

SACRED HEART SR. SEC. SCHOOL B.R.S NAGAR, LUDHIANA
HOLIDAYS HOMEWORK
JUNE 2025
CLASS VII

ENGLISH

1. Ek Bharat Shreshtha Bharat (Punjab & Andhra Pradesh)

Topic: 'Traditional Cuisine of Punjab and Andhra Pradesh'

Note: Use A4 size sheets to prepare the activity and secure it in a labelled stick file or a folder.

Page 1: Front page: Introducing the Heading

Page 2: Index

Page 3: Traditional cuisine of Punjab (add description and paste pictures)

Page 4: Traditional cuisine of Andhra Pradesh (add description and paste pictures)

Page 5: Key differences between the cuisine of Punjab and Andhra Pradesh

2. Portfolio activity:

Find the synonyms of the following words (3 synonyms for each word)

- | | |
|-----------------|---------------|
| 1. tired | 16. confused |
| 2. tasty | 17. fast |
| 3. beautiful | 18. angry |
| 4. small | 19. sad |
| 5. surprised | 20. important |
| 6. friend | 21. start |
| 7. difficult | 22. clever |
| 8. right | 23. cold |
| 9. help | 24. funny |
| 10. happy | 25. agree |
| 11. old | 26. famous |
| 12. bright | 27. shout |
| 13. dangerous | 28. great |
| 14. joy | 29. satisfied |
| 15. interesting | 30. find |

(To be written on A4 size sheets)

3. Read and frame 3 general questions from Lesson – 5 (The Devoted Friend) of Course book (to be written on an A4 size sheet).

HINDI

1. PORTFOLIO ACTIVITY

विषय- एक भारत श्रेष्ठ भारत (पंजाब और आंध्र प्रदेश) दोनों राज्यों के 1-1 लोकनृत्य का चित्र लगाकर A4 sheet पर उसके बारे में लिखिए ।

2. ART INTEGRATED ACTIVITY

विशेषण और उसके भेदों का फ्लो चार्ट (flow chart) बनाएँ (A4 sheet)

3 पाठ – मिठाईवाला , पापा खो गए दोनों पाठ में से 15-15 कठिन शब्द (श्रुतलेख) निकालकर A4 sheet पर लिखें । (कुल 30 शब्द)

4 मई तक का पाठ्यक्रम दोहराएँ

PUNJABI

1. Project Work :-

' ਇੱਕ ਭਾਰਤ ਸ਼੍ਰੇਸ਼ਠ ਭਾਰਤ ' (ਪੰਜਾਬ ਅਤੇ ਆਂਧਰਾ ਪ੍ਰਦੇਸ਼ ਨਾਲ ਸੰਬੰਧਤ ਲੋਕ-ਖੇਡਾਂ)

2. Art Integrated Activity (Scenary Making) :-

Topic :- ' ਰੰਗਾਂ ਦੀ ਰਚਨਾਤਮਕ ਵਰਤੋਂ ਰਾਹੀਂ ਧਰਤੀ ਦੇ ਵਾਯੂਮੰਡਲ ਨੂੰ ਦਰਸਾਉਣਾ '

3. Calligraphy :- (15 Handwritings)

MATHS

LAB ACTIVITY

On A4 size sheet, draw two parallel lines m and n intersected by transversal t .
Represent the following angles on it:

1. Corresponding Angles
2. Alternate interior angles
3. Alternate exterior angles
4. Co-interior Angles

Marks will be given on the basis of creativity and neatness.

EK BHARAT SHRESHTHA BHARAT ACTIVITY **TWIN STATE: ANDHRA PRADESH**

According to a survey held in 2024 – 25, there were total 23 universities in Punjab, out of which 10 were state public universities.

In Andhra Pradesh, there were total 36 universities, out of which 23 were state public universities.

On the basis of above information, answer the following questions:

1. Write the fractions of state public universities to total number of universities in both the states.
2. Compare the above fractions.

SCIENCE

Portfolio Activity (INDIVIDUAL ACTIVITY) **EK BHARAT SHRESHTHA BHARAT**

TOPIC: Advancement of scientific research in science and technology and innovation in **Punjab and Andhra Pradesh.**

The project will be made by the students individually, covering the following contents.

PAGE CONTENT

- 1 a) **Title Sheet:** Covers-Name of the Project, mentioning Portfolio Activity on it.
- 2 b) **Index:** Includes Topic name, Roll No. of the student.
- 3 c) **Acknowledgement:** Student will first write heartfelt gratitude to Rev. Sister, then to their concerned science teacher.
- 4 d) **Write up and picture pasting of topic 1** – Scientific research /innovation conducted in Punjab
- 5 e) **Write up and picture pasting of topic 2-** Scientific research /innovation conducted in Andhra Pradesh
- 6 f) **Learning Outcomes:** Students will write what they have learnt while doing this activity
- g) **Glossary:** They will mention the various sources from where they have obtained the information.

Subject Enrichment Activity (INDIVIDUAL ACTIVITY)

Draw a simple circuit diagram (Both open and closed) based on Electric currents and its effects chapter.

Note:

Project has to be creative, colourful, neat and tidy.

Use A4 size sheets.

SOCIAL SCIENCE

ACTIVITY 1

For lakhs of children, Mid-day meal is still the only meal of the day.

On A4 size sheet, make a collage based on the initiative taken by the Government of India to uplift the interests of minorities as well as under privileged children by starting 'MIDDAY MEAL SCHEME' Support it with a write up highlighting the contribution of Government in improving the quality of Education under this scheme.

Follow the following sequence:

1st page: Name, Class, Roll no.

2nd page: Introduction

3rd page: Collage

4th page: Writeup

ACTIVITY 2

EK BHARAT SHRESTHA BHARAT, ART INTEGRATED PORTFOLIO ACTIVITY

Do this activity as per your roll no's: -

ART INTEGRATED ACTIVITY:

1. Roll no: 1, 11, 21, 31,41 Write the learning objectives of making this project on one page. On the second page, write the learning outcomes of making this project.
2. Roll no: 2,12, 22,32 ,42 Write the heading, draw, colour and make a cover page with the logo of Ek Bharat Shrestha Bharat
3. Roll no: 3,13, 23, 33,43 Make a collage of the monuments of Punjab and write up one page related to the same
4. Roll no: 4 ,14, 24, 34, 44 Make a collage of the monuments of Andhra Pradesh and write up one page related to the same.
5. Roll no: 5, 15, 25,35,45 Take a map of Punjab, mark important rivers of Punjab and write up one page related to the same
6. Roll no: 6, 16, 26, 36, 46 Take a Map of Andhra Pradesh and write up one page related to the same
7. Roll no: 7, 17, 27, 37,47 Make a collage of Flora / Fauna of Punjab and write up one page related to the same.
8. Roll no: 8,18, 28, 38, 48 Make a collage of Flora / Fauna of Andhra Pradesh and write up one page related to the same.
9. Roll no: 9, 19, 29, 39, 49 Make a collage of clothes and dance forms of Punjab and write up one page related to the same.
10. Roll no: 10, 20, 30, 40, 50 Make a collage of clothes and dance forms of Andhra Pradesh and write up one page related to the same.



PHYSICAL EDUCATION

Write any three games in your physical education practical note book.

1. History of the game.
2. Fundamental skills of the game.
3. Rules and regulations of the game.
4. Draw the diagram of the game.
5. Famous sports personalities of the game.

ART

Do these given pages in your Tulika book.

Page no. – 17,21,39,45,56.