



*Eaglets in action...*



St. John's High School  
Chandigarh

**JUNIOR SCHOOL Newsletter**  
**3rd Issue | 2024-25**

# CLASS ASSEMBLIES

- Life is Better with Friends.
- Taking Care of Ourselves
- Proud of my Country
- Time Management
- Swachta Abhiyaan: Clean your mind, Clean your space
- Being on Time
- Kindness
- Honesty
- Zero Hunger

Annual Sports Day  
Outreach Programme  
Health and Wellness Initiatives  
Disaster Management Mock Drill  
International Day of the Girl Child  
Children's Day Celebration  
Class Activities  
Achievers



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Class: PREP/KG

Date: 18.10.24

Annual Sports Day



The drill by Prep/Kg boys was named **ECO-DEFENDERS** with the theme **ENVIRONMENTAL JUSTICE** emphasizing the importance of protecting our planet.



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Class: 1

Date: 18.10.24

Annual Sports Day

The boys of Class 1 showcased their spirit and energy through a well coordinated drill. The colourful gloves symbolized the blending of genders and the promotion of equality.



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Class: 2

Date: 18.10.24

Annual Sports Day

The Fitness Champions of Class 2 showcased a dynamic sports drill that embodied the principles of equality and fairness, centered around the theme of Social Justice in Health Care. Emphasizing a healthy lifestyle, they promoted a balanced diet rich in fruits, vegetables, nuts, and cereals. They also highlighted the benefits of yoga and meditation for improving focus and reducing stress.



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Class: 3

Date: 18.10.24

Annual Sports Day

Class 3 performed a Rattle Drill, Rattles are auditory and visual, making them accessible for participants of all abilities, including those with visual or hearing impairment. Rattles symbolized breaking the barriers, as their sound transcends language and cultural differences. This drill highlighted that when everyone contributes, regardless of their background the result is vibrant and impactful.



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Class: 4 and 5

Date: 18.10.24

Annual Sports Day

It was a fantastic dramatisation of hula hoops, to symbolize the pursuit of social justice. Each ring represented a different aspect of the struggle. It was a fantastic event where the boys of Class 5 also collaborated with our Outreach Partner schools during various races.



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Class: KG

Date: 11.10.24

Girl Child Assembly

CLASS KG organized a small assembly to sensitize our boys about the problems faced by girls and how they can stand in solidarity with them, starting from their homes. As a symbol of unity, our boys wore pink scarves to show their support for the campaign. Videos were shown in the class for better understanding.



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# Class 1 -Swachhta Abhiyaan

T 'The Cleanliness Ambassador " of Class 1 very proudly wore their batches and initiated the task of cleanliness..



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The topic for the assembly was 'Poshan Mah' (Healthy Dietary Habits). The energetic boys introduced the topic through a short skit. They focused on the importance of eating right for a healthy and happy life. The boys enlightened the audience with some Healthy Eating Habits.





Class: 3A

Date: 06.08.24

Topic: Life is Better with Friends.

Class 3-A boys conducted an enthusiastic assembly where they shared stories and examples of how friends make us grow as individuals, and makes each day of our lives more meaningful.



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Class: 3B

Date: 20.08.24

Topic: Taking Care of Ourselves

The assembly on the topic "Taking Care of Ourselves" began with a prayer followed by a hymn. They also recited a thoughtful poem on self-care. The assembly was informative and engaging, helping students understand the importance of taking care of themselves.



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Class: 3C

Date: 14.08.24

Topic: Proud of my Country

The assembly focused on Independence Day. They spoke about freedom fighters like Mahatma Gandhi and Bhagat Singh highlighting their sacrifices. The students also explained why we celebrate on 15<sup>th</sup> August, marking the end of British rule in 1947. In addition to the speeches, the children sang a patriotic song, recited a poem, and performed a small skit on Independence Day.



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Class: 3D

Date: 27.08.24

Topic: Time Management

The assembly on the topic "Time management" students of class 3D conducted an insightful assembly on the topic of time management. The students discussed the importance of using time wisely and shared tips on planning and prioritizing tasks. They featured a skit that demonstrated effective time management along with a catchy song that reinforced key points. The event was both informative and engaging.



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## Topic: Swachta Abhiyaan: Clean your mind, Clean your space

Class 2 A conducted an assembly to highlight how a clean environment contributes to better health and increased productivity. The assembly began with a prayer, followed by informative short speeches and placards discussing the importance of cleanliness and the need to maintain both personal and communal spaces.





The students of Class 2B presented an engaging assembly on the importance of punctuality. They highlighted why being on time is essential for personal growth and respect towards others. Through a mix of role-playing, and short speeches, they demonstrated how punctuality helps in building good habits, managing time better, and respecting commitments. The pivotal point of the assembly was driven home very clearly that it is important to learn being on time always.





The boys of class 2C conducted their class assembly on 7th November 24 on the topic KINDNESS. The message of kindness is a universal language that transcends barriers. Each one of us has the power to be kind and by doing so we can create a more inclusive and compassionate world. The assembly culminated by saying thought of the day and school anthem.





The students of Class 2 D conducted assembly on 22.11.24 On the topic 'Honesty' which aimed to emphasize its significance and encouraged everyone to uphold this virtue in their daily lives. Through speeches, poems and placards the students emphasized that to stand up for the truth acquire a great deal of courage, but at the end of the day, it's worth the efforts. The assembly culminated by saying thought of the day and school anthem.





Class: 4C

Date: 22.10.24

Topic: Swacchh Bharat Abhiyaan

The assembly started with a prayer and a hymn. A quote on Swachhta was shared to help the boys realise the importance of cleanliness. The boys shared relevant information on the health benefits of cleanliness and good hygiene. The importance of teamwork and collaboration was shared which will further develop skills and environmental stewardship amongst students.



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The assembly was to highlight a very critical issue, food waste and hunger. They highlighted its effects globally and nationally and offered some practical solutions to achieve Zero Hunger. Concluding the assembly, the audience was left with a poignant takeaway that even a smallest act of kindness like feeding one person, can have a lasting impact.





Classes: Prep-5

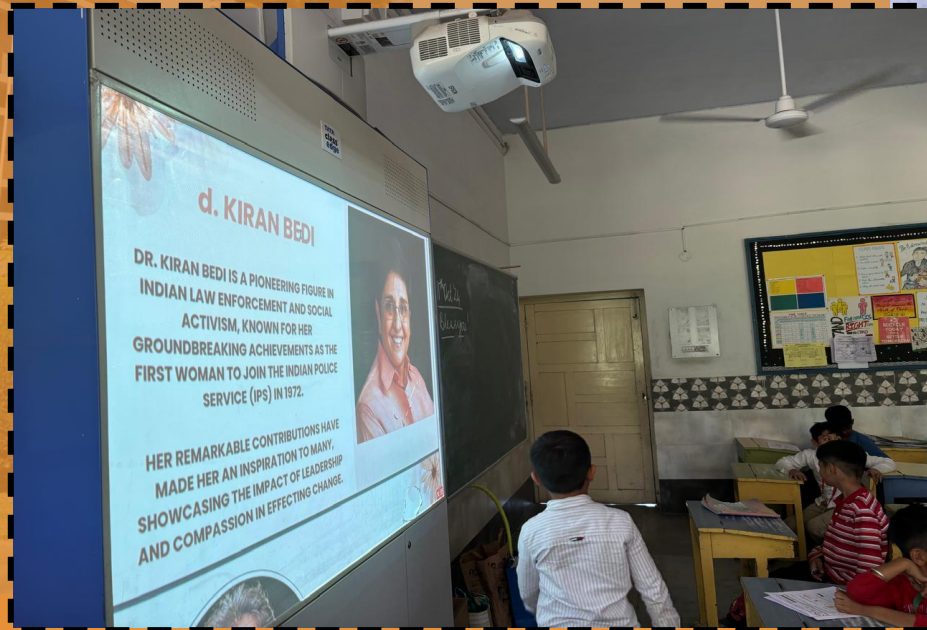
Date: 11.10.24

## International Day of the Girl Child

As a proud advocate of girls' rights and the government's initiative Beti Bachao, Beti Padhao, various activities to mark this important day were organised. All students wore a Pink Ribbon, to show their respect and support for the celebration of the International Day of the Girl Child, recognizing their vital role in promoting gender equality and empowering girls.



Students were shown videos to spread awareness, teachers had discussions with them, they attempted a Quiz on extraordinary women achievers. The Social Justice animators presented a short skit "Women can change the World: Stories of Impact and Inspiration" in the classrooms.



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# Class: 2A & 2B Outreach Programme: Missionaries of Charity, Sec-23, Chd

Date: 13.09.24



The outreach programme was conducted with the aim of providing support and companionship to the residents of "Missionaries of Charity" Sector 23, Chandigarh. The program was intended to uplift the spirits of elderly through meaningful interactions, donation, and activities. The students also recited a Hindi poem on patriotism. The residents also sang a song.



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# Class: 2C & 2D Outreach Programme: Missionaries of Charity, Sec-23, Chd

Date: 06.09.24

The outreach programme was conducted with the aim of providing residents of "Missionaries of Charity sector 23, Chandigarh". The students recited a Hindi poem on patriotism. The residents also sang a song. The visit also aimed to foster a sense of community and to understand better the challenges faced by the residents. We look forward to strengthening our relationship with the residents and continuing our efforts to make a lasting positive impact on the lives of the residents.



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Class: 3A  
Date: 26.10.24

# Outreach Programme: Institute for the Blind, Sec-26, Chd

The session aimed to foster inclusivity, empathy and understanding by building friendship between Class 3 students and visually impaired boys through engaging activities and meaningful interactions. The boys introduced themselves by sharing their names and hobbies both the groups shared stories about their best friends and the visually impaired students talked about how they make friends despite their challenges.



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# Class: 3B      Outreach Programme: Institute for the Blind, Sec-26, Chd

Date: 25.09.24

The students of Class 3B visited the Institute for the Blind in Sector 26, where they shared tips on self-care and enjoyed an interactive session. The institute's students showcased their talents by singing, doing yoga, and demonstrating Braille. Our students also gifted a small hamper, making it a meaningful and enjoyable experience for everyone involved.



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Class: 2

Date: 21.11.24

## Health and Wellness Activity

A slogan writing activity was organized to promote awareness about good health and well-being. The activity aims to encourage creativity while spreading essential messages about healthy living, mental wellness and maintaining a balanced lifestyle. The activity successfully raised awareness about the importance of health and well-being. The messages served as a reminder to prioritize well-being, inspiring individuals to lead healthier and more fulfilling lives.



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The drill began with a simulated earthquake alarm, signaling students to immediately drop to the ground, take cover under their desks, and hold onto the desk legs. They Understood DROP,COVER,HOLD ON ,MOVE AND EVACUATE





# Children's Day Celebration

Date: 14.11.24

Children's Day started with performance scripted in the form of a small hilarious play, where teachers also performed on dances and songs. The little Johnians had lots of fun and adventurous moments at the Rocksport Adventure Camp organised in the school grounds. Young adventurers of Class-Prep to III participated in junior Rock Climbing, the Burma Bridge, Net Climbing, Commando net, Hamster Wheel and the super exciting Zip-line. Classes 4 and 5 had their picnic at Rajpura with Rocksport Adventure and then they enjoyed their picnic tiffin. The boys had a wonderful time where they enhanced their confidence, self-esteem, leadership quality and improved their social skills.



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# Feathers in our Cap- OUR ACHIEVERS

- Tejansh Of Class 3-C achieved a remarkable feat in the "Chandigarh State Roller Skating Championships" held in November. He won a Bronze Medal in Cadets Roller Hockey.
- Evan Dhaiya of Class 3-C won the Rashtriya Hindi Pratibha Samman along with a cash prize in the International Hindi Olympiad securing the first position.
- Anush of Class 4-A won the Hindi Bal Shresth Samman in the International Hindi Olympiad securing the First Position.



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# The Feathers in our Cap- Interclass Competitions

Name Of the Competition	Class	Name Of the Winner
Embracing the Festive Spirit	Prep	Vikrant Singh
Origami Festivity	KG	<ul style="list-style-type: none"> <li>• 1st- Saiaansh Bansal (KG-A)</li> <li>• 2nd- Saatvik (KG-E)</li> <li>• 3rd- Aditya Dubey (KG-A)</li> </ul>
Clay Magic	1	<ul style="list-style-type: none"> <li>• 1st- Aveer (1-C)</li> <li>• 2nd- Anav Mourya (1-C)</li> <li>• 3rd- Eshanvir Brar (1-A)</li> </ul>
Tied With A Bow	2	<ul style="list-style-type: none"> <li>• 1st- Hetaksh (2-D)</li> <li>• 2nd- Aarish Sehgal (2-B)</li> <li>• 3rd- Sahibek (2-B)</li> </ul>





# The Feathers in our Cap- Interclass Competitions

Name Of the Competition	Class	Name Of the Winner
Design and Shine	3	<ul style="list-style-type: none"><li>• 1st- Tejaansh (3-C)</li><li>• 2nd- Sehajbir (3-A)</li><li>• 3rd- Ayansh (3-C)</li></ul>
Colours Of Light	4	<ul style="list-style-type: none"><li>• 1st- Vedansh Saghi (4-D)</li><li>• 2nd- Saakshya (4-B)</li><li>• Yuval Sharma (4-D)</li></ul>
Colours Of Rangoli	5	<ul style="list-style-type: none"><li>• 1st- Nikunj Lamba (5-D)</li><li>• 1st- Vivaan Raj Verma (5-A)</li><li>• 2nd- Vedant (5-B)</li><li>• 3rd- Sanav (5-C)</li></ul>

