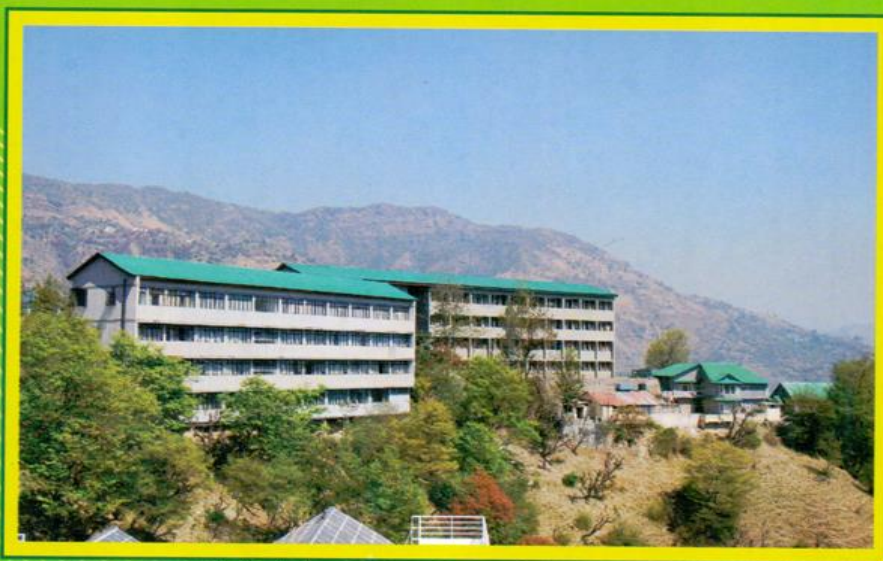


Volume 1
2009



LUKITE

*News
&
Views*



St. Luke's Sr. Sec. School, Solan (H.P.)

Principal's Message

Resting in the lap of nature in a serene and green environment, St. Luke's School feels proud to bring out its inaugural issue Lukite News Letter. When the world is increasingly torn apart by violence, strife, hatred and corruption, at a time when every finger is pointing at the prevailing Education System that fails to attain its desired goals, it sets us thinking to do something about it. We do feel the dire need of an effective pedagogy to enable us to achieve our educational goals and to make teaching-learning process a joyful experience for learners. This can be done if we are ready for changes in the system and accept those changes as a challenge in order to provide what is best for the students

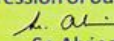


St. Luke's with its conducive and peaceful atmosphere is all committed to provide quality and value based education keeping in mind the all round development of each child. Innovative and creative approach which is being used by the teachers is laying stress not only on gaining theoretical knowledge but also on its practical application which is of prime importance. I want to assert that if we want to make our educational system worth its purpose, first of all we need concerted efforts by educators, students and parents too. If we think the sole burden of this responsibility lies on teachers' shoulders, it will never be a success.

Teachers at St. Luke's do their best to adjust the curriculum and mode of teaching to meet the requirements of the learner. The students are provided with various opportunities to explore, experiment, investigate and to get themselves engaged in project works. Freedom is given to the child in the choice of his/her activities according to his tastes and interests though at times we have to stick to the same exercise for all as per the demands of the syllabus. This enables the teachers to focus on the capability of each child and to identify the requisite skills which need to be developed. Active participation helps the children attain some tangible results, they feel quite satisfied and confident. In my own observation, the moment a child discovers the strengths lying within him/her, he/she realizes his/her self-worth. Through this self discovery the child feels 'I am capable of something or many things'. To attain a required standard in any task or activity we need to start proper planning with a systematic programme which will enable us to set a specific task and time to pursue educational goals. This year Continuous Comprehensive Evaluation, introduced by CBSE would have a tremendous impact on the students' learning patterns. It would discourage rote learning and reduce the burden of exams on them. Teachers too are up with some planned programme to give a boost to our students creative thinking. Now the hours spent on cramming for various tests can be utilized for some other creative tasks or gaining knowledge from different sources of information.

When we speak of different sources, today we need to be very cautious as some of the sources can have negative impact on them. Children see the world around them enmeshed in a web of crime and corruption. They need to be guided as they imbibe things from their surroundings. We, at St. Luke's bring to their awareness that there is no all round development of personality without a good character. Imbued with a spirit of humanity with qualities like, sympathy, love, tolerance, respect for life, kindness, honesty they will certainly learn to rise above narrow considerations that tear the world apart.

As you glean facts and information from the pages of Lukite News & Views, you will realize how our young Lukites bloom and blossom here with their efforts. Here I acknowledge with gratitude the persistent efforts and hard work put in by Mrs. Madhu Shandil the Chief Editor and her team to give right shape and colour to the thoughts and expression of our budding writers and artists. I congratulate them and wish them good luck.


Sr. Alvina

MANAGER'S MESSAGE

I am pleased to know that the school is starting a 'News Letter'. Today we are faced with many challenges. It is amazing to know the pros- and cons of media available in the world and its impact on society. Knowingly or unknowingly society is perpetuating a hate philosophy that is affecting the children too. Besides academic excellence and other activities we need to instill a feeling of love, compassion, honesty, tolerance, respect and co-operation in our children.

Each one of us is unique and wonderful because God has created us in his own image and likeness. Hence this is a great opportunity for the students to develop their creative mind and to express their thoughts and to recreate the wonderful happenings of everyday life. This newsletter gives a glimpse of the activities we had on the premises.

I wish we move towards fullness of life and make this world a beautiful place to live in. May God bless you all.




Fr. Amrit Lal

EDITORIAL

Like the breeze from the mountains breathes life into beings, fills the soul with enthusiasm and wakes us from deep slumber - our effort in providing education has been to arouse in each child a creative curiosity to learn - a desire to assimilate and imbibe. Blossoming buds, the happy giggles, the smiling faces best describe St. Luke's - a heaven of peace and bliss.

To soar high and touch the sky is the dream of every Lukite who takes the journey of education.

And as educationists, we are more than responsible to motivate and guide them in this direction. Over the past few years students have been suffering from stress and worry to score high marks. The whirlwinds of change sow the seeds of progress especially so in, as educational institutions like ours which is a virtual embryo for new ideas to spring forth. Equally illuminating has been the path breaking ideas of

Mr. Kapil Sibal who has added a new dimension to traditional approach of education. It is a holistic approach, focusing on the overall development of the child who breathes free, explores latent talents and is no longer dubbed a failure. Education needs to shed the dead weight of academic excellence and unravel to include all that it takes to make a child responsible global citizen.

In today's fast changing interconnected and technology driven world, the ideas that can transform every Lukite for the better make them confident, aware and ready to face the new educational world and in carving a niche for themselves. As you turn the pages of this newsletter you will experience how adept our students have been at encapsulating the entire year's experiences, activities and endeavours.

I express my heartfelt gratitude to Fr. Amrit Lal, the Manager & Principal Sr. Alvina who have been a constant support in giving the children a new vision, a new spectrum of opportunities, we are indeed enriched by their wisdom & insight. I also thank my colleagues who have rendered their support to release this edition of newsletter. Throughout the year there were events and celebrations galore. We have brought you glimpses of some of the remarkable ones. Come have a peep into our world.....

Mrs. Madhu Shandil
(Chief Editor)

Adieu
Sr. Helen D'Costa



SURGING AHEAD.....
Change is the law of life. We have to move on the wheels of time gathering speed by and by. The Lukite family bid adieu to dear Sr. Helen D'Costa who left for Bathinda after serving the institution for six years. She was given an affectionate farewell. Sr. Alvina, who has long years of experience was extended a hearty welcome. A cultural programme was organized to greet her.

She has proved to be a source of guidance, inspiration and motivation for the staff and students.

A Hearty Welcome
Sr. Alvina



RESULT AT A GLANCE 2008-09

CBSE XII

No. of Students Appeared:98 Distinctions:48 Passed:97

OVERALL TOPPERS



Deewanshi Rawat
Science-93.2%



Sakshi Arya
Science-93.2%



Shriya Gautam
Commerce 89.4%

HIGHEST MARKS SUBJECT WISE

English	-	Chetan Kaushal Karanwal	-	96%
Physics	-	Ajitesh Singh Thakur	-	96%
	-	Deewanshi Rawat	-	96%
	-	Sakshi Arya	-	96%
Chemistry	-	Ajitesh Singh Thakur	-	95%
	-	Deewanshi Rawat	-	95%
Mathematics	-	Deewanshi Rawat	-	96%
Biology	-	Shivani Chowalta	-	93%
Accountancy	-	Shriya Gautam	-	95%
	-	Sumi Goel	-	95%
Economics	-	Shriya Gautam	-	90%
Business Studies-	-	Abhishek Marwah	-	95%
Phy. Education	-	Sakshi Arya	-	90%
Comp. Science	-	Sugandha Garg	-	88%

CBSE X

No. of Students Appeared:147 90% and above : 27
Passed: 147 75% - 89% : 67

OVERALL TOPPERS

Prabh Simran Singh Baweja	-	95.4%
Rudra Priya Gandhi	-	95.2%
Ritu Panwar	-	94.6%

HIGHEST MARKS SUBJECT WISE

English	-	Kartik Kapoor	-	97%
	-	Vasu Doegar	-	97%
	-	Nidhi Negi	-	97%
Hindi	-	Nupur Sood	-	97%
Mathematics	-	Abhay Gupta	-	99%
	-	Abhishek Dhiman	-	99%
	-	Divyansh Tomar	-	99%
	-	Isha Thakur	-	99%
	-	Piyush Kumar Sharma	-	99%
	-	Prabh Simran S. Baweja	-	99%
	-	Vasu Doegar	-	99%
	-	Maneshwar Thakur	-	99%
	-	Akanksha Dhiman	-	99%
	-	Nupur Sood	-	99%
Science	-			
	-	Ritu Panwar	-	97%
Social Science	-			
	-	Prabh Simran Singh Baweja	-	99%
	-	Rudra Priya Gandhi	-	99%

CREATIVE CHARISMA

Our school has included "Club Time" in its weekly schedule, to ensure that every student gets an opportunity to engage in small group activity. It is aimed at bringing out the hidden potential of the students. These clubs cover a plethora of activities like dramatics, literacy, mass-communication, dance, music, community, social service, health and IT. These help students explore things beyond the academic sphere. Not only do these hone their latent talents but they get a chance to gain vital experience and skills that will help them become responsible citizens and lead confident lives.



Ankita Gupta-IX B

SMART CLASS

Introduction of Smart Class is an innovative step in teaching through multimedia. It is definitely a welcome and revolutionary change. Global quality in education is the ultimate aim of every teacher, student and parent. Teaching through smart class has beckoned the winds of change, in what had otherwise become monotonous routine. This way of teaching facilitates the teaching-learning process. The curriculum becomes more meaningful, interesting and stress free. It helps in improving the skill and talents of students. Our school has initiated this wonderful method of teaching which is definitely going to help the students. We are really thankful to the School Management and Principal for this boon.



Rishab Chauhan-IX B

ACTIVITIES GALORE

Dawn shed a reddish glow, the birds chirped a new song, the sun gradually shed its warm golden light on beloved St. Luke's, as the Lukites prepared to start yet another session which unfolded successfully and ended by adding another milestone in our pursuit of excellence. The activities and performances during this session amply proved that Lukites work with determination, be it curricular or co-curricular activities. The year was full of house activities both cultural and educational. The school was thus able to acknowledge the reservoir of talent present in every child. Special creativity enhancement activities like card making,



declamation, painting, drawing and solo dance competitions were held specially for the students of class VI and VII. The high school also actively participated in declamation, collage making and flower arrangement competitions. The Inter-House activities presented ample opportunities for students to showcase their talent. The Management



and the teachers have worked very hard in planning, organizing and executing these activities successfully and paved way to tap our potential. The year 2009 has been wonderful for the overall development of the students. It has been a fulfilling year as we have learnt to fine tune between the academic and co-curricular aspects of our curriculum.



Pratibha Sharma - XC School Captain

HELPING HANDS

The school celebrated Social Service Week from November 3rd to November 9th. It was observed to create awareness among the students towards the suffering humanity and the need to develop kindness, sensitivity, respect, generosity and empathy towards others in need and to help bring a smile to their faces. Right from the outset it was made clear to the students that this was to be a voluntary service which they can render to the suffering humanity. If by God's grace we live well then we must help others in whatever way we can. The delight that we receive by spreading joy in the life of less fortunate beings is true happiness. It does not matter how much **or how little we give, what matters is the spirit of giving.** The following activities were observed through the week. First day of the week was marked as the day for collecting newspapers and magazines. The second day was meant for stationery





articles. Children could be seen donating notebooks, pens, pencils, erasers, sharpeners etc. The third day, that was Nov. 5th was marked for food grains and toilet articles. On the fourth day medicines for common sickness were collected. New clothes like shirts, trousers, frocks, shawls, blankets, bed sheets, towels, socks, cardigans and mufflers etc. were collected on the fifth day. On the last day students donated articles of their choice. The articles thus collected were donated to various ashrams, old age homes and

other needy people by the staff and students.

It was a wonderful initiative on the part of the school which drew an overwhelming response from the students. Not just the senior students but even the little kids from Blooming Buds contributed a lot. Most of the children stated that they were making the contributions from their pocket money. Let us resolve that this observance of Social Service Week will become an integral part of the School Curriculum.



Revant Tiku-XI A

SPORTS NEWSLINE

The year 2009 was a glorious year in the history of sports in St. Luke's. The Lukite Cup was organized where in the juniors gave the seniors a tough competition in inter class cricket. There were three categories from VI-VII, VIII IX and X-XII. The winners were classes VIC, VIII B and X C respectively. Inter-House Kho-Kho matches were also organized. Tagore House Boys and Nehru House Girls won the laurels. Students participated with great zeal and enthusiasm and the spirit of sportsmanship prevailed. On 24th September 2009, the 33rd Sports Meet



was inaugurated at Military Ground. Various track and field events were held for students to display their athletic acumen. On 15th October, the Closing Ceremony of the 33rd Sports Meet was held with great pomp and show. Children were awarded gold, silver and bronze medals for their outstanding performance in sports. Tagore House was declared the Cock House. Ashoka and Nehru bagged the second position. Trophies for excellence in academic performance were also awarded to students.



Hitasha Singh-XI C

WINNERS ALL THE WAY

The Lukites made the school proud when they won the 3rd Inter School Basket Ball Championship organised by St. Edward's School, Shimla. Rajat Sharma was declared Man-of-the-Match. The team members were put through an intensive training schedule by the Physical Education Teachers Mr. R.L. Bisht and Mr. A.K. Raina. Their collective efforts and hard work manifested in the form of this spectacular win.

Sahil Kapoor-XI B



LUKITE CUP

Every player at St. Luke's dreams of lifting the prestigious Lukite Cup Trophy. We slog and sweat it out with one ultimate goal in our minds i.e. to hold the Lukite Cup in our hands. As the captain of Plus One Commerce Cricket Squad, I know what pressure is all about. We defeated the Non-Medical team in our very first match. Carrying the momentum forward we also defeated the Medical Team. Then came the



toughest match against plus two where our team scored 50 runs which was supposed to be a cake-walk for our opponents but we put in our best and restricted them to 35 runs. This was the most exciting match of the tournament. After we had won every match we played, we were on cloud nine. Since we had played three consecutive matches on the same day, we were exhausted and not prepared for our final clash. But we played with full vigour. In spite of losing the final match we kept up the spirit of Sportsmanship to never give up but the feeling "so close, yet so far" did pinch us somewhere in our hearts and we resolved to win the 2010 Lukite Cup.



Vansh Sharma XI C

ANNUAL DAY-BLOOMING BUDS

The memories of 18th and 19th September, 2009 are quite vividly etched in my mind. At the very outset, our school band extended a warm welcome to our Chief Guest, Dr. Amandeep Garg, DC Solan on the first day and Col Sameer Srivastava, Commanding Officer, Naga Regiment Solan, on the second day. While the choir glorified the pure love of God, some of our friends from Blooming Buds were so eloquent that they were made to comper the entire cultural programme to the awe and wonder of the audience. The function showcased a sparkling pageant of cultural items that captivated the hearts and minds of our beloved parents and other invitees. We

enthralled the audience with foot-tapping medley of western and classical dances like gidda, bhangra and kawwali. The innovative enactments of songs as well as plays conveyed the importance of nature, beauty and God's love and took us on a journey for a glimpse of our "Glorious Future". The importance of sports and exercise was also emphasized in the form of 'Martial Arts'.

The opportunity given to me to be the "King of Mathematics" in the English Play "Mathemagic" gave me a lot of confidence and instilled in me the interest for artistic activities. In the end, prizes were awarded to students for their outstanding performance in academics and co-curricular activities. The function ended with the singing of National Anthem.



Adrian S. Handa-IV A

TORCH BEARERS

Lord Tennyson says, "The path of duty is the way to glory". Change is the law of nature. Flags are held high and feet march together. This marks the beginning of this prestigious investiture ceremony. This year I was elected the School Prefect. The handing over of the school flag instilled in me a feeling of pride and responsibility. Each of the newly elected cabinet member took an oath to be loyal to the school, to fulfill his/her duties and to carry out the virtue of discipline. This ceremony prepares one to become a good leader of the Nation.



Abhas Sharma XI B

FEATHER IN THE CAP



Ajitesh Singh Thakur-XII
REC Hamirpur



Chhavi Sharma-XII
REC Hamirpur



Aruj Sharma-XII
2nd, State Chess
Tournament



Shreya Gautam-XI
author of
'The First at Camrin Fort'



Kakul Singh-VII
3rd, National Karate
Championship



Poorva Bhartiya-IX
1st Prize Poster
Competition



Yamini Negi-VIII
7th Rank, NTSE
(State Level)



Tushar Kohli-IX
2nd, Inter-School
Singing Competition



Ramandeep-VIII
2nd, National Science
Congress District



Aditya Sharma-IX
5th, State Chess
Tournament- Shimla



Anubhav Sharma-VIII
2nd, Moxclav National
Painting Competition



Arzoo Sharma-IX
1st, Slogan Writing
Competition



Kunal Singh-IV
2nd, National Karate
Championship



Yoginder Thakur-IX
2nd, Quiz
Competition, ICAR



Sidhant Rohela-VIII
6th Rank, NTSE
(State Level)



Tathagat-VIII
2nd, Science Congress
Quiz Competition



Aditya Kaushal-VIII
2nd, Science Congress
Quiz Competition



Akshay Sharma-IX
Sr. National Baseball
Championship-Cuttack



Rohan Bakhroo-XI
Winner in Distt.
Football Championship



Vansh Sharma-XI
Selected for under 17
Himachal Cricket Team



Himadri Thakur-VIII
3rd, Inter-School
Singing Competition



Vibhas Sharma-VIII
1st, Drawing &
Painting (Distt.)



Abhijeet Giri-XII
1st, Poster Making
(State & Distt. Level)



Yatin Jaswal-XII
Won 3 Gold Medals in
National Karate Championship
(Appointed Referee)



Sachit Shyam-XII
1st, Poster Making
(Distt. Level)

PARTICIPATION IN DISTRICT INDOOR CRICKET CHAMPIONSHIP



Pranav Batra-XI



Sidharth Guleria-XI



Nitish Negi-XI



Pushp Raj-XI



Rohan Maini-XI



Abhay Sharma-XI



Udit Suri-XI



Dixit Aggarwal-XI

AN ENRICHING EXPERIENCE



An Orientation Programme was conducted for the staff by Sr. Rose Celine, Assistant Provincial Superior and Secretary of Bethany Educational Society, Karnal. It was a call for introspection and a new spiritual experience. Through the meditation she emphasized on the fact that each and everyone is intelligent in one way or the other. She put stress on boosting the self esteem of children, so that they can excel in life. The insights on "Education for Fullness of Life" proved to be beneficial to the teachers in helping the students tap the potential and develop the overall personality of every child at school.



Mrs. Archana Sharma- Teacher

WOMEN'S DAY

Women are the epitome of love and compassion. They are the soul of the world. True to the spirit of gender equality, Women's Day was celebrated with great fervour exhibiting empowerment of women. Women from different villages attended the function. Mrs. Aruna Sharma a leading lawyer working as Notary Public and Bench Member of District Consumer Redressal Forum, Solan addressed the gathering. A cultural programme was put up by the students in their honour. Flowers were presented to the guests as a token of love.



Veda Dharela-XIIB

MAY DAY FELICITATIONS



Labour Day was celebrated with lot of colour and gaiety. A cultural extravaganza conveyed the emotional bonding of the Lukites with the silent pillars of the school. The Principal Sr. Alvina greeted the workers with flowers and gifts. To add a bit of spicy flavour to the celebration we made them play a few rib-tickling games. To make their day special, students carried out their responsibilities.

Jashandeep Kaur-XIIB

PATRIOTIC FERVOUR

Patriotism is a lively sense of collective responsibility. It rejuvenates the feeling of brotherhood and evokes the feeling of nationalism. Our school celebrated Independence Day with great enthusiasm and fervour. Brig. J. M. Singh was the Chief Guest. The programme started by invoking God's blessings. A patriotic skit was staged which represented India's struggle for Independence followed by traditional dances. The programme rekindled the spirit of patriotism and inculcated in us the spirit of sacrifice and love for our motherland.

Sagar Jagga-XA



TEACHERS' DAY



Celebrations and felicitations rocked the campus of St. Luke's School on the occasion of Teachers' Day. Students from various classes put up a beautiful cultural programme. Principal, Sr. Alvina prayed for the well being of the teachers and referred to them as torchbearers and guiding light. A Tug-o-War was organized between class XII boys and Gents Staff which was won by the mentors. The teachers and students performed a nati dancing in unison to the tune of pahari songs. The bonhomie was to be seen to be believed.

Yogita Pandit-XIIC

CHRISTMAS CELEBRATIONS

Christmas was celebrated with great joy and fervor, though the celebrations had already started with the social service week keeping alive the spirit of kindness and benevolence. Father Joyson, the Parish Priest from Subathu who was the Chief Guest helped the students get an insight about the meaning of Christmas. A skit was enacted depicting the birth of Jesus. The icing on the cake was when Santa Claus danced with the students and distributed sweets.



Yash Guleria-XIIB

SCHOLASTIC BOOK FAIR

Books are our best friends. In order to make children aware of the importance of books and to promote reading habits a Book Fair was organized in the school with the help of Scholastic India Pvt. Ltd. The overwhelming response from the students, teachers and parents made it a success. This will help in enhancing their creativity, confidence and recapture their interest in reading.



Sonali Srivastava- XIB

BISHOP VISITS ST. LUKE'S

Rev. Dr. Ignatius Mascarenhas the newly appointed Bishop of Shimla Chandigarh diocese was accorded a warm welcome on 4th June. To honour him a beautiful cultural programme was put up by the children. He appreciated the tradition of meditation which was being followed in the school. In his message he spoke about the family values which would help us in leading a better life. Through a story he stressed on the need for strong family bonds. The Principal Sr. Alvina, Vice Principal Sr. Salerine and staff members greeted him with flowers. The Manager presented him a shawl and the students adorned him with a Himachali Cap. Since he celebrated his birthday on the precious day, the teachers and students greeted him with a birthday song and flowers.



Vipasha XIIC

ON A WINNING SPREE

Our trip to Shimla for the International Women Folk Dance Competition was a successful and memorable event. It was truly an enriching experience for us. The Sambalpuri Folk Dance (Orissa) was choreographed by our dance teacher Mr. Minaketan Sahu. Eleven girls represented the school. When we reached Gaitey Theatre in Shimla, we came to know that sixty five institutions with 120 teams were participating in the competition. The programme started at 6 pm after the arrival of the Governor. All the teams performed well. We were in high spirits and danced confidently on stage. It was very difficult to decide which team was the best. The result was announced on the fourth day. We got the news that we had bagged the first prize in the junior category for Menka group. We screamed with joy and thanked God for crowning our efforts with success. We were overwhelmed and thanked our Principal and teacher for making our dream come true. This victory will always remain etched in our minds.



Shreya Gambhir VIIIC

EMINENT VISITORS



Rt. Rev. Dr. Ignatius Loyola Mascarenhas
The Bishop
Shimla Chandigarh Diocese



Sr. Rose Celine BS
Assistant Provincial Superior & Secretary
Bethany Educational Society, Karnal



Dr. Amndeep Garg IAS
Deputy Commissioner, Solan



Col. Sameer Srivastava
1st Naga Regiment, Solan



Prof. Peter Ronald deSouza
Director Indian Institute of
Advanced Studies, Shimla



Mrs. Aruna Sharma
Notary Public and Bench Member
Redressal Forum, Solan



Fr. Joyson
The Parish Priest, Subathu



Brig J M Singh (Retd.)
Ex. Director Shivalik Bimetals Ltd.



Mr. Vineet Marwah
Sr. GM, Global Cancer Concern India



Dr. Arti Garg

HIGH FLIERS

As a part of nationwide series of I.Q. Tests in Premier Educational Institutions the Indian Prodigy conducted an exam in the school in April. 35 students received merit certificates. Ritu Panwar XIA, Prerna Kumar XA, Vishesh Bhardwaj V I I C, Abhishek Kaul VII C and Sahil Raina VII C won meritorious positions.



Vignana Putani Samiti organized National Level Maths and Science Talent Examination for state and national level. Many students proved to be outstanding in Maths and Science. They were decorated with medals by the Principal Sr Alvina.

The University of New South Wales Australia organised an International Assessment Exam for Indian Schools in English, Science, Mathematics and Computer Science. 500 Lukites participated and were awarded with 138 credits, 6

distinctions in science, 7 in mathematics, 4 in Computer Science and 2 in English. Congratulations dear Children and keep up the spirit to excel.



Kukkamudi Joseph-XIIA

AN UNFORGETTABLE ODESSEY

It was a memorable year for the students of class X as the school organized a trip to Goa and Bombay in October 2008. The day brought with itself, joy and excitement for the students as they started on an unforgettable journey. Goa is the most favoured destination of the tourists. Besides this the state is also famous for its beautiful churches. After seeing 'St. Cathedral' and 'Bascilia of Bom Jesus', we felt as peaceful and serene as these churches. Bagha Beach, 'The Kailungutt Beach' and 'Dauna Paula' are most attractive tourist places. We enjoyed splashing water on each other at these popular beaches. An opportunity to ride motor

boats was most adventurous. Panaji has a huge shopping market too and to everyone's surprise we met bollywood actress Aishwarya Rai there. The amusement park and the water kingdom at the 'Essel World', 'Juhu Beach', 'Marine Drive', 'Gateway of India' and 'The Fashion Street' were some of the most fascinating places we visited in Mumbai. The last phase of our journey back to Solan made us all very sad.

When I visualize this great tour I am reminded of the beautiful words of Aldous Huxley, "The emotion that one feels at first can never be impaired."



Sanah Bhalla-XI C

SCALING NEW HEIGHTS



Mr. Minaketan Sahu, dance teacher at St. Luke's did us proud when he was invited by the Indian Cultural Society of Northern Territory (Australia) to one of the biggest Indian Cultural Events abroad. He had the great privilege to teach Indian Classical Dance to participants of all age groups. The choreography of dance items was excellent and was appreciated by 12000 people at Darwin's Mindil Beach on 27th June 2009 with honourable Paul Henderson, Chief Minister of Northern Territory as the Chief Guest and her excellency Mrs. Sujatha Singh, High

Commissioner of India as the guest of honour. Mr. Sahu mesmerized the audience with his graceful dance movements. His innate charisma made him a jewel that gleamed across the seas.

We wish him success in all his future endeavours.



Ayushi Gautam-XIIB

MEMORIES OF MY ALMA MATER

"As we stand at the brink of our future, and gaze at the far to be, we determine the course we'll set on, the future a trackless sea".

To meet, to know, to love and then to part is the sad tale of many a human heart. We became a part of this premier institute when we were still immature, naive and apprehensive about the world around us. Years passed by and the good memories settled down in our hearts to be cherished for ever. This wonderful journey at St. Luke's was full of mixed emotions. We cried when we failed, we laughed when we cracked jokes, we spent great times with teachers and friends in one way or the other. The echo of our laughter still rings in our ears and resounds in those corridors. Unforgettable are those numerous scoldings from our teachers but we actually enjoyed them. It is true that time flies. We have approached the end of this journey. It's time to bid adieu and part from our loved ones. The very thought of life without my lovely classmates and teachers makes me nostalgic. I wish to thank our Principal Sr. Alvina, and all my teachers for their prayers, unconditional love and support. All these years our teachers have nurtured us and helped us become secure and confident individuals.

We will cherish these beautiful moments and always remember them. As we bid farewell, there are tears in my eyes as this fulfilling journey is over but there are also smiles because we got a chance to be a part of this wonderful experience. There's so much to share and say but my emotions have overpowered me. Can miles truly separate us? Seems strange to bid farewell, but the reality is that we have to move on. But we won't say goodbye because this bond will never snap. This place and its people will always remain in our hearts. You and I will meet again. One day in some far off place I will recognize your face and then we would celebrate our memories which will remain etched in our minds forever.

Ashima Sahni- School Prefect



Who Am I?

Sometimes when I walk alone in the moonlit night,
I think who am I?
Am I a star which is so far?
Am I the moon which is
Nature's boon?
Am I the dark night
which is full of stars and moon-light?
Am I the soft green grass
so different from the hard brass?
Am I the selfish human being
who enjoys just seeing?
For our mother nature he
doesn't care
Is that really fair?
Be always fair and learn
to care,
for my dear mother nature
and preserve her for the future
Be always better than yesterday
for every yesterday
starts a new today.



Moksharathi Sharma-VII A

STUDENTS' VOICES

- With* memorable moments enclosed in my heart I'll move on to reach my goal. Ashima Sahni-XII B
- I* have learnt at St. Luke's to grow into a person who can take action to create good in society. Yash Guleria-XII B
- I* have to strive and never give up. Face every challenge without losing sight of my goal. Mayank Sharma-XII B
- Today* I feel nostalgic as I bid farewell to my friends and teachers who loved me unconditionally. Prashant Sethi-XII B
- I* came to this school as a toddler, like an empty vessel. Today though I leave with a heavy heart, I have become more disciplined. Ishant Rajpal-XII C
- My* school seems to read the minds of students when it promotes activities. The majestic look of St. Luke's and the beautiful memories seem to revive and will have a special place in my heart. Nitish Anand-XII B
- St. Luke's* is not just a school, it is a warm and comfortable nest where little birds are groomed till they grow strong enough to fly and live their lives spreading the values they have learnt. Ritu Panwar-XI A
- St. Luke's* is the place where I spent my childhood playing and learning new values. I'll always remember and recall the time I spent with my teachers and enjoyed with my schoolmates. Pratibha Gupta-XII C
- St. Luke's* has explored many new horizons in the past five decades and still continues to do so like an oyster, it has produced many pearls which still continue to spread their lustre. Parul Sharma-XI-A
- I* have had a wonderful learning experience at St. Luke's. The right values that gave me courage to face life will always help me in future. Simran-XII C
- The* pleasing environment and opportunities provided here were amazing. I thank my Principal, teachers and friends for helping me move ahead in life. Sonia Sood-XII C
- I* have one word for my teachers that is "Great". They know their job well and do it to the best of their ability. I'll always remember them. Divyangana Arora-XII A
- St. Luke's* is the most beautiful thing that happened in my life. Apart from moral values I have learnt the habit of adjusting and perseverance. I am going to miss my school. Raina Goel-XII A
- As* time passes by I realize that here I have learnt manners and have truly become a sensitive human being. Sakshi Chowda- XI C
- I* can clearly recall my first day when my mother dressed me in school uniform and my father made me enter class I. I was scared and missed my mother. Now, I have developed into a confident human being. Sushant Sharma -XII A
- St. Luke's* is like a mother who nurses a child, it is like a father who holds your hand and teaches you to walk, it is like a friend who makes you smile, it is a rainbow which brings colour to your life, it is the sun that warms you and enlightens your mind. Kamna Singh Thakur -XI- A



MY FIRST DAY IN THIS MARVELLOUS SCHOOL

It was my first day in this school and I was full of excitement and anticipation. Actually I was pretty scared! The students were staring at me. I introduced myself although the students took it as self appreciation. The first bell rang and there was pin drop silence. At that time, I came to know that the school started with meditation in the morning which was such a good thing for the school. The students were asking me various questions and I had to answer all of them- What's your name? Which school you are from? Where do you live? The list was endless..... I was astonished to see smart class. This was an awesome school. The teachers here were pretty friendly and encouraged me at every step. The teaching was outstanding as compared to my previous school. I was from New Delhi and the teachers there, were in a rat race to complete the syllabus without even clearing the doubts. The school was kept clean by workers who wore a blue-black uniform. I made some friends who helped me out with each and every thing. I was not so sure whether I would cope up with the new environment but I did. Today, I am in ninth standard and have been nominated as the Captain of my House. This school has boosted my confidence.

Ramandeep Singh -VIII B

Matthew Henson says

"Great accomplishments of the World have been achieved by men who had high ideals and who have great vision"



TRAFFIC SQUAD

In the beginning of every year some students from class IX are nominated for the Traffic Squad. This group takes great care of the safety of the children, works diligently giving its best to control and manage hordes of students who rush out after the school gets over. They are selfless, responsible and disciplined. Had it not been for their alert service we would imagine the chaos caused on the road outside the gate, there would have been many casualties and accidents. We are proud of our young traffic contingent.

Shivani-XB

BOUNDLESS LOVE-COUNTLESS MEMORIES

There are two ways to live your life. One is as though nothing is special, the other, as though, everything is a miracle. Mrs. Nirmal Sharma belongs to the second category of people. She retired last year after serving the institute for thirty two long years. Students can never forget how she made numbers dance and sing. Maths was a passion for her, under her guidance it became a joy for her students.

'Maths Phobia' became a mania as generations of students caught her infectious spirit and enthusiasm for the subject. Her name epitomizes her personality. Nirmal means one who is pure, serene and calm. More than imparting academic knowledge, it's the way she touched the lives of hundreds of students that makes her special. Like 'nirmal' crystal clear water she gave solace to tortured minds, calmed the frayed nerves of tens of students. She may not be here with us in school anymore, but through her memories she continues to flow like pure water nurturing one and all.

It was with a person like Mrs. Nirmal in mind that someone said, 'Kindness and compassion make real people, others just pose to be so.'



Kritika Gupta-XIIC

मधुर स्मृतियाँ



बीज में अंकुर निकालने की प्रक्रिया महत्वपूर्ण होती है। उस समय थोड़ी सी भी असावधानी विकृति उत्पन्न कर देती है। बच्चों में हिन्दी भाषा का अंकुरण करने का यह कार्य श्रीमती प्रोतिमा राजन ने किया। इस कार्य के प्रति उनकी संलग्नता एवं सजगता प्रशंसनीय है। विभिन्न विधियों के द्वारा समर्पणभाव से, अपने शारीरिक कष्टों एवं मानसिक व्यथा को भुलाकर बच्चों को अपनी राष्ट्र भाषा सिखाने का उन्होंने सफल प्रयास किया। इस कार्य के प्रति आज उनके द्वारा शिक्षित एवं प्रेरित विद्यार्थी कृतज्ञ हैं और मातृभूमि की सेवा में अग्रसर हैं।

सुरेश्वर दत्त-अध्यापक

सिस्टर सेलेरिन का दिव्य तेजयुक्त मुखमण्डल, आध्यात्मिक विचारोन्मुख एवं अनुशासनप्रिय व्यक्तित्व सबके लिए प्रेरणास्पद रहेगा।

उन्होंने सेंट ल्यूक्स स्कूल में अपने सेवाकाल के दौरान बच्चों में अनुशासन एवं संकल्पशक्ति बढ़ाने पर जोर दिया। चेहरे पर हमेशा मुस्कुराहट रहती परन्तु मस्तिष्क विद्यालय के चहुँमुखी विकास पर ही केन्द्रित रहता था। वे बच्चों को विज्ञान पढ़ाती थीं परन्तु कक्षा का प्रारम्भ एवं अन्त प्रार्थना से करती थीं। उन्होंने विज्ञान एवं अध्यात्म में अद्भुत सामंजस्य स्थापित किया हुआ था। वे हमेशा बच्चों को दिशा निर्देश देती हुई ईश्वर प्रदत्त जीवन के उद्देश्य को पूर्ण करती दिखाई देती थीं। हम ईश्वर से प्रार्थना करते हैं कि अपने ओजस्वी व्यक्तित्व की आभा वह चारों ओर फैलाएँ। वे जहाँ पर भी रहें वहाँ उनके व्यक्तित्व का प्रकाश सबको प्रकाशित करता रहे।



चन्द्रेश्वर शर्मा-अध्यापक

आज़ादी

दाने - दुनके की तलाश में भटकती हुई,
ब्याध की खूनी नज़रों से बचती हुई,
बाज़ की चालबाज़ी से सहमती हुई,
एक नन्ही सी गौरेया,
चोंच मे कुछ दानों को समेटकर,
लंबी उड़ान भरकर,
नीड़ में,
अपने नन्हों को दुलारकर, चूमकर,

तनिक आश्वस्त हो -कि
वह उस मैना से तो कहीं अच्छी है,
जो सोने के पिंजरे में बंद,
अपने सिर को पटकती है,
खुली सांस को भी तरसती है,
लेकिन -
वह आज़ाद है।

प्रतिभा शर्मा-दसवीं ए



याद रहेंगे चाचा नेहरू

हमारे विद्यालय में बालदिवस हर साल बड़ी धूमधाम से मनाया जाता है जिसका प्रमुख आकर्षण होता है हमारे शिक्षक विद्वों



द्वारा कार्यक्रम की प्रस्तुति । पूरा वर्ष शिक्षक हमें कार्यक्रम पेश करते देखते हैं और इस दिन हम अपने शिक्षकों को मंच के ऊपर अपना हुनर प्रस्तुत करते । इस वर्ष भी हमारे शिक्षकों ने पूरे जोश के साथ कार्यक्रम प्रस्तुत करके हमें अचंभित कर दिया । भारत के पहले प्रधान मंत्री, बच्चों के प्रिय चाचा नेहरू का जन्म दिन 14 नवंबर हर वर्ष बाल दिवस के रूप में मनाया जाता है । इस अवसर पर अध्यापक गण ने एक रंगा -



रंग कार्यक्रम प्रस्तुत किया । सेंट ल्यूक्स के सभी छात्र-छात्राएँ बेसब्री से कार्यक्रम का इंतजार कर रहे थे । जानते हैं क्यों ? सारा कार्यक्रम हमारे लिए था । यह हमारा दिन था । इस दिन मुख्य अतिथि भी हम थे । फूल दे कर स्कूल सांसद को टीचरों द्वारा सम्मानित किया गया । प्रधानाचार्या, अध्यापक और अध्यापिकाओं के रंगमंच पर आने से मंच जीवित हो उठा । उनकी



अनेक प्रस्तुतियाँ जिसमें कव्वाली, खूबसूरत गीत और कविताएँ, एक से बढ़कर एक थीं । इस अवसर पर नाटक का भी मंचन किया गया जिसे गेयटी थियेटर के कलाकारों ने प्रस्तुत किया । उन्होंने महाभारत की एक झलक एकलव्य का मंचन किया जिसका भरपूर आनंद सभी ने लिया । खास तौर पर हमारी



प्रधानाचार्या जब बाकी अध्यापिकाओं के साथ नृत्य प्रस्तुत करने आईं तो सभी छात्र, छात्राएँ स्तब्ध रह गए । अंत में बच्चों में चॉकलेटें बाँटी गईं । सारे बच्चे बहुत ही खुश थे ।

लहर चौधरी-आठवीं ए

मैं

हर क्षण

बहता जा रहा है - कतरा - कतरा जीवन का ।

कभी - कभी

खामोश - सी लगने लगती है
मेरे जीवन की तरंगें ।

आदमियों की इस भीड़ में शायद,
अकेला रह जाता है मेरा व्यक्तित्व ।
आँखों के आगे टूटते विश्वास की
आवाज भी सुनाई देती है अकसर ।
वास्तविकता की गहरी ज़मीन से,
भावनाओं के पंखों के साथ,
जुड़ना कठिन लगने लगता है ।



फिर भी, हार मेरा सत्य नहीं

इस टूटे नीड़ के तिनकों को

फिर से संजोकर,

बनाना चाहती हूँ फिर से एक नया आशियाना,

जिसमें इतनी गहराई न हो

कि मेरे ही शब्द निस्तेज हो जाएँ ।

देना चाहती हूँ अपनी भावनाओं को

एक उड़ान फिर से,

एक नवजात चिड़िया के बच्चे की तरह

जो छू लेना चाहता है आकाश एकसाथ ।

संगीता भट्टा

अध्यापिका

नहीं प्रतिभाओं का मंचन

हमारा विद्यालय सेंट ल्यूक्स सीनियर सेकेंडरी स्कूल, सोलन शहर के प्रमुख विद्यालयों में से एक है । यह अपनी शिक्षा -



शैली के लिए ही नहीं बल्कि खेलों, समारोहों और स्कूल के आंतरिक मुकाबलों के लिए भी प्रसिद्ध है । इसी के तहत जूनियर ब्लॉक, ब्लूमिंग बड्स का वार्षिक उत्सव मनाया गया जिसमें सभी बच्चों ने बढ़ - चढ़ कर भाग लिया । सभी अभिभावकों को स्कूल की तरफ से खास निमंत्रण देकर बुलाया गया । बच्चों ने अलग - अलग रोचक प्रस्तुतियाँ दिखाई । जिनमें नाटक, लोक नृत्य, कव्वाली और मनोरंजक शिक्षा - प्रद कार्यक्रम थे । कार्यक्रम का संचालन भी छात्रों द्वारा ही किया गया । उनका आत्मविश्वास और उनकी छवि देखते ही बनती थी ।

सभी कार्यक्रमों में बच्चों की पोशाकें बड़ी लुभावनी थी । ये बाल - छात्र अपने अभिनय में किसी फिल्मी अभिनेता से कम नहीं थे । माता - पिता अपने बच्चों को मंच पर देख बहुत खुश हुए । ऑडियो - वीडियो का भी अच्छा प्रबंध था । मुख्य अतिथि डी सी सोलन श्री अमनदीप गर्ग भी प्रभावित नजर आए । उन्होंने प्रोग्राम में भाग लेने वाले बच्चों, प्रधानाचार्या और अध्यापक गण की खुलकर प्रशंसा की । यह कहना गलत नहीं होगा कि शहर के बहुचर्चित कार्यक्रमों में से ब्लूमिंग बड्स का वार्षिक उत्सव भी एक था और सभी ने इसे सराहा ।



गाथा चौधरी-पाँचवी सी

प्रतिभाओं की खोज-कितनी सही कितनी गलत

आधुनिक युग का सबसे लोकप्रिय यंत्र टेलीविजन है जो घर में आजकल देखने को मिलता है । टेलीविजन हमारे मनोरंजन का एक साधन है । वह हमारे ज्ञान को भी बढ़ाता है और हमें दुनिया को बेहतर ढंग से समझने का मौका भी देता है । आजकल टेलीविजन पर रियल्टी शोज की धूम मची हुई है । यह रियल्टी शोज लोगों पर गहरा प्रभाव डाल जाते हैं । सबसे पहले टी.वी. पर इण्डियन आईडल जैसा शो आया जो गायकों की खोज के लिए था । इसे दर्शकों ने बहुत पसन्द किया । इसकी लोकप्रियता को देखकर कई और रियल्टी शोज जैसे नच बलिए, अमूल वॉईस ऑफ इण्डिया, आदि आए जो लोगों की प्रतिभा को ढूँढने के लिए थे । इन शोज ने लोगों को अपना हुनर दिखाने की प्रेरणा दी । फिर 'राखी का स्वयंवर' जैसे रियल्टी शो भी हुए जो शादी कराने के लिए थे । लोगों ने इसे भी खूब पसन्द किया परन्तु शादी हुई ही नहीं । इस शो ने शादी जैसे गम्भीर मसले का मजाक बना दिया । कुछ और रियल्टी शोज जैसे रोडीज आदि भी आए । इन्हें देख कर मजा तो आता है पर कई बच्चों ने इनसे अपनी भाषा बिगाड़ ली है तो माता-पिता को चाहिए कि अपने बच्चों को अगर रियल्टी शो देखने देते हैं तो सिर्फ अच्छे शोज ही दिखाएँ जो उनकी प्रतिभा और व्यक्तित्व को और अच्छा बनाए न कि बुरा । निर्माता निर्देशकों को भी चाहिए कि वे अपनी मर्यादा में रहकर इन शोज को बनाएँ ।

हर्षिता गुप्ता-आठवी 'सी'





Department of Language, Art & Culture
Government of Himachal Pradesh

Charvi
Casle
FOUNDATION
In the field of Education, Art & Culture
SHIMLA - HIMACHAL PRADESH

Participation Certificate

Awarded to Sh. Lakshmi Sh. Sh. School
of Solan (H.P.) for participation in

International & 13th All India Women Folk Dance Competition

held in Gaiety Theatre, Shimla (H.P.) From 12th to 16th September 2009.

In Group (Tribal) First Prize Title of Folk Dance Shalbhain Folk Dance (Orissa)

Performance of team was commendable
Best Winner

Chief Patron
Sh. Satya Narain Pandey, Dy. Commissioner, Solan
Mrs. Manjira Rastogi, Dy. Commissioner, Ropar
S.P. Dhillon, Dy. Commissioner, Jalandhar
H.C. Saini, Dy. Commissioner, A.P. Jodhpur
A.V. Singh, Dy. Commissioner, Haryana
A. K. Singh, Dy. Commissioner, Punjab

Chief Patron
Sh. P. Singh, Dy. Commissioner, Punjab
Sh. P. Singh, Dy. Commissioner, Punjab
Sh. P. Singh, Dy. Commissioner, Punjab

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