



# Sacred Heart Sr. Sec. School

## Chandigarh

Date: 17.10.2022

Dear Parents

We live in an electronic age. We have come a long way quite different from our own times. Science too has grown by leaps and bounds and has had an astronomical effect on our lives.

Internet, per se, has proven to be a “game changer” for all generations alike. It has an explosive power and has far more control on our lives than we realise. While the whatsapps and similar others, are fantastic tools of communication, for practical usage, the same has been seen as an addictive waste of time where unnecessary, unmindful and useless chatter seem to be holding the attention of the minds.

The internet provides information at the snap of a finger. It provides opinions and of course entertainment all day 24/7. The credibility of the sources of information, opinion and entertainment however remains questionable. It's akin to riding a powerful beast that has a rider with limited control over the reins.

Parents and teachers must educate, guide and monitor the impressionable minds so that we are able to draw out the best from these new age tools and not have these technologies misdirect and misguide our children. It is important to convey to the children that internet provides information and not knowledge. For the latter, one needs to go deeper into the concepts and not just skim the surface.

It has been a constant endeavour of the school management to keep the value system and moral standard of the students at the highest possible levels and

**Address:** Sector 26, Chandigarh,  
**Phone No:** 0172 - 2792297  
**Website :** [www.sacredheartchd.com](http://www.sacredheartchd.com)  
**Email :** [contact@sacredheartchd.com](mailto:contact@sacredheartchd.com)



# Sacred Heart Sr. Sec. School

Chandigarh

it is imperative for the parents to play their part in ensuring the balance of usage of these new age technologies like the internet.

It is advised that the children not be left unattended while they access the internet. Proper counselling should be given as it may not be possible to have them under constant watch. Certain apps which may not be necessary for your child could be locked.

The following tips are being suggested for your safety and of your ward:

1. Keep your personal information private and use it only on safe websites.
2. Create complex passwords with a combination of letters, numbers and symbols.
3. Practice digital detox by unplugging yourself from devices once a week.
4. Avoid suspicious online links. Some websites may steal your personal information by asking you to take a quiz. Be careful.
5. Before purchasing anything on a website ensure that it's safe.

It is our duty to shield our children and guide them constantly. Let's do it together. Let's keep our little ones safe.

*Sr. Det.*  
Principal

**Address:** Sector 26, Chandigarh,  
**Phone No:** 0172 - 2792297  
**Website :** [www.sacredheartchd.com](http://www.sacredheartchd.com)  
**Email :** [contact@sacredheartchd.com](mailto:contact@sacredheartchd.com)