happiness as along with **Independence Day** it also brought Rakshabandhan with itself. The wet morning was filled with patriotism and the school was ready to celebrate the 73<sup>rd</sup> Independence Day of our Nation. Principal **Sr. Regi** hoisted the Tricolor and took the salute of the marching columns of different squads. This was followed by a magnificent **Independence Day** program where all the performances were filled with patriotic fervor and the spirit of nationalism.

Principal **Sr. Regi** in her address to the school wished everyone a very happy **Independence Day** and Rakshabandhan and urged the students to acknowledge the value of our hard earned freedom.



*“A good book is always the best companion”*

A book fair was organized in the school premises from 19<sup>th</sup> to 22<sup>nd</sup> of August by M/S Scholastic Publications. Mr. Rohit Srivastava was the school coordinator for the event who managed everything very well and made the fair an extremely successful and productive event.





## *“Services to humanity is the service to God”*

Feast of **Mother Brigida** was celebrated on 4<sup>th</sup> September by the students of Hindi Club. The program consisted of speeches, songs and plays all portraying the missionary and an eminently sacred life of the holy soul. Principal **Sr. Regi** in her address applauded the students for displaying a wonderful program and gave valuable information about Mother Brigida. She also explained the cause of celebrating her day of departure to the heaven as a feast, at the end of her speech she asked the students to live a life of true values and great goals.



## *“Teaching is a profession that teaches all other professions”*

The students exhaled their love and oceanic regards for their teachers on the occasion of Teachers Day. A very special assembly was conducted by the students of class X. The program started with the lightening of the lamp followed by a prayer song. Principal **Sr. Regi** garlanded the portrait of a great teacher and India's 2<sup>nd</sup> President **Dr. S. Radha Krishnan**. After this the students presented a highly entertaining program comprising of melodious songs, comic enactments, nicely choreographed dance performances and exiting games for the teachers. The whole program was meant to make the teachers feel special and happy and to express deep regards of the students for their mentors.





## *"Swachhata- a word leads to health, wealth and success"*

The school celebrated the "Swachhata Pakhwada" from 1<sup>st</sup> to 15<sup>th</sup> of September with great enthusiasm and participatory spirit. The inauguration ceremony was held on 2<sup>nd</sup> of September and principal Sr. Regi along with the students and the teachers took the oath of cleanliness. A series of special assemblies and events such as poster making, nukkad natak, scrape and garbage management program and essay writing competition took place. Students of IX and X made a Swachhata Chain outside the school campus to spread awareness in the society. The conclusion ceremony was arranged on 15<sup>th</sup> Sep. and the certificates were distributed to those who won in different competitions held.



## *Truth + Simplicity + Non Violence = "Mahatma Gandhi"*



Rich tributes were paid to the father of the nation **Mahatma Gandhi** and one of the all time great leaders of India, **Lal Bahadur Shashtri** on the occasion of Gandhi Jayanti. Students, through their songs and skits depicted the hard and an extremely dedicated life our great

leaders Gandhi ji and Shashtri Ji. Principal Sr. Regi in her address urged the students to follow the path of patriotism and simplicity and told everyone to live a life filled with self respect and pride for nation.





## *"Trip to Kolkata...."*

Days of a little relaxation and enjoyment came when a group of 72 students, 11 teachers and Principal Sr. Regi went on an educational tour to the heart and the capital city of West Bengal, Kolkata, from 13<sup>th</sup> to 17<sup>th</sup> of November. The aromatic city of Kolkata offered us the glimpses of colonial India wrapped with the touch of modern Bharat. The places like Science City, Eco park, Aquatica Water Park, Victoria Memorial and many more were full of knowledge and fun and places like *Mothers House* and *Shishu Bhawan* touched our hearts with the hard reality of life.





## *“Welcome dear Sister...”*

The day of 30<sup>th</sup> November was very special as the school got a chance to welcome **Rev. Sr. Pushpa**, provincial Superior of Vimla Province Lucknow and the president of educational society of UMI. Students reflected their happiness through a beautiful assembly consisting of welcome song, speeches and adorable dance performances. In her address to the assembly **Sr. Pushpa** congratulated the staff, the management and the students for their dedication and commitment to the school. She then advised the students to be firm both in academics and with their emotions and elaborated the importance of having spiritual strength. Principal Sr. Regi in her speech thanked to **Rev. Sr. Pushpa** whole heartedly for giving her precious time to school. The day also marked the price distribution to the winners of Annual Talent Competition.



## *“Annual Sports Extravaganza”*

“A champion is someone who gets up and runs even when he can’t walk”. Bringing the above quote to its shape the chilly winter mornings of Dec. 5<sup>th</sup> 6<sup>th</sup> and 7<sup>th</sup> presented us many champions and with their booming spirits they took part in Annual Sports. The inauguration day became unforgettable when two highly honored police personnel joined us on the day. Our chief guest **Mr. Bhasker Verma**, C/O Obra hoisted the sports flag and released the balloons to inaugurate the annual sports and declared the annual sports meet 2019-





2020 open. Om Gupta the sports leader took the oath on behalf of all the participants. All four squads competed with each other with their high sportsmanship and the athletes showcased their amazing potential and passion for victory in the coming days. After three eventful and energetic days principal **Sr. Regi** closed the meet and thanked the staff, the participants, the students and specially to our sports teachers **Mr. Keshav Giri** and **Mr. Md. Mazeed** for their tireless efforts and flawless conduction of annual sports.



### INDIVIDUAL CHAMPIONS~

- 1~ SUB JUNIOR BOYS~ VAIBHAV RAJPAL (VI-B SHASHTRI SQUAD)
- 2~ JUNIOR GIRLS~ HRISHITA (VIII-A GANDHI SQUAD)
- 3~ SENIOR BOYS~ SHITANSH SINGH (IX-B GANDHI SQUAD)
- 4~ SENIOR GIRLS~ ANANYA MISHRA (IX-A SHASHTRI SQUAD)



*“Constitution is not mere lawyers’ document, it is a vehicle of life, and its spirit is always the spirit of age”*

Our souls took dive in the colorful ponds of sovereignty, liberty and freedom as the school celebrated 71<sup>st</sup> **Republic day** of the nation. Chief guest Principal **Sr. Regi** hoisted the Tricolor and the students displayed the spirit of patriotism in their impressive performances. **Sr. Regi** in her address said that republic day is a call for every Indian to respect everyone’s rights and practice our duties towards our country.



## *“Farewell to the Champions”*

The day of Feb. 9<sup>th</sup> came with a crack jack taste as the day marked two major events, annual price distribution and the farewell of the outgoing students of class X. The assembly started with the prayer meeting conducted by Principal **Sr. Regi** for seeking the blessings of God almighty on the students of class X. Thereafter the annual results were announced by **Mr. Manjit Rajan**. Principal **Sr. Regi** did the honours and gave away the medals and the certificates. Three special prizes were also announced on the day by the Principal, that are-



- 1- Best Student of the Year- **Rajan Kumar X-B**
- 2- Boy with best leadership qualities- **Atiksh Vikram Singh X-D**



3- Most responsible student of the year-  
**Tanay Dubey X- B**

This was followed by an enthralling farewell program presented by the students of class IX. **Sr. Regi** with her best wishes presented the mementos and class photographs to the students of Class X as a token of love and remembrance. Students relished and savored every moment of their last day in the campus and left the school having tears in the eyes and smiles on their faces.



**ANNUAL RESULTS-**

**OVERALL CHAMPION- GANDHI SQUAD**

**OVERALL RUNNERS UP- NEHRU SQUAD**

**SPORT / GAMES- GANDHI SQUAD**

**DUTIES- SHASHTRI SQUAD**

**TALENT DAY COMPETITION- GANDHI SQUAD**





## *"Happy Golden Jubilee and a happy farewell"*

On February 18<sup>th</sup>, a very special assembly was conducted to celebrate the Golden Jubilee of two of the finest souls **Rev. Sr. Nirmala** and **Rev. Sr. Linet**. The students of class 7<sup>th</sup> made the day memorable with their magnificent program that started with the lighting of the lamp by Principal Sr. Regi, Manager Sr. Nirmala, Sr. Linet, Sr. Merin and Mrs. Richa Gupta and this was followed by heart touching songs, poems, speeches and unique and vibrant dance performances. The students depicted the hard and dedicated life of Sisters through attributing words of English alphabets. **Sr. Linet** with her voice filled with love, emotions and gratitude thanked and blessed the teachers and the students. She even urged the students to be studious and to acknowledge a purpose in life so that they may prove themselves a valuable asset to the nation. Principal **Sr. Regi** in her address to the school said that she was filled with mixed feelings as the day also marked the farewell of Manager **Sr. Nirmala**. In heavy notes she expressed her deep regards, love and thankfulness to both the sisters and said that they will always be a source of inspiration to her and to the school.







## SACRED HEART CONVENT SCHOOL, OBRA 2019-2020



Photo by- Studio Chitralok (9450818918)

**Class X (A)**



## SACRED HEART CONVENT SCHOOL, OBRA 2019-2020



Photo by- Studio Chitralok (9450818918)

**Class X (B)**





## SACRED HEART CONVENT SCHOOL, OBRA 2019-2020



Photo by - Studio Chitralok (9450818918)

**Class X (C)**



## SACRED HEART CONVENT SCHOOL, OBRA 2019-2020



Photo by - Studio Chitralok (9450818918)

**Class X (D)**





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