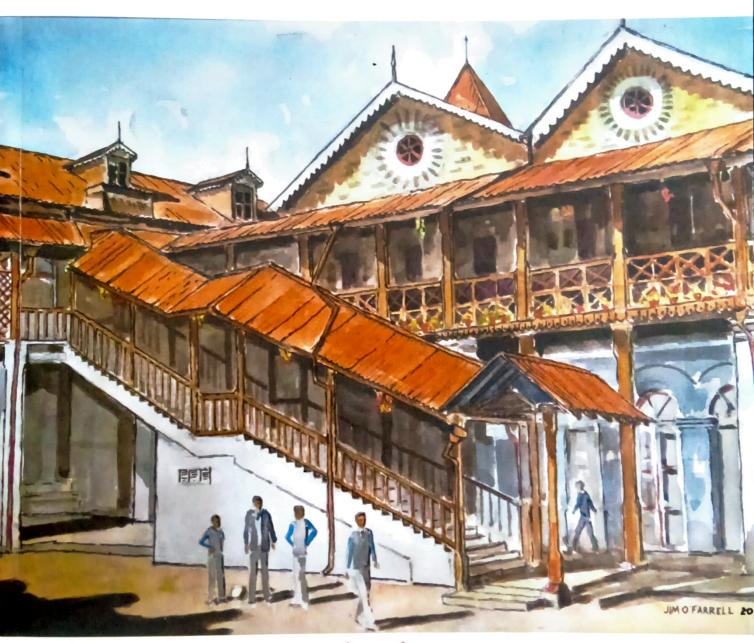
# St. Joseph's College

### **Nainital**





Review 2016

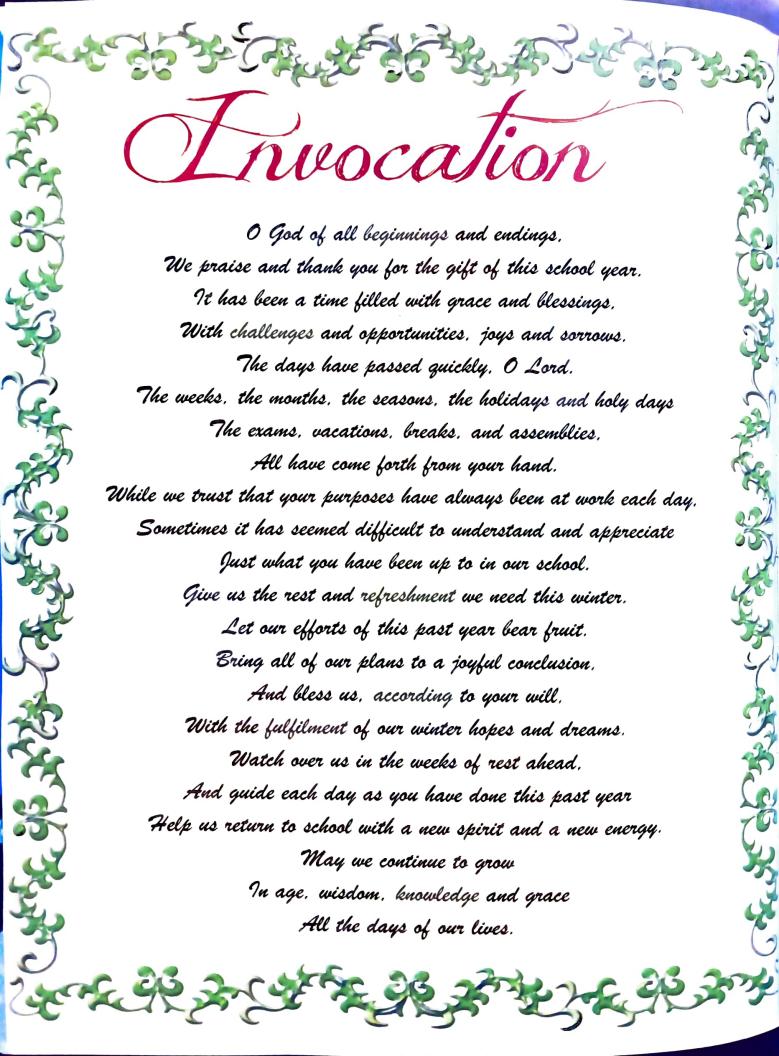


# College Review 2016



# St. Joseph's College Nainital

Conducted by
The Congregation of Christian Brothers



### From the Principal's Desk



"Look up" – i.e. to look up to God for help, strength and re-assurance in trials, temptations and troubles. "Lift up" – means that be it Students or Teachers, have to set for themselves high standards', goals and aspirations in every sphere of life.

Children aquire skills and knowledge, easily, if we can make the surroundings stimulating and purposeful. It is of paramount importance to impart an integrated education to the future citizens of the nation for successful multi-tasking. Thus we lay special emphasis on both, co-curricular and extracurricular activities to the students, for them to develop fully.

If your world looks gloomy and you are feeling grim and glum, make a rainbow for yourself, Don't wait for one to come, Don't sit watching at the window, for the clouds to part There'll soon be a rainbow, if your start one in your heart.

Helen Keller rightly says that the world is moved along not only by the mighty shares of its heroes, but also by the aggregate of the thing that pushes each honest worker.

"Success comes to those who work hard and stays with those who don't rest on the laurels of the past".

Dr. P. D. Emmanuel Principal

### **Obituary**



**Br. John Berchmans Corbett** 

Br. John Berchmans Corbett who was principal of St. Joseph's College from 1991-1993 passed away in Ireland on the 19<sup>th</sup> of September 2017 at the age of 85. He joined the Christian Brothers in 1946. He came to India in 1951 and worked in many Brothers' schools here till his return to Ireland in the year 1999. Apart from St Joseph's (Nainital) he was also (Asansol). He had a track record of being a very exacting teacher who never spared himself He was a strict but just disciplinarian. His ex-pupil can testify to that. The old timers in SEM-belm.

Ill health in the last few years saw him confined to Cowper St. Patrick's Care Residence. in Baldoyle, Dublin. He was buried in his native Tuam, Co. Galway - Ireland. Rest in peace Dear Brother.























































































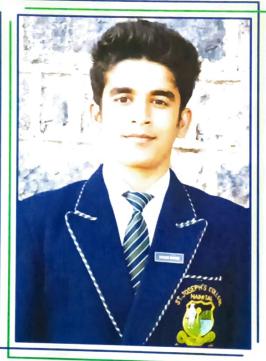
# Appointments 2016



Albert Saboor
Nehru House
Captain



Ajeet Singh Tagore House Captain



Sharjeel Hasan College Captain

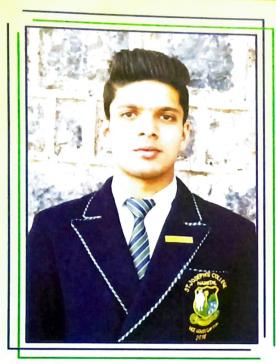


Siddhamt Sharma Gandhi House Captain



Abhimanyu Volua
Pant House
Captain

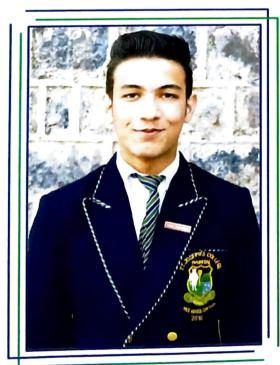
# Appointments 2016



Haris Ali Nehru House Vice Captain



Jasmaan Singh Kamra Gandhi House Vice Captain

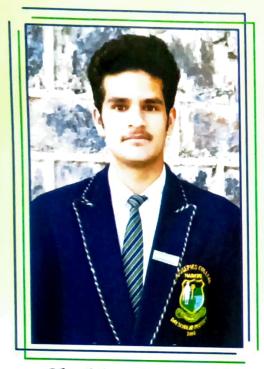


Zaman Khan Tagore House Vice Captain



Shiwaj Singh Bajwa Pant House Vice Captain

# Appointments 2016



Shubhankar Joshi Dayscholar Prefect



Yashasvi Pande Dayscholar Prefect

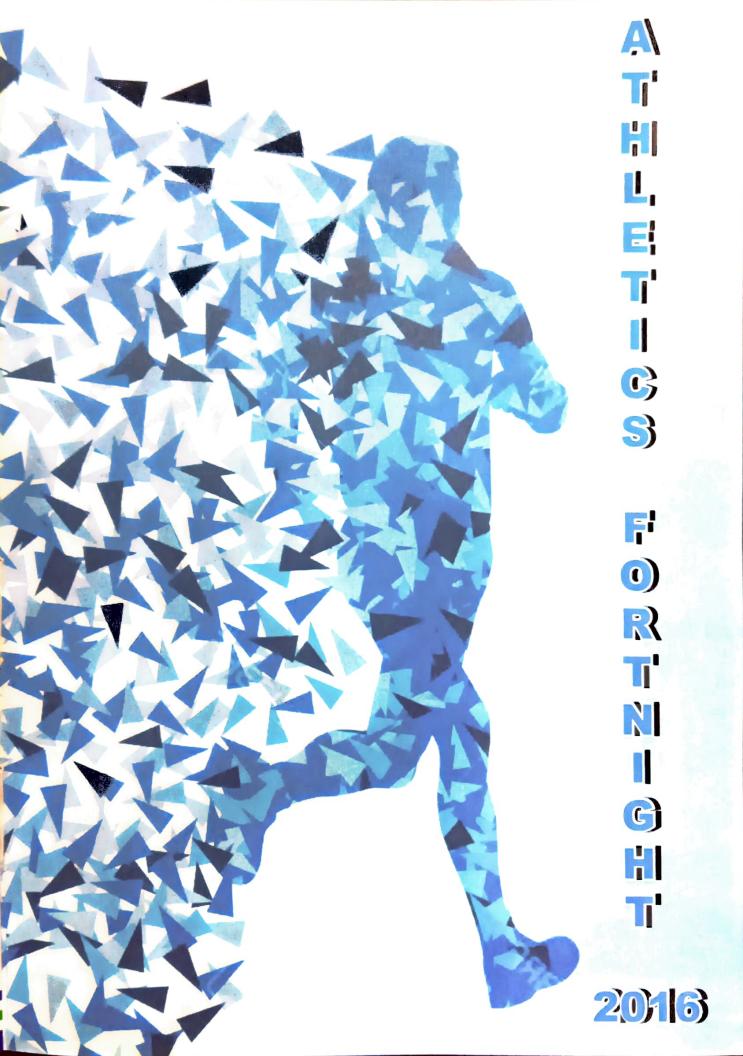
### **PREFECTS**



Meharpreet Singh Nanda Junior Prefect



Agdus Anam Saced Junior Prefect





























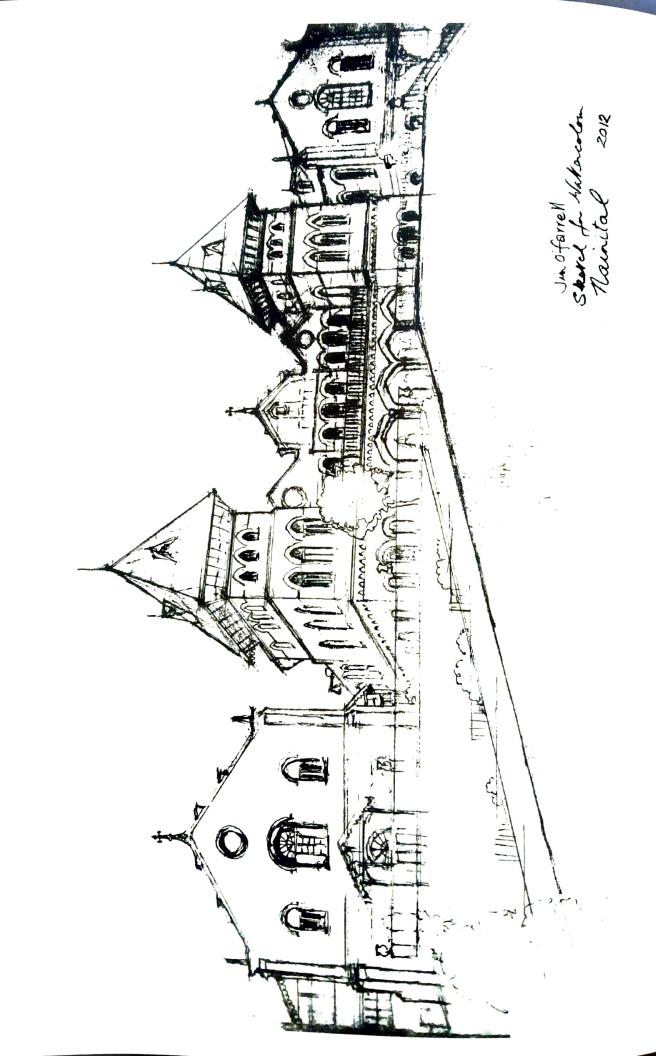


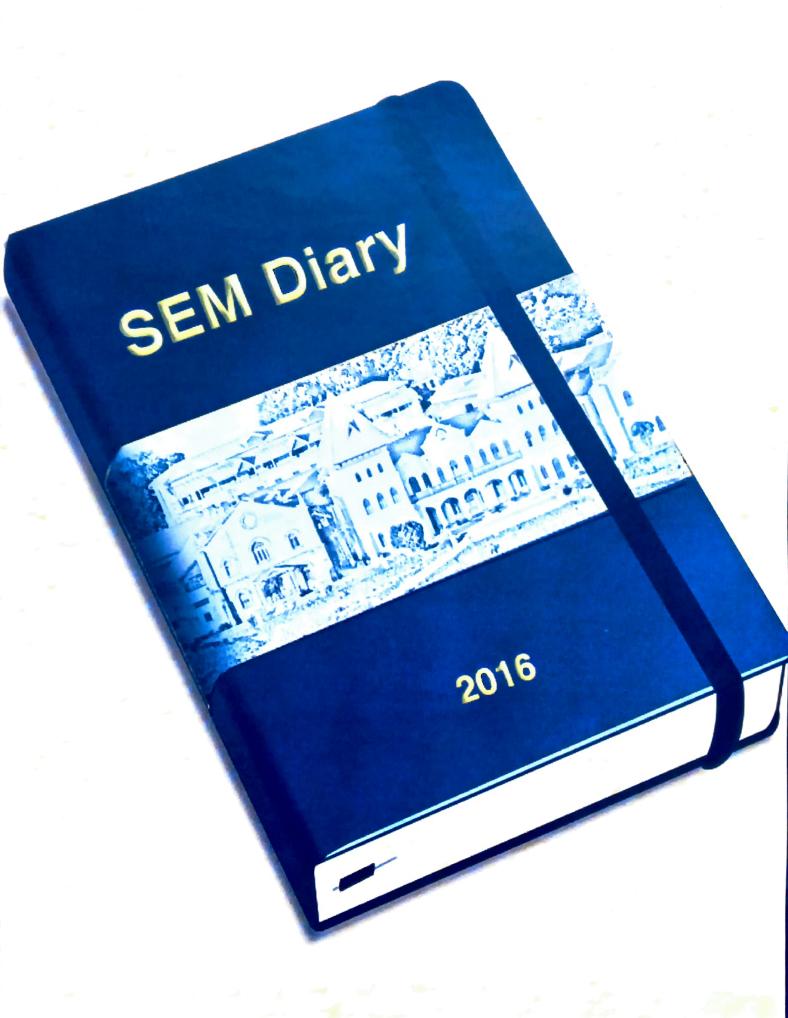












### **SEM DIARY - 2016**

February, 2016

08<sup>th</sup> Monday : ISC Final Physics Practical

 $10^{\text{th}}$  Wednesday : ISC Final Chemistry Practical

15<sup>th</sup> Monday : ISC Final Biology Practical

22<sup>nd</sup> Monday : ISC Board Exams begin. 2 day – Staff meeting conducted by Br. S. G. Alvarez

24th Wednesday : All Boarders reported back by 03:00 p.m. except Class III (3).

25<sup>th</sup> Thursday : Classes begin except for Classes 1 and 3.

26<sup>th</sup> Friday : ICSE/ ISC Examinations began.

29<sup>th</sup> Monday : ICSE Exams begin.

March, 2016

06<sup>th</sup> Sunday : Class Three (3) Boarders reported back to school by 03:00p.m.

15th Tuesday : Br. Simon Coelho has a meeting with Teaching Staff, Mentor, Protection Officer.

16<sup>th</sup> Wednesday : Students meet Br. Coelho followed by the Staff.

19<sup>th</sup> Saturday : St. Joseph's Day. Check out for Boarders at 12:00 noon, for the Easter Break.

24<sup>th</sup> Thursday : Festival of colors (Holi). School Holiday.

25<sup>th</sup> Friday : Good Friday – School Holiday.

28<sup>th</sup> Monday : Boarders reported back from the Easter Break by 04:00p.m.

29<sup>th</sup> Tuesday : Hockey Semi-Finals. First Semi-Final.

First Field: Nehru Vs. Pant House. Nehru House won in the Penalty shootout by

2-0

Second Field: Pant Vs. Gandhi House. Pant House won by 5-0

Third Field: Gandhi Vs. Tagore House. Gandhi House won by 7-2

30<sup>th</sup> Wednesday : Three Private Helicopters Landed on the First Field. Politicians came to Nainital.

30<sup>th</sup> Wednesday : Hockey Semi-Finals. Second Semi-Final.

First Field : No hockey Semi-Finals due to helicopters being stationed on the First

Field.

Second Field: Nehru Vs. Tagore House. Tagore House won 4-2

Third Field : Nehru Vs. Pant House. Nehru won by 14-1

31<sup>st</sup> Tuesday : Hockey Semi-Finals. First Field: Gandhi Vs. Tagore House.

Gandhi House won by 2-0. Second Field : Third Vs. Fourth positions.

Nehru Vs. Tagore House. Gandhi House won 7-2.

Third Field: Pant Vs. Tagore House. Pant House won 2-1.

April, 2016

01" Friday : Helicopters landed on First Field.

 $Second \ Field: Pant \ Vs. \ Tagore \ House. \ Pant \ House \ won \ in \ penalty \ shootout \ 3-2.$ 

Third Field: Gandhi Vs. Nehru House. Gandhi House won 8-2.

2<sup>nd</sup> Saturday : Inter-Class Chart Competition was held.

Class XI – New Students Entrance Exams.

4<sup>th</sup> Monday : Inter-Class Chart Competition results were announced.

4<sup>th</sup> Monday : First Field Hockey Finals were held between Gandhi and Nehru House.

Full Time Score was 1-1. Nehru House won in the penalties 3-2.

6<sup>th</sup> Wednesday Staff Meeting.

7<sup>th</sup> Thursday Helicopters landed on the First Field. Carrying Honorable Ex-Chief Minister of

Uttarakhand Mr. Harish Rawat. Class XI begin their academic session.

11<sup>th</sup> Monday Class Assemblies begin with Class 12 A.

Excitement - Appointment of captains.

Dr. B. R. Ambedkar Jayanti. School Holiday. Boarders returned from the Corbett 14th Thursday

Excursion.

Night out for Boarders accompanied by Mr. Banerjee, Mr. D'Gama, Mr. Dogra and

Mr. Sharma.

Ram Navami. School Holiday. Boarders returned from the Corbett Excursion. 15<sup>th</sup> Friday

College Cricket match with Sherwood College.

First Unit Test begins for Classes 1 to 12. Except for Class 11. 18<sup>th</sup> Monday

Mahavir Jayanti. School Holiday. 19<sup>th</sup> Tuesday

21<sup>st</sup> Thursday Unit Test begin for Class 12.

Investiture Ceremony – Big Day for the Captains and Vice Captains. 23<sup>rd</sup> Saturday

25<sup>th</sup> Monday Unit Test end for Class 12.

Inauguration of Athletics for-night. Chief Guest – Capt. Rohit Dwivedi Principal of 29<sup>th</sup> Friday

Sainik School Gorakhal.

Unit Tests finishes for all classes. Parent/Teachers Meeting for Junior School. 30<sup>th</sup> Saturday

May, 2016

1<sup>st</sup> Sunday May Day.

 $Sports\ practice\ begins\ for\ all.\ Boys\ started\ wearing\ tracksuits\ for\ school.$ 2<sup>nd</sup> Monday

Career Counseling for Class 11 & 12. 4<sup>th</sup> Wednesday

Edmund Rice Day (Founder's Day). Mass held in the College Chapel 09:00am and 5<sup>th</sup> Thursday

then followed by a short program in the College Auditorium.

ISC & ICSE results declared online – All cleared. 6<sup>th</sup> Friday

Unit Tests for Class XI. 9<sup>th</sup> Monday

First run through of the Sports Day events were held. 16<sup>th</sup> Monday

Sports Day. Boarders proceeded for the compulsory home leave from 01:00p.m. 21<sup>st</sup> Saturday

June, 2016

Boarders report back to school from the Compulsory Sports Break by 04:00p.m. 3<sup>rd</sup> Friday

Class resumes for all. 4th Saturday

 $Spelling\,Competition-Junior\,School.$ 9th Thursday

Half-Yearly Exams began for Classes 1 to 5. 13th Monday Inter Class Power Point Competition - Class 9 and 10.

16th Thursday Half-Yearly Exams began for Classes 6 to 12.

Sad news arrived that Rev. Br. O.A. Ballantyne passed away due to multiple organ 20<sup>th</sup> Monday 23<sup>rd</sup> Tuesday

failure in Goa.

The Funeral Ceremony of Br. O.A. Ballantyne was held with a Mass celebration in 30th Thursday

the College Auditorium by his Grace most Rev. Bishop Ignatius D'Souza, followed

by the burial at Jeolikote.

July, 2016

Boarder Parent/Teachers Meeting was held - many Boarder Parents' attended in 2<sup>nd</sup> Saturday

spite of the inclement weather. Muslim Boarders went home to celebrate the

festival. Night-out for the Boarder boys.

The festival of EID-UL-FITR. School Holiday 7<sup>th</sup> Thursday

Day Scholar Parent/Teachers Meeting from 08:30 to 10:30am 9<sup>th</sup> Saturday

School remains closed due to heavy rain 18th Monday

A team from Help Age India addressed the boys to sensitise children towards the 25<sup>th</sup> Monday

aged.

Quarter final match for Minis 6-12 boarders went to cheer. 27<sup>th</sup> Wednesday

Minis Football Tournament started. 31<sup>st</sup> Sunday

August, 2016

2<sup>nd</sup> Tuesday Brothers address the Class 9 students and later they addressed the staff.

4<sup>th</sup> Thursday Middle School General Quiz - 7A over all winner.

5<sup>th</sup> Friday COFAS Team accompanied by Mr. D'Gama.

6<sup>th</sup> Saturday Peace March in Town – 7A & 7B students participated.

7<sup>th</sup> Sunday Minis Football Final - St. Joseph's College lost.

10<sup>th</sup> Wednesday Art Competition on Mother Teresa and her works of Charity.

Boys came back from Cofas - Our boys excelled. They were declared Best 11<sup>th</sup> Thursday

Groomed Trophy.

13<sup>th</sup> Saturday Boarders home leave for Raksha Bhandan.

15<sup>th</sup> Monday Independence Day.

18<sup>th</sup> Thursday Boarders return from the Raksha Bhandan.

22<sup>nd</sup>Tuesday Swimming leagues 2016 started.

Essay writing competition on Mother Teresa and her works of Charity and

'Relevance in Present .....

Foota Tournament started for the Boarder students. 25th Thursday

27th Saturday  $Inter\,Class\,Hindi\,Elocution\,Competition\,-\,Classes\,6, 7\,\&\,8.\,6A, 7B\,and\,8A\,emerged$ 

 $Super \,league \,for \,Badminton \,and \,Table \,Tennis \,started.$ 30<sup>th</sup> Tuesday

September, 2016

7<sup>th</sup> Wednesday

5<sup>th</sup> Monday Teachers' Day Celebration in the Auditorium – students put up different beautiful

programs. Swimming Finals and followed by special lunch.

Inter-Class football tournament. Inter Class Science Quiz between Classes 9 & 10 -

8<sup>th</sup> Thursday Senior Boys participated in the Sanskriti Fest in Ramnee (St. Mary's Convent

College) Our team was declared the over ALL WINNER.

Eid-Ul-Zuha – Holiday – Boys went for town walk. 13<sup>th</sup> Tuesday 15th Thursday

Class 10 went for a Geography Trip. Geography 10A & 10B Bhimtal Fisheries Department and the Tea Garden in Shyam Khet.

17th Saturday

Special Assembly by the core Group of Justice and Advocacy - Topic Human Rights! Two member of the Staff attended a Science Workshop in Longview Public School. (Mrs. Bhatt & Mrs. Gururani).

19<sup>th</sup> Monday : 2<sup>nd</sup> Unit Tests for Classes 6 - 10

Inter Class Football Final Tournament -

10 Vs. 12. Class 12 won 8A Vs. 8B. Class 8A won 6A Vs. 6B. Class 6B won Second Unit Test began.

20<sup>th</sup> Tuesday : Class 11 & 12 – went to Birla Vidya Mandir for a seminar and counseling.

Accompanied by Ms. N. Bisht and Dr. R. Pande

21<sup>st</sup> Wednesday : Unit Tests for Classes 11 & 12.

22<sup>nd</sup> Thursday : Boarders had home leave. Seminar at Longview Public School attended by the

Principal and few teachers.

 $24^{th} \& 25^{th}$ 

Sat/Sunday : Five Class 12 boys accompanied by Mr. D'Gama participated in a Literary Fest at

Birla Vidya Mandir. They secured 3<sup>rd</sup> Position.

25<sup>th</sup> Sunday : Boarders reported back by 04:00p.m.

30<sup>th</sup> Friday : Final Unit Test for the year for Class 11 & 12.

Inter House Football Finals -

Nehru Vs. Gandhi House - Gandhi House Won.

Pant Vs. Nehru House - Pant House Won.

Gandhi Vs. Tagore House - Gandhi House Won

October, 2016

1<sup>st</sup> Saturday : Second Unit Test began for Classes 6 to 12

2<sup>nd</sup> Sunday : Gandhi Jayanti - Holiday - Class 9 and 10 (Boarders) went to town. Every local

school that participated had to prepare a speech.

3<sup>rd</sup> Monday : Cultural Fest at Mohan Lal Sah Bal Vidya Mandir - 15 boys from Class 10

participated. They were accompanied by Mr. D'Gama. Our students were the

overall winners.

4<sup>th</sup> Tuesday : Geography Students of Classes 11 & 12 went for a field survey to Bhimtal and the

Near by place accompanied by Mr. R. Shanker.

6th Thursday : Parent/Teachers' Meeting for Day Scholars.

7th Friday : Two boys went to St. Teresa' School, Kathgodam for an inter school speech

competition, they were accompanied by our Superior Br. Walter Vaz.

11<sup>th</sup> Tuesday : Dussehra – School Holiday (No home leave).

12<sup>th</sup> Wednesday : Muharram – School Holiday.

18th Tuesday : St. Mary's Convent High School Fete – Whole school attended.

20th & 21st

Thur. & Friday : School Photographs.

21st Friday : Br. S. G. Alvarez had a session with our Class 12 students and the students from

Ramnee.

22<sup>nd</sup> Saturday : All Saint's College Fete – Class 11/12 and those having sisters attended. A Corbett

Trip was organised for Class 10 they were accompanied by Mr. Shanker, Mr.

Banerjee, Mr. Knight and Mr. Manral.

24th Monday : Interview for Class 1 candidates -

25<sup>th</sup> Tuesday : Cricket Final began.

Cultural Programme held in Sanwal School – Attended by Class 6.

 $Special\ Assembly-Prize\ distribution.$ 

Class 12 went for the Corbett Trip. 26th Wednesday

Boxing Finals. Nehru House was the overall winner.

Class 12A & B left for Corbet Park for a 2 day trip accompanied by Ms. Bisht, Mr. Manral, Dr. Tewari, Mr. Banerjee and Mr. A. Šingĥ.

Class 6 and 9 attended the Sherwood College Fete.

Class 7 and 8 attended the Mohan Lal Sah Balika Vidya Mandir Fete. Art & Craft Exhibition – inaugurated by the Principal (Dr. P. Emmanuel).

Boys having sisters in All Saints' College attended the Fete. 27th Thursday

Cricket finals ended.

Nehru Vs. Pant House – Nehru House won. Nehru Vs. Pant House – Pant House won. Nehru Vs. Gandhi House – Nehru House won.

Diwali Break – Home Leave for the Boarders 28th Friday

November, 2016

Boarders return from the Diwali Break 3rd Wednesday

Interview for Class 3 4th Friday

Br. Alwaris took a session for Class 12. Also Girls of Class 12 from All Saints' 5<sup>th</sup> Saturday

College were invited for the session.

Final Board Physics Practical for Class 10. 8<sup>th</sup> Tuesday

Br. Alwaris had a session with Class 11 from both our school and All Saints'

College.

Final Board Chemistry Practical for Class 10. 9<sup>th</sup> Wednesday Final Board Biology Practical for Class 10. 10th Thursday

Middle School (8 to 10) Inter Class English Elocution.

Sanwal Fete - Class 7 and 8 attended. 11th Friday

Classes 6 to 9 started the Final Examinations. 12th Saturday

Class 10 begin their Examinations. 15<sup>th</sup> Tuesday

16<sup>th</sup> Wednesday Class 11 and 12 begin their Examinations. Special Assembly - Final photographs taken. 21st Monday

Last Exams for Class 6 to 12. 26th Saturday

Junior School Report Card Day.

December 2016

Report Card Day for Classes 6 to 12. 03rd Saturday

All teachers teaching Classes 6 to 12 (residential) leave for their winter holidays.



### POETRY

#### LIFE IS POWER

Life is power.

Power of hope -

Look into space.

Through the telescope.

Be a good citizen.

With a passionate heart.

Life is power.

Power of art.

Life is power.

Power of nature-

Empower fidelity,

Save the future.

Be clear. Do clean.

Maintain 'Swachha Bharat'-

Life is Power.

Power of 'Desh Ki Sehat'

#### Parthiv Chakraborty

Class - 6 A

#### FIRE AND WATER

Burn, Burn Trees and fern! Shrivel and scorch! A fiesty torch To light the night, for our delight

Bake and toast'em, fry and roast'em!

till beards blaze, and eyes glaze;

till hair smells and skins crack

fat melts. and bones black

in embers lie

beneath the sky

So dwarfes shall die.

and light the night, for our delight.

ya hev!

Samay Gupta

Class - 7 B

### THE LOVELY NAINI LAKE

The lovely Naini lake
is located in Nainital.
Its water is flowing
and we can't imagine
where the water is going
there is rain almost everyday
but the Naini lake is in the same condition
So where is the water going??
Let us join hands and pray that
the Naini lake fills up fast.

Abhishek Chhimwal

Class - 7 R

#### A VERY HAPPY INDEPENDENCE DAY

Some things can't just be expressed in words
My eyes are a little wet seeing the free flying birds.
These are tears of happiness watching the
birds flying up in the sky.

Thanks to the fearless leaders, who faced it all

Making tough times pass by

There may be many things, can't be lived without

But freedom is what I cherish the most

Without any doubt.

Love can speak volumes even when words become less

Love for freedom of some has left us blessed.

Blessed with this freedom, these moments we share

lets learn to care for the people around us.

Care for our nation in every possible way

Come let us together wish our beautiful India.

A very happy Independence Day!

Devansh Sah Class - 8 A

### POETRY

#### MIND MY DREAMS!

Like many others before me, I too dream a billion dream.

The biggest one is to dream itself.

And this dream comes true.

But even after a lot of struggle, I cannot do justice.

Everything I dream seems lacking in depth

What should I dream, that hasn't been dream of before?

So I start to dream again

And I've started to live a strange dream, as if it's the reality!

What lay at the core of this dream?

What has this dream given me that makes me love it so much?

Actually the answer has been in front of me all along I just didn't see!

But now I've realised,

Life is as tough as it is beautiful

Sometimes while running after our dream,

We lose right of the things that really matter.

The joy of achieving dreams is meaningful only when shared with life.

So dose your eyes for a second.......

Look for that special feel of your dream and open your eyes.

You'll see, life is even more beautiful than youever imagined!

So don't stop draming, Think of a new strange dram each day

Cause life is always your way.

Vinay Chanyal Class - 11A

Common looking people are the best in the world: that is the reason the Lord makes so many of them.

-Abraham Lincoln

# OETRY

### CRIES OF THE FOREST

As I slept, I heard a noise. Coming from the forest afar, Nature was calling sadly, nothing but my name. As I walk among the trees. There was a strange feeling inside, As the forest just began to cry. She told me that the forest is half changed to concrete. Where once flowed a river is now nothing, but a silver stream. The Cuckoo and Nightingale where once used to sing. Is now nothing but factories within. U.V. rays of the Sun is harmful, Global warming is now common and aweful. This is what you have done she said, We were used to the worship and pray. The youth is now in chain of the drugs, Earlier they used to come here and play. But suddenly there was bright light that shone, The next moment I was no where but in my bed to stay. Forest, trees, birds are now imaginary on this ground, It is just buildings and fear all around. I promised myself to respect it all, This is what I have done all life long.

Nakul Bisht Class - 11 A

Once you start a working on something, don't be afraid of failure and don't abandon it. People who work sincerely are the happiest.

-Chanakya

### POETRY

#### MAGIC OF MUSIC

MUSIC is nature's great boon, Directed from heaven as God's tune When played in a beautiful song Can make any weak mind, strong.

> It is the greatest of human desire Cannot be purchased by any buyer Listing to music again and again Reduces agony and mental pain.

Music is just like a ringing holy bell When rung, changes everything to heaven from hell When it plays it's mighty game No one is able to blame.

> Music can teach anyone many lessons It can bring life to it's essence Anything which is tragic Can be resolved by music's magic.

> > Prakshep Gusain Class - 11 A



### POETRY

### MY CHEMISTRY BOOK

When for the first time I picked up my chemistry book, It helped me to learn about the whole universe. Then I realized it was physics that I read, And chemistry was left unread and became the subject of my unrest. My dear chemistry book I tried to open you and read you several times, But you made me sleepy and never allowed me to read you anytime, All the elements come before my eyes, bewildering me in some disguise. Then they fuse, they fuse, and together make me confused, With the properties and combining principles they use. They thrive, they thrive, but still I survive, To learn Ostwald's dilution law, and how easy it is to derive. Chemical equilibrium and chemical kinetics, Learning them made me old and psychic. Facebook, twitter, whatsapp were all put aside, To bring that boring organic chemistry, to light. Name reactions as I practised, (Williamson, Ggattermann, and Sandmeyer Or Friedel-craft, Wolf-kishner and Aldol), these reactions they never ended. I thought love to be the strongest of all bonds, but, Chemistry asks what would become of the covalent bond? I worked till late night, revising my syllabus and my course, Learning about electronic configuration and its role. How the electrons arrange themselves, I learnt And in distress, all my notes I burnt.

Finally while I was doing my exam,

There was not a single question, in which I was not jammed.

As I came out of the hall, I realized that I didn't know any answers at all.

I was sitting full of doubt when I was startled, by a typical snout.

Looking in the direction of that snout, I found a book lying above my classmate's pouch,

Then anxiously I just pout, thinking myself to be a fallen angel having gout.

I came out of the examination hall, full of stress, as it was a moment full of distress.

I didn't know even a single answer, alas, and wondered how I could even pass.

I came home full of fury and wanted to tear my book in front of Madam Curie,

It can never be done as she died while discovering radium which I always liked.

I saw my book laughing at me,
I rushed towards it, and fell down on my knees.
I cursed my book and decided never to read that chemistry again.
I tore my book into pieces and sat down to write an English thesis,
I set out on a journey at ease and asked my chemistry book not to bother me .... Please!!

Vibhor Tewari Class - 12A

#### MY PET

I have a pet dog called Mintu. It is white and black in colour. It likes to eat bones and biscuits and drinks milk too. It loves to chase cats and monkeys. It fights and plays with other dogs. It wags its tail when it sees me. I love my Mintu very much.

> Gaurav Bhatt Class – 1

#### MY FAVOURITE SEASON

My favorite season is winter. I like winter because of the snow which falls in this season.

We throw snow balls at our friends.

I like to make a snow man when it snows.

I like to play with my friends.

With winter comes the joyous Christmas festival.

I wait for Santa and the gifts he brings.

#### MY SCHOOL BAG

My school bag is colourful

It has five pockets.

My school bag is my second best friend.

I keep my school bag clean

It has a bottle pocket also

My school bag has two hangers.

I keep my time-table in my school bag

I keep my lunch in the second pocket of my bag

My school bag is very beautiful

I love my school bag very much.

**Vaibhav Tewari** Class – 2

#### TREE

Trees - Don't Cut Them

Trees are very important for us to stay alive.

Trees give us oxygen and take in carbon dioxide which is harmful for us.

Trees keep the Earth cool.

Trees give us wood which is used in different ways.

Fruits too grow on trees.

Please don't cut trees otherwise the Earth will become like a desert.

Plant a tree, don't cut one.

Sangissh Pathak

Class - 1

#### **GRAND PARENTS**

Grandparents are the oldest members of the family.

My grand father's name is Mr. K. B. Joshi and grand mother's name is Mrs. Nirmala Joshi.

They care for us and love us endlessly.

They hold a special place in my heart which no one else can take.

They also advise me and show me the right way.

They have always taught me to respect our teachers and elders.

They share their experiences that can help me in my life.

Their main aim of life is to see my family happy and healthy.

No body can ever replace them.

I think I am really blessed to have such good hearted, lovely grandparents.

**Jay Joshi** Class – 2

#### MY TOWN

There is a lake in Nainital called The Naini Lake. There are many picnic spots in my town. It is a tourist place. Many tourists come to Nainital during the summers and winters. There is a famous road called The Mall Road (Upper Mall Road and Lower Mall Road). It rains heavily in July, August and September and snows too. There are very high mountains. There is a temple called the Nayna Devi Temple and a fair is held once a year in the same name Nanda Devi Fair. Hove my town very much.

Aditya Kharkwal Class – 3A

#### A VISIT TO THE BIOLOGY LAB

I visited the Biology Lab of my school on 12<sup>th</sup> July. 2016 with my class teacher. There, Sir and Miss told me about many things. I saw an octopus, fishes, snakes, skeletons, bones of animals and the ostrich egg. It was too big. I also saw a flower that eats insects. I also saw the brain of a human being and I also saw an earth worm. I like the biology lab very much. It helped me to understand my lesson – The Human Body, better.

Manik Sah Class – 3B

#### **CLEAN INDIA**

Gandhiji, the father of the nation led the clean India Movement. Then in 2015 Prime Minister – Mr. Narendra Modi started the Swachh Bharat Abhiyan. The materials that pollute the streets are plastic bags, cans, plastic bottles and other waste materials. That is why in most of the places in our country plastic bags are banned. In some places water is collected where mosquitoes breed and cause diseases such as Dengue and malaria. We have dustbins to throw waste, but some people throw rubbish in drains, lakes and rivers, which is not good. We should not spit on roads. For a clean India we should not throw waste nor let water collect in places, not spit on the roads and keep our surroundings clean.

Shreyas Shah Class - 3B

### WHAT I COULD CHANGE IF GIVEN A CHANCE

If given a chance I would love to change the materialistic attitude that people have acquired today. Money, today is most important but it cannot buy everything. Love, humanity and goodness are things which cannot be bought. It is better to be a good human being than a materialistic one. I feel like waving a magic wand and casting a spell on everybody – a spell of goodness, love and humanity.

Kush Saxena Class - 4A

#### WHAT I COULD CHANGE IF GIVEN A CHANGE

Given a chance I would love to give the world a cleaner environment to live in. Environmental problems have grown because of an increase in population and because of an increase in the industrial waste – whether emission in the air or water.

To reduce these levels of pollution, a forest cover is essential – green belts should be created and preserved to maintain the quality of air. The use of biodegradable products should be encouraged and solar energy should replace the use of fossil fuels, vehicles should be maintained and people should be encouraged to walk and cycle more.

Maybe if we keep all this in mind, we will be able to breathe more healthy and clean air andavoid so many diseases.

Sachin Joshi Class – 4A

#### MY MOST MEMORABLE DAY IN SCHOOL

My most memorable day in school was when I received a certificate of merit for my work in Class. I was so happy and happier still for my parents who always work so hard with me. There were tears of happiness in my mother's eyes and I feel this was the best return gift I could have given her. My teacher too was full of praise for me as she handed me the certificate in front of all the other parents gathered there.

I have decided to work very hard in all the years to come so that I can finally win the best student of the year award!!

Divadarshan Kapri Class – 4B

#### MY MOST MEMORABLE DAY IN SCHOOL

My first day in St. Joseph's College – Class 1, was my most memorable day in school. Being one of the best schools it was my dream to be here. My parents worked very hard with me and finally I made it!

I was very happy in Class I, I made many new friends and spent lovely times with them. I learnt many things in class and enjoyed every minute of it. We were helped a lot by our very good teachers and Janaki aunty too.

Thank you Class I for making my journey in St. Joseph's so good!!

Abhinav Pant Class - 4B

#### MY FAVOURITE CORNER

My favorite corner in school is near the Monkey Bell because on holidays whether I am sad or not llove to go there and see the beauty of the mountains. From there I can see many houses. I play with all my friends over there. We all enjoy ourselves. We sit there and talk about many different movies. Whenever I am tired I go there alone and think about my family and what they must be doing, but still I am happy in school

Jatin Dasila Class - 5A

#### **OUR ASSEMBLIES**

In most of the schools we have assemblies. We have it in our school also and they are very interesting. My class also had an assembly, it was very colourful and interesting with many props and a short play with a hymn.

It was great fun. It is very difficult to compare the assemblies because each one is different and creative and all have a moral lesson. Our assembly topic was "The Four Candles". We made four kinds of props. They were – LOVE, PEACE, FAITH and HOPE. It was a lovely and colourful assembly.

Maulik Sanwal Class - 5A

#### **OUR ASSEMBLIES**

Our Junior School Assemblies take place in the Auditorium. These assemblies are interesting and a lot of fun. The children make beautiful, colourful and different kinds of props. Some children take part in the plays, some in speaking and there is an announcer who introduces and concludes the assembly. Every class has an exciting, different and motivating topic with a moral. We understand a lot from these assemblies. We had made different props like flowers, hearts and smiles. Our topic candles were PEACE, FAITH, LOVE and HOPE. We held the candles and the props. At the end our Principal Sir talked about the assembly and then we all sang the College Anthem.

Abhyudaya Nayal Class - 5A

#### HOW WOULD YOU LIKE TO CELEBRATE YOUR DIWALI FESTIVAL

Diwali is a festival of lights and crackers. It signifies the victory of light over darkness. Diwali is my favorite festival. Diwali is considered a good time for shopping, so I will be going out to shop. Also I will give my house a makeover. I will try to fill my house with flowers and lamps to create a festive aura. The best way to make my Diwali a happy one, would be to brighten somebody else's day. There are many who do not have enough money to buy clothes or sweets during Diwali. I will be distributing clothes and sweets to poor children. The best part of Diwali is fireworks. So I am going to buy crackers, but not too many as they create both air and sound pollution. This is how I would like to celebrate Diwali this year.

**Kashagra Joshi** Class- 5B

### INDEPENDENCE DAY CELEBRATIONS

We enjoyed this year's Independence Day Celebration. Our Principal Sir hoisted the National Flag as we song our National Anthem. Then Sir gave a speech about our freedom fighters. After his speech we went to the auditorium. A function started with a number of patriotic songs sang by the choir. In the end we sang our College and the National Anthem. After the celebration we all got sweets.

Maulik Adhikari Class - 6 A

#### **NATURE**

"Asato Ma Sadgamaya Tomaso ma Jyotirgamaya"

- Means

"Oh lord. Please show us the path of light so that we can reach the world of Truth and Enlightenment."

Nature is the truth of everything. Nature is the ultimate. It is the creator and also the destructor. Among millions and millions of galaxies, our dear mother earth is the only 'aashiana' or home for life. While looking from the I.S.S., the earth looks like the most majestic creation of God. But in the name of development, we are throwing our only hope of survival towards destruction. Thousands of buildings, fly overs etc. are constructed by annihilation of forests. Everyday, every moment we are polluting the earth putting every living creature and humanity in grave danger.

On 16<sup>th</sup> July, 1945, in a desert in the state of New Mexico, U.S.A., when the first atomic explosion took place and the blazing light of the explosion dominated most of the sky, the following words came out spontaneously from Dr. Oppenheimer's (father of the atomic bomb) lips-"Divi Surya Sahastrasya bhaved yugapad utthita Yadi bhah sadrashi sa syat bhasatasya mahatmanah". Dr. Oppenheimer's (a great lover of Sanskrit too) was compelled to say that, "I am become death, the destroyer of worlds".

So, in conclusion with the words of our national poet we can say - "Let the flight through the sky end in the folding of the wings over the nest. Let the best touch of your hands be gentle like the flower of the night.

- Rabindranath Tagore

**Parthiv Chakraborty** Class - 6 A



#### **SWIMMING**

Swimming is a very good exercise for our body. It helps to keep our body fit and fine. Fishes, many birds and some animals including humans can swim. A new born baby can swim because it keeps swimming in its mother's womb before it is born. Inspired by the fishes ability to swim, humans learned swimming. Humans have invented 4 different strokes (ways) of swimming. The 4 strokes of swimming today are -

1. Freestyle stroke

2. Breast stroke

3. Back stroke

4. Butterfly stroke

To swim in freestyle stroke, we have to move our hands anti-clockwise one by one and keep paddling our legs to move forward.

To do the breast stroke we have to move our hands and legs like a frog to move forward.

To perform the back stroke we have to move our hands clockwise and keep paddling our legs to move forward, while our body lies supine on the water as if lying on a bed to keep floating.

For the butterfly stroke we have to move both our hands together anti-clockwise and keep breathing.

This sport is also an event at the International Olympics and in the Common Wealth Games. The swimmer has to first win the local level, the district level, the state level and finally the national level to swim at the International level (Olympics).

Maulik Sanwal

Class - 6 A

#### **HUMANITY TOWARDS MANKIND**

Humanity or service towards mankind in general, is perceived as charity. As the old saying goes, charity begins at home. It spreads across the roads we travel, in places we dwell, and amongst people we meet. Today's world is full of greed, commotion, distress and distrust. But as Mahatma Gandhi, the great leader, said "I am endeavoring to see God through services to humanity; for I know that God is neither in heaven nor down below, but in everyone "I believe in the absolute oneness of God and therefore also of humanity. What though we have many bodies? But we have one soul. The rays of sun seem many through refraction. But they have the same source. If we all realise the importance of service to mankind then surely we will establish the Kingdom of Heaven on earth.

Shaurya Joshi

Class - 6 A

#### **OUR SWIMMING SESSIONS**

Our class swimming sessions are on Wednesdays and Saturdays. I enjoy with my friends and play with them in the pool. I also took part in the races with my other competitors. I took part in the 50 metres freestyle and the 25 metres backstroke. I love swimming and I always wait for our swimming sessions. It is the activity I love best in St. Joseph's College. Our swimming pool is very big with clean blue water. Our swimming instructor is Mr. Dogra. He looks after us and keeps us away from any danger.

Maulik Adhikari

Class - 6 A

#### WHY IS IT IMPORTANT TO GO TO SCHOOL

People who are educated have a better chance of doing well in life. An educated person also has better understanding of what is going on in the world and why. Education and knowledge are imparted primarily in school. Often practical training at a workplace also contributes to your knowledge. After graduating from school you can study in a university. Unfortunately, many children are unable to go to school because their parents cannot afford it.

Vansh Bora Class - 6 A

#### **ANIMALS**

We are see animals everywhere, in forests, in oceans or even under the ground. They are totally different from us in their way of living, the kind of food they eat and in the places they live. Animals came before humans on earth. Some of the common animals we see are dogs, cats and monkeys. They are millions in number. Animals are also of different types and species like a lion is different from a cow. In the past, however, the animals were very different from the ones we have now. There were dinosaurs, mammoths and many others which have become extinct. There are many animals we still have not seen. We don't know where they came from, so we should live and let them live too, in freedom.

Aditya Dalakoti Class - 6 A

#### FREEDOM FIGHTERS



Today we all live with freedom. Do you know how we are able to? It is because of some people who gave up their lives for our freedom. About a 100 years ago, India was totally different; there was British rule in India. The people of India were treated like slaves, they worked for the Britishers. Then some great men took birth and changed the state of the country. They are known as freedom fighters. They were Mahatma Gandhi, Jawaharlal Nehru, Subhash Chandra Bose, and many others. They knew that the country won't get freedom till the people united, and started the Quit India Movement. India got freedom on the 15<sup>th</sup> of August 1947 because of the freedom fighters. They are no more but their brave deeds are still alive in our hearts and will live forever.

Aditya Dalakoti Class - 6 A

#### MAHATMA GANDHI - FATHER OF THE NATION

Mahatma Gandhi studied in London and worked as a lawyer in South Africa. He fought against discrimination against Indians in South Africa for 21 years. In 1914 he returned to his home country, India, and called upon the people to protest against the British colonial rule in a non-violent way. As a result, the officers did not go to work, children did not go to school, and people made cloth by themselves instead of buying from the British. People went on strike and protest marches were held. Gandhi and many of his followers were arrested, but could not be kept in custody for long. They continued to fight, till they reached their goal in 1947. The British gave us freedom but our country was divided into two parts: India and Pakistan. Gandhi ji died on 30 January 1948.

Vansh Bora Class - 6 A

#### THE GAME OF GOLF

Golf is an interesting game from which we have much to learn. I myself play golf but at first I thought that it's a boring game. However when I started to play Golf, I realised that I should continue playing it. It has many equipments like the sticks which are called clubs and balls of various types. The tee, long driver tee and many more. There are 18 holes to complete the full game. There are various ways of playing like hitting, chipping and putting. For those who don't play golf I advice that you should try it at least once in your life. Golf helps to make our body flexible. All that I want to say is that it is the best game I have ever played.

Manas Tiwari Class - 7 B

#### THE BLUE WHALE GAME

These days there is a lot of news about the Blue Whale game in the papers, news, magazines and social media about people and especially children committing suicide while playing that game. Once they start playing that game people are tempted to play more and more. In the game, several tasks are assigned to one person which is to be completed in 50 days. The tasks begin easy like watching horror movies at night but when as the game moves on, the tasks become complicated, like cutting one's veins, killing an animal and finally suicide. People have to make videos of themselves performing these tasks and send it to the game. It's a very harmful game that one should never play it. I request everyone not to play this game.

Manas Tiwari Class - 7 B

One best book is equal to hundred good friends but one good friends is equal to a library.

-Dr. APJ. Abdul Kalam

#### **TERRORISM: THREAT TO HUMANITY**

".....if you fight terrorism, its based in FEAR, but if you promote peace, its based on HOPE".

- Greg Mortenson

In a world full of terrorism, it is important to know what is terrorism.

Terrorism means the unofficial or unauthorized use of violence and intimidation in the attempt to achieve political aims. Simply put we can define it as any act that causes terror (fear) in the minds of people.

Terrorism is a common social sin. The people involved in such acts are called terrorists. In today's world there is no country untouched by terrorists. Terrorists are people who wish to take over the world or achieve some immoral goals by killing and scaring people. Every nation is affected by terrorism. India has faced a lot of problems but terrorism is the most dangerous of them. The spread of terror is increasing day by day.

Terrorism has no rules, no laws and most importantly no religion. Today a lot of people seem to blame Islam for terrorism. No religion teaches violence and killing people. If Osama Bin Laden was a muslim so is Malala Yousafzai, the pakistani girl who fought terrorism for her right to education.

George W. Bush made a speech after 9/11 attack, he said "Islam is peace, the perpetrators of these attacks they do not represent Islam. They represent war and violence. Our enemies are not our muslim brothers and sisters. Our enemies are a network of radical terrorists."

"Darkness cannot drive out darkness only light can do that." So in these times of darkness, I pray to God to keep love and faith in our heart. Because only love can win over hate.

Abhijeet Lodhiyal Class - 8A

#### FEMALE INFANTICIDE

Female Infanticide is the deliberate killing of new born female child. In countries with a history of female infanticide, the modern practice of sex-selective abortion is often discussed as a closely related issue. Female Infanticide is a majour cause for several nations such as China, India and Pakistan. It has been argued that the "low status" in which women are viewed in these societies creates a bias against women.

The practice has been well documented among the people of Australia, Northern Alaska, South Asia, and Barbara Miller argues the practice to be "almost universal", even in the west.

However it is now widely accepted that the numerical worldwide deflect in women, is due to gender specific abortions, infanticide and neglect.

William Bentick put an end to it. In relation to Sex, Charles Darwin wrote that the practice was commonplace among the tribes of Australia.

Saharsh Pandey Class - 8 A

#### **DOG MENACE**

"A dog is the only thing on earth that loves you more than you love yourself", says Josh Billings. But what if it poses a great threat to entire mankind? Our biggest friend becomes our greatest enemy. It may sound unpleasant to some dog lovers but it is what is happening nowadays. Let me start with our own city Nainital. A 10 year old girl from Rajasthan has been left brain dead after she fell into a ditch while trying to escape a pack of stray dogs in Nainital. The girl named Amtul with her family had checked out from a hotel in Tallital on Sunday when their two-day weekend holiday to the lake city, turned into a nightmare. Abbas Fakruddin, father of the child, said, "We were walking towards the bus station when a pack of dogs started barking and one of them ran towards her. She tried to run and fell into a 30 feet deep ditch". The child suffered severe head injuries and was admitted to ICU of a private hospital in Haldwani. One of the doctors who treated her said, "We have declared her brain dead as she has lost all brain functions.

The incident has brought to focus the menace of stray dogs which is rampant in our hill town. In 2016, 774 dog bite cases were reported in Nainital. The figure stood 1093 in 2015. According to the Nainital Municipal Corporation, there are over 2000 stray canines roaming the streets of Nainital. An animal birth control centre was set up in 2016 to tackle such problem and according to a report almost 900 dogs have been sterilized since them. They Uttarakhand High Court had also observed the growing hazard posed by stray dogs. It is said that more then 4000 cases of dog bite have been reported between 2013 and 2014. A forest officer on condition on anonymity said that the stray dogs in the town are ferocious enough to scare away even wild animals. "Some of these dogs are so fierce that even wild animals are afraid of them. Last year, a Himalayan bear which strayed into the town was chased away by a pack of dogs" he said. Now what does this show? It shows that dogs which are ferocious cannot be our friend. This shows their nature and then these incidents have proved it. India's biggest hospital AIIMS is also under the danger of stray dogs and monkeys. There have been incidents of dog bites and monkeys snatching food from civilians within the AIIMS campus. Dogs are dangerous for humans but monkeys are no less as we all know. Even pet dogs that are chained become very aggressive and whenever they get a chance to escape they become the worst enemy to humans as we all know. Whatever we say a dog is primarily a carnivorous animal.

Aditya Sharma Class - 8 A

### ASSEMBLY ORGANISED BY CLASS 8A ON MALNUTRITION SUSTAINABLE DEVELOPMENT GOALS (SDGS)- 2016

A special assembly was organised by Class 8A and Class-teacher Mr. E.D'Gama on Malnutrition for the project SDGs.

The boys in their short speeches emphasized the meaning and causes of malnutrition and its effects of it on society and the world at large.

A stress was made on the Indian scenario which made it amply clear and the Indian situation was indeed alarming.

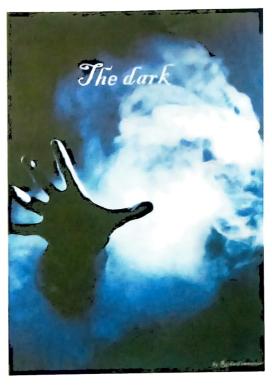
Dr. P. Emmanuel, Principal laid stress of not wasting food at home or at school and help to dissipate food not eaten to the hungry and the poor.

Class Teacher - 8A Mr. E.D'Gama

#### THE DARK

It was a Saturday night. I wanted to watch a horror movie, late night of course as it was a holiday the following day, and I didn't want to sleep in the early hours. It was 1:20am, my movie was half way through, I got an adrenaline rush while watching the scary parts, and the reason I was watching the movie for! Well, now you can tell that I am an adrenalin addict. I guess some people must be thinking how a stupid I must be watching a horror movie at one in the morning, well I think the same each time I watch one of these bad boys but. I don't regret it later in fact I love the excitement I get from getting petrified.

It was two in the morning and my eyes were barely open, I was so lethargic that moment, and I don't remember when I slept. I woke ...... due to all those beverages I drank a few hours ago and needed to freshen up, I came back exhausted and, literally jumped on my bed and dozed off, but I felt really itchy out of the blue. I tried to change my position rather a number of times but couldn't find that sweet spot. Finally I turned towards the wall and more or less fell asleep, when I felt the air on my neck blowing abruptly, for a split second I



thought it was the air conditioner but, then I realized the air conditioner was right over my head, and the air I felt wasn't cold in fact it was slightly warm as if someone or something was breathing down my neck. I began to panic the adrenaline that I loved so much a few ---- ago, it started to terrify me in so many ways. I didn't bother to turn around, as I really didn't want to see whatever was behind me. I tried to turn and twist my arm as much as possible so that it could reach the light switch behind me; I tried to turn it on but, failed miserably, only to find out that the there was no light. Suddenly the air that was blowing down my neck stopped. Thinking that everything that happened, was all in my mind and was just my imagination, I began to chuckle. I turned to the other side to reposition myself for sleep. My heart stopped when I heard someone breathing heavily in my room, I wanted to scream at the top of my lungs but couldn't, I wanted to run as fast I could but couldn't, I was incapable of moving in apprehension and didn't know what to do subsequently. It was dark but, my eyes grew used to the absence of light. I heard someone run across my room, but I dare open my eyes to look. I then realized that whatever happened a few minutes ago wasn't in my head or my imagination. Everything was real. Whatever was in my room came close to me. I tried to open my eyes with all my bravery and belief that there was no one there, I saw a shiny grayish figure of a monster or something, it smiled and showed me its sharp hideous, teeth that I got a glimpse of due to the street lights by my window shining through. I smelt a bloody smell in my room, I wanted to puke but was too scared to do so. Whatever it was it ran through the window and out in the night....

When parents tell you not to be scared of the dark, take my implication and don't listen to them,

Be very, very afraid of the dark because there is a creature that watches you. It lurks in the dark and watches you sleep. Be cautious if you're reading this in the dark it's watching you right now. Farewell and good luck, you're gonna need it!) Richard Emmanuel

Class - 8A

#### MASSIVELY MULTIPLAYER ONLINE GAMES

Few people today remember the simple Multiplayer creations that started the craze for shared gaming. The likes of Ever Quest, World of Warcraft, and even Second Life owe their existence to those who say how much fun it would be for games to be able to interact with many others in an alternate reality on the internet.

Two of the pioneers of Massively Multiplayer Online (MMO) gaming were Kelton Flinn and John Taylor, who together founded the games company KESMAI. Although several text-based Multi-User Dungeon (MUD) games had existed since the late 1970s, they worked on a huge step forward - a graphic-based Massively Multiplayer Game: Air Warrior.

Released in 1987, Air Warrior was a World War II flight-combat simulator that many people, hundreds at a time, could play together online (using a pay-for-use service called Genie). Its virtual environment was perpetual - while players could enter and leave as they chose, the game continued. Players from around the world could log on, choose their own type of aircraft, and fly missions with and against each other.

Air Warrior was a major milestone of its time. Although the graphics were crude by today's standards, in those days anything capable of accommodating the activities of over sixteen players was a staggering achievement.

Aditya Sati Class - 8 A

#### **UNITY IS STRENGTH**

One of the fables tell a story of an old man who was troubled because his sons were always quarreling. He was afraid that the family would be quite broken up when he died. So one day he called his sons altogether and gave them a bundle of sticks, asking them to break it for him. They tried in turns, but, though they were strong, all of them failed. Then he untied the bundle and told them to break each stick by itself. This they did easily. In this way he taught them "Unity is Strength."

If they held together as one family, they would be strong; but if they quarrelled and separated they would be weak.

The same is true in war. A large army whose officers hate each other, has been beaten by a smaller united army.

In the same way if we want to be a powerful nation we need to stop the discrimination on the basis of caste, creed, colour, sex, religion, etc.

Saharsh Pandey Class - 8 A

#### **BOARD EXAMS**

Board Exams! The terror is about to strike upon us as we begin the countdown for the Board Exams. Only eighteen months are left now. I think of the Board Exams as a battleground where we the students are empty-handed, clueless, perplexed soldiers and the questions in the question paper are bullets which are flying all around us ready to knock us down at any moment.

However not all people share the same view. Some people say that Board Exams are very easy and that we can easily score good marks in them if we study hard. Every parent wants his children to do well in the Board Exams as they tell us that these exams will decide their fate.

This society thinks that marks are the only parameter to judge. Even if one child is very well mannered and well brought up his marks are given more importance than these other qualities. Our society thinks good of only those who get good marks.

Though time has proved now and then that the geniuses of this world have faced many failures, even in their school days. Edison was regarded as a weak child by his teachers. Einstein was similarly looked down upon during his school life. Steve Jobs also failed his exams quite early in life. Nevertheless, they did not stop so early defeat from achieving greatness later in life.

To confess frankly, these arguments are the weapons and ammunition that I keep at bay to ward off the criticism of my elders. At the same time I take heart from the examples of such great men to think beyond the limitations imposed by the marking system alone. I may or may not be surrounded with the halo of a 'topper' but I feel that doing one's best is what defines success.

But reality must be faced. These exams are indeed the stepping stones to the future. They decide the stream that one will opt for in class eleven. They prepare us for our class twelve board exams, which ultimately decides our future. Thus being a necessary evil I now have to put in my best effort to stay this dragon called 'Board Exams.'

Ayan Raj Bajaj Class - 8 A

We should not fret for what is past, nor should we be anxious about the future; men of discernment deal only with the present moment.

-Chanakya

### GENDER EQUALITY: IMPORTANCE OF WOMEN

Gender equality is first and foremost a human right. Women and men are like the two balancing and supporting wheels of a bicycle. If one is taken out the cycle gets disbalanced or even if one is in a bad condition, it causes a problem. Same is the case with our society. If women are discriminated, exploited or molested, there is gonna be a disbalance in our society.

A women is exalted as a goddess, is considered the dignity of a family and so has a right to live in freedom and not in fear. A women who is a mother, sister, daughter, the one who goes through pain and gives birth to a child; she plays so many roles so why is she disrespected. It is all a result of under developed thinking and cheap mentality.

People think that women should be confined to the kitchen and house hold but it is not true. Whatever a man can do a woman can do better. Women compete with men in every sector, field and profession. But the low mentality of some people prohibit girls and ladies to choose their career freely. This makes the women dependent on men for their basic necessities and protection. But women can do this on their own if they are empowered and given the opportunity.

Women have been given a secondary position despite the fact that they constitute almost half of the population today. This results in immense loss of self dignity as humans. Women are a major part of social and religious matters. Yet discrimination against women and girls including gender based violence, economic discrimination and harmful traditional practices - remains most persistent and pervasive form of ineuality. (Few practices like female infanticide, sati, johar/jauhar inhibited the growth of women at other times. These practices existed in olden times but in few parts of India it is still prevalent where people think that the son in the family is a good luck while girls are bad luck) Discrimination is one of the major reasons why women do not hold high positions in sectors despite having the capability and talent.

That is why gender equality is important to overcome the bias nature of society. Currently due to emphasis on gender quality there is some development and improvement in the thinking of people and their reasoning ability. It has led to women empowerment. Women are as talented as men. Previously they were not allowed to gain higher education but now they are. Earlier their talents were wasted but now they're channelized.

This results in the overall development of the society and also helps to improve the financial status of our economy. Women empowerment and gender equality are issues which make us realise the real worth of women.

Aditya Sati Class - 8 A

Being ignorant is not so much a shame, as being unwilling to learn.

-Benjamin Franklin

#### SCHOOL LIFE: THE GOLDEN PERIOD OF A CHILD'S LIFE

"As a child we always wanted to grow up fast, but now we realize that incomplete homework and broken toys were far better than unfulfilled dreams and the world outside." As a child grows so do his tensions and responsibilities.

In school life there are tensions of studies. I would suggest that if we take up studies as if another daily routine like bathing, eating and so on then we would feel calm of us. Ask any student to add studying to his/her daily routine, and just see the unpleasant expression on their faces, as if you had told them to donate both their kidneys! In school we have teachers to support us and who love us like a mother/friend and expect us to be disciplined so that we are moving on the right path towards a better and brighter future. We enjoy the motherly warmth of our teachers at school, and sometimes take advantage of that!

We always wanted freedom; we used to think it exists... Does it?

Yes it does.

- It exists in the frank discussion with your teachers in school.
- It exists in the fight over stupid matters with friends in school.
- It exists in playing tomfoolery with friends and teachers in school.
- It exists in not completing assignments on time and still asking for marks.

When at school, we feel that we are bound by many rules and regulations and that once we reach college we will be come a free bird; no teachers to force us to attend classes, no uniforms and so on. But no, we are under a false perceptions. At college we may be easily misguided and go off the target without the direction of teachers. The so called freedom is a mirage because the responsibility of your actions lie with you. There is no one to guide you, to lead you on. On the other hand it is the school life which gives us the real freedom - the freedom to live in a cocoon of care, concern and dedication of our teachers. The best phrase to sum up school life would be 'A Free Life'.

So enjoy your school life, enjoy your freedom! Cause it won't last long.....

And in the end all I would like to say is "In the cookie of life, school and teachers are the chocochips that make life sweet, surprising and scrumptious". I would like to thank my teachers for being the choco-chips of my life.

I conclude with Chuck Grassley's words, "What makes a child gifted and talented may not always be good grades in school, but a different way of looking at the world and learning."

By - Richard Emmanuel Class - 8A

#### WAR-VALIDATED?

Since the dawn of humanity, people have fought something or the other. The first of the lot fought for farms, mana, religious favour and a wide variety of reasons. But this was just the beginning of the horrors that the world was to witness henceforth.

The annihilation of Europe by the Seljuq, Timurid, Mongol and Moorish hordes at regular intervals left many people bereft of life, just as the Goths, Visigoths, Huns and Saxons had done a few centuries back. This demonstrated its worst form in the two World Wars which was the zenith of the destructive consequences of warfare that could ever be witnessed by the whole world. In a scenario such as this, combating was not a choice for it was inevitable for the retaliators.

But the question is..., was it justified?

The Mongols massacred 40 million people, destroyed empires, massacred from the far east to Western Europe. Was it fair? No.

But was the counter-killing of Mongols by the Arabs and Asians for the defence of their cities justified? Yes. Was the attempt to annihilate the Polish and Siberian cultures, Judaism and all non-"Aryan" ethnicities by the Nazis justified? Not at all.

But were the resistance movements by the Jews and all those oppressed answered for? Probably yes.

Was the barely provoked attack on Pearl Harbour by the Japanese right? No.

But was the nuking of Hiroshima and Nagasaki as a direct retribution good?

Not at all in the short run but crucial for ending warfare on the larger stage.

Going to war entails a lot of casualties and damage to property, but if it means saving people against genocide and other atrocities, it is necessary. Similarly, defending one's homeland and cultural heritage is not only necessary but also a duty.

This is no way an excuse to go and slaughter every other country for minor issues but if the existence of a country itself is threatened, yielding is not the logical option.

War should be avoided as far as possible but that doesn't really mean that the victim allows the aggressor to march their forces and pillage the country. In this case, destroying them is necessary.

So as a conclusion, the justification of a war does not depend on anything else but the conditions for which it is being fought for.

Dhruvraj S. Taragi Class - 8B

As you will think, as you will become. If you consider yourself weak then you will become weak and if you consider yourself strong then you will become strong.

-Swami Vivekanand

#### THE PAINTING

"A true work of art is but a shadow of divine perfection."

-Michaelangelo

We often use the word painting in our daily life, but do we really know the true meaning of the word 'painting'. A painting is silent poetry that speaks a lot about the stone within a person, it speaks about a person more than anything else in the living world. It is a true expression of one's thoughts through colours. Often when we look at a painting, we admire its beauty, but do we ever decode the hidden message? No. We prefer to stay confused throughout our lives about the wonderful work of art. A painting is immortal, it has no end. It may seem absurd to call it immortal. One can say that a painting grows old and eventually gets lost in time but in reality even if it does grow old, its meaning stays evergreen till infinity and till the day we have that beautiful and marvellous work of art we should cherish it every day. We can strive hard to reveal its hidden meaning and everyday we can add a new word on a new thought to the meaning of the painting and as Edgar Degas once said – "Art is not what you see but, what you make others see."

A painting often speaks for itself, it speaks not through words but through colours. Every colour we add to a painting signifies something or the other. Colours often signify love, hate, death, miserey and anger. It is truly wonderful how a colour changes the whole theme of a painting. A painting can have the brightest colours but unless the light falls on it, the painting is nothing but merely a pitch of black colour and when exposed to light, the painting takes a beautiful appearance and shows off its vivid colours in every way possible. So we can conclude that the colour 'Black' can signify darkness in one's life, therefore a painting is a mix of different colours which portray a mix of emotions in one's life.

Varun Vishesh Bhatt Class - 8 B

#### **BOXING**

I was in class 6, when I was first introduced to boxing. It was the time when boxing was not a popular game in St. Joseph's College. We usually begin with the practice in the last week of September or in the first week of October in about the first 15 days we practice in the under-croft with our boxing teacher Mr. Dogra who is a great boxer. Then we move to the gym where we have all the equipments which are necessary for boxing. Like punching bags, gloves etc. we practice there for the rest of our time.

As other years, this year we began with boxing a bit late. Anyway when we began and went through the quarter finals, then the semi-finals and finally it was the glorious evening of the finals, where all the boxers arrived. The bouts began and we had nearly 15 bouts. Some were winners and some had to lose to win, next time, but they were all at their best. I felt about boxing, a great sport which teaches us how to protect our self from all kinds of dangers.

Shivesh Vats

Class - 8B

#### I WANT TO BE ...???

I am a confused, harassed, perplexed and utterly flummoxed teenager. There are many others like me, who have no idea what to do in life. There are a million career options available to the capable and talented youth, but the problem is that today's youngsters are totally unaware of their potential.

I want to be a cinematographer, a photographer, a creative director, an army officer, an investment banker, a model, an actor, a youtuber, a fashion blogger, etc. etc.... Now doesn't that ring a common bell in all of us teenagers.....?? What, all of us have in common is that we all want instant success, popularity, a celebrity status, loads of money and a rich lifestyle. What we also have in common is that, we do not have any idea as to how our dreams and aspirations will turn into reality.

At this age, what seems important to us is knowing fun and acquiring all sorts of gizmos. What we fail to understand is that only persistent hardwork, focus and determination will ensure a secure, successful and bright future which is satisfying and in accordance to our desires.

So friends, live in reality and realise, like me, that there are no shortcuts in life. Let us all go after our dreams with a renewed zeal and not rest till we reach our desired destination - a finishing point that we have chosen for ourselves.

Veer Shounak Class - 8 B

#### **GYMNASTIC**

The most exciting event of the sports day is Gymnastics.

Which is of course a very hard thing to do, as we have to have a perfect co-ordination. But with a little bit of practice it's not impossible.

The best thing of gymnastic is that you might be the junior most gymnast in the team but you can also be the best in it if you try hard. Gymnastics for the year 2016 was quite a short event, it only had the chair trick (which was pretty awesome, by the way) and floor exercises. The best thing this year was that the record of 18 back flips was broken by a boy who did 24 back flips.

So, what's the moral of ..... What? Oh yeah! Right. There is no moral since it's not a story. With this I finish the article and you get to read something else.

Ukasha Ashraf Class

Education is the best friend. An educated person is respect everywhere. Education beast the beauty and the youth.

-Chanakya

#### **SWIMMING - 2016**

The chilly gusts of wind turned into a subtle warm breeze, as the summer season approached Nainital. The horizon turned into brilliant hues of green.

In this kind of weather people tend to look forward to eating ice creams and mangoes. But, in my case summer gives me the opportunity to play my favourite sport, that is Swimming.

This year the Swimming Session started off a bit late, because of drought conditions in Nainital. Anyhow Swimming started with a total BLAST!

In our school, there are basically two categories of students entering the pool:

#### 1. The Fun Lovers

The boys who come to the pool just to have a good time. You can see them splashing water and playing games of all sorts, trying different jumps – cannonball, backward jump, superman, and what not!

#### 2. The "Serious" Swimmers

These are the kids who actually want to swim. These are the boys one can see practicing all the time. The temperament of these boys is that they get furious when you accidently dash into them while they are practicing. Some of these boys join the Fun-lovers for occasional FUN.

I am a mixture of both of these as I enjoy both swimming and playing games in the pool.

This year although we had a very short practice period of five weeks for swimming practice, due to various problems related to the pool. However Mr. Dogra managed to add sixty four boys to the Swimmers' list and we did have wonderful Aquatic Meet.

As for myself, I enjoy swimming a lot. I was honored to be declared the "Best Swimmer 2016"!

Abhimanyu Vohra Class - 9A



#### **POWERPOINT PRESENTATION - 2016**

Power point Presentation (PPT) competition is one of the greatest happenings in St. Josephs College, Nainital. Two teams (A and B) are formed from Class 9A and two from Class 9B, two teams from 10A and two teams from Class 10B, a total of 16 participants. The competition is between Class 9A team A against team B then Class 9B, team A against team B and then Class 9A against Class 9B, the same with Class 10A and 10B. Every year we have three winners, out of which one is from Class 9 and the other from Class 10 and one overall winner too. The decision is taken by two judges and our dear Principal, Dr. Peter Emmanuel, as well as two tabulators who calculate the overall marks for winners.

Like every year this year too, our fellow participants did their best and tried to express their thoughts and messages through their presentations. This year's competition was hosted by Abhimanyu Vohra and Mehar Singh Nanda. The two judges were Br. Fernandez and Mrs. P. Rathore and tabulators were Dr. M. Tewari, Mrs. M. Bhatt and Principal Sir, Dr. Peter Emmanuel. There were many interesting topics like Conservation of Water, Stop Child Labour, Top 10 discoveries. If the Earth loses Oxygen for 5 seconds and many more but the overall winner had to be one.

As the competition began, we started with Class 9A team A with their topic 'Child Labour' which is a great problem in India. They showed us how children under the age of 14 still work in mines. Then came team A from 9B with the topic 'Women Empowerment' as women are equal to men. They showed us about some successful women who did things which men may do. After that we had the team B of 9B with the most important topic – 'Water Conservation' Nainital is one of the biggest examples. They showed us that if will not save water, the consequences will be harsh. Then we had the Class 10 team A with the topic 'Absolute Motivation' – they showed us the importance of motivation in our life. We then had Class 10A team B with an interesting topic 'If Earth Looses Oxygen for 5 Seconds'. Oxygen is an important component for survival. They showed us if there would be no oxygen for even 5 seconds then what damages it would cause us. On moving forward we had 10B team A with the topic 'Pollution in Naini Lake' – due to less rain water how the lake water has decreased. They showed us what we can do to overcome this problem. Then last came Class 10B team B with the topic 'Top 10 Discoveries till now'. We were shown many discoveries which have taken place and how some of those discoveries have totally changed our world.

As we waited for the tabulators to add up the results, the college band performed a song just to lighten up the tense atmosphere. When the results were ready and there was total silence in the hall. Then came our Principal, he first addressed the students and all present in the Auditorium, telling us what he liked and his views on the various topics then came the moment we were all waiting for – the results.

Team A of Class 9B won and team A of Class 10B and the overall winner was Class 10B. After the excitement, teachers had their tea and then all of us went back to class.

Rajit Tete Class - 9A

Faith is the bird that feels the light when the dawn is still dark.

-Rabindranath Tagore

#### IS INDIA REALLY DEMOCRATIC?

INDIA is not a democracy.

By definition, democracy is a form of government that is Of The People, By The People and For The People. Theoretically it empowers people. It is governance which takes the people's views and needs into cognisance. The ideal behind the theory believed that if citizens were stakeholders in decisions, it would lead to better societies and higher prosperity and happiness. Alas! In India, often called the World's Largest Democracy (because of the sheer number of people who are listed voters), the actual functioning of the ideal of democracy could not be further away from reality.

Take a quick look at most politicians in India today. More than half of them are in this career by virtue of their birth into a political family. Political parties are strewn with brothers, children, spouses, in-laws, outlaws, nephews, nieces, and others who are in some way connected to existing politicians. Only a handful of our politicians have made it on their own. The percentage of leaders rising from the general populace hovers somewhere between negligible and nil. Evidently, the government is not formed by representatives Of The People.

India's only claim to being a democracy is the fact there are periodical General Elections in which the citizenry ostensibly chooses the government. Booth capturing and the recent expose that the Electronic Voting Machines (EVMs) are not tamper-proof cast a doubt on the real effectiveness of the election process itself.

The General Elections are held once in five years. That is twice in a decade. The voting turnout is usually quite pathetic. Which means that not all citizens are participating in the selection process. This is another nail in the coffin of democracy in India.

Having once cast their vote and assuming that there was no booth capturing or EVM tampering, the public become mute bystanders. The machinations of the political parties to form a government start after the counting. The wooing, money exchanges and new party allegiances play out like high drama. The actual creation and formation of a government is a spectator sport for the country. People have no say in the crafty moves that politicians make to come into power. Obviously, democracy in India is not By The People.

When have you last felt safe from corruption, terrorism, violence, cheating, molestation, neighbours, politicians or police? In a time when countries like Egypt and Turkey have their citizens spontaneously rising together and demanding change and being heard, the massive collective of a billion people in India has no voice.

Clearly, democracy in India is far, away from being For The People.

Democracy in India is nothing but a sham conducted by self-serving individuals with no integrity, vision or ethics. Today, it is only about dividing the people into smaller and smaller groups. To create a group or vote bank that will support the creator of the group in reaching power. India is a giant chessboard and we the people of India are mere pawns in power play.

Aniruddh Singh Class - 10B

### THE CLEAN INDIA MISSION (SPEECH GIVEN AT LPS-ORATOR OF THE YEAR COMPETITION)

INDIA! Buddha's country and the land of a million gods, the Silicon Valley of the East, cradle of the Software Industry and one of the fastest growing economies in the world. A country which changed the course of human civilization by giving great mathematical fundamentals like the concept of zero and the decimal system. Tody, it is striding forward in the fields of space research, science and technology. Yet, there is one important aspect which remains woefully neglected - that of cleanliness and hygiene. With this in mind, our Prime Minister launched a campaign to ensure a clean India by 2019, the 150th birth anniversary of Mahatma Gandhi. It was named, "The Clean India Mission", and I firmly believe that the success of this mission is the responsibility of each and every one of the 1.25 billion Indians.

India is a land of contradictions, many Indian homes are spotlessly clean, yet right outside them there are filthy streets and mountains of garbage. This shows our complete lack of civic sense. Why do we think that the 'Right to Litter' is our fundamental Right? Why do we care about out homes but not our streets? Is it because it is 'someone else's job"? Why aren't there strict laws to stop littering in public places? Was sending a space probe to Mars easier than keeping our streets clean?

With the filth and stench of our public toilets, we amaze the foreign tourists who wonder whether this is the same country which is an emerging superpower seeking a place in the UN Security Council. Cleanliness is indeed next to godliness, and we must all unitedly work to ensure a clean India.

We must see that our historical monuments are not defaced with graffiti, that our public walls are not stained with dirty red 'paan' spittle and that our drains are clean and do not have a stagnant water providing a breeding ground for mosquitoes. If 1.25 billion pairs of hands picked up a piece of litter, imagine the volume of grabage we will have cleaned. If 1.25 billion Indians took a step each in this direction, imagine the distance we would have covered!

If we keep our country clean, we can check the spread of diseases like dengue, malaria and cholera, thereby improving the health of our citizens. A healthier population is a more productive population, which in turn leads to progress and economic prosperity. Cleanliness is not a matter of instinct but a matter of education and carefully cultivated habits. I believe that it is the responsibility of every one of the 1.25 billion Indians for the simple reason that it affects each one of us directly. We must take the lead in keeping our home, neighbourhood and school clean. Much like charity begins at home, sanitation and hygiene start with you and me. Come, let us roll up our sleeves and brace ourselves to do our individual bit to clean India, beginning NOW! There is only one difference between aims and dreams. Dreams require effortless sleep, and, aims require sleepless efforts. If was can do this, India will become a model of cleanliness for the rest of the world- and, we needn't wait, till 2019!

We each have and individual role to fulfill and our journey is to collective destiny. Mark Twain had said - "India is the cradle of the human race, the birthplace of human speech, the mother of history, the grandmother of legend and the great grandmother of tradition". Come, let us pledge ourselves to making a clean, disease-free and progressive India a reality.

Never doubt that a small group of thoughtful committed citizens can change the world : indeed, it's the only thing that ever has.

Aniruddh Singh

Class - 10B

#### SOCIAL MEDIA WHICH MAKES US UN-SOCIAL

Hooked on the Net? How isolated we are!!

The inability, which most of us youngsters face, is "BEING SOCIAL". We spend hours online but the irony is that we communicate with people not by looking into their eyes but with a name on the screen. We chat and discuss numerous events online but when made to discuss in public we become tongue tied.

If look around and observe, We realized that this media which we call "Social" is actually nothing but when we "switch on our computers" and "its our doors we shut".

It is a mere illusion where "community" and "companionship" are just a sense of inclusion. This media makes us do nothing except generate self interest, self image and is merely promotion of self.

We now live in a world where we're slaves to the technology we'we mastered, where we share every bit of juicy information but what we weave out are "emotions". We feel so happy, having an experience to share, but is it the same if we have no one around us there?

We put up our words in order, until out lives are glistening but do we ever question ourselves whether anyone in listening?

We edit and exaggerate and make adulations but do we ever notice our social isolation as 'being alone' is not a problem but 'being lonely' is a big one.

We don't see any need to stare, all the time, at a screen, but still we do so... We all are becoming unsocial, reserved and reclusive and we hold ourselves back from speaking in public meetings, for fear of looking insane.

Among children, I observe there's no skipping, no nursery rhymes no brick knock games to play and often the vision of swings hanging in parks gives me a chill. We youngsters are so engaged in gadgets and are passing on to the young generations a legary of 'smart gadgets' but of course "dump people".

All we need to do is to just make eye contact, take to one another and co-exist. We need to look up from our phones and shut down the display, take a look at the surroundings and make the best of our day. We need to give life some attention, not to waste it looking at some invention. We have a lot to do within a set number of days so do should not waste them as there is nothing greater that regret.

I'm guilty of being majority hooked onto these smart gadgets which in turn make dumb, a part of the world where I am merely heard and not seen, where I type as I chat and spend hours together without any eye contact.

Let's leave out this legacy and a step out of it - as in the end what people need from one another is "Love" and not "Like".

Chitransh Devliyal Class - 11 A

#### DRUG: A TERMITE IN YOUTH

The term 'drug' has now bee given a new connotation. It was used originally to mean 'medicine'. However, now-a-days the term drug means not only medicine but also fatal narcotics that include cocaine, heroine, brown sugar and many others. All these drugs have their evil effects on the mind and body cells of the addicts. The young generations, particularly teenagers, are the worst victims of evils of Drug Addiction in our country.

Drug abuse is the excessive, maladaptive use of drug for non-medicinal purpose. It also defines state, emotional and physical, characterized by a compulsion to take it on a constant basis on order experience its mental effects. Dependence on drugs gives rise to mental, emotional, biological or physical, social and economic instability. The effects of drug abuse on youth maximum as youth in our society occupy a delicate and sensitive position within the population structure.

The drug immensely affects the brain of growing youth. Most of the drugs affect the brain's 'Heward Circuit' by flooding it with the chemical messenger, dopamine. This reward system controls the body's ability to feel pleasure and motivates a person to repeat behaviour needed to thrive, such as eating and spending time with loved once. This overstimulation of the reward circuit causes the intensely pleasurable "high" that bad people to take drugs again and again.

Drugs are the silent killer of the society as well as each addicted individual, which kills men and society gradually.

As it is rightly said by Donald Frost,

"Drugs take you to hell, disguised as heaven."

Pranshu Pande Class - 11 A (Science)

#### CLEAN INDIA, GREEN INDIA

India is a large country with great diversity, be it in culture, tradition, religion or anything else. India, being diverse, still has unity.

India is developing at a fast rate. We people have been so busy in this process that we have totally forgotten about our motherland; we have stopped paying attention to our own land.

For us, the roads on which we walk, the places where we go seem like dustbins! We eat something and throw the wrappers around that very place. Sometimes we even throw wrappers right next to the dustbins, but won't make any effort to throw it inside.

This is not a good sign for us. As citizens of India, we have to take steps to clean our country. We should not make cleaning the country as the responsibility of only government. Yes, the Indian government should also take steps, but the number of people in the government are far out numbered by the citizens. We still have time to revert back the changes for which we are responsible.

After that we can proudly hold our heads high and enjoy the beauty of our motherland and call India: a clean and green nation.

Mayukh Upadhyay Class - 11 A

#### THE BEAUTIFUL TRUTH

The beautiful truth that we humans have uncovered in our quest for understanding the cosmos, is the knowledge that the atoms that comprise life on earth, the very atoms that make up your and most of our surroundings, are traceable to the crucibles that cooked light elements into heavy elements inside their core.

The universe was intially made of only hydrogen and helium, but when large stars ran out of these elements, to sustain their nuclear powerhouses, they startes churning up even heavier elements elements like carbon, nitrogen and oxygen - the very constituents of your body. These stars then collapsed and exploded, scattering their enriched guts into the galaxy and there guts had the prerequisites of life itself.

So when I look up at the night sky, knowing that - we are a part of this universe, we're in this universe but more important than both of those facts is that the universe is in us.

Many people feel small because they're small and the universe is big, but I feel big, because my atoms came from those stars. There is a level of connectivity - something that everyone wants from life - you want to feel relevant, you want to feel like you're a participant in the events around you and that is exactly what you're doing - just by being alive.

Shivay Nagpal Class - 11 A

#### **SENIOR SCHOOL SCIENCE QUIZ - 2016**

The Senior School Science Quiz was organised for classes 9 and 10 by the science department. The questions for the event were contributed by Mrs. R. Gururani, Mrs. M. Bhatt, Mrs. S. Bisht and Mr. M. Bernard.

The teams were divided in 9A and 9B and 10A and 10B with two participants each.

The quiz was conducted by Mr. E. D'Gama. The quiz had four rounds namely the general round, visual round, buzzer round and the rapid fir round.

The questions covered various topics of the syllabus and made the participants to real true their brains.

At the end Dr. P. Emmanuel thanked and encouraged the audience participants and event coordinators who made the event a success.

**Report Science Department** 

#### GYMNASTICS - BEHIND THE SCENE

Gymnastics! A sport which takes immense training, hard work, physical and mental fitness, great timing and coordination. It is one of the best attractions, at the annual Athletic Meet of St. Joseph's College which is held in the month of May every year. Everyone present at the Athletic Meet enjoys Gymnastic, but no one knows the amount of training the boys under go in performing Gymnastic. Let me take you behind the scene of St. Joseph's College, Nainital Gymnastics display!

The academic year of 2016 started with thrill and enthusiasm and so did the selection of the Gymnastic Team. Our coach Mr. Dogra is the heart and soul of Gymnastics, the selections are done under his guidance, where children are shown basics of Gymnastics and asked to display them. The little boys having the potential of being a gymnast are selected.

As the selections are completed the hard work starts! After coming back from a three month vacation the fitness level of the gymnasts, as well as the new recruits are not up to the mark. Therefore, gymnastic training / practice starts with improving the fitness. Sets of exercises have to be done which basically deal with stretching, balancing, jumping and strength gaining exercises. For a week or two the exercises are done which improves our fitness level. Once the fitness level of the gymnasts are up to the mark our real training starts.

Now the boys who were selected are taught the basics and the previous year's gymnast are told to polish their skills in, forward rolls, handspring etc.

When the new gymnasts have learned the basics then they are told to join us and start our gymnastics display practice. In the year 2016 due to shortage of time only floor exercises and chair tricks were to be displayed. Gymnasts were told to arrange themselves according to their heights. Then the boys are given alternate groups, and the groups are told to perform the drills/flips simultaneously. With the proper guidelines given by our coach the floor exercises are coordinated and are ready to be displayed.

The gymnasts given free time as well, so that they can understand each other which indeed help in improving coordination. During the free time gymnasts also try inventing new stuff as to present and odd on to the display.

Now comes the chair trick, as a basic mindset of the new gymnasts, they are kind off afraid of chairs, like how will we balance, will we get hurt while doing the tricks etc, but thanks to our coach and his experience which indeed fill the gymnasts with confidence and enthusiasm. Immense practice is done which indeed helps us in perfecting chair tricks. The important thing is to perform every trick plus the ground exercise in the allotted time, therefore every exercise is time. The whole routine is revised and performed many times, to check if there is are any flaw.

The gymnasts are now ready to display their routine for which they have been practicing for months.

Now if you see any gymnastic display you know how that is practiced and performed. That's all for Gymnastic Behind The Scene!

Rajat Negi Class = 12 A



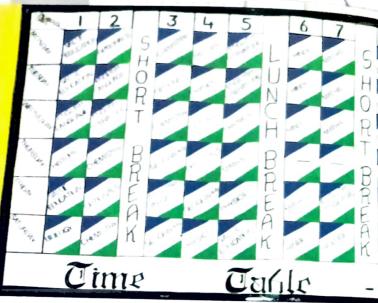
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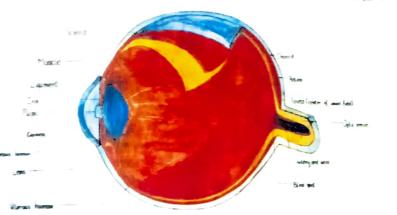


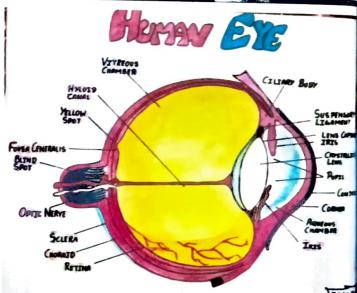






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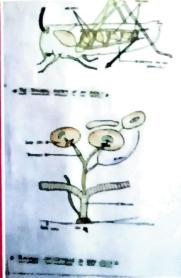








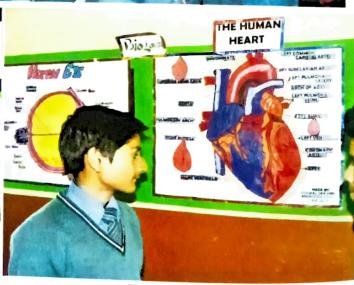










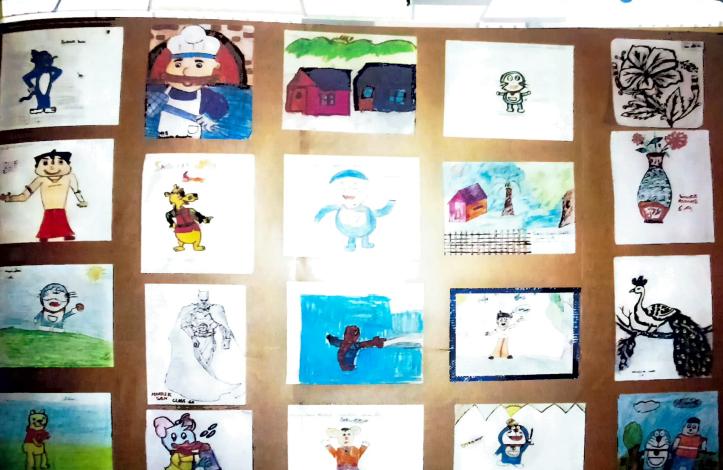




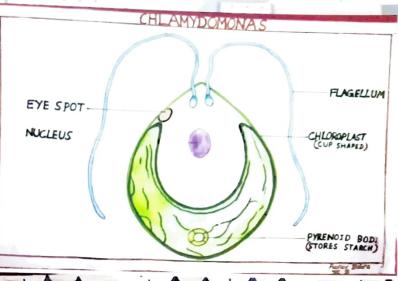


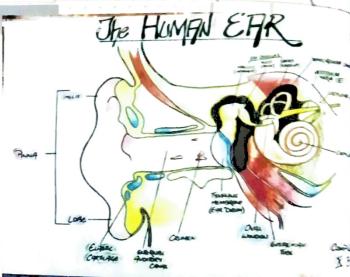






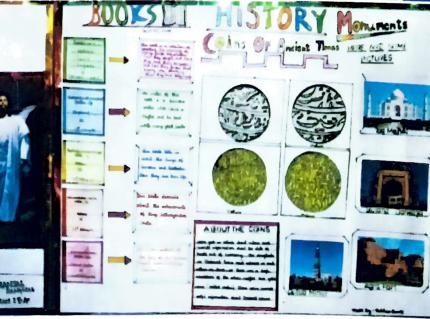


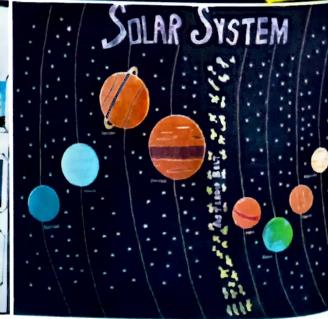
























































# Founders Day (Celebrations)



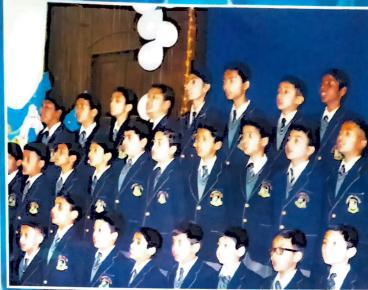




## Founders Day (Celebrations)









































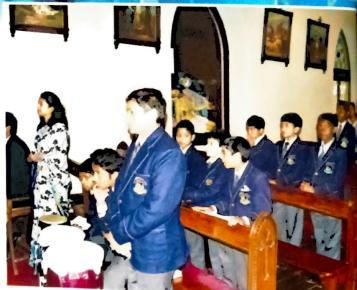
















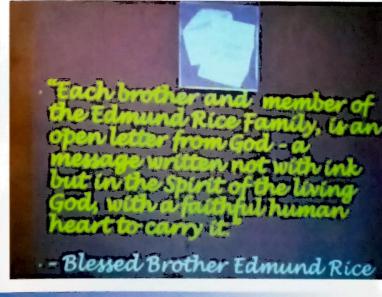












# Junior Maths Quiz

















# Junior Maths Quiz



















# Junior Maths Quiz

















# Senior School Science Quiz GARAGE











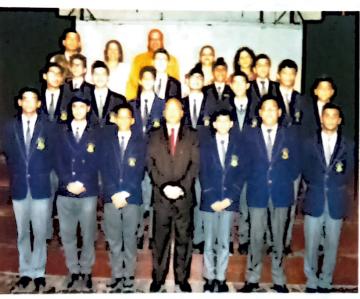




## Senior School Science Quiz













# Senior School Science Quiz (9-10)

















7. Name the place where Asia's largest telescope is installed?

8. Which agency governs the rul and regulation regarding Chemistry?











## Senior School Science Quiz (9-10)

- Which of the following cell organelles is sometimes referred to as dictyosomes in plants?
  - a. Mitochondria
- b. Lysosomes
- . Golgi Complex
- d. Plastids
- 7. Atomic clocks can measure time very accurately, the measurement is based on the
- Vibration of molecules
- Vibration of pendulum
- vibration of atoms
- Vibration of electrons

- Which physical quantity is measured with mercury Atmospheric pre Which gas is used in multi-coloured display signs seen at night? Neon
- Name the energy change taking place in the

- Name a non metal which is a good conductor of electricity.

  Graphite
- By what name is water that contains deuterium known as?
- The flightless extinct bird Dodo is telated to which Island?

#### ANSWERS

- 1. While is part of the Sun is visible during about solar adiges ? Co.
- With allomosp of carbon is also called buckyball? During the splitting of white light which colour of light gets
- stated the teast? 4 Stanless steel is an alloy where as air is a The Winter steep in animals is called Hibernation.
- What is the summer sleep called?
- 6. Name the phenomenon which is responsible for producing Nuclear Pusion and stars.
- 7. Which planet is known as the Red planet?
- When do we calebrate the world environment day?
- 9. What is the use of thermopile? To measure heat:
- 10. Give the full form of ISRO

- 6. Which tissue in the body forms a heat insulating layer beneath the skin?
- Epithelium Tissue
- Nervous Tissue
- d Adipose Tiss
- 8. Name the hardest substan in the Human body?
  - a. Skull

- b. Spine
- c. Thigh bone
- d. Tooth Enam

#### ANSMERS

- 1. Name the element which is used to determine the ago
- 2. Name the chemical which can dissolve royal metals like gold and platinum.
- Which particle inside an atom is responsible for the
- existence of Isotopes?
- 4. Which fuel is commonly used in Nuclear reactors?
- 5. Which device is used to convert alternate current
- to direct current? 6. What is the normal blood pressure of human beings?
- 7. In which unit sound level( Loudness of sound) measured?
- 8. Name the defect of eye in which a person can see a distant object but not the close by object.
- Which gland is called master gland of our body?
- 1. What is known as energy molecule in the living world?
- 2. Which scale is used to measure the acidity of an acid?
- 3. Which is the brightest star?
- 4. When is World Ozone Day celebrated?
- 5. Name the scientist who discovered nucleus in a living cell
- 6. How many molecules are contained in one mole of any gas
- 7. Give the full name of the CE situated in Namital?
- 6. Which National park is nam
- 9. Name the vaccine used against Tid
- 10. Give the full form of POLY.

















Annual sports

# Annual Athletic Meet Prince

























































# Mini's Foodball Fills

















# Vini's Football Final

















# Assembly on Mother Teresa and her work of Charity



r is a decided the proligions life.

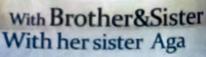
#### Early Days

e was born on 27th August 1910. Her real name as Agries Gionxhu Bejuxhiu and she was the nungest child of Nikola, a politician, and hane Bejuxhiu in Skopje in Yugoslavia.













# Class 8 A (Assembly)





# Assembly Organised by 8a (SDGS)



# Assembly Organised by 8a (SDGS)



#### Assembly Organised by Sa on Malnutrition



#### CONCLUSION

#### NUTRITION AS AN UNALIENABLE RIGHT

We cannot, we must not, accept the present condition of the great majority of the world's population as something to be dealt with

The major reason for formulating this document is to realize that international justice demands that we recognize the rights and needs of all people of this world we inhabit, and that we work jointly towards a common goal of betterment of human condition







#### MALNUTRITION IS INDIA'S SILENT EMERGENCY

irly half of India's children- approximately 60 million - are underweight, 48% have ated growth (too short for their ago), 20% are wasted (too thin for their height, cating acute malnutrition). 75% are anaemic, and 57% are deficient in Vitamin A.

scribing mainutrition as India is silent emergency, the World Bank report says at the rate of mainstrition cases among children in India is almost five times are than in China, and twice than in Sub-Saharan Africa.







Anemia

















#### TREATMENT FOR MALNUTRITION – UNDER NUTRITION

- Hospitalization

- nt of hypothen





#### FOOD SECURITY AND HUNGER

- Food security is often defined as access by all people at all times to sufficient food required for a healthy and active life
- India is a food surplus nation but according to The 2015 Global Hunger Index (GHI) Report ranked India 20th amongst leading countries with a serious hunger situation. It has more than 190 million food insecure





#### **Nutritional Deficiency Diseases**

- It is caused by relative / absolute tack of individual nutrient
- Nulment delicencies after bodily functions and processes at the most basic cellular level
- These processes include water balance, enzyme function, serve signaling, digestion, and metabolism
- Nutrient deficiencies can also lead to ether diseases





AND EYE



# Assembly Organised by 8a (SDGS)

#### KWASHIORKOR





It is found in children who have a diet that is usually insufficient in energy and protein and often in other

Kwashiorkor is often associated with, or even precipitated by infectious diseases

#### THE TWO FORMS OF UNDER NUTRITION

· Protein-Energy Malnutrition (PEM) Marasmus vs. Kwashiorkor



Protein Energy Malnutrition (PEM) is a malnutrition Protein Energy islaming the protein and/or energy in resulting from the deficiency of protein and/or energy in

#### WASTING



Wasting, also known as wasting syndrome, refers to the process which causes muscle and fat tissue to "waste" away. Measured by Weight-for-height (WFH).













#### UNDER-NUTRITION RESULTS IN:



- Stunted growth, also known as stunting and nutritional stunting, is a reduced growth rate inhuman development.
- Stunted children may never regain the height lost as a result of stunting, and most children will never gain the corresponding body weight.
- Measured by height for age





#### **WHAT IS NUTRITION?**



It is the science that interprets the interaction of nutrients and other substances in food in relation to maintenance, growth, reproduction, health and disease of an organism. It includes food intake, absorption, assimilation, biosynthesis, catabolism and excretion,





Let food be thy medicine and medicine be thy food" Hippocrates



#### SETTING TO KNOW MALNUTRITION

- A term used to refer to any condition in which the body does not receive enough nutrients for proper function. Mainutrition may range from mild to severe and life-threatening.
- People are malnourished **if their** diet does not provide adequate calories and protein for growth and maintenance of they are unable to fully utilize the food they eat
- At times malnutrition can be so severe that the damage it does to the body is permanent even though you survive





#### SEM Salutes the Brave Soldier for his Supreme Sacrifice LATE ASSISTANT COMMANDANT SUDHIR KUMAR BAMETA (SJC Batch of 1988)





28 Bn BSF martyred on 17.07.2002 at Poonch Sector while performing his duty on the Line of Control.

He was Posthumously awarded by the Govt. of India for his bravery by awarding "PPMG" (President's Police Medal of Gallantry)













# Mother Teresa















#### ailing health

As - of heart attack will fact visiting Pope John Paul II

pa-gree loto hospital in UEA for passers and beart

y) - In May the landary often in Assessed the realized from Andrews in Supremon States and Daylory for a Modeled

A- b April do liver them has all a base and in

#### Last journey.....





White Chieften India's Sonia Gandhi

#### ot

wards that she got

- Padema shan are arel
  - Appe John XXIII peace prize
  - Albert Schwestzer international prize
- Farma in Letter are and
- and Relicins person
  - Pa Nobile Peace Price
- (all) Order of Meest
- ash, Medal of Ferredone
  - " made in the later Albertas
- The second of th

Paper John Panil II begans the process to make her a Saint.

#### Last journey...



Sisters of missionaries of charity pray during the funeral mass for mother Teresa, the founder of their order, in the netagi induor stadium in Calcutta sep 17th 1997

### 'Mother Teresa

#### Services.....

she dedicated the majority of her life in helping the poorest of poor in India, thus gaining her the name "saint of the gutters"

She received medical training and education in Paris

she started a dispensary handing out bandages, medicines and food, donated by people

#### Day of inspiration'....

On 10th Sep 1946, Teresa was quietly praying on a train travelling from Calcutta to Darjeeling then God spoke to her

Sister Teresa returned to the common to Calcutta and requested for lawer mounts to almost, but her requested is refused.

After two years also any given appeal programion from the Loresto maker to make the large

Sister Terress thanky higher thanks amount on Augus

#### Daily working routine

- Wake up at 4 30hrs
- Two hours prayer with all sisters
- Light breakfast
- Walkout to work in shinis, dressed with blu bordered white san and a bag on shoulder
- Devoted time management
- Teach the children
- Work with the sick, the dying of those suffering from leptosy
- \* Collect, prepare and give out food
- Raise the funds for the needy people

#### Speech give by mother teresa after she received noble peace prize

Nobel Peace Prize acceptance speech

"I choose the poverty of our poor people. But I am grateful to receive (the Nobel) in the name of the hungry, the maked, the komeless, of the crippled, of the blind, of the lepers, of all those people who feel unwanted, unloved, uncared-for throughout society, people that have become a burden to the society and are showed.

#### The final days

- March 13th 1997 she stepped down as head no replace by sister Nirmala
- September 5th 1997 She died of a massive hear a
- her funeral was on the 13th of September 1997.



- Age 12 decided one wildow life
- \* Age & journal the Company Lines

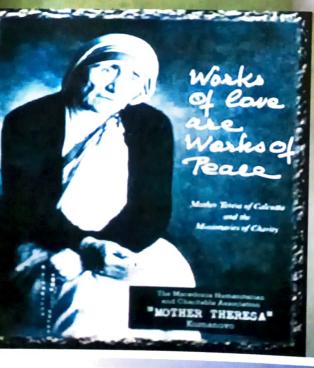


October 7th 1950 - Vatican permission to set up dissionaries of Charity, to care for the hungry, the naked, he homeless, the crippied, the blind and lepers.

#### With her sister Aga









#### Mother Teresa



"Dent Expect Your FRIEND To Be a Perfect Person" But.

"Help Your FRIEND To Become a Perfect Person" Thats True Friendship!

· Haller Toron

Agnes Gionxhu Bejuxhiu.....



 Became Mother Teresa after making her final yows

CALLED MOTHER TERESA







teraction...

ith Pope Paul VI



cognization

ial award for excellence in the indo-American ety at the headquarters of ionaries of charity in utta march 16<sup>th</sup>,1997





#### **Early Days**

She was born on 27th August 1910. Her real name was Agnes Gionxhu Bejuxhiu and she was the youngest child of Nikola, a politician, and Drane Bejuxhiu in Skopje in Yugoslavia.



#### ecognization

#### With Brother&Sister for the poor



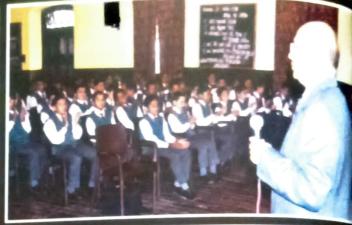
the devotion towards the poor won her respect rughout the world and the noble peace prize 1952 - opens Nirmal Hriday [pure heart] for the dying, 1955 - opens Nirmala Shishu Bhavan [immaculate heart] fo lost children or children's home.

1957 - opens Shanti Nagar (city of punit) a home for lepers. Her order became well known for change of



### Middle School Hindi Elocution



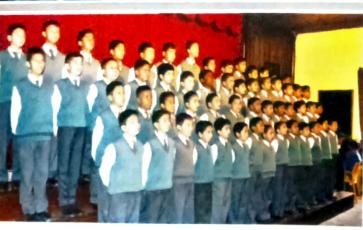














#### Middle School Hindi Elocution













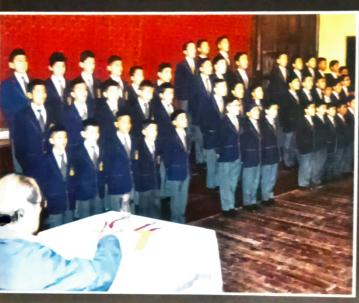




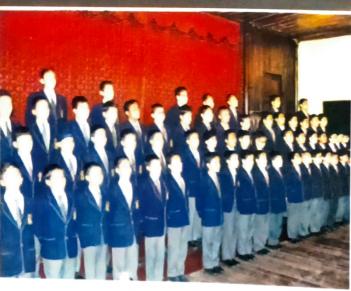
# Junior School Elecution













## Junior School Elocution



















### Junior School Elecution

















#### Junior School Elocution























































































































































#### Governor's Cup Inter-School Galf Tournament



#### Governor's Cup Inter School Golf Tournament



#### Governor's Cup Inter School Golf Tournament



































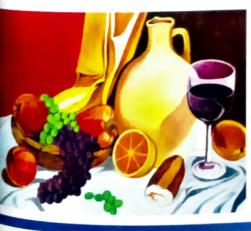




















































































































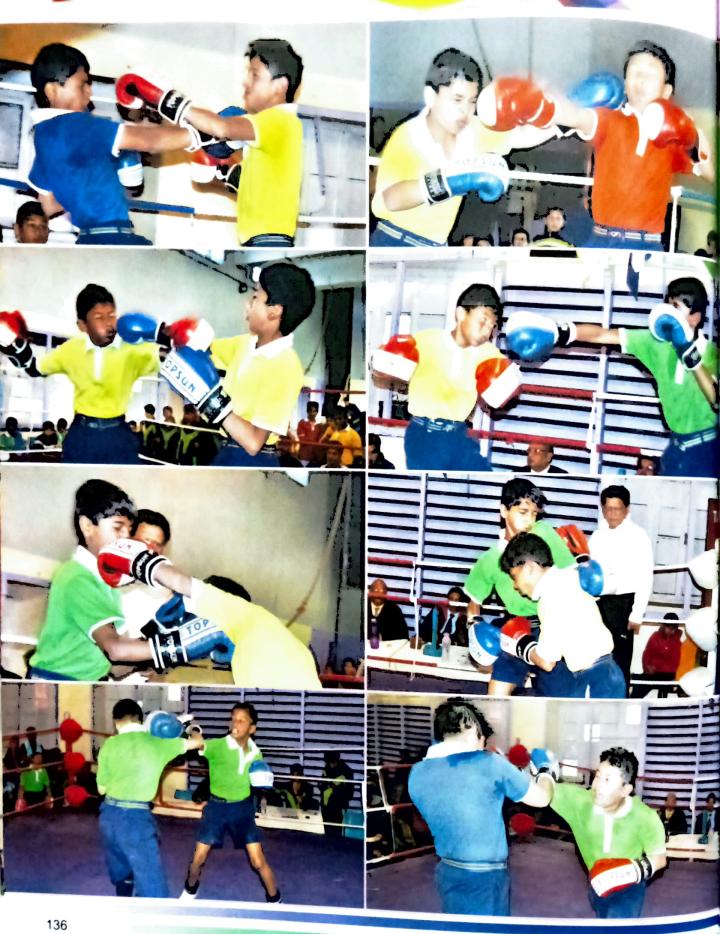




















# Prize Distribution







# Christmas Lunch-Staff with Br. Superior and Principal













## Christmas Lunch-Staff with Br. Superior and Principal















#### मेरी माँ

मेरी माँ की लीला न्यारी, वो लगती हैं मुझको प्यारी। माँ भगवान की मूरत है, भोली उसकी सूरत है।

> माँ जीवन का दीप है, माँ एक तारा है; जो लगता हमको प्यारा है।

मेरी माँ की लीला न्यारी, वो लगती है मुझको प्यारी।

हर्षवर्धन आर्या कक्षा – 1

#### मेरी कक्षा

कक्षा एक ऐसा स्थान, जिसमें मिलता हमको ज्ञान। जहाँ शिक्षिका प्यारी–प्यारी, लगती हमको सबसे न्यारी। जो सिखाती हमें सदा ही बड़ों का करना सम्मान।

कक्षा एक ऐसा स्थान, जिसमें मिलता हमको ज्ञान। जहाँ मित्र हैं बहुत ही सारे, टीचर की आँखों के तारे। लड़ना नहीं हमें आपस में, इसका हमको रखना ध्यान।

कक्षा एक ऐसा स्थान,
जिसमें मिलता हमको ज्ञान।
टीचर कहतीं मेहनत से पढ़ना,
जीवन में आगे है बढ़ना,
असफल होकर कभी न रुकना,
यह शिक्षा देती वरदान।
कक्षा एक ऐसा स्थान,
जिसमें मिलता हमको ज्ञान।
टीचर ने हमको बतलाया
विद्यालय जिसने है बनाया।
ऊँच—नीच का भेद मिटाया,
यहाँ सब बच्चे एक समान।
कक्षा एक ऐसा स्थान,
जिसमें मिलता हमको ज्ञान।

अस्तित्व विशोर कक्षा – 3 अ

#### ऐ हिन्द के तिरंगे

ऐ हिन्द के तिरंगे, तू मस्त—मस्त लहरें गगन को चीर करके, तू ऊँचा—ऊँचा फहरे, अभिमान से भरा तू गौरव तू देश का है कर्तव्य की कसौटी पर तप—त्याग भर रहा है ये आन—बान प्यारे, तू शान देश की है गगन को चीर करके तू ऊँचा ऊँचा फहरे।

> श्रीयांश शाह कक्षा – ८३

#### हमारा नैनीताल

नैनीताल हमारी शान है,, इसकी झील शहर की जान है, यह शहर हमारा है इसको स्वर्ग हमें बनाना है।

> बनेगा एक नया नैनीताल जिस पर होगा हमें गर्व होगी सब ओर हरियाली, होंगे सबके सब मगन

हर उत्सव हर पर्व, जिसको मनाने पर होगा हमें गर्व रातें होंगी प्यारी खिल उठेगी चहुँ ओर हरियाली।

> जितने हो सके पेड़ लगाओ खुशियों का पिटारा हरियाली के रूप में लाओ करो सपनों को साकार बनाओ नैनीताल का नया आकार।

> > गौतम जायसवाल कक्षा – 8 ब



चारों ओर गंदगी फैली, कूड़े-करकट का अंबार। यह तो है बाहरी गंदगी। कर लो तुम इसका उपचार।

> मंत्र स्वच्छता का अपनाओ, स्वस्थ, सबल जीवन का दान। दूर करो गंदगी, बच्चों, करो देश भर का कल्याण।

मन हमारा स्वच्छ रहेगा, तन हमारा स्वच्छ रहेगा। स्वच्छ रहेगा घर हमारा स्वच्छ रहेगा देश हमारा।

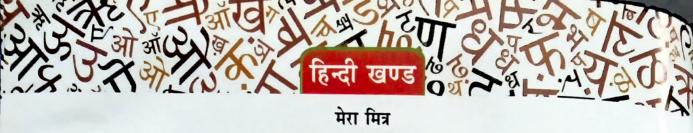
> दूर गंदगी होने से, खुशियों का संसार बनेगा। बस्ती अपनी शुद्ध रहेगी, वायु, देह, मन शुद्ध रहेगी।

आदित्य साह कक्षा - 9 अ

भगवान के वरदान हैं ये इस जग के पवित्र धाम हैं ये। इनका हर पल सम्मान करो, ना कभी तुम अपमान करो। परिवार में है दोनों के अलग काम, फिर भी हैं दोनों हमारे भगवान। होता इनसे जीवन शुरू, बच्चों के हैं ये प्रथम गुरु। क्यों सोचते हैं ये दुनिया वाले, कौन इन्हें है अब पाले। क्या किसी के मन में नहीं आता, ये है हमारे जीवनदाता। भगवान के अनमोल उपहार हैं ये, हमको सदा करते प्यार है ये। बेरंग हैं इनके बिना ये दुनियाँ, हमारी खुशियों की बौछार हैं ये। नमन किसवाण

कक्षा - 10 अ

हम जो कुछ भी हैं वो हमने आज तक क्या सोचा इस बात का परिणाम है। यदि कोई व्यक्ति बुरी सोच के साथ बोलता या काम करता है, तो उसे कष्ट ही मिलता है। यदि कोई व्यक्ति गुद्ध विचारों के साथ बोलता या काम करता है, तो उसकी परछाई की तरह खुशी *उ*सका साथ कभी नहीं छोड़ती। - भगवान गौतम बुद्ध



मेरा मित्र बहुत अच्छा है। हम दोनों एक ही कक्षा में पढ़ते हैं। मेरा मित्र पढ़ने में बहुत होशियार है। वह बहुत समझदार भी है।

मेरे मित्र का लेख बहुत सुन्दर है। हम दोनों हमेशा एक साथ खेलते हैं। मेरे मित्र की माता जी अध्यापिका हैं। मेरा मित्र हमेशा बड़ों का आदर करता है। वह किसी से लड़ाई—झगड़ा नहीं करता। हमेशा सबकी सहायता करने के लिए तत्पर रहता है।

मेरा मित्र समय का बहुत पाबन्द है। वह सदैव सत्य बोलता है। अपना गृहकार्य हमेशा समय पर पूरा करता है। कक्षा में अध्यापिकाएँ उसकी प्रशंसा करती हैं।

तैराकी उसका प्रिय शौक है। मैं अपने मित्र को बहुत प्यार करता हूँ।

मलय रावत कक्षा– 2

#### मेरी कक्षा

कक्षा एक ऐसा स्थान है, जहाँ सभी बच्चे मिलकर पढ़ते हैं। मैं कक्षा तीन "अ" का छात्र हूँ। मेरी कक्षा में पचास बच्चे हैं। मेरी कक्षा में दो श्यामपट्ट व 26 कुर्सियाँ हैं।

हम सभी छात्र मिलकर अपनी कक्षा को स्वच्छ रखते हैं। मेरी कक्षा छात्रों द्वारा बनाए गए चित्रों से सजी है। कक्षा में सभी छात्र अनुशासन में रहते हैं।

मेरी कक्षा में मेरे कई मित्र हैं। हम कक्षा में कई विषय रूचि से पढ़ते हैं। मेरी कक्षा प्रथम तल पर है। मुझे मेरी कक्षा बहुत प्रिय है।

> भरत गोयल कक्षा— 3 अ

#### विद्यालय में मेरा प्रथम दिन

विद्यालय में मेरा पहला दिन बहुत ही अच्छा था। विद्यालय में प्रवेश करते ही मैं बहुत प्रसन्न हुआ। बड़ी-बड़ी बिल्डिंग्स थीं, बड़ा सा तरणताल और बड़ी-बड़ी कक्षाएँ थीं।

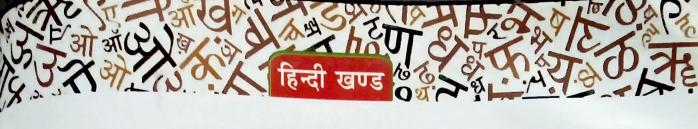
मुझे ऐसा लग रहा था जैसे मैं जन्नत में आ गया। मेरे माता-पिता मेरे लिए नया स्कूल बैग, नई पुस्तकें आदि लाए थे।

विद्यालय की वर्दी पहनकर मैं गर्व का अनुभव कर रहा था। सभी बच्चों ने कक्षा में प्रवेश किया। सबका मन उत्साह से भरा था। कक्षा में अध्यापिका ने सभी बच्चों के नाम पूछे। पढ़ाई की और खूब मजे भी किए।

मध्याविध में सभी बच्चों ने खाना खाया। उसके बाद हमने खेल के पीरियड में क्रिकेट खेला। खेलते—खेलते छुट्टी की घंटी बज गई। हम सब अपने—अपने माता—पिता के साथ घर चले गए।

इस प्रकार विद्यालय में मेरा पहला दिन बहुत अच्छा बीता।

आलीशान कक्षा– 3 ब



#### कक्षा में मेरी भूमिका

मैं कक्षा चार 'अ' का छात्र हूँ। मैं शांत प्रकृति का हूँ। मैं कक्षा में यह प्रयास करता हूँ कि मेरा गृहकार्य कक्षा-कार्य समय पर पूरा हो ताकि मैं कक्षा में प्रशंसा का पात्र बनुँ।

मैं अपनी कक्षा में दूसरी पंक्ति में बैठता हूँ। मैं कक्षा में होने वाले सभी कार्यक्रमों में भाग लेने का प्रयास करता हूँ।

कक्षा में कमजोर छात्रों की सहायता करता हूँ। अपनी कक्षा को साफ सुथरा रखता हूँ। मैं अध्यापिकाओं द्वारा दिए गए निर्देशों का हमेशा पालन करता हूँ। कक्षा को हमेशा अनुशासित रखने का प्रयास करता हूँ। मैं हमेशा अपने गुरुजनों का आदर करता हूँ।

कक्षा—अध्यापिका द्वारा सौंपे गए अतिरिक्त कार्यों को मैं भली—भाँति पूरा करता हूँ। मैं अपनी कक्षा का एक जिम्मेदार छात्र हूँ।

उत्कर्ष जोशी कक्षा- 4 अ

#### मेरे विद्यालय का पुस्तकालय

हमारे जीवन में पुस्तकों का विशेष महत्व है। पुस्तकालय में बहुत सी ज्ञानवर्धक पुस्तकें होती हैं। कई ऐतिहासिक, सामाजिक व पौराणिक आदि।

मेरे विद्यालय में भी एक पुस्तकालय है, जो कि काफी बड़ा है। इस पुस्तकालय में बहुत पुस्तकें हैं। ज्यादातर पुस्तकें अंग्रेजी में ही हैं।

हमें पुस्तकालय के वादन में हमारे स्तर की अलग-अलग पुस्तकें पढ़ने को दी जाती हैं। जिनसे हमारा मनोरंजन भी होता है और ज्ञान भी बढ़ता है।

हम सभी पुस्तकालय में शांत व अनुशासन में रहकर बैठते हैं और पुस्तकें पढ़ते हैं। पुस्तकालय में बैठने के लिए कई कुर्सियां व मेजें लगी हुई हैं। मुझे अपने विद्यालय का पुस्तकालय बहुत अच्छा लगता है। अर्ज्न सैनी

कक्षा- 4 ब

#### मेरे विद्यालय की असेंबली

हर विद्यालय की तरह मेरे विद्यालय में भी असेंबली होती है। मेरे विद्यालय में असेंबली प्रत्येक सोमवार को होती है। असेंबली के दिन विद्यालय वर्दी के साथ विद्यालय का कोट पहनना अनिवार्य होता है। इस दिन विद्यालय के सभी छात्र-छात्राएँ विद्यालय प्रांगण में एकत्रित होते हैं।

प्रत्येक कक्षा अलग—अलग विषय में जानकारी देती है जैसे – पर्यावरण व वृक्षारोपण आदि। बच्चों के अच्छे आचरण

के बारे में मुख्य रूप से जानकारी दी जाती है।

असेंबली के अन्त में हमारे प्रधानाचार्य महोदय द्वारा प्रार्थना करवाई जाती है, फिर बच्चों को अनुशासन आदि के बारे

अन्ततः विद्यालय गीत के साथ असेंबली का समापन होता है। उसके उपरान्त हम सभी अपनी—अपनी कक्षाओं के में बताया जाता है। लिए प्रस्थान करते हैं। हार्दिक बिष्ट

#### मेरे विद्यालय में उड़ते हैलीकॉप्टर - 2016

इस वर्ष आरम्भ में कई बार मेरे विद्यालय के विशाल प्रांगण में हैलीकॉप्टर उतरते—उड़ते रहे। जिन्हें देखकर हम बहुत प्रसन्न होते थे।

पहली बार जब उतरा, सुबह का समय था। हम सभी छात्रावासी नाश्ता करने के बाद अध्ययन कक्ष में पढ़ाई कर रहे थे, अचानक बाहर हैलीकॉप्टर की आवाज़ आई। हमने देखा कि हैलीकॉप्टर बहुत नीचे उड़ान भर रहा था। हम सभी खिड़कियों से बाहर देखने लगे।

हमारी मैडम हमें हैलीकॉप्टर दिखाने बाहर ले गईं। हम बहुत खुश थे। हमारी मैडम ने बताया अगले कई दिनों तक हैलीकॉप्टर उड़ते—उतरते रहेंगे। इसके बाद कई बार हैलीकॉप्टर आए। कभी हमारी पढ़ाई भी प्रभावित हो रही थी, लेकिन हम बच्चे अति—प्रसन्न थे।

मुझे गर्व है कि मैं एक प्रतिष्ठित विद्यालय का छात्र हूँ। जहाँ पर कई बड़े—बड़े खेल के मैदान हैं जिनसे हम नजदीक से ही हैलीकॉप्टर को देख पाते हैं।

> उदयवीर कक्षा – 5 ब

#### रूबिक्स क्यूब

रूबिक्स क्यूब कई साल पहले रूबिक नाम के एक शक्स ने बनाया था। यह शक्स बहुत होशियार रहा होगा। पहले तो लोगों को लगा कि रूबिक्स के द्वारा बनाए गए क्यूब को सुलझाना नामुमकिन था किन्तु कुछ लोगों ने हार नहीं मानी। वह कोशिश करते रहे और आखिरकार अंत में उन्होंने उसे सुलझा लिया।

आजकल के ज़माने में तो रूबिक्स क्यूब सुलझाना एक खेल बन गया है। रोज़ नए—नए रिकार्ड बनते रहते हैं अभी तक को जो सबसे अच्छा रिकार्ड है वह है दो मिनट आँख पर पट्टी बाँधकर दस रूबिक्स क्यूब सुलझाना। यह रिकार्ड सुनने में असंभव लगता है पर है सही।

रूबिक्स क्यूब सुलझाने में ध्यान, एकाग्रता, सब्र और बुद्धिमानी की आवश्यकता होती है। अगर हम एकचित होकर रूबिक्स क्यूब की पहेली सुलझा सकते हैं तो उसी प्रकार से हम जीवन की बाधाओं और अड़चनों का मुकाबला भी कर सकते हैं।

> अयन राज बजाज कक्षा – 8 ब

स्वयं से लझे, बाहरी ढुइमन से क्या लड़ना? वह जो स्वयं पर विजय कर लेगा उसे आनंद की प्राप्ति होगी।

- भगवान महावीर



#### भारत का मंगल अभियान

भारत की प्रमुख अंतरिक्ष अनुसंधान संस्था "इसरो" ने अंतरिक्ष विज्ञान में अनेक महत्वपूर्ण सफलताएँ अर्जित की हैं। उपग्रह प्रक्षेपण एवं चन्द्रयान अभियान इसरो की महत्वपूर्ण उपलब्धियाँ हैं। मंगल अभियान को सफलतापूर्वक संचालित करने के साथ ही इसरों ने पूरी दुनिया को भारत की तकनीकी क्षमता का लोहा मानने पर विवश कर दिया है।

इस अभियान की सफलता के साथ ही भारत एशिया का पहला देश बन गया, जिसने मंगल ग्रह पर अपना यान भेजा। अमेरिका जैसा तकनीकी सम्पन्न देश भी छः अभियानों की असफलता के उपरान्त यह उपलब्धि हासिल कर सका था। यह अभियान दुनिया का सबसे सस्ता अभियान था जिसमें मात्र 74 मिलियन डालर का खर्च आया, जबकि अमेरिका द्वारा इसी वर्ष मंगल ग्रह के लिए प्रक्षेपित किया गया "मावेन" नामक यान की लागत 671 मिलियन डालर थी। मंगल यान का प्रक्षेपण हल्के प्रक्षेपण यान (पी.एस.एल.वी.) के द्वारा किया गया, और यान का वजन कम रखा गया इस कारण अभियान की लागत कम की जा सकी।

05 नवम्बर 2013 को सतीश धवन स्पेस सेन्टर श्रीहरिकोटा से मंगल यान को अंतरिक्ष में प्रक्षेपित किया गया। पृथ्वी के 06 चक्कर लगाने के उपरान्त 01 दिसम्बर 2013 को पृथ्वी की कक्षा छोड़कर मंगल यान मंगल ग्रह की और चल पड़ा। 65 करोड़ किलोमीटर की दूरी 10 माह में पूर्ण करने के उपरान्त 24 सितम्बर 2014 को वह मंगल ग्रह के निकट पहुँचा। इस अवधि में इसरों के वैज्ञानिक धरती से ही इसकी गति एवं दिशा को नियंत्रित करते रहे ताकि यान अपनी दिशा से ना भटके।

मंगल ग्रह के निकट पहुँचते ही 24 सितम्बर 2014 को इसकी गति कम करने का प्रयास किया गया ताकि यह सुरक्षित रूप से मंगल ग्रह की कक्षा में प्रवेश कर सके। यह एक बहुत ही कठिन दौर था, जिसके सफलतापूर्वक सम्पन्न होने पर देश के वैज्ञानिकों में खुशी की लहर दौड़ पड़ी। स्वयं प्रधानमंत्री श्री नरेन्द्र मोदी जी इस अवसर पर वैज्ञानिकों के साथ उपस्थित थे। अभियान की सफलता के उपरान्त उन्होंने सभी वैज्ञानिकों को बधाई दी। इसी के साथ मंगल यान मंगल ग्रह की कक्षा में प्रवेश कर गया।

इस अभियान की सफलता के साथ ही अंतरिक्ष विज्ञान के क्षेत्र में विकास की अपार सम्भावनाएँ पैदा हुई हैं। मंगल यान, मंगल गृह की सतह के फोटोग्राफ धरती पर भेजेगा जिससे मंगल गृह के बारे में अधिक से अधिक जानकारियाँ प्राप्त हो सकेंगी। इस यान पर लगा मीथेन गैस संवेदी यन्त्र मंगल गृह पर मीथेन की उपस्थिति का पता लगाएगा, जिससे मंगल गृह पर जीवन का पता चल सकेगा।

हमें अपने देश के अंतरिक्ष वैज्ञानिकों पर गर्व है, जिन्होंने इतने कठिन अभियान को सफलतापूर्वक सम्पन्न कर हमारे देश का गौरव बढाया है। वैभव पाण्डे

कक्षा - 8 ब

काम की अधिकता नहीं, अनियमितता आदमी को मार उतती है। - मह्यत्मा गांधी

## प्रधानमंत्री का स्वच्छ भारत अभियान

एक स्वस्थ शरीर में ही एक स्वस्थ मस्तिष्क निवास करता है। बेहतर स्वास्थ्य हमारे आसपास के वातावरण पर निर्भर करता है। आज बढ़ते जनसंख्या दबाव एवं आधुनिक जीवन शैली के कारण हमारा परिवेश दूषित हो गया है। किसी भी शहर में प्रवेश करने से पूर्व हमारा गंदगी के ढेरों से सामना होता है। तकनीकी रूप से सक्षम भारत देश में सफाई का यह स्तर अत्यन्त सोचनीय है, एवं विदेशों में भारत की छवि धूमिल कर रहा है।

हमारे प्रधानमंत्री श्री नरेन्द्र मोदी जी ने इस विकराल समस्या पर पूरे देश का ध्यान आकर्षित किया है। उन्होंने राष्ट्रिपता महात्मा गाँधी की जयन्ती 02 अक्टूबर 2016 को स्वच्छ भारत अभियान का शुभारम्भ किया। भारत के 30 लाख सरकारी कर्मचारियों को स्वच्छता की शपथ दिलाई, साथ ही करोड़ों छात्रों ने अपने—अपने विद्यालयों में स्वच्छता की शपथ ली। प्रधानमंत्री ने मलिन बस्तियों में स्वयं झाडू लगाकर नागरिकों को स्वच्छता का संदेश दिया।

आज हम तकनीकी रूप से इतने सक्षम हैं कि मंगल अभियान जैसे काग्रक्रमों को सफलतापूर्वक संचालित कर रहे हैं, किन्तु वहीं आज भी देश की एक बड़ी आबादी खुले में शौच करने के लिए विवश है। प्रधानमंत्री ने शौचालय विहीन घरों में शौचालय की व्यवस्था करने के लिए समस्त संसद सदस्यों, अधिकारियों एवं उद्योगपितयों को निर्देश दिये, तािक हमारी मातृशक्ति को खुले में शौच जाने की शर्मिन्दगी से बचाया जा सके। साथ ही हमें अपने आस—पास का परिवेश स्वच्छ रखना होगा। यह कार्य किसी एक व्यक्ति या संस्था द्वारा संभव नहीं है, बल्कि इसके लिए देश के सभी नागरिकों को जागरूक होना होगा। देश के सवा सौ करोड़ नागरिकों ने गंदगी कर देश को इस हाल में पहुँचा दिया है, यदि ये ही सवा सौ करोड़ नागरिक संकल्प कर लें कि देश को स्वच्छ बनाना है तो जल्दी ही हमारा देश सोने सा चमकने लगेगा।

हमें कूड़े के निस्तारण के लिए वैज्ञानिक तरीक अपनाने होंगे। जैविक एवं अजैविक कूड़े का निस्तारण अलग–अलग ढंग से करना होगा। प्लास्टिक उत्पादों का प्रयोग रोकना होगा। तभी हमारा देश सुन्दर बन सकेगा।

आइए हम सब मिलकर शपथ लें कि इस स्वच्छता अभियान को सफल बनाऐंगे। हम अपने घर, पड़ोस, गली, मोहल्लों से शुरूआत करेंगे। हम ना गंदगी करेंगे और न दूसरों को करने देंगे। गंदगी करने वाले को टोकेंगे। नदी, नाले, तालाब एवं जल—स्रोत साफ रखेंगे तभी हमारा देश दुनिया के नक्शे में स्वच्छ देश की तरह चमकेगा।

> विनय पाण्डे कक्षा – ८ ब

कामयाब होने के लिये अच्छे मित्रों की जरूरत होती है और ज्यादा कामयाब होने के लिये अच्छे इत्रुओं की आवश्यकता होती है।

- चाणक्य



मोबाइल फोन और इंटरनेट की दुनिया ने आज हमारे लाइफ स्टाइल को बदल कर रख दिया है। आज हम हर तरफ से मोबाइल, इंटरनेट से घिरे हुए हैं। सोशल नेटवर्किंग साइट्स ने तो मानो जैसे हमको पूरी तरह अपने वश में कर लिया हो, खासकर युवा वर्ग के छात्र—छात्राएं तो 24 घंटे में 16—16 घंटों तक या तो इन साइट्स पर ऑनलाइन रहते हैं या फिर दिन—रात मोबाइल फोन पर लगे रहते हैं। रास्ते में चलते—चलते भी उनके हाथों की उंगलियाँ मोबाइल फोन की स्क्रीन पर ही रहती है। मोबाइल फोन भी सोचता होगा कमबख्त किसके हाथों में आ गया कभी आराम भी नहीं लेने देता।

कुछ यूं कह लीजिये कि इस मोबाइल फोन, फेसबुक और इंटरनेट पर अलग ही एक दुनिया है। यह एक ऐसे लोगों की दुनिया है जिन्हें हम कभी भी मिले नहीं होते हैं। दुनिया के किसी भी कोने में रहने वाला आदमी हमारा दोस्त बन जाता है, जबिक हमको अपने वास्तविक दुनिया के बारे में कोई खबर ही नहीं होती। हमारे पास इतना भी समय नहीं होता है कि हम अपने आस—पास के रहने वाले लोगों के दुःख—सुख में शरीक हो सकें।

लेकिन अगर हम अपने अन्दर झाककर देंखे, खुद के बारे में थोड़ा विश्लेषण कर लें, तो हम पाएंगे कि मोबाइल, सोशल साइट्स, इन्टरनेट से घिरे होने के बावजूद हमारे जीवन में अकेलापन ही है। जब हम बाद में खुद की परेशानियों से घिर जाते हैं तो यह फेसबुक के दोस्त काम नहीं आते। तब हमें अकेलेपन का अहसास होता है और यह एक ऐसे डिप्रेशन को जन्म देता है जो हमें सजा की तरह लगने लगता है।

> कार्तिकेय बिष्ट कक्षा – 9 ब

मैं जीतने के लिए बाध्य नहीं हूँ, लेकिन मैं सच करने के लिए बाध्य हूँ। मैं सफल होने के लिए बाध्य हूँ। मैं सफल होने के लिए बाध्य हूँ। लिए बाध्य नहीं हूँ, लेकिन मैं उस प्रकाश जो मेरे पास है के अनुसार जीने के लिए बाध्य हूँ। मुझे हर उस आदमी के साथ खड़े होना है जो सही है, और तब तक उसके साथ खड़े होना है जब तक वो सही है, और अलग हो जाना है जहाँ वो गलत हो जाता है।
- अबाहम लिंकन

### ममता की मूरत - माँ

दूर किसी गाँव में एक विधवा रहती थी। वह बहुत मेहनती थी। उसके पति की जब मृत्यु नहीं हुई थी तो पूरा गाँव बहुत अच्छे से बर्ताव करता था। सब लोग बहुत अच्छे और दयावान थे। जब उसके पित की मृत्यु हुई तो गाँव के सब लोगों ने उससे मुँह फेर लिया। उस परिवार के लिए जिन्दगी व्यतीत करना बहुत कठिन हो गया। उस औरत का एक सात साल का बेटा भी था। उन लोगों की आर्थिक स्थिति दिन पर दिन बहुत खराब होती जा रही थी। माँ को समझ आ गया था कि घर पर बैठकर रातों-रात तो कोई मदद करने नहीं आएगा।

उन्हें यह समझ में आ गया था कि पहले खुद की मदद करने लायक बनो तभी बांकी भी तुम्हारे लिए मदद करने के लिए आएगे। माँ घर-घर काम ढूंढने गई। कुछ लोगों ने उसे काम से निकाल दिया क्योंकि वह विधवा थी। आखिर में उसे एक गाँव के पास ही घर में साफ सफाई का काम मिल गया। उसे अपने बेटे की पढ़ाई की भी चिन्ता थी कि कहीं उसे स्कल से निकाल दे – पैसे न मिलने के कारण। परन्तु काम मिलने की वजह से उसकी यह परेशानी भी दूर हो गईं उसका बेटा बहुत मेहनती मेधावी छात्र था और उसकी माँ उसे अपनी तरह कठिन परिश्रम करते हुए नहीं देखना चाहती थी हर माँ की तरह। समय बीतते गया उसके बेटे की बरकत होती रही और उसके बेटे की नौकरी विदेश में जाकर लग गईं उसकी माँ बहुत खुश थी मानो जैसे उसकी खुद की नौकरी लग गई हों इससे ज्यादा प्रसन्न वह कभी नहीं दिखी थी।

आखिर उसका बेटा चला गया है। वहाँ से वह अपनी माँ से फोन द्वारा बातें करते रहता था। उसके लिए सामान और पैसे भी भेजते रहता था। इस बार ना कोई संदेश न कोई कॉल। इस बार वह खुद आया था और एक विदेशी लड़की भी आई थी। माँ बहुत चौकते हुए बोली कि यह लड़की कौन है? पहले तो वह कुछ न बोला पर जब माँ ने थोड़ा दबाव डाला तो उसने यह कहा कि मैंने इस लड़की से शादी कर ली है। माँ को एक धक्का सा लगा कि जो बेटा उनका गुरूर था, उसी ने उसके विश्वास तो तोड़ दिया। तब भी माँ ने उससे गुस्सा नहीं किया और तैयार हो गई अपनी बहू को अपनाने के लिए परन्तु उसके बेटे ने तो जैसे अपनी माँ का दिल तोड़ने का ठान ही लिया था। उसने कहा कि अब मैं अपनी पत्नी के साथ वहीं बस जाऊँगा। उसकी माँ के दिल को बहुत ठेस पहुँची। उनका दिल पसीज गया। उनकी हालत खराब होने लगी। उसे अपनी परवरिश और ममता पर पूरा भरोसा था कि उसका बेटा जरूर आएगा। यही आश लगाए वह देखती थी कि मेरा बेटा जरूर आएगा। साल बीत गए, एक दिन उनकी हालत बहुत खराब हो गई तो, एक पड़ोसी ने उसके बेटे को फोन पर यह सब बताया कि उसकी माँ बहुत बीमार है, तुम जल्दी यहाँ आओ, तो उसे यह सुनकर एक झटका जैसा लगा और वह अगले दिन आ पहुँचा। वहाँ आकर उसे पता चला कि उसकी माँ अब नहीं रही वह घर गया और देखा उसकी माँ हर साल उसके लिए उसके जन्मदिन पर कोई तोहफा लेती थी। उसे एक पत्र मिला जिसमें उसकी माँ ने लिखा था – "चाहे तुम मुझे भूल गए हो और प्यार नहीं करते परन्तु मैं तुम्हें नहीं भूली।" बेटा भावुक हो गया और रोने लगा और कोसते रहा कि वह अपनी माँ से आखिरी बार भी ढंग से बात नहीं कर पाया और उन्हें दुःख दिया और अब वो नहीं रही।

"किसी चीज़ का मूल्य हमें तब ही पता चलता है जब वह चीज़ हमारे पास नहीं होती है।"

गौतम जोशी कक्षा - 9 ब



#### हिन्दी की स्थिति

आज भारत को स्वतंत्र हुए पूरे 70 वर्ष हो चुके हैं, परन्तु यदि हमसे पूछा जाये कि हमने हिन्दी के उत्थान के लिये क्या किया? तो सिवाय इसके कि हम मौन होकर रह जायें, या दो चार आयोगों के नाम गिना दें, कुछ तथ्यपूर्ण उत्तर नहीं दे सकते। यह प्रश्न हम यदि अपने से करते तो यही उत्तर मिला होता कि हिन्दी जहाँ थी, वहीं है और दक्षिणी राज्यों में तो यह इससे भी बुरी स्थिति में है। राजर्षि टण्डन, सरदार पटेल, महात्मा गाँधी आदि नेताओं के जीवनकाल में या स्वतंत्रता प्राप्ति से पूर्व हिन्दी को अपनी भाषा समझकर हम लोग आदर करते थे या यों कहिये कि केवल अंग्रेजों को दिखाने के लिये हमारे अंदर वह जोश था। यद्यपि भारतीय संविधान में हिन्दी को राष्ट्रभाषा स्वीकार कर लिया गया था, फिर भी आज तक उसे समुचित स्थान प्राप्त नहीं हो सका है। उस समय यह निर्णय किया गया था कि हिन्दी अभी इतनी समर्थ नहीं है, इसलिये हिन्दी के साथ सन् 1965 तक सरकारी कामकाज की भाषा अंग्रेजी ही रहेगी।

सन् 1965 आने से पहले ही अंग्रेजी के प्रबल समर्थक सचेत हो गये। उन्हें भय हुआ कि कहीं हिन्दी न आ जाये। इसके लिये उनके अंदर उथल-पुथल मच गयी। सन् 1962 में ही लोकसभा में एक विधेयक लाने का प्रयत्न किया गया कि अभी हिन्दी इस योग्य नहीं हुई है कि राष्ट्रभाषा पर आसीन हो सके। अतः 1965 के बाद भी अंग्रेजी की अविध बढ़ा दी जाये। नवम्बर में ही इस प्रकार का विधेयक लोकसभा में आने वाला था, जिसे तत्कालीन गृहमंत्री श्री लालबहादुर शास्त्री प्रस्तुत कर रहे थे, परन्तु 20 अक्टूबर सन् 1962 को चीनी आक्रमण के कारण आपातकालीन स्थिति घोषित हो जाने से यह विधेयक उस समय टल गया। पुनः सन् 1963 में इस विधेयक को लोकसभा में प्रस्तुत किया गया।

स्वर्गीय पं. जवाहर लाल नेहरू ने उक्त विधेयक का बड़ा समर्थन किया और कांग्रेसी संसदीय पार्टी की कार्यकारिणी की बैठक में उन्होंने अपनी राय जाहिर की — "इस समय देश में एकता रखना अत्यन्त आवश्यक है। हिन्दुस्तान को बिगाड़ कर हिन्दी की तरक्की नहीं हो सकती। हमें दक्षिण के लोगों में यह विचार पैदा नहीं होने देना चाहिए कि उत्तर वाले उन पर हिन्दी थोप रहे हैं।" अतः हिन्दी को और ताकत मिलेगी। यदि हिन्दी के साथ अंग्रेजी को सहायक भाषा रहने दिया जाये तो अंग्रेजी के जरिये नये—नये विचार आते रहेंगे।

विधेयक के विरोध में 15 सदस्यों ने मत दिया। प्रसिद्ध कांग्रेसी एवं प्रसिद्ध साहित्यकार सेठ गोविन्ददास ने कांग्रेसी होते हुए भी विधेयक का लोकसभा में घोर विरोध किया। उन्होंने स्पष्ट कहा कि "भले ही मुझे कांग्रेस छोड़नी पड़े पर मैं आँखों देखा विष नहीं पी सकता।" परिणाम वही हुआ जो होना था। विधेयक बहुमत से पास हुआ। इसके पश्चात् राज्यसभा में भी थोड़े बहुत सदस्यों के विरोध के पश्चात् यह विधेयक पास हो गया। फलस्वरूप अंग्रेजी देश की राष्ट्रभाषा के रूप में बनी रही। इसे संयोजक भाषा कहा गया। दस वर्ष बाद पुनः हिन्दी की स्थिति पर विचार हुआ। 1967 के आम चुनावों के पश्चात् बिहार, उत्तर प्रदेश, राजस्थान आदि प्रमुख हिन्दी भाषी राज्यों की सरकारों ने हिन्दी में ही कार्य करने का दृढ़ संकल्प लिया।

बिहार और उत्तर प्रदेश की मातृभाषा समर्थक सरकारों ने उच्चतर परीक्षाओं में अंग्रेजी को वैकल्पिक विषय घोषित कर दिया। हिन्दी टाइप—राइटरों के निर्माण के लिये कम्पनियों को आदेश दे दिये गये। विधानसभा की निश्चित कार्यवाहियाँ हिन्दी में की जाने लगीं। सरकारी कार्यालयों को आदेश दे दिये गये कि अपना सारा काम हिन्दी में करें, इससे हिन्दी को लेकर कुछ उम्मीद जगी।

1965 के बाद भी अंग्रेजी को संयोजक भाषा बनाये जाने के बाद भी बहुत से साहित्यप्रेमी सरकार के इस कदम से खुश नहीं थे। परिणामस्वरूप राजभाषा विधेयक संशोधक बिल राज्यसभा तथा लोक सभा में प्रस्तुत किया गया। विरोध के बावजूद यह बिल पास हो गया। उधर हिन्दी भाषा राज्य, केन्द्र सरकार के अंग्रेजी परस्त निर्णय से नाखुश थे और वे अपने—अपने राज्यों में हिन्दी को प्रोत्साहित करने के पक्ष में नहीं थे।

1967 में आम चुनावों के बाद नये शिक्षा मंत्री श्री त्रिगुणसेन ने इस ओर विशेष रूचि ली। केन्द्रीय मंत्रिमण्डल का रूख भी हिन्दी के प्रति सहानुभूतिपूर्ण था। भूतपूर्व राष्ट्रपति डॉ. जािकर हुसैन ने भी हिन्दी में भाषण देकर हिन्दी को गौरवािन्वत किया। इसके बाद भारतीय लोगों के हृदय में आशा की किरण जाग्रत हो गयी। इसी दौरान बिहार के मंत्रिमण्डल ने हिन्दी को सरकारी भाषा घोषित कर हिन्दी के लिए पुनीत कार्य किया।

# हिन्दी खण्ड

हिन्दी के आज तीन स्वरूप हैं। पहला स्वरूप भारतीयों की मातृभाषा का, दूसरा स्वरूप राजभाषा का और तीसरा स्वरूप भारत से बाहर बस जाने वाले प्रवासियों का। हिन्दी का तीसरा स्वरूप व्यापक और विश्व भाषा वाला रूप है। इसी कारण आज हिन्दी विश्व की प्रमुख भाषाओं की पंक्ति में जा पहुँची है। उसके बोलने वालों की संख्या के आधार पर विश्व में तीसरा स्थान हिन्दी का है। यहाँ तक कि हिन्दी ने संयुक्त राष्ट्र संघ की भाषाओं में प्रतिष्ठित स्थान प्राप्त किया है।

भारत में भी हिन्दी को समुचित स्थान मिला है। आम बोलचाल के साथ राज्य सरकारों व केन्द्रीय कार्यालयों में कामकाज हिन्दी में हो रहा है। बैंकों में चैक व अन्य कार्य हिन्दी में हो रहे हैं। रेलवे के टिकट हिन्दी में उपलब्ध हैं। न्यायालयों में निर्णय हिन्दी में आने लगे हैं। आशा है राष्ट्रभाषा हिन्दी आने वाले समय में अपना वांछित स्थान हासिल कर लेगी।

चित्रांश देवलीयाल कक्षा – 10 अ

#### पर्यावरण प्रदूषण फैलाने में विद्यार्थियों का योगदान

वर्तमान समय में पर्यावरण प्रदूषण विश्व के लिए एक बड़ी चिन्ता का विषय बना हुआ है। पर्यावरण अपने परिवेश में क्या समेटता है? सीधे शब्दों में इसका अर्थ है – "हमारे चारों ओर की भूमि, हवा, सघन वन, पानी तथा सबसे प्रमुख कारक मानव प्राणी है।" प्रकृति से यह हमें वरदान के रूप में प्राप्त हुआ है, इसलिए पर्यावरण की रक्षा करना हमारा परम धर्म है।

परन्तु आज पर्यावरण नष्ट हो रहा है और विडम्बना यह है कि पर्यावरण का सबसे अभिन्न अंग मनुष्य ही उसको नष्ट कर रहा है, परन्तु मनुष्य यह भूल रहा है कि पर्यावरण प्रदूषण से मानवजाति का अस्तित्व भी संकट में है। पर्यावरण है, तो मानव जाति है। इसलिए प्रदूषण रोकने के लिए क्या उपाय किये जाने चाहिए हमें गम्भीरतापूर्वक सोचना चाहिए।

बचपन में जब हम उगते सूर्य, उड़ते पक्षियों, बड़े–बड़े वृक्षों, रंग–बिरंगे फूलों को देखते थे तो मन में एक खुशी की भावना पैदा होती थी। यह बात स्पष्ट करती है कि बाल्यकाल से ही मानव प्रकृति तथा पर्यावरण को अपने संज्ञान में लाता है।

जब पर्यावरण प्रदूषण से चिन्तित विश्व के लोगों ने इस पर विचार किया तो यह जिज्ञासा उत्पन्न हुई कि 'पर्यावरण प्रदूषण' के प्रति जागरूकता लाने के लिए कहाँ से शुरूआत की जाए।

विज्ञान ने अनेक तकनीकी सुझाव रखे, परन्तु यह आवश्यकता हुई कि बालकपन से अथवा विद्यार्थी जीवन के आरम्भ से ही इसके प्रति जागरूकता लाई जाय, परिणाम के रूप में रैलियाँ, वृक्षारोपण समारोह तथा प्रचार पत्रक आदि के माध्यम से प्रचार किया गया। इन प्रयासों ने स्कूलों के विद्यार्थियों को सिम्मिलित किया गया। लेकिन क्या सीमित दायरे में शहरी क्षेत्र तक सीमित इन प्रयत्नों का कोई प्रभाव हुआ या नहीं? यह सबके सामने है। पर्यावरण प्रदूषण आज भी एक गम्भीर चुनौती के रूप में विद्यमान है।

हम राजनैतिक उद्देश्यों के लिये तो विद्यार्थियों का बहुत प्रयोग कर रहे हैं लेकिन पर्यावरण प्रदूषण के प्रति आज भी विद्यार्थियों का योगदान उदासीन ही हैं। आज का विद्यार्थी कल एक सभ्य और अनुशासित नागरिक बनेगा। इसको सोचते हुए हमें विद्यार्थियों का पर्यावरण के प्रति योगदान सुनिश्चित करना होगा। हमें अपनी प्रवृत्ति बदलनी होगी। अपना रूख बदलना होगा, और पर्यावरण को अपना समझकर सही कदम उठाने होंगे। इसके प्रति हमारा प्रेम पवित्र और भावना निश्च्छल होनी चाहिए।

आइये इस बढ़ते पर्यावरण प्रदूषण से हम सब सबक लें और सभी विद्यार्थीजन मिल—जुलकर प्रदूषण की इस विश्वव्यापी समस्या के निदान में अपनी भागीदारी सुनिश्चित करें।

> अभिनव आर्य कक्षा – 10 अ



बोर्ड की अंतिम परीक्षा देने के बाद जब मैं अपने मित्रों के साथ परीक्षा कक्ष से बाहर आया तो चारों ओर खड़ी ईमारतें अंतिम बार अलिवदा कहने के लिए संध्या के सूर्य के प्रकाश से जगमगा रही थी। इससे पूर्व मुझे अपना विद्यालय इतना खूबसूरत कभी प्रतीत नहीं हुआ। साथ में खड़े वर्षों पुराने मित्र सभी इस नजारे को अपने में भरकर आँखें मूँद लेना चाहते थे। कोई नहीं जानता था कि आज घर जाने की जल्दी क्यों नहीं है। क्यों सभी को आज अधिक से अधिक समय स्कूल में ही बिताना था।

अंतिम परीक्षा के खत्म होने की खुशी विद्यालय से जाने के दुःख के सामने धूमिल हो गई। कंधों पर टँगे बस्तों का मानो आज कुछ भार ही नहीं था। भार था तो केवल मन में था। कोई भी उसे सामने प्रदर्शित नहीं करना चाहता था परन्तु वह स्वयं ही प्रदर्शित हो जाता।

मुझे स्कूल नहीं जाना से मुझे स्कूल से नहीं जाना न जाने कब हो गया कोई नहीं जानता था। मन मानने को तैयार ही नहीं था कि बारह वर्ष का स्वर्णिम सफर आखिरकार अंत होने की कगार पर आ गया है। हाथ में विद्यालय की ओर से दिए गए स्मारक तकलीफ को और बढ़ा रहे थे। आस—पास के सभी यादगार स्थान एक अंतिम बार अपने पास बुला रहे थे। कहीं खाना खाने का प्रिय निर्धारित अड्डा तो कहीं छिपने का गुप्त स्थान, कहीं पढ़ने का वह नर्म सा कोना तो कहीं टहलने का वह लंबा गिलयारा।

इधर—उधर नजर आते शिक्षकगण अब हमें नहीं पढ़ाएंगे यह सोचकर एक विचित्र सा अभाव लगता था। अलगाव का वह अनचाहा समय मानो किसी भारी—भरकम वस्तु के बोझ के समान सी जाग उठती थी। विद्यालय के गेट की ओर छुट्टी के समय दौड़ती वह टाँगें आज जाने से विरोध कर रही थी। हर कोने से जुड़ा वहाँ की स्थित यादें मानो लौट कर एक साथ सब कुछ कह देना चाहती थी। मन न ही उदास था और न ही खुश था।

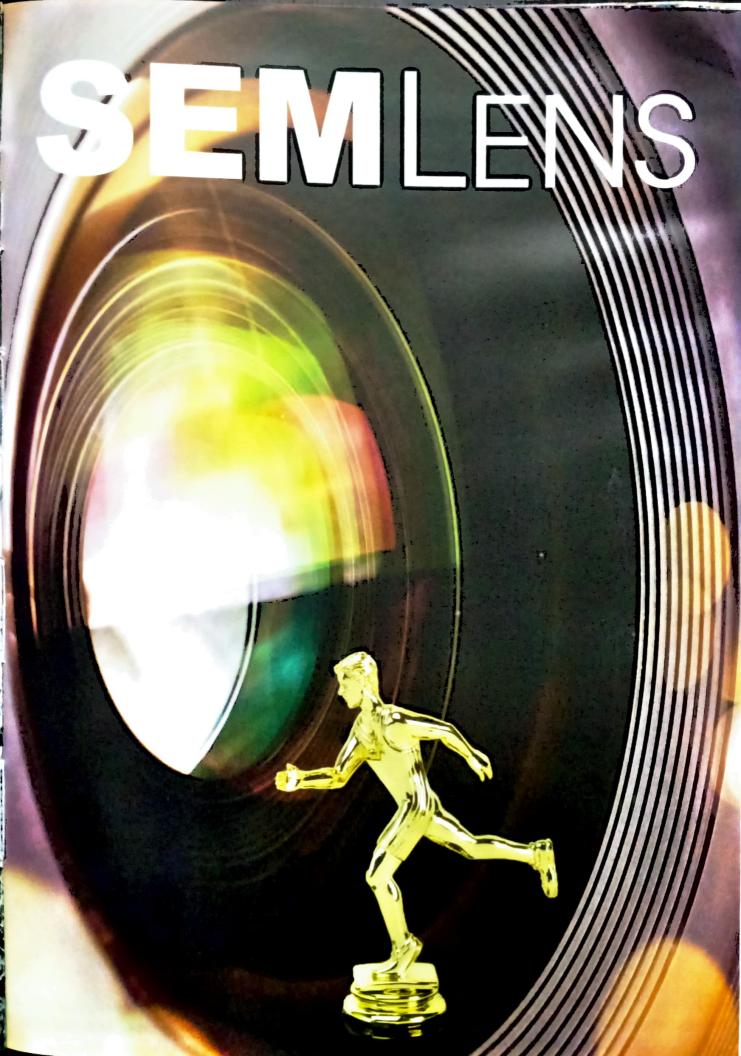
पुस्तकालय में चुपचाप की गई वो बातें, कक्षा के दौरान चुपके से खाया गया वह टिफन, बोरिंग लेक्चर का साथ झेलना, जन्मदिन की पार्टी देना, पास होना, फेल होना, जीतना, हारना, एक विद्यार्थी होने का फर्ज निभाना सब यही किया व सीखा। आखिरकार विद्यालय है ही एक ऐसा पवित्र मंदिर जो व्यक्ति के चरित्र का निर्माण करना है। यही वह स्थान है जहाँ मासूमियत मिलती है, नहीं बिना भेद—भाव के मित्रता होती है। एक बार जो विद्यार्थी बन जाता है वह सदैव ही अपने विद्यालय से जुड़ा हुआ है। विद्यालय सा अपनापन व सुख और कहीं नहीं।

चेतन पाण्डेय कक्षा - 12 अ

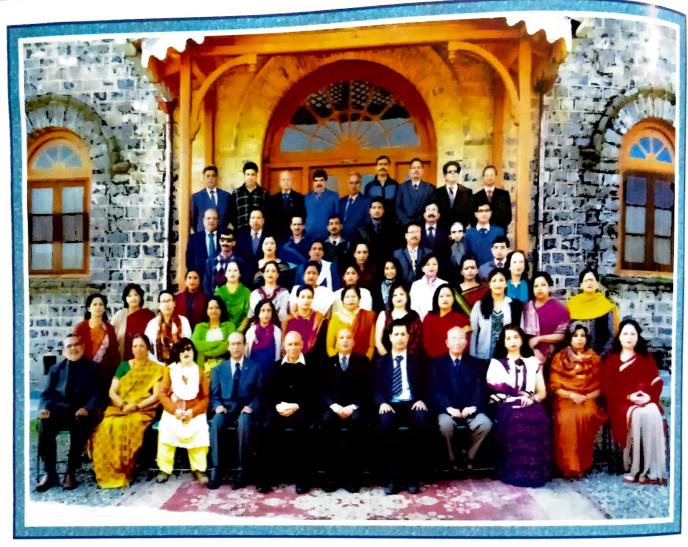
शिक्षा बुद्रापे के लिए सबसे अच्छा प्रावधान है।

- अरस्तु



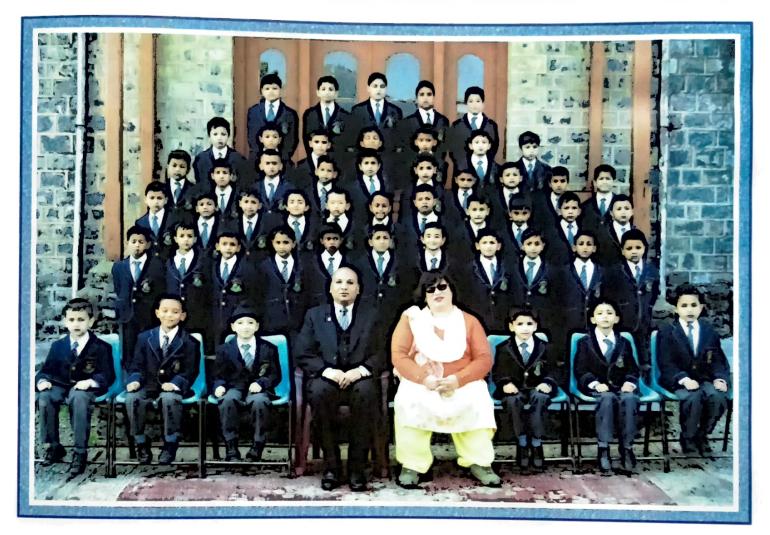






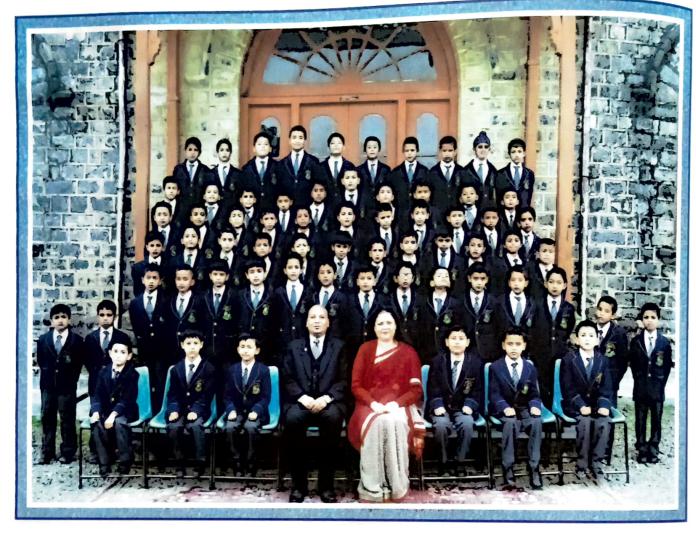
- Sitting: Mrs. M. Bhatt, Ms. N. Rana, Br. C. G. Fernandes, Br. S. G. Alvarez, Dr. P. Emmanuel (Principal) Br. W. Vaz (Superior), Mr. S. C. Sah, Mrs. B. Jain, Ms. N. Rawat, Mrs. A.D' Raunjo.
- 1"Row: Mrs. R. Gururani, Mrs. P. Rathore, Mrs. G. R. James, Dr. M. Joshi, Ms. S. Pande, Mrs. S. Bisht, Mrs. A. Tomar, Mrs. P. Knight, Mrs. S. Shah, Mrs. D. Mukherjee, Mrs. N. Siddiqui, Mrs. H. Nagpal.
- 2<sup>nd</sup> Row : Mrs. U. Bisht Sethi, Mrs. A. Bisht, Dr. C. Bisht, Mrs. M. Mehra, Mrs. N. Joshi, Mrs. M. Ekka, Singh, Mrs. J. Soloman, Mrs. S. D. Nath, Ms. N. Bisht.
- 3rd Row: Mr. D. Sati, Mrs. K. Bisht, Mrs. J. Arora, Mrs. D. Bell, Mr. A. Knight, Mr. R. Bhatt, Dr. M. Tewari.
- 4th Row: Mr. E. D. Gama, Mr. M. Bernard, Mr. M. Gangola, Mr. A. Singh, Mr. S. K. Sah, Mr. B. Manral.
- 5th Row: Mr. S. K. Atal, Mr. D. Sharma, Mr. S. Khawaja, Mr. M. Ram, Mr. Y. Verma, Mr. M. Sethi, Dr. R. Pande, Mr. J. R. Dogra, Mr. A. Dhaila.





- Sitting: S. Pathak, P. Sharma, A. R. Sachdeva, Dr. P. Emmanuel (Principal), Ms. N. Rana (Class Teacher), A. Tewari, Arsh, S. Tiwari.
- 1"Row: S. V. Sati, G. Bhatt, M.S. Bisht, A. Chandra, Aakash, A. Pandey, R. Verma, R. Joshi, Y. M. Mehra, U. Srivastava, R. Chandra.
- 2<sup>nd</sup> Row: G. Kohli, A. Tewari, G. Bisht, S. Consul, A. Bonal, R. Joshi, A. Kumar, A. Sah, A. Sah, M. Jaiswal, P. S. Bisht.
- 3<sup>rd</sup> Row: P. Bisht, V. Dhyani, D. Sah, H. Arya, M. Mehta, A. Bhardwar, B. Bangari, R. Khatri, N. Verma, S. S. Bisht.
- 4th Row: V. Bisht, A. Rawat, M. Joshi, A. Gangola, M. S. Raikwal, D. Gunwant, N. Upadhyaya.
- 5<sup>th</sup> Row: D. Vardhan, A. Belwal, B. Pandey, D. Rastogi, S.A. Rah.
- Absent : A. Bisht.





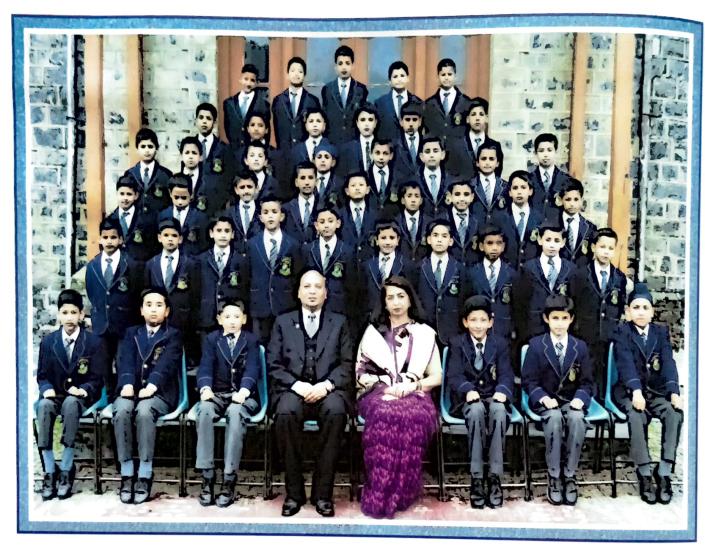
- Sitting: N. Mehta, S. Mahara, A. Kulaura, Mr. Emmanual (Principal), Mrs. A. D'Raunjo (Class Teacher), B. Malay, N. Rastogi, Y. Kanwal.
- 1"Row: N. Sijwali, K. Paliwal, V. Bisht, A. Rastogi, M. Kandpal, S. Joshi, A. S. Bisht, N. Tewari, A. Ahmad, B. Sah, A. Khan, P. Rana, P. Khethwal, D. Sah.
- 2<sup>nd</sup> Row : D. Khatiyar, K. R. Bisht, N. Kiswan, D. Shah, U., Joshi, Y. Pokhariyal, V. Tewari, M. Hammad, A. Ahmad, V. Dixit, A. Srivastava, T. Singh, H. Kandpal, K. Srivastava
- 3<sup>rd</sup> Row : A. V. Sah, D. Tripathi, K. Tripathi, L. S. Bisht, A. Gupta, V. Viraat, R. Adhikari, A.S. Bisen, R. Dharamwal, D. Kumar, R. Bhatt.
- 4th Row : A. Rana, N. Pandy, S. Khanna, Y. Kunwar, B. P. Singh, S. Sah, Y. Sah, A. S. Papola, S. Bisht, S. Bhatia.
- 5th Row: T. Chanyal, K. Goswani, D. Rawal, M. Shah, J. Tripathi, H. Dasila, J. Joshi, D. Dabral, H. Sethi, M. Hassan.





- Sitting: A. Joshi, A. S. Rawat, S. Thareja, Dr. P. Emmanuel (Principal), Mrs. M. A. Mehra (Class Teacher), T. Kunsel, N. Khetwal, P. Kamboj.
- 1" Row: H. Joshi, P. Pandey, K. Nath, P. Joshi, T. Srivastava, V. Joshi, A. Maulekhi, A. Khatri, P. Bisht, D. Sah, S. Verma.
- 2<sup>nd</sup> Row: D. Kumar, V. Chaudhary, H. Singh, Mohd. S. Siddiqui, A. Kharkwal, A. Tiwari, O. Bhandari, A. Chandra, D.S. Bisht, A. Awasthi.
- 3rd Row: S. Joshi, Vikas, B. Goel, D. Gandhi, A. Prasad, A. Vishor, A. Kumar, U. S. Bisht, A. Singh.
- 4th Row: A. Hussain, O. Joshi, Mohd. U. Shamshi, T. Qureshi, P. S. Bisht, Mohd. Talha, P. Arya.
- 5th Row: S. Aswal, S. Negi, S. Pandey, C. Azad, M. Sah, J. Bisht, S. Pant.





Sitting: U. Yadav, S. Shah, G. Dhaila, Dr. P. Emmanuel (Principal), Mrs. B. Jain (Class Teacher), M. Sah, K. Pandey, A. S. Virk.

1" Row : A. Sharma, K.Sati, N. S. Padiyar, A. Bharadwaj, V. Katoch, A. Bharadwaj, A. Bhakuni, P. Singh, V. Bisht, V. Papney.

2<sup>nd</sup> Row : S. V. Bisht, K. Kumar, K. Bhatt, Y. Singh, M. Dasila, D. Negi, V. Joshi, L. Bhjaj, D. Sah.

3<sup>rd</sup> Row: A. S. Sandhu, B. Negi, P. Gunwant, S. S. Sandhu, M. M. Sati, K. Gahtori, M. Sharma, Y. Shail.

4th Row: R. Agarwal, V. Chaudhary, A. M. Barnard, V. Khanna, Alishan, D. Malhotra.

5th Row: P. Joshi, A. Bisht, N. S. Pingal, G. Sah, P. Joshi.

Absent : H. Adhikari





Sitting: G. Verma. A. Basnet, S. R. S. Bisht, Dr. P. Emmanuel (Principal), Mrs. N. R. Joshi (Class Teacher), R. S. Ghalot, V. Bahaj, O. Sharma.

1"Row: A. Kharkwal, S. S. Nagpal, R. Pal, P. Garg, I. Pandey, S. Singh, R. Yashandand, L. Pandey, D. Tiruwa, A. Sah, Y. S. Karayat.

2<sup>nd</sup> Row : K. Kaira, U. Joshi, A.S. Mehra, S. Kumar, S. Joshi, C. Rana, P. Nainwal, P. Bhandari, A. Bhainsora, K. Bisht.

3rd Row: S. Dubey, K. Saxena, A. Singh, M. Bisht, A. Suyal, S. Singh, Abdullah, K. Bhatt.

4th Row: N. Manral, S. Pandey, S. Pathak, C. Jeena, Y. R. S. Dhaila, V. Pandey, R. T. Singh.

5<sup>th</sup> Row: R. Sharma, S. Tomar, A. Raghuvanshi, D. S. Chauhan, S. Khimal.

Absent : D. K. Singh, S. Sah, Y. Sah





Sitting: A. Lodhi, J. Walsh, G. Bohra, Dr. P. Emmanuel, (Principal), Mrs. M. A. Singh (Class Teacher), V. Oberoi, D. Kapri, A. Pant.

1"Row: S. Singh, S. Dafouti, D. Garbyal, A. Siddiqui, D. Suyal, V. Kohli, U. Siddiqui, P. Kumar, R. Bisht, U. Sharma, U. Sharma, D. Sharma, A. Javed.

2<sup>nd</sup> Row : N. Sah, N. Pandey, A. Nainiwal, G. Khetrapal, D. Srivastava, K. Tewari, S. Gangola, V. Sah, A. Khampa, N. Bhatt, H. Pathak.

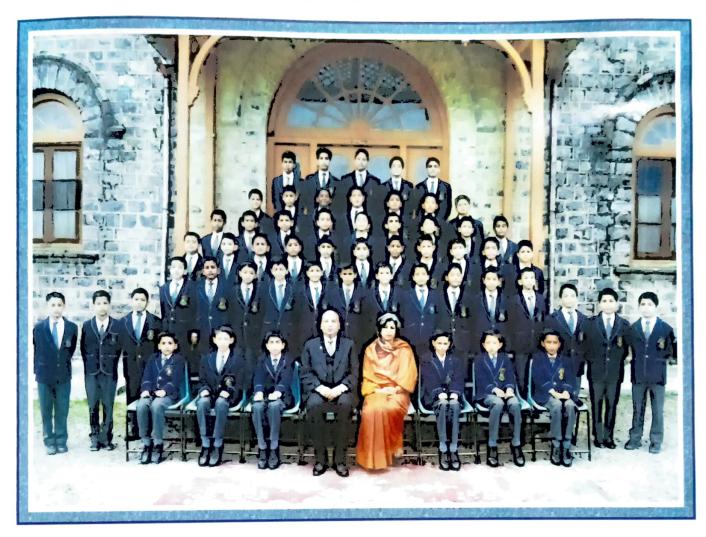
3rd Row : D. Negi, J. Tyagi, J. Sandhu, P. Mehra, V. Rai, D. Bhandari, L. Pant, A. Tewari, H. Ratore.

4th Row : B. Shandilya, R. Karnatak, P. Joshi, V. Singh, P. Bisht, G. Manral, A. Saini.

5th Row : D. Pandey, S. Pandey, K. Jaiswal, M. Ayan, M. Bisht.

Absent : G. Bisht.





Sitting: J. Sharma, A Nayal, I. Khatwani, Mr. Emmanuel (Principal) Miss N. Rawat (Class Teacher),

B. Upreti, G. Dasila, R. Negi.

1"Row: N. Pant, H. Bhatt, K. Kumar, A. Khan, A. Siddiqui, A. Patwal, V. Bisht, S. Joshi, K. P. S. Karki,

S. Dhondiyal, D. Joshi, A. Sah, M. Mehra, A. Bisht, Mohd. Zaid, M. Sanwal, Q. Joshi.

2<sup>nd</sup> Row: A. Budlakoti, M. Adhikari, K. Bisht, A. Belwal, Y. Sandhu, Md. Hifzan, O. Boaz, H. Negi,

O. Sah, N. Kandpal, N. Sati.

3rd Row: V. Parihar, N. Kaira, D. Mittal, P, Pande, A. Dalakoti, A. Aqrawal, R. Jagati, M. Joshi,

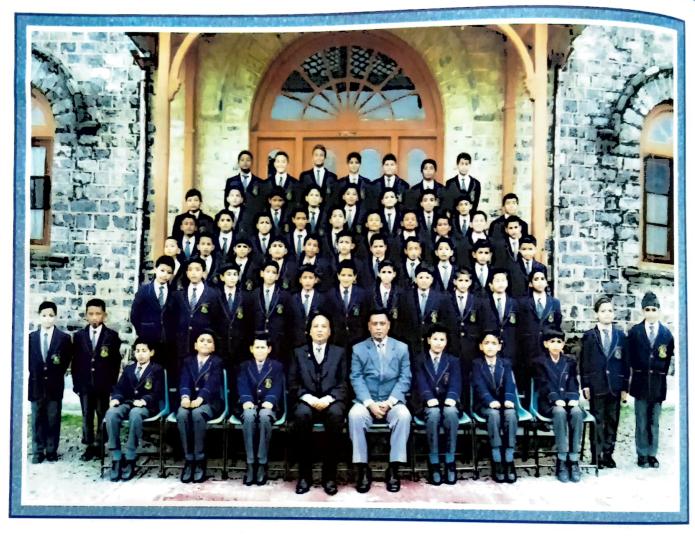
P. Chakraborty.

4th Row: R. Jindal, V. Bora, A. Champia, G. S. Sah, P. S. Agnihotri, B. S. Karki, C. Bhatt.

5<sup>th</sup> Row : A. Gautam, :P. Sirothi, H. Rana, C. Raj, H. Hathwal.

**Absent**: G. Dhillon, D. Rana.





Sitting: M. Imran, V. Verma, A. Nagtiyal, Dr P. Emmanuel (Paricipal), Suraj Kumar Atal (Class Teacher), G. Dasila, A. Joshi, K. Joshi.

1" Row : D. Mehra, D. Sayana, S. Shrestha, A. Khan (1), A. Shamsi, S. Adhikari, A. Pandey, P. Bhatt, H. Yadav, K. Tripathi, A. Bhatt, M. Khanka, A. Singh, A. Kanwal, A. V. Singh.

2<sup>nd</sup> Row : S. Choudhary, V. Halsi, P. Singh, D. Samant, S. Negi, A. Rautela, A. Bansal, M. Sah, N. Kanpal, D. Bisht, A. Sah.

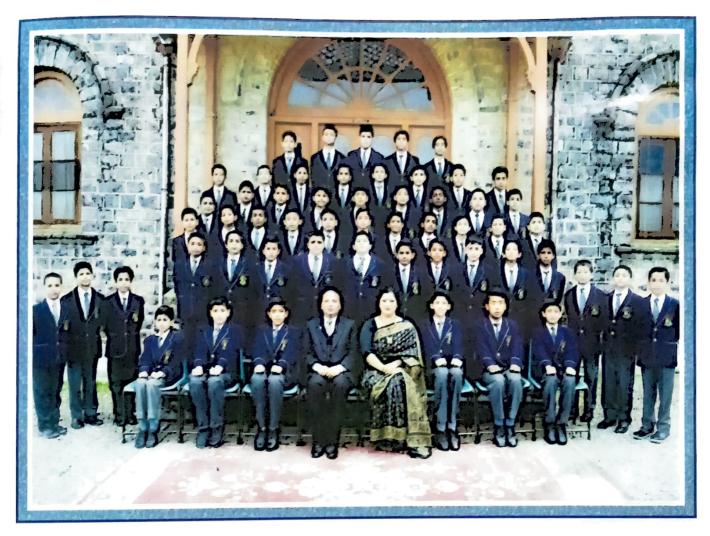
3<sup>rd</sup> Row: A. Budhlakoti, K. Pandey, V. Bisht, S. Singh, V. Gupta, D. Verma, K. Nayal, A. Sah, S. Bisht, R. Joshi.

4th Row: A. Prakash, A. Khan (2), D. Suyal, M. Upadhayay, V. Arora, S. Kalra, P. Kamboj, U.S. Aulakh, M. Adhikari.

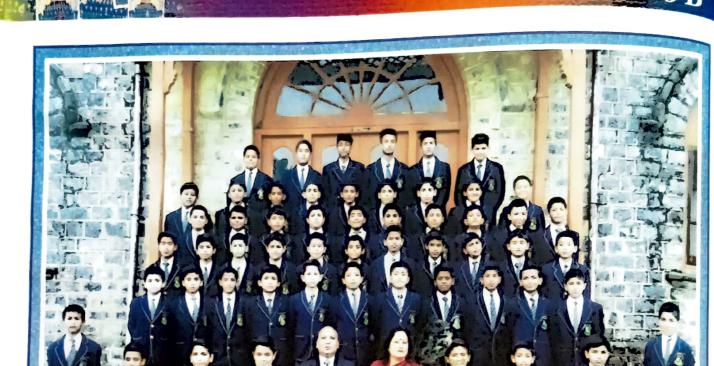
5th Row : G. Kumar, C. Shah, V. Sah, T. Naugai, H. Verma, A. Baig, G. Sah.

Absent : M. Sahal, D. Karki





- **Sitting**: P. Tondon, C. Dhauni, S. Sharma, Dr. P. Emmanuel (Principal), Mrs. K. Bisht (Class Teacher), Y. Lohani, H. Budiyal, U. Singh.
- 1st Row: A. Joshi, S. Agarwal, S. Agarwal, M. Bisht, A. Bhatt, M. Negi, U. Shamsi, A. Sah, M. Affan, J. Mehra, C. S. Samant, L. Harbola, A. Kumar, R. Rautela, D. Pant, H. Sah.
- 2<sup>nd</sup> Row: A. Bisht, S. Savran, P. Singh, S. Chuphal, M. Pant, H. Siddiqui, K. Mehra, K. Pathak, A. Paliwal, Y. Adhikari, A. Singh.
- 3rd Row: V. Joshi, K. Joshi, P. Pande, B. Dutt, S. S. Athwal, A. Sharma, T. Ekka, H. Sah, S. Ahmad.
- 4th Row: B. Bora, U. V. Joshi, K. Sharma, A. Ahmad, A. Sah, K. Joshi, P. Sah, K. Joshi.
- 5th Row: Y. S. Mahara, V. Bisht, A. Arora, V. Vashisth, D. Vinayak.
- Absent : A. Agarwal, K. Makhija.



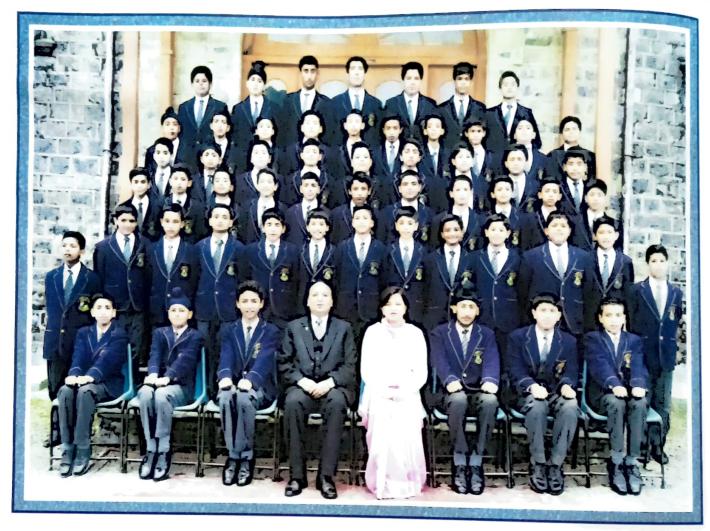
- Sitting: V. Bisht (Standing), J. Pal Singh, S. Mohd., D. Khani, Dr. P. Emmanuel (Principal), Ms. S. Shah (Class Teacher), P. Narang, P. Agarwal, A. Agarwal, D. Joshi (Standing).
- 1"Row: M. Tiwari, P. Bahuguna, M. Negi, A. Chilwal, H. Faisal, S. Singh Kunwar, Y. Sah, A Augustine, A. Jaiswal, G. Pathak, A. Joshi.
- **2<sup>nd</sup> Row**: F. Siddiqui, M. Papney, A. Jagati, S. Bhatt, K. Bisht, S. Gupta, D. Sah, R. Deopa, A. Charles, K. Chandola, D. Rana.
- 3<sup>rd</sup> Row: V. Nath, A. Rastogi, A. Timothy Khakha, A. Kapil, H. Pant, A. Bohra, A. Giri, R. Sah, D. Kirti, T. Joshi.
- 4th Row: S. Sharma, K. Goel, J. Karamat, D. Pandey, A. R. Bisht, R. Choudhary, A. Zuberi, S. Pant, S. Adhikari.
- 5th Row : A. Sharma, N. Tamta, R. Kumar, S. Kumar, S. Bisht, A. Chimwal.
- Absent : Jayesh Kumar Singh, J. Singh.





- Sitting: A. Anand, A. Joshi, S. Kumar, Dr. P. Emmanuel (Principal), Mrs. N. Siddiqui (Class Teacher), A. Nigam, Mohd. Sami, S. Shah.
- 1"Row: G. R. Sachdev, A. Kandpal, S. Bisht, A. Garbyal, A. Khatri, M. A. Sinwan, K. Dafouti, P. Anand, Y. Vardhan, H. Bisht, G. Bisht, H. V. Sati, M. Zaid (B).
- 2<sup>nd</sup> Row: S. Khanna, N. Shah, M. Zaid (D), Y. Pandey, A. Bhandari, A. S. Fartiyal, H. Shah, P. Joshi, C. Jaiswal, D. Bisht, S. Dhulia.
- 3<sup>rd</sup> Row: S. Rawat, G. Kandpal, V. Pandey, P. Sah, H. Rawat, A. Parihar, N. Sah, A. Chaudhary, H. Dharamwal.
- 4th Row: D. Mishra, D. Joshi, D. Sanjay, G. Joshi, P. Dangwal, R. Chand, A. Hundal, S. Asrani, R. Tewari.
- 5<sup>th</sup> Row: K. Sharma, P. Ginwal, R. Durgapal, A. Singh, S. P. Singh, S. Raj, D. Agrawal, O. Rawat, V. Bajpai.
- Absent : D. Takuli, K. Chabbra, D. Bargoti.





**Sitting**: U. Sati, S. S. Anand, D. Chaudhary, Dr. P. Emmanuel (Principal), Mrs. J. Solomon (Class Teacher), H. Singh, S. Chandola, A. Sharma.

1"Row : L. Singh, D. Pant, D. Bawari, R. Joshi, M. Malhotra, I. Bisht, S. Joshi, B. Pathak, K. Khandelwal, A. Shamsi, K. Thakur, K. Phartiyal, M. Tripathi.

2<sup>nd</sup> Row : M. Adnan, A. Bhatt, C. Kumar, D. Joshi, P. Arya, P. Chandra, R. Narang, D. Suyal, H. Bisht, M. Rawat, D. Kandpal.

3<sup>rd</sup> Row: Y. Rawat, G. Singh, D. Verma, K. Tiwari, D. Dhillon, G. S. Shoker, S. Gupta, K. Farswan, A. Chand.

4th Row : A. Singh, P. Dalakoti, A. Bisen, H. Rautela, C. Bisht, G. Sah, J. Saxena, K. Joshi, D. Maidh, G. Jaiswal.

5th Row: D. Bharadwaj, M. Singh, A. Dani, V. G. Majumdar, P. Joshi, A. Jaiswal, S. Sirohi.

Absent : L. Pandey, Y. Sharma, V. Choudhary.





Sitting: A. Sati, A. Goswani, N. Gumber, Mr. E. D'Gama (Class Teacher), Dr. P. Emmanuel (Principal), R. Emmanuel, A. Suyal, A. Bhandari.

1"Row: S. Rana, D. S. Bisht, A. Mehta, T. Adhikari, G. Dhondiyal, S. Pandey, A. Bisht, M. Jeena, M. Joshi, G. Kaira, S. Giri, P. Negi, H. V. Pal, S. Dhaneshra, A. Bharat.

2<sup>nd</sup> Row: A. Sah, H. Bisht, S. Shan, A. Kholia, L. Ansari, H. Rawat, V. Mishra, A. Khan, P. Agarwal, V. S. Cheema.

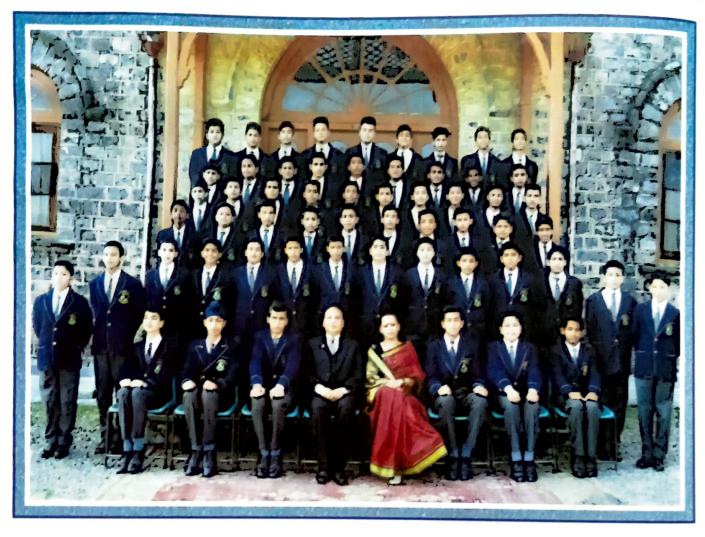
3<sup>rd</sup> Row: K. Chandra, S. Dhapola, D. Padiyar, D. Dixit, S. Mohammad, A. Jagwan, D. Sah, K. Joshi, S. Aggarwal.

4th Row: A. Singh, A. Peter, M. Bisht, D. Negi, A. Sharma, R. Rautela, J. Singh, P. Jeevan, A. Lodhiyal.

5th Row: K. Lathwal, M. Singh, A. Pandey, K. Arya, K. B. Jairu, O. Adhikari, A. Bajaj, M. Bhatt, Q. Alam.

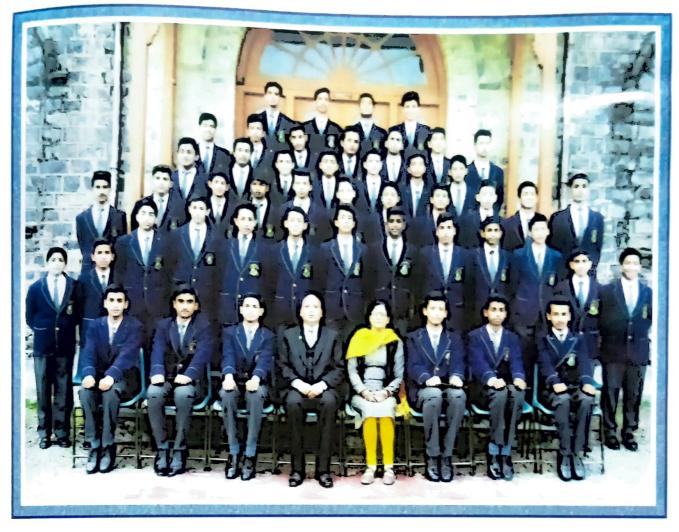
Absent : R. Tamta.





- **Sitting**: V. V. Bhatt, H. S. Dhot, A. Chaudhary, (Dr.) P. Emmanuel (Principal), Mrs. S. Dube Nath (Class Teacher), Y. Verma, G. Joshi, M. S. Raj.
- 1"Row : A. R. Lohansh, N. Tewari, A. Bargali, S. Pandey, H. Verma, D. Bisht, N. Bisht, A. Chauhan, K. Prasad, C. Mishra, G. Khetwal, V. Pandey, N. S. Bisht, A. R. Iohansh.
- 2<sup>nd</sup> Row : H. Pal, R. Chilwal, P. Nagarkoti, M. Pawar, A. Manral, R. Joshi, A. Mehta, N. Pandey, K. V. Singh T. Joshi.
- 3<sup>rd</sup> Row : H. S. Nagpal, P. Upadhyaya, K. Negi, A. Rehman, V. Pandey, S. Vats, L. S. Khanka, N. Sah, A. Bisht, A. Shukla.
- 4th Row: S. S. Virk, D. Mittal, M. S. Mehra, M. A. Ansari, P. Rastogi, M. S. Bisht, A. David, A. Javed, D. Bisht.
- 5<sup>th</sup> Row : M. Matiyali, V. Mehra, H. Bharadwaj, P. Adhikari, M. S. Khan, K. Lamba, A. Khan, S. Parihar, H. Joshi.
- Absent : V. Rawat, D. Taragi, A. Broad.





Sitting: M. Amaan, A. K. Jaiswal, U. Upadhyay, Dr. P. Emmanuel (Principal), Mrs. H. Nagpal (Class Teacher), L. Bisht, R. Tete, D. Bisht.

1"Row : K. Bhasin, T. Chhabra, H. Gunwant, S. Sah, A. S. Singh, P. Sah, B. Shah, A. K. Ignatius, N. Arora, N. Bisaria, R. Rawat, M. Kaif, D. Aryan.

2<sup>nd</sup> Row : H. Deval, S.P. Gupta, S. Dhapola, A.A. Aryaman, P. Phartiyal, L. Melkani, V. Nagarkoti, A. Bora, N. Kishwan, Y. V. Rawat, P. Bisht.

3<sup>rd</sup> Row: J. Verma, P. Bhatt, S. S. Kang, A. Sah, A. P. Singh, U. Bisht, A.S. Chauhan.

4<sup>th</sup> Row: A. Arora, A. Rautela, M. Hammad, M. Shayan, Y. Pande, D. Harbula, K. Sharma.

5<sup>th</sup> Row : K. Bhatnagar, R. Rehill, A. Bisht, N. Joshi.

Absent : P. Bora.





**Sitting**: G. Bhatt, H. Tewari, H. V. Singh, Dr. P. Emmanuel (Principal), Mrs. P. Knight (Class Teacher), R. Raj, H. Kothari, B. Sinha.

1" Row: V. Joshi, H. Bhatt, T. Pandey, S. Sharma, K. Upreti, S. V. Mehra, S. Bhatt, A. Sabri, A. Tripathi, P. Agarwal, U. Shah, Y. Pannu, P. Dharmwal.

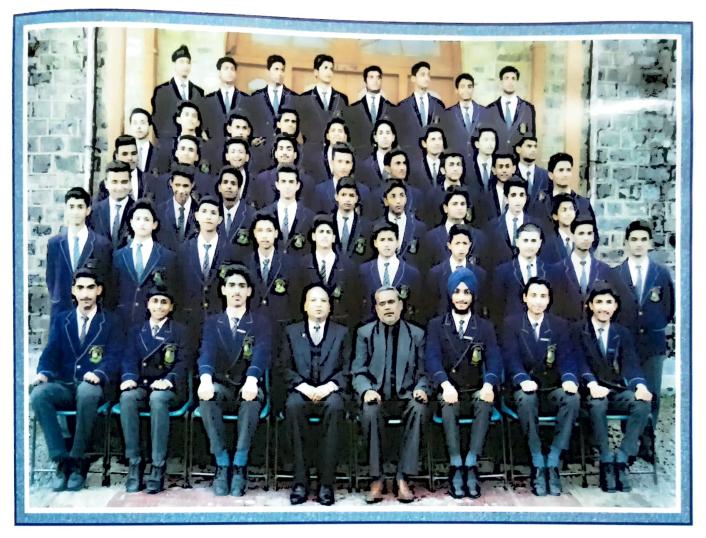
2<sup>nd</sup> Row: K. Bisht, S. Tewari, S. Negi, P. Rawat, J. Joshi, N. Shah, U. Budlakoti, B. Rawat, Y. Bisht.

3rd Row : A. Parvez, R. Kargeti, P. Ranjan, S. Mehra, P. Sharma, S. Shekhar, A. Ajay, M. Bisht.

4th Row: R. Syal, P. Singh, G. Bisht, A. Shah, S. S. Sekhon, V. Tandon, V. Mungali.

5<sup>th</sup> Row: S. Joshi, A. Rawat, R. Rathore, K. Singh, M. Joshi.





- **Sitting**: P. Gulati, M. S. Nandh, J. S. Kamra, Dr. P. Emmanuel (Principal), Mr. R. Shanker (Class Teacher), S. Bajwa, A. Vohra, A. Anam.
- 1"Row: V. Gahatori, Y. Sah, P. Agarwal, P. Chandra, P. Gururani, K. Adhikari, A. Sah, M. Pant, A. Arya, D. Kandpal.
- 2<sup>nd</sup> Row: K. Bhatt, A. Sharma, R. Joshi, M. Joshi, J. Siwatch, H. Manral, H. S. Surya, J. Chabbra, P. Jagati.
- 3<sup>rd</sup> Row: S. Kotalia, V. Sajwan, Y. Sah, C. Devliyal, A. Bisht, A. Kumar, S. Lamba, D. Sharma, P. Tamta.
- 4th Row: A. Bisht, G. Sah, A. Sah, K. Mishra, A. Passi, V. Anand, B. Upadhyaya, A. S. Bisht, P. Chandra.
- 5" Row: G. Singh, H. Ali, A, Merchant, N. Anand, A. Malik, P. Sah, K. Singh, A. Choudhary.
- Absent : V. Sinha, P. Thakur, Z. Khan.



- Sitting: S. Dharmwal, Mohd. F. Nadir, M. Zaid, Dr. P. Emmanuel (Principal), Mr. Bernard (Class Teacher), H. Ali, S. Ansari, A. Singh.
- 1 \* Row : C. Bisht, V. Joshi, H. Rautela, P. Pande, A. Upadhyaya, U. Sah, G. Pandey, C. Gumber, S. Chahal, V. Singh Sandu, P. Gusain, S. Nagpal, G. S. Keer, C. Tiwari, D. Bisht, A. Mahajan.
- 2<sup>nd</sup> Row : M. Tewari, A. Lamba, D. Raj, G. Mehta, N. Khulve, H. Dhillon, D. S. Mehra, U. Ashraf, Y. S. Bisht
- 3rd Row: R. Chabdal, R. Jeena, K. Sharma, A. Sah, H. Hasan, J. Sah, S. Bisht, A. Ali.
- 4th Row : A. S. Bisht, P. Adhikari, S. Mukherjee, P. Kandpal, A. Shahi, A. Chaudhary, A. Prasad.
- 5<sup>th</sup> Row: M. Mahara.





1"Row

Sitting: U. Pande, K. Aswal, D. Upadhyay, Dr. P. Emmanuel (Principal), Mrs. R. Gururani (Class Teacher), R. Joshi, A. Naval, I. S. Singh.

: A. Chauhan, R. Negi, B. P. S. Dobal, Y. Shamsi, P. Sah, V. Sah, V. Lohani.

2<sup>nd</sup> Row: N. Bisht, D. Sah, S. Chandra, H. Bisht, S. Srivastava, D. Kumar, M. Pandey.

3<sup>rd</sup> Row: H. Bisht, R. C. Rajwar, A. Singh, Z. Shah, K. K. S. Rana, S. Pandey, N. Verma.

4<sup>th</sup> Row: S. Sah, S. Satyal, M. Negi, B. Emmanuel, M. Joshi.

5<sup>th</sup> Row: S. Nagpal, A. S. Virk, M. Sah.





**Sitting**: P. S. Bhutia, V. Gupta, C. Rautela, Dr. P. Emmanuel (Principal), Dr. M. Tiwari (Class Teacher), R. Pant, M. Kamran, M. Sadiq.

1"Row : R. Hansraj, V. Negi, M. Arya, A. Pande, T. Bisht, A. Mishra, S. Kandpal, A. Arya.

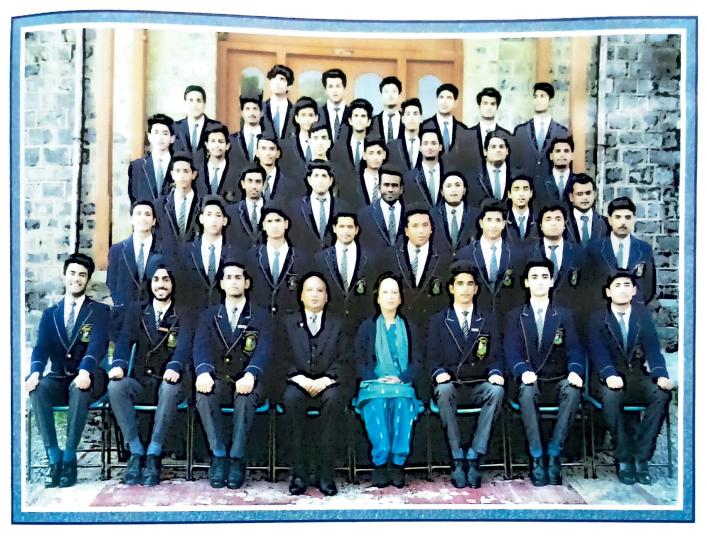
**2<sup>nd</sup> Row**: G. Mehra, F. Shah, Y. Dhaila, T. Yarphel, V. Kumar, P. Sah, A. Joshi.

3<sup>rd</sup> Row : P. Bisht, H. Singh, M. Shah, L. Chandra, S. Rawat, V. Singh.

4th Row : G. Bhandari, K. Sah, U. Bhandari.

Absent : A. Choudhary, A. Christy, R. Saran.





Sitting: D. K. Phartiyal, K. A. S. Chhabra, Y. Pande, Dr. P. Emmanuel (Principal), Ms. N. Bisht

(Class Teacher), S. Hasan, A. V. S. Chilwal, S. Pandey.

1" Row: V. Tewari, H. Sah, V. Kumar, R. Pathak, A. Budiyal, T. Kimari, K. Verma, C. Pandey.

2<sup>nd</sup> Row: U. Sah, K. Tamta, V. Pant, M. Adnan, S. S. Bhusari, B. Rawat, S. Paliwal.

3<sup>rd</sup> Row: V. Kargeti, D. Joshi, K. Bisht, K. Tripathi, V. Rautela, R. Pandey, J. Pandey, D. Tewari.

4<sup>th</sup> Row : A. Gururani, A. Bisht, A.Sah, V. Pandey, S. Sah.

5<sup>th</sup> Row : A. Purohit, N. Joshi, T. Sah, C. Upadhyaya, K. Joshi, N. Tewari.

Absent : S. Sharma, G. Bisht.





K. S. Chauhan, A. Saboor, Dr. P. Emmanuel (Principal) Dr. R. Pande (Class Teacher), Sitting

S. Joshi, S. Tewari.

L. Norbu, T. Bisht, P. Khani, S. Rajput, K. Sah, T. Upadhyaya. 1"Row

S. Chandra, V. Garbyal, A. Chaudhary. 2<sup>nd</sup> Row

3rd Row N. Dutt, R. Tandon.





## voups Photo

## MACFAIR

## Left to Right:

#### Sitting:

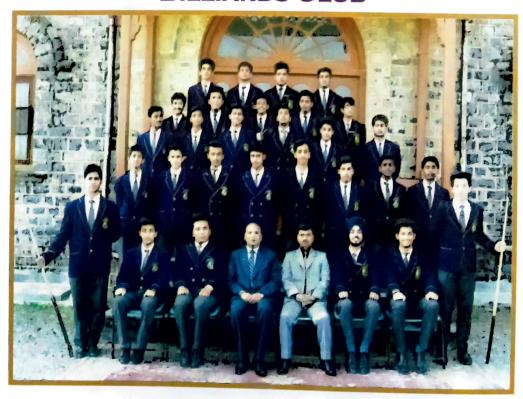
Mr. E. D'Gama, Dr. P. Emmanuel (Principal).

#### 1" Row :

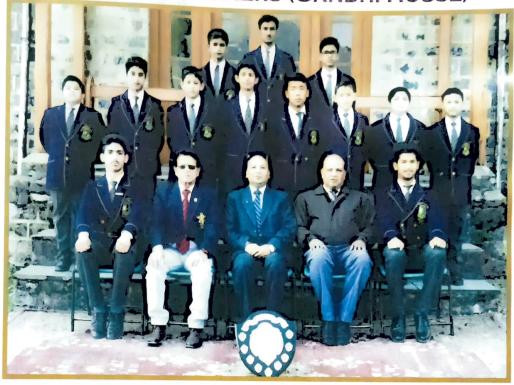
- N. Tiwari, V. Pande,
- Y. Pande, A. Purohit,
- J. Pande, D. Phartiyal,
- S. Pande.



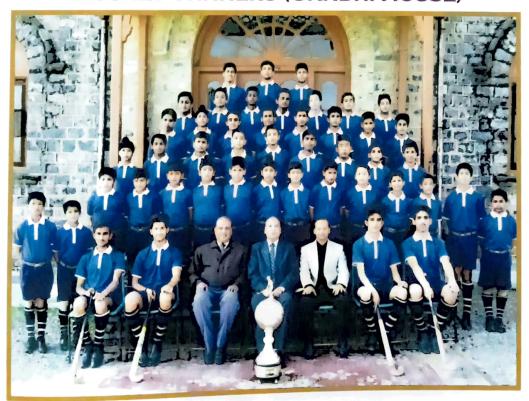
## **BILLIARDS CLUB**



## SWIMMING WINNERS (GANDHI HOUSE)

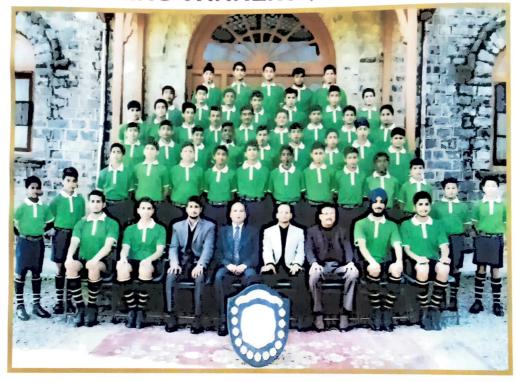


## HOCKEY WINNERS (GANDHI HOUSE)

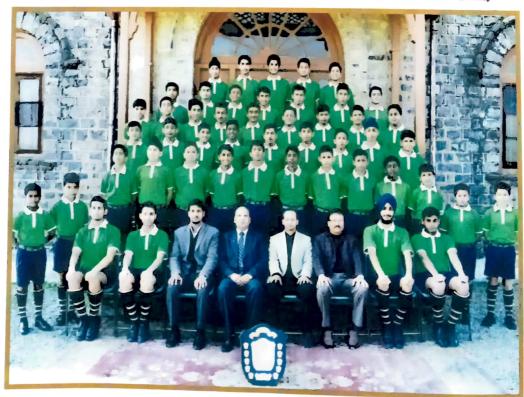




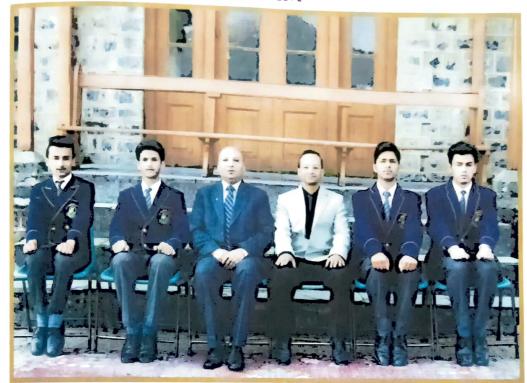
## MARCHING WINNERS (PANT HOUSE)



## **ATHLETICS WINNERS (PANT HOUSE)**



## COLLEGE RELAY TEAM



#### Left to Right:

#### Sitting:

D. Bisht,

H. Tewari,

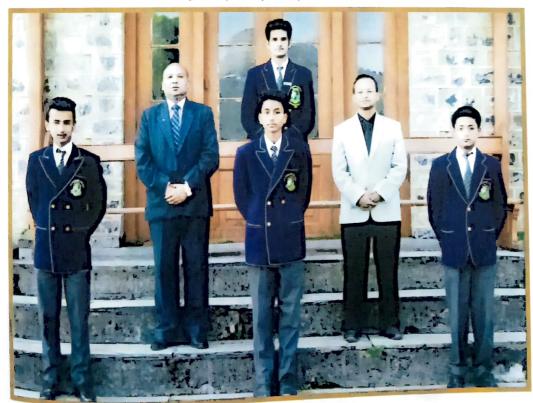
Dr. P. Emmanuel (Principal),

Mr. A. Dhaila,

A. Passi.

C. Rautela.

## BEST MAN (O, A, B, C, D DIVISION)



## Left to Right:

#### 1" Row:

D. Bisht (B Division),

R. Kumar ( C Division),

V. Bajpai (D Division).

## 2<sup>nd</sup> Row:

Dr. P. Emmanuel (Principal),

Mr. A. Dhaila (Coach).

#### 3rd Row:

S. Joshi (O Division).

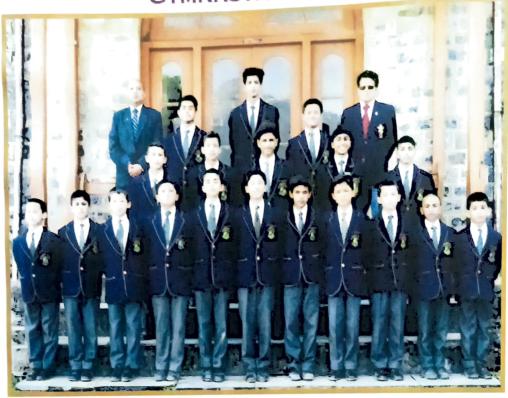
#### Absent:

P. Chandra (A Division).

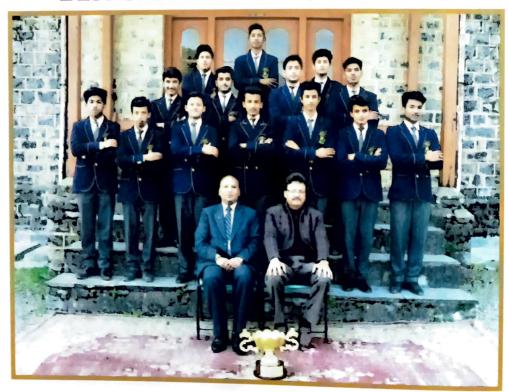


# Troups Photogr

GYMNASTICS TEAM

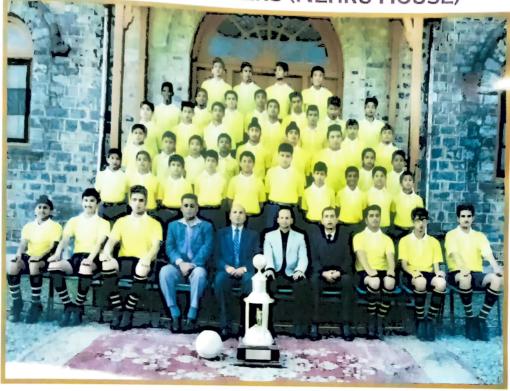


BEST UPCOMING TEAM (JOSEPHITES)

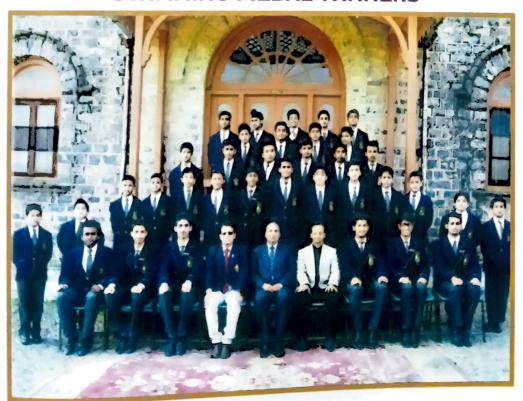




## FOOTBALL WINNERS (NEHRU HOUSE)



## **SWIMMING MEDAL WINNERS**





## INTER CLASS FOOTBALL WINNERS (8-B)

Dhoto.

oups

## Left to Right:

#### Sitting:

Mr. A. Dhaila (Coach)
Dr. P. Emmanuel
(Principal),
Mrs. D. Nath

## 1" Row :

T. Chhabra, A. Chilwal, N. Pandey, A. Rehman, S. S. Virk, N. Bisht

## 2<sup>nd</sup> Row:

A. David, A. Ansari, D. Mittal, N. Tiwari, A. Javed, H. Pal

## 3<sup>rd</sup> Row

M. Bisht, Y. Verma

## 4<sup>th</sup> Row

A. Choudhary



## Left to Right:

#### Sitting:

A. Chilwal, H. Ali, Y. Pande, Mr. E.D'Gama, Dr. P. Emmanuel (Principal).

> S. Hasan, A. Vohra P. Chandra.

## 1" Row :

A. Singh, M. Joshi, A. Bisht, C. Pandey, S. Dharamwal,

T. Kimadi, H. Rautela,

M. Nanda.

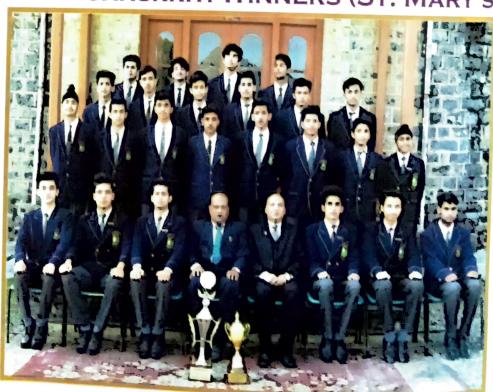
#### 2<sup>nd</sup> Row:

U. Pandey, K. Tripathi, A. Sah, S. Sah, C. Rautela

#### 3<sup>rd</sup> Row :

S. Tiwari, S. Chandra, A. Porohit, N. Tiwari

## SANSKRITI WINNERS (ST. MARY'S)





## SCIENCE QUIZ WINNERS (10TA)



## Left to Right:

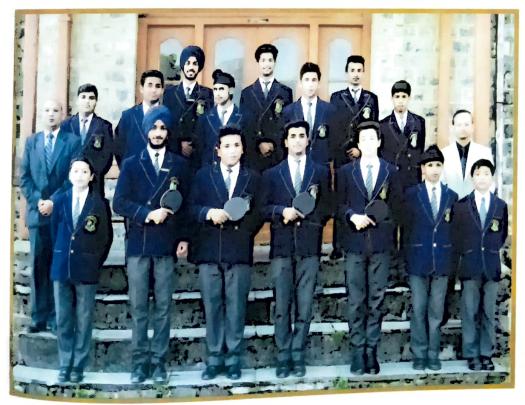
#### 1" Row :

Mr. M. Bernard, M. S. Nanda, P. Gulati, B. Upadhyaya, P. Agarwal, Mr. E. D'Gama

#### 2<sup>nd</sup> Row:

Mrs. M. Bhatt Dr. P. Emmanuel (Principal), Mrs. R. Gururani

## **TABLE TENNIS MEDAL WINNERS**



#### Left to Right:

#### 1st Row:

A. Budiyal, A. Malik, H. Hasan , V. Cheema, D. Rana.

C. Jaiswal, S. S. Bajwa,

## 2<sup>nd</sup> Row:

Dr. P. Emmanuel (Principal), Mr. Dhaila (Coach).

### 3rd Row:

S. Gupta, K. Jairu, S. Sekhon, V. Nigham,

M. Mand.

## 4" Row :

K.A.S. Chhabra, S. Sharma, D. Bisht



## TABLE-TENNIS WINNER

## Left to Right :

1" Row :

S. Sharma,

K. A. S. Chhabra,

C.Jaiswal, V. S. Cheema,

D. Bisht, M. Mand.

S. Chand, A. Chilwal,

N. Anand, A. Malik

2<sup>nd</sup> Row:

K. Jairu, A. Rawat

3rd Row :

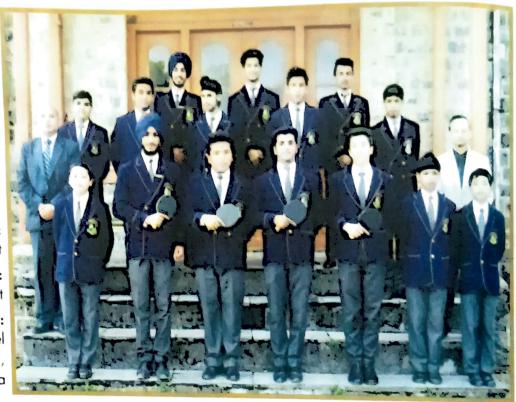
P. Agarwal, U. Bisht

4" Row :

Dr. P. Emmanuel

(Principal),

N. Tiwari, Mr. A. Dhaila



Dhotos

## HAVOC - SCHOOL DANCE GROUP

## Left to Right:

Sitting:

Dr. P. Emmanuel (Principal)

1" Row :

S. Dharmwal, H. Rautela

2nd Row:

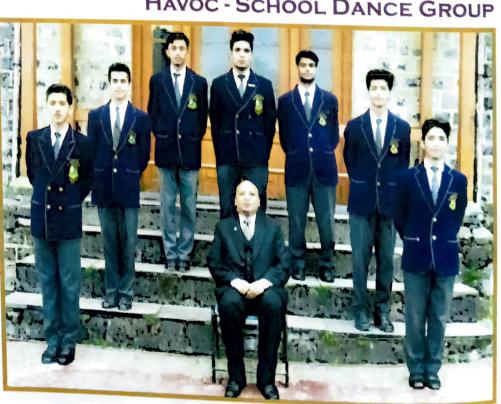
M. Joshi, U. Pandey

3rd Row:

K. Chandra,

H. Ali,

P. Chandra



# Photograph

## INTER CLASS FOOTBALL WINNER - CLASS - 12



## Left to Right:

### Sitting:

Mr. Dhaila, Dr. P. Fernanuel, Dr. R. Panae, Ms. N. Bisht

#### 1" Row:

A. Chaudhary, S. Pande, J. Pande, D.K. Phartiyal, B. Rawat, A. Budiyal, H. Sah

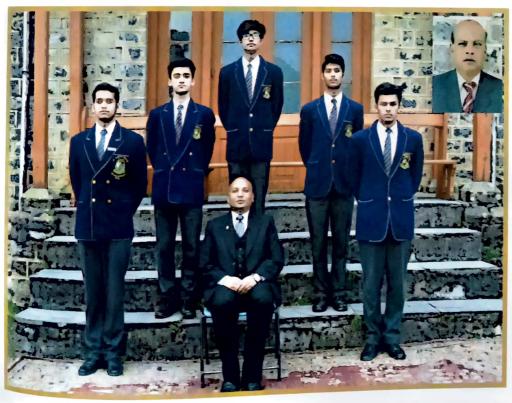
#### 2<sup>nd</sup> Row:

S. Rajput, S. Sharma, V. Garbiyal, K.A.S. Chhabra, A. Saboor.

#### 3<sup>rd</sup> Row:

V. Pande, S. Joshi, S. Hasan

## **COFAS TEAM**

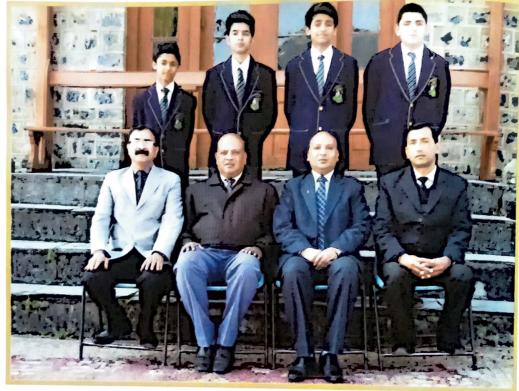


## Left to Right:

Y. Pande, A. Chilwal, A. Purohit, N. Tiwari, C. Rautela Principal : Dr. P. Emmanuel Inset (Mr. E.D'Gama)

# Groups Photograph.

## SENIOR SCHOOL QUIZ WINNERS



## Left to Right:

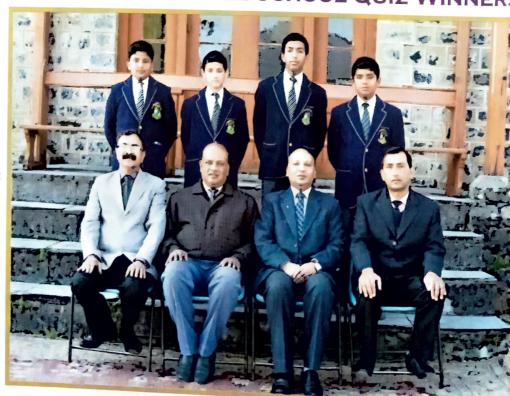
## Sitting:

Mr. S. Sah, Mr. E.D'Gama, Dr. P. Emmanuel (Principal), Mr. S. Rautela

## Standing:

V. Joshi, S. Nagpal, G. Bhatt, A. Updahyay.

## MIDDLE SCHOOL QUIZ WINNERS



## Left to Right:

## Sitting:

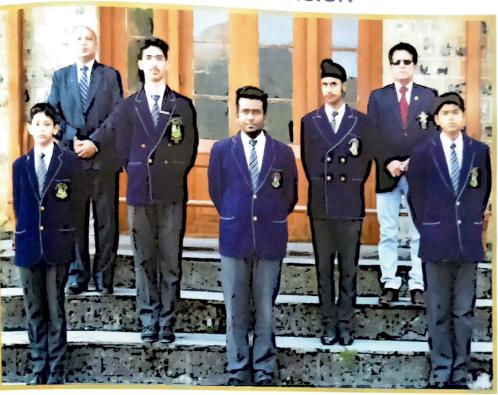
Mr. S. Sah, Mr. E.D'Gama, Dr. Peter Emmanuel (Principal) Mr. S. Rautela.

#### Standing:

R. Tiwari, S. Sah, V. Bhatt, G. Khetwal

# Photograph L.

## BEST SWIMMERS EACH DIVISION



## **Left to Right**

#### I" Row :

Y. Mehra,

A. Malik (D - Div.)

A. Pande (C · Div.)

(Dua Special)

## 2<sup>nd</sup> Row

J. Kamra (A - Div.)

S. Sekhon (B - Div.)

#### 3rd Row

Dr. P. Emmanuel (Principal)

Mr. J. R. Dogra (Coach)

## BIRLA FEST



## Left to Right:

#### Sitting:

Dr. P. Emmanuel (Principal)

## Standing:

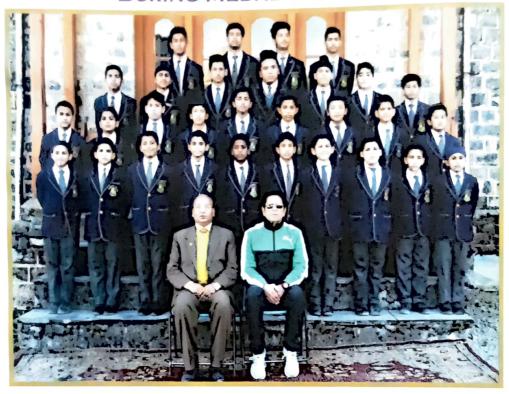
C. Pande, A. Chilwal, S. Sah,

L. Nerbu, K. Tamta

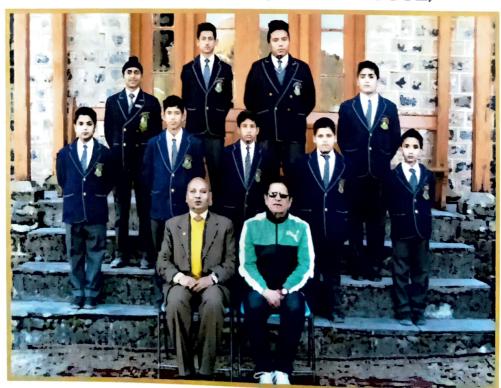
Inset: E. D'Gama



## BOXING MEDAL WINNERS



## **BOXING WINNERS (NEHRU HOUSE)**





## GENERAL QUIZ - 2016 (JUNIOR SCHOOL)



## Left to Right:

#### 1" Row :

V. Halsi, J. Bisht II Yadav, A. Sa., A. Nayal, V. Joshi, S. Sah.

#### 2<sup>nd</sup> Row:

Mrs. N. Joshi, D. Verma, A. Singh, V. P. Singh, Mrs. M. E. Singh

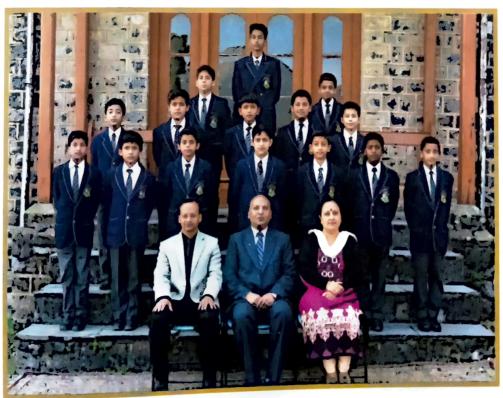
## 3<sup>rd</sup> Row :

V. Oberoi, D. Chauhan.

#### 4" Row :

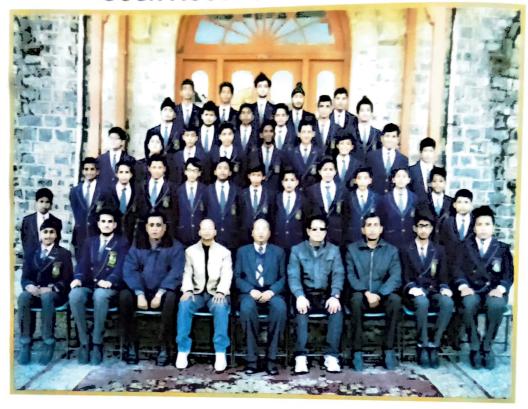
Dr. P. Emmanuel (Principal)

## **INTER CLASS FOOTBALL WINNERS - 6B**

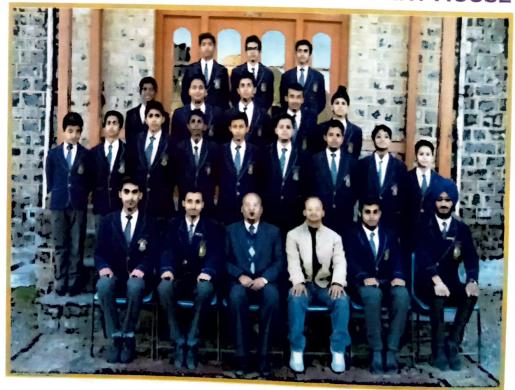




## COCK HOUSE (NEHRU HOUSE)



## CRICKET & SOFTBALL WINNERS - PANT HOUSE





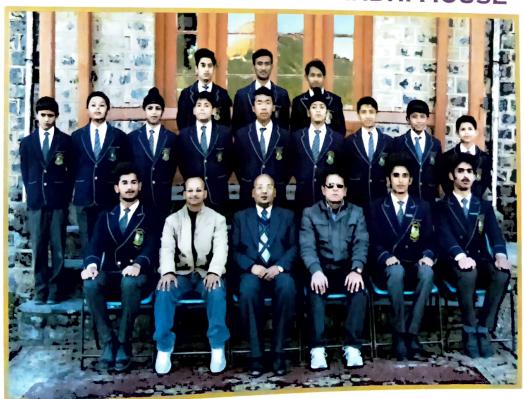
## SNOOKER WINNERS (O DIV.)



## Left to Right:

S. Sharma (Bronze), A. Budiyal (Gold), K.A.S. Chabbra (Silver)

## SWIMMING WINNERS - GANDHI HOUSE





## BOXING BEST MEN - 2016



## Left to Right:

Dr. P. Emmanuel, S. Vats (Best Man B Div), S. Sharma (Best Man A Div) A. Augustine (Best Man C Div)

## COLLEGE BAND



## Left to Right:

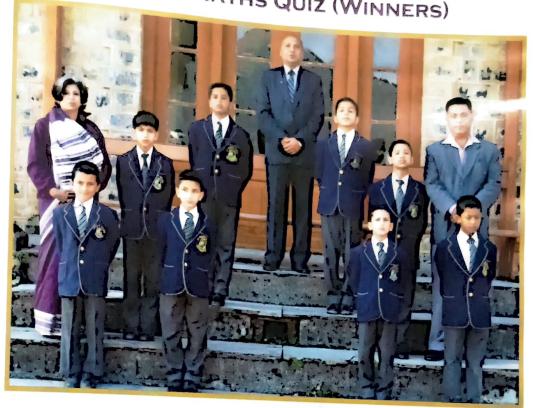
## Sitting:

K.B. Jairu, S. Tewari, Dr. P. Emmanuel

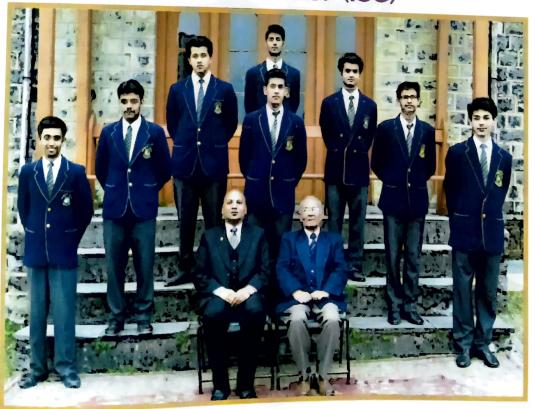
> (Principal) S. Chandra,

A. S. Bisht.

# JUNIOR MATHS QUIZ (WINNERS)



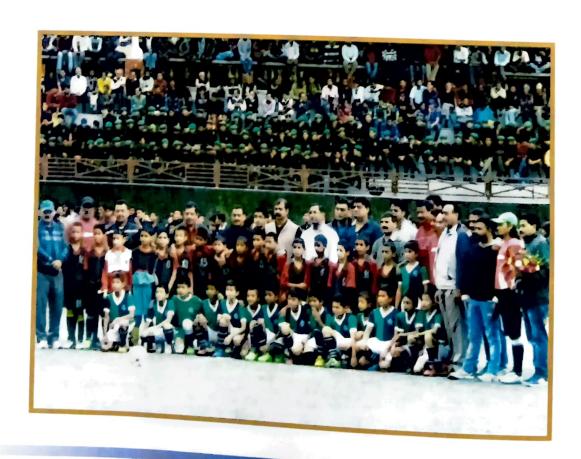
BIOLOGY GROUP (ISC)





MINIS (4' 7) SEM VS. BSSV









# Best Swimmers



Adnan Malik 'O' Division



Shivanker Joshi 'O' Division



Jasman Kamra 'A' Division



Samrath Sekhon 'B' Division



Abhinav Pandey 'C' Division



Yashvardhan Mehra 'D' Division



Ayushman Sah Dua Special

# Best Men



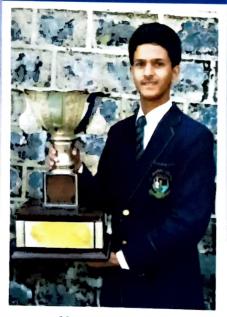
Meharpreet Singh Nanda Best Boxer



Siddhant Sharma
Sportsman of the Year,
Best Badminton Player
&
Best Athlete Award



Abhimanyu Vohra
Best Swimmer of the Year



Harsh Tewari Most Promising Athlete



Ansh Budiyal
Best Table Tennis Player





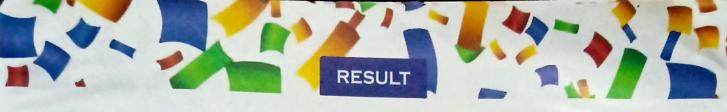






## ANNUAL ATHLETIC MEET - 2016

Sl. No.	Eevent List	Class	Name	House
1. 2. 3.	Best Athlete 'D' Division Best Athlete 'C' Division Best Athlete 'B' Division	VII VI IX	V. Bajpai R. Kumar D. Bisht	Tagore House Nehru House Pant House
4.	Best Athlete 'A' Division Best Athlete 'O' Division	X XII	P. Chandra S. Joshi	Nehru House Nehru House
6.	Dua Special – Promising Athlete (Sr.)	XII	S. Hassan	Gandhi House
7.	Dua Special – Promising Athlete (Jr.) Best Gymnast - College	VIII IX	A. Rehman Kushagra Upreti	Tagore House Pant House
8. 9.	Best Gymnast - Runner Up  Dua Special - Promising Gymnast	VI VIII	Divyansh Suyal Gaurav Dhondiyal	Nehru House
10.	Connolly Shield Marching	X	Ukasha Ashraf	Tagore House Tagore House
11.	Lt. Gen. S.R. Ghosh PVSM, AVSM, SM, ADC, General Officer Commanding in Chief, Western Command; Class of 1966 Trophy goes to the Best Athlete 2016	XII	Siddhant Sharma	Gandhi House
12.	Rama Bisht Trophy most Promising Athlete	IX	H. Tewari	Pant House
13. 14.	Relay Shield  Br. Murphy Shield for the Cock House			Tagore House Pant House



## ANNUAL ATHLETIC MEET - 2016

Sl. No.	EVENT	FIRST PLACE	CECOND BLACE	THIRD PLACE
1.	50M - 'F' Division	S. Singh	SECOND PLACE S. R. Bisht	D. Garbiyal
	Ta) ( Pro-	(Gandhi)	(Pant)	(Tagore)
2.	50M – 'E' Division	V. Bisht (Pant)	A. Champia (Nehru)	G. Singh
3.	100M – 'O' Division	S. Joshi (Nehru)	C. Rautela (Pant)	A. Chabbra (Tagore)
4.	100M - 'A' Division	P. Chandra (Nehru)	V. Mungali (Pant)	Z. Khan (Tagore)
5.	100M-'B' Division	H. Tewari (Pant)	M. Aman (Tagore)	A. Bora (Gandhi)
6.	100M – 'C' Division	R. Kumar (Nehru)	A. Rhman (Tagore)	H. Pal (Pant)
7.	100M – 'D' Division	V. Bajpai (Tagore)	U. Singh (Gandhi)	L. Pandey (Pant)
8.	75M – E' Division	V. Bisht (Pant)	A. Champia (Nehru)	G. Singh (Tagore)
9.	75M – T' Division	S. Singh (Gandhi)	S. R. Bisht (Pant)	D. Garbiyal (Tagore)
10.	Inter School Invitation Relay	SEM Yellow	SEM Green	Amtul's Public School
11.	Inter School Girls Invitation Relay	All Saints' College Nainital	Bal Vidya Mandir Nainital	Sanwal School Nainital
12.	Tunnel Ball	Tagore House	Gandhi House	Pant House
13.	Relay Inter House – 'D' Division	Tagore House	Gandhi House	Pant House
14.	Relay Inter House – 'C' Division	Tagore House	Nehru House	Gandhi House
15.	Relay Inter House – 'B' Division	Pant House	Nehru House	Gandhi House
16.	Relay Inter House - 'A' Division	Pant House	Tagore House	Nehru House
17.	Relay Inter House – 'O' Division	Nehru House	Gandhi House	Pant House
18.	Relay Staff Vs Past Pupils	SEM Staff	Old Boy's Blue	Old Boy's Green
19.	800M – 'B' Division	M. S. Nanda (Nehru House)	K. Negi (Pant House)	H. Tewari (Pant House)
20.	Medley Relay 4x100 Mts.	Tagore House	Pant House	Nehru House
21.	Invitation Relay	Staff	Old Boy's	Old Boy's



## **INTER-HOUSE HOCKEY - 2016**

FIRST FIELD:

First Place: NEHRU

Second Place: GANDHI

Third Place: TAGORE

SECOND FIELD:

First Place: PANT

Second Place: TAGORE

Third Place: GANDHI

THIRD FILED:

First Place: GANDHI

Second Place: NEHRU

Third Place: PANT

**COCK HOUSE: GANDHI HOUSE** 

#### **INTER-HOUSE ATHLETIC S – 2016**

MARCHING RESULTS:

First Place: PANT

Second Place: TAGORE

Third Place: NEHRU

**BEST MAN:** 

'O' DIVISION: S. Joshi (Nehru House) 'A' DIVISION: P. Chandra (Nehru House)

'B' DIVISION: D. Bisht (Pant House)

'C' DIVISION: R. Kumar (Nehru House) 'D' DIVISION: V. Bajpai (Tagore House)

ATHLETE OF THE YEAR:

S. Sharma (Gandhi House)

PROMISING ATHLETE OF THE YEAR: H. Tewari (Pant House)

## INTER-HOUSE FOOTBALL WINNERS - 2016

SENIOR SCHOOL:

WINNERS: CLASS 12

**RUNNERS UP - CLASS 10** 

MIDDLE SCHOOL:

WINNERS: CLASS 8A

**RUNNERS UP - CLASS 8B** 

JUNIOR SCHOOL:

WINNERS: CLASS 6B

**RUNNERS UP - CLASS 6A** 

## **INTER-HOUSE FOOTBALL - 2016**

FIRST FIELD:

First Place: GANDHI

Second Place: NEHRU

Third Place: PANT

SECOND FIELD:

First Place: NEHRU

Second Place: GANDHI & PANT Third Place: TAGORE

THIRD FILED:

First Place: NEHRU

Second Place: GANDHI

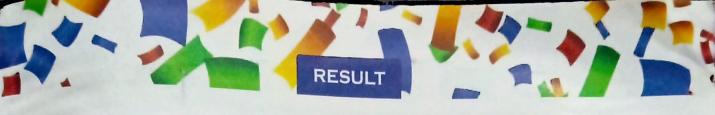
Third Place: PANT

**COCK HOUSE:** 

Nehru House

FOOTBALLER OF THE YEAR:

Aman Joshi



## INTER-HOUSE SWIMMING - 2016

POSITIONS:

First Place: GANDHI

Second Place: TAGORE

Third Place: NEHRU

BEST MAN:

'O' DIVISION: A. Malik (Nehru House)

'A' DIVISION: J. Kamra (Gandhi House)

'B' DIVISION:
S. Sekhon (Tagore House)
'C' DIVISION:
A. Pandey (Pant House)

'D' DIVISION: Y. S. Mehra (Gandhi House)

SWIMMER OF THE YEAR:

A. Vohara (Pant House)

ATHLETE OF THE YEAR:

S. Sharma (Gandhi House)

PROMISING ATHLETE OF THE YEAR:

H. Tewari (Pant House)

## **INTER-HOUSE BADMINTON - 2016**

**BEST MAN:** 

'O' DIVISION: S. Sharma (Gandhi House)

'A' DIVISION: N. Anand (Pant House)

'B' DIVISION: U. Bisht (Nehru House)

'C' DIVISION: K. B. Jairu (Tagore House)

'D' DIVISION: A. Chilwal (Nehru House)

BADMINTON PLAYER OF THE YEAR: S. Sharma (Gandhi House)

**COCK HOUSE:** 

**Nehru House** 

## INTER-HOUSE TABLE TENNIS - 2016

**BEST MAN:** 

'O' DIVISION: A. Budiyal (Nehru House)

'A' DIVISION: A. Malik (Nehru House)

'B' DIVISION: D. Bisht (Pant House)

'C' DIVISION: M. Mand (Pant House)

'D' DIVISION: A. Nigam (Pant House)

TABLE TENNIS PLAYER OF THE YEAR: A. Budiyal (Nehru House)

COCK HOUSE:

**Pant House** 

## RESULT

## INTER-HOUSE CRICKET - 2016

FIRST FIELD:

First Place: NEHRU

Second Place: PANT

Third Place: GANDHI

SECOND FIELD:

First Place: PANT

Second Place: NEHRU

Third Place: TAGORE

THIRD FILED:

First Place: NEHRU

Second Place: GANDHI

Third Place: PANT

COCK HOUSE:

Nehru House

CRICKETER OF THE YEAR: A. Malik (Nehru House)

## **INTER-HOUSE BOXING - 2016**

BEST MAN:

'A' DIVISION:

S. Sharma (Gandhi House)

B DIVISION:

S. Vats (Nehru House)

C DIVISION: D' DIVISION: A. Augustine (Pant House)

BOXER OF THE YEAR: M. S. Nanda (Nehru House)

A. Nigam (Pant House)

COCK HOUSE:

Nehru House

### INTER-HOUSE SOFTBALL - 2016

FIRST FIELD:

First Place: PANT

Second Place: NEHRU

Third Place: GANDHI

SECOND FIELD:

First Place: PANT

Second Place: TAGORE

Third Place: GANDHI

THIRD FILED:

First Place: NEHRU

Second Place: GANDHI

Third Place: PANT

COCK HOUSE:

Pant House

CRICKETER OF THE YEAR:

A. Malik (Nehru House)

## INTER-HOUSE VOLLEYBALL - 2016

FIRST FIELD:

First Place: GANDHI

Second Place: PANT

Third Place: NEHRU

SECOND FIELD:

First Place: TAGORE

Second Place: PANT

Third Place: NEHRU

THIRD FILED:

First Place: GANDHI

Second Place: NEHRU

Third Place: TAGORE

COCK HOUSE: Gandhi House

## COCK- HOUSE FOR ALL SPORTS EVENTS - 2016

FIRST PLACE:

NEHRU HOUSE

- 99 POINTS

SECOND PLACE:

GANDHI HOUSE

- 84 POINTS

THIRD PLACE:

PANT HOUSE

- 84 POINTS

FOURTH PLACE:

TAGORE HOUSE

- 72 POINTS - 57 POINTS



# ST. JOSEPH'S COLLEGE. NAINITAL RESULTS OF I.C.S.E. 2016

	AGARWAL KARTIK	ENG	HIN	HCG	MAT	SCI	ECO	CTA	CAS	EAS	PED	A
	AHMAD ASAD	80	86	69	78	60						8
		74	76	69	58	52					95	
	BAJWA TARUN VEER SINGH BHAISORA ARYAN SINGH	78	86	76	69	66					96	
		90	92	86	94	78		98				
	BHARDWAJ AKSHIT	76	88	86	76	78		88				
	BORA ABHYUDAYA	83	86	88	88	83		98				
'	CHAUDHARY PARTH	72	95	76	69	74					97	
}	CHAUDHARY DEVANSHU	74	90	80	83	74					99	
)	GUPTA DEV	83	90	86	94	83		88				
0	GUPTA DHRUV	90	96	90	94	88				94		
11	HASAN SHAHBAZ SYED	80	90	88	83	69				86		
12	JEELANI AZAM	69	78	44	48	52				90		
13	KHAN MHD. MEERAN	76	86	69	66	62				78		
14	KHAN MOHD. MUSA	86	94	86	88	78			88	, 0		
15	RAWAT VEDANT	78	86	76	50	58			00	83		
16	SANDHU NAVJOAT SINGH	74	88	52	48	52				00	86	
17	SANDHU SAHEEB	78	86	78	69	62				78	00	
18	SHARMA TUSHAR	78	88	86	72	69				80		
19	SINGHAL ANSH	86	86	86	94	69		94		00		
20	ASWAL KANISHK	80	86	83	83	69		34			100	
21	BISHT PRAJWAL	66	76	50	25	50					88	
22	BISHT HARSHIT	72	88	90	86	74					99	
		86	95	90	80	86		94			33	
23	BISHT NIDHISH	86	88	88	86	86		95				
24		83	90	88	76	78		86				
25		80	88	80	80	72		83				
26		69	88	80	92	74		05			95	
27		86	90	83	62	72		83			33	
28		78	92	83	72	78		88				
29		90	94	86	88	74		92				
30			94	83	64	69		88				
31	KAMRAN MOHD.	78	92	78	69	69		00		86		
32		74		83	66	72		83		00		
33	NAVAL ASTIK	83	88	64	52	54		88				
34	NEGI RAJAT	80	88		62	58		00			98	
3	5 PANDE ANIRUDDH	69	76	64				94			30	
30	5 PANDE UDIT	80	90	80	83 86	66 86		34	97			
3		94	94	90	46	42			37		95	
3	8 RAUTELA CHAITANYA	76	74	66	64	60				80	93	
3	9 SAH VAIROCHAN	78	86	78		72		90		00		
4	0 SAH AVNEESH	86	86	83	64	64		88				
4	1 SAH KRITHARTH	74	86	78	54	58		00		74		
4	2 SHAH FEROZ	69	88	72	60	66		90		/4		
4	3 SINGH VEDANT	80	88	78	69	92		98				
4	4 SINGH ANJANAY	90	94	94	83			88				
4	5 SINGH ISAAC SIDDANTH	76	90	80	69	69		90			98	
	46 SRIVASTAVA SHREYASH	88	94	92	83	90					99	
	47 VIRK SINGH ARJUN	86	94	90	88	90		90			99	
	48 ADHIKARI JAYESH	76	83	83	83	80						
	49 AGARWAL NIMISH	88	88		72	62		86		88		
	50 AHUJA SARTHAK	80	90		80	69				69		
	51 DOGRA NAVODIT	66	80	64	42	48				09		

### RESULT

		ENG	HIN	HCG	MAT	SCI	ECO	CTA	CAS	EAS	PED	AR
52	GOEL PRATHAM	76	90	76	83	74		0-	76			
53	GREWAL JASKARAN S	83	97	92	90	90		95				
54	KAKKAR SHIVANSH	72	88	72	52	64				78		
55	MAMGAI RITIK	80	90	88	80	74		94				
56	MISHRA ARPIT	72	78	64	50	58						86
57	SADANA DIVYANSH	88	92	80	88	74				83		
	SIDDIQUI AKHTAR SUHEB	86	90	83	83	74				88		
58	SIDDIQUI SUHAIL	66	90	62	48	52				80		
59	VERMA AYUSH	72	90	66	50	62				83		
60	VERMA SHIVAM	/-										
62	ARYA ABHISHEK	80	90	78	60	66		88				
63	BHANDARI GAURVANSH	76	92	76	60	62		80				
	BISHT HARSHIT	80	92	86	69	66		83				
64 65	BISHT TUSHAR	76	92	76	60	60		88				
66	CHRISTY AMOS	64	78	48	26	42					95	
67	DHAILA YUVRAJ	72	88	72	50	60					95	
68	HAROON MOHD. ABDULLAH	69	88	54	54	44					94	
69	HASAN SYED MUJTABA	80	86	72	52	44				83		
70	JOSHI MILIND	86	94	88	92	83		95				
71	JOSHI RONIT	80	94	92	88	76		95				
72	KHARAI ARIHANT	83	90	80	88	78		94				
73	KUMAR VIPIN	66	76	69	44	64					95	
74	LOHANI VAYUN	88	94	88	90	94		96				
75	MARTOLIA SIDDHARTH	74	88	78	69	69		94				
76	PALIWAL VASU	90	95	92	94	90		95				
77	PANDEY MANAS	83	94	80	50	60		76				
78	PANDEY SHIVAM	76	90	69	74	60		78				
79	PANT RAJAT	76	92	74	66	58					99	
80	RANA KARTIK K.S.	80	90	76	76	76						88
81	SAH AMATYA	86	94	88	94	88		94				0.
82	SAH DHANANJAY	74	83	74	69	66		34	76			
83	SAH MAITRAYA	83	97	88	78	80			70		100	
84	SAH PRAKHAR	69	92	72	66	58		90			100	
85	SAH SWAPNIL	74	90	86	74	72						
86	SATYAL SARTHAK	66	92	83	88			96				
87	SHAH MUSTAFA	69	83	66		69		86				
88	SHAH ZUBAIR	78	95		52	52				69		
89	SHAMSI YUSUF			78	78	62				90		
90	SINGH HARSH PRATAP	83	92	80	66	60			92			
91	SUYAL PRANJAL	60	78	50	44	40		60				
91	TENZIN YARPHEL	78	95	78	66	66		86				
93		74	80	66	60	54				74		
	UPADHYAY DEV	83	94	78	86	74					100	
94	VERMA NISHANT	90	92	92	94	88		96				



### ST. JOSEPH'S COLLEGE. NAINITAL RESULTS OF I.S.C. 2016

CLASS XII - SCIENCE 2015

S.N.	NAME	ENG	PHY	СНЕМ	BIO	MATHS	COMP	GEOG	P. EDU	ART	HIST
1.	PATHAK RAKSHIT	92	90	76		92	97				
2.	KUSH RAWAL	92	90	86		78	95				
3.	SARASWAT YASH	92	83	72		74			95		
DAY	SCHOLARS										
4.	AHMED SARAH	76	59	54	64					86	
5.	ALIGH ABHISHEK	90	90	80		66	92				
6.	BHARGAVA PARIKSHIT	90	95	80		92		86			
7.	BHATT JATIN	86	60	57		72			97		
8.	BISHT KULDEEP SINGH	92	49	59	78					88	
9.	BISHT LOKESH	94	69	76		69	90				
10.	BISHT SAKSHI	88	60	59	76				88		
11.	BISHT UTSAV	80	54	57		53	72				
12.	BORA YASH	94	69	62		66	90				
13.	CHANDRA SURESH	90	54	54		59			88		
14.	DALAKOTI KRITI	94	78	86		51			90		90
15.	DHAUNI ROHAN	90	60	69	64				92		
16.	DHOUNDIYAL ANSHUL	88	44	59		43			95		
17.	JAGATI DIGVIJAY	92	60	49		44			95		
18.	JOSHI PRAKHAR	90	95	92	86	90					
19.	KANDPAL ARUSH	90	86	64		72			95		
20.	KUMAR AKASH	88	62	60		69	72				
21.	MISHRA AMAN	83	57	60	62					92	
22.	NEGI HARSH VARDHAN SINGH	88	69	64		80	80				
23	NEGI KARTIK	92	76	62		90		76			
24.	PAL ABHYUDAY S.	92	60	62		60	83				
25.	PANDEY MAHIKA	78	57	57	54					88	
26.	PANT MUDIT	90	90	83	76	66					
27.	PANT SHASHANK	86	66	74		54			94		
28.	RAWAT RAHUL	86	64	74	69	62					
29.	SAH MILAN	ab	ab	ab	ab		ab				
30.	SAH MRIDUL	76	55	46		9			90		
31.	SAH RAJAT	83	66	64		72			99		
32.	SHAH AAYUSH	94	90	86		95			98		
33.	SHAH VENKATESH	92	64	66	72	78					
34.	SINGH DHANANJAY	83	72	76		86	95				
35.	SINGH JALAJ KUMAR	92	88	86		92	97				
36.	TAMTA VATSAL	94	88	62	88	66	400				
37.	TEWARI SHUBHAM	94	92	86		92	100				



## ST. JOSEPH'S COLLEGE. NAINITAL RESULTS OF I.S.C. 2016

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S.N.	NAME	ENG	ECO	COMM	ACCTS	MATH	COMP	GEOG	P.EDU	ART	HIST	BUS ST	POI
1	AGARWAL MANAN	94	62	78	60				97				
2	SHARMA ANANT	92	78	92	62				100				
1	AGARWAL RITIK	92	92	90	90	96							
2	AHMAD UMAR	92	88	90	88			86					
3	AHMED ABSAR	86	72	86	76	69							
4	BHATT NIHARIKA	92	66	76	60	17							
5	CONSUL DEVANSH	88	86	90	86		94						
6	DANG KUNAL	92	76	90	78	66							
7	DAVID LAWRENCE	90	47	72	53	49							
8	DOBAL PRAGATI	88	44	47	24					92			
9	GANGOLA PRAVEER	86	49	62	47				95				
10	GOKUL LAXMAN	92	88	94	78			76					
11	JOSHI ROJA	88	55	69	52					88			
12	JOSHI SHUBHAM	72	53	54	78				86				
13	JOSHI VAIBHAV	92	59	74	60	49							
14	KANDPAL PURAV	83	69	83	64	52							
15	KNIGHT CARL CHRISTOPHER	69	23						86	44			48
16	KUMAR KARAN	83	47	49	43				100				
17	NAGPAL SIMRAN KAUR	83	52	57	62	49							
18	NEGI NARENDRA SINGH	92	88	80	54				97				
19	PANDEY RICHA	90	72	86	66				94				
20	PANT HIMADRI	88	62	90	42				31	86			
21	RAWAL CHETAN	78	49	66	48			57		00			
22	SADIQ MUZAYYAN	86	48	64	43			37	0.0				
23	SAH CHIRAG	80	49	47	52				90				
24	SHAHI ANKITESH PRATAP S.	92	90	92	86	90			94				
25	TARAGI ADHIRAJ	94	92	86	59								
26	TITYAGI KRISHNA	83	53	74	23	83							
27	VISHWAKARMA ASHMIT	90	46	60					90				
28	JAMES JEREMY STEPHENSON	80		50	55	49							

# 15C&ICSE Toppers 2016



ICSE

**Anjanay Singh** 

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ISC (Commerce)

92.50%

Ritik Agarwal



ISC (Science)

Shubham Tewari 94.50%

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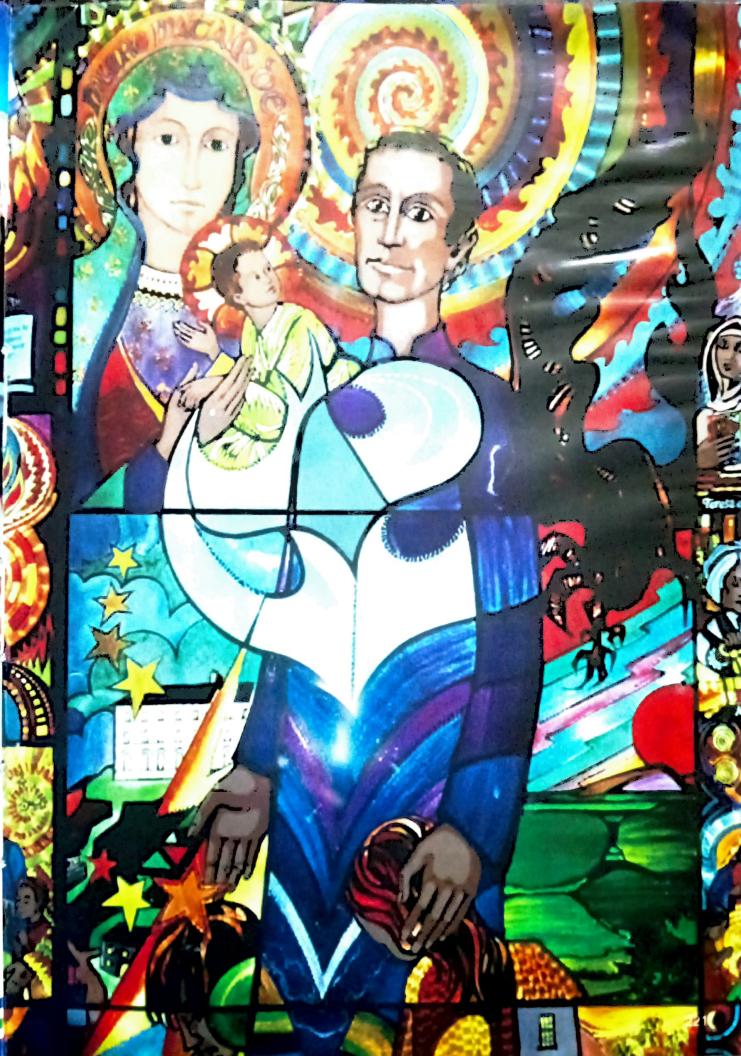


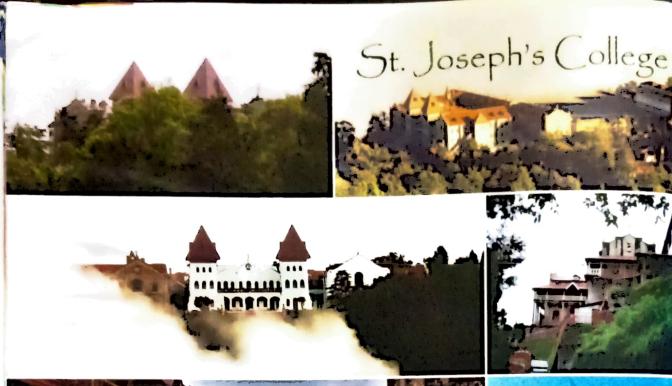
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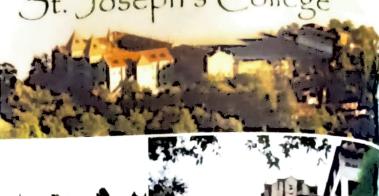
- 1. ANIL & RITA SAH
  2. ANTHONY BRITTO
  - ANTHONY BRITTO BHARAT & MANJU KAKU
- 3. BHARAT & MANJU KAKU
  4. RAKESH & KUMI LAROIA, MRS LAROIA (MOTHER)
- 5. VIJAY & MALA BHAVNANI
- 6. VIJAY VIR SINGH VIRK
- CECIL & GREER D'CRUZ
- 8. NEIL & SHARYN MANUEL
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