



*Eaglets in action...*



St. John's High School  
Chandigarh

**JUNIOR SCHOOL Newsletter | 2nd Issue**  
**2nd Quarter | 2024-25**

# CLASS ASSEMBLIES

- Be Kind
- Being Obedient
- Independence Day
- Remembering Blessed Edmund Rice
- Say No to Plastic
- Good manners
- Mini assemblies on the PA
- Making a difference
- Disaster Management Preparedness
- World Nature Conservation Day

Vocational Educational Initiatives  
Outreach Programme  
Health and Wellness Initiatives  
Class Activities  
Inter Class Competitions  
Achievers  
Special Initiatives



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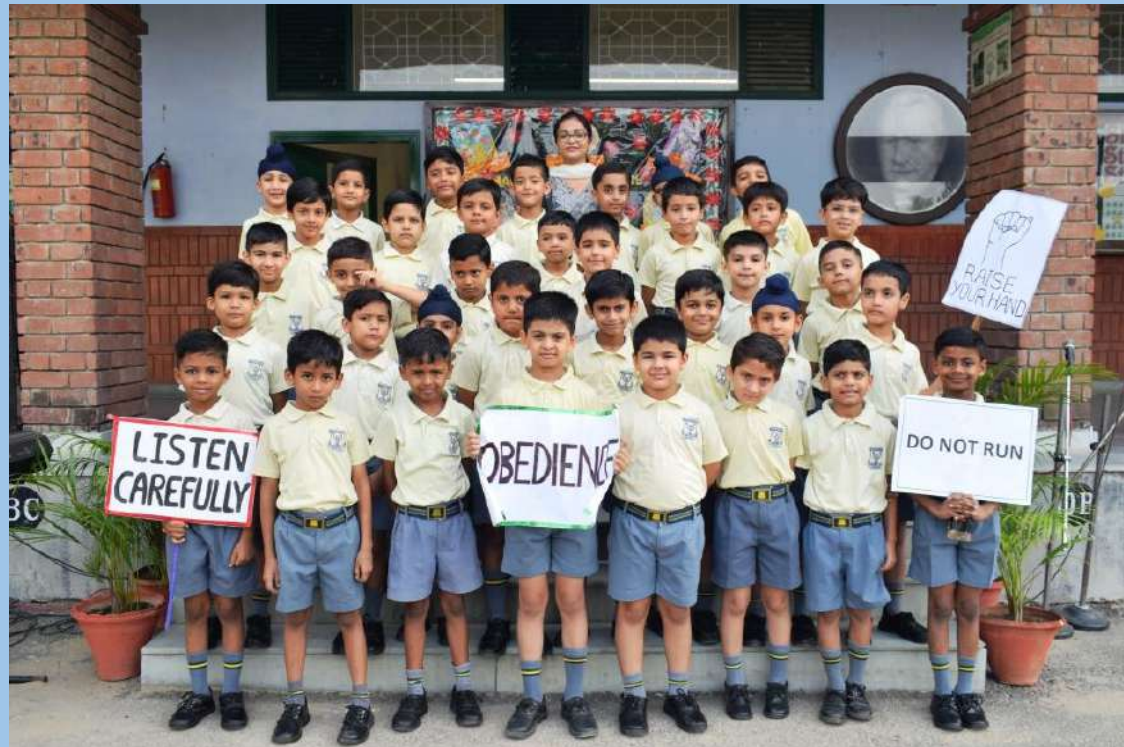


The students performed a skit showcasing different scenarios where kindness can be demonstrated such as sharing, helping and comforting. In Bhasha Sangam, a Hindi Poem was recited where kindness towards animals and plant kingdom was emphasized. Various speakers spoke different thoughts over kindness as to how we can practice kindness in our daily lives to spread positivity around. Br. Jairaj summarized the key takeaways from the assembly and encouraged everyone to embrace kindness.





The assembly aimed to highlight the significance of obedience in various aspects of life, including the school and home. The assembly included speeches, skits, and interactive activities designed to engage students and convey the message effectively. It reinforced the idea that obedience is a virtue that benefits not only individuals but also the community as a whole. Students left the assembly with a renewed understanding of how obedience can positively impact their lives and the lives of those around them.





**Class: 1C Date: 14th August, 2024**  
**Topic: Independence Day**

Students stressed upon the importance of Mother India and stated reasons why we should be proud of it. They shared about our country's rich heritage, culture, diversity, progress and numerous milestones. Tri coloured balloons were released in the air.



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# Class: 1D Date: 29th August, 2024 Topic: Remembering Blessed Edmund Rice



The assembly started with a prayer and a hymn. A play on the life of Blessed Edmund Rice was presented by the students. Interesting facts were shared about how the mission was started by him and how he helped in the education of poor children. The choir presented a beautiful Hymn on Peace.



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INTERNATIONAL PLASTIC FREE DAY was celebrated by the students of Class 2C with the slogan 'SAY NO TO PLASTIC'. They spread awareness amongst the students about the harmful effects of the use of plastic. Through speeches, poem and placards the students emphasized on the dangers associated with using plastic and urged everyone to stop using one time use plastic items like straws, spoon etc.





**Class: 2D Date: 25th July, 2024**

**Topic: Good Manners**

Good manners and habits reflect on a person's upbringing, culture, social behaviour and value towards society. Through speeches, poems, and placards the students made others learn about the importance of making the right choice of words and how a good behaviour helps us in going a long way forward. Overall, it helped to create empathy and awareness in the young minds about the feelings of others so that they grow up to become considerate and caring citizens of a civil society.



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## Class: 2 Mini Assemblies on the PA System

Class 2 presented a delightful assembly on topics:

2A: Sharing

2B: Friendship

2C: Proud to be Indian

2D: Gratitude

These were broadcast over the PA system. The assembly began with a prayer and with an introduction of topics, highlighting its importance in building strong communities and fostering cooperation. To conclude, a health tip was shared, reminding students about how to stay active and healthy during the monsoon season and have healthy food. The assembly was concluded with the spirit of sharing happiness, gratitude and joy.





The students of Class 4C related the topic with what a Johnian does in and outside school to make a difference. A poem on 'Making a difference' was recited by the whole class. A melodious hymn was sung by the class choir followed by Bhasha Sangam in Gujarati. The students updated the audience with the latest news and concluded with a thought for the day. On the whole it was an informative assembly.





## Class:4C Date:23rd July, 2024 Topic: Disaster Management Preparedness

The assembly started with a prayer and a hymn. A quote on being prepared for a disaster was shared to help the boys be prepared for a disaster. The boys shared relevant information on how to handle themselves in case of a disaster. The importance of being alert and staying safe was reinstated.

In Bhasha Sangam the word 'Be alert' was shared in Rajasthani. The assembly ended with a beautiful thought on how training is immensely important. 'Training is the key to handle any disaster.'



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## Class: 4D Date: 30th July, 2024 Topic: World Nature Conservation Day

On the occasion of World Nature Conservation Day, the boys of Class 4D organized an inspiring and informative morning assembly to emphasize the significance of conserving nature. The assembly began with a welcome speech followed by a prayer. The highlight of the assembly was a short play that aimed at conveying the message of the importance of nature conservation through a creative and educative way. The characters highlighted issues such as deforestation, pollution and climate change and emphasized the role of young people in driving positive change.



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# CLASS 5: Teachers' Day Assembly

The students of Class 5 conducted an assembly on 'Teachers' Day'. They started the assembly with a prayer and a hymn. They beautifully expressed through the speeches how much they value and adore their teachers. Classes 2 and 4 also presented a song to acknowledge the efforts of the teachers. Students of class 5 recited a poem, presented a song and a foot tapping dance to see the smiles on the faces of their mentors. They also shared what teachers are called in Urdu, Punjabi, Tamil and Hindi under Bhasha Sangam Program. The assembly ended with a thought for the day. The teachers of the Junior wing were given handmade cards made by the students of class 5 during the assembly.





# CLASS 5: Teachers' Day Assembly



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# Vocational Education Initiatives - Class 3

The theme for class 3 was food and nutrition for this quarter. The boys were determined to beat the heat by learning refreshing drinks, quick snacks and amazing dessert.





# Vocational Education Initiatives - Class 4



**CLASS 4** - Art and craft activities are essential part of a child's development, fostering creativity, imagination and self-expression. The boys learnt different skills and presented some amazing art related souvenirs.



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# Vocational Education Initiatives - Class 5

The theme for class 5 was learning the skills of gardening. By children getting involved in gardening, educators helped them develop essential life skills, promote healthy habits and cultivate a lifelong appreciation for the natural world. The learnt from how to paint a sapling, manure mixtures to how to paint a pot.



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## Outreach Class 4B: Kusht Ashram, Chandigarh

The students of Class 4 B along with their class teacher Ms Mridula Sharma went for the Outreach Programme on 26th July 24. The students started with a prayer followed by hymn. The students recited a poem on 'Making A Difference'. The students spoke about healthy environment and climate change in Hindi. They interacted with the inmates and later gave washing soap bars to them. It was a great learning experience for the young minds.



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# Outreach Class 4C: Kusht Ashram, Chandigarh

*'But let us do ever so little for God, we will be sure he will never forget it, nor let it pass unrewarded.' ..... Blessed Edmund Rice.*

Following the path of our Founder, Blessed Edmund Rice who was known for the less fortunate, the boys of Class 4 C along with their class teacher, Ms.Aman Aggarwal visited the Kusth Ashram here in Chandigarh. The boys had an engaging interaction with the families and the inmates of the Ashram. The boys exchanged information on the ways they could stay safe during a disaster. The inmates were truly grateful for the extensive information shared by the boys and promised to stay safe. Later, they also danced with the boys and sang songs with them. They boys were happy to contribute to the mission set out by our founder.



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# Outreach Class 5A: Govt. Model School, Sec-16, Chandigarh

## Topic: Plant A Tree

The students prepared a short program for the class 5 students of Govt. Model School Jr, Sec-16, Chandigarh. The topic was "Plant a tree". The students started the interaction session by a prayer, which was followed by a poem recitation. The boys demonstrated how to prepare soil to plant a sapling. Paper strips and ice cream sticks were used to decorate a pot. Govt. Model 16 showed a model on how to save the overflowing water from the roof tanks. They also conducted a quiz on different folk dances of India. They also performed dances like Bharatnatyam and Gidda. The students enjoyed the interaction with each other.



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# Outreach Class 5B: Govt. Model School, Sec-16, Chandigarh

## Topic: Accepting Differences

The students of St. Johns were welcomed by the teachers and students of Class 5 A of Govt. Model School. Our boys started with a Prayer and a Hymn 'All things bright and beautiful'. They spoke confidently on the value lesson 'Accepting Differences' and recited a poem. They later shared their knowledge of Nouns and their types using placards. The quiz was conducted and the audience responded well. The Host School was also well prepared. They started with a Patriotic Song and later explained Homophones and conducted an activity. A student also gracefully danced on a 'Garhwali Song' which enjoyed and applauded by each one present. It was definitely an enriching experience for students of both the schools.



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# Outreach Class 5C: Govt. Model School, Sec-16, Chandigarh

## Topic: Say No To Plastic

The boys began with a prayer after receiving a warm welcome from the partner school. Thereafter, a group of students taught them collective nouns. A quiz was conducted to test their understanding and small gifts were given to them. Then a group of students sang an impactful song on 'SAYING GOODBYE TO PLASTIC' followed by a few lines on why it was needed. To keep the fun element alive, the Johnians taught them a paper lotus and a house with origami sheets. The session was interactive allowing students to ask questions and share their thoughts on how they could contribute to reduce the plastic waste.



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# Health and Wellness Initiatives

The students of Junior school Classes KG - 5 brought healthy food in their tiffin. A video on the importance of eating healthy food and inculcating healthy habits was shown to the boys. The class teachers enlightened the boys on the same. The boys also spoke 2 - 3 sentences stating why the food that they had brought was good for health. In addition, the KG boys went on a nature walk, and drew and coloured their favourite fruit/vegetable in their worksheets. Class 1 - Boys enjoyed vegetable printing. Class 2 - Boys made a poster on "Eat Healthy Stay Healthy". The boys of Class 4 learnt to make a summer cool drink - lemonade. They also discussed its benefits.





# Health and Wellness Initiatives - Class 3

## 'Young Johnians Embrace Yoga for Lifelong Wellness'

Students of Class 3 practised yoga poses like Tadasana and Vrikshasana. These exercises improved their flexibility, balance, and concentration, promoting both physical and mental well-being. The initiative fostered a healthy lifestyle, mindfulness, and relaxation among the young learners, encouraging lifelong wellness habits. Additionally, they learned breathing techniques and the importance of regular exercise.



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# Health and Wellness Initiatives - Class 2

Achieving and maintaining "Health and Wellness" the students of class 2 took an initiative to make Gratitude Jar in their classroom to foster a positive and appreciative environment. It helped to create a positive classroom environment, enhanced students' emotional well-being, and fostered a sense of community. It also served as a constant reminder of the good things in life no matter how small. Overall integrating positive practices such as regular exercise, balanced nutrition and gratitude can significantly enhance overall wellness, strengthened relationships and increase resilience.



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# Health and Wellness Initiatives - Class 2

A workshop on dental hygiene was conducted for the students of Class 2. It aimed to educate the students about the importance of maintaining oral health, effective brushing and flossing techniques. Our esteemed guest, Dr Monika discussed various dental concerns and recommended best practices in oral health. She guided the students on duration and frequency of brushing, choosing the right toothbrush and toothpaste. She also emphasized on reducing sugary snacks, drinks and encouraged them to have a balanced diet for maintaining strong teeth and gums. Participants practiced brushing technique using oversized model teeth and toothbrush. Attendees had an opportunity to ask questions and address specific concern about their dental care routine. Overall, it was a very informative session making the learning process enjoyable and memorable.





# Learning by doing

With an aim to reinforce what the students of Prep have learnt, they made different projects with the help of their parents and brought them to the class. They were encouraged to do their homework using waste materials by painting stones which can be used later as paper weights. They also made their own handmade Math booklets. Their enthusiasm was quite evident in the quality of work received.



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# Class 1 - Show and Tell



Class 1 students took part in a creative and collaborative learning activity. They displayed the projects they have created under the guidance of the teachers and parents. The little ones amazed everyone with some interesting facts about the world we live in.



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# Class 1 - Vanmahotsav (16.7.2024)

On 16th July 2024, the Class 1 students known as the Eco Warriors embarked on a mission to spread awareness about the importance of planting more trees as part of their Van Mahotsav celebrations. These young advocates carried placards and charts, marching to each classroom with a clear and unified message: 'Plant more trees'. Their initiative didn't stop at visuals; they also recited a slogan in unison, emphasizing their cause. Their efforts were a remarkable example of how even the youngest members of the community can lead by example and promote environmental consciousness.



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# Class 1 - Poetry Recitation

The Poem Recitation activity on the theme 'Healthy Food' was organised on 30th August for all the sections of class 1. Students showed great enthusiasm and excitement during the competition. The poems recited were a mix of fun and humor. All the poems were on importance of eating fruits and vegetables.



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# Class 1 - Poetry Recitation



Boys emphasized on the importance of good health and hygiene. The poem recitation activity was a huge success, with all participants showcasing their talent and love for poetry.



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# Class 2: My Dream House

In a recent Eaglet's World activity, young boys showcased their creativity and fine motor skills by constructing houses using cutouts from coloured sheets. Provided with a base A4 sheet, the students used various shapes, fevistick, and crayons to bring their imaginative designs to life. The activity was met with enthusiasm, with each child proudly displaying their unique creation. The event highlights our commitment to engaging and educational activities that support the holistic development of our students.



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# Class 2: Maths Lab Activity

Math Lab is a place where the students enhance and build confidence by learning different activities. The boys had an activity on the topic "Comparison of Numbers" where they bought kidney beans, followed the teacher's instructions, the boys counted beans and put the sign  $>/</=$  on the sticky notes. The activity was very interesting, and the boys participated with full enthusiasm.



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# Class 4 : CONCEPT OF FACTORS AND MULTIPLES

Class 4 students were introduced to the concept of Multiples and Factors using Rajmas/Channas. Learners were asked to divide a certain number of rajmas into groups such that no rajmas were left behind. Boys could divide them in many ways. We started with 12 which they could group into 2s, 3, 4s, 6s, 12 and 1 single group. The concept of factors and multiples was explained. Difficulty level was further increased taking larger number of rajmas. Learners did the activity with great interest and enthusiasm. It was a fun way to understand the concept.





# Class 3: Maths Lab Activity



Learning by  
doing -  
Mathematical  
operations  
with an  
Abacus



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# Class 2 - Hindi Poem Recitation Competition

On April 28, 2024, St. John's High School, Chandigarh, organised 'Hindi Kavita Pratiyogita', centring on the theme "Veeragatha". The students showcased heartfelt recitations that emphasized the importance of patriotism and beautifully conveyed the tales of the valour of India's war heroes. This event helped the participants to showcase their creativity with the use of different props along with enhancing their speaking skills. Winners were the students of Class 2C.



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# Class 5 - Hindi Poem Recitation Competition



On August 28, 2024, St. John's High School, Chandigarh, organised 'Hindi Kavita Pratiyogit', centring on the theme '**Kuposhan Mukh Bhara**'. Students emphasised on the significance of a balanced diet, nutritional food and not wasting food. This event helped the participants to showcase their creativity with the use of different props along with enhancing their speaking skills. The audience was then addressed by the esteemed chief guests who further elaborated and shared their meaningful. Winners were the students of Class 5A.



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# Achievers

Prabhav Atwal of Class-3D clinching 1st Prize in the Best U-10 category from Sh. Nitin Narang, President, AICF at All India Open FIDE Rating Chess Tournament-2024 Chandigarh, at Dev Samaj College of Education, Chandigarh.



Ivaan Arora of Class 1-A secured a Silver Medal in 30 metres race in the Chandigarh Sub-Junior and Junior State Athletics Championships organized by Chandigarh Athletics Association held from 23-26 August, 2024 at Sports Complex, Sector 7, Chandigarh.

Sahibek Singh Boparai of Class 2B bagged the first position in the Mohali District Under 9 Chess Tournament held on 18th August 2024.



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# Achievers

- **AYAAN VEER BENIWAL** of **CLASS 4D** gets gold for our school in 1000 mtrs u-11 inline category in **SKATING** held on 23rd August 2024.



- **Jai Anand** of **Class 1D** won a consolation prize in the **Independence Day Poster Making Competition** held by **T.S. Central State Library, Chandigarh.**



- **Aaditya Sood** of **Class 4A** clinched the title in the **U15** category at the recently concluded **Panchkula District Table Tennis Championship** held at **Manav Mangal School, Sector 11**. He qualified for the finals and also emerged victorious in the **U13** category. He secured a silver medal in the **U11** category, proving his versatility across different age groups.

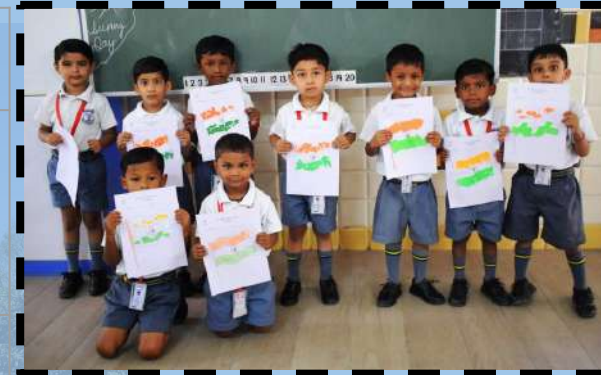


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# Achievers-Inter Class Competitions (Veer Gatha)

Competition	Class	Winners
Craft Creators	Prep and KG	1st- Ashish (prep) 1st-Ojasya (KG-A) 2nd- Kiyaan Singla (KG-A) 3rd- Arjun Goyal(KG-C)
Threads Of Love	Class 1	1st- Eshanvir Singh(1-A) 2nd-Abeer Lather (1-B) 3rd- Reyaansh(1-C) Consolation-Jai(1-D)



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# Achievers-Inter Class Competitions (Veer Gatha)

Competition	Class	Winners
Heroes From History	Class 2	1st- Saksham (2-A) 2nd- Raghunandan Chandok (2-D) 3rd- Ajit Singh Saini(2-C)
Leaves of Inspiration	Class 3	1st- Vivaan (3-B) 2nd- Paarth (3-A) 3rd - Kultej(3-C)



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# Achievers-Inter Class Competitions (Veer Gatha)

Competition	Class	Winners
Our Unsung Heroes	Class 4	1st- Ryaan Setia (4-B) 2nd- Yuval Sharma (4-D) 3rd- Aarav Singla(4-C) 3rd- Viraj Goyal (4-A)
Trash To Treasure	Class 5	1st- Vihaan Patel (5-B) 2nd- Reyansh (5-A) 3rd- Savya Singla(5-B) Consolation- Moh. Ateeb Mir (5-D)



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# Winners of the Diary Quiz (Classes 3 to 5)



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# Plant a sapling Campaign

**Nurturing Tomorrow:**

**St. John's High School's Vanmahotsav Campaign Inspires Families to Plant Seeds of Hope**

"What humans do over the next fifty years will determine the fate of all life on the planet." – Sir David Attenborough. This year, our Eco Club warriors and Social Justice animators have once again joined forces, rallying for a greener tomorrow and urging our community to partake in this noble cause. On Saturday, 27th July 2024, as part of our concerted efforts to promote sustainability and environmental consciousness, we invited the parents to take an active role in our campaign. In collaboration with the Haryana Forest Department, we made special arrangements for an array of vibrant saplings, each brimming with potential and promise. These saplings were distributed during the Parent-Teacher Meeting, symbolizing a collective step towards nurturing our planet.



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# Plant a sapling Campaign



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# Aerobin Composting - supporting Zero Hunger



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One thing you can be sure of:  
that whilst you work for God, whether you succeed or not, he will amply reward you.  
*Edmund Rice to Bolger Bryan, 1810.*



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