

HOPE LIGHTENS WORK
ST. MARY'S
PRAYAGRAJ



SMC SPECTRUM

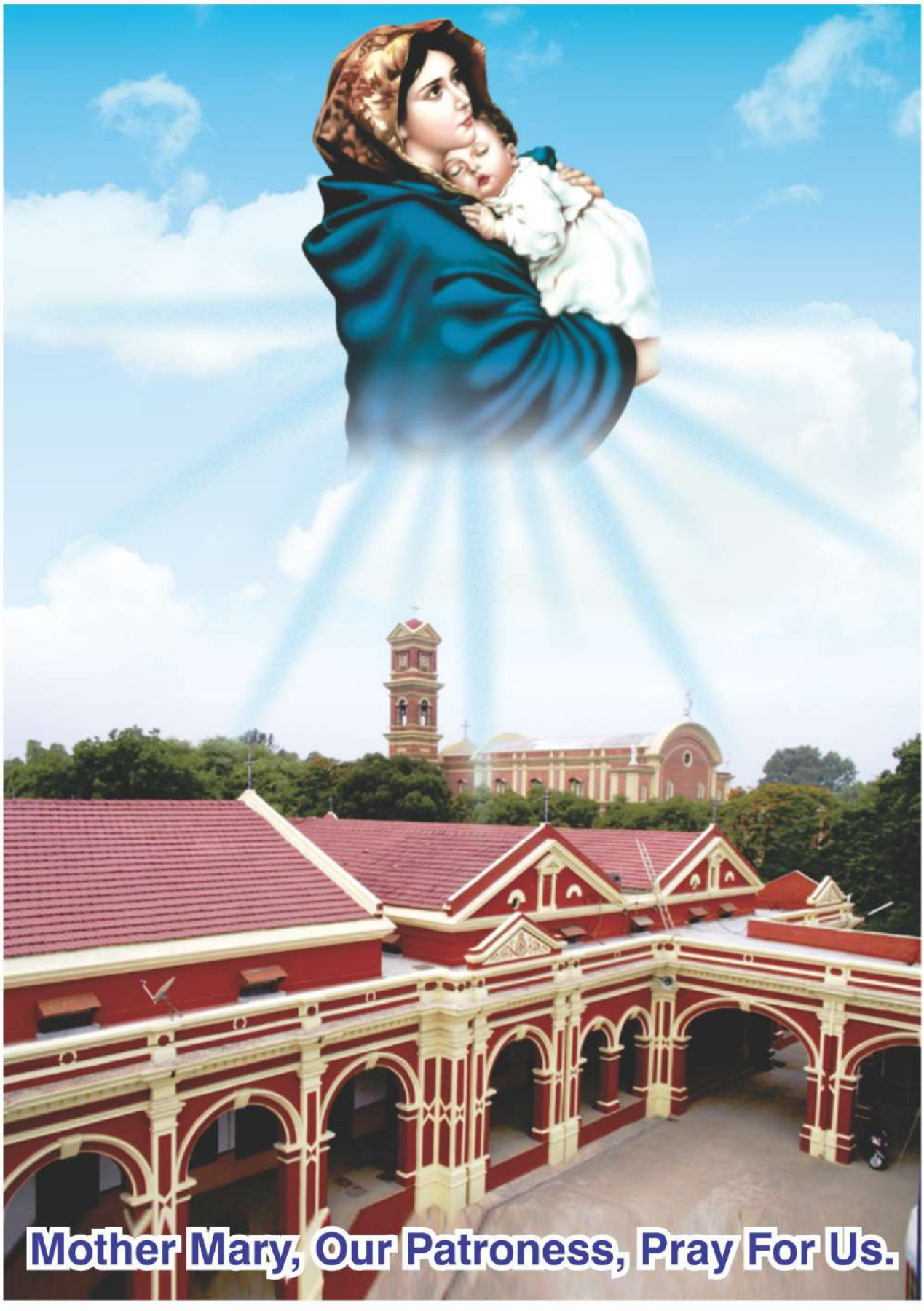
2025-26



ST. MARY'S CONVENT INTER COLLEGE

PRAYAGRAJ

Designed by : Eshanvi Agrawal 11-C


Mother Mary, Our Patroness, Pray For Us.



PRINCIPAL'S MESSAGE

Dear Students, Teachers, Parents and Well-wishers,

We live in a world that is witnessing rapid changes and unprecedented challenges. Across nations, we see conflicts, violence, growing divisions, economic uncertainties and a disturbing erosion of human values. Technology has connected the world like never before, yet many hearts remain disconnected from compassion, understanding and trust. In such a social and political climate, humanity stands in need of a new awakening—an awakening that begins in the hearts of young people.

It is in this context that our theme for the year, *"Together for Peace, United in Trust,"* inspired and guided every endeavour of the SMC family. Through academics, leadership opportunities, cultural programmes, outreach initiatives, and moments of prayer and reflection, we sought to nurture young minds and hearts that may become beacons of hope and agents of positive change.

As Mahatma Gandhi reminded us, *"The future depends on what you do today."* The choices we make, the values we uphold, and the relationships we nurture shape not only our own lives but also the world around us. Education must therefore form not only intelligent minds but also kind, responsible and compassionate hearts.

At SMC, we firmly believe that education is not merely the pursuit of knowledge but the formation of character. Our mission is to empower students to lead with integrity, serve with compassion, and build bridges of understanding wherever they go, thereby contributing to the creation of a civilization rooted in peace, love, justice and reconciliation.

The pages of this magazine bear witness to that very mission. They capture not only the academic, cultural and co-curricular accomplishments of our students but also the values, experiences and lessons that have shaped their growth throughout the year.

Dear St. Marians, it gives me great joy to present another edition of our school magazine—a vibrant reflection of the talents, creativity, aspirations and accomplishments of the SMC family. More than a collection of articles and photographs, it is a celebration of the milestones and cherished memories of the year gone by.

As we celebrate these achievements, I express my heartfelt gratitude to the editorial team, teachers and students whose dedication, hard work and creativity have made this publication possible. Above all, we thank Almighty God for His abundant blessings and guidance throughout the year.

May we continue to walk together in trust, spread peace through our actions, and build a future filled with hope, harmony and love.

With prayers and best wishes,

Sr. Lissy CJ
Principal

VICE PRINCIPAL'S MESSAGE



Dear Parents, Teachers, and Students,

The academic session 2025–26, which inspired us with its clarion call for peace and unity through the theme "Together for Peace, United in Trust," has come to a graceful close. We have now embarked on the journey of a new academic year, placing our trust in the Divine, whom we believe will guide every step we take.

As SMCites, we stand firmly committed to promoting peace in the world. It is, therefore, deeply concerning to witness the growing departure from the path of peace, as nations engage in conflicts and senseless bloodshed, creating an atmosphere of fear, uncertainty, and economic instability. At such a time, we are called upon to reaffirm our commitment to building a more peaceful and just society and to work tirelessly towards that goal.

Someone has rightly said, "The peacelessness we see around the world is a magnification of the peacelessness within individual hearts." Therefore, nurturing hearts that are peaceful, compassionate, and understanding is essential if we aspire to create a harmonious world. Peace must begin within ourselves, extend to our families, flourish in our classrooms, and be reflected in our places of work and recreation. All our academic achievements will have little meaning if we fail to accomplish this fundamental objective.

Our school continues to emphasize value-based education as we strive for the holistic development of our students. We hope that our students will grow into responsible citizens and strong pillars of society, contributing towards the realization of a just, harmonious, and peaceful world where mutual trust, respect, and cooperation serve as the foundation of progress.

I am confident that the academic session 2026–27 will provide each one of us with enough successes to cherish the rewards of our hard work and enough challenges to strengthen our resolve and prepare us to face life with courage and determination.

As I conclude, I extend my heartfelt wishes to all of you for the new academic year. May it bring abundant opportunities for growth and inspire you to become confident, peaceful, compassionate, and trustworthy individuals for whom the world eagerly awaits.

With warm regards,

Sr. Namita CJ
Vice Principal



FROM THE EDITOR'S PEN

MESSAGE

Divine Greetings, Dear Readers,

Another beautiful chapter in the journey of our sacred institution has gracefully drawn to a close, and we now find ourselves embracing a new academic year filled with hope, opportunities, and fresh aspirations. May the Lord continue to shower His choicest blessings upon our institution and keep us safe and protected under His loving aegis.

We are living in the era of Gen Z and Gen Alpha—generations that are sensitive, expressive, emotionally aware, creative, and remarkably perceptive. Yet, despite these admirable qualities, many young minds today struggle to cope with setbacks, failures, disappointments, and losses. They often feel shaken, broken, or defined by temporary defeats. However, true strength of character lies not in never falling, but in rising every time we fall.

Dear students, we understand that social media and artificial intelligence have become an integral part of your lives. While these innovations offer immense possibilities, remember that your life, heart, mind, and soul are real— 'NOT ARTIFICIAL'. The fabric of life is woven with virtues, values, talents, determination, and faith. If we create perforations in this fabric through excuses, indifference, self-doubt, or complacency, we risk allowing these precious qualities to slip away. Let us instead strengthen this fabric with integrity, discipline, gratitude, and compassion, so that we may grow into confident and responsible individuals.

As we celebrate another year of achievements, memories, and milestones through the pages of SMC Spectrum 2026, I would like to express my heartfelt gratitude to Reverend Sister Sumita, Reverend Sister Namita, and all our Reverend Sisters for their constant encouragement, guidance, and prayers.

A special word of thanks to Reverend Sister Lissy for meticulously reviewing the magazine and offering valuable suggestions that enriched its content. My sincere appreciation also goes to the E-Care staff, especially Ms. Almeen Zamal, for promptly providing photographs from the school website.

I am grateful to the Editorial Board for transforming this publication into a vibrant reflection of our school's spirit. The current edition of SMC Spectrum 2026 is a rich concoction of literary expressions, creative thoughts, artistic brilliance, achievements, memories, and aspirations.

As you turn the pages, may you find inspiration, joy, and a sense of belonging.

May the bonhomie between the creators and readers of this spectacular edition of SMC Spectrum 2026 continue to flourish, fostering a lifelong bond of learning, growth, and shared memories.

Wishing you all a delightful reading !!!!

Monica Mohla
Editor-in-Chief

Editorial Board 2025-26



(Left to Right)1st Row - Fatima Afifa (English Chief Editor), Arisha Feroz (English Sub Editor), Rev. Sr. Lissy (Principal), Rev. Sr. Namita (Vice-Principal), Anwita Kumar (Hindi Sub Editor), Pragati Kumari (Hindi Chief Editor)

(Left to Right) 2nd row - Ms. Maumita Chatterjee, Ms. Asha Singh (Editor-in-Chief Hindi), Ms. Sana Hashmi, Ms. Monica Mohla (Editor-in-Chief English), Ms. Naina Sharma, Ms. Kusum Ross

From My Journal to Yours.....

The real voyage of discovery consists not in seeking new landscapes, but in having new eyes." - Marcel Proust



It is with great honor and heartfelt gratitude that we present the 2025–26 edition of SMC Spectrum, a collection shaped by many hands and many voices. Before anything else, I extend my heartfelt gratitude to our Manager, Rev. Sr. Sumita CJ, our Principal, Rev. Sr. Lissy CJ, and our Vice Principal, Rev. Sr. Namita CJ, for their unwavering encouragement and faith.

I am especially grateful to Ma'am Monica Mohla, whose clarity and reassurance anchored this journey, and to my Sub Editor, Arisha Feroz, whose consistency, support, and creativity were constant throughout the year. Working alongside her made my editorship lighter in ways that truly matter. I would also like to acknowledge my Co-Chief Editor, Pragati Kumari, for her role and support.

Serving as Chief this year allowed me to listen closely to the opinions, questions, and beliefs that move through our school. It altered my relationship with writing in ways I did not expect. Before this badge was pinned upon me, writing was truly instinctive for me. It was something I returned to for comfort and leisure, unburdened by consequence. Editorship, however, demanded intention. Words were no longer simply written to be felt. They had to carry meaning without spectacle, to speak without drowning out others, and to listen even while taking space. It taught me that not every sentence exists to impress. Some must simply remain true.

Somewhere along the year, while reading through a novel late one evening, I felt something inside me. I realised how rare it has become to read without urgency, to stay with a paragraph rather than race past it. To truly see what it holds. We live in a time that rewards speed and overlooks depth. We skim more than we feel. We scroll more than we stay. That night, turning each page carefully, I felt the quiet comfort of stillness, the kind that reminds you why stories mattered in the first place.

Perhaps that is what I hope for, for myself and for every reader who reads this version of the SMC Spectrum, that we pause, that we allow each piece the dignity of attention. That we read not to finish, but to understand. Each page of this edition carries fragments of thought, emotion, confusion, courage, and becoming. They are not meant to be rushed through. They are meant to be sat with.

Maybe, in slowing down, we find ourselves again. Maybe we learn to look at familiar things with new eyes. And maybe, in choosing to feel rather than skim, we keep that connection alive, quietly, together.

Because sometimes, all it takes for change is a new pair of eyes.

Fatima Afifa Chief Editor - English

सपनों के पथ पर दृढ़ संकल्प

दृढ़संकल्पः एव सफलता याः मूलम्।



सर्व प्रथम, मैं सर्वशक्तिमान परमेश्वर को सादर नमन करते हुए धन्यवाद ज्ञापित करती हूँ, जिन्होंने मुझे अपनी भावनाओं को अभिव्यक्त करने तथा अपनी क्षमताओं को प्रमाणित करने का अवसर प्रदान किया। उनके आशीर्वाद से ही मैं विद्यालय के प्रति अपने दायित्वों का पूर्ण निष्ठा के साथ निर्वहन कर सकी।

मैं विद्यालय प्रबंधन की आदरणीया सिस्टर सुमिता, प्रधानाचार्या आदरणीया सिस्टर लिसी, शिक्षक - संपादिका संघ की सदस्याओं की मैम आशा सिंह एवं मैम मोनिका मोहला के प्रति उनके उत्तम मार्गदर्शन और सहयोग के लिए हृदय से कृतज्ञता व्यक्त करती हूँ। साथ ही, मैं मुख्य संपादिका (अंग्रेजी) फातिमा अफीफा एवं हिंदी सह-संपादिका अन्विता कुमार का भी हार्दिक आभार व्यक्त करती हूँ, जिनके बहुमूल्य योगदान से सत्र 2025-26 की इस पत्रिका का संपादन सफलता पूर्वक संपन्न हो सका।

"स्वप्नान् साकारयितुं यः परिश्रमं करोति,

सः अवश्यमेव सफलतां प्राप्नोति।"

अर्थात जो अपने सपनों को सच करने के लिए परिश्रम करता है, वह अवश्य सफल होता है। एक विद्यार्थी के जीवन का सबसे महत्त्वपूर्ण लक्ष्य अपने सपनों को पहचानना और उन्हें साकार करने का साहस रखना होता है।सपने केवल देखने से पूरे नहीं होते उनके लिए निरंतर परिश्रम, अनुशासन और अभ्यास आवश्यक है। जीवन-पथ पर असफलताएँ अवश्य आती हैं, किंतु वे हमें रोकने के लिए नहीं, बल्कि और अधिक दृढ़ बनने की सीख देने के लिए होती हैं।

समय का सदुपयोग, आत्मविश्वास और सकारात्मक सोच प्रत्येक विद्यार्थी को उसके लक्ष्य के निकट ले जाती है। जब विद्यार्थी पूरे मन, निष्ठा और लगन के साथ अपने पथ पर आगे बढ़ता है, तब सफलता स्वयं उसका मार्ग प्रशस्त कर देती है। अपने सपनों की राह पर चलते समय हमें सदैव शांत, संयमित और अपने उद्देश्य के प्रति सच्चा रहना चाहिए। जल्दबाजी, भय अथवा दूसरों से तुलना हमें हमारे लक्ष्य से भटका सकती है, इसलिए अपने प्रयासों पर विश्वास बनाए रखना आवश्यक है।

सच्ची लगन और ईमानदारी से किया गया परिश्रम कभी व्यर्थ नहीं जाता। शांत मन से लिए गए निर्णय ही हमें सही दिशा दिखाते हैं। धैर्य, निरंतरता और आत्मविश्वास के साथ अपने सपनों के पथ पर आगे बढ़ना ही सफलता का सबसे सुदृढ़ आधार है।

प्रगति कुमारी - मुख्य हिंदी संपादिका

12 'अ'

सकारात्मकताः जीवन का आधार



'सकारात्मकता' एक ऐसा शब्द है जिसका उपयोग हमने अपने दैनिक जीवन में कई बार सुना है। आज-कल की दुनिया में जहाँ कई युवा अवसाद (Depression) जैसी गंभीर अवस्था का शिकार होते जा रहे हैं, वहाँ युवाओं की निराशा और पराजय को स्वीकार करने तथा उनसे उभर कर आने की क्षमता समय के साथ-साथ कम होती जा रही है। बढ़ती असफलताएँ जब नकारात्मक विचारों को जन्म देने लगती हैं, तब हमें इस एक शब्द के असली महत्त्व का एहसास होता है।

सकारात्मकता का अर्थ केवल हर समय मुस्कुराना ही नहीं होता, बल्कि यह एक दृष्टिकोण है। इसका तात्पर्य एक अलग नजरिए से है। हमारे जीवन की परिस्थिति चाहे कैसी भी हो, मायने यह रखता है कि हम उसे किस दृष्टिकोण से देखते हैं और हमारे विचार हमें किस ओर लेकर जाते हैं। किसी कार्य में असफलता प्राप्त करने के पश्चात् हमारे मन में सबसे पहले कौन सा विचार आता है? "मैं असफल हुई क्योंकि मैं दूसरों से कम हूँ" या "मैं असफल हुई किंतु मैं इससे कुछ सीख सकती हूँ।" विचारधारा में बस इतना सा अंतर लाने से एक व्यक्ति का जीवन बदल सकता है।

रहीम जी का एक बहुत प्रसिद्ध दोहा हैः

"रहिमन चुप हो बैठिये, देखि दिनन के फेर।
जब नीके दिन आइहैं, बनत न लगिहैं देर॥"

रहीम जी ने इस दोहे के माध्यम से बताया है कि असफलता के कठिन दिनों में हमें विचलित नहीं होना चाहिए। जब सही समय आता है, तब सारे काम स्वयं ही बन जाते हैं। जो चीजें हमारे नियंत्रण में नहीं हैं, उन पर दुखी होने के बजाय, हमें उन चीजों पर ध्यान देना चाहिए जो हमारे नियंत्रण में हैं और उस दिशा में कठिन परिश्रम करना चाहिए। हर असफलता हमें कुछ न कुछ सिखाती है। जो व्यक्ति अपनी असफलताओं से सीखकर आगे बढ़ना जानता है, उसे दुनिया की कोई शक्ति नहीं रोक सकती। निराशा की आँधियों में अडिग रहकर और असफलताओं से सीख लेकर आगे बढ़ने की मनोदृष्टि को ही 'सकारात्मकता' कहते हैं।

अनविता कुमार
11-'अ' (उप-हिंदी संपादिका)

Head Prefect's Message

कम यकमयः पयेदकमण च कमयः ।
स बुमामनुयेषुस युः कृनकम कृत् ।।



Leadership begins with accepting responsibility not for oneself, but for an entire institution. With this understanding, and by the grace of the Almighty, I was entrusted with the role of Head Prefect for the academic year 2025–26. It was a privilege to be the first student to hold this responsibility, under the guidance of our Manager, Rev. Sister Sumita C.J., our Principal, Rev. Sister Lissy C.J., and our Vice Principal, Rev. Sister Namita C.J.

I am also sincerely grateful to my Animator, Ma'am Latha Abu, for her consistent support and guidance throughout the year.

As this academic session concludes, I look back on a journey that has been both instructive and grounding. This school has always been more than an educational institution to me. From the classrooms to co-curricular platforms, each experience contributed to shaping our understanding of responsibility, cooperation, and integrity. It has taught us that leadership is rooted in service, accountability, and collective effort. Every role we undertook, whether large or small, carried the same purpose of contributing positivity to the institution and to one another.

I extend my sincere thanks to all my teachers for their guidance and patience, to my parents for their continued encouragement, and to my friends for their steady support.

I would also like to acknowledge the dedicated Traffic Pilots from Classes IX and X, whose discipline, cooperation, and sense of responsibility ensured order during dispersal and supported in maintaining smooth functioning within the school.

As we move forward, may we carry with us the values this institution has instilled in us. Let us remain guided by purpose rather than position, and continue to contribute wherever we go, remembering that the truest measure of our education lies in the impact we make beyond these walls.

Aditi Shukla
Head Prefect (2025–26)

CHRONICLES 2025-26

APRIL

- 3rd- School reopened for Classes I to X and XII, marking the beginning of the new academic session.
- 12th- Handwriting Competition was conducted for Classes III and IV.
- 12th- Creative Writing Competition was organised for Classes IX to XII.
- 12th- Poster-Making Competition was held for Classes VI to XII.
- 23rd- Tribute was paid to His Holiness Pope Francis, honouring his life and contributions.
- 23rd- Speech Competition was conducted for Classes III and IV.
- 23rd- Handwriting Competition was organised for Class II.
- 29th- Drawing Competition was conducted for Classes I to IV.
- 29th- Writing Competition was organised for Classes V to VIII.

MAY

- 1st- Vibrant celebration of Labour's Day was held, recognising the dedication and hard work of thesupportive staff.
- 3rd- Solo Dance Competition for Classes III and IV was organised.
- 3rd- The Investiture Ceremony 2025–26 was conducted, marking the installation of the newly elected school cabinet.
- 5th- An Inter-House Declamation for Classes VII and VIII was held.
- 5th- Solo Dance Competition for Class I was conducted.
- 6th- Tetanus and diphtheria vaccination was carried out, ensuring the health and well-being of students.
- 6th- An Inter-House Declamation for Classes IX to XII was held, promoting expression and confidence.
- 6th- Solo Dance Competition for Class II was conducted.
- 7th- Mock Drill on disaster preparedness was conducted, creating awareness and ensuring safety readiness.
- 12th- The Investiture Ceremony of Traffic Pilots 2025–26 was conducted.
- 16th- NCC offline enrollment for 2025–26 was carried out.
- 16th- The USM initiative "Guardians of Nature: Small Acts, Big Change" was organised, promoting environmental awareness.
- 19th- The first day of Summer Camp 2025 commenced with enthusiasm.
- 31st- The grand finale of the Summer Camp was held, celebrating participation and talent

JUNE

- 21st - Celebration of the International Yoga Day with great enthusiasm and participation.
- 23rd - School Reopened for Classes IX to XII.
- 30th - Staff gathering, briefing, and orientation session.

JULY

- 1st - Students' Orientation Programme 2025 for Classes IX to XII was held.
- 3rd - School Reopens for Classes I to VIII.
- 5th - Joyous celebration of Principal's Day honouring Rev Sr Lissy.
- 10th - Farewell ceremony was held for Sr Regina and Ma'am Rohini, expressing gratitude and bestwishes.
- 11th -"Harmony in Action" was presented as a report on the FMW, JPIC, and USM meeting, highlightingcollaborative efforts.
- 11th - Storytelling Competition for Class I was conducted.
- 12th- FMW initiative was carried out through the distribution of notebooks to Ashadeep students, promoting care and support.
- 14th- Seminar on legal studies titled "Exploring the Legal Horizon" was organised, enhancing awareness and knowledge.
- 14th- Meeting was conducted for USM leadership training at Indore, focusing on developing leadership skills.
- 14th - Storytelling Competition for Class II was held.
- 16th- USM Foundation Day was observed through a long assembly conducted by USM, spreading awareness and values.
- 16th- Plantation drive was carried out by JPIC members, promoting environmental responsibility.
- 18th- Felicitation ceremony 2025 was organised, recognising the achievements and excellence of ICSE and ISC students.
- 22nd - Choral Recitation Competition for Class IV was held.
- 24th - Choral Recitation Competition for Class VI was organised.
- 25th - Fancy Dress Competition for Classes I and II was conducted.
- 25th - Choral Recitation Competition for Class VII was held.
- 26th- USM leadership training session was conducted, focusing on developing responsibility and leadership qualities.
- 26th- Paper Bag-Making Competition was organised by the Eco Committee for Class VI.
- 26th- Training of first and second-year NCC cadets was conducted.
- 26th - Choral Recitation Competition for Class III was organised.

AUGUST

- 1st - Class 1 Singing Competition was held.
- 1st - JPIC moot court activity was organised to offer students practical exposure to legal reasoning, courtroom procedures, and advocacy, echoing JPIC's mission of nurturing socially responsible and justice-driven individuals.
- 2nd - FMW members visited the Old Age Home.

- 11th-"Desh Ke Rang Geeton Ka Sangram" was conducted, celebrating patriotism through music.
- 11th- Inter-House Science Quiz was organised, encouraging scientific knowledge and thinking.
- 11th- The ASISC Zonal Creative Writing Competition was conducted.
- 11th- Group Dance Competition was held for Class II.
- 12th- Fancy Dress Competition was organised, encouraging creativity and imagination.
- 12th- Inter-House Patriotic Dance Drama was presented by students of Class VIII.
- 12th- Card-Making Activity was conducted for Classes I and II.
- 18th- USM outreach programme "Spreading Love and Compassion" was organised, promoting empathy and service.

SEPTEMBER

- 3rd - SUPW Exam Showcase for Classes III to X.
- 6th - Teachers' Day celebration honoring the gardeners of the mind and expression of gratitude and appreciation to the teachers.
- 9th- Orientation programme on Heartfulness meditation was organised, promoting inner peace and mindfulness.
- 10th- Orientation programme for Class IX was conducted by the Alumnae Association of SMC.
- 13th- Fashion Design Exhibition was organised by Classes XI to XII, showcasing creativity and innovation.
- 16th- Hindi Diwas was celebrated, promoting love and respect for the national language.
- 16th- School tour experience was organised for students of Class III.
- 26th- Ration distribution drive was conducted, supporting community welfare.

OCTOBER

- 18th - Diwali Celebration for Classes I and II.

NOVEMBER

- 1st - The Quest - Annual Concert 2025, a spectacular showcase of talent, creativity, and hope.
- 3rd- NCC cadets of first and second year, along with ANO Ma'am Seema Tiwari, visited the policeline to witness the Yatayat opening ceremony.
- 6th- Gunj - Annual Function of Ashadeep Junior High School was held with great enthusiasm.
- 7th- USM meeting was conducted for the KNIT India 2025 briefing.
- 8th- Peace club meeting was held, promoting harmony and understanding.
- 11th- Paper bags were made out of old newspapers and later distributed to vendors by Class VI.
- 12th- Seminar was conducted by members of FMW, emphasising the importance of compassion, empathy, and justice.
- 14th- Children's Day was celebrated with joy and enthusiasm.

- 15th- Solo regional dance competition was organised by Ashadeep Junior High School.
- 19th- Celebration of International Men's Day was conducted.
- 19th- Parents' Day celebration was organised by Class II.
- 20th- Parents' Day celebration was organised by Class I.
- 20th- An educational trip was organised for Classes IX and XI to Lucknow for the Model United Nationsat La Martinière College (LMUN).
- 22nd- Children's Day picnic was organised for Classes I and II, creating memorable experiences.
- 24th- NCC training camp was conducted for Classes VIII and IX.
- 24th- Lifestyle awareness session was conducted for Classes IX and XI, promoting healthy living.
- 26th- Master Chef Competition was organised for Class IV.
- 28th- Assembly was conducted by catechism students on the theme "Faith That Conquers, Love That Forgives", spreading values and reflection.
- 29th- Master Chef competition was organised for Class III.
- 29th- Young Inventors Science Model Exhibition was organised, where the young innovators of ClassVI showcased a vibrant display of models based on Physics, Chemistry, and Biology.

DECEMBER

- 13th- The Annual Athletic Meet 2025 was organised, showcasing sportsmanship, energy, and team spirit.
- 14th- JPIC members visited the Robin Hood Army.
- 15th- Students of Classes III and IV spent their day at Chandra Shekhar Azad Park, enjoying a refreshingouting.
- 15th- An excursion to Allahabad Fort was organised as a school picnic for Class V.
- 15th- Ashadeep Junior High School had a picnic at the Elephant Park, creating joyful experiences.
- 17th- Visit to the Lepers' Colony at Karela Bagh, Prayagraj, was organised for Class VII students, fostering empathy and awareness.
- 18th-"The Last Bell: The Thanksgiving Assembly" was conducted by Class XII, who expressed heartfeltgratitude towards their alma mater.
- 19th- Alumnae Meet 2025 was organised, rekindling bonds and cherished memories.
- 20th- Christmas was celebrated with joy, warmth, and festive spirit.

JANUARY

- 12th- Birthday of Rev. Sr. Sumita and Rev. Sr. Namita was celebrated with joy and gratitude.
- 18th- NCC 'A' Certificate Examination of 6 UP was conducted, assessing cadets' skills and training.

- 25th- Prayer service was held for Sr. Damascena C.J.
- 26th- 77th Republic Day was celebrated with patriotic fervour and enthusiasm.
- 27th- Non-fire cooking activity was organised at Ashadeep, encouraging creativity and life skills.
- 30th- Visit to Divya Jyoti Niketan was organised, promoting awareness and compassion.
- 30th- The death anniversary of Mother Mary Ward and Mahatma Gandhi was observed, remembering their contributions and values.
- 31st- Farewell ceremony was organised for Class XII, marking the end of their school journey and wishing them success ahead.

FEBRUARY

- 3rd- Birthday of Sr. Martha was celebrated with joy and gratitude.
- 6th- FMW Meet: "Mary Ward – A Visionary with a Spirit of Revolution". A Training-of-Trainer's Programme commenced on 6th February 2026 and continued till 8th February 2026, focusing on valuesand leadership.
- 7th- Picnic was organised for Class XI at Ambika Palace, Pratapgarh.
- 9th- Picnic was organised for Class IX at Planters Bungalow, creating enjoyable experiences.
- 12th- Plantation drive was carried out by Class III, promoting environmental awareness.
- 13th- Picnic was organised for Class VI at Company Garden (Azad Park), followed by a visit to the Allahabad Museum within the same premises.
- 16th- Picnic was organised for Class VIII at Planters Bungalow.
- 16th- JPIC members visited Dhanraj Old Age Home, spreading care and compassion.
- 17th- Staff picnic was organised at Planters Bungalow.
- 18th- Class picnic was organised for Class VII at the Parle-G factory, combining educational exposure with fun experiences.

MARCH

- 7th- Women's Day was celebrated, honouring the spirit and strength of womanhood.
- 16th- Prayer service was held for Reverend Sister Celine C.J, offering respect and prayers.
- 23rd- Thanksgiving prayer service was conducted, expressing gratitude and reflection as the academic session for Classes 1 and 2 concluded on a positive and celebratory note.
- 30th- Report cards and certificates were distributed, marking the conclusion of the academic evaluation.
- 31st- Farewell was organised for our respected coworker, Shri Hira Ji, expressing appreciation for hisdedicated service.
- 31st- Concluding programme of hobby classes was conducted, showcasing students' talents and creativity.

Adieu Dear Sr. Regina and Ma'am Rohini

The blessed morning of 10th July, 2025, was marked by a tapestry of emotions—deep gratitude, cherished memories, and a gentle sense of farewell—as we honoured two extraordinary individuals, our dearest Sr. Regina and Ma'am Rohini. Their presence has been a profound blessing, and their years of dedicated service stand as a testament to God's grace at work within our institution.

Sr. Regina, with her unwavering faith, humility, and selfless commitment, has been a guiding light in nurturing the spiritual and moral fabric of the institution. Her tireless efforts for its growth and her compassionate approach towards all have left an indelible mark that will continue to inspire generations to come. Ma'am Rohini, as an educator, has exemplified excellence, dedication, and a deep love for teaching. Her commitment to shaping young minds, her patience, and her ability to inspire confidence and curiosity in her students have made her an invaluable pillar of the academic community. Their legacy is not merely in the years they served, but in the countless lives they touched, the values they instilled, and the enduring spirit of excellence and compassion they leave behind. As they step into a new chapter of life, they carry with them the heartfelt gratitude and prayers of an institution forever enriched by their presence.

The SMC Family will forever be grateful for their remarkable contributions and wish them good health, joy and abundant blessings.




We salute your noble journey. Wishing you good luck

In Gratitude - Sr Regina's Farewell Speech



Good afternoon to all gathered here.

"I thank my God every time I remember you."

(Philippians 1:3)

Respected Sr. Sumita, our Manager, Sr. Lissy, our esteemed Principal, Sr. Namita, our Vice-Principal, Sr. Josita, all my dear Sisters, beloved colleagues in the office, and our diligent staff - thank you for being here to share this moment with Rohini Ma'am and with me. I am who I am today because of the sacred trust and experiences I had here in SMC for 12 years in different phases of my life.

This is the 3rd round for me here in the SMC family; and each ***time I walked into the portal*** of this temple of learning, it was always with a humble prayer in my heart "Here I am, Lord. Send me." (Isaiah:6:8). Today, as I prepare to step into another phase of my vocation, I bow my head in deep gratitude - for the journey, the people, the lessons, and the countless blessings I have received during these years of service. My time in the school office as an accountant may have seemed like a quiet role behind the scenes, but in every ledger I balanced, every receipt I filed, every staff query I addressed, every student I attended to, and every parent I met, I saw an opportunity to serve. For me, numbers were never just numbers; they were symbols of trust, care, and stewardship.

In the moments of calm and chaos, I tried to stand faithfully beside our leaders and colleagues, supporting decisions, sharing burdens, and lifting hearts. When challenges arose— and they surely did—I recalled the Bible verse ***"I will go before you and level the mountains that you may know that it is I the Lord the God, who called you by your name."*** (Isaiah: 45:2). To all my Principals I have served under, and very specially ***Sr. Lissy, today, thank you*** for your trust. Your leadership has been a beacon of resilience and grace. To my Provincials and Superiors, your faith in me and your unwavering guidance have helped me navigate seasons of growth and transition.

To my wonderful colleagues in the office and the e-Care Team —thank you for your companionship, patience, and shared laughter. You made even the busiest days feel light. To all my dear teachers and the ever-supportive staff, it was a joy to stand beside you in our common mission.

As I now step forward into another chapter of my religious calling, I do so, carrying the wonderful memories of being together, hemmed with the threads of joy, trials, laughter, and prayer. I ask for your continued prayers not for ease, but for faithfulness. I want to remain a vessel for God's work wherever I go.

If in any way, great or small, my time here has brought ease, light, love, or a smile into your life, ***then I leave content and grateful,*** and if I have brought any pain and discomfort, please accept my sincere apologies. I leave you with a prayer that all of you in SMC 32 family may continue to prosper under God's watchful gaze. May every student who walks through the corridors of this institution grow in wisdom and grace. May all the teachers and staff find joy in their vocation, and may the entire school family remain united in purpose and peace. Through the powerful intercession of Mother Mary Ward, our guiding star and a fearless woman of faith, I pray that you continue to uphold the values we cherish— the values of freedom, justice, sincerity, and felicity.

Thank you.

God bless you all abundantly.

-Reverend Sr Regina C.J.

A Day Of Reverence & Recognition - Principal's Day Celebration

On the morning of 5th July, the school was filled with an air of reverence and joy as Principal's Day was celebrated in honour of our beloved Principal, Reverend Sister Lissy CJ. The day commenced with a short prayerful assembly, invoking God's blessings for her continued strength and guidance. A vibrant cultural programme followed in the Upper Concert Hall, where students and staff expressed their love and gratitude through graceful dances, a meaningful dance drama, and a lively Nukkad Natak, each reflecting admiration for her dedicated service. Beyond the celebrations, the day symbolised the profound role of a Principal as the guiding force of an institution. Reverend Sister Lissy embodies wisdom, compassion, and unwavering commitment, nurturing not only academic excellence but also moral and spiritual growth. Her leadership has shaped the school into a harmonious and value-driven community. Principal's Day thus stands as a tribute to her tireless efforts and visionary guidance. It is a moment to express heartfelt gratitude for a leader whose influence continues to inspire, uplift, and illuminate the path of every member of the school family.



Principal's Day Celebration
















ST. MARY'S CONV






for helping


WE
YOU


Happy
Birthday


Thank You For helping us Walk in the Right Direction

"Pillars of Strength, Beacons of Light"

Birthday Celebration of Our Dear Sr. Sumita, Sr. Namita and Sr. Sheela

Blessed by a divine morning filled with joy and gratitude, a special assembly was held on January 12, 2026, to celebrate the birthdays of Rev. Sr. Sumita CJ (Manager), Rev. Sr. Namita (Vice Principal), and Rev. Sr. Sheela CJ. The event became a heartfelt tribute to faith, love, and their dedicated service to the school community. A well-planned programme themed "Pillars of Strength, Beacons of Light" was creatively presented by students. Through meaningful presentations and sincere expressions, they highlighted the admirable qualities of the three Sisters—selfless service, unwavering dedication, and constant guidance—that continue to inspire and strengthen the school community. The SMC family extends its heartfelt gratitude to our dear Sisters for their tireless efforts, thoughtful guidance, and steadfast dedication.



श्रमिक दिवस

''मेहनत से जो सपने बुनते, पसीने से जो धरती सींचते, उन हाथों को नमन हमारा, जो रचते हैं भविष्य हमारा। आओ श्रम को दें पहचान, मेहनत का करें हम सम्मान, श्रमिक दिवस पर प्रण ये लें, हर श्रमिक का आदर हम करें।''

श्रमिक वह नहीं जो सिर्फ शारीरिक श्रम करता है, श्रमिक वह है जो अपनी मेहनत से समाज को गति देता है और हर दिन अपने पसीने से देश की अर्थव्यवस्था के लिए नींव रखता है। श्रमिक वह होता है जो सूरज के उगने से पहले काम पर निकलता है और रात के अंधेरे में घर लौटता है।

इसी उपलक्ष्य में 1 मई 2025 को कक्षा 10 'ब' की छात्राओं द्वारा हमारे कर्मचारी बन्धुओं के सम्मान में सेंट मेरीज कॉन्वेंट इंटर कॉलेज में 'श्रमिक दिवस' अत्यंत गरिमा और उत्साह के साथ मनाया गया। कार्यक्रम की शुरुआत दीप प्रज्वलन से हुई, जिसमें विद्यालय की प्रधानाचार्या आदरणीया सिस्टर लिसी, उप-प्रधानाचार्या आदरणीया सिस्टर नमिता, वरिष्ठ समन्वयक सर विवेक तिवारी व विद्यालय के परिश्रमी सहायक मैनन भैया ने दीप प्रज्वलित किए। इसके उपरांत 'हर तरफ हर जगह है उसी का कानून' गीत पर नृत्य की प्रस्तुति और सामूहिक प्रार्थना हुई, जिसमें सभी छात्राओं ने श्रमिकों के स्वास्थ्य, समृद्धि और सुख के लिए ईश्वर से प्रार्थना की। प्रार्थना के बाद पवित्र ग्रंथों का पाठ किया गया।

कार्यक्रम की मुख्य प्रस्तुति एक लघु नाटिका थी, जिसमें विद्यार्थियों ने श्रमिकों के दैनिक जीवन, उनकी कठिनाइयों और समाज के प्रति उनकी निःस्वार्थ सेवा को चित्रित किया। इस नाटिका ने यह संदेश दिया कि ''हर कार्य, चाहे वह छोटा हो या बड़ा, सम्मान के योग्य है''।

इस अवसर पर विद्यालय की ओर से सभी कर्मचारी भाई-बहनों को उपहार भेंट किए गए। यह समारोह विद्यार्थियों के मन में श्रमिकों के प्रति सम्मान और कृतज्ञता का भाव उत्पन्न करने वाला रहा। यह एक यादगार अनुभव था, जिसने सभी को सिखाया कि ''हर हाथ जो काम करता है, वह सम्मान का हकदार है।'' भव्य कार्यक्रम का समापन राष्ट्रगान द्वारा हुआ।

प्रगति कुमारी मुख्य (हिन्दी संपादिका 12 'अ')













श्रमिक दिवस







बचपन की यादें

बचपन के वो दिन थे मस्ती भरे,
खेलते थे हम बिना किसी डर के।
हँसी की आवाज गूँजती थी हर जगह,
दिलों में खुशियाँ भी छाई थी हर जगह।
पार्क में खेलते थे हम खुली धूप में,
खुशियों का कोई अंत नहीं था उस जून में।
दोस्ती की डोर भी थी बहुत मजबूत,
दुश्मनी का न था कोई भी सबूत।
माँ की कहानियाँ सुनते थे हम रात को,
पिता के संग खेलते थे हम दिन को।
घर में खुशियों का माहौल था हरदम,
प्यार और स्नेह का छाया था संगम।
वह स्कूल की यादें, वह दोस्तों की टोली,
मास्टर जी की डाँट और खेल की बोली।
वह सब याद आज भी ताजा है,
दिलों में बसा एक अनमोल साँचा है।
बचपन की यादें कभी नहीं भूलेंगे,
दिल में हमेशा इन्हें सहेज कर रखेंगे।
जब भी याद करेंगे इन सुनहरे लम्हों को,
खुशियों की लहरें भिगो देंगी मन को।
वह मस्ती भरे पल और प्यार भरे दिन,
अधूरा है जीवन इन यादों के बिन।
हमेशा रहेंगी ये यादें हमारे साथ,
खुशियों से भर देंगी जीवन की हर रात।



अस्मी श्रीवास्तव
9 'ब'

Investiture Ceremony - 2025-26

The Annual Investiture Ceremony of St. Mary's Convent Inter College took place on May 3, 2025, with great enthusiasm and pride. The SMC community warmly welcomed the newly elected leaders for the 2025–26 academic session in the presence of their proud parents. A special assembly themed "Together for Peace, United in Trust" was conducted with sincerity and enthusiasm. The ceremony began with the lighting of the sacred lamp and a meaningful prayer service. The Investiture Ceremony was solemnly presided over by our Vice Principal, Rev. Sr. Namita. The council members were conferred with badges, sashes, and flags by Manager Sr. Sumita CJ, Principal Sr. Lissy CJ, and their teacher animators. Rev. Sr. Sumita delivered an inspiring message encouraging commitment and courage, followed by Principal Rev. Sr. Lissy's call for integrity and purposeful leadership. The Head Girl expressed her gratitude and pledged to serve with dignity, while her father offered words of encouragement and congratulated the cabinet. The ceremony concluded with photographs taken by the e-Care team, and guests were served refreshments as the event ended on a joyful and hopeful note.












RELIABILITY
CAPTAIN
VICE CAPTAIN
HEAD GIRL
HEAD PREFECT

OUR SCHOOL CABINET - 2025-26



Shrinkhala Tiwari
Head Girl



Adya Awasthi
Vice Head Girl



Anamika Chakraborty
Games Captian



Nimisha Gupta
Games Vice Captian



Fatima Afifa
English Chief Editor



Arisha Feroz
English Sub-Ediitor



Pragati Kumari
Hindi Chief Editor



Anwita Kumar
Hindi Sub-Editor



Aditi Shukla
Head Prefect



Twinkle Gupta
USM President



Devanshi Trivedi
JPIC President



Esha Bhattacharya
FMW President



Zunairah Siddiqui
Blue House Captian



Avani Shukla
Blue House Vice-captian



Zainab Siddiqui
Green House Captian



Katyayni Jaiswal
Green House Vice-captian



Kunika Pandey
Yellow House Captian



Ananya Lamba
Yellow House Vice-captian



Hajra Siddiqui
Red House Captian



Shinjni Tripathi
Red House Vice-captian

Head Girl's Maiden Speech

**"True leadership is not about being in charge.
It is about bringing people together—in trust, in peace, and in purpose."**



A very pleasant morning to our Manager, Rev. Sr. Sumita, Principal Rev. Sr. Lissy, Vice Principal Rev. Sr. Namita, Sisters, respected teachers, dear parents, and my dearest batchmates.

Standing here today, my heart feels incredibly full. These lights shining warmly in my eyes, the proud faces looking up at me, my fellow council companions by my side, and the honor of addressing you from this esteemed podium, it feels like a dream tenderly unfolding into reality. As I hold this position of Head Girl, a thousand emotions whirl within me. I find myself tracing back to the little girl, clutching her bag tighter than her dreams, who first walked through these very gates with ambitions still tiny yet a spirit so fierce, unaware of the beautiful journey that awaited her.

Since that very first day, this school has not merely been a building of walls and classrooms. It has been a home, a garden where seeds of hope, courage, and dreams were sown carefully into every young heart. Amidst these red brick walls and corridors echoing with laughter, we grew, not just in years, but in character. We learned to walk together in trust, to dream together in peace, to build together in purpose. And as I look around today, I realize how beautifully those seeds have bloomed in all of us.

Growing up, I always found joy in speaking, connecting, and leading, but it was SMC that refined those instincts into something more meaningful. It taught me that leadership isn't about commanding attention; it's about earning trust, about lifting others, about walking alongside them even when the path is rough. It gave me the confidence to embrace my abilities, the courage to admit my flaws, and the wisdom to believe that even small steps can create lasting ripples.

Today, as I step into the shoes of Head Girl, it is not just Shrinkhala Tiwari who stands here; it is every lesson this school has ever gently, yet firmly, woven into me over the years. And I know that each one of us sitting here today carries these same gifts in our hearts. As I look at you, I see in each of you a similar reflection. When we step beyond these gates for the final time, we will not merely leave as students with memories—we will leave as leaders, changemakers, dreamers, and doers, ready to embrace the world with the wisdom and warmth that this school has instilled in us.

For this, I owe my deepest gratitude to my second home, St. Mary's Convent Inter College. Thank you for believing in me even when I doubted myself, for pushing me forward even when I hesitated, and for teaching me that trust builds bridges stronger than stone, and peace creates legacies greater than power. To the Sisters, for being the living embodiments of faith and strength; to my teachers, who nurtured not just my intellect but my spirit; to my friends, for their constant encouragement and laughter; to my parents, for being my unwavering pillars of support. You have all shaped me, held me, and inspired me to become the person I am proud to be today.

And finally, to all my dear batchmates, I leave you with the essence of my journey: *"Dream with your eyes wide open. Lead with trust in your heart. Walk together in peace. Cherish every moment, every challenge, every triumph. For it is together, in trust and peace, that we create a life truly worth living."*

Shrinkhala Tiwari (Head Girl)



TAGORE HOUSE REPORT

"Efforts Spell Success"



KUNIKA PANDEY
YELLOW HOUSE CAPTIAN

ANANYA LAMBA
YELLOW HOUSE VICE-CAPTIAN

This academic year has been an extraordinary and unforgettable journey for Tagore House, marked by unity, determination, and consistent excellence. This year truly stood as a testament to what can be achieved when every member works together with a shared vision and unwavering dedication, guided by our belief that "Efforts spell success."

The unwavering support of our Manager, Rev. Sr. Sumita CJ, our Principal, Rev. Sr. Lissy CJ, and our Vice-Principal, Rev. Sr. Namita CJ, shaped this year into over all growth and discovery.

The true strength of Yellow House lies in its people. Our house moderators, Ma'am Arti Shukla and Ma'am Bhavana Gupta, played an instrumental role in guiding us throughout the year. Their consistent support, motivation, and thoughtful guidance helped us to direct our efforts with purpose and clarity.

Every member of the House, regardless of their roles, contributed wholeheartedly, whether through enthusiastic participation or quiet support behind the scenes. This collective commitment and spirit of teamwork sustained our success across events and enabled Tagore House to remain strong and victorious throughout the year.

Our House showcased remarkable performance across almost all Inter-House Competitions. The Inter-House Dance Drama, performed by the students of Class 8, earned immense appreciation for its coordination, expression, and creativity. The Inter-House Declamation Competition reflected our confidence, clarity of thought, and powerful presentation skills. In the Science Quiz, our team demonstrated exceptional knowledge, securing yet another proud win for the house. At last, on the final day, we marked another victory by winning Tug 'O' War.

In the field of sports, both indoor, outdoor, and athletics, Yellow House proved its dominance through discipline, perseverance, and sportsmanship. The consistent victories in track and field events led us to proudly lift the Trophy of the Winning House, and our overall performance throughout the year earned us the prestigious trophy for the Inter-House Cultural and Literary Events as well.

This year holds a special significance as it marked a remarkable turn around for Tagore House. After three consecutive years of finishing in third or last positions, leading the house to victory has been both a great honour and a deeply fulfilling experience. I extend my sincere gratitude to everyone who contributed—whether visibly or behind the scenes, directly or indirectly. Every cheer, every practice session, every suggestion, and every effort played a vital role. This victory truly belongs to all of us.

Tagore House did not merely win trophies this year; we built lasting memories, strengthened our bonds, and reaffirmed that when we stand united and give our best, efforts truly spell success.

Once Yellow, Always Yellow

Kunika Pandey (Captain)
Ananya Lamba (Vice Captain)



FLORENCE NIGHTINGALE HOUSE REPORT

We Rise Together on Wings of Loyalty



HAJRA SIDDIQUI
RED HOUSE CAPTIAN

SHINJNI TRIPATHI
RED HOUSE VICE-CAPTIAN

Staying true to this motto, the members of Florence Nightingale House entered the enriching academic year 2025-26 with great determination and enthusiasm. Actively participating in various events, we kept growing and learning through each step on the challenging way.

Thank you is an understatement to express the depth of gratitude we owe to our Manager, Rev Sr. Sumita CJ. our Principal, Rev. Sr. Lissy, and our Vice-Principal, Rev. Sr. Namita, for giving us valuable opportunities throughout the year to nurture our abilities and develop holistically. Their constant support and encouragement enabled us to push our boundaries and excel both academically and beyond the classroom. We sincerely appreciate our House Moderators, Ms. Sana Hashmi and Ms. Pratyanshi Shukla, for their patience, guidance, and continuous motivation, which inspired us to give our best. Without their determined support, our achievements would have been impossible.

Starting with the Independence Day Dance Drama, the members worked hard with excitement, giving a beautiful performance that instilled the feelings of nationalism and patriotism. They explored the realms of imagination and creativity through their excellent presentations for the house bulletin board on all the topics, thereby contributing greatly to the overall achievements of our house. The innovative and zealous spirits of the members in all the extracurricular events led us to win the second prize in the Overall Championship.

In addition to excelling in cultural and literary events, the participants showcased outstanding performance in the various sports events. Our achievers bagged several Gold, Silver, and Bronze medals in the pre-decided events, adding to the glory of the house. Our extraordinary players kept the medals flowing in through their remarkable achievements in the athletic events held during the highly anticipated 'Annual Athletic Meet'.

Learning from the mistakes and improving their efforts, our team showed commendable sportsmanship and resilience, and thus, turned the Meet into a successful and memorable day. Their endeavours resulted in Red House winning the First Runners Up prize in the Sports Championship. Riya Chaudhary also won an Individual Championship through her intense hard work, thereby amplifying the atmosphere of triumph.

My heartfelt appreciation goes to all the house members. Your spirit, cooperation, and collective efforts have made this journey truly unforgettable. Thank you for bringing enthusiasm to every moment and for upholding the pride of being an exceptional house.

To our juniors, always strive to give your best and support one another as a united team. Remember, "Difficult roads often lead to beautiful destinations." Therefore, never shy away from challenges, and let the spirit of our house light your path towards success!

Hajra Siddiqui (Captain)
Shinjni Tripathi (Vice-Captain)



ZAINAB SIDDIQUI
GREEN HOUSE CAPTIAN

GANDHI HOUSE REPORT

We Rise Together on Wings of Loyalty



KATYAYNI JAISWAL
GREEN HOUSE VICE-CAPTIAN

"A leader is one who knows the way, goes the way, and shows the way. True greatness is not found in the reflection of a trophy, but in the hearts of those you inspired to reach for one."

-John Maxwell

As I pen these words for our school magazine, my heart is a kaleidoscope of pride, nostalgia, and a profound sense of belonging. To lead Gandhi House as your Captain has been the greatest honour of my life. This journey taught me that our house is not merely a team, but a living, breathing legacy of unyielding strength.

I am overwhelmed with gratitude for the visionary leadership of our Manager, Rev Sr. Sumita CJ, our Principal, Rev. Sr. Lissy CJ, and our Vice Principal, Rev. Sr. Namita CJ. To our House Moderators, Ma'am Ruchira Sharma and Ma'am Shivani Chauhan, I owe a debt that words can scarcely repay. They were the silent architects of our triumphs, ensuring we nurtured a family

This odyssey began on a sun-drenched morning in May. As I, Zainab Siddiqui, stood on the stage to take the sacred oath of Captaincy, the green flag felt like a solemn covenant. Beside me stood my pillar of strength and confidante, my Vice Captain Katyayni Jaiswal. Together, we stepped into a year that demanded absolute grit and gifted us memories that transcend time.

This year, the Green House redefined the championship. Our spirit was ignited during the Independence Day Dance Drama, where we secured 2nd place. On the athletic fields, we were an unstoppable tide, claiming 1st place in Senior Basketball and Handball, and 2nd place in Junior Basketball and Throwball. In the strategic battleground of Chess, our members occupied multiple winning positions. In the Quiz competition, we clinched 2nd place, further proving our excellence. Even our bulletin board reflected our soul and was consistently praised for its excellence.

At the core of every victory lies our guiding light: "Truth Alone Triumphs." This motto has been our compass, which proved that success is only meaningful when built on honesty. To my esteemed House Members, my Emerald Warriors, I extend my heartfelt gratitude. You are the very heartbeat of Gandhi House. Through your actions, you showed the school that we are far more than the sum of our scores. We stand as a collective force, bound by resilience, determination, and a shared dream.

We have walked our path with heads held high and proved that true strength lies in persistence. To my dear juniors, the flag you now inherit is woven with the sweat, hope, and aspirations of those who came before you. Whenever challenges arise, remember this: "When everything seems to be going against you, remember that the airplane takes of against the wind, not with it." Do not fear failure, for it is in the darkest moments that the greenest leaves find their way toward the light and the brightest growth begins.

As rightly said, "The future depends on what we do today." We chose excellence today, and in doing so, we ensured that the legacy of Gandhi House endures. May our glory never fade.

Zainab Siddiqui (Captain)
Katyayni Jaiswal (Vice Captain)



ZUNAIRAH SIDDIQUI
GREEN HOUSE CAPTIAN

MARY WARD HOUSE REPORT

"There is only one corner of the universe you can be certain of improving, and that's your own self."

— Aldous Huxley



AVANI SHUKLA
GREEN HOUSE VICE-CAPTIAN

The academic year 2025–26 has been a memorable year for Mary Ward House. Inspired by the vision of our Foundress, Mary Ward, our house approached every activity with energy, focus, and pride. Each member brought their unique strengths, coming together to create a year marked by dedication, unity, and a strong sense of belonging.

I extend my sincere gratitude to our Manager, Rev. Sr. Sumita CJ, our Principal, Rev. Sr. Lissy CJ, and our Vice-Principal, Rev. Sr. Namita CJ, for their constant guidance and encouragement, which motivated us to give our best in every endeavour. I would also like to acknowledge our moderators, Ma'am Vandana Sharma and Ma'am Sharmila Deb, whose steady support, motivation, and guidance helped us remain focused and confident throughout the year.

I, Zunairah Siddiqui, along with my Vice-Captain, Avani Shukla, had the privilege of witnessing firsthand commitment and passion of every house member. I deeply appreciate the consistent efforts shown across various Inter-House activities, from literary events and the Independence Day dance competition to the house bulletin boards, along with the dedication and perseverance demonstrated by our athletes. Every act of participation, every creative contribution, and every gesture of support strengthened the spirit of Mary Ward House and made this year truly memorable.

Throughout the year, our house translated effort into spirited and commendable performances across multiple arenas. We delivered a confident and well-coordinated presentation during the Inter-House Patriotic Dance Competition, reflecting teamwork, discipline, and enthusiasm. Creativity and initiative shone through in our house bulletin boards, which showcased thoughtful planning and collaborative effort. In sports, our athletes displayed determination, perseverance, and sportsmanship in events such as tug of war and track and field competitions, highlighting the competitive spirit of the house. Across all activities, members participated wholeheartedly, guided by our belief that "Our courage unites, our strength endures."

True to our motto, "Unity is Strength," this year reaffirmed that when we work together with respect, purpose, and determination, we build a foundation that extends beyond individual achievements and outcomes.

Zunairah Siddiqui (Captain)
Avani Shukla (Vice Captain)

IMVESTITURE CEREMONY OF THE TRAFFIC PILOTS

SMCIC has always aimed at the all-round development of its students, alongside their academic excellence. It has been the school's goal to create student leaders who will be the pillars of society tomorrow. Thus, a novel initiative of introducing the designation of traffic pilots has been taken by the school management and staff to instil leadership qualities in the students. A selected team of 15 Traffic Pilots along with the Head Prefect of the school took up the responsibility of ensuring discipline in the school. They vowed to maintain discipline and ensure safe and respectful behaviour on the school campus. The leaders were introduced by Rev. Sr. Lissy and were reminded of their duties and responsibilities by Rev. Sr. Namita, which was followed by investing them with sashes.

The ceremony concluded on a proud and hopeful note, reflecting the school's commitment to holistic education and character building.







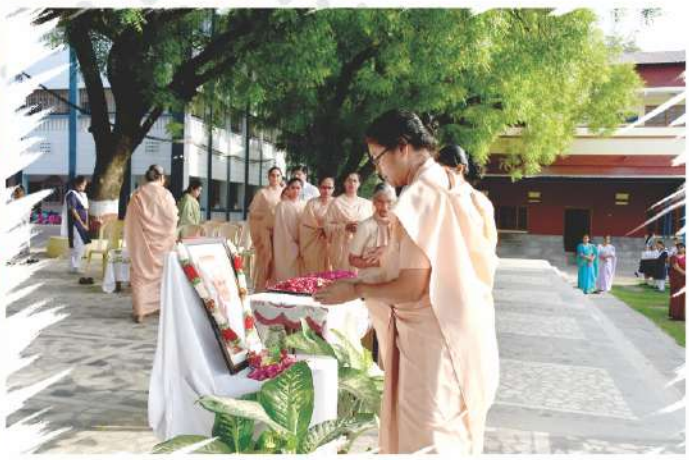
Tribute to His Holiness Pope Francis

"With deep sorrow and reverence, we mourn the passing of Pope Francis, who entered eternal rest on 21st April, Easter Monday—a day symbolising new life through Christ's resurrection. His departure on such a sacred occasion reflected the grace and holiness of his life. The SMC family paid heartfelt tributes through a solemn prayer service, offering prayers and floral homage in gratitude for his humility, compassion, and service. May his noble soul rest in eternal peace and continue to inspire generations."



"The SMC Family pays heartfelt homage to His Holiness, Pope Francis".





Rest In Peace

DEAR SR. DAMASCENA



On 23rd January 2026,
The Heavenly Father called home a soul so pure and compassionate.
Sister's legacy of love, humility, and devoted service shall forever be treasured by the SMC Family.
"May she rest eternally in God's divine peace."

Rest In Peace

DEAR SR. CELINE



Sr. Celine a beautiful soul, filled with love and kindness, has found eternal peace on 15th March 2026, in the arms of the Heavenly Father.

Dear Sister, you will forever remain in our hearts and prayers.

"Eternal rest grant unto her, O Lord, and let perpetual light shine upon her."

The Big Principal



A little incident etched in my heart has never faded. I was in Class 2-B at the junior section of St. Mary's. One day, our Headmistress, Sr Janet, announced that the Principal from the senior St. Mary's school would be visiting us the following day for the assembly. We were told that she would be welcomed with a bouquet.

I went home thinking about the "Big Principal." Excitedly, I told my father that our Big Principal was coming and that I needed to carry a bouquet to school. The next morning, he collected some flowers from a relative's garden and arranged them beautifully. However, I was not satisfied. I insisted that I wanted a big bouquet for the Big Principal. Eventually, he got me one.

I still remember how difficult it was for me to carry that oversized bouquet. Yet, filled with excitement, I proudly took it to school.

We waited eagerly, and soon she arrived, walking alongside Sr Janet. The Big Principal was Sr Celine. Her warm smile instantly won our hearts. Clutching my bouquet, I climbed the three steps leading to the stage and walked towards her.

Looking at me, she smiled and said, "This bouquet is too big for you, my child."

Without hesitation, I replied, "Yes, Sister, because I am small and you are big."

She chuckled and gently said, "You will grow taller and bigger too, don't worry."

Those simple words, spoken with affection and warmth, stayed with me. Little did I know then that they carried a deeper meaning and would become a source of inspiration for me in the years to come.

Today, as she is no longer with us, I realize that the "Big Principal" of my childhood was truly great in every sense of the word. Sr Celine was a towering personality—an exceptional administrator, a strict disciplinarian with an eye for perfection, and at the same time, a nurturing mother figure deeply rooted in faith and compassion. She was a stalwart, an institution in herself, guided by vision, wisdom, and an unwavering commitment to excellence.

Her versatility was unmatched, and her delightful sense of humour made her even more endearing. She touched countless lives and left behind a legacy that will continue to inspire generations.

Rest in peace, our Big Principal, our dear Sr Celine.

Sumati Rani Gupta
Batch - 1993
(President SMC Alumnae Association)

PALETTE OF COLORS



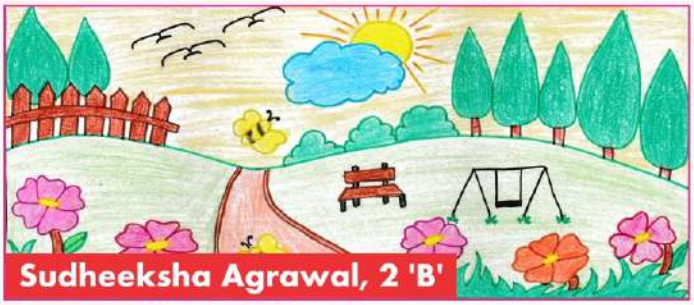
Kanika Srivastava, 2 'B'


Advika, 2 'B'


Aisha Bhattacharya, 2 'B'



Inaya Javid, 2 'B'


Sudheeksha Agrawal, 2 'B'

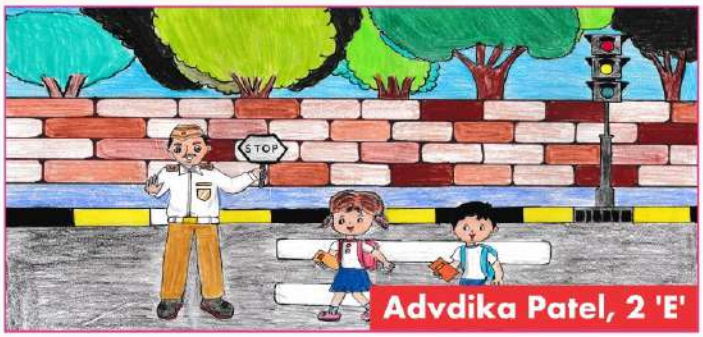


Avni Kushwaha, 2 'F'



Ahana Yadav


Trishleen Kaur, 2 'F'



Advdika Patel, 2 'E'



Aditri Srivastava, 2 'B'


Krisha Patel, 2 'F'

PALETTE OF COLORS



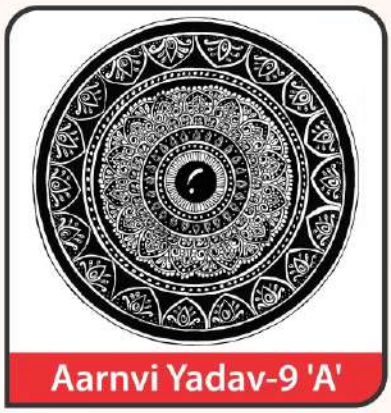
Abeerah Siraj Fakhri-4 'E'



Rama Verma-5 'C'


Divisha Singh-7 'C'


Zohra Bint Tauseef-3 'C'


Aarnvi Yadav-9 'A'

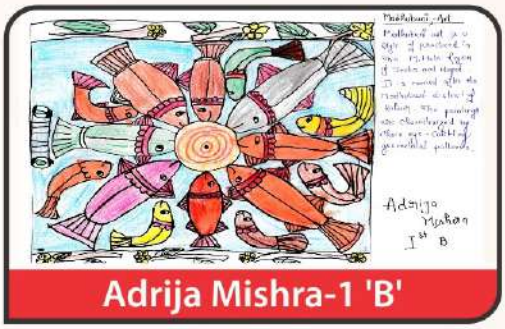


Deevisha-4 'C'

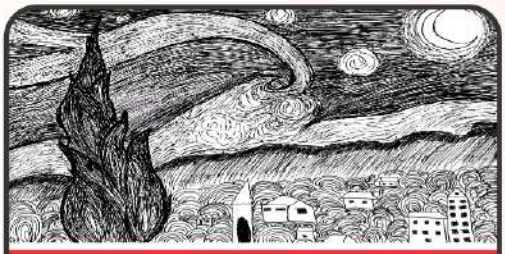


Mahsham Firoz-5 'D'


Aqsa Bint Tauseef-4 'A'

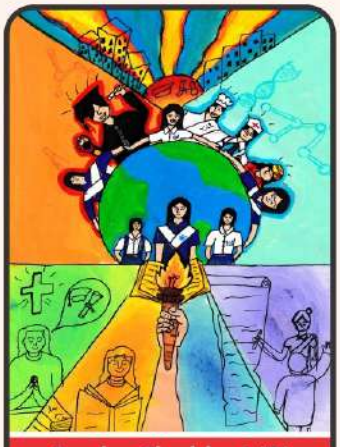


Adrija Mishra-1 'B'


Sanvi Mukherjee-6 'B'

PALETTE OF COLORS


Gauravi Srivastava-9 'B'


Sneha Shukla-6 'B'


Rashi Shree-12 'E'


Sanskriti Singh-12 'E'

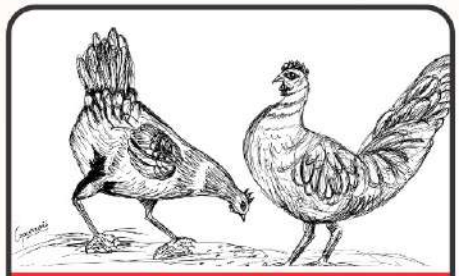

Aalekhya Gupta-1 'C'




Ananya Shukla-4 'C'


Jeanna Mani-10 'B'


Ifra Irfan-1 'C'


Gauravi-9 'B'


Shravya Keshari-4 'E'


Bhavya Tripathi-8 'E'


Aanya Gupta-8 'E'


Ayra-3 'A'



Neeranshi Singh-9 'B'

PALETTE OF COLORS


Nirjra Johari-10 'A'


Mahi Mishra-6 'E'


Anwita Mishra 3-D
Anwita Mishra-3 'D'


Ishita Sharma-8 'E'



Shraddha Srivastava-8 'C'


Shubhi Verma-6 'F'


Harshi Maurya-6 'F'


Fatma Zahra Abidi-6 'B'

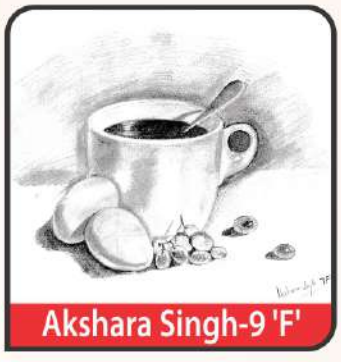


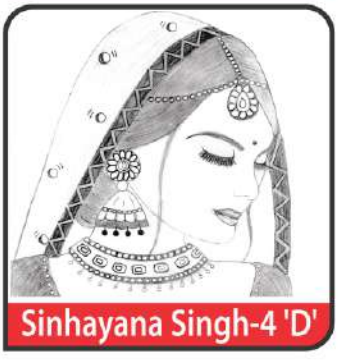
Vrinda Yadav-1 'B'


Avni Tiwari-6 'F'



Vidhi Srivastava-4 'B'


Akshara Singh-9 'F'


Sinhayana Singh-4 'D'



Apoorva Verma-6 'F'


Saumya Singh-4 'D'



Literary Excellence 2025

The year 2025 marked another remarkable chapter in our school's literary legacy, as our talented students showcased exceptional brilliance in debates, creative writing competitions, and prestigious academic forums at the zonal, district, state, and national levels. Their eloquence, originality, and intellectual spirit brought immense pride and honor to the institution.











List of Literary Achievers of 2025

Debate

Junior Category

- Mahika Mishra and Shreyashi Chaudhary secured the title of Best Team in the Frank Anthony Memorial All India Inter-School Debate Competition – Round 1 held in Kanpur.
- Mahika Mishra was also honored with the award for Best Speaker in the same competition.
- Mahika Mishra and Shreyashi Chaudhary emerged as the Best Team in the ASISC District Debate Competition (Round 1).
- In the ASISC Round 2 (UP & Uttarakhand Round) held in Ghaziabad, Mahika Mishra and Shreyashi Chaudhary achieved the distinction of 1st Runner-Up for Best Team.

Senior Category

- Anushka Malik won the 2nd Runner-Up Award for Best Speaker in the Frank Anthony Memorial Debate Competition – Round 1.
- Avantika Pandey and Anushka Malik secured 2nd Runner-Up for Best Team in ASISC Round 1.

Creative Writing

The creative talents of our budding writers shone brilliantly through their imaginative expression and literary finesse.

- Darshana Singh secured 3rd Position in the Junior

Category at the Zonal Level Creative Writing Competition.

- Umra achieved 3rd Position in the Sub-Junior Category at the Zonal Level.

Stellar Showcase (28 July 2025)

- Seejal Malang won First Position.
- Ashwika Sanjay Ratnani secured Second Runner-Up.

SJC Model G7 Summit (12 August 2025)

Our students displayed remarkable diplomacy, analytical thinking, and communication skills at the prestigious SJC Model G7 Summit.

- Nandikka Duggal received the award for Best Journalist.
- Samridhhi Jaiswal was honored with the award for Best Coverage.
- Aaradhya Pandey earned a High Commendation.
- Adishakti Rai earned a High Commendation.
- Janhvi Dwivedi earned a High Commendation.
- Riya Agrawal earned a High Commendation.
- Kshiti Singh earned a High Commendation.

These remarkable accomplishments reflect the dedication, perseverance, and intellectual excellence of our students, guided by the constant encouragement of the school management and teachers. Their achievements stand as a testament to the vibrant literary culture of the institution and continue to inspire others to pursue excellence in the world of language and expression.

Mahika Mishra 10 E

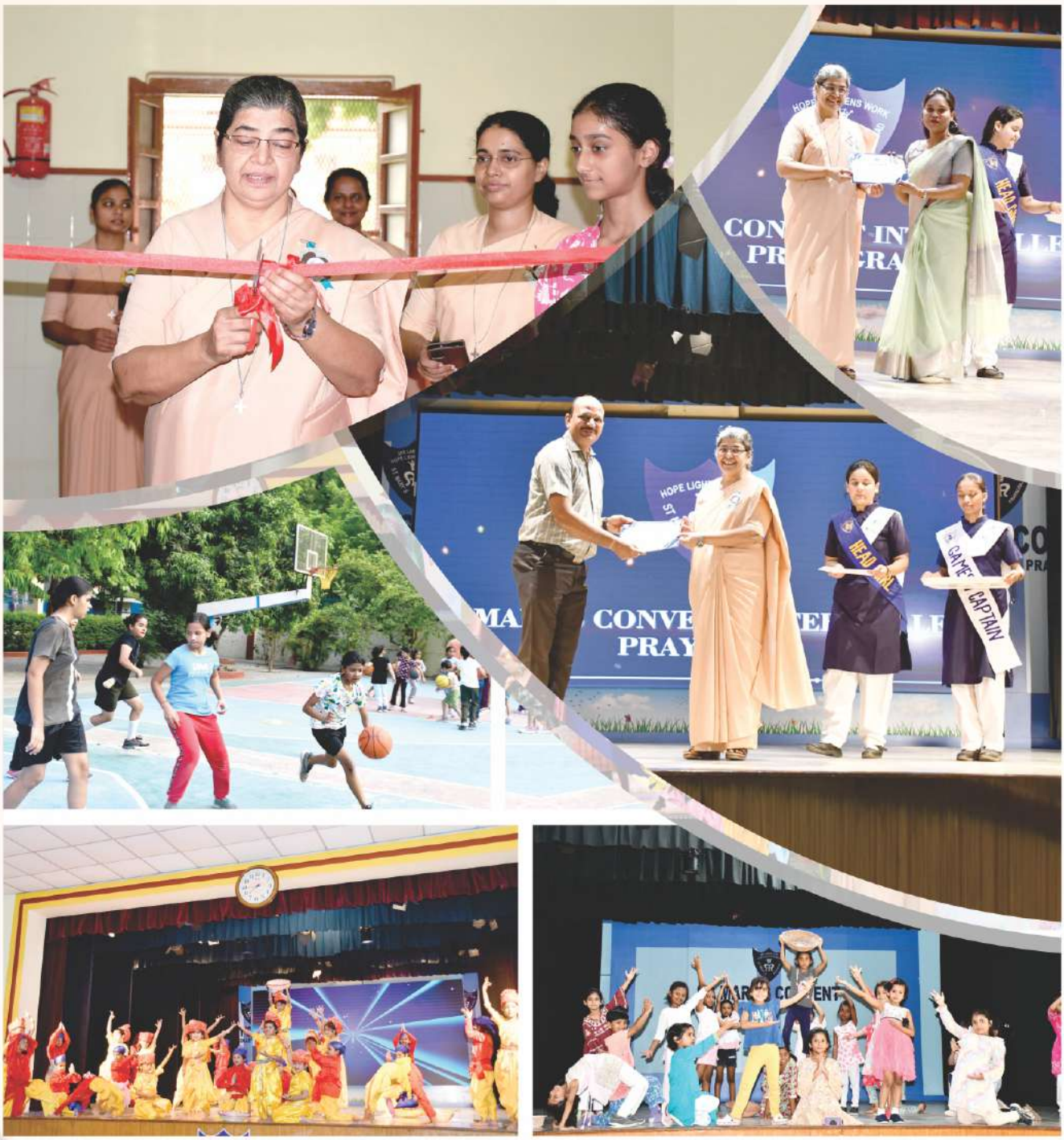







Summer Camp - 2025

Summer camp in SMC provides a vibrant platform for holistic learning beyond the classroom for the students. The grand finale, held on 31st May, 2025, was an amalgamation of engaging activities such as sports, arts, crafts, and music. The children got a chance to discover their hidden talents, build friendships, and develop independence in a supportive environment. Besides fun and learning, these fifteen days also include teaching values like cooperation, responsibility, and resilience, which are essential for personal growth. Overall, it was a successful effort that helped shape well-rounded individuals and create joyful, lasting memories.



Summer Camp - 2025



Visual Delight - Our Bulletin Boards



INTERNATIONAL YOGA DAY - 2025

On 21st June 2025, our school celebrated International Yoga Day with great enthusiasm. The Principal, the Vice-Principal, teachers and students, all came together to participate in this enriching session. The event was led by Mrs. Parmanand, who guided everyone through a series of energizing and effective yoga exercises. The session was inspiring and brought sense of calm, unity, and well-being to all present.







My School Promise

Each day I'll do my best
And I won't do any less.
My work will always please me
And I won't accept a mess.
I'll colour very carefully.
My printing will be neat.
And I will not be happy
Until my work is all complete
I'll always do my homework,
with learning as my quest.
I won't forget my promise
to always do my best!



Halima Fatima, 2-B

Orientation Session for Teachers and Students by Rev. Fr. Suresh Mathew, OFM

An enriching Orientation Session was organized by the school management on 30th June for the teachers and 1st July 2025 for the senior students of the school. The resource person for the programme was Rev. Fr. Suresh Mathew, OFM, a renowned motivational speaker and guide to countless mentors, parents, and students.

In the session for the teachers Rev. Fr. Suresh emphasized the importance of adopting a holistic and child-centered approach to education. He highlighted the need to provide students with opportunities to play, relax, and unwind alongside their academic responsibilities. Through several interactive activities on classroom management, he made the session lively, engaging, and reflective. He reminded the teachers that effective teaching lies in understanding the child with empathy, patience, and attentiveness, while balancing academic expectations with emotional well-being.

Addressing the senior students, Fr. Suresh spoke on significant issues such as substance abuse and social media addiction, which are increasingly affecting the younger generation. He vividly explained the harmful effects of these addictions through relatable examples, anecdotes, and personal experiences, making the session insightful and impactful. He encouraged the students to make wise choices and remain vigilant against negative influences in their lives. At the end of the session, the students consciously pledged to guard themselves against all forms of addiction.

The orientation programme served as a meaningful learning experience for both teachers and students alike.



Orientation Session for Teachers and Students by Rev. Fr. Suresh Mathew, OFM













WE CHERISH VALUES
OUR LONG ASSEMBLIES



























WE CHERISH VALUES
OUR LONG ASSEMBLIES













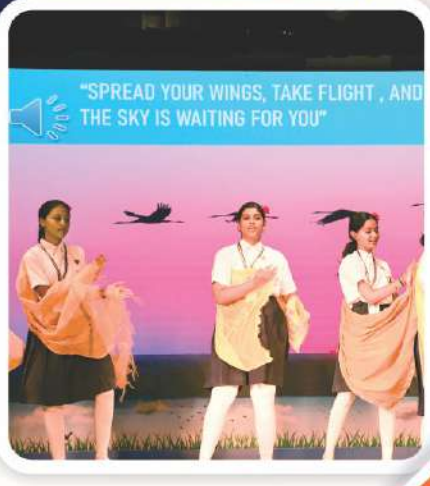












WE CHERISH VALUES
OUR LONG ASSEMBLIES



























WE CHERISH VALUES
OUR LONG ASSEMBLIES






















WE CHERISH VALUES
OUR LONG ASSEMBLIES













COMMUNITY SERVICE

"One of the most important things you can do on this earth is to let people know that they are not alone."

SMC fosters compassion and responsibility through meaningful outreach efforts. Students actively support the elderly, care for the sick, and extend help to those in need. Their efforts reflect empathy, kindness, and a sincere commitment to bringing hope, dignity, and comfort to society.













Triumphs On The Tracks : Our Athletic Achievers



The pages of our school's achievements shine brighter with the outstanding performance of our young athletes at the CISCE State Athletic Meet held in Varanasi. The students of St. Mary's Convent Inter College, Prayagraj, once again brought laurels to the institution through their dedication, perseverance, and sporting spirit.

Displaying remarkable talent across various events, Andri Jaiswal (U-19) emerged as a star performer by securing a gold medal in the Javelin Throw and a silver medal in Shot Put. Nevidita Singh (U-19) also made the school proud by winning a silver medal in the Javelin Throw. Adding to the list of achievements, Kritika Mehrotra (U-19) earned a silver medal in the 4×400 m relay race.

The success story continued with Shriyanshi Singh (U-19), who secured a bronze medal in the hurdles, and Dhara Kapoor (U-14), who won a bronze medal in the High Jump, showcasing commendable determination and athletic excellence.

Further enhancing the school's glory, Andri Jaiswal and Nevidita Singh were selected to represent the school at the National Athletic Meet in Bangalore. Their accomplishment stands as a proud moment for the entire school community and an inspiration for all aspiring athletes.

Kritika Mehrotra 12 C





Glory on the Handball Court

Our school has always upheld a remarkable legacy of excellence in handball, consistently achieving success at the district, state, and national levels. This year too, our talented players continued the tradition of bringing laurels to the institution.

A large number of students were selected to represent the Prayagraj team in the Under-14, Under-17, and Under-19 categories at the CISCE State-Level Handball Championship held in Gorakhpur. Displaying exceptional skill, teamwork, and determination, our teams delivered outstanding performances throughout the tournament.

The Under-14 and Under-19 teams emerged victorious, securing the first position in their respective categories, while the Under-17 team performed admirably and achieved the second

position. Their remarkable performances brought immense pride and honour to the school.



In recognition of their excellence, several students were selected to represent Team Uttar Pradesh at the CISCE National-Level Handball Tournament held in Hyderabad. A number of players from the Under-14 category, along with four students from the Under-17 category and seven students from the Under-19 category, earned this prestigious opportunity.

At the national level, the Under-17 team delivered yet another commendable performance by securing the third position, further strengthening the school's reputation in handball.

Adding to these achievements, our talented players Aarana Dwivedi from the Under-14 category and Shambhavi Pandey from the Under-17 category were selected for the SGFI team. Notably, Shambhavi Pandey had also earned this prestigious selection in the previous year, reflecting her consistency, dedication, and excellence in the sport.

The CISCE National Girls' Cricket Tournament 2025-26



The CISCE National Girls' Cricket Tournament 2025-26 was held in Gorakhpur, Uttar Pradesh, from 14th to 16th September 2025. The event was hosted by Stepping Stone College, and the matches were played at the Railway Ground.

Four students from our school — Anamika Chakraborty (Class 12B), Shreya Singh (Class 12A), Vani Shukla (Class 11E), and Palak Daga (Class 10C) — were selected to represent the Uttar Pradesh team and played a crucial role in the tournament.

The Uttar Pradesh team secured a place in the finals. However, due to rain, the final match against Andhra Pradesh was decided through a bowl-out. After a closely contested match, Uttar Pradesh finished as runners-up.

Two of our students, Anamika Chakraborty and Vani Shukla, delivered outstanding performances. Based on their talent, they were selected to represent CISCE at the School Games Federation of India (SGFI).

Anamika Chakrabarty (12B)

Media Focus



राष्ट्रीय क्रिकेट में उत्तर प्रदेश की टीम को रजत पदक

संवाद न्यूज एजेंसी

प्रयागराज। गोरखपुर में आयोजित सीआईएससीई राष्ट्रीय अंडर-19 बालिका क्रिकेट टूर्नामेंट में उत्तर प्रदेश की टीम ने रजत प्राप्त किया है। फाइनल मुकाबला उत्तर प्रदेश और आंध्र प्रदेश के बीच हुआ। इसमें आंध्र प्रदेश ने जीत दर्ज की।

उत्तर प्रदेश की टीम में प्रयागराज के सेंट मेरी कान्वेंट इंटर कॉलेज की चार छात्राएं उपविजेता टीम का हिस्सा बनीं। कॉलेज की दो छात्राओं अनामिका चक्रवर्ती और वाणी शुक्ला का चयन एसजीएफआई राष्ट्रीय स्कूली खेल के लिए किया गया है।

रजत पदक विजेता उत्तर प्रदेश की टीम का हिस्सा रहीं एसएमसी की छात्राएं। सौजन्य : प्रेरणा

विद्यालय की प्रधानाचार्या सिस्टर लिसी और उपप्रधानाचार्या सिस्टर नमिता ने सभी छात्राओं को शुभकामनाएं दी।

स्टेट एथलेटिक्स मीट में जीते पदक

Prayagraj wins Gold in State handball

Staff Reporter

Prayagraj: Prayagraj Zone has bagged Gold in U-19 & U-14 and Silver in U-17 State Handball Tournament held in Gorakhpur. All the player in the team are from S.M.C. Prayagraj. Girls will be now playing in the national handball tournament to be held at Hyderabad in September. The principal Sr. Lissy & Vice Principal Sr. Namita have congratulated the girls on their achievement.

"Moments of Joy and Bliss"

Birthday and Feast Celebrations of our dear sisters have been cherishable and divine moments for the entire SMC Community. Dear sisters, we are forever grateful to you for your blessings and prayers which help in the smooth steering of this sacred institution.



FELICITATION CEREMONY - 2025

QR CODE TO SUCCESS: SCAN WITHIN – A CELEBRATION OF TENACITY AND TRIUMPH "TRUE SUCCESS IS NOT FOUND IN EPHEMERAL FIREWORKS, BUT IN THE CONSTANT GLOW OF EVERYDAY CANDLES".

This evocative quote lit the spark for a truly heartwarming and celebratory assembly - a tribute to incessant spirit of perseverance and inner strength. The felicitation ceremony honored the laureates of class 10 and 12 (Batch of 2024-25), illuminating the idea that success lies not just in rewards, but in recognizing the journey that leads to them. Mementos and Certificates were awarded to the proud students of classes 10 and 12 by our respected Manager, Rev. Sr. Sumita, our esteemed Principal, Rev. Sr. Lissy and Vice Principal Rev. Sr. Namita followed by an inspiring address by our school topper. Thereafter awarding of scholarships and special honors to the meritorious students were given.The ceremony culminated with a rousing address by our Principal, Rev. Sr. Lissy, who reminded every soul present that success is not merely about accolades, but about ceaseless toil and unflinching will.





















Essence of Freedom - Independence Day 2025

"True independence and freedom can only exist in doing what's right."

15th August 2025 saw the dawn of the 79th Independence Day of our beloved motherland and was marked with feelings of joy and patriotism in the hearts of SMCites. The programme commenced with the hoisting of the National Flag by our special guest of the day, Our Manager, Rev. Sr. Sumita, as the college premises echoed with the symphony of the National Anthem.

Thereafter, a meaningful prayer service was conducted, exhorting everyone to reflect on their responsibilities and freedom in a creative and meaningful manner. The students also presented a choral recitation celebrating the beauty, bravery, and pride of our country.

A vibrant cultural programme showcased by the students emphasised that patriotism should be inculcated in everyone from the beginning, and true strength lies in being united.

The celebration concluded with a reminder that true independence lives in our actions: when we protect our freedom by valuing unity, responsibility, and love for our motherland.

- Fatima Afifa (English Chief Editor)




HAPPY
HAPPY

INSPIRING MINDS, BUILDING THE NATION

TEACHERS' DAY CELEBRATION



Teachers' Day was celebrated on 6th September 2025 with profound gratitude and reverence for the guiding lights of our lives, our esteemed Sisters and teachers. The occasion paid a graceful tribute to Dr. Sarvepalli Radhakrishnan, whose visionary ideals continue to define the essence of education and to Saint Mother Teresa, whose boundless compassion remains an enduring beacon of humanity. Through heartfelt prayers, enlightening scripture readings, melodious songs and a moving skit titled "The Garden of the Mind", students beautifully demonstrated how teachers nurture values of compassion, integrity, competence and commitment. The celebration resonated deeply with the CISCE theme, "Inspiring Minds, Building the Nation", emphasizing that every teacher is far more than an educator, they are architects of the nation's future. Thereafter, sisters and teachers gathered in the Lower Concert Hall to enjoy a sumptuous lunch graciously hosted by the management.



























The Guiding Lights of SMC- 2025-26



The Silent Force Behind The Scenes

Our Office Staff - 2025-26



1st Row (Left to Right) Rev. Sr. Namita CJ, Rev. Sr. Lissy CJ, Rev Sr. Sumita CJ, Rev. Sr. Sheela CJ
2nd Row (Left to Right) Ms. Anu Joseph, Mr. Vinayak Kumar Srivastava, Mr. Sushant Pal, Mr. Vikas Kumar Yadav, Ms. Chinju Dutta

CHERISHED MOMENTS OF TOGETHERNESS

STAFF EVENING STAY – 2026

The much-awaited Staff Evening Stay at Planters Bungalow was truly a refreshing and joyful experience for all the teachers. The evening began on a peaceful note with a prayer led by Rev. Sr. Lissy CJ, seeking God's blessings for a happy and safe outing.

This wonderful evening was thoughtfully organised by our management — Sr. Sumita CJ (Manager), Rev. Sr. Lissy CJ (Principal), and Sr. Namita CJ (Vice Principal). Their presence and warm encouragement made the gathering even more special and memorable.





















At Planters Bungalow, the atmosphere soon turned lively and cheerful as teachers enthusiastically participated in fun games, dance sessions, photography, and various interactive activities conducted under the guidance of Sr. Namita CJ. The evening was filled with laughter, excitement, and moments of togetherness, giving everyone a refreshing break from their busy schedules.

As the memorable outing came to an end, Rev. Sr. Lissy CJ led a thankgiving prayer, expressing gratitude for the joyful moments shared and the safe experience. Everyone returned home with happy hearts, relaxed minds, and beautiful memories to cherish.

The SMC family sincerely thanks our Manager, Principal, and Vice Principal for organising such a thoughtful and enjoyable evening that helped us unwind, reconnect, and create unforgettable memories together.

















Memories Beyond Classroom

School Picnic (Classes 1 to 11)

The school management thoughtfully organized picnic outings for all classes on different days, providing students with a chance to relax, have fun, and create lasting memories with friends and teachers. With excitement and eagerness each class set out for a joyful day filled with laughter, games, and camaraderie. Surrounded by nature in a refreshing environment, students actively engaged in games, dance, recreational activities, and photography. The tasty food and carefree moments enhanced the day's happiness.

These outings not only serve as recreation but also help to strengthen friendships. Students returned with smiling faces and hearts full of cherished memories.





THREADS AND TRENDS – A CELEBRATION OF CREATIVITY AND STYLE

The annual fashion exhibition Threads and Trends was inaugurated by the Principal, Rev. Sr. Lissy, in the presence of Rev. Sr. Namita, sisters from the Convent, teachers, and students. The exhibition provided a vibrant platform for the students of Classes IX to XII to showcase their creativity, talent, and passion for fashion design. The venue was beautifully transformed into a gallery of colours, textures, and innovative ideas. Visitors were delighted to witness a wide range of handmade creations such as fashion journals, tie-dye fabrics, intricately crafted macramé jewellery, creatively designed T-shirts, artistic sketches, and detailed design boards. Each exhibit reflected the students' imagination, dedication, and ability to combine traditional techniques with modern trends. The highlight of the exhibition was a striking black-and-golden masquerade ball gown designed by the students of Class XII. The elegant creation stood as a symbol of grace, sophistication, and artistic excellence, capturing the true essence of fashion as an art form.More than a display of garments and accessories, the exhibition emphasized the importance of fashion design as a medium of creativity, cultural expression, and innovation. The encouraging appreciation from the guests and visitors greatly motivated the young designers. Threads and Trends truly celebrated fashion as a craft, a story, and a reflection of creativity and individuality.



















Little Dreamer

I am small, but my dreams are tall,
I build my castles, big and all.
With crayons bright, I draw my flight
To touch the moon and hug the night.
I dream to be a shining star,
A doctor, singer, or go far.
A scientist with potions wild,
Or an author—just a dreaming child!
Sometimes I wish to heal the Earth,
To plant more trees and show their worth.
Or wear a cape and fight the wrong,
To make the world both safe and strong.
My dreams may change as I grow old,
But in my heart, they stay so bold.
With every step, I'll learn and try,
A little dreamer reaching the sky!

Mishka Srivastava 5-F

"A Close Friend Far Away"

You've gone away to places new,
And skies have changed their shade of blue.
Though you're not here like days before,
Your presence lingers evermore.
We weren't the loudest in the crowd,
But laughs we shared still echo loud.
Your friendship brought a quiet cheer,
A comfort just from being near.
Now distance stands where moments stayed,
But memories speak — they're just as good.
We'll write, we'll talk, we'll find a way
To keep our bond from fading away.
You may be there and I am here,
Yet in my thoughts you're always near.
Not every friend walks by our side;
Some live within where our hearts reside.
And when the stars shine soft and low,
I smile, remembering how we'd glow.
Far though the maps may show us apart,
We're stitched forever, heart to heart.

Aadya Srivastava 8-A

"If Heaven Had Visiting Hours"

(THE EMPTY CHAIR)

We promised we would meet in April's light,
But February came and stole you from sight.
A silent night and sudden call,
A cruel twist that changed it all.
Nana, you were my joy, my guide, my friend,
With toys and chocolate, love you'd send.
Your gentle smile, your caring ways,
Lit up the dullest of my days.
When I travelled to Bombay's shore,
I missed your presence, missed you more.
Each corner whispered your loving grace,
I longed so much to see your face.
You dreamed I'd make you proud one day,
With shining marks to light your way.
And though you left before you knew,
Nana, I got ninety percent — for you.
Now I look at the sky so wide,
Knowing you watch from the other side.
Your blessings fall like rain,
And I carry you in joy and pain.
I miss you, Nana — forever you'll stay,
In every moment, every day.

Arham Malik 11-E

Dreams

For the Hands That Built Our Dreams
In the blaze of a sun that scorches the sky,
At forty-six degrees, while the streets run dry,
Our mom and dad, with sweat-soaked grace,
To build us a home, a haven, a place.
They trade their comfort, their youth, their ease,
For walls that shelter, for air that frees.
While the world may rest, they choose to fight,
So we can sleep in cool, forgiving nights.
A father, a mother — heroes unsung,
With blistered hands and a steadfast tongue.
Their dreams not worn, but placed in our palms,
Wrapped in struggle, yet speaking in calms.
And we, their children, with trembling might,
Carry their hopes into the future's light.
A doctor's coat, a lawyer's plea,
Paths we chase so their hearts can see
That every drop of sweat they shed,
Every hunger, every tear they bled,
Was not in vain — for here we stand,
Grateful lives shaped by their hands.

Arham Malik 11-E

NATIONAL CADET CORPS



Unity and Discipline



My Journey with NCC



My journey with the National Cadet Corps has been nothing less than transformation. NCC has brought immense joy into my life and gifted me unexpected yet meaningful friendships. It has truly left an indelible mark on my heart and shaped me into a more confident and responsible individual.

I would like to express my heartfelt gratitude to our ANO, Ma'am Seema Tiwari, for guiding us throughout this remarkable journey. She instilled in me the qualities of a true leader and provided us with wonderful opportunities to grow and excel. I am also deeply indebted to our respected Principal, Reverend Sister Lissy CJ, whose constant support and encouragement made all these experiences possible. NCC instilled discipline in us and taught us to remain united despite our differing perspectives.

Among the many memorable experiences, the CATC 65 Camp remains the highlight of my journey. It gifted me unforgettable memories, valuable lessons, and moments of personal growth. The cleanliness drives at Chandra Shekhar Azad Park and the enriching sessions at our battalion were equally impactful.

As I move forward in life, I carry with me the discipline, resilience, and leadership qualities that NCC has instilled in me. To all my fellow cadets, thank you for being a part of this unforgettable chapter.

Jai Hind !

— SGT **Sarveshvari Singh**









NCC Activities and Achievements



The NCC cadets of Classes VIII and IX actively participated in various training programmes and events that enriched their skills, discipline, and leadership qualities. During a six-day training camp held from November 17 to 22, the cadets underwent rigorous training in map reading, drill, compass training, weapon handling, and firing positions under the guidance of CO Praveen Kumar, the PI staff, and Ma'am Seema Tiwari.

The cadets also attended the 'Yatayat Opening Ceremony' at the Police Line on 3rd November 2025, where distinguished officials highlighted the importance of road safety and responsible citizenship.

Another significant milestone was the NCC 'A' Certificate Examination conducted on 18th January 2026, in which cadets of SMCIC Prayagraj and SJS Naini participated with dedication and confidence. The written and practical examinations tested their discipline, training, and preparedness.

Overall, the rigorous training sessions proved to be highly rewarding for the NCC cadets, equipping them with valuable life skills, discipline, confidence, and leadership qualities that will guide them in their future endeavours.

The Pride of Being An NCC Cadet

Joining the NCC camp from 22nd May to 31st May was a truly enriching and transformative experience. The camp taught me the values of discipline, unity, teamwork, and resilience while helping me become more confident and focused. Under the inspiring guidance of our ANO, Ma'am Seema Tiwari, we learned the importance of leadership, dedication, and perseverance.

The camp activities included shooting, debates, physical drills, and cultural programmes, all of which enhanced our skills and confidence. We also attended a Yatayat Ceremony, where we gained valuable knowledge about traffic rules and road safety. One of the most memorable moments was the early morning march from our school to Company Garden, inspired by the spirit of Subhash Chandra Bose, which filled us with patriotism and courage.

This camp played a significant role in my personal growth and left me with unforgettable memories. I remain grateful to our Principal and the NCC staff for providing us with such a meaningful opportunity.







Secured Sleep

Everything was in confusion at the Mishra household. Returning from a doctor's visit accompanied by her sister - Alka, the Mishra couple had dropped briefly at her bungalow before driving home on their motorcycle in the cold winter night. Now having arrived Mrs Mishra was deeply agitated to find her purse empty and a 500 rupee lost. By nature, a hypochondriac and perennial worrier, it wasn't fair that a parsimonious woman like her should lose money at a visit as indispensable as the one to the doctor's.

When the phone rang, Alka was confused to find Mrs Mishra deceptively non chalant and she heard her sister say " Alka I have dropped 500 rupees either in your room or on the pathway. Can you check and let me know."

She had wilfully omitted the use of 'maybe' or 'might've' since her penurious heart couldn't bear to lose money at a place where it couldn't be found.

Alka's husband and daughter scoured the room and the pathway with flashlight on their phones all the while discussing how otherwise dismissible mistakes when committed by those living on the precipice of luck, they became glaringly apparent. Mrs Mishra's only son was 34, unemployed and exhausting his father's pension at an alarming rate. For her to be scrupulous with her money ,this was a survival instinct rather than an oddity.

To put someone out of their misery by a flick of your hand may not be a staggering event but it gives you secured sleep.

Alka was still on the call when her husband and daughter returned with a 500 rupee note found near the lamppost on the pathway. Mrs Mishra relief was barely concealed and could be felt even through the phone; the evening's avalanche of self remonstrations melted into a secured sleep.

A week later when the reclusive Mr Mishra stepped out to collect his pension, he found a 500 rupee note in the linings of his pocket.

Avantika Pandey 12 - D

The Pages of Our Lives

A humble book, be it plain or grand,
A silent confidante within your hand.
The diary waits, with pages stark and white,
To hold the shadows, catch the fleeting light.
No matter who you are, or what you hold,
Its quiet presence makes your story told.
It sees the secrets, whispered in the night,
The hopes that glimmer, fragile and so bright.
The triumphs shouted, though in silent script,
The bitter tears that on the paper dripped.
A witness patient, to the fleeting years,
Dispelling worries, calming rising fears.
Each hurried entry, or each thoughtful line,
A piece of self, eternally divine.
The clumsy drawings, from a childhood's grace,
Reflect the wonder on a youthful face.
The adolescent angst, so raw and deep,
Where promises and tender dreams would sleep.
The adult struggles, nuanced and untold,
A tapestry of stories, brave and bold.
It holds the doubts, the fears we can't quite share,
A safe release, a burden we unbare.
Through shifting seasons, loyal and so true,
It mirrors back the person we once knew.
A silent journey, through our changing mind,
The lessons learned, the peace we hoped to find.
So pick it up, this solace in your hand,
The diary's wisdom, known across the land.
Within its pages, open and so free,
Lies shared and quiet humanity.

-Asna Abrar

FMW
A Legacy



"Be as courteous to others as you would to strangers and as gentle and amiable as you would with a close friend."

— Mother Mary Ward

REST, REFLECT, RESPOND

Today, as we look around, we find growing concerns about mental health, the struggles associated with adolescence,excessive exposure to technology and mounting peer pressure, and the need to improve mental well-being. Are we losing our sanity? Are children exposed to the dangers of artificial intelligence?With such haunting questions, the onus of living in conformity with values and helping young minds navigate their paths is a responsibility of teachers, which is escalating with each passing day. The exalted emotions of students need to be attended with care and compassion.The dire need to teach human kindness in a world dominated by virtual existence is a challenge that each educator is confronted with. The inspiring life of Mother Mary ward isn't just a story to tell but a life to be lived. Her passion for serving God and people is a virtue to reckon with. Through various activities, Fmw strives to diversify the role of students as caregivers.

FMW's vibrant students' group is committed to living out the values of compassion, justice, service, and truth. Through thoughtfully planned initiatives, the group translates faith into action and makes a meaningful difference in society. The following activities, conducted during the academic year 2025, reflect this commitment.

Notes from life (Notebook Distribution Drive)





On 12th July 2025, members of FMW reached out to the Ashadeep students by distributing notebooks, reaffirming the belief that small acts of kindness can create lasting change. The programme commenced with a brief introduction followed by a prayer, invoking God's blessings upon the gathering. The Ashadeep students were warmly invited to join FMW, encouraging collaboration between the two institutions in building a world that is just, inclusive, and compassionate. Rev. Sr. Josita addressed the gathering, motivating the students to walk in the footsteps of Mother Mary Ward and live lives rooted in service and gratitude.

Connecting Hearts- Connected at Shuruaat



Friends of Mary Ward believethat true service lies in reaching out with empathy, love, and understanding. Each activity undertaken is a step towards building a more compassionate and just society, where hearts connect beyond the horizon of differences. In this spirit,a heartfelt outreach activity that aimed at sharing joy and warmth with children in need was organised.



On 11th October 2025, the members visited Shuruaatan NGO, a home that nurtures many bright young souls from underprivileged and orphaned backgrounds. Guided by the spirit and teachings of Mother Mary Ward, the visit aimed to express love and solidarity through small yet thoughtful acts of giving.





The group distributed stationery items including drawing notebooks, crayons, sketch pens, pencils, and slates, along with refreshments for the children. What began as a simple outreach soon transformed into a joyful exchange filled with smiles, laughter, and genuine warmth. The children's enthusiasm and happiness made the experience truly memorable for everyone involved.

This visit was not merely about offering material gifts, but about sharing time, encouragement, and hope.

Planting The Seeds Of Mary Ward's Legacy

The historic merger of the IBVM and CJ Congregations was joyfully celebrated with students and teachers on 4th November 2025. During a special assembly, the FMW Coordinator explained the significance of this momentous event to the entire school community. Thereafter, Sr. Sumita, CJ, the Manager, officially addressed the school, highlighting the importance and





historical value of this landmark occasion. The celebration was marked by a meaningful and symbolic ceremony in which the Friends of Mary Ward (FMW) members were privileged to participate. As a sign of unity and new beginnings, a sapling was planted, symbolizing the coming together of both Congregations into one unified body. This simple yet profound act reflected shared values, a common vision, and a renewed commitment to growth—both spiritual and communal. The ceremony served as a reminder of hope, and the collective responsibility to nurture life and uphold the legacy of Mother Mary Ward..





Further strengthening the mission of service, FMW organised a seminar titled "Seeking Truth and Doing Justice" on 12th November 2025. The seminar focused on the values of compassion, empathy, and social responsibility, encouraging students to become agents of positive change in the society.

The enthusiastic participation and keen interest shown by the students reflected their growing commitment to serving others and promoting justice, making the seminar a resounding success.

Through these initiatives, the Friends of Mary Ward continue to sow the seeds of kindness, unity, and justice, striving to build a future rooted in love, hope, and service, guided always by the enduring spirit and ideals of Mother Mary Ward.

FMW extends a warmand heartfelt gratitude to Rev. Sr. Sumita CJ, Rev.Sr. Lissy CJ, Rev. Sr. Namita CJ, Rev. Sr. Martha CJ, Sr. Josita CJ, Rev. Sr. Rose CJ, esteemed teacher Coordinator, Ma'am Zarreen, respected teachers and dearest students for their formidable support. Nothing was and is possible without the collective efforts of each member. We bow in reverence for making each activity exhilarating.







Mary Ward Week Celebration

(23rd - 30th January, 2026)

Mary Ward Week was celebrated with great enthusiasm and devotion in the school to honour the life and vision of Mother Mary Ward. The week inspired students to follow the values of truth, courage, sincerity, and service, and encouraged them to become true torchbearers of her vision.

A special assembly was organised by the Friends of Mary Ward (FMW) members, where students reflected on the inspiring journey and teachings of Mother Mary Ward through prayers, speeches, and role plays. The assembly motivated students to live with compassion, faith, and responsibility in their daily lives.

An important highlight of the week was the reflection session conducted by the FMW teachers during the morning assembly. Each teacher reflected on a meaningful quote by Mother Mary Ward and explained its relevance in today's life. These reflections helped students understand the deeper meaning of her teachings and encouraged them to practise kindness, honesty, discipline, and service towards others. Mary Ward Exhibition.

To mark this auspicious occasion, a Mary Ward Exhibition was also organised showcasing creative items prepared by the students. Handmade crafts, charts, gratitude cards, bookmarks, portraits, and awareness-based displays beautifully reflected the talents, creativity, and values of the students. The exhibition was appreciated by all and added colour and meaning to the celebrations.

The celebration of Mary Ward Week became a meaningful experience for the entire school strengthening the spirit of faith, unity, creativity, and service among the students.













Friends of Mary Ward Meet - 2026
Training of Trainer's Programme



"Friends of Mary Ward is not a club or an association; it is a way of life. We are extended members of the CJ family.

The Friends of Mary Ward (FMW) Meet 2026, a Training of Trainer's Programme commenced on 6 February 2026 at St. Mary's Convent Inter College, Prayagraj and continued till 8th February 2026. Participants arrived from various institutions and completed the registration process marking the beginning of a meaningful and enriching gathering.

A warm welcome was offered to all participants and the esteemed dignitaries, Sr. Shweta CJ, Provincial Superior, Rev. Sr. Sumita CJ, Manager, SMC, Rev. Sr. Lissy CJ, Principal and Province Coordinator, FMW, Rev. Sr. Namita CJ, Vice Principal along with all the Reverend Sisters present.

The programme began with a luminous solemn prayer led by Rev. Sr. Namita CJ, accompanied by a graceful prayer dance that created a serene atmosphere.

The Keynote Address was delivered by Rev. Sr. Shweta CJ, whose inspiring message, rooted in the vision and values of Venerable Mary Ward, deeply touched the gathering.



The Introductory Session on "Our Identity", led by Rev. Sr. Lissy CJ, introduced the members with their real identity as True Friends of Mary Ward; FMW is not a member or club but 'I'as an individual is FMW.

The second day began with fervour as Rev. Sr. Jane CJ, a dedicated educationist, ardent follower of Mother Mary Ward disseminated her vast knowledge of Mary Ward and her listening to God's call.

Rev. Sr. Lissy CJ's session highlighted that FMW teachers share a mission rooted in family and faith—sharing God's love, forming students to live fully, and handling misunderstandings with compassion.




FRIENDS OF MARY WARD MEET 2026
FMW
CJ WORLDWIDE
CJ ALLAHABAD
SMCIC PRAYAGRAJ












FRIENDS OF MARY WARD MEET 2026
CJ WORLDWIDE
CJ ALLAHABAD
SMCIC PRAYAGRAJ

She introduced the Ignatian Method, emphasising reflection, self-awareness, spirituality, and care for others.

The third session conducted by Rev. Sr. Namita CJ encapsulated the healing properties of 'Salt', urging FMW teachers to add flavour and meaning to the lives of others. A special session by Rev. Sr.Lissy CJ on conflict resolution introduced practical approaches inspired by Mary Ward's values, encouraging participants to become instruments of peace in schools, families, and society.

Sessions focused on identity, Ignatian pedagogy, discipline, spirituality and compassion . Creative skits, reflective activities, quizzes, and group discussions enriched the experience and strengthened the sense of belonging among participants. The programme concluded with a solemn commitment ceremony around a holy fire, where participants pledged to walk in the footsteps of Mary Ward by upholding the values of justice, peace, and reconciliation. Certificates and mementoes were presented to all participants.

The FMW TOT Programme 2026 concluded successfully, leaving every participant enriched, inspired, and renewed in their commitment to live the vision of Mary Ward with faith and dedication.























A DAY TO REMEMBER : TRAFFIC PILOTS IN JUNIOR CLASSROOMS

On the 5th of July 2025, Principal's Day was celebrated with reverence, joy, and a special sense of responsibility. As a tribute to our beloved Principal, a unique initiative was carried out under the guidance of our Vice Principal, Rev. Sr. Namita, with the support of our dedicated teachers. While the teachers of Classes 3, 4, and 5 were engaged in the day's proceedings, the Traffic Pilots of St. Mary's Convent Inter College stepped up to monitor the junior sections.

This duty was carried out under the leadership of our **Vice Head Girl, Adya Awasthi, and Head Prefect, Aditi Shukla,** who were joined by a committed team of Traffic Pilots: **Nandini Kakkar, Shambhavee Dwivedi, Shivya Deora, Karnika Shukla, Arohi Singh, Aditi Rao, Aaradhya Agarwal, Vrinda Singh, Arisha Amir, Shambhavi Pandey, Devyani Singh, Vidyanshi Kesarwani,** and **Agrima Singh.**

Stepping into a teacher's shoes, even briefly, was a unique experience, one that left each of us with lessons that no textbook could ever teach. As a team, we didn't just monitor; we interacted, guided, laughed, and most importantly, learned. Some of us engaged the children with hymns and storytelling, while others played games like Atlas, Dumb Charades, and Name-Place-Animal-Thing. From answering curious questions in Science to drawing portraits with Class 3 students, every moment was filled with joy and nostalgia. The students' energy was contagious, their innocence heart-melting.

Many of us recalled our own time in those very classrooms, and for a little while, we got to relive that wonder again. We saw budding artists, enthusiastic learners, and even future leaders in those wide-eyed juniors. There were drawings, handmade notes, bookmarks, and compliments that we'll treasure forever.

The children welcomed us with warmth and affection. They listened, shared, laughed, and made us feel like we belonged. When some of them asked, "Can you come back after the lunch break?", it was the simplest yet most sincere thank you we could receive.

This experience taught us more than any leadership camp or classroom lesson ever could. It taught us that true leadership isn't about control, but connection. It's about listening, responding with kindness, and creating space for others to grow. We gained insight into the innocence, sensitivity, and limitless imagination of younger students, and with it came a deeper respect for our teachers, who manage, nurture, and uplift these classrooms every single day. We understood how our teachers shape not just minds, but characters. This glimpse into their world left us humbled.

Together, we walked into those classrooms as monitors. But we walked out as learners—with hearts a little fuller, smiles a little wider, and a newfound appreciation for the art of teaching. This was more than just a duty. It was a day of connection, gratitude, and growth. And if given the chance, we would gladly do it all again.

Fatima Afifa (English Chief Editor)
Aditi Shukla (Head Prefect)

"Act not for self, but for the greater good."

-Mary Ward

JPIC is more than a mission;
it is a scred movement of hearts
awakened to love
and hands devoted to service.

It calls us to rise above ourselves,
to mend what is broken, to bring
peace where there is pain,
and to guard creation with
reverence.

Above all, it inspires us to become
the change the world so
desperately longs to see.

JPIC

JUSTICE • PEACE
INTEGRITY OF CREATION

Highlights Of The YEAR

16 - MAY - 2025

SUSTAINABLE RECYCLING DRIVE

In a JPIC recycling drive supported under the Swachh Bharat Mission and guided by Swachhata Brand Ambassador Sanjeev Tripathi, students from all classes collected plastic waste from classrooms and the school campus for one week. The effort filled an entire room, making the experience deeply humbling. The collected waste was handed over to Nagar Nigam Prayagraj for segregation and recycling, with reusable plastic separated. The initiative strengthened environmental awareness and collective responsibility toward a cleaner, plastic-free India.





WORLD ENVIRONMENT DAY

05 - JUNE - 2025

On the 52nd World Environment Day, JPIC students turned intent into action by planting 52 saplings, each marking a pledge toward a greener tomorrow. A collaborative video captured their unity, effort, and participation in building a sustainable future. It reflected shared responsibility and collective care for creation. Shared on the school website, the video inspired others to contribute in their own ways toward environmental protection and a more responsible world.

PLANTATION DRIVE

16 - JULY - 2025

Stepping out with soil on their hands and purpose in their hearts, JPIC members of SMC carried hope into the earth itself through a plantation drive across Prayagraj. Guided by dedicated teachers and supported by Principal Rev. Sr. Lissy CJ, Vice Principal Rev. Sr. Namita, and Rev. Sr. Regina, students from Classes IX to XII took part in this act of restoring balance with nature. The experience reflected harmony with the environment, responsibility towards creation, and SMC's quiet yet firm commitment to sustainability and care for the world we inherit.





MOOT COURT ACTIVITY

01 - AUGUST - 2025

JPIC – Moot Court Activity was an empowering experience that highlighted the strength of justice and the power of young voices. Under the inspiring leadership of our respected Principal, Rev. Sr. Lissy CJ, and Vice Principal, Rev. Sr. Namita, students stepped into the roles of advocates, judges, and researchers with confidence and conviction. It became a space where voices found power, minds found direction, justice found its young champions, as the gavel echoed the triumph of truth and justice.

VIST TO THE NGO

14 - DECEMBER - 2025

In the quiet language of service and compassion, JPIC students and teachers, guided by Principal Rev. Sr. Lissy CJ, visited a Robin Hood Army school, moving beyond classroom walls to share kindness in its purest form. Through the simple gift of stationery and warm interaction, they created moments of joy, laughter, and connection, engaging lovingly with children in meaningful exchange. The experience became a gentle reminder that service, compassion, and gratitude can transform both giver and receiver.



HALCYON VIBES

1ST JPIC-CJ ALLAHABAD PROVICE MEET

24TH TO 26 TH OCTOBER, 2025

The dawn of a historic chapter in the Allahabad Roman Province began with the first ever JPIC CJ Meet at St. Mary's Convent Inter College, Kanpur. This three day gathering brought together student delegations from Kanpur, Prayagraj, Lucknow, and Sagar. An eight member team proudly represented SMCIC Prayagraj, led by JPIC President Devanshi Trivedi and accompanied by teachers, participating with dedication and zeal.

Each school presented social issues inspired by the SDGs through dance, thought provoking Nukkad Nataks, posters, and presentations. SMCIC Prayagraj delivered an insightful presentation on mental health and well being, highlighting emotional awareness among youth. The meet also included team building activities, meaningful games, reflection sessions, meditation, and the creation of Action Plans rooted in JPIC values and the SDGs.

The meet concluded on a note of gratitude as Sister Prabha CJ, Principal of SMCIC Kanpur, honoured all participating schools with mementos, gifts, and certificates. As the curtains fell on this memorable event, every heart carried home a renewed spirit of service, unity, and responsibility, making the meet a truly unforgettable beginning to a brighter and more compassionate future.



"Do what you can with what you have whereyouare."

Theodore Roosevelt

Learn to rise above the noise and let your work speak louder than the voices that doubt you. Work not to silence criticism, but to build a future and to serve with purpose so deeply that, at the end of the day, you are at peace with yourself.

I leave with a heart full of gratitude, knowing that legacy is defined not by titles, but by what they become.

DEVANSHI TRIVEDI

JPIC PRESIDENT 2025-2026

WHEN THE WORLD BECAME A FEED

The world nowadays has become a feed that never stops, and we are all caught in it, scrolling endlessly while everything else burns. Notifications ping like distant gunfire, advertisements flash like explosions in a city under siege, and every screen turns into a battlefield where each swipe feels like a quiet surrender. Minutes slip into hours, hours into days, and life thins into a blur of motion and light.

Chatbots and AI are now performing tasks that were once considered distinctly human. Oh, how convenient it has become to say, "Let me ask ChatGPT," or "Let Gemini handle it." And with that, the most basic yet fundamental tasks of our lives are quietly handed over to machines. Whether it is thinking for us or deciding for us, all in the name of convenience, our curiosity and creativity begin to rot. We no longer pause long enough to notice. Our minds barely linger for thirty seconds on a single thought, and yet the chaos of the world does not wait.

Somewhere, bombs fall on cities that will never be visited. Somewhere, children starve while governments debate. Genocide, mass shootings, unemployment, choking air, and vanishing forests continue with an indifferent rhythm, all while we scroll past, hypnotized by trends, hashtags, and the next bright distraction. And all that is done to convince oneself that something has been done, to erase the weight of guilt, is a single post about feelings and consequences, after which the shoulders are brushed clean. Then the screen refreshes, and the burden is abandoned.

Horror has become the new ordinary, eased gently into normalcy. Life now runs like a background app, muted and minimized, as if our attention is a commodity to be rented, never owned. But what truly matters is dancing in a reel with the newest engaging sound.

And yet, amidst all this, beauty still exists. The fragile and stubborn kind, but we often miss it. It could be the crack of sunlight on the edge of a puddle, the half-smile of a stranger, the wind folding distant voices into a secret language. These moments wait patiently for someone willing to look beyond the screen. But only a few do. Most of us remain logged in, endlessly connected, yet fundamentally blind to what is human. The extraordinary continues to dissolve into pixels, the tragic becomes just another post, and sincerity, the act of truly noticing, turns radical.

AI and social media have made life easier, but they also made it hollow. We've begun to measure our existence in likes, shares, and notifications instead of breaths, glances, and quiet moments. We outsource thought, feeling, and attention, training ourselves to overconsume rather than live.

Choosing to pause in this era is no longer a sentiment. It is survival. It is the refusal to let life pass while our eyes remain locked to screens, the refusal to let the world's horrors and wonders alike dissolve into white noise. To pause, to notice, to feel, is to reclaim our humanity.

The world will continue to scream. Wars will rage. Scandals will erupt. The scroll will never end. But if we do not stop, if we do not notice, if we never unplug, we risk becoming as mechanical as the machines we worship. The question is no longer optional. Will we truly see, or will the feed consume us entirely?.

Fatima Afifa 12A (English Chief Editor)

USM Visionaries : Igniting the Flame of Transformation in Every Soul

"The youth are not just the leaders of tomorrow, they are the changemakers of today—transforming the world one small act at a time."

This powerful sentiment captures the essence of a generation that refuses to wait for the future to make a difference. At St. Mary's Convent, Prayagraj, students don't just learn about leadership; they embody it through a hands-on commitment to social and environmental welfare. By bridging the gap between classroom theories and real-world needs, the young Smcites create a meaningful legacy by being the Architects of a Compassionate Today for a better tomorrow.

The vision of the Universal Solidarity Movement (USM) inspires young minds to believe that true transformation begins within. Guided by values of compassion, unity, and responsibility, the students of St. Mary's Convent stepped forward as "Youth Light Bringers of Tomorrow" during the session 2025–2026. Through their small yet meaningful actions, they became catalysts of change—spreading kindness, nurturing empathy, and igniting hope in every heart they touched. This inward journey of self-discovery allows them to project light outward, illuminating the lives of those in the darkest corners of society. It is a testament to the fact that when a heart is aligned with a higher purpose, every gesture becomes a prayer in motion.





The session commenced with a beautiful initiative as we embraced our role as Guardians of Nature. On 16th May 2025, the young torchbearers of USM came together to design eco-friendly bird feeders using recycled materials, reflecting creativity and responsibility. These feeders were thoughtfully placed across the school campus, inviting birds to find nourishment and refuge. Alongside this, water stations were placed for dogs, cats, and squirrels in and around the school campus, ensuring care for living beings during the scorching summer—truly reflecting that small acts can create a big impact. This environmental stewardship taught our students that their responsibility extends to the smallest creatures who share our world. By caring for the voiceless, they cultivated a deeper sense of universal kinship and environmental ethics.

Illumination of the Mind: Fuel for the Soul



During the vacation, we engaged in a meaningful "Fuel for the Soul" activity, where students created collages of powerful and thought-provoking quotes. These collages served as daily reminders of the strength, potential, and responsibility of youth. Each quote reflected a deeper understanding that transformation begins with our thoughts, shaping us into more aware, confident, and compassionate individuals. By internalizing these words of wisdom, we built an inner sanctuary of resilience to face life's challenges. These visual mantras became a source of constant inspiration, guiding our choices even when we were away from the school gates.

Leadership Training Programme At Indore (26th July - 2nd August, 2025)

A truly life-changing experience, the seven-day Leadership Training Programme at Indore transformed the perspectives of our young leaders and instilled in them the values of independence, discipline, and self-reliance. The students were accompanied by Ma'am Garima Sinha and Ma'am Maumita Chatterjee, who ensured their safety, well-being, and discipline throughout the programme.

Under the mentorship of Rev. Fr. Peenikaparambil and Ms. Neetu Joshi, the participants learned the art of living independently, away from the comforts of home. This experience nurtured



maturity, resilience, and a sense of responsibility.

The USM members embraced a rigorous routine, beginning their days at dawn and following a disciplined schedule that balanced physical activities with mental reflection. Through this structured lifestyle, they discovered that true freedom lies in self-mastery and the ability to manage one's time and habits effectively. By taking responsibility for their daily chores and schedules, they realized their potential and developed greater confidence in their abilities.

From overcoming stage fear to understanding the importance of self-evaluation, every moment became a valuable lesson in personal growth. The young leaders learned that leadership is not about authority, but about service, humility, and leading with compassion.

They returned as enlightened and empowered students, more aware of the social, political, and religious realities of the nation, and ready to contribute towards building a civilization founded on peace, love, and justice.

Bonds of Brotherhood: Sharing Love with "Close to My Heart"




In the month of August, we celebrated "Spreading Love and Compassion" by collecting toiletries and goodies for the underprivileged. These essential items were distributed to many underprivileged children from the NGO named "Close to My Heart," turning our collection drive into a tangible lifeline.






Spending time with them during Raksha Bandhan strengthened the spirit of brotherhood and togetherness. The atmosphere was filled with joy as the children played spirited games and spent time singing songs with the young USM members, creating a symphony of laughter and friendship. This simple yet heartfelt act reminded us that love, when shared selflessly, has the power to brighten lives and build lasting bonds. We realized that true wealth lies not in what we possess, but in what we are willing to give away to bring a smile to someone's face. These interactions broke down social barriers and replaced them with bridges of genuine human connection.

Cultivating Harmony: Peace Club Dialogues



The Peace Club meetings brought students together in a joyful and meaningful way. Through interactive games and activities, we learned how to promote peace, love, and compassion in our daily interactions. A special initiative—the Secret Charity Box under the theme "Skip a Meal"—encouraged students to express solidarity with the hungry, instilling empathy and a sense of responsibility towards those in need. This practice of self-denial for the sake of another's survival made us profoundly aware of our privileges. It turned an abstract concept like "empathy" into a tangible, life-saving action that fed both the hungry and our own souls.

Warmth of Kindness: The Winter Smiles Initiative



As winter arrived, the spirit of giving continued through "Winter Smiles", where students donated useful items for the co-workers of our school. This act of kindness spread warmth, compassion, and gratitude, reminding us that even the smallest gestures can bring comfort and happiness to others. It was a moment to honor those who work tirelessly behind the scenes to keep our environment safe and clean. By acknowledging their hard work, we fostered a culture of mutual respect and dignity within our school family.

This marks a beautiful wrap-up of the session 2025–26—a journey of growth, service, and transformation. Each step taken by the young members of USM reflects the power of youth to create a better world. Every one of these talented young people will definitely touch the lives of others through their meaningful, compassionate steps, serving as beacons of light in their communities. By leading with empathy, they will continue to bring lasting transformation and spread the enduring message of peace and love throughout our society. "Never underestimate the power of small actions—when guided by compassionate hearts, they can transform lives and shape a brighter tomorrow."

VIBRANT HUES OF CO-CURRICULAR EXCELLENCE

The literary and cultural activities emphasize the lively side of creativity and expression at our institution. The entries here are glimpses from various events where students show enthusiasm and a distinct sense of individuality.

Each event is unique in its own way and brings its own flavor, giving students a chance to flourish and develop as confident individuals. A plethora of opportunities available to all not only contributes to building a sense of self-belief and team spirit, but it also allows showcasing talents in a true sense.

The images that come up next depict not just involvement, but also the aspects of growth, cooperation and enthusiasm.

The Handwriting Competition for Classes VI–VIII and the Creative Writing Competition for Classes IX–XII provided students with a platform to express their talents through the written word. The young participants of Classes VI–VIII brought their individuality to life through beautifully crafted cursive scripts. Their neatly written sheets showcased not only the proper use of basic strokes and letter formation but also their dedication to the art of handwriting, reflecting discipline, patience, and aesthetic sensibility.

The students of Classes IX–XII displayed their imagination and literary flair in the Creative Writing Competition. Through engaging narratives, thoughtful reflections, and original compositions, they demonstrated their ability to weave ideas into compelling expressions. Their writings reflected creativity, depth of thought, and a command over language, offering a glimpse into their unique perspectives and storytelling skills.

Both competitions encouraged students to appreciate the beauty and power of written expression while nurturing confidence, creativity, and effective communication skills.



A **Special Seminar on Legal Studies** was organized by the Legal Studies faculty for the students of Legal Studies, with Mr. Sanket Bagla as the spokesperson.

The seminar opened with an engaging discussion on the significance of Legal Studies in today's world, emphasizing its critical role in upholding justice, fostering civic responsibility, and enhancing social awareness.



A Paper Bag Making Activity was conducted on 26th July 2025 for the students of Class 6 by the Eco Committee. These eco-friendly bags were donated to the local vendors of the city. The activity aimed at creating awareness about environmental conservation and the importance of reducing plastic usage.



An exciting **Science Quiz Competition** was organised on 11th August 2025 in the school auditorium. The event aimed to foster scientific temper, encourage teamwork, and ignite curiosity among students.



The Inter House Patriotic Dance Competition for the students of Class 8 was a vibrant and spirited event . All four houses participated with great enthusiasm, showcasing their creative and well-choreographed performances. The theme was patriotism, and the students beautifully expressed their love for the country through a variety of dance forms, including classical, folk, and contemporary styles.







Class 3 students enjoyed an exciting **School Tour** designed to help them explore and appreciate their learning environment. They were guided through different areas of the campus, including classrooms, buildings, the library, science and computer labs, the playground, the chapel, and the activity hall.The tour not only familiarized the children with the facilities but also encouraged curiosity and a sense of belongingness.







The students of Class 8 enthusiastically prepared **Natural Eco-friendly cleaners,** they used citrus peels, herbal leaves, flowers and other natural ingredients for this activity. The aim was to promote safe alternatives to harmful chemical cleaners. This initiative, organised by the school Eco-Club, encouraged students to adopt an eco-friendly lifestyle.





The students of Class 6 enthusiastically participated in the **Young Inventors' Exhibition** held on 29th November 2025. With remarkable creativity and scientific curiosity, the young innovators showcased a vibrant Science Model Exhibition based on Physics, Chemistry, and Biology. They also prepared informative project files and engaging PowerPoint presentations, reflecting their conceptual understanding and teamwork.

The event truly celebrated the inventive spirit of our budding scientists, encouraging them to explore, experiment, and excel!







Tiny Hands, Tasty Treats



The MasterChef Competition for Classes 3, 4, and 5 turned the school campus into a lively little kitchen filled with excitement, creativity, and delicious aromas. For a day, our young students stepped into the role of talented chefs, proudly donning their chef caps and showcasing their culinary skills with great enthusiasm.

Working together in teams, the budding chefs prepared a variety of colourful and healthy dishes such as fruit salads, sandwiches, sprouts salads, and delightful desserts. Their tables were beautifully decorated, reflecting not only their creativity but also their keen sense of presentation and organization. From carefully arranging ingredients to adding artistic touches to their dishes, every group displayed remarkable effort and imagination.

The competition was not only about cooking but also about learning the values of teamwork, cooperation, hygiene, and healthy eating. Students worked together with confidence and excitement, encouraging one another and sharing responsibilities with great coordination. Their cheerful spirit and eagerness made the event truly vibrant and enjoyable.

The judges were highly impressed by the students' creativity, cleanliness, teamwork, and presentation skills. Our respected Principal, Reverend Sister Lissy CJ, and Vice Principal, Reverend Sister Namita CJ, appreciated the young participants for their confidence, enthusiasm, and outstanding efforts.

The event was a delightful and memorable experience that brought out the hidden talents of our budding chefs and filled everyone's hearts with joy and pride.











The Inter-House Declamation Competition

The Inter-House Declamation Competition for the Sub-Junior, Junior and Senior categories was held on 5th and 6th May, 2025 at St. Mary's Convent Inter College, Prayagraj. The competition aimed at enhancing students' oratory skills and encouraging them to express their thoughts with confidence and conviction. Participants from various classes enthusiastically presented famous speeches and thought-provoking topics ranging from historical events to contemporary social issues. The young declaimers impressed the audience with their clarity of expression, confidence and powerful delivery.

The event provided a wonderful platform for students to showcase their talent, creativity and speaking skills. The audience remained captivated throughout the competition and gained valuable learning experiences from the performances. The Principal and Vice-Principal appreciated the efforts and hard work of all the participants and encouraged them to continue honing their communication skills. The event concluded successfully with enthusiastic participation and collective efforts of the management, organisers, students and staff.













The Choral Recitation Competition

The Choral Recitation Competition of Classes 3 to 7 was a delightful celebration of poetry, expression, and teamwork. Students showcased confidence, voice modulation, coordination, and creativity through their engaging group performances.

Poems such as Daffodils, The Road Not Taken, and If were beautifully presented, leaving a lasting impression on the audience. The competition proved to be a memorable and enriching experience that promoted unity, creativity, and self-expression.












Stopping by Woods on a Snowy Evening




CLASS 3 F

BEFORE IT SLIPS AWAY

There is a strange magic woven into school life. It lives on in the scuffed floors that have carried generations of hurried footsteps, in the soft clouds of chalk dust that settle on the walls, and in classrooms echoing with whispered conversations. There are moments we fail to recognize as precious while they're unfolding and they slip through our fingers like sand until one day, we find ourselves standing at the threshold of an ending.

You never quite notice how far you've come until one morning, you wake and realize you're not where you used to be. Somewhere between complaining about project deadlines and dreading extra classes, we grew up and our childhood slipped away silently. For me, Class 11th was the moment that truth sank in. As A.A. Milne once wrote, "We didn't realize we were making memories, we just knew we were having fun." That line stayed with me, bringing me to the bittersweet realisation of the ending.

Throwing a farewell ceremony for seniors, knowing it would be us next year, making promises to stay in touch and clinging to moments that pass too quickly, I remember wishing time would slow down, just for a little while. I think of the school trips, the laughter spilling across bus seats, the voices singing along to songs we didn't even know the lyrics to, and feel the need to stay in that fleeting moment just a little longer. Belonging to this place so completely, I never imagined that someday the corridors of my school would feel unfamiliar, or that there would come a morning when I wouldn't put on my uniform and I will lose a part that once was so wholly mine.

But even as everything else fades, the memories remain. They linger quietly, in shared laughter, in tears we tried to hide, in the photographs that froze us in moments of effortless joy. They live in the knowing glances exchanged between strangers who have now become family. One day, perhaps after several years, feelings of nostalgia will hit deep into the nights and we'd listen to songs that we once called ours and reminisce.

But right now, I'm still seventeen. I'm still in Class 11th, standing at the edge of an unwritten chapter of Class 12th. This year taught me that time doesn't pause just because we wish it would. It moves with a steady indifference to our hopes, carrying moments forward whether we are ready to let them go or not. So, as I step into my final year, I want to be the one who slows down to be fully present for the fleeting, beautiful moments that rush past. The year won't be flawless and I will not suddenly change because of this realisation. But the change has been a long time coming and I want to be there before it all becomes a memory. And when the last bell rings, and our uniforms are folded away and tucked into the backs of the closets, I'll know that this chapter was unforgettable.

Arisha Feroz Sub Editor – English

Rifles and Roses

He laughed beneath the morning sun,
With marching boots and jacket spun.
He kissed his wife, her eyes so wide,
Then turned to where his mother cried.

"Don't worry, mother," he gently said,
"I'll come back home. Don't bow your head.
And you, my love, just wait for me,
We'll raise our boys beside the sea."

He tucked a rose into her hand-
A velvet bloom from promised land.
"Keep this," he said, "until I'm near.
It holds my love; it holds me here."

She smiled through tears, her fingers tight
Around the stem like threads of light.
He turned away with one last wave,
To join the bold, to be the brave.

He wore his vows upon his chest,
A soldier sworn to do his best.
He left with hope, with heart intact,
Not knowing he would not come back.

He marched away at dawn's first breath,
Through fields now stained with war and death.
A name, a badge, a duty sworn-
To guard the land where he was born.

The letters came with loving lines,
Till silence crept between the signs.
His wife would wait near window light,
His mother prayed through every night.

They thought the skies would ring with song,
That victory bells would chime all long.
But all that came was news so bare-
No festal light, just empty air.

His boots lie buried in the dust,
His helmet kissed by wind and rust.
The path he took is silent now,
No blood remains upon his brow.

His mother aged with grieving grace,
Still setting two plates in their place.
His wife, now pale with years gone by,
Still speaks to him beneath the sky.

And then one day, with trembling grace,
She brought the rose near his framed face.
His photo garlanded in marigolds,
A silent tale of love it holds.

Its petals dried, its color gone,
Yet still it breathed the man she'd known.
A husband brave, a loyal son,
Whose war was lost before it won.

He walks not earth, nor haunts the air,
Yet every freedom finds him there.
For peace he bought, and silence keeps-
The soldier lost, who never sleeps.

Adhishree Singh 10 D



The Quest - School Annual Function 2025

The students of St. Mary's Convent Inter College brilliantly brought alive the soul of "The Quest" through a vibrant blend of music, dance, and drama.

The 159th Annual Concert, held on the resplendent evening of 1st November 2025, became a spectacular celebration of art, intellect, imagination, and inspiration, all woven into the stirring theme, "The Quest."

The magnificent evening was graced by the presence of His Lordship, Rev. Bishop Louis Mascarenhas, Bishop of the Diocese of Allahabad, as the President of the event. The Chief Guest, Ms. Saumya Agrawal, IAS, Divisional Commissioner, honoured the occasion with her esteemed presence.

Distinguished guests further adorned the programme — Hon'ble Mr. Mudit Chandra, IRPS, HR Head, North Central Railways, and Rev. Sr. Shweta CJ, Provincial Superior, Congregation of Jesus, Allahabad Province — whose presence added dignity to the celebration.

It was a matter of immense pride for the SMC family to welcome its illustrious alumnae: Ms. Madalsa Srivastava, Assistant Director Finance (Audit), Government of Uttar Pradesh, and Ms. Urja Raheja, Indian Economic Services, AIR 2, who attended the event as special guests.

The dignitaries received a warm and graceful welcome from the Manager, Rev. Sr. Sumita CJ, the Principal, Rev. Sr. Lissy CJ, and the Vice Principal, Rev. Sr. Namita CJ.

The concert began with a divine, soul-stirring ballet performed by the talented students of Class 9, offering a heartfelt tribute to Prayagraj — the city of heritage, confluence, and timeless culture — and to Mother Mary Ward's inspiring vision of courage, compassion, and education.

A serene classical dance followed, casting a gentle, artistic calm across the gathering.

The evening unfolded with a series of captivating performances such as" Hugs of Gratitude", "On the Wings of Freedom", "Whispering Streets" and" Secret of the Mirror," All the events offered deep moral reflection and illuminated the timeless values that guide hearts, shape minds, and elevate the human spirit.

The Rhythm Raiders, SMC's iconic musical band, electrified the stage with their energetic presentation, while "Cosmic Quest" applauded India's scientific brilliance.

Class 8 showcased" The Broken Compass" which touched hearts with its emotional narrative based on substance abuse and "Countdown to Truce" by Classes 9 and 10 portrayed the inspiring triumph of peace over conflict.

Class 11 mesmerised the audience with "Roots to Radiance," celebrating India's handcrafted legacy, and Class 12 concluded the dramatic showcase with "The Covenant," a powerful enactment of the Preamble of the Indian Constitution.

The campus radiated with splendour, creativity, and joy — SMC was truly a sight to behold!

The Chief Guest, Ms. Saumya Agrawal, also an alumna of SMC Lucknow, expressed her heartfelt delight and praised the dedication of the SMCians. She encouraged the girls to pursue their aspirations with determination, advising them to break their goals into smaller, achievable steps.

The evening concluded with a gracious Vote of Thanks, followed by the National Anthem, bringing to a close an uplifting celebration of talent, values, and hope at St. Mary's Convent Inter College, Prayagraj.











The Quest - School Annual Function 2025



































The Quest - School Annual Function 2025
























Beauty Of The Heart




CONFLUENCE
VE PRAYAGRAJ



The Quest - School Annual Function 2025











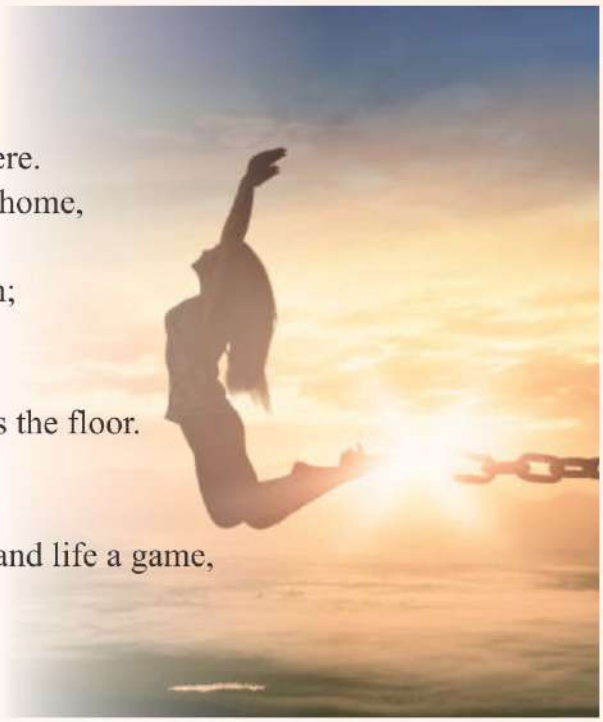








Heal the World



I remember a time when each day was long.
The world was a playground, and my life a song.
For many years, I didn't care;
I didn't really think about the future and what waited there.
I was young, and I didn't know about the world outside home,
Where tragedy, sorrow, and murder could roam.
But when I started growing up, darkness started to set in;
The bright world turned into concrete and tin.
Now I see the violence that I didn't see before.
People I know start to leave me, and my heart really hits the floor.
Deadly diseases claim people I love.
There are landfills below me and pollution above.
I often think back to when the world was a playground and life a game,
But unfortunately, it won't be the same.
I make a vow that I'll never quit and will go hard.
I will go on with a big smile and play every card.
I'll give all I can, and help others with love.
I know the strength I don't have will come from above.
So, people, call me, take my hand, and through darkness we shall sail.
If we join together and love each other, we can never fail.
We'll remember to care, remember to feel, and believe in and accept the entire human race.
Our world will heal.

Gauravi Srivastava 9 - B

Teenager's Life

We're teens, we're growing fast,
Learning new things, making friends at last.
We laugh, we play, and have fun,
Trying to figure out who we are.
School's where we go to play and learn,
We make friends and have our turn.
We dream big and work hard too,
Hoping our future will be bright and new.
We face challenges and overcome fears,
We learn from mistakes and wipe away our tears.
We're growing up and finding our way,
One step at a time, every single day.
We're not kids, but not adults yet,
We're in between, figuring it out.
We're learning to balance school and joy,
And making memories that will never fade away.
We're teens, and we're on our way
Towards a bright future, starting today.
We'll work hard and never give up the quest,
And to make our dreams a reality, we'll do our best.

Era Srivastava 9 – B

Parents' Day Celebration : A Joyful Tribute to Love, Gratitude, and Togetherness

Parents' Day holds a special significance in schools as it celebrates the invaluable role of parents in a child's growth, learning, and overall development. The Parents' Day celebration of Classes I and II in SMC was a delightful tribute to the love, care, and sacrifices of parents. The young students captivated the audience through a vibrant series of performances filled with enthusiasm, creativity, and meaningful messages.The children presented thoughtful enactments on Mobile Addiction and Environmental Awareness, encouraging responsible habits and care for nature. The enchanting dramatization of The Tale of Snow White beautifully highlighted the values of kindness and friendship. Adding colour and excitement to the programme were lively performances such as the Action Song and Retro to Metro – Bollywood Remix, which showcased the children's confidence and joyful spirit. Patriotic presentations like Our India, Our Pride filled the atmosphere with pride and admiration.The celebration concluded on a heartwarming note, leaving parents deeply touched and elated as they witnessed the innocence, talent, and growing confidence of their children.







Parents' Day Celebration



Files Filled with Research Paper



The students of classes 9-11 at St. Mary's Convent Inter College set off on a journey from Prayagraj to Lucknow for the La Martiniere Model of the United Nations (LMUN) 2025, held at La Martiniere College, Lucknow. Fourteen participants, accompanied by Ma'am Mohla and Ma'am Rumela, began their MUN experience on 7th November 2025, where the first committee meeting took place. From Diplomats to Journalists, the participants were allowed to explore a wide range of roles at the conference. Different committees were allotted to the students with their portfolios, forming the basis of their research. Over the span of three days, the students worked tirelessly and sat in committees as if they embodied their very portfolios provided to them.



The students worked diligently, engaged in debates, discussions, and drafted as though they truly embodied their assigned roles.. On the 9th of November, 2025, during the Closing Ceremony, Mahika Mishra, of 10-F won the prize of Special Mention in her committee, People's Court of Athens, for her exceptional performance as Areston, an Olympic Javelin Thrower. This golden opportunity of experience, hard work, and learning to work under pressure, was made possible by our Principal, Reverend Sister Lissy, and our Vice Principal, Reverend Sister Namita, who supported and encouraged the participants throughout the course of this event.







International Men's Day



A brief programme was held in the Lower Concert Hall on 19th November, 2025 to celebrate International Men's Day and honour the male staff of our school. The women staff members expressed their appreciation through songs, messages, and a small presentation. As a token of gratitude, the male staff were presented with roses and a bouquet. Our Principal, Rev. Sr. Lissy, addressed the gathering and highlighted the significance of the day while acknowledging the contributions and dedication of the male staff. Mr. Tiwari, on behalf of all the male members, extended heartfelt thanks to the organisers for the thoughtful celebration. The programme concluded with refreshments for all.

















Alumnae Meet 2025

BACK TO HAPPIER TIMES!

December – a month of festive cheer, fog, bright blue skies, biting winds and Alumnae Meet! Every year in December, the Alumnae Meet is organized by the St. Mary's Convent Alumnae Association to bring together ex-students (from round the world), old teachers and Sisters for an afternoon filled with memories and stories. We come back to our alma mater to reaffirm our unbreakable bond with the school and with each other. It is a time when we go through the being school girls again, minus the lessons but plus the laughter, minus the alarm clock but plus the alacrity of meeting our friends and teachers again and minus the exams but plus the exuberance (of posing over our school dress cutouts!).













Alumnae Meet 2025





On the morning of 19th December, 2025, the office bearers and volunteers of the St. Mary's Convent Alumnae Association trooped in to school early for organizing the Alumnae Meet, preparations for which had started in earnest in the month of July. After months of careful planning, meticulous arrangements and hard work, D-Day had finally arrived! As the gates of St. Mary's opened again for the ex-belles of St. Mary's, even the Sun peeped out from the cold skies to smile. Blue-gold and blue-silver circles adorned the golden and silver jubilarians as they walked in, beaming. The Lower Concert Hall, also known as our Hindi Singing Hall, was full of chatter, laughter and squeals of delight as alumnae met old teachers, Sisters and each other after, it seemed, a lifetime. It was simply awesome when the golden jubilarians – those who had completed 50 years of passing class 12th – walked into the Hall with amazing grace and poise. It was equally splendid to see the silver jubilarians – those who had completed 25 years of passing class 12th – troop into the Hall in identical navy-blue tops.

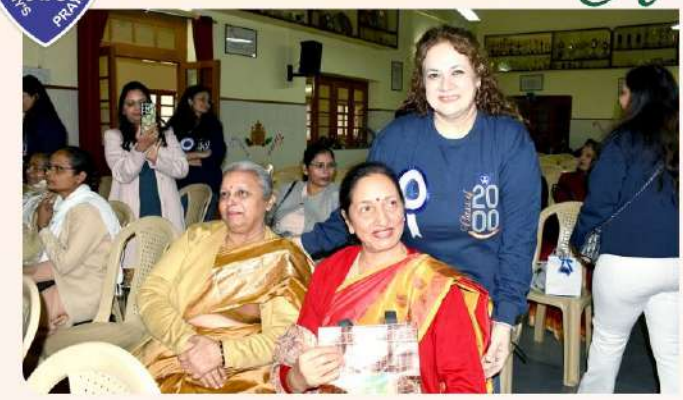








Alumnae Meet 2025





On behalf of the SMC Alumnae Association, the Joint Secretary and compere, Ms. Neeharika Sinha Narayan, welcomed Provincial Superior Rev. Sr. Shweta, Manager Rev. Sr. Sumita, Principal Rev. Sr. Lissy, Vice-Principal Rev. Sr. Namita, Finance Manager Rev. Sr. Sheela, other Sisters, teachers and alumnae. The program began with the Lord's Prayer. It was indeed a proud moment for the 1975 batch i.e. golden jubilarians when they were presented mementos by the Principal of St. Mary's Convent, Sr. Lissy, and President of the Alumnae Association, Ms. Sumati Rani Gupta. Nostalgia tinged the air, as they shared their reminiscences with all of us. Next, the 2000 batch i.e. silver jubilarians were presented mementos by the Manager, Rev. Sr. Sumita and the Secretary of the Alumnae Association, Ms. Divya Puri. As a token of their gratitude and appreciation, the Batch gifted a smart board to the School for a technology-enhanced and collaborative learning.

In her address to her ex-students, the Principal, Sr. Lissy, warmly addressed the gathering and asked them to follow the SMC traditions of love, kindness and gratitude wherever they may be in the world.

The gathering was also addressed by Ms. Sumati Rani Gupta, President of the SMC Alumnae Association who welcomed everyone and requested the ex-students to keep their bonds with the school strong. Several ex-students came onstage to share their reminiscences. The silver jubilarians also presented a collage of their old photos on the smart board. The cherry-on-the-pie was, of course, a video address by our beloved Mrs. Bajpai whose 'my dear girls!' was like a balm to the heart. Later on, SMC Alumnae Association honoured Mrs. Madhu Sharma, the sports teacher, Mr. Denis, the caterer, the E-care Team and the support staff for their help and support in organizing this event. Ms. Swarnim Agarwal, a 2019-batch ex-student, gifted a sound bar to the Association for its various activities. At the end of the first half of the program, the SMC Alumnae Association expressed their heartfelt gratitude to the Manager, Rev. Sr. Sumita and the Principal, Rev. Sr. Lissy, the Vice Principal, Rev. Sr. Namita and the Finance Manager, Rev. Sr. Sheela for their able guidance, support and leadership at every step in organizing this event.

Now, it was time for some fun and games in the basketball court! The ex-students, teachers and Sisters were divided into teams – Anar, Rocket, Chakri, Phuljhari, Chatai and Atom Bomb – to guess the names of songs being played on the speakers. Another game with the basketball was played where the ex-students stood in 6-7 different lines and each line was

given a ball. The ball had to be passed down the line till it reached the last girl, who would then would run to the front of the line and begin the game again. This would continue till the first girl of every line reached the front again and the line that completed the game quickest would be the winner. Needless to say, it was hugely popular and even some of the teachers participated in it. All the winners were presented with chocolates. Shuchi Rana, Shabana Hussain and Swarnim Agarwal managed the games.

Physical activity and the cold air tend to whip up appetites and a sumptuous High Tea had been arranged keeping just that in mind. As everyone chatted while enjoying the chaat, the chola-bhatura, the pasta and many more delicious delicacies, fabulous music played in the background. Photos were clicked. Phone numbers and promises to meet again were exchanged. A beautiful afternoon had mellowed into a lovely evening. As we held hands and said goodbyes, we also assured that SMC will always be a part of us – guiding us and enlightening us as we tread our paths in this chaotic world.

Till we meet again!

'…because those heavy school bags were the lightest burdens we carried…'

Roli Srivastava,
Media Head, SMC Alumnae Association



HEARTFUL MEDITATION

On 9th September 2025, an orientation programme on Heartful Meditation — a form of mind-body complementary therapy and meditation of the heart — was conducted for the emotional well-being of the students. The session was specially organised for the students of Classes 10, 11, and 12, who are currently preparing for examinations that will lay the foundation of their future.

The programme emphasised that along with hard work and dedication, it is equally important for students to maintain balance, clarity, and inner peace of mind and heart. The meditation session aimed to help students connect with their inner selves. By calming the mind and listening to the heart, students were encouraged to discover hidden strengths and develop emotional resilience.

The esteemed resource persons of the day, Ms. Radha Saxena, Ms. Jyoti Mishra, and Mr. Rwitick Solanki, guided the students towards mindful thinking and spirituality. Through their insightful session, they inspired students to liberate their minds and hearts while learning to balance their emotions with positivity and calmness.



Lifestyle Awareness



A significant session focused on lifestyle-related health issues was organized on 24th November 2025 for the students of Classes 9 and 11. The session highlighted how small changes in our daily lives can protect us from major health challenges and help us lead happier, healthier lives. Six eminent doctors of the city led this important awareness programme.

* Dr. Sarita Bajaj, an accomplished medical expert in the field of endocrinology, shared her insights on healthy diets and practical tiffin options for better lifestyle management.
* Dr. Anubha Srivastava discussed Type 2 Diabetes Mellitus (T2DM).
* Dr. Smriti Singh spoke on the importance of physical activity in maintaining good health.
* Dr. Shivanjali Kumar Chaturvedi apprised the students about PCOS and its impact on women's health.
* Dr. Vibhu Ranjan Khare emphasized lifestyle disorders and their growing impact on health.
* Dr. Azher Rizvi presented a case-based session focused on obesity management. Thereafter, a Blue Balloon Release Activity was conducted, during which a human blue circle — the global symbol for diabetes awareness — was formed. Our Principal, Rev. Sr. Lissy, Vice Principal, Rev. Sr. Namita, the doctors and their assistants, teachers, and students participated enthusiastically. Later, a diabetes screening initiative was carried out for our honourable sisters, teachers, and supportive staff. Overall, it was an impactful and enriching session that enhanced awareness and motivated everyone to make healthier lifestyle choices.







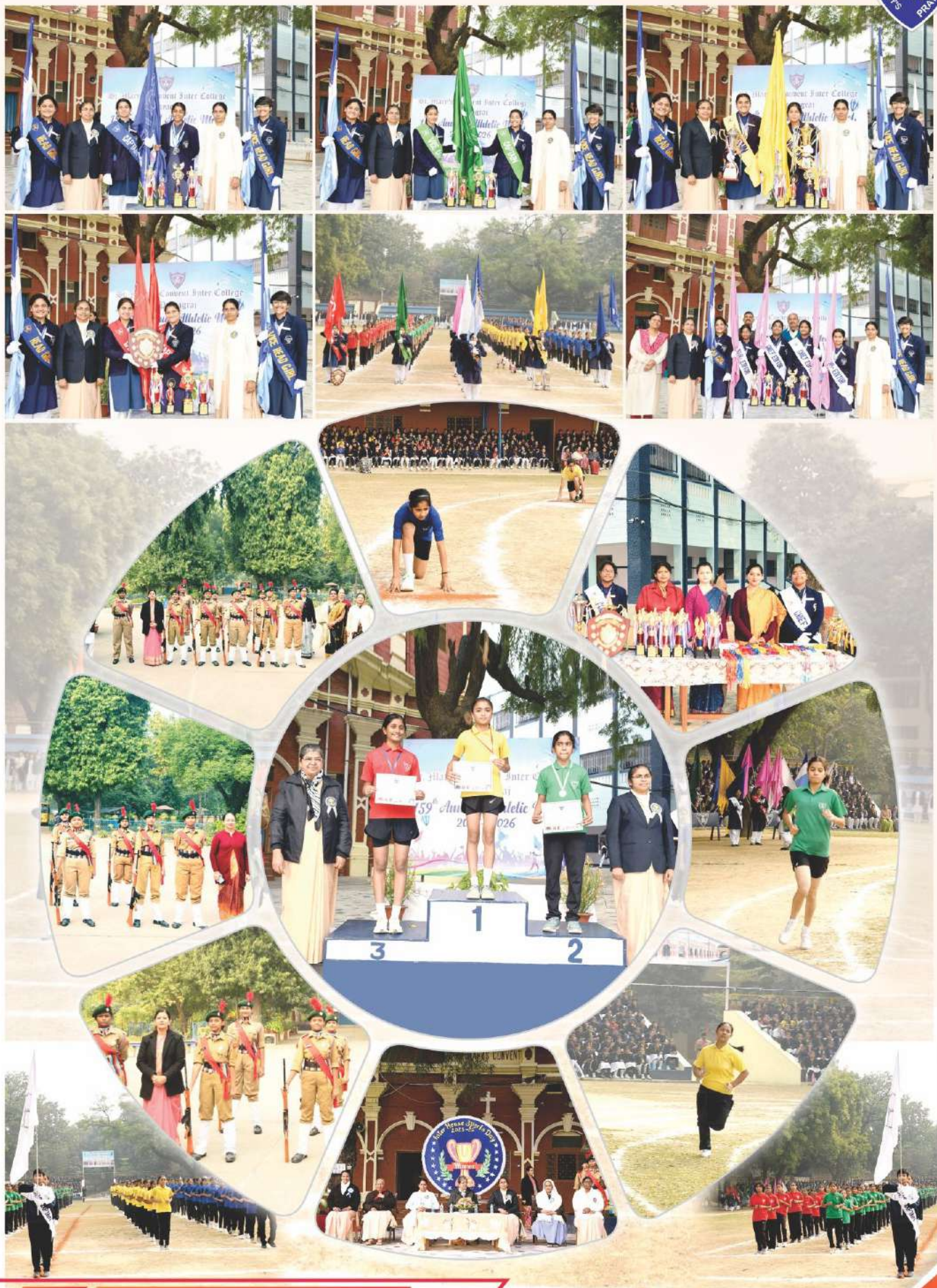


159th Annual Athletic Meet 2025-26

St. Mary's Convent Inter College celebrated its 159th Annual Athletic Meet for the session 2025–26 on 13th December 2025 with great enthusiasm and a spirit of sportsmanship. The programme commenced with a welcome address and a badge-pinning ceremony for the Special Guest, Rev. Sr. Sumita CJ, Manager, in the august presence of our Principal, Rev. Sr. Lissy CJ; Vice Principal, Rev. Sr. Namita CJ; and the Reverend Sisters. After invoking God's blessings, Rev. Sr. Sumita formally declared the Athletic Meet open. This was followed by the Oath-Taking ceremony led by the Games Captain, which set the tone for healthy, disciplined, and fair competition. Students from Divisions D, C, B, and A participated enthusiastically in a wide range of track and field events, including the 100 m, 200 m, 400 m, and relay races. The field was beautifully adorned with colourful props as the budding athletes of Classes III, IV, and V participated sprightly in exciting recreational games. Prizes were awarded to athletes in the pre-decided events such as the 400 m race, hurdles, throw ball, and javelin throw.

The spectators brimmed with excitement as the final tug-of-war match commenced between the Blue House and the Yellow House. The house moderators and captains of the respective houses strategically motivated their teams, adding to the thrill of the event. Thereafter, the winning athletes of the pre-decided events were gracefully honoured with medals and certificates. The Inter-House Athletic Meet concluded with the final assembly, an inspiring address by the Principal, and the Final Prize Distribution Ceremony. National-level athletes and participants of various sports events were also felicitated for their outstanding performances. Individual Champions were honoured in recognition of their remarkable efforts. Yellow House secured the trophies for both the Inter-House Cultural and Literary Events for the session 2025–26 and was also declared the Winning House of the day. Red House bagged the Runners-Up trophy, followed by the Green House as the Second Runners-Up. It was truly a win-win day for SMC sportspersons, as each participant put in their best efforts to uphold the glory of the school.




1
3
2

Embracing The Spirit of Christmas




The school celebrated Christmas on 20th December 2025 with immense joy, devotion, and festive spirit. The campus was filled with warmth and excitement as students enthusiastically participated in the celebrations, reflecting the true essence of the season.

The highlight of the programme was a beautifully presented Nativity Play, which creatively depicted the birth of Jesus Christ. Through expressive acting, meaningful narration, and symbolic presentations, the students brought the Christmas story to life in a touching and engaging manner. Their sincere performances beautifully conveyed important values such as faith, humility, obedience, peace, and love.

The celebration created an atmosphere of happiness and togetherness, reminding everyone of the importance of compassion and goodwill. The programme concluded with a heartfelt message encouraging students and staff to embrace the true spirit of Christmas by spreading kindness, love, and joy in their daily lives. The event left the audience inspired and filled with festive cheer.







Republic Day Celebration 2026





The 77th Republic Day of India was celebrated with great patriotism and reverence in the gracious presence of our Honourable Chief Guest and former teacher, Mrs Shashi Tressler, along with our Manager, Rev. Sr. Sumita CJ, Principal Rev. Sr. Lissy CJ, Vice Principal Rev. Sr. Namita CJ, Reverend Sisters, staff, and students.

The celebration highlighted the significance of Republic Day as a reminder of the values enshrined in the Constitution of India — justice, liberty, equality, and fraternity. The inspiring words of the Chief Guest encouraged students to become responsible citizens and uphold the democratic ideals of the nation.

The programme served as a meaningful tribute to the spirit of unity, patriotism, and national pride, inspiring everyone to contribute positively towards the progress of the country.



















"Be the Dreamcatchers of Hope"

Adieu Dear Seniors

As the school steps into the year 2026—anticipating new beginnings intertwined with heartfelt moments and inevitable goodbyes—the SMC family bid an emotional farewell to the students of Class XII, who had been an integral part of the institution for the past fourteen years.

The students of Class XI organised an elaborate and thoughtfully curated programme for their seniors, beautifully centred around the meaningful theme, "Be the Dreamcatchers of Hope." The presentation unfolded through soulful prayers, a skit, and vibrant dance performances, each element artistically reflecting the essence of the theme.

Following the cultural programme, the Manager, Reverend Sister Sumita; the Principal, Reverend Sister Lissy; and the Vice-Principal, Reverend Sister Namita felicitated the outgoing students with mementos—tokens of remembrance encouraging them to cherish their journey at SMC and carry its values into the wider world.

The celebrations continued with a special evening stay for the graduating students, during which an engaging interactive session titled "We Chat" was conducted. In this heartfelt gathering, students enthusiastically shared cherished memories, reflected on their experiences, and expressed their emotions as they prepared to bid farewell to their school life.

The evening further came alive with lively dance sessions and delicious refreshments, adding joy and warmth to the occasion.

The farewell concluded on a deeply symbolic note as each outgoing student was presented with a candle. These glowing flames served as a reminder that though they may depart from these familiar halls, the light nurtured within them shall remain eternal—transforming them into inextinguishable beacons of hope, ready to illuminate paths, ignite change, and set the world ablaze with dreams and purpose.



Adieu Dear Seniors



Adieu Dear Seniors



Goodbye and Good Luck Dear Seniors





Goodbye and Good Luck Dear Seniors





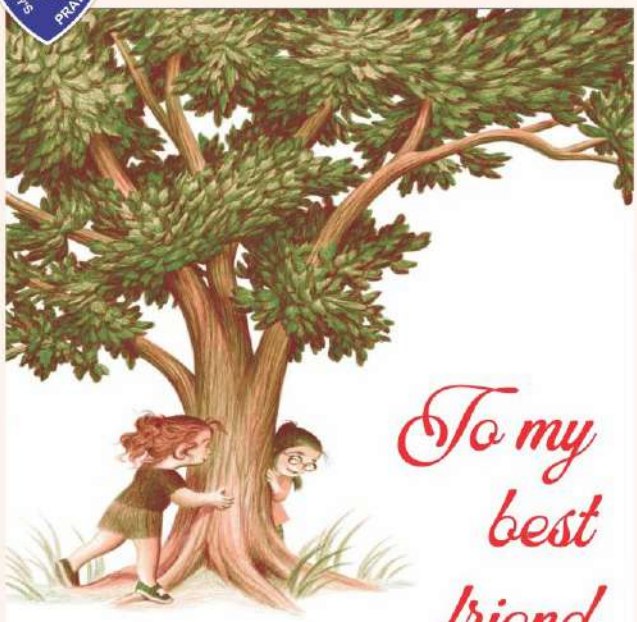
Goodbye and Good Luck Dear Seniors



A LULLABY

A Lullaby
Sleep, my love, sleep
The night is long and the hush is tight.
Lay your head on the ground and watch the stars disappear.
Sleep, my love, sleep.
Those aching hands will now finally get rest.
No reports, no work calls,
Nothing to worry about now.
Sleep, my love, sleep.
The night is long and the hush is tight.
The winds have forgotten, and the earth is still.
Nothing will pain you now.
Your daughter often comes and asks if she was the problem.
Your lover lies to your younger daughter.
Your father often comes and cries.
Your mother just can't face the truth.
Sleep, my love, sleep.
Your name is almost irrelevant now.
Your birthday is now just a day.
That your family would rather not talk about.
You are now just a segment of everyone's memories.
What's unsaid remains unsaid forever now.
Your enemies are many times seen praising you.
Maybe this is how it works.
Sleep, my love, sleep.
The night is long and the hush is tight.
The world moves on, the stories cease,
But you don't have to know all this....
So, sleep, my love, sleep.
The night is long and the hush is tight.
Close your eyes and hold your breath,
As I am here....
Rest, my love—rest in peace.

Gunika Tiwari 10-D



To my best friend

One day we shall meet
And talk about how you've been,
The life you've lived, and then
I'll recall all the places I visited,
And the places I wish you were near.
And at the dinner table,
We'll sit around —
Just you and me, and no one else for now.
I'll tell you the jokes left unsaid,
And then I'll see you laugh at them.
How I hid it so well,
I'd finally tell you how much I cherish you,
And that you were the only best friend I needed and wanted.
That my feelings are still honest and true,
And now that I am not a coward anymore,
I won't run if you need help once again.
I know this confession will bear no sweet fruits anymore,
But I just wanted to tell the truth —
The truth that
I loved you, and you've always been
My favourite person.
And at the end, we'll bid farewell
With one promise, to meet again,
And with love carefully kept by our side, forever.

Umrah Aziz 11-E

Each Step Forward

Each Step Forward, a Dream Takes Shape
Each step forward, a star appears,
Guiding us through life's darkest fears.
With each stride, a course is set,
A journey of the soul, where dreams are met.
The road ahead, an obstacle to meet,
Each step forward, a triumph to greet.
With each step ahead, understanding deepens,
A strength that is nurtured, a heart that lightens.
Aspirations rise, a future to win,
A tomorrow brighter, where dreams begin.
With every step, a memory stays,
And with each step, a new path sways.

Arnvi Yadav 9-A

13

I'm 13, in a blue dress, walking around in true bliss.
I never seem to have issues that fray my tissues.
I'm clueless, but in a good way, I guess.
I dance in the sunshine and on moonlit nights, with
flowers in my hair, feeling carefree and joyful, without a single care.
I'm a dreamer, a believer, with a heart that's pure and bright.
I'm 13, and for me, life's a delight.
As I twirl and spin around,
life's got troubles to be found.
Through ups and downs, highs and lows, I hope I'll
always be crowned.
But as for now, I'm a dreamer, a believer with a heart so pure and bright.
I'm 13, and for me, life's a delight.

Abigail Eya Eapen 9-A

HAPPY BIRTHDAY DEAR SR. MARTHA

The birthday celebration of our revered Headmistress, Sr. Martha CJ, was marked with love, gratitude, and joyful wishes by the students and teachers of Classes 1 and 2. The occasion reflected admiration for her inspiring leadership, wisdom, and compassion through prayers, songs, dances, and heartfelt presentations. The celebration expressed sincere appreciation for her guidance and dedicated service, while seeking God's abundant blessings of happiness, good health, peace, and continued success in leading the institution with grace and excellence.

















GLIMPSES FROM THE PRIMARY WING

THE SPIRIT OF PATRIOTISM The 79th Independence Day was celebrated with great enthusiasm and patriotic fervour by the children of classes 1 and 2, with Father Eugene Mascarenhas, as the Chief Guest of the occasion.

After the flag hoisting and the National Anthem, an array of vibrant events such as songs and group dance, were brilliantly showcased by the students.



HEARTFELT CREATIONS FROM LITTLE HANDS The Card-Making Activity on the theme "Teachers: Guiding Lights, Shaping Futures" provided students with a wonderful opportunity to express their love and gratitude for their teachers creatively. Using vibrant colours and innovative designs, the children crafted heartfelt cards that beautifully reflected their admiration and artistic talent.



GROUP DANCE COMPETITION The Group Dance Competition on the theme "The Spirit of India" showcased vibrant performances celebrating India's cultural diversity and unity. The young dancers impressed everyone with their energy, coordination, and confidence. The event beautifully reflected patriotism, teamwork, and talent, making it a joyful celebration of India's rich heritage.



FANCY DRESS COMPETITION The Fancy Dress Competition held on 25th and 26th July 2025 celebrated the themes "Incredible India" and "Famous Freedom Fighters." Dressed in colourful costumes, the young participants confidently portrayed India's heritage, traditions, and national heroes, showcasing creativity, patriotism, and confidence through their impressive performances.



THE YOUNG STORY TELLERS The Storytelling Competition held on 14th July 2025 beautifully highlighted moral values through inspiring stories and creative presentations. The young storytellers captivated the audience with messages of honesty, kindness, courage, and unity, reminding everyone that values are life's greatest treasure and inspiring students to become compassionate human beings.



A Ray of Hope Ashadeep



Ashadeep Staff 2025-26



नोबेल पुरस्कार



नोबेल फाउंडेशन द्वारा स्वीडन के वैज्ञानिक अल्फ्रेड नोबेल की याद में वर्ष 1901 ई0 में इसकी शुरुआत की गई। यह शांति, साहित्य, भौतिकी, रसायन, चिकित्सा विज्ञान और अर्थशास्त्र के क्षेत्र में विश्व का सर्वोच्च पुरस्कार है। इस पुरस्कार के लिए बनी समिति और चयनकर्ता प्रतिवर्ष अक्टूबर में नोबेल पुरस्कार विजेताओं की घोषणा करते हैं, लेकिन पुरस्कारों का वितरण अल्फ्रेड नोबेल की पुण्यतिथि 10 दिसंबर को किया जाता है।

1. रवीन्द्रनाथ टैगोर - सन् 1913 ई में इन्हें साहित्य का नोबेल पुरस्कार इनकी पुस्तक 'गीतांजलि' के लिए दिया गया था।
2. चंद्रशेखर वेंकट रमन - इनकी खोज 'रमन प्रभाव' के लिए सन् 1930 ई में भौतिक नोबेल पुरस्कार दिया गया।
3. हरगोबिंद खुराना - इन्हें सन्1968 ई0में 'चिकित्सा के क्षेत्र में' नोबेल पुरस्कार दिया गया।
4. मदर टेरेसा -मदर टेरेसा को सन् 1979 ई0 में उनके 'समाज सेवा संबंधी कार्यों' के लिए शांति नोबेल पुरस्कार मिला।
5. सुब्रह्मण्यम चंद्रशेखर.- इन्हें सन् 1983 ई0 में 'चंद्रशेखर सीमा' के लिए भौतिकी पुरस्कार मिला।
6. अमर्त्य सेन - इन्हें सन् 1998 ई0 में 'कल्याणकारी अर्थशास्त्र' के लिए अर्थशास्त्र का नोबेल पुरस्कार मिला।
7. वी.एस. नायपॉल - इन्हें सन् 2001 ई0 में साहित्य का नोबेल पुरस्कार दिया गया।
8. वेंकटरमन रामकृष्णन - इन्हें सन् 2009 ई0 में रसायन विज्ञान की नोबेल पुरस्कार से सम्मानित किया गया।
9. कैलाश सत्यार्थी - इन्हें सन् 2014 ई0 में शांति का नोबेल पुरस्कार दिया गया।

दिव्यांशी
कक्षा-8 (आशादीप)

मेरे जीवन का लक्ष्य



मेरे जीवन का लक्ष्य है, अच्छी शिक्षा पाना। शिक्षित होकर अपने माता-पिता को गौरवान्वित करना। अच्छी शिक्षा पाकर अपने विद्यालय का नाम ऊँचा करना। मेरा लक्ष्य है एक चिकित्सक बनना। चिकित्सक बनकर रोगियों की देखभाल करना। उन्हें ऐसा महसूस कराना कि उनके साथ कोई है जो उनकी देखभाल और चिंता करता है। उन्हें सहानुभूति देना कि वे जल्द ही स्वस्थ हो जाएँगे। उनमें आत्मबल डालना कि वे पहले की तरह काम कर सकते हैं।

चिकित्सक बनना मेरी नानी का सपना था, वह चाहती थीं कि मैं सबकी देखभाल करूँ। उनके इस सपने को पूरा करने के लिए मैंने चिकित्सक बनने का निर्णय लिया है। अपने माता-पिता, अध्यापिका और प्रियजनों का नाम रोशन करने के लिए मैं इन सपनों को सच करने की पूरी कोशिश करूँगी।

आरिफा
कक्षा-8 (आशादीप)

आशादीप जूनियर हाई स्कूल 2025-26 वार्षिक उत्सव 'गूंज'



हर बच्चा एक चमकता सितारा है और हर मंच वह आकाश जहाँ उनकी प्रतिभा उजियारा फैलती है। इसी भावना के साथ आशादीप जूनियर हाईस्कूल का वार्षिक उत्सव गूँज दिनांक 6 नवंबर 2025 को अनंत उत्साह और गरिमा के साथ संपन्न हुआ।

कार्यक्रम का शुभारंभ दीप प्रज्वलन और मधुर स्वागत गीत 'गगन झूमा' से हुआ, जिसने परिवर्तन को आनंद और सकारात्मकता से भर दिया। इसके उपरान्त प्रार्थना एवं ग्रंथ पाठ ने कार्यक्रम को आध्यात्मिक पवित्रता प्रदान किया। प्रार्थना नृत्य 'आदि नादम' ने मंच पर सौंदर्य भाव और श्रद्धा का अद्भुत समागम रचा।

नन्हें बच्चों की नृत्य प्रस्तुति "Give me bell to ring"us अपनी मासूम अदाओं और अनुशासनात्मकता से दर्शकों का मन मोह लिया। इसके पश्चात् नृत्यों में बच्चों की ऊर्जा, ताल, रचना और आत्मविश्वास की झलक स्पष्ट दिखाई दी।

सहयोग पर आधारित प्रस्तुति ने टीमवर्क का सुंदर संदेश दिया, वहीं एक प्रेरक नृत्य ने सपनों को सँवारने और स्वयं पर विश्वास करने की भावना को सुदृढ़ किया।

भावनाओं से भरे गीत 'थाम के उँगली चलना सिखाया' ने अभिभावकों के प्रति प्रेम और कृतज्ञता को संवेदनापूर्वक व्यक्त किया। प्रभावशाली 'माइम एक्ट' ने जल संरक्षण का महत्त्वपूर्ण संदेश दिया, जबकि 'ओरी चिरैया' पर आदर्श नृत्य ने महिला सशक्तीकरण की महिमा को उजागर किया।

कार्यक्रम का समापन उत्साहपूर्ण प्रस्तुति 'तू ही तू' से हुआ, जिसने पूरे सभागार को ऊर्जा और आनंद से भर दिया। कार्यक्रम के दौरान आदरणीया प्रधानाचार्या सिस्टर लिसी ने शिक्षा, अनुशासन एवं प्रेरक विचार व्यक्त किये। साथ ही आदरणीया सिस्टर जोसिटा के मार्गदर्शन, समर्पण और सतत प्रयासों की सराहना की, जिनके नेतृत्व में 'गूँज 2025'अत्यंत सफल रहा।

अभिभावकों की उपस्थिति, शिक्षकों की निष्ठा और बच्चों की प्रतिभा ने इस उत्सव को अविस्मरणीय बना दिया। 'गूँज 2025' केवल प्रस्तुति का मंच नहीं, बल्कि सपनों, संस्कारों और अभिव्यक्तियों की वह मधुर ध्वनि है, जो हृदयों में लंबे समय तक गूँजती रहेगी।

रश्मि सिंह (आशादीप अध्यापिका)






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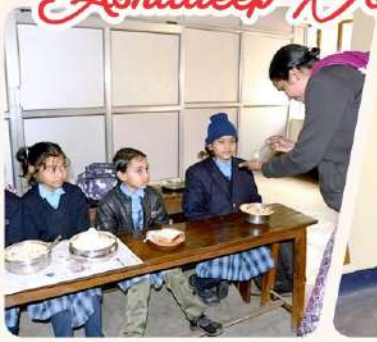
Reflections From Ashadeep

Ashadeep Class Picnic





Ashadeep Non Fire Cooking













Ashadeep Solo Dance













जल बचाओं



हमें पानी कम बहाना चाहिए। हमें जल का प्रयोग कपड़ा धोने, नहाने, पानी पीने और बर्तन धोने में उपयोग करना चाहिए। हमारे जीवन में सभी को जल की आवश्यकता होती है। हमारी धरती पर पेड़-पौधों, जीव-जंतुओं, पक्षियों एवं मनुष्यों को पानी की आवश्यकता होती है।

बिना पानी के जीवन संभव नहीं है। अगर पृथ्वी पर जल नहीं होगा, तो मानव के साथ-साथ जीव-जंतुओं और वनस्पति आदि का भी अस्तित्व संकट में होगा।

मिसबा कक्षा-5 (आशादीप)

जनसंख्या वृद्धि

हमारे देश में अनेकों जटिल समस्याएँ हैं, जो देश के विकास में अवरोध उत्पन्न करती हैं। जनसंख्या वृद्धि भी इन्हीं जटिल समस्याओं में से एक है। संपूर्ण विश्व में चीन के पश्चात भारत सबसे अधिक जनसंख्या वाला देश है। परंतु जिस गति से हमारी जनसंख्या बढ़ रही है, उसे देखकर लगता है कि वह दिन दूर नहीं जब यह चीन से भी अधिक हो जाएगी। हमारी जनसंख्या वृद्धि की दर का इसी से अनुमान लगाया जा सकता है कि स्वतंत्रता प्राप्ति के पश्चात मात्र पाँच दशकों में यह 33 करोड़ से 100 करोड़ के आँकड़ों को पार कर गई है।



पूनम कक्षा-8 (आशादीप)

वर्तमान समय में विद्यार्थी जीवन और अभिभावकों की भूमिका



वर्तमान समय तीव्र परिवर्तन, तकनीकी प्रगति और प्रतिस्पर्धा का युग है। इस बदलते परिदृश्य में विद्यार्थी जीवन केवल पुस्तकों तक सीमित नहीं रह गये हैं, बल्कि वह व्यक्तित्व निर्माण, मानसिक संतुलन, नैतिक मूल्यों और सामाजिक जिम्मेदारियों से भी गहराई से जुड़ गये हैं। ऐसे समय में विद्यार्थियों के समग्र विकास के लिए अभिभावकों की भूमिका अत्यंत महत्त्वपूर्ण और निर्णायक हो गई है।विद्यार्थी और अभिभावक दोनों की आपसी समझ, सहयोग और संतुलन ही एक सफल और स्वस्थ भविष्य की नींव रखता है।

आज का विद्यार्थी अनेक अवसरों के साथ-साथ कई चुनौतियों का भी सामना कर रहा है। एक ओर डिजिटल शिक्षा, ऑनलाइन संसाधन, स्मार्ट कक्षाएँ और वैश्विक ज्ञान तक आसानी से पहुँच जाते है, वहीं दूसरी ओर अत्यधिक प्रतिस्पर्धा, परीक्षा का दबाव, कैरियर की अनिश्चितता और सामाजिक अपेक्षाएँ विद्यार्थियों पर मानसिक दबाव बढ़ा रही हैं। तकनीक ने जहाँ शिक्षा को सुलभ बनाया है, वहीं मोबाइल फोन, सोशल मीडिया और इंटरनेट का अत्यधिक उपयोग विद्यार्थियों के ध्यान, एकाग्रता और समय प्रबंधन को प्रभावित कर रहा है। कई विद्यार्थी आभासी दुनिया में अधिक उलझ कर वास्तविक जीवन की जिम्मेदारियों से दूर होते जा रहे हैं। इसके अतिरिक्त, अच्छे अंक लाने, प्रतिष्ठित संस्थानों में प्रवेश पाने और 'सफल' बनने की दौड़ ने विद्यार्थी जीवन को तनावपूर्ण बना दिया है।

आज के विद्यार्थी केवल शैक्षणिक दबाव ही नहीं, बल्कि मानसिक और भावनात्मक समस्याओं से भी जूझ रहे हैं। असफलता का भय, तुलना की प्रवृत्ति, आत्मविश्वास की कमी और भविष्य की चिंता आम समस्याएँ बन चुकी हैं। कई बार विद्यार्थी अपनी भावनाएँ अभिव्यक्त नहीं कर पाते, जिससे अवसाद, चिड़चिड़ापन और अकेलापन बढ़ता है। ऐसे में विद्यार्थियों को समझने और संभालने की जिम्मेदारी काफी हद तक अभिभावकों पर आती है।

परंपरागत रूप से अभिभावकों की भूमिका बच्चों की भौतिक आवश्यकताओं और शिक्षा तक सीमित मानी जाती थी, लेकिन वर्तमान समय में यह भूमिका कहीं अधिक व्यापक हो गई है।आज अभिभावकों को केवल अनुशासनकर्ता या अपेक्षाएँ रखने वाले व्यक्ति के बजाय मार्गदर्शक, मित्र और भावनात्मक सहारा बनने की आवश्यकता है। अभिभावकों का यह दायित्व है कि वे बच्चों की रुचियों, क्षमताओं और सीमाओं को समझें। अभिभावकों द्वारा की जाने वाली अनावश्यक तुलना विद्यार्थियों के आत्मसम्मान को ठेस पहुँचाती है। इसके स्थान पर यदि अभिभावक बच्चों की छोटी-छोटी उपलब्धियों को भी महत्त्व दें, तो उनका आत्मविश्वास बढ़ता है।

वर्तमान समय में अभिभावक और विद्यार्थी के बीच खुला संवाद अत्यंत आवश्यक है। यदि बच्चा बिना डर के अपनी समस्याएँ, असफलताएँ और भ्रम साझा कर सके, तो कई मानसिक समस्याओं का समाधान प्रारंभिक स्तर पर ही हो सकता है। अभिभावकों को चाहिए कि वे बच्चों की बात धैर्यपूर्वक सुनें, उन्हें डाँटने के बजाय समझाएँ और समाधान खोजने में सहयोग दें। विश्वास का वातावरण बच्चों को स्वतंत्र रूप से सोचने और निर्णय लेने की क्षमता प्रदान करता है। जब अभिभावक बच्चों पर अत्यधिक नियंत्रण रखते हैं, तो वे या तो विद्रोही बनते हैं या आत्मनिर्भरता खो देते हैं। संतुलित स्वतंत्रता ही स्वस्थ व्यक्तित्व का आधार होती है।

अभिभावकों की भूमिका केवल परीक्षा परिणामों तक सीमित नहीं होनी चाहिए। उन्हें यह समझना चाहिए कि शिक्षा का

उद्देश्य केवल अंक प्राप्त करना नहीं, बल्कि जीवन कौशल, नैतिकता और सामाजिक संवेदनशीलता का विकास भी है।बच्चों को समय प्रबंधन, अनुशासन, आत्मनिर्भरता और जिम्मेदारी का पाठ घर से ही सीखना चाहिए। इसके साथ ही अभिभावकों को यह भी ध्यान रखना चाहिए कि वे बच्चों पर अपनी अधूरी इच्छाओं या सपनों का बोझ न डालें। करियर का चयन बच्चों की रुचि और योग्यता के आधार पर होना चाहिए, न कि सामाजिक दबाव या पारिवारिक परंपराओं के कारण।

डिजिटल युग में अभिभावकों की भूमिका और भी संवेदनशील हो जाती है। बच्चों को तकनीक से दूर रखना व्यावहारिक नहीं है, लेकिन उसका संतुलित और सुरक्षित उपयोग सिखाना आवश्यक है। अभिभावकों को स्वयं भी डिजिटल जागरूकता विकसित करनी चाहिए, ताकि वे बच्चों को सही मार्गदर्शन दे सकें और साइबर खतरों से बचा सकें।

वर्तमान समय में विद्यार्थी जीवन अनेक संभावनाओं और चुनौतियों से भरा हुआ है। इस जटिल दौर में अभिभावकों की भूमिका केवल मार्ग दिखाने तक सीमित नहीं, बल्कि बच्चों के साथ कदम से कदम मिलाकर चलने की है। समझ, संवाद, विश्वास और संतुलन के माध्यम से ही अभिभावक विद्यार्थियों को न केवल एक अच्छा छात्र, बल्कि एक संवेदनशील, आत्मनिर्भर और जिम्मेदार नागरिक बना सकते हैं। अंततः, सशक्त विद्यार्थी और जागरूक अभिभावक कही एक स्वस्थ समाज और उज्ज्वल भविष्य की आधार शिला रखते हैं।

अरपना एंथोनी (अध्यापिका)



ईमानदारी : जीवन का आधार और सर्वोच्च गुण



ईमानदारी केवल एक शब्द नहीं, बल्कि जीवन जीने का एक तरीका है। यह किसी भी व्यक्ति, समाज या राष्ट्र की नींव होती है। ईमानदारी का अर्थ है सत्यनिष्ठा, निष्कपटता और सत्य के प्रति अडिग रहना, चाहे परिस्थितियाँ कितनी भी कठिन क्यों न हों। यह न केवल दूसरों के प्रति, बल्कि स्वयं के प्रति भी सच्चा रहने की भावना है।

ईमानदारी रिश्तों की सबसे बड़ी कड़ी है। चाहे व्यक्तिगत संबंध हों या व्यावसायिक साझेदारी, विश्वास के बिना कोई भी रिश्ता टिक नहीं सकता। ईमानदार व्यक्ति पर लोग सहजता से भरोसा करते हैं, जिससे सामाजिक सौहार्द बढ़ता है।

जब कोई व्यक्ति ईमानदार होता है, तो उसे किसी बात का डर या अपराधबोध नहीं होता। इससे आंतरिक शांति मिलती है और आत्मसम्मान में वृद्धि होती है। उसे पता होता है कि उसने सही काम किया है, जिससे उसे सुकून मिलता है।

एक ईमानदार नेता अपने अनुयायियों का सम्मान और विश्वास अर्जित करता है। पारदर्शिता और निष्पक्षता से निर्णय लेने की क्षमता उसे दूसरों से अलग बनाती है, जिससे संगठन या समाज में सकारात्मक बदलाव आते हैं।ईमानदारी व्यक्ति के नैतिक मूल्यों को मजबूत करती है। यह उसे सही और गलत के बीच अंतर करने में मदद करती है और उसे उच्च नैतिक सिद्धांतों का पालन करने के लिए प्रेरित करती है।

मित्रों, परिवार और सहकर्मियों के साथ ईमानदार रहना मजबूत और स्वस्थ संबंध बनाता है। यह गलतियों को स्वीकार करने और उनसे सीखने की क्षमता भी प्रदान करता है।कार्यस्थल पर ईमानदारी से काम करना, प्रतिबद्धता दिखाना और नियमों का पालन करना न केवल व्यक्ति को पेशेवर बनाता है, बल्कि उसकी विश्वसनीयता भी बढ़ाता है।

एक ईमानदार नागरिक अपने कर्त्तव्यों का पालन करता है, कानूनों का सम्मान करता है और समाज के प्रति अपनी जिम्मेदारियों को समझता है। यह भ्रष्टाचार को कम करने और एक स्वस्थ समाज के निर्माण में सहायक होता है।

ईमानदार व्यक्ति को संघर्ष का सामना करना पड़ता है।क्योंकि वह झूठ नही बोल सकता है, इसी कारण वह पीछे रह जाता है। आज के समय में लोग झूठ का सहारा लेकर कितने आगे बढ़ जाते हैं।लेकिन उन्हें यह भी बात सताता रहता है कि कभी मेरा झूठ पकड़ा न जाए। इसलिए हमें हमेंशा सत्य की राह चुनना चाहिए तथा ईमानदारी की राह पर हर व्यक्ति को चलना चाहिए।

आधुनिक युग में, जहाँ त्वरित लाभ और प्रतिस्पर्धा का बोलबाला है, ईमानदारी बनाए रखना अक्सर चुनौती पूर्ण हो सकता है। बेईमानी से तात्कालिक लाभ मिल सकता है, लेकिन लंबे समय में यह हमेशा नुकसानदेह साबित होती है। ईमानदारी का रास्ता भले ही कठिन लगे, लेकिन इसके परिणाम हमेशा सकारात्मक होते हैं।

ईमानदारी एक ऐसा गुण है जिसे सिखाया नहीं जा सकता, बल्कि इसे अपनाया जाता है। यह व्यक्ति के चरित्र का निर्माण करती है और उसे एक बेहतर इंसान बनाती है। समाज और राष्ट्र को मजबूत बनाने के लिए हमें अपने बच्चों में ईमानदारी के मूल्यों को विकसित करना चाहिए और स्वयं भी इसका पालन करना चाहिए। जैसा कि महात्मा गांधी ने कहा था, "सत्य ही ईश्वर है।" ईमानदारी सत्य का ही एक रूप है, जो जीवन को गरिमामय बनाता है।

आशा सिंह
अध्यापिका

कर्मचारी भाई श्री हीरा जी का विदाई समारोह

''वर्षों की मेहनत, विश्वास सेवा और अपार स्नेह का ये संगम है''



31 मार्च, 2026 को सेंट मेरीज कान्वेंट इंटर कॉलेज के भव्य प्रांगण में कर्मचारी भाई श्री हीरा सिंह की विदाई समारोह आयोजित की गयी थी। हीरा जी सन् 1994 ई. से इस विद्यालय में अपनी सेवा अर्पण करते आ रहे हैं। इन्होंने विद्यालय में एक सुरक्षा कर्मी के तौर पर काम करना प्रारंभ किया था तत्पश्चात इन्होने बागवानी में भी अपना योग दान दिया है। पिछले 32 वर्षों से हीरा जी अपने कार्य के प्रति लगन, मेहनत और ईमानदारी से हम सभी को प्रेरित करते आ रहे हैं। विदाई समारोह का प्रारंभ प्रार्थना के माध्यम से ईश्वर का आशीर्वाद ग्रहण करके किया गया जिसके उपरांत विद्यालय के शिक्षकगण ने 'साथी हाथ बढ़ाना' गीत गाकर अपना प्रेम व्यक्त किया। इसके पश्चात विद्यालय की प्रधानाचार्या आदरणीया सिस्टर लिसी, उप प्रधानाचार्या आदरणीया सिस्टर नमिता, अध्यापकों एवं विद्यार्थियों ने श्री हीरा सिंह को उपहार देकर अपने प्रेम और कृतज्ञता को दर्शाया, तत्पश्चात हीरा जी ने मंच पर आकर विद्यालय परिवार के सभी सदस्यों के प्रति अपना धन्यवाद व्यक्त किया और विद्यार्थियों को जीवन के लिए कई बहुमूल्य सीखें भी दी। उन्होने विद्यार्थियों को देश का भविष्य संवारते हुए अपने माता-पिता एवं शिक्षकगण का आदर करने की सीख दी और उन्हें जीवन में लगन और मेहनत से आगे बढ़ने के लिए प्रेरित किया। प्रधानाचार्या आदरणीया सिस्टर लिसी ने भी मंच पर आकर हीरा जी को उनकी सेवाओं के लिए सराहा और पूर्ण एस. एम. सी. परिवार की तरफ से एक बार फिर अपना आभार व्यक्त किया। समारोह का समापन राष्ट्रगान से हुआ ।

अनविता कमार - उप हिन्दीसंपादिका













मेरा स्कूल

मेरे स्कूल का नाम "आशादीप जूनियर हाई स्कूल" है। मैंने स्कूल में प्रिंसिपल मैम और सभी शिक्षिकाओं से बहुत कुछ सीखा है। स्कूल का वातावरण एवं शिक्षा दोनों ही बहुत अच्छे हैं।

मेरे स्कूल में उन बच्चों को ज्यादा प्रोत्साहित किया जाता है जो पढ़ना तो चाहते हैं, मगर किसी न किसी कारणवश पढ़ नहीं पाते ऐसे बच्चों को भी आगे बढ़ने के लिए बढ़ावा दिया जाता है।

जिंदगी में शिक्षा का महत्त्व बहुत अधिक होता है, इसी कारण मेरे स्कूल में शिक्षा को सर्वोपरि माना गया है। साथ ही, बच्चों को नई-नई चीजों को सीखने पर ज्यादा बल दिया जाता है।मैंने भी अपने स्कूल से बहुत कुछ सीखा है, जैसे कि नृत्य, खेल-कूद आदि।

अन्ततः मैं लोगों से यह कहना चाहूँगी कि "शिक्षा है तो कल है, और कल है तो भविष्य है।"

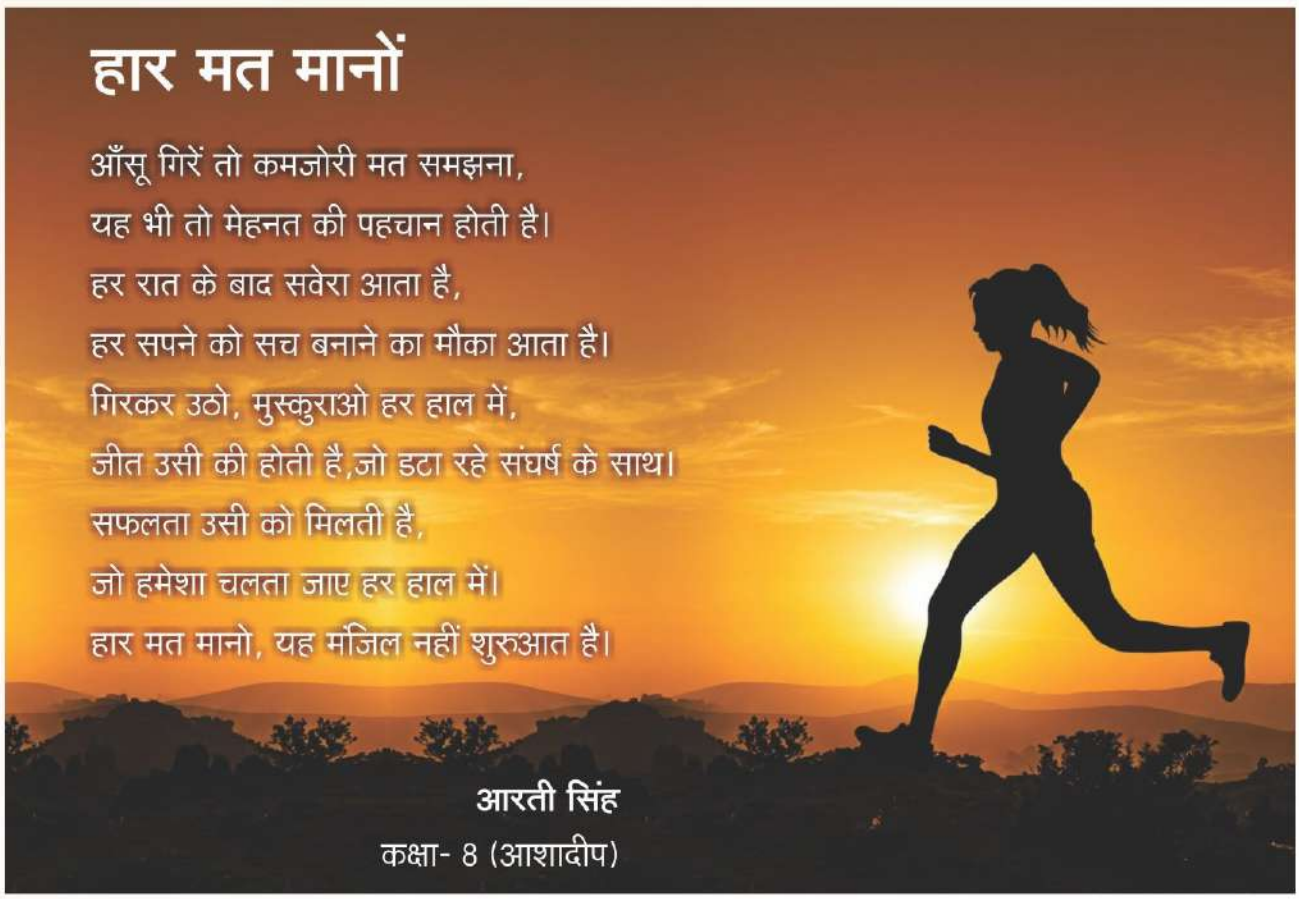
मुस्कान
कक्षा-5 (आशादीप)

सुबह सवेरे

सूरज चमका, सितारे चमके,
टिमटिम करती लाइट।
डाल-डाल पर कोयल बैठी,
कोयल गाती मीठी बोली।
पेड़-पौधे हमको भाते हरे-भरे,
फूल-फूल पर तितली उड़ती।
सुबह सवेरे उठते ही,
ईश्वर की प्रार्थना करते हम।
टीचर हमको कविता सुनातीं,
घंटी की आवाज सुनते हम।
छुट्टी तो हो गई भाई,
झूमते-गाते घर को जाते हम।

सौम्या
कक्षा-7 (आशादीप)

हार मत मानों



आँसू गिरें तो कमजोरी मत समझना,
यह भी तो मेहनत की पहचान होती है।
हर रात के बाद सवेरा आता है,
हर सपने को सच बनाने का मौका आता है।
गिरकर उठो, मुस्कुराओ हर हाल में,
जीत उसी की होती है,जो डटा रहे संघर्ष के साथ।
सफलता उसी को मिलती है,
जो हमेशा चलता जाए हर हाल में।
हार मत मानो, यह मंजिल नहीं शुरुआत है।

आरती सिंह
कक्षा- 8 (आशादीप)

माँ



माँ वो ममता की मूरत है,
हर दर्द की बस सूरत है।
जब भी जीवन थक जाता है,
माँ की गोद सुकून बन जाती है।
साँसों में उसका नाम बसा,
हर लब पे उसका काम बसा।
धूप में साया बन जाती है,
तन्हाई में दुआ बन जाती है।
नींद उड़ जाए उसकी तो क्या,
बेटी की ख्वाहिश प्यारी है।
खुद को भूलकर जीती है,
माँ तो बस माँ होती है।

आरफा रहमान
3-'ब'

मेरा देश मेरा अभिमान

खुला-खुला सा सारा आसमान है,
उड़ान भरता है ये मन।
उमंग से भरा है तन,
खुला-खुला सा आसमान है।
हमारा देश हमारी शान,
ये तो है बस हमारी जान।
मेरा ये देश मेरा अभिमान है,
खुला-खुला सा सारा आसमान है।
अनेकता में एक हैं,
सभी यहाँ पर नेक हैं।
यहाँ ना कोई हिंदू मुसलमान है,
खुला-खुला सा सारा आसमान है।
वतन के वास्ते जिएँ,
वतन के वास्ते मरें।
वतन की शान ही हमारी शान है,
खुला-खुला सा सारा आसमान है।

फातिमा उस्मानी
8-'ब'

पेड़ हमारे साथी हैं

पेड़ हमारे साथी हैं,
छाया हमको देते हैं।
बाढ़ से हमें बचाते हैं,
मीठे फल भी देते हैं।
पेड़ कितने जरूरी हैं,
फिर भी बेचारे कटते हैं।
हम भी पेड़ लगाएँगे,
संसार को हरा-भरा बनाएँगे।



काम्या चौधरी
1-'स'

मेरा स्कूल

कितना सुंदर है स्कूल,
इसमें रंग-बिरंगे फूल।
फूल सुहाने सबको भाते,
उन्हें देखकर सब ललचाते।
टीचर हम को पाठ पढ़ाती,
नई-नई बातें सिखलाती।
फूलों से गिनती करवाती,
टॉफी देकर हमें खिलाती।

भव्या मिश्रा
2-'ब'

रेल

देखो रेल दौड़ती आती,
हॉर्न बार-बार बजाती।
इसके डिब्बे रंग-रंगीले,
पीले, लाल, सलेटी, नीले।
इंजन हरा, गुलाबी, काला,
ये बिजली से चलने वाला।

जुनैरा फातिमा
2-'ई'



एकता महान है

एकता महान है
अर्चना महान है, उपासना महान है,
किंतु सबसे एकता की भावना महान है।
मन से मन की दूरियाँ जो पल में ही मिटा सके,
प्रेम की सुगंध उर में सबसे जो बसा सके।
एकता की कामना ही कामना महान है,
अर्चना महान है, उपासना महान है,
किंतु सबसे एकता की भावना महान है।
बाइबिल, कुरान, ग्रंथ और गीता में कहा है,
एक ही लहू रगों में सब की बहता आ रहा है।
काया है अनेक किंतु प्राण एक समान हैं,
अर्चना महान है, उपासना महान है,
किंतु सबसे एकता की भावना महान है।
एक माँ के बेटे हैं तो क्यों कलह मचाएँ हम,
प्रेमभाव की सुनहरी राह क्यों गंवाएँ हम।
जननी जन्मभूमि की संतुष्टि ही महान है,
अर्चना महान है, उपासना महान है,
किंतु सबसे एकता की भावना महान है।
शान्ति का रहस्य एकता में है निहित सदा,
एकता में ही फले-फूलेंगे हम तो सर्वदा।
इसलिए आदर्श एकता का ही महान है,
अर्चना महान है, उपासना महान है,
किंतु सबसे एकता की भावना महान है।

अन्वेषा मौर्या
9- 'स'

मेरा गाँव



चाहे हो बोगनबेलिया,
या हो गुलाब की कलियाँ।
चाहे हो नींबू की बगिया,
या हो खट्टी अमिया।
चाहे माँगों दही या दूध,
या माँग लो मीठे अमरूद।
चाहे दादी बनाए चूल्हे पे रोटी,
या आग में सेक के ले आए मीठी शकरकंद छोटी-छोटी।
सब कुछ मुझको भाता है,
और मजा तो तब आता है।
जब मिल जाए दादी की पकाई हुई,
बाजरे और मकई की रोटी।
चाहे हो आलू,प्याज या टमाटर,
या हो आम, अमरूद और गाजर।
आम हैं तरह-तरह के,
सफेदा, दशहरी, फजली जैसे।
सुबह-सुबह मेरे दादा खेत चले जाते थे,
दोपहर को खाना खा के पेड़ खूब लगाते थे।
मेरा गाँव सुगंधित है,
फूलों की महक और मिट्टी की सुगंध से।
सब कुछ यह मिल जाता है मेरा गाँव मुझे भाता है।

प्रावि यादव
4- 'ब'

प्रेरणा

खुद की काबिलियत पर भरोसा रख,
जो गलती आज की है, उससे सीख।
मत माँग किसी के आगे,
अपनी सफलता के लिए भीख।
तू जलता हुआ रेगिस्तान है,
तेरे अंदर कुछ करने की ठान है।
तू रुक मत तुझे करना कुछ महान है।
तू अपने घर वालों की आस है,
उनकी उम्मीदों की साँस है।
इनको यूँ ही नहीं जाया करना है,
तुझे अपनी सफलता के लिए लड़ना है..!!

आद्या प्रसाद
4- 'अ'

समय का महत्त्व



समय कभी रुकता नहीं,
चलते-चलते थकता नहीं।
समय को हम रोक नहीं सकते,
उसका केवल उपयोग हम कर सकते ।
समय का जो रखता ध्यान,
जग में रहता उसका मान।
आज का काम न कल पर टालो,
आज, अभी, तुरंत कर डालो।
जो समय का सदुपयोग हैं करते,
वो कभी ना इस से डरते।

श्रेया वी रानी
6- 'ई'

पृथ्वी



धरती हमारी सबसे न्यारी,
इसमें बसती दुनिया सारी।
धरती की है छटा निराली,
चारों ओर फैली हरियाली।
सबसे सुन्दर सबसे प्यारी,
रंग-बिरंगी धरती हमारी।
इससे जुड़ी है सबकी खुशहाली,
हमको देती खुशियाँ सारी।

इनाया फातिमा
2-'ब'

चिड़िया रानी



नन्ही सी चिड़िया रानी,
सुबह उठकर यह मेहनत करती।
चुन-चुन के दाना लाती,
अपने बच्चों को है खिलाती।
दिन भर थकती मेहनत करती,
दूसरों के सहारे कभी न रहती।
गाना गाती मधुर सुर में,
मस्त रहती अपनी ही धुन में।
पेड़ों पर बनाती है यह घोंसला,
कभी भी कम नहीं होता है, इनका हौसला।
दिखने में लगती है यह छोटी-सी चिड़िया,
पेड़ों पर बना ली है, उन्होंने अपनी दुनिया।
इनके चहकने से ही होता हमारा सवेरा,
सच में कितना सुंदर है इनका बसेरा।
कितनी प्यारी है यह चिड़िया रानी,
हमेशा देती हम को मीठी कहानी।

नंदिका केसरवानी
4 'अ'

वाणी शान्ति की

खंड और द्वन्द्व को मिटाना है, विश्व बंधुत्व और शांति को बढ़ाना है।
यही हमारा उद्देश्य रहेगा, इसी पर आगे बढ़ते जाना है।
हमें नहीं भूलना है हमारा लक्ष्य,भाईचारे को आगे बढ़ाते जाना है,
साथ-साथ कदम से कदम मिलाकर,
विश्व बंधुत्व और शांति को बढ़ाना है,
इसी पर आगे बढ़ते जाना है।
खंड-खंड हो रखे जिनके दिल को मिलाना है,
भाईचारे और समझौते की भावना को जगाना है।
इसी पर आगे बढ़ते जाना है।
युद्ध का परिणाम किसी की जीत तो किसी की हार लेकर आएगा,
साथ-साथ ऐसे दृश्य लेकर आएगा,
जिसको देख दिल दहल जाएगा।
तो सबसे पहले खंडता को मिटाना, विश्व बंधुत्व को आगे बढ़ाना है।
इसी पर आगे बढ़ते जाना है।
कदम से कदम मिलेंगे तो दिल अपने आप मिल जाएँगे,
बस एक दूसरे के साथ चलते जाना है।
शांति का पैगाम गाते जाना है, इसी पर आगे बढ़ते जाना है।
खंड व द्वन्द्व को मिटाना है, विश्व बंधुत्व को आगे बढ़ाना है।
यही हमारा उद्देश्य है, इसी पर आगे बढ़ते जाना है।

मनस्वी चित्रांशी
12 'द'

चले चलो

ना रुको कभी, ना थमों कभी,
बस राहों पर अपनी चले चलो, चले चलो।
मुश्किलें आएँगी हजार, मानना ना कभी हार,
मंजिलों की ओर ऐ मुसाफिर बढ़े चलो, चले चलो।
जिंदगी की कविता को समझो, अल्फाजों में न उलझो,
तूफान से भरे समुद्रों में, विकराल लहरों पर,
अपनी माँ की कश्ती को सँभाले चलो, चले चलो।
चट्टानों को पार करते हुए, सपनों पर धार बहते हुए,
जीवन पर्वत शिखर पर चढ़े चलो, चले चलो।

दिया कुमारी
कक्षा-7 (आशादीप)

आत्मविश्वास

अपने आपको जानो, खुद से प्यार करो,
हर अंधेरे में उम्मीद की सुबह का इंतजार करो।
रास्तों में काँटे मिलेंगे, धूल की चादर होगी,
मंजिल की चाह में हर कठिनाई आसान होगी।
आत्म विश्वास है झरना, जो भीतर से बहता है,
अनमोल खजाना जो जीवन को सँवारता है।
बाहरी आवाजें चाहें जितनी ऊँची हों,
अपने मन की आवाज से बड़ा कोई नहीं होता है।
गिरकर भी मुस्कान, यह हौसलों का गीत है,
जिनके इरादे मजबूत हैं, उनके लिए
नहीं कोई भी रीत है।
हर हार के आगे सीख छिपी रहती है,
उस सीख से ही सफलता की राहें बनती हैं।

फातिमा हमजा खान
9- 'स'

नया भारत

भारत है आजाद, नये पथों पर बढ़ता आज,
नये पर्वतों पर चढ़ता आज नई गाथाएँ गढ़ता आज।
पर यह आजादी ऐसे ही नहीं आई है,
इसके लिए सबने इस धरती पर कीमत बड़ी चुकाई है।
इस आजादी को हमने ऐसे ही नहीं पाया है,
सात शताब्दी तक एक-एक कर सबको हराया है।
कई वीरों को खोया, कईयों को पाया है,
अपने रक्त की बूँदों से नया भारत सजाया है।
कड़ी मेहनत कर यह स्थान पाया है,
हर क्षेत्र में देश का मान बढ़ाया है।
विश्व में भारत का परचम लहराया है,
दुनिया के कंधे से कंधा मिलाकर,
देश को नई ऊँचाइयों पर पहुँचाया है,
ऐसे ही कर हमने एक नया भारत बनाया है।

प्रणति अग्रवाल
5-'द'

प्रश्नों की नारी



कौन हैं वह लोग?
जो अपनी लेखनी से उसकी नियति लिखना चाहते हैं।
किसने वे धागे दिए उन्हें?
जिससे वे उसके सपनों को बुनना चाहते हैं।
कौन हैं वे लोग?
जो उसकी जैविक प्रकृति से कार्य प्रकृति आँकते हैं।
किसने यह अधिकार दिया उन्हें?
जोवे यह जातिगत भूमिका निर्धारित करते हैं।
क्या ईश्वर के विधान से श्रेष्ठ हैं वह?
जो उसकी रचना की विशिष्टता का अर्थ नहीं समझते हैं।
क्यों प्रश्न निकाय पर असहज उत्तेजित होते हैं?
अपनी भावनाएँ प्रस्तुत करने में भय उनके फासलों से होते हैं।
क्या प्रकृति का विधान भी कलंक है?
वह एक चक्र, एक रक्त है जीवन का उत्साह और सम्मान।
क्या उसकी सुंदरता भी है अशिष्टता?
जो खुले केश से उसके वस्त्र चयन तक में हो उसका अपमान।
क्या वह लोग प्रेम समझते हैं?
जो इंसानियत का सम्मान न कर स्वयं की जाति में भेद भाव करते हैं।
क्या हर नियम है उसी के लिए?
जब वह स्वीकार करें तभी दरारें और सामुदायिक विचार आते हैं।
कौन है उसका प्रबल?
जो मन और तन की शक्ति उसमें है वह उसे दिव्य बनाती है।
क्यों समझते हैं उसे अस्थिर चित्त?
हर जीव की भाँति इस धरा पर उसकी ऊर्जा भी संसार चलाती है।

कृतिका तिवारी
9 - 'अ'

अगर लिखूँ मैं खुद को



अगर लिखूँ मैं खुद को
अगर लिखूँ मैं खुद को,
तो आप हिस्सा हैं मेरी कहानी का।
उस कहानी का,
जिसे आपने कई बार,
सही रास्तों पर लाया है।
हर बार मेरा हाथ थामकर
मुझे गिरने से रोका,
और जिस चीज से मुझे डर लगता था,
आपने मुझे उसी से जोड़ दिया।
मैंने आपसे सीखा है,
कि कोशिश जरूरी है, जीतना नहीं,
मेहनत जरूरी है, हार मानना नहीं।
अगर लिखूँ मैं खुद को,
तो मेरे हुनर की जान हैं आप,
गलतियों में सिखाई गई,
सबसे गहरी सीख हैं आप।
मैं कई बार टूटकर, बिखरकर, हार गई,
और इस पार्थ के लिए
कृष्ण बने आप।
अगर लिखूँ मैं खुद को,
तो कहानियों में जिक्र है,
इन दीवारों,
इन रंगों और इन लम्हों का।
शायद अब तक की,
सबसे खूबसूरत और बेहतरीन जिम्मेदारी।
निभाई है,
दोस्तों के साथ
सुकून भरी यादें,
यहीं बनाई हैं।
कुछ रिश्ते नए बन गए,
और कुछ
अब तक के सबसे खास रहे।
शायद यही मैं हूँ,
और यही हैं,
मेरी कहानी के
कुछ अल्फाज।

प्रगति कुमारी मुख्य हिंदी संपादिका
12'अ'

All at Once

It all happened at once.
Once at 10, like that of a child's laughter,
So free and yet so raw,
Like golden sunbeams made to scatter.
Once at 12, like a fruit beginning to blush with ripeness,
Waiting to grow but not ready to let go,
Like a softer inner sweetness.
Once at 15, like a song mid-verse,
Not the beginning, not the chorus,
A whimsical jingle that felt more like a gentle curse.
Once at 17, standing on the edge of a wooden plank,
Like emotions conflicted, searching and evolving,
Hopeful for change, for love, for life.
Hoping it will all be worth it,
Worth all the emotions that made the heart sink.
Once at 80, like a tree shedding its leaves, holding onto some,
With a heart beating like a campfire dying down,
Like a ship that's made to sink,
Like a plant that's planted to wither,
Like a moment that's now a memory,
Like regret that eats you alive,
Like a life that's meant to be lost,
Like birds of a feather that died together.
It all moved with a mellow grace, and yet,
And yet, it happened all at once.

Ayaana Rahman

God's Cherished Creation

An invigorating inner soul, curiosity in her eyes,
With perpetual beauty, she was sent in the most gorgeous guise.
Breaking through the shackles of slavery from her own home,
The seed of the beginning of eternal ecstasy was sown.
A delicate daffodil, she is a rare and radiant rose.
Her whisper of benevolence in this shattering space echoes.
Shedding exuberance with her face,
The garden of life, with a fantastic future, awaits her gaze.
A most beautiful flower, God's blessing shower.
In the dying day of life, she gives immense power.
Her charm never withering away,
She casts enlivening enchantments with her wisdom each day.
She is God's gift of enlightenment to mankind.
Night turns into day, her existence reminds.
A vision of an impeccable imagination,
Nature cries out: she is its most cherished creation!

Twinkle Gupta 11-B

When the pain flies, do the gods stay?

Not many things have the astounding capacity to numb an overstimulated teenager, but the death of grandparent does. Who was this person that I lost? And what could I have been had she stayed?

Up until the moment things are on the cusp of familiarity, people don't bother. But when relations cross the threshold of redeemable, you pause and feel a heavy hammer weightlessly sinking in your chest, at odd times of the day and constant hours in the night.

What stories did the graceful folds on my Dadi's face hide between them? When and why did she develop the peculiar habit of refusing to eat stale dal but preferring stale besan curry. Why did chant the particular hymns that she did, why she thought a phd dr suffix was a fraud one, why she used to augment her look but her heart was never jaded

By missing the chance to unravel the peculiarities of a person, you lose the kaleidoscope view into a generation that is all but lost. You are bereft of opportunities to trace back your own idiosyncrasies and embracing them now that you see their lineage has weathered similar storms.

Every morning as I climb the steps to the temple she initiated me to, pangs of remorse or sirens of guilt do not vex me; Dadi's kind whispers reverberate in my head, reminding not to waste any of my youthful mistakes.

As I offer obeisance to Lord Shiva's shrine, I accept that all the hurt people cause and the hurt they suffer, it's all very momentary.

Soothed by my Dadi's toothless smile and her eternal existence in my heart, I know that guilt is just wasted love and that when the pain will take wings, the gods will stay.

Avantika Pandey 12-D

CELEBRATING WOMANHOOD WITH GRATITUDE



The Women's Day celebration in our school was thoughtfully organised by the male staff as a heartfelt gesture of appreciation and respect for the women members of the institution. The programme beautifully honoured the invaluable roles women play in society and recognised their dedication, strength, compassion, and grace in balancing responsibilities as mothers, daughters, wives, and teachers.

Through meaningful words and warm expressions of gratitude, the male staff conveyed their admiration and respect for the unwavering contributions of women in shaping families, society, and the institution. The celebration created an atmosphere of joy, appreciation, and togetherness, making every woman feel valued and cherished.

The programme concluded with the enriching and inspiring address by our respected Principal, Rev. Sr. Lissy CJ, who expressed her sincere appreciation to the male staff for their thoughtful initiative and efforts in organising such a meaningful celebration. Her heartfelt words added warmth and significance to the occasion, making the event truly memorable for everyone present.



HOBBY CLASSES - 2026

A Colorful Fiesta of Creativity and Learning

After the successful completion of the Final Examinations 2026, the school campus once again came alive with enthusiasm as fifteen-day Hobby Classes for students of Classes I to VIII were organised from 17th to 31st March, 2026. These classes provided children with a refreshing opportunity to explore their interests, discover hidden talents, and develop confidence beyond academics.

Hobby classes play an important role in the holistic development of students. They encourage creativity, self-expression, teamwork, discipline, and emotional growth while helping learners nurture their unique abilities in a joyful and stress-free environment.

The concluding programme was a vibrant celebration of talent and creativity. Students showcased their skills through energetic dance performances, melodious keyboard and guitar presentations, a powerful taekwondo display, and an innovative AI and art exhibition. Every presentation reflected dedication, hard work, and enthusiasm.

It was indeed a joyful celebration of learning, creativity, teamwork, and the blossoming talents of young minds.



















Instagram
#AwesomeUnited














GOD BLESS YOU

OUR ISC TOPPERS 2024-25

HUMANITIES STREAM



NIHARIKA SINGH
98.5%



CHITRANGDA SRIVASTAVA
98%



NABIHA AZIZ
97%

SCIENCE STREAM



HIMANSHI GUPTA
98%



NAVYA CHADDHA
96.75%



PAKHI SINGH
96%

COMMERCE STREAM



SHRUTI TANDON
97%



KAVYA KESHARWANI
97%

OUR ICSE TOPPERS 2024-25



ANUSHKA MALIK
99%



VRINDA TRIPATHI
98.5%



SHRUTI TANDON
98.2%



VARNIKA RANA
97.8%



KATYAYANI JAISWAL
97.6%



HARISHIKA SAXENA
97.4%



AKRITI GUPTA
97.4%



KRITIKA SINGH
97.4%



AADYA SRIVASTAVA
97.2%



KAVYA GIRI
97.2%



PRAKASHI TRIPATHI
97.2%

ICSE ACHIEVERS 2025-26


PALAK DAGA
98.2%


SHREYASHI SHUKLA
97.8%


ZIKRA AKHTAR
97.6%


ISHITA DUBEY
97%


ANANYA TANDON
97%


VASHVI YADAV
97%


SAMRIDDHI DWIVEDI
96.8%


YUKTI MEHROTRA
96.8%


ALISHA JAISWAL
96.8%


SHREYA RAJE DWIVEDI
96.6%


TASHI SRIVASTAVA
96.6%


NAVYA DWIVEDI
96.6%


DARSHITA KANAUJIA
96.6%


ADHISHREE SINGH
96.4%


TISYA GUPTA
96%


SHRISTI TRIPATHI
95.8%


PALAK SINGH
95.8%


ALVEENA ZAKI CHANDEL
95.6%


SANVI NIGAM
95.6%


MEDHA MISHRA
95.4%


TANUSHRI RAJE
95.4%


SAANVI LUTHRA
95.4%


VIDISHA MAHESHWARI
95.4%


NAVYA PRIYADARSHINI
95.2%


NAMYA TANDON
95%




CHARVI YADAV
95%


MAHIKA MISHRA
95%



ISC ACHIEVERS 2025-26



GEET GUJRAL
98.75%



SHRUTI AGARWAL
98.75%



FATIMA KHAN
98%



PURVI RASTOGI
97.75%



AMANAT SIDDIQUI
97.5%



SHANVI SINGH RANA
97.5%



DEVISHI VERMA
97.5%



AVANTIKA PANDEY
97.5%



ZAINAB SIDDIQUI
97.25%



NAVYA MEHROTRA
97.25%



KRISHNIKA AGARWAL
97%



AANYA SRIVASTAVA
97%



ANSHIKA GUPTA
97%



VRINDA KALRA
97%



AGRNI JAISWAL
97%



IPSHITA DAS
96.75%



MYRA ARORA
96.75%



UMRA RAWAHA
96.25%



RASHI SHREE
96.25%



SHAMBHAVI AGRAWAL
95.75%





ALISHA KASHISH
95.75%



DEEKSHA CHADHA
95.75%



SAMRIDDHI SRIVASTAVA
95.5%



SMC BLOOMS




















All for the Greater Honour and Glory of God



SMC SPECTRUM 2025-26

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