



St. Mary's Convent Inter College

Manak Nagar, Lucknow

CLASS -7 (Academic Session 2025-2026)

Subject	1 st Term Examination		2 nd Term Examination	
	First Assessment	First Term Exam	Second Assessment	Second Term Exam
VALUE EDUCATION		L-1 Discovering My Potential L- 2 Attaining Inner Peace L-3 Understanding the World L-4 Developing Critical Reasoning L-5 Rekindling Your Imagination Diary pages: - 1. Maxims of Venerable Mother Mary Ward 2. Our Patroness 3. Rules 4. Five Paths of Personal Transformation SMCIC Diary Pg No.- 83-94		L-6 Overcoming the Fears L-7 Communicating Like a Leader L-8 Having Interpersonal Effectiveness L- 9 Creating a Stress-free Environment L-10 The power of Decision Making Diary pages: 1. Our Foundress 2. Maxims of Venerable Mother Mary Ward 3. Profile of a St. Marian 4. Pilgrims of Hope SMCIC Diary Pg No.- 95-104

ENGLISH LANGUAGE	L-6 Verbs L-7 Verbs: Expressing the Present L-8 Verbs: Expressing the Past L-9 Verbs: Expressing the Future Project: Picture Composition	L-5 Pronouns L-7 Verbs: Expressing the Present L-8 Verbs: Expressing the Past L-9 Verbs: Expressing the Future L-11 Verbs: Non-finite forms L-12 Active and Passive Voice L-13 Adverbs Comprehension Letter writing (Informal & Formal) Essay writing	L-3 Adjectives L-13 Adverbs L-16 Direct and Indirect Speech Project: Adjectives	L-7 Verbs: Expressing the Present L-8 Verbs: Expressing the Past L-9 Verbs: Expressing the Future L-12 Active and Passive Voice L-14 Prepositions L-15 Conjunctions L-16 Direct and Indirect Speech Comprehension Letter writing (Formal and Informal) Essay writing
ENGLISH LITERATURE	Book- Gul Mohar L-10 The Enchanted Pool Book- Sixteen Tales from Shakespeare A Midsummer Night's Dream Project- Creative Writing	Book- Gul Mohar L-3 The Green Morning L-4 The Fight L-10 The Enchanted Pool Poem- Coromandel Fishers Book- Sixteen Tales from Shakespeare The Merchant of Venice	Book- Gul Mohar L-6 The Wolves of Cernogratz Book- Sixteen Tales from Shakespeare All's Well That Ends Well Project- Figures of Speech	Book- Gul Mohar L-6 The Wolves of Cenogratz L-7 The Scholarship Jacket Poem- Break, Break, Break Poem- Heartwood Book- Sixteen Tales from Shakespeare Macbeth
MATHEMATICS	L-5 Exponents L-6 Sets Project: Construction of Angles Construction of Perpendiculars	L-1 Integers L-2 Fractions L-3 Decimals L-5 Exponents L-7 Ratio and Proportion L-8 Unitary Method L-9 Percentage L-13 Algebraic expressions L-16 Fundamental Geometrical Concepts L-17 Lines and Angles L-22 Construction L-23 Mensuration (Exercise A and C)	L-11 Simple Interest L-14 Linear equations Project Work: Data Handling Construction of Triangles	L-10 Profit and Loss L-12 Speed, Distance and Time L-14 Linear equations L-17 Lines and Angles L-18 Properties of Triangle L-22 Construction L-23 Mensuration (Exercise – D, E, F & G) L-24 Data Handling

HINDI	पाठ 2 समुद्र की आत्मकथा व्याकरण विलोम शब्द 1 से 25 पर्यायवाची 1 से 10 लिंग ,वचन ,काल वाक्यांशों के लिए एक शब्द 1 से 10 मुहावरे 1 से 10 विराम चिन्ह परियोजना कार्य	पाठ 1 आत्मदीप (कविता) पाठ 4 चमत्कार पाठ 7 नमक का दरोगा पाठ 9 कथक सम्राट बिरजू महाराज व्याकरण विलोम शब्द 1 से 40 पर्यायवाची 1 से 20 वाक्यांशों के लिए एक शब्द 1 से 20 लिंग , वचन, काल संधि , समास श्रुतिसम भिन्नार्थक शब्द 1 से 10 वाक्य शुद्धिकरण मुहावरे 1 से 25 पत्र (प्रार्थना पत्र औपचारिक एवं अनौपचारिक) प्रस्ताव लेखन	पाठ 11 तीन प्रश्न व्याकरण विलोम शब्द 41 से 51 पर्यायवाची 21 से 30 वाक्यांशों के लिए एक शब्द 21 से 30 मुहावरे 26 से 36 अनेकार्थक शब्द 1 से 10 लिंग, वचन ,विशेषण भाववाचक संज्ञा परियोजना कार्य	पाठ 10 पेड़ों के संग बढ़ना सीखो (कविता) पाठ 12 ओणम पाठ 13 अद्भुत दंड पाठ 19 गिल्लू व्याकरण विलोम शब्द 41 से 78 पर्यायवाची 21 से 41 वाक्यांशों के लिए एक शब्द 21 से 40 मुहावरे 26 से 50 एकार्थक शब्द 1 से 10 भाववाचक संज्ञा उपसर्ग- प्रत्यय क्रिया - विशेषण ,वचन ,लिंग तत्सम- तद्धव शब्द पत्र (प्रार्थना पत्र औपचारिक एवं अनौपचारिक) अपठित गद्यांश
SANSKRIT	L 2 लंङ् लकार: (प्रथम: पुरुषः) विलोम शब्द 1 से 10 वस्तु के नाम 1 से 10 शब्द रूप राम ,रमा ,फल ,नदी धातु रूप Present tense and Future tense परियोजना कार्य	L 3 लंङ् लकार:(मध्यम: पुरुषः) L 4 लंङ् लकार: (उत्तम: पुरुषः) L 5 मूर्खा: राजकुमारा: विलोम 1 से 15 पर्यायवाची 1 से 10 शब्द रूप नदी ,धेनु ,किम् (masculine feminine and neuter gender) धातु रूप Present ,past and future tense Translate into Sanskrit	L1 कृष्ण जन्माष्टमी पर्व अनाजों के नाम 1 से 10 संबंधियों के नाम 1 से 10 शब्द रूप साधु , माता धातु रूप (present tense and past tense) परियोजना कार्य	L1 कृष्ण जन्माष्टमी पर्व L 6 लोट् लकारस्य प्रयोग : (आज्ञार्थकम्) L13 अस्माकं देश: शब्द रूप मति, साधु ,तद् (masculine feminine and neuter gender) धातु रूप Present ,Past Tense and impaitive Translate into Sanskrit.

BIOLOGY	Chapter 3- Photosynthesis Project – 20 Marks	Chapter 1- Tissues Chapter 2- Kingdom Classification Chapter 3- Photosynthesis Chapter 4- Respiration	Chapter 6- Nervous System Project – 20 Marks	Chapter 2- Kingdom Classification Chapter 4- Respiration Chapter 5- Excretory System Chapter 6- Nervous system Chapter 7- Allergy
CHEMISTRY	Chapter1: Matter and its composition Chapter 2:Changes in the world around us (till page no 31) <u>Project work:</u> Project on Positive and Negative Valency	Chapter1: Matter and its composition Chapter 2:Changes in the world around us Chapter 3:Separation of substances Chapter 4:Atomic structure Chapter 5:Language of Chemistry(till page 86)	Chapter 5:Language of Chemistry Chapter 6:Characteristic of Chemical reaction <u>Project work:</u> formulas and balancing of equations on punch paper	Chapter 4:Atomic Structure Chapter 5:Language of Chemistry Chapter 6:Characteristic of Chemical reaction Chapter 7: Air and its constituents Chapter 8:Oxygen and oxide Chapter 9:Metals and Nonmetals
PHYSICS	L-1 Measurement Project Work: (20 Marks) Learning Formulae of Area and Volume of Various Shapes and SI Units of Physical Quantities as per Textbook	L-1 Measurement L-2 Motion L-3 Energy	L-4 Reflection Of Light Project Work: (20 Marks) Formation of images by a Plane Mirror	L-4 Reflection Of Light L-5 Heat L-6 Sound L-7 Electricity & Magnetism

GEOGRAPHY	CH1. Topographical sheets: colour, signs and symbols PROJECT CH11. Renewable and non-renewable energy resources	CH1. Topographical sheets: colour, signs and symbols CH2. Scale and distance CH3. Composition and structure of the atmosphere CH5. Study of weather CH13. Africa: Location, area, political and physical features CH14. Australia: Location, area, political and physical features MAP WORK- 1) Physical map of Africa 2) Physical map of Australia	CH6. Recording of weather CH7. Types of rocks PROJECT- CH15. Antarctica	CH1. Topographical sheets: colours, signs and symbols CH8. Weathering and soil CH9. Industries: their need and classification CH10. Major industries CH12. Europe: Location, area, political and physical features MAP WORK- 1) Physical map of Europe 2) Political map of Europe
HISTORY/ CIVICS	L-1 Rise of Christianity L-2 Spread of Christianity Project: Life under the Delhi Sultanate	L-3 Birth of Prophet Muhammad and Spread of Islam L-4 The Turkish Invasion and the Establishment of the Delhi Sultanate L-5 Expansion of the Delhi Sultanate: The Khilji and the Tughlaq Dynasties L-12 The Constitution and the Preamble	L-11 Bhakti and Sufi Movements Project: The Constitution of India	L-8 Babur, Humayun and Sher Shah L-9 Akbar L-10 Jahangir, Shah Jahan and Aurangzeb L-12 The Constitution and the Preamble L-13 Directive Principles of State Policy
COMPUTER	Chapter 1 – Computer Hardware Components Chapter 2 – Number System Full Forms and Shortcut Keys Project – Practical on PowerPoint	Chapter 3- Computer Virus Chapter 4 – Cyber Ethics and Safety Measures Chapter 5 – Introduction to MS Excel 2016 Chapter 6 – Working in Excel 2016 Full Forms and Shortcut Keys	Chapter 7 – Introduction to Microsoft Access 2016 Chapter 8 – Working With Tables and Queries Full Forms and Shortcut Keys Project – Practical on Ms Access	Chapter 9 – Creating Lists and Inserting Images Chapter 10 – Tables, Links and Forms in HTML Chapter 11 – Artificial Intelligence Chapter 15 – Cyber Security Chapter 17 – Artificial Intelligence and Robotics Full Forms and Shortcut Keys

SUPW		1. Card making 2. Newspaper Craft 3. Pot Painting		1. Decoration items- bells, wreaths, snowflakes etc. 2. Book mark/ Paper bag 3. Candle Decoration
GENERAL KNOWLEDGE		Chapter 1 Analogy and Classification Chapter 2 Coding-Decoding Chapter 4 Blood Relations Chapter 5 Logical Venn Diagram Invention and Discoveries \ Great Personalities, Countries and Capital, Current Affairs		Chapter 6 Direction Sense Test Chapter 7 Embedded Figures Chapter 8 Analytical Reasoning Chapter 10 Puzzle Test Books and Authors, Important Monuments of the World, Awards, Current Affairs