

THE SEMITE 2023

*Certa Bonum Certamen*



**ST. JOSEPH'S COLLEGE**  
**NAINITAL**

**2023**



# ST. JOSEPH'S COLLEGE NAINITAL





*St Joseph's College, Nainital, was established in 1888.*

*The site was previously the location of a seminary, run by the Italian Capuchin Fathers. The school is still referred to as "SEM" (for Seminary).*

*In 1892, four Christian Brothers took formal charge of St Joseph's College, and thus began the involvement of the Christian Brothers in the running of the school.*

*The school is one of 20 educational institutions in India conducted by the Congregation of Christian Brothers, a pontifical institute, founded in Ireland in 1802 by Edmund Ignatius Rice, a wealthy Catholic layman, who was beatified in 1996.*

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# FROM THE PRINCIPAL

Br Hector Pinto

Dear Parents, Teachers and Students,

I am thrilled to extend a heartfelt welcome to each of you through the pages of our school magazine. As the proud Principal of this esteemed institution, I am honoured to present a reflection on the incredible journey we have embarked upon together over the past year.

In our school, we believe in nurturing the dreams and aspirations of each student. Dreams are powerful anchors that guide us toward success, and we encourage our students to dream big, aspire, and strive for triumph. Our unparalleled educational institution is a vehicle for education, steering our students through a cheerful and pleasant journey of teaching and learning. Throughout this expedition, we provide tender care and affection, guiding them until they reach their destination of accomplishment.

However, our focus extends beyond academic results. While we strive for academic excellence, we also instil the virtues of sustainability, morality, and values in our students. We emphasize the importance of developing 21st-Century competencies such as communication, critical thinking, and problem-solving skills, seamlessly integrating technology into our curriculum.

Our role as educators goes beyond academic achievements; we aim to empower every student, recognizing their uniqueness and nurturing their individual strengths. We are committed to guiding them toward self-reliance, independence, and the realization of their full potential.

I would like to stress the importance of respecting a child's inborn trait of curiosity and inquiry. At SEM, we value and respect every question posed by our students, recognizing it as a powerful way to inspire and make them feel cared for. This approach is a cardinal virtue for every teacher at our institution.

The amalgamation of scholastic and co-scholastic activities forms the backbone of our educational approach. We believe that education is not just about imparting knowledge but also fostering creativity. As the custodian of this institution, my motto is to encourage and empower our students to become strong, reflective, and humble individuals, ready to make a mark in all spheres of life.

Effective teaching, in our view, goes beyond the classroom. It involves caring for the well-being of our students and helping them develop essential life skills. The values we instill today will shape the leaders of tomorrow, and our commitment to a value-oriented process is unwavering.



Our school's motto, "Certa Bonum Certamen" (Fight the Good Fight), reflects our belief that our students will carry forward the high values they have imbibed here. In a world that constantly evolves, we recognize the need for holistic education that seamlessly integrates moral values into the curriculum.

Our school remains a safe haven for students, and it is incumbent upon all of us — parents, teachers, and students — to collaborate in building a society with a bright future. The school magazine serves as a testament to the year's activities and the remarkable achievements of our students.

I express my gratitude to our dedicated parent community for their unwavering support and commend the tireless efforts of our teachers in bringing out the best in each child. To our students, I encourage you to be modest, humble, and disciplined while aspiring to expand your horizons through knowledge and hard work.

To students, I would like to say, establish your school in your hearts and minds as something of which you can be truly proud. In conclusion, I appreciate the Editorial Board for their wholehearted involvement in a job well done to bring out such a fabulous school magazine.

In this pursuit of excellence, let us continue to work hand in hand to build a better society, laying the foundations for a brighter tomorrow.





# MESSAGE FROM THE HEADMISTRESS

Zeba Raza



Dear SEM Family,

I am proud to be part of the SEM community, where excellence is ingrained in our culture, thanks to our creative and dedicated Principal, Rev. Br. Hector Pinto and the CCBI leadership for their vision.

Our staff's professionalism, parents' and alumni support and students' dedication make SEM exceptional.

As we gather to explore the vibrant tapestry of our school magazine, I am filled with pride and joy. This magazine is not just a collection of pages; it's a reflection of the diverse talents, accomplishments and stories that make SEM unique.

The pen is mightier than the sword. Writing for the school magazine wields that power in shaping ideas and perspectives. The ink of self-expression helps students find the voice to narrate their journey. This helps in fostering both personal growth as well as academic excellence.

For the reader in the pages of a school magazine, creativity blooms, turning thoughts into words, leaving a lasting imprint on minds and hearts. As we flip through these pages, let us celebrate the achievements, acknowledge the efforts, and cherish the memories that have defined this academic year.





This magazine is a collaborative effort. I extend my heartfelt gratitude to every student, teacher, and staff member who contributed to the making of this magazine.

Let us carry forward the spirit of unity, knowledge, and creativity. May this magazine inspire us to reach new heights and strengthen the bonds, leading to continued success, growth, and the bright future that awaits each student at SEM.

With gratitude and best wishes.

*Love what you do.  
The job is hard.  
Our number one priority is to our students,  
And if you don't love what you do, it shows.*

*Think about how we can provide what we would want  
for our own children.....  
and what will continue to set our students up for success...  
We can't negotiate with that.*

*Every year is going to challenge you, but if you stay focused on your vision.  
You will have those small moments when you know it was worth it.*

*The only way out of darkness is light.*

*Love is the most important factor for Educators,  
and that Love is high Expectations.*



# STUDENT EDITORIAL BOARD

Dear readers,

It was both an honour and a responsibility to serve and to be a part of the Editorial Board for the year 2023. I am filled with gratitude for the opportunities I've had and the challenges I've overcome. Being a member of the Editorial Board was a unique and intellectually rewarding experience as it's not only an opportunity to shape words but also influence minds. Working in the editorial board helped me boost my critical thinking, effective communication, collaboration, and decision-making.

This year, I'm thrilled to see the school magazine come to life as it celebrates all our hard work and dedication. The magazine not only showcases the remarkable talent within our school but also reflects the sense of unity and community spirit that we hold dear. It's an invaluable platform for students to express themselves.

The Editorial Board has put their heart and soul in creating it. We hope you enjoy reading it as much as we enjoyed creating it!



**Shivansh Gangola**

*"Life is a collection of experiences and lessons, and every defining chapter is filled with growth, learning, and inspiration."*

My time in the Editorial Board at SEM was an incredible opportunity for personal and professional growth. I had the privilege of working closely with mentor teachers who not only guided me in my role but also imparted valuable insights into the world of communication. This experience taught me the essence of effective leadership and the significance of working together as a team. We learned to brainstorm, delegate tasks, and coordinate efforts to create quality content.

One of the most exciting aspects of being on the Editorial Board was the chance to cover a wide array of events that took place within the school. From sports tournaments and cultural festivals to academic achievements and student initiatives, I had the opportunity to share these stories with the school community. This not only improved my writing and reporting skills but also allowed me to be a part of the fabric of our school's vibrant life.

In retrospect, being a part of the Editorial Board was not only educational but also deeply fulfilling. It provided me with a platform to express my creativity, sharpen my communication abilities, and make a positive impact within the school. Overall, this experience has left an indelible mark on my personal and academic journey, and I am immensely grateful for the valuable lessons it bestowed upon me.



**Swarnim Pathak**





**Akash Hyanki**

Being part of the Editorial Board for the school magazine has been a rewarding and satisfying experience. It's always exciting to see the final product and know that we have worked together to create something that will be enjoyed by students and parents alike.

Our goal was to produce a high-quality magazine that reflects the uniqueness and diverseness of our school community. I am honoured to be a part of this team and look forward to seeing the final product.



**Abhinav Pant.**

2023 has come to an end and it was indeed a year full of challenges. It has been such a pleasure being part of the Editorial Board. I would like to thank our Principal, Br. Hector Pinto, our teachers Mrs B. Shounak, Mrs C. Bisht and Mrs N. Siddiqui for giving me this prestigious opportunity. This opportunity helped me a lot in gaining experience in various fields such as editing and creative writing.

To conclude I wish all the SEMITES all the best for their future.

THANKYOU!



**Arush Tripathi**



# SENIOR SCHOOL COORDINATOR'S MESSAGE

A portrait of Birendra Singh Manral, a man with dark hair and glasses, wearing a blue suit, white shirt, and blue tie. He is standing in front of a stone wall.

Birendra Singh Manral

Every journey, however long it may be, begins with a single step. But you must take that first step. Once you do, each step takes you closer and closer to your goal.

As you stand at the threshold of your educational journey, the path ahead may seem daunting, filled with challenges and uncertainties. Yet, remember that every great accomplishment starts with a decision to try. The decision to pursue education is not merely a choice of academics; it's a commitment to personal growth, intellectual exploration, and the development of skills that will shape your future.

The first step is often the most intimidating, as it requires overcoming the fear of the unknown. However, it's crucial to recognize that this fear is a natural part of any significant undertaking. It's the beacon that signals growth and opportunity. Embrace it, for it will be your companion on this exciting expedition.

Once you take that initial step into the academic realm, you'll find that each subsequent step brings new insights, knowledge, and experiences. Just as a journey is a series of steps, your education will unfold through a sequence of lessons, challenges, and triumphs. Every lecture attended, every assignment completed, and every exam taken contributes to your intellectual arsenal, preparing you for the greater challenges that lie ahead.

In the world of academia, resilience is your greatest ally. There will be times when the path becomes rocky, and the workload feels overwhelming. These moments are not roadblocks but opportunities to test your determination and hone your problem-solving skills. Remember, it's not about the challenges you face but how you navigate through them that defines your journey.

Your academic voyage is not a solitary one. Engage with your peers, professors, and the wealth of resources available to you. Collaboration is a cornerstone of success, and the insights gained from diverse perspectives will enrich your learning experience. Seek out mentors who can guide you and offer valuable advice based on their own journeys. Learning is not a solitary pursuit but a collective endeavour.



As you progress, don't lose sight of your ultimate goal, but also allow room for flexibility. Goals may shift, interests may evolve, and that's perfectly normal. Your academic journey is not a rigid path but a dynamic exploration of self-discovery. Adaptability is a skill as crucial as any you'll acquire in your studies.

Consider the remarkable journey of J.K. Rowling, the brilliant mind behind the magical world of Harry Potter. Before the worldwide success of her novels, Rowling faced adversity and rejection. She was a struggling single mother, battling financial hardships and setbacks. However, instead of succumbing to despair, she channeled her passion for storytelling into creating a universe that captivated millions. Rowling's story is a testament to the transformative powers of perseverance and belief in oneself. In your academic pursuits, remember that challenges are not roadblocks but opportunities for growth. Embrace setbacks as stepping stones, for within them lies the potential for extraordinary success. Just as Rowling turned her dreams into reality, you too can craft your path to greatness with resilience, dedication, and an unwavering belief in your abilities. The magic of your own journey awaits — let your determination be the wand that shapes your destiny.

In the vibrant tapestry of your school life, each thread represents a unique opportunity to weave a story of personal growth and achievement. Embrace challenges as stepping stones, for within every hurdle lies a chance to discover your resilience and potential. Seize each moment, fuel your curiosity, and let passion be the compass guiding your journey. Remember, you are the author of your narrative, and with determination and enthusiasm, your story becomes an inspiring chapter in the larger tale of success. So, ink the pages of your academic adventure with hard work, dreams, and the unwavering belief that you have the power to shape an extraordinary future. Your journey is your masterpiece — paint it with purpose, colour it with courage, and let your aspirations be the strokes that create a canvas of limitless possibilities.

In conclusion, as you take your first step into the vast landscape of education, remember that the journey is as important as the destination. Embrace the challenges, relish the victories, and cherish the growth that accompanies each stride. Your academic odyssey is a unique narrative waiting to unfold — one that will shape not only your intellect but also your character. So, muster your courage, take that first step, and let the transformative journey begin.

*"Be kind whenever possible.  
It is always possible. "*

*"Silence is sometimes the best answer"*

*"There's only one person who  
we are better than, and that's the old us"*

**Dalai Lama**



# MIDDLE SCHOOL COORDINATOR'S MESSAGE

Rakesh Bhatt

Dear Principal, Esteemed Colleagues, Students and Parents,

As another year draws to a close, I am filled with deep gratitude to the Brothers and CCBI for granting me the opportunity to serve my Alma Mater. Your trust and support have been instrumental in shaping the educational experience for our students and I am truly grateful for this enriching journey. To my students, I want to express my admiration for your hard work and eagerness to learn. As you navigate your academic journey, remember that discipline and focus are the key ingredients for success.

*“यस्य बाग्बद्धा वायुः क्रूरो यस्य च मन्युना।  
अविवेश तमैतां विद्यां श्रद्धावन्स विनिश्चितैः॥”*

*Which Means-* "One who is disciplined in speech, controlled in breath and fierce in determination, such a student will enter the realm of knowledge with unwavering faith". Discipline is not merely a set of rules but a guiding principle that lays the foundation for success. It is the compass that directs you towards your goals, fostering responsibility, self-control and a strong work ethic. Your potential is boundless and I encourage each of you to embrace a disciplined life, as it will undoubtedly pave the way for a brighter future.

*“आचार्यः पिता शिक्षुः शिक्षकः प्रियः स्वयं।  
विद्या तु न प्रिया ज्ञेया तस्मात् शिक्षां प्रयाच्छति”॥*

*Which Means-* "The teacher is like a father, the student is dear and the teacher is dearer than life itself. Knowledge, therefore, is to be received from such a beloved teacher". So dear students, you must remember that respect for teachers is the cornerstone of your academic and personal development. Respect for teachers nurtures humility, gratitude and empathy.

Remember, your education is not just about acquiring knowledge, it is a journey of self discovery and growth. Blessed Edmund Rice's principles remind us that education is a powerful tool for personal and societal transformation. Embrace the values of compassion, justice and respect for others and let them guide your actions both inside and outside the classroom. As you move forward, carry with you the lessons learned within these walls and use them to make a positive impact on the world.

*“आ नो भद्राः क्रतवो यन्तु विनिश्चितैः॥”*

(May noble thoughts come to us from every side). This shloka underscores the importance of seeking knowledge and wisdom from all directions, emphasizing the universality of education.

Parents, your partnership in the educational process is invaluable. Your support at home greatly contributes to the overall development of our students. Thank you for entrusting us with the privilege of nurturing and educating your children.



I extend my heartfelt thanks to my colleagues for their tireless efforts in imparting knowledge and shaping the minds of our students. Your commitment to academic excellence has been instrumental in our collective success. I want to underscore the significance of sincerity and dedication in shaping the minds of our future leaders. Sincerity is the cornerstone of teaching, reflecting a genuine passion for imparting knowledge. Dedication, on the other hand, fuels the tireless pursuit of excellence in education. As educators, our commitment to those virtues not only elevates the quality of education but also inspires students to embrace a similar level of dedication in their own pursuits.

In the spirit of sincerity and dedication, I would like to share :

**“सत्यं ब्रूयात् प्रियं ब्रूयात् न ब्रूयात् सत्यमप्रियम्।।”**

(Speak the truth, speak pleasantly, but do not speak the unpleasant truth). In the spirit of constructive collaboration let us remember the words of the ancient sage Patanjali : **“वितर्कवाधने प्रतियक्षभावनम्।।”** (In the presence of one firmly established in non-violence, all hostilities cease).

Constructive criticism is a valuable tool for growth, but let us channel our concerns through dialogue and collaboration rather than fostering an environment of constant complaint. Together we can address challenges and work towards continuous improvement. Let us continue to nurture an environment where discipline, sincerity and dedication are celebrated, ensuring a brighter future for our students. Thank you, the unsung heroes — our silent but dedicated teachers — your tireless efforts illuminate the path of education. Your commitment, often unseen, shapes the foundation of learning. Thank you for the silent impact you make, creating a brighter future for the students.

I express my deepest gratitude to our Principal Br. Hector Pinto for his unwavering guidance and support. His vision and wisdom have inspired me to strive for the best, and for that, I am truly thankful.

I express my words of thanks to Br. Sarto D'Souza (Br. Superior), Br. Jerome and other community leaders for their constant words of encouragement which have been a source of strength and motivation. Your commitment to the principles of Edmund Rice has enriched our educational community, creating an environment where values are nurtured and excellence is pursued. I am grateful for the privilege of serving alongside you in this noble endeavour.

Year 2023, SEM welcomed Mrs. Zeba Raza, the new Academic head. I am grateful for her guidance and unwavering support, which has been pivotal in my role. I look forward to a collaborative and successful journey under your guidance, Ma'am.

My heartfelt thanks to team EKAM for their unwavering support and guidance in the year 2023 also.

A special word of thanks to our incredible office and support staff for their hard work, dedication and seamless co-ordination which keeps our institution running smoothly.

Last, but not least, I express my words of thanks to my fellow co-ordinators. Despite differences, your collaboration and shared dedication have been the cornerstone of our success. Together, we've navigated challenges, celebrated triumphs and forged a resilient team. Our diversity has enriched us, proving that unity in purpose transcends any differences. Thank you for your unwavering commitment and bearing with me.

Looking ahead. I urge everyone to continue this journey of collaboration. Students, focus on your academics and engage in a disciplined approach to life. Teachers, let's work cohesively as a team to achieve our desired academic goals. Parents, your continued involvement is pivotal in sustaining this positive learning environment.

In the spirit of Blessed Edmund Rice, let us continue to work together towards creating a nurturing and empowering education community.

**“सह नावतु। सह नौ भुक्तु।  
सह वीर्यं करवावहै।  
तेजस्वि नावधीतमस्तु। मा विद्विषाव है।।”**

"May we be protected together. May we be nourished together. May we work together with great vigour. May our study be enlightening. May no obstacles arise between us".



# JUNIOR SCHOOL COORDINATOR'S MESSAGE



Sulucksana Sah

*"Education is not the filling of a pail, but the lighting of a fire"*

— William Butter Yeast

Greetings to all,

As the Junior School Co-ordinator, it gives me immense joy and satisfaction as I reflect on the incredible journey we embarked upon this year at SEM. Throughout this year our collective efforts have yielded remarkable achievements. Our students have excelled not only academically but also in various co-curricular and skill based activities. From inter-class elocution to showcasing their artistic talents in our annual exhibition, their growth and accomplishments have been truly inspiring.

Behind these achievements lie the dedication, hard work and guidance of our remarkable teachers.

The relentless support from parents has been invaluable, laying the foundation for a strong partnership in our students' education.

The trust and support extended by our esteemed management has empowered us to innovate and implement skill based activities, workshops and cultural exchange programmes that foster learning and character development.

In our journey forward, let's continue to nurture an environment where every individual feels valued, supported and inspired to reach his/her highest potential.

I extend my heartfelt gratitude to each one of you for your unwavering support and trust. Your commitment fuels our shared vision of creating a holistic learning experience at SEM.

Warm Regards,



# BRO SARTO'S MESSAGE

Brother Sarto

Dear Family of St. Joseph's

This last year has seen many additions to the facilities offered to our students in our school.

- We have added two Squash Courts
- Two Tennis Courts
- A Skating Rink
- A Music Room - Western and Classical
- An Astro Paatshaala Laboratory
- An entire new building block
- A heated, covered Swimming Pool..... which is still a work in progress.
- Doors have been opened to Regional, Zonal and National participation by our students in the various fields of Sports, Games, Athletics, Academics and Extra Curricular Activity.

Gratitude should be uppermost in our minds and hearts as we enjoy all these added facilities, deprived to so many students in our Country and in our World.

May I now invite you to a wider view of our beloved world? It is no secret that this world of ours is in a rather precarious state. I do not need to list the challenges that we face, "but I need to"

- War
- Terrorism
- Greed
- Selfishness
- Degradation
- Hunger
- Pollution
- Waste
- ..... and so many other afflictions that are prevalent in our community, society and our world.

What is my personal response to these seemingly impossible problems that confront our world as privileged Students, Parents, Ex-Semites, Staff, Brothers and the wider St. Joseph's Family, belonging to one of the most prestigious schools in the country ?



Rather than preach to you, may I list a few questions for your perusal, and my hope and prayer is that you may be stirred into action to do your part, small or big, all of which will be a positive contribution to everyone's betterment and upliftment.

- How important is God: Spirituality: Prayer in my personal - family - Community life?
- Do I consider my life, my gifts, my talents, my opportunities as personal possessions for my own advancement or are they to be given away in service to others, the Community, Society, especially the disadvantaged and the marginalised?
- Do I believe that the small insignificant me has the power, the capacity and the capability to influence the world for good?

I repeat the prayer that I mentioned in the last year's College Review, maybe it might become a template for my future, my life, my positive and selfless contribution to humanity.

"O God

Make me an instrument of your peace;

Where there is hatred, ..... let me sow love;

Where there is injury, ..... pardon;

Where there is doubt, ..... faith;

Where there is despair, ..... hope;

Where there is darkness, ..... light;

Where there is sadness, ..... joy.

O Divine Master, grant that I may not so much

seek to be consoled ..... as to console,

to be understood ..... as to understand,

to be loved, ..... as to love

For it is in giving, ..... that we receive

it is in forgiving, ..... that we are forgiven.

*For it is in dying to ourselves that we  
enable others to be born to a decent  
quality of human life and existence". **Amen.***

May God bless us with an openness of Spirit to God's plan for our world.

May we be willing Co-Creators with God to give birth to a new tomorrow, a new future, a new humanity where all will live as Sisters and Brothers under the Consciousness of our God.

**GOD BLESS US ALL**



# MESSAGE FROM THE COLLEGE CAPTAIN

*"Darkness cannot drive out darkness: only light  
can do that. Hate cannot drive out hate: only  
love can do that"*

**-Martin Luther King Jr.**

The inevitable day of departure has finally arrived. Too soon for me as I am still not ready to leave, perhaps I never will be. My 9th year in SEM has finally come to an end, and I don't lie when I say it is saddening.

I joined SJC, following the footsteps of my brother, Gursharan. I never thought I would be holding such a big responsibility in the years to come. A sudden hit of nostalgia makes my eyes teary, there are so many memories, many learnings and so many life skills for the journey ahead.

I am truly grateful for my friends who have stood by me since the early years, some have since left, but none have been forgotten. Thank you for all those amazing memories and moments.

For me, this year has been transformative. It has taught me how to be a better person, how to positively take on criticism and work on improving myself and how to take a stand even if you are alone. As Brother Sarto told me "At the end of the day it's you who has to go to bed alone and then think whether what you did today was right or wrong, according to your own judgement and whether you are satisfied or not." I could never thank my teachers enough for selecting me as a cabinet member and for their shared values.

This year was particularly challenging during which we successfully organised 8 regional level games, our college fest 'Literati' and many more cultural and sports meets. The



**GURTEJ SINGH DHILLON**  
COLLEGE CAPTAIN

cabinet deserves appreciation for their hard work and commitment in making this term successful.

I would further wish all the SEMIANS the best of luck for the future and to carry on the spirit of being a SEMITE in the years to come. It feels good to be a part of a legacy and of the family, and to be a part of a better and bigger cause and one which will help you become the best version of yourself. I am filled with a feeling of gratitude for the congregation of the Christian Brothers and this institution for creating a vision for a better tomorrow in me.

I think I have been able to develop a passion for progress due to my education here. As a leader, I could consider my greatest strength to make my peers feel that they are at the very heart of activities and events that they participate in, and not just the periphery of it.

Let me end this by reminding all of us what we stand for, to fight for the truth, to fight for what's right, to fight the good fight.

**'CERTA BONUM CERTAMEN'**



# MESSAGE FROM THE COLLEGE VICE-CAPTAIN

Dear College Community,

As my time as the Vice Captain of this esteemed institution comes to an end, I want to take a moment to reflect on the incredible journey I have shared with the SEM family. From the moment I first set foot on this campus as a young boarder in Class three, I have been privileged to witness the growth and transformation of this College and I am grateful for the opportunity to have been a part of it.

To the faculty and staff, thank you for your unwavering dedication for our education and personal growth. Your guidance, encouragement and belief in our potential have been instrumental in shaping us into the individuals we are today, Your passion for teaching and commitment to excellence has inspired us to strive for greatness in all that we do.

To the college administration, thank you for providing us with a nurturing and inclusive environment that fosters learning creativity and personal development. Your tireless efforts behind the scenes have made this College a place we are proud to call our second home.

As I pass the baton to the next College Vice Captain, I have no doubt that he will continue to lead with integrity and passion and a strong sense of responsibility. Together you will carry on the traditions and values that make this College truly special.

To my fellow boarders who will remain in this College, cherish every moment. Embrace the opportunities that come your way, step out of your comfort zones and make the most of your College experience. Remember that growth happens outside of your comfort zone and the challenges you face will only make you stronger.

To conclude, I want to express my deepest gratitude to each and every member of this College community. Thank you for your support, your friendship and for making my time here truly unforgettable. As I embark on the next chapter of my life, I will carry the memories and lessons I have learned here with me, always.

With heartfelt appreciation,

**Saurav Dhondiyal**



**YASHRAJ SINGH SANDHU**  
COLLEGE VICE-CAPTAIN



**SAURAV DHONDIYAL**  
COLLEGE VICE-CAPTAIN

learned here with me, always.

With heartfelt appreciation,



# MESSAGE FROM NEHRU HOUSE CAPTAIN

To the faithful and brave,

The motto of our house lays great emphasis on bravery and faith, the values by which I guided our house throughout the 2023-2024 campaign. I am bound to confidently say that my fellow house mates displayed great sense of unity and discipline.

I would like to express my deep sense of gratitude towards our house masters, Mr. S. Rautela and Mr. J. Nath for their endless support and worthy guidance.

Not to forget, I would like to thank our House Vice-Captain, Raghav Agarwal alongwith the Junior Prefect, Peter Michael Khalkho for their consistent efforts and contributions.

Though the session was not the best in terms of achievements but was definitely the greatest experience for us to learn from.

We succeeded in gaining the first position in the Inter House Cricket Tournament.

To conclude, I would like to thank all my house-mates for being one of the greatest groups that I've led. The values and experiences that I've gained throughout my tenure as the Nehru House Captain will be forever etched in my heart.

I hope that this house continues to glow in the future.



**KRISHIV**  
CAPTAIN



**RAGHAV AGARWAL**  
VICE - CAPTAIN



# MESSAGE FROM PANT HOUSE CAPTAIN

Dear Members of Green,

As the current session draws to a close, I am filled with a profound sense of pride and gratitude for each one of you who has contributed to making our house a symbol of excellence. Throughout this academic year, we have embodied the spirit of our house motto, "Ever to Excel". Together, we have faced challenges head on, celebrated victories and forged bonds that will last a lifetime. Your commitment to academic achievement, sportsmanship and overall growth has been nothing short of inspiring. Our collective dedication to the pursuit of excellence has not only elevated our house but has also set a standard for others to follow.

As House Captain, I want to express my heartfelt appreciation for the hard work and enthusiasm you have demonstrated, whether it was through participating in Inter-house competitions, supporting each other during tough times or simply displaying a positive and determined attitude, each one of you have played a crucial role in our success.

As we bid farewell to this session, let's carry the lessons we've learned, the friendships we've built and the accomplishments we've achieved into the next chapter of our academic journey. Remember that "Ever to Excel" is not just a motto, its a commitment to continuous improvement and the pursuit of greatness in all aspects of life.

As for our achievements this year we've won the inter-house cricket overall. And we're also the overall football champions this year by being victorious in all the three fields {Scores- 1st Field=5-1, 2nd Field = 4-0 and 3rd Field=2-1}

I am confident that with the same spirit and dedication our house will continue to soar to new heights in the upcoming session. Thank you for being an integral part of this incredible journey. Here's to our collective pursuit of Excellence!



**KETAN RAJ**  
CAPTAIN



**BHAVISHYA NEGI**  
VICE - CAPTAIN



# MESSAGE FROM GANDHI HOUSE CAPTAIN

Dear Blues,

It has been an honour serving this glorious house. 'Act Manfully', that's what the motto of our house tells us and boy ! Have we lived up to it ! "Talent wins games, but teamwork and intelligence wins championships". Our boys have proved to be true men indeed.

"I can accept failure but I can't accept not trying". We started the year as underdogs. Yet I was proud to have been given the opportunity to lead this house. You have to expect things of yourself before you can do them. My boys instilled a belief in me which was vital for me this year.

In the Annual Athletic Meet we finished second, two points behind the Cock House. Our efforts were rewarded as we were awarded the relay shield. Not to forget the commendable job done by Nishant Gautam winning the title of Best Athlete in B Division.

I would like to express my deep gratitude towards our three physical teachers Mr. Dehla, Mr. Knight and Mr. Arya and also our house masters Mr. Massey and Mr. D'Gama who were always there to support us.

I would like to acknowledge my friend Garv Khetrpal, the Vice Captain of Gandhi House, for always being there to help me in times of need. Not to forget the Junior Prefect from our house, Amritpal Singh Virk, who was always there as reinforcement.

As this report is coming to an end, I am reminiscent of this past year. I am filled with nostalgia and will take a lot of memories of this glorious house.

I will finish by saying, "Heart is what separates the good from the great". Never give up my dear blues. I hope this house continues to flourish in the future.



**SAMRATH SINGH SANDHU**  
CAPTAIN



**GARV KHETRAPAL**  
VICE - CAPTAIN



# MESSAGE FROM TAGORE HOUSE CAPTAIN

To all the Red's

When I joined SEM, the first thing I observed was fraternity and sportsmanship of all the members of Tagore House. Today, when I have this opportunity of writing the Captain's note for my beloved house I feel extremely proud and enthusiastic.

I am feeling overwhelmed, with the way my fellow house mates have performed in the year 2023. We achieved the marching shield, athletic shield and cock house in the annual sports day 2023. Moreover, we were also the basketball winners for this academic year.

The best thing in this year's Investiture Ceremony was that the Red House produced the maximum amount of Captains including the College Captain (Gurtej Singh Dhillon), College Vice Captain (Saurav Dhondiyal), and the House Vice Captain (Tashifuddin Qureshi), they proved to be extremely dedicated and enthusiastic towards their duties.

The Tagore house has two precious house masters, Mr. Himanshu Gupta and Mr. Shantanu Bannerjee, both of whom have been extremely helpful and very supportive. Our members are the best — they are young, handsome and compassionate and unquestionably they are the best.

Long live Tagore House "Onwards and Upwards"

*"A leader is one who knows the way, goes the way and shows the way"*



**ANJISH K.C.**  
CAPTAIN



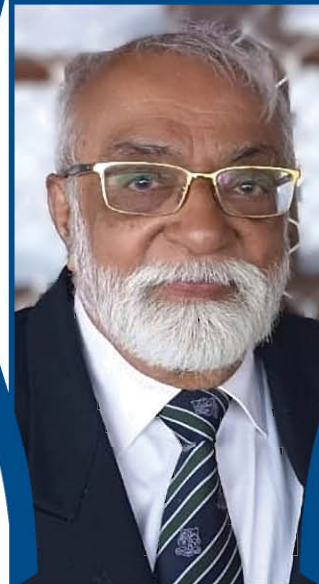
**TASHIFUDDIN QURESHI**  
VICE - CAPTAIN



# GEMS COLLECTED FROM SPORT AT SEM

## — ASHOK DAGA

My formal schooling started at St. Joseph's College, Nainital (SEM). As a boarder I was away from home for nine months of each year. On occasions I missed home. However, thankfully SEM introduced me to a variety of games and sports starting at the age of seven. I collected several gems from these sporting activities in the ten years that I was there. These lessons prepared me to face the future.



SC Batch : 1963  
Joined SEM: 1954 (KG)

College Captain 1963  
St. Patrick's House Captain 1963

### 1. **Accountability.**

Participating or competing in any sport happens with the cooperation of others – such as teammates, coaches, referees, and parents/teachers. It is through this joint venture that I learned to be accountable. Practicing as a team not only meant that each player had to be present in time but also that he be accountable for 100% effort. It was through this process of performing as a team that I learned the importance of being accountable to the team and 100% accountable to myself.

*You are responsible for the life you cherish. You will receive what you give.*

### 2. **Attitude.**

I had a few teammates that were easily deflated when facing a deficit score, while other teammates were always optimistic. I saw how teammates with positive attitudes motivated the rest of the team. While positivity didn't assure us a win, it made the 'games' much more enjoyable.

*Attitude is infectious – be careful what you catch.*

### 3. **Commitment.**

In School, each one of us was a member of one of the four Houses. Out of the 17 disciplines that were counted for 'Best House' of the year, 12 were sporting events. Naturally, I was committed to garnering as many points as possible for my House through sport. Rather than letting down the House and my teammates, I participated in all sports and athletic events. The spin-off for me was robust health.

*Commitment helps you to direct your efforts.*

### 4. **Fun.**

As children we played games and sports for 'fun'. As we grew up some of us moved onto different avenues to have fun. I have been fortunate to have enjoyed sports and other hobby activities throughout my life. I realized that it is not the game itself that is fun – but our ability to have 'fun' playing it.

*Fun is sometimes more about the how than the what.*

*Like any game, Life too has a start, a middle, and an end. How you play it is up to you.*



**5. Integrity.**

Through sport I realized that everyone does not believe in the same values and principles. For some winning was everything. As part of inter-school games, I learnt the difference between playing honestly and playing 'dirty' and the importance of 'sportsman spirit.' Sport visibly showed me how players might conduct themselves on and off the field.

*Without integrity every success is a failure.*

**6. Passion.**

In school interest got me started in competitive sports, and in learning to play the trumpet. However, it is passion that would have helped me to sustain these activities. The passion for these pursuits gradually diminished while the passion for writing and behavioural training became predominant.

*Your highest potential demands your full passion.*

**7. Patience.**

The first taste of boxing came my way at the pre-senior year. My House Captain convinced me to enter the ring in my weight category. Since we were just three of us in that weight band, it meant a direct entry to the semi-finals. That ensured at least 4 points to the House tally even if I lost. Without my eyeglasses I could hardly land a single punch. I got thrashed in the finals. Yet I had learned in the semi-final, that getting angry and uncontrolled aggression don't belong in a ring. You need to wait for the right opportunities to pack a punch.

*Patience provides us with possibilities.*

**8. Persistence.**

I knew nothing about the game of Field Hockey and held my first hockey stick in my hands in March 1954. The concept and rules of the game were beyond my ken and surely for the first few days I must have often passed the ball to my opponents. Yet as part of an organized team I quickly learned the game as played in that era. Even after lacking innate talent, I eventually developed the skill and enjoyed and loved the game. Football, Cricket, and Volleyball were also a part of my competitive sporting calendar besides athletics, boxing, and several indoor games. Where I persisted, I did well and often won.

*Persistence does not ensure success but giving up ensures failure.*

**9. Teamwork.**

I had a notion that the field games like Hockey, Football, etc had trained me to work well with others until I ran the Inter-school 4 x 100 m relay. The relay taught me how timing is integral to a team's success. In a relay race, efficient teamwork requires complete synchronicity between each sprinter in your team – especially when handing over the baton to the next runner. I understood the importance of spotting the temperament of each runner and the role that perfect timing played while handing over the baton within the restricted changeover zone.

*Perfect timing enhances teamwork.*

**10. Trust.**

In an individual or team sport trust is vital to success. It could be trust in your teammates or in a coach. Trust in your coach ensures that he/she will propose the best strategy for any situation during a particular game. Trust in a teammate's ability to play the role in his/her position results in others being able to fully commit to theirs. The team then performs with clockwork precision and usually wins.

*Life is not an individual sport – trust in others is a must.*



# ADDRESS BY LT GEN S R GHOSH, PVSM, AVSM, SM, ADC, G O C - IN- C, WESTERN ARMY TO STAFF AND STUDENTS OF ST JOSEPH'S COLLEGE, NAINITAL

Brother Hector, Principal, St. Joseph's College, members of the faculty & staff, distinguished old boys, and above all, students of SEM.

It gives me great pleasure to be back today at my Alma Mater SEM, more than 46 years after I graduated from here. I stand here today to express my gratitude to an institution like no other. An institution which has been instrumental in shaping my life, my thoughts, my beliefs and my destiny. I joined SEM in class 1 in 1956. SEM became my second home for the next decade till I passed out in 1966 and joined the National Defence Academy at Kharakvasla. And today, as I stand here as a Lieutenant General of the army, the memories of my time spent here overwhelm me. I find myself being transported back in time and space to the 1950s and 60s. Memories which are forever etched in my heart and mind rush back to remind me of those eternal bonds formed and nurtured over so many years. I make a special mention today of my classmate Mr Deepak Basera, College Captain of SEM and probably the finest ever athlete produced by SEM. A distinguished former student of SEM who supported my family in times of need, and his son Mr Aloke Shah from the class of 1965, at whose behest I am today privileged to be here as a member of the newly formed OBA Trust.

From the bottom of my heart, I wish to convey my appreciation to those grand old, and young, Irish Brothers and other teachers whose

lives and souls were eternally committed to SEM and to us all. Each one of them was an institution in his or her own right. How can any of us ever forget Brothers O'Niell, McGrath, O'Malley, Mcann and Burke, Brothers Fitzpatrick and Foley, both of whom guided the destiny of the school as Principals. The dedicated non-irish teachers, to include Mrs. Barret & Mrs Ludwig, the two Ms. D'Souzas, Mrs. L'Fevre, Gordan Keelor, Chandra, Krishna, Miller and Gomes. They all taught us to fight the good fight. They taught us what was right and what was wrong. They built our character, our values. They made us understand the place of quality education and sports in our lives. We are today what they made of us. I owe it all to my school. My Alma Mater, my SEM.

In 1966 I left SEM, and along with Harbir Sandhu, Digambar Bartwal & Girish Pan, we joined the noble profession of soldiering. The values and lessons which I imbibed here stood me in good stead all along. SEM is largely responsible for what I am today, what I have achieved over the last nearly 50 years. So if someone was to ask me what SEM means to me, I have very good reason to stand up and say with pride "SEM means the world to me. I have SEM's blood flowing in my veins. I have her motto embedded inside me." And why not? It is this great institution which made a man out of me in every sense of the word, taught me to 'fight the good fight' and most importantly to never say die, to always win. Thank you SEM. I am indebted to



you for ever.

Now, having said that, I wish to also say that a school can be the best in the world. It can have the most dedicated teachers, the most supportive infrastructure. But none of it will matter unless all you children fulfil your own destinies... Unless you put in everything it takes to succeed. Each one of you has something you excel at even though you may not have as yet discovered what that special talent is. All of you have a responsibility to yourself. To discover what that special quality in you is.... That is the opportunity an education at this great school can provide.... the opportunity to discover yourself, the opportunity to serve India, the opportunity to serve mankind.

No matter what you want to do with your life, you will need quality education to do it. Whatever you may decide to be in the future, you're going to need a good solid educational foundation. You've got to learn, work and train for what you aim at. And education isn't just important for your own life and your own future. What you make of your education will decide nothing less than the future of this country. What you're learning in school today will determine whether we, as a nation, can meet our greatest challenges in the future. You'll need the knowledge base and problem-solving skills you learn in science and math to cure diseases like cancer and aids, to develop new energy technologies. You'll need the insights and critical thinking skills you gain in history and social studies to fight poverty, crime and discrimination. You'll need the creativity and ingenuity you develop in this school to build new companies that will create new jobs and boost India's economy. We need every single one of you to develop your talents, skills and intellect. For us, each one of you is unique, special and important. For you are the future of India.

All of you have heard about the life story of Dr Abdul Kalam, our former President. As a

child he had to sit under a street lamp to finish his studies. There are many others like him who have had to face big challenges in life. But they succeeded because they refused to give up. They chose to take responsibility for their education and to set goals for themselves.... And succeed. And we expect all of you to do the same.... Whatever you eventually dream of becoming, you have to commit to it and really work towards it.

It is important that you focus on what you wish to achieve in life. Enjoy your work. Put your best foot forward. And be open to opportunities. Don't worry if your steps seem small and unimportant. What's important is that you are accomplishing each step. And doing it well.

Take pride in everything you do. Your work is a direct reflection of you. Feel proud of your efforts and accomplishments. Pride and humility are two sides of the same coin. Pride is necessary to do your best and humility is necessary to know that you can do even better. Always hold yourself in high esteem. Pride is the inner satisfaction of a job well done.

But the real truth is that achieving success is hard. You won't love every subject you study. You won't click with every teacher. Not every homework assignment will seem relevant to your life. And you won't necessarily succeed at everything the first time you try. Believe me children, that's perfectly OK. Some of the most successful people in the world are the ones who've had the most failures. A poor example to give, but JK Rowling's first Harry Potter book was rejected twelve times before it was finally published. All of you know how successful she went on to become!

And even if you're struggling at times, feeling discouraged and you feel that other people have given up on you – *do not ever give up on yourself*. Because when you give up on yourself, you give up on your country, your



parents, your comrades. The story of a great nation's success is not about people who quit when things got tough. It's about people who kept going, who tried even harder. It's about those who seek an opportunity in every difficulty. You make your own opportunities by exploring, inventing, adapting, and, above all, remaining open and optimistic. While a pessimist sees a problem behind every opportunity, an optimist sees an opportunity behind every problem.

It is this fire to win, to excel, that must become a habit in your life. Let us make winning a habit. The rule of the game is never-say-die. For 'winners never quit, and quitters never win'. You are our future, our nation's leaders. And you shall never say die.

Finally, there is an old saying that "If wealth is lost nothing is lost, if health is lost something is lost, but if character is lost, everything is lost". So what is this 'character' which everyone keeps talking about? To put it simply, character is a combination of good traits and qualities that are built into your life, that determine your response to any given situation. *Your character is not what you try to display for others to see. It is who you are when no one else is watching.* Character is doing the right thing

because it is right to do what is right. Character is the foundation for true success. Character is determination, integrity, truthfulness, honesty and dependability. In the army, we fight and die for three character-based values – "naam, namak, nishan".

Your parents, your teachers, the school ... Everyone is doing everything they can to make sure you have the foundation you need to prepare yourselves for the future. But you've got to do your part too. So we expect you to set your goals, to work hard, to put in your best effort into everything you do. We expect great things from each of you. So don't let us down. Don't let your family down. Don't let SEM down. Don't let your nation down. Most importantly, don't let yourself down. Make us all proud of you. Reach for the stars. We know you can do it. We know you will do it. For the sky is the limit.

Once again I thank all of you for giving me this privilege of communicating with you ... to all of you, my young friends, I wish you the best that life has to offer, everything that is good for you. I wish you a bright future and happy days ahead. May you all have the courage and wisdom to realise all your dreams.

*Thank you. Jai Hind.*





# THE FINAL BUZZER-BEATER

Amid the sound of sneakers squeaking on court, the rhythmic bounce of the basketball, and the exhilarating cheers of the crowd - I was there standing on the court of Woodbridge School in Bhimtal. The interschool basketball tournament was minutes away from commencing, bringing together teams of all grades to showcase their skills, ignite friendly competition and foster a spirit of sportsmanship. With fast breaks, precision passes, sharp shooting and flashy layups, the tournament becomes a thrilling spectacle that captivates both the players and the spectators.

The court gleamed under the afternoon sunlight, surrounded by bleachers filled with eager spectators. We saw the chief guest approach and all the teams lined up on the court — a wide array of talent from different grades ready to battle it out on the concrete. Whether they were seasoned players or rookies, each team brought its unique style, strategies, and passion for the game.

The chief guest motivated all the players to give their extreme best and encouraged fair play and teamwork which was followed by the national anthem. The buzzer went off and the teams for the first face-off lined up at their respective benches getting ready to warm up. After two hours the first game came to an end with Woodbridge B winning by twenty-six points. The referees instructed the teams of the second face-off to get ready for the game. It was us against the host's second team, Woodbridge A.

All twelve of us changed into our jerseys and lined up at half-court. We shook hands with the opposing team, wished them luck and we went off to perform our warm-up routine. We ran a few laps in our half of the court and lined up for the board taps. The crowd was amazed by the rhythm of our players and cheered for us. After warming up for twenty minutes the referees whistled, indicating the commencement of the game. All players got into their respective positions ready for the tip off. The whole stadium

went deathly silent at once, every eye on the ball in the hands of the referee, ready to be thrown into the air. The intensity of the focus of each player could be felt miles away. The referee raised his arms and threw the ball high up in the air. Players of both teams jumped to tip it off to get the first possession. The ball was tipped off by the opposing player but our teammate caught it and all of us went on the offensive for the first points of the game.

The first point is the most valuable of them all as it boosts the morale of the team while shattering the opposition. The ball was passed to me, the point guard, the player that passes the ball and tries to make a scoring play. Their defence was spot on, I could see no openings to exploit. I drove into their zone to disturb their positions and passed it to a teammate who was shifting below the rim. He took a shot, but unfortunately it bounced off the rim and into the hands of an opposing player. They raced towards our basket and so did we to defend, but they got there first. However, a travel-foul was called against the opposing player. The ball was in our possession again. We went ahead to try to score the first points once more. I passed the ball to a teammate ready to shoot but he passed it to another player, who ran for a lay-up but saw no opening and instead passed the ball to me. I stepped back behind the three point line and shot - up for three - it bounced off the backboard and in it went. With a swish, the flow of the game was now in our hands.

The first and second quarters were never-ending run and gun showdowns and we entered the third quarter with a tie at twenty-four points each. In the third quarter the second five players were substituted by both teams and by the end of the third quarter we managed to have an eight point lead. The first five in the opposing team were substituted but we held ours back and let the existing players continue the game in the fourth quarter. In the first few minutes, the opposition managed to cut down our lead from



eight to three points so we decided to substitute the first five back in. The remaining time of the fourth quarter played out just like the first quarter, threes and twos just raining down like a peak monsoon shower. The audience were thrilled and were cheering for both the teams non-stop. The final thirty seconds, with a one-point lead and the ball in possession of the opposing team, began with them scoring against us again leaving us to make four points to win in the next twenty-five seconds of the game.

The ball was in my hands, just barely shaking off the pressure of the situation. The clock was running I thought of passing the ball inside for an easy lay-up but that would end with us losing as the opponents could just bleed the clock after getting possession of the ball. There was only one way we could win, a four-point play.

I passed the ball inside which was circulated across court towards the best shooter in our team. With five seconds on the clock he jumped and so did the opposing defender but our player jumped forward into the defender initiating contact and shot the ball. With pin-point accuracy the ball went in and a free throw was awarded. I could feel his hands shaking and motioned for our team to be ready for the rebound. He shot the ball but missed - the ball was still in play. All the players jumped to catch the ball but the ball landed in my hands and without a second thought, with less than a second to spare, I shot the ball towards the basket and in it went with the buzzer going off. We had won the game by two points, thirty-eight to thirty-six!

**Ritik Joshi**

12 A

## ARTIFICIAL INTELLIGENCE

Artificial Intelligence (A.I.) refers to the simulation of human intelligence by software coded heuristics. Nowadays this code is prevalent in everything from cloud-based enterprise applications to consumer apps and even includes firmware. The year 2022 brought A.I. into the mainstream through widespread familiarity with applications of Generative Pre-training Transformer.

The most popular application is Open A.I.'s Chat G.P.T. The widespread fascination with Chat G.P.T. made it synonymous with A.I. in the minds of most consumers. However, it represents only a small portion of the ways that A.I. technology is being used today. A.I. was launched for making work convenient for us and instead of using it mindfully we've started using it to such an extent that we've stopped using our own thinking, we've made ourselves totally dependent on it. It's been misused to such an extent that even children these days are using A.I. to write their essays and their college applications. Nowadays if someone writes something to you,

whether good or bad, you have to check if its actually written by the same person or an A.I. A.I. was created to make us better but instead the human minds are losing their ability of imagination and creative thinking.

From my point of view either A.I. should be put to an end or everyone should be aware about the pros and cons of A.I.

**Karan Nayal**

12 B





# FAMILIES — THREADS OF LOVE AND CONNECTION

Families are the heartbeats of humanity, diverse in their forms yet united by love and connection. As the fundamental building blocks of society, families come in various shapes and sizes, each one unique in its composition and dynamics. From nuclear families comprising of just parents and children, to extended families spanning generations, the concept of family transcends cultural boundaries and is a source of strength, support, and belonging for individuals around the world.

At its core, a family is a group of individuals bound together by blood, marriage, or deep affection. The traditional nuclear family, consisting of a father, mother, and their children, has long been considered the norm in many societies. However, society's evolution has led to the recognition and celebration of alternative family structures, such as single-parent families, adoptive families, and families with same-sex parents. These diverse forms challenge us to redefine the essence of family beyond traditional norms and embrace the power of love and connection in shaping familial bonds.

The importance of a family lies in the emotional and psychological support it provides. Within a family, members find a safe space to express themselves, share their joys and sorrows, and seek comfort and advice. It is a sanctuary of acceptance where individuals are valued for who they are, fostering a sense of belonging and self-worth. Family members serve as each other's cheerleaders, celebrating achievements, and offering a helping hand during challenging times. In a world that can sometimes feel overwhelming and cold, families provide warmth, understanding, and a sense of security.

Moreover, families play a crucial role in the nurturing and upbringing of children. Parents

and caregivers instill values, teach life skills, and provide the foundation for a child's physical, emotional, and intellectual development. The lessons learned within the family unit shape an individual's personality, influencing how they interact with others and contribute to society at large.

In addition to immediate family members, extended families play an essential role in many cultures. Grandparents, aunts, uncles, and cousins create a broader network of support, wisdom, and shared experiences. These connections foster a sense of cultural identity and continuity, passing down traditions, customs, and knowledge from one generation to the next.

However, it is essential to recognize that not everyone may have a traditional family structure, and that is perfectly valid. Some individuals may find their sense of family within close-knit groups of friends, co-workers, or supportive communities. These chosen families demonstrate the resilience of the human spirit, proving that the essence of family lies not in biology but in the bonds we form with others.

In conclusion, families are the threads that weave the fabric of society, creating a diverse and vibrant tapestry of human connections. Whether defined by blood ties, adoption, or deep affection, families provide a sense of belonging, love, and support that is essential for personal growth and well-being. Celebrating the diversity of families and embracing the value of each unique bond enriches our understanding of what it means to be part of the human family. As we cherish and nurture these precious connections, we contribute to a more compassionate, inclusive, and harmonious world for all.

**Divyansh Bisht**

12 A



# FAREWELL, SEM !

As my last year in this institution draws to a close, I feel deeply nostalgic remembering my life in the school. I joined SEM in 2012 and have been a part of the school for twelve years now. I have seen this school change and grow along with the students studying in it. I have seen friends, mentors and other amazing people both enter my life and bid me farewell, in the school premises.

Some of these people are my friends while others are the teachers who have shaped my skills and abilities. The nooks and crannies of the school premises, hidden away from common knowledge, are witness to some of my most cherished memories. Some of my most fun days in school were those in which I spent the entire lunch break loitering around the school canteen, talking to my friends while eating patties and sipping on a Frooti, all for just 22 rupees!

During my time here, I have seen a lot of changes both in myself and in the school. Honestly, it's hard to tell which one of us has changed more. I have grown from being just 6 when I joined to now being 17 years old and preparing for my final exams.

This school shall forever remain etched in my memory, as one of the most integral parts of my life, a second home. I may not miss this place, as I do not get attached to places easily, but, and I say this with utmost certainty, I will definitely remember it.

Lastly, I would like to convey a deep and heartfelt farewell to an institution and a way of life that will always mean so much to me.

**Aayushmaan Sah**

12 A

# THINGS I WILL MISS ....

'Walking into SEM was both an exciting and nerve-wracking experience for me. I felt like a small fish in a big pond, surrounded by unfamiliar faces and places. It's amazing how things change in the blink of an eye, and all exciting and challenging things come to an end.

As I go down memory lane, my memories surface slowly and flashbacks gives me a surge of happiness. Some memories have faded away but some still remain etched in my mind, as if reminding me of those beautiful times!

Those days have gone, now the memories are on the wall, some of which I'll truly miss forever.

I'll miss the 'morning assembly', the 'lunch break party with my friends', celebration of birthdays by distributing candies and chocolates with my friends. I'll miss those anxious days of coming to school with incomplete homework, the punishment of getting a note in the diary, miss those classes we 'bunked'. The 'dives' in the swimming pool and the relays in the field. For sure I will be missing 'Kakey's bun patty'.

Now it feels as though it just happened in a flash. As I leave Sem with 12 years of unexpected life lessons and experiences, all the memories that remain are of football practice and matches, going to different states to represent our school and winning there. Unpolished shoes, Monday blazers, missing notebooks, long hair and uncut nails.

I'll truly miss the company of my beloved teachers and friends. The long corridors having something to say ....

**Saurav Dhondiyal**

12 A



# TOO MUCH PATIENCE ?

Being patient means controlling your emotional responses to certain situations and accepting that sometimes things may not meet your expectations.

A study was conducted by Paola Giuliano and Paola Sapienza of National Bureau of Economic Research in January 2020 to estimate and quantify the cost of being too patient. They concluded that it is a moderate quantum of patience which maximizes life satisfaction and emotional well-being.

We have been always instructed that 'Patience' is a virtue but to what extent? We should not compromise on certain situations just in the name of patience. We should not let others overpower us, for instance, when we are kept in a situation where we are being constantly bullied or abused. Patience becomes an excuse for silence and by prolonging the situation for the sake of 'being patient' it becomes almost impossible to escape it. In this situation patience isn't the key but action is. In certain situations patience becomes the shield for our fears and instead of facing them we run away from them in the name of patience because we know we are merely stalling it, not just being patient.

To conclude, the right amount of patience in the right situation becomes a virtue. So assess the situation as sometimes taking action just might be better than being patient.

**Divyansh Bhandari**

11 A



# PRODUCTIVE PROCRASTINATION

The art of purposely delaying things until the eleventh hour. Have you been from a phase of "There's plenty of time before the exam" to "It's almost tomorrow and nothing's done !"? Well congratulations! You are a master at the art of procrastination! The ability to procrastinate is not your exceptionally amazing gene or your slothfulness, but a way of coping with challenging emotions and negative moods induced by certain tasks - boredom, anxiety, insecurity, frustration, resentment, self-doubt and beyond. Based on my experience, I procrastinate because of my fear that I won't be able to successfully get through my task or the task being so easy that I don't want to invest time until the deadline. When finally the deadline arrives, it's all pressure and anxiety that acts upon me causing me to commit blunders! Pressure and quality have an inverse relationship. When pressure goes up the quality ultimately goes down.

Growing up we've been hearing proverbs like, "A stitch in time saves nine", telling us how procrastinating things can create more work in the long run but the sole way to deal with procrastination is by procrastinating itself and acknowledging the fact that you aren't being as constructive and dynamic as you should be. Procrastination is a part of human behaviour and if dealt with could lead to a more productive self.

**Shivansh Sah Gangola**

11 B





# JEALOUSY AND GENEROSITY — TWO SIDES OF THE SAME COIN

Jealousy and generosity are two sides of the same coin because they both stem from a desire for something that someone else has. Jealousy arises when we feel that someone else has something that we want, whether it be a possession, a relationship, or an accomplishment. Generosity, on the other hand, arises when we feel that we have something that someone else wants or needs, and we are willing to share it with them.

Jealousy and generosity can both be positive or negative, depending on how they are expressed. Jealousy can lead to feelings of resentment and bitterness, which can damage relationships and lead to negative outcomes. However, jealousy can also be a motivator, driving us to work harder and achieve more in order to attain what we desire.

Generosity, on the other hand, can bring joy and fulfilment to both the giver and the receiver. When we share what we have with others, we feel a sense of connection and purpose, and we often receive gratitude and appreciation in return. However generosity can also be taken advantage of, leading to feelings of resentment and frustration when our kindness is not appreciated or reciprocated.

Ultimately, jealousy and generosity are both natural human emotions that can be either positive or negative, depending on how they are expressed. By recognizing the underlying motivations behind these emotions and striving to express them in positive ways, we can cultivate more fulfilling relationships and lead more meaningful lives.

**Swarnim Pathak**  
11 B

# DID YOU SEE THE FALL ?

I flew, I flew,  
Midst the ceaseless blue.  
Higher and higher I rose,  
The stars were my destiny, or so I chose.

With wings made of golden wax,  
And a rope that drew me higher.

Nought were a threat,  
but the gallant curtal axe,  
Perhaps I lost sight of the  
sun's mighty whacks.

And for the stars I leaped,  
But what a misery, I fell.

And my melting wings weeped,  
As I vanished forever, in Erebus' well.

Oh, the ones who witnessed the crash,  
But were delighted as my hopes dashed.  
Perhaps the heat, perhaps the height,  
they thought over my razed flight.

Alas! The questions that called,  
The most prominent of them all  
were: "Did you see the fall?"  
And "Did he cry at all?"

**Swarnim Pathak**

11 B





# THE INFLUENCE OF A TEACHER ON A STUDENT'S LIFE

Mrs. Sharma was a passionate teacher at a small village school in India. She believed in the power of education to uplift children from poverty and transform their lives. Among her students, Ravi and Sita stood out for their exceptional dedication to their studies and their zeal to learn.

One day, Mrs. Sharma announced to the class that there was a Science Fair coming up, and she wanted her students to participate. Ravi and Sita were thrilled at the opportunity to showcase their knowledge and skills, so they immediately got to work on their project.

Together, they decided to create a model of a solar-powered water pump, inspired by what they had learned in their science class. They spent countless hours researching and designing their model and they even made a small prototype to demonstrate how it works. On the day of the Science Fair, Ravi and Sita presented their project to a panel of judges. They were both nervous and excited. They explained the benefits of using renewable energy sources to power water pumps and how this could help farmers in their village to irrigate their fields and increase crop yields.

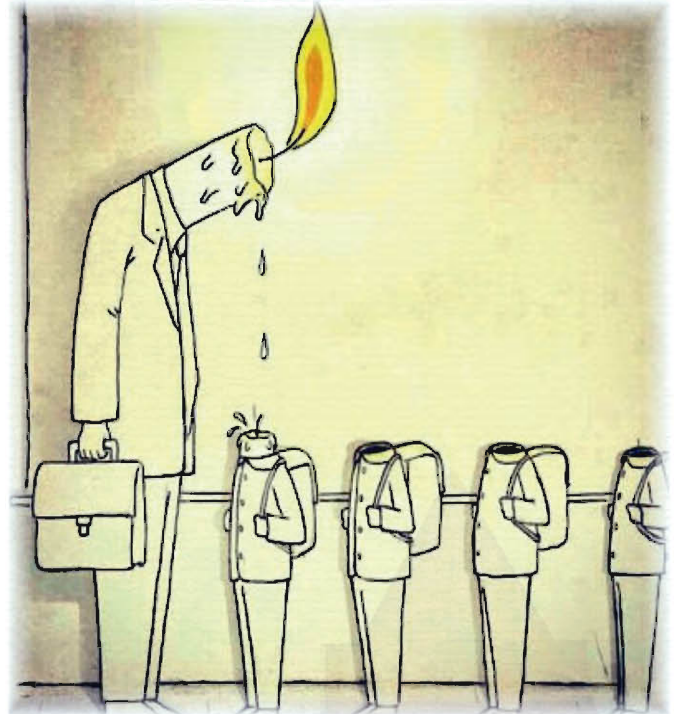
To their surprise, Ravi and Sita's project was awarded first place and they were given a cash prize and a trophy. They were overjoyed and proud of their accomplishment and Mrs. Sharma was beaming with pride at her students' success.

As they walked home from the science fair, Ravi and Sita discussed their plans for the future. They knew that they wanted to continue learning and pursuing their passions and they thanked Mrs. Sharma for inspiring and encouraging them.

Years later, Ravi and Sita looked back on that day as a turning point in their lives. They had gained confidence and they knew that they could achieve anything they set their minds to. They also recognised the immense impact that Mrs. Sharma had had on their lives, instilling in them a love for learning and a desire to make a positive impact in their community.

**Satyam Jaiswal**

10 A





# EVERYWHERE AT THE END OF TIME

They asked me, "What will happen at the end of time?"  
I said, let me explain with a rhyme —  
The great end of time.

Everywhere at the end of time,  
Heaven and hell will wage a war  
Between good and bad, right and wrong,  
To decide who is weak and who is strong.

Everywhere at the end of time  
Tears and smiles will stand on a cliff  
And look at the creatures, so pathetic,  
Trying to live, struggling to survive.

Everywhere at the end of time  
All the acts of courtesy and hatred  
Together, will drink one last cup of wine  
And will celebrate all the ideals they created.

Everywhere at the end of time  
Love and Jealousy will sing along,  
A song which unites the great stories they formed  
And will pityingly look at the creatures they scorned.

Everywhere at the end of time  
Melodies and cacophonies will laugh together  
And will remember the beautiful moments they covered  
With their voices so pure, which will eventually disappear.

Everywhere at the end of time  
All will turn to dust and grime  
And assets, lovers, families, enemies, property, bliss  
All will be futile.

They asked again in panic, "Then where will we go?"  
I told them to stand still and close their eyes  
Live in the present, and let God decide.

**Vipul Joshi**

10 B



# GLOBAL WARMING AND ITS IMPACT ON HUMANKIND

Global warming or climate change has today become a major threat to humankind. The Earth's temperature is on the rise and there are various reasons for it such as greenhouse gases, carbon dioxide (CO<sup>2</sup>) emissions, burning of fossil fuels or deforestation.

## Impact of Greenhouse Gases:

The rise in the levels of carbon dioxide (CO<sup>2</sup>), leads to substantial increase in temperature. It is because carbon dioxide remains concentrated in the atmosphere for even hundreds of years. Due to activities like fossil fuel combustion for electricity generation, transportation and heating, human beings have contributed to increase in the CO<sup>2</sup> concentration in the atmosphere.

## Global Warming: A Gradual Phenomenon:

Recent years have been unusually warm, causing worldwide concern. But the fact is that the increase in carbon dioxide actually began in 1800, due to the deforestation of a large chunk of North-eastern America, besides other forested parts of the world. Things became worse with emissions in the wake of the industrial revolution, leading to increased carbon dioxide levels by 1900.

## Cause of Concern:

According to the Intergovernmental Panel on Climate Change (IPCC), global temperature is likely to rise by about 1-3:5 degrees Celsius by the year 2100. It has also suggested

that the climate might warm by as much as 10 degrees Fahrenheit over the next 100 years.

## Impacts of Global Warming:

- ❖ The sea levels are constantly rising as fresh water marshlands, low-lying cities, and islands have been inundated with seawater.
- ❖ There have been changes in rainfall patterns, leading to droughts and fires in some areas, and flooding in other areas.
- ❖ Ice caps are constantly melting posing a threat to polar bears as their feeding season stands reduced.
- ❖ Glaciers are gradually melting.
- ❖ Animal populations are gradually vanishing as there has been a widespread loss of their habitat.

## Conclusion:

*As per the Kyoto protocol, developed countries are required to cut back their emissions. There is a need to reduce coal-fired power generation, increase energy efficiency through wind and solar power, and also focus on high efficiency natural gas generation.*

**Hargun Sethi**

9 B



# THE LIFE OF AN AVERAGE INDIAN TEEN

In a serene hill town of Uttarakhand, nestled amidst the majestic Himalayas, lived a teenage boy named Ajit. He was a bright and promising young lad with dreams as vast as the Himalayan sky. But Ajit's world was shrouded in shadows, a result of his mother's overprotective nature.

Ajit's mother was deeply rooted in her cultural beliefs, and she held them close to her heart. She believed in traditions that seemed outdated to Ajit, and as he grew older, these beliefs began to smother him. Her overprotective nature knew no bounds. She forbade him from talking to girls, a strict no-no in her eyes, and she kept a watchful eye on his every move.

As a result, Ajit's teenage years were a lonely and isolating experience. He watched his friends form bonds and relationships, while he remained confined within the four walls of his home. He wasn't allowed to hang around with his mates or partake in the adventures that the hill town offered. His world was a never-ending cycle of school and home, with no room for personal growth or exploration.

Privacy was a luxury that Ajit could only dream of. His mother's watchful eyes followed him wherever he went, and every aspect of his life was scrutinized. He couldn't keep a diary, a journal of his thoughts and dreams, because it would surely be discovered and pored over by his mother, who believed that she knew what was best for him.

Over time, the weight of his mother's restrictions began to take a toll on Ajit's mental health. The once-bright boy became a shadow of his former self. Depression crept into his life like the mist that enveloped the hill town, slowly but steadily. The world outside seemed like an unattainable dream, and he lost faith not just in the world, but in himself as well.



Ajit's dreams, once filled with aspirations of exploration and adventure, had faded into the background. He felt trapped, suffocated by the confines of his own home. His once-enthusiastic spirit had withered away, and he withdrew from the world, finding solace in the darkness that depression had cast upon him.

In the hill town of Uttarakhand, where the mountains stood tall and the air was crisp and clean, the story of Ajit served as a poignant reminder of the invisible shackles that could hold even the brightest of souls captive. It was a reminder that, sometimes, the love of a mother, while well-intentioned, could become a suffocating force, robbing a young heart of the very essence of life itself.

Ajit's journey was a testament to the power of the human spirit to endure, to hope, and to one day break free from the chains that bound him. Somewhere deep within him, a flicker of resilience remained, waiting for the day when it would ignite and lead him towards a future where he could finally breathe, dream, and soar among the mountains that had witnessed his silent struggle.

**Ajitesh C. Gupta**

9 B



# THE RAINY SEASON IN NAINITAL

The rainy season in Nainital,  
Is a time of pure delight,  
When the hills come alive,  
And everything looks bright.

The clouds descend upon the land,  
In a shroud of misty grey,  
The raindrops gently fall,  
Creating music all the way.

The mountains turn emerald green,  
The streams and waterfalls gently flow,  
The air is cool and refreshing  
And the flowers begin to grow.

The fragrance of the wet earth,  
Is a symphony to the senses,  
As the rain washes away,  
All accumulated pretences.

The lake in Nainital sparkles,  
Reflecting the beauty all around,  
And the sight of the misty hills,  
Is a stunning sight to be found.

The sound of the pitter-patter  
Is a lullaby to the soul,  
As the monsoon showers bless  
The land with a peaceful role.

The rainy season in Nainital,  
Is a time of pure bliss,  
As nature reveals its splendour,  
In a rain-filled mist.

**Rahul Bhatt**

9 B

# A COURAGEOUS SOUL WILL NEVER IGNORE UNFAIRNESS

We face unpleasant or difficult situations at least once in our life. In such cases we can see the real character of people, their endurance, courage and self-confidence. Real courage shows composure in all situations. Only a courageous person overcomes all difficulties and troubles and is prepared to forge ahead.

I reckon that courage is the moral readiness to overcome and endure all obstacles. But what does it mean to be courageous? To be honest, at every step of the way we need courage. We need to realize it ourselves and learn how to appreciate everything, take care of those we love. We need a lot of courage to stay loyal to ourselves and do the right deeds in a world full of lies. A few people have this trait from birth and some develop it later in life. Courageous people will never be afraid to express their opinion. They will accept their mistakes and own their shortcomings to see the better side of someone else.

A courageous soul will never ignore unfairness.

**Aditya Singh Negi**

9 B



# SAY "NO" TO DRUGS

In a world that seemed ordinary, where school bells and laughter echoed, there lived a 14 year old boy named Ahil. He was a typical teenager, regular with his studies and enjoyed a vibrant social life. He was not the "most popular" kid in his school, in fact, no one knew if he even existed outside his class.

One day, his friend got him an invitation to a party of the "popular kids" of his school. Ahil was always jealous of these kids who always seemed to have more than him. Deep down, he wanted to be like them, he also wanted to be known, and wanted that cute girl by his side. This is all that Ahil visualised when he got the invitation. He had finally got a chance to realise all his fantasies, and he was not going to let it go.

As Ahil stepped into the opulent party, he was introduced to a world he had only heard whispers of, a world of vapes and drugs. Curiosity gripped him, and he took that first puff, unaware of the sinister path it would set him on.

Ahil was completely hooked on the taste, in his mind he was just doing what all the 'cool kids' did. In his mind he thought he was the one with the foot on the pedal, but in reality, his foot was off the pedal as soon as he took that first puff.

The journey into the abyss of drugs was slow but relentless. Ahil's grades plummeted, his laughter became hollow, and the vibrant social life he once cherished faded into the shadows. His actual friends, alarmed by this new habit of Ahil, tried to warn him, but he turned them away saying they did not know how to enjoy life.

He was now 18, wearing a dark black hoodie, looking like just another average teenager in a super-hero movie before they had that big bang in their life that took them out of the self-made hell they were in, but in Ahil's case, no



one was coming. He had now tried everything, Marijuana, Heroin, Morphine and every kind of alcohol he could get his hands on.

Ahil then realised that it was just too much and if he continued he would surely be a useless bag of bones or dead by his 30s. He then made the decision to quit drugs. It was very hard and he was demotivated a lot of times, but he did not give up. He then went on to become a rich businessman who gave motivational speeches and helped people to overcome addictions just like he overcame his.

## THE END

That is what Ahil thought would happen. In reality, he relapsed in less than 10 hours.

As the years passed, Ahil found himself in his early twenties, a mere shadow of the promising boy he had once been.

Unemployment, depression, and addiction were now his constant companions. The world that had once held so much promise had crumbled around him, and he was left to grapple with the devastating consequences of his choices.

**MORAL** - Say "No" to drugs, they only lead to depression, loneliness and suffering.

**Sabnoor Singh**

9 B



# THE SIGNIFICANCE OF TIME — A PRECIOUS RESOURCE IN A FAST-PACED WORLD

Time, the intangible and inexorable force that governs our lives, is arguably the most precious resource at our disposal. In a world driven by incessant change, rapid technological advancements, and ever-increasing demands, understanding and valuing time has become more critical than ever before. Time is not merely a unit on a clock; it is a limited asset that, once spent, cannot be reclaimed.

First and foremost, time is the fabric upon which our lives unfold. Every aspiration, endeavour, and accomplishment finds its place within the confines of time. Without time, the achievements we celebrate and the memories we cherish would lose their context and significance. The passage of time marks the milestones of our growth, pushing us to evolve and adapt. From our earliest steps to our final breaths, time guides us on a journey of discovery, learning, and transformation.

In the realm of productivity and achievement, time plays a pivotal role. The adage "time is money" encapsulates the essence of this connection. Effective time management can lead to increased productivity, greater efficiency, and ultimately, success. Those who harness time wisely are often the ones who excel in their pursuits. Entrepreneurs, scientists, artists, and leaders alike recognize that time provides the canvas on which they can paint their masterpieces. Every invention, innovation, and breakthrough owes its existence to the commitment of time and effort.

Moreover, time serves as a powerful catalyst for personal growth and development. It presents us with opportunities to learn from our

experiences, reflect on our choices, and make the necessary adjustments. As we age, we come to realize that time is fleeting, urging us to make the most of every moment. The awareness of time's transitory nature compels us to prioritize what truly matters, fostering the cultivation of meaningful relationships, self-care, and the pursuit of passions.

In conclusion, time stands as an invaluable asset that shapes our existence and moulds our destinies. It is the heartbeat of life, the architect of achievements, and the impetus for growth. To squander time is to forfeit the opportunity to create a meaningful and fulfilling life. As we navigate the complexities of a fast-paced world, it is incumbent upon us to recognize and honour the significance of time.

By embracing efficient time management, nurturing personal development and contributing to societal progress, we can harness the power of time to craft a legacy that resonates through the ages.

**Malay Rawat**

9 B



# ARE WE ALONE ?

A clear night with a shining sky, (all twinkling, gigantically small stars) and an idea of an infinite universe always poses a question: ARE WE ALONE?

Humans or Homo sapiens are ruling the world, they can do whatever they want to do to the space but always a doubt arises, is there anyone else?

Millions of stupid and scary theories are there about "ALIENS" which instantly gives us a picture of a body with dark coloured skin, big holes instead of eyes and many more. cartoonish body parts, but what exactly are ALIENS?

A better suggestion is that space has we don't know how many universes, which have inestimable galaxies with billions of planets.

I can't believe it, there has to be someone else living and pondering like us about *an outsider*.

I also have a theory about an outsider. What if we are not alone? As we know the Oparin-Haldane hypothesis suggests that life arose gradually from inorganic molecules, with "building blocks" like amino acids forming first and then combining to make complex polymers?

Can't it happen with other planets, why did only Earth, among billions of planets, have traces of amino acids?

If there is life on other planets, can't they have smarter brains than ours? What if they don't follow science and constantly have different theories based on their different faiths? It's a bucket of chaos. One of the many theories includes a "*spaceship*", i.e. a vehicle to travel in space. Do they have such a smart brain which made them capable of making such an extraordinary thing? If they are that smart, do they have weapons also? If yes, they might be capable of destroying the human race.

We can't predict the future and the creatures we're going to face, but human beings have a bad habit of wasting time, and we don't have time enough to research about so called "*aliens*".

This habit is going to be the cause of the human race's decline.

I have written this just to share my thoughts and to also put this thought in your head, because maybe you will have the answer for this in future .....

**Abhas Gupta**

9 A





# A DEAD END !

Drug-addiction is nothing short of a blood-sucking disease. A large number of the population is dying because of drugs every year.

There are various reasons why the young fall prey to this vicious habit. It starts with fun, due to peer pressure, and before you know it, a casual smoke or sniff has shackled you in one of the most pernicious habits.

A craving for money spawns evil. We have, unfortunately, a breed of unscrupulous people who will do anything for money. Thus drugs are mixed with sweets and snacks and unknowingly innocent people tend to develop a craving for them. Once caught in this web, it's difficult to extricate oneself.

At first a drug addict spends small sums of money to satisfy his occasional craving, but gradually he develops a regular habit of taking drugs and cannot do without it. He soon requires more and more money as his body's demand increases. This in turn engenders more vices : picking-pockets, stealing, kidnapping for ransom and even murdering. In short, he becomes a full-fledged criminal.

Ironically, what begins as fun, in a short period, enslaves the person in misery. There are rehabilitation centres to help these unfortunate people. But wisdom lies in prevention, rather than cure.

Through the media we are warned about drugs. But still some take them. Then there are drug-peddlers who should be given the most stringent punishments when caught. Countries have to co-operate to bring to book those who traffic in drugs. Each person has to help curb this growing menace, otherwise we'll have an entire generation looking towards a dead end !

**Vineet Jaiswal**

9 A

# LIFE ...

Life is a journey  
A blessing in itself,  
Life is about contentment  
And is never worthless,  
Happiness and sorrow  
Are the two faces of life, ...  
Life is a blessing in its own ways.

Life throws challenges in every step we take,  
It offers opportunities to grow and overtake,  
Love and hope are feelings it instigates,  
Life is a roller coaster, life is a game,  
Life keeps changing, it is never the same.

Life is a treasure and life is a strife  
For once it's gone - it's impossible to find !!!

**Advait Tiwari**

8 B



# THE MAIN SECRET OF LIFE

What is life? According to science it is the state of existence of human beings or other creatures. But according to me, life is a wonderful journey in which we explore who we are and what we are supposed to do in this journey. It teaches us to face challenges and fulfill the dreams we have. We should meet and live it like a challenge, like it is the best thing one can get. This is what the beauty of life is, but when I come to describe it, I feel short of words.

We know what is life and what are its beauties but do we know its secrets? What is the main secret of life? The answer is 'health'. Yes, the main secret of life is health. Maintaining good health should be the goal of everyone's life. There is no other secret and treasure in life that is bigger and more important for our existence.

Do you know that, the top secret of being healthy is adopting a healthy lifestyle? It includes healthy diet, taking good care of oneself, healthy sleep habits, and physically active routine. A person with a good health is physically very fit and also has an extended life compared to a person who has a bad health and is leading a sedentary lifestyle.

Good health has a direct impact on one's personality. A person with a good health and healthy lifestyle is generally far more confident, self-assured, sociable and energetic. A good and healthy lifestyle allows



one to relish all the pleasures in life. Even the entire wealth of a person is less valuable when compared to good health. Having all the luxuries in the world doesn't fulfill life's purpose. When one is continuously ill, depressed or suffering from a particular health disease or other complications, life becomes meaningless.

A healthy person has a clear and calm perception of everything without any prejudice. His actions and decisions are more practical and logical and thus, he/she is more successful in life.

And that is why it is rightly said:

*'Health is Wealth'*

**Shaurya Veer Sati**

8 B



# THOUGHT OF REUNION

One day we will be the Ex-students of SEM,  
We would be out in the world to share our knowledge.  
Some would strive to become doctors, lawyers, teachers and engineers,  
While others would carry out business without any fears.

After many years again the students would meet with the same enthusiasm,  
That moment will be truly awesome.  
Everyone would have a different story to share at the reunion,  
Hearing everyone's journey would be such fun.

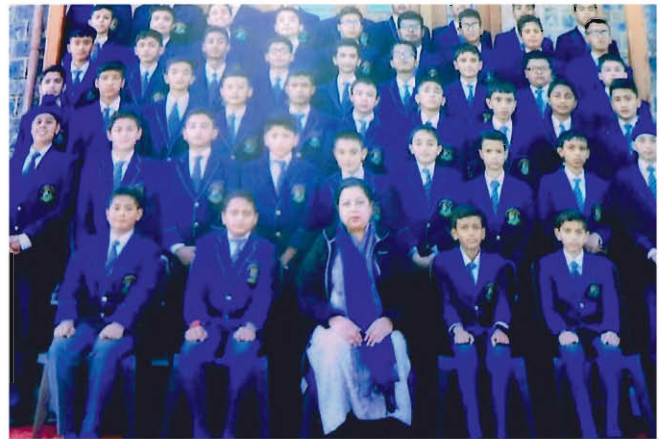
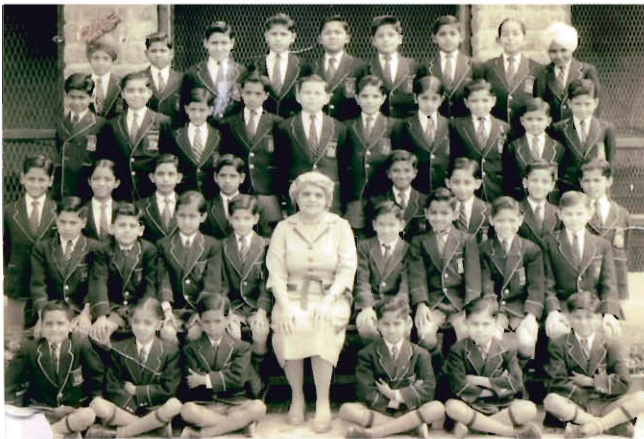
We would also giggle remembering those school days,  
When some naughty boys used to trouble the teachers in nagging ways.  
But then that was our innocent past,  
We would memorise everything as if we are watching a live telecast.

Nostalgically growing is a part of life,  
It is a blend of both bliss and strife.

Oh! This reunion will teach us 'Never judge a book by it's cover'  
As each child would narrate a different anecdote of his success and endeavour.

**Agam Raj Sachdev**

8 B





# YOGA ... AND ITS BENEFITS

समत्वं योगं उच्यते।

*This means*

*'Evenness of mind is known as Yoga'*

Yoga is an ancient art that connects the mind and the body. It is a spiritual discipline that is based on a subtle science and emphasizes attaining harmony between the body and the mind. It is derived from the Sanskrit root 'Yuj' meaning 'to join' or 'to unite'. Yoga is said to have over 5000 years of history and is one of the oldest ways to keep track of our mind and body. According to history it was Indian monks who spread their knowledge of yoga in the world.

Yoga improves balance, strength and flexibility. Yoga relieves stress and promotes good sleep and is a very effective way for losing weight, managing anxiety and depression. It also helps a person to quit addictions by meditation which is a mental exercise that includes relaxation, focus and



awareness to calm our body, mind and soul.

Yoga has numerous benefits if we look at it closely. In addition, when we practice several 'asanas' and postures, it strengthens our body and gives us a feeling of well-being and healthiness. In short, yoga has several benefits. It is a secret to live a healthy and long life without use of any artificial means or any other short cuts. Therefore, yoga improves the quality of life and we need to work on it regularly to calm ourselves to lead a healthy lifestyle, because:

*"There lies a healthy mind  
in a healthy body"*

**Shaurya Veer Sati**

8 B





# LIFE IN THE TRENCHES

Trenches were an important structure during the Great War or World War I. Soldiers from both sides were deployed in these trenches facing the 'no man's land'. The 'no man's land' was the land between two trenches. The front line or the main firing trench was almost 10 to 20 feet deep. To observe the ground above, defenders used a set of steps or a wide wooden ladder. The earth on the front side of the trench was kept as level as possible to keep the defender's vision clear.

A place to rest was also necessary. There were dugouts which, at the beginning of the war, were simple holes in the ground. Slowly, they turned into proper living quarters. There was a layer of earth on top of them which prevented them from collapsing when an artillery shell hit the ground. In front of the trenches was an entanglement of barbed wire to keep the attackers busy.

Many communication trenches or 'saps' were trenches with the purpose of offering the troops some protection on their way to the firing trench. These trenches were deadly, plagued with diseases and infested



with all sorts of creatures. This explanation gives a clear picture of a well-constructed structure. The trenches provide us with a lot of information about the type of warfare used during WWI.

**Pranav Prakhar Pande**

7 B





# BIODIVERSITY OF ANIMALS



Biodiversity is all the different variety of animals, plants, fungi, and microorganisms that you'll find on Earth. Biodiversity maintains the ecological balance and is essential for humans as we depend on it for food, energy, medicine and income.

Billions of people around the world depend on over more than 50000 species of wildlife, including 10000 species that are directly harvested for food by humans in rural areas. Nowadays, it is being destroyed due to human activities and we must make dramatic changes to preserve the flora and fauna, to address this as an accelerating biodiversity crisis.

"If the forest disappears, they will disappear," said Waiter Jetz, a professor of biodiversity science at Yale University.

Biodiversity today is a big problem. The loss of biodiversity is caused by five primary factors: habitat loss, invasive species, over-exploitation, pollution, and climate change. Humans are directly associated with these activities. Do you know what will happen if Biodiversity is lost? Millions of people will face a future where food supplies are more vulnerable to diseases and pests, and where freshwater is in irregular or short supply. Therefore we must conserve biodiversity by planting trees. saving habitats by conserving animal life, plant life and marine life.

**Karnik Pathak**  
7 B



# VALUE OF TIME

Time is an invaluable resource that shapes the fabric of our lives. It is a finite asset that, once spent, cannot be regained. The value of time lies in its ability to create, transform, and shape experiences.



Every moment carries the potential for growth, learning, and achievement. Thus, efficient time management is essential for productivity, as it allows us to prioritize tasks, set goals, and make the most of our efforts. Wasted time leads to missed opportunities and unrealized potential. Embracing the value of time empowers us to live purposefully, make meaningful connections, and leave a lasting impact on both our personal journey and the world around us.

Time is a universal currency that holds a unique significance in our lives. Its value becomes evident in various contexts, from personal development to professional success. Proper time management enables individuals to strike a balance between work, family, and leisure activities, leading to reduced stress and enhanced well-being. In the realm of innovation, time drives progress, pushing us to find more efficient solutions and driving technological advancements.

History itself is a testament to the value of time, as pivotal moments and decisions shape the course of nations and cultures. Recognizing the fleeting nature of time encourages us to savour each moment, cherish relationships, and pursue our passions with a sense of urgency. In essence, the value of time extends beyond mere minutes and hours, resonating as a force that shapes the quality and depth of our lives.

**Hasit Rawat**

7 B



# THE DAY AFTER TODAY

'The day after today', whenever this thought comes to the mind of a person, it can be positive as well as negative. Some may be happy and some may be scared about it.

For example, let's take two children named Alex and Christine. If Alex is doing good and he is happy with his life, he will be excited and curious for tomorrow. But on the other hand, the life of Christine is not going as good as Alex's life and she would not be excited or curious for tomorrow. She would have had many struggles and bad days in her life.

But if tomorrow, Alex, whose life is going easy and better than Christine, does not have a good and cheerful day and Christine, whose life is not going easy, has a happy and cheerful day, who do you think would be happy and who do you think would be sad?

Alex would be shocked and disappointed on how his day became unhappy and sad for him, whereas Christine would also be shocked and would be thinking that how could her day become happy, cheerful and better than the other days.

Can someone answer why both Alex and Christine were shocked?

## Because

If something disastrous or good regularly happens with one person, it leaves a message in his or her mind that this thing will obviously happen to him or her again.



## Thus

Alex and Christine did not think of such different possibilities, a negative day for Alex and a positive day for Christine. From this event they both will understand that it is not necessary for a similar thing to happen to one person continuously.

## From this we learnt that

We should not think so much about tomorrow and just be ready for the struggles and happiness that can come into our life and if negative things happen, we should not get disappointed.

**Divyansh Mehra**

7 B

*'Faith is the bird that feels the light  
and sings when the dawn is still dark.'*

**Rabindranath Tagore**

# CHANGES IN SCHOOL 6

We reach the middle school when we finish our junior school. The very first day of class 6, I thought it will be the same study pattern and the same discipline, but to my surprise it was not similar to what I had imagined.

I entered the school campus, I reached the class and saw above the door of the class written class 6-B. I entered the class and sat on an empty seat, the bell rang and we met our class teacher. After the first lesson was over I came to know that our Hindi teacher had changed. At first I thought that our old Hindi teacher left the school but it was not so — in fact all the teachers had changed except our Art teacher. Our new Hindi teacher told us everything about the middle school. At first I felt pretty nervous about it. But, when I came to know about the new rules of middle



school, I was not nervous anymore because now we were allowed to issue books from the library, and play in the quadrangle. There was also a new lesson called SUPW. The teachers were new and had different teaching styles. Now I am in class 7 and I am kind of experienced in the middle school.

Panshul Sah

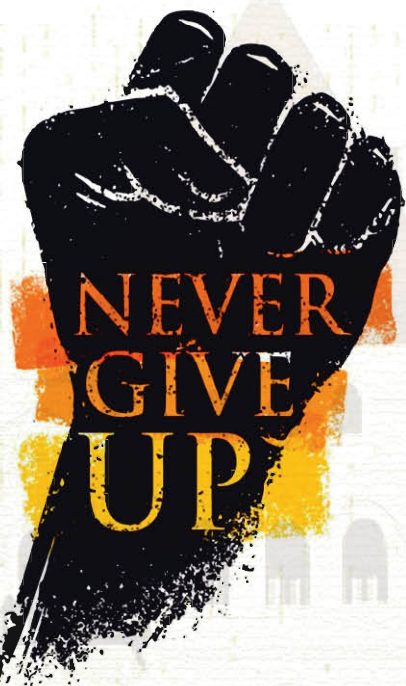
7

# NEVER GIVE UP

If you give up, what will you achieve?  
Have faith and turn your doubts into beliefs.  
Whenever you feel weak,  
have the courage to stand strong as a wall.  
Eradicate the obstacles that made you fall.  
Don't give up, when your ship starts to sink.  
Instead make up your mind and refuse to drown.  
If everything was easy to do.  
Then would that satisfaction be enough for you?  
The reason why you can't give up and cry.  
Is because success comes to those who always try.

Jashminder Preet Singh Viridi

7 B





# CHANDRAYAAN : MISSION TO THE MOON

India's space program is spearheaded by its nodal space agency, Indian Space Research Organisation (ISRO). ISRO has progressed and evolved consistently since its formation on 15th August 1969.

Chandrayaan, meaning a vehicle to the moon, was first launched on 22nd October, 2008 from Satish Dhawan Space Centre in Sriharikota, Andhra Pradesh. The Polar Satellite Vehicle (PSLV-C 11) with a sub-satellite Moon Impact Probe (MIP) successfully entered the lunar orbit on 8th November, 2008. With a controlled crash-landing of the MIP on 16th November, India became the fourth country in the world to do so.

Chandrayaan 2 was launched on 22nd July, 2019 and reached the lunar orbit on 20th August, 2019.

Chandrayaan 3 is the most recent Indian mission to the moon. It was launched with Geosynchronous Satellite Launch Vehicle Mark 3 (GSLV-Mark III) taking off from Satish Dhawan Space Centre on 14th July, 2023. Chandrayaan 3 landed on the moon's surface on the 23rd of August 2023, making history by becoming the first country to land on the south pole of the moon.

**ISRO has achieved three primary objectives** with the help of Chandrayaan 3

1. Safe and soft landing on the south pole of the moon.
2. Conduct rover operations.
3. Conduct experiments on the Moon's surface.



Abhyuday Baghel

7 B



# SUCCESS

Success is a game,  
Hard work is its name.

Whoever plays it,  
Earns name and fame.

Success is possible with,  
Concentration and determination.

Success will be yours...  
It you work hard, of course.

Inspiration and defragmentation,  
should be a driving force.

Only then will success,  
come knocking at your door.

Success replies  
If you are wise  
and not ready to compromise.  
If you want to reach your goals  
Work hard with your heart and soul.

**Ayushman Sah**

7 B

# A JOURNEY OF HOPE

In the depths of despair, when all seems lost,  
A flicker of hope, like a tempest-tossed.  
Guides us through trials, both fierce and vast,  
An anchor of strength, when the die is cast.  
Through storms that rage and the darkest night,  
Hope keeps our dreams in the pale moonlight.  
It's the hand that reaches, the voice that calls,  
When life's uncertain, and courage fails.

In every heartache, in every fear,  
Hope is the lifeline that draws us near.  
With its unwavering, gentle embrace,  
We find the power to conquer and chase.  
For hope is the spark in the deepest night,  
A beacon that leads us to mornings bright.  
A promise of better, a promise of more,  
In this endless journey that life has in store.

**Hasit Rawat**

7 B





# WHEN I SIT DOWN TO THINK

Whenever I sit down to think,  
In the winter, at the ice rink;  
Why is the snow so white,  
Why isn't it coloured dark or light?

When I sit down to think,  
Why do our eyes always blink?  
Is rain some magic from the sky?  
Or is it the clouds that actually cry?

Why can't tortoises walk fast?  
After all, they've got to cover a distance so vast!  
Why can't hens with wings fly far?  
How does an ostrich run as fast as a car?

Why do ants walk in a line so straight ?  
Are they lost, or seem to march in a parade?  
When I sit down to think of things around me,  
Crazy thoughts come to my mind,  
which differ from our actual sight.

**Yatharth Joshi**

6 B



# HOW I FELT AFTER BECOMING THE PREFECT

Today I am going to tell you about how I feel after becoming the prefect. The day I became a prefect in junior school, it was one of the best days. I felt more responsible. I had a responsibility to do my job well and become a role model for other students. Being a prefect meant that I had to be positive, cooperative and helpful to others.

I tried to help other students and solve the problems but sometimes it didn't work. I had to be friendly and polite with my friends and other students. I feel very proud to be the prefect.

**Om Adhikari**

5 B



# A SCARY DREAM

One night I jumped up in fright, when I heard a loud bang. Someone was at my bedroom door. Thinking it was my sister, I ran to the door and opened it. A strange man entered my room. He had something in his hands. It was a carpet rolled up tight.

I watched him while he opened it and lay on the floor. He then took a look at me and asked me to sit on it. But there was something scary about him. His eyes were very big and dark. I ran to the other side of my bed and refused to do what he asked. He stared at me for a long time and then, without saying anything, walked towards the open door. I heard soft music. Then I saw him playing the flute. Something was strange about the music. The open carpet slowly folded. I could not stop myself from following him and his music down the stairs. We went out of the front door. I followed him through the garden gate and onto the dark road. I was really frightened.

Where were my parents? Why couldn't they see and stop me? On and on we walked into the dark night. Slowly and slowly, everything that was familiar to me disappeared and I was in a strange place. It was very cold and very-very dark. My heart started beating fast and my mouth felt dry. All of a sudden both the man and his carpet came to a sudden stop. He turned around slowly and I screamed with fear. He had no face, no eyes, no nose and no mouth.

My scream startled me and I opened my eyes. I looked around and there I was, lying in my bed all safe. I then realised that I had just woken up from a bad dream, a really scary one. Thank goodness, it was just a dream.



**Yashraj Mehra**

5 A

# IF I HAD A REAL MAGIC WAND

When we are young, we all have many dreams. We wish for so many things also. I, too, wish for many things. But there is only one thing I wish for with all my heart and that is a real magic wand. How happy that would make me !

There are many good things that I would do with my magic wand. Our world is becoming unsafe day by day. People are only interested in themselves and are mean to others. There are thieves and murderers. Good people live in fear all the time. Rich people are not happy even though they have so much money. They are always scared that someone will take it away. I would use my magic wand to make this world a safer place to live in. People would not be afraid anymore.

People have no time for family and friends because they only think of themselves. Some have nothing to eat and no home to live in. It would be so nice if people were kind and shared their time and wealth with others. I do not like to see sadness on anyone's face. I would like to use my magic wand to create beautiful homes for the homeless. I would also make sure that no one would be without food.

I want to live in a word that is good and where people love each other. So, if I had a real magic wand, I would change all the bad things in the world. I would make it a better and happier place for all human beings.

**Dewang Mehta**

5 A





# TECHNOLOGY AND GADGETS — OUR DIGITAL WORLD

In today's world, technology and gadgets play a significant role in our daily life. From smart phones to laptops, these devices have become our constant companions. But what exactly is technology and gadgets, and why are they important?

Technology refers to the tools and machines that make our lives easier. Gadgets are small, portable devices that use technology to perform specific tasks. For example a smart phone is a gadget with which we make calls, take pictures and access the Internet.

These gadgets have transformed the way we learn to communicate and entertain ourselves. They help us connect with our friends and family, explore new information and have fun with games and videos.

However, it's crucial to use technology with responsibility. Parents and teachers guide us to use technology safely and limit screen time, balancing it with other activities like playing outdoors, reading books and studying which is essential for a healthy lifestyle.

In conclusion, technology and gadgets are incredible tools that make our lives more exciting and convenient. By using them wisely we can enjoy the benefits while staying connected to the real world.

**Priyansh Joshi**

5 B



# HOW I FEEL AFTER BECOMING A PREFECT

When a student becomes a prefect, that student has the opportunity to show that he is responsible, reliable and capable of becoming a leader. This can be a valuable experience that helps develop important skills for the future. The main duty of a prefect is to maintain the peaceful and friendly atmosphere of the school.

My name is Shlok Pandey. I am a student of class 5B, in St. Joseph's College, Nainital. I was extremely delighted and surprised when I got this wonderful opportunity to become a prefect.

At my investiture ceremony I was feeling excited and proud when Brother Hector put a badge on me.

I hope that I do my job well and become an inspiring role model for my juniors.

**Shlok Pandey**

5 B



# EXPERIENCE MAKES US GROW

In life we should experience everything. It is not always satisfying but we try and we grow and learn from our mistakes. From wishing to be the class captain of our class, to becoming the vice prefect of the junior school, without realising that it will come with many responsibilities. It was a great experience and taught me many things from being responsible and attentive every time and watching everyone so that nothing goes wrong.

I would like to thank my Principal, Br. Hector, and my teachers who found me responsible enough to hold the responsibilities properly and sincerely and for always supporting and believing in me.

**Manvendra Kumar**

4 A



# BISCUITS



Biscuits here, biscuits there,  
Biscuits to biscuits everywhere.  
Crunchy biscuits, custard cream,  
Devouring the biscuits in your dreams.

Jammy Biscuits, Jammy nuts,  
Jammy biscuits pick you up.  
Say yeah, yeah to the biscuit beat,  
Say yeah, yeah, it's a biscuit treat.  
Biscuits plain and biscuits sweet.

**Sarthak Kanwal**

4 A

# MY FASCINATION WITH DINOSAURS

My love for dinosaurs began when my dad got me my first dinosaur toy. I liked it so much that I started reading and watching videos about dinosaurs. Today I have a collection of every dinosaur toy that walked this planet. Dinosaurs were giant reptiles that lived 65 million years ago on Earth. Some were carnivores and some were herbivores. They became extinct when a big asteroid hit our planet.

There were many types of dinosaurs like T-Rex, Triceratops, Spinosaurus etc. All of them had different physical features like spikes, sharp teeth, strong bones etc, that helped them survive. Different dinosaurs lived in different habitats like forests, desert, plains and mountains.

The dinosaurs were amazing and majestic creatures that have inspired me to become a palaeontologist someday.

**Arunoday Singh Bora**

4 A





# MY SCHOOL

As I walk through the gates of St. Joseph's College, I feel like I'm stepping into a world of endless possibilities. My teachers are like magical storytellers, who make learning fun and encourage us to ask questions.

But what makes my school truly special is the friendships I have formed. I've made so many friends and we share our dreams and secrets.

St. Joseph's College Nainital is not just a school; it is a place where dreams come alive, where learning is an adventure and where friendship is made for life.

**Daksh Rana**

4 B



# DREAMS

At the time when we switch off all the lights,  
And wish our parents a very good night.

At the time when,  
The whole town goes pitch dark,  
And the dogs very faithfully, set out to bark.  
We step into the world of fascinating dreams,  
Which are full of magic, and full of themes.

A world of wizards, a world full of witches,  
Where there are no wounds, nor any stitches.  
Some dreams come true others, sadly cannot,  
A few you remember, most you forgot.

Some dreams are possible, others are not,  
But you have to dream on,  
sometimes it's all you've got.

**Garvit Bisht**

4 A

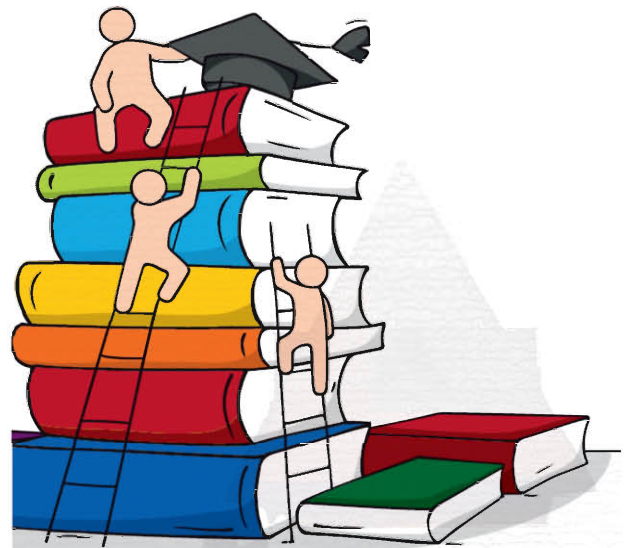
# INTO THE JUNGLE

In the year 2020, next to the foothills of the Himalayas, there lived a young male tiger. When I was five, with my grandfather I went to the jungle. We stayed at the writer's bungalow. It is my favourite place to stay now. I feel every piece of furniture tells a story. In the morning we took off deep into the over-ground swampy parts of the jungle and that's when we heard the beast. I had sweat trickling down my face out of fear. Out of nowhere a male tiger pounced on the deer, killing it within seconds. The show was over, even before it began for the deer.

It has been three years, I have been going to the forest with my grandfather ever since. Every time the moon comes out and the bonfire is lit and the stories roll, I feel the tiger is watching me and roaring deep in the jungle.

**Veer Shah**

4 B



# WINTER SEASON

Winter season is a very important season in India. In India the winter season starts in November and ends in February. We keep ourselves warm by wearing woollens. Festivals like Diwali and Christmas come during the winter season. It also snows in my hometown. We have long winter breaks. During winters we go to visit my grandmother's place in Dehradun. I enjoy a lot there.

**Hammad Ahmad**

3 B

# MOTHER

Every mother in the world is a strength for her child. She holds the family together. Mother is like an angel on the earth. She is the best teacher and best friend of her child. We can never compare the love of a mother with others. She always guides us. So, we should always love and respect our mother.

My mother is very kind,  
She gives me peace of mind.  
She looks like a goddess,  
Who always dispels darkness.  
Oh! my beautiful mother,  
Always show me the path further.

**Riyansh Babulkar**

1 B



# SAVE TREES !

Nature has given us many beautiful gifts. Trees are one of the most beautiful gifts for us. They are very important to us. Trees take CO<sup>2</sup> (Carbon Dioxide) and give us oxygen to breathe. They also clean the air by taking in harmful gases.

Trees help us to prevent soil erosion and floods. Trees provide us with wood to make furniture. Trees are the place where birds build their nests. Wild animals depend on trees for food and shelter. They give us shade in summer.

We should plant more and more trees to save our mother earth. If we want to live in a healthy way we should save trees.

**Aarush Bhandari**

1 A



# MY FIRST DAY AT SCHOOL

My first day of school was a completely new experience for me. On the first day of school I got up very early and wore my uniform as I was very excited. Like everyone I was also scared to go inside the class but finally I entered my class and I met my class teacher.

She was so cooperative, her cooperation boosted my confidence and it helped me to cope with my new experience. My first day became the best memory I have ever experienced.

**Aarav Kumar**

1 B



# वेदों का महत्व

भारतीय संस्कृति में ग्रंथों एवं पुराणों का बहुत महत्व माना गया है। कहते हैं पुराणों में श्रृष्टि के जन्म से लेकर अंत तक की गाथा लिखी हुई है। इतना ही नहीं, पुराणों में जीव जन्तुओं के निर्माण से लेकर अंत तक की गाथा भी लिखी हुई है। और तो और जो आविष्कार विज्ञान आज 21वीं सदी में कर रहा है वह आविष्कार हजारों साल पहले हो चुके हैं, जिन का भी वर्णन हमारे ग्रंथों एवं पुराणों में किया गया है। इन पुराणों में जन्म-मरण, आदि-अंत एवं श्रृष्टि के निर्माताओं के बारे में भी वर्णन किया गया है। और तो और कलयुग की शुरुआत एवं अंत, कैसे? कब? और क्यों होगा? इसका भी साफ वर्णन किया गया है। ब्रह्मांड की रचना कब हुई, कैसे हुई और किसने की? इस का भी वर्णन हमारे ग्रंथों एवं पुराणों में है। अब सवाल यह उठता है कि इन ग्रंथों को लिखा किसने है? और कौन है इतना बड़ा ज्ञानी? इस का एक बहुत ही आसान एवं सरल जवाब है, हजारों वर्षों पहले जो ऋषि एवं साधु महात्मा होते थे, उन्हें यह दृश्य दिखाई देते थे और अपनी तपस्या के जरिए वह इन दृश्यों को देखकर उन्हें किताबों में उतार देते थे। इन्हीं किताबों को आज हम ग्रंथों, पुराणों या वेदों के नाम से जानते हैं। कुछ वेद जैसे कि ऋग्वेद करीब 10,000 साल पुरानी है और इनकी रचना स्वयं देवताओं द्वारा की गयी है। सनातन धर्म में चार वेद हैं और इन चारों वेदों की रचना ऋषि वेद व्यास द्वारा की गई है। इन चार वेदों के नाम हैं— पहला—ऋग्वेद, दूसरा—यजुर्वेद, तीसरा—सामवेद और चौथा और आखिरी—अथर्ववेद। इन चारों वेदों में ब्रह्माण्ड के जन्म, ब्रह्माण्ड की नीतियां, ब्रह्माण्ड की रचना व ब्रह्माण्ड के अंत के बारे में सब कुछ लिखा गया है। अगर सीधी भाषा में बोला जाए तो यह चार वेद ब्रह्माण्ड की पूरी जीवनशैली बताते हैं और साथ ही साथ मनुष्यों एवं आदि जीवों के बारे में भी सब कुछ बताते हैं। किस का जन्म क्यों, कहा, कैसे और कब हुआ? इन सब के बारे में इन वेदों में वर्णन किया गया है। विमान एवं आधुनिक गाड़ियों का इस्तेमाल आज हम कर रहे हैं उनका आविष्कार हजारों साल पहले हो चुका था और इसका भी वर्णन हमारे पुराणों में किया गया है। रामायण का पुष्पक विमान, इसके बारे में सभी जानते हैं, उसकी रचना कैसे हुई और उसकी पूरी बनावट रामायण में दी गई है और विज्ञान ने यह साबित कर दिया है कि वह बनावट



एरोडायनैमिक्स के हिसाब से बिल्कुल सही है और वह विमान हवा में उड़ने लायक नाप कर बनाया गया है। सारी जानकारी होने के बाद भी हम लोग मानो जैसे इन ग्रंथों एवं पुराणों के बारे में भूल ही गये हैं। भौतिकवादी चीजें एवं आधुनिक वस्तुओं में हम इतने उलझ चुके हैं कि अपनी संस्कृति एवं अपने इतिहास को तो जैसे हम भुला ही चुके हैं या ठुकरा चुके हैं। जो विद्या हमें अपने पुराणों से मिल सकती है उस विद्या के लिए हम दूर-दूर जाकर तपस्या करते हैं और अधिकतर उस विद्या का हमें एक अंश भी प्राप्त नहीं होता। आजकल विदेशों में योग का महत्व बहुत बढ़ रहा है। हर किसी को पावर योग करना है और अपनी अंदरूनी शक्ति को जगाना है। पर क्या आपको पता है कि यह योग इन वेदों से ही प्राप्त हुआ है? योग के बारे में एवं योग के फायदे और चक्रों के बारे में पुराणों में साफ-साफ और सरल शब्दों में लिखा गया है।

“वेद ईश्वरीय ज्ञान है। यह ज्ञान सृष्टि के आरम्भ में मानवमात्र के कल्याण के लिए दिया गया था। वेद वैदिक-संस्कृति के मूलाधार हैं। वे शिक्षाओं के आगार और ज्ञान के भण्डार हैं। वेद संसार रूपी सागर से पार उतरने के लिए नौकारूप है। वेद में मनुष्य जीवन की सभी प्रमुख समस्याओं का समाधान है। वेद सांसारिक तापों से सन्तप्त लोगों के लिए शीतल प्रलेप है, अज्ञानान्धकार में पड़े हुए मनुष्यों के लिए वे प्रकाश स्तम्भ हैं, भूले-भटके लोगों को वे सन्मार्ग दिखाते हैं, निराशा के सागर में डूबने वालों के लिए वे आशा की किरण हैं, शोक से पीड़ित लोगों को वे आनन्द एवं उल्लास का सन्देश प्रदान करते हैं, पथभ्रष्टों को कर्तव्य का ज्ञान प्रदान करते हैं, अध्यात्मपथ के पथिकों को प्रभु-प्राप्ति के साधनों का उपदेश देते हैं। संक्षेप में वेद अमूल्य रत्नों के भण्डार हैं।” इसीलिए इन वेदों के बारे में भूल जाना ठीक नहीं है, इनके बारे में पढ़ना, उन्हें समझना और इन से शिक्षा लेकर अपनी विद्या का भण्डार बढ़ाना ही मोक्ष का एकमात्र रास्ता है।

स्वर्णिम पाठक

11 ब

# आज के युग में राम के नैतिक मूल्यों का पतन



**“रघुकुल रीति सदा चलि आई।  
प्राण जाई पर वचन न जाई” ।।**

भगवान राम को मर्यादा पुरुषोत्तम कहा जाता है, क्योंकि उन्होंने कभी भी, कहीं भी, जीवन में मर्यादा का उल्लंघन नहीं किया। माता, पिता और गुरु की आज्ञा का पालन करते हुए अपना राजपाट और ऐश्वर्य भरा जीवन त्याग कर वन में रहने चले गए। असल में पूरी रामायण ही मानव समाज के लिए वरदान है। यहाँ ऐसे भाई लक्ष्मण की कहानी है जो अपना परिवार छोड़कर अपने भाई व भाभी की सेवा करने के लिए वन को चले गये थे, ऐसे सतपुरुष भरत, जहाँ पाप भी जिसकी सोच की सीमा से बाहर खड़ा होकर प्रणाम करता है न कि भाई यहाँ नहीं जा सकता, मगर आज के समय में हम राम को तो मानते हैं पर राम की नहीं मानते।

**“राम को आदर्श मानते हैं पर राम के आदर्श नहीं मानते”**

इस आधुनिकता की दौड़ में हम आगे निकलते जा रहे हैं, परन्तु हमारे नैतिक मूल्यों का बहुत पतन हो रहा है, नैतिक मूल्यों का पतन इसलिए हो रहा है क्योंकि

आज काम, क्रोध, लोभ, अहंकार अपनी चरम सीमा पर पहुँच गया है। रामायण में जो हमें अपने गुरुजनों, माता-पिता व बड़े बुजुर्गों का आदर करना सिखाया, वे आज का समाज भूल गया है। ऐसी बहुत खबरें आती हैं, जहाँ बच्चे ही अपने माता-पिता और गुरुजनों के खून के प्यासे बन गये हैं।

इस पतन को रोकने का एक ही उपाय है— प्रेम से बोलना, अपनी वाणी में मधुरता लाना और सबसे जरूरी बच्चों को धर्म के प्रति जागरूक करना, हमें कभी भी अपनी जड़ों को नहीं भूलना चाहिए।

पहले के समय दादा-दादी, बच्चों को रामायण, महाभारत आदि की अलग-अलग कहानियाँ सुनाते थे, जिसके कारण उनमें बचपन से ही नैतिक मूल्यों की भावना जागृति हो जाती थी। आज के समय में भी इस परम्परा को जीवित रखने की जरूरत है, क्योंकि नैतिक मूल्य ही समाज, राष्ट्र व मानवता का निर्माण करते हैं।

**आशुतोष तिवारी**

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**क्रूरता का उत्तर क्रूरता से देने का अर्थ अपने नैतिक व बौद्धिक पतन को स्वीकार करना है।**

**~महात्मा गांधी**



# राम मन्दिर, अयोध्या: भारतीय सांस्कृतिक एवं धार्मिक धरोहर का प्रतीक

राम मन्दिर अयोध्या का निर्माण एक ऐतिहासिक घटना है। कई वर्षों से मन्दिर का निर्माण चल रहा है क्योंकि यह हिन्दुओं के लिए एक पवित्र स्थान है। भारत के लिए अयोध्या में राम मन्दिर का निर्माण एक महत्वपूर्ण कदम है और यह सद्भाव और एकता को बढ़ावा देगा।

राम मन्दिर का निर्माण बहुत लम्बा और मुश्किल था। इसे कई चुनौतियों का सामना करना पड़ा, लेकिन अंततः यह पूरा हुआ। भारत के प्रधानमंत्री नरेन्द्र मोदी ने 9 अगस्त 2020 को मन्दिर का शिलान्यास किया। जिसकी 2023 में पूरी होनी की उम्मीद है।

अयोध्या में भव्य राम मन्दिर है। भगवान राम को यह मन्दिर समर्पित है। लाल पत्थर से बना मन्दिर सुन्दर है। मन्दिर में भगवान राम की विशाल मूर्ति है। मन्दिर के आसपास कई अन्य मन्दिर भी हैं।

अयोध्या में राम मन्दिर एक महत्वपूर्ण पर्यटन स्थल है। हर साल लाखों लोग मन्दिर जाते हैं। मन्दिर भारत में एकता और सद्भाव को बढ़ाता है।

लम्बे समय से अयोध्या में राम मन्दिर का निर्माण विवाद में था। 1992 में अयोध्या में एक सुन्दर मन्दिर बनाने की मांग शुरू हुई। आंदोलन के दौरान एक मस्जिद गिरा दी गई और मन्दिर बनाने की मांग की गई।

सुप्रीम कोर्ट ने 2010 में अयोध्या में राम मन्दिर बनाने के लिए एक ट्रस्ट बनाने का आदेश दिया। जब ट्रस्ट बना तभी मन्दिर का निर्माण शुरू हुआ।

अयोध्या में राम मन्दिर का निर्माण एक ऐतिहासिक घटना है। कई वर्षों से मन्दिर का निर्माण चल रहा है क्योंकि यह हिन्दुओं के लिए एक पवित्र स्थान है। भारत के लिए अयोध्या में राम मन्दिर का निर्माण एक महत्वपूर्ण कदम है एवं यह सद्भाव और एकता को बढ़ावा देगा।

अक्षित मौलेखी

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# पर्यावरण संरक्षण एक वैश्विक चुनौती

हमारे आस-पास की सभी चीजें पर्यावरण हैं। इसमें सभी सजीव प्राणी, जीव-जन्तु, पेड़-पौधे आदि सम्मिलित हैं। साफ पर्यावरण सभी जीवों के अस्तित्व के लिए आवश्यक है। स्वस्थ और सम्पूर्ण जीव का मूल पर्यावरण ही है। पर्यावरण व्यापक रूप से पृथ्वी और इसके संसाधनों का ही एक अंग है।

पर्यावरण को प्रभावित करने वाले कई कारकों में से प्रमुख हैं : ग्लोबल वार्मिंग, वृक्षों का पातन, कूड़ा उत्सर्जन आदि।

**ग्लोबल वार्मिंग :** ग्रीन हाउस गैसों के उत्सर्जन के कारण वायुमंडल की निचली सतह के धीरे-धीरे गर्म होने के साथ पृथ्वी की सतह 33° ज्यादा गर्म हो जाती है जो मानव अस्तित्व के लिए खतरनाक है जिसे केवल प्राकृतिक तंत्र के द्वारा सन्तुलित नहीं किया जा सकता। इसके पीछे मानव जनित कारक जैसे वृक्षों का पातन, जीवाश्म ईंधनों के जलने आदि से इसमें साल दर साल अभूतपूर्व बढ़ोत्तरी होती जा रही है।

तत्पश्चात, पेड़ वायुमण्डल से कार्बन डाई ऑक्साइड को पुनः प्राप्त करके उसे जमा कर लेते हैं। किन्तु जब पेड़ गिराए जाते हैं तो वही कार्बन-डाई ऑक्साइड वापस वायुमण्डल में जाकर ग्रीन हाउस गैसों जैसे: मिथेन, नाइट्रोजन ऑक्साइड, हवा में घुली अन्य जहरीली और हानिकारक गैसों, जल वाष्प क्लोरोफ्लूरो कार्बन के साथ मिश्रित होकर ग्लोबल वार्मिंग को बढ़ा देती है। इन सबमें सबसे ज्यादा घातक जल वाष्प है। इसका एक प्रमुख कारण वैश्विक औद्योगिक क्रान्ति भी है।

ग्लोबल वार्मिंग के परिणाम स्वरूप समुद्र की सतह बढ़ जाती है जिससे बाढ़ एवं जलीय जीवों के लिए खतरा उत्पन्न होने के साथ ही सूखा, ओले, बवंडर और तूफान आदि भयानक आपदाएँ बढ़ जाती हैं। प्रतिवर्ष जलवायु में हो रहा परिवर्तन भी इसी का परिणाम है। इसे सन् 1824 में जोसेफ फूरियर के द्वारा प्रस्तावित किया गया और सन् 1896 में स्वान्ते आरहीनियस के द्वारा प्रथम बार जाँचा गया।

इस भयावह खतरे को रोकने के लिए जल्दी ही ठोस कदम उठाने की आवश्यकता है ताकि इससे उत्पन्न होने वाले नकारात्मक प्रभाव को कम किया जा सके।

सर्वप्रथम हमें कार्बन-डाई ऑक्साइड के अत्यधिक उत्सर्जन को कम करना होगा जो कि लगातार वनीकरण करने, जीवाश्म ईंधनों के प्रयोग को धीरे-धीरे घटाने, स्थापित वन क्षेत्रों को सुरक्षित और संरक्षित करने के साथ ही पर्यावरणीय प्रदूषण की व्यापक स्तर पर रोकथाम करने से ही संभव हो सकता है। सरकारों द्वारा पर्यावरण को प्रभावित करने वाली गतिविधियों में कमी लाई जानी चाहिए।

प्लास्टिक चाहे वह किसी भी रूप में हो, उसकी जगह जूट, कागज या कपड़े के थैलों के प्रयोग को कानूनी रूप से अनिवार्य बनाया जाना चाहिए। कूड़ा प्रबंधन को 3 R's पर आधारित बनाया जाय जिससे उसका पुनः उपयोग में कमी लाई जानी चाहिए। समय-समय पर स्वच्छ भारत अभियान जैसी गतिविधियाँ व्यापक स्तर पर चलाई जानी चाहिए। इलेक्ट्रॉनिक मीडिया द्वारा इन अभियानों का व्यापक प्रचार-प्रसार और अपने स्तर पर उपरोक्त को रोकने के लिए कठोर कानून बनाए जाने चाहिए।

अन्त में, जब जीवन हमारा, पर्यावरण हमारा तो फिर आइए हम सब पर्यावरण को साफ और हरा-भरा रखने का संकल्प दोहराएं, कम से कम, अपने अस्तित्व के लिए ही सही।

उत्कर्ष यादव

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# जीवन में मेरा उद्देश्य

## नारी

स्त्री पुरुष दोनों ही हैं, जग के आधार  
फिर क्यों समझा जाता है स्त्री को बेकार?  
जिसने दूसरों के लिए सब लुटाया  
उसे ही किसी ने न अपनाया।

कुछ प्राप्त करने की दृढ़ इच्छा ही उद्देश्य कहलाता है। यह निश्चित कार्यों को पूरा करने हेतु हमारे शरीर में निहित ऊर्जा को दिशा प्रदान करता है। लक्ष्य प्राप्ति की दिशा में उठाए गए कदमों को ही उद्देश्य कहते हैं।

हमारा जीवन ईश्वर का महानतम उपहार है, जिसे हमें किसी निश्चित प्रयोजन या उद्देश्य के साथ ही व्यतीत करना चाहिए।

वैसे भी उद्देश्य रहित जीवन कुछ वैसा ही है जैसे :—

**बिना पतवार का जहाज, बिना लक्ष्य का तीर,  
या फिर एक रेगिस्तान जहाँ फूलों का खिलना  
तक असम्भव है।**

भिन्न-भिन्न व्यक्तियों के उद्देश्य भी भिन्न-भिन्न होते हैं। मेरी तरह अन्य सभी विद्यार्थी हाईस्कूल स्तर पर आते-आते अपने शिक्षकों के मार्गदर्शन एवं माता-पिता की सलाह पर अपना एक लक्ष्य निर्धारित कर लेते हैं और पूरे मनोयोग से उसकी प्राप्ति के लिए आगे बढ़ते जाते हैं।

मेरे जीवन का भी एक पुनीत उद्देश्य है कि मैं एक इंजीनियर बनकर अपने देश के विकास में अपना योगदान दे सकूँ। मेरी गणित विषय के साथ ही विज्ञान विषयों में भी गहरी रुचि है। एक इंजीनियर अपने वैज्ञानिक ज्ञान से ही व्यवहारिक समस्याओं और मुद्दों को हल करता है।

इन्हीं बातों को ध्यान में रखकर मैंने यह लक्ष्य निर्धारित किया है, जिसे मैं अपनी लग्न, समर्पण दृढ़निश्चय से अवश्य प्राप्त करूँगा और उद्देश्य प्राप्ति के बाद अपने ज्ञान और कौशल से देश की सेवा करूँगा।

**उत्कर्ष यादव**

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जब से है स्त्री इस दुनिया में आई,  
दर-दर ठोकरें उसने खाई।  
चाहकर भी जो पढ़ न पाई  
करती रह गई साफ सफाई।

बेटी, बहु, कभी माँ बनकर,  
सबके ही सुख-दुःख को सहकर।  
अपने सब फर्ज निभाती है,  
तभी तो नारी कहलाती है।

अबला नहीं नारी है सबला,  
करती जो सबका भला।  
सम्मान फिर भी नहीं पाती है,  
क्योंकि वह एक नारी है?

खुशियों का संसार है नारी,  
प्रेम का सागर है नारी।  
हर आँगन की रोशनी है नारी,  
सूरज की दमकार है नारी,  
इस जगत का आधार है नारी।

**अलीशान हुसैन**

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# नारायण

सत्य का स्वरूप मैं, जगत का पालनहार हूँ  
साक्षी रही है यह धरा मेरे अवतारों की  
कभी मत्स्य, कभी वाराह बनकर  
हर बार मैंने इस धरा को बचाया है  
और कुर्म बन मैंने ही समुद्र मंथन कराया है।।

अनंत युगों से मैं ही राघव, मैं ही घनश्याम हूँ,  
अपने क्रोध से जो करे नाश बुराई का,  
मैं ही वो शिव भक्त परशुराम हूँ,  
त्रेता में मैंने ही राघव बन दशानन को मारा था,  
द्वापर में कान्हा बन रचाया मैंने ही महाभारत सारा था।।

कभी मर्यादा पुरुषोत्तम तो कभी नटखट बाल बना,  
धर्म स्थापना हेतु ही मैं अधर्मियों का काल बना,  
वामन रूप लेकर ही मैंने बलि को पाताल नरेश बनाया था  
प्रहलाद की ही भक्ति देख मैं नृसिंह बन कर आया था।  
और कैसे इच्छायें कारण बनती दुख का  
यह मानव जात को बताया है।।

कलियुग में कल्कि बनके वापिस अवश्य में आऊंगा,  
तू जानता नहीं कली मुझे  
तुझे सत्य से अवगत मैं कराऊंगा  
और कली काल के अंत में विजयी मैं कहलाऊंगा।।

नर के कर्मों का सारा लेखा जोखा है मैंने अपने पास लिखा,  
इस जन्म में या पुनर्जन्म में उसका परिणाम मिलना तय लिखा है।  
हिसाब करने मैं जब भी बैठा हूँ मैंने खुद को भी ना छोड़ा है,  
तभी बाली के मौत का परिणाम  
मैंने कृष्ण बन अपना देह जरा के बाणों से छोड़ा है।।

अक्षत सिंह पपोला

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# धरती हमारी नहीं है हम धरती के हैं

मानवता एक ऐसी श्रेणी है जिससे हम सब ताल्लुक रखते हैं। चाहे आदमी हो या औरत या फिर भले ही हम सब आपस में विभिन्न प्रकार की जातियों और धर्मों में बंटे हुए हों लेकिन मानवता की इस श्रेणी से हम सभी अच्छी तरह वाकिफ हैं। हम सब इस श्रेणी के नियमों का अच्छी तरह पालन करते हैं। यूँ तो आज इंसान कई तरह से विकास कर चुका है। आये दिन नये अविष्कार, नये फैसले, नयी रणनीतियाँ तथा विज्ञान, मनोरंजन और धनोपार्जन के नये-नये तरीकों और उल्लास के कारण भी हमारी श्रेणी के विकास की गति और तेज हो चुकी है। परन्तु आज भी हमारे मानवीय समाज में कई कुरीतियाँ मौजूद हैं जिन्हें हम सबको मिलकर जल्द से जल्द खत्म करने की आवश्यकता है।

इन्हीं कुरीतियों में से एक है हम सभी के द्वारा हमारी धरती को नुकसान पहुँचाना। मनुष्य एक ऐसा जीव है जो अपने फायदे के लिए कुछ भी कर सकता है। साथ ही वह किसी भी जानवर, जगह, यहाँ तक कि प्रकृति को भी नुकसान पहुँचाने से नहीं कतराता।

मनुष्य के लिए कहा जाता है कि वह एक ऐसा जीव है जो अपने फायदे और खुशी के सामने कुछ नहीं देखता। यही बात आज हमें अपने वातावरण में सच होते हुई नजर आ रही है। उदाहरण के तौर पर हम यह देख सकते हैं कि विज्ञान के अनुसार हमारी धरती से पचास से भी ज्यादा विभिन्न प्रकार के जानवरों की प्रजातियाँ मनुष्य के कारण आज विलुप्त हो चुकी हैं, जिसका हमारे वातावरण पर बेहद प्रभाव पड़ा है। इन्हीं विलुप्त प्रजातियों में से कुछ है – यात्री कबूतर, डोडा, तस्मानियाई, बाघ ऊनी विशालकाय हाथी आदि। साथ ही मनुष्य अपने लिए नई तरह की इमारतों, घरों और अन्य प्रकार की मानव निर्मित बहुत सारी अन्य वस्तुओं को बनाने के लिए पेड़ों को बहुत तेजी से काटकर और जंगलों को उजाड़ कर हमारी प्रकृति को बहुत ज्यादा नुकसान पहुँच रहा है। इससे मनुष्य खुद भी खतरनाक बीमारियों जैसे कैंसर का शिकार हो सकता है। साथ ही मनुष्य अपने घरों को साफ



रखने के लिए समुद्र व अन्य अलग-अलग प्राकृतिक जगहों पर कूड़ा फेंक कर उन्हें बेहद प्रदूषित बना रहा है। इन्हीं सब समस्याओं के कारण हमारी धरती का औसत तापमान दिन-प्रतिदिन बढ़ता ही जा रहा है जिसे वैज्ञानिकों ने 'ग्लोबल वार्मिंग' नाम दिया है। एक अनुमान के मुताबिक अगले दस सालों में मानव की जनसंख्या बढ़ने और जानवरों की जनसंख्या कम होने की बहुत ज्यादा संभावनाएं मौजूद हैं। साथ ही मनुष्य द्वारा प्रकृति को नुकसान पहुँचाने के कारण मनुष्य स्वयं को भी नुकसान पहुँचा रहा है।

अतः मनुष्य को यह कभी नहीं भूलना चाहिए कि यह धरती ही हमारे रहने लायक एक मात्र ग्रह है जिसकी सुरक्षा और सम्भालने की जिम्मेदारी हम सभी के कंधों पर है। अगर हम अपने आप के बारे में थोड़ा सोचना बंद करें, वातावरण के बचाव पर ज्यादा ध्यान दें तो यकीनन यह धरती रहने के लिए एक बेहतर जगह बन सकती है। यदि ऐसा नहीं हुआ तो इस धरती और मानवता दोनों का ही बहुत दर्दनाक अंत होगा जिसका ऐतिहासिक वर्णन भी नहीं हो पाएगा और मानव द्वारा ईश्वर निर्मित इस खूबसूरत दुनिया का भी विनाशकारी अंत होगा जिसकी कल्पना करना भी बहुत कठिन होगा।

हरगुन सिंह सेठी

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# शिक्षा का महत्व सपनों की ओर अग्रसर

किसी भी व्यक्ति की प्रथम पाठशाला उसका परिवार होता है और माँ को पहली गुरु कहा गया है। शिक्षा वो शस्त्र है, जिसकी सहायता से बड़ी से बड़ी कठिनाईयों का सामना किया जा सकता है। वह शिक्षा ही है जिस से हमें सही-गलत का भेद पता चलता है। शिक्षा पर अनेकों निबन्ध लिखे गये हैं, आगे और भी लिखे जायेंगे। इसकी अहमियत का अंदाजा इसी बात से लगाया जा सकता है कि एक वक्त की रोटी ना मिले तो चलेगा, परन्तु शिक्षा जरूर मिलनी चाहिए। शिक्षा पाना प्रत्येक इंसान का अधिकार है।

## शिक्षा का अर्थ—

शिक्षा शब्द संस्कृत के 'शिक्ष' शब्द से लिया गया है, जिसका अर्थ होता है सीखना या सिखाना। शिक्षा बहुत महत्वपूर्ण है जो हर किसी के जीवन में बहुत उपयोगी है।

## शिक्षा की परिभाषाएँ—

महात्मा गाँधी के अनुसार "सही शिक्षा वह है जो बच्चों के आध्यात्मिक, बौद्धिक और शारीरिक पहलुओं को उभारती है और प्रेरित करती है। इस तरीके से हम सार के रूप में कह सकते हैं कि शिक्षा का अर्थ सर्वांगीण विकास है"।

स्वामी विवेकानन्द के अनुसार "शिक्षा व्यक्ति में अन्तःनिहित पूर्णता की अभिव्यक्ति है"।

## शिक्षा का उद्देश्य—

शिक्षा का उद्देश्य केवल रोजगार प्राप्त करना नहीं है, बल्कि मानव का आध्यात्मिक, बौद्धिक और शारीरिक विकास है। शिक्षा एकमात्र ऐसा धन है जिसे एकबार अर्जित करने पर वह कभी खर्च नहीं होती बल्कि बढ़ती ही चली जाती है।

## उपसंहार—

शिक्षा इंसान को सफल बनाती है और उसे जीवन की चुनौतियों का सामना करने के लिए नियमित रूप से तैयार करती है। शिक्षा को सुलभ बनाने के लिए देश में शिक्षा के प्रति जागरूकता फैलाने की जरूरत है। सरकार की नई शिक्षा नीति को जल्द से जल्द सभी शिक्षा संस्थानों में लागू करना चाहिए।

हरगुन सिंह सेठी

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सुबह की पहली किरण,  
नई आशा का संदेश लाए।  
खुद को पाकर हर रोज,  
नए सपनों की ऊँचाइयों को छू जाए।

मुश्किलों का सामना करें,  
हिम्मत से और आत्मविश्वास से।  
जीवन के सफर में आगे बढ़ें,  
सपनों की ओर अग्रसर हो फिर से।

आसमान को छूने का सपना,  
मन में जगा कर चल पड़े।  
खुद को निरंतर प्रोत्साहित करें,  
और सपनों को हकीकत में पिघला दें।

जीवन की राहों में रुकावटें आएँ,  
मनोबल हमें हारने नहीं दें।  
सपनों के साथ आगे बढ़ते जाएँ,  
और अपने आप को साबित करते जाएँ।

सपनों का पीछा करते हुए,  
हर कदम पर नए मिलेंगे रास्ते।  
आगे बढ़ते जाएँगे जीवन के सफर में,  
और हर दर्द और मुश्किल को करेंगे पार।

सपनों का पूरा होगा सफर।  
हकीकत में जो बनाते हैं इसे  
संघर्षों से नहीं हारते हम कभी  
ये है हमारी आत्मा की आवश्यकता की परिपाटी।

मयंक रैक्वाल

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# जी 20 शिखर सम्मेलन

# काश थोड़ा पढ़ा होता

जी 20 सदस्यीय अंतर्राष्ट्रीय आर्थिक सहयोग का प्रमुख मंच है। जी 20 शिखर सम्मेलन में प्रतिनिधि के तौर पर 19 देशों के प्रतिनिधियों सहित एक यूरोपीय संघ शामिल होता है। जिसमें अर्जेंटीना, ऑस्ट्रेलिया, ब्राजील, कनाडा, चीन, यूरोपीय संघ, फ्रांस, जर्मनी, भारत, इंडोनेशिया, इटली, जापान, मैक्सिको, रूस, सऊदी अरब, दक्षिण अफ्रीका, दक्षिण कोरिया, तुर्की, यूनाइटेड किंगडम और संयुक्त राज्य अमेरिका सम्मिलित हैं। इनमें स्पेन एक स्थायी अतिथि है। यह शिखर सम्मेलन प्रति वर्ष आयोजित होता है। जी 20 समस्त मुख्य अंतर्राष्ट्रीय आर्थिक विषयों पर वैश्विक संरचना व अधिनियम निर्धारित करने व उसे सशक्त करने में महत्वपूर्ण अर्थव्यवस्थाओं को एक साथ लाता है।

भारत को 1 दिसम्बर 2022 से 30 नवम्बर 2023 तक जी 20 की अध्यक्षता करने का अवसर प्राप्त हुआ है। भारत में जी 20 की थीम 'वसुधैव कुटुम्बकम्' या एक पृथ्वी एक कुटुम्ब, एक भविष्य है। जहाँ तक वैश्विक मुद्दों का विषय है, यह शिखर सम्मेलन जलवायु परिवर्तन और असमानता को संबोधित करने का सर्वोत्तम मंच है। भारत को इसमें आर्थिक विकास, रोजगार सृजन, हरित अर्थव्यवस्था, ग्रीनहाउस गैस उत्सर्जन न्यूनीकरण पर संवाद व इनका समाधान खोजना है। उत्तराखण्ड के रामनगर में आयोजित की गई जी 20 की पहली बैठक में व्यापक आर्थिक मुद्दों, सतत विकास, स्वास्थ्य, कृषि, ऊर्जा, पर्यावरण, जलवायु परिवर्तन और भ्रष्टाचार विरोधी सहित अपने एजेंडे पर ध्यान आकर्षित किया गया।

अद्वैत तिवारी

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अच्छा खासा चल रहा था जीवन,  
कि परीक्षा शुरू हो गई।  
नम्बर लाने की लालसा में,  
पढ़ने की इच्छा जागृत हो गई।।

रटने के लिए या नकल करने के लिए,  
मेहनत करनी पड़ेगी कड़ी।  
अब निकलेगी बाहर किताबें,  
जो थी कहीं धूल में पड़ी।।

सोचा था हम खूब पढ़ेंगे,  
रात और दिन एक करेंगे।  
परन्तु आदत से हम मजबूर,  
मोबाइल की लत का क्या करेंगे।।

जैसे ही हम पुस्तक खोलें,  
फोन अपनी ओर बुलाए।  
लत और जिम्मेदारी के मध्य,  
भावनाएं हमको यूं झुलाएं।।

चलते-चलते, खाते-खाते,  
फार्मुले सारे रट डाले।  
पर प्रश्न पुस्तिका देखते ही,  
पास होने के भी पड़ गए लाले।।

अब हो रहा है घोर पछतावा,  
काश कक्षा में दिया होता थोड़ा ध्यान।  
सोच और क्षमता में वृद्धि होती,  
और बढ़ जाता थोड़ा ज्ञान।।

यथार्थ जोशी

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# विद्यालय में खेल दिवस

खेल एक आकर्षक चीज है जिसे हर कोई प्यार करता है और खेल दिवस एक ऐसा दिन है जिसका हर कोई आनन्द लेता है क्योंकि लगभग हर कोई खेलों में भाग लेता है। स्कूल में जो इन विभिन्न खेलों में भाग नहीं लेते हैं, वे मेरी तरह अभ्यास और नृत्य करते हैं। मैंने ड्रिल में भाग लिया। मैं आपको इसके बारे में बताऊंगा यह हमारा 131वाँ वार्षिक खेल दिवस था और इसमें हमारे साथ कई स्कूल शामिल हुए थे, लड़कियों की इण्टर हाउस रिले के बाद लड़कों की भी प्रारम्भ हुई। सभी वास्तव में रोमांचित थे लेकिन सबसे मजेदार बात यह थी कि रिले के दौरान एक लड़की दो बार गिर गई।

हमारे पास विभिन्न डिवीजनों के एथलेटिक्स थे, एक और चीज जो मुझे पसन्द है, वह है हमारे स्कूल में हाउसों के बीच प्रतिस्पर्धा, हमारे पास 4 हाउस हैं गाँधी, पंत, टैगोर, नेहरू। टैगोर लाल रंग की जरसी, पन्त हरे रंग की जरसी, गाँधी नीले रंग की जरसी, नेहरू पीले रंग की जरसी पहनते हैं। खेल-कूद में एक दूसरे के खिलाफ कड़ी प्रतिस्पर्धा है जो देखने में मजेदार है इसलिए हमारे पास खेल ओ, ए, बी, सी, डी, के लिए विभिन्न प्रभाग हैं। इस साल टैगोर ने जीत हासिल की, यह टैगोर और गाँधी के बीच एक कठिन लड़ाई थी, लेकिन गाँधी कम से कम रिले शील्ड जीता। हमारे पास स्कूल में विजेताओं के लिए विभिन्न शील्ड हैं जो रिले, मार्चिंग और कौक हाउस के विजेताओं को दिये जाते हैं।

कौक हाउस में एथलेटिक्स जैसे दौड़ना, ऊंची कूद, लंबी छलांग, शॉट पुट की चर्चा होती है।

मेरे स्कूल के वार्षिक दिवस में यह उन दिनों में से एक है जिसे मैं सबसे ज्यादा पसन्द करता हूँ क्योंकि दौड़ देखना वास्तव में रोमांचक है और यह देखना है कि कौन सा हाउस जीतता है, यह सब खेल दिवस के बारे में है। हजारों लोगों के सामने प्रदर्शन करने के लिए खेल दिवस भी वास्तव में एक शानदार अनुभव है जो वास्तव में रोमांचक है।

वेदांग पाठक

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# विद्यालय का वार्षिकोत्सव

सैण्ट जोजफ कॉलेज नैनीताल का 133वाँ वार्षिकोत्सव 20 मई, 2023 को हर्षोल्लास के साथ मनाया गया। प्रातः 9:00 बजे कार्यक्रम का प्रारम्भ विद्यालय के मुख्य प्रांगण में हुआ। प्रधानाचार्य महोदय द्वारा मुख्य अतिथि, विशिष्ट अतिथियों एवं अभिभावकों का स्वागत किया गया।

कार्यक्रम के प्रारम्भ में कॉलेज कैप्टन के नेतृत्व में विभिन्न हाउसों जिसमें टैगोर, गाँधी, पन्त, नेहरू द्वारा मार्च पास्ट किया गया। तत्पश्चात् ट्रैक और फील्ड से सम्बन्धित प्रतियोगिताओं का आयोजन किया गया, जिसमें 100 मीटर रेस, 4 X 100 मीटर रेस आदि प्रमुख प्रतिस्पर्धाएँ रहीं। इन्हें न सिर्फ विद्यालय के स्तर पर खेला गया बल्कि इनका आयोजन अन्तरविद्यालय स्तर पर भी किया गया। प्रत्येक प्रतिस्पर्धा के पश्चात् विजेताओं का सम्मान किया गया और उन्हें पदक वितरित किये गये।

कक्षा 9 से 12 तक के विद्यार्थियों द्वारा प्रस्तुत नृत्य 'महिला सशक्तिकरण' पर आधारित प्रस्तुत किया गया। कक्षा 6, 7 एवं 8 द्वारा प्रस्तुत नृत्य कुमाऊँ लोक संगीत एवं कला से सम्बन्धित रहा। कक्षा 4 एवं 5 द्वारा डिस्क के साथ शारीरिक व्यायाम का प्रदर्शन अद्भुत रहा। कक्षा 1, 2 एवं 3 द्वारा डम्बल के साथ शारीरिक व्यायाम का प्रदर्शन किया गया।

स्कूल के वर्तमान एवं पूर्व छात्रों के मध्य रस्सी खींच प्रतियोगिता विशेष आकर्षण का केन्द्र रहा, जिसमें पूर्व छात्रों को विजयी घोषित किया गया। सम्पूर्ण प्रदर्शन के आधार पर टैगोर हाउस को विजेता ट्रॉफी प्रदान की गई।

कार्यक्रम के अन्त में स्कूल के वर्तमान एवं पूर्व छात्रों द्वारा मार्च पास्ट किया गया मुख्य अतिथि के सम्बोधन के पश्चात् स्कूल गान एवं राष्ट्रीय गान के साथ ही समारोह का कुछ यादगार लम्हों के साथ समापन किया गया।

श्लोक पाण्डे

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# मेरे विद्यालय में स्वच्छता अभियान



स्वच्छता पर्यावरण का एक अभिन्न अंग है, जिस पर भविष्य एवं वर्तमान निर्भर करता है, स्वच्छता के प्रति जहाँ सरकार गम्भीर है वहीं दूसरी ओर जनता को भी जागरूक होना पड़ेगा, 25 नवम्बर को केन्द्रीय मंत्री श्रीमती स्मृति ईरानी ने स्वच्छ भारत, स्वच्छ विद्यालय अभियान का उद्घाटन किया। हम और हमारे जीवन में स्वच्छता का विशेष महत्व होता है, प्रत्येक विद्यार्थी का जीवन अधिकतर विद्यालय में ही व्यतीत होता है इसलिए प्रत्येक छात्रा-छात्राओं, शिक्षकों व कर्मचारियों का कर्तव्य बनता है कि वे विद्यालय में साफ सफाई का विशेष ध्यान रखें।

1. विद्यालय में गंदगी, कूड़ा करकट इत्यादि को नहीं फैलायें। विद्यालय के खेल के मैदान में व कक्षाओं में कूड़ा कूड़ेदान में डालना चाहिए।
2. शौचालय इत्यादि की भी विशेष रूप से साफ सफाई करनी चाहिए ताकि हमें कोई बीमारी, कोई रोग न हो।
3. प्रत्येक विद्यालय में कूड़ादान होना जरूरी है, ताकि सभी छात्र-छात्राएं उसका उपयोग कर सकें।
4. सफाई से तात्पर्य कूड़ा-करकट से ही नहीं होता बल्कि अन्य और चीजें भी होती हैं, जैसे- पानी की टंकी भी है जो विद्यालय में होती है, उनकी भी नियमित सफाई करनी चाहिए।
5. प्रत्येक विद्यालयों में साल में एक बार पुताई का कार्य अवश्य होना चाहिए। समय-समय पर विद्यार्थियों को स्वच्छता के प्रति जागरूक करना चाहिए साथ ही साथ विद्यालयों में प्रतियोगिता का आयोजन कर स्वच्छता के प्रति संदेश देना चाहिए। जिससे हर व्यक्ति को स्वच्छता के प्रति और अधिक प्रेरणा मिल सके।

7 नवम्बर, 2022 को हमारे शहर और विद्यालय में स्वच्छता का कार्य किया, जिसमें हमारे अध्यापकों द्वारा विशेष दल बनाया गया। छात्रों ने जिसमें बड़ी व छोटी कक्षाओं के बच्चों ने अपना विशेष योगदान दिया। जहाँ छोटे बच्चों ने विद्यालय के भीतर परिसर में स्वच्छता का कार्य किया, वहीं सीनियर कक्षा के बच्चों ने विद्यालय के बाहरी क्षेत्र जैसे राजभवन के आसपास के क्षेत्र, सैन्टमैरी विद्यालय, आचारपाटा रोड, जिलाधिकारी कार्यालय के पास के क्षेत्र में स्वच्छता का कार्य किया और बहुत सारे कूड़ा करकट को बड़े-बड़े थैलों में भरकर उस कूड़े को एक स्थान पर इकट्ठा किया जिसे नगर पालिका द्वारा उठाकर विशेष स्थान पर उसका निस्तारण कर लिया गया।

आरुष सिंह बिष्ट

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# मेरे विद्यालय में स्वच्छता अभियान 2022

स्वच्छता सभी के लिये बहुत आवश्यक है फिर वह स्वयं की स्वच्छता हो या अपने आस-पास, घर व हमारे विद्यालय की हो। हम सभी को स्वच्छ वातावरण में रहना अच्छा लगता है। गंदगी व्यक्ति को शारीरिक और मानसिक दोनों रूप से बीमार करती है।

यहाँ बात मेरे विद्यालय की स्वच्छता की है जिसका हम सभी लोग ध्यान रखते हैं क्योंकि विद्यालय में हम ज्यादातर समय बिताते हैं और विद्यालय ज्ञान का मन्दिर है। विद्यालय साफ रहेगा तो विद्यालय में जाने को मन करेगा और विद्यालय में पढ़ाई में मन लगेगा। वर्ष 2022 में हमने अपने विद्यालय को स्वच्छ बनाने के लिए अपना-अपना योगदान दिया। सभी ने मिलकर हमारे विद्यालय की सफाई की, जिसमें हमारे अध्यापकों ने भी सहयोग किया और हम सभी ने मिलकर अलग-अलग प्रजाति के पेड़ पौधे लगाये।

बच्चों और अध्यापकों ने मिलकर दीवारों पर पेन्टिंग की। फील्ड से घास निकाली। फील्ड का कूड़ा उठाया।

स्वच्छता अभियान चलाने के बाद हमारा विद्यालय और भी सुन्दर और स्वच्छ हो गया है।

अथर्व बिष्ट

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# मेरी पुस्तकालय कक्षा

पुस्तकालय का अर्थ होता है पुस्तकों का घर। पुस्तकालय ज्ञान का स्रोत होता है, जहाँ विभिन्न प्रकार की पुस्तकें, ऐतिहासिक पुस्तकें, मनोरंजक पुस्तकें, ज्ञानवर्धक पुस्तकें, जीवनी इत्यादि हैं।

मेरे विद्यालय में भी एक बहुत बड़ा पुस्तकालय है। जब हमारी लाइब्रेरी क्लास होती है तब लाइब्रेरी मिस हमें वहाँ ले जाती हैं और नई-नई अच्छी-अच्छी पुस्तकें पढ़ने को देती हैं। मुझे पुस्तकें पढ़ना बहुत अच्छा लगता है। पुस्तकालय में शोर करना मना होता है जिससे किसी पाठक को परेशानी न हो। पुस्तकालय की ज्ञानवर्धक पुस्तकों से हमें बहुत कुछ सीखने को मिलता है इसीलिए पुस्तकालय कक्षा मेरी प्रिय कक्षा है। हमें खाली समय में पुस्तकालय जरूर जाना चाहिए और एक अच्छी सी पुस्तक पढ़ कर ज्ञान अर्जित करना चाहिए।

बनीत दीक्षित

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# मेरा विद्यालय

मेरे विद्यालय का नाम सेंट जोज़फ कॉलेज है जो उत्तराखण्ड के कुमाऊँ मण्डल के नैनीताल जिले में स्थित है। इसकी स्थापना सन् 1888 में की गई थी। मेरे विद्यालय में कक्षा एक से कक्षा बारह तक की कक्षाएँ हैं जिसमें से मैं कक्षा चार 'अ' का छात्र हूँ। विद्यालय में अनेक अध्यापिकाएँ एवं अध्यापक हैं जो परिश्रमी एवं अनुशासन प्रिय हैं। जब मैंने कक्षा एक में विद्यालय में प्रवेश लिया तो उस समय कोरोना काल चल रहा था।

मैंने कक्षा दो घर बैठकर पूर्ण किया जिसमें शिक्षकों ने ऑन लाइन कक्षा लेकर हमारा मार्ग दर्शन कराया, जब कक्षा तीन में कक्षाएँ पुनः संचालित हुईं तो कक्षा तीन से लेकर कक्षा चार तक के सफर में इस विद्यालय से मैं बहुत कुछ सीख रहा हूँ। मेरे विद्यालय के प्रधानाचार्य के सफल नेतृत्व एवं शिक्षकों की कड़ी मेहनत के कारण आज हमारा विद्यालय उत्तराखण्ड राज्य का सर्वोत्तम विद्यालय है। यहाँ पढ़ाई के साथ-साथ खेल-कूद व कला आदि पर ध्यान दिया जाता है। 20 मई 2023 को विद्यालय का वार्षिकोत्सव बहुत हर्ष एवं उल्लास के साथ मनाया गया जिसमें टैगोर हाउस विजता रहा तथा गाँधी हाउस को उपविजेता की ट्रॉफी दी गई। मुझे मेरा विद्यालय अत्यधिक प्रिय है। मैं अपने आप को बहुत भाग्यशाली मानता हूँ कि मुझे ऐसे विद्यालय में पढ़ने का सौभाग्य प्राप्त हुआ इसका पूरा श्रेय मैं अपने माता-पिता एवं गुरुजनों को देता हूँ।

**भूमिक सिंह बिष्ट**

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# मेरी माँ



मेरी माँ है कितनी प्यारी  
बातें सिखाती कितनी सारी  
बोलना चलना मुझे सिखाती  
हर पल मेरा साथ निभाती  
घर पर मुझको रोज पढ़ाती  
कहानी सुनकर मुझे सुलाती  
जब मुझे घुमाने ले जाती  
आइसक्रीम चॉकलेट मुझे खिलाती  
दुनिया में है सबसे न्यायी  
मेरी माँ है कितनी प्यारी

**भव्य काण्डपाल**

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# मेरी पहली गुरु मेरी माँ

बचपन से पकड़ा हाथ,  
हमेशा दिया मेरा साथ।  
जिसने दिखाई सच्चाई की राह,  
वो है पहली गुरु मेरी माँ।  
मेरी खुशी में उनकी खुशी,  
जब मैं उदास तब वो भी दुखी।  
नाम रोशन करुं उनका,  
बस यही मेरी चाह।  
आखिर वो है,  
पहली गुरु मेरी माँ।

**भव्य काण्डपाल**

2 ब



# ACHIEVERS AT SEM



94.50%



93.75%



95.75%



93.50%



93.25%

I.S.C.  
TOPPERS



# ACHIEVERS AT SEM



ABHINAV PANT



ADITYA SUYAL



DIVYANSH BHANDARI



KARTIKEY KAIRA



DEVANSH SHARMA

I.S.C.  
TOPPERS



## CLASS - 1 A



1

Yaksh Bhakuni



2

Ahaan Tiwari



3

Aarush Bhandari

## CLASS - 1 B



1

Aarav Kumar



2

Anugrah Shah



3

Riyansh Babulkar

## CLASS - 2 A



1

Tanmay Tewari



2

Divit Barthwal



3

Bhavesh Upadhyay

## CLASS - 2 B



1

Vedansh Joshi



2

Ranveer Singh Thapa



3

Prajjwal Aswal



## CLASS - 3 A



1

Mrityunjay Bhatt



2

Ridit Naithani



3

Syed Awaan Aleem

## CLASS - 3 B



1

Agastya Dhiman



2

Jayvardhan Bhatt



3

Pehlaj Joshi

## CLASS - 4 A



1

Aarav Sah



2

Aarav Bisht



3

Sarthak Kanwal

## CLASS - 4 B



1

Rudra Singh Rawat



2

Dhiman Rautela



3

Divyansh Singh Bisht



## CLASS - 5 A



**1** Gurman Singh



**2** Yashraj Arun Mehra



**3** Rana Abhijaap Singh

## CLASS - 5 B



**1** Advik Nayal



**2** Aaditya Joshi



**3** Divyanshu Upadhyay

## CLASS - 6 A



**1** Ayan Dutta



**2** Vedansh Budhori



**3** Mrityunjay Pratap Singh

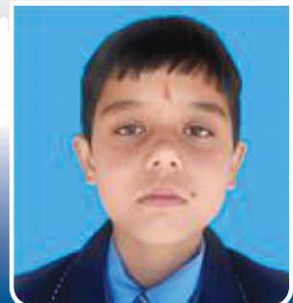
## CLASS - 6 B



**1** Chirag Dalakoti



**2** Deepanshu Bisht



**3** Ayushmaan Kandpal



# ACADEMIC ACHIEVERS 2023

## CLASS - 7 A



1

Hardik Pant



2

Shaurya Pandey



3

Taranveer Singh

## CLASS - 7 B



1

Pranav Prakhar Pande



2

Karnik Pathak



3

Kyan Ahuja

## CLASS - 7 C



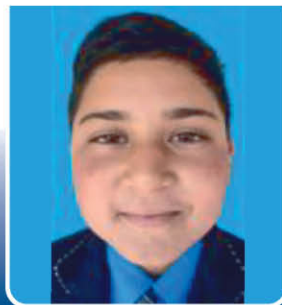
1

Sandarbh Agarwal



2

Akshaj Agarwal



3

Samanway Pratap Singh





## CLASS - 8 A



1

Kabeer Khatoliya



2

Akshat Shah



3

Shashwat Kumar

## CLASS - 8 B



1

Arunabh Gangola



2

Shaurya Veer Sati



3

Aviral Bharadwaj

## CLASS - 9 A



1

Nabhya Dalmia



2

Ranveer Singh Mehra



3

Ranvijay Singh Mehra

## CLASS - 9 B



1

Akash Hyanki



2

Rahul Bhatt



3

Malay Rawat



## CLASS - 10 A



1

Raghav Agarwal



2

Akarsh Mishra



3

Parth Khandelwal

## CLASS - 10 B



1

Vipul Joshi



2

Dhananjay Bisht



3

Utkarsh Yadav

## CLASS - 11 A



1

Abhinav Pant



2

Divyansh Bhandari



3

Mayank Bisht

## CLASS - 11 B



1

Krishiv



2

Madhav Vasishtha



3

Shivansh Sah Gangola



# ACADEMIC ACHIEVERS 2023

## CLASS - 12 A



1

Rajat Joshi



2

Ritik Joshi



3

Bhaskar Upreti

## CLASS - 12 B



1

Bryan Henderson



2

Aditya Sah



3

Anurag Kumar Gautam







# St. Joseph's College

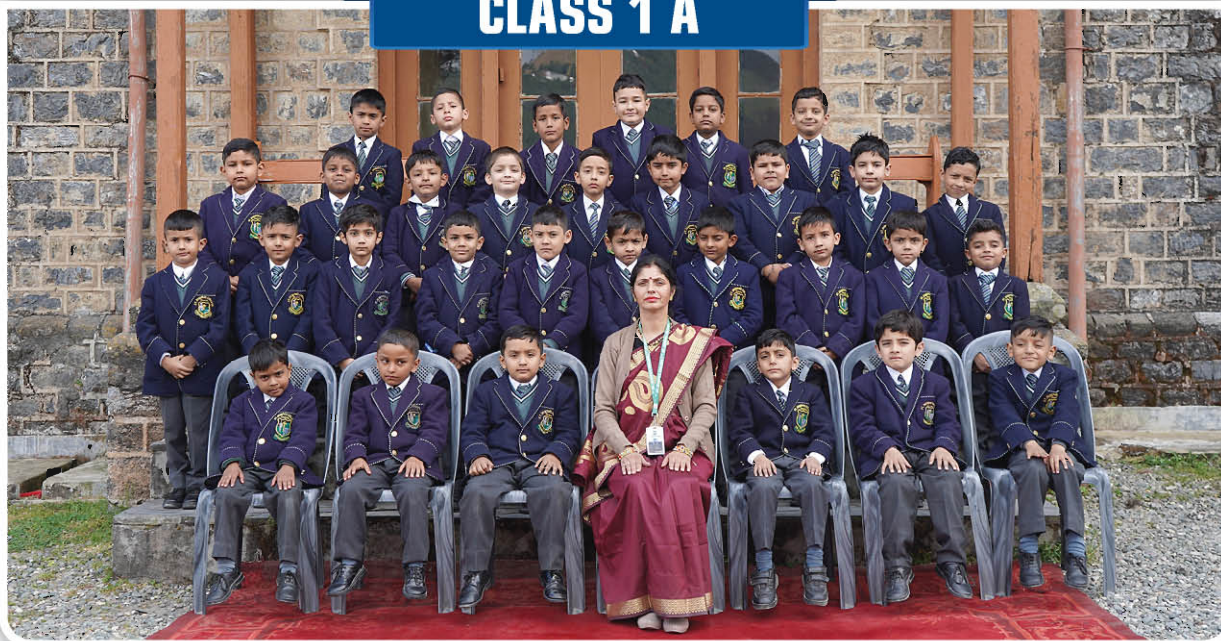
## Nainital



*Groups* 2023

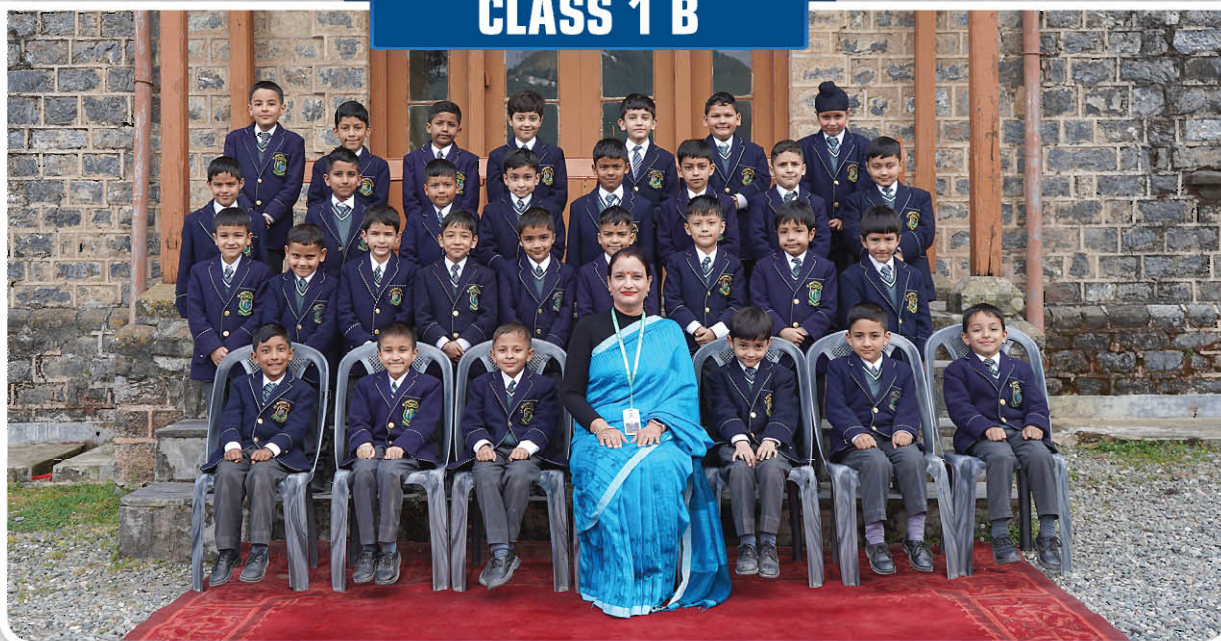


## CLASS 1 A



- (L. to R.) Seated : Mohammad Aalim, Bhawin Joshi, Sarthak Sah, Mrs. Tanuja Arya (Class Teacher), Aahil Ahmed, Abbas Siddiqui, Kritharth Sah.
- Standing Row 1 : Yashvardhan Sah, Avighnam Singh, Mohammad Arhaan, Shaurya Kumar, Lakshya Nagarkoti, Manan Bisht, Ahaan Tiwari, Hardik Arya, Mohammad Ammar Siddiqui, Hammad Ahmad.
- Standing Row 2 : Aarav Pal, Roshan Gunti, Yogesh Singh Dhami, Mahadev Sah, Raghav Joshi, Yaksh Bhakuni, Shashwat Pant, Aatmaj Chaudhary, Dev Rastogi.
- Standing Row 3 : Aarush Bhandari, Lakshya Bisht, Maulik Bisht, Kunal Bisht, Aatif Ahmed Siddiqui, Viaan Jethi.
- Absent : Bilal Ali, Mohd. Talha, Rudransh Kumar Arya.

## CLASS 1 B



- (L. to R.) Seated : Parth Murutoliya, Yathart S. Rawat, Manik Shaurya Pandey, Mrs. Neetu Sah (Class Teacher), Rushank P.S. Sijwali, Yug Singh Khati, Naitik Bisht.
- Standing Row 1 : Yavaansh S. Rawat, Ayushmaan Kargeti, Advik Verma, Nivid Bisht, Manas Singh Kapkoti, Ashwin Kunjwal, Bhargav Kumar, Daniyal Sikandar, Kunj Singh Adhikari.
- Standing Row 2 : Aarav Sharma, Abhay Prajapati, Samarth Singh Bisht, Aarav Kumar, Hridaan Bhatt, Naivedya Chandra, Adyaan Hussain Siddiqui, Anugrah Shah.
- Standing Row 3 : Chandradeep Bisht, Divyam Bisht, Aarush Kanojia, Riyansh Babulkar, Vansh Mehra, Kartik Ranjan, Bhumeet Singh Virdi.
- Absent : Satvik Shahi, Veer Arunoday Singh, Vijitendriya Singh Tomar.



## CLASS 2 A



- (L. to R.) Seated : Yukt Sah, Mohammad Hadeed, Divyansh Singh Bisht, Ms. M. Da Costa (Class Teacher), Akshat, Sanidhya Negi, Riyansh Baramtory.
- Standing Row 1 : Nipun Pathak, Praveer Gururani, Aksh Chamyal, Geet Chandra, Achintya Uphadhyay, Janmay Tewari, Devansh Aryan, Krishna Mohan Singh Darmwal, Tanmay Rathour.
- Standing Row 2 : Abdul Subhan, Ranvijay Rautela, Aryaman Gangola, Umar Siddiqui, Bhavesh Upadhyay, Manan Singh Bisht, Devaarsb Bisht, Mohd. Mihran Shah.
- Standing Row 3 : Yashashvi Shah, Divit Barthwal, Aaditya Parihar, Chitanya Tiwari, Mantra Chaudhary, Aditya Joshi, Shourya.

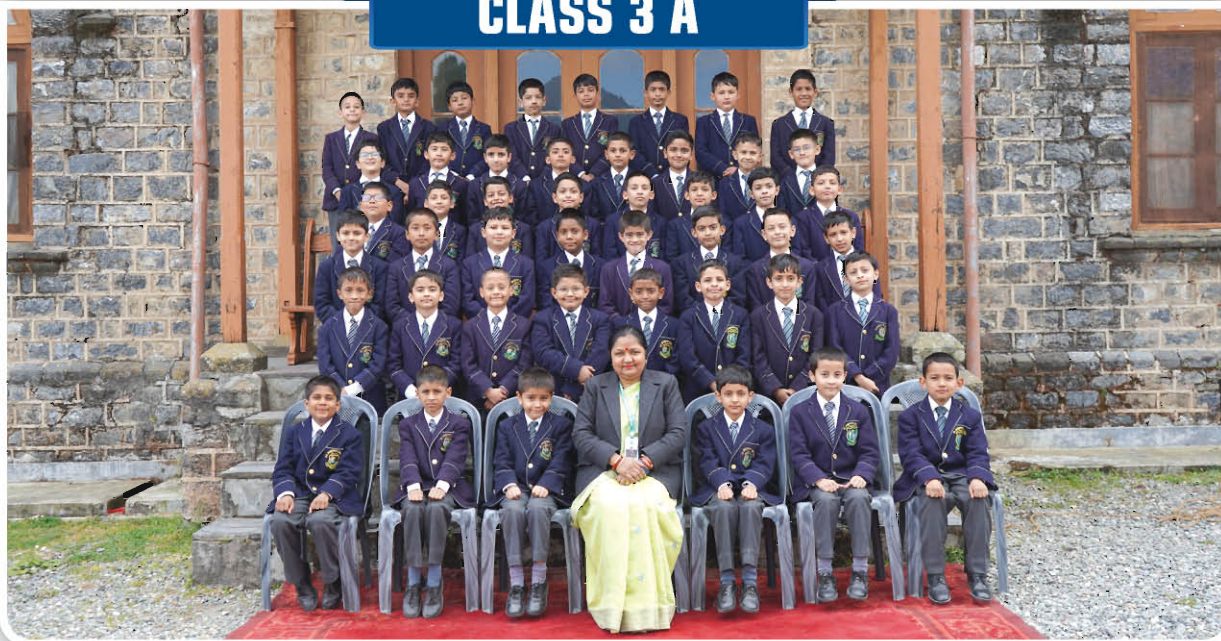
## CLASS 2 B



- (L. to R.) Seated : Yuvan Singh Bisht, Neelanjana Singh Bisht, Shashwat Giri, Mrs. A. Thapa (Class Teacher), Shivansh Parchey, Tejas Goswami, Nischay Singh Bora.
- Standing Row 1 : Mudit Pathak, Parth Sanwal, Sayyad Ridan Miyan, Aahil Ansari, Tejas Rathour, Kritarth Negi, Garvyansh Adhikari, Bhavesh Kumar Thakur.
- Standing Row 2 : Kartikey Adhikari, Divya Joshi, Bhavy Kandpal, Divyansh Budhori, Darshit Barthwal, Ranveer Singh Thapa, Ronav Singh.
- Standing Row 3 : Shiv Vardhan Darmwal, Arnab Singh Bora, Hardik Kapoor, Prajwal Aswal, Mohd. Mahad, Noel Singh.
- Standing Row 4 : Tejendra, Naitik Dhaila, Brijesh Mehra, Mohd. Mustufa Saif, Tejas Ghansyal, Suryansh Gahlot, Vedansh Joshi.
- Absent : Yashwardhan Dang.

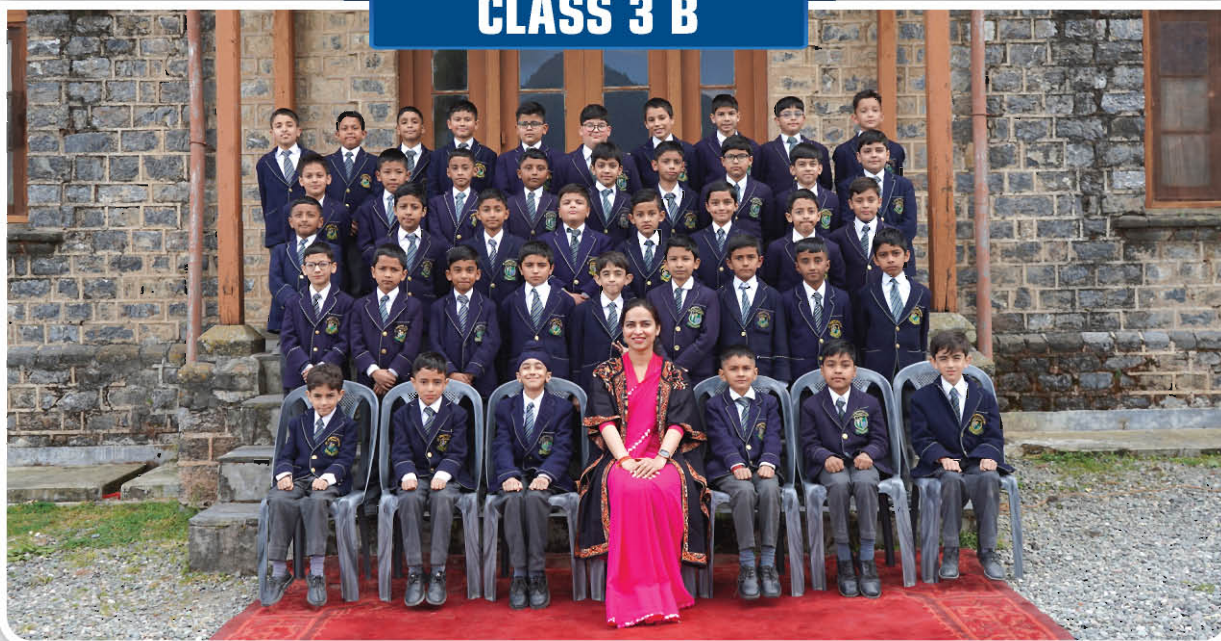


## CLASS 3 A



- (L. to R.) Seated : Hriday Kumar, Mrityunjay Bhatt, Ridit Naithani, Mrs. Meena Anil Mehra (Class Teacher), Chaitanya Upreti, Shaurya Sah, Raghav Sah Jagati.  
 Standing Row 1 : Vihan Verma, Yajat Verma, Lakshanya Bisht, Harshit Joshi, Devraj Chaudhary, Garvit Joshi, Garvit Wariyal, Arpan Rawat.  
 Standing Row 2 : Kanishk Pargai, Krishna Ginti, Suyash Sah, Shaurya Vidyarthi, Anshuman Singh Bisht, Mohd. Arbab, Nidhir Chamyal, Dhruv Mathpal.  
 Standing Row 3 : Adwik Kunwar, Harshit Chandra, Medhansh Vijay Lohumi, Aniket Bhattacharjee, Osho Joshi, Dhruv Pant, Atharva Tandon, Sanket Joshi.  
 Standing Row 4 : Siddharth Ruwali, Divyansh Mehra, Jashan Kamboj, Nikshit Tyagi, Siddhant Jaiswal, Ayan Shekh, Pragatik Shobhraj, Samarth Shah.  
 Standing Row 5 : Vedansh Kathayat, Syed Awaan Aleem, Daivik Sah, Likhil Upreti, Nipun Upreti, Maanas Jindal, Jayant Kanwal, Mahasvin Sah.  
 Absent : Aayansh Neil Chanyal, Daksh Pratap Singh Karki, Akshat Verma, Shivendra Shivsharan Shah.

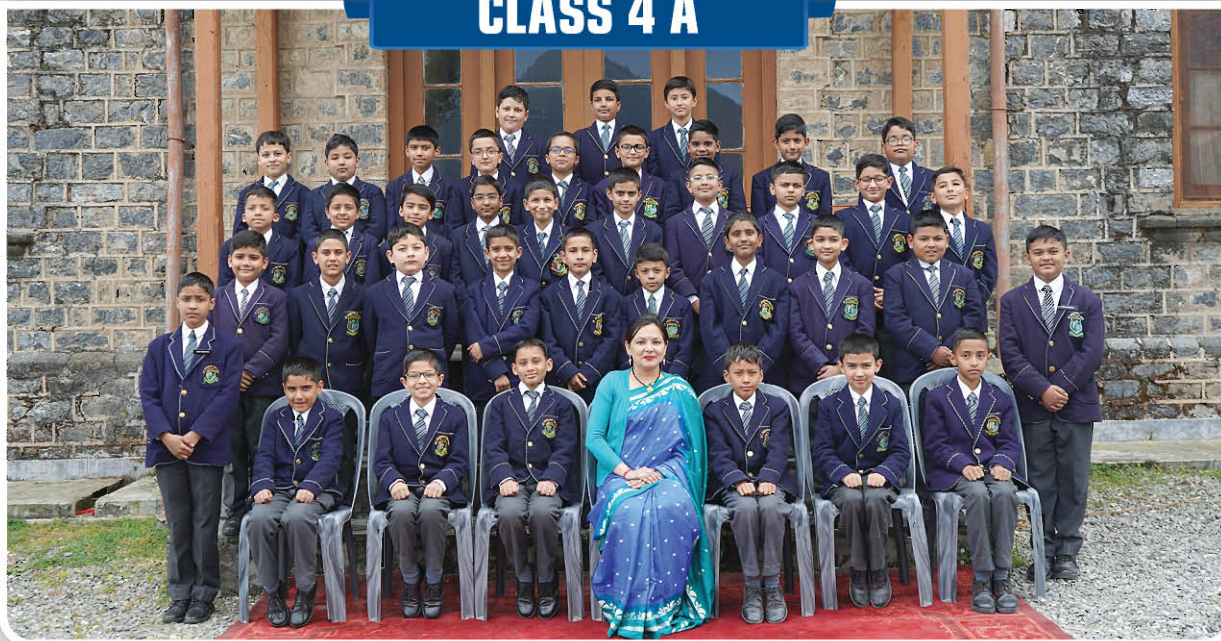
## CLASS 3 B



- (L. to R.) Seated : Arhaan Narang, Anirudh Matiyani, Jaiteg Singh, Ms. Riddhima Sah (Class Teacher), Bhumik Singh Gusai, Nilesh Kumar Thakur, Ishaan Narang.  
 Standing Row 1 : Devansh Bhatt, Deepankar Bhatt, Manaksh Chauhan, Kunal Joshi, Jahaan Narang, Samarth Mehra, Shashwat Singh Bisht, Ashutosh Pandey, Divyanshu Pokharia.  
 Standing Row 2 : Digvijay Singh Karki, Harshit Chandra, Dhruv Chandra, Medhansh Mehrotra, Rudrapratap Singh Dev, Yatharth Tewari, Pehlaj Joshi, Vedant Kumar Navneet.  
 Standing Row 3 : Agastya Dhiman, Shriyansh Singh, Garvit Singh Bisht, Lavan Trikot, Arham Ahmad, Atulya Bisht, Advait Nauriyal, Rehan Khan, Vansh Vardhan Sharma.  
 Standing Row 4 : Hammad Ahmad, Sanjeet Victor, Yashneel Mishra, Sunay Shah, Mohd. Muazz Siddiqui, Hridhaan Ahmad, Jayvardhan Bhatt, Jayaditya Kumar, Mohd. Affan, Chetanya Bisht.  
 Absent : Ammaar Ahmed, Kaustubh Bhardwaj, Neel Pathak, Nischay, Sanchit Chandra, Shivang Shah, Vansh Kumar, Viraj Shah.

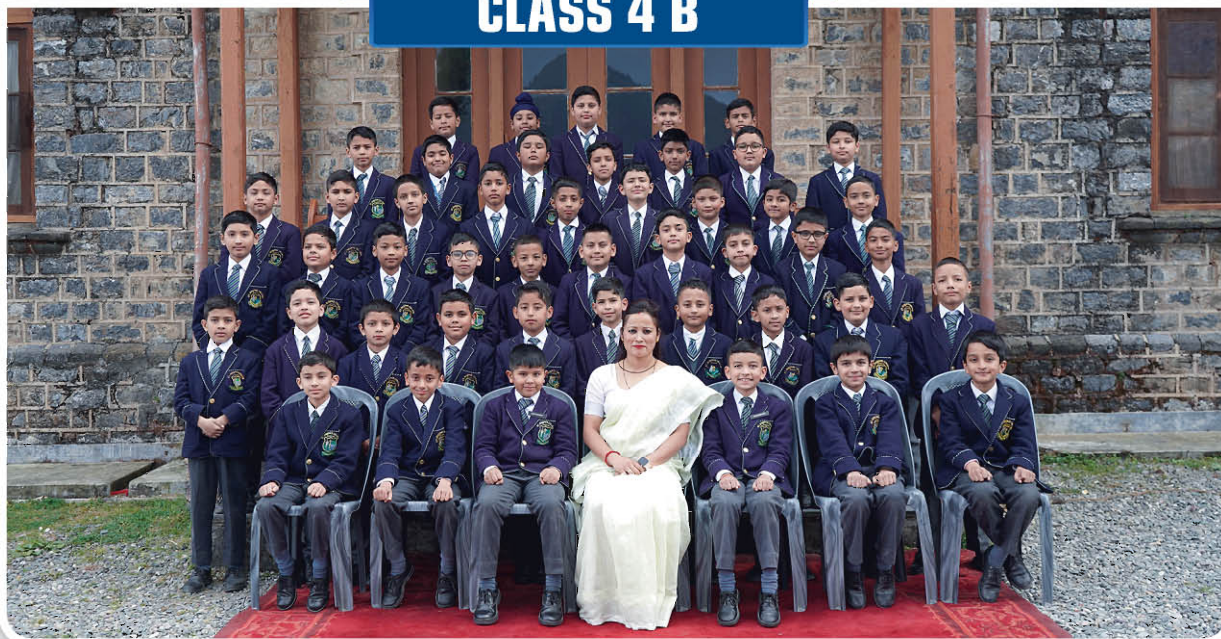


## CLASS 4 A



- (L. to R.) Seated : Gurvansh Singh Ghumman, Kushagra Verma, Aanjaneya Gupta, Mrs. Meeta Sah (Class Teacher), Aarav Bisht, Pravar Verma, Baneet Dixit.  
 Standing Row 1 : Atharva Agarwal, Sarthak Kanwal, Hitarth Singh, Arjun Tomar, Nivaan Jakhar, Navyam Agarwal, Kunal Pratap Singh Karki, Darsh Omar, Pranjal Joshi, Tejas Mehra, Manvendra Kumar.  
 Standing Row 2 : Bhumik Bisht, Lakshya Negi, Rudraksh Mishra, Lokesh Arya, Shaurya Kukreja, Ahaan Sharma, Garvit Bisht, Akshat Shukla, Arunoday Singh Bora, Vaibhav Joshi.  
 Standing Row 3 : Rudra Joshi, Rayan Martin, Meghraj Singh Bisht, Kabir Gagneja, Aanish Elahi Shamsi, Vihaan Gupta, Aarav Singh, Anmol Dhami, Shivansh Nayal.  
 Standing Row 4 : Tanay Chand, Ronak Lal, Aarav Sah.  
 Absent : Garvit Singh Takuli, Panshul Singh Bairathi, Krishang Chand.

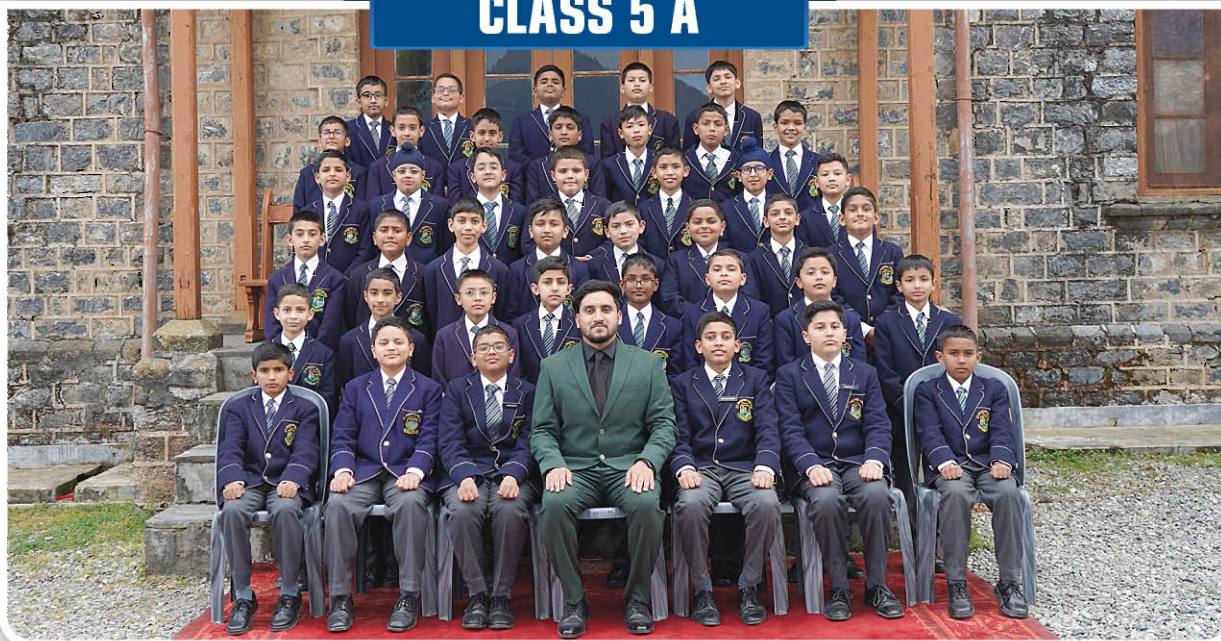
## CLASS 4 B



- (L. to R.) Seated : Archit, Akshansh Bisht, Daksh Rana, Mrs. Bhagwati Jagati (Class Teacher), Rudra Pratap Singh Bisht, Syed Areeb, Veer Sah.  
 Standing Row 1 : Shayan Ahmed, Tanmay Sah, Vedansh Bisht, Kushagra Singh Bisht, Atharva Bisht, Mohd Hamza, Tanmay Dhami, Lakshit Kumar, Manas Bhatt, Kavyansh Rautela.  
 Standing Row 2 : Divyansh Singh Bisht, Himank Tiwari, Anshuman Singh, Aarush Singh Bisht, Aditya Chandra Paul, Mayank Mehra, Kavyansh Chaudhary, Vaibhav Joshi, Divyansh Budhlakoti, Priyanshu Mehra.  
 Standing Row 3 : Uttkrish Bisht, Gaurik Anil Joshi, Yashvardhan Singh Aswal, Dhiman Rautela, Manan Bhatt, Syed Zamin Hussan Jafri, Prajwal Budhlakoti, Hriday Samrat Joshi, Rudra Singh Rawat.  
 Standing Row 4 : Aayush Bhandari, Shaurya Srivastava, Prabhas Lohni, Rishabh Kumar, Nihal, Aayush Singh Papola, Amav Shankar.  
 Standing Row 5 : Viraj Chandra, Dilawar Singh Punian, Mehul Bisht, Neerav Pandey, Uttkarsh Karki.  
 Absent : Daksh Tiwari, Ishaan Bisht, Mayank Suyal.

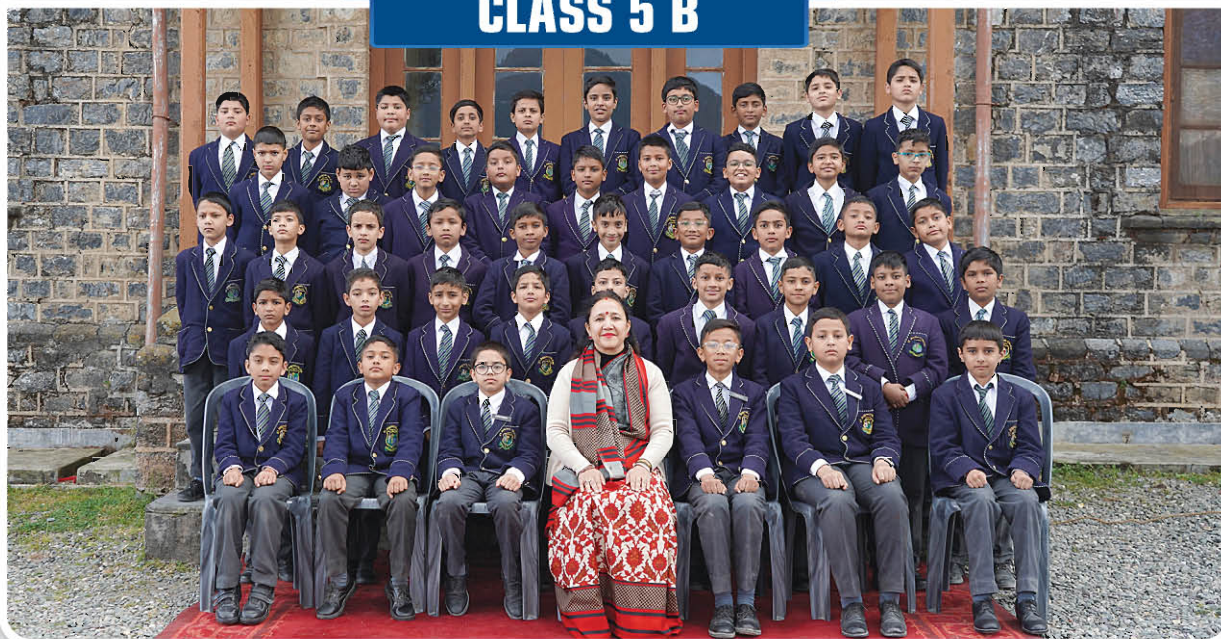


## CLASS 5 A



- (L. to R.) Seated : Mohd. Muddassir, R. Bisht, O. Agarwal, Mr. J.E. Nath (Class Teacher), S. Faisal, P. Rai, N. Rajput.  
 Standing Row 1 : V. Bisht, V. Goyal, K. Pant, V. Tamta, A. Khan, Mohd. Arsh, R. Mehra, U. Arya.  
 Standing Row 2 : A. Chawla, P. Jaiswal, Y. Mehra, M. Bargali, H. Chaudhary, N. Phutela, A. Godara, A. Singh.  
 Standing Row 3 : Mohd. Saif, G. Singh, A. Kaparuwan, T. Sahni, V. Anand, R. Abhijaap, A. Mehra.  
 Standing Row 4 : K. Agrawal, S. Arora, J. Nayal, S. Pandey, A. Rana, A. Sahu, V. Yadav.  
 Standing Row 5 : M. Das, Mohd. Siddiqui, P. Gupta, Ali Hayder Khan, N. Aagri.  
 Absent : D. Mehta, R. Bora, A. Bagoti.

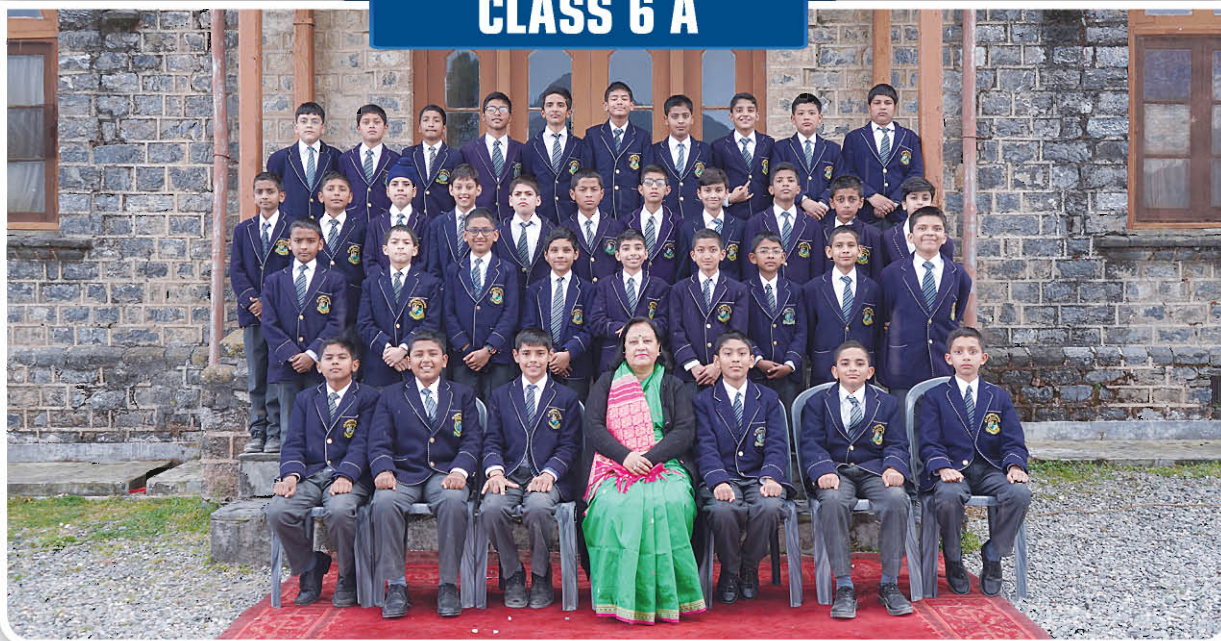
## CLASS 5 B



- (L. to R.) Seated : H. Kapri, A. Bargali, V. Kohli, Mrs. S. Shah (Class Teacher), O. Adhikari, S. Pandey, G. Pandey.  
 Standing Row 1 : P. Mardan, D. Sharma, A. Pandey, S. Lohani, Y. Negi, A. Bhatt, M. Kothari, A. Bisht, M. Tahoor.  
 Standing Row 2 : R.K. Gautam, A. Bisht, M. Pande, N. Singh, M. Panchal, A.S. Chauhan, P. Joshi, Y.S. Bisht, C.S. Bisht, A. Aswal.  
 Standing Row 3 : K. Rawat, S. Dumka, A. Nayal, A. Joshi, N. Pandey, S. Sah, A.J. Joshi, K. Rawat, D. Dabral.  
 Standing Row 4 : V.S. Sah, V. Pathak, V.S. Sai, I. Chandra, J. Chaudhary, D. Upadhyay, A. Tripathi, L. Trikot, S.P. Singh, P.P. Singh.

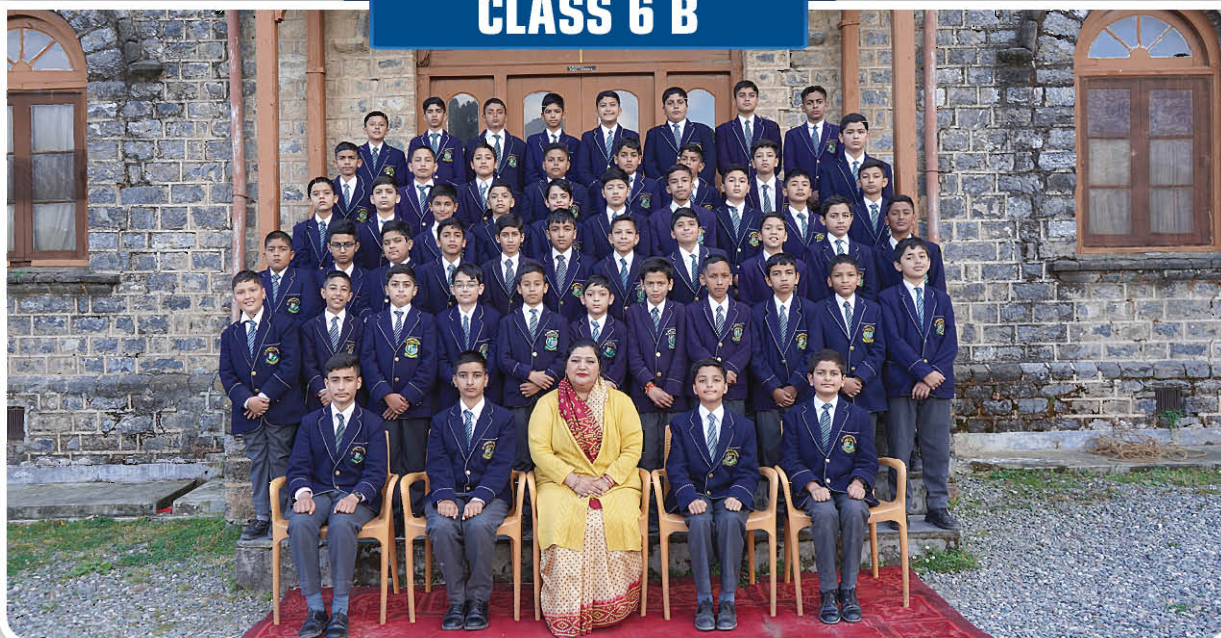


## CLASS 6 A



- (L. to R.) Seated : D. Rajput, P. Varshnay, T. Sharma, Ms. S. Shah (Class Teacher), A. Ansari, H. Belwal, S. Bhatt.  
 Standing Row 1 : G. Agarwal, D. Pahalajani, A. Dutta, A. Massey, A. Verma, H. Mehra, D. Chatterjee, A. Agarwal, A. Gautam.  
 Standing Row 2 : K. Chaudhary, S. Tiwari, T. Matta, S. Pant, V. Bhalla, V.S. Bisht, Y. Amir, S. Sethi, A. Hussain, A. Agarwal, S. Sethi.  
 Standing Row 3 : V. Adhikari, R. Mehra, P. Surya, R. Sah, V.P. Bhullar, A. Negi, D. Thind, M.P. Singh, K. Singh, A. Nawaz.

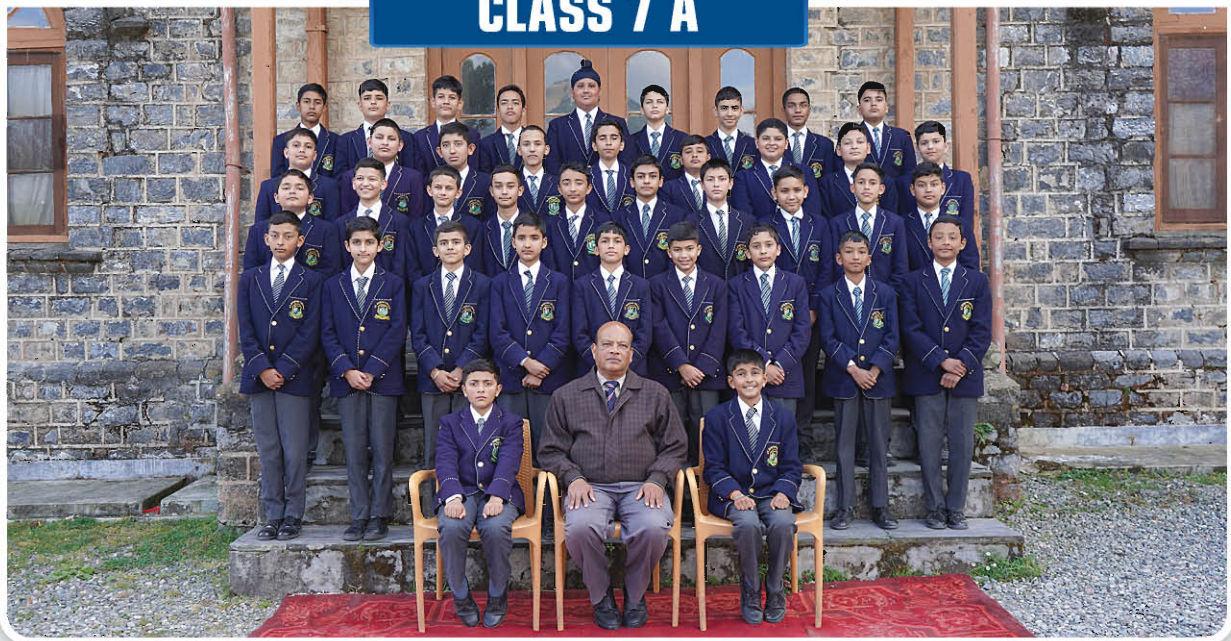
## CLASS 6 B



- (L. to R.) Seated : A. Chhabra, C. Dalakoti, Mrs. K. Bisht (Class Teacher), R. Pande, C. Singh.  
 Standing Row 1 : L. Suyal, A. Pandey, A.H. Siddiqui, Mohd. A. Shamsi, L. Pant, K. Rajwar, N. Tewari, S. Bisht, R. Pokhariya, A.S. Phartiyal, R. Sah.  
 Standing Row 2 : C. Joshi, A. Singh, R. Ahmed, R. Raturi, R. Fulara, E. Bisht, U. Joshi, M. Kamboj, Y. Joshi, M. Hamza, K. Bisht.  
 Standing Row 3 : A. Kandpal, M. E. Siddiqui, H. Kumar, V.S. Dev, S. Bailwal, D. Negi, A. Deval, A. Sah, D. Bisht, Y.S. Bisht.  
 Standing Row 4 : A. Chandra, K. Verma, A. Bhatt, A. Suyal, G. Kandpal, Y. Joshi, M. Razi, A.S. Rawat.  
 Standing Row 5 : Aarav, L. Sahdev, M. Joshi, T. K. Kohli, Y. Bisht, K. Bajaj, Mohd. A. Siddiqui, M. Yusuf.



## CLASS 7 A



- (L. to R.) Seated : P. Bawari, Mr. Edwin John L. D'Gama (Class Teacher), V. Kandpal.  
 Standing Row 1 : R. Bora, R. Joshi, H. Pant, R. Bisht, P. Bhatt, R. Sah, S. Bisht, T. Kanwal, U. Khati.  
 Standing Row 2 : R. Joshi, T. Mathpal, P.S. Dhaila, D. Bhakuni, A. Rana, A. Gupta, S. Sah, S. Bisht, Y. Arya, Y. Singh.  
 Standing Row 3 : S. Pandey, R. Budhani, S. Pandey, Y. Bisht, P. Sanwal, U. Singh, P. Parthasarathi, S. Balutia, D. Joshi.  
 Standing Row 4 : S. Shah, R.R. Pundir, T. Mer, S. Kalakoti, T. Singh, Y. Joshi, U.S. Bisht, P. Sharma, J. Manral.

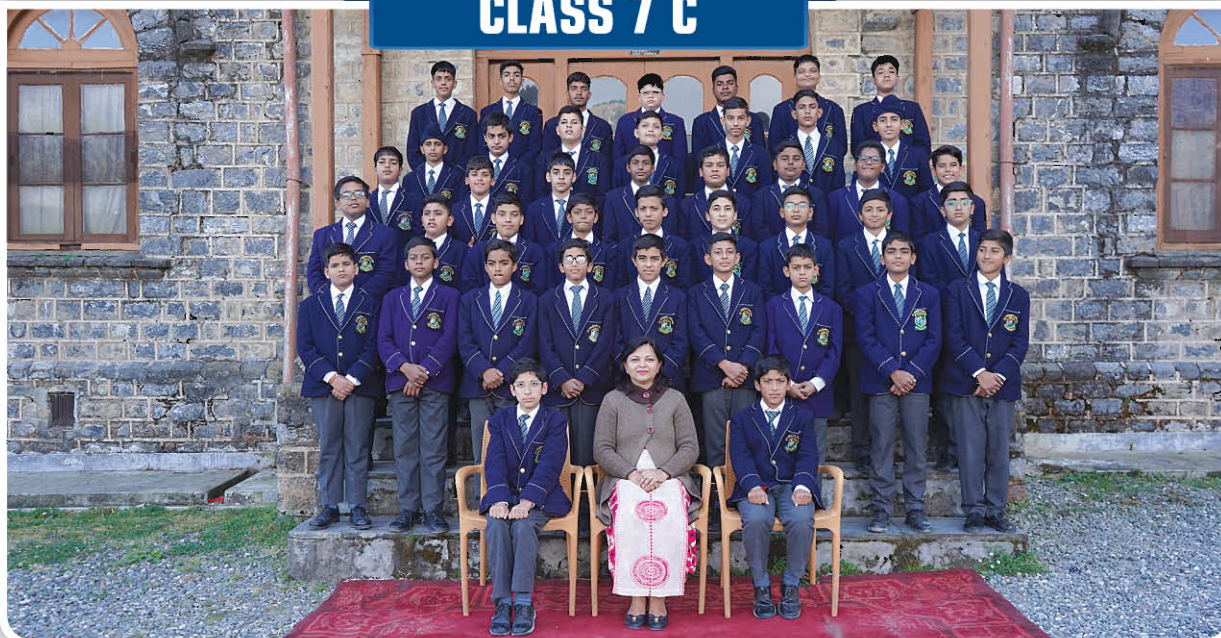
## CLASS 7 B



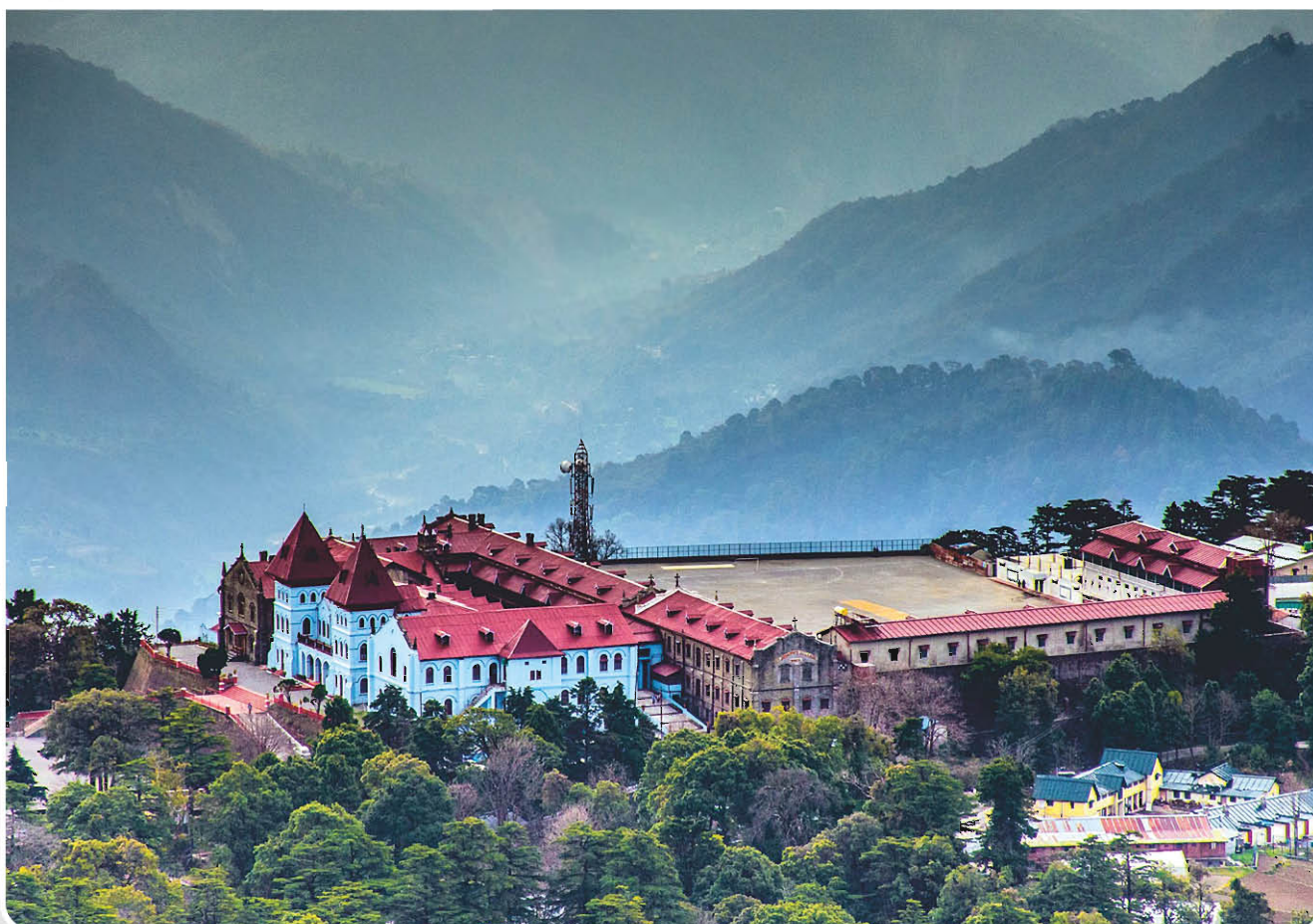
- (L. to R.) Seated : Daksh Pandey, Mrs. Nilofer Siddiqui (Class Teacher), N. Naithani.  
 Standing Row 1 : K. Bisht, D. Mehra, A. Joshi, M.A. Khan, A. Raj, B. Upreti, A. Shah, M. Pandey, A. Baghel.  
 Standing Row 2 : A. Sharma, N. Chandra, H. Saraswat, M. Bisht, A. Wariyal, K. Khetarpal, A. Yadav, K. Rawat, P. Sah.  
 Standing Row 3 : D. Mehra, H. Solanki, P. Tewari, A. Bahuguna, D. Pant, K. Ahuja, N.S. Mehra, K. Pathak, N. Tewari.  
 Standing Row 4 : I.P.S. Verdi, A. Godiyal, P.P. Pande, A. Sah, S.A.A. Jafri, H. Tewari, D. Karnatak, H. Rawat, A.S. Anand.



## CLASS 7 C

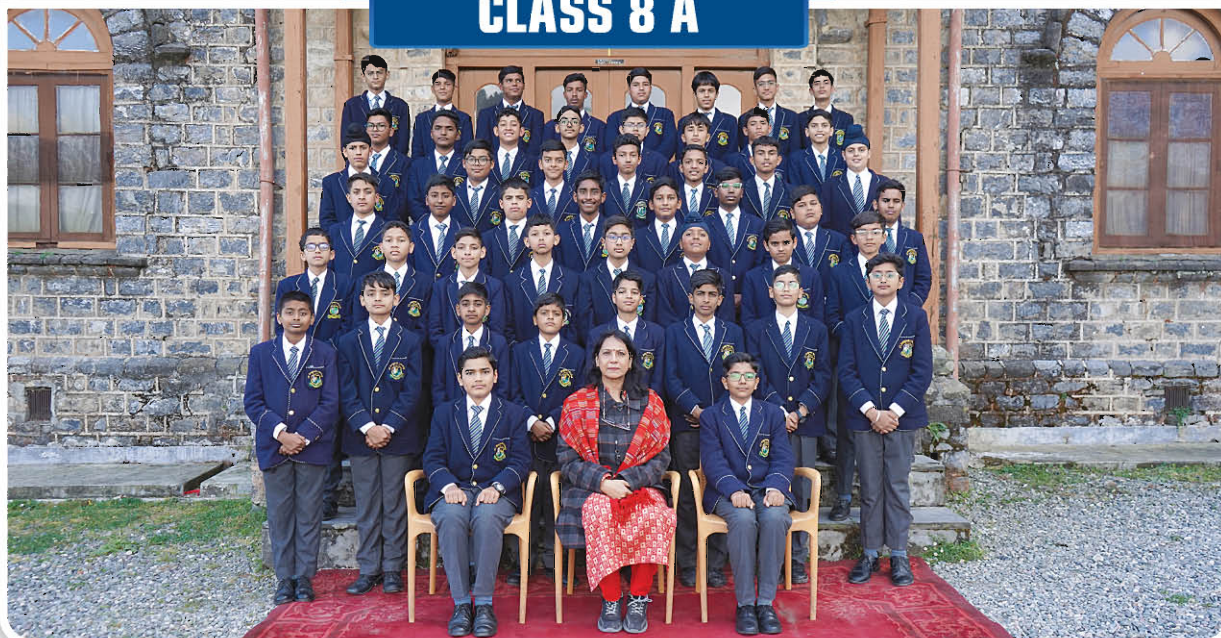


- (L. to R.) Seated : Kushagra Tandon, Mrs. J. Solomon (Class Teacher), Aarav Suri.
- Standing Row 1 : Sandarbh Agarwal, Samarth Bux, Kaustubh Bisht, Jaiwant Singh, Parth Grover, Yashvardhan Joshi, Rishabh, Armaan Khan, Atharva Pandey.
- Standing Row 2 : Kanav Agarwal, Kawach Sethi, Krishiv Shukla, Vansh Chaudhary, Akshaj Agarwal, Samanway P. Singh, Kartik Gupta, Manvik S. Gupta, Tanmay Gumber.
- Standing Row 3 : Joshua Masih, Kyaan Bajaj, Rishik Bajaj, Yashniel N. Kesarwani, Naitik Agarwal, Aniruddh Bajpai, Virat Agarwal, Maahir Sharma.
- Standing Row 4 : Jagot Singh, Abrahym Zafar Naiyer, Mohd. Uwais, Mrigank Singh, Ritik Raj, Ishaan Jaiswal, Anant S. Khinda.
- Standing Row 5 : Aadish Jain, Ranvijay Upadhyay, Ankit Masih, Shaan Khan, Sohail Masih, Samrath Singh, Pratham Karki.



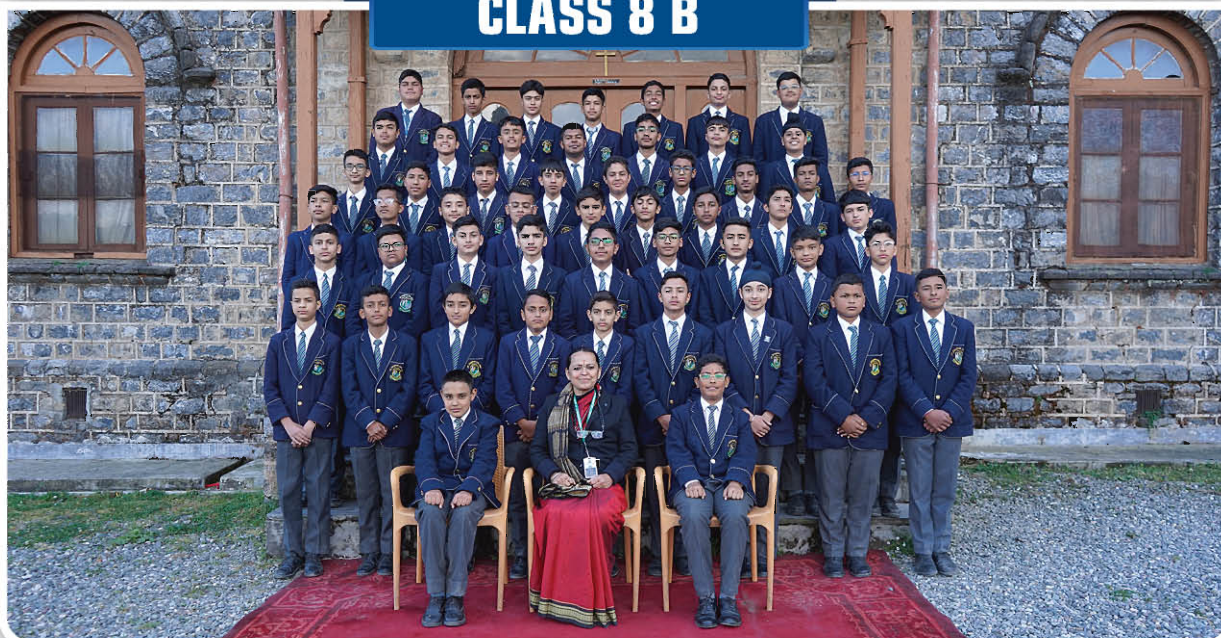


## CLASS 8 A



- (L. to R.) Seated : Siddharth Bhatt, Mrs. B. Shounak (Class Teacher), Sparsh Mittal.
- Standing Row 1 : Tanish Goyal, Prashant K.C., Ryan V. George, Shashwat Gupta, Yuvaan Sharma, Mohammad Atif Khan, Akshat Shah, Parth Phutela.
- Standing Row 2 : Jayesh Gururani, Paul Roshan Khalkho, Gaurav Singh, Vivek Singh, Yuvraj Mayank Mehra, Anshdeep Singh, Shashya Singh, Kabeer Khatoliya.
- Standing Row 3 : Mohd. Ammar Shaheem, Neelmani Bansal, Pratyush Anand, Siddharth Saxena, Mohammad Huzaifa, Kartikyen Arya, Sagar Gupta, Shaurya Singh.
- Standing Row 4 : Gurnoor Singh, Ram Bansal, Akhilesh Rana, Yash Bora, Dhairya Pratap Singh, Ayush Gupta, Jagshaan Singh Virk.
- Standing Row 5 : Shorya Agarwal, Aman Kumar, Mani Chaudhary, Emir Usmani, Yashas Mittal, Arnab Sah Gangola, Mohammad Kaif, Mohammad Faisal.
- Standing Row 6 : Krishnam Vinayak, Ricky Paul, Aavee Kumar Yadav, Anil Masih, Zuhaib Nawaz, Praval Pandey, Shashwat Kumar, Amol Singh Virk.

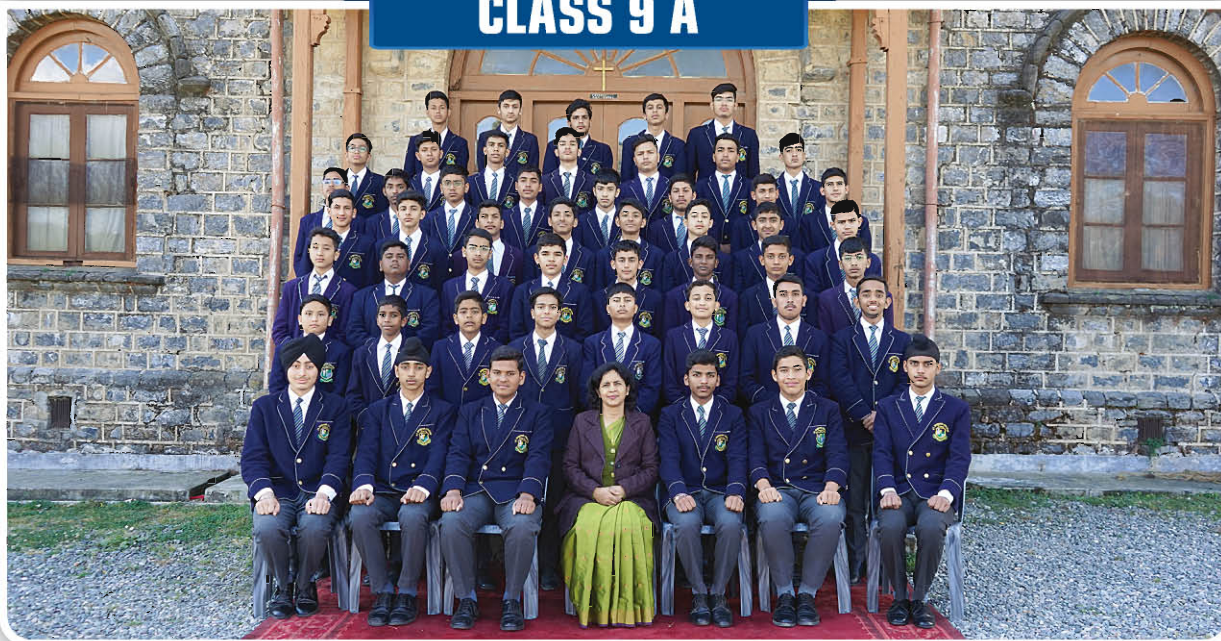
## CLASS 8 B



- (L. to R.) Seated : D. Sah, Mrs. S.D. Nath (Class Teacher), S.V. Sati.
- Standing Row 1 : G. Bhatt, M.S. Bisht, S. Consul, R. Joshi, K. Nainwal, P.S. Bisht, A.R. Sachdev, G. Verma, N. Mehra.
- Standing Row 2 : D. Pande, R. Chandra, A. Sah, A. Tiwari, G. Saraswat, A. Tiwari, A. Sah, H. Titiyal, A.S. Sajwan.
- Standing Row 3 : M. Jaiswal, D. Bisht, R. Rawat, D. Sah, M. Joshi, R. Joshi, A. Chandra, A. Pandey, P. Tiwari.
- Standing Row 4 : T. Shah, G. S. Bisht, Y. Dhyani, A. Sah, S. Tiwari, A. Mehta, U. Srivastava, A. Sah, A. Bisht.
- Standing Row 5 : A. Rawat, G. Kohli, S. Rawat, A. Kumar, A. Bhardwaj, K. Mehrotra, A. Singh.
- Standing Row 6 : B. Pandey, M. Raikwal, N. Upadhyaya, H. Arya, A. Gangola, A. Belwal, D. Vardhan.
- Absent : R. Khatri, L. Sah, D. Rastogi, P. Sharma.

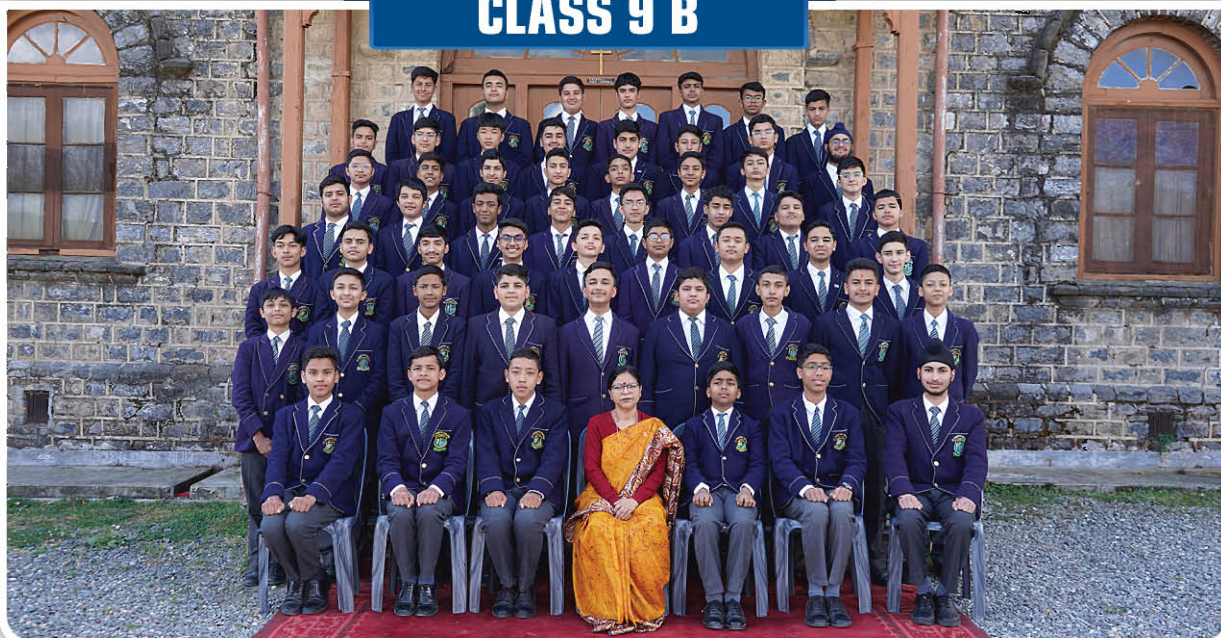


## CLASS 9 A



- (L. to R.) Seated : B. Singh, J. Singh, V. Jaiswal, Mrs. R. Gururani (Class Teacher), A. Goyal, A. Chaudhary, K.S. Gill.  
 Standing Row 1 : K. S. Garbagi, V. Singh, C. Chandra, U. Sharma, M. Tiruwa, A. Kunwar, R.P. Singh, A. Imran.  
 Standing Row 2 : A. Khan, S. Jaiswal, A. Ahmed, Y. Darmwal, A. Rastogi, A. Kumar, A. Shukla, N. Sijwali.  
 Standing Row 3 : V. Tewari, D. Katiyar, A. Sharma, R.S. Mehra, R. S. Mahra, S. Mahra, A. Gupta, R.V. Singh.  
 Standing Row 4 : N. Dalmia, J. Kumar, D. Parihar, S.R. Singh, A.S. Bisen, M. Bisht, N. Gautam, A. Godara.  
 Standing Row 5 : A. Agarwal, R. Darmwal, R. Bohra, V. Bisht, A. Bernard, S.Z. Hussain, A. Bisht.  
 Standing Row 6 : A. Raj, Mohd. Hasan, S. Khanna, D. Dabral, S. Sah.  
 Absent : A. Srivastava, N. Kishwan, S. Adhikari, S. Bisht, T. Singh.

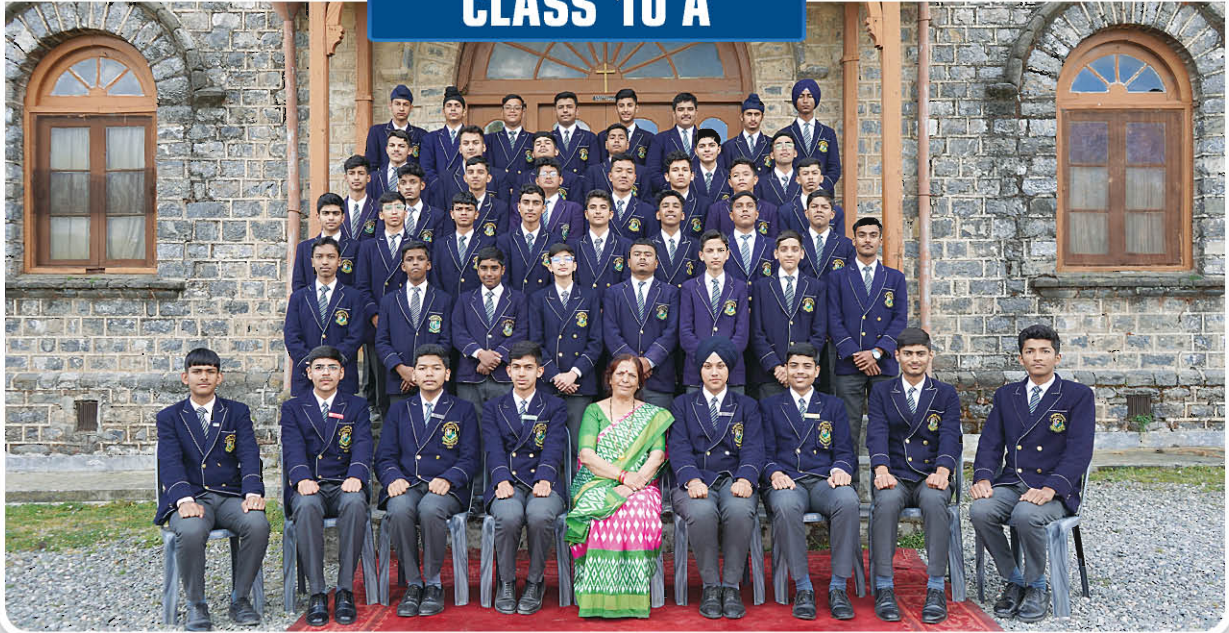
## CLASS 9 B



- (L. to R.) Seated : S. Agarwal, J. Raj, T.S. Garbyal, Mrs. S. Ghildiyal (Class Teacher), V. Agarwal, D. Agarwal, S. Singh.  
 Standing Row 1 : D. Sah, A. Kulaura, H. Mehra, Mohd. Farzan, K. Paliwal, Y. Sah, V. Dixit, A.S. Bisht, U. Joshi.  
 Standing Row 2 : P. Rana, N. Rastogi, Y. Kunwar, S. Bhatia, S.S. Bankoti, D. Tripathi, A.V. Sah, K. Srivastava, N. Mehta.  
 Standing Row 3 : Abdullah, V.V. Joshi, A.C. Gupta, J. Adhikari, Y. Singh, B. Sah, N. Pandey, M. Mehra.  
 Standing Row 4 : L.S. Bisht, B. Singh, P. Joshi, M. Kandpal, R. Bhatt, S. Joshi, M. Bisht, Y. Kanwal.  
 Standing Row 5 : Mohd. Hammad, S. Bisht, T. Kunsel, A.S. Papola, V. Shounak, A.S. Negi, K.R. Bisht, H.S. Sethi.  
 Standing Row 6 : M. Rawat, M.B. Shah, R. Singh, K. Goswami, A. Ahmed, S.R. Chaudhary, D. Shah.

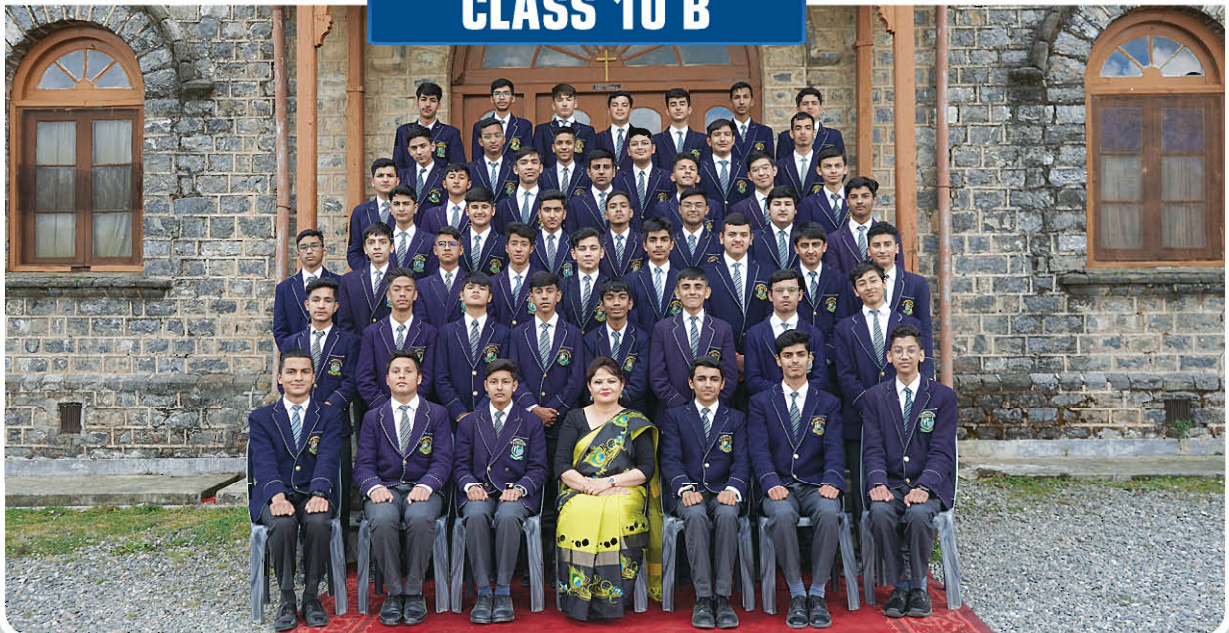


## CLASS 10 A



- (L. to R.) Seated : G. Pilani, T. Qureshi, P.M. Khalkho, B. Negi, Mrs. M. Bhatt, (Class Teacher), A.S. Virk, R. Agarwal, A.S. Sandhu, A. Mishra.  
 Standing Row 1 : A. Kujur, M. Ashraf, S. Singh, A. Mishra, V. Chaudhary, P. Pandey, P. Khandelwal, A. Singh.  
 Standing Row 2 : A. Suri, D. Arora, D. Gupta, A. Oli, M. Kalra, L. Agrawal, S. Jaiswal, A.K. Singh.  
 Standing Row 3 : T. Srivastava, V. Shah, A. Tripathi, A. Joshi, A. Hyanki, A. Singh, A. Khetwal, A. Chandra.  
 Standing Row 4 : H. Siddiqui, P. Bisht, A. Yadav, M. Tameer, S.H. Khan, K. Gandhi.  
 Standing Row 5 : H.S. Cheema, J.S. Virk, A. Sunuwar, M. Saad, S. Verma, A. Pokharia, A.S. Gill, A. Singh.

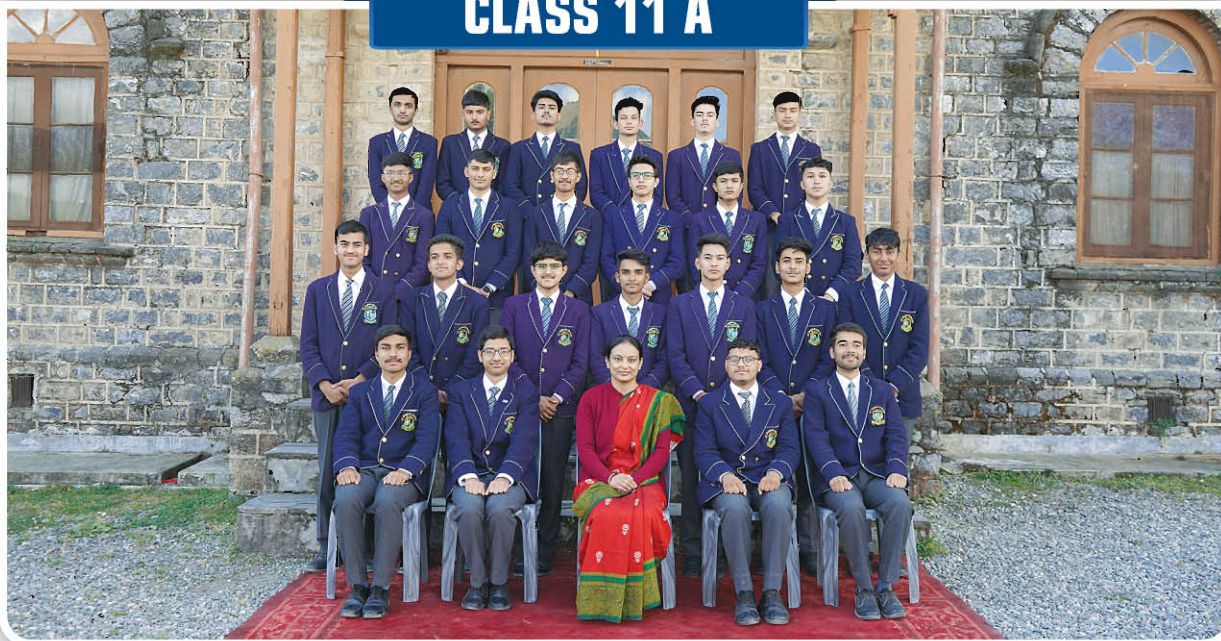
## CLASS 10 B



- (L. to R.) Seated : M. Sharma, A. Tiwari, S.V. Bisht, Mrs. P. Knight (Class Teacher), K. Nath, J. Bisht, U. Yadav.  
 Standing Row 1 : H. Joshi, A. Khatri, H. Adhikari, S. Verma, P. Singh, M. Sheikh, K. Kumar, P. Bisht.  
 Standing Row 2 : S.S. Danga, A. Siddiqui, K. Sati, D. Negi, V. Bisht, D.S. Bisht, A. Rawat, K. Bhatt, N.S. Padiya.  
 Standing Row 3 : M.S. Siddiqui, P. Bisht, P. Kamboj, U.S. Bisht, A. Vishor, G. Sah, V. Chaudhary.  
 Standing Row 4 : N. Joshi, P. Joshi, P. Deewan, A. Hussain, M. Sah, Y. Shail, M. Sati.  
 Standing Row 5 : V.S. Katoch, M. Sah, S. Pandey, V. Joshi, S. Pant, N.S. Pingal.  
 Standing Row 6 : D. Malhotra, O. Joshi, G.S. Dhaila, P. Gunwant, K. Gahtori, Y. Singh, S. Mahara.  
 Absent : V. Joshi, A. Maulekhi.

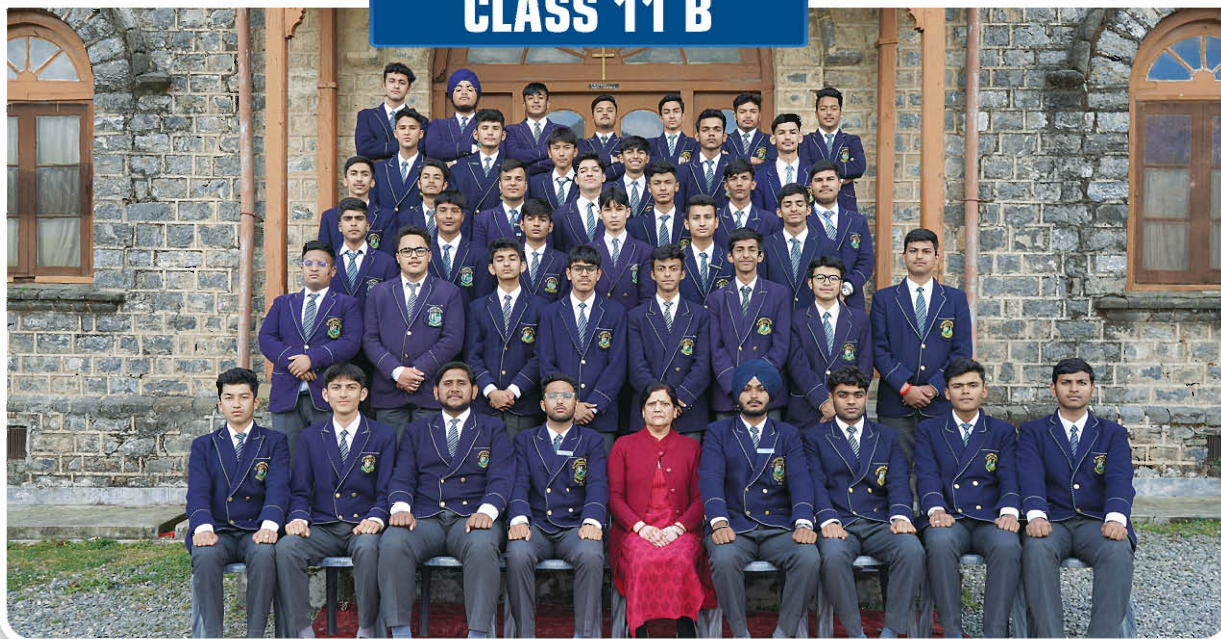


## CLASS 11 A



- (L. to R.) Seated : A. Aagree, D. Bhandari, Mrs. S. Bisht (Class Teacher), L. Pandey, S. Singh.  
 Standing Row 1 : P. Mehra, D.S. Negi, A. Pant, A. Arya, M. Rawat, A. Adhikari, S. Victor.  
 Standing Row 2 : S. Joshi, T. Pandey, P.S. Bisht, U. Joshi, K. Kaira, H.V.S. Rathore.  
 Standing Row 3 : M. Ayan, A. Suyal, N. Manral, V. Pandey, M. Bisht, P. Chand.  
 Absent : K. Tewari, A. Tiwari.

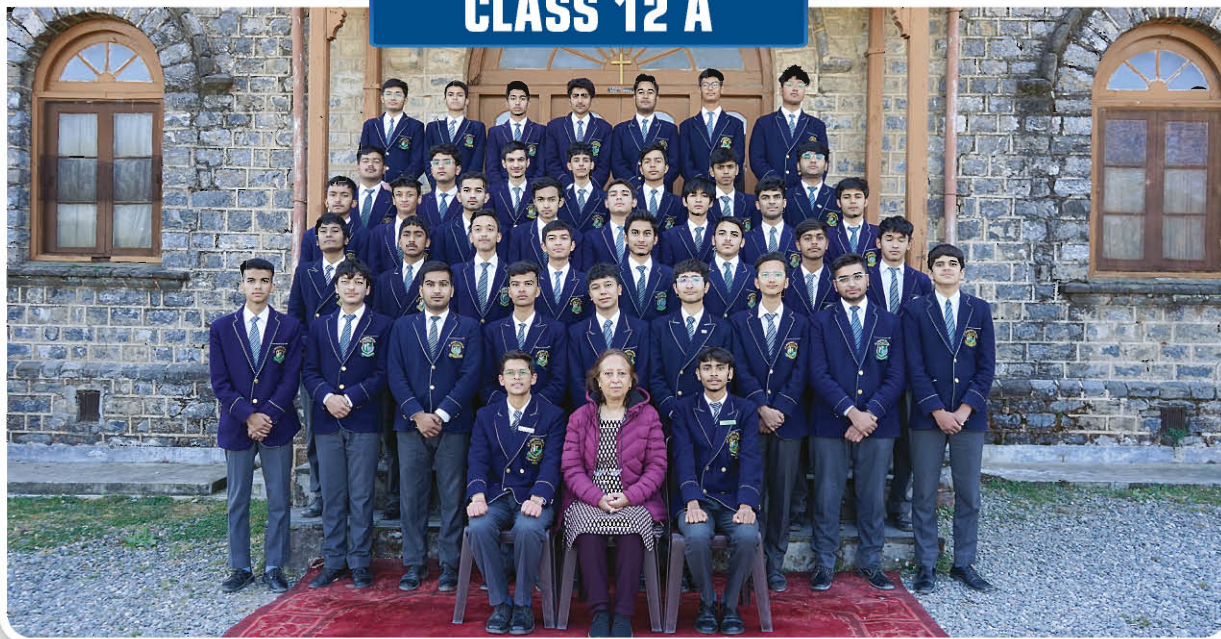
## CLASS 11 B



- (L. to R.) Seated : M.S. Bisht, A. Basnet, K. Jaiswal, G. Khetrapal, Mrs. H. Nagpal (Class Teacher), S. Sandhu, R. Tegveer, S. Gupta, Y.K. Shekhar.  
 Standing Row 1 : G. Bisht, R. Karnatak, A. Sah, A. Singh, S. Dafouti, I. Pandey, N. Sah, M. Vashistha.  
 Standing Row 2 : A. Kumar, P. Kumar, G. Patshali, S. Sah, S.S. Gangola, B. Shandilya.  
 Standing Row 3 : A. Khan, S. Kumar, S. Pathak, S. Pandey, Y.S. Kanwal, P. Bhandari, V. Rai.  
 Standing Row 4 : D.S. Chauhan, C.S. Jeena, A. Khampa, D. Turuwa, S. Singh, G. Bohra.  
 Standing Row 5 : C. Shah, A. Singh, U.A. Siddiqui, S.S. Bisht, R.S. Bisht, A.S. Mehra, M. Bisht.  
 Absent : Y.S. Dhaila, Krishev, D. Sharma, J.S. Sandhu, K.S. Dhillon, Y. Sah, R. Sikhola, K. Bisht.

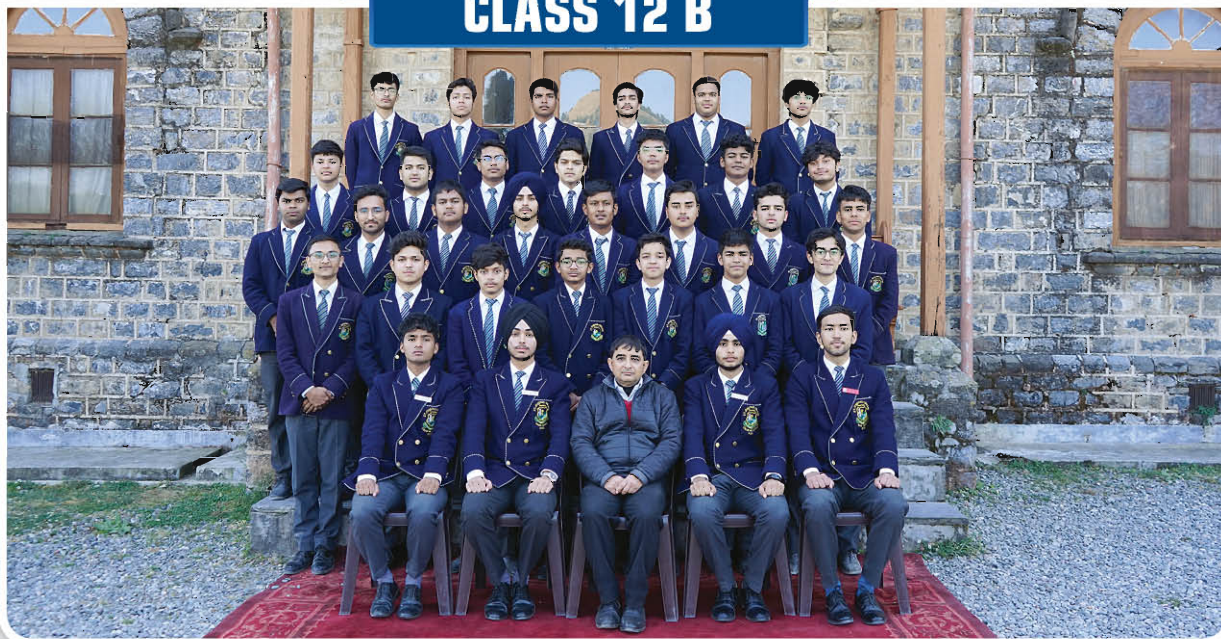


## CLASS 12 A



- (L. to R.) Seated : S. Dhondiyal, Ms. N. Bisht (Class Teacher), K. Raj  
 Standing Row 1 : A. Mehra, S. Haider, P. Sirohi, H. Bhatt, M. Mehra, M. Sanwal, S. Chaudhary, Mohd. Hifran, H. Tewari  
 Standing Row 2 : P. Chakroborty, S. Dalmia, S.S. Bisht, O. Sah, D.S. Samanth, Mohd. Zaid, A. Bailwal, A. Patwal  
 Standing Row 3 : N. Kandpal, M. Sah, D. Bisht, A. Sah, N.P. Goswami, S. Singh, A. Agarwal, N. Tripathi  
 Standing Row 4 : G. Sah, A. Khan, R. Joshi, B. Upreti, A. Dalakoti, T. Naugai, H. Hathwal  
 Standing Row 5 : J. Sizwalee, H. Yadav, R. Joshi, S. Budhlakoti, N. Tamta, H. Negi, H. Rana  
 Absent : G. Kumar, M. Adhikari

## CLASS 12 B



- (L. to R.) Seated : A. Sah, G. S. Dhillon, Dr. M. Tewari (Class Teacher), Y. S. Sandhu, Anjish K.C.  
 Standing Row 1 : N. Pant, D. Sah, D. Mehra, B. Henderson, A. Khan, S. Rawat, A. Shamsi.  
 Standing Row 2 : A. Kumar, G. Joshi, A. Sah, P. S. Virk, A. Budhlakoti, A. Budhlakoti, V. Bisht, S. Negi.  
 Standing Row 3 : K. Tripathi, A.A. Singh, S. Srivastava, P. Bhatt, A. Saif, K. Nayal, C. Bhatt.  
 Standing Row 4 : M. Joshi, V. Bisht, M. Sameer, S. Parvaz, A. Gandhi, V. Arora.





ISC - 2023

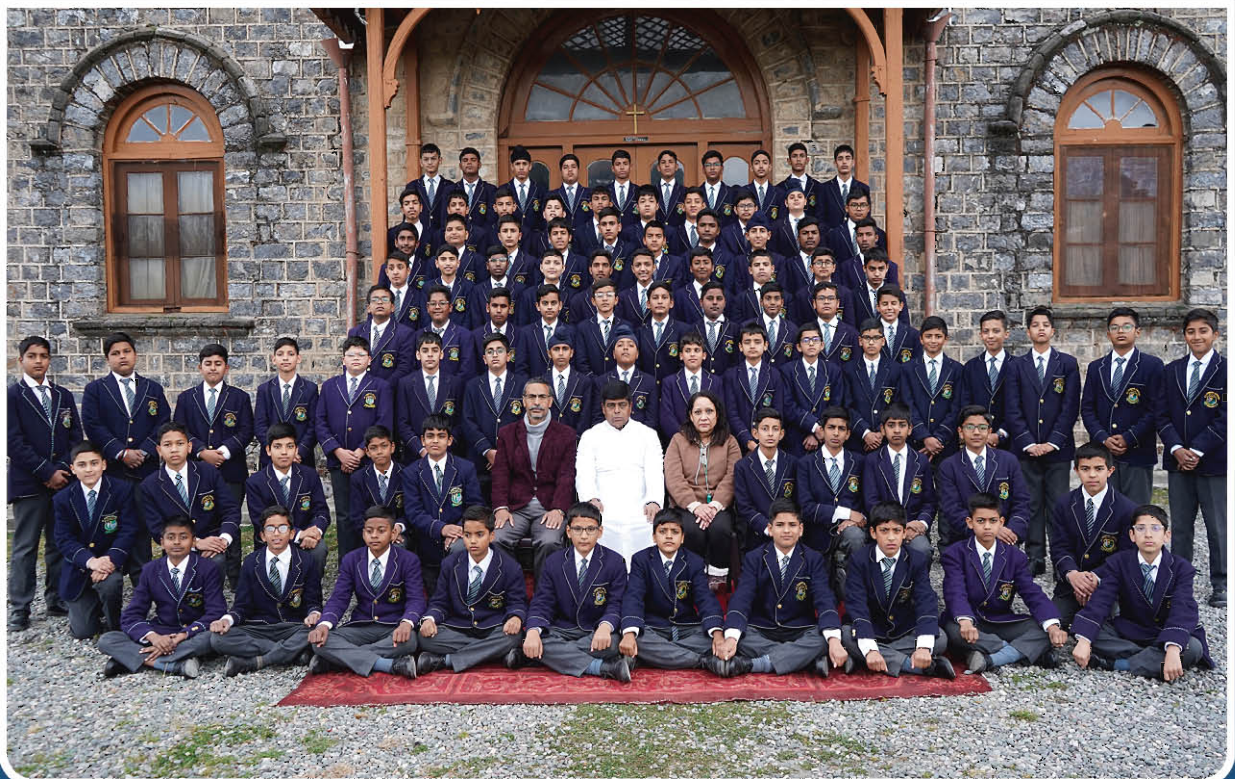


ICSE - 2023



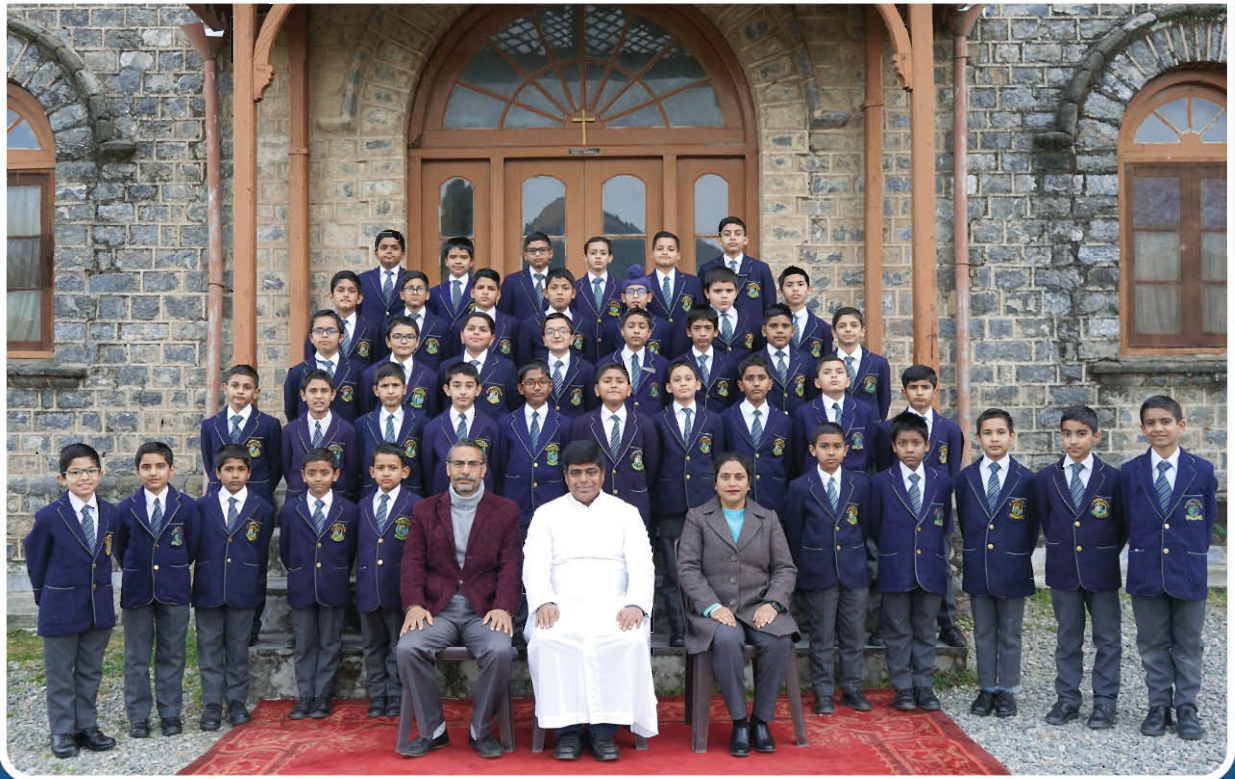


MIDDLE SCHOOL BOARDERS - CLASS 6

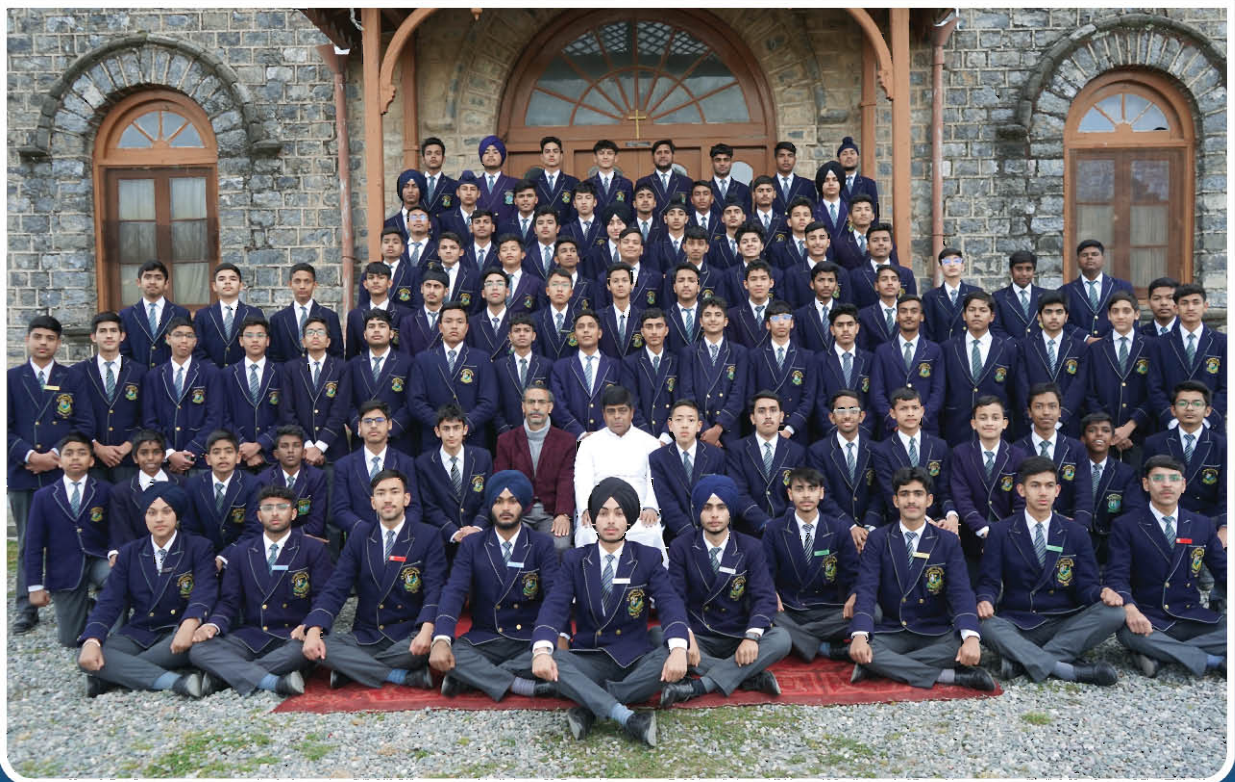


MIDDLE SCHOOL BOARDERS - CLASS 7 & 8





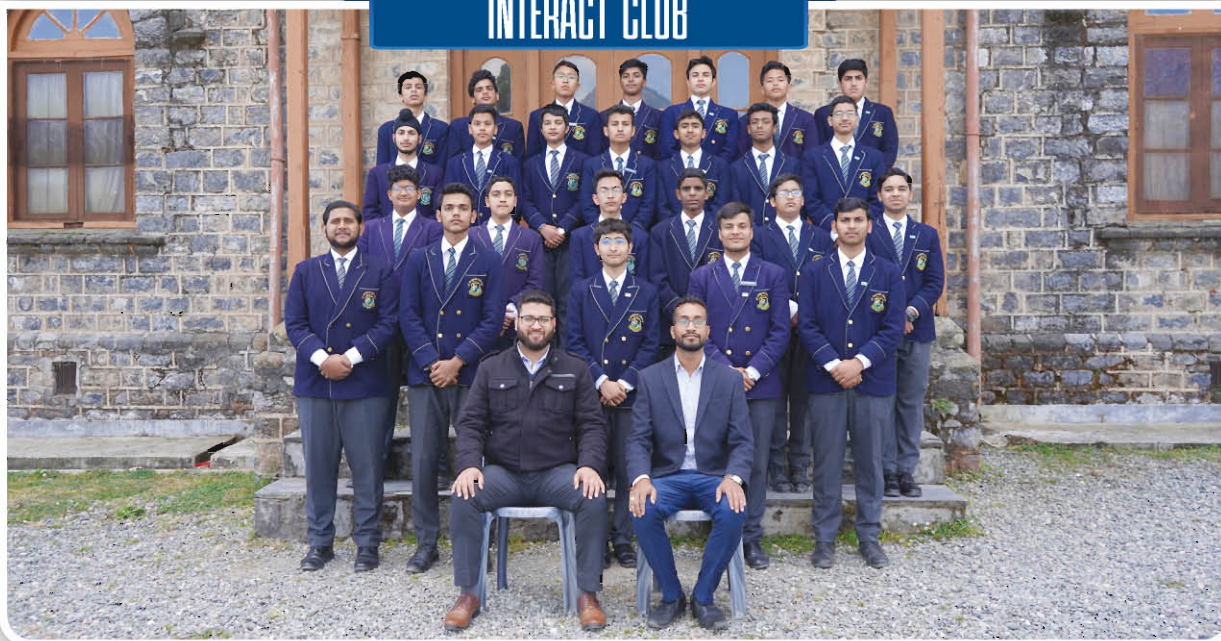
JUNIOR SCHOOL BOARDERS



SENIOR SCHOOL BOARDERS

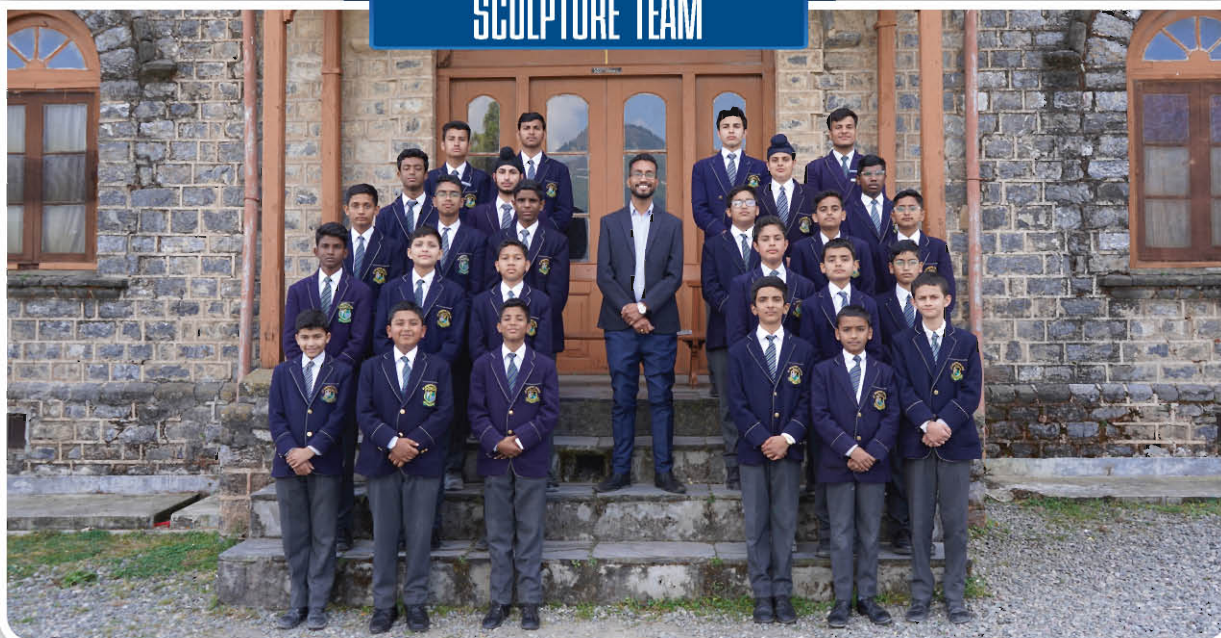


## INTERACT CLUB



- (L. to R.) Seated : Mr. P. Roy, Mr. H. Gupta
- Standing Row 1 : K. Jaiswal, S. Singh, M. Sanwal, S. Pathak, Y.K. Shekhar.
- Standing Row 2 : A. Joshi, P.P. Pandey, Y. Singh, A. Godiyal, K. Ahuja, K. Srivastav.
- Standing Row 3 : S. Singh, S. Agarwal, V. V. Joshi, S. S. Gangola, Ajitesh Gupta, Abhas Gupta, D. Bhandari.
- Standing Row 4 : D. Dabral, S. Khanna, A. Hyanki, A. Srivastav, U. Joshi, A. Khetwal, V. Shounak.

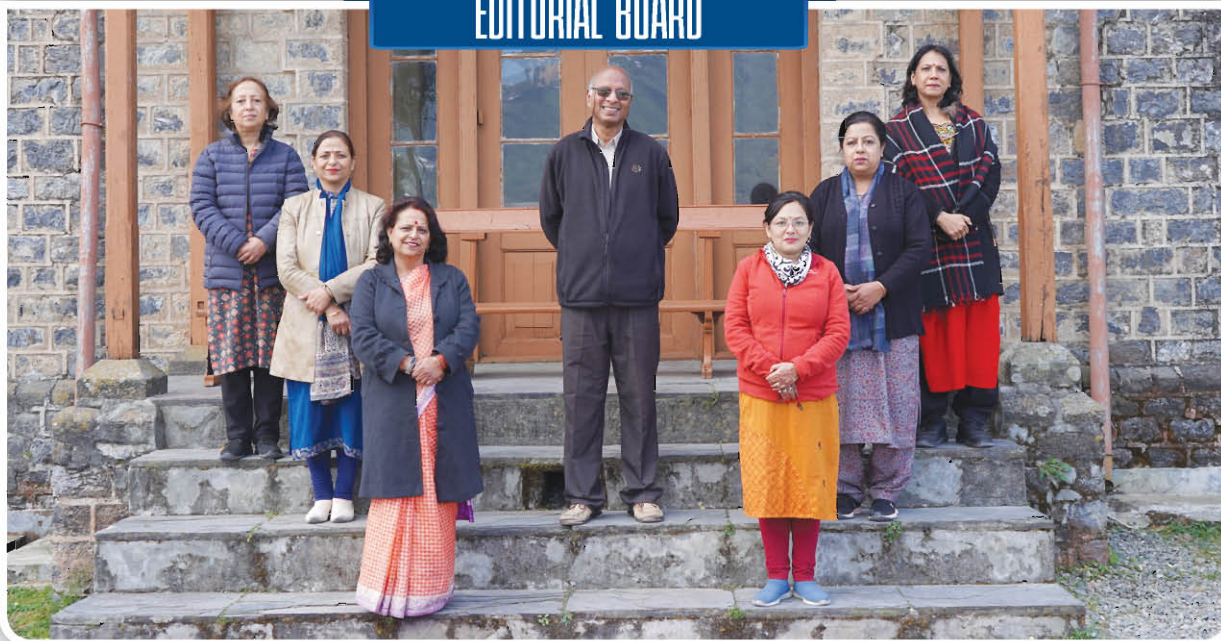
## SCULPTURE TEAM



- (L. to R.)
- Standing Row 1 : R. Sah, P. Vasney, Adil, V. Bhullar, G. Agrawal, P.S. Dhaila
- Standing Row 2 : A. Kumar, M. Singh, P. R. Khalko, S. Tewari, Prashant K.C., A. Sah.
- Standing Row 3 : A. Shukla, D. Rastogi, A. Godiyal, Mr. Himanshu Gupta (Teacher), K. Ahuja, S. Singh, P. Tutela.
- Standing Row 4 : A. Gupta, S. Singh, J. Virk, K. Aryan.
- Standing Row 5 : S.S. Gangola, Y. K. Shekhar, U. Joshi, S. Pathak.



## EDITORIAL BOARD



(L. to R.)

Standing Row 1 : Mr. M. Joshi, Mrs. M. Sah.

Standing Row 2 : Mrs. C. Bisht, Brother Sarto D'Souza, Mrs. N. Siddiqui.

Standing Row 3 : Miss N. Bisht, Mrs. B. Shounak.

## ECO CLUB



(L. to R.)

Standing Row 1 : S. Pathak, S. Bisht, U. Shamsi, S.S. Gangola.

Standing Row 2 : S. Singh, H. Tiwari.

Standing Row 3 : J. Manral, P. Parthasarathi, U. Singh, Y. Joshi, H. Pant, P. Dhaila, V. Agarwal, Y. Singh, S. Mahra.

Standing Row 4 : V. Shounak, A. Kumar, R. Bhatt, A. Gupta, D. Dabral, A. Tewari, K. Srivastav.



## STAFF



- (L. to R.) Seated : Ms. A. Tomar, Ms. S. Ghildiyal, Ms. M. Bhatt, Br. J. Manuel, Ms. Z. Raza (Headmistress), Br. Hector Pinto (Principal), Br. Sarto D'Souza (Superior), Ms. S. Sah, Ms. N. Bisht, Mr. E. D'Gama.
- Standing Row 1 : Mr. D. Sati, Mr. B. Manral, Ms. N. Sah, Ms. A. Thapa, Ms. B. Shounak, Ms. R. Sah, Ms. N. Siddiqui, Dr. M. Joshi, Ms. S. Shah, Ms. M. Sah, Ms. R. Gururani, Ms. B. Bora, Ms. S. D. Nath, Dr. M. Tewari, Mr. R. Bhatt.
- Standing Row 2 : Ms. T. Arya, Ms. H. Nagpal, Ms. A. Bisht, Dr. C. Bisht, Ms. M. Mehra, Ms. A. Sah, Ms. P. Knight, Ms. J. Solomon, Ms. D. Mishra.
- Standing Row 3 : Ms. D. Bell, Ms. J. Arora, Ms. K. Bisht, Ms. U.B. Sethi, Ms. B. Jagati, Ms. S. Bisht, Ms. M. D'Costa.
- Standing Row 4 : Mr. M. Bernard, Mr. N. Arya, Mr. R. Pande, Mr. S. Banerjee, Mr. N.S. Bisht, Dr. M. Bisht, Mr. P. Roy, Mr. J. Nath.
- Standing Row 5 : Mr. H. Gupta, Mr. M. Sethi, Mr. A. Knight, Mr. A. Dhaila, Mr. A. Massey, Mr. S. Rautela, Mr. S. Sah, Mr. D. Sharma.

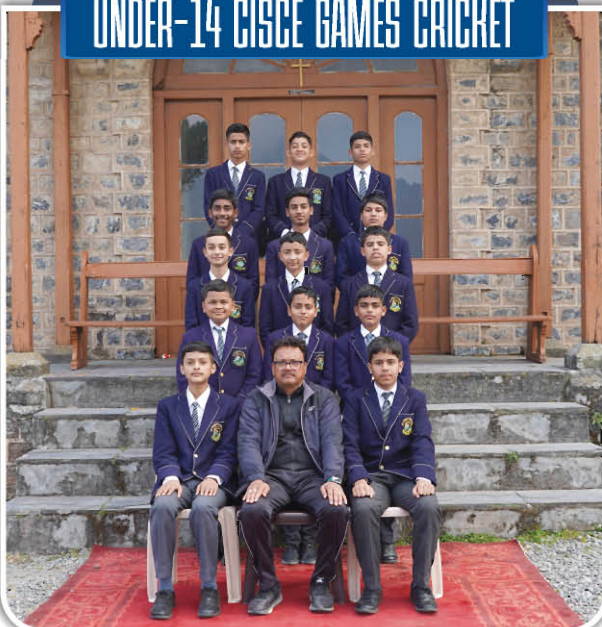
## SUPPORT STAFF



- (L. to R.) Seated : Mr. P. K. Godwin, Mr. Mangal Ram, Br. Hector Pinto, Mr. Dharminder K. Sharma, Mr. Lalit S. Chaudhary.
- Standing Row 1 : Mrs. Kamlesh, Mr. Sundar Lal, Mr. Vinod Kumar, Mr. Ganesh Ram, Mr. Mathius, Mr. Hira Lal, Mr. Ramesh Kumar, Mrs. Hema, Mrs. Mamta.
- Standing Row 2 : Mr. Yogesh, Mr. Naveen, Mr. Deep, Mr. D. Parida, Mr. Dhani Ram, Mr. Girish, Mr. Anand, Mr. Deepak.
- Standing Row 3 : Mr. Rafiq, Mr. Harish Chandra Tamta, Mr. Sanjay Lal, Mr. Mukesh, Mr. Chandan, Mr. Suraj, Mr. Prem Chand.
- Standing Row 4 : Mr. Yash Yadav, Mr. Navneet Bisht, Mr. Sanjeev Kumar, Mr. Ravi Kumar, Mr. Bali Ram, Mr. Raju, Mr. Sonu, Mr. Madan.



## UNDER-14 CISCE GAMES CRICKET



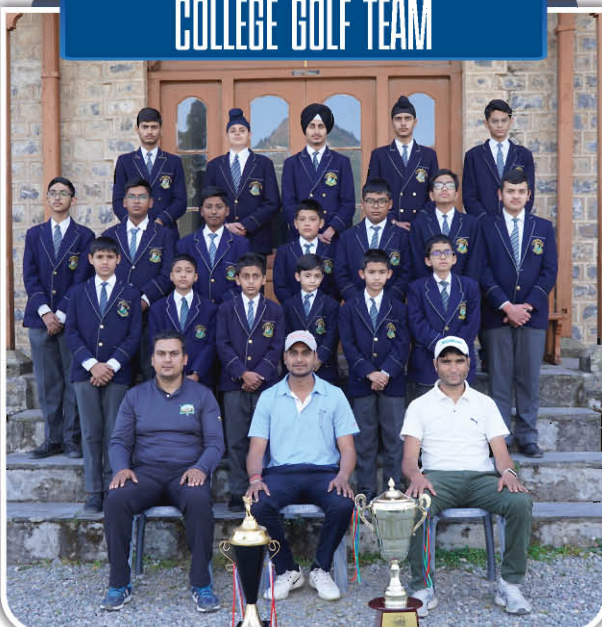
(L. to R.) Seated : R. Khatri, Mr. A. Knight, P. Pande.  
 Standing Row 1 : G. Verma, R. Joshi, A. Khan.  
 Standing Row 2 : D. Bhakuni, A. Rana, P. Anand.  
 Standing Row 3 : S. Saxena, U. Srivastava, A. Nawaz  
 Standing Row 4 : M. Raikwal, M. Chaudhary, M. Kaif.

## MINIS FOOTBALL TEAM



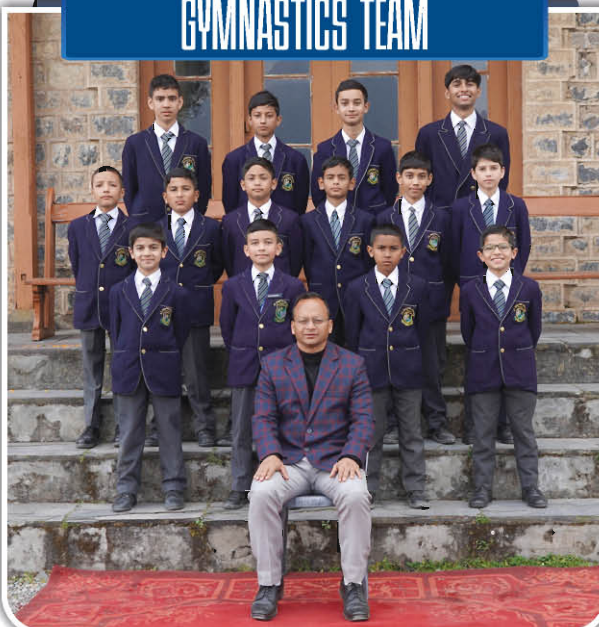
(L. to R.)  
 Standing Row 1 : Mr. A. Dhaila.  
 Standing Row 2 : Y. Joshi, U. Joshi, S. Bhatt, M. Muddassir, H. Mehra, Y. Joshi.  
 Standing Row 3 : M. Suyal, A. Bargali, L. Suyal, A. Agarwal, C. Bisht, H. Janoti.  
 Standing Row 4 : T. Kanwal, H. Kumar, L. Pant, K. Chaudhary.

## COLLEGE GOLF TEAM



(L to R) Seated : Mr. P. Paliwal, Mr. R. Balmiki, Mr. T. Kumar.  
 Standing Row 1 : T. Sharma, A. Agarwal, A. Agarwal, R. P. Sijwali, V. Anand, J. Gururani.  
 Standing Row 2 : E. Usmani, S. Agarwal, N. Bansal, K. Singh, R. Bansal, A. Agarwal, A.S. Rawat.  
 Standing Row 3 : A.S. Sandhu, J.S. Vivk, A.S. Gill, K.S. Gill, K. Vinayak.

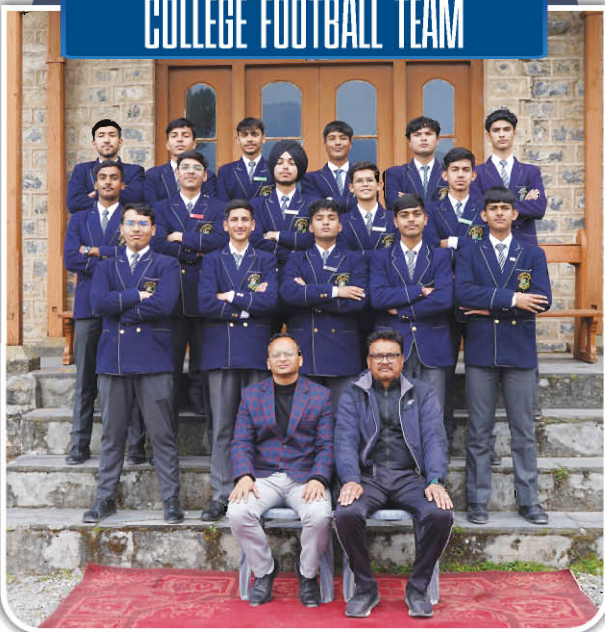
## GYMNASTICS TEAM



(L. to R.) Seated : Mr. A. Dhaila.  
 Standing Row 1 : U. Veer, Y. Bisht, D. Bhakuni, D. Tiruwa.  
 Standing Row 2 : K. Rautela, V. Joshi, M. Bisht, U. Bisht, U. Karki, Y. Mehra, D. Mehta.  
 Standing Row 3 : S. Areeb, R.P. Bisht, N. Rajput, K. Verma.



## COLLEGE FOOTBALL TEAM



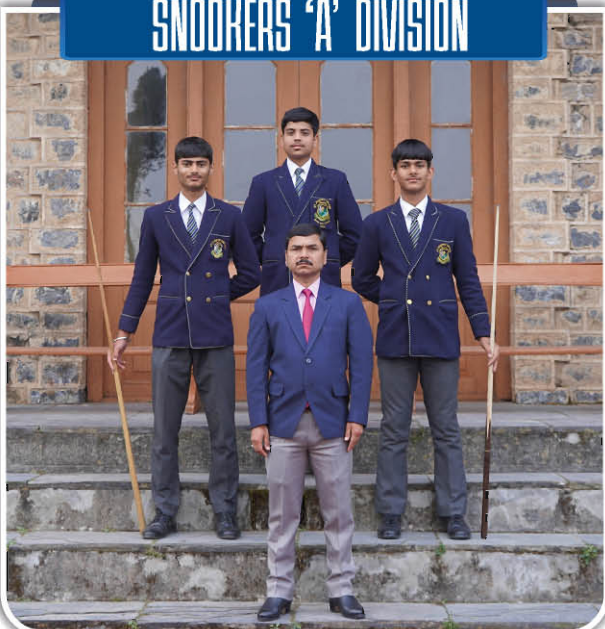
(L. to R.) Seated : Mr. A. Dhaila, Mr. A. Knight.  
 Standing Row 1 : J. Sheikh, V. Tewari, A. Sah, A. Bailwal, G. Pilani.  
 Standing Row 2 : A. Raj, T. Qureshi, G. Dhillon, S. Dhondiyal, B. Negi.  
 Standing Row 3 : Anjish K.C., A. Dalakoti, K. Raj, P. Kumar, C. Bhatt, K. Goswami.

## JUVIES FOOTBALL TEAM



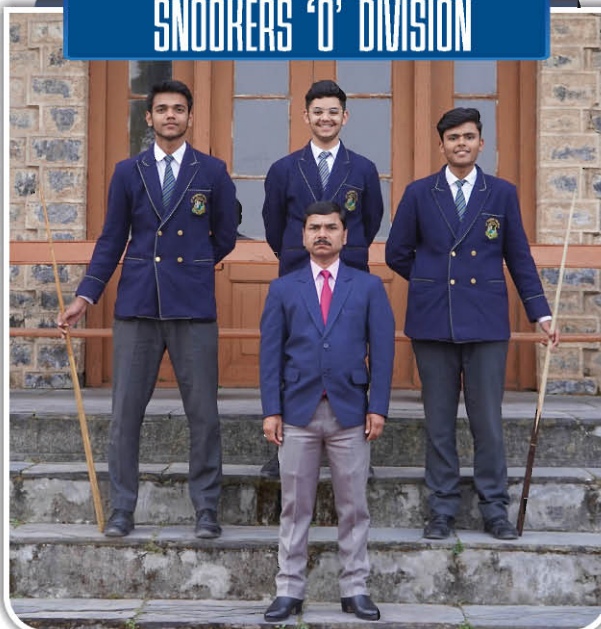
(L. to R.)  
 Standing Row 1 : K. Bisht, A. Suri, S. Sah, P. Bhatt, Mr. A. Dhaila.  
 Standing Row 2 : R. Bisht, K. Bisht, N. Naithani, K. Nainwal.  
 Standing Row 3 : Ryan V. George, U. Khatri, A. Ansari.  
 Standing Row 4 : P. Varshney, R. Sah (G.K.), P. Surya.

## SNOOKERS 'A' DIVISION



Teacher : M. Kumar  
 Winner : R. Agarwal  
 Runner up : A. Sandhu  
 Third : G. Pilani

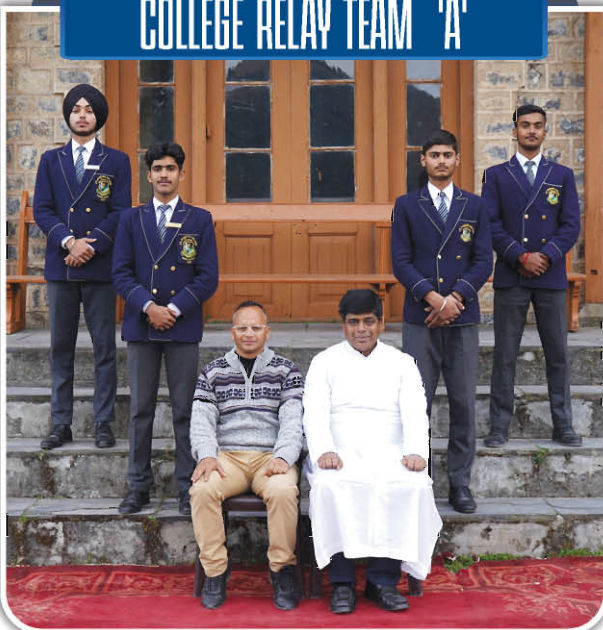
## SNOOKERS 'D' DIVISION



Teacher : M. Kumar  
 Winner : M. Adhikari  
 Runner up : S. Veer Singh  
 Third : S. Gupta



## COLLEGE RELAY TEAM 'A'

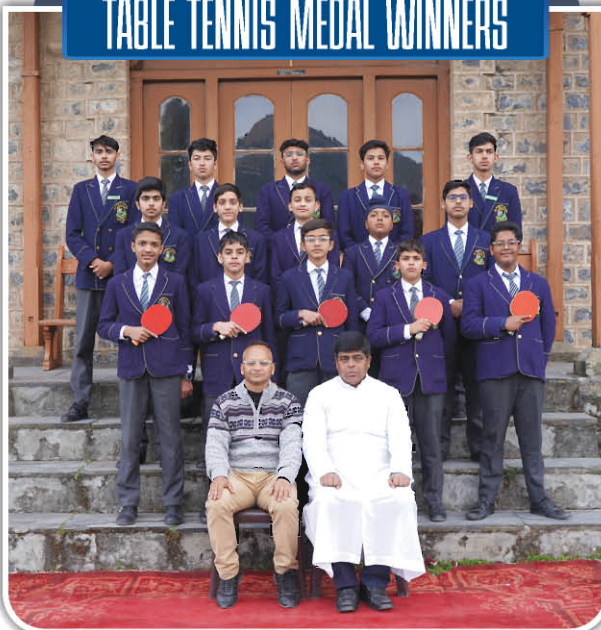


(L. to R.) Seated : Mr. A. Dhaila, Br. Hector Pinto (Principal).

Standing Row 1 : Krishiv, Aarav.

Standing Row 2 : G. Dhillon, A. Raj.

## TABLE TENNIS MEDAL WINNERS



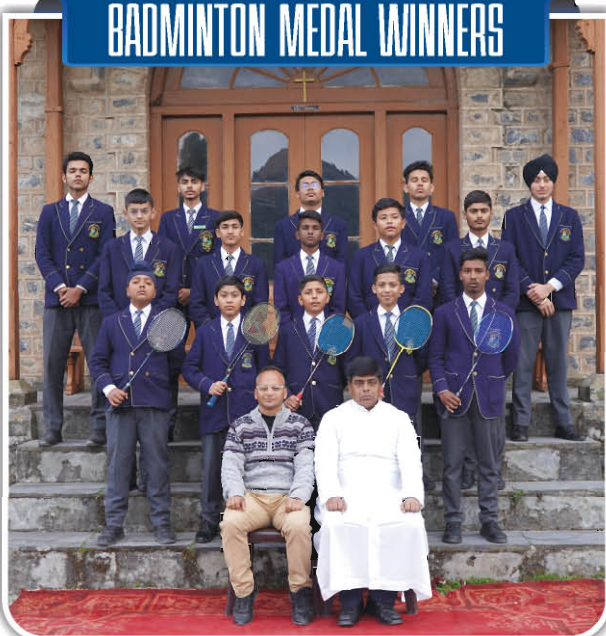
(L. to R.) Seated : Mr. A. Dhaila, Br. Hector Pinto (Principal).

Standing Row 1 : D. Pratap, R. Bajaj, Kabir, K. Bajaj, V. Agarwal.

Standing Row 2 : A. Suri, P. Khandelwal, A. Kunwar, A. Singh, N. Dalmiya.

Standing Row 3 : K. Raj, M. Bisht, G. Khetarpal, S. Agarwal, B. Negi.

## BADMINTON MEDAL WINNERS



(L. to R.) Seated : Mr. A. Dhaila, Br. Hector Pinto (Principal).

Standing Row 1 : A. Singh, A. Ansari, S. Tewari, A. Agarwal, A. Masih.

Standing Row 2 : K. Vinayak, N. Gautam, A. Kumar, A. Khetwal, A. Sandhu.

Standing Row 3 : S. Singh, K. Raj, S. Srivastav, A. Singh, B. Singh.





**YASHRAJ SANDHU**  
HOCKEY TEAM  
BEST WINGER



**GURTEJ DHILLON**  
BEST  
MID-FIELDER



**AARAV SANDHU**  
SPORTSMAN & ATHLETE  
OF THE YEAR



**ABHINAV KHETWAL**  
BADMINTON PLAYER  
OF THE YEAR



**RAGHAV AGARWAL**  
SNOOKER PLAYER  
OF THE YEAR



**MAHIRAJ SINGH BISHT**  
TABLE TENNIS PLAYER  
OF THE YEAR





BASKETBALL WINNERS (TAGORE HOUSE)



SOFTBALL WINNERS (PANT HOUSE)



VOLLEYBALL WINNERS (TAGORE HOUSE)



ACHIEVED  
2ND PRIZE IN  
ON THE SPOT  
PAINTING COMPETITION  
BY  
THE NEW CLUB,  
NAINITAL

GARVIT WARIYAL



CISCE REGIONAL TOURNAMENT TABLE TENNIS



INTER SCHOOL T.T. CHAMPIONSHIP WINNERS





UNDER-14 BASKETBALL REGIONAL TOURNAMENT



UNDER-19 BASKETBALL REGIONAL TOURNAMENT



UNDER-19 HOCKEY SILVER MEDALISTS REGIONAL



UNDER-19 UP/UK NATIONAL HOCKEY



UNDER-14 SILVER REGIONAL HOCKEY TEAM



UNDER-17 LAWN TENNIS REGIONAL TEAM





UNDER-17 SILVER MEDALISTS HOCKEY



UNDER-19 BASKETBALL REGIONAL



UNDER-14 & 17 NATIONAL PLAYERS UP/UK



REGIONAL ATHLETIC TEAM



CHESS TEAM REGIONAL



BOXING REGIONAL





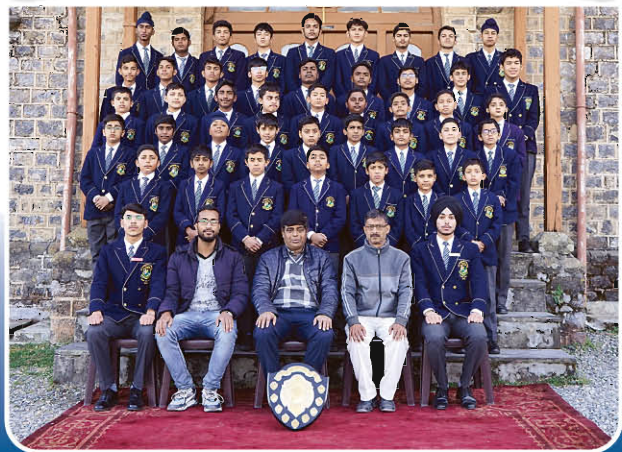
UNDER-19 & 14 UP/UK BOXING NATIONAL PLAYERS



UNDER-14 LAWN TENNIS TEAM REGIONAL



UP/UK TABLE TENNIS NATIONAL PLAYER

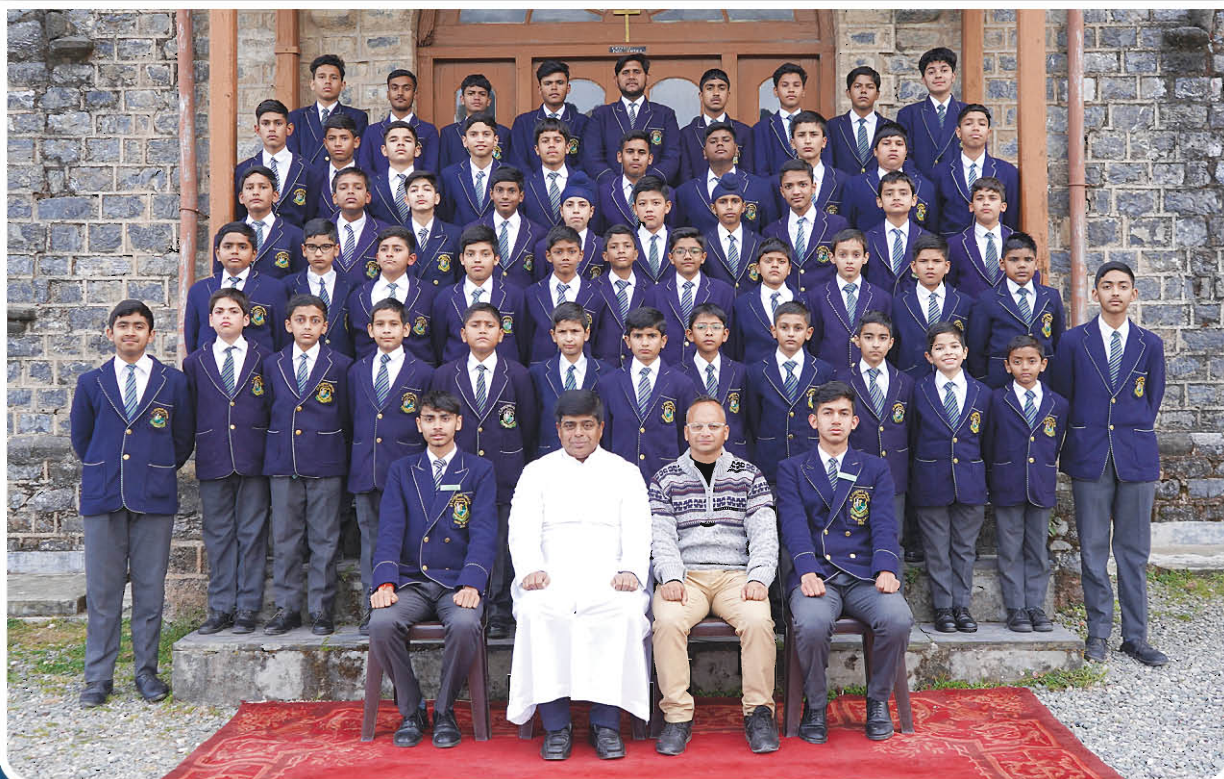


COCK HOUSE - 2023 (TAGORE)



SNOOKER TEAM





INTER HOUSE CRICKET WINNERS



INTER HOUSE FOOTBALL WINNERS





OPENING MARCH PAST WINNERS



CLOSING MARCH PAST WINNERS



# CLASS 10-A



**ALEN KUJUR**  
Helpful and kind, silent worker, has a flair for music, very well behaved.

**ABHAY MISHRA**  
Kind, helpful, positive attitude and takes responsibility.

**ABHINAV OLI**  
Fond of talking and is friendly with his classmates.

**KRISH GANDHI**  
Responds to corrections positively, thoughtful and respectful.

**AAYUSH KUMAR SINGH**  
Takes guidance and correction in a positive manner.

**AUGUSTAV JOSHI**  
Responsible and always ready to help.

**AMRIT PAL SINGH**  
Has the required capacity to put in hard work and excel.

**HARPREET SINGH CHEEMA**  
Fond of talking but takes corrections positively.

**AADIT SURI**  
Is a sensitive child who has developed a positive attitude towards life.

**MOHD. SAAD**  
Hard working, has positive attitude

**MANNAT KALRA**  
A chilled out personality, a good table tennis player.

**LAVYA AGRAWAL**  
Takes corrections in the right spirit, friendly and helpful.

**AKARSH MISHRA**  
Accepts responsibility, thoughtful and is capable of achieving a lot.

**ANKUSH SINGH**  
Studious, hard working and a good table tennis player.

**HAMD SIDDIQUI**  
Quiet and sober, respectful and is always ready to help.



**ARUSH TRIPATHI**  
Can focus and be attentive in order to complete a task, friendly and respectful.

**ARUSHTAP SINGH GILL**  
Cool and quiet student, respectful with an innocent face.

**PARTH KHANDELWAL**  
Well behaved, respectful student who takes keen interest in class activities.

**PRIYANSHU PANDEY**  
Conducts himself well, respectful

**SIDDHANT VERMA**  
Responsible and takes interest in class activities.

**AARAV SINGH SANDHU**  
Is courteous and shows good manners.

**SWALEH HAYAT KHAN**  
Takes guidance and corrections in a positive manner, respectful.

**DHRUV ARORA**  
Friendly and gets along well with the classmates.

**ARYAN HYANKI**  
Makes an effort to present his work in the best possible manner, takes correction positively.

**SATYAM JAISWAL**  
Friendly and helpful.

**AYUSH SUNUWAR**  
Is affectionate and respectful, always ready to help with a big smile on his face.

**MOHD. ASHRAF**  
He endeavours to improve himself.

**SAMARTH SINGH**  
Well behaved and respectful.

**PETER MICHAEL KHALKHO**  
A very calm, quiet and sober student, hard working and responsible.

**TANMAY SRIVASTAVA**  
Respectful with an innocent face.

**RAGHAV AGARWAL**  
Studious, generous, trustworthy and responsible having great values and leadership qualities.

**TASHIFUDDIN QURESHI**  
Responsible, well mannered, obedient and helpful.

**AKSHAT POKHARIA**  
Responds positively to corrections and makes an effort to improve.

**TASNIM QAVI SHAIKH**  
Is friendly and liked by the classmates, a good singer.

**ABHINAV KETWAL**  
Pleasing personality and makes an effort to improve. A good badminton player.

**DEVANSH GUPTA**  
Works hard, respectful, kind and helpful eager to learn.

**MOHD. TAMEER**  
Well behaved, follows instructions and takes responsibility.

**PRATHAM SINGH BISHT**  
Sensitive and responds to correction Positively, tries to improve.

**AMRITPAL SINGH VIRK**  
Helpful, kind, takes guidance and correction in a positive manner.

**ANKUSH SINGH**  
Polite, thoughtful and conducts himself well.

**AMBAR RAJ SINGH**  
Friendly and ready to help others.

**VAIBHAV CHAUDHARY**  
Quiet worker, hard working and sincere.

**JUGRAJ SINGH**  
Is understanding and caring.

**GOMZEE PILANI**  
Is well liked by his classmates, loves playing games.

**VIKAS**  
Friendly, cheerful, and helpful.

**BHAVISHYA NEGI**  
His talent at leadership and in building team spirit, especially on the football field is commendable.

**ARYAVEER SINGH**  
Respectful and has the talent to deal with difficult situations effortlessly.



# CLASS 10-B



**HARSHIT JOSHI**  
Is persistent and hard working.

**KARAN SATI**  
Well behaved, positive approach and a silent worker.

**ALI SIDDIQUI**  
Is responsible and listens attentively.

**DHANANJAY PRATAP SINGH BISHT**  
Soft spoken and well behaved.

**ASTITVA VISHOR**  
Humble and kind, takes correction positively.

**HITEN ADHIKARI**  
A very calm, quiet and sober student.

**GOURANG SINGH DHAILA**  
A frank and honest student.

**MANAS SAH**  
Has the required capacity to put in hard work and excel.

**PARIKSHIT BISHT**  
is understanding and caring.

**PARIKSHIT JOSHI**  
Lovable, helpful and friendly.

**MANIK SAH**  
Smiling face of the class.

**KARAN BHATT**  
Respectful, kind and helpful.

**ALISHAN HUSSAIN**  
Quiet worker, courteous, soft spoken and independent.

**KRISHANG KUMAR**  
A compassionate student.

**GAUTAM SAH**  
Is affectionate and respectful.

**AKSHAT KHATRI**  
Helpful and kind

**NILASH SINGH PINGAL**  
Helpful and kind, silent worker.

**ASHUTOSH TIWARI**  
Conducts himself well, kind and helpful.



**ALABHYA SINGH RAWAT**  
Sensitive, responds to correction positively.

**KALPAJ GAHTORI**  
Is friendly and imaginative with innocent face.

**NILESH JOSHI**  
Positive in attitude makes an effort to improve.

**YAMAN SHAIL**  
Takes responsibility and makes an attempt to be useful in class.

**SHRIHAR VARUN BISHT**  
Is fond of talking but takes corrections positively.

**UTKARSH YADAV**  
Hardworking, caring and open to learning.

**SARTHAK SINGH DANGA**  
Is polite and cooperative in his everyday dealings.

**DHRUV MALHOTRA**  
Takes guidance and correction in a positive manner.

**MARUT SHARMA**  
Pleasing personality, positive attitude and responsible.

**PARTH JOSHI**  
Is mild and well behaved.

**AKSHIT MAULEKHI**  
Smiling face of the class, courteous and pleasing.

**SHIVAM VERMA**  
Has a friendly disposition.

**SIDDHARTH MAHARA**  
Is kind and helpful to everyone in the class room.

**MOHD. SUFYAN SIDDIQUI**  
Works to his potential, thoughtful and mild.

**MISBAH SHEIKH**  
Responds positively to correction, helpful and responsible.

**PRATTYUSH KAMBOJ**  
Conducts himself well and understands when corrected.

**JANAMEJAY BISHT**  
Soft spoken, has leadership qualities, well behaved and good athlete.

**OJASWA JOSHI**  
Conducts himself well and is kind and helpful.

**NAKSHATRA SINGH PADIYAR**  
Works hard, responds to corrections positively.

**VISHRUT JOSHI**  
Amuses the class with his antics. He is an honest child.

**PRATHAM SINGH**  
Is focused and leaves no stone unturned in achieving his goals.

**SIDDHARTH PANDEY**  
Very calm and quiet student.

**KARTIKEYA NATH**  
Silent worker, tech savy. Well behaved and confident.

**VIPUL JOSHI**  
With versatile personality. He surprises everyone by his acting skills.

**DIVYANSHU NEGI**  
Makes an effort to present his work in the best possible manner.

**VANSH BISHT**  
Is courteous and shows good manners

**MANMOHAN SATI**  
Silent worker, thoughtful and polite.

**VAIBHAV CHAUDHARY**  
Listens attentively to guidance and motivation talks.

**PRANJAL DEEWAN**  
Is helpful and sensitive.

**SHIVANG PANT**  
A quiet and sober student. Takes interest in planning for his future.

**PRABUDDH GUNWANT**  
Has the talent to deal with difficult situations in the most amicable manner.

**UJJWAL SINGH BISHT**  
Has shown excellent ability to set goals and be persistent in achieving them.

**VARDAN SINGH KATOCH**  
Is thoughtful and mild in his interaction with others.

**YASHDEEP SINGH**  
Lovable, helpful and friendly.



# CLASS 12-A



**RITIK JOSHI**  
Amidst leisure's embrace, he meandered, an unapologetic maverick. Yet, in the realm of grades, his unorthodox journey unfurled a surprising tapestry of triumph.

**PARTHIV CHAKRABORTY**  
With self-drive ablaze, confidence stands tall, Vocabulary rich, his eloquence enthralls. His mind, a vault of knowledge, will hold you in thrall.

**SAURAV DHONDIYAL**  
In a world of acquaintances, he's a warm embrace of genuine connection, a beacon of kindness that brightens every encounter.

**KETAN RAJ**  
In the realm of physique, he's a slender silhouette, A living testament that strength isn't solely measured in bulk, he moves through life with an agile elegance.

**SIDDHARTH SINGH**  
With cascading locks that harmonize with every strum, he's a melody sculptor, weaving magic into his musical chords. His long hair, adds to his artistic persona.

**MAULIK SANWAL**  
Radiating an innate charm, he effortlessly attracts attention with his adorable demeanour & disarming smile, making him an irresistible force that turns heads wherever he goes.

**NAMAN TAMTA**  
In the chapters of companionship, he stands as a steadfast ally, offering unwavering support and understanding. A reliable presence, he weaves trust into the fabric of connections, turning shared moments into a canvas of genuine camaraderie.

**NAMAN KANDPAL**  
In pursuit of strength and wellness, he faithfully engages in daily rituals of lifting weights and embracing physical exertion. Each session becomes a canvas where he sculpts his body with unwavering discipline.

**SURYANSHU BUDHLAKOTI**  
His infectious laughter and perpetual smile light up the world.

**ZAID**  
Zaid is dependable, sociable and extremely likeable; An unassuming presence and so affable.



**AKSHIT PATWAL**  
Akshit is a cutie pie and always has a ready stock of witticisms and jokes.

**AYUSH AGARWAL**  
Debonair and dashing handsome, Ayush is also a brilliant scholar.

**SHAAN HAIDER**  
In the solitude of his thoughts he finds refuge, speaking volumes through his quiet wisdom.

**HARSH TEWARI**  
In his presence hearts skip a beat, A grin so wide, cheerful and sunny.

**NAVNEET PURI**  
With a cheerful, sunny disposition, He spreads joy in every interaction.

**JYOTIRADITYA SIZWALEE**  
Quietly in the background, he may seem to merge, Yet he has a steely determination to succeed.

**HIFZAN**  
In the grand narrative, he may play an obscure role, yet every life, in its own way, is a story, unspoken but earnest.

**HARDIK HATWAL**  
With every strum of his guitar he conveys vibrant emotions and creates magic.

**ONKAR SAH**  
In the realm of slumber, he's an expert navigator, with dreams in uncharted zones of fantasy.

**HARSHVARDHAN NEGI**  
He is casual and carefree, the greatest challenge for any teacher is to make him study.

**MANISH SAH**  
Amid life's bustling pace, he lingers backstage, A smiling figure quietly distant from the centre stage.

**TANISH NAUGAI**  
In his slender frame, strength's grace resides; A blithe spirit, in him resilience hides.

**GAURAV SAI SAH**  
Chubby and jolly, his laughter resounds, Seeking joy in life's merry-go-round.

**HARSH YADAV**  
His warmth is a perpetual sunbeam, and his kindness the gentle breeze that makes everyone feel at ease in his company.

**MAULIK ADHIKARI**  
Service and compassion are his synonyms, a tireless worker but never a shirker, worthy yet unnoticed.

**AAYUSHMAAN SAH**  
In wisdom's vast expanse, he's deeply steeped, A repository of facts, in his mind he neatly keeps.

**DIVYANSH BISHT**  
In dapper attire, he graces the scene with flair. His words are a symphony that lay the world bare.

**DIVYANSH SAMANT**  
With a vibrant spirit, he paints life's canvas in bright hues. In his own unique way, he loves and his dreams pursues.

**PRAJWAL SIROHI**  
In life's grand tapestry, he prefers to blend in the background, To offer a helping hand, he is always around.

**NIRBHAY TRIPATHI**  
A radiant sun, casting brilliance in every endeavour; an artist of innate prowess, crafting excellence with every stroke.

**ADITYA DALAKOTI**  
In life's grand symphony, he plays every note with grace; a versatile maestro who embraces every role, from starlight to shadow.

**SHEERSH CHAUDHARY**  
In the classroom he may wear a stony expression, But he is a goldmine of knowledge beneath the unassuming exterior.

**SAKSHAM DALMIA**  
His voice resonates like a sonorous symphony, Each word a rich, velvety note that captivates all who listen.

**ABHINAV MEHRA**  
In solitude he finds his sanctuary, where thoughts bloom and creativity thrives, A world of depth beneath his reserved exterior.

**SAKET BISHT**  
In the face of challenges, he's a relentless seeker of solutions, an unwavering spirit who never shies away from the effort of trying.

**RAJAT JOSHI**  
He's so consumed by his aspirations that life's vibrant moments slip through his fingers, a person with an unwavering drive and thirst for knowledge.

**AYUSH BAIWAL**  
In life's rich tapestry, he's a fine thread, often overlooked, but perhaps holding the delicate stitch that completes the whole.

**GEETANSH**  
In a world of pretences, he effortlessly mirrors our everyday quirks and tribulations, making connection feel like an artistry of relatability.

**ARHAM KHAN**  
He's a hardworking, artistic, and adorable film editor with an irresistible charm and charisma.

**MANIK MEHRA**  
In the shadows of perpetual introspection, he navigates life with a constant gravity, his soul etched with the poetic weight of introspective musings.

**HARDIK RANA**  
With a roundness that embraces life's pleasures, he's a jovial soul, finding joy in the sweetness of existence, like a living, breathing teddy bear.

**BHASKAR UPRETI**  
Bhaskar is hardworking and extremely focused, When it comes to the crunch, he is the one you can trust.

**HARSH BHATT**  
In the constant churn of his wise contemplation he echoes Aristotle's mind, ever pondering, ever free.



# CLASS 12-B



**DHRUV DHAVAL SHAH**  
When he is around,  
fun is in the air.

**KAVYANSH TRIPATHI**  
Polite thoughtful and  
conducts himself well.

**ANURAG KUMAR GAUTAM**  
Sincere, hardworking  
but a little shy.

**YASHRAJ SINGH**  
Responsible, well-mannered  
and obedient.

**MOHAMMAD UMAR**  
Takes keen interest  
in all activities  
of the class.

**GURTEJ SINGH DHILLON**  
Takes keen interest in  
all school activities.

**BRYAN HENDERSON**  
Takes guidance and  
correction in a  
positive manner.

**DEVANSH ANIL MEHRA**  
Takes correction and  
criticism in a positive way.

**SAMAR SRIVASTAVA**  
Likes to spend time in  
reading story books.

**SIDDHANT NEGI**  
Always laughing,  
likes to be miles  
away from studies.

**NISHCHAY PANT**  
Studious, generous,  
hardworking  
and sincere.

**AYAN SAIF**  
A placid  
personality.

**PRABHJAS SINGH VIRK**  
Fond of talking  
and is friendly with  
his classmates.



**MANNAN JOSHI**  
Respectful with an  
innocent face.

**ASHISH JOSHI**  
Friendly and helpful.

**AVIRAJ SINGH**  
One of his  
own kind.

**ADITY SAH**  
Well behaved.

**PRATYAKSH KAMBOJ**  
Cool and quiet student.

**HAMZA FAISAL**  
Is a valued  
member of class.

**GAURAV JOSHI**  
Always ready to help.

**ANJISH K.C.**  
Plays an active  
role in school  
activities.

**SHIVESH KUMAR**  
Good singer,  
has a flair for music.

**ARJUN GANDHI**  
Soft spoken and  
a good boxer.

**ABHIJEET BHATT**  
A chilled out personality.

**CHIRAG BHATT**  
Good natured  
and notorious.

**NITESH KAIRA**  
Well behaved and  
follows instructions.

**VANSH ARORA**  
Calm and quiet student

**PRIYANSHU BHATT**  
Is well liked by  
his classmates.

**MOHD. AYAN KHAN**  
Quiet and sober.

**ANJANAY SAH**  
Well behaved and  
follows instructions.

**NAKSHATRA SATI**  
Friendly and  
Respectful.

**MOHD. SAMEER**  
Always ready  
to help.

**SIDDHARTH SINGH RAWAT**  
Cool and quiet student.

**ARHAM KHAN**  
Responds positively  
to corrections.

**SRISHTI NAUBHARWAL**  
Polite and a good dancer.

**VAIBHAV BISHT**  
Loves sleeping or  
playing football.

**ADITYA BUDHLAKOTI**  
Soft spoken, always  
ready to help.

**KARAN NAYAL**  
Well behaved and  
respectful student.

**MOHD. AAYAN SHAMSI**  
Is a valued member  
of the class.

**VEDAKSH BISHT**  
Fun loving student.

**AMAN BUDHLAKOTI**  
Polite, thoughtful and  
conducts himself well.

**MOHD. SAHAL**  
Quiet worker, courteous  
and soft spoken.

**DIVYANSHU CHANDRA**  
Kind, helpful and  
positive attitude.

**AAKARSH ABDIEL SINGH**  
Has a flair for music,  
has won awards.



# YOUNG MINDS AT WORK

## "JUNIOR SCHOOL ACTIVITIES"

### SPREADING COLOURS OF UNITY : FLAG MAKING ACTIVITY

- 14 AUGUST 2023



### CRAFT-A-SNACK : SANDWICH MAKING ACTIVITY - 19 AUGUST 2023



### RAILWAY STATION ADVENTURE : EXPLORE THE TRACKS - 25 AUGUST 2023





# RAKHI MAKING : CREATING ARTISTIC BONDS !

- 29 AUGUST 2023



# FRUIT FIESTA !

- 1 SEPTEMBER 2023



# UNLEASHING TIME - TRAVELING CREATIVITY!

- 14 OCTOBER 2023



# PRESERVING MEMORIES: SCRAP BOOK MAKING

ACTIVITY - 14 OCTOBER 2023





# EXPLORING WONDERS: CONSTRUCTING SCIENCE MODELS - 4 NOVEMBER 2023



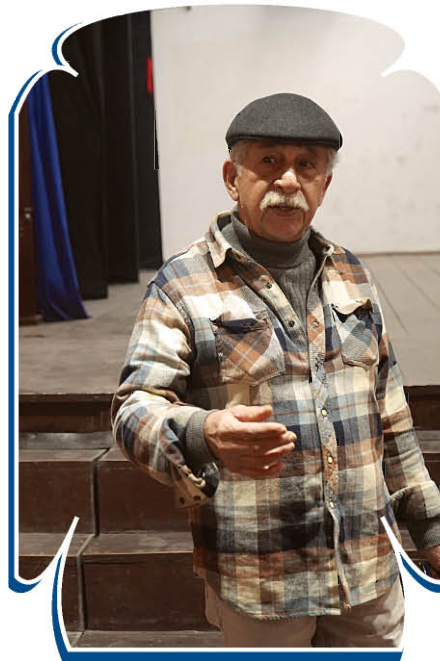
# TINY VOICES, BIG DREAMS : JUNIOR SEM IDOL 2023 - 6 NOVEMBER 2023





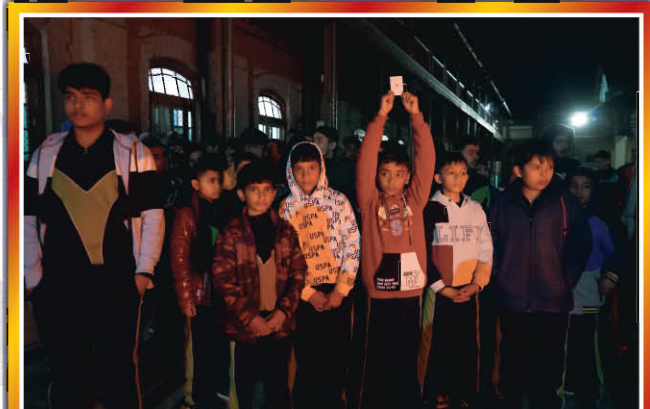


Back to the roots ...  
**Naseeruddin Shah**  
 rekindling the old flame at  
 the Alma Mater.  
 14 February, 2023





# BACK IN SESSION-THE BOARDERS RETURN ! - 28 FEB 2023

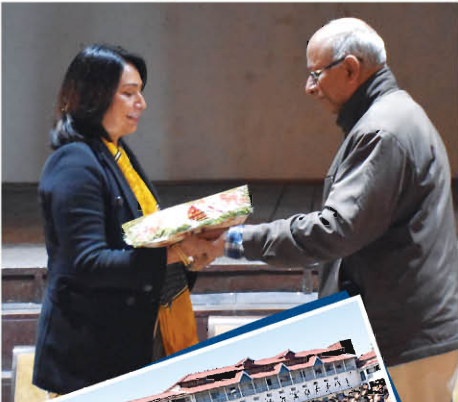




# WELCOMING OUR HEADMISTRESS ! - 2 MARCH 2023

*"Gratitude lends a sense of welcome and creates a vision for tomorrow"*

As an expression of gratitude and welcome, a Special Assembly was organized on Thursday, 2<sup>nd</sup> March 2023, to greet the newly appointed Academic Head - Ms. Zeba Raza.





# A HEARTFELT GOODBYE TO MRS JANKI AND MR BABULAL, OUR SUPPORT STAFF - 3 AND 4 MARCH 2023





# HOLI — THE MYRIAD HUES OF HAPPINESS

- 8 MARCH 2023

The celebration of colours was observed with great fanfare at SEM. Commencing the festivities, the Principal Br. Hector addressed the students quoting that Holi is the festival of love & brotherhood and a day to shed off all resentment, to be one and united.





# ADIEU, BROTHER RYAN ! - 11 MARCH 2023

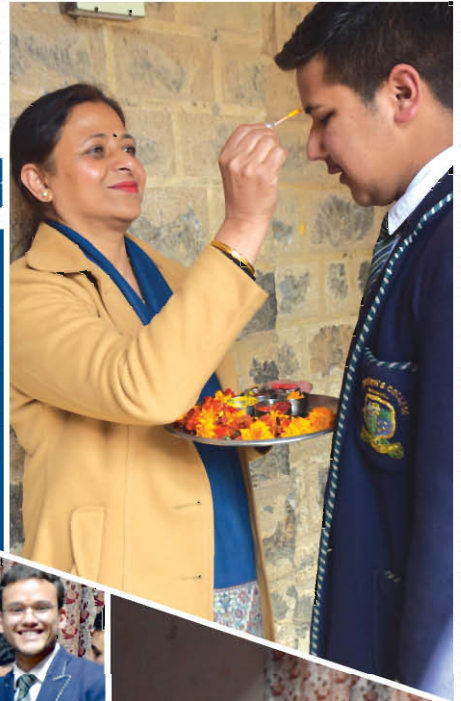
To wish him good luck for future endeavours, a farewell ceremony was organized for Br. Ryan on Saturday, 11th March, 2023 in the College auditorium. We honour and recognize his work as the Superior in St. Joseph's College from July 2018 till February 2023. He worked tirelessly and with full gusto for the upliftment of the school.





# CAPS OFF, FUTURE ON ! "THE GRADUATION DAY !" - 25 MARCH 2023

On 25th March, 2023 SEM hosted its annual farewell event for the graduating pupils of ISC BATCH 2022-23 in the auditorium. The event was attended by Br. Pinto, Br. Sarto, Br. Jerome, our Academic Head, Mrs. Zeba Raza and all the teachers.





# REPLICATING INDIA'S MOST POWERFUL ROCKET THE GSLV OF 22 FEET





# THE JUNIOR SCHOOL INVESTITURE 2023 - 31 MARCH 2023



On 31st March, 2023, St. Joseph's College hosted a pinning ceremony for the Office Bearers of the Junior School.

The newly invested office bearers walked up to the stage with lit diyas and placed them before the statue of Mother Mary and took the pledge to solemnly uphold their duties.





# DR AMRESH KUMAR SINGH, MEMBER OF PARLIAMENT OF NEPAL, VISITS SEM - 7 APRIL 2023





# INTER-SCHOOL T-20 CRICKET TOURNAMENT UNDER-17

7-10 APRIL 2023





# SJC MUN 2.0 - 9 & 10 APRIL 2023





# THE DIAMOND JUBILEE BATCH GETS REUNITED (1963) - 11 APRIL 2023





# SEM ECO-CLUB - 22 APRIL 2023

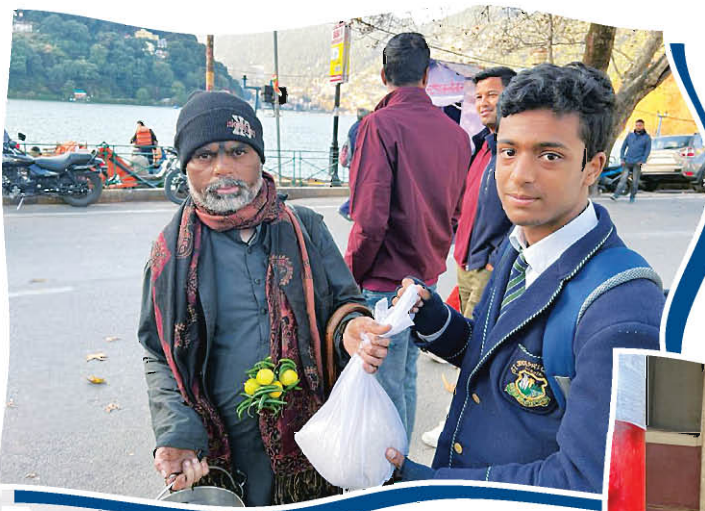
A new club was established in St. Joseph's College in 2023, The Eco-Club. The foundation of the club was laid down back in 2022 itself. The idea behind its foundation was to increase the participation of students in activities relating to preservation and celebration of the extraordinary environment and ecology of Nainital. During the months of March and April 2023, the background work regarding the club was done and it was finally established on the 22nd of April, 2023 on the occasion of international Mother Earth Day.



The first official activity of the Eco-Club took place on 22nd April itself wherein an Art Competition was held for the students of classes 4 to 12 on the Topic "Mother Earth Day". The objective behind this event was to invoke a sense of care for mother earth in students.

On 18th of June, SEM Eco Club participated in a clean-up drive near Rajbhavan, Tallital where our school managed to dispose off 480 kilograms of garbage and displaced it out of the roads and other working areas.

During the month of July, an event was held where all the members of the Eco Club collected plastic bottles and they were recycled into various decorative items.



The Eco Club gathered once again in August and distributed paper bags to local shopkeepers and vendors across Tallital and Mallital to promote the use of paper bags and decrease the use of plastic bags in the town.





In the month of November, members of the SEM Eco-Club distributed “anaaj” to the poor across the Mall Road to the church of Tallital as a gesture of goodwill and compassion towards our fellow human beings.

It can be undeniably perceived that the inaugural year of the Eco Club was a resounding success and the founders, the core team and all the members will work tirelessly for its expansion during the coming years in the SEM campus. We also thank Br. Sarto for his leadership and support towards the club as the club in-charge.

Total members – 30

**Core Team:**

- |                   |   |                    |
|-------------------|---|--------------------|
| Saket Singh Bisht | - | President          |
| Maulik Adhikari   | - | Co-President       |
| Swarnim Pathak    | - | Executive Director |
| Maulik Sanwal     | - | Advisor            |
| Harsh Bhatt       | - | Editor-in-chief.   |
| Ayushmaan         | - | Editor             |





# UNIVERSITY CONNECT CAREER FAIR - 26 APRIL 2023





# "GLOBAL WORKFORCE FIESTA : CELEBRATING INTERNATIONAL LABOUR DAY !" - 1 MAY 2023

International Labour Day or May Day was celebrated at SEM on the 1st of May 2023, The entire team of supporting staff members attended this event including those working on the new 'dhobi building' construction.



# FOUNDER'S DAY CELEBRATION - 6 MAY 2023

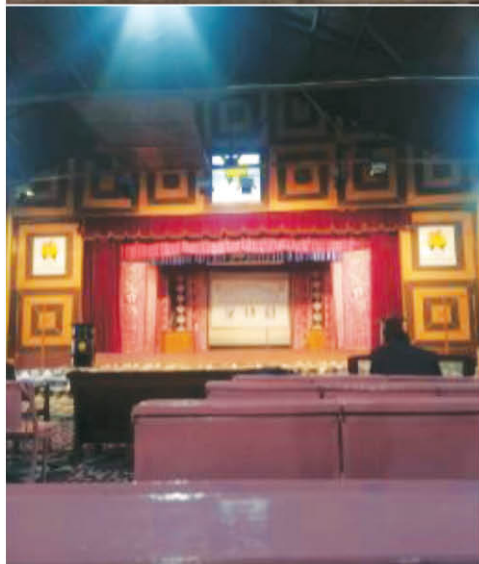
"You were sent to serve God's people, enriching the lives of the youth, you strove with a vision for Justice, Mercy and Truth." The Founder's Day was celebrated at SEM on the 6th of May. The students put up a very meaningful program under the able guidance of teachers.





# CORBETT-PANT-PEARCE CONCLAVE AT BIRLA VIDYA MANDIR - 6 MAY 2023

Akarsh Singh Abdiel performed a song to illustrate the enactment which won him an award in the category and Maulik Sanwal was awarded the best speaker in the turncoat debate.

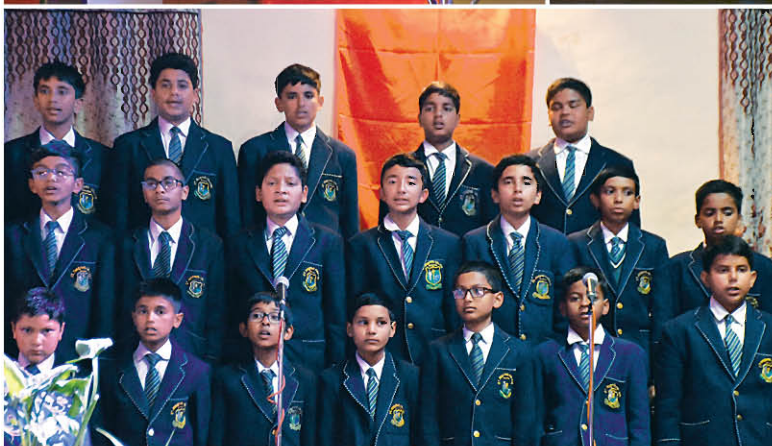




# SENIOR INVESTITURE CEREMONY - 8 MAY 2023



The Investiture Ceremony for the academic year 2023-24 took place in the College auditorium on Monday, 8th May, 2023.





# GOVERNOR'S CUP: INTER-SCHOOL TOURNAMENT - 12 MAY 2023

It was impressive to see the school's golfers dominating in different categories, with Karan Singh winning the Under-12 Boys and Max Pars winning the Under-14 Boys category, Alabhya S Rawat winning the Under-17 Boys category, and Archit Agarwal being the runner-up in the Boys Putting category.

## गोल्फ टूर्नामेंट में सेंट जोजफ व बालिका वर्ग में सेंट मैरी विजयी

विजेता टीम व खिलाड़ियों को हाईकोर्ट के मुख्य स्टाई अधिवक्ता रावत ने बाटे पुरस्कार

नैनीताल। राजभवन गोल्फ क्लब द्वारा आयोजित इंटर स्कूल गवर्नर्स गोल्फ टूर्नामेंट के बालक वर्ग में सेंट जोजफ व बालिका वर्ग में सेंट मैरी क्लब की टीम विजेता रही। जर्बक बालिका वर्ग में आल सेंट्स कालिज व बालक वर्ग में राइका नैनीताल की टीम उप विजेता रही। विजेता टीमों व खिलाड़ियों को हाईकोर्ट के मुख्य स्टाई अधिवक्ता रावत ने पुरस्कार वितरित किए।

राजभवन गोल्फ ग्राउंड में खेले गए इस टूर्नामेंट को कई श्रेणियों में खेला गया। प्रतियोगिता में व्यायज पुटिंग में शेरवुड कालिज के योग्य बालक विजेता व सेंट जोजफ कालिज के



गवर्नर्स इंटर स्कूल गोल्फ टूर्नामेंट के विजेताओं को सम्मानित करते मुख्य अतिथि

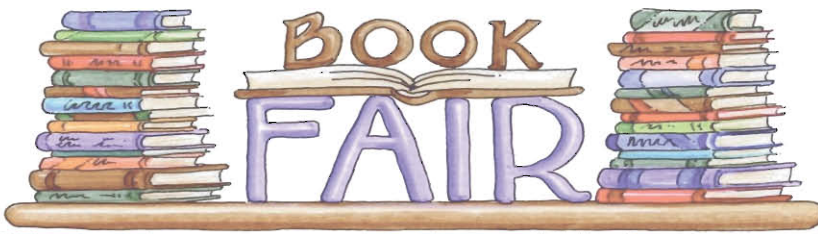
अलभ्या रावत उप विजेता रहे। गलस कैटेगरी में मोहन लाल साह बाल विद्या मंदिर की श्रेया भोटिया विजेता व सेंट मैरी क्लब की निजुज अग्रवाल उप विजेता रही। अंडर-8 आयु वर्ग में मयंक शींगर उक्कट खिलाड़ी रहे।

विद्यालय रहे। गलस कैटेगरी के 12 वर्ष आयु वर्ग में सेंट मैरी की प्रजा जोरी विजेता, एमएल साह बाल विद्या मंदिर की एकता उप विजेता, 12 से 14 वर्ष आयु वर्ग में आल सेंट्स कालिज की अमरा चजाज विजेता, सेंट मैरी की रिजिका आर्य उप विजेता, 15 से 17 वर्ष में सेंट मैरी की गर्विता चौहान विजेता, आल सेंट्स कालिज के परशुमि अमरा उप विजेता रही। व्यायज वर्ग में अंडर-12 आयु वर्ग में सेंट जोजफ कालिज के करन सिंह विजेता, भारतीय शहीद सैनिक विद्यालय के विजय पांडे उप विजेता रहे। 12 से 14 वर्ष आयु वर्ग में राम बंसल सेंट जोजफ कालिज विजेता व राजभवन इंटर कालिज के परत सिंह उप विजेता रहे। पुरस्कार वितरण समारोह में राजभवन गोल्फ क्लब के सचिव कपल एचसी साह सलित वड्डे सलिया में खिलाड़ी, विद्यालयों के कोष शिक्षक आदि मौजूद थे।





# WORLD VISION BOOK FAIR - 15 MAY 2023





# PRE-SUBROTO CUP UNDER-14 & 17 AT ST. GEORGE'S, MUSSOORIE - 18 MAY 2023



St. Joseph's College proudly represented the Bareilly Zone and started their campaign with a victory in the Under-17 category. They defeated St. Xavier's School from Ghaziabad Zone with a scoreline of 3 goals to 1. In the Under-14 category, our team progressed to the next round with a 'Bye' as their opponents did not participate.

In the semi-finals, our team faced tough competition from La Martiniere College, Lucknow in both the Under-14 and Under-17 categories. All the teams were in top shape and put up a tough game for their opponents.





# "GAME ON, WORLD — UNLEASHING THE SPIRIT OF SPORTS DAY !" - 20 MAY 2023

St. Joseph's College, Nainital held its much coveted Annual Sports meet on May 20th 2023. The school's commitment to integrating sports into the curriculum and recognising its importance for holistic student development was evident throughout the event. The Chief Guest for the event was Commandant Udaibir Shorot of ITBP.



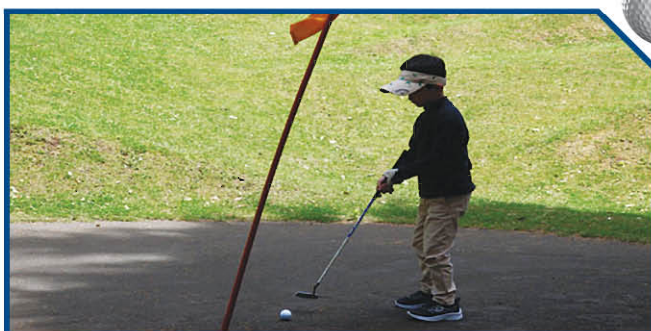






# 18<sup>TH</sup> GOVERNOR CUP GOLF TOURNAMENT - 18 TO 21 MAY 2023

The Vice Captain of the SEM golf team, Aarav Sandhu, secured the third position in the Under-17 category, Ram Bansal was the over-all runner-up for the Under-15 category, Archit Agarwal was the overall runner-up for the Under-12 category and Karan Singh secured the 3rd position in the Under-17 category.



# INTERNATIONAL DAY OF BIOLOGICAL DIVERSITY - 22 MAY 2023

On the occasion of the International Day for Biological Diversity, a small event was held at St. Joseph's College in Nainital on 22nd May. The event aimed to raise awareness about the importance of biodiversity conservation and promote sustainable practices in the region.





# YOUNG SEM CHAMPS SHINE IN THE GOVERNOR'S GOLF TOURNAMENT

- 23 MAY 2023

The Governor's Cup Golf Tournament, organized by Raj Bhavan Golf Club Nainital, is a prestigious event, and it's commendable that Vijetendra and Rushank showcased their abilities and emerged victorious.

## गोल्फ में ऑल सेंट और सेंट जोसफ ओवरऑल चैंपियन

राजभवन में आयोजित हुई गर्वनर्स कप इंटर स्कूल गोल्फ प्रतियोगिता

संवाद मृग एरोसी

नैनीताल। राजभवन नैनीताल के गोल्फ क्लब में गर्वनर्स कप इंटर स्कूल गोल्फ प्रतियोगिता का आयोजन किया गया। प्रतियोगिता के खिताब वार में ऑल सेंट कॉलेज और व्यासक वर्ग में सेंट जोसेफ कॉलेज को टीम ओवरऑल चैंपियन रही।

गोल्फ क्लब में राजभवन नैनीताल के द्वारा कैप्टन राधेशी मह ने बताया कि इंटर स्कूल गोल्फ प्रतियोगिता के खिताब वार में ऑल सेंट कॉलेज और व्यासक वर्ग में सेंट जोसेफ कॉलेज को टीम ओवरऑल चैंपियन रही। उन्होंने बताया कि खिताब वार में सेंट जोसेफ कॉलेज को टीम ओवरऑल चैंपियन रही। उन्होंने बताया कि खिताब वार में सेंट जोसेफ कॉलेज को टीम ओवरऑल चैंपियन रही।



गोल्फ प्रतियोगिता के खिताब वार में विजेता ऑल सेंट कॉलेज और सेंट जोसेफ कॉलेज की टीम।

प्रतियोगिता में 15 से 17 आयु वर्ग में एकात्मत स्तर को टीम प्रतियोगिता और इन्डिविजुअल स्तर को स्पर्धा प्रतियोगिता रही। खिताब वार में 12 वर्ष में सेंट जोसेफ कॉलेज और व्यासक वर्ग में सेंट जोसेफ कॉलेज को टीम ओवरऑल चैंपियन रही। उन्होंने बताया कि खिताब वार में सेंट जोसेफ कॉलेज को टीम ओवरऑल चैंपियन रही।





# INTER-SCHOOL BASKETBALL TOURNAMENT

## WOODBIDGE SCHOOL, BHIMTAL - 24 & 25 MAY 2023



In the opening match, St. Joseph's College faced Woodbridge School 'A' Team and we emerged victorious with a score of 24-7. The team's strong performance in this match set a positive tone for the rest of the tournament. The semifinals witnessed a thrilling match between SEM and Sainik School, Ghorakhal, with the latter prevailing with a score of 32-16 to secure a spot in the final.





# SEM PREMIER LEAGUE TABLE TENNIS TOURNAMENT 2023 (SEASON 3) - 30 MAY 2023

The SEM Premier League Table Tennis Tournament 2023 - Season 3 took place at St. Joseph's College in Nainital, featuring an exhilarating competition among ten participating teams.



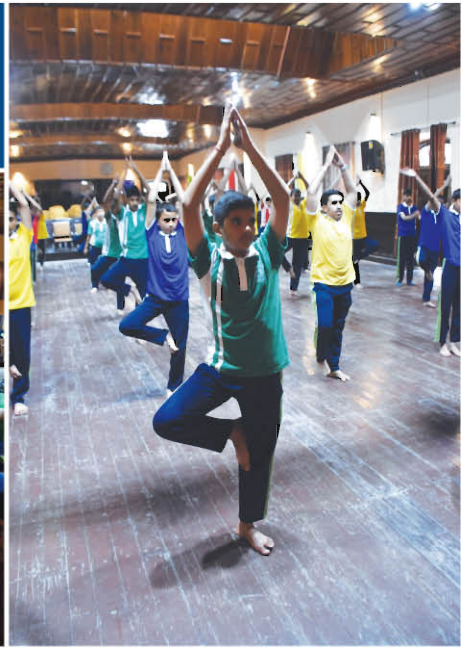
# GOLF TOURNAMENT OF NORTH ZONE IGU & JUNIOR FEEDER TOUR 2023 AT DEHRADUN - 2 TO 4 JUNE 2023





# INTERNATIONAL YOGA DAY - 21 JUNE 2023

The event was organized by the school on international yoga day . The day began with a prayer, setting a serene and peaceful atmosphere. The students showcased their skills in different yoga postures under the guidance of sports instructors.





# TENNIS COURT INAUGURATION - 29 JUNE 2023

The formal inauguration of two state-of-the-art synthetic tennis courts at St Joseph's College, Nainital on June 29, 2023, brought together ex-students, tennis enthusiasts of the town, and school management to celebrate this exciting new sports facility.





# JOINING INDIA TO WITNESS A LANDMARK ACHIEVEMENT OF THE COUNTRY - 14 JULY 2023

The historic landing of Chandrayaan 3 on the moon's surface was viewed in the auditorium by the boarding students. 300+ enthusiastic young minds from classes 3 - 12, marched in an orderly manner, while exerting supreme control not to break into a run, to witness the iconic moment on a large screen.



# MINIS' FOOTBALL TOURNAMENT 2023 - 24 JULY 2023

The opening match of the tournament was held between St. Joseph's College, Nainital, and St. Andrew's School Bhowali. The match proved to be entirely one-sided, with St. Joseph's dominating the game from the beginning. The final score was an impressive 8-0 in favour of SEM. In the second match, St. Joseph's College faced off against Sainik School Ghorakhal. St. Joseph's continued their impressive performance, defeating Sainik School Ghorakhal with a scoreline of 3-0. With this victory, SEM secured a spot in the Quarterfinals. Moving on to the Quarterfinals, St. Joseph's College clashed with Longview Public School. It was a closely contested match, with both teams displaying remarkable skills and determination. Ultimately, St. Joseph's College emerged victorious with a score of 1-0. The Semifinals proved to be a highly intense match between St. Joseph's College and Sanwal School. Both teams put up a valiant effort, and the match ended in a draw. The deadlock led to a nerve-wracking penalty shootout to decide the finalists. Unfortunately, St. Joseph's College lost the shootout, and Sanwal School advanced to the Finals with a narrow 1-0 win in the penalty shootout.





# SOCIAL JUSTICE AND ADVOCACY MEETING ON POPE FRANCIS ENCYCLICAL "LAUDATO SI" - 3 AUG 2023





# CISCE BAREILLY ZONAL FOOTBALL TOURNAMENT 2023 - 5 & 6 AUGUST 2023

**First Match:** SEM vs CP Vidyaniketan, Kaimganj The tournament commenced with a remarkable match between SEM and CP Vidyaniketan, Kaimganj. SEM dominated the game, securing a victory with a staggering score of 15-0.



**Second Match:** SEM vs St Andrew's School.

SEM continued their winning streak, defeating St Andrew's School with a convincing score of 10-0.

**Semifinal:** SEM vs Modern Public School.

SEM faced Modern Public School, emerging victorious with a commanding score of 9-0.

**Final:** SEM vs Sherwood College

The highly anticipated final match of the tournament was between SEM and Sherwood College. In a thrilling encounter, SEM emerged as the champions, defeating Sherwood College with a score of 2-0.





# CISCE UP/UK REGIONAL LEVEL TABLE TENNIS TOURNAMENT 2023 - 7 & 8 AUGUST 2023





# ST. JOSEPH'S COLLEGE, NAINITAL SHINES IN CISCE UP/UK REGIONAL LEVEL HOCKEY TOURNAMENT 2023

11 & 12 AUGUST 2023

St. Joseph's College showcased immense potential and talent during the tournament, leaving an indelible mark on the playing field.

## **Tournament Results:**

Under-14 Team: Secured 2nd Position

Under-17 Team: Achieved 2nd Position

Under 19 Team: Attained 3rd Position

These achievements hold particular significance considering the challenges faced by the teams.





# INDEPENDENCE DAY CELEBRATION AT SEM - 15 AUGUST 2023

On the occasion of the Indian Independence Day, '**Azadi Ka Amrit Mahotsav**', SEM hosted an eclectic and exuberant cultural programme organized by Mr. Pralove Roy, Mrs. Kavita Bisht and Mr. Himanshu Gupta. The day commenced with great zeal as the students presented their talent, enthusiasm and patriotism in the form of a wonderful show.





# SEM EMERGES VICTORIOUS IN THE 75<sup>TH</sup> H.N. PANDEY MEMORIAL INDEPENDENCE DAY CHILDREN'S FOOTBALL TOURNAMENT (JUVIES 4'9") - 1 TO 15 AUGUST 2023

SEM boys kicked off their campaign on August 2 with a resounding victory against Radha Children's Academy, securing a remarkable 10-0 win. The journey continued on August 5, as SEM faced off against BSSV 'B' in a closely contested match that ended with a 1-0 scoreline in favour of SEM. On August 7, SEM took on Longview Public School, emerging victorious once again with a 1-0 victory. The team's consistent performances and strategic game-play were evident as they advanced through the tournament. The winning streak continued on August 9, when SEM faced St. Stephen's School in a match that resulted in a



resounding 7-0 victory for SEM.

With their impressive performance in the earlier matches, SEM secured a spot in the semifinals. In the semifinal clash against Sanwal School, SEM displayed exceptional teamwork and skill, securing a convincing 3-0 victory and booking their place in the tournament's final.

The final match of the Juvies Children Football Tournament took place on August 15, and it was a spectacle to behold. SEM faced a formidable opponent in Long View Public School, setting the stage for a high-stakes showdown. The match lived up to the hype, with both teams displaying remarkable determination and skill. In the end, SEM emerged triumphant with a 3-0 victory, claiming the championship title.





# CISCE BAREILLY ZONAL BASKETBALL TOURNAMENT - 18 AUGUST 2023

The first league match between Sherwood College and St Joseph's College was a tightly contested battle, with Sherwood emerging victorious with a score of 32-29. In the second league match, Sherwood faced off against St. Andrew's, winning decisively with a score of 28-14. The third league match between SEM and St. Andrew's ended with a score of 29-17 in favour of SEM. In the finals of the Under-17 category, St Joseph's College, Nainital, squared off against Sherwood in an intense showdown. The final was closely contested, but Sherwood managed to secure a victory over St Joseph's College with a close margin of 35-32.





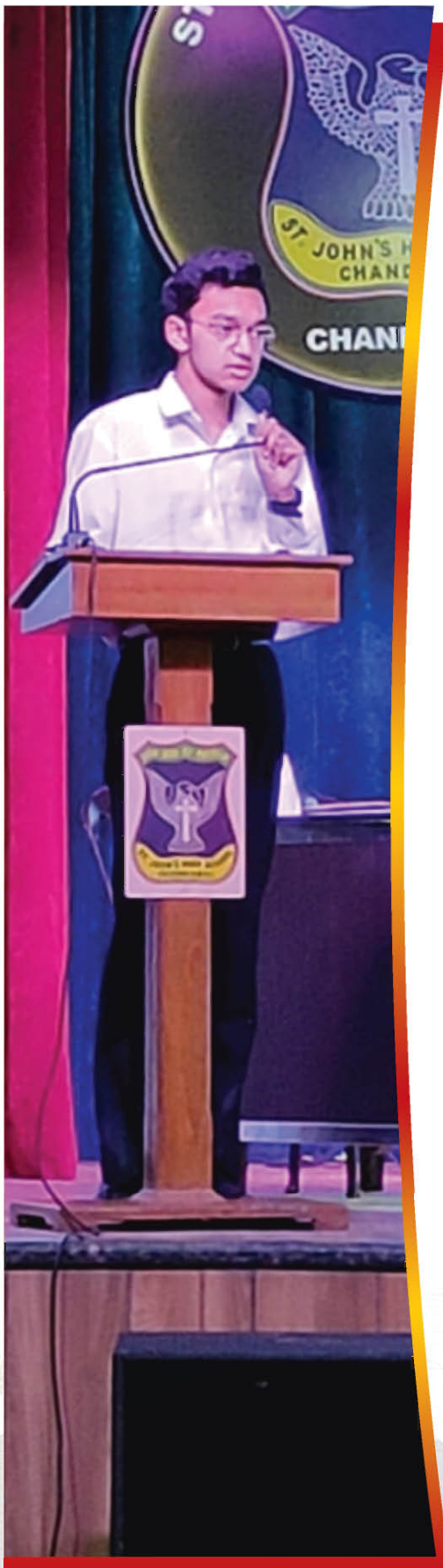
# CISCE BAREILLY ZONE : ZONAL LEVEL CRICKET TOURNAMENT - 23 AUGUST 2023

In the U-14 category, SJC's journey began in July with a match against Modern Public School, Farookhabad. SJC emerged victorious in this encounter, securing a comfortable win with a margin of 6 runs. The U-14 team's second match was the finals against the host school, CP Vidya Niketan. SJC won the match. With this win, the U-14 team qualified for the regional level tournament. In the U-17 boys' category, SJC's first match was against Gurukul Academy. The bowlers showcased an impressive display, leading SJC to a comfortable victory by a margin of 15 runs. This win secured SJC's place in the semi-finals. In the semi-finals, SJC faced City Children's Academy (CCA). The match remained in SJC's favour until the last over, where they had to defend 11 runs. However, despite their best efforts, SJC lost the match to CCA by 3 wickets.





# ST JOHN'S ALL INDIA DEBATE 2023 - 23 TO 25 AUGUST 2023





# INDRADHANUSH "CULTURAL EVENT"

## MLSBVM, NAINITAL - 26 AUGUST 2023

The students of St. Joseph's performed exceptionally well in all the events, the results for the same are as follows:

In the Skit and Composition SEM students secured the third position.

In the Cinematics, Elocution and Portrait making as well, SEM bagged the second position.

Overall winner was the host of the event and SEM settled for the runner up position in this Fest.





# 12<sup>TH</sup> NAINITAL MONSOON MARATHON - 27 AUGUST 2023





# CISCE REGIONAL CHESS TOURNAMENT - 28 AUGUST 2023





# CISCE REGIONAL BASKETBALL TOURNAMENT - 28 AUGUST 2023





# CISCE UP/UK REGIONAL FOOTBALL TOURNAMENT

- 30 AUGUST TO 1 SEPTEMBER 2023





# CONFLUENCE 2023 - 30 AUGUST TO 3 SEPTEMBER 2023



The Lucknow trip organized by City Montessori School, Indiranagar Branch, as part of their 19th Confluence, was a remarkable educational and cultural experience for the participating students of St. Joseph's College.



## A VISIT TO ARIES (ARYABHATTA RESEARCH INSTITUTE OF OBSERVATIONAL SCIENCE) - 2 SEPTEMBER 2023





# VISIT BY EX-STUDENTS OF ST. JOSEPH'S COLLEGE, NAINITAL-ICSE 1977 & ISC 1979 BATCH - 3 SEPTEMBER 2023





# NAINITAL OPEN CHESS TOURNAMENT - 3 SEPTEMBER 2023



# BAREILLY ZONAL CISCE ATHLETIC MEET - 3 SEPTEMBER 2023

The Bareilly Zonal CISCE Athletic Meet for the year 2023 took place at St Joseph's College, Nainital on September 3rd. This event was exclusively organized for CISCE-affiliated schools within the Bareilly zone. The athletic meet witnessed an impressive display of talent, dedication, and sportsmanship from participating students. Among the notable highlights of the event, St Joseph's College boys' team emerged as the overall winners, showcasing their exceptional athletic skills and teamwork.





# TEACHERS' DAY CELEBRATION - 5 SEPTEMBER 2023

Teachers' Day programme was organized on September 5th, 2023, at the school auditorium. The event was a grand celebration of the invaluable role teachers play in our lives and a platform for our students to showcase their talent and creativity.

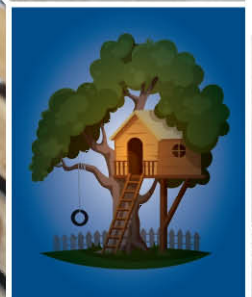
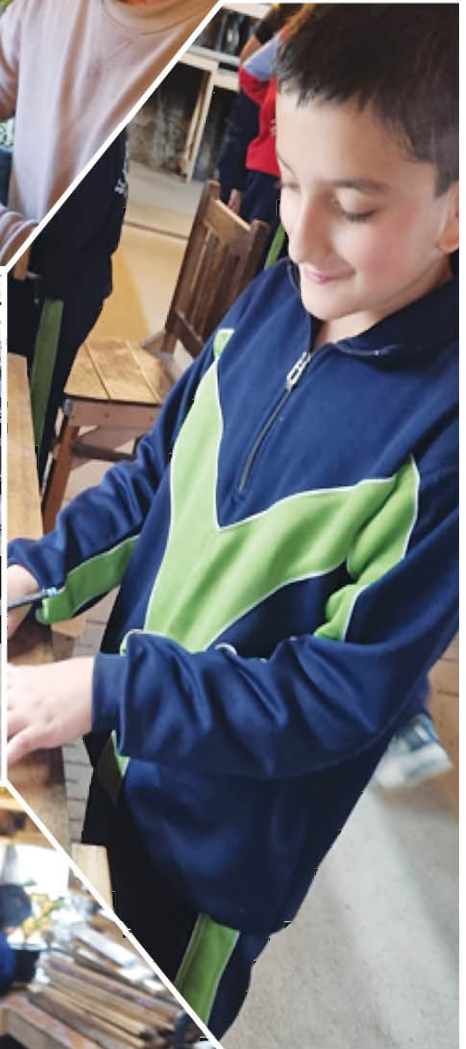
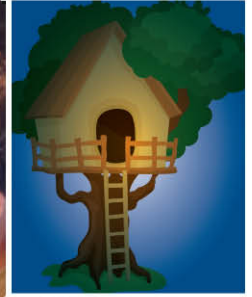






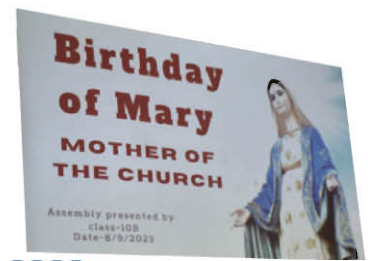


# MINIATURE DIORAMA AND TREE HOUSE MAKING - 7 TO 10 SEPTEMBER 2023





# MOTHER MARY'S FEAST AND GIRL CHILD DAY CELEBRATION - 8 SEPTEMBER 2023





# इसंस्कृति CULTURAL EVENT AT ST MARY'S CONVENT, NAINITAL - 8 SEPTEMBER 2023

At इसंस्कृति 2023, our school excelled in various categories. We bagged the 1<sup>st</sup> position in the Band Performance, showcasing our incredible musical talent. We also secured the top spot in REPLICA, demonstrating our exceptional creativity and attention to detail. In the 9<sup>th</sup>-10<sup>th</sup> category, we dominated the stage with our captivating Poetry writing skills, earning us another well-deserved 1<sup>st</sup> place. Additionally, our artistic skills shone through in the Painting competition, where we secured the 2<sup>nd</sup> place in both the 9<sup>th</sup>-10<sup>th</sup> and 11<sup>th</sup>-12<sup>th</sup> categories. Our Collage entry in the Junior Category also impressed the judges, earning us the 2<sup>nd</sup> place. We didn't stop there! Our talented dancers wowed the audience and judges, earning us the 3<sup>rd</sup> place in the Dance category. In Elocution, our speaker Swarnim Pathak delivered a powerful speech, securing us yet another 3<sup>rd</sup> place. Last but not least, our tech-savvy minds excelled in the Computer quiz, earning us the prestigious 1<sup>st</sup> place.





# INVESTITURE CEREMONY OF THE INTERACT CLUB OF ST. JOSEPH'S COLLEGE, NAINITAL - 11 SEPTEMBER 2023

On Monday, September 11th, 2023, an investiture ceremony marked the establishment of a new unit of the Interact Club at St. Joseph's College, Nainital. This event was attended by 34 students who became the founding members of this youth wing dedicated to community service and leadership.





# CISCE UP/UK REGIONAL ATHLETIC MEET 2023, HOSTED BY ST. JOHN'S SCHOOL, PRAYAGRAJ - 13 SEPTEMBER 2023





# CISCE UP/UK REGIONAL LEVEL UNDER-14 CRICKET TOURNAMENT 2023 - 14 SEPTEMBER 2023





**CISCE U.P. & U.K.  
REGIONAL CRICKET TOURNAMENT  
BOYS UNDER - 14  
2023 - 24**



**BAREILLY ZONE**



**CISCE T20  
REGIONAL CUP  
BARAUT 2023**

**ORG. BY:  
ST. FRANCIS SCHOOL, BARAUT, UP408**





# MOTIVATIONAL TALK BY MR. C.M. BHANDARI ON MEDITATION AND SPIRITUALITY - 15 SEPTEMBER 2023





# NATIONAL HOCKEY TOURNAMENT - 15 TO 17 SEPTEMBER 2023





# PRAYER SERVICE AT ST. JOHN'S CHURCH - 18 SEPTEMBER 2023



## 7<sup>TH</sup> ROHIT TANDON TABLE TENNIS CUP MEMORIAL - 24 SEPTEMBER 2023

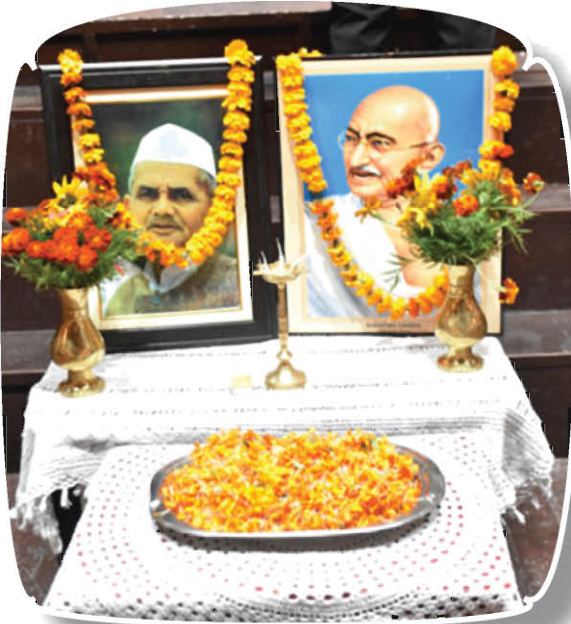
The 7<sup>th</sup> Rohit Tandon Table Tennis Cup Memorial Tournament, held from September 22<sup>nd</sup> to September 24<sup>th</sup>, 2023, at The New Club, Nainital, witnessed an impressive display of talent and sportsmanship by the participating schools. St. Joseph's College, Nainital, entered the competition with a team of fifteen highly skilled players from various categories, and they emerged as the overall champions.





# "GANDHI-SHASTRI JUBILATION — ECHOES OF PEACE AND LEADERSHIP" - 2 OCTOBER 2023

On the occasion of Gandhi and Shastri Jayanti, the students of Class 11B hosted a special assembly in the grand setting of the school auditorium. This event was a heartfelt tribute to two of India's greatest heroes, Mahatma Gandhi and Shri Lal Bahadur Shastri, whose legacies continue to inspire generations.













# INTER SCHOOL GROUP SINGING COMPETITION HELD AT BIRLA VIDYA MANDIR, NAINITAL - 7 OCTOBER 2023

SEM BAGGED THE FIRST POSITION !





# MOHAN LAL SAH TABLE TENNIS TOURNAMENT

- 9 OCTOBER 2023

- **Junior Category** : Rishik Bajaj emerged as the winner in the final match, displaying exceptional skill and determination.
- **Senior Category** : Mahiraj Singh Bisht clinched the title with a remarkable performance.
- **Doubles Category** : The doubles category saw a formidable team, Ketan Raj and Akarsh Mishra, winning the final, proving their outstanding coordination and teamwork.
- St. Joseph's College claimed the title of the overall champion of the tournament, showcasing the collective strength and prowess of their players across various categories.



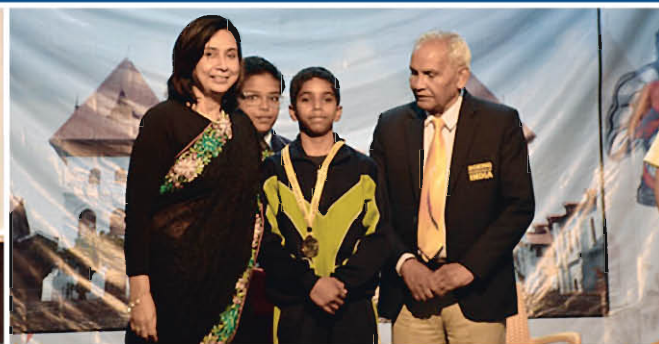


# CISCE REGIONAL BOXING TOURNAMENT 2023

## HELD AT ST JOSEPH'S COLLEGE, NAINITAL- 8 TO 10 OCTOBER 2023

The competition showcased remarkable talent and dedication, resulting in several outstanding achievements by the students of St. Joseph's College, Nainital. Notable among the winners are:

**Under-14:** Vaibhav Singh clinched the Gold Medal in the 36 – 36 Kg weight category, earning a well-deserved spot in the upcoming National Championship. **Under-19:** Rana Tegveer secured the Gold Medal in the 69–75 kg weight category, further securing his participation in the National Championship. In the same age group, Garv Bisht achieved Gold in the 91+ Kg weight category, demonstrating exceptional skills. **Silver Medalists:** Other remarkable performances include silver medalists in various age categories: **Under-17:** Arjun Gandhi excelled in the 80+ kg weight category. **Under-14:** Aahil Ansari in the 30-32 kg and Shivansh in the 32-34 kg categories showcased their impressive boxing abilities.





# GOLDEN YEARS, GOLDEN BONDS ( THE BATCH OF '73 ) AND INAUGURATION OF THE NEW DHOBI BUILDING

The Batch of '73 participated in its 50th Year reunion. The reunion brought back cherished memories, making the visit a meaningful and reflective experience.

The highlight of the day was the inauguration of the New Dhobi Building . The two new music rooms "Symphony" and "Harmony" were also inaugurated.

- 13 OCTOBER 2023





# GOVERNOR'S CUP INTER-SCHOOL GOLF TOURNAMENT AT RAJ BHAWAN, NAINITAL - 14 TO 15 OCTOBER 2023

**Winners :** ● Putting Runner-Up (Category: Under 17 years): Alabhaya Singh Rawat (Class 10 B) from St. Joseph's College. ● Putting Winner (Category: Under 08 years): Vijitendiya Singh Tomar (Class 01 A) from St. Joseph's College. ● Under 17-year Winner: Alabhaya Singh Rawat (Class 10 B) from St. Joseph's College, Nainital. ● Under 14-year Winner: Ram Bansal (Class 08 A) from St. Joseph's College, Nainital. ● Under 12-year Winner: Karan Singh (Class 06 A) from St. Joseph's College, Nainital. ● Maximum Pars Winner: Karan Singh (Class 6 A) from St. Joseph's College, Nainital. Overall Winners: BOY'S SCHOOLS : St. Joseph's College, Nainital, emerged as the Overall Winner of the Governor's Cup Inter School Golf Tournament 2023.

## गोल्फ टूर्नामेंट में सेंट जोसेफ व बालिका वर्ग में सेंट मैरी विजयी

विजेता टीम व खिलाड़ियों को  
हार्डकोर्ट के मुख्य स्टाई  
अधिका रावत ने बांटे पुरस्कार

नैनीताल। राजभवन गोल्फ क्लब द्वारा आयोजित इंटर स्कूल गवर्नर्स गोल्फ टूर्नामेंट के बालक वर्ग में सेंट जोसेफ व बालिका वर्ग में सेंट मैरी कान्वेंट की टीम विजेता रही। जबकि बालिका वर्ग में ऑल सेंट्स कॉलेज व बालक वर्ग में राईका नैनीताल की टीमों उप विजेता रही। विजेता टीमों व खिलाड़ियों को हार्डकोर्ट के मुख्य स्थायी अधिकारी चन्द्रशेखर रावत ने पुरस्कार वितरित किये।

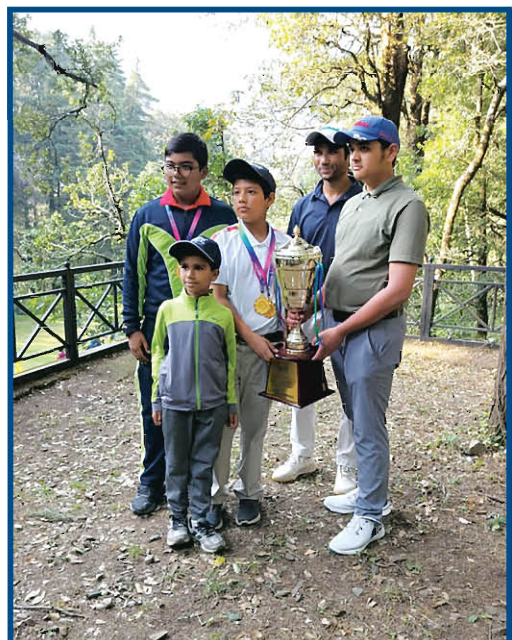
राजभवन गोल्फ ग्राउंड में खेले गए इस टूर्नामेंट को कई श्रेणियों में खेला गया। प्रतिभागिता में व्यायज पुरुषों में शेरवुड कॉलेज के प्रथम बमल विजेता व सेंट जोसेफ कॉलेज के



गवर्नर्स इंटर स्कूल गोल्फ टूर्नामेंट के विजेताओं को सम्मानित करते मुख्य अतिथि

अलव्य रावत उप विजेता रहे। गर्ल्स कैटेगरी में मोहन लाल साह बाल विद्या मंदिर की श्रेया भोटिया विजेता व सेंट मैरी कान्वेंट की निकुंज अग्रवाल उप विजेता रही। अंडर-8 आयु वर्ग में मयंक दीग्रा उत्कृष्ट खिलाड़ी रहे।

विद्यालय रहे। गर्ल्स कैटेगरी के 12 वर्ष आयु वर्ग में सेंट मैरी की प्रज्ञा जोशी विजेता, एमएल साह बाल विद्या मंदिर की एकता उप विजेता, 12 से 14 वर्ष आयु वर्ग में ऑल सेंट्स कॉलेज की अमेरा बजाज विजेता, सेंट मैरी की रितिका आर्य उप विजेता, 15 से 17 वर्ष में सेंट मैरी की गर्विता चौहान विजेता, ऑल सेंट्स कॉलेज के पंचुद्धी वर्मा उप विजेता रही। व्यायज वर्ग में अंडर-12 आयु वर्ग में सेंट जोसेफ कॉलेज के करन सिंह विजेता, भारतीय शहीद सैनिक विद्यालय के विजय पांडे उप विजेता रहे। 12 से 14 वर्ष आयु वर्ग में राम बंसल सेंट जोसेफ कॉलेज विजेता व राजकीय इंटर कॉलेज के भरत सिंह उप विजेता रहे। पुरस्कार वितरण समारोह में राजभवन गोल्फ क्लब के सचिव कर्नल एचसी साह सहित बड़ी संख्या में खिलाड़ी, विद्यालयों के प्रोद् शिक्षक आदि मौजूद थे।





# A STAGE FOR EVERY STORY ! "LITERATI" - 14 OCTOBER 2023

LITERATI, our school's cultural festival, took place on October 14, 2023, and was a remarkable success. LITERATI featured a diverse array of activities with a total of six on-stage and seven off-stage events held across various venues within the campus. These events provided students with a platform to present their talent and creativity.

## Awards won by SEM :

- 1<sup>st</sup> position in Best out of Waste
- 3<sup>rd</sup> position in Journalism
- 1<sup>st</sup> position in Photography
- 1<sup>st</sup> position in Stand Up Comedy
- 1<sup>st</sup> position in Band
- 1<sup>st</sup> position in Hurdles
- 2<sup>nd</sup> position in Banter Blitz





# AKAASHYAAN SPARDHA - 15 OCTOBER 2023

Akaashyaan Spardha, 2023, marked a significant milestone in the world of education and space exploration. It was Bharat's first-ever Hydro-Rocketry competition, organized by Astropathshala, the education wing of Astroverse Experience Pvt. Ltd. This groundbreaking event took place at St. Joseph's College, Nainital, and saw the enthusiastic participation of schools from various corners of Uttarakhand.





# SEM OBA GET-TOGETHER AND SQUASH COURT INAUGURATION - 16 OCTOBER 2023





# CISCE NATIONAL TABLE TENNIS TOURNAMENT

## ORGANIZED BY ST. JOHN'S, PUNE - 16 TO 19 OCTOBER 2023

CISCE National Table Tennis Tournament – 2023 was held between 16th to 19th October, 2023 Organised by St. John's School Pune, 13 states participated in the CISCE National Table Tennis Tournament. Suyash Agarwal of St. Joseph's College, Nainital represented UP / UK Under-19 National Team and secured the 3rd place (Bronze)



# MIDDLE SCHOOL HINDI ELOCUTION

## COMPETITION - 21 OCTOBER 2023





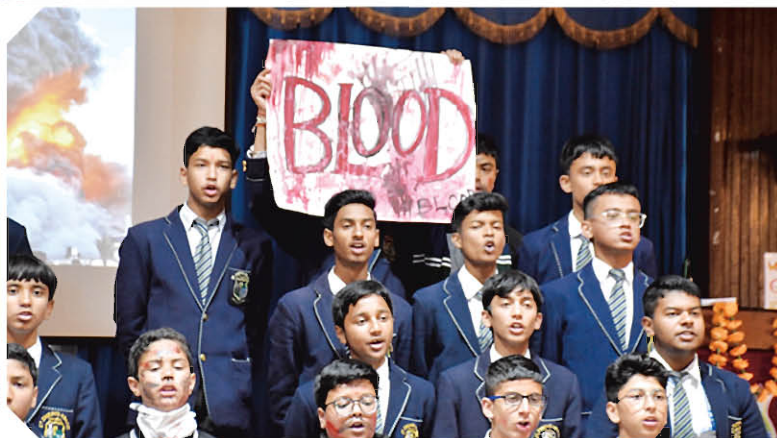
# DUSSHERA DELIGHT — THE GRAND EFFIGY OF AKSHAY KUMAR - 24 OCTOBER 2023

A moment of pride and honour was witnessed when Br. Hector Pinto himself inaugurated the Akshay Kumar effigy which was made by the students of St. Joseph's College under the guidance of the art teacher Mr. Himanshu Gupta, at the Grand Dusshera Celebrations in Almora. His presence as the Chief Guest lent the event an aura of distinction.





# MIDDLE SCHOOL ENGLISH ELOCUTION - 25 OCTOBER 2023





# DSA INTER-SCHOOL BASKETBALL TOURNAMENT

## - 26 OCTOBER 2023

St. Joseph's College's performance in the tournament was highly commendable. They not only secured a victory but also displayed a promising future in basketball. As a result, St. Joseph's College was rewarded with the "Most Promising Team" award, acknowledging their dedication and potential.





# CISCE NATIONAL BOXING TOURNAMENT - 1 TO 5 NOVEMBER 2023

In the Under-14 category, Vaibhav Singh of St. Joseph's College, Nainital, emerged as a standout performer by securing the Silver Medal in the 36–36 Kg weight category. Moving on to the Under-19 division, Rana Tegveer and Garv Bisht, both representing St. Joseph's College, Nainital, exhibited commendable performances. Rana Tegveer clinched the Bronze Medal in the 69–75 kg weight category. Meanwhile, Garv Bisht secured another Bronze Medal in the challenging 91+ Kg weight category, underscoring his resilience and skill in the face of formidable opponents.





# SAVE THE WILD : A SUSTAINABLE MODEL OF A WOLF CRAFTED USING WASTE MATERIAL - 6 NOVEMBER 2023



## SEM IDOL (MIDDLE SCHOOL) - 6 NOVEMBER 2023





# DIWALI DELIGHT: SPARKING JOY AND LIGHT !

- 6 NOVEMBER 2023

The festive spirit of Diwali, the festival of lights, illuminated St Joseph's College in Nainital as staff and boarders came together on the starlit evening of November 6th for a joyous celebration. The anticipation among the boarders was palpable, as many were to head home the next day for their Diwali festivities.





# WHERE CREATIVITY UNVEILS ! "MELANGE 2023"

St. Joseph's College hosted the "Melange 2023" exhibition on November 8<sup>th</sup> and 9<sup>th</sup>, showcasing the remarkable talent and innovative skills of its students across diverse disciplines.

- 8 TO 9  
NOVEMBER 2023









# REPORT ON THE ABHIMANYU KUMAR TABLE : A UNIQUE PIECE OF CRAFTSMANSHIP - 15 NOVEMBER 2023

The Ayarpatta Heritage Table, a remarkable creation by Abhimanyu Kumar, stands as a testament to craftsmanship, history, and community collaboration. Constructed over a span of three months at the Mistri Labs Workshop in the Ayarpatta hills, this 20-foot 10-inch table is not just a piece of furniture but a repository of stories and heritage.

**Craftsmanship and Materials:** This table was made by EX-SEMITE Abhimanyu Kumar (ICSE 2005) at the Mistri Labs Workshop, about 3 km from St. Joseph's College. The project of building this rather large table started in the summer and took almost 3 months to complete as most of it was made using hand tools and using reclaimed materials from the various old buildings all across Nainital which were collected by Mr. Bhoj Raj (Abhimanyu's grandfather and owner of Modern Book Depot). Special care was taken to catalogue where each piece came from and also to create an aesthetically pleasing design.

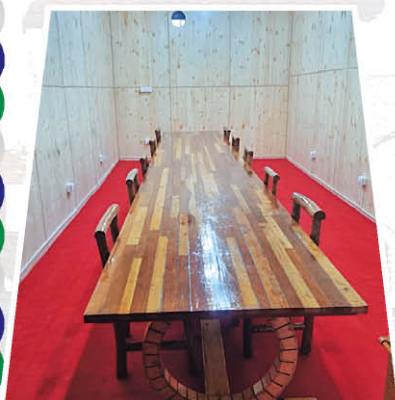


The top of this table is made from 9 different species of reclaimed wood namely Cypress, Toona, Sal, Pine, Cheed, Sagwan, Sheesham, Poplar & Deodar. The legs, 6 of them are again special as they are circular and not straight like most tables and carry all of the weight of this 450 kg behemoth using some very clever engineering.

**History in Every Piece:** The table's top, a mosaic of reclaimed lumber, encapsulates the rich history of Nainital. Pieces from iconic structures such as St. Joseph's College, St. Mary's Convent, Sherwood College and more, narrate the cultural and architectural tapestry of the region. The table becomes a living artifact, connecting generations through the tangible essence of Nainital's past.

**Usage and Transition:** Initially intended as a dining table, the Ayarpatta Heritage Table served this purpose for four years before finding its way back to the Mistri Labs Workshop for a three-year hiatus. In 2023, Brother Pinto, the Principal of St. Joseph's College, repurposed the old stationery room into a conference room, providing the perfect opportunity for the table's relocation. The challenging task of moving the 450 kg structure through Nainital's narrow roads required a steel exo-skeleton and the strength of 16 local labourers, who carried the table 3 km in approximately 2 hours, making six breaks during the journey.

**The Final Destination:** The Ayarpatta Heritage Table has now found its permanent home in St. Joseph's College, adorning the newly transformed conference room. Br Pinto's vision to repurpose spaces has not only given the table a new purpose but has also integrated it into the daily life and history of the college.



The Ayarpatta Heritage Table stands not just as a piece of furniture but as a living chronicle of Nainital's architectural and cultural history. Crafted with passion, skill, and a commitment to sustainability, this table is a symbol of community collaboration and the preservation of heritage. As it graces the halls of St. Joseph's College, it continues to inspire conversations and bridge the gap between the past and the present.



# CHRISTMAS CELEBRATIONS (JUNIOR SCHOOL)

- 29 NOVEMBER 2023

"Christmas doesn't come from a store; Christmas means a little bit more." With the joyous spirit of Christmas permeating the air, St. Joseph's College Junior School celebrated the season on the 29th of November 2023. The festivities were marked by a unique approach that aimed to remind everyone of the true meaning of Christmas. The event commenced with a warm welcome extended to all attendees.





# SANTA CLAUS IS COMING TO TOWN - 12 DECEMBER 2023



HEARTWARMING  
CHRISTMAS CELEBRATION  
FOR  
SENIOR SCHOOL BOARDERS  
AND  
FAREWELL TO CLASS 12 BOARDERS  
AT  
ST. JOSEPH'S COLLEGE.





# FINAL GOODBYES TO 2023 - 12 DECEMBER 2023



The Final Assembly was held on 5th of Dec to acknowledge the performances of the students in the field of sports.

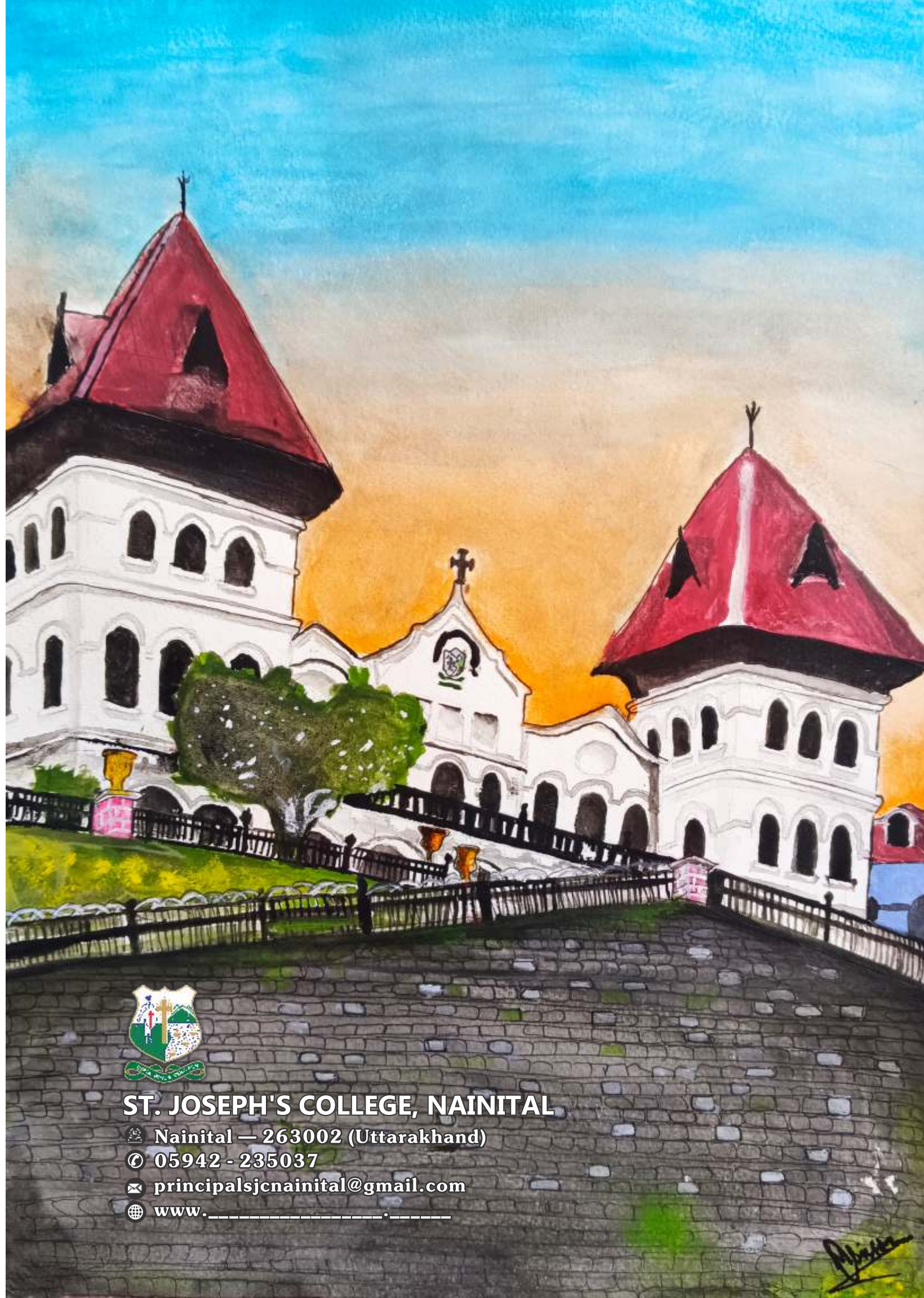
## **Impressive achievements !**

Aarav Singh Sandhu's recognition as both Athlete of the Year and Sportsman of the Year is noteworthy, and congratulations to Siddhant Negi, Raghav Agarwal, Abhinav Khetwal and Mahiraj Singh Bisht for their respective accomplishments in football, snooker, badminton, and table tennis.

Well done, Tagore House, for winning the Cock House award !







## ST. JOSEPH'S COLLEGE, NAINITAL

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*Alma*