



Sr. Margarita de Souza CJ 30.3.1932 - 15.4.2016

"Your great dedication,
constant fidelity
and tremendous hard work
continue to inspire us,
Pear Sr. Margarita"



A Tribute to Sr. Margarita de Souza CJ

"The Lord is good to those who wait for Him, to the soul that seeks Him."

Sr. Margarita was born on 30th March, 1932 in a devout Goan Catholic family, to her beloved parents late Mr. Romualdo and Mrs. Ismenia de Souza at Allahabad. Celine as she was fondly called, had a happy childhood in the company of her two brothers, Martin and George and three sisters-Eileen, Vera and Doreen.

She began her schooling at St. Mary's Convent Inter College, Allahabad and passed the senior Cambridge with flying colours. God sowing the seed of religious vocation in young Celine under the influence of the CJ Sisters, inspired her to join the Congregation of Jesus in 1954 after completing her TTC from St. Margaret's Training College, Mumbai. God's guiding hand, led her entry into the novitiate on 2nd Feb, 1955 with a new name Sr. Margarita and then she was gently led to her first Profession on 2nd Feb, 1957 and final commitment in 1963.

She had excellent academic records and was a gold medalist in Geography from Allahabad University. In 1964, after completing her Masters Degree, she pioneered St. Mary's School, Lucknow. A versatile teacher and mentor, Sr. Margarita has touched the young lives of thousands of students in various schools of ours, St. Francis Jhansi, St. Mary's Kanpur, St. Mary's Kathmandu, St. Mary's Nainital and St. Joseph's Puranpur.

From 1972-1978 Sr. Margarita was in charge of St. Mary's Convent Teachers' Training College at Allahabad. Many of her students who have gone through her training fondly remember her as our Guruji- a person of meticulous planning and a quest for excellence. Sr. Margarita shouldered the responsibility as Principal of St. Mary's Convent High School Kanpur from 1983-87. From 1994 Sr. Margarita was engaged in animation work, sharing her knowledge of Ignatian Spirituality with the CJ Sisters. She had been an ardent promoter of the Leadership Training Service(LTS) as well. In 1997, Sister retired from active ministry; yet she never ceased to inspire and kindle the fire of enthusiasm in those around her.

For the past four and a half years Sr. Margarita was confined to a wheel chair but not a word of complaint escaped her lips. The Sisters fondly recall her love and concern, her wonderful talents, her efficient use of language and her quest for perfection. Sister entertained all around her with her humorous and witty remarks. Her untiring enthusiasm to do good kept her moving in spite of all her ailments.

On Thursday 14th April 2016, Sr. Margarita had been taken for a routine checkup to the Nazareth Hospital and was admitted for her various tests. The following day she developed a lot of congestion and was given the best care in semi ICU. But on 15th April at 9:05 pm Sr. Margarita slipped into eternity gently and gracefully, with a lingering smile on her face as if to say she has accomplished her mission on earth.

In Sr. Margarita we see a person filled with divine fire which radiated light, life and love to thousands across the globe. Let the pain of the loss of our dear Sr. Margarita, help us to discover the hidden depth of life and value every breath we take as a generous gift never to be taken for granted.

Dear Sr. Margarita, you lived a life deeply rooted in God. As a true companion of Mary Ward you lived out the charism of the Congregation diligently and faithfully. We miss your presence everywhere; moving slowly on your wheel chair, smiling at one and all, cracking jokes and passing witty remarks. As we bid you goodbye, we are assured of a great intercessor in you in Heaven.

Goodbye dear Sr. Margarita till we meet again.

SMC Family



The Principal's Message

'The Present is built on the Past and leads to the Future'



My dear SMC Family,

The Vision is clear...the Goal is set...our Journey into the Sesquicentennial year is on...and we are marching towards a New Dawn of bigger challenges and greater possibilities. As we turn the pages of time and take a reflective look at our glorious history of 'Amazing Grace' we discover hidden mysteries and triumphs in each chapter. For us this is an opportune moment to realize that we have not only a glorious history to remember and recount but also a great history still to be accomplished.

The torch of Women's Education lit by our Venerable Foundress
Mary Ward in 1609, brought to our country by our early pioneers and kept
burning by later generations, is in our hands and hearts today. The
Sesquicentennial year calls each one of us to keep this torch burning bright

with sensitivity and alertness to the needs of our time; light it in as many hearts as possible and hand it over to generations after us, still bright and shining.

Children are the heralds of the future and the **true glory** of an Educational Institution lies in the **achievements** of its students. Born into a globalised and digitalized world controlled by technology, media, money and power, our children have ample opportunities to sharpen their intellect and achieve success. But **knowledge** and **skills**, qualities of **head** and **hands** are incomplete and inadequate if not governed by a heart that is sensitive and concerned about the **needs of others**. How can we challenge and inspire our students to blossom into **creative**, **innovative** and **enlightened citizens** capable of building a world where love, compassion, justice and peace reign supreme?

This issue of the Spectrum holds up a mirror to the activities and initiatives of our Jubilee Year from April –
September 2016. Congratulations to all those who have contributed to making it interesting, colourful and attractive especially our Editorial Team. With a grateful heart we dedicate it to the precious memory of our dear Sister M. Margarita de Souza C.J. May her noble soul live in the peace and joy of heaven.

As we celebrate this **significant milestone** of our sacred history let us rise up together as a team and take a pledge to be true to our motto, 'Hope Lightens Work', and lead SMC on the path of progress, carrying the torch of Hope in our hands. Let us endeavour to be the best in whatever we choose to think, say and do and champion the cause of Women's Education keeping aloft the ideals SMC has always stood for. May she shine as a sign of HOPE for generations yet to come.

SPE LABOR LEVIS HOPE LIGHTENS WORK

m mariette eg

Editorial

"The secret of health for both mind and body is not to mourn for the past, worry about the future, or anticipate troubles but to live in the present moment wisely and earnestly" -Buddha

The dawn of 2016 irradiates the sesquicentennial year of the existence of uninterrupted service to God and humanity with an all inclusive vision of a better society, a better world. The seed sown by the uncomparable visionary, Mary Ward continues to bear fruit in the Indian soil, providing nourishment through a value-based education system. Anything and everything that concerns itself with this jubilee year, therefore acquires a special significance and so does the school magazine, SMC Spectrum.

The pen is a powerful instrument of the expression of beautiful thoughts and ideas, the pre-requisites for positive change. An outstanding group of people have come together and worked tirelessly towards the successful completion of the golden treasury of SMC Spectrum, April 2016 to September 2016. It prolifically chronicles the journey of hard work and excellence of the staff and students which is the result of their zealous efforts. It unfolds before you a myriad, colourful and vibrant happenings within the Mary Wardian precincts.

This year has been declared as the Year of Mercy by Pope Francis. This is a clarion call for all of us to practice this beautiful virtue in our lives and work selflessly as a team to make this world a better place to live in. May the Almighty bless each one of us as we strive to bring peace and happiness in world and live up to the motto of our school, "Hope Lightens Work".

We dedicate this issue of the college magazine to our beloved, Late Sister Margarita CJ.

Mrs. U Ahmad (On behalf of the Editorial Board)



Left to Right

First Row: Sr. Marina, Mrs. Shashi Tressler, Mrs. Mausami Dhar, Mrs. Ulfat Ahmad,

Ms. Varsha Mary Eliazer, Sr. Sagava

Second Row: Vidushi Bhardwaj, Aditi Upadhyay, Ishita Mishra, Namra Usmani

A Glimpse into SMC

N. Santa Street	
APRIL	
94 -6	A staff meeting was held to discuss the proceedings of the forth coming session.
-11 th	SMC ventures another voyage with immense ardor with the onset of the New Academic Session 2016-17.
16 ^a	Our dear Sr. Margarita leaves for her heavenly abode. A moment of silence was observed by SMC family. School remained closed on 18 th April, 2016 as a mark of respect to the departed soul.
22 rd .	Students of classes XI and XII get acquainted with Indian International Model United Nations (IIMUN), set up in 2012.
25th	Talent Search-Essay writing Contest for Classes IX to XII.
27th -29th	SMC celebrates Youth Fest with enormous vitality.
30 th	Syllabus planning for session 2016-17.
MAY	
2 nd	Labours Day celebrated at SMC.Class X-A conducts a momentous programme to honour our supportive staff.
3 rd	An interactive session for the Theatre Workshop conducted. The
	resource person was Afreen S. Gandhi.
5 th	Election for Student Council 2016-17.
6 th	An interactive session conducted by logophilia Chief Etymology Educator, Mr. Dhruv Raj Sharma.
10"	Investitures Ceremony 2016-17 held at SMC. The newly elected members take pledge to uphold the responsibilities of the school with diligence and team spirit.
12 th	StaffMeeting
12**-13**	An enriching seminar on Vocabulary conducted by Mr. Dhruv Raj Sharma.
14 th	Summer Vacation begins.
16th	Summer Camp begins. Theatre Workshop begins.
26 th	Logophilia Workshop begins.
JUNE	
46	Logophilia Workshop ends. Summer Camp ends.
11 ^a	Grand Finale of Theatre Workshop organised.
14*	USM Leadership Training Programme.27 students participate in the Leadership Training Programme at Indore.

School reopens for classes X, XI and XII.









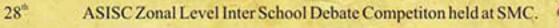
27th

A Glimpse into SMC

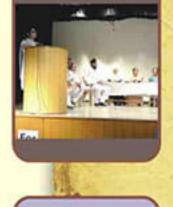


JULY

- 2^{td} Planning Session for teachers.
- 4th School reopens for Classes I to IX.
- 11th Felicitation Programme of Achievers of classes X and XII.
- 16th USM Foundation Day Celebration.
- 18th Unit I assessment begins.
- Our Head Mistress Sr. Sagaya's Birthday. Career counseling by Batch of 1991 for students of classes XI and XII. Silver Jubilee Celebration of Batch 1991.



- 29th SMC participates in ASISC Zonal Level Inter School Declamation Competition Jamuna Christian Junior High School.
- 30th Unit lassessment ends.



AUGUST

- 3rd 'HOUSE MEETING'-Mary Ward House and Florence Nightingale"
- 4th 'HOUSE MEETING'-Gandhi House and Tagore House.
- SMC celebrates 70th Independence Day with patriotic fervour. The four houses instill in the audience the feeling of patriotism and love for their country with their meaningful dance drama. The Gandhi House emerges victorious.
- 22nd All India Camel Contest 2016 held at SMC for Classes I to XII.
- 24th SMC extends a helping hand to the victims in the flood affected areas.
- 30th Class X-B conducts a meaningful programme as SMC celebrates the Feast Day of our Manager dear Sr.Rosily and Sr.Rajni, paying homage to their patron Saint Rose of Lima.



SEPTEMBER

- 5th Teachers' Day celebrated at SMC. Students enthralled the audience with their mesmerizing performances staged with perfection.
- 8th Principal's Day celebrated at SMC with great love and fervour. Happy Feast Day dear Sister Mariette.
- 14th First terminal examination begins.



STUDENT CHIEF EDITOR'S MESSAGE

"Literature is my Utopia, here I am not disenfranchised. No barrier of the senses shuts me out from the sweet, gracious discourses of my book friends. They talk to me without embarrassment or awkwardness."

-Hellen Keller



With Almighty's choicest blessings and a heart endowed with felicity, we present before you this Golden treasure of SMC spectrum for academic session 2016-17. I express my heartfelt gratitude to our Principal Respected Sr. Mariette, Vice Principal Sr. Marina, Head Mistress Sr. Sagaya and staff editors Mrs. S. Tressler, Mrs. U. Ahmad, Ms. V. Mary and Mrs. M. Dhar for their meticulous guidance and consistent support. I concede the affable nature and commendable efforts of my sub-editor Aditi Upadhyay, Hindi chief editor Namra Usmani and Hindi sub-editor Ishita Mishra.

In nature, every beautiful creation is intended to maintain the consistency of a cycle to which Almighty is the supremo. The sun embraces its magnificence on every uncharted corner of earth and encourages us to step out and explore our

hidden talents. Streams gush through the glaciers, flow with an inexhaustible speed and inspire us to be unmoved, stay focused in accomplishing a task. Above all the sky exhorts us to excel in the field we choose. The dazzling pearl enclosed in an oysters shell instigates us to stay confined to our principles. Friends and Mentors, I hope you would agree with me that even we fall under this cycle, for each one of us is destined to fulfill a mission in life. Nature truly unfolds the mystery of a happy life.

So let us Discover our interests, Endeavour them and be Restrained to our ethics no matter how bad the times are. All you have to remember is to opt for a vocation where you find pleasure as it is rightly said by Confucious, "Choose a job you love, and you will never have to work a day in your life." Don't get into a field which grabs your least interest instead become a master in a subject which you are meant for. You might be a subject of criticism but never give up. RISE EACH TIME YOU FALL AND ACCEPT EVERY CHALLENGE IN YOUR LIFE GRACEFULLY. Some day by your spell binding efforts you might leave the world wonderstruck. All the best!

Dear readers, wishing you a pleasurable reading!



Vidushi Bhardwaj Student Chief Editor Class 12-B

SMC Spectrum



Indian International Model United Nations (IIMUN)



On 22nd April, 2016, an interactive and motivating orientation took place at SMC, Allahabad. Members of IIMUN Aditya Ojha, Hassan Ahmed and Rabab Haider introduced to the students, the significance of Indian International Model United Nations which was the first in its kind to be held in Allahabad.

The roots of IIMUN are spread all over the world, focusing affairs of the United Nations through interactive discussion among the youth giving them a platform to channelize their potential of leading the world on the right path.

Thereafter, Rabab Haider along with her staff brought forward the benefits of participantion in the workshop of IIMUN. She gave the students

various guidelines for the do's and don'ts of the workshop.

Overall, it was a remarkable experience, for students got a chance to volunteer in a venture which would help them in enhancing their speaking skills and to say goodbye to their stage fears. We are obliged to our Principal Respected Sr.Mariette and our Vice Principal Sr.Marina for granting us such amazing opportunities which help us explore our inner potential.

Rashi Singh Head Girl Class XII-A

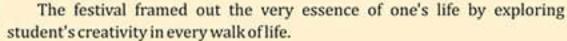
SMC CELEBRATES YOUTH FESTIVAL

"Creativity is so delicate a flower that praise tends to make it bloom, while discouragement often nips it in the bud. Any of us will put out more and better ideas if our efforts are appreciated." -Alex F. Osborn



The hidden semblance of these meaningful words was efficiently unfolded as SMC greeted the Jubilee Year on 27th April, 2016 with immense fervour and splendour as it celebrated the Youth Festival.

A panorama followed wherein students belonging to various clubs under their respected houses staged mesmerizing performances based on the field of literature, art, culture, technology, nature, universal solidarity and humanity.





The festival lasted for three days and ended on 29th April, 2016. The entire management of SMC rewarded every participant with over 3000 certificates. The overall championship was won by the Tagore House. Our Principal, Respected Sr. Mariette, appreciated the efforts and hard work of every participant on stage and congratulated the teachers for their collaboration and consistent support.

The programme ended on a note of appreciation to the mentors for their guidance and support to bring out the best among the students.

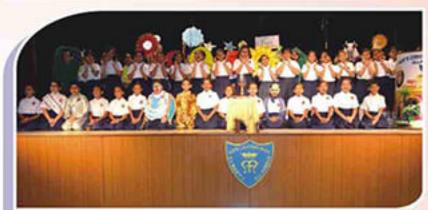
Vidushi Bhardwaj Student Chief Editor Class 12-B

Inculcating Values (Our Long Assemblies)



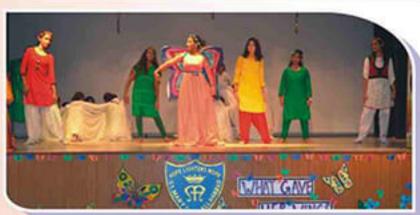


















SMC Spectrum



श्रमिक दिवस

संसार में कोई काम छोटा या बड़ा नहीं होता और न ही मनुष्य की महत्ता उसके काम से होती है। समाज में हर छोटे से छोटा काम करने वाले व्यक्ति का अपना महत्व होता है। इसी बात को ध्यान में रखते हुए हमारे विद्यालय के श्रमिक बन्धुओं के सम्मान हेतु दिनांक 2 मई 2016 को सेंट मेरीज़ इण्टर कॉलेज की ओर से कक्षा 10 ए की छात्राओं द्वारा एक प्रार्थना समा व रंगारंग कार्यक्रम का आयोजन किया गया।

सर्वप्रथम श्रमिक बन्धुओं को छात्राओं द्वारा रोली, चावल का टीका लगाकर उन्हें यथास्थान बैठाया गया तत्पश्चात उनके सम्मान में, कार्यक्रम का प्रारम्भ एक प्रार्थना नृत्य द्वारा हुआ फिर श्रमिकों के सुखी जीवन के लिए कई छात्राओं ने ईश्वर से प्रार्थना की। फिर उनके मनोरंजन हेतु कुछ रंगारंग कार्यक्रम प्रस्तुत किये गये। जिसे देखकर हमारे श्रमिक बन्धु अत्यधिक प्रसन्न हुए। अन्त में छात्राओं द्वारा प्रत्येक श्रमिक को उपहार वितरित किया गया। उपहार सभी को बहुत पसन्द आया। उन्होंने उसके लिए विशेष धन्यवाद दिया।

कार्यक्रम के अन्त में श्रमिकों में से एक 'किम' भैया ने अपने विद्यालय व विद्यालय परिवार को धन्यवाद देते हुए अपने विद्यालय की तुलना एक मन्दिर से की जिसे सुनकर पूरा हॉल करतल ध्विन से गूँज उठा। अन्त में कक्षा 10 ए की कक्षाध्यापिका मिसेस निमता वर्मा ने वहाँ उपस्थित माननीया प्रधानाचार्या सि. मेरिएट, प्रबंधक सि. रोजली उपप्रधानाचार्या सि. मरीना व सिस्टर सगाया व सभी श्रमिकों को सम्बोधित करते हुए अपने विचार रखे। इसी के साथ कार्यक्रम का अन्त हुआ।

> स्वहीकृति जायसवाल 10 अ



Student Council 2016-2017



Vidushi Bhardwaj



Rashi Singh



Iti Tandon



Aditi Upadhyay



Namra Usmani





Ishita Mishra



Yeshasvi Shrivastava



Ranjana Tripathi



Aaradhana Singh



Student Council 2016-2017

MARY WARD HOUSE



Ananya Joshi



Sanskriti Giri

GANDHI HOUSE



Laiba Qamar

HOPE LIGHTENS WORK

TAGORE HOUSE



Ifrah Javed



FLORENCE NIGHTINGALE HOUSE



Smriti Shukla



Tanushree Mandhyan

GANDHI HOUSE



Saloni Gulati

TAGORE HOUSE



Amrisha Pandey



INVESTITURE CEREMONY

"The quality of a leader is reflected in the standards they set for themselves."
-Ray Kroc

These inspiring words summed up the umpteen expectations that everyone carried in their hearts, as SMC organized the investiture ceremony of its newly elected cabinet for the year 2016-17, on 10th of May, 2016. The auspicious event began with the prayer service themed "The Lord, thy God will hold thy hand". The ceremony vividly delineated the beautiful fact that the Almighty God will always be there for you in every step that you take.

The presence of Sr. Rosily, Sr. Mariette, Sisters, teachers and the proud parents of the council members and the students of Class XI and XII rejuvenated the spirits of the elected council through their cheerful applause. After the lightening of the sacred lamp by Sr. Rosily, Sr. Mariette and Ms. Vibha Singh, mother of the head girl, Rashi Singh, the programme commenced. The inspirational video of how a tiny ant puts in its hard work to survive the summer, sent positive vibes to the students.

The students of class XI gracefully conveyed the message to become a kind- hearted leader through their act. The elegant dance on the song, 'Dharti par Swarg hai' further deepened the confidence of the students, especially the Student Council, encouraging them to put in their best in every endeavor.

The Council members took solemn oaths to pledge their faith for the betterment of the school. The leaders were invested by the moderators with badges and sashes. Sr. Rosily then invoked God's blessings on the new leaders and wished them luck for the future. The Head Girl, Rashi Singh delivered her maiden speech as the audience listened to her in rapt attention. She gave the message "to unveil your pretentious garb and be your original self, just the way you are."

On behalf of the parents, Mrs. Vibha Singh, mentioned a deep sense of gratitude to the school management. Our principal, Sr. Mariette, enlightened the student leaders and encouraged them to be an example for the entire school. The ceremony ended with the singing of the school anthem. SMC proudly looks up to the leaders of the sesquicentennial year.

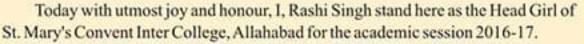
Shreya Sachan Class 12-A



SMC Spectrum



OUR HEAD GIRL'S MAIDEN SPEECH



As I stand here to deliver my Maiden Speech, I cannot and should not go any further without acknowledging all the beautiful people who have guided me through all the times and have brought me here.

To start with I would like to thank the Almighty God for giving me this beautiful life and equally beautiful people in it. Then there is this person of whom I don't talk much about but in my heart I know that he is always there guiding me through all the rough times and he is my father. Thank you Dad! Now, to the strongest lady I've ever come across. Thank you Mother, for being there. I will not say much but if there is a concept of rebirth, I want to be your daughter again and again.

With all due respect, I thank the spirit of SMC for everything. Dear sisters and teachers, if you had not been there, I would not have been here. What the SMC family has done for me is worth a King's ransom. I thank you from the core of my heart.

Special thanks to my sister, my friend, my Head Girl Surya Pradhan for all her love and guidance and now my friends all of you out there-Thank you! Thank you for your support and those beautiful smiles. Thank you for ALWAYS being there. Today as I stand here I won't remind you of any rules and regulations because we have the entire year to talk about and work upon them.

My message to all of you is 'Stop underestimating yourself' because each one of you sitting here is meant to be great. You are stronger, smarter and more resilient than you think. You are capable of achieving more than you believe. You are meant to be great like all those who have achieved it.

Yes, it will take persistence, determination and on this journey you will find people who will pull you down, not everyone will like you but remember not everyone matters. Not everyone is going to love you exactly like you imagine. No one is ever going to read your mind and take every star from the sky at the perfect time and hand it to you. No one is going to come on the riding horse to return your lost shoe.

It's all about you, you have to be the first one to correct yourself, appreciate yourself, love yourself and the rest will fall in line. There will be many ups and downs in life, we will trip, we will stumble and yes we will fall but you know that after spotting a falling star, we make a wish. Do we judge Him for falling? No! Instead we hope for a miracle. So from now on just try doing that for humans do make mistakes, stumble, fall, go get hurt, rise again, underestimating yourself. A reality check, after doing all this you could be amazing, genuine and sincere but still be overlooked because honestly, people don't want something real anymore, they just want reasons to complain and excuse to avoid and let them do that. Do your duty, come what may never compromise yourself respect.

Keep trying, hold on and always, always believe in yourself because if you don't then who else will? Do keep your head high, keep your chin up and most importantly keep smiling because life is beautiful and there's so much to smile about.

Remember,

Not every day is a good day, live anyway.

Not all you love will love you back, love anyway.

Not everyone will tell you the truth, be honest anyway.

Not all deals are fair, play fair anyway.

SO GO SMCITES MAKE IT GREAT!

Rashi Singh Head Girl Class 12 A



SUMMER CAMP AT SMC

"Playing is the brain's favourite way of learning. It energizes us, renews our natural sense of optimism and opens up new possibilities."

Summer Camp in 2016 was held from 16th June to 4th July. It was indeed a great time of fun, laughter and learning. It helped each participant to shape their talents and use it in the best possible way.

Games like basketball, badminton and athletics instilled in the students a sense of sincerity, dedication and determination to achieve their goals with perfection. Meanwhile, as the students of Primary and Junior sections attended the dance session, many students were taught how to play their fingers on magical instruments and tune the music for the song 'All things Bright'. The final day was dedicated to the theme, 'The nature of five elements' wherein the Juniors left the audience tapping their feet with their wonderful performance. At the end of the camp, certificates for various events and for the best participants were given by our Principal Sr. Mariette.



On behalf of all the students, I would like to extend my gratitude towards our Principal and the entire management for giving us the opportunity to enhance our talents in a creative manner. Hearty thanks to all the staff members for their guidance without which the camp would not have been a success.

> Ishita Verma Games Vice-Captain Class 11-B









थिएटर वर्कशॉप उन्मुखीकरण













12 मई 2016 को सेन्ट मेरीज कॉन्वेन्ट की पूर्व छात्राओं - आफरीन सहर गाँधी, आकांक्षा श्रीवास्तव व प्रगति श्रीवास्तव (2010) ने वर्कशाप का उन्मुखीकरण किया था। कक्षा 10, 11 व 12 की छात्राएँ इसकी प्रत्यक्षदर्शी थी। उन्मुखीकरण के दौरान उन्होंने 2011 में हुई वर्कशाप का स्लाईड शो दिखाया व थिएटर के फायदों से अवगत करवाया। उनके मृताबिक थिएटर सिर्फ अभिनय के बारे में नहीं है, उन्होंने थिएटर का महत्तव समझाते हुए आगे वर्कशाप में होने वाली क्रियाओं के बारे में बताया। उसके बाद आकांक्षा श्रीवास्तव ने बताया कि छात्राओं के कला के अनुरूपहर तरह के गुण को सराहा व अवसर दिया जाएगा। तकनीकी निर्देशक होने के नाते उन्होंने फोटोग्राफी व मास मीडिया को विद्या को बढ़ावा देते हुए छात्राओं से भारी संख्या में भाग लेने के लिए आग्रह किया। 14 मई को ऑडिशन में छात्राओं ने अपनी बेहतरीन कलाओं का प्रदर्शन किया

— नृत्य, अभिनय, गायकी, जिमनैस्टिक आदि। 16 मई में वर्कशाप आरम्म हुआ जिसमें कक्षा 9 से लेकर 12 तक की छात्राओं ने भाग लिया। वर्कशाप के दौरान हमें अपने नारीत्व पर गर्व करना सिखाया गया। वर्कशाप के दौरान छात्राओं ने कड़ी मेहनत की, रोज़ सुबह 6 बजे से लगातार अभ्यास करना तथा 11 बजे तक रूककर अपनी—अपनी भूमिका को श्रेश्ठ बनाने के लिए तत्पर रही। इस वर्कशाप की संयोजिका प्रगति श्रीवास्तव, मुख्य सृजनकर्ता सुरूर सहर गाँधी (2014) थी व सहायक संयोजिकाएँ — कृति भागंव, शिवाली प्रसाद (2016) व कोपल मिश्रा (2012) थी। थिएटर ने छात्राओं ने चरित्र संशोधन में सहायता की, अपनी छिपी हुई प्रतिभा का परिचय कराया। 11 जून, को एक अद्भुत कार्य[म प्रस्तुत किया गया जिसके गवाह हमारी प्रधानाचार्या, सिस्टर मेरिएट, माता—पिता, दोस्त व एम. एम. सी. की पूर्व छात्राएँ थी। कार्य[म का मूल विशय था — "कला प्रदर्शन के द्वारा नारी की शक्ति का चित्रण।" कार्यक्रम का आरम्भ 'ओपनिंग मूवी' से हुआ था। इसके पश्चात् मिमिक्री स्किट, कब्बाली, नृत्य, नुक्कड़, नाटक, हिन्दी व अंग्रेजी, अकपिला व मोनोलॉग थे। इस कार्यक्रम से दर्शकों के मन में नारी की दैनिक समस्याओं, नारी समाज के उद्धार, सामाजिक व नारी से संबंधित समसामयिकी विशयों पर जागरूकता पैदा की। कार्यक्रम के अंत में सभी प्रतियोगियों को प्रशस्त—पत्र से नवाज़ा गया। उक्त आयोजन मनोरंजक व पूर्णतः सफल रहा।

प्रशस्ति पाण्डेय श्रेया सिंह कक्षा–10 'द'



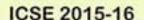


SMC STUDENTS SHINE ONCE AGAIN Felicitation of Achievers

On 11th July, 2016 SMC family honoured the achievers of ICSE and ISC 2015-16 batch. An assembly was conducted by class XII C followed by the felicitation of our toppers. Sr Rosily, our manager and Sr. Mariette our Principal proudly presented medals and books to the young achievers. SMC expressed its joy to the students for shinning bright as the stars and bringing laurels to the school. The excellent performance of our students has made SMC proud. With their hard work and determination they have proved their capacity to excel, they are indeed an inspiration to the students of SMC.

Aditi Upadhyay Student Sub-Editor

ISC 2015-16







The Joy of Sharing

2016 being the year of Mercy, as declared by Pope Francis, the students of Class X along with Sr. Sagaya and Mrs. N. Verma went to the leper's colony to serve the lepers and help them in every possible way on 8th July, 2016. Our visit to the leper's colony was a memorable one as we got a chance to step out of our luxuries and interact with the inmates there, sharing their sorrows and feelings.

With the contributions made by the entire school, we, the students went on this inspirational trip which taught us how to live life to the fullest. Despite facing challenges every second the inmates have succeeded in emerging as shining stars. Also, during difficult situations they get united and share every joy and sorrow with their fellow beings.

God framed each of His creation with care and love. Every person on this earth, whether rich or poor, able or disabled, is equal in the eyes of God for He has sent them all on the earth for a mission. It is the duty of every living being to fulfill the job with which he is entrusted. We have realized our duties towards our fellow beings. We have understood that facing the problems with determination is the only way to solve it.



We express our gratitude to our Alma Mater which has taught us to be sensitive towards people who face every challenge of life with a smile. Since our childhood, we are inculcated with moral values of sympathy, empathy, generousity and kindness.

As it is our mission to render effective social service in any capacity, the school provides this opportunity to the students every year to visit the leper's colony and mould themselves into persons who are sensitive to the social realities and grow up to be morally developed human beings.

We are grateful to our Principal Sr. Mariette for giving us this great opportunity. The memories of this trip have been engraved deep in our hearts forever.

> Anika Jain Class 10-B

OUR ACHIEVERS Congratulations!

S.N.	NAME	Percentage
1	Priyanshi Singh	96.4
2	Snigdha Tiwari	96.2
3	Aishwarya Hajela	95.4
4	Additi Pandey	95.4
5	Shivangi Shukla	95.4
6	Rimjhim Shukla	95.0
7	Saumya Varma	95.0
8	Jaya Srivastava	94.6
9	Rakhshan Usmani	94.4
10	Diya Jaiswal	93.8
11	Parul Gopal	93.6
12	Pranshuta Shukla	93.6
13	Sonali Singh	93.4
14	Ritika Rastogi	93.2
15	Osheen Aradhana Wesley	93.0
16	Mayurika Srivastava	92.8
17	Ayushi Mishra	92.8
18	Ishita Mishra	92.6
19	Unnati Narsaria	92.6
20	Neha Prasad	92.4
21	Shivangi Singh	92.2
22	Vaishnavi Chaturvedi	92.2
23	Manika Srivastava	92.2
24	Anushkaa Mishra	91.8
25	Shambhavi Srivastava	91.6
26	Arunima	91.4
27	Aastha Vashishtha	90.6
28	Shreya Nandan	90.6
29	Ambalika Shukla	90.4
30	Saumya Singh	90.2
31	Khushi Rawat	90.2
32	Sakshi Verma	90.2
33	Shailja Gupta	90.0

ISC 2015-2016				
S.N.	NAME	Percentage		
1	Urja Raheja	97.5		
2	Anindita Gujrati	97.0		
3	Anushka Jaiswal	96.75		
4	Astha Kushwaha	95.5		
5	Prashasti Dwivedi	95.5		
6	Shatakshi Shukla	95.5		
7	Rushali Garg	95.0		
8	Arti Gupta	95.0		
9	Palak Kumar	95.0		
10	Ananya Singh	94.5		
11	Pragya Tiwari	94.25		
12	Shaniza Kazmi	94.0		
13	Tanushri Agarwal	94.0		
14	Sumaira Kazmi	93.75		
15	Malvika Agarwal	93.75		
16	Shubhanjali Srivastava			
17	Aroma Grace Amue	93.25		
18	Divyanshi Agarwal	93.25		
19	Shatakshi Mishra	93.25		
20	Tarishi Srivastava	93.25		
21	Anshika Agarwal	93.25		
22	Jahnavi Tripathi	93.25		
23	Srishti Gupta	93.25		
24	Bhavika Arora	92.75		
25	Jigyasa Sharma Sanyi Bhutani	92.75		
26 27	Ibra Zafar	92.75 92.75		
28	Sakshi Arora	92.75		
29		92.75		
30	Vallari Singh Aryushi Sharma	92.73		
31	Tanusha Jain	92.5		
32	Vaibhavi Mishra	92.5		
33	Vartika Agrawal	92.5		
34	Shiyani Gandhi	92.5		
35	Akarshita Chopra	92.0		
36	Rhythm Datta	92.0		
37	Shubham Srivastava	92.0		
38	Vasudha Upadhyay	92.0		
39	Shaurya Dubey	91.75		
40	Shivani Pandey	91.75		
41	Abhivyakti Dixit	91.5		
42	Akriti Shukla	91.25		
43	Ananya Nigam	91.25		
44	Priyanka Nagar	91.25		
45	Vandita Chadda	91.25		
46	Ishita Gupta	91.25		
47	Srishti Singh	91.0		
48	Niyati Upadhyay	90.25		
49	Saumya Srivastava	90.0		



USM FOUNDATION DAY CELEBRATION

"I am only one, but still I am someone. I cannot do everything, but still I can do something and because I cannot do everything. I will not refuse to do something that I can do."

On 16th July, 2016 USM members along with the entire SMC Family celebrated the 24th Birthday of Universal Solidarity Movement. A very aesthetic and an inspiring assembly was presented by the USM members, they urged the youth to inculcate basic moral values like understanding tolerance and patriotism. Through the assembly, the USM mem

bers shared their experience of their stay at the USM Headquarters at

Indore.



Through the interactive videos, the five paths of self transformation was presented highlighting its importance in the growth of every individual. The USM members pledged to take the mission of Fr Varghese Alengaden(The National Co-ordinator of USM), of spreading solidarity throughout the world.

The Assembly concluded with a beautiful message given by Sr. Sagaya who urged the audience to stand for truth, march forward against all impediments and become the moral commandoes of today in order to created a better tomorrow.

> Rashi Singh Head Girl

MY EXPERIENCE AT USM

"Whatever you can dream you can begin it, Boldness has Genius Power and Magic in it."

The seven days spent in USM from 14th to 21th June, 2016 was a moment of revival in experience, self discipline, hard work, tolerance, respect for everyone and spirituality. The entire staff, cherished sessions, influential movies, prayers and exposures were geared in providing a specific vision-building that will lead to the engineering of our Nation perhaps to World Empowerment. Many children came to USM with confines that conditioned them to excel and be empowered.

As I took part in this Leadership Program I enjoyed the training which brought a mark of difference in my values, principles, attitudes and convictions. It gave me platform not to impress rather to express in practical action. This renewed the



purpose of my vision, goals and policies. The moments of prayer led each one of us to remain in colloquy with the Divine cosmic power to bless Universal Peace and Love reign on the whole world. It was unique to sit with everyone in a circle to express unity among each despite our profession, caste, creed, religion, etc. The personal projects like book review, daily evaluation, critically reflected letters to the Editors of Newspapers, Slum and Mall Exposures Report, Personal Visions and Goals and Policies Plan. It is a matter of great strength and acceptance to acknowledge all the domestic staff to eat together on the table with Love for one another. Every day we had to deliver several speeches that enhanced our confidence so as to become a firm and a kind leader. The training was rich and best at its fullness. Everything was intrinsically connected to make us realize our True Dream and Purpose of Life.

I express my gratitude to Father Varghese Alengaden, our Principal Sr.Mariette, our Vice-Principal Sr.Marina, our Head Mistress Sr.Sagaya and the entire management of SMC for their meticulous support and guidance throughout the journey.

> Masooma Fatima Class 9-B



राष्ट्रीय कैडेट कोर

सेन्ट मेरीज़ कॉनवेन्ट अत्यन्त आभारी है 'राष्ट्रीय कैडेट कोर' का जिन्होंने सेन्ट मेरीज़ कॉनवेन्ट की 30 छात्राओं का चयन इस वर्ष किया है और अगले आने वाले वर्षों में 25 छात्राओं का चयन करेंगे।



हम सभी छात्राएँ अपने विद्यालय की प्रधानाचार्या सिस्टर मेरिएट की आभारी हैं जिन्होंने हमें इस क्षेत्र में आगे बढ़ने का सुनहरा मौका दिया। साथ ही हम सभी छात्राएँ अपनी अध्यापिका श्रीमती मधुलता शर्मा की भी आभारी हैं जिनके मार्गदर्शन द्वारा ही यह सम्भव हो पाया।

एन.सी.सी. युवाओं में एकता, अनुशासन, धर्मनिरपेक्षता, दृष्टिकोण, साहस और निःस्वार्थ सेवा के आदर्शों को विकसित करना सिखाता है और उन्हें सुयोग्य नागरिक बनाता है।

संगठित, प्रशिक्षित और प्रेरित

युवाओं को एक मानव संसाधन निर्मित करने के लिए सशस्त्र बलों सिहत जीवन के सभी क्षेत्रों में नेतृत्व प्रदान करने और हमेशा राष्ट्र की सेवा के लिए उन्हें प्रेरित करता है। सशस्त्र सेना में अपना कैरियर शुरू करने के लिए युवाओं को प्रेरित करने में एक उपयुक्त वातावरण बनाता है।

यह केन्द्रीय सरकार द्वारा संचालित है। इसका एक महत्वपूर्ण फायदा यह भी है कि जो विद्यार्थी बाहर कॉलेज में जाकर प्रवेश लेते हैं उनको हर क्षेत्र में कुछ प्रतिशत की बढ़ोत्तरी भी मिलती है।

5 जुलाई २०१६ को एस.एम.सी. की छात्राओं ने एन.सी.सी. में प्रवेश लिया। स्कूल की छात्राओं ने कमांडिंग ऑफिसर श्री एस. चतुर्वेदी के तत्वाधान में आयोजित कार्यशाला में अपनी उपस्थित दर्ज कराई।

एन.सी.सी. की छात्राओं के नाम निम्न हैं-

रमृति सक्सेना, रितश्री सिंह, खुशी श्रीवास्तव, देवप्रिया सिंह सेंगर, मैत्रेयी, इशिता कैथवास, समृद्धि प्रकाश श्रीवास्तव, राशि शुक्ला, तनुश्री मन्ध्यान, खुशी चौरिसया, शिंवांगी श्रीवास्तव, मालिनी द्विवेदी, श्रुति शर्मा, दीक्षा वर्मा, तान्या श्री, संस्कृति गिरि, गौरी गिरी, साक्षी वर्मा, खुशी रावत, रितिका हल्दर, पुष्पिता बनर्जी, असरा उस्मानी, श्रुती जलोटा, रुशिता जैन, प्रत्यक्षा शुक्ला, निहारिका तिवारी, खुशबू सिंह, वंदिता गिरि, मौलश्री भट्ट एवं जॉयन जैदी

तनुश्री मन्ध्यान कक्षा ११ सी



HAPPY BIRTHDAY DEAR SR. SAGAYA



Count your garden by the flowers,
Never by the leaves that fall;
Count your days by sunny hours,
Not remembering clouds at all.
Count your nights by stars, not shadows;
Count your life with smiles not tears,
Count your life with smiles not tears,
Never by the leaves that fall;
Count your days by sunny hours,
Not remembering clouds at all.
Count your nights by stars, not shadows;
Count your nights by stars, not shadows;
Count your nights by stars, not shadows;
Count your life with smiles not tears,
And when your life has reached its autumn,
Count your age with friends, not years.

-Joe Zacek

These inspirational lines were solely dedicated to our beloved Head Mistress, Sr.Sagaya on 23rd July, 2016 as SMC family celebrated her birthday. Sister was greeted with beautiful smiles and warm cuddles from students and teachers. As a token of love and gratitude students offered lovely bouquets and cards to Sister along with the singing of melodies which filled the atmosphere with a merry. In her message to the school, Sr.Sagaya gave credit to the entire SMC family for being the pillar behind her indomitable spirit.

Niharika Giri Class 12-B

ASISC ZONAL LEVEL INTER SCHOOL DEBATE HELD AT SMC

Public speaking and oratory are considered most valued skills that an individual can possess. Great speakers have a natural ability to put forth their view point impressively before an audience. The Inter School Zonal Level ASISC Debate was held on 28th July, 2016 at St. Mary's Convent Inter College. Six prominent schools of the city took part in the competition. The topic for extempore debate for the junior category was, "Environmental degradation is an inevitable consequence of improvement in standards of living." The topic for the senior category was, "Children of globalization are slaves of materialistic advancements."

SMC was represented by Akansha Srivastava and Nityanshi Sharma for the Junior Debate category while Khadija Rehman and Snigdha Tiwari for Senior Debate category.

It was a healthy and interactive competition. All the participants gave a commendable performance. Akansha Srivastava



made SMC proud by securing the first position in the Zonal Level competition for Junior Debate category. Varadh Agarwal (SJC) was the runner up in the Junior category. In the Senior category, Arhad Narain (SJC) stood first while Avtej Singh was the runner up.

The competition concluded with the vote of thanks proposed by the Vice Head Girl Iti Tandon.

> Aditi Upadhyay Sub Editor Class 11-D

SMC Spectrum



Silver Jubilee Celebration

Batch of 1991, SMC, Allahabad

As SMC Allahabad celebrates its sesquicentennial anniversary this year, I realize that over a hundred batches of young girls have passed through its hallowed portals and travelled to the four corners of the world. I am also one of those lucky few girls from the batch of 1991. We may have moved out physically but carry within us the legacy of SMC - in the shape of the values, morals, discipline and integrity instilled in us. Time moved on and we crossed major milestones in our professional and personal lives. However, a part of us always wondered as to where our school friends were and how was our dear old school. We missed our school days still... Then due to the advent of internet and social media we were able to locate and reconnect with old batch mates. During our conversations we enjoyed reminiscing about our innocent, carefree school days. As we completed 25 years out of school, we the batch of 1991, decided to go back to where it all began.

Going back this year was all the more special as we had been a part of SMC's 125th year celebrations in 1991; the year we passed out. I had been the student representative who delivered a speech on behalf of all the students in the formal ceremony which was held at the Cathedral to mark the occasion. So our reunion seemed all the more special this year! The idea was floated over a year ago but coordinating the dates of all the girls was a herculean task. At last the date of 23rd July, 2016 was fixed, sealed and blocked by all. Committees were formed to perform various tasks and duties. The responsibility of organizing the evening cultural show came upon me. I contacted all the performers of our batch, located on different continents, to contribute to the show. Sure, we may not be as lithe and agile as we were as school girls, but everyone sportingly agreed.

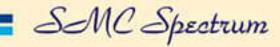
Finally the D-Day arrived and we landed in Allahabad full of excitement and anticipation. For the morning our batch had planned a Career Talk for the senior section. Some of us shared with the students our 25 year journey outside the school-both in the personal and professional arena. The ex-girls spoke of the trials as well as achievements in their respective lives and also offered hope and encouragement to the students. It was followed by a Q&A session where many students enquired about the various career options they could pursue after leaving school. We were in a position to offer them practical, realistic insights into various jobs and what they entail as we collectively had years of experience in various streams and professions. The Career Talk was extremely well received and many students came up to us later to seek guidance and counseling.

In the evening we were pleasantly surprised to know that the school had also planned something for us. We were all invited to plant trees in the school premises. The school also gifted us beautiful calendars which commemorate the 150th year celebrations. This calendar finds pride of place in my home now. After that the formal function began with a welcome note by Niharika. The school Principal Sr.Marriete was called upon the stage for the lighting the lamp. This marked the official inauguration of the evening's celebrations. Some of our old teachers had also been able to make it for our event and we were delighted to see them. Then began the cultural performances which enthralled and entertained. I invited various performers on stage one by one. To refresh our memories of the 80s decade, Mani danced upon a famous hit of that time—'nau nau chudiyan'. When Surabhi sang 'rahen na rahen hum' the mood became somber and nostalgic and many in the audience had wet eyes. To lighten the mood, Raakhi danced on a famous Hindi film song. Rajlekha interspersed the performances with her trivia questions about old girls and teachers which caused a lot of merriment.

The cultural show was followed by the gift distribution to the teachers. It was a small token of love and gratitude from our batch to those who had helped shape and mould our young minds. Some of the teachers came up after this event to share their reminiscences and inspiring words with us. The sound of their voices transported us back to our classrooms of yesteryears! In the end, on behalf of the batch, Arshi extended condolences for the departed teachers. The final event of the evening was the handing over of a donation cheque by the class of 1991 to the school. We can, of course, never repay all that the school has done for us but it was just our way of saying 'thank you'. This was followed by a High Tea for all our guests. This gave us all an opportunity to intermingle with old friends and teachers some of whom we saw exactly after 25 years! All of us went back home with wonderful memories that we will cherish for a lifetime. I would like to extend thanks on behalf of the whole batch of 1991 to the Principal Sr. Mariette, the school administration, present and former teachers, the Alumni association and the students of SMC who helped make our Alumni meet a grand success. It would simply not have been possible without their help at every step. We felt so comfortable like we were in our own homes. For most of us this was an emotional homecoming as we went back to Allahabad and the school after a gap of 15-20 years. I hope to go back sooner now...more so as I have my sapling to take care of too.

No matter how far we go from SMC, the thread that binds us all to our Alma Mater is still there-and we will surely be back when we feel it tugging at our heartstrings once again.

> By: Shipra Mathur - (1990-91 Batch) Chief Editor - School Magazine





AN EYE OPENING CAREER TALK BY ALUMNAE OF BATCH 1991









On 23rd July, 2016 the students of batch 1991, who were celebrating their Silver Jubilee at their Alma Mater conducted an influential career talk for the students of Classes XI and XII for their brighter future. The occasion was graced by the presence of SMC's first Head Girl (1991), Niharika Gulati, a dental surgeon based in London, UK.

Our nine gracious alumnae spoke about their careers and shared their experience after leaving the portals of SMC family. These learned women have touched the sky in every core of life with their splendour. Shipra Mathur, a soft skill and communication skill trainer and Pragati Pandey who is MA in Psychology, urged the students to explore and frame their hidden talents. Ruchi Srivastava who presently works with American Express, Raj Desai a software project manager and Rakhee Daruka an owner of a self-established company instilled in students the desire to achieve perfection in their goals. Priya Chauhan Vij, a fashion designer, Nitika Pant Rai an MD,MPH associate Professor and Hena Kaushis a great business entrepreneur through their spectacular skills enriched the desire among the students to achieve their goals.

They portrayed immense love and dedication towards their chosen careers and inspired the audience with the message "Explore your passion in any field and find pleasure in endeavouring it". The interactive session rejuvenated the innovative, young minds of SMC.

The career talk was an eye opener as it brought before the students a world full of opportunities. The Vote of thanks was proposed by the Student Chief Editor Vidushi Bhardwaj.

The Silver Jubilee batch of 1991 at their Alma Mater in the same evening, planted 20 saplings and proceeded with the lightning of the lamp by Sr.Mariette. This was followed by a cultural programme organized by the students. The students presented a memento to their teachers and as a token of respect to their Alma Mater they presented a respectful amount to be utilized for its social outreach programmes. They paid homage to the teachers who are no more alive and the programme culminated with delightful refreshments.

Aditi Upadhyay Sub-Editor Class 11-D

Our Artists



Stuti Mishra Class - 1F



Anchal Kapoor Class - 12D



Nazeeba Irshad Class - 6A



Ashma Faraz Class - 3D



Pragati Vyapak Class - 2A



Satakshi Sonkar Class - 12C



Asmi Srivastava Class - 5E



Vriddhi Parashar Class - 5E



Tridha Sharan Class - 1F



Vadonshi Class-5A



CHARISMATIC COLOURS OF FREEDOM

The SMC family celebrated the 70th Independence Day of our Motherland on 15th August, 2016 with patriotic fervour. The programme commenced with the welcoming of the Chief Guest, Dr Deepali Pant Joshi, an alumnae of batch 1975. An Executive Director of the Apex Financial Institution of our country-RBI, currently she works as an incharge of



the Department of Currency Management, Premises Department. The Tricolour was unfurled amidst the thundering applause of the students and the singing of the National Anthem.

A meaningful assembly was conducted by class XI-B depicting the progress of India in various sectors after attaining Independence in 1947. A dance performance showing diverse cultures of India was also staged. The Chief Guest in her message said that it was a sacred obligation of coming back to school to pay homage to her Alma Mater and the sisters who have given her the values which form the anchor of her life. These values are like an invisible cloak.



The three judges for the occasion were Ms Purnima, Ms Sneh Jyoti Kirti and Mr. Atamjeet Singh. The four houses instilled in the audience the feeling of patriotism and love for their country with their meaningful dance-drama. They gave the message of devotion towards their Motherland and the flow of freedom past, present and future. The participants enthralled the spectators through their performance emphasizing on the creation of a united and a magnificent nation. The Chief Guest then appreciated the unrelenting efforts of the participants and congratulated everyone for putting up a spectacular show. The Gandhi House emerged victorious in the contest.



As it is the SMC culture the Chief Guest and the judges were presented with saplings and the book "You are Destined to reach the Skies!" by Alfonso Elengikal, which creatively delves into various topics that cover pursuit of happiness and success, passion and determination in life, hardwork and focus and the beauty of discovering one's innate talents. In her message to the school, the Principal Sister Mariette said, "Today we have lived the spirit of India. No matter what difficulties may come, we can accomplish when we stand together as a team." She urged the students to pledge to our Motherland to remove the evils existing in the country. Sister said, "Let us fill our hearts with noble thoughts and actions for the betterment of the society and make our Motherland proud of us."



The vote of thanks was proposed by the Head Girl Rashi Singh. The programme ended with the singing of the School Anthem.

Vidushi Bhardwaj Student Chief Editor Class 12-B

SMC Spectrum



70th Independence Day Gelebrated at SMC Message of the Chief Guest

Dr. Deepali Pant Joshi, Executive Director, Reserve Bank of India

It is a very emotional moment to come back to my school, my heart bursts with pride to see how well Sr Mariette runs this school and to see these bright faces. I am happy to see these young girls talking with such passion about the progress of the country. I am in grief as I have lost my mother and she was very keen that I fulfill this sacred obligation of coming back to my alma mater. I feel so humbled that you have considered me fit to return to school because all of us sitting here dream of coming back to pay homage to the sisters because it is not just a school, it is much more than a school.

The sisters here taught us beyond the call of duty. They did not only teach us reading, writing or arithmetic but gave us values which stood us in good stead all our lives and these are the values which govern us. They form the anchor, they are a heritage, an invisible cloak around us. When I was your age, I believed that the guardian angel takes care of us. Today I believe that whenever there is any difficulty in my mind, I go back to the Chapel and to the Grotto of the Virgin Mary in the school.

In our school we were taught that if you do not know the way, put your hand in the hand of God and He will be a guide to you, it will be safer than a known way. We were taught to do whatever you like, the sky is the limit, but like whatever you do. Even if you are a mother, you will be the best mother because you will impart values. Be true to the values you have learnt in SMC and you will contribute to the country, you will be a better human being and to contribute to the goodness on the earth. Today when I see so much fault lying in the society, I urge all of you that there should not be sectarianism. Though I am born a Hindu, by education I am a Catholic and by my belief I am a Sufi. Speak the truth and be honest to yourself.

I leave you with the words taught to me in the school, "The heights by great men reached and kept were not attained by sudden flight, but they, while their companions slept, were toiling upward in the night." So we are so fortunate to be studying in an excellent institution, taught by dedicated teachers who are shaping your character. Your future is going to be brilliant and bright and you will make that great country that you have pledged. There are many changes in my school but there are no changes in the values and traditions and believe me you will always be proud of, as I am, of being a SMC girl.

Thank you.





एस० एम० सी० ने बाढ़ पीड़ित क्षेत्रों में खाढ्य सामग्री वितरित किया

प्राकृतिक विपदाएँ जब आती हैं तो किसी से पूछ कर नहीं आती और ये विपदाएँ हमारे वश में नहीं होती हैं। ऐसी ही एक बाढ़ रुपी विपदा इलाहाबाद शहर में आई है जिसने हजारों लोगों को बेघर कर दिया। लोगों के घरों में पानी भर गया है तथा सारा सामान खराब हो गया है जिसके कारण उन्हें अनेक असुविधाओं का सामना करना पड़ रहा है। अतः ऐसे बाढ़ पीड़ित लोगों को राहत देने के लिए संत मेरीज़ कॉन्वेन्ट की प्रधानाचार्या सिस्टर मेरिएट, अन्य सिस्ट्स, शिक्षकगण व काउंसिल सदस्यों ने खाद्य सामग्री का वितरण किया। इस कार्यक्रम के मुख्य आयोजक फादर के. के. ऐन्टनी ने एवं मैम सुनीता थीं। हम सबने यात्रा का आरंभ ईश्वर की प्रार्थना से की। हमने सबसे पहले सामग्री का वितरण फादर द्वारा चलाए गए विद्यालय से किया फिर हम एक छोटी सी बस्ती में गए जिसका अधिकांश हिस्सा पानी में था। वहाँ की दशा बहुत खराब थी क्योंकि वह पानी से भरा था एवं अस्वच्छ था। अंत में हम लोग एक घाट पर गए और समान का वितरण किया। हमारे द्वारा किए गए इस कार्य से हमने उनके दुखों को कम करने का प्रयत्न किया। अतः हमें ऐसे लोगों की सहायता करने का अवसर नहीं छोड़ना चाहिए और अपनी जिंदगी को लम्बी नहीं बल्कि बड़ी बनानी चाहिए।











Happy Feast Day Dear Sr. Rosily and Sr. Rajni!

"What Gave Her Wings"



The meaningful theme was beautifully portrayed by the students of class X-B on 30th August, 2016 as SMC family celebrated the feast day of our Manager, Sr. Rosily and Sr. Rajni paying homage to their patron Saint Rose of Lima.

The auditorium was illuminated with vibrant butterflies, lighted



earthen lamps and a floral rangoli. The sisters were greeted gracefully by the dancers, dressed in traditional Gujarati attires performing the dance 'Garba'. The students depicted the essence of celebrating the feast day. This was followed by the greeting of the two sisters with a melodious song along with bouquets and cards.



An analogy was drawn between the gracious life of our dear sisters and that of a gentle butterfly. A fragrance of happiness was spread as the song "Spread the Happiness" was melodiously sung.

Sr. Rajni shared an inspiring thought with the audience that "The most difficult task is to make someone happy and the easiest task is to be happy with everyone."Our Manager, Sr. Rosily in her message said that "Power is within you so welcome every struggle for this will make you beautiful." Our Vice Principal Sr. Marina encouraged the audience to spread happiness wherever they go and leave a legacy of love and joy behind.

The programme culminated with the singing of the School Anthem.

SwarnimAgrawal

Class 10-B

"DON'T GO THROUGH LIFE, GROW THROUGH LIFE!"

House meetings held with great fervour.



August 3rd and 4th 2016 was a moment of pride and great honour for the four House Captains - Ananya Joshi, Smriti Shukla, Ifra Javed, Laiba Qamar and Vice Captains - Sanskriti Giri, Tanushree Mandhyan, Amrisha Pandey and Saloni Gulati.



With great enthusiasm the four House Captains and house members held meetings under the guidance of their respective moderators to plan out the activities for the year 2016-2017. The house meeting brought forth an opportunity for the leaders and the moderators to interact with the house members and to plan out the upcoming events of the entire year because this is a very important year for SMC, being the sesquicentennial year. This interactive session motivated the house members to show case their talents, work on their shortcomings and to work hard together because hard work beats talent, when talent doesn't work hard.

> Saloni Gulati Class 11 D Ishita Mishra Class 11 A



ASISC AQUATIC CHAMPIONSHIP

The ASISC State Level Aquatic Championship was held at Lucknow on 2nd



and 3rd September, 2016. Gulnar Ananya Kumar, Shreya Kumar and Arya Gautam participated from our school. Shreya Kumar won the 1st Prize in the following events:

50 Mts Butterfly Race 50 Mts freestyle race 100 Mts freestyle race 200 Mts Individual medley Shreya Kumar will now represent our school at the



The participants would like to extend a deep sense of gratitude to our Principal, Sr. Mariette for giving them the opportunity to represent our school and

to the teachers, Mrs. Madhulatha Sharma and Mr. Anurag Sharma, for their constant support and guidance.

National Level.

ASISC STATE LEVEL BADMINTON TOURNAMENT

The ASISC State Level Badminton Tournament was held from 27th to 29th August 2016 at Dehradun, Uttarakhand.

In this event, Ananya Raina and Lavanya Raina in the junior category and Pallavi Shakya and Yashashvi Agarwal in the senior category represented our school.

Our players gave a tough fight to the players of Kanpur, Ghaziabad and Lucknow B and qualified for the semi-finals.

Our junior team qualified for the finals and lifted the spirit of our team by securing the third position

The participants would like to express a deep sense of gratitude to their Principal, Sr. Mariette CJ, for giving them the opportunity to participate in the event.

We would also like to thank our mentors, Mrs. Madhulatha Sharma and Mr. Anurag Sharma for their constant support and guidance.





ASISC REGIONAL ATHLETIC MEET

"Don't practice until you get it right, practice until you can't get it wrong. Play each game as if it is your last." -Michael Jordan

The ASISC Regional Athletic Meet 2016-17 held at St. Joseph's college on 6th and 7th September ended as a memorable event for the athletes of the SMC family who brought home great honour and pride by their spectacular performance. Under the able guidance of Mrs. Madhulata Sharma and Mr. Anurag Sharma, our athletes bagged the team championship of the senior girls and junior girls category. Individual Championships were awarded to Aaradhana Singh (senior girls) and Muskan Maurya (junior girls). The victors were as follows:

SENIOR GIRLS CATEGORY:

100 mts: Aaradhana Singh (Gold), 200 mts: Asra Usmani (silver)

400 mts: Ishita Verma (Gold), Hurdles: Aaradhana Singh (Gold), Diksha Verma (Silver)

Long Jump : Aaradhana Singh (Gold)

Shotput : IshitaVerma (Bronze)

Discuss Throw: :IshitaVerma (Silver)

Javelin: Riya Jaiswal (Gold)

4x100 mts Relay: Aaradhana Singh, Ishita Verma, Asra Usmani, Shruti Sharma

JUNIOR GIRLS CATEGORY:

100 mts: Varta Mishra (Silver), 200 mts: Varta Mishra (Silver)

400 mts :Simi Mahboob (Bronze), 800 mts: Pratishtha Sharma (Bronze)

Hurdles: Vanshika Potdar (Gold), Muskan Maurya (Silver)

Long Jump: Riddhima Pathak (Gold), Varta Mishra (Bronze)

High Jump: MuskanMaurya (Gold), AyushiTripathi (silver)
Triple Jump: MuskanMaurya (Gold), VanshikaPotdar (Silver)

Shot Put: RajeyshriyaTripathi (silver)

Discus :Princy Raj (Silver) Javelin :Princy Raj (Gold) 4x100 mts Relay:

Ananya Pandey, Riddhima Pathak, Varta Mishra, Nishtha Mishra

Rashi Singh, Yeshasvi Srivastava and Alisha Usmani were also a part of our team. Most of our athletes have qualified for the STATE LEVEL ATHLETIC MEET to be held at St. Josephs School, Noida. We are grateful to our Principal, Sister Mariette for giving us the opportunity to represent our school.

> Aaradhana Singh Games Captain







SMC Celebrates Teachers' Day

"They burn themselves to light the life of others"







The Teachers' Day programme was celebrated with great fervor in St. Mary's Convent Inter College, Allahabad on 5th September, 2016. The enthusiasm and zeal was palpable as the teachers entered the foyer of the institution. The auditorium was a treat for the eyes depicting the theme of the event, 'Teachers are a gift of God, made for all evens and odds.'

The celebration commenced with a meaningful prayer service invoking God's choicest blessings on 'Our dear Mentors.' Thereafter, the greatness of Saint Mother Teresa, which was felt all over the world on 4th September, 2016 as she was canonized with the title of 'Saint' by Pope Francis in the Vatican City of Rome, was enacted through an inspiring and soul touching performance by the students.

The spectacular band of SMC, with their rhythmic beats left the audience high spirited. The dance drama beautifully portrayed the countless good deeds done by our dear teachers of the institution.

Mrs. Mamta Joshi a veteran English educator and a senior teacher of SMC, in her address to the students urged them to 'Follow the Real Life Heroes than the Reel Life Heroes.' Mr. Vivek Tiwari a revered Accounts teacher of the institution congratulated the students for preparing such a beautiful programme in such a short time.

Our honourable Principal, Sr. Mariette in her address to the staff and students stated that "let us take the inspiration from the life of Saint Mother Teresa and be the messenger of peace, love and compassion. Let us be compassionate to our fellow human beings and take a step towards greatness.

Sr. Rosily in her speech appreciated the dedication and hard work of the teachers. The programme concluded with a fellowship lunch hosted by the management.

> Aditi Upadhyay Sub-Editor English Class XI-D



SMC Spectrum





"Take my life and let me be a living prayer, my Lord, to Thee."

On 8th September, 2016, the SMC Family celebrated the joyous occasion of the birthday of their Patroness Mary, the mother of Jesus Christ, the feast day of their honourable Principal Sr. Mariette and Sr. Preeti, the Girl Child Day and the World Literacy Day.



The programme commenced with the Head Girl Rashi Singh's speech in which she said that Sr. Mariette has been a role model for teachers and students. She appreciated Sister's belief and faith in the students which has transformed them from tender plants to strong stable trees. Good wishes and gratitude were expressed to Sister through bouquets and cards.



A power point depicting the significance of the day was presented. A very meaningful skit was presented by the teachers. Through the depiction of the solar system that affects our life significantly, in all its grandeur, the teachers beautifully brought out the fragrance of the goodness in Sr. Mariette. The heavenly body are intriguing gems but beyond this God has created the most beautiful entities- Human Beings. Among them is one gem that has illuminated the SMC campus with her charismatic persona, Sr. Mariette. A melodious song was sung by the teachers. The representatives of the sisters, teachers, office staff, students and supportive staff presented Sr. Mariette a lighted lamp which was symbolized the sun in all its brightness in the solar system.



Sr. Rosily, the Manager, in her message congratulated the teachers for their dedicated and team work and prayed that SMC may be protected with the mantle of Mother Mary. In her message, Sr. Mariette appreciated the tremendous creativity and innovative ideas of the skit. She placed a challenge in front of the audience to practice at least one virtue possessed by Mother Mary. She urged everyone to contribute towards making a world where truth, love and justice reigns. She said that the love which she has received in SMC will make her a better person who is gentle and compassionate. Sister said that in the solar system each planet moves in its own orbit according to Gods plan and in an orderly manner. This is what God asks from each one of us to move in an orderly manner and to fulfill His plan. Sr. Mariette said, "Let us shine together that there is enough light in this dark world so that every human being becomes what he/she is supposed to be." Sr. Mariette thanked Sr. Marina, Sr. Sagaya and teachers for their tremendous team work. The programme concluded with the singing of the School Anthem.



Aditi Upadhyay Sub-Editor English Class XI-D



DARSHANA SPECIAL SCHOOL INAUGURATED

On 8th September, 2016, St. Mary's Convent Inter College, Allahabad gifted Darshana Special School to the city of Allahabad to cater to the children with varied learning difficulties. Darshana special school is an outreach programme started by SMC in this special year of Mercy, declared by Pope Francis. This being the sequicentenary yeas of SMC, our mission to spread love and joy in the world is taken to greater heights through this programme.

The school will cater to the needs of children with learning difficulties in motor skills, language, reading and writing. This school situated behind St. Mary's Nursery Wing on 21, Thornhill Road, was inaugurated by Mr. Vijay Yadav, DIG of Allahabad range and blessed by Rev. Fr. Rolfie D'Souza, Principal St. Joseph College, Allahabad.

Fr. Rolfie congratulated the management on behalf of the Catholic Diocese of Allahabad, for venturing into such a noble task. DIG Mr. Vijay Yadav appreciated the efforts of the sisters from SMC to reach out to these special children.

> Aditi Upadhyay Student Sub-Editor

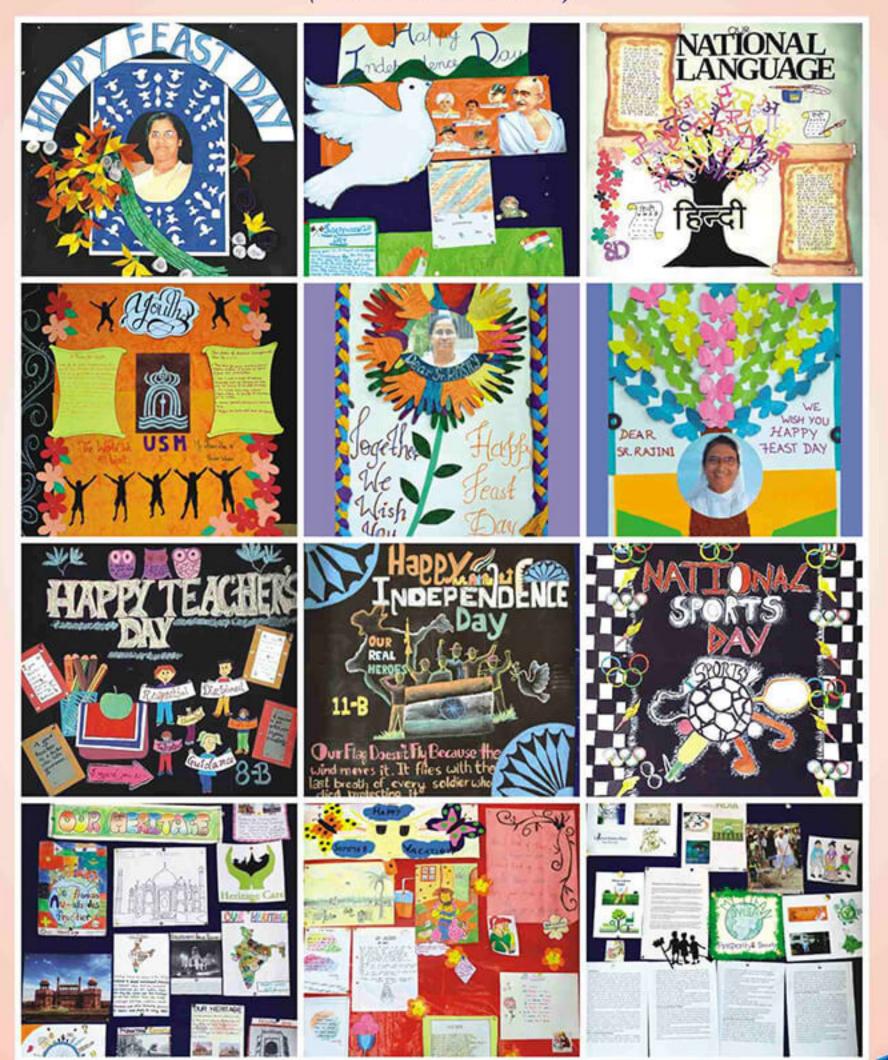








Creativity Unlimited (Our Bulletin Boards)



Diamond Jubliee of Sr. Damacena CJ

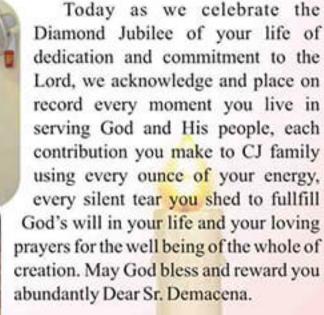
SMC family celebrated our dear Sr. Damacena's Jublice on 17th September, 2016. Here is a glimpse into the precious life of our dear Sister from the Introduction to the Holy Mass by Sr. Marina CJ.

Dear Sr. Damacena, today we join you in celebrating God's faithfulness and mercy which have been the anchor of your dedicated life. Your heart is so at uned to God that at a very tender

age you listened to God's call and entered the religious life as a member of the Congregation of Jesus.

Your child-like faith in God, and your optimistic attitude help you to be a joyful person following Jesus to the best of your ability. Your swift movements and your ardent desire to 'Do good and do it well'', reveal your love for the Lord and His people.

Your reverence and obedience to your superiors, your love and companionship towards, your friends and affection and concern for the young make you an exemplary woman of God.







हमारे विद्यालय के 150 वर्ष

वर्तमान आधुनिक समाज जो हमें प्रत्यक्ष रूप से दिखाई पड़ता है वह शिक्षा से प्रभावित होता है। हम मानते हैं कि शिक्षा द्वारा ही एक सभ्य समाज का निर्माण होता है। हमारा विद्यालय वह वट वृक्ष है जिसकी जड़े समाज में गहराई तक समाई हुई है। 150 वर्षों के स्वर्णिम काल में इस विद्यालय ने अपनी भूमिका को नित प्रति सुदृढ़ एवं गौरवमयी बनाया है। परिवार के दो प्रमुख पहिए होते हैं - नर एवं नारी। परन्तु नारी की भूमिका एक परिवार में इसलिए अग्रणी मानी जाती है क्योंकि वह आने वाले भविष्य के निर्माण में एक सशक्त भूमिका निभाती है। यदि वही नारी अच्छे संस्कारों एवं सदगुणों से युक्त होगी तो परिवार को सही दिशा प्रदान करेगी। जिसका सीधा प्रभाव समाज पर पड़ेगा। उस दिशा में हमारा विद्यालय अपना दायित्व बखूबी निभा रहा है। छात्राओं को बेहतर शिक्षा देना, उनमें आदर्श मूल्यों की स्थापना करना, समयानुसार अपने व्यक्तित्व को विकसित करना, अनुशासन आदि को छात्राओं में स्थापित करके निरंतर समाज के बेहतर निर्माण में हमारे विद्यालय की अग्रणी भूमिका है। समाज को प्रेरित एवं विकसित करने वाली छात्राओं द्वारा यह विद्यालय इसी प्रकार भविष्य में भी अपने कर्तव्यों का सहजता एवं सम्पूर्णता से सदैव पालन करता रहेगा। अपने पथ पर निरंतर अग्रसर रहते हुए हमारे विद्यालय रुपी वाटिका के पुष्पित सुमन आज पूरे इलाहाबाद में ही नहीं अपितु देश-विदेश में भी अपनी सुगंध बिखेर रही हैं। आज हमारे विद्यालय का इस समाज में जो स्थान है उसका पूरा श्रेय इसके गौरवमयी इतिहास में तो है ही साथ ही इसके ऊपर अटूट विश्वास रखने वाले अभिभावकों का भी है। एक छोटी सी बच्ची जब अपनी ममतामयी माँ का ऑचल छोड़कर इस विद्यालय के प्रॉगण में आती है तो वह यहाँ के वातावरण से इतना घूल-मिल जाती है कि उसे विद्यालय अपना दूसरा घर सा ही लगने लगता है। हजारों घरों में ज्ञान, कर्तव्य एवं सस्कारों का दीप जलाने वाले इस विद्यालय के 150 वर्षों के इस स्वर्णिम वर्ष को जीवंत देखने तथा इसका भागी बनने का सुअवसर मुझे प्राप्त हुआ है जो चिरायु तक मेरी स्मृतियों में रहकर मुझे पुलकित करता रहेगा। इसी उपलक्ष्य में विद्यालय में त्रिदिवसीय सांस्कृतिक कार्यक्रमों का आयोजन नवम्बर माह में किया जायेगा। प्रतिवर्ष होने वाले वार्षिक खेलकूदों का भी भव्य रुप से आयोजन अक्टूबर माह में किया जाएगा। इसमें सभी छात्राएँ पूर्ण उत्साह के साथ भाग लेगी तथा उन अविस्मरणीय क्षणों की साक्षी भी बनेगी।

"तुम यूँ ही जीवन पथ आलोकित करना नारी शक्ति को यूँ ही मुखरित करना ज्ञान—दीप से इस भूमंडल को निरतर अवलोकित करना।"

> सागरिका जस्टिना आइजक 10 डी

मेरी प्यारी मम्मी

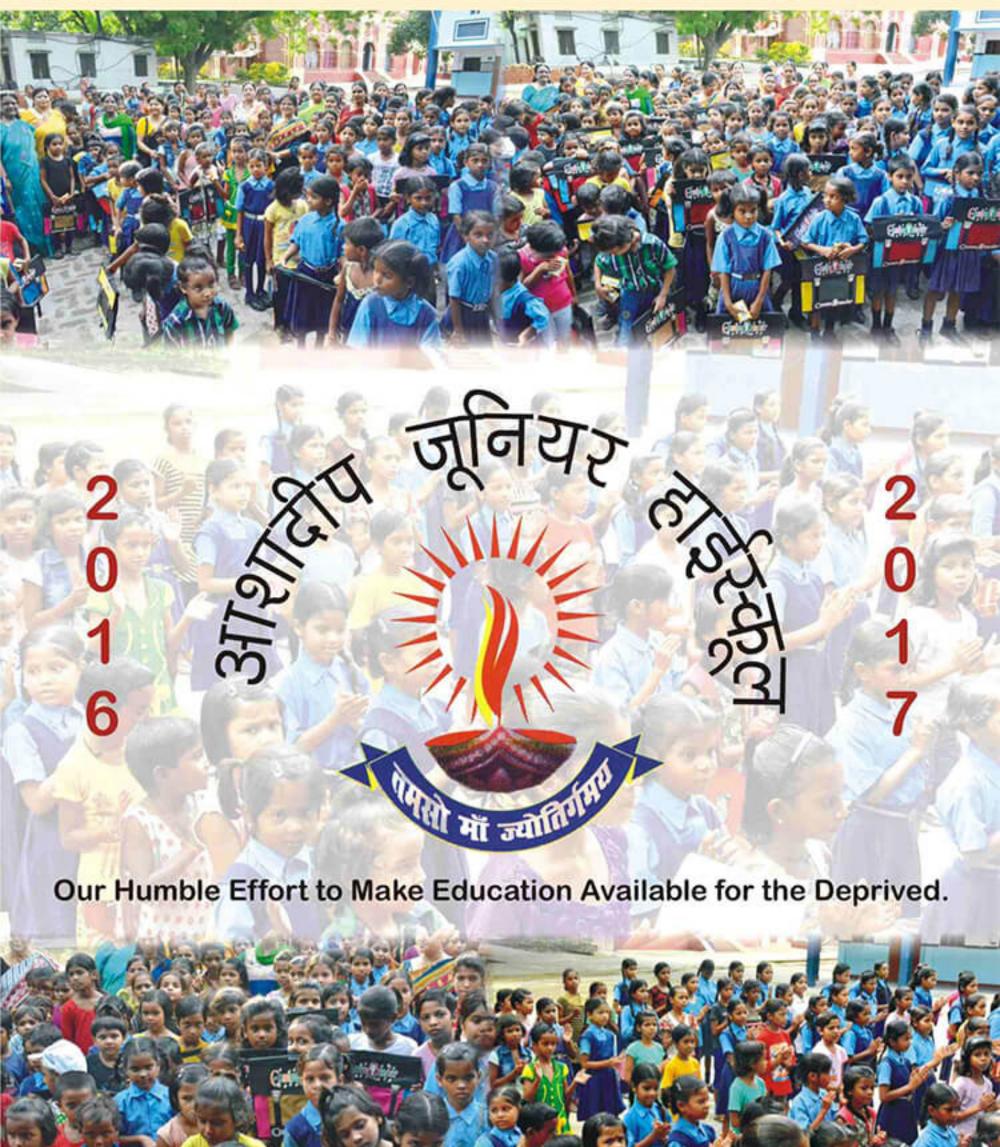
मम्मी मेरी मुझको प्यारी, सारे जग से है वो न्यारी। देख के उसको यूं लगता, खिले फूल की कोई क्यारी। मम्मी मेरी मुझकों प्यारी, ममता की वो मूरत है। और किसी को क्या मैं जानूँ; उसकी मुझे जरुरत है। मम्मी मेरी मुझको प्यारी, सारे जग से है वो न्यारी।

> अंतरा गुप्ता 4 स

कविता मेरी पतंग

मैंने सुंदर पंतग बनाई, ऊँचे आसमान में उड़ाई हवा संग वह उड़ती जाए, इधर—उधर लहराती जाए। मैं भी काश एक पतंग होती, ऊँचे आसमान की सैर मैं करती। कोई मुझे पकड़ न पाता बस फर—फर, फर—फर खूब उड़ती।

> अनिका मिश्रा 1 सी



YOUTH FEST 2016



