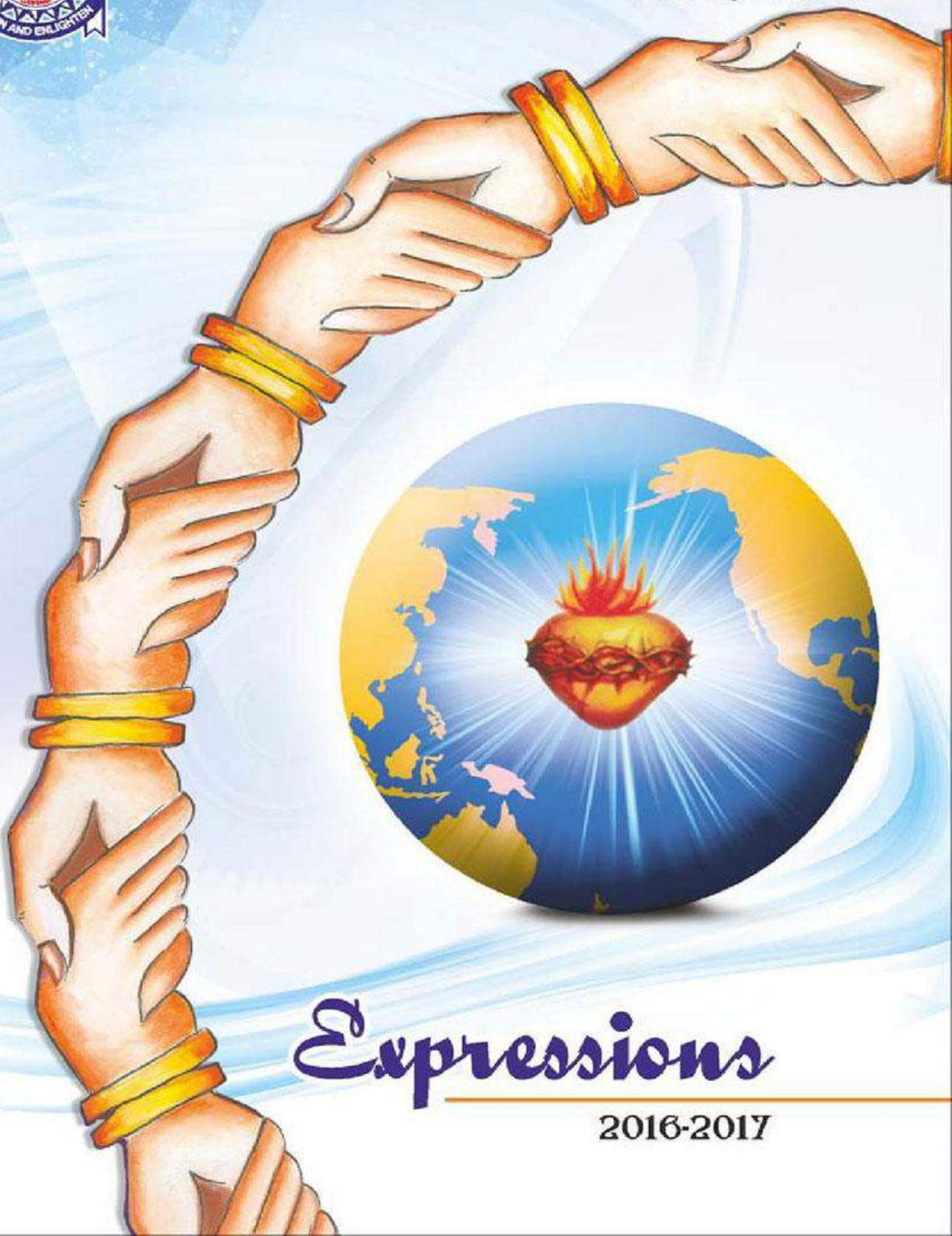




Sacred Heart Sr. Sec. School

B.R.S. Nagar, Ludhiana



Expressions

2016-2017

Sacred Heart Senior Secondary School



VISION & MISSION

- Excellent value education for academic, creative, personal, physical, moral and spiritual development.
- Loyalty, pride, belongingness, caring and sharing.
- Promotion of human rights and responsibilities.
- Leadership with sense of team work.
- Appreciation of India's rich culture.



A PRAYER to Most SACRED HEART of JESUS

O most Sacred Heart of Jesus,
fountain of every blessing,

I adore you, I love you,

Make me humble, patient, pure and wholly
obedient to your will. I love you and

I want to protect me with your Heart of
the good Shepherd through your most
Sacred Heart, make us all
love one another.

I want to be a little child of the Father.

I give you my heart,

keep me in Your Heart and
teach me your way of love.

Grant that I may live in you and for you.

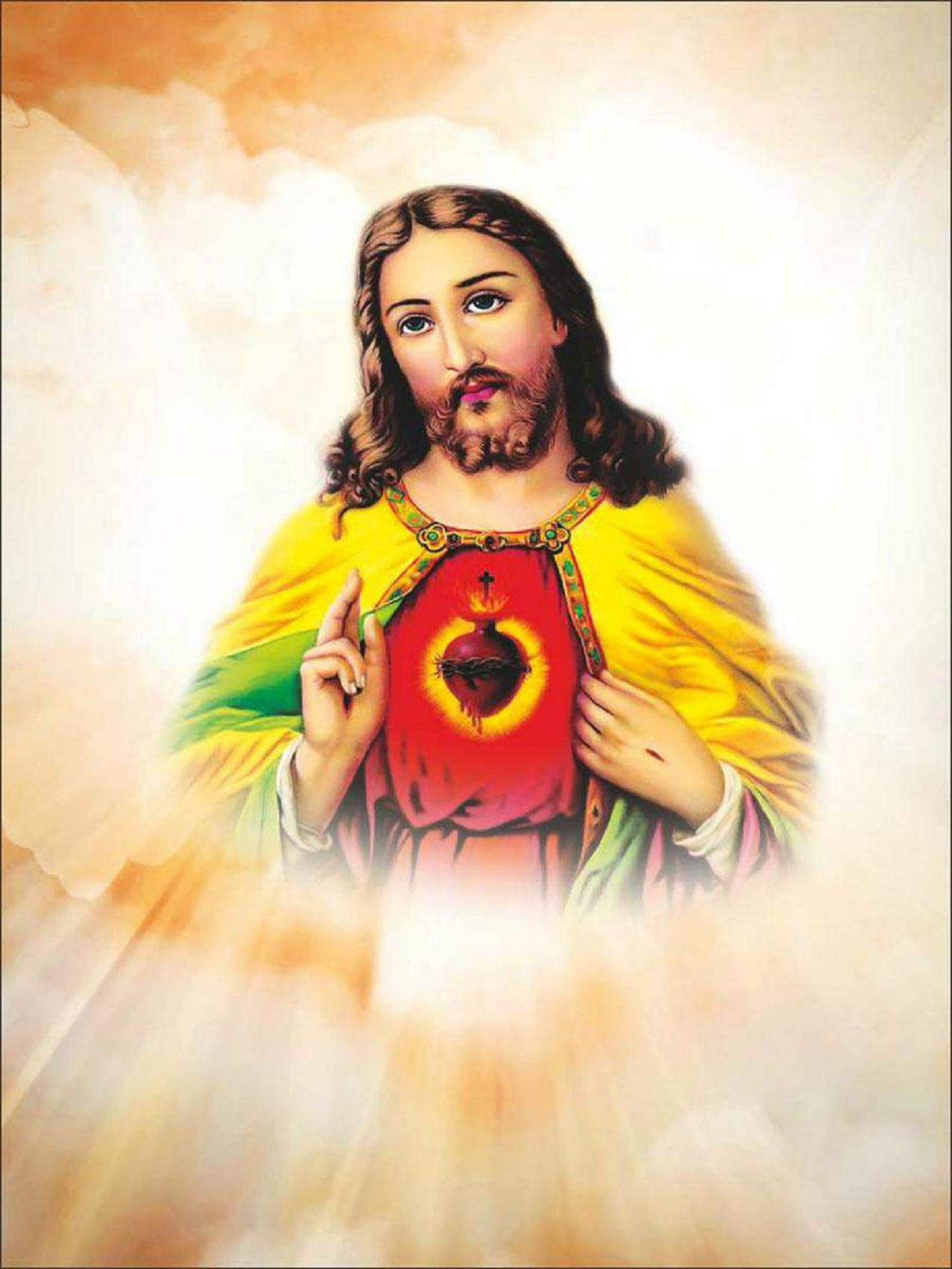
Protect me in the midst of danger.

Comfort me in my afflictions.

Give me wisdom, knowledge,
health of body, assistance in
my temporal needs, your blessing on all
that I do, and to love everyone, faithfully,
with the endless love of Jesus.

- Amen







His Holiness

Pope Francis





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e-mail (O) : diojal5ab@gmail.com
Website : jalandhardioocese.com
Mobile : +91-97799-91099
Office : 0181-2222634
Fax : 0181-4635701



BISHOP'S HOUSE
Civil Lines, Jalandhar City - 144001
Punjab - India
Phone (R) : +91-181-2223987
: +91-181-2243987



Bishop of Jalandhar Most Rev. Dr. Franco Mulakkal

Message

I am glad to know that Sacred Heart Sr. Sec. School is publishing its special issue of the school magazine of its service to the humanity. It is my pleasure to write a few lines about this prestigious educational institution. I congratulate the school on having made a significant impact on the lives of so many bright minds, and inspired so many of our community leaders to support the cause of education.

Being a Minority Institution, the school is giving quality and value-based education to the children of Ludhiana. The education in Sacred Heart Sr. Sec. School is empowering the children to face the realities of life once they come out of the school. I congratulate the Management and the staff for their dedicated service to the society, Ludhiana.

I take this occasion to extend my best wishes and sincere thanks to the Principal Rev. Sr. Silvi, staff, students and parents for their strong sense of commitment, service and responsibility that has transformed this institution into an outstanding and significant temple of learning, today.

Rt. Rev. Dr. Franco Mulakkal
Bishop of Jalandhar Diocese
(Patron and President of the School)



'Towards Wisdom and Grace'

Tel. 0181-4613556
e-mail : dbejalandhar@gmail.com
Ex. Secty, 08283807011, 07508799149,
09876725566

DIOCESAN BOARD OF EDUCATION
Bishop's House, Civil Lines, Jalandhar City, Punjab - 144001



Chairman
Msgr. Xavier Thazhathuveetil

Message

It is a matter of great pride to pen down these few lines in appreciation of the School magazine "Expressions 2016-17" which The Sacred Heart School would be publishing at the occasion of the celebration of 35 years of Excellence in Education. I am reminded of the exhortation by Late Dr. APJ Abdul Kalam, while addressing the students he said, "Children, Never stop fighting until you arrive at your destined place - that is, the unique you. Have an aim in life, continuously acquire knowledge, work hard, and have perseverance to realize the great life."

I am sure the school magazine, "Expressions 2016-17" would be an attempt to showcase the multifarious talents of the students, which they develop in the school years in a spirit of indomitable attempt to win and conquer their dreams. The school magazine is definitely the mirror that reflects the face of the school. Academic excellence along with co-curricular and extra curricular activities completes the process of education. And it gives me great satisfaction that the school is progressing in all its endeavors towards the overall development of the personality of the students.

I take this opportunity to congratulate all the students who have contributed to the school magazine and the editorial team, who have put in their best of efforts to give an attractive shape to the magazine. My heartfelt appreciation and applauds for those outstanding students in various fields. It is a matter of great satisfaction that the school management is putting forth all efforts possible to provide a suitable ambience essential for the students to grow and bloom in life. On behalf of the Diocesan Board of Education, Jalandhar, I wish to congratulate the Director, the Principal and the entire staff for their painstaking efforts to upkeep the standard of the school.

My message to the students, in the words of Oscar Wilde, is that "The aim of life is self development to realize one's nature perfectly." The school management has the role to provide opportunities and it is for the students to grab every opportunity to make the best out of it for his/her development and growth. It is rightly said that, "Success comes to those who work hard and stays with those, who don't rest on the laurels of the past."

A school magazine provides opportunity for expression. It is my ardent desire that many young thinkers be groomed through this endeavor of the school that they become tomorrow's leaders to lead our society to a haven of peace and harmony in which all can live as children of One God who is the Father of us all. Let this literary contribution of the school be a source of inspiration to many to work for unity and peace in a world that is getting shattered due to human selfishness and greed. Let us remember the wise words of late President of our nation, Dr. APJ Abdul Kalam who said "Where do the evils like corruption arise from? It comes from the never-ending greed". Let us learn to rise above our human weakness and work for a better world to live in.

Wishing you God's Blessings,

Msgr. Xavier Thazhathuveetil
(e-mail id: txaviertc@gmail.com)

Chairman, Diocesan Board of Education, Diocese of Jalandhar



Chief Minister of Punjab Captain Amarinder Singh

Message

It is heartening to note that the Sacred Heart Senior Secondary School, Ludhiana, one of the pioneer educational institutions has been on forefront in imparting quality education to the students and is bringing out its school magazine 'Expressions 2016-17'.

I am apprised that this premier institute has completed 35 years of existence under able guidance of the Director Rev. Fr. John Mankuzhichalil and Principal Rev. Sr. Silvi. The school has excelled academically and has been instrumental in all round development of students to meet various challenges. The efforts of the management in shaping the future of students besides instilling in them a sense of human & spiritual values are highly laudable.

I am sure that the school would continue its endeavour to achieve new heights in the pursuit of excellence and glory in the field of school education.

I convey my best wishes to the Management, Principal, Staff and students of the school on the occasion.

Amarinder Singh



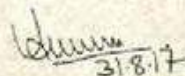
Education Minister of Punjab Smt. Aruna Chaudhary

Message

It is heartening to learn that Sacred Heart Senior Secondary School which is one of the Pioneer Institutes in the State has completed 35 years of existence under the able guidance of Director Rev. Father John Mankuzhichalil and Principal Rev. Sr. Silvi. The school has given excellent results in sharpening the talents of the students besides instilling in them, the genuine human and spiritual values and a genuine concern for the welfare of others. School has excelled not only academically but also has been instrumental in all round development of students to meet various challenges in life.

I extend my warm greetings and felicitation to the Management, Principal, Staff and the students of the school.

I wish the school success in the years to come and the School Magazine (Expression 2016-17), the very best.


31.8.17

Aruna Chaudhary



केन्द्रीय माध्यमिक शिक्षा बोर्ड
CENTRAL BOARD OF SECONDARY EDUCATION

Ref.No.JS/PS/PKL/2017

Dated : 05. 04.2017



Regional Officer
Dr. Joseph Emmanuel

Message

I am happy to learn that Sacred Heart Senior Secondary School Ludhiana is going to release its annual school magazine "Expression 2016-17" to commemorate schools 35 years of service to the Society.

It is a matter of pride that the school follows the guiding principle of "Learn and Enlighten" in its endeavour to provide service to the Society and Nation.

I extend my warm regards and best wishes to the students, Management and staff of the school on this occasion. I am sure that the good work of the institution will benefit generation of students and the society as a whole.

With Best Wishes.

Joseph Emmanuel
(Regional Officer, CBSE)



Director of the School
Rev. Fr. John Mankuzhichalil

Message

Sacred Heart Senior Secondary School, BRS Nagar brings out a literary magazine every year to promote the excellent talents of students in writing and also to celebrate their overall annual achievements. It ignites the minds of the young students to express their talents in different literary and art forms.

Our school teaching is on a unique voyage exploring the new avenues for various emerging methods of academic training. Today the style of education has changed even to do it without a classroom. We try to give the best available facilities in the world for our students so that they become the pioneers in everything that is modern and innovative.

In Sacred Heart we try to give hands-on experience to every student in the allied fields so that she/he become the best and sharp with all talents dormant in them. A student is motivated to utilize all their potentials to make a good career and develop a responsible and contributing personality, creating great reputation for parents and society at large. They are taught to respect others and to be sincere to oneself so that they will have no difficulty to face any challenges in their practical lives. Students are trained to keep the balance of ecology and environment congenial to protect and preserve the nature intact, so that our future generations also may be able to live in it peacefully and prosperously.

In Sacred Heart we always value the importance of parents and relevance of teachers. When they work together in harmony we get the best reward in the great success of our students. Parents' dreams are made real by the selfless sacrifice and committed service of teachers. Sacred Heartians always make a difference of excellence in this way creating an awarding future for themselves.

Congratulations to the Principal, teachers, parents and the students who have played their special roles in bringing out this magazine *Expressions* for the year 2016-17. Wish you all every success and best wishes. God bless. Thank You.

Rev. Fr. John Mankuzhichalil



From the Principal's Desk Sr. Silvi

Message

"The aim of education is the knowledge not of facts but of values".

- William Ralph Inge

Education is a continuous and a creative process. Its aim is to develop the aptitude skill and talents in human nature and to coordinate their expressions for the enrichment and progress of society by equipping children with divine knowledge. True education develops self confidence, will power, goal setting expertise and creative thinking. Academic excellence is the need of the hour and we cannot deny the fact that it can only be achieved through continuous efforts, regular practice and positive thoughts.

My dear students, good thoughts definitely improve the quality of one's life. Nurture your mind with great thoughts, for you will never go higher than where your thoughts take you. It's not what you are, that is holding you back in life, it's what you think, and you cannot. When you are inspired by great purpose, your thoughts break the bonds, your mind transcends all limitations, your consciousness expands in every direction and you find yourself excelling in your venture. Dormant forces, facilities and talents become alive and you discover yourself to be a little greater than what you had been earlier.

It is with this thought in mind that we at Sacred Heart try to provide an appropriate atmosphere that right thoughts take good shape in catering to all round development of the child placed very preciously, under our care. And our commitment to such education will always persist in all our endeavors.

I express my deep appreciation and hearty congratulations to the Editorial Board, budding writers, artists and to all those who have taken interest and pain to put together the efforts and work of the students in shaping the School Magazine "Expression 2016-17"

I earnestly pray that may you all be blessed with enthusiasm, optimistic approach to work harder and be successful.

May God bless you always!

Sr. Silvi

Heartfelt Tribute From *Sacred Heart Fraternity*



Precious in the sight of the Lord
is the death of His saints

- Psalm 116.5



Ex-Director, Late Rev. Fr. Mathew Nilampanna
(1935-2017)





CHIEF EDITOR'S MESSAGE

Dear Reader,

Creativity is imagination and imagination is for everyone.

— Paul Arden

In agreement with the above quote, I find writing the most valuable literary expression. The inculcation of passion for creative thinking and writing amongst the students is one of the major objectives set by Sacred Heart Senior Secondary School. 'Expressions' has been a step towards it to encourage original thinking within the students.

You will find some real and amazing pieces of writing in the magazine which will provide an opportunity to keep into a child's thought process and his or her axiomatic creative thinking. It had been a lovely experience for me to see these enthusiastic writers voicing their feelings through their write ups.

We need to recognize, appreciate, applaud and foster the fine blend of sensibilities in a child and this expression is to be viewed as a launch pad for the children's creative urges to blossom naturally. Sacred Heart allows these budding minds to roam free in the realm of imagination and experience to creative world of beauty in words.

The essential purpose of any school magazine is to inform, engage, inspire and entertain a diverse readership-including alumni, faculty, staff, students, parents and other friends of Sacred Heart by presenting an intimate, timely and honest portrait of the school activities and academic achievements.

Meritorious students, talented students, sports students and the ones who have won laurels for the school have found a place in the magazine.

It reflects and encompasses the diversity inherent to the academic and extra-curricular arenas and it continues to expand its reach to achieve its vision of being a truly representative students publication. I would like to thank the creative board for playing a strong role in envisioning the layout of 'Expressions' 2016-17.

I wish all the readers a HAPPY READING!

Sukhsimran Gill (PGT English)
Editor-in-Chief

Results Class XII

Our Shining Balides

You Make us Proud

"Success is the sum of small efforts repeated day in & day out."

Excellent performance in AISSCE (XII) 2016-2017

Overall Toppers



Our Go-getters

STREAM WISE TOPPERS

Non Medical



Medical



STREAM WISE TOPPERS

Humanities



Commerce



Our Galaxy of Shining Stars

SUBJECT WISE TOPPERS XII





Mehan Bansal
Maths 100%,
B.Sid. 100%, Acc. 96%



Garima Gambhir
Economics 99%



Akansha Joshi
Geography 91%,
Political Sci. 96%



Kriti Goyal
IP 99%



Navjot Kaur Grewal
Phy. Edu. 99%



Rose Mary Tomichan
Biotechnology 96%



Trisha Kohli
Psychology 97%

GEMS OF THE SCHOOL

Students Scoring 90% and Above



Preet Kaur Sidhu
96.8%



Abhinav Jain
96.2%



Anisha Galhotra
95.8%



Meghan Bansal
95.8%



Shlivam Maheshwary
95.4%

Our Show Stoppers On A Higher Plane



Arshia Jain
95.4%



Palkhi Sharma
95.2%



Kirat Chhabra
95%



Navjot Kaur Grewal
94.6%



Niharika Ratra
94.2%



Sudiksha Nayyar
94.2%



Gurkirat Singh
93.6%



Prabhjeet Kaur
93.6%



Dharun Vijay Puniya
93.4%



Shubhi Arora
93.4%



Arshpreet Kaur
93%



Rose Mary Tomichan
93%



Mitul Jain
92.6%



Tanvi Jain
92.6%



Shriya Dhir
92.6%



Kriti Goyal
92.4%



Daman Kaur Kohli
92.4%



Garima Gambhir
92.2%



Akshay Singh
92%



Alka
92%

Only he who keeps his eyes fixed on the far horizon, will find his right road



Kunal Soni
92%



Pahuldeep Singh
91.8%



Yashica Khanna
91.8%



Akansha Joshi
91.8%



Rupali Narang
91.4%



Vanshika Sahl
91.4%



Gurleen Kaur
91.2%



Himanshu Gupta
91%



Jaskarandeep S.Arora
91%



Nikta Singla
90.8%



Netra Kapoor
90.8%



Kritika Madaan
90.8%



Vinayak Aggarwal
90.6%



Shlvam Arora
90.4%



Bhavika Abrol
90.4%



Pulkita Jindal
90.2%



Shubhika Batra
90.2%



Tanisha Mehtani
90.2%

RESULT OF CLASS X

Aspiring For The Top

"Soar High and Touch The Sky."

"Felicitations to Parents & Students for
excellent performance in AISSE (X) 2016-2017"

CGPA 10 Holders



Abhishek Jain
CGPA 10



Aditya Gupta
CGPA 10



Arpit Jindal
CGPA 10



Ayush Jain
CGPA 10



Divjot Singh
CGPA 10



Karn Sharma
CGPA 10



Aavaig Malhotra
CGPA 10



Anuj Jain
CGPA 10



Divjot Singh Sidana
CGPA 10



Gurpreet Singh
CGPA 10



Ishaan Garg
CGPA 10



Madhav Kapoor
CGPA 10



Manann Arora
CGPA 10



Aaina Makkar
CGPA 10



Amishee Nohria
CGPA 10



Dilpreet Kaur
CGPA 10



Ishita Sikka
CGPA 10



Kavya Garg
CGPA 10



Aazamvir S. Sandhu
CGPA 10



Bisman S. Channa
CGPA 10

OUR ACME ACHIEVERS



**Harmehak Singh
Khangura**
CGPA 10



**Jal Aditya Kumar
Dhall**
CGPA 10



Kartik Sharma
CGPA 10



Jyoti Jindal
CGPA 10



Shreya Goel
CGPA 10



Aarsh Nayyar
CGPA 10



Harjasman S. Raihan
CGPA 10



Kartikeya Arora
CGPA 10



**Soumit Sarupya
Swain**
CGPA 10



Uday Singla
CGPA 10



Bhavneet Kaur
CGPA 10



Meenal Bhatla
CGPA 10



Shreya Puri
CGPA 10



Diksha Goyal
CGPA 10



Ishika Gaba
CGPA 10



Japna Asija
CGPA 10

OUR ACME ACHIEVERS



Oorjita Sharma
CGPA 10



Ria Sood
CGPA 10



Tanya Garg
CGPA 10



Taruvar Mittal
CGPA 10



Vani Chugh
CGPA 10



Vasundhra Aggarwal
CGPA 10



Vidhi Goyal
CGPA 10



Shubham Mehra
CGPA 10



**Amandeep Kaur
Bajwa**
CGPA 10



Divyakshi
CGPA 10



Hersimer Kaur
CGPA 10



Pragati Jain
CGPA 10



Sejal Modi
CGPA 10



Simran Narula
CGPA 10



Chirag Goyal
CGPA 10



Manan Bhatia
CGPA 10



Sanuj Sood
CGPA 10



Varun Biyani
CGPA 10



Arsheen Kaur
CGPA 10

Icons of Sacred Heart (2016-17)

16th SOF National Cyber Olympiad (NCO)



Ishaan Sodhi, VI-A
NCO-II Level, Zonal Rank:1
Zonal Gold Medal
₹5000/- cash prize winner



Uday Singla, X-E
NCO-II Level, Zonal Rank:3
Zonal Bronze Medal
₹1000/- cash prize winner



Mayank Saxena, XI-A
NCO-II Level, Zonal Rank:3
Zonal Silver Medal
₹2500/- cash prize winner



Lira Chawla, XI-A
NCO-II Level, Zonal Rank:6
₹1000/- cash prize winner



Chirag Sharma, IX-C
NCO-II Level, Zonal Rank:7
₹1000/- cash prize winner



Gitanish Jain, XII-A
NCO-II Level, Zonal Rank:9
₹1000/- cash prize winner



Kartikay Goyal, IV-D
NCO-II Level, Zonal Rank:9
₹1000/- cash prize winner

16th SOF NSO 2016-17



Vinayak Aggarwal,
XII-A
NSO-II Level
Zonal Rank-1
Zonal Gold Medal
₹5000/- cash prize winner



Vinayak Aggarwal, XII-A
IMO- II Level Zonal Rank-3
Bronze Medal
₹1000/- cash prize winner



Gurpreet Singh, IX-C
IMO-II Level Zonal Rank-4
₹1000/- cash prize winner



Ishit Garg, IX-E
IMO-II Level Zonal Rank-6
₹1000/- cash prize winner

16th SOF International Mathematics Olympiad (2016-17)

NATIONAL LEVEL PLAYERS - 2016-17

Our Eager Beavers



Muskaan Kapoor, XI-B

National Level Participation
in
Badminton Tournament



Siya Sharma, IX-E

National Level Participation
in
Badminton Tournament



Anshika Yadav, VII-B

National Level Participation
in
Swimming Tournament



Chashmeet Singh, IX-C

National Level
Participation in Skating
Tournament



Japjot Singh, VII-E

National Level
Participation in Skating
Tournament



Rajveer Singh Gill, IX-E

National Level
Participation in
Shooting Tournament



Udaypartap Singh, IX-C

National Level
Participation in Shooting
Tournament



Vanshika Yadav, III-B

National Level
Participation in Karate
Tournament got 1st position.



Sidhant Sharma, IX-C

National Level
Participation in Karate
Tournament got 2nd Position



Prabhneet Singh, VIII-A

National Level
Participation in Volleyball
Tournament

STATE LEVEL PLAYERS - 2016-17

Our Eager Beavers



Sapan Malik, XII-A

3rd in Triple Jump
(CBSE Cluster Athletic
Competition)



Harnoor K. Dhillon, X-D

State Level Participation
in Basketball Tournament



Joel Jose, X-E

State Level Participation
in Basketball Tournament



Ramandeep K. Bajwa,

VIII-A, State Level
Participation in Swimming
Competition



Divnoor Viridi, IX-D

State Level Participation
in Swimming Competition



Japleen Kaur, III-A

State Level Participation
in Skating Competition



Arshmeet Kaur, V-E

State Level Participation
in Skating Competition



Parteek Singh, IX-C

State Level Participation
in Lawn Tennis
Tournament

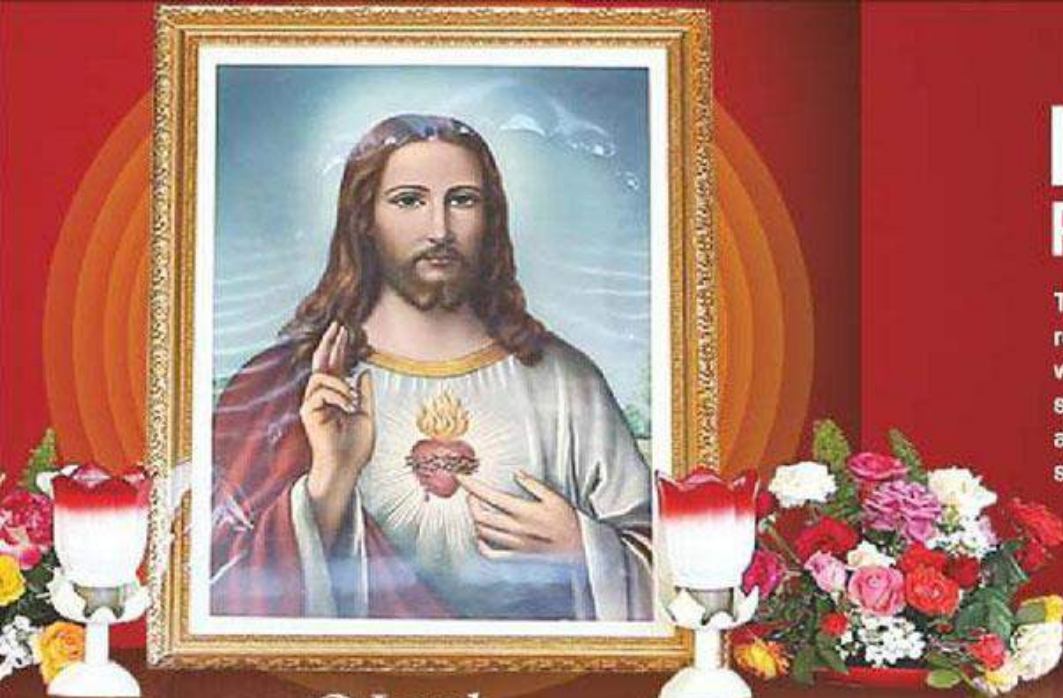


Shubham Mehra

Participate in Distt. Level
Athletics Competition
and got 3rd position

INAUGURAL PRAYER SERVICE

The Sacred Heart Campus reverberated with sacred prayers when the school staff and students participated in the auspicious inaugural prayer service.



O Lord,
Grant us Success

We Come To You And Ask For
Your Blessing
That You Would Give Us
To Fill Our Hearts
To Fill Our Hearts
To Fill Our Hearts
For The People

Ushering into the
New Year
with Holy Blessings

OUR PATRON:

RT. REV. DR. FRANCO MULAKKAL,

Bishop of Jalandhar Diocese
interacting with the
teachers and giving
his *blessings*



Sarv Dharam Sammelan



Activities Galore



Kaleidoscope of Activities - (2016-17)

		KG Block	Primary
Month	Celebration	Competition	Competition
March	28th-Submission of Books Reopening of LKG, UKG and 1st Std. 29th-Regular Classes 6th-Reopening-Nursery		
April	7th-World Health Day (All Classes) 22nd-Earth Day (All Classes) 29th-Labour's Day (Nur., LKG & UKG) 30th-Labour's Day (1st Std.)	29th-English Recitation (LKG) 28th-English Recitation (UKG) 23rd-English Recitation (1st std.)	English Calligraphy (II-V) Earth Day: Book Mark (II)Std. Pledge Writing (III)Std. Paper Bag (IV) Std. Collage Making (V) Std.
May	6th-Mother's Day (All Classes)	9th-English Recitation (Nursery) 6th-Tapping Toes (1st Std. Sec. A,B & C) 7th-Tapping Toes (1st Std. Sec. D & E)	Mothers' Day Celebration: Card Making Activity (II-V) Investiture Ceremony
July	20th-26th-Environment Week (All Classes)	29th-Hindi Recitation (Nursery) 25th-English Story Telling (LKG)	English Recitation (II) Std. English Story Telling (III) Std. Declamation English (IV-V)
Aug.	12th-Independence Day (All Classes)	22nd-English Declamation (Nursery) 29th-Fancy Dress (Sec. A,B,C) - (LKG) 30th-Fancy Dress (Sec. D & E) - (LKG) 4th-English Story Telling (UKG) 1st-Hasya Vyang (K1) Tarang Competition	Patriotic Singing (II-V) English Skit (II-V)
Sept.	2nd-Teachers' Day (All Classes)	1st-Tapping Toes (Sec. A,B,C) -UKG 2nd-Tapping Toes (Sec. D & E) -UKG 1st-Drawing-Colouring (1st Std.)	Hindi Calligraphy (II-V) Hindi Diwas Teacher's Day Celebration
Oct.	10th-Victory of Good over Evil (All Classes) 28th-Diwali (All Classes)	13th-Fancy Dress (Sec. Rose, Green, Yellow) Nursery 14th-Fancy Dress (Sec. Orange, Blue, Red) Nursery 7th-Drawing & Colouring (LKG) 21st-English Declamation (UKG) 7th-English & Hindi Calligraphy (1st Std.)	Candle Decoration (II-III) Diya Decoration (IV-V) Solo Dance (II-V) Inter House Rangoli Inter House GK Quiz
Nov.	11th-Children's Day (All classes)	7th-Drawing & Colouring (Nursery) 25th-English Calligraphy (LKG) 10th-Spell Bee & Drawing & Colouring 3rd-Declamation Contest (1st Std.)	Punjabi Calligraphy Children Day Celebration Visit to an old age home
Dec.	14th-Sport's Day 22nd-Christmas Celebration (All Classes)		Candle Decoration (II-III) Cap Decoration (IV-V) Carol Singing (II-V) Christmas Celebration Sarv Dharam Samelan
Jan.	2nd-Republic Day (All Classes)	10th Jan-Quiz Contest (All Classes)	Republic Day Celebration
Feb.	7th-Prize Distribution		Cultural Prize Distribution

Kaleidoscope of Activities - (2016-17)

	High School	Senior Secondary
Month	Inter House Activities/Competition	
April	Collage Making Competition Theme: Smart City Ludhiana (VIII) Walking Poster. Theme : Earth Day (IX-X)	Glass Painting Competition (XI-XII) Pledge Writing Competition Theme: Earth Day (VIII)
May	Bulletin Board Competition. Theme: Labour's Day Power Point Presentation. Theme: Mother's Day Bulletin Board Competition. Theme: Say No To Tobacco Inter Class Science Seminar Celebrations of World No Tobacco Day Mock Parliament Poster Making Competition. Essay Writing Competition. Theme: Tobacco Kills in any form or disguise (IX-X) Science Seminar Competition (VIII-IX) Mock Parliament (IX-X)	Power Point Presentation Competition (XI-XII) Theme: World No Tobacco Day
July	Bulletin Board Competition. Theme: Collage on Swachh Bharat Abhiyan English Declamation (VI-VII) On the Spot Poem Writing Competition On the Spot Article Writing Competition. Theme: Clean Earth Green Earth (VII) On the Spot Article Writing Competition. Theme: Rain Water Harvesting-Need of hour (IX) On the Spot Article Writing Competition. Theme: Maintaining Health during Monsoon (X) On the Spot Poem Writing Competition. Theme: Nature (VIII) On the Spot Poem Writing Competition. Theme: Environment (IX) On the Spot Poem Writing Competition. Theme: My School Life/Childhood (X)	Open Solo Singing Competition
Aug.	Bulletin Board Competition. Theme : Immense and Adorable India Show and Tell Competition. Theme: Knowing Your Heritage Singing Competition Just a Minute Poster Making Competition. Theme: International Youth Day (VII) Slogan Writing Competition. Health & Prosperity Solo Singing Competition. Theme: Patriotic/ Motivational Song	Graffiti Art Competition (X-XII)
Sept.	Bulletin Board Competition. Theme: Teachers's The Nation Builders	
Oct.	Inter Class Candle & Diya Decoration (VI) Inter Class Tohran Making Competition (VIII) Inter Class Carol Singing Competition (VI-X) Inter Class Bulletin Board Competition (VI-X)	Inter Class Sandwich and Lemonade Making Competition
Nov.	Bulletin Board Competition. Theme: Happy Diwali Pooja Thali Decoration (VIII) Sandwich and Lemonade Making Competition (IX-X) Rangoli Making Competition (VI-X) Bulletin Board Competition : Children Day	
Dec.	Bulletin Board Competition. Theme : Merry Christmas	
Jan.	Bulletin Board Competition. Theme: Republic Day	



6 Years of
Dedicated
Service



Rev. Sr. Christo's Farewell : 2010-2016

Almighty God and Father,
as we bid farewell to our beloved Principal Rev. Sr. Christo,
we entrust her into your care.
We pray for happiness and joy to be ahead of her,
for wisdom and guidance to be beside her
and for grace and truth to be behind her,
pushing her onwards in to your goodness.
We know that you will always love and protect her,
wherever she may go.
We pray that may Good Lord keep her safe and well,
wherever she may turn, surrounded by her loved ones
living out the dreams she has earned,
and in the quiet of her heart may she hear God softly say....
"My good and faithful servant, I'm so proud of you this day".
May the road rise up to meet her,
and the sun shine warm upon her.
May Lord your God protect you in the palm of his hand".

— Amen







Sr. SILVI'S WELCOME

All powerful God, source of all knowledge and wisdom, we thank You profoundly for the gift of our new Principal Rev. Sr. Silvi, born in Your goodness, love and care, under whose able guidance, we will learn and grow through examples of her selfless service.

We ask You to bless our dear Principal in the coming years with Your presence, Your wisdom and above all, Your light.

Almighty Father, may You be a source of comfort and support in her success, failures and all her new undertakings.

She is a source of encouragement and appreciation for all of us.

Lord God in Your love, bless her abundantly for her dedication, commitment and keen interest in the school, staff and students.

Enrich her life with integrity and strength to shoulder all responsibilities entrusted to her.

We see Your innumerable blessings on all her efforts.

Amen

Our sincere wish to Rev. Sr. Silvi

May the strength of God pilot you
May the power of God preserve you
May the wisdom of God instruct you
May the hand of God protect you
May the way of God direct you
May the shield of God defend you
And May the might of God award you
against all dangers

We welcome you,
Our Principal Rev. Sr. Silvi



INSPECTION DAY

We deserve to be the Best





ACADEMIC PRIZE DISTRIBUTION

SACRED HEARTIANS ACCOMPLISHING THEIR GOALS

The outcome of sheer Hardwork and Perseverance, the Unprecedented Results and Stellar Grades have made us PROUD.



Cultural Prize Distribution

Acknowledging And Celebrating The Achievements Of The Students.

The unparalleled knowledge base, a vibrant dynamism, a focused ambition and a sustained commitment.



WINNERS OF ANNUAL SPORT'S DAY

INVESTITURE CEREMONY

- The Pacesetters

To ingrain confidence and sense of responsibility in the students. The Investiture Ceremony was held to administer the oath of office to 11 members of the School Senate. These members were selected on the basis of sense of responsibility, communication skills of the candidates in an interview conducted by a team of teachers and the Principal.





Prabudh Gupta, XI-D
Head Boy



Prachi Newtia, XI-C
Head Girl



Akshi Sharma, XI-B
Deputy Head Girl



Rishab Khanna, XI-D
Deputy Head Boy



Vedika Narula, XI-C
Secretary



Guneet Jhali, XI-C
Editor



Raghav Kapoor, XI-B
Sports Captain



Surjeet Kaur, XI-D
Sports Captain



Tanya Thind, XI-D
Vice Sports Captain



Tejas Jindal, XI-C
Social Service Leader



Simrit Sidhu, XI-C
Social Service Leader

SENIOR HOUSE CABINET

SESSION 2016-17



House	Captain
Nehru	Ahdroop Singh, IX-A Ishika Jain, IX-D
Tagore	Satyam Arora, IX-C Jasmine Kaur
Gandhi	Jai Arora, IX-B Gagandeep Kaur, IX-A
Shastri	Aashish Nauhria, IX-A Nandina, IX-A

Vice Captain
Jaskaran Singh, VIII-E Sanvi Gupta, VIII-B Vrihen Arora, IX-E Anne Marry, VIII-D Shabaz Brar, VIII-D Khushi Walia, VIII-A Tushar Kanda, VIII-E Aayushi Soni, VIII-B

Discipline Incharge
Divjot Singh, X-C Trishika Singla, X-A Aditya Singh, IX-B Riya Jain, IX-E Aditya Nagpal, X-A Vipanchi Jain, X-D Divjot Singh, X-A Arsheen Kaur, X-B

Literary and Cultural Activities-Secretary
Manan Bhatia Kashish Batra

Social Service Leader
Jasjot Singh Jyoti Jindal

PRIMARY SCHOOL CABINET

SESSION 2016-2017



Designation	Name	Class
Head Boy	Sidharth Goyal	V-A
	Divyajot Joshi	V-C
Deputy Head Boy	Kartikay Goyal	IV-D
	Sabreena Kumar	IV-D
Secretary	Naunihal Singh Gill	V-A
	Yashasvi Aima	V-C
Discipline Incharge	Sarthak Bansal	V-A
	Mannat Sidhu	V-B

Designation	Name	Class
Sports Captain	Armaan Arora	V-E
	Anmol Preet Kaur	V-C
Editor	Manan Sukhija	IV-E
	Shreya Handa	V-D
Social Service Leader	Ishan Vir Singh	V-A
	Gursimar Kaur	V-D
Literary And Cultural Secretary	Harsukhpreet Singh	V-B
	Aayra Aggarwal	V-A



House	Captain
Gandhi	Aryan Arora, V-D
	Rhythm Sharma
Nehru	Anjanay Bajaj, V-A
	Jaskirat Kaur, V-D
Shastri	Manraj Singh, V-D
	Sukham Deol, V-B
Tagore	Khushmeet Kaur, V-A
	Viren Kakkar, V-E

Vice Captain
Pahul Singh Mahal, V-D
Jasmine Kaur, V-B
Vanish Goyal, V-D
Sana Sadana, V-B
Saksham Jhavar, IV-B
Komal Jindal, V-D
Sophia Patpatia, V-E
Devjit Singh, IV-D

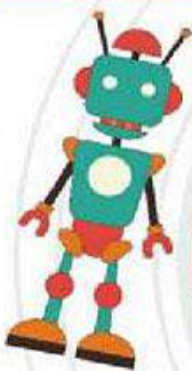
Discipline Incharge
Anhad Singh, V-C
Parineet Kaur, IV-A
Agrim Bhanot, V-D
Komal Toor, IV-B
Arshnoor Singh, IV-C
Vanya Sharma, IV-D
Hargun Kaur, V-B
Amish Juneja, IV-A

International Youth Day

The School celebrated 'International Youth Day' under the directions of CBSE. On this occasion a 'Road Rally' was organised by the students.



KIDDIES DOMAIN







Earth DAY

Message of conscientious behaviour to save Mother Earth

A Day of nature's equipoise with a medley of myriad conservation related activities. The Sacred Heartians affirmed their resolve to work religiously to save Mother Earth from the onslaught of global warming and reckless and irresponsible behaviour of mankind.



Children's Day

The aura was of gaiety and fervour when Children's Day was celebrated in a blissful and evocative manner. The mentors presented a scintillating show with utmost poise and vigour which tickled the funny bone of the students.



LABOUR DAY

Acknowledging and Appreciating the contribution of the school workforce - The support staff celebrations.



Annual FUNCTION

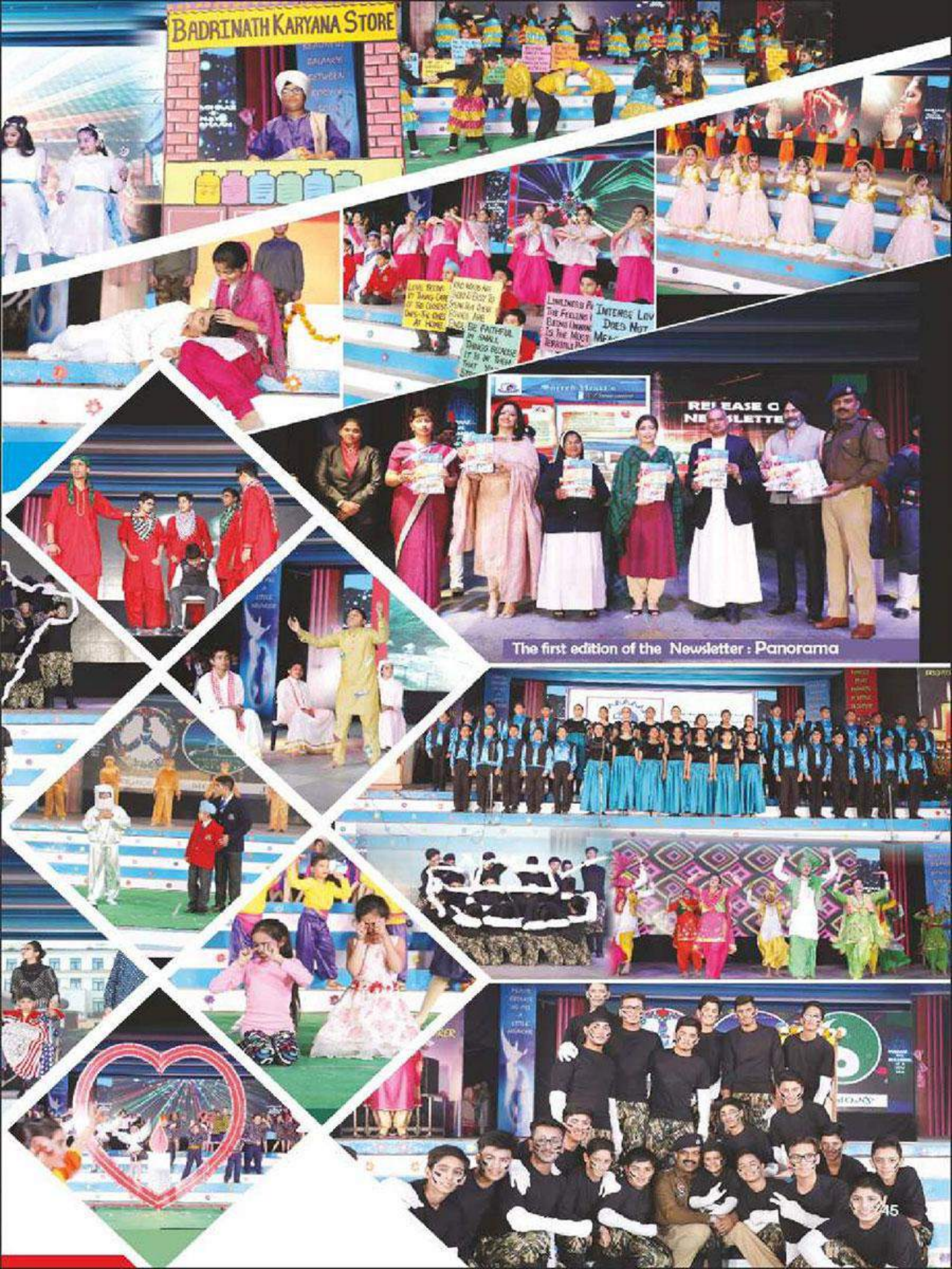
A rainbow of colours unfurled on the stage on 25th November, 2016 and 26th November, 2016 when the school celebrated its successful completion of 35 years. The theme of '*Aaghaz-e-Naya Jahan*' on 25th November, 2016 and '*Aaghaz-a New Beginning*' on 26th November, 2016 was '*Love, Peace and Mercy*'. The Musical fest enthralled the audience. The chief guest and the guest of honour were full of praise for the efforts the students and staff and above all, the Director and the Principal have put in to showcase a marvellous show.

Aaghaz: The event epitomized journey towards excellence of the great SACRED HEART where students get an opportunity to not only celebrate the achievements but also to look to the future as the school continues to foster creativity, thus giving wings to the mind, flight to imagination and charm and gaiety to life.



Keeping in synchronization science and humanity with peace, the rockets prepared by the Space Club of the school were launched by the Chief Guest and the Guest of Honour.

BADRINATH KARYANA STORE



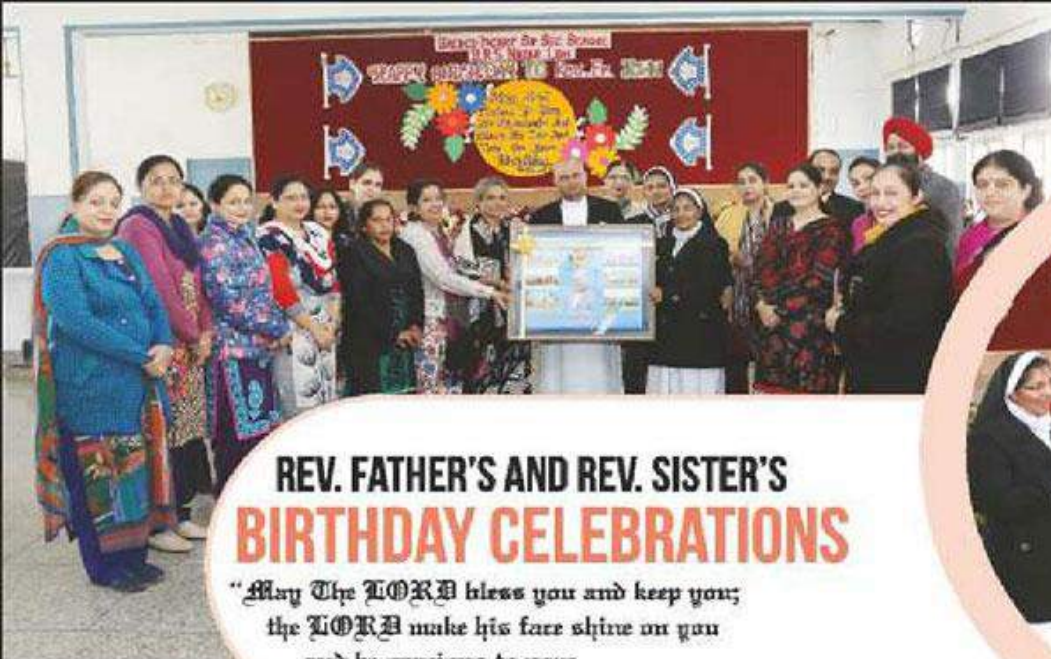
The first edition of the Newsletter : Panorama





VIGNETTES OF THE REPUBLIC DAY





REV. FATHER'S AND REV. SISTER'S BIRTHDAY CELEBRATIONS

"May The LORD bless you and keep you;
the LORD make his face shine on you
and be gracious to you;
the LORD turn his face towards you and give you peace."



Christmas Celebrations

"Christmas is much more than just a day
for opening presents, but a day for
opening hearts to holiness and Godliness."



Lord,
Oh, I Need You
Every Hour, I Need You...
My One Defence
My Righteousness
Oh God!! I Need You

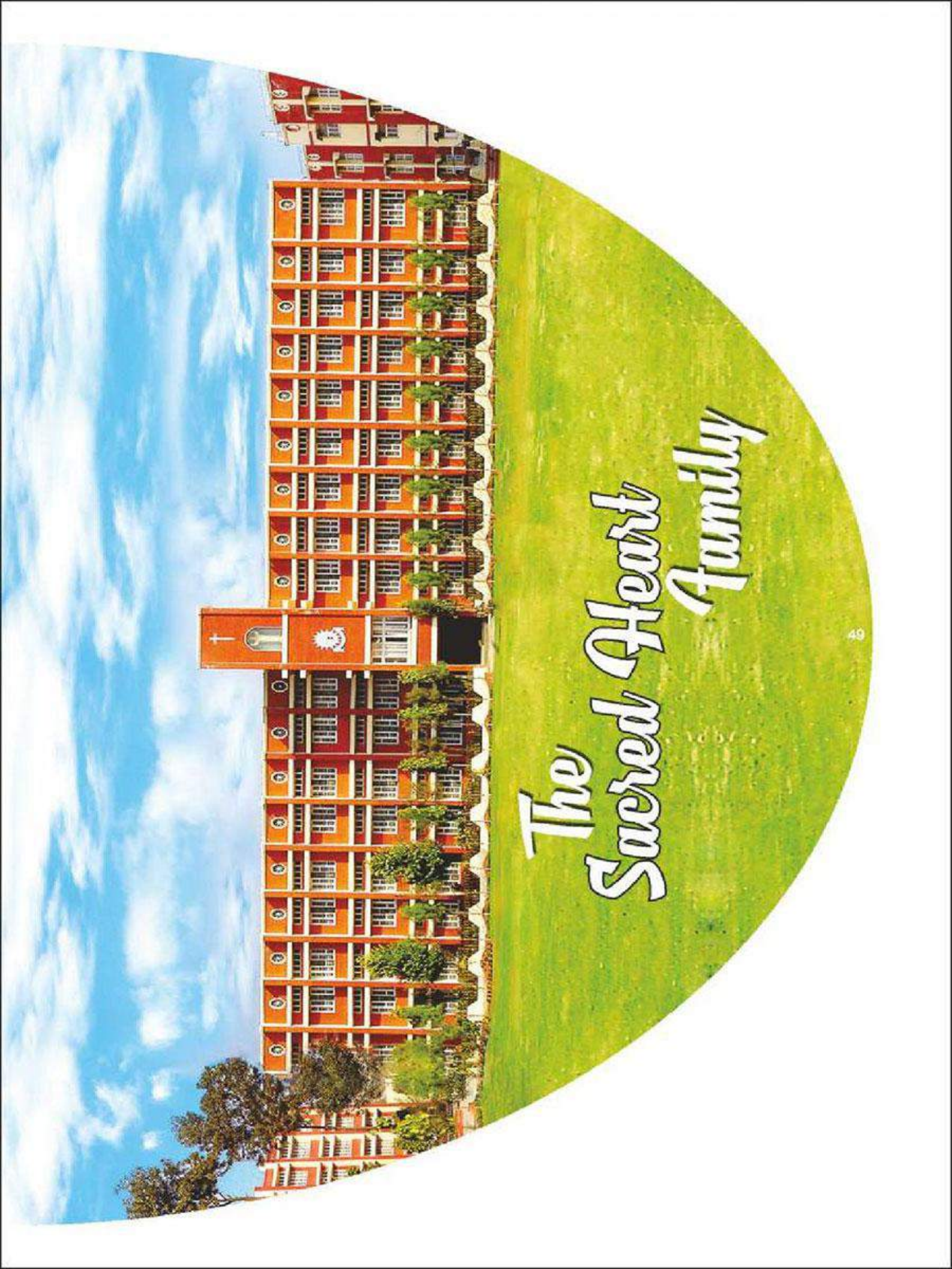


Teachers' Day

IN AND OUT CELEBRATIONS



The Sacred Heart Family





Senior Secondary Staff

The Guiding Lights

"Coming together is a beginning; keeping together is progress; working together is success."

Sitting (L-R) Jagjit Kaur, Reena Sharma, Reena Beri, Sameer Gandhi, Suresh Malhan, Rev. Sr. Mary Mathew, Rev. Fr. John Mankuzhichail, Rev. Sr. Silvi Joseph, Rev. Sr. Divya, Amrita Walla, Jasbir Kaur Ahluwalia, Avtar Narula, Newton (Sports Coordinator), Ritu Battish (Academic Coordinator), Sukhsimran Gill (Activity Coordinator)

Standing (R-L) Shamina Deol, Mandeep Kaur, Harmandeep Singh, Kuljeet Sandhu, Prema Behl, Supninder Arora, Mandeep Kaur, Mandeep Kaur, Navnita Kaur, Taranjeet Kaur, Sonia Sachdeva, Mona Thapar, Urinder Kaur, Dalip Kumar, Rajinder Singh Steta



Primary Staff

The Catalysts

Sitting (L-R) Jagjit Kaur, Reena Sharma, Reena Beri, Shalini Bhargia, Shalini Christopher, Reeta Khosla, Rama Ohri, Rev. Sr. Mary Mathew, Rev. Fr. John Mankuzhichallil, Rev. Sr. Silvi Joseph, Rev. Sr. Diya, Jaswinder Kaur Dang, Indu Sharma, Seema Malhotra, Anita Sharma, Rachna Walia, Younis Walia

Standing (R-L) Rupinderjit Ahluwalia, Neerja Thakur, Charu, Tulika, Parul Pant, Seema Rani, Mehak Grover, Meenakshi Kaushal, Satinder Kaur, Amandeep Kaur, Simpi, Manjit Kaur, Ashmeet Kaur, Meenakshi Mittar, Manpreet Bakshi, Manpreet Dang, Anju Dogra

Standing (L-R) Satinder Kaur, Ashma Joshi, Neeru Kapoor, Prabhjot Kaur, Nancy Guglani, Anupam Arora, Tanveen Luthra, Harveen Kaur, Sonu Kataria, Mandeep Kaur Sodhi

Standing (R-L) Sangeeta Alma (Academic Coordinator), Manvinder Kochhar (Activity Coordinator), Sukhvir Singh, Abhishek, Manpreet Singh, Manjeet Singh



Kindergarten Staff

The Moulders and Shapers

Sitting (L-R) Reena Sharma, Reena Beri, Dinesh Sharma, Mariam, Pita Sandhu, Parveen Sharma, Sunaina, Rev. Sr. Mary Mathew, Rev. Fr. John Mankuzhichallil, Rev. Sr. Sivi Joseph, Rev. Sr. Sivi Joseph, Rev. Sr. Divya, Edith Newton, Thiresiamma Sebastian, Suresha Khurana, Ravinderjit Kaur, Ritu Nayyar, Kanwaljeet Kaur

Standing (R-L) Sumanpreet Kaur, Jyoti David, Sapna Arora, Simran Kaur, Arti Shrivastava, Charanpreet Kaur, Monika Arand, Nityasha Bernadette William, Mehak Munjal, Meera Chowdhary, Praveen Kargniwal, Sonia Gupta, Jasdeep Kaur, Mandeep Kaur, Sudha Sharma, Hardeep Sidhu, Jagjit Kaur, Maninder Garg

Standing (L-R) Puja Sethi, Neetu Kataria, Ravinder Kaur, Sheetal Sharma, Ganita Bahl, Bindu Bansal, Harleen M. Singh



High School Staff

The Motivators

Sitting (L-R) Newton (Sports Coordinator), Shivani Mahajan (Activity Coordinator), Mandeep Kaur (Academic Coordinator), Anu Berry, Mamta Nagrath, Karamjit Kaur, Neeru Suri, Saroj Bala, Kamla, Kulwinder Kaur, Gurpreet Singh, Sr. Mary Mathew, Rev. Fr. John Mankuzhichallil, Rev. Sr. Silvi Joseph, Rev. Sr. Divya, Suman Kapoor, Varun Sood, Amita Walla (Discipline Incharge), Vanita, Charu Mehta, Shilpa, Reena Beri, Reena Sharma, Jagjit Kaur

Standing (R-L) Meenu, Seema Kamal, Parineeta Sharma, Anju, Kamaljit Kaur, Meenal, Kriti Gupta, Rifika, Harjeet Kaur, Alisha, Navjot Kaur, Gagandeep Kaur, Anjana Sharma, Manjinder Kaur, Bhawna

Sharma, Gagandeep Puri, Jatinder Kaur, Kamaljit Kaur, Sonia, Navneet Kaur, Jasvinder Kaur, Amarkiran Kaur

Standing (L-R) Ajinder Kaur, Bhavjot Kaur, Shruti Sharma, Priyanka, Anuradha Sharma, Amritpal Kaur, Gurpreet Kaur, Prema Handa, Gurveen Kaur

Standing (R-L) Gurwinder Singh, Parkash, Karamchand, Manisha Arora, Nidhi Sharma, Sushil Kumar, Ritika, Manoj Kumar



Sr. Silvi
Chairperson



Vanita Narula
English Section



Manjinder Kaur
Punjabi Section



Bhawna Sharma
Hindi Section



Rajinder Steta
Sports Section

The Creative Club

Editorial Board



Sukhsimran Gill
Editor-in-Chief



Meenal Vij
Computer Section



Nidhi Sharma
Science Section



Sameer Gandhi
Mathematics Section



Administrative Staff

Workforce Behind The Scene

Sitting (L-R) Rev. Sr. Mary Mathew, Rev. Fr. John Mankuznichall, Rev. Sr. Silvi, Rev. Sr. Divya

Standing (L-R) Jagjit Kaur, Shubhkant Jha, Reena Beri, Reena Sharma

FAREWELL MRS. KAHLON & MRS. SEEMA VERMA



WARM ADIEU



SPACE And Astronomy Club

The school started a Space Science and Astronomy Club in collaboration with Space Technology and Education Private Limited, in October 2016 with the aim of educating children about curious world of Cosmos, Astronomy and its importance in our daily life.

Since October, the school has successfully conducted various sessions in which children have actively participated and showed plentiful enthusiasm. About 85 students ranging from class VI to VIII have enrolled so far in the club.

The Space Club started in October with very interesting session of 'Comets and Asteroids' in which students learnt many interesting facts about Comets, Asteroids, Meteors, Meteor showers and cooked 99 percent real comet.

- An International event of NASA, 'Sally Ride Earth KAM' was conducted for the students of Space Club where students gave command to the camera onboard International Space Station and clicked pictures of our beautiful mother planet. They got the virtual experience of looking at Earth through the window of the space station.
- During the session of 'Project Paridhi' the circumference of Earth was calculated by using the 2500 years old 'Eratosthenes method'. Eratosthenes was a Greek Mathematician, geographer and an Astronomer and is remembered for this calculation of circumference of the Earth in 3rd century BC by studying the shadow movements and proving that the Earth is round. He was the first person to calculate the circumference of Earth with such precision.
- In November, the session of 'Basics of Rocketry' was conducted which fascinated the students a lot. Students learnt the basic concepts behind the construction and launching of the Rockets. They learnt how Newton's laws are applied to rocket launch, constructed Hydro Rocket Model and launched them to understand Newton's Laws practically.
- Subsequently, in December a study was conducted on Sky Maps in which they studied about the stars and constellations found in the Northern and Southern Hemisphere. Students realized the importance of the grid system to locate the celestial objects in the sky.
- In January, the most awaited session was conducted for the space club students in which they got their 50mm Telescopes. During the session, students learnt about many interesting facts about Sun and learnt about its prominent features. They realized the importance of using safe methods to look at the Sun. They observed Sun through various safe methods, made the solar filter for their very own telescope and learnt to point the telescope towards the only star of our solar system, i.e. Sun.



- Another interesting concept of capturing celestial bodies with a DSLR camera using the exposure for long time was put into action in which they learnt about 'Ghost Photography' with the help of slow shutter speed.
- Recently in February we had a successful conduction of Moon observation in which students observed Moon through their own telescope. They also pointed their telescope towards the Orion nebulae and were very excited to observe it. Students learnt about different types of Reflector and Refractor telescopes along with their working.

In each and every session, the students were explained about the concepts of space sciences through very exciting and innovative hands on learning methods. Many more experiments were conducted along with an overnight excursion where the students spent a night under thousands of stars and many galaxies, nebulae and star clusters. Students learnt to find directions in the night sky by using the pole star. Students could locate the pole star in the sky, they found various constellations and hunted many celestial objects through 8 inches Dobsonian Telescope.

All the hard work that students had put into the projects was exhibited in an annual Astronomy Day which was arranged by the school authorities.



WORKSHOPS : Capacity Building Programmes

"The will to win, the desire to succeed, the urge to reach your full potential.....these are the keys that will unlock the door to personal excellence".

To orient the staff of the school for transformation process with adaption of various initiatives taken and their effect and implementation, various workshops for teachers were organized.







ANNUAL SPORTS DAY

Champions keep playing until they get it right.
An effort to develop the kinesthetic skills – spatial intelligence, strength, motor skills and stamina.

Best Athlete Boy : Taranjeet Singh
Best Athlete Girl : Shubhika Batra →



Badminton



1. In Under 17 girls category, the team secured 3rd position in Zonal Badminton Tournament held at BCM Arya School Shastri Nagar, Ludhiana.
2. In Under 19 girls team secured 1st position in L.S.S.C. Badminton Tournament held at BCM Arya School Shastri Nagar, Ludhiana.



Basketball



In U-17 category, the school girls team secured 2nd position in PSEB Zonal Basketball Tournament held at D.A.V. Public School, Pakhowal Road, Ludhiana.



Cricket



1. In U-17 category the school boys cricket team secured 3rd position in PSEB Zonal Cricket Tournament at Government High School, Dolon, Ludhiana.
2. The Cricket team participated in LSSC Cricket Tournament held at Nankana Sahib Sr. Sec. School, Gill Park, Ludhiana. The team secured 3rd position.

Volleyball



In U-14 category, the boys Volleyball Team secured 3rd position in PSEB Zonal Volleyball Tournament held at Sacred Soul Sen. Sec. School, Dugri, Ludhiana.

Football



1. In U-14 category, the Boys team participated in PSEB Zonal Football Tournament and secured 2nd position.
2. In U-17 category the boys team secured 2nd position in PSEB Zonal Football Tournament held at Guru Nanak Public School, Sarabha Nagar, Ludhiana.



3. In U-19 category, the school team secured first position in PSEB Zonal Football and Takshila Tournament held at Guru Nanak Public School, Sarabha Nagar, Ludhiana.



Kho-Kho



Sahodaya Kho-Kho Tournament held at Sacred Soul Sen. Sec. School, Dugri, Ludhiana girls U-19 category secured 3rd position.

Hockey



1. In U-17 category, the team secured 1st position in PSEB Zonal Hockey Tournament held at Baba Isher Singh Sr. Sec. School, Ludhiana.



2. In U-17 category, the team secured 1st position in PSEB Zonal Hockey Tournament held at Baba Isher Singh Sr. Sec. School, Ludhiana.



3. In U-14 category, the team secured 1st position in PSEB Zonal Hockey Tournament held at Baba Isher Sr. Sec. School, Ludhiana.

NATIONAL CADET CORPS

(2016-2017)

AIM OF NCC

- To develop character, comradeship, discipline, leadership, secular outlook, spirit of adventure, sportsmanship and ideals of selfless service among the youth.
- To provide a suitable environment to the motivated youth to take up a career in the Armed Forces.

Commanding Officer	: Wing Commander Avinash Chander Sethi
Associate NCC Officer	: 2nd Officer Mr. Dalip Kumar
NCC Senior Boy	: Cadet Aryan Sharma
NCC Senior Girl	: Cadet Kriti Chopra
NCC Deputy Senior Boy	: Cadet Gurbaaz Singh Puri
NCC Deputy Senior Girl	: Cadet Harleen Kaur

Total duration of NCC enrollment for cadets:	: 2 years
Total Number of Cadets in NCC	: 100
1st year Cadets	: 50
2nd year Cadets	: 50

Schedule of NCC training class	: (1½ hours) NCC class on every Monday and Friday (Theory and Practical)
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Compulsory NCC Training Programme	: A 10 days Annual Training Camp and 'A' Certificate Examination.
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**Associate NCC Officer:
Mr. Dalip Kumar**

Achievements of our school Cadets in NCC

Activities of the Camp :

- | | |
|---------------------------|------------------------------|
| 1. Aeromodelling | 2. Range Firing |
| 3. Para Sailing | 4. Flying (Power Models) |
| 5. Flying Simulator | 6. Mini Marathon |
| 7. Morning Health run | 8. Fitness Exercises |
| 9. Yoga | 10. Drill Marching |
| 11. Swachh Bharat Abhiyan | 12. Theory Technical Classes |
| 13. Sports Competition | 14. Cultural Competition |
| 15. Debut Competition | |

Annual Training Camp-77

Date - 22 December to 31 December, 2016

Venue - Jawahar Navodaya Vidyalaya, Dhanansu

Organised by - No. 4 Punjab Air Squadron NCC
Ludhiana

Participants - 09 Schools and 03 Colleges under
Combined ATC

Total strength of camp	- 500
JD/JW cadets	- 350
JD cadets	- 250
JW cadets	- 100
SD/SW Cadets	- 150

NCC AIR WING



Cadet Anyan Sharma
(IX-A)

NCC Senior Boy
Attended Pre-RD Camp-2017
Most Disciplined, helpful and obedient cadet
Awarded Best Cadet at ATC-77



Cadet Gurbaaz S. Puri
(IX-D)

NCC Deputy Senior Boy



Cadet Harpreet Kaur
(IX-D)

Attended Pre-RD Camp-2017
Gold Medal In Rifle Shooting
Awarded Best Cadet at ATC-77



Cadet Japjeet Kaur
(IX-B)

1st position in Solo Dance
Excellent in Sports Games
Awarded Best Cadet at ATC-77



Cadet Aashli Sachdeva
(IX-E)

Excellent in Sports & Games
Awarded Best Cadet at ATC-77



Cadet Kriti Chopra
(IX-D)

NCC Senior Girl
Attended Pre-RD Camp-2017
Awarded Best Cadet at ATC-77
Parade Commander of Drill Competition at ATC-77



Cadet Harleen Kaur
(IX-B)

NCC Deputy Senior Girl



Cadet Divnoor Viridi
(IX-D)

Attended Pre-RD Camp-2017
Awarded Best Cadet at ATC-77



Cadet Harsh Sihag
(IX-A)

Most Disciplined & Helpful Cadet
Awarded Best Cadet at ATC-77



Cadet Kanwar Gulbir S.
(IX-C)

Excellent in Drill Marching
Awarded Best Cadet at ATC-77

NCC - NATIONAL CADETS CORPS





PERFORMANCE OF SACRED HEARTIANS AT ANNUAL TRAINING CAMP-77



1st position In 'Group Dance Competition' and team members are – Cadets : Japjeet Kaur, Vaishnavi Gupta, Jia Bansal, Nishant Gupta, Keshavi Kharbanda, Harshita Sharma, Aryan Sharma, Ashish Nauhria, Kanwar Gurbir Singh, Samarth Jain, Pious Goel



1st Position In 'Volleyball Match' and team members are – Cadets : Ashish Paul, Aryan Negi, Vikramjit Singh, Aashit Sachdeva, Harsharanveer Singh, Aashish Nauhria

PERFORMANCE OF SACRED HEARTIANS AT ANNUAL TRAINING CAMP-77



1st position In 'Tug of War' Competition and team members are – Cadets : Kanwar Gurbir Singh, Aashit Sachdeva, Aryan Sharma, Arman Benipal, Harsharanveer Singh, Aryan Negi, Rijul Jain, Udaiveer Singh, Harvijay Partap Singh, Aashish Nauhria, Ashish Paul, Vaibhav Wallia, Hardik Poplay



1st position In 'Football Boys Match' and team members are – Cadets : Aashit Sachdeva, Harsharanveer Singh, Arman Benipal, Aryan Negi, Manraj Singh Budhiraja, Kanwar Gurbir Singh, Vaibhav Wallia, Yugam Jangra, Harsh Sihag, Ashish Nauhria, Ashish Paul, Harvijay Partap Singh, Hardik Poplay

PERFORMANCE OF SACRED HEARTIANS AT ANNUAL TRAINING CAMP-77



1st position in 'Tug of War', Girls Match and team members are – Cadets : Kriti Chopra, Vaishnavi Gupta, Tisha Vashisht, Harshita Sharma, Nishant Gupta, Hejpreet Kaur, Divnoor Virdi, Jasleen Taak, Keshavi Kharbanda, Khushi Mehra, Japjeet Kaur



Second Position in 'Girls Football Match' and team members are – Cadets : Japjeet Kaur, Kriti Chopra, Hejpreet Kaur, Divnoor Virdi, Jasleen Taak, Vaishnavi Gupta, Nishant Gupta, Harleen Kaur, Harshita Sharma, Jia Bansal, Jiajit Kaur, Keshavi Kharbanda, Khushi Mehra, Muskaan Sharma, Ridhima, Shailza Thakur

PERFORMANCE OF SACRED HEARTIANS AT ANNUAL TRAINING CAMP-77



Second position in 'Drill Competition' and team members are – Cadet s:

Kriti Chopra (Parade Commander), Harshita Sharma, Keshavi Kharbanda, Khushi Mehra, Nishant Gupta, Ridhima, Shailza Thakur, Divnoor Virdi, Harleen Kaur, Hejpreet Kaur, Jasleen Taak, Japjeet Kaur, Kanwar Gurbir Singh, Harsh Sihag, Samarth Jain, Harvijay, Partap Singh, Udaiveer Singh, Pious Goel, Aryan Sharma



The school got 'Overall Championship Trophy' and was declared 'Best School' at the Camp.

SPECIAL VISITS AND GUEST LECTURES : ATC-77 at JNV Dhanansu

1. Visit of Mr. Ankit Pal Singh, a motivator and expert in personality development skills.
2. Visit of NDRF (National Disaster Response Force) team at ATC-77 Dhanansu





Farewell XII

Growing out to Conquer the End of Horizon

To bid adieu to the outgoing batch 2016-2017 of grade XII, a farewell function was organised by grade XI. Class XII students travelled down the memory lane and expressed gratitude to their teachers and alma mater with heart touching speeches.

12th Class Prayer Service

A special prayer was performed in the school church to seek divine blessings for students of XII, ahead of their final exams.



Our Father, Great Teacher, thank you for the gift of education.



ALUMNI SPEAKS

I consider it to be a great opportunity to write few words about my alma-mater. I started my journey in Sacred Heart Senior Secondary School from 1984-1996. I am thankful to this premier institution for making me stand affirmed, determined and successful in my journey of life.

Likewise I want my son Anhad Sekhon 1st-B, who got an opportunity to be a part of the same institution to realize his dreams after studying under the able guidance and vision of excellent teaching faculty who are leaving no stone unturned right from day one to make him an all-rounder personality. A big thank you to my Teachers, Principal and Director for making me successful in life and wishing the same for my son.

Ex-Student

Adv. Amanpreet Singh Sekhon

F/o Anhad Sekhon

Class I-B

The school has produced illustrious Alumni in every walk of life. Sacred Heart gave me the fame as the school cricket captain. Long time back education was teaching and learning but now it has expanded to teaching, learning and thinking. The emotions which I share with my teachers are unbreakable. As a proud Alumni I salute this institution.

Sahil Sood

F/o Kuber Raj Sood

& Viaan Raj Sood

U.K.G.

It feels pleasant to remember & re-collect the time spent in school. It is full of pleasant memories of many kinds. During this long period I have gained immense knowledge and have experienced intimacy, with students of my age. Teachers use to treat us with lots of love & affection and I miss that part.

We had a big playground in the school, where we used to play football, cricket etc. At times few teachers also use to play with us. During natural calamities like floods etc. school used to contribute for charity and all of us shared whatever best we could. These kind of activities made us humble toward needy.

Now as a proud parent, it gives me immense pleasure & satisfaction that my child is in the same school from where I had gained so much, which is actually the pillar of my life. I feel happy & satisfied that my child is in the safe hands & he will be groomed into a humble and a disciplined human being who will not only get knowledge and expertise in his field but will also understand moral values which is a pillar to success.

Thanks for giving us opportunity to share our faded memories.

Aseem Ghai

F/o Kunwar Ghai

L.K.G.- Blue

Hello ! myself Harmeet Sidana ex-student of the prestigious school in which I had the best time of my life. I joined this school at the age of 3. What a coincidence that my first class teacher is my son's class teacher too. The only change I can see is that..... Let me think once again..... I think there is no change I can hardly see except new auditorium and new church that has been made and the canteen is totally different and is shifted to a new place. So at last I can say my son is enjoying his studies and is learning new things daily from this prestigious institution of knowledge.

Harmeet Sidana

Ex-Student (1992-2003)

On the path of excellence I still remember the day, I first entered our esteemed school. With the aura of positivity, I was determined to start a new phase of my life and make success of it. With much difficulty, I began the arduous journey of preparing for the 10th class board exams. What struck me the most was that each and every staff member at school was determined to motivate and encourage me. Not a day passed when someone did not take ardent interest in my growth and well-being.

At school I was always taught - give respect to everyone and you shall be worthy of receiving it. I was admitted to the best commerce college in Asia - Shri Ram College of Commerce and I am thankful to my mentors for it.

Soon I was recruited in a specialised division in Deloitte US-India and finally I am in London pursuing my higher studies. The crux of this story of mine is that good head start in school has made my career progress exponentially. A crucial advice for all those reading this piece is to make the most of school and the numerous opportunities it offers instead of merely loafing around or giving less credit and respect to the school staff that they deserve because remember - they are all there for one and only one cause, which is to guide you into the right direction, a path that promises immense growth and happiness throughout your life.

Jasreen Arora

(2010-11 Batch)

As an old student of Sacred Heart Sen. Sec. School, I realize that there are many changes being done in the school infrastructure as well as big changes are taking place in the education system. Its now painted with new ideas and thoughts. Every month new theme is introduced to the students and painted on the walls of their minds.

Now the learning and education system is also advanced and changed. As its digital now. At our times we did not have these types of skills. Nowadays smart class technology is introduced. Teachers teach student from there. It's the easiest way of giving information as well as interesting for a child to learn new things quickly.

Nowadays not only front benchers get all the attention but backbenchers also equally get attention. Teachers give chance to every child to speak. Earlier there was no fixed menu for lunch but nowadays there is a fixed lunch menu for students so that they get all the nutrition and healthy diet through various foods.

In the end, I would like to say that children today are growing up in a world that has changed significantly over the past twenty years and they are comfortable around the technologies and activities. Changes done in the school have also transformed the education system.

Thank you

Manpreet Jodhka

F/o Saisha Jodhka

L.K.G. Red

When I sit to write this note down, a flood of memories overtake me. Its just like an occasion giving rise to a highly pleasant recollection. Though, its been 16 years I passed out of my school, I clearly remember the times shared with my friends and teachers.... it feels like I have been there just yesterday.

For me, Sacred Heart has been the backbone of my own values and principles. The school provided me with a valuable exposure to the endless possibilities in the world, and the confidence to explore them in every possible way. We shared quite a friendly relationship with our teachers who were always sympathetic towards their students and really cared and tried hard to make sure that every acorn excels in every available opportunity.

While the main focus in most schools are grades, at Sacred Heart, it has always been an overall development of the child through academics, co-curricular activities and also spiritual, moral-ethical values; being a major part of the school philosophy. And now, when I am again associated with the same school through my son, its just like the joy of experiencing almost familiar aura when you are back to your home after years.

SHINE- Sacred Heart Institute for National Entrance, which provides coaching to students preparing for competitive exams after 10th. Considering this, I am very much satisfied with my decision of sending my son to the same school as it is the right place for the grooming of a young kid into a young adult with the right values of education and greater scope of knowledge and higher chance of being a responsible citizen.

Just, to share - when someone asks my son - Which school? He replies it so fast that he doesn't even wait for the question to be finished. I guess, that's the crazy love he has for his second home! And, I am sure that studying from Sacred Heart would help him shape his character (morally, intellectually and physically) and strengthen the attitude required to deliver strong in all spheres of life.

Rajat Jalota

Ex-Student (2001 Batch)

F/o Ayush Jalota

I-E

Parents SPEAK

I am glad I made a right choice by sending my daughter to Sacred Heart Senior Secondary School, whose very motto is 'Learn and Enlighten'. It is satisfying to see that the students multiple skills are developed and there is an increase in their spirit of competitiveness. The recently introduced Interactive session apart from PTM's is a welcome step which will help bridge the gap between children, teachers and parents and will surely help in identifying the areas where stress needs to be laid for a particular child.

Anil Goyal
Father of Ashvi Goyal
III

Thanks to the School Editorial team for giving me this opportunity to pen down my views. Today it gives me immense pleasure in acknowledging that SHSSS has undoubtedly far exceeded our expectations in beautifully nurturing our son. This school happened to be a refreshing delight for my better half OMESH GOYAL, DM Gastroenterologist. I have been thrilled by warm and caring ethos shown to the students by each and every person attached with school. At the end I would say that the enthusiastic, energetic, supportive, motivated and highly professional school team tries to harness every students potential in every best way. And all this really shows in the pride the students have for their teachers and the school.

Dr. Perna Goyal (MD Medicine)
Mother of Kartikay Goyal

We are elated and extremely happy to be a part of this column of the magazine as proud parents of "ALMIGHTY's SACRED HEARTIANS." 'Sacred Heart' is a beautiful name with a deep divine meaning - "THERE IS IN THE SACRED HEART, THE SYMBOL AND EXPRESS IMAGE, IMAGE OF THE INFINITE LOVE OF JESUS CHRIST WHICH MOVES US TO LOVE IN RETURN ." We are glad that our child is a part of this prestigious institution and is getting an exposure from various activities carried out throughout. Thank you, rather a big thank you to the professional, talented and committed teachers, as well as support staff who ensure social, academics and personal development of our dear ones.

Sanjeev Dua, Richa Dua
Parents of Yuvraj Dua
I-E

In Sacred Heart there is overall nurturing of the children. Regular orientation programmes which boosts the knowledge of parents. PTI's are organised on regular basis to maintain transparency. I am thankful to school for providing my child with best education, manners and sense of self respect.

Priya Bhatnagar
Mother of Enakshi Bhatnagar
U.K.G.

I am truly blessed and fortunate to be a part of 'St. Mary's Kindergarten'. I am proud and elated that my child studies in a school which not only imparts education but inculcates 'Value based education' and that's the USP of the school. The school has a big beautiful sprawling campus equipped with all the systematic learning and overall development of the kids. The teachers are like mother figures to all the children and that's what prompts my daughter to attend the school daily. Thank you Sacred Heart in every way.

Father of Lavanya Mittal
U.K.G Red

The school's motto "Learn and Enlighten", beautifully encapsulates the essence of my strongly held belief. The motto is infused into the personality of the students and its manifestation is evident right through nursery class. SHSSS offers a learning experience which is not only appealing but also effective. I would rather say that its effectiveness is proven to be true, year after year in the academic excellence achieved by Sacred Heartians in board exams. Thus, I fully endorse the quality of education being imparted in SHSSS, to be the best.

Ivneet Barling
Mother of Udai Singh
L.K.G Blue

I must say that my daughters Seerat Sohi and Sidaq Sohi are blessed as they got the opportunity to imbibe the intellectual nectar that is present in the aura of this school. In fact Sacred Heart Sen. Sec. School is their second home and it's staff is their extended family. I don't know what 'magic wand' they have, my kids are excited to go to school every morning and they have a 'pitara' of stories to tell me when they return home with a 1000 watt!! smile.

Very skillfully planned 'year schedule' is effectively implemented in the classrooms. A perfect balance is maintained between academics and co-curricular activities. My children's personality is developing by leaps and bounds since they got admitted to school, be it intellectual, physical, social, cultural, aesthetic or spiritual aspect. Values, good habits, linguistic skills are not taught to them just verbally, but are made an intact part of their lives. The confidence that is inculcated in them is worth appreciating. It is an ecstatic and blissful experience to see my children growing in such an enriching and nourishing environment.

I have all the world's love, gratitude and respect for this esteemed institution.

Dr. Puneet,
Amandeep Singh Sohi
Parents of Seerat Sohi and Sidaq Sohi (L.K.G.)

I am so happy today that I've got a golden opportunity to write a few lines for my child's school. Sacred Heart is undoubtedly a house of God. We as parents have brought life into our child but this school has given meaning to that life. Sacred Heart for us is the best school in every aspect. Being a part of this school is a dream come true.

Shivani Bansal
Mother of Sayansh Bansal
UKG (Yellow)



Class XII-A

Sitting (L-R) Mona Thapar, Jagjit Kaur, Sukhsimran Gill, Taranjeet Kaur, Supninder Kaur, Rev. Sr. Silvi Joseph, Fr. John Mankuzhichalil, Rev. Sr. Mary Mathew, Ritu Battish, Bikrampreet Singh, Sushil Kumar, Karamchand, Rajinder Steta

Standing (L-R)

1st Row : Hikmat Singh Bhullar, Hargun Singh, Pulkita Jindal, Preet Kaur Sandhu, Jasleen Kaur Badesha, Charisma Jayant, Nikita Singla, Nikita, Anmol Kaur, Gunjan Nayyar, Manvi Garg, Ashmeet Kaur, Gungeet Singh.

2nd Row : Ishtpreet Singh, Arsh Gupta, Paras Kapoor, Gitansh Jain, Aniket Gupta, Deepam Bansal, Mudit Jain, Rahul Saggat, Himanshu Gupta, Vivek Malhan, Shivam Maheshwary, Manpreet Singh

3rd Row : Aditya Pal Singh, Vinayak Aggarwal, Hrithik Kakkar, Sapan Malik



Class XII-B

Sitting (L-R) Reena Sharma, Reena Beri, Shamina Deol, Mandeep Kaur, Avtar Narula, Sameer Gandhi, Rev. Sr. Silvi Joseph, Rev. Fr. John Mankuzhichalil, Rev. Sr. Mary Mathew, Amritpal Kaur, Suresh Malhan, Karamchand, Ritu Battish, Mona Thapar, Kuljeet Kaur

Standing (L-R)

1st Row : Ami, Palkhi Sharma, Rosemary, Manjodh, Alka, Anisha, Mahima, Lipika, Megha, Arushi, Harneet, Jasmeet, Mehak, Yuvika, Diksha

2nd Row : Aastha, Arshpreet, Anmol, Shubhi, Sonali, Akshay, Mitul, Ritik, Viney, Aditya

3rd Row : Arshdeep, Gurtajvir, Gurkirat



Class XII-C

Sitting (L-R) Mona Thapar, Reena Sharma, Reena Beri, Urinder Kaur, Rev. Sr. Silvi Joseph, Rev. Fr. John Mankuzhichallil, Rev. Sr. Mary Mathew, Harmandeep Singh, Ritu Battish, Prema Behl, Newton, Sameer Gandhi

Standing (L-R)

1st Row : Bhavana Alagh, Yashila Khanna, Prebhjeet Kaur, Garima Gambhir, Shubhika Batra, Gurleen Kaur, Netra Kapoor, Sudhiksha Nayyar, Meghan Bansal, Divyanshi Dua, Gurshawl Kaur, Niharika Rattrra.

2nd Row : Gurnoor Kaur Wadhawan, Shruti Jain, Manassavi Jain, Divyanshi Aggarwal, Navjot Kaur, Tanvi Jain, Diksha Sehgal, Kriti Goyal, Aastha Soni, Amrit Kaur, Drishti Dhanda

3rd Row : Mankirat Singh, Shubha Gupta, Pahuldeep Singh, Aayush Narang, Shivam Arora, Manan Dhingra, Rohan Abrol, Jayant Jain, Mudit Aneja, Harshit Sachar, Hardik Munjal, Kesha Bhatia, Anurag Rai Singla, Gurraj Partal.

4th Row : Sehaj Singh, Kunal Soni, Abhinav Chawla, Hargun Singh, Ishdeep Singh Dhingra, Pranav Thukral, Yashik Gupta, Kunwarpreet Singh Ghuman, Safal Madaan, Agam Walla, Asis Singh Chawla, Vaibhav Kapoor, Taranjeet Singh



Class XII-D

Sitting (L-R) Sameer Gandhi, Dalip Kumar, Reena Sharma, Reena Beri, Jasbir Kaur, Rev. Sr. Silvi Joseph, Rev. Fr. John Mankuzhichallil, Rev. Sr. Mary, Sonia Sachdeva, Prema Behl, Sukhsimran Gill, Ritu Battish

Standing (L-R)

1st Row : Daman Kaur, Bhavika Abrol, Pulkat Arora, Mansha Tandon, Kritika Madaan, Arshia Jain, Gurpalak Kaur, Palak Uppal, Harmeet Kaur, Naveta Harloveen

2nd Row : Rupali Narang, Harsha Jain, Surbhi, Trisha Kohli, Ishneet Kaur, Vanshika Sahi, Tanisha Mehtani, Shriya Dhir

3rd Row : Tajinder Pal, Jasharan Singh, Naman Jain, Aniket, Samarth Grover, Tushar Jhamb, Abhinav Jain, Sanchit Gupta, Rishabh Bandha, Tarvir Singh, Gurtej Bagga

4th Row : Dharya Dadoo, Sambhav Jain, Nitish, Kartikay Talwar, Ankrish Dhanda, Puneet Manocha, Guramitesh Singh, Manan Malhotra, Saksham Puri, Sanchit Mongia

5th Row : Shivay Malhotra, Harshdeep Singh, Gurnoor Singh, Raghav Goel, Akhsay Shotra, Raghav Sarin, Keshav Sharma, Sehajpal Singh, Kirat Chhabra, Rishabh Narang, Harshdeep Singh, Sidharth Bansal

Growing Out To Conquer The End Of Horizon



Sitting (L-R): Mona Thapar, Ritu Battish Jagjit Kaur, Sukhsimran Gill, Mandeep Kaur, Rev. Sr. Silvi, Rev. Fr. John Mankuzhichalil, Rev. Sr. Mary, Amita Wallia, Jasbir Kaur, Newton.

Standing (L-R) : Simran Sodhi, Akansha Joshi, Dravya Kashiv, Ena Sharma, Ruchika Benedicta, Anmol Bedi, Arshdeep Singh, Vansh Sachdeva, Abhijot Singh

Don't Quit

When things go wrong as they sometimes will,
When the road you're trudging seems all uphill
When the funds are low and debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit
Rest if you must but don't quit.
Life is strange with its twists and turns,
As everyone of us sometimes learns,
And many a fellow turns about
When he might have won had he stuck it out.
Don't give up though the pace seems slow
You may succeed with another blow.
Often the goal is nearer than it seems to a fair man,
Often the struggler has given up
When he might have captured the victor's cup,
And he learnt too late when night came down,
How close he was to the golden crown.
Success is failure inside out
The silver tint of the clouds of doubt,
And you can never tell how close you are,
It may be near when it seems afar,
So stick to the fight when you're the hardest hit,
It's when things seem worst that you mustn't quit.



Guneet Kaur Jhajj

XI-C

(The Student Editor)

English Section

Editorial

Rise and shine Sacred Heartians,
Conquer yourself, learn & enlighten other ones,

Let you earthly sojourn be a glorious one,
Do your due & don't hurt anyone in the long run,

Making a planet of love & peace should be your choice,
Where everyone lives freely and hearts rejoice,

Your parents, nation & mother earth look upto you
Rejuvenate, revitalize and leave them roaring new

Give them the life they are yearning for,
Fulfill their expectations & reap the blessings galore

Create a beautiful, harmonious life for you,
Radiate peace & let it come back to you

Do all the good you can, for one and all,
Take it not to be your duty, but your heart's call.



Mrs. Vanita Narula
Editor





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FASHION AMONG STUDENTS



Fashion suits only young persons. There is no reason why students should not follow the fashion of the day. They do look better with eye catching personality. But they are going a little too far. We find them wearing funny dresses. Some wear skin tight jeans as the girls wear skin tight trousers. Some students visit beauty parlors for hair trimming and waxing. The girl students are lost in hair styles and such a trend is bad. It is an extra burden on the family budget. In fact, this is the effect of western culture that is led to us through star channels and other network media. Indian students in past lived a life of hard work. They were taught simple living, high thinking. They were ideal in every respect. Modern students should also understand that fashions are leading the way from studies and the right path of serving the nation. Their rock music and hippie like looks will ruin them. But the tragedy is that even the parents especially ladies have fallen a prey to this trend of fashions, so they cannot guide their children properly.



Taniya Sharma
IX-E

Who is Dad ??

A DAD is someone who
Wants to catch you before you fall
But instead picks you up,
Brushes you off,
And lets you try again.
A DAD is someone who
Wants to keep you from making mistakes
But instead lets you find your own way.
Even though his heart breaks in silence,
When you get hurt.
A DAD is someone who
Holds you when you cry,
Scolds you when you break the rules,
Shines with pride when you succeed,
And has faith in you even when you fail...



Mehak Sharma
VII-C

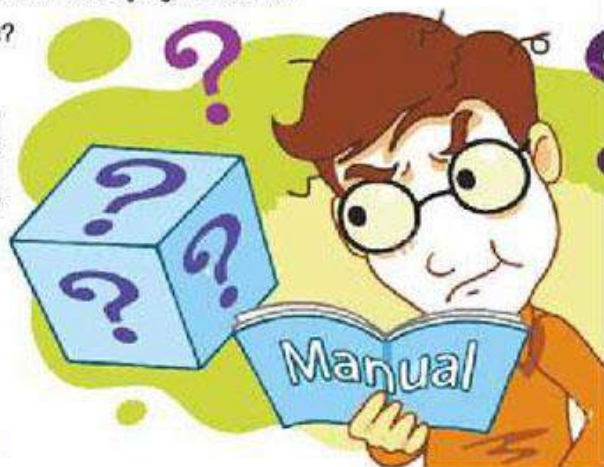
RIDDLES

1. I have keys but no locks, I have space but no rooms, you can enter but you'll have no escapes.
What am I?
2. Take off my skin-you'll cry, I won't. What am I?
3. What has 13 hearts but no other organs?
4. What can travel around the world while staying in a corner?
5. What has four wheels and flies?

Answers
1. A Keyboard
2. An Onion
3. A Deck of Playing Cards
4. A Stamp
5. A Garbage Truck



Ashman Bahl
VIII-B



Why Failure is Important for Success

The sweetest victory is one that's the most difficult. The one that requires you to reach down deep inside, to fight with everything you've got, to be willing to leave everything out there on the battlefield – without knowing, until that do-or-die moment, if your heroic effort will be enough. Society doesn't reward defeat, and you won't find many defeat documents in history books.

The exceptions are those failures that become stepping stones to later success. Such is the case with Thomas Edison, whose memorable invention was the light bulb, which purportedly took him 10000 tries before he developed a successful prototype. "How did it feel to fail 10000 times?", a reporter asked. "I didn't fail 10000 times," Edison responded, "the light bulb was an invention with 10000 steps".

Unlike Edison, many of us avoid the prospect of failure. In fact, we are so focused on not failing that we don't aim for success, settling instead for a life of mediocrity. When

we do mistakes, we gloss over them, selectively editing out miscalculations or mistakes in our life's resume. "Failure is not an option", NASA flight controller Jerry C. Bostwick reportedly stated during the mission to bring the damaged Apollo13 back to Earth, and that phrase has been etched into collective memory ever since. It means in our success-driven society, failure is not just considered a non-option – it's deemed a deficiency says Kathry Schulz, an author.

When we take a closer look at the great thinkers throughout history, a willingness to take on failure is not anew or extraordinary thought at all. From the likes of Augustine, Darwin and Freud to the Business mavericks and sports legends of today, failure is as powerful a tool as any in reaching great success. Failure and defeat are life's greatest teachers. Thomas



A. Edison rightly quotes "I've not failed. I've just found 10000 ways that won't work".



Anshika Yadav
VII-B

Let's Take a Look at Ten Interesting

FACTS about English Language

1. "I am" is the shortest complete sentence in English language.
2. A pangram sentence is one that contains every letter in the language.
3. Supercalifragilisticexpialidocious ("breath") is NOT the longest word in English.
4. There are "ghost words" that mean nothing.
5. The shortest, oldest and most commonly used word is "I".
6. A new word is added to the dictionary every two hours.
7. There's a name for words that we repeat often.
8. Swims will be swims even when turned upside down.
9. English is the language of the air.
10. Girl used to mean small boy or girl.



Sehajpreet Singh
VIII-A

Ogres that Ogle Octopi Ought to be Ostracized. On the other hand Octopi Offer optimal Opportunities for Ogling. Ogres that Ogle Octopi Offend Other Octopi Observes Overseas. Ogres that Ogle Octopi in Okinawa Offend Okinawans by Obliviating Ocular Objectives that would Ordinarily Offer Opportunities for Observation by Okinawans. Only, thereby Obliterating Ongoing efforts to Observe Octopi in an Otherwise Ogre-free oceanic Opera. Okinawans have an almost Orgasmic Obsession with Octopi.

TONGUE TWISTERS



Ashna Chawla
VIII-B

Role of Youth in National Development

Youth era is symbolic of exuberance and firepower. Educated youth can pave the way to an illuminated future. It is the youth who have to carry forward the legacy of the culture and development. Gone are the days when all the national issues related to upliftment and country's reputation were discussed and divided on the round table conference. Today's youth want to have a hand in all the matters, with the young people expressing their urge to join active politics; the command of the Country should be the mix of both – experience and passion.

Literate youth in the field of science, economic and literature are the real assets of the country. Education provides the much needed mindset to them and breaks shackles of narrow mindedness leading the nation to pinnacle of success.

It is right time that youth should realize its role in the national development by curbing the malevolent practices and creating an environment of a civilized and ideal society.



Gurnemat Kaur
VIII-E



Super Girls

Who do you think is a Super Girl ?
One who flies and saves the earth.
But every family has this pearl,
Still she is killed on her birth.
Some people respect and worship,
But others throw her like garbage.
She is capable of maintaining her relationships,
She works for her family even in old age.
All women in this world are super girls,
Though they cannot fly like superman.
Women are a priceless pearl,
They are more capable than the men.
We think, to work is her duty,
How can we underestimate such a beauty ?
She is today's Malala, who has a thirst for education,
She is our Neerja who dies for nation.



Sehajal Sharma
VIII-A



Path to Success

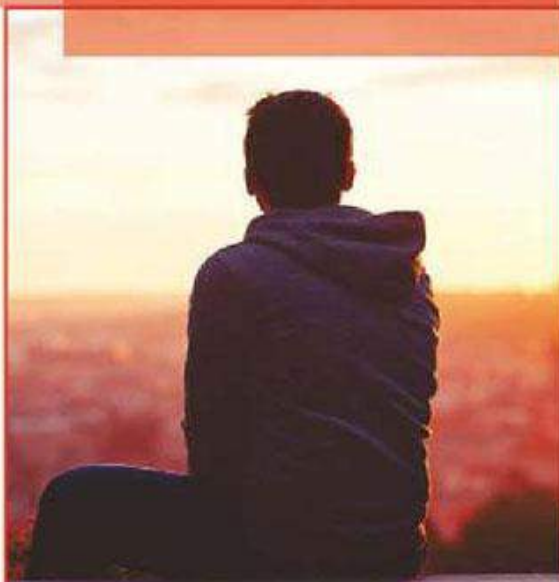
Let's go and see the stars,
The milky way or even Mars.
Let your spirit fly,
Don't ever feel so shy.
Success would be yours, if you work hard,
Don't ever dare to stop and step backward.
Just travel your journey and praise Almighty
Lord,
If you don't travel. You will not get reward.



Kashid Chopra
VI-A

Amazing and Interesting FACS about English

1. The most common letter in English is "e".
2. The most common consonant in English is "a", followed by "t".
3. Only two English words in current use end in "gry". They are "angry and hungry".
4. More English words begin with the letter "s" than with any other letter.
5. The word "uncopyrightable" is the longest English word in normal use that contains no letter more than once.
6. A sentence that contains all 26 letters of the alphabet is called a "pangram".
7. The dot over the letter "i" and the letter "j" is called a "superscript dot".
8. The word "checkmate" in chess comes from the Persian phrase "Shah mat" meaning the king is helpless.
9. The longest English word without a true vowel (a, e, i, o, u) is "rhythm".
10. The word "alphabet" comes from the first two letters of the Greek alphabet: alpha, beta.



Everyone Has a Story in Life

A 24 year old boy seeing out from the train's window shouted...

"Dad, look the trees are going behind!"

Dad smiled and a young couple sitting nearby, looked at the 24 year old's childish behavior with pity. Suddenly he again exclaimed...

"Dad, look the clouds are running with us!"

The couple couldn't resist and said to the old man...

"Why don't you take your son to a good doctor?" The old man smiled and said..."I did and we are just coming from the hospital, my son was blind from birth, he just got his eyes today".

Every single person on the planet has a story. Don't judge people before you truly know them. The truth might surprise you.



Jia Bansal
VIII-B

The Choice is Ours

Some people sit, some people try..

Some people laugh, some people cry..

Some people will, some people won't..

Some people do, some people don't..

Some people face hurdles and give it their best..

Some people back down when faced with a test..

Some people complain of their miserable lot..

Some people are thankful for all they've got..

And when it's all over

when it comes to an end

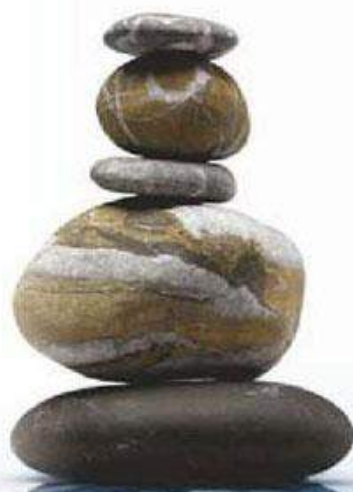
Some people lose out and some people win

We all have a choice, we all have a say

We are spectators in life or we get in and play

Whichever we choose however we handle life's game,

The choice is ours, no one else is to blame..



Vedika Narula
XI-C

Inspirational Thoughts By Mitch Albom

- "Holding anger is a poison... It eats you from inside... We think that by hating someone we hurt them... But hatred is a curved blade... and the harm we do to others... we also do to ourselves".
- "When you look into your mother's eyes, you know that it is the purest love you can find on this earth".
- "If you hold back on the emotions – if you don't allow yourself to go all the way through them – you can never get to being detached, you're too busy being afraid. You're afraid of the pain, you're afraid of the grief. You're afraid of the vulnerability that loving entails. But by throwing yourself into these emotions, by allowing yourself to dive in, all the way, over your head even, you experience them fully and completely."



Amish Bagri
XII-B



Happy Mother's Day

When I was young, you helped me grow,
And taught me all I had to know.
Of love and trust and faith and hope,
And everything it takes to cope.
You may have thought I did not hear,
Or maybe that you were not quite clear.
But all the things you taught to me,
Were needed very carefully.
And now I want to thank you for,
Your love, your care, and so much more.



Purav
VI-D



India of My Dreams

A place where the Nature smiles,
Green & Clean till miles and miles.
Where modernity & tradition go hand in hand,
Where joy spreads around the land.
Where the fire of equality & harmony is always Ignited,
Discrimination & Corruption all together discarded.
Where mothers & sisters are loved and respected,
Each & every child is educated.
Where nobody sleeps without dinner,
And nobody without work lingers.
Where there is no place for war & violence,
Peace & love resides even in silence.
This is the INDIA, I want to build,
THE INDIA OF MY DREAMS!!!!!!.....



Ishika Jain
VII-C

My City

The limitless pollution in the air
Tossed garbage here and there
Traffic jams will be a disgruntle
Regular honking might make you cripple
With the malls clearing up the Greenery away
And the residential eliminating grounds anyway
Being leading purveyors of woollens in the country
Serving as the new upcoming cycle industry
With all the amenities available in education sector
Counting many advancement in the health care
Where the metro directs a new way to progress
Diksha writes about her city,
with both dejection and gladness...



Diksha
XII-A



Facts



- > The C.E.O. of Yahoo, Marissa Ann Mayer was the first female employee at Google.
- > Australia's first police force was composed of the Best Behaved Convicts.
- > Mons Huygens is the tallest mountain on the Moon,

it is 4700m tall, just over half the height of Mount Everest (8848m.).

- > The sudden jerk you sometimes experience when you "slip" in your dreams while asleep is called "Hypnic Jerk".
- > The first pottery of earthen oil lamps (round bowl type) appeared in the Chalcolithic age i.e., 4500-3300 B.C.



- > If a part of your body falls asleep (the strange dead sensation) you can almost wake it up by shaking your head.
- > Just one insectivorous bat can eat 600 or more mosquitoes in a single hour.
- > A crocodile cannot

move its tongue.

- > If you take your age and multiply it by 7, then multiply it by 1,443 the product repeats your age 3 times.
- > Licking a stamp burns 10 calories.
- > India has more cell-phones than toilets.
- > Dolphins can jump up to 20 feet in the air.
- > There are 8 times as many atoms

in a tea spoonful of water as there are tea spoonful of water in the Atlantic Ocean.



Katyani Sharma
VII-B

I Dream a World

I dream a world where man
No other man will scorn,
Where love will bless the earth
And peace its paths adorn
I dream a world where all
Will know sweet freedom's way,
Where greed no longer saps the soul
Nor avarice blights our day.
A world I dream where black or white,
Whatever race you be,
Will share the bounties of the earth
And every man is free,
Where wretchedness will hang its head
And joy, like a pearl,
Attends the needs of all mankind-
Of such I dream, my world!

(Langston Hughes)



Amish Bagri
XII-B

DON'T WAIT

Don't wait for a smile to be nice.
Don't wait to be loved to love
Don't wait to be lonely,
To recognize the value of a friend.
Don't wait for the best job
To begin your work.
Don't wait to have a lot
To share a bit.
Don't wait for a fall
To remember the advice.
Don't wait for pain
To believe in prayer.
Don't wait to have time,
To be able to serve.
Don't wait for anybody
Else pain to ask for apologies.
Don't wait.....B'coz, you don't
Know how long it will take!



Khushi
IX-C

Farewell Speech

When I first came to this institution, almost two years ago, I wasn't excited at all. The thought of going to a school so different than my last one upset me. But with time I became quite attached to this institution.

Today as I ponder, I wonder where those two years went....they simply fled by happily on the sands of time and ushered us to this day.

I would like to take this opportunity to thank each and everyone who made this event possible.

Firstly, our +1 students, who spared their valuable time for us even though their exams are nearing. Thank you guys, it was a mind-blowing performance.

Secondly, my dear teachers...no amount of words can truly express our gratitude towards you. You held us when we stumbled, patted us when we achieved, advised us when we faced problems and above all, showered us with your unconditional love. We owe you everything and salute you for that.

Our parents at home struggle to manage 1 or 2 kids and how you manage 50 at once is still a mystery!

Last but not the least, Rev. Fr. John and Rev. Sr. Silvi. Dear Sister and Father, we realize that this institution stands due to your painstaking efforts, your dreams, visions and initiatives. We're privileged to study in this great institution.

Rev. Sr. Silvi, we are truly blessed to have you as our Principal. You've been a mentor to us all along. Oh, and your pearls of wisdom in the morning assembly really made us think.



I would also like to thank Rev. Fr. John, who in spite of his busy schedule is present on this occasion. Father, you've been an ever inspiring personality and we all look up to you.

I'd like to quote Shakespeare, who's a better wordsmith than me:

*"And whether we shall meet again
I know not"*

*Therefore, our everlasting farewell
take*

*Forever and forever, Farewell
friends!*

*If we do meet again, then we
shall smile*

*if not, then this parting was well
made."*

So today as we all stand at the other threshold of this institution, Let's not look back on what we have not done, but look forward to what we can do in the future and take with us, the fond memories cherished here.



Rosemary
XII-B



Friendship

Friendship is a miracle,
That dwells within my heart,
Don't know how it happened,
or how it got it's start.

The happiness that I get,
Gives me a special lift,
Then I come to know it's,
God's most special gift.



Muskaan Kapoor
XI-B

A friend is special someone,
I can call when I'm in need,
I know from the beginning,
You were a special creed.

You fill my life with,
beauty, happiness, joy and
grace, you make the world
around me a very special place.

Success For Sure

Read but write more,
Talk but think more,
Play but study more,
I promise you success for sure.
Eat but chew more,
Weep but laugh more,
Sleep but wake more,
I promise you health for sure.
Hate but love more,
Order but obey more,
Quarrel but agree more,
I promise you others love for sure.
Punish but reward more,
Consume but produce more,
I promise you
Others respect for sure.



Kashish Goel
VIII-B

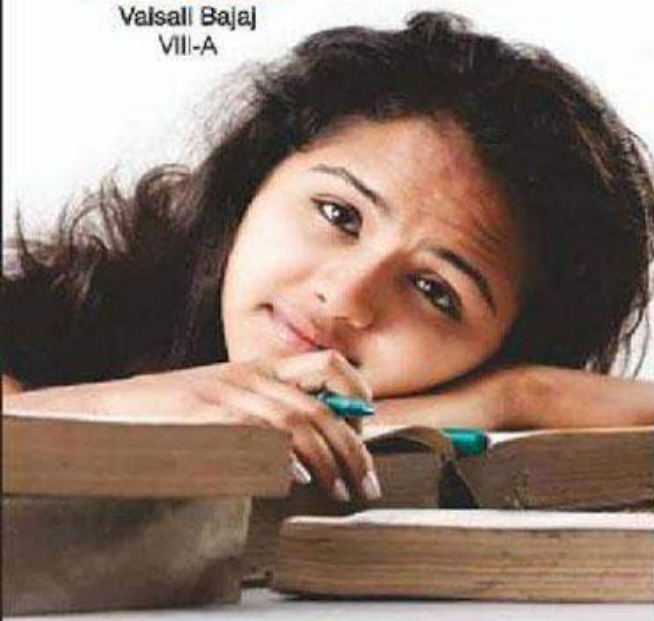



Why English is so Hard

We'll begin with a box, and the plural is boxes,
 But the plural of ox becomes oxen, not oxes.
 One fowl is a goose, but two are called geese,
 Yet the plural of moose should never be meese.
 You may find a lone mouse or a nest full of mice,
 Yet the plural of house is houses, not hice.
 If the plural of man is always called men,
 Why shouldn't plural of pan be called pen?
 If I speak of my foot and show you my feet,
 And I give you a boot, would a pair be called beet?
 If one is a tooth and a whole set are teeth,
 Why shouldn't the plural of booth be called beeth?
 Then one may be that, and three would be those,
 Yet hat in the plural would never be hose,
 And the plural of cat is cats, not cose.
 We speak of a brother and also of brethren,
 But though we say mother, we never say methren.
 Then the masculine pronouns are he, his and him,
 But imagine the feminine: she, shis and shim!



Valsali Bajaj
VIII-A






Shine

Life is something we all share,
 Just like oxygen, in the air,
 The way we leave it, is up to us,
 With a negative or with a plus.

Life is something we should cherish,
 We never know, when we'll perish.
 Live each and every single day,
 Smell the flowers stop and play.

Life is something, we've been blessed,
 Choice is yours choose your quest.
 Follow your passions and you'll be fine,
 With the right attitude you will shine.



Guneet Kaur Jhaji
XI-C

Golden Pearls

- Life always smiles underneath nature.
- Success goes to your head, failure goes to your heart.
- The language of colours is silent but universal.
- It is a wise head that makes the tongue still.
- A good heart is better than all the heads in the world.
- Knowledge is man's highest acquisition.



Gurnemat Kaur
VII-E

A Poem for *Mom*

You are the sunlight in my day,
You are the moon I see far away.
You are the tree I lean upon,
You are the one that
makes troubles be gone.

You are the one who taught me life,
How not to fight, and what is right.
You are the words inside my song,
You are my love, my life, my mom.
You are the one who cares for me,
You are the eyes that help me see.

You are the one who knows me best,
When it's time to have fun
and time to rest.

You are the one
who has helped me to dream,
You hear my heart
and you hear my screams.

Afraid of life but looking for love,
I'm blessed, for God
sent you from above.

You are my friend, my heart,
and my soul

You are the greatest friend I know.
You are the words inside my song,
You are my love, my life, my Mom.



Jia Bansal
VIII-B



A LIFE TO THE EARTH

O Visitors! O Travellers!
I welcome you - O Peddlers!
Come, enjoy, this planet blue,
Feel free, my pals, it's all for you.

Of my lot, I am the one
With water and appropriate sun,
You stay is short, that I know
High and happy, may it be so.

You yearn for beauty that's heavenly
O Paradise - it's here, you see,
From the mystery depths, to the towering terrains
The song of the gale and dance of the rains.

Here are the soils, go and crop
There are the waters, drink each drop,
And yes- the canes, go and chew
And just remember, it's all for you.

I've bluest of skies, if you need
I've greenest of woods, for you to feed,
Just do this host, a favour small
A Promise, A Vow from you, that's all.

Be wise visitors, sound and sane
As private passengers in a private plane,
Don't delay dance or strangle my singers
They were then, they're now, they're forever.

You blast mountains, level the crests
What glory in scaling such Everests?
You drug the air, poison the sea
And yet you name your Ganges "holy".

And never forget, you are in a queue
Waiting are others for a visit too,
Leave them green woods and blue skies
And not a Purgatory for Paradise.

Save blue blood, my soily skin
Don't chop green hands, keep them akin,
O Visitors! Be quick, Realise!
And depart as you arrived.

Yet enjoy, this planet blue
Feel free, good friends, it's all for you!



Gurpaul Singh
XI-A

A Snowflake Falls

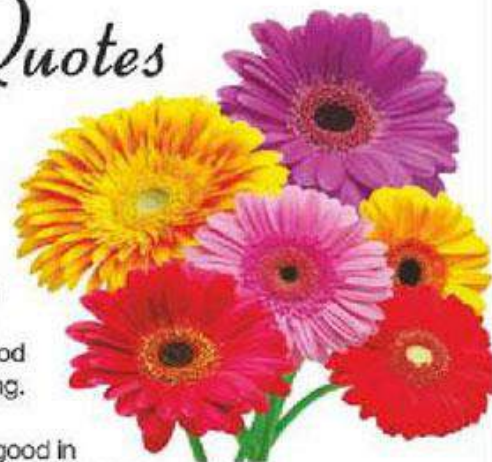
One night I saw a snowflake fall,
Past memories it did recall,
And as the snow fell to the ground,
So quietly without a sound.
I watched until a blanket made,
To glistening white brown Earth did fade.
An untouched cover until the dawn,
The sun arise it was soon gone.
I thought of friendships in the past,
Seemed perfect though they did not last,
And family ties once meant so much,
Now rarely do we keep in touch.
So quickly life can take a turn,
Yet slowly we do seem to learn,
So many things in life can change,
And suddenly be rearranged.
The things that we have overlooked,
Ignored, rejected or mistook,
As melted snow does turn to slush,
Relationships can turn to dust.
So this year for the holiday,
Praise God for blessings gave today.
Don't take for granted they'll remain,
That life forever will be the same.
Let's be the most that we can be,
For all our friends and family.
Unlike the snowflake on the ground,
Let's keep in touch and stay around.



Ashna Chawla
VIII-B

Beautiful Quotes

1. The most beautiful things in the world cannot be seen or even touched, they must be felt with the heart.
2. One of the most beautiful qualities of the true friendship is to understand and to be understood.
3. Everyday I feel as a blessing from God and I consider it a new beginning. Yeah everything is beautiful.
4. For the beautiful eyes, look for the good in others, for beautiful lips speak only words of kindness and for praise, walk with the knowledge that you are never alone.
5. Beauty is when you can appreciate yourself. When you love yourself that you are the most beautiful.
6. In order to point someone, first see inside you that you are perfect enough.
7. Success is not a windfall, it comes by burning midnight oil, so work hard to achieve your goal.



Simar Dhir
X-A



Quantifying the actual numbers of addicted individuals has proven to be complex and hard task, particularly because of difficulties with incomplete or biased sampling. Some reports placed the number of addicted to 70-73% of the state's youth (defined as individual age 16-35 years), with the proportion growing annually, though others claim that this is a vast overestimate for misunderstanding perpetuated by Rahul Gandhi, that derives from earlier reports, declaring that 70% of drug users were young.

Nevertheless, other studies documented comparably high rates of drug abuse in the state: A survey of the department of the social security and development of the women and children found that 60% of rural Punjabi households have at least one drug addict in the family.



Gurnemat Kaur
VIII-E

Facts Which are Going to Make You Proud About

INDIA'S ARMED FORCES



The Indian Armed Forces, consisting of the Indian Army, the Indian Air Force, the Indian Navy and the Indian Coast Guard are India's shield and sword, which keep our interests safe, our enemies at bay and the people of our country secure and free. They are respected and adored for their valour and sense of duty by the entire country. Many of us would know about their triumphs and stellar contributions to civilian life. But here are a few facts which will increase your respect for the Indian military ten-fold.

1. India controls the highest battlefield in the world, the Siachen glacier, at 5000 metres above Mean Sea Level (MSL).
2. India has the biggest "voluntary" army in the world.
3. Indian soldiers are considered among the very best in high altitude and mountain warfare.
4. India covertly tested its nuclear arsenal in the early 1970s and late 1990s without the CIA even knowing what was happening.
5. Unlike other government organisations and institutions in India, there are no provisions for reservations based on caste or religion.
6. In the Battle of Longewala, on which the famous Bollywood movie "Border" is based, there were only two casualties on the Indian side making graveyard of 2000 Pakistani soldiers.



Aditya Singh
IX-B

'Education is not only Meant for Attaining Degrees and Employment'

Education is the most potent and effective tool to redeem our lives, to bring about an individual's development, his emancipation, his cultural regeneration and his economic advancement. True education encompasses all that goes to make an individual in the real sense of the term. It builds us not only from without but also from within. The purpose of the education is to enlarge our vision, to broaden our concept of true development which includes the development of all and to make us capable of responding to the needs and aspirations of our fellow men and women, who directly or indirectly contribute to our growth and development.

Education is not meant to get a suitable job only. The real issue of education is to see that when the student leaves the school, the college or the university, he is well established in the goodness both outwardly and inwardly. The aspirations of an educated man are very ambitious and encouraging. Most of the so called educated are satisfied after getting university degrees and a lucrative job. It is an irony that our education cannot change the mind-set, the values which education tends to develop, do not exist outside of us, they exist within us.

I conclude by saying that to make our education, we have to bring out the best within us, and help redemption of our self and the society.



Abhiroose Singh
X-A

Woman

Being a daughter, being a sister
Being a wife, being a mother
We never bothered her tears
We never distraught her ailments
Dissenting her conventionally for something or the other
She listens with fortitude and concerns for others
Messing with our things here and there
She rightly reckons it everywhere
Every now and then we malice on her
Yet she replies with same confidence,
Solemnity and complete self loss
Loving each and every person around her
You call her bitch,
I call her WOMAN...!!



Diksha
XII-A

IDIOMS AND PHRASES WITH THEIR MEANING

- Elvis has left the building – The show has come to an end. It's all over.
- Every cloud has a silver lining – Be optimistic, even difficult times will lead to better days.
- See eye to eye – to agree with someone.
- To cost an arm and a leg – something is very expensive.
- Let the cat out of the bag – to accidentally reveal a secret.
- To add insult to injury – to make a situation worse.
- You can't judge a book by its cover – to not judge someone or something based solely on appearance.
- Break a leg – means 'good luck'.
- To hit the nail on the head – to describe exactly what is causing a situation or problem.



Maansi Verma
IX-D

Nine Lessons in Living

- 1 Learn To Laugh – A laugh is better than medicine.
 - 2 Learn To Tell a Story – A well-told story is like a sunbeam in a sick room.
 - 3 Learn To Attend Your Own Business – Few people can handle it well.
 - 4 Learn To Avoid Nasty Remarks – They give neither the listener nor the one who's listening any satisfaction.
 - 5 Learn To Say Kind Things – Nobody ever resents them.
 - 6 Learn To Stop Grumbling – If you can't see any good in the world, keep the bad to yourself.
 - 7 Learn To Hide Aches With a Smile – Nobody is interested in them.
 - 8 Learn To Keep Troubles To Yourself – Nobody wants to take them from you.
- Above all, Learn To Smile
– It always pays.



Gurmeet Kaur
VIII-E

हिन्दी विभाग

संपादकीय

यह मेरे लिए बड़े गर्व की बात है कि आज मुझे स्कूल मैगज़ीन में अपने विचार अभिव्यक्त करने का मौका मिला। बच्चे ईश्वर की अनमोल व सुंदर रचना हैं। वे ईश्वर की ओर से उपहार स्वरूप हमें मिलते हैं। हमारा यह कर्तव्य है कि हम उनकी प्रतिभा व कौशल को निखारने में मदद करें। प्रोत्साहन के दो शब्द कह कर हम उन्हें सफलता के मार्ग तक पहुँचा सकते हैं। इन बच्चों को इस सुंदर संसार को देखने का ढंग हमें ही सिखाना है। उन्हें देश व समाज की सेवा के लिए समय समय पर प्रेरित हमें ही करना है। भाषा ही ऐसा माध्यम है जिसके द्वारा आप मन व मस्तिष्क के विचारों को दूसरों तक पहुँचा सकते हो। हिंदी विभाग द्वारा विद्यालय के बच्चों को वाचन कौशल व लेखन कौशल में प्रोत्साहन दिया जाता है। विद्यालय के बच्चों में अपने मन के विचारों को कविताओं के द्वारा, कहानियों के द्वारा प्रस्तुत किया जाता है। ये प्रयास हम अपने देश के बच्चों के सुंदर भविष्य के लिए करते रहेंगे।

धन्यवाद



श्रीमती भावना शर्मा
संपादिका

विषय सूची

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ईश्वर पर विश्वास कभी खाली नहीं जाता

जाड़े का दिन था और शाम होने को आई थी। आसमान में बादल छाए हुए थे। एक नीम के पेड़ पर बहुत से कौए बैठे थे। वे सब बार-बार कांव-कांव कर रहे थे और एक-दूसरे से झगड़ भी रहे थे। इसी समय एक मैना आई और उसी पेड़ की एक डाल पर बैठ गई। मैना को देखते हुए कई कौए उस पर दूट पड़े। बेचारी मैना ने कहा— “बादल बहुत हैं इसीलिए आज अंधेरा हो गया है। मैं अपना घोंसला भूल गई हूँ। इसीलिए आज रात मुझे यहाँ बैठने दो। कौओं ने कहा— “नहीं, ‘यह पेड़ हमारा है तू यहाँ से भाग जा।’” मैना बोली— “पेड़ तो सब ईश्वर के बनाए हुए हैं। इस सदी में यदि वर्षा पड़ी और ओले पड़े तो ईश्वर ही हमें बचा सकते हैं। मैं बहुत छोटी हूँ, तुम्हारी बहन हूँ, तुम लोग मुझ पर दया करो और मुझे भी यहाँ बैठने दो।” कौओं ने कहा— “हमें तेरी जैसी बड़न नहीं चाहिए। तू बहुत ईश्वर का नाम लेती है तो ईश्वर के भरोसे यहाँ से चली क्यों नहीं जाती। तू नहीं जाएगी तो हम सब तुझे मारेंगे।” कौओं को कांव-कांव करके अपनी ओर झपटते देखकर बेचारी मैना वहाँ से उड़ गई और थोड़ी दूर जाकर एक आम के पेड़ पर बैठ गई। रात को आंधी आई, बादल गरजे और बड़े-बड़े ओले बरसने लगे। कौए कांव-कांव करके चिल्लाए। इधर से उधर थोड़ा-बहुत उड़े परंतु ओलों की मार से सब घायल होकर ज़मीन पर गिर पड़े। मैना जिस आम के पेड़ पर बैठी थी उसकी एक डाली दूट कर गिर गई। डाल दूटने पर उसकी जड़ के पास छेद हो गया। मैना उसमें घुस गई। सवेरा हुआ पृथ्वी पर ओले से घायल पड़े कौए ने मैना को उड़ते देखकर बड़े कष्ट से पूछा— “मैना बहन! तुम कहीं रही? तुम को ओलों की मार से किसने बचाया?”

मैना बोली— “मैं आम के पेड़ पर अकेली बैठकर भगवान से प्रार्थना करती रही और भगवान ने मेरी मदद की।”

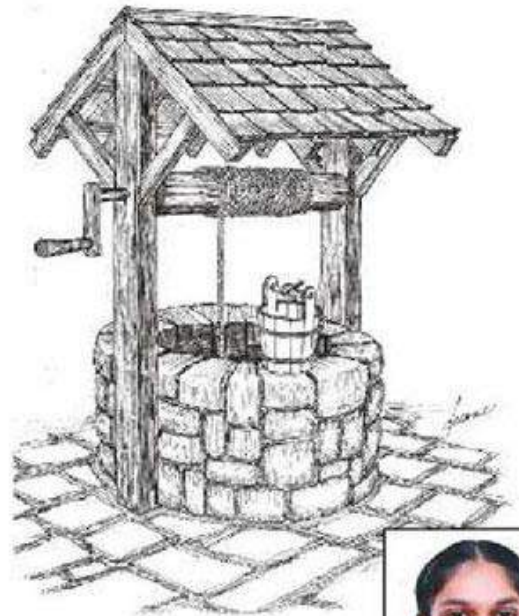
ईश्वर के कृत्य अनोखे होते हैं, जो भी ईश्वर पर विश्वास करता है और ईश्वर को याद करता है, उसे ईश्वर उसकी आपत्ति-विपत्ति में सहायता करते हैं, उसकी रक्षा करते हैं।



आशना जैन
दसवीं-बी

हमारी ज़िम्मेदारी

एक बार एक राजा के राज्य में महामारी फैल गई। चारों ओर लोग मरने लगे। राजा ने इसे रोकने के लिए बहुत सारे उपाय करवाए मगर कुछ असर न हुआ और लोग मरते रहे। दुखी राजा ईश्वर से प्रार्थना करने लगा। तभी अचानक आकाशवाणी हुई। आसमान से आवाज़ आई कि हे राजा! तुम्हारी राजधानी के बीचों बीच जो पुराना सूखा कुआँ है। अगर अमावस्या की रात के प्रत्येक घर से एक-एक बाल्टी दूध की उस कुएँ में डाली जाए तो अगली ही सुबह ये महामारी समाप्त हो जाएगी और लोगों का मरना बंद हो जाएगा। राजा ने तुरंत ही पूरे राज्य में ही यह घोषणा करवा दी कि महामारी से बचने के लिए अमावस्या की रात को हर घर से कुएँ में एक-एक बाल्टी दूध डाला जाना अनिवार्य है। अमावस्या की रात जब लोगों को कुएँ में दूध डालना था। उसी रात राज्य में रहने वाली एक चालाक एवं कंजूस बुढ़िया ने सोचा कि सारे लोग तो कुएँ में दूध डालेंगे। अगर मैं एक अकेली एक बाल्टी पानी डाल दूँ तो किसी को क्या पता चलेगा। इसी विचार से उस कंजूस बुढ़िया ने रात में चुपचाप एक बाल्टी पानी की कुएँ में डाल दी। अगले दिन जब सुबह हुई तो लोग वैसे ही मर रहे थे। कुछ भी नहीं बदला था क्योंकि महामारी समाप्त नहीं हुई थी। राजा ने जब कुएँ के पास जाकर देखा तो उसने देखा कि सारा कुआँ पानी से भरा हुआ था। दूध की एक बूंद भी नहीं थी। राजा समझ गया कि इसी कारण से महामारी दूर नहीं हुई और लोग अभी भी मर रहे हैं। दरअसल जो विचार इस बुढ़िया के मन में आया था वही विचार पूरे राज्य के लोगों के मन में आया था। किसी ने भी कुएँ में दूध नहीं डाला था। मित्रों जैसा इस कहानी में हुआ वैसा ही हमारे जीवन में होता है। जब भी कोई ऐसा काम आता है जिसे बहुत सारे लोगों का मला हो तो लोग ज़िम्मेदारी से हट जाते हैं यह सोच कर कि कोई दूसरा कर देगा। अगर हम दूसरों की परवाह किए बिना अपने हिस्से की ज़िम्मेदारी निभाने लग जाएँ तो पूरा देश ऐसा बदलाव ला सकता है जिसकी आज हमें ज़रूरत है।



शुभांगी गोयल
चौथी-बी

हमारा सलाम

वह जो बिना कर्ज जताए लड़ते हैं,
वह जो फर्ज को जिंदगी समझते हैं,
उन वीरों को हमारा सलाम।
भारत के हीरो को हमारा सलाम।
वह जो खून-पसीने की कर मेहनत भी,
ऐ.सी.ओं. में बैठते नहीं,
वह जो जान की कीमत समझते हैं,
पैसों का उनको मान नहीं।
वह जो इन्सान की कीमत समझते हैं,
बिन उनके भारत की शान नहीं।
वह जो आखिरी साँस तक लड़ते हैं,
वह जो बिना डरे आगे बढ़ते हैं,
उन वीरों को हमारा सलाम।
भारत के हीरो को हमारा सलाम।



ज्योति जिंदल
दसवीं-डी

कौन जिम्मेदार - विज्ञान या आप?



देख कन्या हत्याओं के सिलसिले,
घरती माँ के कलेजा हिले।
विज्ञान का यह वरदान,
जाँचने जाने लगी नहीं जान,
पर अब यह अभिषाप बन गया,
बेटियों के लिए संताप बन गया।
इसको बढ़ावा देने वाले,
भूल बैठे इसका अंजाम,
मविष्य में माएँ न मिलेगी,
कौन जिम्मेदार, विज्ञान या आप?
विज्ञान का इसमें दोष नहीं,
दोषी है हमारा समाज,
कल भी थी तिरस्कृत स्त्री जाति,
आज भी वही हालत है जनाब,
पहले तो गर्भ में मिल जाते थे नौ महीने,
अब तो लिंग निर्धारण होते ही काम तमाम।
नित बढ़ रहा है यह खूनी मंजर,
अपने ही घोंप रहे सीने में खंजर।
रक्षा ही नहीं रही, जब कोख की दीवारें,
तो रक्षा के लिए किसको पुकारें?



ज.आयलीन कौर
नौवीं-बी



लाल पर दुख न आने देती

खोती नहीं है क्षमता मन की,
सबसे बड़ी है ममता माँ की।
खुद भूखे सो जाती है माँ,
बच्चे का पेट तो भरती है।
पालन पोषण, देख-रेख सब
सच्चे मन से करती है।
बच्चों को सब खुशियाँ देती,
सुख न रखती अपने तन की,
सबसे बड़ी है ममता माँ की।
संस्कार का पाठ पढ़ाती,
सही नियम की शैति बताती।
कष्ट कोई आने न देती,
सीने से माँ ही चिपकाती।
क्षमाशील माँ इतनी होती है,
फिकर है करती पल-पल की,
सबसे बड़ी है ममता माँ की।



सहेजल शर्मा
आठवीं-ए



न्यारा बचपन, प्यारा बचपन

न्यारा न्यारा, ये कैसा बचपन,
जो सबसे प्यारा,
चाहूँ सदा मैं ऐसा ही बचपन,
जिसमें मिला है,
हमें सभी का सहारा
न्यारा न्यारा, ये कैसा बचपन,
जो सबसे प्यारा।
माँ की लोरी, दादी की स्टोरी,
ऐसे जैसे दूध की कटोरी,
लगता है होगी
यह हमारे जीवन का सहारा।
न्यारा न्यारा ये कैसा बचपन जो,
सबसे प्यारा
मम्मा के रिश्ते, पापा के रिश्ते,
सभी रिश्तों में से रिश्ता
माँ बहन का प्यारा।
न्यारा न्यारा ये कैसा बचपन,
जो सबसे प्यारा
मेले में जाऊँ,
या फिर गलियों में खेलूँ,
दोस्तों के संग मैं,
सभी कुछ खेलूँ,
दोस्तों के संग मैं खेलूँ होकर बेपरवाह,
न्यारा न्यारा ये कैसा बचपन,
जो सबसे प्यारा,
सभी को लगता है बचपन प्यारा,
हर कोई बोले,
काश! ये मिल जाए दुबारा,
न्यारा न्यारा ये कैसा बचपन,
जो सबसे प्यारा।



देवम अजी
छठीं-ए

सफलता की कुँजी— आत्मविश्वास



विद्यार्थियों आज की इस भाग दौड़ की जिन्दगी में हमारे मन तथा मस्तिष्क में एक ही बात रहती है कि जीवन को सफलतापूर्वक किस प्रकार जिया जाये। हम विद्यार्थियों के लिए लक्ष्य निर्धारित करना आवश्यक ही है। साथ यह भी है कि हम अपने अध्ययन से अच्छे अंकों से विशेष योग्यता सहित उत्कृष्ट श्रेणी में उत्तीर्ण हों। आज के स्पर्धात्मक युग में वही व्यक्ति सफल है जो विभिन्न क्षेत्रों में विशेष योग्यता के साथ सफलता प्राप्त करे। इस सबके लिए आत्मविश्वास के साथ किया हुआ कार्य सदैव ही अच्छे परिणाम लाता है। यदि आप आत्मविश्वास से परिपूर्ण हैं तो निश्चित मानिए जीत आपकी होगी और अपने लक्ष्य की प्राप्ति सुगमता से कर सकेंगे।

यह निर्दिष्ट तथ्य है कि प्रतिभा प्रत्येक व्यक्ति में होती है परन्तु इस प्रतिभा को पहचानना एवं समय रहते उसके उपयोग करने की

कला आपको आनी चाहिए। ऐसा कोई कार्य नहीं है जो व्यक्ति की पहुँच के बाहर हो, बस आवश्यकता होती है उसे दृढ़ इच्छाशक्ति और संकल्प के साथ करने की। सबसे पहले हमें लक्ष्यों को निर्धारित करने, उसकी पूर्ति हेतु साधन जुटाने चाहिए। व्यक्ति की सबसे बड़ी धरोहर आत्मविश्वास है। यदि व्यक्ति आत्मविश्वास से परिपूर्ण है तो उसकी मंज़िल आसान हो जाती है। हम कोई कार्य करें उसको आत्मविश्वास के साथ करें। अधिकांश महापुरुषों के जीवन के अध्ययन से यह तथ्य सामने आता है कि व्यक्ति का आत्मविश्वास ही उसे उन ऊँचाइयों तक ले जाता है जिसकी कल्पना करके वह चलता है। इसलिए आत्मविश्वास को हम सफलता की कुँजी कहें तो कोई बड़ी बात नहीं होगी।



बनमीत कौर
छठी—बी

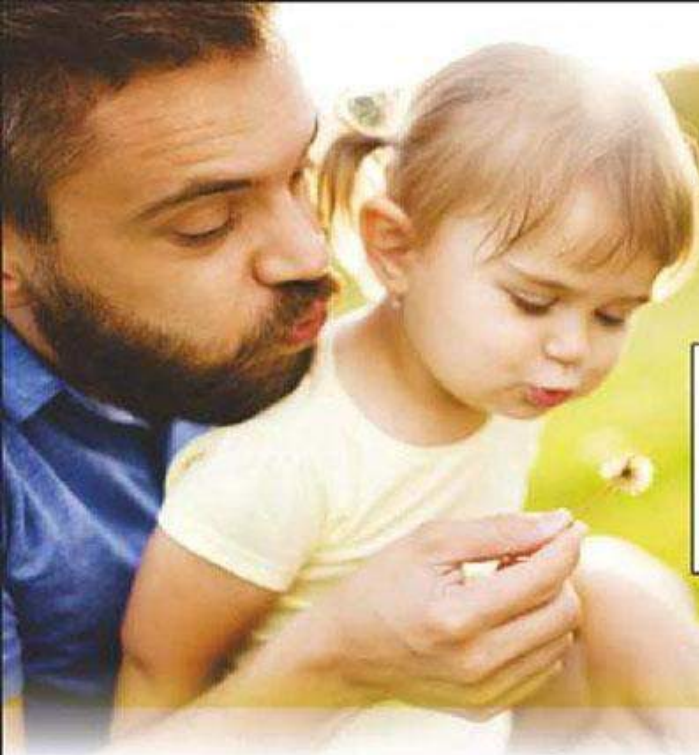
यह देश है वीर जवानों का!

सरहद पे चौकन्ना रहकर,
हमें आराम दिलाता है,
केवल एस.एम.एस. और व्हाट्सऐप की देशभक्ति नहीं,
वह कर्म पे अपना शीश घड़ाता है,
हम कश्मीर से कन्याकुमारी तक जो स्वच्छंद विचरण करते हैं,
उसे आलौकिक बनाया है इस देश के वीर जवानों ने।
यह देश है वीर जवानों का, यह देश है वीर जवानों का।
बच्चे—बच्चे ने इनसे लिया है सबक,
बच्चे को इन्होंने दिया है सबक,
हो चाहे वह भगत सिंह या चंद्रशेखर आज़ाद,
हो चाहे वह नारा जय जवान जय किसान,
हर मुश्किल को हमने आसान कर दिखाया है,
वक्त पड़ने पर अपना सीना चीर कर, घर हमारा बनाया है।
यह देश है वीर जवानों का, यह देश है वीर जवानों का।
हिमालय की शान और ताज की पहचान हैं हमारे प्रहरी,
लाल किले की पहचान और कुर्बानियों की मिसाल है हमारे प्रहरी।
हो चाहे वह चीन का हमला या
फिर कारगिल में पाकिस्तान का बोखा,
अपने लहू से जवानों ने तिरंगा उल्लुंग पे फहराया है।
यह देश है वीर जवानों का, यह देश है वीर जवानों का।



आवेग मल्लोत्रा
दसवीं—सी





परी कालिया
आठवीं-ए

पिता

मेरा साहस, मेरी इज्जत, मेरा सम्मान है पिता,
मेरी ताकत, मेरी पूँजी, मेरी पहचान है पिता।
घर की एक-एक ईंट में शामिल उनका खून-पसीना,
सारे घर की रीनक उनसे सारे घर की शान है पिता।
मेरी इज्जत मेरी शौहरत,
मेरा रूतबा मेरा मान है पिता,
मुझको हिम्मत देने वाले मेरा अभिमान है पिता।
सारे रिश्ते उनके दम से, सारे नाते उनसे हैं,
सारे घर के दिल की धड़कन, सारे घर की जान है पिता।
शायद रब ने देकर मेजा फल ये अच्छे कामों का,
उसकी रहमत उसकी नेहमत उसका है वरदान पिता।

पिता का स्नेह

प्यार का सागर ले आते
फिर चाहे कुछ न कह पाते
बिन बोले ही समझ जाते
दुःख के हर कोने में
खड़ा उनको पहले से पाया
छोटी सी उंगली पकड़कर
चलना उन्होंने सिखाया
जीवन के हर पहलू को
अपने अनुभव से बताया
हर उलझन को उन्होंने
अपना दुःख समझ खुलझाया
दूर रहकर भी हमेशा
प्यार उन्होंने हम पर बरसाया
एक छोटी सी आहट से
मेरी हर सिसकियों में
अपनी आँखों को भिगोया
आशीर्वाद उनका हमने हमेशा पाया
हर खुशी को मेरी पहले उन्होंने जाना
असमंजस के पलों में
अपना विश्वास दिलाया
उनके इस विश्वास को
अपना आत्म विश्वास बनाया
ऐसे पिता के प्यार से
बड़ा कोई प्यार न पाया।

ऊर्जिता शर्मा
दसवीं-बी

पिता हैं तो

पिता जीवन है, सम्बल है, शक्ति है
पिता सृष्टि में निर्माण की अभिव्यक्ति है
पिता अँगुली पकड़े बच्चे का सहारा है
पिता कभी कुछ खट्टा, कभी खारा है
पिता पालन है, पोषण है, परिवार का अनुशासन है
पिता कठोरता से चलाने वाला प्रेम का प्रशासन है
पिता रोटी है, कपड़ा है, मकान है
पिता छोटे से परिंदे का बड़ा आसमान है
पिता अप्रदर्शित अनंत प्यार है
पिता है तो बच्चों को इंतज़ार है
पिता से ही बच्चों के ढेर सारे सपने हैं
पिता है तो बाज़ार के सब खिलौने अपने हैं
पिता से परिवार में प्रतिपल राग है
पिता दुनिया दिखाने का एक एहसास है
पिता सुरक्षा है, अगर सिर पर हाथ है
पिता नहीं तो बचपन अनाथ है।
तो पिता से बड़ा तुम अपना नाम करो
पिता का अपमान नहीं उन पर अभिमान करो
क्योंकि माँ-बाप की कमी को कोई ढोंट नहीं सकता
और ईश्वर भी इनके आशीर्षों को काट नहीं सकता
विश्व में किसी भी देवता का स्थान दूजा है
माँ-बाप की सेवा ही सबसे बड़ी पूजा है
दो खुशानसीब हैं, माँ-बाप जिनके साथ होते हैं
क्योंकि माँ-बाप के आशीर्षों के हज़ारों हाथ होते हैं।



शुब्नेमत कौर
आठवीं-इ

माँ

एक अक्षर का माँ का नाम,
जिस में समाया सारा जहाँ।
माँ का आँचल ऐसा होता,
जैसे सीप में मोती सोता।
माँ की ममता ऐसी होती,
जैसे धूप में छाया होती।
माँ के बिना क्या सपना बुनना,
जीवन जैसे सूना-सूना।
माँ है कुदरत की वो देन,
जिस पर ईश्वर की हो मेहर।
माँ से चलता सारा जहाँ,
जिसके बिना नहीं कोई पहचान।
माँ को पूजो, माँ को गाओ,
ईश्वर को तुम इसी में पाओ।
एक अक्षर का माँ का नाम,
इसी में समाया सारा जहाँ।



जया कत्याल
आठवीं-सी

एक कविता हर माँ के नाम

माँ है विधाता की अनमोल देन,
इसी से चलती है जीवन की रेल,
माँ दिन जीवन है अधूरा,
खाली-खाली, सूना-सूना।
खुरानसीब हैं हम इतने,
जो पास है हमारे माँ,
हैं बदनसीब वे कितने,
जिनके पास ना होती माँ।
भगवान का दूसरा रूप है माँ,
इसके लिए दे देंगे जाँ।
ऊपर जिसका अंत नहीं उसे आसमाँ कहते हैं।
घरती पर जिसका अंत नहीं उसे माँ कहते हैं।
माँ तुम हो कितनी प्यारी,
भोली-भाली, सीधी-सीधी।
कितनी भी हो जाऊँ बड़ी,
'माँ' मैं आज भी तेरी बच्ची हूँ।



दीपया कांसल
छठी-ई

माँ

"माँ" शब्द सुनने से और बोलने से ही कानों और मुँह में
मिशरी सी घुल जाती है। माँ ममता की मूर्ति करुणा की
मूरत और वात्सल्य से भरी होती है। माँ भगवान की
तरफ से दिया हुआ एक खूबसूरत तोहफा है। इसी पर
माँ के ऊपर मैं कुछ पंक्तियाँ कहना चाहूँगी।

माँ! माँ! माँ! माँ!

समुद्र ने कहा—

माँ एक ऐसी हस्ती है जो औलाद के लाखों राज अपने
सीने में छुपा लेती है।

घर ने कहा—

माँ वो आँचल है जिसके बगैर मैं कब्रिस्तान हूँ।

जन्नत ने कहा—

माँ वो खुशी है जिसके कदमों तले मैं भी हूँ।

दुआ ने कहा—

माँ वो शख्सीयत है जो हर वक्त औलाद के लिए दुआ
माँगती रहती है।

फूलों ने कहा—

माँ वो खुशबू है जिसके होने से सारा जहाँ महक उठता
है।

अल्ला ताला ने फरमाया—

माँ वो अहसास है जो मेरी तरफ से नायाब तोहफा है।

"इस प्रकार माँ एक अनमोल रत्न
है— 'जो इस दुनिया में सबसे
कीमती है।"



गुरनेमन कौर
आठवीं-ई





बेटियाँ

प्रमात की ओस की बूँद सी होती है बेटियाँ,
पापा की प्यारी और माँ की दुलारी होती हैं बेटियाँ
माँ-बाप के दुख-दर्द में हमदर्द होती हैं बेटियाँ
दादा-दादी एवं परिवार की दुलारी होती हैं बेटियाँ
खुद कौंटों के राह पर चलती हैं बेटियाँ
औरों की राह में फूल बिछाती हैं बेटियाँ
कहने को तो दुनिया में पराई अमानत हैं बेटियाँ
पर बेटों से भी बढ़कर अपनी होती हैं बेटियाँ
हीरा अगर है बेटा तो अनमोल होती हैं बेटियाँ
पर बेटों से भी बढ़कर अपनी होती हैं बेटियाँ
रीशन करता है बेटा तो बस एक ही कुल को
दो-दो कुलों की लाज होती हैं बेटियाँ
दर्द विदाई का क्या, समझा जाती है बेटियाँ
जीवन का क्या है सारांश, बता जाती हैं बेटियाँ
गम और खुशी का रिश्ता पता चलता है बेटियाँ
जब देखते-देखते ही विदाई ले जाती हैं बेटियाँ।



शुभांशी गुप्ता
नौवीं-डी

सुना है

गिरना भी जरूरी है
औकात का पता चलता है...
बढ़ते हैं हाथ जब उठाने को
अपनों का पता चलता है।
जिन्हें गुस्सा आता है
वो लोग सच्चे होते हैं...
मैंने झूठों को अकसर
मुस्कुराते देखा है।
सीख रही हूँ मैं भी
इंसानों को पढ़ने का हुनर...
सुना है चेहरे पे
किताबों से ज़्यादा लिखा होता है।

यष्टि मदान
दसवीं-ए



बड़ा महत्त्व हैं

जीवन में आज का
सुर में साज का
राज्य में ताज का
पूजा में फूल का
स्त्री में चाल का
सिर में बाल का
खाने में दाल का
सूर्य में प्रकाश का
दोस्ती में विरवास का
जीवन में विकास का
बड़ा महत्त्व है।



हर्षनूर सिंह युमान
छठी-ए

वर्तमान में जीना सीखो

एक बार कक्षा में कुछ विद्यार्थियों के पास एक अध्यापक आए। कक्षा में मेज़ पर एक पानी से भरा गिलास रखा था। अध्यापक जी ने उस गिलास को ऊपर उठाया और बच्चों से पूछा कि यदि वे उस गिलास को ज़्यादा समय तक अपने हाथ में पकड़ेंगे तो उनके हाथ में दर्द होगा या नहीं। सारे बच्चों ने उत्तर दिया, "जी हाँ।" अध्यापक जी ने बच्चों को समझाया कि इसी तरह यदि वे अपने जीवन की मुश्किलों को अपने सारे जीवन तक अपने साथ लेकर चलेंगे तो उनका आने वाला सारा जीवन उनके बीते हुए जीवन के दुखों से भरा रहेगा। इसलिए हमें सदैव अपने वर्तमान में ही खुशियाँ लाने की कोशिश करनी चाहिए न कि अपने बीते हुए दुखों को याद करके खराब करना चाहिए।

शिक्षा - इस कहानी से हमें यह सीख मिलती है कि हमें सदैव अपने वर्तमान में खुश रहने का प्रयास करना चाहिए।



वसुंधरा
दसवीं-बी



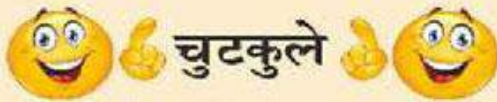


सड़कों पर खोता बचपन

रोती बिलखती जिंदगी क्यों सड़कों पर खोता बचपन ?
धुएँ और शोर के बीच आँसुओं में खोता बचपन ।
भूखे पेट ऐंठती आँते,
फिर भी मुस्कराती चमकती आँखें ।
कभी किताब तो कभी फूलों को
बेचने की जुगत में खोता बचपन ।
तो कभी लाचारी और अपंगता में खोता बचपन ।
भूखे पेट तरसती आँखें, दो रुपये को तरसती साँसें,
क्यों चोरी, नशा और जुल्मों में पड़ता बचपन ।
बाबूजी, एक रुपया दे दो कह के आया पास मेरे,
चेहरे पर मासूमियत पेट में भूख ले आया वो पास मेरे ।
मैंने पूछा क्या होगा जो एक रुपया मैं दे दूँगा,
बोला वो एक रुपया जोड़ गाँ का पेट मैं भर लूँगा ।
गुजर गया आँखों के आगे उसका सारा बचपन,
हाथ जोड़ खड़ा रहा आँखों के आगे बचपन ।



महक जागर
दसवीं-डी



- एक बहुत बड़ा नेता ऑलंपिक के शुरुआती समय में भाषण देने आया । उसने सामने लगे बोर्ड को देखा और बोलना शुरू किया ।
नेता : ओ, ओ, ओ, ओ!
नेता का एक सहायक दौड़कर गया और उनसे बोला : नेता साहब ! यह ऑलंपिक का 'लोगो' है ।
- एक महिला अखबार में मृत्यु और जन्म के बारे में पढ़ रही थी । अचानक उसने अपने साथ में बैठे एक लड़के को कहा : तुम्हें पता है, जब भी मैं साँस ले रही हूँ तब एक इंसान की मृत्यु हो रही है ।
पुरुष : अच्छा ! तो तुम कोई अच्छा दातुन क्यों नहीं इस्तेमाल करती ।



आयुष सिंगला
नौवीं-ए



- अध्यापक - भारतीय परिवार के सदस्य एक दूसरे को प्यार करते हैं और एक दूसरे की परवाह करते हैं । इसका कोई उदाहरण दो ?
छात्र - उपवास एक करता है और साबुदाने की खिचड़ी पूरा परिवार खाता है ।
- सुन नापाक पाकिस्तान !!
हम हिन्दुस्तानी, युद्ध से नहीं डरते ।
हम सिर्फ इस बात को लेकर परेशानी में हैं कि युद्ध के बाद हमारे देश के बच्चों के इतिहास विषय में एक और पाठ पढ़ना पड़ेगा- एक था पाकिस्तान !



गौतम गुप्ता
दसवीं-बी

बचपन की वो कागज़ की कश्ती

बारिश के पानी से समंदर तक
छोटी चुनौतियों से बड़े बवंडर तक
मीलों का सफर तय कर आई है...
बचपन की वो कागज़ की कश्ती,
काफी दूर घली आई है ।
लहरों से स्थिरता, मकानों से उम्मीद,
तूफानों से साहस लिए,
अनुभवों की बुनियाद पर हमेशा कुछ नया सीखती आई है
बचपन की वो कागज़ की कश्ती, काफी दूर चल आई है,
बहुत मिले राह में साथी हमसफर,
थोड़ी देर साथ चले, फिर धामी अपनी छगार,
कुछ को साथ लिए, कुछ को पीछे छोड़ आई है...
बचपन की वो कागज़ की कश्ती, काफी दूर चल आई है
मंज़िल कहाँ है, मालूम नहीं,
पर पाना है उसे, इतना है यकीन,
शायद यही सोच के अब तक बहती आई है,
बचपन की वो कागज़ की कश्ती, काफी दूर चल आई है,



आईना मक्कड़
दसवीं-सी



जो कुछ होता है, अच्छे के लिए ही होता है।

एक बार शहंशाह अकबर एवं बीरबल शिकार पर गए और वहाँ पर शिकार करते समय अकबर की अंगुली कट गई। अकबर को बहुत दर्द हो रहा था। पास में खड़े बीरबल ने कहा— “कोई बात नहीं शहंशाह, जो भी होता है अच्छे के लिए ही होता है।” अकबर को बीरबल की इस बात पर क्रोध आ गया और उसने अपने सैनिकों को आदेश दिया कि बीरबल को महल में जा कर कारागार में डाल दिया जाए। सैनिकों ने बीरबल को बंधी बनाकर कारागार में डाल दिया एवं अब अकबर अकेले ही शिकार पर आगे चले गए। रास्ते में आदिवासियों ने जाल बिछा कर शहंशाह को बंधी बना लिया और अकबर की बली देने के लिए अपने मुखिया के पास ले गए। जैसे ही मुखिया अकबर की बली चढ़ाने के लिए आगे बढ़े तो किसी ने देखा कि अकबर की तो अंगुली कटी हुई है अर्थात् वह खंडित है इसलिए उसकी बली नहीं दी जा सकती। उन्होंने अकबर को मुक्त कर दिया। अकबर को अपनी गलती का अहसास हुआ एवं वह तुरंत बीरबल के पास पहुँचा। अकबर ने बीरबल को कारागार से मुक्त किया एवं उसने बीरबल से माफी माँगी कि उससे बहुत बड़ी भूल हो गई जो उसने बीरबल जैसे ज्ञानी एवं दूरदृष्टि मित्र को बंधी बनाया। बीरबल ने फिर कहा—जो कुछ होता है अच्छे के लिए होता है। तो अकबर ने पूछा कि मेरे द्वारा तुमको बंधी बनाने में क्या अच्छा हुआ है? बीरबल ने कहा, शहंशाह अगर आप मुझे बंधी न बनाते तो मैं आपके साथ शिकार पर चलता और आदिवासी मेरी बलि दे देते। इस तरह बीरबल की यह बात सच हुई कि जो कुछ भी होता है, हमारे भले के लिए ही होता है।

शिक्षा — यह कहानी साबित करती है कि अच्छे का अर्थ उचित एवं न्यायपूर्ण परिणाम से है, इसलिए जो कुछ होता है, अच्छे के लिए ही होता है।



ज्योती असीजा
दसवीं—बी

भ्रष्टाचार

आग की मशाल से,
जला दो यह भ्रष्टाचार,
बेच डालो जिन्होंने देश की गरिमा।
कह डालो उन लोगों से,
डरते नहीं हम उनसे।

पत्थर से बने उस दिल को,
तोड़ दो एक झटके में,
जिन्होंने तोड़े सैंकड़ों दिल,
अपने मतलब से।
कह डालो उन लोगों को,
नहीं डरते हम उनसे।

निडर रहो मानव,
आशंका का कारण नहीं,
लड़ रहे हो तुम अपने भारत के लिए।
वापिस लाओ उस गरिमा को,
जो छिन गई थी हम से।

वापिस लाओ उस गौरव को,
जो सबसे बढ़ के
जिसे देश में तुम जन्मे,
जिस देश ने तुम्हें सब कुछ दिया
अब समय है उसका कर्ज चुकाने का

जिस देश के लिए कुरबान हो गए गांधी, नेहरू
अब फिर इस पर पाप के बादल मंडराए।
खत्म करो यह दोष,
जिसने बढ़ावा दिया पाप को,
जिसने उड़ाए सब के होश।
मुक्त हो इन जंजीरों से,
निकलो इन रंजिशों से।



आर्यन शर्मा
नौवीं—ए

समय की सच्चाई

हमारे समय का सच तो
आज यही है कि
हमें अपने अलावा हर कोई
झूठा लगता है,
जब तुम देखते हो आईना
तो हम नहीं, यह आईना
ही टूटा लगता है।

हमारे समय का
सबसे बड़ा सच
यही है कि
एक झूठ को सौ बार कहो तो
वह सच हो जाता है और
एक सच को हजार बार कहो
तो वह झूठ हो जाता है।

हमारे समय का सच तो
यह है कि सच बोलना अपराध है,
कानून और कचहरी की
दलहीज पर पूरे तान-झाम के
साथ झूठ आबाद है।



अश्विन वठल
सातवीं—ए





हिन्दी भाषा

प्रकृति की पहली ध्वनि ऊँ है
मेरी हिन्द भाषा भी इसी ऊँ की देन है।
देवनागरी लिपि है इसकी,
देवों की कलम से उपजी
बांगला, गुजराती, भोजपुरी, खोसरी, पंजाबी
और कई हिन्दी ही है इन सब की जननी।
प्रकृति की हर एक चीज़ अपने में सम्पूर्ण है
मेरी हिन्दी भाषा भी अनमोल है
जो बोलते हैं वही लिखते हैं,
मन के भाव सही उमरते हैं।
हिन्दी भाषा ही तुम्हें,
प्रकृति के समीप ले जाएगी,
मन की शुद्धि, सहायक यह बन जाएगी।
कुछ हवा घली है ऐसी यहाँ
कहते हैं इस मातृभाषा को बदल दो
मातृभाषा का क्यों बदलाव करो,
देवों की भाषा का क्यों तुम तिरस्कार करो।
बदल सको तो तुम अपनी सोच को बदल डालो
हर एक भाषा का तुम दिल से सम्मान करो
हिन्दी की जड़ों पर आओ, हम गर्व करें
हिन्दी भाषा पर आओ हम गर्व करें।



कुशीता करीर
छठी-सी

देश की माटी

नमन करो तुम इस माटी को
इसकी कथा निराली है।
ऋषि-मुनियों ने यहाँ ज्ञान की
गंगा सदा बहाई है
वेद मंत्रों का उच्चारण से
नई उजाली आई है।
हर मुखड़े पर संस्कार की
सदा दमकती लाली है।
यहाँ खेतों में खुशियाँ खिलती
उगती नित किलकारी है,
फिरणों की अगवानि करती
फूलों की हर क्यारी है।
खलिहानों में खिल-खिल करती
घर-घर की खुशहाली है।
लग जाती है जब माथे पर यह
चंदन बन मुस्काती है
जो सीमा का रक्षा करते
उनका जोश बढ़ाती है।
जान गए हैं दुश्मन कब से
कितनी हिम्मत वाली है।



दिव्यंशु करीर
छठी-ई

हास्य कविता

'सोनी', 'जी', 'स्टार'
कर देते सबको बीमार
रबर बैंड की तरह खिंचाते प्रोग्राम,
बिना दिमाग खर्चें सौ-ग्राम।
कहीं टूटता दिल
कहीं बँटता घर,
देखकर दुखने लगता है सर।
देर रात तक जगाने की आदत
है इसने डाली
कहानी घर-घर की
यही कि सुबह होती परेशानी
देखकर नए-नए विज्ञापन,
बच्चे रोज़ देते
माता-पिता को ज्ञापन
गुम हो गए रामायण और महाभारत
अब तो बस दिखती
हर जगह शरारत
मन की कसौटी भी
अब यही कहती—
पोथी पढ़-पढ़ जग मुआ
पंडित भया न कोए,
जो टी.वी. पर सीरियल देखे,
सो ही पण्डित होए।



इशीका
नौवीं-डी

सुविचार

किसी ने गुरु नानक से पूछा आप बड़े हैं फिर भी नीचे क्यों बैठते हैं? बड़ा
खूबसूरत जवाब दिया, "नीचे बैठने वाला आदमी कभी गिरता नहीं।"
बेझिझक मुस्कुराओ जो भी गम है,
ज़िंदगी में टेंशन किसको कम है,
अच्छा या बुरा तो केवल भ्रम है,
ज़िंदगी का नाम ही कभी खुशी कभी गम है।
मत सोच कि तेरा सपना पूरा क्यों नहीं होता
हिम्मत वाले का इरादा कभी अधूरा नहीं होता
जिस इंसान के कर्म अच्छे होते हैं।
उसके जीवन में कभी अंधेरा नहीं होता..
किसी को कभी दुःख मत देना क्योंकि दी गई
चीज़ एक दिन हजार गुनी होकर लौटती है।
चलो एक रस्म यह भी निभा दें, जो हमसे खफा है,
उन्हें भी दुआ दें।



पुन्या खोसला
नौवीं-ए



चक्रवर्ती अशोक सम्राट

अशोक मौर्यवंशियों में से सबसे उच्च कोटि के शासक माने जाते हैं। अशोक महान राजा चंद्रगुप्त मौर्य के पौत्र थे। इनका जन्म पाटलीपुत्र में हुआ। धर्मा और बिंदूसार इनके माता-पिता थे।

वे एक ऐसे शासक थे जो अपने शासन के समय पूरे भारत पर हुकूमत करने के लिए प्रसिद्ध थे। लेकिन इनको यह सब कुछ अपने जन्म के साथ नहीं मिला। वे एक आम बालक थे जो अपनी माता के द्वारा दिए गए सिद्धांतों और अपने गुरु चाणक्य के द्वारा दी गई शिक्षा स्वरूप अपने अखंड भारत के सपने का निर्वाह कर सकें।

अशोक सम्राट का निधन 232 ईसा पूर्व में हुआ था। चाहे वे महान राजा हमारे बीच अब नहीं है, पर इनकी विचारधारा अब भी हम सब भारत-वासियों में जीवित है तथा अशोक द्वारा बनवाए गए अशोक स्तंभ आज भी हमें अपने राष्ट्रीय प्रतीक के रूप में उसी 'अखंड भारत' को बनाए रखने के लिए हमें प्रेरित करते हैं।



मृदुल जैन
नौवीं-बी



एक बचपन का जमाना

एक बचपन का जमाना था,
जिस में खुशियों का खजाना था।
चाहत चाँद को पाने की थी,
पर दिल तितली का दिवाना था।

खबर ना थी कुछ सुबह की,
ना शाम का ठिकाना था।
थक कर आना स्कूल से,
पर खेलने भी जाना था।

माँ की कहानी थी,
परियों का फसाना था...
बारिश में कागज की नाव थी,
हर मौसम सुहाना था।



दिवी पाम्बी
नौवीं-ई

भूल

जो कभी भूल न करें,
उसे भगवान कहते हैं,
जो भूल करता है,
उसे ईसान कहते हैं
जो भूल करके भी मुस्कुराए,
उसे शैतान कहते हैं
जो भूल करके भूल जाए,
उसे नादान कहते हैं
जो भूल करके भूल करे,
उसे असावधान कहते हैं
जो भूल करके उस भूल से कुछ सीखे,
उसे बुद्धिमान कहते हैं।



हर्षभूर सिंह दुमान
छठी-ए

क्रिसमस



क्रिसमस आया क्रिसमस आया,
बच्चों का मन ललचाया
सैंन्टाक्लॉज आएँगे,
ना खिलौने लाएँगे।

सैंन्टाक्लॉज ने दी आवाज़
एनी आओ, पेनी आओ
जॉनी आओ, जॉन आओ
यीशु की ये याद का दिन,
बच्चों का ये प्यार का दिन।



अंशु जिंदल
नौवीं-ई

“ਝਲਕ”

ਪੰਜਾਬੀ ਵਿਭਾਗ



ਕਿਸੇ ਵੀ ਭਾਸ਼ਾ ਦੇ ਵਿਕਾਸ ਵਿੱਚ ਬਾਲ-ਸਾਹਿਤ ਦਾ ਮਹੱਤਵਪੂਰਨ ਯੋਗਦਾਨ ਹੁੰਦਾ ਹੈ। ਦੂਜੇ ਸ਼ਬਦਾਂ ਵਿੱਚ ਕਿਹਾ ਜਾ ਸਕਦਾ ਹੈ ਕਿ ਬਾਲ-ਸਾਹਿਤ ਅਗਾਂਹਵਧੂ ਸਾਹਿਤ ਦੀ ਨੀਂਹ ਹੈ। ਕਿਸੇ ਕੋਮ ਦੇ ਬੱਚਿਆਂ ਲਈ ਜਿੰਨ੍ਹਾਂ ਸਿਆਰੀ ਅਤੇ ਉੱਚੇਰੇ ਜੀਵਨ ਮੁੱਲਾਂ ਦਾ ਸੁਨੇਹਾ ਦੇਣ ਵਾਲਾ ਸਾਹਿਤ ਲਿਖਿਆ ਜਾਵੇਗਾ, ਉਹ ਕੌਮ ਉਨ੍ਹਾਂ ਹੀ ਵਿਕਸਿਤ ਹੋਵੇਗੀ, ਕਿਉਂਕਿ ਚੰਗਾ ਸਾਹਿਤ ਹਮੇਸ਼ਾਂ ਨਵੀਂ ਪੀੜ੍ਹੀ ਲਈ ਗਿਆਨ ਅਤੇ ਚੇਤਨਾ ਦੇ ਦਰਵਾਜ਼ੇ ਖੋਲ੍ਹਦਾ ਹੈ। ਇਸੇ ਉਦੇਸ਼ ਨੂੰ ਪੂਰਾ ਕਰਨ ਲਈ ਸੈਕਰਡ ਹਾਰਟ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ ਸਕੂਲ, ਬੀ.ਆਰ.ਐੱਸ. ਨਗਰ, ਲੁਧਿਆਣਾ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਇਸ ਸਕੂਲ ਰਸਾਲੇ ਦੇ ਮਾਧਿਅਮ ਰਾਹੀਂ ਇਹ ਮੌਕਾ ਪ੍ਰਦਾਨ ਕੀਤਾ ਜਾਂਦਾ ਹੈ, ਤਾਂ ਜੋ ਉਹ ਆਪਣੇ ਮਨ ਦੇ ਭਾਵ ਸਾਹਿਤ ਦੇ ਵੱਖ-ਵੱਖ ਰੂਪਾਂ ਰਾਹੀਂ ਉਜਾਗਰ ਕਰ ਸਕਣ। ਇਸ ਰਸਾਲੇ ਦਾ ਬੁਨਿਆਦੀ ਮੰਤਵ ਹੀ ਬੱਚਿਆਂ ਨੂੰ ਉਹਨਾਂ ਦੀ ਮਾਤ-ਭਾਸ਼ਾ ਨਾਲ ਜੋੜਨਾ, ਉਹਨਾਂ ਅੰਦਰ ਛੁਪੀ ਹੋਈ ਸਿਰਜਣਾਤਮਕਤਾ ਨੂੰ ਹੁਲਾਰਾ ਦੇਣਾ, ਮਨੋਰੰਜਨ ਕਰਨਾ ਅਤੇ ਚੰਗੇ ਨਾਗਰਿਕ ਬਣਾਉਣਾ ਹੈ। ਉਹ ਵਿਦਿਆਰਥੀ ਵਧਾਈ ਦੇ ਪਾਤਰ ਹਨ, ਜਿੰਨ੍ਹਾਂ ਨੇ ਇਸ ਰਸਾਲੇ ਦੇ ਮਾਧਿਅਮ ਰਾਹੀਂ ਆਪਣੇ ਵਿਚਾਰਾਂ ਨੂੰ ਕਵਿਤਾਵਾਂ, ਕਹਾਣੀਆਂ, ਅਨਮੋਲ ਵਚਨਾਂ ਆਦਿ ਰਾਹੀਂ ਦੂਜੇ ਵਿਦਿਆਰਥੀਆਂ ਤੱਕ ਪਹੁੰਚਾਉਣ ਦਾ ਸਾਰਥਕ ਉਪਹਾਲਾ ਕੀਤਾ ਹੈ।



ਸ਼੍ਰੀਮਤੀ ਮਨਜਿੰਦਰ ਕੌਰ
ਸੰਪਾਦਕ



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ਸੁਸਤ ਪੰਛੀ

ਇਕ ਵਾਰ ਦੋ ਪੰਛੀ ਇਕ ਆਲੁਣੇ ਵਿੱਚ ਰਹਿੰਦੇ ਸਨ। ਉਹ ਦੋਵੇਂ ਬਹੁਤ ਸੁਸਤ ਸਨ। ਹਮੇਸ਼ਾ ਕੰਮ ਨਾ ਕਰਨ ਦਾ ਬਹਾਨਾ ਲੱਭਦੇ ਰਹਿੰਦੇ ਸਨ।

ਅਚਾਨਕ ਉਨ੍ਹਾਂ ਦੇ ਆਲੁਣੇ ਵਿੱਚ ਇੱਕ ਸੁਰਾਖ ਹੋ ਗਿਆ। ਉਹ ਦੋਵੇਂ ਇਸ ਨੂੰ ਠੀਕ ਕਰਨ ਲਈ ਇਕ ਦੂਜੇ 'ਤੇ ਨਿਰਭਰ ਸਨ। ਪਰ ਕੋਈ ਵੀ ਇਸ ਨੂੰ ਠੀਕ ਨਹੀਂ ਸੀ ਕਰਦਾ।

ਹੁਣ ਸਰਦੀਆਂ ਆ ਗਈਆਂ ਅਤੇ ਠੰਢੀਆਂ ਹਵਾਵਾਂ ਚੱਲਣ ਲੱਗੀਆਂ। ਸੁਰਾਖ ਰਾਹੀਂ ਠੰਢ ਅੰਦਰ ਆ ਕੇ ਠੰਢਾ ਕਰ ਰਹੀ ਸੀ। ਦੋਵਾਂ ਪੰਛੀਆਂ ਨੂੰ ਠੰਢ ਲੱਗਣ ਲੱਗੀ। ਜਲਦੀ ਹੀ ਬਰਫ਼ ਪੈਣੀ ਸ਼ੁਰੂ ਹੋ ਗਈ ਅਤੇ ਉਨ੍ਹਾਂ ਦਾ ਨਿੱਘਾ ਆਲੁਣਾ ਠਰਨ ਲੱਗਾ। ਸੁਰਾਖ ਰਾਹੀਂ ਬਰਫ਼ ਆਲੁਣੇ ਵਿੱਚ ਦਾਖਲ ਹੋਣ ਲੱਗੀ। ਸੁਸਤ ਪੰਛੀ ਠੰਢ ਨਾਲ ਕੰਬਣ ਲੱਗੇ। ਪਰ ਉਨ੍ਹਾਂ 'ਚੋਂ ਕੋਈ ਵੀ ਏਨਾ ਚੁਸਤ ਨਹੀਂ ਸੀ ਕਿ ਆਪਣਾ ਬਚਾਅ ਕਰਨ ਲਈ ਕੰਮ ਕਰਦਾ। ਅਗਲੀ ਸਵੇਰ ਦੋਵੇਂ ਪੰਛੀ ਆਪਣੇ ਆਲੁਣੇ ਵਿੱਚ ਮਰੇ ਪਏ ਸਨ।



ਨੂਰ ਗਿੱਲ
ਸੰਤਵੀ-ਏ

ਪਹਿਲੀ ਭਾਰਤੀ ਮਹਿਲਾ



ਤਰਸ਼ ਬਾਰਦਾ
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- | | |
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| 1. ਪਹਿਲੀ ਮਹਿਲਾ ਆਈ.ਏ.ਐਸ. | - ਕੁਮਾਰੀ ਅੰਨਾ ਜਾਰਜ (1950) |
| 2. ਪਹਿਲੀ ਮਹਿਲਾ ਜੱਜ | - ਸ਼੍ਰੀਮਤੀ ਅੰਨਾ ਰੈਡੀ (ਕੇਰਲ) |
| 3. ਪਹਿਲੀ ਮਹਿਲਾ ਸਰਜਨ | - ਡਾ. ਪੁਨਮ ਲਕੋਜ਼ |
| 4. ਪਹਿਲੀ ਮਹਿਲਾ ਪਾਇਲਟ | - ਕੁਮਾਰੀ ਪ੍ਰੇਮ ਮਾਥੁਰ |
| 5. ਪਹਿਲੀ ਮਹਿਲਾ ਸੈਨਾ ਅਧਿਕਾਰੀ | - ਕੁਮਾਰੀ ਸੁਹਾਸਿਨੀ ਦਾਸ |
| 6. ਪਹਿਲੀ ਮਹਿਲਾ ਰੇਲ ਡਰਾਈਵਰ | - ਕੁਮਾਰੀ ਸੁਰੇਖਾ ਭੋਂਸਲੇ |
| 7. ਪਹਿਲੀ ਮਹਿਲਾ ਗਵਰਨਰ | - ਸ਼੍ਰੀਮਤੀ ਸਰੋਜਨੀ ਨਾਇਡੂ |
| 8. ਪਹਿਲੀ ਮਹਿਲਾ ਪ੍ਰਧਾਨ ਮੰਤਰੀ | - ਸ਼੍ਰੀਮਤੀ ਇੰਦਰਾ ਗਾਂਧੀ |



ਸੰਸਾਰ ਦੇ ਬਾਰਾਂ ਸੱਚ

- | | |
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| ਸਭ ਤੋਂ ਚੰਗਾ ਸਮਾਂ | - ਹੁਣ |
| ਸਭ ਤੋਂ ਵੱਡਾ ਪਾਪ | - ਡਰ |
| ਸਭ ਤੋਂ ਵੱਡਾ ਨਸ਼ਾ | - ਪਿਆਰ |
| ਸਭ ਤੋਂ ਚੁਰੀ ਭਾਵਨਾ | - ਨਫ਼ਰਤ |
| ਸਭ ਤੋਂ ਵੱਡੀ ਜ਼ਰੂਰਤ | - ਸਧਾਰਨ ਗਿਆਨ |
| ਸਭ ਤੋਂ ਵੱਡੀ ਮੁਸ਼ਕਲ | - ਜ਼ਿਆਦਾ ਬੋਲਣਾ |
| ਸਭ ਤੋਂ ਵੱਡੀ ਭੁੱਲ | - ਸਮੇਂ ਦੀ ਬਰਬਾਦੀ |
| ਸਭ ਤੋਂ ਵੱਡਾ ਮਿੱਤਰ | - ਤੁਹਾਡਾ ਆਪਣਾ ਹੱਥ |
| ਸਭ ਤੋਂ ਵੱਡਾ ਅਧਿਆਪਕ | - ਜੇ ਤੁਹਾਨੂੰ ਸਿੱਖਣ ਦੀ ਪ੍ਰੇਰਨਾ ਦੇਵੇ |
| ਸਾਰੇ ਧਰਮਾਂ ਦਾ ਨਿਚੋੜ | - ਸੱਚਾਈ, ਇਮਾਨਦਾਰੀ |
| ਸਭ ਤੋਂ ਪਿਆਰੀ ਭਾਸ਼ਾ | - ਮਾਤ-ਭਾਸ਼ਾ |



ਰਿਸ਼ਭ ਚੌਧਰੀ
ਦਸਵੀਂ-ਈ

ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਚਰਿੱਤਰ

ਇੱਕ ਵਾਰ ਮੈਂ ਅਖਬਾਰ ਵਿੱਚ ਇੱਕ ਇਸ਼ਤਿਹਾਰ ਪੜ੍ਹਿਆ ਜੋ ਕਿ ਵਾਟਰਪਰਫਿੰਗ ਕੰਪਨੀ ਬਾਰੇ ਸੀ ਕਿ ਕਿਸ ਤਰ੍ਹਾਂ ਉਹ ਗਾਰੰਟੀ ਨਾਲ ਆਪਣਾ ਕੰਮ ਕਰੇਗੀ ਅਤੇ ਬਰਸਾਤ ਦੇ ਮੌਸਮ ਵਿੱਚ ਤੁਹਾਡੇ ਮਕਾਨ ਦੀ ਛੱਤ ਲੀਕ ਨਹੀਂ ਕਰੇਗੀ। ਮੈਨੂੰ ਇਸ਼ਤਿਹਾਰ ਪਸੰਦ ਆਇਆ ਅਤੇ ਮੈਂ ਉਸੇ ਸਮੇਂ ਕੰਪਨੀ ਨੂੰ ਫੋਨ ਲਗਾ ਦਿੱਤਾ। ਅੱਗਿਓਂ ਅਵਾਜ਼ ਆਈ 'ਹੈਲੋ!'

ਅਵਾਜ਼ ਰੁਕ ਅਜਿਹੀ ਸੀ ਕਿ ਸੁਣਦਿਆਂ ਹੀ ਮੇਰੇ ਮਨ ਵਿੱਚ ਨਫ਼ਰਤ ਦੀ ਭਾਵਨਾ ਪੈਦਾ ਹੋ ਗਈ। ਫਿਰ ਮੈਂ ਉਹਨਾਂ ਨੂੰ ਦੱਸਿਆ ਕਿ ਮੈਂ ਅਖਬਾਰ ਵਿੱਚ ਉਹਨਾਂ ਦਾ ਇਸ਼ਤਿਹਾਰ ਪੜ੍ਹਿਆ ਸੀ। ਉਸਨੇ ਕਿਹਾ 'ਕੀ ਕਿਹਾ?' ਕਿਹੜਾ ਮੈਗਜ਼ੀਨ? ਫਿਰ ਮੈਂ ਆਪਣੀ ਗੱਲ ਦੁਹਰਾਈ। ਮੈਂ ਫਿਰ ਚੁੱਪ-ਚਾਪ ਫੋਨ ਰੱਖ ਦਿੱਤਾ। ਮੈਨੂੰ ਮਹਿਸੂਸ ਹੋ ਗਿਆ ਸੀ ਕਿ ਅਖਬਾਰ ਵਿੱਚ ਇਸ਼ਤਿਹਾਰ ਜਿਨ੍ਹਾਂ ਦਿਲ ਖਿੰਚਦੇ

ਸੀ ਉਨ੍ਹਾਂ ਹੀ ਫੋਨ ਤੇ ਆਈ ਹੋਈ ਅਵਾਜ਼ ਬੇਰੁੱਖੀ ਭਰੀ ਸੀ। ਇਸ਼ਤਿਹਾਰ ਲਗਾਉਣ ਲਈ ਕੰਪਨੀਆਂ ਲੱਖਾਂ ਖਰਚ ਕਰ ਦਿੰਦੀਆਂ ਹਨ। ਪਰ ਜਿਹੜਾ ਸੇਲਜ਼ਮੈਨ ਸਾਡੇ ਘਰ ਆਉਂਦਾ ਹੈ ਉਸਨੂੰ ਕੰਪਨੀ ਬਾਰੇ ਕੁਝ ਖਾਸ ਨਹੀਂ ਪਤਾ ਹੁੰਦਾ। ਫੋਨ ਕਰਨ ਵਾਲੇ ਨੂੰ ਅਜਿਹਾ ਮਹਿਸੂਸ ਕਰਵਾਓ ਕਿ ਸਾਹਮਣੇ ਵਾਲਾ ਵਿਅਕਤੀ ਖੁਸ਼ ਹੋ ਜਾਵੇ। ਆਪਣੇ ਚਰਿੱਤਰ ਦਾ ਨਿਰਮਾਣ ਕਰਨਾ ਕੋਈ ਸੌਖਾ ਕੰਮ ਨਹੀਂ ਪਰ ਅੰਤ ਵਿੱਚ ਵਿਅਕਤੀ ਇੱਕ ਬਦਲਿਆ ਹੋਇਆ ਮਨੁੱਖ ਨਜ਼ਰ ਆਉਂਦਾ ਹੈ। ਫਿਰ ਇੱਕ ਦਿਨ ਅਜਿਹਾ ਆਵੇਗਾ ਕਿ ਦਿਲ ਖਿੰਚਦੇ ਕੰਪਨੀਆਂ ਤੋਂ ਬਿਨਾਂ ਹੀ ਲੋਕੀ ਤੁਹਾਡਾ ਸਨਮਾਨ ਕਰਨਗੇ।



ਸਹਿਨਾਸ਼ ਕੌਰ ਗਿੱਲ
ਅੱਠਵੀਂ-ਡੀ



ਭਰਮ-ਭੁਲੇਖੇ

ਆਪਿਆਪਕ ਦਾ ਕੋਰਸ ਕਰਦਿਆਂ ਹੋਸਟਲ 'ਚ ਰਹਿੰਦੇ ਮੇਰੇ ਨਾਲ ਵਾਲੇ ਕਮਰੇ 'ਚ ਰਹਿੰਦੀ ਇੱਕ ਕੁੜੀ ਅਕਸਰ ਪ੍ਰੇਸ਼ਾਨ ਨਜ਼ਰ ਆਉਂਦੀ ਸੀ। ਪੁੱਛਣ 'ਤੇ ਮੇਰੀ ਫਿਕਰਮੰਦੀ ਵੇਖ ਕੇ ਭਰੇ ਮਨ ਨਾਲ ਕਹਿਣ ਲੱਗੀ ਦੀਦੀ ਕੀ ਦੱਸਾਂ, ਸਾਡੇ ਕੋਲ ਗੁਜ਼ਾਰੇ ਜੋਗੀ ਜ਼ਮੀਨ ਹੈ। ਅਸੀਂ ਦੋ ਭੈਣਾਂ ਤੇ ਸਾਡਾ ਇੱਕੋ-ਇੱਕ ਭਰਾ ਹੈ। ਉਹ ਗ੍ਰੈਜੂਏਟ ਹੈ। ਪਿਤਾ ਜੀ ਨਾਲ ਖੇਤੀ ਦੇ ਕੰਮ 'ਚ ਹੱਥ ਵਟਾਉਂਦਾ ਹੈ। ਅਚਾਨਕ ਇੱਕ ਦਿਨ ਅਖਬਾਰ 'ਚ ਆਇਆ ਪੈਮਿਫਲੈਟ ਪੜ੍ਹ ਕੇ ਉਹ ਸ਼ਹਿਰ 'ਚ ਆਏ ਨਵੇਂ ਗੋਲਡ ਮੈਡਲਿਸਟ ਪਾਏ ਕੋਲ ਚਲਾ ਗਿਆ। ਪਾਏ ਨੇ ਉਸ ਦਾ ਹੱਥ ਵੇਖਿਆ ਤੇ ਆਪਣੀ ਪੱਤਰੀ ਵੇਖ ਕੇ ਦੱਸਿਆ ਕਿ ਤੇਰੀ ਤਾਂ ਉਮਰ ਹੀ ਇੱਕ ਸਾਲ ਬਚੀ ਹੈ। ਤੇਰੇ ਪਰਿਵਾਰ 'ਤੇ ਬਹੁਤ ਵੱਡਾ ਕਸ਼ਟ ਹੈ। ਤੈਨੂੰ ਹਰ ਪਾਸਿਓਂ ਰਾਹੂ-ਕੇਤੂ ਨੇ ਘੇਰਿਆ ਹੋਇਆ ਹੈ। ਤੇਰਾ ਇਲਾਜ ਤਾਂ ਹੋ ਸਕਦਾ ਹੈ ਪਰ ਖਰਚਾ ਵੱਡਾ ਲੱਗੇ। ਉਸ ਨੇ ਘਰ ਆ ਕੇ ਸਾਰੀ ਗੱਲ ਮੇਰੇ ਮਾਂ-ਬਾਪ ਨੂੰ ਦੱਸੀ ਤੇ ਮੰਜਾ ਮੋਲ ਲਿਆ। ਇਹ ਦੱਸਦਿਆਂ ਉਹ ਫੁੱਟ-ਫੁੱਟ ਰੋਣ ਲੱਗ ਪਈ। ਮੈਂ ਉਸ ਨੂੰ ਦਿਲਾਸਾ ਦਿੱਤਾ ਤੇ ਸਮਝਾਇਆ ਕਿ ਤੂੰ ਹੌਂਸਲਾ ਰੱਖ ਤੇ ਮੇਰੀ ਗੱਲ ਧਿਆਨ ਨਾਲ ਸੁਣ। ਤੂੰ ਕਿਸੇ ਤਰ੍ਹਾਂ ਆਪਣੇ ਮਾਤਾ-ਪਿਤਾ ਨਾਲ

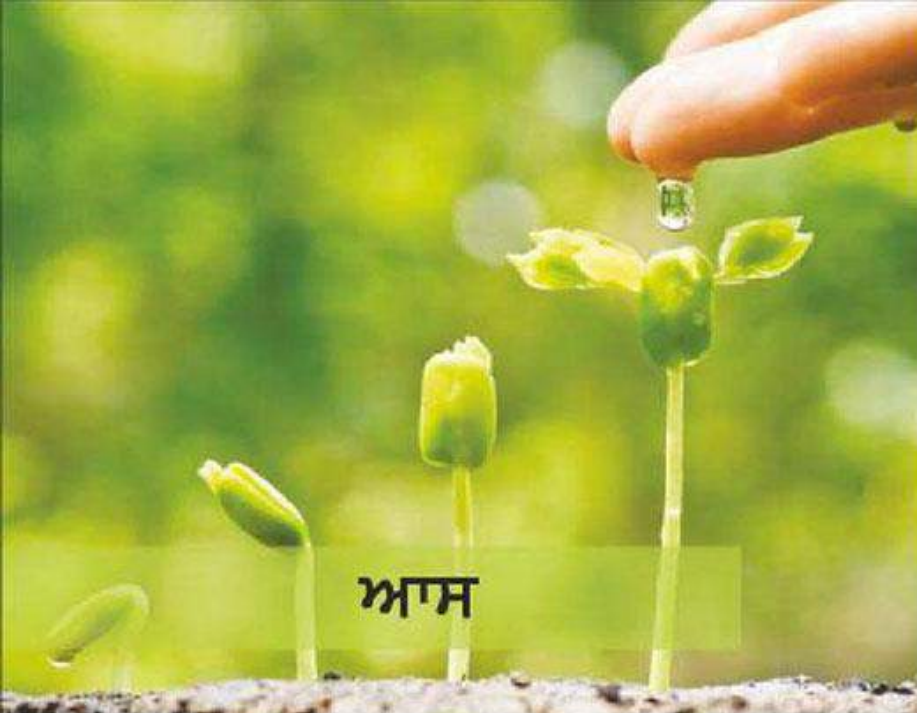
ਗੱਲ ਕਰਕੇ ਮੰਜਾ ਮੋਲ੍ਹੀ ਪਏ ਭਰਾ ਨੂੰ ਸ਼ਹਿਰ ਦੇ ਕਿਸੇ ਹੋਰ ਉੱਚੀ ਦੁਕਾਨ ਵਾਲੇ ਪਾਏ ਕੋਲ ਲੈ ਜਾਓ। ਉਸ ਕੋਲ ਤੁਸੀਂ ਸੱਜ-ਵੱਥ ਕੇ ਜਾਣਾ, ਜਿਸ ਤੋਂ ਤੁਹਾਡੇ ਸਰਦੇ ਪੁੱਜਦੇ ਹੋਣ ਦਾ ਪ੍ਰਭਾਵ ਬਣੇ। ਉਸ ਕੋਲ ਤੁਸੀਂ ਪਹਿਲਾਂ ਵਾਲੀ ਕੋਈ ਗੱਲ ਨਹੀਂ ਕਰਨੀ। ਉਸ ਨੇ ਮੇਰੇ ਨਾਲ ਸਹਿਮਤੀ ਜਤਾਉਂਦਿਆਂ ਮੇਰੀ ਦੱਸੀ ਸਕੀਮ ਅਨੁਸਾਰ ਕਾਰਵਾਈ ਕਰਨ ਦਾ ਵਾਅਦਾ ਕੀਤਾ। ਅੱਗੇ ਤਿੰਨ ਫੁੱਟੀਆਂ ਆ ਗਈਆਂ ਅਤੇ ਅਸੀਂ ਆਪਣੇ-ਆਪਣੇ ਘਰਾਂ ਨੂੰ ਆ ਗਈਆਂ। ਵਾਪਸ ਪਰਤੀਆਂ ਤਾਂ ਹੋਸਟਲ ਦੇ ਗੇਟ 'ਤੇ ਖੜ੍ਹੀ ਉਹ ਮੈਨੂੰ ਉਡੀਕ ਰਹੀ ਸੀ। ਉਸ ਦੇ ਚਿਹਰੇ ਦੀ ਰੋਣਕ ਅਤੇ ਖੁਸ਼ੀ ਦੇ ਭਾਵ ਵੇਖ ਕੇ ਮੈਨੂੰ ਸਾਰੀ ਗੱਲ ਸਮਝ ਆ ਗਈ। ਉਹ ਖੁਸ਼ੀ ਨਾਲ ਦੱਸਣ ਲੱਗੀ, 'ਦੀਦੀ, ਮੇਰੇ ਮਾਤਾ ਜੀ ਤੇ ਪਿਤਾ ਜੀ ਤਾਂ ਸਹਿਜੇ ਹੀ ਮੰਨ ਗਏ ਪਰ ਭਰਾ ਸਾਡੇ ਨਾਲ ਸ਼ਹਿਰ ਜਾਣ ਨੂੰ ਤਿਆਰ ਨਹੀਂ ਸੀ ਕਿਉਂਕਿ ਉਹ ਜ਼ਿੰਦਗੀ ਤੋਂ ਹਾਰ ਮੰਨੀ ਬੈਠਾ ਸੀ। ਅਸੀਂ ਕਿਵੇਂ ਨਾ ਕਿਵੇਂ ਉਸ ਨੂੰ ਮਨਾਇਆ ਅਤੇ ਸਾਰੇ ਜਾਣੇ ਬਣ-ਠਣ ਕੇ ਸ਼ਹਿਰ ਦੇ ਨਾਮਵਰ ਪਾਏ ਦੀ ਦੁਕਾਨ 'ਤੇ ਜਾ ਪਹੁੰਚੇ। ਅਸੀਂ ਉਸ ਨੂੰ ਆਖਿਆ ਕਿ ਇਸ ਲੜਕੇ ਦਾ ਵਿਆਹ ਹੈ, ਇਸ ਦੇ ਆਉਣ ਵਾਲੇ ਦਿਨਾਂ ਬਾਰੇ ਦੱਸੋ। ਸਾਡੀ ਗੱਲ ਸੁਣ ਕੇ ਪਾਏ ਨੇ ਮੇਰੇ ਭਰਾ ਦਾ ਹੱਥ ਫੜ੍ਹਿਆ ਤੇ ਪੱਤਰੀ ਪੋਲ ਕੇ ਫੁਰਮਾਉਣ

ਲੱਗਾ ਕਿ ਕਾਕਾ ਤੇਰਾ ਭਵਿੱਖ ਰੋਸ਼ਨ ਹੈ। ਕਿਸਮਤ 'ਚ ਸਰਕਾਰੀ ਨੌਕਰੀ ਲਿਖੀ ਹੋ ਤੇ ਖੇਤੀ ਵਿੱਚ ਵੀ ਲਾਭ ਹੈ। ਤੇਰੀ ਉਮਰ ਦੀ ਰੇਖਾ ਬਹੁਤ ਲੰਮੀ ਹੈ, ਹਰ ਪਾਸੇ ਖੁਸ਼ੀਆਂ ਹੀ ਖੁਸ਼ੀਆਂ ਹਨ। ਸਾਰੇ ਇਸ ਪਾਏ ਦੀ ਭਵਿੱਖ ਬਾਣੀ ਸੁਣ ਕੇ ਖੁਸ਼ ਵੀ ਹੋਏ ਤੇ ਹੈਰਾਨ ਵੀ। ਮੇਰੇ ਮਾਪਿਆਂ ਨੇ ਉਸ ਨੂੰ ਮੰਗੀ ਫੀਸ ਤੋਂ ਵੱਧ ਰੁਪਏ ਦਿੱਤੇ। ਰਸਤੇ ਵਿੱਚ ਹੀ ਮੇਰੇ ਭਰਾ ਦਾ ਤੌਰ ਤਰੀਕਾ ਬਦਲ ਗਿਆ। ਉਸ ਦੀ ਮਾਨਸਿਕਤਾ ਵਿੱਚ ਹੈਰਾਨੀਜਨਕ ਸੁਧਾਰ ਹੋਇਆ। ਰਾਤ ਨੂੰ ਉਹ ਚੈਨ ਨਾਲ ਸੁੱਤਾ ਤੇ ਸਵੇਰੇ ਉੱਠ ਕੇ ਖੇਤ ਦੇ ਕੰਮਾਂ ਬਾਰੇ ਪੁੱਛਣ ਲੱਗਾ। ਸਾਡੇ ਪਰਿਵਾਰ ਦੇ ਮੌਖਰ ਉਸ ਦੇ ਵਤੀਰੇ 'ਚ ਸੁਧਾਰ ਵੇਖ ਕੇ ਸਾਗੋ-ਬਾਗ ਹੋ ਗਏ। ਸਵੇਰੇ ਖੇਤ ਨੂੰ ਜਾਂਦਾ ਉਹ ਕਹਿਣ ਲੱਗਾ, ਮੈਨੂੰ ਹੁਣ ਸਮਝ ਆਈ ਹੈ ਕਿ ਲਾਈਲੋਗਤਾ ਕਿਵੇਂ ਘਰ ਬਰਬਾਦ ਕਰਦੀ ਹੈ।

ਸਿੱਖਿਆ : ਪਾਧਿਆਂ ਦੇ ਟੇਵਿਆਂ ਨਾਲ ਜ਼ਿੰਦਗੀ ਨਹੀਂ ਚੱਲਦੀ। ਜ਼ਿੰਦਗੀ ਤੋਰਨ ਲਈ ਮਿਹਨਤ, ਲਗਨ ਤੇ ਤਰੱਕੀ ਦੀ ਲੋੜ ਹੁੰਦੀ ਹੈ।



ਅਮਨ ਬਾਤਵਾ
ਦਸਵੀਂ-ਏ



ਆਸ

ਅਸ ਦਾ ਅਰਥ ਹੈ ਭਵਿੱਖ ਵਿੱਚ ਕੁਝ ਚੰਗਾ ਵਾਪਰਨ ਦੀ ਸੰਭਾਵਨਾ ਨੂੰ ਮੰਨਣਾ। ਇਸੇ ਆਸ ਸਦਕਾ ਮਨੁੱਖ ਆਪਣੇ ਵਰਤਮਾਨ ਵਿੱਚ ਸਮਝਤ ਮਿਹਨਤ ਕਰਦੇ ਹਨ। ਉਹਨਾਂ ਦੀ ਇਸ ਮਿਹਨਤ ਨੂੰ ਚੰਗੇ ਫਲ ਵੀ ਲੱਗਦੇ ਹਨ। ਜੇ ਆਸ ਨਾ ਹੋਵੇ ਤਾਂ ਮਨੁੱਖੀ ਜੀਵਨ ਦੀ ਕਿਰਿਆਸ਼ੀਲਤਾ ਖਤਮ ਹੀ ਹੋ ਜਾਂਦੀ ਹੈ। ਮਨੁੱਖ ਜਦੋਂ ਦੁੱਖਾਂ, ਤਕਲੀਫ਼ਾਂ ਅਤੇ ਚਿੰਤਾਵਾਂ ਵਿੱਚ ਘਿਰ ਜਾਂਦਾ ਹੈ ਤਾਂ ਆਸ ਹੀ ਉਸ ਨੂੰ ਇਹਨਾਂ ਦਾ ਮੁਕਾਬਲਾ ਕਰਨ ਦੀ ਪ੍ਰੇਰਨਾ ਦਿੰਦੀ ਹੈ। ਆਸ ਚਿੰਤਾ ਦੀ ਵਿਰੋਧੀ ਹੈ। ਜਦੋਂ ਮਨੁੱਖ ਚਿੰਤਾ ਵਿੱਚ ਘਿਰ ਕੇ ਨਕਾਰਾ ਹੋ ਜਾਂਦਾ ਹੈ, ਉਹ ਕਿਸੇ ਬਿਮਾਰੀ ਵਿੱਚ ਜਾਂ ਕਿਸੇ ਹੋਰ ਕਸ਼ਟ ਵਿੱਚ ਹੁੰਦਾ ਹੈ ਤਾਂ ਕੋਈ ਉਸ ਨੂੰ ਕਹਿੰਦਾ ਹੈ ਇਹ ਔਖਾ ਸਮਾਂ ਸਦਾ ਨਹੀਂ ਰਹਿਣਾ। ਤਦ ਮਨੁੱਖ ਫਿਰ ਆਸਵੰਦ ਹੋ ਕੇ ਚਿੰਤਾ ਅਤੇ ਬਿਮਾਰੀ ਦਾ ਮੁਕਾਬਲਾ ਕਰਦਿਆਂ ਚੰਗੇਰੇ ਭਵਿੱਖ ਲਈ ਕੁਝ ਜਤਨ ਕਰਨ ਲੱਗ ਪੈਂਦਾ ਹੈ। ਨਿਰਾਸ਼ ਵਿਅਕਤੀ ਸੰਘਰਸ਼ ਜਾਂ ਜਤਨ ਕਰਨ ਤੋਂ ਪਹਿਲਾਂ ਹੀ ਖ਼ਤਮ ਹੋ ਜਾਂਦੇ ਹਨ ਪਰ ਆਸਵਾਦੀ ਹਮੇਸ਼ਾ ਇਹ ਸੋਚਦੇ ਹਨ ਕਿ ਜਦ ਤੱਕ ਸ਼ਾਸ ਤਦ ਤੱਕ ਆਸ। ਆਸਵਾਦੀ ਅਤੇ ਯਤਨਸ਼ੀਲ ਵਿਅਕਤੀ ਫੁੱਫ਼ਦਿਆਂ ਨੂੰ ਵੀ ਤਿਣਕੇ ਦਾ ਸਹਾਰਾ ਦੇ ਕੇ ਪਾਰ ਲੰਘਾ ਦਿੰਦੇ ਹਨ। ਆਸ ਨਾਲ ਹੀ ਹਿੰਮਤ ਬੱਝਦੀ ਹੈ। ਕੁਦਰਤ ਦੀਆਂ ਸਾਰੀਆਂ ਸ਼ਕਤੀਆਂ ਹਿੰਮਤੀ ਮਨੁੱਖ ਦੀ ਮਦਦ ਕਰਦੀਆਂ ਹਨ। ਇਸੇ ਲਈ ਕਿਹਾ ਗਿਆ ਹੈ 'ਹਿੰਮਤ -ਏ-ਮਰਦਾ, ਮਦਦ-ਏ-ਖੁਦਾ' ਅਰਥਾਤ ਹਿੰਮਤੀ ਮਨੁੱਖ ਦੀ ਮਦਦ ਖੁਦਾ ਵੀ ਕਰਦਾ ਹੈ।

ਭੁਪੇਸ਼ਜੀਤ ਕੌਰ
ਨੌਵੀਂ-ਡੀ



ਅਨਮੋਲ ਵਚਨ

- ਅਸੀਂ ਕੋਈ ਵੀ ਦੁਨਿਆਵੀਂ ਕੰਮ ਕਿਸੇ ਤੋਂ ਵੀ ਕਰਵਾ ਸਕਦੇ ਹਾਂ ਪਰ ਆਪਣੇ ਆਪ ਨੂੰ ਸੁਧਾਰਨ ਦਾ ਕੰਮ ਸਾਨੂੰ ਆਪ ਨੂੰ ਹੀ ਕਰਨਾ ਪੈਂਦਾ ਹੈ।
- ਜੇ ਮਿਲ ਗਿਆ ਉਸਦਾ ਸ਼ੁਕਰ ਕਰੋ, ਜੇ ਨਹੀਂ ਮਿਲਿਆ ਉਸਦਾ ਸ਼ਰਰ ਕਰੋ, ਪੈਸਾ ਸਭ ਇਥੇ ਰਹਿ ਜਾਂਦਾ ਹੈ, ਜੇ ਕਰਨਾ ਤਾਂ ਆਪਣੇ ਗੁਨਾਹਾਂ ਦਾ ਫਿਕਰ ਕਰੋ।
- ਕਲਮ, ਕਦਮ, ਕਸਮ, ਹਮੇਸ਼ਾ ਸੋਚ ਕੇ ਚੁਕੋ।
- ਕਮਲੇ ਦਾ ਝੋਲ, ਸਿਆਣਿਆਂ ਦੀ ਗੋਲ, ਸਦਾ ਕੁਝ ਦੱਸਦੇ ਨੇ, ਦੁਨੀਆਂ ਦਾ ਰੰਗ, ਦੁੱਖ ਵਿੱਚ ਮੁਸਕਰਾਉਣ ਦਾ ਢੰਗ, ਫਿਰਲੇ ਸਮਝਦੇ ਨੇ।
- ਨਾ ਮੁਮਕਿਨ ਸ਼ਬਦ ਦੀ ਵਰਤੋਂ ਕੇਵਲ ਲਾਇਕ ਲੋਕ ਹੀ ਕਰਦੇ ਹਨ। ਜਦਕਿ ਬਹਾਦਰ ਤੇ ਬੁੱਧੀਮਾਨ ਲੋਕ ਆਪਣਾ ਹਸਤਾ ਖੁਦ ਬਣਾਉਂਦੇ ਹਨ।

ਕੁਸ਼ਵੀਨ ਕੌਰ
ਦਸਵੀਂ-ਏ



ਕੀ ਤੁਸੀਂ ਜਾਣਦੇ ਹੋ?

ਗਰਮੀਆਂ ਵਿੱਚ ਬਰਫ਼ ਸਾਰਿਆਂ ਨੂੰ ਵਧੀਆ ਲੱਗਦੀ ਹੈ। ਬਰਫ਼ ਦੀ ਵਰਤੋਂ ਅਸੀਂ ਗਰਮੀ ਤੋਂ ਰਾਹਤ ਪਾਉਣ ਲਈ ਕਰਦੇ ਹਾਂ ਪਰ ਬਰਫ਼ ਵਿੱਚ ਕਈ ਪ੍ਰਕਾਰ ਦੇ ਗੁਣ ਹਨ।

ਜਲਣ ਤੋਂ : ਜਲਣ ਤੋਂ ਤੁਰੰਤ ਬਾਅਦ ਬਰਫ਼ ਦਾ ਟੁਕੜਾ ਲੈ ਕੇ ਜਲੀ ਹੋਈ ਥਾਂ ਉੱਤੇ ਮਲਣ ਨਾਲ ਜਲਣ ਸ਼ਾਂਤ ਹੋ ਜਾਂਦੀ ਹੈ ਅਤੇ ਛਾਲੇ ਨਹੀਂ ਪੈਂਦੇ।

ਸੱਟ ਲੱਗਣ 'ਤੇ: ਕਿਸੇ ਵੀ ਪ੍ਰਕਾਰ ਦੀ ਅੰਦਰੂਨੀ ਸੱਟ ਲੱਗਣ ਤੇ ਤੁਰੰਤ ਬਰਫ਼ ਮਲਣ ਨਾਲ ਖੂਨ ਜੰਮਣ ਦੀ ਅਸੰਭਾਵਨਾ ਨਹੀਂ ਰਹਿੰਦੀ ਅਤੇ ਤੁਰੰਤ ਦਰਦ ਤੋਂ ਰਾਹਤ ਮਿਲਦੀ ਹੈ।

ਖੂਨ ਨਿਕਲਣ 'ਤੇ: ਸੱਟ ਲੱਗਣ ਤੇ ਖੂਨ ਨਿਕਲ ਰਿਹਾ ਹੋਵੇ ਅਤੇ ਕਿਸੇ ਵੀ ਤਰ੍ਹਾਂ ਬੰਦ ਨਾ ਹੋਵੇ, ਤਾਂ ਉਸ ਥਾਂ ਬਰਫ਼ ਦੀ ਪੱਟੀ ਬੰਨ੍ਹ ਲੈਣ ਨਾਲ ਖੂਨ ਨਿਕਲਣਾ ਬੰਦ ਹੋ ਜਾਂਦਾ ਹੈ।

ਗਲੇ ਵਿੱਚ ਖਾਰਸ਼: ਗਲੇ ਵਿੱਚ ਖਾਰਸ਼ ਹੋਣ ਤੇ ਬਰਫ਼ ਦਾ ਟੁਕੜਾ ਲੈ ਕੇ ਗਲੇ ਦੇ ਬਾਹਰ ਹੋਲੀ-ਹੋਲੀ ਮਲਣ ਨਾਲ ਖਾਰਸ਼ ਤੋਂ ਰਾਹਤ ਮਿਲਦੀ ਹੈ।



ਦਿਲਸ਼ਾਨ ਸਿੰਘ
ਏਵੀ-ਡੀ

ਜ਼ਿੰਦਗੀ

ਜ਼ਿੰਦਗੀ ਇੱਕ ਗੀਤ ਹੈ ਗਾਉਣ ਲਈ,
ਜ਼ਿੰਦਗੀ ਇੱਕ ਵੰਗਾਰ ਹੈ, ਕਬੂਲਣ ਲਈ।
ਜ਼ਿੰਦਗੀ ਇੱਕ ਦੁੱਖ ਹੈ, ਕਾਬੂ ਪਾਉਣ ਲਈ,
ਜ਼ਿੰਦਗੀ ਇੱਕ ਆਫ਼ਤ ਹੈ, ਸਾਹਮਣਾ ਕਰਨ ਲਈ।
ਜ਼ਿੰਦਗੀ ਇੱਕ ਸੁਗਾਤ ਹੈ, ਸਵੀਕਾਰਨ ਲਈ,
ਜ਼ਿੰਦਗੀ ਇੱਕ ਖੇਡ ਹੈ, ਖੇਡਣ ਲਈ।
ਜ਼ਿੰਦਗੀ ਇੱਕ ਫਰਜ਼ ਹੈ, ਨਿਭਾਉਣ ਲਈ,
ਜ਼ਿੰਦਗੀ ਇੱਕ ਮੌਕਾ ਹੈ, ਫ਼ਾਇਦਾ ਉਠਾਉਣ ਲਈ।
ਜ਼ਿੰਦਗੀ ਸਫ਼ਰ ਹੈ, ਨਿਬੇੜਨ ਲਈ।
ਜ਼ਿੰਦਗੀ ਇੱਕ ਵਾਅਦਾ ਹੈ, ਪੂਰਨ ਲਈ,
ਜ਼ਿੰਦਗੀ ਇੱਕ ਸਮੱਸਿਆ ਹੈ, ਸੁਲਝਾਉਣ ਲਈ।
ਜ਼ਿੰਦਗੀ ਇੱਕ ਬੁਝਾਰਤ ਹੈ, ਖੁੱਭਣ ਲਈ,
ਜ਼ਿੰਦਗੀ ਇੱਕ ਨਿਸ਼ਾਨਾ ਹੈ, ਪੂਰਾ ਕਰਨ ਲਈ।



ਪ੍ਰਗਤੀ ਜੈਨ
ਦਸਵੀਂ-ਏ

ਸਿੱਖੇ ਤੇ ਅਪਣਾਓ

1. ਜੇਕਰ ਤੁਸੀਂ ਕੁਝ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕੁਝ ਦੇਣਾ ਸਿੱਖੋ।
2. ਜ਼ਿੰਦਗੀ ਹਵਾ ਦਾ ਝੋਕਾ ਹੈ, ਜੋ ਇੱਕ ਵਾਰ ਆ ਕੇ ਚਲੀ ਜਾਂਦੀ ਹੈ।
3. ਗਰੀਬ ਦੇ ਦਰਵਾਜ਼ੇ 'ਤੇ ਰੱਖ ਤੋਂ ਸਿਵਾ ਹੋਰ ਕੋਈ ਨਹੀਂ ਜਾਂਦਾ।
4. ਸਾਨੂੰ ਪਤਾ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ ਕਿ ਅਸੀਂ ਕਾਹਦੇ ਲਈ ਜਿਉਂਦੇ ਹਾਂ।
5. ਜਿੱਤ ਉਹਨਾਂ ਨੂੰ ਪ੍ਰਾਪਤ ਹੁੰਦੀ ਹੈ, ਜਿਹੜੇ ਜਿੱਤ ਦੀ ਆਸ ਰੱਖਦੇ ਹਨ।
6. ਕਿਸੇ ਨੂੰ ਚੰਗਾ ਬਣਾਉਣ ਤੋਂ ਪਹਿਲਾਂ ਖੁਦ ਚੰਗਾ ਬਣਨਾ ਪੈਂਦਾ ਹੈ।
7. ਸਭ ਤੋਂ ਚੰਗੀ ਜਿੱਤ ਆਪਣੇ 'ਤੇ ਜਿੱਤ ਪ੍ਰਾਪਤ ਕਰਨਾ ਹੈ।
8. ਜਿਹੜੇ ਮਨੁੱਖ ਦੁਸ਼ਮਣ ਨੂੰ ਮੁਆਫ਼ ਕਰ ਦਿੰਦੇ ਹਨ, ਉਹ ਰੱਬ ਦਾ ਰੂਪ ਹੁੰਦੇ ਹਨ।



ਨਿਸ਼ਿਠਾ ਭੰਡਾਰੀ
ਅੱਠਵੀਂ-ਸੀ



ਮੇਰੀ ਜੰਮੀ 'ਤੇ ਚੁੱਪ ਕਿਉਂ ਧਾਰੀ ਅੰਮੀਏ?

ਮੇਰੀ ਜੰਮੀ ਤੇ ਚੁੱਪ ਕਿਉਂ ਧਾਰੀ ਅੰਮੀਏ?
ਦੱਸੀਂ ਤੇਰੇ ਸੀਨੇ 'ਚ ਕਿਹੜੀ ਲੱਗ ਗਈ ਕਟਾਰੀ ਅੰਮੀਏ?
ਜੇ ਧੀ ਜੀਮੀ ਤੇ ਮਾਂ ਕਰੇ ਅਫ਼ਸੋਸ,
ਤਾਂ ਫਿਰ ਦੱਸੀਂ ਖੁਸ਼ੀ ਮਨਾਉ ਕੌਣ ਹੋਰ,
ਮੇਰੀ ਅਰਮਾਨਾਂ ਦੀ ਨਾ ਬਣੀਂ ਹਤਿਆਰੀ ਅੰਮੀਏ,
ਦੱਸੀਂ ਤੇਰੇ ਸੀਨੇ 'ਚ ਕਿਹੜੀ ਲੱਗ ਗਈ ਕਟਾਰੀ ਅੰਮੀਏ?
ਪੁੱਤਰਾਂ ਵਾਲੇ ਵੇਖੇ ਰੋਟੀ ਬਾਝੋਂ ਮਰਦੇ,
ਪਰ ਧੀਆਂ ਵਾਲੇ ਵੇਖੇ ਐਸ਼ ਕਰਦੇ,
ਫਿਰ ਤੂੰ ਏਨੀ ਹਿੰਮਤ ਕਿਉਂ ਹਾਰੀ ਅੰਮੀਏ?
ਦੱਸੀਂ ਤੇਰੇ ਸੀਨੇ 'ਚ ਕਿਹੜੀ ਲੱਗ ਗਈ ਕਟਾਰੀ ਅੰਮੀਏ?
ਕਦੇ ਹਾਲ ਵੇਖੀਂ ਜਾ ਕੇ ਉਨ੍ਹਾਂ ਨਾਰਾਂ ਦਾ?
ਨਾ ਕੋਈ ਧੀ, ਨਾ ਕੋਈ ਪੁੱਤਰ ਹੈ ਜਿਨ੍ਹਾਂ ਨਾਰਾਂ ਦਾ,
ਤੈਨੂੰ ਰੱਬ ਨੇ ਦਿੱਤੀ ਹੈ ਦੌਲਤ ਨਿਆਰੀ ਅੰਮੀਏ,
ਦੱਸੀਂ ਤੇਰੇ ਸੀਨੇ 'ਚ ਕਿਹੜੀ ਲੱਗ ਗਈ ਕਟਾਰੀ ਅੰਮੀਏ?
ਵੇਖ ਤੈਨੂੰ ਚੁੱਪ ਹੋਇਆ ਮਨ ਦਿਲਗੀਰ,
ਤੋੜਨੀ ਪਵੇਗੀ ਤੈਨੂੰ ਚੁੱਪ ਨੀ ਅਖੀਰ,
ਸਮਾਂ ਦੂਰ ਕਰੇਗਾ ਚਿੰਤਾ ਤੇਰੀ ਸਾਰੀ ਅੰਮੀਏ,
ਦੱਸੀਂ ਤੇਰੇ ਸੀਨੇ 'ਚ ਕਿਹੜੀ ਲੱਗ ਗਈ ਕਟਾਰੀ ਅੰਮੀਏ?



ਇਸ਼ਨੀਕਾ ਕੌਰ
ਨੌਵੀਂ-ਡੀ

ਇੱਕ ਸਮਾਂ ਸੀ

ਇੱਕ ਸਮਾਂ ਸੀ.....

ਮਾਪੇ ਰੱਬ ਹੁੰਦੇ ਸਨ,

ਅਧਿਆਪਕ ਗੁਰੂ ਹੁੰਦਾ ਸੀ।

ਬਚੁਰਗਾਂ ਦਾ ਸਤਿਕਾਰ ਹੁੰਦਾ ਸੀ,

ਤੇ ਹਰ ਘਰ ਖੁਸ਼ਹਾਲ ਹੁੰਦਾ ਸੀ।

ਸਾਂਝਾ ਪਰਿਵਾਰ ਹੁੰਦਾ ਸੀ,

ਸਾਦਾ ਖਾਣ-ਪਾਣ ਹੁੰਦਾ ਸੀ।

ਮਹਿਮਾਨ ਰੱਬ ਸਮਾਨ ਹੁੰਦਾ ਸੀ,

ਤੇ ਹਰ ਘਰ ਖੁਸ਼ਹਾਲ ਹੁੰਦਾ ਸੀ।

ਬੱਚਿਆਂ ਵਿੱਚ ਸੰਸਕਾਰ ਹੁੰਦੇ ਸੀ,

ਝੂਠੇ ਦਿਖਾਵੇ ਤੋਂ ਅਜ਼ਾਦ ਹੁੰਦੇ ਸੀ।

ਸਾਦਗੀ ਦੇ ਗੁਲਾਮ ਹੁੰਦੇ ਸੀ,

ਤੇ ਹਰ ਘਰ ਖੁਸ਼ਹਾਲ ਹੁੰਦਾ ਸੀ।

ਦਾਦੇ-ਦਾਦੀ ਦੀ ਬੁੱਕਲ ਵਿੱਚ,

ਪਿਆਰ ਅਤੇ ਸੰਸਕਾਰ ਦਾ ਨਿੱਘ ਹੁੰਦਾ ਸੀ।

ਮਾਂ-ਪਿਓ ਦੀਆਂ ਖਿੜਕਾਂ ਵਿੱਚ,

ਜੀਵਨ ਦੀ ਜਾਂਚ ਹੁੰਦੀ ਸੀ,

ਤਾਹੀਓਂ ਤਾਂ ਚਿੰਦਗੀ ਖੁਸ਼ਹਾਲ ਹੁੰਦੀ ਸੀ।

ਸਾਂਝੇ ਪਰਿਵਾਰ ਨਾ ਰਹੇ,

ਬਚੁਰਗਾਂ ਦੇ ਅਸ਼ੀਰਵਾਦ ਨਾ ਰਹੇ।

ਖੁਸ਼ੀਆਂ ਗਮੀਆਂ ਦੀ ਸਾਂਝ ਨਾ ਰਹੀ,

ਤਾਂ ਹੀ ਚਿੰਦਗੀ ਖੁਸ਼ਹਾਲ ਨਾ ਰਹੀ।

ਆਓ ਬੱਚਿਓ! ਰੱਬ ਜਿਹੇ ਮਾਪਿਆਂ ਦਾ ਸਤਿਕਾਰ ਕਰੀਏ,

ਗੁਰੂ ਜਿਹੇ ਅਧਿਆਪਕਾਂ ਦੇ ਆਗਿਆਕਾਰੀ ਬਣੀਏ,

ਤੇ ਜੀਵਨ ਆਪਣਾ ਖੁਸ਼ਹਾਲ ਕਰੀਏ।



ਬਵਨੂਰ ਕੌਰ
ਔਂਠਵੀਂ-ਸੀ



‘ਸ਼ੀਸ਼ਾ’- ਇੱਕ ਅਸਲੀ ਸੱਚ

ਇੱਕ ਬਹੁਤ ਅਮੀਰ ਮਾਂ-ਬਾਪ ਦੀ ਇੱਕ ਹੀ ਕੁੜੀ ਸੀ ਜੋ ਕਿ ਸਧਾਰਨ ਸੂਰਤ ਹੋਣ ਦੇ ਕਾਰਨ ਆਪਣੇ-ਆਪ ਨੂੰ ਸੋਹਣੀ ਦਰਸਾਉਣਾ ਚਾਹੁੰਦੀ ਸੀ ਤੇ ਅੱਜ ਉਸਨੇ ਸੋਹਣਾ ਦਿਸਣ ਲਈ ਪੂਰੀ ਵਾਹ ਲਾ ਦਿੱਤੀ। ਉਸਦੇ ਚਮਚਿਆਂ ਨੇ ਉਸਦੀ ਪੂਰੀ ਤਾਰੀਫ਼ ਕੀਤੀ। ਕਿਸੇ-ਕਿਸੇ ਨੇ ਤਾਂ ਉਸਦੀ ਤੁਲਨਾ ਅਰਬਾਂ ਦੀਆਂ ਪਰੀਆਂ ਨਾਲ ਵੀ ਕੀਤੀ। ਅੰਤ ਉਸਨੇ ਸਭ ਪਾਸਿਆਂ ਤੋਂ ਤਾਰੀਫ਼ ਹੁੰਦੀ ਵੇਖ ਕੇ ਆਪਣੇ-ਆਪ ਨੂੰ ਸ਼ੀਸ਼ੇ ਵਿੱਚ ਵੇਖਣਾ ਚਾਹਿਆ ਪਰ ਸ਼ੀਸ਼ਾ ਆਪਣੀ ਆਦਤ ਅਨੁਸਾਰ ਅੱਜ ਵੀ ਸੱਚ ਵਿਖਾ ਰਿਹਾ ਸੀ। ਉਹ ਤਾਂ ਸਧਾਰਨ ਹੀ ਲੱਗ ਰਹੀ ਸੀ।



ਉੱਤੇ ਪਿਆ ਇਕੱਲਾ-ਇਕੱਲਾ ਸ਼ੀਸ਼ੇ ਦਾ ਟੁਕੜਾ ਮੁਸਕਰਾ ਕੇ ਕਹਿ ਰਿਹਾ ਸੀ, “ਜੀ, ਮੈਂ ਸੱਚ ਵਿਖਾਉਣ ਦੇ ਸਮਰੱਥ ਤਾਂ ਅਜੇ ਵੀ ਹਾਂ।”

ਫਿਰ ਗੁੱਸੇ ਵਿੱਚ ਆ ਕੇ ਉਸਨੇ ਸ਼ੀਸ਼ੇ ਨੂੰ ਕੰਧ ਨਾਲ ਮਾਰ ਦਿੱਤਾ। ਉਸਦੀ ਹੈਰਾਨੀ ਦੀ ਕੋਈ ਸੀਮਾ ਨਾ ਰਹੀ ਜਦ ਉਸਨੇ ਵੇਖਿਆ ਕਿ ਧਰਤੀ

ਪਰਮਨੂਰ ਕੌਰ
ਦਸਵੀਂ-ਏ



ਕੁਝ ਗੜਬੜ ਹੈ?

ਇੱਕ ਵਾਰ ਰੇਡੀਓ 'ਤੇ ਦੋ ਸਟੇਸ਼ਨ ਇੱਕਠੇ ਲੱਗ ਜਾਂਦੇ ਹਨ। ਇੱਕ ਸਟੇਸ਼ਨ ਤੇ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ ਕਸਰਤ ਬਾਰੇ ਦੱਸਿਆ ਜਾ ਰਿਹਾ ਸੀ। ਦੂਜੇ ਸਟੇਸ਼ਨ ਤੇ ਅਚਾਰ ਬਣਾਉਣ ਬਾਰੇ। ਹੁਣ ਦੋਵੇਂ ਉਹਨਾਂ ਵਿੱਚ ਗੜਬੜ ਕਿਵੇਂ ਹੋਈ-

ਪਹਿਲਾ : ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ

ਦੂਜਾ : ਕੰਟ ਕੇ ਸੁਕਾ ਲਵੋ

ਪਹਿਲਾ : ਬਾਂਹ ਸਿੱਧੀ ਕਰ ਲਵੋ

ਦੂਜਾ : ਉਸ 'ਤੇ ਨਮਕ, ਹਲਦੀ, ਮਿਰਚ ਲਗਾ ਲਵੋ

ਪਹਿਲਾ : ਫਿਰ ਆਪਣੇ ਸਰੀਰ ਨੂੰ ਇੱਕ ਲੱਤ ਦੇ ਸਹਾਰੇ

ਦੂਜਾ : ਧੁੱਪ ਵਿੱਚ ਰੱਖ ਲਵੋ

ਪਹਿਲਾ : ਸਵੇਰੇ ਉੱਠਣ ਤੋਂ ਬਾਅਦ ਆਪਣੇ ਸਰੀਰ

ਦੂਜਾ : ਵਿੱਚ ਸਾਰੇ ਮਸਾਲੇ ਮਿਲਾ ਦਿਓ

ਪਹਿਲਾ : ਇਸ ਤਰ੍ਹਾਂ ਤੁਹਾਡਾ ਸਰੀਰ

ਦੂਜਾ : ਅਚਾਰ ਬਣ ਜਾਵੇਗਾ।

ਬੁਭਮ ਮਲਹੋਤਰਾ
ਦਸਵੀਂ-ਏ





ਬੁਰਾਈ ਵਿੱਚ ਚੰਗਿਆਈ ਲੱਭੋ

ਇੱਕ ਦਿਨ ਇੱਕ ਪੱਤਰਕਾਰ ਦੇ ਭਰਾਵਾਂ ਨਾਲ ਗੱਲ-ਬਾਤ ਕਰ ਰਿਹਾ ਸੀ। ਉਹਨਾਂ ਦੋਵੇਂ ਭਰਾਵਾਂ ਵਿੱਚੋਂ ਇੱਕ ਨਸ਼ਿਆਂ ਵਿੱਚ ਰੁੱਝਿਆ ਰਹਿੰਦਾ ਸੀ ਅਤੇ ਦੂਜਾ ਇੱਕ ਬਹੁਤ ਵੱਡਾ ਵਪਾਰੀ ਸੀ। ਪੱਤਰਕਾਰ ਨੇ ਪਹਿਲੇ ਭਰਾ ਤੋਂ ਪੁੱਛਿਆ ਕਿ ਉਸ ਨੂੰ ਨਸ਼ਾ ਕਰਨ ਦੀ ਲੱਤ ਕਿਵੇਂ ਲੱਗੀ। ਉਸ ਨੇ ਉੱਤਰ ਦਿੱਤਾ ਕਿ ਉਸ ਦੇ ਪਿਤਾ ਜੀ ਵੀ ਨਸ਼ਾ ਕਰਦੇ ਸਨ, ਇਸ ਲਈ ਉਹਨਾਂ ਨੂੰ ਵੇਖ ਕੇ ਉਸ ਨੂੰ ਵੀ ਨਸ਼ਾ ਕਰਨ ਦੀ ਲੱਤ ਲੱਗ ਗਈ। ਫਿਰ ਪੱਤਰਕਾਰ ਨੇ ਦੂਜੇ ਭਰਾ ਨੂੰ ਪੁੱਛਿਆ ਕਿ ਉਸ ਦੀ ਤਰੱਕੀ ਲਈ ਉਸ ਦੇ ਪ੍ਰੇਰਨਾ ਸਰੋਤ ਕੌਣ ਸਨ। ਉਸ ਨੇ ਉੱਤਰ ਦਿੱਤਾ ਕਿ ਉਸ ਦੇ ਪ੍ਰੇਰਨਾ ਸਰੋਤ ਵੀ ਉਸ ਦੇ ਪਿਤਾ ਜੀ ਹੀ ਸਨ। ਪੱਤਰਕਾਰ ਨੇ ਹੈਰਾਨੀ ਨਾਲ ਪੁੱਛਿਆ ਕਿ ਇਹ ਕਿਵੇਂ ਹੋ ਸਕਦਾ ਹੈ। ਪੁੱਤਰ ਨੇ ਉੱਤਰ ਦਿੱਤਾ ਕਿ ਜਦੋਂ ਉਸ ਨੇ ਆਪਣੇ ਪਿਤਾ ਜੀ ਨੂੰ ਗਲਤ ਕੰਮ ਕਰਦੇ ਵੇਖਿਆ ਤਾਂ ਉਸ ਨੇ ਨਿਸ਼ਚਾ ਕੀਤਾ ਕਿ ਉਹ ਉਹਨਾਂ ਵਰਗਾ ਨਹੀਂ ਬਣੇਗਾ। ਇਸ ਕਾਰਨ ਹੀ ਉਹ ਇੱਕ ਸਫਲ ਵਪਾਰੀ ਸੀ। ਸੋ ਇਸ ਕਹਾਣੀ ਤੋਂ ਸਾਨੂੰ ਇਹ ਸਿੱਖਿਆ ਮਿਲਦੀ ਹੈ ਕਿ ਸਾਨੂੰ ਆਪਣੇ ਨਕਾਰਾਤਮਕ ਖਿਆਲਾਂ ਨੂੰ ਸਕਾਰਾਤਮਕ ਖਿਆਲਾਂ ਵਿੱਚ ਬਦਲਣਾ ਚਾਹੀਦਾ ਹੈ ਅਤੇ ਹਮੇਸ਼ਾ ਹਿੰਮਤ ਨਾਲ ਅੱਗੇ ਵੱਧਦੇ ਰਹਿਣਾ ਚਾਹੀਦਾ ਹੈ।



ਵਸੁੰਧਰਾ ਅਗਰਵਾਲ
ਦਸਵੀਂ-ਬੀ



ਪਵਨੀਤ ਕੌਰ
ਦਸਵੀਂ-ਬੀ

ਧੀ ਸਿਆਣੀ

ਮੈਂ ਹਾਂ ਆਪਣੇ ਮੰਮੀ ਪਾਪਾ ਦੀ ਧੀ ਸਿਆਣੀ,
ਮੈਂ ਹਾਂ ਸਿਆਣੀ, ਰਹੱਸੀ ਵੀ ਸਿਆਣੀ।
ਕੋਈ ਵੀ ਕਰਾਂ ਕੰਮ ਮੈਂ
ਪਾਪਾ ਕਹਿੰਦੇ ਤੂੰ ਹੈਂ ਨਿਆਣੀ।
ਮੰਮੀ ਦੀ ਕਰਾਂ ਹੈਲਪ ਮੈਂ
ਉਹ ਕਹਿੰਦੇ ਮੇਰੀ ਧੀ ਸਿਆਣੀ।
ਪੜ੍ਹਾਈ 'ਚ ਨੰਬਰ 1 ਤੇ ਜਾਵਾਂ,
ਰਿਧਿ, ਭੰਗੜੇ ਲਈ ਵੀ ਜਾਵਾਂ।
ਜਮਾਤ ਵਿੱਚ ਸਭ ਤੋਂ ਹੁਸ਼ਿਆਰ ਹੋ ਜਾਵਾਂ,
ਮੇਰੀ ਪਿਆਰੀ ਮੰਮਾ
ਮੇਨੂੰ ਕਿਸੇ ਤੋਂ ਘੱਟ ਨਾ ਜਾਣੀ।
ਮੈਂ ਹਾਂ ਮੰਮੀ ਪਾਪਾ ਦੀ ਧੀ ਸਿਆਣੀ।
ਵੱਡੀ ਭੈਣ ਮੇਰੀ ਬਹੁਤ ਪਿਆਰੀ
ਨਾਨੀ ਜਾਵੇ ਉਸ ਤੋਂ ਵਾਰੀ।
ਅਸੀਂ ਤਾਂ ਉੱਚੀਆਂ ਉਡਾਰੀਆਂ ਲਾਉਣੀਆਂ,
ਧੀਆਂ ਨੇ ਦੇਸ਼ ਦਾ ਸਰਮਾਇਆ,
ਇਹੀ ਕਹਿੰਦੀ ਹੈ ਸਾਡੀ ਬਾਣੀ।

ਮਾਂ

ਮਾਂ ਹੀ ਰੱਬ ਦੀ ਮੂਰਤ ਹੈ ਸਭ ਥਾਂ ਹੋਵੇ,
ਬੰਦਾ, ਪਸ਼ੂ, ਪਰਿੰਦਾ, ਸ਼ਹਿਰ ਗਰਾਂ ਹੋਵੇ।
ਮਾਂ ਦੀ ਬੁੱਕਲ ਰੱਬ ਵਰਗਾ ਧਰਵਾਸਾ ਹੈ,
ਮਾਂ ਹੀ ਤਾਂ ਸਿੱਕੇ ਦਾ ਦੂਜਾ ਪਾਸਾ ਹੈ।
ਦੁਨੀਆਂ ਦਾ ਹਰ ਰਿਸ਼ਤਾ ਮਾਂ ਤੋਂ 'ਠਾਂਹ' ਹੋਵੇ,
ਮਾਂ ਹੀ ਰੱਬ ਦੀ ਮੂਰਤ ਹੈ, ਸਭ ਥਾਂ ਹੋਵੇ,
ਬੰਦਾ, ਪਸ਼ੂ, ਪਰਿੰਦਾ ਸ਼ਹਿਰ ਗਰਾਂ ਹੋਵੇ।
ਰੱਖੀ ਦੂਰ ਬਲਾਵੀ ਦਿਲੋਂ ਧਿਆਏ ਮਾਂ
ਹਰ ਆਫ਼ਤ ਤੋਂ ਬੰਭਾਂ ਹੇਠ ਛੁਪਾਏ ਮਾਂ
ਔਖੇ ਵੇਲੇ ਮਾਂ ਨਾ ਕਦਮ ਪਿਛਾਹ ਹੋਵੇ
ਮਾਂ ਹੀ ਰੱਬ ਦੀ ਮੂਰਤ ਹੈ, ਸਭ ਥਾਂ ਹੋਵੇ,
ਬੰਦਾ, ਪਸ਼ੂ, ਪਰਿੰਦਾ ਸ਼ਹਿਰ ਗਰਾਂ ਹੋਵੇ।
ਮਾਂਵਾਂ ਠੰਢੀਆਂ ਛਾਵਾਂ ਸਾਰੇ ਕਹਿੰਦੇ ਨੇ
ਦਸ ਉਹਨਾਂ 'ਚੋਂ ਸਾਰਾ ਕਿੰਨੇ ਲੈਂਦੇ ਨੇ?
ਇਸ ਤੋਂ ਵੱਡਾ ਹੋਰ ਨਾ ਘੋਰ ਗੁਨਾਹ ਹੋਵੇ
ਮਾਂ ਹੀ ਰੱਬ ਦੀ ਮੂਰਤ ਹੈ, ਸਭ ਥਾਂ ਹੋਵੇ
ਬੰਦਾ, ਪਸ਼ੂ, ਪਰਿੰਦਾ ਸ਼ਹਿਰ ਗਰਾਂ ਹੋਵੇ।



ਲਕਸ਼ੈ ਬੋਰੀ
ਅੱਠਵੀਂ-ਸੀ

ਰੁੱਖ ਦੀ ਕਹਾਣੀ

ਅੱਜ ਸੁਣੋ ਇੱਕ ਰੁੱਖ ਦੀ ਕਹਾਣੀ,
ਉਸ ਦੀ ਆਪਣੀ ਚੁਬਾਨੀ।
ਹਾਂ, ਮੈਂ ਹੀ ਹਾਂ ਰੁੱਖ,
ਪ੍ਰਕਿਰਤੀ ਦੀ ਸਭ ਤੋਂ ਵੱਡੀ ਦੇਵ,
ਦਿੰਦਾ ਮੈਂ ਸਭ ਨੂੰ ਫਲ, ਫੁੱਲ, ਹਵਾ ਅਤੇ ਨਾਲ ਪ੍ਰੇਮ।
ਕਦੇ ਕੁਝ ਮੰਗਿਆ,
ਕਦੇ ਨਾ ਦੇਣ ਲਈ ਸੰਗਿਆ।

ਲੋਕ ਮੈਨੂੰ ਪਿਆਰ ਦਿੰਦੇ,
ਅਤੇ ਹੋਰ ਰੁੱਖਾਂ ਨੂੰ ਘਰ ਦਿੰਦੇ।
ਪਰ ਇੱਕ ਦਿਨ ਆਇਆ ਇੱਕ ਬੰਦਾ,
ਜੋ ਕਰਦਾ ਸੀ ਹਰ ਕੰਮ ਮੈਂਦਾ,
ਆ ਕੇ ਕੱਟੇ ਉਸ ਨੇ ਰੁੱਖ,
ਉਜਾੜਿਆ ਸਾਰਿਆਂ ਦਾ ਸੁੱਖ।
ਹੌਲੀ-ਹੌਲੀ ਉਸ ਨੇ ਲਾਈ ਰੁੱਖਾਂ ਨੂੰ ਅੱਗ,
ਇੰਝ ਲੱਗੇ ਜਿਵੇਂ ਜਲ ਰਿਹਾ ਹੈ ਸਾਡਾ ਜੰਗ,
ਪਿਆਰੇ ਦੇਸਤੋ ਸਾਨੂੰ ਬਚਾਓ,
ਇਸ ਕਹਾਣੀ ਨੂੰ ਸਾਰਿਆਂ ਨੂੰ ਸੁਣਾਓ।



ਮੁਸਕਾਨ ਕੌਰ
ਨੌਵੀਂ-ਸੀ

ਝੂਠੀ ਦੁਨੀਆ ਦੀ ਸੱਚਾਈ

ਦਰਜੀ : ਕੱਲ੍ਹ ਤੁਹਾਨੂੰ ਤੁਹਾਡੇ ਕੱਪੜੇ ਤਿਆਰ ਮਿਲਣਗੇ।
ਡਾਕਟਰ : ਇਹ ਦਵਾਈ ਸਵੇਰੇ ਸ਼ਾਮ ਲਵੋ, ਠੀਕ ਹੋ ਜਾਵੇਗੇ।
ਨਾਈ : ਤੁਹਾਡੇ ਵਾਲ ਇਸ ਤਰ੍ਹਾਂ ਕੱਟਾਂਗਾ ਕਿ ਸਾਰੇ ਦੇਖਦੇ ਰਹਿ ਜਾਣਗੇ।
ਮਹਿਮਾਨ : ਨਹੀਂ, ਮੈਂ ਚਾਹ ਪੀ ਕੇ ਆਇਆ ਹਾਂ।
ਜੋਤਸ਼ੀ : ਇਹ ਮਹੀਨਾ ਖਰਾਬ ਹੈ, ਅਗਲਾ ਮਹੀਨਾ ਬਹੁਤ ਵਧੀਆ ਹੋਵੇਗਾ।
ਲੇਖਕ : ਓ ਜੀ ਸਾਹਿਬ, ਲਿਖਣ ਦਾ ਤਾਂ ਸਮਾਂ ਹੀ ਨਹੀਂ ਮਿਲਦਾ।
ਸੰਪਾਦਕ : ਕੱਲ੍ਹ ਤੁਹਾਡਾ ਲੇਖ ਚਰਚਾ ਛਪੇਗਾ।
ਸਬਜੀ ਵਾਲਾ : ਅੱਜ ਸਬਜ਼ੀਆਂ ਬਿਲਕੁਲ ਤਾਜ਼ੀਆਂ ਹਨ।
ਦੁਕਾਨਦਾਰ : ਇਹ ਸਰਫ਼ ਬਹੁਤ ਵਧੀਆ ਹੈ, ਦੂਜੇ ਤਾਂ ਹੱਥ ਖਰਾਬ ਕਰ ਦਿੰਦੇ ਹਨ।
ਵਿਦਿਆਰਥੀ : ਮੈਡਮ, ਕੰਮ ਤਾਂ ਕੀਤਾ ਸੀ, ਪਰ ਕਾਪੀ ਘਰ ਰਹਿ ਗਈ।



ਰਿਤੀਕਾ ਖੰਨਾ
ਅੱਠਵੀਂ-ਸੀ

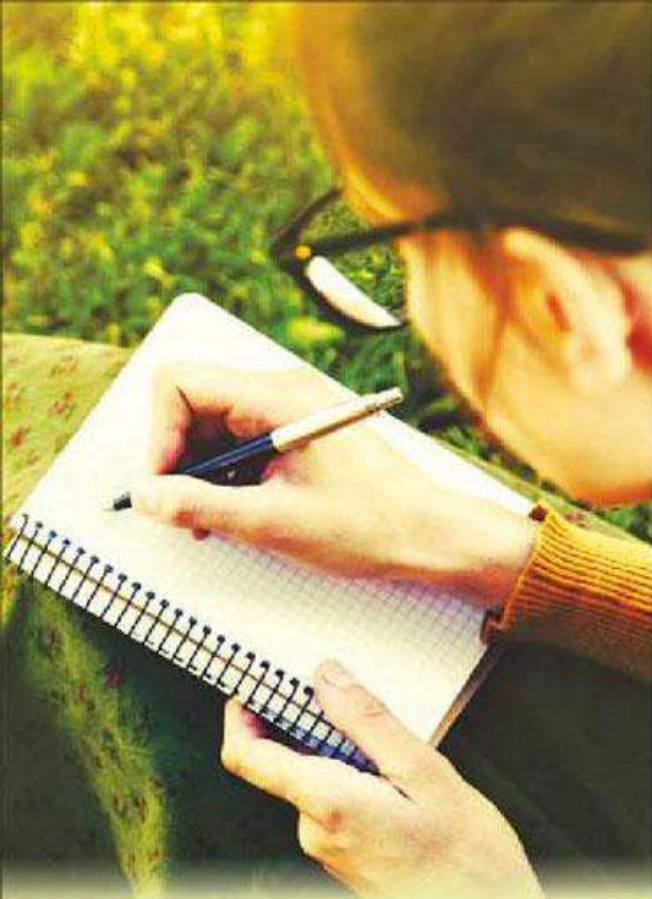


ਕੀ ਕਰੀਏ?

ਜਿੱਥੇ ਮਾਂ-ਬਾਪ ਦੀ ਇੱਜ਼ਤ ਨਹੀਂ,
ਉੱਥੇ ਕੀ ਕਰੀਏ ਸੰਸਕਾਰਾਂ ਦਾ।
ਜਿੱਥੇ ਧੀ ਮਾਪਿਆਂ ਨੂੰ ਦੇਵੇ ਧੋਖੇ,
ਉੱਥੇ ਕੀ ਕਰੀਏ ਦਸਤਾਰਾਂ ਦਾ।
ਜਿੱਥੇ ਪੁੱਤ ਮਾਂ ਨੂੰ ਘਰੋਂ ਦੇਵੇ ਧੱਕੇ,
ਉੱਥੇ ਕੀ ਕਰੀਏ ਸਤਿਕਾਰਾਂ ਦਾ।
ਜਿੱਥੇ ਮਾਂ ਧੀ ਨੂੰ ਕੁੱਖੀਂ ਮਾਰੇ,
ਉੱਥੇ ਕੀ ਕਰੀਏ ਪਿਆਰਾਂ ਦਾ।
ਜਿਸ ਧਰਤੀ 'ਤੇ ਗੁਰੂਆਂ ਦਾ ਆਦਰ ਨਹੀਂ,
ਉੱਥੇ ਕੀ ਕਰੀਏ ਅਵਤਾਰਾਂ ਦਾ।
ਜਿੱਥੇ ਮੁਖੀ ਦੇਸ਼ ਨੂੰ ਲੁੱਟਦੇ ਨੇ,
ਉੱਥੇ ਕੀ ਕਰੀਏ ਸਰਕਾਰਾਂ ਦਾ।
ਜਿੱਥੇ ਤੱਕ ਨਾ ਸੱਤਾ ਪ੍ਰਾਪਤ ਹੁੰਦੀ,
ਉੱਥੇ ਕੀ ਕਰੀਏ ਲੋਕਤੰਤਰੀ ਅਧਿਕਾਰਾਂ ਦਾ।
ਜਿੱਥੇ ਪੈਸੇ ਦੀ ਸਰਦਾਰੀ ਹੈ,
ਉੱਥੇ ਕੀ ਕਰੀਏ ਧਰਮ ਪੁਰਾਰਾਂ ਦਾ।
'ਅਰਮਾਨ' ਸੋਚਿਆਂ ਕੁਝ ਨਹੀਂ ਬਣਨਾ,
ਕੁਝ ਕਰਨਾ ਹੋਵੇਗਾ ਇਹਨਾਂ
ਮਸਲਿਆਂ ਤੇ ਅਧਿਕਾਰਾਂ ਦਾ।



ਅਰਮਾਨ ਸਿੰਘ ਧਾਲੀਵਾਲ
ਨੌਵੀਂ-ਡੀ



ਕੀ ਲਿਖਾਂ?

ਸਕੂਲ ਦੀ ਮੈਗਜ਼ੀਨ ਛਪ ਰਹੀ ਹੈ,
ਮਿਲਿਆ ਮੈਨੂੰ ਇਹ ਸਮਾਚਾਰ,
ਸੋਚਿਆ ਮੈਂ ਵੀ ਲਿਖ ਲਵਾਂ,
ਆਰਟੀਕਲ ਦੋ-ਚਾਰ।

ਕੀ ਲਿਖਾਂ, ਕਿੱਦਾਂ ਲਿਖਾਂ,
ਸਮਝ ਵਿੱਚ ਕੁਝ ਨਹੀਂ ਆਉਂਦਾ,
ਇੱਦਾਂ ਹੀ ਬੈਠੋ-ਬੈਠੋ,
ਮੇਰਾ ਸਮਾਂ ਗੁਜ਼ਰਦਾ ਜਾਂਦਾ।

ਕਵਿਤਾ ਲਿਖਾਂ, ਕਹਾਣੀ ਲਿਖਾਂ,
ਜਾਂ ਲਿਖਾਂ ਕੋਈ ਲੇਖ।
ਇਹ ਸੋਚ 'ਚ ਬੈਠਾ ਹਾਂ,
ਸਿਰ ਗੋਡਿਆਂ ਤੇ ਟੇਕ।

ਇਹ ਸੋਚਦੇ-ਸੋਚਦੇ ਖੋਪ ਗਿਆ
ਮੇਰਾ ਸਿਰ,
ਪਰ ਫਿਰ ਵੀ ਮੈਨੂੰ ਲਿਖਣ ਵਾਸਤੇ,
ਕੁਝ ਮਿਲਿਆ ਨਾ ਆਖਿਰ।

ਇਹਨਾਂ ਵਿਚਾਰਾਂ ਨੂੰ ਸੋਚਦੇ-ਸੋਚਦੇ
ਕੁਕਰਬੰਦੀ ਮੈਂ ਕਰ ਦਿੱਤੀ
ਕੀ ਲਿਖਾਂ ਕਹਿੰਦੇ-ਕਹਿੰਦੇ ਪੂਰੀ
ਕਵਿਤਾ ਹੀ ਲਿਖ ਦਿੱਤੀ।



ਰਿਧੀਮਾ
ਅੱਠਵੀਂ-ਬੀ

ਲੇਖਾ-ਜੋਖਾ



ਨਾ ਪੁੱਛੋ ਕਿ ਦੇਸ਼ ਨੇ ਤੁਹਾਡੇ ਲਈ ਕੀ ਕੀਤਾ,
ਸਗੋਂ ਇਹ ਦੱਸੋ ਤੁਸਾਂ ਦੇਸ਼ ਲਈ ਕੀ ਕੀਤਾ।
ਬੀਤ ਗਏ ਸੱਤਰ ਵਰ੍ਹੇ ਪ੍ਰਾਪਤ ਕੀਤੀ ਅਜ਼ਾਦੀ ਨੂੰ,
ਕੀ ਕੀਤਾ ਯਤਨ ਤੁਸਾਂ ਰੋਕਣ ਲਈ,
ਇਸ ਵਧਦੀ ਹੋਈ ਅਜ਼ਾਦੀ ਨੂੰ।

ਲੱਗਦਾ ਇਉਂ ਜਿਵੇਂ ਕੀਰਿਆਂ ਦਾ ਡੋਣ ਹੋਵੇ,
ਇੱਕ ਦੂਜੇ ਤੋਂ ਅਣਜਾਣ ਤੂੰ ਕੌਣ ਤੇ ਮੈਂ ਕੌਣ ਹੋਵੇ,
ਵਧਦੇ ਹੋਏ ਇਸ ਬੋਝ ਨਾਲ ਮਾਂ ਧਰਤੀ ਵੀ ਰੋਵੇ,
ਭ੍ਰਿਸ਼ਟਾਚਾਰੀ ਦਾ ਬੋਲਬਾਲਾ, ਮੇਰੀ ਹੱਥੁਆਂ ਦੇ ਕੋਣ ਪਰੋਵੇ।

ਤੁਸੀਂ ਕਿਉਂ ਫਿਰ ਵੀ ਚੁਪ ਬੈਠੋ, ਜਿਵੇਂ ਠੰਢੀ ਕੋਈ ਝੱਖ ਹੋਵੇ,
ਕੀ ਖੱਟਿਆ ਤੇ ਕੀ ਕਮਾਇਆ, ਤੇ ਕੀ ਗਵਾਇਆ,
ਦਿਓ ਤਾਂ ਹਿਸਾਬ
ਖੱਟੀ ਬਦਨਾਮੀ, ਭ੍ਰਿਸ਼ਟਾਚਾਰੀ ਤੇ ਗਰੀਬੀ,
ਕਮਾਉਣਾ ਤਾਂ ਕੀ ਸੀ, ਜੋ ਬਜ਼ੁਰਗਾਂ ਕਮਾਇਆ,
ਉਹ ਵੀ ਛਜ਼ੂਲ ਗਵਾਇਆ।

ਗਵਾਇਆ ਬਹੁਤ ਕੁਝ ਤੇ ਬਹੁਤ ਕੁਝ ਲੁਟਾਇਆ,
ਇਮਾਨਦਾਰੀ ਦਾ ਨਾਮੋ-ਨਿਸ਼ਾਨ ਮਿਟਾਇਆ,
ਐ ਜਵਾਨੋਂ, ਦੇਸ਼ ਦੀ ਸੱਭਿਅਤਾ ਸੰਭਾਲੋ,
ਇਹ ਹੀਰੋ ਵਰਗੀ ਜਵਾਨੀ ਨੂੰ ਨਸ਼ਿਆਂ ਵਿੱਚ ਨਾ ਗਾਲੋ,
ਕੁਝ ਕਰੋ, ਇਹੋ ਵੇਲਾ ਹੈ ਤੁਹਾਡੇ ਇਮਤਿਹਾਨ ਦਾ।



ਕਿਰਤਪ੍ਰੀਤ ਕੌਰ
ਅੱਠਵੀਂ-ਸੀ

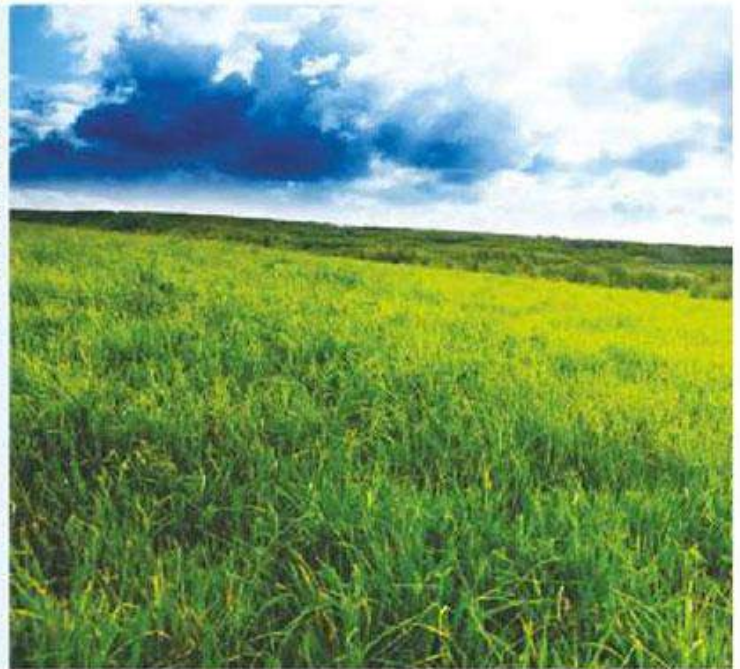
ਜ਼ਮੀਨ

ਮਾਂ ਹੁਣ ਮੈਂ ਬੁੱਢਾ ਹੋ ਗਿਆ.... ਮੈਥੋਂ ਹੁਣ ਕੰਮ ਨਹੀਂ ਹੁੰਦਾ ਤੇ ਮੁੰਡੇ ਕੰਮ ਕਰਨਾ ਨਹੀਂ ਚਾਹੁੰਦੇ.... ਮੇਰੇ ਤੋਂ ਬਾਅਦ ਤੇਰਾ ਕੌਣ ਵਾਲੀ-ਵਾਰਸ ਹੋਵੇਗਾ। ਸੋਚ ਕੇ ਮੈਨੂੰ ਗਸ਼ ਪੈਂਦੇ ਹਨ...। ਮਾਂ ਤੂੰ ਕੱਲੀ ਬੰਜਰ ਹੋ ਜਾਵੇਂਗੀ ਤੇ.. ਗੱਚ ਭਰੀ ਖੜਾ ਬਾਪੂ ਭੁੱਖੀ ਰੋਣ ਲੱਗ ਪਿਆ। ਬਾਪੂ ਨੂੰ ਪੈਲੀ ਨਾਲ ਗੱਲਾਂ ਕਰਦੇ ਅਤੇ ਰੋਂਦੇ ਦੇਖ ਕੇ ਮੇਰਾ ਵੀ ਇਕ ਵਾਰ ਮਨ ਉਛਲ ਪਿਆ। ਮੈਂ ਬਸਤਾ ਸੁੱਟ ਕੇ ਬਾਪੂ ਦੇ ਹੱਥੋਂ ਕਹੀ ਫੜ ਲਈ। ਉਦੋਂ ਦੀ ਫੜੀ ਕਹੀ ਨਾਲ ਮੈਂ ਸਾਰੀ ਉਮਰ ਪੈਲੀ ਸੰਵਾਰਦਾ ਰਿਹਾ। ਹੁਣ ਜਦ ਅੱਜ ਮੈਂ ਬਾਪੂ ਦੀ ਜਗਾ ਖੜਾ ਹਾਂ ਤਾਂ ਜ਼ਮੀਨ ਮੈਨੂੰ ਅਸਲ ਵਿੱਚ ਮਾਂ ਲੱਗਦੀ ਹੈ, ਮੇਰੀ ਬੁੱਢੀ ਮਾਂ ਵਰਗੀ। ਮਾਂ ਮੈਂ ਹੁਣ ਬਹੁਤ ਬੁੱਢਾ ਹੋ ਗਿਆ ਹਾਂ। ਮੁੰਡੇ ਖੇਤੀ ਕਰਨਾ ਨਹੀਂ ਚਾਹੁੰਦੇ, ਮੇਰੇ ਬਾਬੇ ਤੂੰ ਇਕੱਲੀ ਕਿਧਰੇ ਬੰਜਰ ਨਾ ਹੋ ਜਾਵੇਂ, ਮੈਨੂੰ ਡਰ ਲੱਗ ਰਿਹਾ ਹੈ। ਉਦਾਸ ਜ਼ਮੀਨ ਵੱਲ ਵੇਖ ਕੇ ਅੱਜ ਮੈਂ ਦੂਜੀ ਵਾਰ ਫਿਰ ਰੋ ਪਿਆ। ਪਰ ਮੇਰੇ ਸ਼ਹਿਰ ਵਸਦੇ ਪੁੱਤਰਾਂ, ਮੇਰੇ ਹੱਥੋਂ ਕਹੀ ਨਹੀਂ ਫੜੀ।

ਬੇਵੱਸ ਹੋਇਆ, ਮੈਂ ਅੱਜ ਵੀ ਮਾਂ ਦੇ ਸਿਰਹਾਣੇ ਬੈਠਾ ਹਾਂ....।



ਅਰਸ਼ ਬਾਹਰਾ
ਨੌਵੀਂ-ਏ



ਦੁਨੀਆ ਕੀ ਹੈ?

- ਦੁਨੀਆ ਇੱਕ ਨਦੀ ਦੀ ਤਰ੍ਹਾਂ ਹੈ, ਜਿਸਦਾ ਪਾਣੀ ਨਿਰੰਤਰ ਵਹਿ ਰਿਹਾ ਹੈ।
- ਦੁਨੀਆ ਇੱਕ ਸਮੁੰਦਰ ਦੀ ਤਰ੍ਹਾਂ ਹੈ, ਜਿਸ ਵਿੱਚ ਜ਼ਿੰਦਗੀ ਰੂਪੀ ਲਹਿਰਾਂ ਉੱਠਦੀਆਂ ਹਨ ਅਤੇ ਮਿਟਦੀਆਂ ਹਨ।
- ਦੁਨੀਆ ਇੱਕ ਦਰਪਣ ਦੀ ਤਰ੍ਹਾਂ ਹੈ, ਜਿਸ ਵਿੱਚ ਦੇਖਣ ਵਾਲੇ ਦਾ ਆਪਣਾ ਹੀ ਅਕਸ ਉੱਠਦਾ ਹੈ। ਜੇ ਜਿਸ ਤਰ੍ਹਾਂ ਦਾ ਹੁੰਦਾ ਹੈ ਉਸਨੂੰ ਦੁਨੀਆ ਉਸੇ ਤਰ੍ਹਾਂ ਦੀ ਹੀ ਲੱਗਦੀ ਹੈ।
- ਦੁਨੀਆ ਇੱਕ ਮੇਲੇ ਦੀ ਤਰ੍ਹਾਂ ਹੈ, ਜਿੱਥੇ ਹਰ ਕੋਈ ਆਪਣੀ ਹੀ ਰੂਤੀ ਵਜਾ ਰਿਹਾ ਹੈ।
- ਦੁਨੀਆ ਇੱਕ ਵੱਡੀ ਸਟੇਜ ਦੀ ਤਰ੍ਹਾਂ ਹੈ, ਜਿੱਥੇ ਹਰ ਵਿਅਕਤੀ ਨਾਟਕ ਦੇ ਪਾਤਰ ਵਾਂਗ ਹੈ।
- ਦੁਨੀਆ ਇੱਕ ਸਰ੍ਹਾਂ ਦੀ ਤਰ੍ਹਾਂ ਹੈ, ਜਿੱਥੇ ਯਾਤਰੀ ਆਉਂਦੇ ਹਨ, ਕੁਝ ਸਮਾਂ ਠਹਿਰਦੇ ਅਤੇ ਫਿਰ ਚੱਲੇ ਜਾਂਦੇ ਹਨ।
- ਦੁਨੀਆ ਇੱਕ ਕਰਮ ਭੂਮੀ ਹੈ, ਜਿੱਥੇ ਹਰ ਇੱਕ ਨੂੰ ਆਪਣੇ-ਆਪਣੇ ਕਰਮਾਂ ਦਾ ਫਲ ਭੁਗਤਣ ਲਈ ਆਉਣਾ ਪੈਂਦਾ ਹੈ।
- ਦੁਨੀਆ ਇੱਕ ਬਗੀਚੇ ਦੀ ਤਰ੍ਹਾਂ ਹੈ, ਜਿੱਥੇ ਫੁੱਲ ਵੀ ਹਨ ਅਤੇ ਕੀੜੇ ਵੀ।
- ਦੁਨੀਆ ਖੂਬਸੂਰਤ ਹੈ, ਜੋ ਕਿ ਕੁਦਰਤ ਦੀ ਅਨਮੋਲ ਰਚਨਾ ਹੈ ਜਿਸਦੇ ਕਣ-ਕਣ ਵਿੱਚ ਪਰਮਾਤਮਾ ਦਾ ਵਾਸਾ ਹੈ।
- ਦੁਨੀਆ ਪਹਾੜਾਂ ਤੇ ਬਣੇ ਇੱਕ ਪੁਆਇੰਟ ਦੀ ਤਰ੍ਹਾਂ ਹੈ, ਜੋ ਜਿਸ ਤਰ੍ਹਾਂ ਦੀ ਆਵਾਜ਼ ਕਰਦਾ ਹੈ, ਉਹ ਕਈ ਗੁਣਾਂ ਹੋ ਕੇ ਉਸ ਕੋਲ ਵਾਪਸ ਪਰਤ ਆਉਂਦੀ ਹੈ।



ਗੁਰਲੀਨ ਕੌਰ
ਦਸਵੀਂ-ਬੀ



ਰੁੱਖ, ਕੁੱਖ ਅਤੇ ਪਾਣੀ ਬਚਾਓ!

ਸੁਣੋ ਪੰਜਾਬ ਦੇ ਲੋਕੋ,
ਕੀ ਹੋਵੇਗਾ ਰੁੱਖਾਂ ਬਿਨ੍ਹਾਂ ਜ਼ਰਾ ਸੋਚੋ।
ਹਰਿਆਵਲ ਲਹਿਰ ਦੇ ਸਦਕੇ ਜਾਵਾਂ,
ਮੈਂ ਵੀ ਆਪਣੇ ਪੰਜਾਬ ਨੂੰ ਹਰਿਆ-ਭਰਿਆ ਬਣਾਵਾਂ।

ਕੁੜੀਆਂ ਬਿਨ੍ਹਾਂ ਸੰਸਾਰ ਦੀ ਹੋਂਦ ਹੀ ਨਹੀਂ ਲੋਕੋ,
ਇਸ ਗੱਲ ਤੇ ਵਿਚਾਰ ਕਰੋ ਅਤੇ ਕੁਝ ਝਾਂ ਸੋਚੋ।
ਧੀਆਂ ਬਿਨ੍ਹਾਂ ਤੀਆਂ ਨਹੀਂ,
ਮੁੰਡੇ ਅਤੇ ਕੁੜੀਆਂ ਹੋਣ ਬਰਾਬਰ ਤਾਂ ਹੀ ਗੱਲ ਸਹੀ।

ਪਾਣੀ ਹੈ ਕੁਦਰਤ ਦਾ ਤੇਹਫਾ ਅਨੋਖਾ,
ਇਸ ਤੋਂ ਬਿਨ੍ਹਾਂ ਗੁਜ਼ਾਰਾ ਹੋ ਔਖਾ।
ਜੇ ਹੁਣ ਪਾਣੀ ਨੂੰ ਬਰਬਾਦ ਹੈ ਕਰਨਾ,
ਭਵਿੱਖ ਵਿੱਚ ਪਾਣੀ ਕਦੇ ਵੀ ਨਹੀਂ ਮਿਲਣਾ।

ਜੇ ਅੱਜ ਕਰੋਗੇ ਇਹਨਾਂ ਚੀਜ਼ਾਂ ਦੀ ਸੰਭਾਲ,
ਫਿਰ ਕੱਲ੍ਹ ਨਹੀਂ ਕਰਨੀ ਪਵੇਗੀ ਇਹਨਾਂ ਦੀ ਭਾਲ।



ਗੁਰਸ਼ਿਮਰਨ ਕੌਰ
ਨੌਵੀਂ-ਡੀ



ਬੁੱਝੇ ਤਾਂ ਭਲਾ

- ਬੀਬਿਆਂ ਦੀਆਂ ਕਿਆਰੀਆਂ, ਕੰਡਿਆਂ ਦੀ ਵਾਤ ਬੁੱਝਣੀ ਹੈ ਬੁੱਝ, ਨਹੀਂ ਪਿੱਛੋਂ ਹੋ ਜਾਓ ਬਾਹਰ।
- ਚਾਰ ਪੈਰਾਂ ਤੇ ਚਲ ਨਾ ਸਕਾਂ, ਬਿਨ੍ਹਾਂ ਹਿਲਾਏ ਹਿਲ ਨਾ ਸਕਾਂ। ਫਿਰ ਵੀ ਸਭ ਨੂੰ ਦੇਵਾਂ ਅਰਾਮ, ਬੋਲੋ ਬੱਚਿਓ ਮੇਰਾ ਨਾਮ।
- ਵੱਡੇ ਛੋਟੇ ਦੋਵੇਂ ਭਰਾ, ਹਰਦਮ ਚਲਦੇ ਰਹਿੰਦੇ ਸਾਡੇ ਨਾਲ ਸਭ ਵਧਦੇ ਜਾਓ, ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਕਹਿੰਦੇ।
- ਬੁੱਝੇ ਬੱਚਿਓ! ਇੱਕ ਪਹੇਲੀ ਜਦੋਂ ਮੈਂ ਘੜਦੀ ਤਾਂ ਬਣ ਜਾਵਾਂ ਨਵੀਂ ਨਵੇਲੀ।
- ਤਿੰਨ ਅੱਖਰਾਂ ਦਾ ਸ਼ਹਿਰ ਹਾਂ, ਜਗਤ ਵਿੱਚ ਕਹਿਰ ਹਾਂ ਅੰਤ ਕੱਟੇ ਤਾਂ ਅੱਗ ਬਣ ਜਾਵਾਂ, ਮੱਧ ਕੱਟੇ ਤਾਂ ਆਰਾ ਕਹਿਲਾਵਾਂ।
- ਇੱਕ ਜਵਾਨ ਅਜਿਹਾ ਵੀਰ ਗੀਤ ਗਾ ਕੇ ਮਾਰੇ ਤੀਰ।
- ਮੇਰੀ ਹੈ ਸ਼ਾਨ ਨਿਰਾਲੀ, ਕਰਨਾ ਚਾਹੁਣ ਸਾਰੇ ਸਵਾਰੀ ਚੇਤਕ ਦਾ ਵੰਸ਼ ਕਹਾਵਾਂ, ਖੜੇ-ਖੜੇ ਹੀ ਮੈਂ ਸੌਂ ਜਾਵਾਂ।

ਉੱਤਰ

1. ਅੱਖਾਂ
2. ਕੁਰਸੀ
3. ਘੜੀ ਦੀਆਂ ਸੂਈਆਂ
4. ਪੈਨਸਿਲ
5. ਆਗਰਾ
6. ਮੱਛਰ
7. ਘੋੜਾ।



ਮਨਕੀਰਤ ਸਿੰਘ
ਫੋਵੀ-ਡੀ

ਚੁਟਕਲੇ



- ਦੇ ਦੇਸਤ ਫੱਲਾਂ ਕਰ ਰਹੇ ਸਨ।
ਪਹਿਲਾ ਦੇਸਤ (ਦੂਸਰੇ ਦੇਸਤ ਨੂੰ) - ਯਾਰ ਮੈਂ ਫ ਨੂੰ ਫ ਬੋਲਦਾ ਹਾਂ।
ਦੂਸਰਾ ਦੇਸਤ - ਯਾਰ ਸਾਰੇ ਫ ਨੂੰ ਫ ਬੋਲਦੇ ਹਨ।
ਪਹਿਲਾ ਦੇਸਤ - ਤੂੰ ਫਮਤਿਆਂ ਨਹੀਂ ਯਾਰ।
- ਜੱਜ (ਦੋਸ਼ੀ ਨੂੰ) - ਅਦਾਲਤ ਵਿੱਚ ਤੇਰੇ ਉੱਤੇ ਲੱਗੇ ਘੜੀ ਚੁਰਾਉਣ ਦੇ ਦੋਸ਼ ਸਿੱਧ ਨਾ ਹੋਣ ਕਰਕੇ ਤੈਨੂੰ ਬਰੀ ਕੀਤਾ ਜਾਂਦਾ ਹੈ।
ਦੋਸ਼ੀ - ਬਹੁਤ-ਬਹੁਤ ਧੰਨਵਾਦ ਜੱਜ ਸਾਹਿਬ, ਹੁਣ ਮੈਨੂੰ ਕੋਈ ਡਰ ਨਹੀਂ, ਹੁਣ ਮੈਂ ਉਸ ਘੜੀ ਨੂੰ ਅਸਾਨੀ ਨਾਲ ਪਹਿਨ ਸਕਦਾ ਹਾਂ।
- ਰਮਨ - ਗੋਲੂ ਤੇਰੇ ਦੰਦ ਕਿਵੇਂ ਟੁੱਟ ਗਏ।
ਗੋਲੂ - ਹੱਸਣ ਨਾਲ
ਰਮਨ - ਹੱਸਣ ਨਾਲ?
ਗੋਲੂ - ਹਾਂ, ਅੱਜ ਮੈਂ ਇੱਕ ਪਹਿਲਵਾਨ ਨੂੰ ਵੇਖ ਕੇ ਹੱਸ ਰਿਹਾ ਸੀ।
- ਪੁੱਤਰ - ਪਿਤਾ ਜੀ, ਜੇ ਮੈਂ ਪਹਿਲੇ ਨੰਬਰ ਤੇ ਆਇਆ ਤਾਂ ਤੁਸੀਂ ਮੈਨੂੰ ਕੀ ਦਵੇਗੇ।
ਪਿਤਾ - ਤੇਰੀ ਜੁਗਤ ਫੱਟ ਗਈ ਹੈ, ਇਸ ਕਰਕੇ ਜੁਗਤ ਦਵਾਂਗਾ।
ਪੁੱਤਰ - ਜੇ ਆਖਿਰ 'ਚ ਆਇਆ ਤਾਂ ਕੀ ਦਵੇਗੇ।
ਪਿਤਾ - ਜੁੱਤਾ



ਬਰੇਆ ਗੁਪਤਾ
ਅੱਠਵੀਂ-ਸੀ



- ਚਿੱਟੂ : ਮਾਂ ਮੇਰੀ ਕੀ ਕੀਮਤ ਹੈ?
ਮਾਂ : ਪੁੱਤਰ ਤੂੰ ਤਾਂ ਲੱਖਾਂ ਦਾ ਹੈਂ।
ਚਿੱਟੂ : ਤਾਂ ਲੱਖਾਂ ਵਿੱਚੋਂ ਮੈਨੂੰ 5 ਰੁਪਏ ਦੇਣਾ, ਮੈਂ ਆਈਸਕ੍ਰੀਮ ਖਾਣੀ ਹੈ।
- ਮਾਂ : ਤੂੰ ਪਾਪਾ ਦੀ ਚਿੱਠੀ ਦਾ ਜਵਾਬ ਦਿੱਤਾ?
ਪੁੱਤਰ : ਨਹੀਂ।
ਮਾਂ : ਕਿਉਂ?
ਪੁੱਤਰ : ਤੁਸੀਂ ਹੀ ਤਾਂ ਕਿਹਾ ਕਿ ਆਪਣੇ ਤੋਂ ਵੱਡਿਆਂ ਨੂੰ ਜਵਾਬ ਨਹੀਂ ਦਿੰਦੇ।
- ਵਿਅਕਤੀ : ਤੁਹਾਡਾ ਜਨਮ ਕਿੱਥੇ ਹੋਇਆ ਸੀ?
ਮਿੱਟੂ : ਤਿਰੂਅਨੰਤਪੁਰਮ ਵਿੱਚ।
ਵਿਅਕਤੀ : ਤਾਂ ਇਸ ਦੇ ਸਪੈਲਿੰਗ ਦੱਸੋ?
ਮਿੱਟੂ : ਮੇਰੇ ਖਿਆਲ 'ਚ ਮੇਰਾ ਜਨਮ ਗੋਆ ਵਿੱਚ ਹੋਇਆ ਸੀ।

ਪਰਦਾ ਨਾ ਚੁੱਕੋ!

ਇੱਕ ਚਿੱਤਰਕਾਰ ਆਪਣੇ ਚਿੱਤਰਕਾਰ ਦੇਸਤ ਨੂੰ ਮਿਲਣ ਗਿਆ। ਚਿੱਤਰਕਾਰ ਬਗੀਚੇ ਵਿੱਚ ਬੈਠਾ ਸੀ। ਨੇੜੇ ਹੀ ਉਸ ਦੁਆਰਾ ਬਣਾਇਆ ਹੋਇਆ ਚਿੱਤਰ ਸਟੈਂਡ ਉੱਤੇ ਲੱਗਾ ਹੋਇਆ ਸੀ। ਐਨੇ ਨੂੰ ਦੋ ਚਿੜੀਆਂ ਆ ਕੇ ਉਸ ਦੇ ਚਿੱਤਰ ਉੱਤੇ ਬਣਾਏ ਹੋਏ ਦਾਇਆਂ ਉੱਤੇ ਨੂੰਗੇ ਮਾਰਨ ਲੱਗ ਪਈਆਂ। ਦੇਸਤ ਨੇ ਉਸ ਦੀ ਬੜੀ ਸਿਫਤ ਕੀਤੀ, 'ਵਾਹ!' ਪੰਛੀਆਂ ਨੂੰ ਵੀ ਅਸਲੀ ਦਾਣੇ ਹੋਣ ਦਾ ਵਹਿਮ ਹੋ ਗਿਆ ਅਤੇ ਉਹ ਦਾਣੇ ਚੁਗਣ ਆ ਗਏ। ਕਮਾਲ ਹੈ...

ਕੁਝ ਦਿਨ ਬਾਅਦ ਆਏ ਉਸ ਦੇਸਤ ਨੇ ਪਹਿਲੇ ਦੇਸਤ ਨੂੰ ਸੱਦਾ ਭੇਜਿਆ। ਉਸ ਦਾ ਚਿੱਤਰਕਾਰ ਮਿੱਤਰ ਜਦ ਉਸ ਦੇ ਘਰ ਪੁੱਜਾ ਤਾਂ ਉਸਨੇ ਉਸ ਦੀ ਕਲਾਕਾਰੀ ਵੇਖਣ ਦੀ ਇੱਛਾ ਜ਼ਾਹਿਰ ਕੀਤੀ। ਆਪਣੇ ਡਰਾਇੰਗ ਰੂਮ ਵਿੱਚ ਇੱਕ ਬੰਦ ਖਿੜਕੀ ਕੋਲ ਉਹ ਚਿੱਤਰਕਾਰ ਉਸ ਨੂੰ ਲੈ ਗਿਆ। ਆਉਣ ਵਾਲੇ ਦੇਸਤ ਨੇ ਅਗਾਂਹ ਵੱਧ ਕੇ ਉਸ ਉੱਪਰ ਲੱਗੇ ਪਰਦੇ ਨੂੰ ਹਟਾਉਣ ਦੀ ਕੋਸ਼ਿਸ਼ ਕੀਤੀ। ਐਹ ਕੀ? ਉਸ ਦੇ ਹੱਥ ਤਾਂ ਕੁਝ ਵੀ ਨਹੀਂ ਆਇਆ।

ਅਸਲ ਵਿੱਚ ਉਹ ਪਰਦਾ ਹੀ ਪੇਂਟ ਕੀਤਾ ਹੋਇਆ ਸੀ। ਇੰਜ ਜਾਪਦਾ ਸੀ ਕਿ ਉੱਥੇ ਪਰਦਾ ਟੰਗਿਆ ਹੋਵੇ। ਦੇਸਤ ਕਲਾਕਾਰ ਵਾਹ-ਵਾਹ ਕਰ ਉਠਿਆ। 'ਦੇਸਤ, ਮੈਂ ਤੇ ਪੰਛੀਆਂ ਨੂੰ ਹੀ ਅਸਲੀ ਦਾਣੇ ਬਣਾ ਕੇ ਭੁਲੇਖੇ ਵਿੱਚ ਪਾ ਫੰਡਿਆ ਸੀ, ਤੁਸੀਂ ਤੇ ਬੰਦਿਆਂ ਨੂੰ ਭੁਲੇਖੇ ਵਿੱਚ ਪਾ ਕੇ ਵਾਹ-ਵਾਹ ਲੁੱਟ ਲਈ। ਤੁਹਾਡੀ ਕਲਾ ਦਾ ਕੋਈ ਜਵਾਬ ਨਹੀਂ।'



ਸ਼ੈਲਜਾ
ਅੱਠਵੀਂ-ਸੀ



ਵੈਬਰ ਸਰਦੇਵਾ
ਨੌਵੀਂ-ਈ



ਹਸਗੁੱਲੇ

ਸੁਖਮਨੀ ਸੁਨੇਹੇ

- ਚੰਗੀ ਸੰਗਤ ਨਾਲ ਕਰੋੜਾਂ ਅਪਰਾਧ ਵੀ ਮਾਫ਼ ਹੋ ਜਾਂਦੇ ਹਨ।
- ਆਪ ਹੀ ਆਪਣੀ ਵਡਿਆਈ ਨਾ ਕਰੀਏ, ਆਪਣੇ ਆਪ ਨੂੰ ਸਭ ਤੋਂ ਨੀਵਾਂ ਸਮਝੀਏ।
- ਸਭ ਨੂੰ ਆਪਣਾ ਮਿੱਤਰ ਸਮਝੀਏ।
- ਕਦੇ ਵੀ ਝੂਠ ਨਾ ਬੋਲੀਏ, ਜੀਭ ਨਾਲ ਝੂਠ ਫੂਹਣ ਦੀ ਨਾ ਦੇਈਏ।
- ਨਾਮ ਜਪਣਾ ਸਾਰੇ ਰੋਗਾਂ ਦੀ ਦਵਾਈ ਹੈ।
- ਭਰੋਸਾ ਰੱਖੀਏ, ਪ੍ਰਭੂ ਸਾਡੇ ਪਰਦੇ ਕੱਢਦਾ ਹੈ।
- ਜੇ ਹੋਇਆ, ਜੇ ਹੋ ਰਿਹਾ ਹੈ ਸਭ ਪ੍ਰਭੂ ਦਾ ਹੁਕਮ ਹੀ ਹੈ।
- ਆਪਣੇ ਆਪ ਨੂੰ ਭਲਾ ਅਖਵਾਉਣ ਵਾਲਾ ਭਲਾ ਨਹੀਂ ਹੁੰਦਾ।
- ਸੰਤੋਖ ਰੱਖੀਏ। ਬਿਨਾਂ ਸੰਤੋਖ ਦੇ ਰੱਜ ਨਹੀਂ ਹੋ ਸਕਦਾ।
- ਕਿਸੇ ਦੀ ਵੀ ਨਿੰਦਾ ਨਾ ਸੁਣੀਏ, ਨਾ ਕਰੀਏ। ਆਪਣੇ ਆਪ ਨੂੰ ਸਭ ਤੋਂ ਮੰਦਾ ਮੰਨੀਏ।
- ਇਕ ਪਰਮਾਤਮਾ ਤੇ ਟੋਕ ਰੱਖੀਏ, ਸਾਰੇ ਰੋਗ ਮਿਟ ਜਾਣਗੇ।
- ਆਪ ਨਾਮ ਜਪੀਏ ਤੇ ਹੋਰਨਾਂ ਨੂੰ ਜਪਾਈਏ।



ਹਰਸਿਮਰਨ ਸਿੰਘ
ਛੇਵੀਂ-ਬੀ

- ਅਮਨ : ਆਪਣਾ ਬਰਬ-ਡੇ ਦੱਸੋ?
ਰੀਟਾ : 21 ਜੁਲਾਈ
ਅਮਨ : ਅਤੇ ਸਾਲ
ਰੀਟਾ : ਹਰ ਸਾਲ
- ਤੁਹਾਡਾ ਭਾਰ ਕਿੰਨਾ ਹੈ?
ਬਿੱਲੂ : ਚਸਮੇ ਦੇ ਨਾਲ 50 ਕਿਲੋ
ਡਾਕਟਰ : ਅਤੇ ਚਸਮੇ ਤੋਂ ਬਿਨਾਂ
ਬਿੱਲੂ : ਉਹ ਮੈਨੂੰ ਦਿਖਦਾ ਨਹੀਂ
- ਡਾਕਟਰ : ਤੁਹਾਡੇ ਦੰਦ ਕਿਵੇਂ ਟੁੱਟ ਗਏ ਉਹ ਵੀ ਤਿੰਨ?
ਮਰੀਜ਼ : ਘਰਵਾਲੀ ਨੇ ਸਮਤ ਰੋਟੀ ਬਣਾਈ ਸੀ।
ਡਾਕਟਰ : ਫਿਰ ਖਾਣ ਤੋਂ ਮਨ੍ਹਾਂ ਕਰ ਦਿੱਤੇ।
ਮਰੀਜ਼ : ਉਹ ਹੀ ਤਾਂ ਕੀਤਾ ਸੀ।
- ਇੱਕ ਵਾਰ ਇੱਕ ਸ਼ਰਾਬੀ ਕਿੱਧਰੇ ਜਾ ਰਿਹਾ ਸੀ।
ਅਚਾਨਕ ਉਹ ਚਿੱਕੜ 'ਚ ਡਿੱਗ ਪਿਆ ਤੇ ਅਚਾਨਕ ਬਿਜਲੀ ਚਮਕੀ। ਸ਼ਰਾਬੀ ਬੋਲਿਆ 'ਹੱਥ ਇੱਕ ਤਾਂ ਤੂੰ ਮੈਨੂੰ ਚਿੱਕੜ 'ਚ ਗਿਰਾ ਦਿੱਤਾ ਉਪਰੋਂ ਫੇਰੇ ਪਿੱਚਦਾ ਪਿਆ ਏਂ'।
- ਮਾਲੀ : ਤੂੰ ਅੰਬਾਂ ਦੇ ਦਰਖਤ ਤੇ ਚੜ੍ਹ ਕੇ ਕੀ ਕਰ ਰਿਹਾ ਸੀ।
ਸੋਨੂੰ : ਜੀ, ਟੁੱਟਿਆ ਅੰਬ ਵਾਪਸ ਦਰਖਤ 'ਤੇ ਲਗਾ ਰਿਹਾ ਸੀ।
- ਅਧਿਆਪਕ (ਪੱਪੂ ਨੂੰ) : ਤੇਰਾ ਪੁੱਤਰ ਬਹੁਤ ਨਾਲਾਇਕ ਹੈ। ਇਹ ਇਸ ਦਾ ਰਿਪੋਰਟਕਾਰਡ ਹੈ। ਅੰਗਰੇਜ਼ੀ-6, ਹਿਸਾਬ-7, ਸਾਇੰਸ-4, ਸਮਾਜਿਕ ਸਿੱਖਿਆ-8, ਟੋਟਲ-25
ਪੱਪੂ : ਟੋਟਲ ਵਿੱਚ ਤਾਂ ਕਮਾਲ ਕਰ ਦਿੱਤਾ। ਇਸ ਦੀ ਤਾਂ ਟਿਊਸ਼ਨ ਵੀ ਨਹੀਂ ਰੱਖੀ ਸੀ। ਸਾਬਾਸ!



ਅਵਲੀਨ ਕੌਰ
ਅੱਠਵੀਂ-ਸੀ

- ਚਿੱਟੂ ਟਿਊਬਲਾਈਟ ਦੇ ਨੀਚੇ ਮੂੰਹ ਖੋਲ੍ਹ ਕੇ ਖਤਾ ਸੀ...
ਕਿਉਂ???
- ਚਿੱਟੂ : ਪਾਪਾ ਮੈਂ ਅੱਜ ਸਕੂਲ ਨਹੀਂ ਜਾਣਾ।
ਪਾਪਾ : ਕਿਉਂ ਬੋਟਾ?
ਚਿੱਟੂ : ਕੱਲ੍ਹ ਸਕੂਲ ਵਿੱਚ ਸਾਡਾ ਵੋਟ ਭੋਲਿਆ ਸੀ। ਮੈਨੂੰ ਲੱਗਦਾ ਏ ਕਿ ਅੱਜ ਸਾਨੂੰ ਕਿੱਧਰੇ ਵੋਚ ਨਾ ਦੇਣ।
- ਚਿੱਟੂ : ਪਾਪਾ ਇੱਕ ਗਲਾਸ ਪਾਣੀ ਦੇ ਦੋ।
ਪਾਪਾ : ਆਪਣੇ ਆਪ ਲਵੋ।
ਚਿੱਟੂ : ਪਾਪਾ, ਪਲੀਜ਼ ਤੁਸੀਂ ਦੇ ਦੇਵੋ।
ਪਾਪਾ : ਜੇ ਹੁਣ ਮੈਨੂੰ ਪਾਣੀ ਵਾਸਤੇ ਕਿਹਾ ਤਾਂ ਮੈਂ 2 ਬੱਪਤ ਮਾਰਾਂਗਾ।
ਚਿੱਟੂ : ਪਾਪਾ, ਜਦੋਂ ਬੱਪਤ ਮਾਰਨ ਆਉਗੇ ਤਾਂ ਪਾਣੀ ਲੈਂਦੇ ਆਉਣਾ।



ਪਰਮਜੀਤ ਸਿੰਘ
ਦਸਵੀਂ-ਏ

ਬੁਝਾਰਤ

- ਉਹ ਕਿਹੜੀ ਚੀਜ਼ ਹੈ ਜਿਹੜੀ ਸੰਸਾਰ ਭਰ ਦਾ ਸਫ਼ਰ ਕਰਦੀ ਹੈ? ਜਦਕਿ ਉਹ ਇੱਕ ਕੋਨੇ ਵਿੱਚ ਰਹਿੰਦੀ ਹੈ। ਉਹ ਕਿਹੜੀ ਚੀਜ਼ ਹੈ?

ਉੱਤਰ : ਟਿਕਟ

- ਉੱਥੇ ਇੱਕ ਹਰਾ ਘਰ ਸੀ। ਹਰੇ ਘਰ ਦੇ ਅੰਦਰ ਇੱਕ ਚਿੱਟਾ ਘਰ ਸੀ। ਚਿੱਟੇ ਘਰ ਦੇ ਅੰਦਰ ਲਾਲ ਘਰ ਸੀ। ਲਾਲ ਘਰ ਵਿੱਚ ਬਹੁਤ ਸਾਰੇ ਬੱਚੇ ਸਨ। ਇਹ ਕੀ ਹੈ?

ਉੱਤਰ : ਤਰਬੂਜ

- ਕਿਸ ਕਿਸਮ ਦੇ ਰੁੱਖ ਨੂੰ ਅਸੀਂ ਆਪਣੇ ਹੱਥ ਵਿੱਚ ਲੈ ਸਕਦੇ ਹਾਂ?

ਉੱਤਰ : ਖਜੂਰ ਦਾ ਰੁੱਖ

- ਕਟੋਰੇ ਤੇ ਕਟੋਰਾ, ਮੁੰਡਾ ਪਿਓ ਤੋਂ ਵੀ ਗੋਰਾ?

ਉੱਤਰ : ਨਾਰੀਅਲ।



ਪਰਜਲੀ ਸੂਰੀ
ਸੱਤਵੀਂ-ਈ

ਦਾਨ ਦਾ ਫਲ

ਇੱਕ ਕੱਚੇ ਘਰ ਦੀ ਛੱਤ ਵਿੱਚ ਇੱਕ ਚਿੜੀਆਂ ਦਾ ਜੋੜਾ ਰਹਿੰਦਾ ਸੀ। ਇੱਕ ਦਿਨ ਉਹਨਾਂ ਨੇ ਸੋਚਿਆ ਕਿਉਂ ਨਾ ਇਸ ਮਾਲਕ ਦਾ ਕੁਝ ਫਲਾ ਕੀਤਾ ਜਾਵੇ। ਸੋ ਉਹਨਾਂ ਨੇ ਹਰ ਰੋਜ਼ ਇੱਕ-ਇੱਕ ਕਣਕ ਦਾ ਦਾਣਾ ਗੁਰੂ ਦੇ ਲੰਗਰ ਵਿੱਚ ਜਾ ਕੇ ਪਾਉਣਾ ਸ਼ੁਰੂ ਕਰ ਦਿੱਤਾ, ਇਸ ਦਾਨ ਦੇ ਸਦਕਾ ਗਰੀਬ ਮਾਲਕ ਦਿਨਾਂ ਵਿੱਚ ਹੀ ਅਮੀਰ ਹੋ ਗਿਆ। ਅਮੀਰ ਹੋ ਕੇ ਉਸ ਨੇ ਆਪਣਾ ਕੱਚਾ ਘਰ ਦਾਅ ਕੇ ਪੱਕਾ ਬਣਾ ਲਿਆ ਤੇ ਵਿਚਾਰਾ ਚਿੜੀਆਂ ਦਾ ਜੋੜਾ ਉਥੋਂ ਉੱਡ ਗਿਆ। ਹੋਇਆ ਕੀ ਅਮੀਰ ਕਿਸਾਨ ਫਿਰ ਤੋਂ ਗਰੀਬ ਹੋਣਾ ਸ਼ੁਰੂ ਹੋ ਗਿਆ ਤੇ ਅੱਤ ਦੀ ਗਰੀਬੀ ਆ ਗਈ ਤੇ ਉਸ ਦਾ ਘਰ ਵੀ ਵਿਕ ਗਿਆ। ਇਕ ਰਾਤ ਉਸ ਨੂੰ ਸੁਪਨੇ ਵਿੱਚ ਦਿਸਿਆ ਕਿ ਇਕ ਚਿੜੀਆਂ ਦਾ ਜੋੜਾ ਉਸ ਨੂੰ ਕਹਿ ਰਿਹਾ ਸੀ ਕਿ ਤੂੰ ਸਾਨੂੰ ਆਪਣੇ ਕੱਚੇ ਘਰ ਵਿੱਚ ਰਹਿਣ ਲਈ ਥਾਂ ਦਿੱਤੀ ਸੀ ਤੇ ਅਸੀਂ ਤੇਰੇ ਫਲੇ ਲਈ ਗੁਰੂ ਦੇ ਲੰਗਰ ਵਿੱਚ ਦਾਣਾ ਪਾਉਂਦੇ ਸੀ। ਜਦੋਂ ਤੂੰ ਪੱਕਾ ਘਰ ਬਣਾ ਕੇ ਉਥੋਂ ਸਾਨੂੰ ਕੱਚ ਦਿੱਤਾ ਤੇ ਲੰਗਰ ਵਿੱਚ ਦਾਣਾ ਪੈਣਾ ਬੰਦ ਹੋ ਗਿਆ। ਸੋ ਤੇਰੇ ਦਿਨ ਫਿਰ ਤੋਂ ਬਦਲਣ ਲੱਗੇ ਤੇ ਅੱਜ ਤੂੰ ਗਰੀਬ ਹੈਂ। ਇਹ ਦਾਨ ਦਾ ਫਲ ਹੈ।



ਕਾਵਯਾ ਖੁਰਾਨਾ
ਅੱਠਵੀਂ-ਸ਼੍ਰੀ

ਮਨ ਸ਼ਾਂਤ ਰੱਖਣ ਦੇ ਦਸ ਸੂਤਰ

- ★ ਕਿਸੇ ਦੇ ਕੰਮ ਵਿੱਚ ਉਦੋਂ ਤੱਕ ਦਖਲ ਨਾ ਦਿਓ, ਜਦੋਂ ਤੱਕ ਤੁਹਾਨੂੰ ਪੁੱਛਿਆ ਨਾ ਜਾਵੇ।
- ★ ਮੁਆਫ਼ ਕਰਨਾ ਸਿੱਖੋ ਅਤੇ ਬੁਰੀਆਂ ਗੱਲਾਂ ਨੂੰ ਜਲਦੀ ਭੁੱਲ ਦਿਓ।
- ★ ਪਹਿਚਾਣ ਪਾਉਣ ਦੀ ਲਾਲਸਾ ਨਾ ਰੱਖੋ।
- ★ ਈਰਖਾ ਦੀ ਭਾਵਨਾ ਤੋਂ ਬੱਚੋ।
- ★ ਹਰ ਰੋਜ਼ ਕੁੱਝ ਦੇਰ ਧਿਆਨ ਕਰੋ।
- ★ ਆਪਣੇ ਆਪ ਨੂੰ ਆਸ-ਪਾਸ ਦੇ ਮਾਹੌਲ ਵਿੱਚ ਢਾਲਣ ਦੀ ਕੋਸ਼ਿਸ਼ ਕਰੋ।
- ★ ਜੇ ਕਦੇ ਬਦਲ ਨਹੀਂ ਸਕਦਾ, ਉਸ ਨੂੰ ਸਹਿਣਾ ਸਿੱਖੋ।
- ★ ਕੋਈ ਅਜਿਹਾ ਕੰਮ ਨਾ ਕਰੋ, ਜਿਸਦੇ ਕਾਰਨ ਬਾਅਦ ਵਿੱਚ ਪਛਤਾਉਣਾ ਪਵੇ।
- ★ ਆਪਣੇ ਦਿਮਾਗ ਨੂੰ ਕਦੇ ਖਾਲੀ ਨਾ ਰੱਖੋ।
- ★ ਉਨ੍ਹਾਂ ਕੁ ਕੰਮ ਹੀ ਹੱਥ ਵਿੱਚ ਲਵੋ, ਜਿੰਨ੍ਹਾਂ ਪੂਰਾ ਕਰਨ ਦੀ ਸਮਰੱਥਾ ਹੋਵੇ।



ਆਯੁਸ਼ੀ ਕੁਪਤਾ
ਨੌਵੀਂ-ਬੀ

ਸ਼ਬਦਾਂ ਦੇ ਆਧੁਨਿਕ ਅਰਥ

ਚਾਹ	: ਕਲਯੁੱਗ ਦਾ ਅੰਮ੍ਰਿਤ
ਚਿੰਤਾ	: ਭਾਰ ਘਟਾਉਣ ਦੀ ਦਵਾਈ
ਕਾਲਜ	: ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਮੌਜ ਮਸਤੀ ਦਾ ਕਲੱਬ
ਦੁੱਖ	: ਰੋਂਬ ਨੂੰ ਯਾਦ ਕਰਨ ਦਾ ਮੌਸਮ
ਗਰੀਬੀ	: ਠੋਕਰਾਂ ਖਾਣ ਦਾ ਸੰਕੇਤ
ਵਿਦਵਾਨ	: ਅੱਜ ਦੇ ਜ਼ਮਾਨੇ ਦਾ ਬੇਵਕੂਫ਼
ਪੈਸੇ ਵਾਲਾ ਮੂਰਖ	: ਸਭ ਤੋਂ ਵੱਡਾ ਵਿਦਵਾਨ
ਸਿਨੇਮਾ	: ਭਾਰਤੀ ਸੰਸਕ੍ਰਿਤੀ ਨੂੰ ਵੇਚਣ ਵਾਲਾ ਵਪਾਰਕ ਕੇਂਦਰ
ਮਾਂ-ਬਾਪ	: ਜ਼ਰੂਰਤਾਂ ਦੀ ਪੂਰਤੀ ਦਾ ਸਾਧਨ
ਭੌਤਿਕਵਾਦ	: ਇਨਸਾਨੀ ਰਿਸ਼ਤਿਆਂ ਨੂੰ ਤੋੜਨ ਦਾ ਫਾਰਮੂਲਾ
ਰਾਜਨੀਤੀ	: ਅਮੀਰਾਂ ਦਾ ਖਿਡੌਣਾ
ਉਪਜਾਊ ਫ਼ਸਲ	: ਭ੍ਰਿਸ਼ਟਾਚਾਰ
ਅੰਗਰੇਜ਼ੀ	: ਵਿਅਕਤੀਤਵ ਨੂੰ ਉਭਾਰਨ ਦਾ ਸਾਧਨ



ਭਵਨੀਤ ਕੌਰ
ਦਸਵੀਂ-ਈ

MATHEMATICS

Editorial

Mathematics section of the magazine offers lively, readable and appealing exposition, on a wide range of mathematical topics.

I have always been fascinated by the connections between math and other disciplines. From my experience students are more motivated to learn mathematics when their connections are made in the classroom. This section is devoted to connecting maths with other disciplines and with the real world.



Sameer Gandhi
(PGT Maths)
Maths Editor

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Math Trick

$$\begin{aligned} 9 \times 9 + 7 &= 88 \\ 98 \times 9 + 6 &= 888 \\ 987 \times 9 + 5 &= 8888 \\ 9876 \times 9 + 4 &= 88888 \\ 98765 \times 9 + 3 &= 888888 \\ 987654 \times 9 + 2 &= 8888888 \\ 9876543 \times 9 + 1 &= 88888888 \\ 98765432 \times 9 + 0 &= 888888888 \\ 987654321 \times 9 - 1 &= 8888888888 \\ 9876543210 \times 9 - 2 &= 88888888888 \end{aligned}$$

$$\begin{aligned} 1 \times 8 + 1 &= 9 \\ 12 \times 8 + 2 &= 98 \\ 123 \times 8 + 3 &= 987 \\ 1234 \times 8 + 4 &= 9876 \\ 12345 \times 8 + 5 &= 98765 \\ 123456 \times 8 + 6 &= 987654 \\ 1234567 \times 8 + 7 &= 9876543 \\ 12345678 \times 8 + 8 &= 98765432 \\ 123456789 \times 8 + 9 &= 987654321 \end{aligned}$$



Lira Chawla
XI-A



Krishika Thakur
V-A

Mathematic Wedding Invitation

Sh. Addition and Smt. Subtraction request you to come in their's son's wedding.

Multiply
with
Divide

(Grand Daughter of Sh. Rectangle and Smt. Triangle at their residence)

$$8 + 32 \times 1 + 0 = 9$$

Polygon Bazar, Ludhiana, as per program.

Monday

1st February, 2017 = Ladies Sangeet = $4 + 4 = 8$ pm

Tuesday

2nd February, 2017 = Lunch = $4 \times 3 = 12$ noon

Sehra Bandi = $2 \times 3 = 6$ pm

Wednesday

3th February, 2017 = Departure of Baraat = $3 \times 3 = 9$ pm

R.S.V.P

From:

All the members of mathematical geometry

Sh. Geometry

Sh. Time

Sh. Money

Compliments



SOMETHING INTERESTING



A mathematical wonder:

- $111,111,111 \times 111,111,111 = 12,345,678,987,654,321$.
- 2520 is the smallest number that can be exactly divided by all numbers from 1 to 10.
- "Geometry" is derived from a Greek word "Geo" meaning 'earth' & "Metria" meaning 'Measure'.
- Pythagorean theorem was made by a Greek mathematician around 500 BC.
- Letters 'b' & 'c' do not appear anywhere in the spelling numbers 1 to 999,999,999.
- The largest prime number ever found is more than 22 million digits long.
- The word "Google" comes from "googol" which number in which 1 is followed by 100 zeros.



Prisha Talwar
VIII-E

How to Write Table of Any Two Digit Number



For example Table of 87:

First write down table of 8 then write down table of 7 beside

8	7		87
16	14	(16+1)	174
24	21	(24+2)	261
32	28	(32+2)	348
40	35	(40+3)	435
48	42	(48+4)	522
56	49	(56+4)	609
64	56	(64+5)	696
72	63	(72+6)	783
80	70	(80+7)	870

This way one can make tables from 10 to 99.



Jaspal Kaur
VI-A

Amazing Facts About Mathematics

Zero (0) is the only number which cannot be represented in Roman Numbers.

40 when written "Forty" is the only number with letters in alphabetical order, while "One" is the only with letters in reverse order.

From 0 to 1,000 the letter "A" only appears in 1,000 (One Thousand).

12,345,678,987,654,321 is the product of $111,111,111 \times 111,111,111$. Notice the sequence of the numbers 1 to 9 and back to 1.

2 and 5 are the only primes that end in 2 or 5.

An Icosagon is a shape with 20 sides.

What comes after a million, billion and trillion? aquadrillion, quintillion, sextillion, septillion, octillion, nonillion, decillion and undecillion.

Do you know the magic of No. 9? Multiply any number with (9) and then sum all individual digits of the result (product) to make it single digit, the sum of all these individual digits would always be nine (9).



Kashid Chopra
VI-A

Amazing Calculations

1. Everyone can multiply by a two digit number by 11 but how quickly..

Step1: Consider the original number and imagine a space between two digits.

Step 2: Then, add the two digits and put the sum in the space. Example: 52×11

Step1: Write 52 as 5 _ 2.

Step 2: Then, $5(5+2)2=572$. Try 49×11

2. Square root of a perfect square

Example: $\sqrt{5184}$

Step1: Pair the numbers from right to left 5184. We get two pairs. Therefore, the answer is a 2 digit number.

Step 2: Find a number whose square is the nearest to first pair 51. Square of 7 = 49 and square of 8 = 64. 49 is less than 51. Therefore first digit of square root is 7.

Step 3: Look at the last digit which is 4 of this number 5184. As the square of 2 = 4 and square of 8 = 64 both end with 4, the answer could be 72 or 78.

Step 4: As we know square of 75 = 5625 greater than 5184, $\sqrt{5184}$ is below 75. So, $\sqrt{5184} = 72$

3. Multiplication of a Three digit numbers $175 \times 157 = ?$
The result of multiplication of three digit number is $175 \times 157 = 27475$.

Step1: Multiply $(5 \times 7) = 35$ (note down 5 carry 3)

Step 2: Then do cross multiplication $(7 \times 7 + 5 \times 5 + 3 \text{ (add carry)}) = 77$ (note down 7 carry 7).

Step 3: Again $(1 \times 7 + 1 \times 5 + 7 \times 5 + 7 \text{ (add carry)}) = 54$ (note down 4 carry 5).

Step 4: Do cross multiplication and add carry $(1 \times 5 + 1 \times 7 + 5 \text{ (add carry)}) = 17$ (note down 7 carry 1).

Step 5: Again $(1 \times 1 + 1) = 2$, note down and finally the result we get 27475.

4. Multiplication of any two numbers, lies between 11 and 19.

Add first number and last digit of the second number, take zero in the third place of this number, then add product of last digit of the two numbers in it. Let me explain this rule by taking example $13 \times 19 = ? = (13 \times 9) \times 10 + (3 \times 9) = 220 + 27 = 247$.

5. Multiplication of a Three digit and Two digit numbers - $295 \times 19 = ?$

The result of multiplication of three and two digit number is $295 \times 19 = 5605$.

Step 1: Multiply $5 \times 9 = 45$ (note down 5 and carry 4).

Step 2: Then do cross multiplication and add carry $(9 \times 9 + 5 \times 1 + 4) = 90$ (note down 0 and carry 9).

Step 3: Again do cross multiplication and add carry $(2 \times 9 + 1 \times 9 + 9) = 36$ (note down 6 and carry 3).

Step 4: Now multiply of left numbers and add carry $(2 \times 1 + 3) = 5$, note it down, and finally the result we get 5605.

Math Trick

One, Two, Three

$$1 \times 1 = 1$$

$$11 \times 11 = 121$$

$$111 \times 111 = 12321$$

$$1111 \times 1111 = 1234321$$

$$11111 \times 11111 = 123454321$$

$$111111 \times 111111 = 12345654321$$

$$1111111 \times 1111111 = 1234567654321$$

$$11111111 \times 11111111 = 123456787654321$$

$$111111111 \times 111111111 = 12345678987654321$$

$$1 \times 9 + 2 = 11$$

$$12 \times 9 + 3 = 111$$

$$123 \times 9 + 4 = 1111$$

$$1234 \times 9 + 5 = 11111$$

$$12345 \times 9 + 6 = 111111$$

$$123456 \times 9 + 7 = 1111111$$

$$1234567 \times 9 + 8 = 11111111$$

$$12345678 \times 9 + 9 = 111111111$$

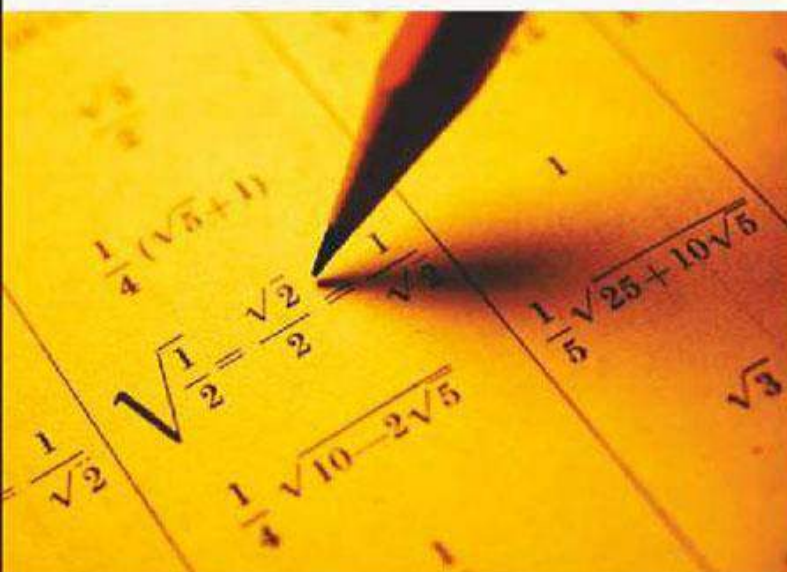
$$123456789 \times 9 + 10 = 1111111111$$

Sifat Kaur
XI-D



Tushar Kanda
VIII - E





Beat The Calculator

1. How to divide a large number by 5 in seconds?

Step 1: Multiply the number by 2.

Step 2: Move the decimal point in the product one place to the left.

Example: $195/5$

Step 1: $195 \times 2 = 390.0$

Step 2: Move the decimal one place to the left: 39.0

2. Squaring a number ending in 5

Step 1: Multiply the successor of ten's digit of the number with ten's digit.

Step 2: Square 5 to get 25

Example: Square of 25

Step 1: Multiply ten's digit 2 with its successor 3, $2 \times 3 = 6$.

Step 2: Square 5 = 25 so, square of 25 = 625.

3. Square of 100 base method

Step 1: First we know that 982 is double of 98 that is = $98 \times 98 = ?$ At first we count the number of less from 100.

Step 2: Now we are going to multiply $2 \times 2 = 4$ and note down this 4 (that comes from both less 98×98 from 100).

Step 3: Put one Zero left from 4 and now subtract the less number is 2 from 98 that is $(98 - 2) = 96$ and the answer is 9604.

4. Multiply up to 20×20 in your Head

Step 1: Take 15×13 for an example. Always place the larger number of the two in your mind.

Step 2: First add the number kept in mind to the larger digit in the other number ($15 + 3 = 18$).

Step 3: Add a zero behind it (multiply by 10) to get 180.

Step 4: Multiply the greater digit in both numbers ($3 \times 5 = 15$)

Step 5: Add $180 + 15 = 195$.

Why We Need Mathematics

Mathematics is very useful in our day-to-day life. It help us to perform many of our tasks.

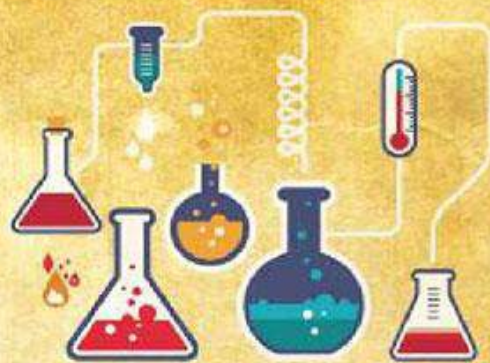
1. With basic mathematical skills, we can keep record of our day-to-day expenses.
2. We can make budgets and preplan our expenditures with the help of mathematics.
3. We can forecast sales and profit by applying mathematical tools. It facilitates us to do business in an efficient way.
4. We become more systematic in our approach while dealing with others.
5. Mathematics facilitates business transactions. The value of purchases and sales are recorded using mathematics.
6. Mathematics helps in developing the problem solving approach.
7. We can have exact measure of vegetables, spices, flour etc. while cooking food.
8. A carpenter accurately measures the length and breadth of the wood and ply-board while making furniture.
9. Basic mathematical calculations helps train and develop a child's mind.
10. Knowledge of mathematics is indispensable for all.



Varesh Goyal
VI-D



Jaskaran Singh Bhatia
VIII-E



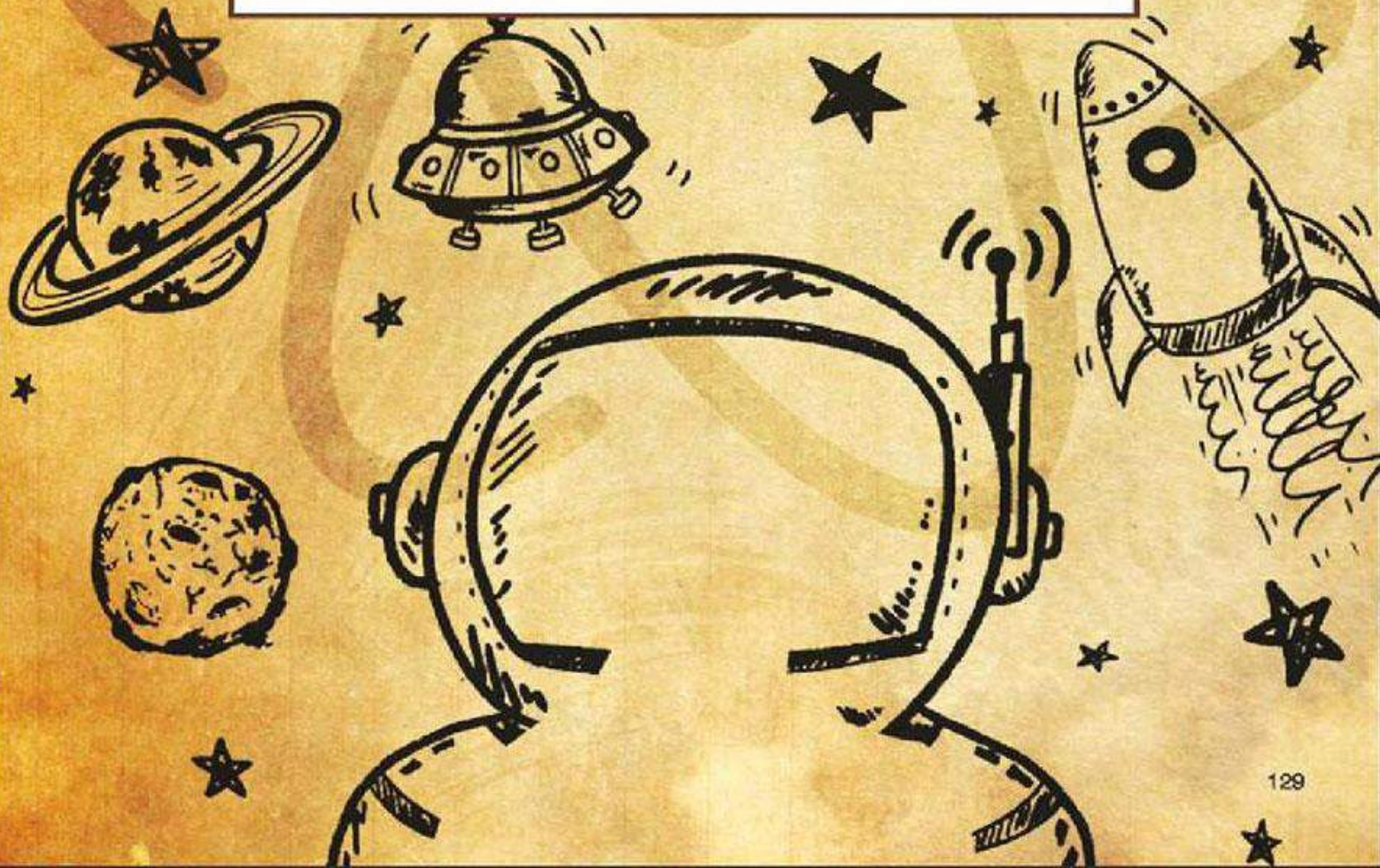
EUPHORIA

Editorial

Science is the poetry of reality. Science is simply the word we use to describe as a method of organizing our curiosity. The important thing is to never stop questioning, as it is said – Childhood being the best school and curiosity being the best teacher. Give your imagination the wings of science. Imagine, Invent and Inspire.



Nidhi Sharma



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DRDO

Moving Towards Self Reliance

India, one of the biggest democracies in the world, has been ruled by a multitude of rulers, from different backgrounds. It was due to the weak defence system of our country that it was captured by every ruler that came by. But today no one can dare to attack India in the presence of its leading defence systems. The initiative to provide technological solutions to the services, to optimise combat effectiveness and to promote the well being of the troops has been taken up by the DRDO.

and the Directorate of Technical Development and Production (DTDP) with the Defence Science Organization (DSO). It began with a modest facility of only 10 laboratories, but today, it has a network of over 50 laboratories all over the country, all working dedicatedly towards enhancing self reliance in defence systems and undertaking design and development leading to production of the world class weaponry systems and equipments in accordance with the expressed needs and the

defence tools and organizations started in our country. It truly said, 'THE FRUIT OF PATIENCE IS SWEET'. We have this outcome in the form of our nuclear weapons which was the result of the combined efforts of the government, the scientists and the defence. For enhancing our weapons and artillery, DRDO has played a vital role and has placed itself at India's service, whenever required.

Today, we all can proudly lift our heads high and face any country of the world. The various armaments and equipments launched by the DRDO have been responsible for the indigenization of key defence stores and equipments. DRDO has assisted the Hindustan Aeronautics Ltd and the IAF with the produce and supply of spares and assemblies for several aircrafts. It has collaborated with academic institutes, the CSIR and even ISRO. Its infrastructure is also utilized by other research organizations in India. DRDO often cooperates with the state owned OFB (Ordinance Factory Board) for producing its items. These have to led issues of marginal quality control for some items and time consuming rectification.

Besides the armaments and various radars, like the INSAS rifles and the Indra Radar etc, it has developed tactical tools to root out the enemy. Once under the leadership of our former President Dr. APJ Abdul Kalam, DRDO in cooperation with the BEL and private industry has developed several critical C3I (Command, Control, Communications and Intelligence).



DRDO which stands for Defence Research & Development Organization, is an integral and indispensable part of the nation which works behind the scene so as to ensure a continuous yield of infrastructure, committed quality manpower and strong indigenous technology base.

DRDO was formed in 1958 with the amalgamation of the then already functioning Technical Development Establishment (TDES) of the Indian Army

qualitative requirement laid down by the three forces.

Its inventions include small armaments to big tanks, missiles and torpedoes. In the past, India had to depend on other countries for security but the invention of various armaments has made it self reliant in defending itself.

From the late 1960's India has stressed the need for total disarmament. But, due to security reasons, India had to deviate from its path and thus, the age of



Richima
VII-B

SpaceX

- A NEW ERA OF ROCKET SCIENCE

SpaceX believes a fully and rapidly reusable rocket is the pivotal breakthrough needed to substantially reduce the cost of space access. The majority of the launch cost comes from building the rocket, which flies only once. Compare that to a commercial airliner - each new plane costs about the same as Falcon 9, but can fly multiple times per day, and conduct tens of thousands of flights over its lifetime. Following the commercial model, a rapidly reusable space launch vehicle could reduce the cost of traveling to a space by a hundredfold.

While most rockets are designed to burn up on re-entry, SpaceX rockets are designed not only to withstand re-entry, but also to return to the launch pad or ocean landing site for a vertical landing. Through reusability testing during flight and on the ground in McGregor, Texas, SpaceX has made great strides toward this goal.

In order to re-fly stage, it must first return safely to Earth after delivering the second stage and payload to orbit. Current efforts are focused on re-entering the first stage through Earth's atmosphere and conducting precision landings - initially on an autonomous space-port drone ship at sea, and eventually on land.

In 2014, SpaceX twice re-entered a Falcon 9 first stage from space and landed it in the Atlantic Ocean. Using lessons learned from those attempts, in January 2015 SpaceX attempted a precision landing on the drone ship, but landed hard. SpaceX attempted a second precision landing the following month, this time over water, and the rocket impressively came within 10 meters of its target.

Unfortunately, extreme weather prevented recovery.

Falcon 9's first stage landed on the drone ship for the first time, within 10 meters of its target in April 2015. This time, however, high lateral velocity at landing prevented recovery.

SpaceX will continue to attempt landings whenever the mission profile allows, and with a launch rate of one per month, we are confident that a first stage will soon land on a drone ship in the ocean, and not long after, on land.

In 2014, SpaceX conducted testing of the F9R development test vehicle - an advanced prototype for the reusable Falcon 9. The F9R test vehicle is essentially a Falcon 9 first stage with landing legs designed to test the precision landing techniques needed to return a rocket to Earth intact. F9R completed successively higher tests in McGregor, Texas topping out with a 1000m

"If one can figure out how to effectively reuse rockets just like airplanes, the cost of access to space will be reduced by as much as a factor of a hundred. A fully reusable vehicle has never been done before. That really is the fundamental breakthrough needed to revolutionize access to space."

- Elon Musk



testing steerable grid fins. These tests provided invaluable information for the future flight testing.

Vivek Malhan
XII-A



THE WORLD OF SCIENCE

Today's modern times are bubbling with feats of science and technology. With the aid of science, man has made his life much more comfortable and cozy. But if we may as well be so bold to ask - when did science begin? How was it started? What is its history?

Perhaps when early humans, more than a million year ago, picked up rocks and chipped them to form stone tools, they noticed that a particular type of rock produced a cleaner, sharper edge than the other types. This was one of the first trial and error series of experiments. Materials scientists do the same today, formulating the latest metal alloys and tailor - made composites for special purposes. Science is supposed to progress in a logical, rational, step by step way known as scientific method. We have an idea, a hypothesis or a theory. The reality however is rather different. People have sudden insights and flashes of inspirations that can cause a scientific revolution.

There are many branches or fields of science. These are physical, chemical and biological. Physical science explains to us how things around us and we ourselves act and react. Chemical branch of science reveals to us the secrets of what was earlier known as "Magic" and Biological science helps us to know about all that has "Life" around us. Man has made incredible progress in all these fields resulting in some amazing discoveries that have turned the tide for mankind as a whole.

To begin with the physics branch of science, that deals with matter, energy, motion and the structure of the Universe. It is also concerned with machinery and technology. Energy is the ability to make things happen and cause changes. It exists in many forms such as sound, light, heat, electricity and chemical etc. From a "simple pendulum" to a "racing bullet train", all



the movement revolves around physics. Using the laws of physics as a base, man has invented various machines to make life easier and faster like steam engine, electricity generator, solar panels, automobiles, pulleys, missiles etc. Humans are becoming capable of accomplishing amazing feats all by making use of laws of physics.

The next stop is chemistry or the chemical branch of science, which includes study of substances or chemicals, what they are made of and how they differ from each other, their properties and features. All substances, matter and chemicals; from a pin-head to a star; are made of atoms. Small atoms combine together to form larger objects. With this area of science, we have learned about the building block of all matter, i.e. atom. Scientists have studied elements and are still searching for more. Many valuable products such as gold, diamonds, silver, steel etc are improved with discoveries in this field.

The biological branch of science or biology covers life and living things in all their forms, from microscopic germs to giant redwood trees and blue whales.

The research and discoveries in this field have revealed about the many wonders of nature, the secrets of human body and facts about organisms of every size, color and type possible. The work in this area has made it possible today to find measures to prevent humans from some diseases and medicines and procedures to cure others.

Science is present in almost all aspects of our daily life nowadays. People make use of science without even realizing it. From water running in our taps to a jumbo jet flying 50,000 m high the sky or a submarine deep within the bowels of the ocean, all is made possible with the aid of science. Our world is fast turning into the 'The World of Science' with simple incident like falling of apple and swinging of lamp triggering the revolution.



Valbhav Sharma
X - E

Does Mobile Phone Towers Cause Cancer?

There is no escaping the fact that cell phone usage exposes us to some amount of radiation, from both mobile towers and cell phones, but these levels of emission are highly regulated. What's important to note is that there are two types of radiation; ionizing, non-ionizing. While ionizing radiation, like that from X-rays can cause alterations in DNA and cause cancer, non-ionizing radiation is of a very low energy level and only generates heat.

Mobile towers use non-ionizing radiation that does not pose cancer risk, but it's important to be doubly sure when it's your health at stake, which is why there have been several studies into the risks.

According to reputed oncologist Dr. Shekhar Salkar, president of Gokarna Oncology Medical Trust, "We have gone through every data point and have not found even a single significant bad aspect of mobile towers linking them to cancer. The mobile towers are not carcinogenic."

"Studies have shown that cancer risk from mobile usage is only associated with prolonged daily use – mobile tower emissions on the other hand are 1,000 times lower than that mobile phones, which means risk is much lower."

Numerous studies including one conducted by researchers at the University of Essex found that cellular towers or phone masts were unlikely to be self-reported symptoms.

Moreover, the risk between mobile towers and cancer or other symptoms has only been propounded by self-report surveys that are vulnerable to the nocebo effect (basically negative reaction to a placebo or perceived exposure).



Mobile Tower Safety In India

While we are accustomed to poor enforcement and weak norms on industrial regulation and safety in India, the telecom sector is strictly regulated in the country.

It should also be pointed out that India's safety regulations are around 10 times more stringent than the International Commission on Non-ionizing Radiation Protection Standard, which are followed by 90 percent of the countries.

So, the next time you run into conspiracy theorists and anti-mobile tower crusaders, treat their claims with skepticism and closely examine the evidence yourself.



Neerav Sharma
XI - B

AIDS



Human immunodeficiency virus infection/acquired immunodeficiency syndrome (HIV/AIDS) is a disease of the human immune system caused by the human immunodeficiency virus (HIV). During the initial infection a person may experience a brief period of influenza-like illness.

This is typically followed by a prolonged period without symptoms. As the illness progresses it interferes more and more with the immune system, making people much more likely to get infections, including opportunistic infections and tumors that do not usually affect people with working immune systems.

Genetic research indicates that HIV originated in west-central Africa during the early twentieth century. AIDS was first recognized by the Centers for Disease Control and Prevention (CDC) in 1981 and its cause, HIV infection was identified in the early part of the decade.

Since its discovery, AIDS has caused nearly 30 million deaths (as of 2009). As of 2010, approximately 34 million people have contracted HIV globally. AIDS is considered a pandemic – a disease outbreak which is present over a large area and is actively spreading.

HIV/AIDS has had a great impact in society, both as an illness and as a source of discrimination. This disease also has significant economic impacts. There are many misconceptions about HIV/AIDS such as the belief that can be transmitted by casual non-sexual contact. The disease has also become subject to many controversies involving religion.



Ashray Sadana
VIII - B

It's Amazing



1. Dolphins sleep with only half of their brain and one eye open so they can watch for their predators and other threats.
2. Scorpions can hold their breath upto 6 days.
3. The grizzly bear can run as fast as an average horse.
4. An electric eel is known to produce electricity sufficient enough to light up 10 bulbs.
5. A beaver's teeth grow continuously throughout their life.
6. Cockroaches can survive upto several weeks without their heads.
7. World's smallest poisonous frog is less than a centimeter long and its skin is 200 times more toxic than morphine.
8. At 189 decibels, the calls of blue whales are the loudest sound made by any animal on the planet.
9. Kiwis are the only birds that have nostrils on the tip of their beak.
10. Humming birds cannot walk.

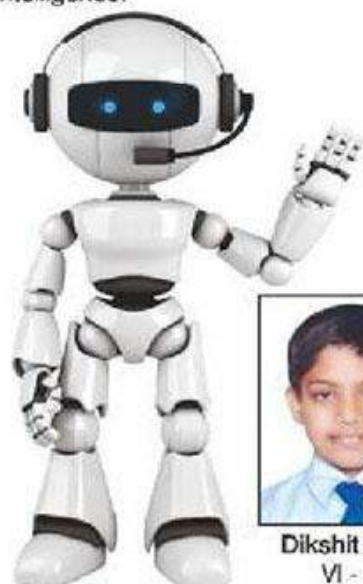


Nandini Kakkar
VII - E

ROBOTS

Robots are machines that can carry out a variety of tasks on their own, with little or no human control. Most robots are mechanical arms use to build things in factories. The end of the robots arm can be fit with different tools of gripping, drilling, cutting, welding and painting. Robots toys became popular, too. They incorporate sensors that respond to sound and some times touch. Some of them can even understand spoken words. Scientists are also trying to create more advanced, human like robots that can see, hear, learn and make their own decisions. ASIMO, a robot developed by Japanese car manufacturer Honda is one of these advanced humanoid robots. ASIMO stands for Advanced Step in Innovative Mobility. It's look is like a small astronaut wearing a backpack. ASIMO can walk, talk,

carry things, recognize familiar faces and respond to it's name. It was the first Robot that could walk independently and climb stairs. There are robots toys too, in the shape of animals with simple artificial intelligence.



Dikshit Garg
VI - D

Life of a Star

Stars are born in clouds of dust and gas called nebulae. Astronomers can see these clouds as shining patches in the night in the sky or dark patches against distant stars. These clouds shrink as gravity pulls the dust and gas together. At the center, the gas gets hotter and hotter until a new star is born. This energy makes the star shine. Young stars often stay together in clusters. Smaller stars live much longer than the huge stars. Stars use up their gas to make energy, and largest stars use up their gas much faster than smaller stars. A large star can make energy faster and get much hotter than the smaller star. This gives them a very bright, bluish-white color. Smaller stars are cooler. This makes them look red and shine less brightly. Stars begin to die when they run out of gas to make energy. At the end of their lives, stars swell up into red giants stars or even large super-giants. Very heavy stars end their lives in huge explosion called SUPERNOVA. This explosion blows away all the outer parts of the star. After supernova, largest stars may end up as blackholes. This explosion makes the gas rush outwards in all directions making a glowing shell.



Dilpreet Kaur
X-C

Celiac Disease

1. What is Celiac Disease (CD) ?

Celiac Disease is a disorder that causes problems in the intestines when one eats gluten, which is present in wheat, barely, rye and to a lower extent oats (WBRO). The offering protein, gluten, sets off an autoimmune response that causes damage to small intestine. This in turn leads to its inability to absorb the nutrients found in food leading in malnutrition and a variety of other complications.

2. How does one 'catch' Celiac Disease ?

Celiac Disease 'cannot be caught' but rather the potential for CD may be in the body from the birth. It is not known exactly what activates the disease; however, few things are required for a person to develop CD,

- ✦ Genetic disposition i.e. being born with the necessary genes.
- ✦ A trigger: not fully understood; some environmental, emotional or physical event in one's life.
- ✦ A diet containing WBRO or any of their derivatives.
- ✦ CD is a genetic, inheritable disease, not simply a food allergy.

3. How can Celiac Disease be present ?

In children, symptoms include long lasting or reoccurring diarrhoea; pale, foul smelling, greasy stools; painful abdominal distention; weight loss; irritability and failure to grow normally or delayed growth. In adults diarrhoea, abdominal distention, infertility, JOINT PAINS, depression, skin rash, tooth dis-colouration occurs.

4. How is Celiac Disease Diagnosed ?

Blood tests to look specific antibodies (anti-tissue transglutaminase) are used to diagnose celiac disease. If doctor suspects celiac disease, he may recommend a biopsy of intestine.

5. How can Celiac Disease be treated ?

Effective treatment is simple; just eliminate gluten from the diet, the intestinal damage will be cured over time and the symptoms will go away. The treatment is for indefinite time period.

6. What happens if the person with CD continues to consume wheat ?

CD can lead to severe malnutrition and can put one at risk of serious consequences including osteoporosis, anaemia, infertility, neuropathy, GI cancers.

7. How to assess that you are improving with treatment ?

Over all there is a sense of well being. Generally, weight and anaemia improves within few weeks. Blood tests and intestinal changes also recover gradually.

DIETARY TIPS

1. Eat a meal that does not contain wheat, rye, barely and their products.
2. Never indulge in occasional intake of gluten containing diets.
3. This treatment has to be adhered to lifelong.
4. Always read the label of commercial foods before purchasing.
5. While going for parties Inform the host well in advance about your intolerance for gluten.



Jiteshwar Singh
VI - A



FACT FILE



1. Sound travels through water 3 times faster than air.
2. Liquid air loops like water with bluish tint.
3. It takes 8 minutes 17 seconds for light to travel from the sun's surface to the earth.
4. Every year over one million earthquakes shake the earth.

5. There are 60,000 miles of blood vessels in the human body.
6. The universe contains over 100 billion galaxies.
7. Every hour the universe expands by a million miles in all directions.



Harshinder Kaur
VI - B

Article on Science

Science and Technology is the basis of modern civilization. The age in which we live can rightly be called the age of science and technology.

The progress of science and technology has made many useful achievements in every field of our life.

In everyday life, we enjoy various gifts of science and technology that have made our life more easy and comfortable than before.

The morning newspaper which brings to us all important news of the whole world is a product of science.

For daily comforts science has given us the electric light, the electric fan, the refrigerator and the oven etc.

Science and Technology has made our means of communication and transport very easy. They use advanced technology and carry us to distant places.

- It also provides us with some means of amusement like radio and televisions.
- Many life giving medicines that cure our diseases are also gift of science.
- How satellites are sent to the sky to bring many informations.
- Man has even been able to set foot on the moon and know many things about other planets.

All the above wonders have been possible only due to development of science and technology.

The relationship between religion and science has been a subject of study since classical antiquity, addressed by scientists and other perspectives from different geographical regions, cultures and historical epoches are diverse with some characterizing the relationship as one of conflicts and others describing it as one of harmony, and others proposing little interaction.

"When a child says science is Boring, I cringe Science is the world and that's far from Boring"



Seerat Kalra
VI - B

Our Precious Earth

The Earth was formed about 4.7 billion years ago. The Earth is the luckiest as it is the only planet where life is possible. Life in its most beautiful forms like humans, plants, animals and marine life is developed here.

The evolution of people and animals was only possible because of plants. Plants are the base of the food chain and the source of energy for almost all life on Earth. Forests are ancient, mature communities of plants and animals with homes and places for thousands of species.

We can't say that the Earth belongs to human beings: Living things were using it for billions of years, before our own species showed up just some five million years ago. Before 500 A.D, man had a good relationship with Mother Earth.

But since humans developed cities and industries, the modern lifestyle has changed. Man has been using and misusing natural resources. Human race forgot to acknowledge the earth and used its resources ruthlessly.

Over the centuries we have developed the earth's resources. Our ignorance has caused many problems like

depletion of ozone layer, death of river, global warming etc. The snow at both the poles has started melting because of rising temperature in the air.

Through deforestation, urbanization, industrialization and pollution our environment is being destroyed. Flows of energy, nutrients and other elements are disrupted. Global warming and climate change are the major threats to Earth and all human beings.

We should avoid depletion of natural resources and start taking small steps like planting more trees, conserving water and electricity and reducing usage of fossil fuels like coal, petrol and diesel etc. If we don't take rigorous steps, our mother earth can take revenge from us in the form of cyclones, floods, cloud bursts, earthquakes and sudden fires.

So, let us take a pledge that we should conserve water, dispose garbage in a proper way, recycle things and preserve the natural resources for our future generation.

Our small effort would make our earth clean and green.



Akul Sharma
VI - A

WHAT IS COALESCING

Coalesce means to come and grow into single mass. In extremely cold regions, the water in rivers, ponds, etc. gets frozen and changes into ice. On this ice, how it is possible for the people to slide with the help of a special footwear known as ice-skates? Can you explain the reason behind it?

In the game of ice-skating, the weight of the entire body of the skater gets concentrated on the iron strips fixed below the ice skates; which exerts pressure on the ice and produces heat. This heat melts the ice, and ice starts acting as a lubricant to help the skates slide.



Udaybir Singh
VI - D



STRANGE PHENOMENA in Matter's Flatlands

David Thouless, Duncan Haldane and Michael Kosterlitz have used advanced mathematical methods to explain strange phenomena in unusual phases (or states) of matter, such as superconductors, superfluids or thin magnetic films. Kosterlitz and Thouless have studied phenomena that arise in a flat world - on surfaces or inside extremely thin layers that can be considered two-dimensional, compared to the three dimensions (length, width and height) with which reality is usually described. Haldane has also studied matter that forms threads so thin can be considered one-dimensional.

The three laureates sought to understand matter that is so cold or so thin that weird quantum effects overpower the random atomic jostling that dominates ordinary existence.

Superconductivity, in which all electrical resistance vanishes in matter, is one example of such an effect.

The key to their success was something called topology, a branch of mathematics focused on the fundamental shapes of things. At the Nobel news conference in Stockholm, Thors Hans Hansson, a member of the Nobel Physics committee, tried to illustrate topology by holding up a cinnamon bun, a bagel and a pretzel.

To a topologist, he said, the only difference between them is the number of holes, as opposed to the characteristics an average person might notice, like saltiness or sweetness. There is no such thing as a half hole, the topologist would note, and the number of holes only changes stepwise in integers.

Likewise, the macroscopic properties of exotic matter change in stepwise "quantum leaps" if the materials involved are thin or small



enough that their behavior is determined by the strange rules that govern the behavior of atoms.

An example is the quantum Hall effect, in which the electrical resistance of a thin film changes in stepwise fashion. In 1983, Dr. Thouless was able to link these changes mathematically to the so-called Chern numbers - after the mathematician Shiing-Shen Chern - that characterize topological shapes.

Dr. Haldane used a similar technique to analyze the properties of chains of atoms so skinny that they could be considered one-dimensional threads. Someday, they may be the basis of new kind of computer.

In the last decade, this work has led to the development of materials called topological insulators, which conduct electricity on their surfaces but not inside.

"They have ignited a fire-storm of research, and although applications are still yet to come, I believe it's only a matter of time before their research leads to advances as unimaginable to us now as lasers and computer chips were a hundred years ago", said Laura H. Greene, president-elect of the American Physical Society.



Kartikeya Arora
X - E



10 Interesting Facts About Science

1. If you apply an electric current to a pickle, the salt water in it acts as conductor and will cause the pickle to glow in the dark.
2. The wind on Neptune is so fast it breaks the sound barrier.
3. Every minute, you travel 12,000 miles in space that's just while standing still.
4. The Giant Squid has a donut shaped brain that encircles the oesophagus. If it ingests anything too large, it risks the brain injury.
5. There are approximately 7,000,000,000,000,000,000,000,000 atoms in human body.
6. If Earth were to suddenly stop spinning, inertia would cause everything including ocean water - to jerk sideways at 1,600 kmph.
7. The human brain (when awake) produces enough electricity to power 40 watt lightbulb for 24 hours.
8. There is a type of jellyfish that lives forever.
9. If you hold up a grain of sand, the patch of sky it covers contains about 10,000 galaxies.



Ranvir Singh Grewal
VII - C

10. Space smells like a combination of hot metal, fuel and barbecued meat.



Self-Driving Cars

A self-driving car is capable of sensing its environment and navigation without human input. To accomplish this task each vehicle is usually outfit with a GPS unit, an inertial navigation system and a range of sensors including laser range finders, radar and video. The vehicle uses positional information from GPS and inertial navigation system to localize itself and

sensor data to refine its position, estimate as well as to built a three dimensional figure of its environment.

Data from each sensor is filtered to remove noise and often fused with their data sources to augment the original image. How the vehicle subsequently uses this data to make navigation decision is determined by its control system.

The majority of self driving control systems implement a deliberative architecture meaning they are capable of making intelligent decisions by maintaining internal map of the world.

Using those maps to find an optimal path to their destination that avoids obstacles (e.g. road structures, pedestrians and other vehicles) from a set of possible paths. Once the vehicle determines the best path to take, the decision is dissected into commands which are fed to vehicle actuators. These actuators control the vehicles steering, braking and throttle.

The process of localization, mapping obstacle avoidance and path planning is repeated multiple times each second on powerful on board processors until the vehicle reaches its destination. Tesla, Nissan and Goggle are working on this project and we may see these cars on road by 2020.



Ishaan Sodhi
VI - A

DEEP-SPACE MISSION TO METAL ASTEROID

SUMMARY - Scientists are planning to send a deep-space probe to a metal asteroid, enabling them to see what is believed to be a planetary core. Psyche, an asteroid orbiting the sun between Mars and Jupiter, is made almost entirely of nickel-iron metal.

The mission's spacecraft is expected to launch in 2023, arriving at the asteroid in 2030, where it will spend 20 months in orbit, mapping it and studying its properties.

It will be part of NASA's Discovery Program, a series of lower-cost highly focused robotic space missions that are exploring the solar system. The Psyche Project is capped at \$450 million.

"This mission, visiting the

asteroid Psyche, will be the first time humans will ever be able to see a planetary core," said principal investigator Lindy Elkins-Tanton, director of ASU's School of Earth and Space Exploration (SESE). "Having the Psyche Mission selected for NASA's Discovery Program will help us gain insights into the metal interior of all Psyche, an asteroid orbiting of all rocky planets in our solar system, including Earth."

Psyche, an asteroid orbiting the sun between Mars and Jupiter, is made almost entirely of nickel-iron metal. As such, it offers a unique look into the violent collisions that created Earth and the other terrestrial planets. The scientific goals



of the Psyche mission are to understand the building blocks of planet formation and explore firsthand a wholly new and unexplored type of world. The mission team seeks to determine whether Psyche is a protoplanetary core, how did it is, whether it formed in similar ways to Earth's core, and what its surface is like. "The knowledge this mission will create has the potential to affect our thinking about planetary science for

generations to come," ASU President Micheal M. Crow said, "We are in a new era of exploration of our solar system with new public-private sector partnerships helping unlock new worlds of discovery, and ASU will be at the forefront of that research."



Jia Bansal
VIII - B

Dwarf Planet *Pluto*

Is Pluto a Planet???
Apparently not
NASA called it a Planet
But now it does not!!!
A Planet one time,
The 9th Planet from the Sun,
But now it is denoted,
Its little undone,
Hard rock and cold ice,
With Irls and ceres,
It shares a strange place,
It's called Dwarf Planet,
Orbits the skies,
But not a true Planet,
Based on its size!!!!



Ishleen Kaur
VI - E

Wander of Science

The Wonders of science,
As it evolves in time,
Diseases hard to cure,
Overtime are cured.
We have to pray for these doctors,
That work day and night,
Trying to find answers and cures
For what kills many today.
Their record is marvellous,
When you look back at what they
have accomplished,
Incurring diseases that once had
no cure.



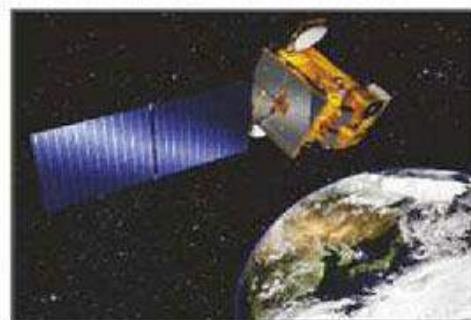
Chhavi Chitkara
VI - E

INSAT-3A (Artificial Satellite of India)

INSAT-3A, a multipurpose satellite was built by ISRO and launched by ARIANE in April 2003. It is located at 93.5 degree east longitude. It is third satellite in INSAT-3 series after INSAT-3B and INSAT-3C. It is built at a cost of 53 million, it provides weather, search and rescue services. INSAT-3A was launched at 22.5 UTC from KOUROU, FRENCH GUYANA.

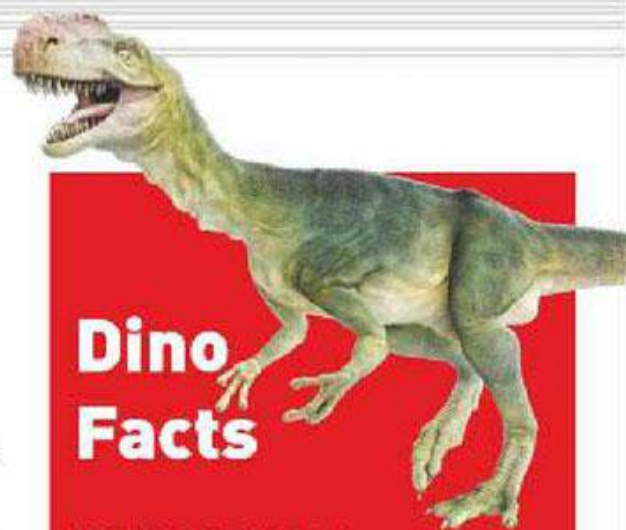
It was placed into a Geosynchronous Transfer Orbit (GTO). 30 minutes after the lift off in 3-axis stabilized, with a perigee of 859 km and an apogee of 36,055 km and an inclination of 1.99 degree with respect to the equator.

Its co-passengers in its launch was GALAXI_X11 of PanAmSAT. Its Master Control Facility (MCF) is located at Hassan, Karnataka. It is I-Axis body stabilized in orbit using momentum and reaction wheels, solar flaps, magnetic torques and light 10n and light 22n reaction control thrusters. Its propulsion system consists of 440n liquid apogee motor MON-3 (mixed oxides of nitrogen) and MMH (MonoMethylHydrazine) for orbit raising.



Arshdeep Singh
VIII - B

Dino Facts



The Longest Dinosaur

The longest dinosaur was Selsmosaurus, which measured over 40 meters, as long as five double-decker buses. It was related to Diplodocus, which for a long time held the honour.

The Heaviest Dinosaur

The heaviest dinosaur was Brachiosaurus at 80 tonnes. It was equivalent to 17 African elephants. Brachiosaurus was 16m tall and 26m long and is the largest dinosaur skeleton to be a museum.

Why Did the Dinosaur Cross the Road?

Because Chickens hadn't Evolved Yet.

The Most Brainy Dinosaur

One of the most intelligent dinosaur was Tronodon. It was a hunting dinosaur, about 2m long and had brain size similar to that of a mammal or bird of today, stereoscopic vision and grasping hands.

What do you get if you cross a Dinosaur and a Stunk

The Biggest Stinker you ever saw.

The Dumbest Dinosaur

Stegosaurus had a brain size of a walnut - only 3cm long and weighting 75g. However, comparing brain size sauropodomorpha, like plateosaurus, were probably one of the dumbest dinosaurs.

What do you get if you cross a Brontosaurus with Firework?
Dino-Mito!



Jyot Bhatia
VII - E



Cloning

Cloning is the process by which exact genetic replicas of organisms, tissues or cells are created. The copied material is known as the clone and has a similar genetic makeup as the original. Dr. Ian Wilmut and his colleagues at the Roslin Institute in Edinburgh, Scotland successfully cloned a sheep after more than 200 attempts in 1996. The advantages and disadvantages are determined by the ability of the process to meet intended mission.

Advantages:

One advantage of cloning includes the protection of endangered species from extinction because the members of species can have their cells cloned to create other members. Cloning also helps in improving food supply. Another advantage is that production can be enhanced, especially in dry areas.



Research has indicated that cloning could help infertile couples have their own biological children. Finally the process helps in the improvement of cosmetic and reconstructive surgery.

Disadvantages:

One disadvantage is that the diversity of genes is lost when process is carried out on regularly. A risk of extinction is highly possible in the case of disease outbreaks due to similar genetic makeup. Another disadvantage is that cloning devastates family and parenting as it undermines the basic nurturing and loving of children by parents, the parents could love those who resembles them more than others. Eventually, the process can result in social imbalance. Some species could be stronger or weaker than the environment can host.



Aastha Aneja
VIII - B

Science is Like Writing

In Science I held up a prism,
The Sun made a rainbow on my book,
Our Teacher explained,
About bending light,
My friends all came to look,
Science is like writing,
A poem takes white light in me,
And breaks it into colors,
For everyone to see.



Amrit Mago
VI - E

What if There was a Black Hole in Your Pocket?

What would happen to you if a black hole the size of coin suddenly appeared near you? Short answer: you'd die. Long answer: it depends. Is it a black hole with the mass of a coin, or is it as wide as a coin?

Suppose a coin with the mass of about 5 grams magically collapsed into a black hole. This black hole would have a radius of about 10^{-30} meters. So the black hole compared to an atom is as small as an atom compared to Sun. Unimaginably small!

A small black hole would have an unimaginably short lifetime to decay by Hawking Radiation. It would radiate away what little mass it has in 10^{27} seconds. Its 5 grams of mass will be converted to 450 terajoules of energy, which will lead to an explosion roughly 3 times bigger than atomic bombs dropped on Hiroshima and Nagasaki combined.

Now, if the black hole had the diameter of a common coin, then it would be considerably more massive. In fact, black hole with the diameter of a coin would be slightly more massive than the Earth! It would have a surface gravity a billion billion times greater than our planet currently does. The black hole would consume you before you even realized what's happening. But the black hole wouldn't stop with just you.

The black hole will become a dominant gravitational piece in our Solar System. The Earth will move up onto the black hole and begin to bob around, as if it were orbiting the black hole, all while having swathes of mass eaten with each pass. As the Earth is eaten up from the inside, it would collapse into a scattered disk of hot rock, surrounding the black hole in a tight orbit. The black hole will slowly double its mass

by the time it's done feeding.

The Moon's orbit will be highly elliptical. The effects in the Solar System will be terrifying. Tidal forces from the black hole would probably disrupt the near Earth asteroids and maybe even parts of the asteroid belt. Bombardment and impacts may become common place for the next few million years. The planets would be slightly perturbed, but stay approximately in the same orbit. The black hole we used to call Earth will continue orbiting the Sun in the Earth's place.

In both cases, you die. You also lose the coin.



Uday Singla
X - E

ROCKETS

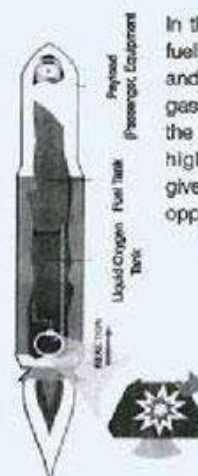
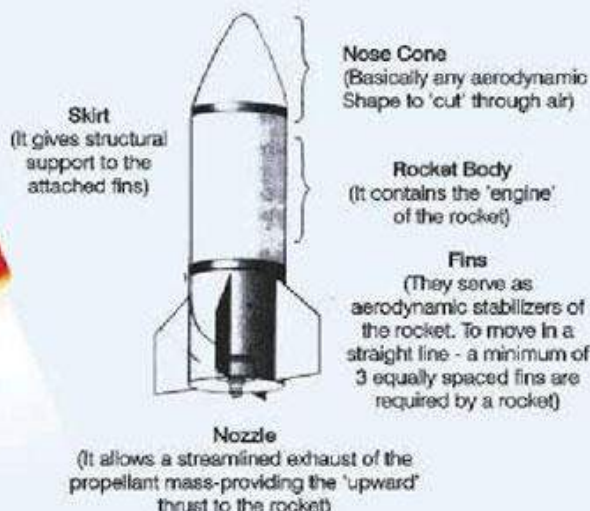
A rocket is a craft or a vehicle which moves by exhausting mass (generally hot gases) formed entirely from fuel carried within the rocket before use. Rockets work by principle of action and reaction.

The first rocket was invented by the Chinese people and it used a mixture of saltpetre, sulphur and charcoal dust as fuel that produced colorful sparks and smoke when ignited.

A rocket travels about 15 times faster than a speeding bullet.

A rocket has 5 basic parts - nose cone, rocket body, fins, skirt and nozzle.

The nose cone provides aerodynamics to a rocket. The rocket body contains the engine of a rocket. The fins serve as aerodynamic stabilizers of the rocket. The skirt gives structural support to the attached fins. The nozzle releases the exhausting mass.



In the real rocket engine, the fuel is mixed with the Oxygen and is burnt to produce a lot of gas. This gas escapes through the nozzle opening, at a very high speed (action) which gives a push to the rocket in opposite direction (reaction).



Sehajpreet Singh
VIII - D

Life of a Meteorite

Hi, friends. How are you? You know that its difficult to carry such a large weight and I am no more than dust and ice from the trail of comets. Oh! sorry I forgot to introduce myself. I am a meteor. I am made up of minerals rich in silicon and oxygen, "iron", consisting mainly of iron and nickel, or "stony-iron", a combination of the two.

Oh how difficult it is, to be here? Today I am very happy because it's my turn to travel earth. How much fun it will be? Some of my friends have experienced it. I am eagerly waiting to meet them.

My mom (asteroid) told me that my falling will cause amazing streaks of light which the organisms living on earth can see sometimes in the night sky and they will call me a shooting star. I have also heard that when my ancestors have traveled earth, people said they wished 3 times in order to fulfill them. But according to me it's a

difficult task because it only takes a fraction of a second for my brothers and sisters to move.

I have left very less time to be fallen. So before that I would like to tell you about my family. My family have traditionally been divided into three broad categories: stony meteorites are rocks, mainly composed of silicate metals; iron meteorites that are largely composed of metallic iron-nickel; and stony-iron meteorites that contain large amounts of both metallic and rocky material. Modern classification schemes divide my family into groups according to their structure, chemical and isotopic

composition and mineralogy. So bye friends. Its time to go.... ZOZZZZZZOOM!!



Ridhima
VIII - B

RARE SEA ANIMALS

We have explored only 5% of our planet's oceans, meaning that there are still millions of species left for us to discover. Here are 10 rare species of sea animals:

1. Tardigrades

Also known as "water bears", these incredible, microscopic animals can survive in all of the earth's extreme conditions and even in outer space!

2. Siphonophore

These are composed of medusoid and polypoid zooids that are morphologically and functionally specialized.

3. Goose Barnacle

No one seems to know what it is or where it came from and it shocked vacationers in Wales in 2010. Six feet long and covered in shells, this is certainly a strange sight to behold.

4. Pink Sea-Through Fantasia

Only recently discovered, this incredible creature is a free swimming cucumber found in the Celebes sea.

5. Christmas Tree Worm

These are tube-building polychaete worms which have multicolored spirals that serve as feeding and respiration structures.



6. Marrus orthocanna

This colonial animal is composed of a complex arrangement of zooids, some of which are polyps and some medusa. At its front is an orange-colored gas filled float that looks like fire.

7. Dumbo Octopus

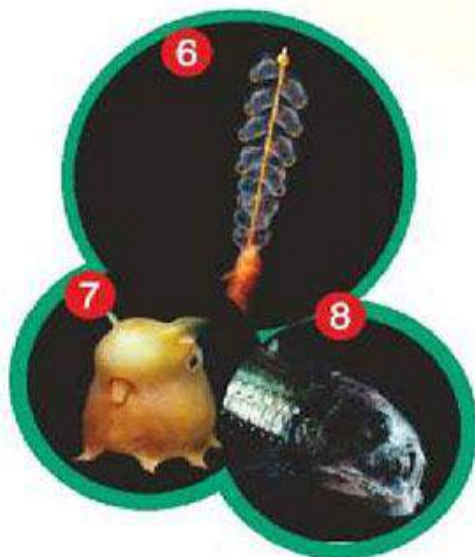
An umbrella octopus that lives in the deep sea, the dumbo octopus has ear-like fins and can live upto 23000 feet below sea level.

8. Viperfish

These creepy deep sea creatures are one of the ocean's fiercest predators, which use their fang-like teeth to immobilize their prey.

9. Australian Ghost Shark

Also known as an elephant fish, or Plownose Chimaera, this shark is found off southern Australia including Tasmania, and south of East Cape and Kaipara Harbour in New Zealand.



Ashna Chawla
VIII - B

Earth Has a Second Moon



NASA scientists discovered an asteroid that has been captured and is in stable Earth orbit, making it a constant near - Earth companion, as a second satellite. There are a lot of objects orbiting this planet - space stations, man made satellites and lots of junk - but only one moon that we can see. Now NASA has confirmed the existence of 2016 HO3.

The asteroid orbits very far from Earth and is more gravitationally affected by the Sun than Earth, but it does orbit Earth as well along its orbital path of the Sun. Don't get too excited about walking on it one day, as it is considerably smaller than our natural satellite with dimension of 40-100 meters (30-350 ft) across.

2016 HO3 is in a fairly stable orbit around the Earth and Sun but will depart in a few centuries according to Paul Chodas, manager for NASA's center for Near Earth Objects (NEO). Chodas also revealed that 2016 HO3 has been a stable quasi-satellite of Earth for more than a century.



Aayushi Soni
VIII - B

ALL ABOUT GMO'S

What is genetically modified organism?
A genetically modified organism (GMO) is any organism whose genetic material has been altered using organism engineering techniques.

Why do we use genetically modified foods?

Future GM organisms are likely to include plants with improved resistance against plant disease or drought, crops with increased nutrient levels, fish species with enhanced growth characteristics. For non-food use, they may include plants or animals producing pharmaceutically important proteins such as new vaccines.

How genetically modified organisms are made?

When a gene from one organism is purposely moved to improve or change another organism in a laboratory, the result is a genetically modified organism (GMO). It is also sometimes called "transgenic" for transfer of genes. There are different ways of moving genes to produce desirable traits.

What are some examples of GMO's in everyday life?

1. Flavr Savr tomato - It is a transgenic tomato, commercialized in the U.S. In this, the gene for ethylene (which ripens the fruit) is modified so that ethylene formation is suppressed. As a result, this tomato ripens very slowly and it can be transported to different places without spoilage.
2. Bt cotton - bollworms are a common pests which feed on cotton and destroys the crops. It was found that a



bacteria named *Bacillus thuringiensis* produced a toxin that killed bollworms but did not affect the plants. So, scientists inserted the gene for the toxin from the bacteria into cotton plants which improved cotton cultivation. Bt cotton was the first GMO to be commercialized in India. In fact, Bt brinjal, Bt corn have also been produced.

3. Golden rice - It is estimated that rice is the staple food for over half of the population in the world, especially in Asian countries, which makes it perfect for targeting vitamin deficiencies; meaning, genes for vitamins can be added into the rice to prevent vitamin deficiencies, especially in the areas with food shortage. In case of golden rice, a gene for beta-carotene which produces vitamin A was added which gave it's a golden color (hence the name). Golden rice has been quite helpful in preventing night blindness and other ailments due to vitamin A deficiency.
4. Humulin - It stands for Human insulin which is produced using genetically modified bacteria. The gene for producing insulin was inserted in *E. coli* bacteria and they were allowed to multiply (they multiply every 20 mins), and produce insulin. After this, insulin was extracted from them.
5. GloFish - Ever thought about owning a glowing pet fish? Well, scientists have modified zebrafish (a small, striped fish) by inserting genes for fluorescence in it, which was picked from jellyfishes. GloFish is now sold and used for ornamental purposes and aquariums.



Other examples of GMO's include blue colored roses, fruits resistant to frost, plants producing biodegradable plastics, edible vaccines, tear-less onions, caffeine free coffee, low nicotine tobacco and so on.

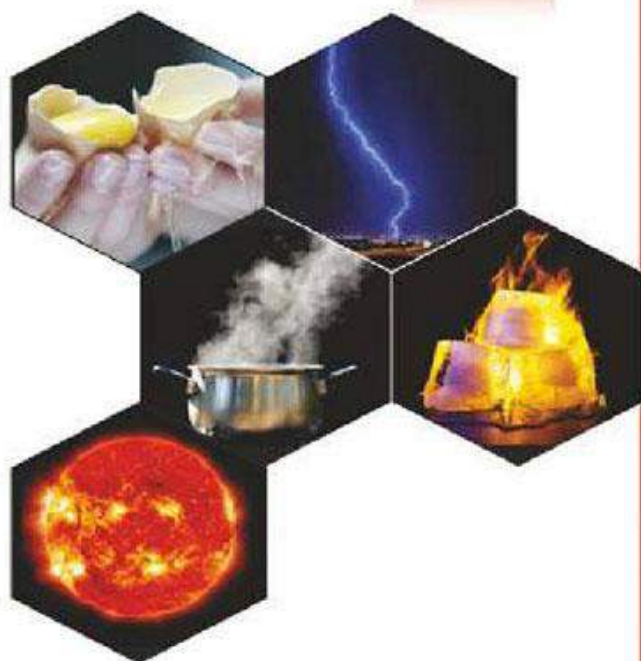
Are GMO's safe and should they be used?

Although GMO's are extensively tested for safety before they are used, there are many issues surrounding their use. For example, genetically modified vegetables and fruits which are harmful to insects and pests might also cause harm to humans and other pests. Another issue is that such GMO's can disrupt the natural bio-diversity and environment, and they may also cause resistance in harmful organisms. As such the use of many GMO's have been approved but most of them still remain elusive.



Rosemary Tomichan
XII - B

DO YOU KNOW

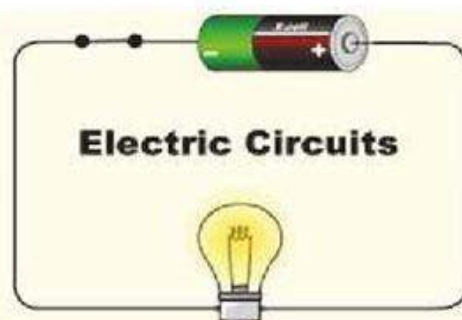


1. A bolt of lightning is 5 times hotter than the surface of the sun.
2. Hot water can freeze faster than cold water, in some circumstances.
3. During photosynthesis plants emit light, called fluorescence that humans can't see.
4. You can start a fire with ice.
5. A day on Venus is longer than its year.
6. Viruses can get viruses.
7. 100,000,000,000 solar neutrinos pass through every square centimeter of your body every second.
8. Scientists have figured out how to 'unboil' an egg.
9. Due to the new discovery of many brain parasites, scientists now think Zombie Apocalypse is actually possible.
10. De-extinction is scientifically possible. Several viruses have already been brought back, including the 1980 full pandemic viruses.



Chitwan Kaur
VIII - C

How do Electric Circuits Work?



An electric circuit is like a pathway made of wires that electrons can flow through. A battery or other power source gives the force that makes the electrons move. When the electrons get to a device like a light bulb, your computer, or a refrigerator, they give it the power to make it work.

A circuit needs to be close to work. The wires have to go from the power source to the device and back again, so that the electrons can go out and come back.

Many circuits have a switch so that they can be turned on and off. When the switch is off, it makes a gap in the circuit and the electrons are not able to flow around. When the switch is turned on, it closes the gap and the electricity is able to move and make the device work.



Vares Goyal
VI - D

BLACK HOLES

- Black holes do not suck.
- Einstein didn't discover black holes.
- Black holes could spawn new universes.
- Black holes literally pull the space around them.
- Black holes are the ultimate energy factories.
- There is a supermassive black hole at centre of our galaxy.
- Black holes slow down time.
- The nearest black hole is 1,600 light years away.
- There is a massive black hole in the centre of milky way galaxy.
- Black holes eventually evaporates.



Anhad
V - C

COMPUTER TECHNOLOGY

Editorial

Computer is the wonderful and mastermind gift of science to the humankind. It is one of the most important inventions of our age. The computer has made our life and work very easy. Computers have been allotted an integral role to play. They can be seen being used not only at the office or at home, but in all kinds of sectors and business. They are used at airports, restaurants, railway stations, banks etc. slowly and gradually, as computers are penetrating through the modern society, people are getting more and more optimistic about promises its invention made. We must accept that if used the right way, computers are gift of science to mankind. Computers are not only here to stay, but are the wave of the future.



Meenal Vij
Editor
Computer Science
Department



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Python is a widely used high level programming language used for general-purpose programming, created by Guido Van Rossum and was released in 1991. An interpreted language, Python has a design philosophy which emphasizes code readability (notably using whitespace indentation to delimit code blocks rather than curly braces or keywords), and a syntax which allows programmers to express concepts in fewer lines of code than possible in languages such as C++ or Java. The language provides constructs intended to enable writing clear programs on both a small and large scale. Python features a dynamic type system and automatic memory management and supports multiple programming paradigms, including object-oriented, imperative, functional programming and procedural styles. It has a large and comprehensive standard library.

Python is widely used and interpreters are available for many operating systems, allowing Python code to run on a wide variety of systems. CPython, the reference implementation of Python, is open source software and has a community-based development model, as do nearly all of its variant implementations. CPython is managed by the non-profit Python Software Foundation.



Gurpreet Singh
IX - C

Computer Wedding Invitation

You are being requested to accompany on the auspicious occasion of the marriage of -

Input

(Grand son of Sh. Keyboard)
with

Output

(Grand daughter of Sh. Monitor)

at their residence H.NO. 486 Q Basic Town, CPU Bazar.

Programme

Monday - 24 December, 2016

Ladies Microsoft Sangeet - 8:00 PM

Tuesday - 25 December, 2016

Modern Bandhi - 10:00 PM

Dep. of Internet - 09:00 PM

As per program

RSVP

Sh. Monitor Mehra
Sh. Printer Sharma
Sh. Mouse Mehta

With Best Compliments from:
Microsoft Office, Logo & Database



Ridhima
VIII - B

Boost Your Website's LOADING SPEED

Most people probably think that the only factor affecting a website's speed is the internet signal or strength. The truth is that many factors can affect a website's ability to load quickly - and many of them can be adjusted to improve user's experience when visiting your site.

Here are some tips on how to help lessen your site's loading time:

Simplify The Design

A cluttered web page is a slow-loading one. A site that is heavy on graphics, style-sheets, flash and videos can seem to stall because each element has to make an HTTP request to load, and they must do it one by one. A minimalist web page, such as Google's search page, loads fastest. If you can get by without images, create a page's visual interest by using CSS. Reducing the number of scripts on your website will also speed up the loading time.

Compress Images

Some sites, such as online retail business, need images. What that is the case, compression also known as zipping can help reducing download times and speeding up response times. Gzip is the preferred compression format of most website designers.

Make Use Of Browser Caching

If an image-heavy page is fairly static, you can improve loading time for returning visitors by employing browser caching, which tells the user's browser to access the images already stored on the user's hard drive in cached form.

Resize Your Images

Things can get slow if your site has to resize the images to fit every time it's loaded. To fix this problem, scale your site's pictures so that they can perfectly fit the page. A tool such as Photoshop will let you do this so that the image doesn't lose quality.

Monitor Response Times

Web application monitoring software such as Yslow or Google Page Speed Tools can give you valuable insight into the speed of your site as you make adjustments.



Kriti Goyal
XII - C

HANDS BEHIND APPLE

Most of us think Steve Jobs to be the only man behind the ultimate success of Apple Inc, but actually the truth is deeper. Steve Jobs was an industrial designer and inventor. He was CEO of Apple, but he didn't do most of the tasks backstage. Steve co-founded Apple with his college friend Steve Wozniak to sell Wozniak's Apple I Computer, which turned out to be an ultimate success (while Ronald Wayne was also a co-founder, he gave up his shares by taking some money as he thought company wouldn't be a success). Apple II, second mass produced personal

computer by Wozniak was launched after that. Steve didn't get the OS created by Wozniak for Apple computers correct, so he designed Apple Lisa which was a failure. Later Macintosh was developed and got huge popularity and was a great success after which Jobs was forced out of Apple. After getting off Apple, he took some engineers of Apple with him and founded neXT (A great hardware and software company of time). Over time neXT was bought by Apple and according to the agreement Steve came back into the company on the seat of CEO. He organized and hosted the announcements and declaration of new products & this was all done by him. He set the price of the product and was an extremely good entrepreneur. So the marketing was his job while assembly and designing was done



by other people. Also iMac, iTunes, iTunes store, Apple store, App store, iPhone, iPad, iPod and mac OS was designed by Jonathan Ive in NeXT's based platform. So concluding, Steve was just the man on the stage and the man known to the people, the world and the society while Steve Wozniak and Jonathan Ive were the 4 hands of success behind Apple.



Chirag Sharma
IX - C

DIGITAL Life

Digital Life is a research and educational program about radically rethinking of the human-computer interactive experience. It integrates digital world (information & services) and physical world (physical objects/environment). It makes interfaces more responsive and proactive [objects & environments monitor user and (proactively) present information & services relevant to user's current needs/interests] the program is to use information technology to augment physical environments and objects around the people that can draw attention. When one is walking around town, for example, the system points out buildings/places of particular interest to a user. The program is also to augment reality in order to provide a composite view for the participants: a mix of a real scene with the virtual scene that augments the digital environment with interactive information. The Program was originally initiated by MIT Media Lab as : Digital Life is a multi-sponsor, Lab-wide research consortium that conducts basic research on technologies and techniques that spur expression as well as social and economic activity. They first explore the design and scalability of agile, grassroots communication systems that incorporate a growing understanding of emergent social behaviors in a digital world; the second considers a cognitive architecture that can support many features of "human intelligent thinking" and its expressive and economic use; and the third extends the idea of inclusive design to immersive, affective and biological interfaces and actions.



Bhaveeth Singh
IX - C

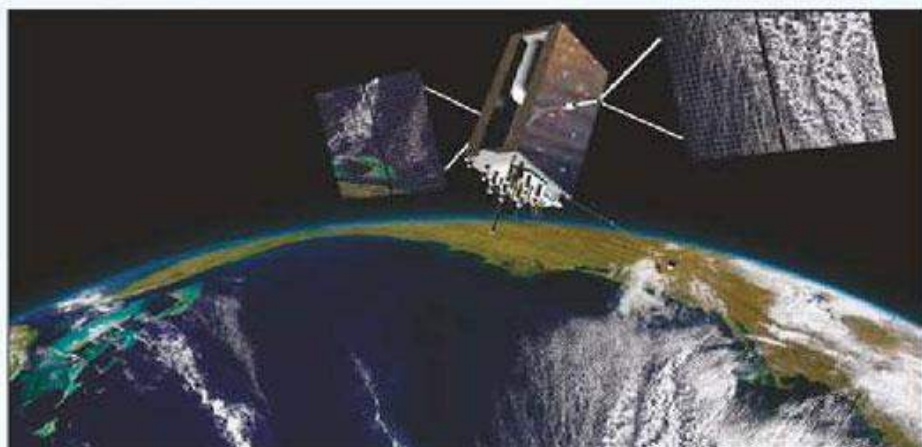


GLOBAL POSITIONING SYSTEM

The Global Positioning System (GPS) is a space-based satellite navigation system that provides location and time information in all weather conditions, anywhere on or near the Earth where there is an unobstructed line of sight to four or more GPS satellites. The system provides critical capabilities to military, civil and commercial users around the world. It is maintained by the United States government and is freely accessible to anyone with a GPS receiver.

The GPS project was developed in 1973 to overcome the limitations of previous navigation systems, integrating ideas from several predecessors, including a number of classified engineering design studies from the 1960's. GPS was created and realized by the U.S. Department of Defense (DOD) and was originally run with 24 satellites. It became fully operational in 1994. Roger L. Easton is generally credited as its inventor.

A GPS receiver calculates its position by precisely timing the signals sent by GPS satellites high above the Earth. Each satellite continually transmits messages



that include the time the message was transmitted, satellite position at time of message transmission. The receiver uses the messages it receives to determine the transit time of each message and computes the distance to each satellite using the speed of light. Each of these distances and satellites locations define a sphere. The receiver is on the surface of each of these spheres when the distances and satellites locations are correct. These distances and satellites locations are used to compute the location of the receiver using the navigation equations. This location is then displayed,

perhaps with a moving map display or latitude and longitude; elevation information may be included. Many GPS units show derived information such as direction and speed, calculated from position changes.

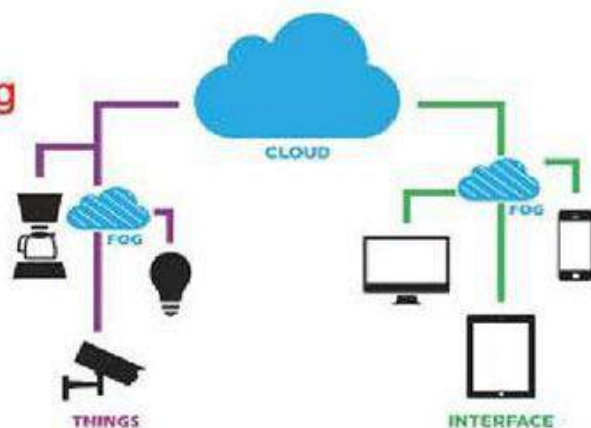


FOG COMPUTING TECHNOLOGY, A New Realm into Cloud Computing

FOG Computing is an advanced or extended version of Cloud Computing where the computing takes place at the edge of the network. It is similar to Cloud Computing, but is far denser in geographical distribution and location and its proximity to end users is more, which means they provide a faster end-user experience than cloud computing and have better performance.

FOG leverages all the advantages of cloud, but is far denser than it with more geographical reach and cover. It spans more than a cloud on heterogeneous devices, ranging from end-users, access points, routers and switches.

FOG networking consists of a control plane and a data plane. For example, on the data plane, fog computing enables computing services to reside at the edge of the network as opposed to servers in a data-centre. Compared to cloud computing, FOG computing emphasizes proximity to end-users and client objectives, dense geographical distribution and local resource pooling, latency reduction for quality of service (QoS) and edge analytics/stream mining, resulting in superior user-experience and redundancy in case of failure.



FOG networking supports the Internet of Everything (IoE), in which most of the devices that we use on a daily basis will be connected to each other. Examples include our phones, wearable health monitoring devices, connected vehicle and augmented reality using devices such as the Google Glass.



Abhinav Jain
XII - D

Broken Chain



Service In School
1994-2016
Late Mrs. Himalini Puri
left for her heavenly abode

We little knew that morning that
God was going to call your name.
In life we loved you dearly,
in death we do the same.

It broke our hearts to lose you,
you did not go alone;
for part of us went with you,
the day God called you home.

You left us peaceful memories,
your love is still our guide;
and though we cannot see you,
you are always at our side.

Our family chain is broken,
and nothing seems the same;
but as God calls us one by one,
the chain will link again.

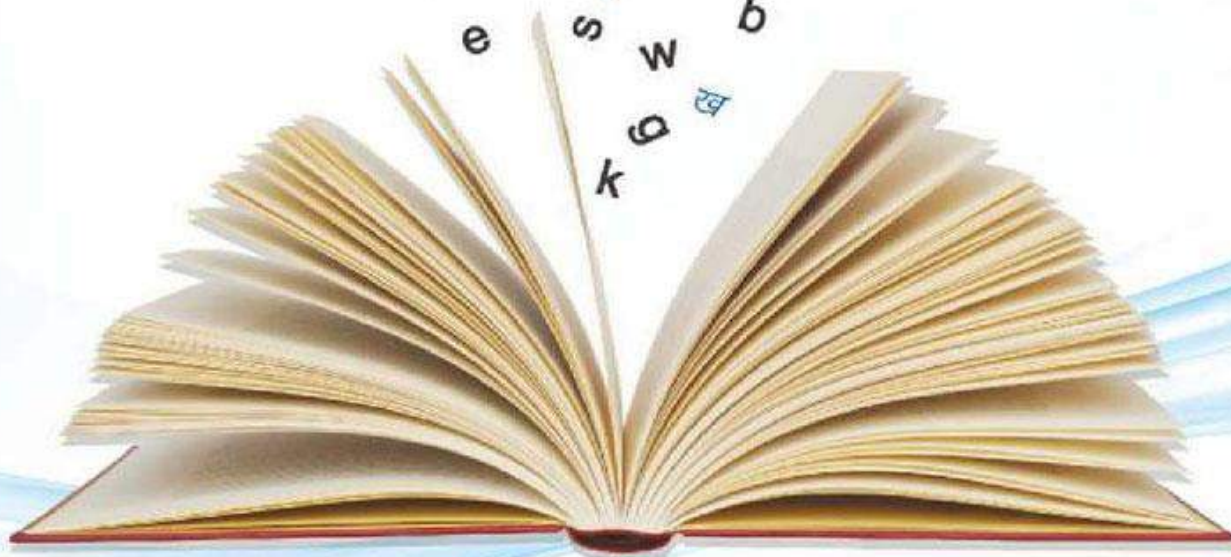




Canvases and Colours







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