



**ST. JOHN'S HIGH SCHOOL**  
**IN COLLABORATION WITH**  
**SIDDHARTH PHUTELA SQUASH ACADEMY**

**BATCH DETAILS**

S. No	Batch type	Batch code	Days	Time	Strength	Age group	Monthly Fees
1	Foundation1	B1	M,W,F	3:30-4:30pm	5	8+	₹ 5,000/-
2	Foundation2	B2	T,T, S	3:30-4:30pm/ 8am-9am	5	8+	₹ 5,000/-
3	Foundation3	B3	M,W,F	4:30-5:30pm	5	8+	₹ 5,000/-
4	Foundation4	B4	T,T, S	3:30-4:30pm/ 9am-10am	5	8+	₹ 5,000/-

*\*The alphabets denote the days of the week. Please note, coaching on Saturday will be in the morning and coaching is off on Sunday*

**WEEKLY SCHEDULE**

Day	Weekdays					Weekend	
Batch Timings	Mon	Tue	Wed	Thu	Fri	Batch Timings	Sat
3:30pm-4:30pm	B1	B2	B1	B2	B1	8:00am-9:00am	B2
4:30pm - 5:30pm	B3	B4	B3	B4	B3	9:00am-10:00am	B4

**General guidelines to be followed by the parents/students for Squash Coaching in School: -**

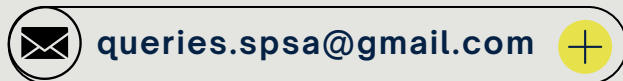
1. All the parents are expected to pay the fees in advance for coaching.
2. All players have to bring their own equipment (Racket, Squash Shoes, Squash Balls, eye wear) and the Academy will not be responsible for the same.
3. Only gel soled non- marking squash shoes are allowed inside the courts while playing. They should carry the shoes along with them and not wear them outside the courts.
4. Students are expected to carry water bottles for the sessions.
5. The students should be at the courts 10 mins before their allotted time.
6. No parking will be provided inside the school premises. Parents will have to pick & drop the students at the school gate at the time of session.
7. Students are expected to maintain decorum while using the facility and follow the guidelines set by the academy from time to time.
8. The students should attend the sessions regularly as per their allotted batch and timing for continuous improvement and skill development. In case of any non – availability for the session, the same shall be informed to the coach prior to the session.

(Siddharth Phutela)

M. No: - 9888821076



**ENROLL NOW**



**Squash  
Training**, now  
in your city!

**AT ST. JOHN'S HIGH SCHOOL,  
CHANDIGARH.**

## What's In Store?

- 2 Best in class Squash courts with ASB flooring
- Air conditioned hall.
- Structured training program by WSF certified coaches
- Gym area available for training
- Coaching available from beginners to advanced level players
- Pay & Play facility available





## FOUNDATION GROUP

Age group: 9 yrs +

LTAD Stage: Learn to Train

Learning objective: Introduction to Squash

Recommended Training time: 2-3 days per week/1 hour per session

Training Outcome: Learning basics of Squash in a fun and engaging way.

## DEVELOPMENT GROUP

Age group: 11 yrs +

LTAD Stage: Train to Train

Learning objective: Enhancement of Squash specific Skills + conditioning + Competition support

Recommended Training time: 3-4 days per week/1.5 hours per session

Training outcome: Podium in State level competitions and pathway to National level competitions.

## PERFORMANCE GROUP

Age group: 13 yrs +

LTAD Stage: Train to Compete

Learning objective: Refining of Squash specific Skills + S&C + Competition Support

Recommended Training time: 5-6 days per week/2 hours per session

Training Outcome: Podium in National competitions and pathway to International competitions.

## ENROLL NOW



**SIDDHARTH PHUTELA  
SQUASH ACADEMY**



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