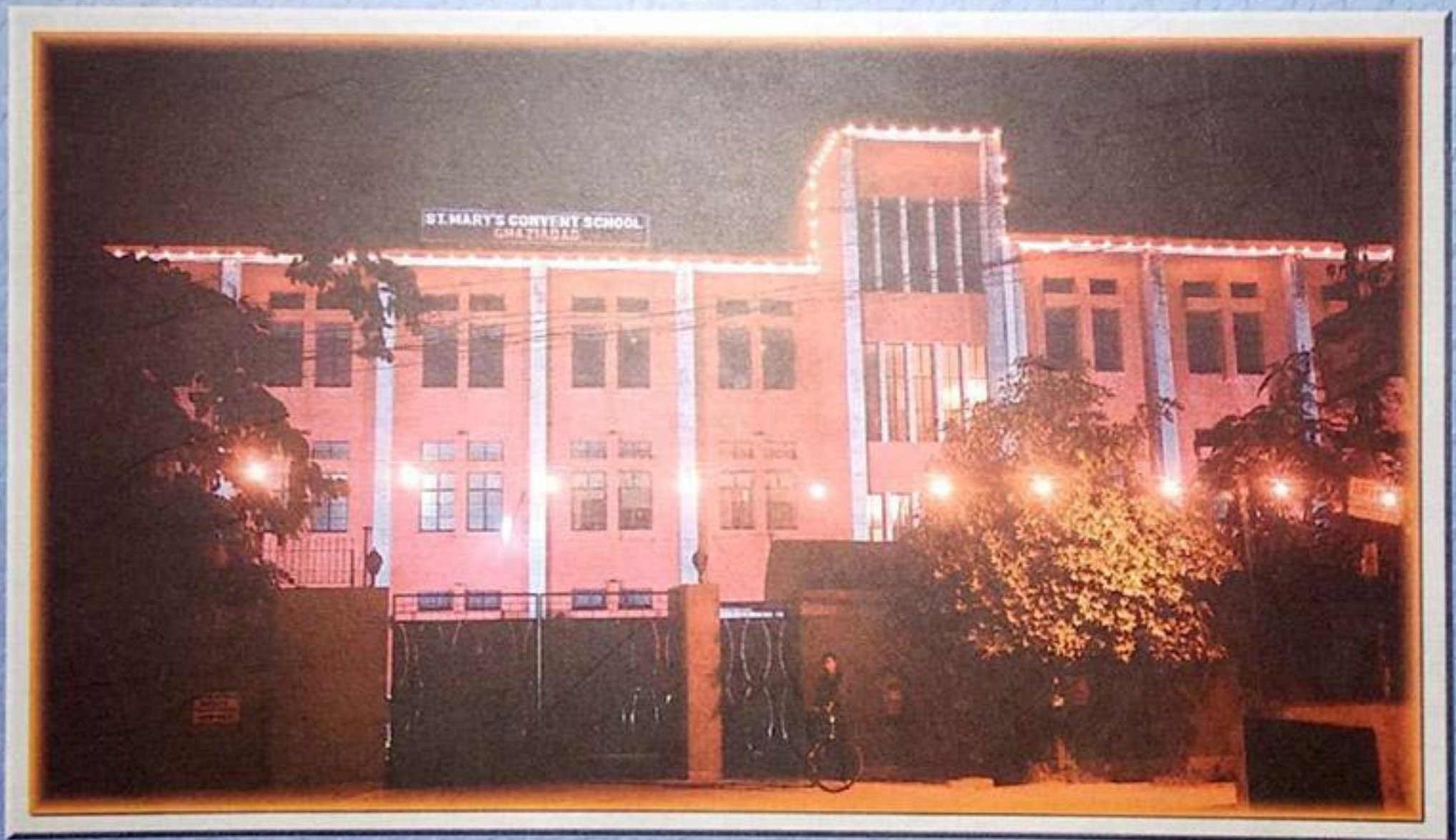
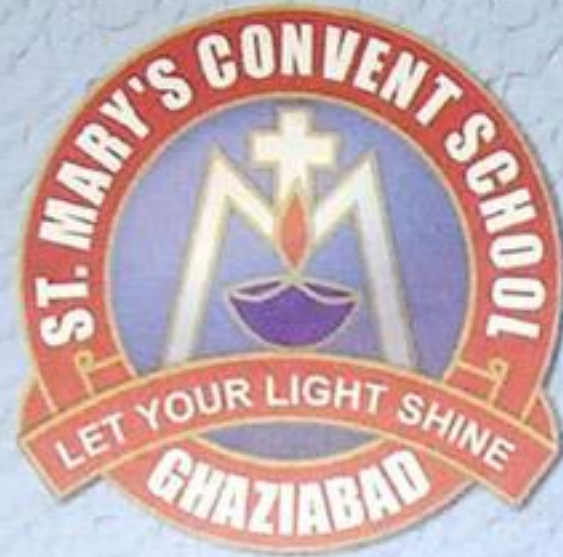


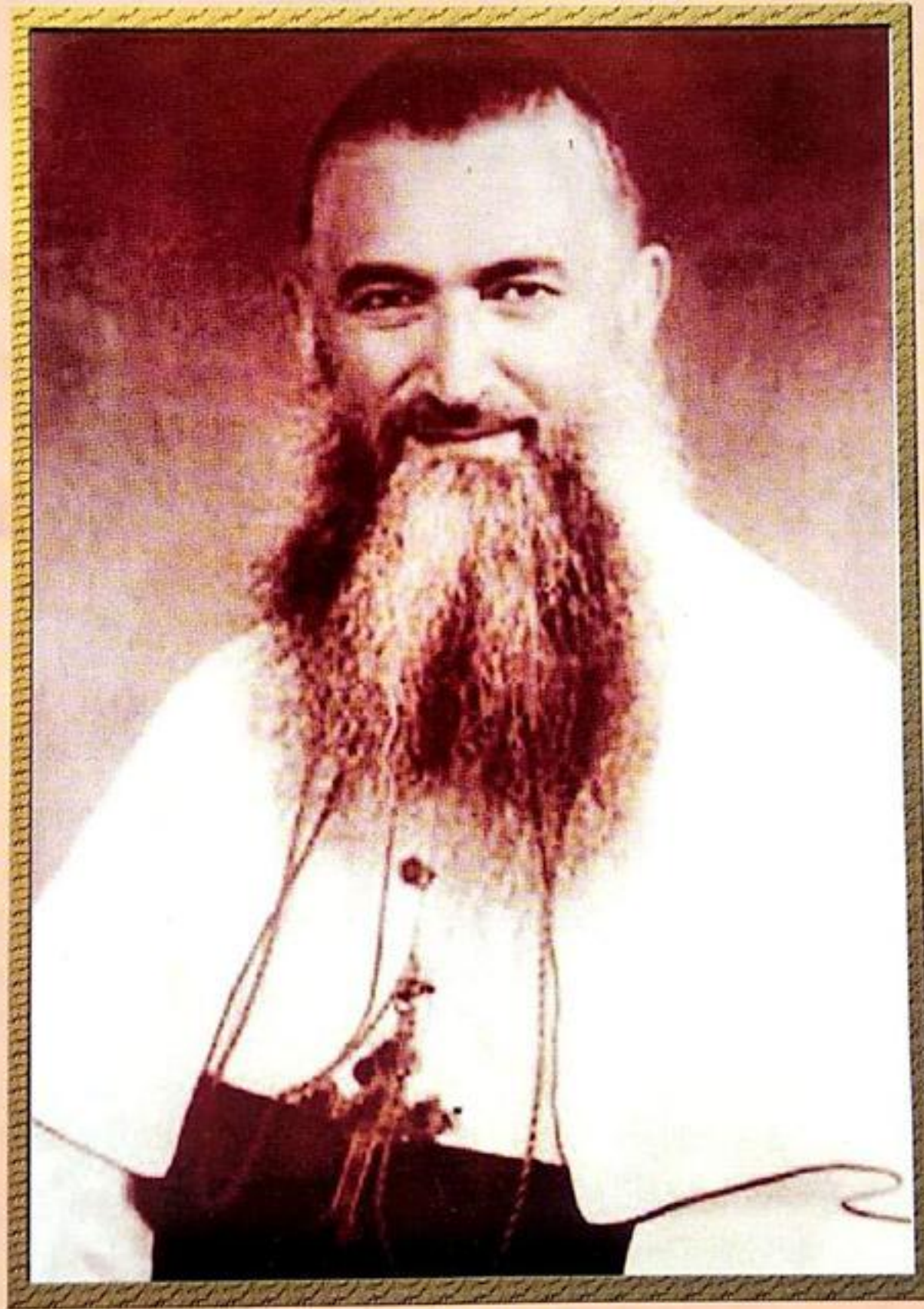
# SILVER JUBILEE SOUVENIR

1979-2004



**ST. MARY'S CONVENT SCHOOL**  
**GHAZIABAD**

**Our Beloved Founder**  
**HIS GRACE JOSEPH B. EVANGELISTI**  
**O.F.M. Cap.**



Born	1908
Came To India	1936
Founded The Congregation of FSLG	1965
Died	1976

## Editorial



**"W**oods are lovely dark and deep And I have miles to go before I sleep."

We, the staff and students of St. Mary's Convent School, Ghaziabad feel great pride in commemorating the jubilee year of this institution with the release of the jubilee souvenir.

This is a step towards unleashing the creative urges of every child who is nurtured here with the utmost love and care. The thoughts of these juvenile brains open the vast expanses of their world for us to explore.

They reflect the amalgamation of moral and spiritual values which provide them with succour at times of distress and kindles the dark corners of their minds.

Holding the teacher's hand a child steps into this complex world and gradually learns to accommodate his perceptions with education which ultimately leads him to set and achieve certain goals.

This combined effort would not have been possible without the support and encouragement of our well-wishers.

We hope that flipping through these pages you shall certainly experience moments of joy, compassion, laughter and concern which would help these young writers to leave a lasting impression on your hearts.

*Mrs. Vinita Pathania*



Rt. Rev. Patric Nair  
Bishop of Meerut

BISHOP'S HOUSE  
283, Roorkee Road,  
Meerut-250001 (U.P.)  
Phone : 642790

5.2.2005



## Message

Principal  
St.Mary's School  
Ghaziabad

Dear Sr.Principal,

25 years is not a long time in the life of an institution. But the first 25 are undoubtedly its most important because the institution usually starts from scratch and becomes a full blown institution in 25 years.

I rejoice with you as you thank God for all the graces St.Mary's school has received since its inception.

May Mary intercede for the grace to keep growing in the love of God and others – the most important commandment of life.

May God bless the Staff and students.

Yours in Our Lord

Patrick Nair  
Bishop of Meerut.





## Message

On the joyous occasion of the Silver Jubilee of St. Mary's Convent School, Shastri Nagar, Ghaziabad, I extend my heartfelt felicitations and prayerful greetings to the Management, Principal, Staff and students of the institution. May the Supreme Teacher, who has been guiding this institution from its inception, continue to bless and protect the same.

I am glad to note the success and growth of St. Mary's Convent School during these twenty five silver years. It has withstood the tides of times and has left its marks in the sands of time. The institution is proud of imparting quality education to its students, enabling them to face the challenges of the modern world. Through the dedicated and selfless service of the staff, the School has shown the right path, inculcated ethical values in all those who passed through the portals of St. Mary's. Thus the School has emerged as a premier institution not only of Ghaziabad but also of the nation.

Now is the time to plan out the future course of action. Assessing the success and failures of the past, keeping in mind the needs of the future, the Management and Staff has to draw up an Action Plan, which will prepare the students to face the challenges of the unknown future and make them good citizens of this great nation.

May God Bless St. Mary's Convent School, the Management, Principal, Staff and the Students. Long live St. Mary's.

**Rt. Rev. OSWALD LEWIS**  
*Co-adjutor Bishop of Meerut.*



## Franciscan Sisters of Our Lady of Graces

St. Francis' Convent. P.B. No. 112, Sardhana Road Meerut-250 001 U.P., India  
Ph. : 0121-2631780, 2630790, Email-fslgmt@bol.net.in



### Message

It is with great joy I send you my prayerful wishes and God's blessings on the occasion when we are celebrating the Silver Jubilee of St. Mary's School, Ghaziabad.

On this happy occasion, I raise my mind and heart to God to thank Him for the special graces showered on this institute over the years and to implore his bountiful blessings on its future growth and increased services.

Jubilee is a God-given and grace-filled moments to look back with gratitude and to express our love for all those who started, built up and fostered this institution for the last 25 years.

St. Mary's School is not only a temple of learning but a builder of character of human heart and minds; moulding, making, shaping, forming the hundreds of youth who pass through its portal, fashioning them into worthy, happy, and patriotic citizens of our Beloved Mother Land!

We pray that St. Mary's continue its good works began 25 years ago, of giving wisdom to the little ones. May God shower his graces and blessings on St. Mary's, its staff and students and their parents.

With best wishes,

*Sr. Mercy*  
Sister Mercy, FSLG  
Superior General



सन्तोष कुमार यादव  
आई.ए.एस.



जिलाधिकारी, गाजियाबाद

कार्या : 0120-2714416

निवास : 0120-2710106

फैक्स : 0120-2718798



## Message

I am delighted to note that St. Mary's Convent School had completed 25 years in serving the people of Ghaziabad. There is no doubt that this school has reached a pinnacle of success as a prestigious educational institution of Ghaziabad. The students here are taught the values of justice, peace, equality and mutual respect and above all how to grow as good human beings. I am sure the school will continue in its excellence.

I take this opportunity to congratulate the Principal, Staff and students for bringing out the souvenir on this occasion and I wish them all the best in future.

(SANTOSH KUMAR YADAV)

DISTRICT MAGISTRATE,

GHAZIABAD

District Magistrate

Ghaziabad

दिनेश चन्द्र गर्ग  
महापौर



महापौर निवास  
III/F/33, नेहरू नगर, गाजियाबाद  
दूरभाष : कार्यालय : 0120-2791210  
निवास : 0120-2755192  
0120-2711682  
फैक्स : 0120-2790425



## Message

दिनांक 10-03-2005

आदरणीय सिस्टर पुष्पा जी,

आपके विद्यालय की मैगज़ीन वार्षिक संस्करण पर मेरी बधाई एवं हार्दिक शुभ-कामनाएँ।

पूर्व राष्ट्रपति स्व०डा० राधाकृष्ण ने अपने जापान के दौर पर एक विद्यालय के पढ़ रहे बच्चे से पूछा "तुम विज्ञान क्यों पढ़ रहे हो। पढ़कर क्या करोगे"। बच्चे ने उत्तर दिया "अपने देश की बेहतर सेवा करने के लिए पढ़ रहा हूँ।"

पूजनीय डा० भीमराव अम्बेडकर ने अपने संस्मरणों में लिखा है कि हमारे देश का दुर्भाग्य है कि जो पढ़ लिखकर अच्छे पदों पर पहुँच जाते हैं और खूब धन भी कमाते हैं वो केवल अपने परिवार, अपने बच्चों और अपने पोतों के भविष्य के बारे में ही चर्चा करते हैं और विचार करते हैं। समाज एवं देश के कल्याण के लिए वो पीछे रह जाते हैं।

मुझे विश्वास है कि विद्यालय की सिस्टर्स सेवाओं का ध्यान कर अपने जीवन का लक्ष्य अपने परिवार के उत्थान के अलावा अपने समाज और अपने देश के उत्थान की तरफ एकाग्रचित रहे। छात्राओं का ध्यान तो भविष्य में समाज में हर तरफ से महिला उत्पीड़न से ग्रस्त महिलाओं की मदद और उत्थान की तरफ होना चाहिए। ऐसा मुझे विश्वास है।

आपके विद्यालय में अपनी सिस्टर्स की सेवा आप देखते ही हैं। उन्होंने अपना परिवार नहीं बनाया। सारी जिन्दगी समाज सेवा करने का वृत है। उनसे प्रेरणा लेकर सैन्टमेरी विद्यालय के बच्चे भी समाज सेवा और देश सेवा को अपने जीवन का लक्ष्य व उद्देश्य मानकर चलेंगे। इस ही में सभी को गौरव प्राप्त होगा।

बच्चों को मेरी शुभ-कामनाएँ।

शुभ-चिन्तक,

दिनेश चन्द्र गर्ग  
महापौर







## Message

Dear Sister,

It is a matter of great pleasure that St. Mary's School is going to publish a silver Jubilee Souvenir which will highlight the Journey of 25 years of your prestigious institution. The Students of your School are being blessed with Divine introduction along with physical strength emotional joy and rational delight. Your teachers and Sisters are walking and talking temples. I am sure of it.

May god bless you and your institution

With unlimited heartiest wishes

R.B. Maurya 19.3.05  
Municipal Commissioner  
Ghaziabad



## COUNCIL FOR THE INDIAN SCHOOL CERTIFICATE EXAMINATIONS

PRAGATI HOUSE, 3rd FLOOR, 47-48, NEHRU PLACE, NEW DELHI - 110019. **TELEGRAMS : CAMEXAM**  
**TELEPHONES : 26411706, 26476547, 26413820, 26285170 E-MAIL: cisce@glad101.vsnl.net.in FAX : 91-11-26212051, 26234575**

*Chief Executive and Secretary*  
**F. FANTHOME**  
M.Sc., E.A. (Camb.)

*Deputy Secretary*  
**X. PINTO**  
M.A., Ph.L., B.Ed.

*Deputy Secretary*  
**RITA WILSON**  
M.A., B.Ed., M.Phil.

*Deputy Secretary*  
**G. ARATHOON**  
M.A., B.Ed.



### Message

I am glad to learn that St. Mary's Convent School, Ghaziabad, is celebrating its Silver Jubilee this year. On this auspicious occasion, I, on behalf of the Council for the Indian School Certificate Examinations, convey our good wishes to all sections of the school community.

St. Mary's Convent School has been rendering outstanding service to the country in the sphere of school education and has provided people of exceptional merit, who are today standing tall in the world community. While commending the school for their commitment to excellence, we would like to wish the institution the very best for its continued support to young people.

We wish the school greater success and abundant God's blessings in their endeavours in the years to come.

**F. FANTHOME**  
Chief Executive and Secretary



## Miles to Go...

G-4, 4626/18, Ansari Road, Daryaganj, New Delhi 110 002  
Ph: 23275195, 30960525, Fax:23246113, E-Mail: pinto\_anl@vsnl.com  
Xavier Pinto, M.A., B.Ed., Director Academics, Former Dy. Secretary, CISCE



### Message

St Mary's Convent School, Ghaziabad, is synonymous with providing quality education, life-long learning, and encouragement in co-curricular activities with a tilt towards sports. Over the years, it has focussed on value education and inculcated a sense of responsibility towards the society. With an excellent record of academic performance, it has proved that while older schools have a past history, the newer schools have a bright future.

A bright future it has! I had the privilege of being a guest at the Inter-school Basketball Tournament. St Mary's not only played well and won the trophy but also showed that champions are not made in the gymnasium. They are made from something they have deep inside them — a desire, a dream, a vision.

The school aims at creating individuals who will grow up to be all-rounders. With its activities and academic process, the school is headed in the right direction to shape the minds of students to prepare them as proud citizens of India.

I wish the school all success!

  
(Xavier Pinto)

## STELLA MARIS CONVENT SCHOOL

Sect.H; L.D A Colony,  
KANPUR RD. LUCKNOW  
266012

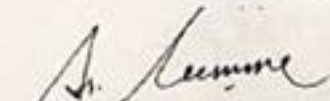


### Message

I am indeed happy to learn that St. Mary's Convent School is bringing out a Souvenir on the occasion of its Silver Jubilee. On this memorable occasion may I send my warm greetings and prayerful felicitations to the Principal, Sisters, staff and students of St. Mary's School family.

Twenty five years is certainly a milestone of importance in the history of St. Mary's, Ghaziabad as it has achieved much during these years. It is a momentous occasion to express our profound gratitude – gratitude to God for His providential care, gratitude and appreciation to the Sisters who have shouldered the responsibility of bringing up this School to its present level of growth by their untiring efforts. It is a living testimony of the vision and dedication of those who have given themselves to the cause of this educational institution. May God reward each of them for the unique contribution each has made in shaping the destiny of this institution. May God bless all the endeavours of St. Mary's and may it grow from strength to strength by maintaining its academic excellence and above all, by its pursuit of high moral, spiritual and social values.

I cherish the happy memories of my own association with St. Mary's and I thank God for the opportunity I was given to serve this institution in its early years.

  
Sister Gemma, FSLG  
Principal  
Stella Maris School, Lucknow





**St. Mary's Convent School**  
(Affiliated to C.B.S.E. New Delhi)  
P.O. GAJRAULA-244223  
Distt. J.P. NAGAR (U.P.)



## Message


My dear Sr. Puspha,

It is with great joy that I send you my congratulations and good wishes to you, the staff & students of St. Mary's Convent School, Ghaziabad on the occasion of its Silver jubilee.

The last 25 years have been eventful and memorable in the history of the school, which has grown by leaps and bounds. I'm glad to note that the school has taken care of the all round development of the students, and the students have excelled in every field.

I pray & wish that the Seat of wisdom may continue to inspire and guide the staff and the students in the years to come.

With my good wishes,

  
(Sr. Jane F.S.L.G.)  
Ex. Superior General

**Our Lady Of Graces Convent**

Anthon Kothi, P.O. Sardhana,  
Meerut D.t. UP. 250342  
Tel: 01237-36562; 37520



**Message**

***Dear Sister Pushpa, staff and students,***

It is with great joy I send you my prayerful wishes and God's blessings on the occasion when you are celebrating the silver jubilee of SMCS, Ghaziabad.

"I will remember your great deed Lord.

I will recall the wonders you did in the past" Ps. 77/11.

The school has achieved much during these 25 years. On this auspicious occasion of the silver jubilee, While we thank God for the great mercies of the glorious past, may the students, staff, sisters and well-wishers of the institution go forward to turn silver into gold and then to diamond.

A humble beginning with loving touch of God has allowed this institution to grow into a full fledged school of the Ghaziabad, caring not less than 1700 students.

St. Mary's can proudly say that it has given all round education to its pupils, to be good citizen of the country.

I pray that each of you be blessed with his beautiful blessings on its future growth and increased services.

May God Bless you

***Sr. Matilda FSLG  
(Ex-Superior General)***





## Message

### ***Principal, staff and students,***

I am glad to know that St. Mary's Convent School Ghaziabad is celebrating its Silver Jubilee. My hearty congratulations to the Management, Principal and staff on this occasion, for its great success in imparting quality education through their dedicated service, commitment and hard work.

I recall all the events of my brief stay as a Principal in this institution. The challenging situations of its infancy and the struggles of shifting from place to place were ended as a result of the tireless effort and efficiency of Sr. Gemma, my predecessor.

Very soon, the strength of the school was increased, it obtained the recognition from I.C.S.E Board and became a High School.

Today, with great joy and gratitude to God I can see its marvellous growth with its committed staff who work hard to accomplish the task of forming young minds, in order to meet the challenges of life. I remember the words of 'Erich Fromm':-

"Man's main task in life  
is to give birth to himself,  
to become what he potentially, is."

I wish you success in all your endeavours and pray to Almighty God to continue bestowing his blessings on the staff and the students in the years to come.

*Sr. Mary FSLG  
EX-Principal*





## Message

It is heartening to know that St. Mary's Convent School has rendered twenty five years of effective service in the field of education and has carved a niche for itself in the society of Ghaziabad.

A school being a catalyst of social transformation, the children who enter the portals of this institution have been helped to develop their full potential amidst a congenial atmosphere.

It aims at shaping persons who are intellectually enlightened and competent, morally sound, psychologically balanced, emotionally integrated, socially adjusted, coherent in matter of religion, imbued with a sense of the Divine, committed to the cause of justice, having a sense of belonging and commitment to the nation and having a sense of the humanity at large. May the excellence of this temple of learning be imprinted in the sands of time.

*Sr. Shalini FSLG  
(EX-Principal)*





**St. Mary's Convent School**

Panipat P.O.  
Assand Rd, P.B. No. 74.,  
Haryana



## **Message**

It gives me immense joy to know that a special Souvenir is being published to mark the auspicious occasion of the silver jubilee of St. Mary's Convent School Ghaziabad.

I am delighted to send you my warmest greetings and prayerful best wishes and join with you in commemorating this joyous occasion.

I have served this institution for the last 9 years.

I recall with gratitude, to God the progress the institution has made.

May God continue to shower His choicest blessings upon this institution.

**Sr. Smitha FSLG  
(Ex-Manageress)**

## SACRED HEART CHURCH

G.T. ROAD,  
GHAZIABAD  
10/02/05



### Message

Rev. Sister Pushpa,

I am happy to note that you are publishing a Souvenir on the happy occasion of your School's Silver Jubilee Celebration. I share my happiness through this small note for the Souvenir.

I am extremely glad that St. Mary's Convent School Ghaziabad completes 25th year of its existence. Let us praise the Lord for all the blessings He has showered on this Convent School. My hearty congratulations and prayerful wishes to you and to all the staff members. The school has a successful history behind as I know it well.

I sincerely appreciate all the tremendous efforts taken by the congregation of Our Lady of Graces towards the education of both children and youth.

While thanking the Lord for all the blessings on this institution for the last 25 years, I remind you that. Let us gratefully remember all the pioneers and the Benefactors of this institution, their great sacrifice that helped this institution to achieve so much.

Once again I would like to congratulate you, your staff and students for all wonderful Educational Apostolate and other co-curricular activities that are being undertaken in your institution.

Be sure of my prayers for all of you.

*Yours in Christ Jesus*  
*Fr. Vareethiah*  
*(Parish Priest)*





### The Inception of SMCS, Ghaziabad (UP)

**"Great indeed are your works Oh! Lord ....."**

These words of the Psalmist indeed become so true today as I look back to the past 25 eventful years.

Twenty-five years have passed somewhat swiftly. It is indeed a moment of great joy, and certainly of gratitude to God, and to many persons who were part and parcel of the building up of this Institution. Twenty-five years ago, precisely on 23rd July 1979, we started St. Mary's Convent School in a small rented apartment in Model Town. This humble beginning was made in response to an invitation received by Sister Gemma, the then Superior General of our Congregation from late Rev. Father Amedeous, ofmcap, the Parish Priest of Sacred Heart Church, Ghaziabad to start a school especially for the children of the Railway Colony. We were four of us: Sister Margaret, Sister Lillian, Sister Shalini and I who pioneered this new School. Today it is a moment of pride for me to be back in St. Mary's at its Jubilee year. I gratefully recall the help and support given by late Rev. Father Amedeous ofmcap of revered memory.

The school premises had to be shifted from Model Town to Nehru Nagar after some three months for better accommodation. In 1986 Sister Gemma took charge of the School and she found it necessary to shift the school once again to a larger accommodation in Kavinagar. With God's blessing and with the help of many people Sister Gemma was able to buy the present plot of land from Ghaziabad Development Authority during the tenure of Mr. P.N. Misra, I.A.S the Vice Chairman, and had the foundation stone laid for this building on 15th July 1988 by the commissioner of Meerut, Mr.V.K. Dewan I.A.S.

The first phase of the building was completed and it was blessed by Rev. Fr. Bernard Daniel and inaugurated by Mr. P.N. Misra on 22nd July 1989.

The School has seen a steady progress over the years with the help of God and our Blessed Mother Mary, the Patroness of this School, and with the sustained efforts of the various Principals and managers who held the helm of affairs during these past twenty five years. The management, which rests with the Franciscan Sisters of Our Lady of Graces, has put in many resources for the development and expansion of this School. Here I would like to thank in a special way the Superiors General: Sister Gemma, Sister Jane, Sister Matilda, and Sister Mercy the present Superior General for the keen interest they have taken for the advancement of this School. Here I would like to recall the valuable service made by all our Sisters who were part of our Community over these years. I would like to make a special mention of Sister Kathleen and Sister Smitha who have assisted much in the expansion work of the building. The School Auditorium has been the latest addition to the infrastructure.

Several persons have helped us in different manners especially in the initial years of the School - they are our benefactors and well-wishers to all of whom I want to say a big thank you. I would like to make a special mention of: Mr. R.K Tyagi, Mr. N.K Chibber, Mr J.K. Bansal Mr. E.J. Thomas, Mr. P.J. Joseph and Mr. P.A. Paul.

We are happy to say that St. Mary's Convent School is one of the leading Schools of the city today. The First Batch of ICSE students gave the Examination in March 1997 and came out with cent percent First Division Result and high



distinctions. The subsequent Batches continued the trend and brought laurels to the School. We have a team of hard working and committed teachers to whom I am grateful for their spirit of dedication and loyalty. I would also like to remember gratefully all those former members of the staff who have given their best to this institution. May God bless them all.

The School gives a special emphasis on the character formation and the overall development of the personality of the children inculcating in them spiritual and humane values. The alumnae of our School take pride in their Alma Mater and

are today well placed in various sectors of Service, and are contributing to the development of the Nation.

I thank God Almighty for the marvelous way He has guided our footsteps along these twenty-five years of our growth and development. I entrust ourselves into His loving hands and ask Him to help us to make still greater strides in the years to come.

**Sr. Pushpa FSLG**  
**Principal**

## A Glimpse Of Silver Jubilee Celebration

(28th & 29th Oct.04)

We nurture dreams, meticulously plan for the future and inspire to achieve new goals, but forget the importance of the present. St. Mary's Convent School has made use of every opportunity with open hands to make best use of the present and live up to the expectations of the future.

In 2004, St. Mary's Convent School completed 25 years in imparting education to students. It is a significant achievement for the school and the staff. Within the span of these years the school made progress by leaps and bounds in every field whether it was studies, sports or co-curricular activities. It has earned a place for itself among the most prestigious and reputed schools of the city where children not only achieve academic excellence but also learn to become better human beings.

To celebrate this milestone, a colourful and enthusiastic cultural evening was organized. The program displayed the human quest for knowledge. It depicted the contribution of the five elements space, earth, air, water and fire which constitute the human body. The human form is incomplete without knowledge. It is knowledge

which renders him a different identity, different than 'beasts'. It is this noble task of spreading knowledge that constitutes the motto of our school 'Let your light shine'. The program traced the history of the school which made a humble beginning 25 years ago.

The enthusiastic participants left no stone unturned in their efforts to make their performance a memorable one. Students from the pre-primary classes enthralled the audience and won a great amount of appreciation. The audience were informed about the formation of FSLG and its contribution in the field of education.

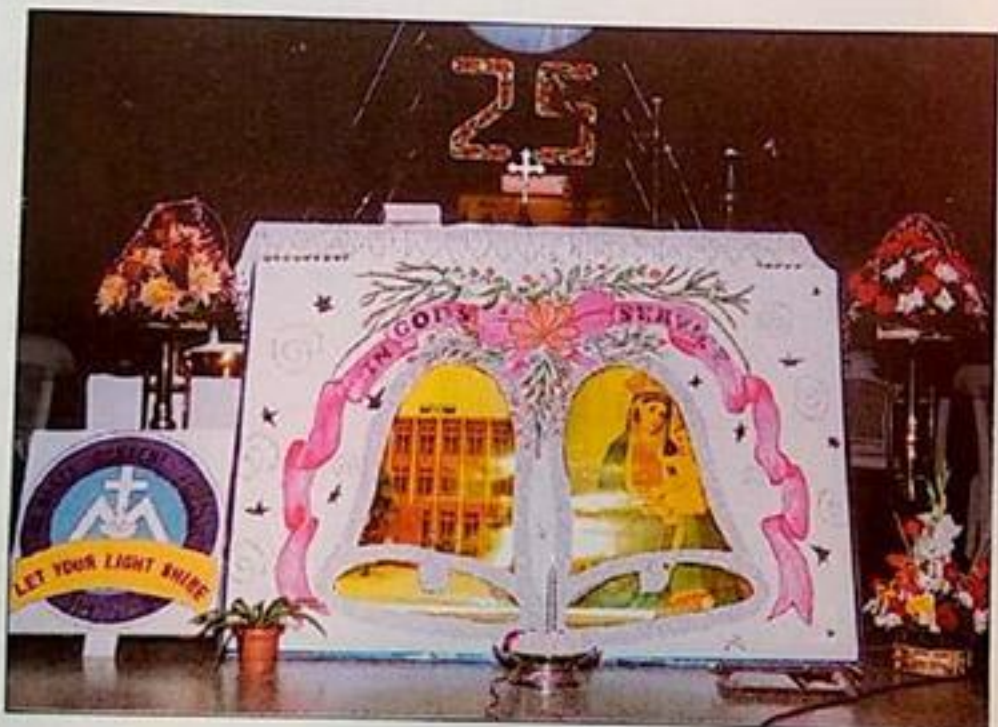
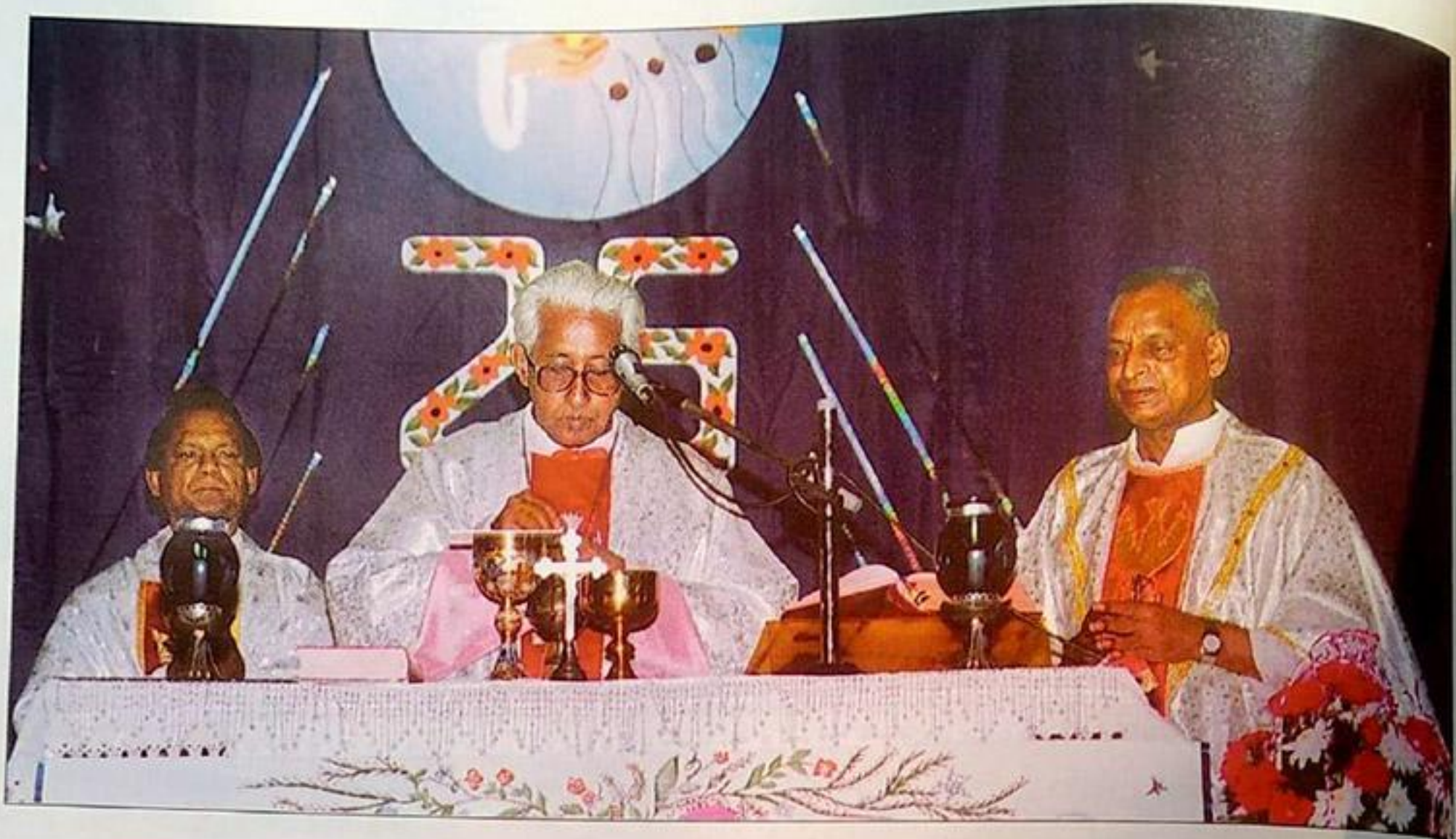
The guests were overwhelmed by the symphonic show. It turned into an emphatic success. The visitors gave applause to all, and the venue was filled with cheers of 'Bravo' for the performers.

It was truly an evening to remember. May God's blessings continue to shower upon the institution.

**Vaibhav Choudhary**  
**VIII C**



Thanksgiving Mass (29th October 2004)





# Lighting of The Lamp



## Sentimental Flashes



Sr. Pushpa - 1979-'86, 1994-98, 2004--



Sr. Gemma - 1986-'92



Sr. Mary - 1992-'94



Sr. Shalini - 1998-'04





# Honouring Ceremony



## Sentimental Flashes

The little sapling which was planted and nurtured by different significant persons is a full fledged tree today. It gives us a sense of great joy to honour and express our deep gratitude to all those sisters who have played a vital role in establishing and bringing up St. Mary's Convent School and making it what it is today.

### Rev. Sr. Pushpa FSLG

Sister Pushpa was the Principal and manageress of St. Mary's Convent School - Ghaziabad from the year 1979 to 1986. Sister served as the Principal again from the year 1994 - 1998.

For a third tenure Rev. Sr. Pushpa is back here with us as our Principal since July 2004.

Sister Pushpa is a gentle, generous, wise and noble person. She has the strength to lead and the humility to follow. Her integrated approach to education has helped in nurturing and sustaining a democratic school environment enabling one and all to flourish. Her innovative ideas and confidence building measures have tremendously contributed for the establishment and growth of this institution.

### Rev. Sr. Gemma FSLG

Sister Gemma was the Principal and manageress from the year 1986 to 1992. Sister laid the infrastructure of St. Mary's Convent School. She is a meticulous planner and an able administrator. We were able to obtain the 'No objection certificate' (NOC) under her dynamic leadership. Her innovative ideas have benefitted us and helped us in the development of this school. Her undaunted spirit made the toughest task easy and we can rightly say for her that 'People who believe in themselves are winners.'

### Rev. Sr. Mary FSLG

Sister Mary was the Principal and served this institution from the year 1992 to 1994. She is an embodiment of sweetness, her politeness, civility and courteousness made difficult things easy. She believed that 'Work is Worship' and strove hard for the benefit of this institution. It was under her able guidance that we the St. Marians received the ICSE affiliation. For her we can rightly say, "Little deeds of kindness, little words of love, help to make the earth a happy place, like the heaven above.

### Rev. Sr. Shalini FSLG

Sister Shalini served this institution as the Principal from the year 1998 to 2004.

Sister has an indomitable spirit that triumphed despite the odds. Sister endeavoured to bring out the Newton in our school. She is a person with a remarkable vision and endurance who took this institution to the pinnacles of remarkable success and glory. She showed us that the main purpose of life is to live rightly, think rightly and act rightly.

### Rev. Sr. Smitha FSLG

Sister Smitha was the manageress, and a marvellous teacher from the year 1995 to 2004. Her drive amazed us. Her energy motivated us. Her serenity soothed us. Her halo of confidence and enthusiasm made the impossible possible.

We would like to honour the superiors general of Fransiscan sisters of our Lady of graces under whose leadership St. Mary's Convent School flourished.

The first among them is Rev. Sr. Gemma who began this institution in 1979 and later Sister became the Principal and manageress of this school.

The next superior general was Rev. Sr. Jane who did her very best to develop this school further from 1985 - 1991.

Rev. Sr. Metilda (1991 to 2003) was the then Superior general and she gave her full support and encouragement towards the further progress of this school. The present auditorium was built during Sister's tenure.

We honour our Present Superior General and the President of the educational Society SMCS Rev. Sr. Mercy FSLG for her kind support and able guidance.

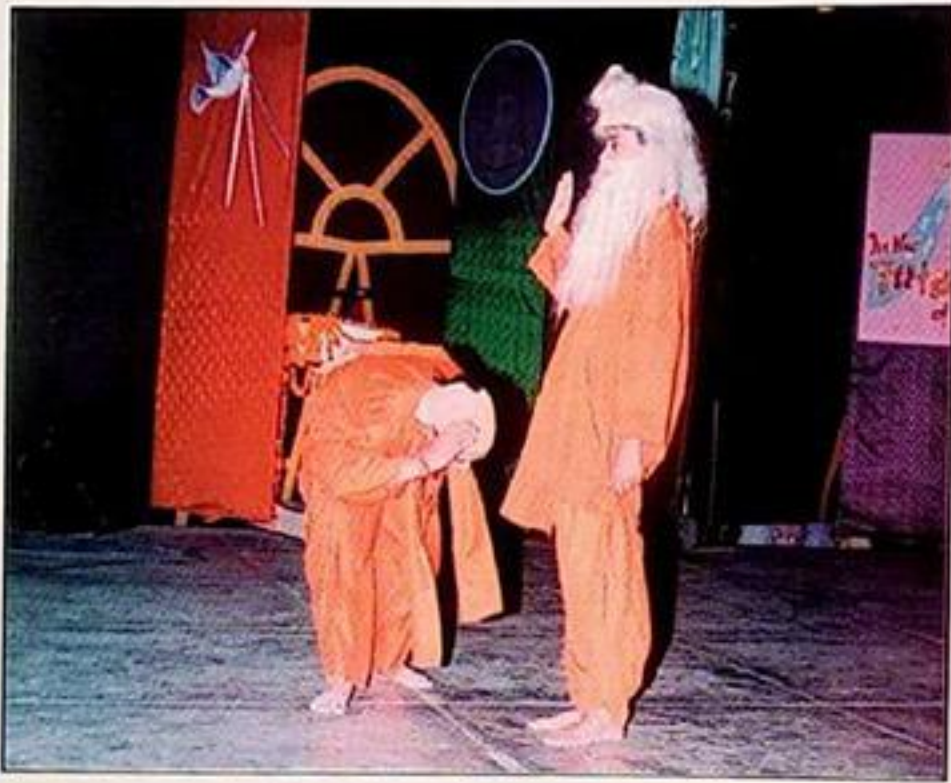
We thank each one of them for their valuable contribution towards the betterment of St. Mary's Convent School.

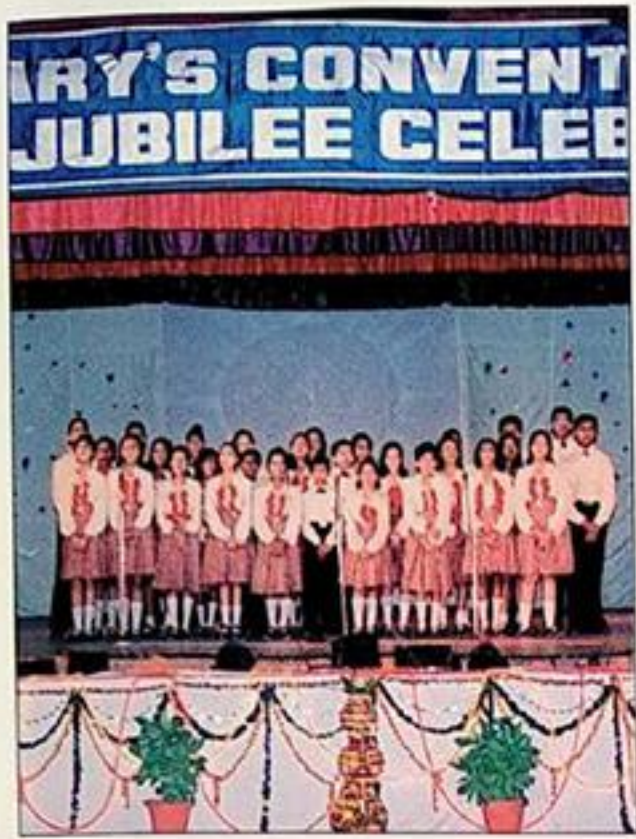
Thank you dearest Sisters.  
Let your Divine Light Shine.  
May God Bless you all.  
Lots of Love and Prayers.

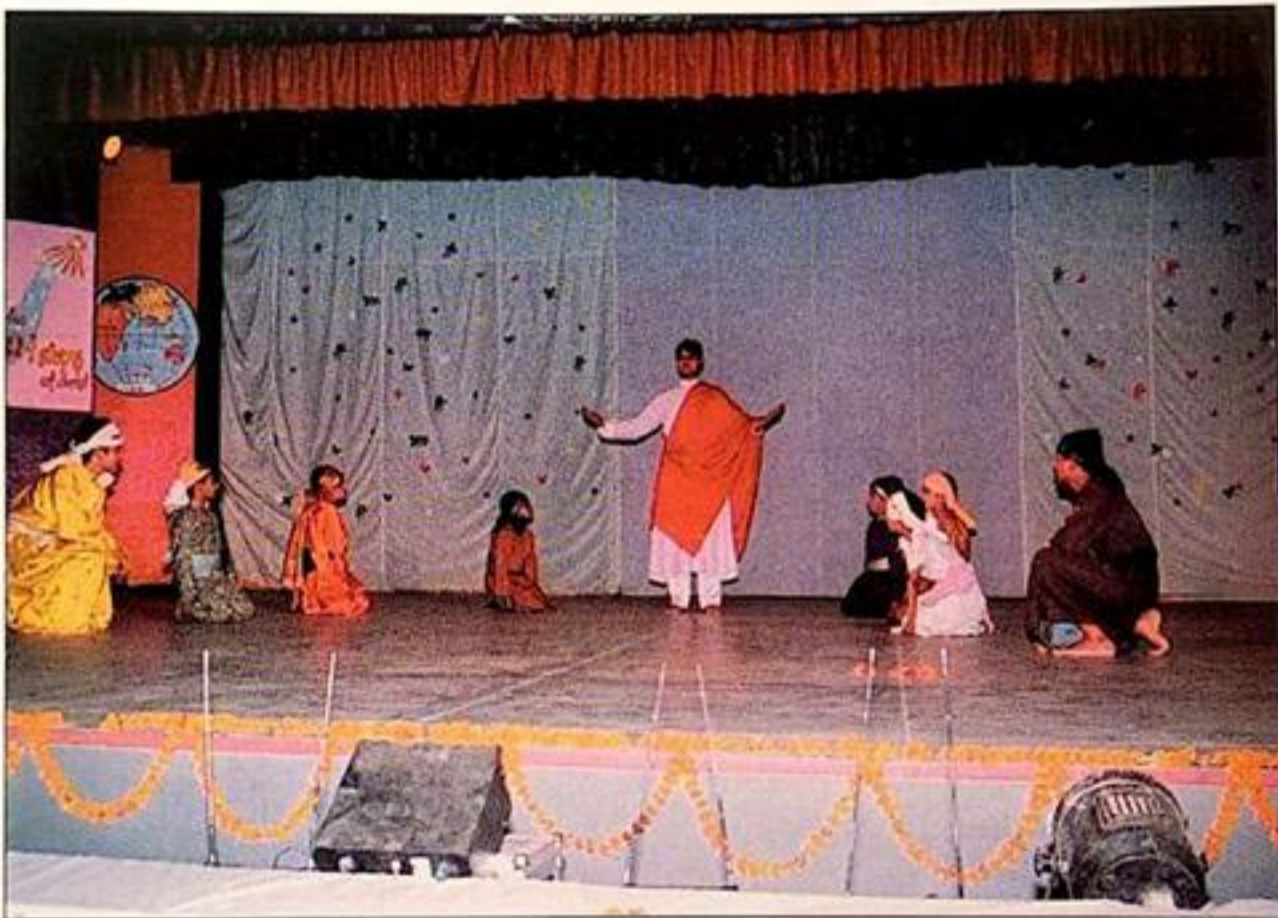
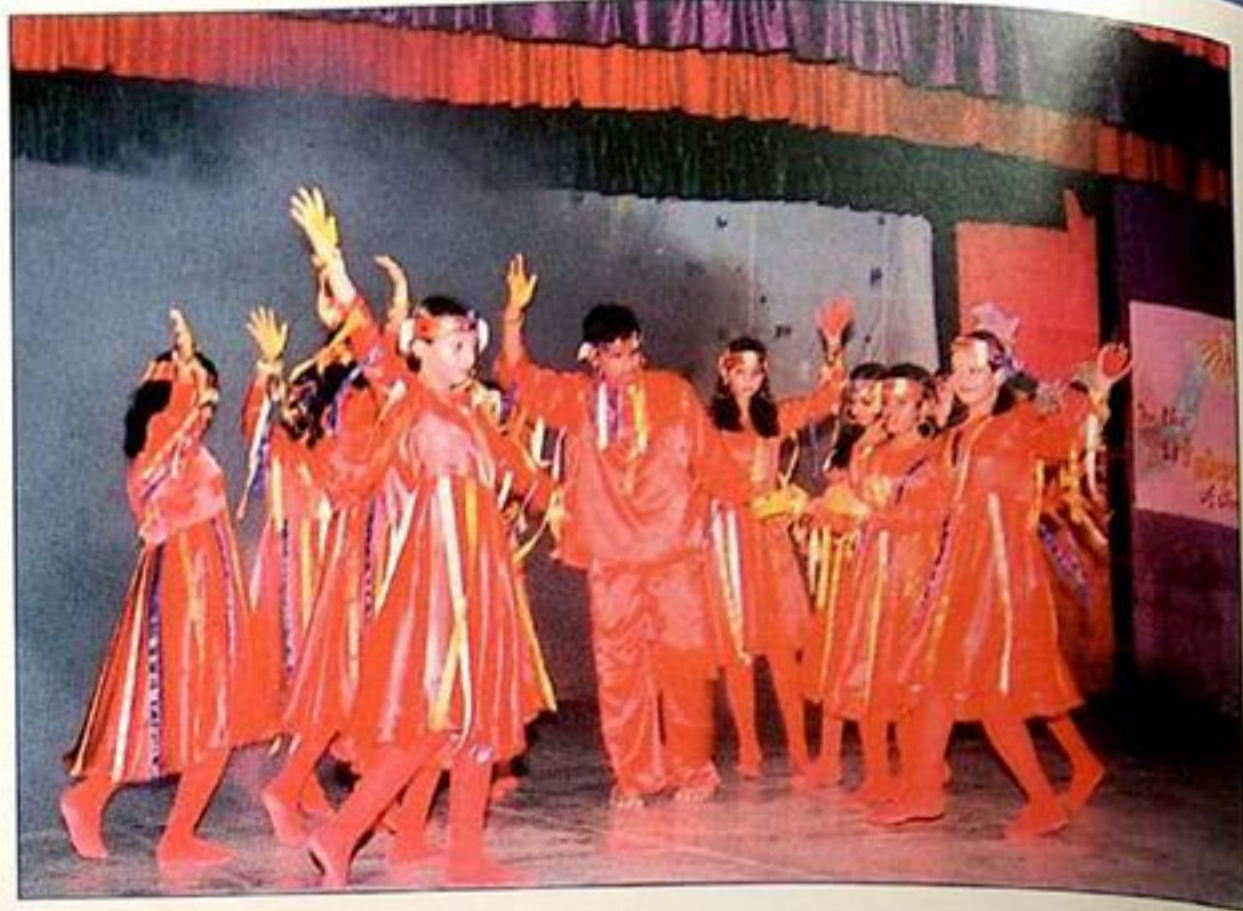
*Sanjul Raj & Sunita Mahesh*



# Cultural Evening







## Our Experience



**Nidhi Vyas, X B**  
(Head Girl)



**Kunal Jain X A**  
(Head Boy)

**St. Mary's Convent School** is an epitome of knowledge, an embodiment of discipline, an ocean of love and an icon of strength. It has a glow of immeasurable joy in its aura. It has been a great privilege for us to be a part of this school for 10 years. Each day of St. Mary's begins and ends with remembering God and it brings us closer to God. It was a great opportunity for us when we were selected as school Prefects.

The seed of St. Mary's Convent School Ghaziabad was sown 25 years ago which has now turned into a vibrant tree bearing fruits. It demanded lot of sacrifices and hardships far beyond the power of human beings, to bring this Institution to this present stage. But our principals and teachers have worked to attain this with pure, devoted hearts.

It is a privilege for us that we are a part of the school when it completed 25 years. This school has been one of the most precious gifts in our life.

We came here as tender seeds. And the school provided us with every possible opportunity to recognize and develop our potentialities. We learnt punctuality, regularity in work, responsibility and commitment here. Our teachers have always been our guiding lights. They have nurtured our hidden talents and virtues. We thank God for being so merciful to us for providing us with such a school. May St. Mary's Convent School be the best in every field where truth, justice, love and peace triumph.





Office Bearers



School Band



# House Report

## St. Clare House



### A Profile

**St. Clare House** is one of the four houses that the students of St. Mary's Convent School are divided into for the purpose of healthy competition in co-curricular activities. I am glad to be the Vice Captain of this house.

St. Clare House had the benefit of fully dedicated teachers and House animators such as Madam Mona Gupta, Madam Shashi Bala and other teachers who worked hard with the sole aim of seeing their house on the first position whether it be bulletin board competitions, cultural or sports events.

The teachers really took pain to motivate the students towards the various fields of their growth.

And last but not the least are the little gems of our House- the students. Even when the exams were round the corner, they were active in house activities. We also stood first in Bulletin Board

Competition for Teacher's day. Our performance was good in all competitions, let it be Speech competition or Junior Cursive writing competition. We stood third in Science quiz. We also performed with true sportsmanship and the girls team performed with excellence. We also did well in Christmas Bulletin board competition as well as in the parade on 26<sup>th</sup> Jan, 2005.

Without the whole-hearted contribution of students we wouldn't have performed well in all competitions.

So in a nutshell we can say that all students of St. Clare House have done well in all our activities. I'm sure we'll continue to do well under the able guidance of our animators. Finally I pray to the Almighty to be always with us.

*Siddharth Pandey*  
Vice Captain  
Class-IX-A





## St. Joseph House



### **Team work is less 'ME' and more 'WE'.**

The above remained the strength of St. Joseph House for the session 2004-05, which saw Sahil Dixit of class X-B and Anika Singhal of X-A as captains, and Ajay Chaudhary and Shimbi Bhatnagar of IX-B as vice captains.

The house completed and co-operated in many events during the year and won many prizes. Mrs. Sumita Rana and Mrs. Madhu Saxena were appointed as house animators for the session.

During the year, Independence Day was celebrated with due favor and zeal; the students organized cultural programs to mark the occasion.

On the eve of Christmas, a Carol singing competition was held and beautiful scenes depicting Jesus Christ's birth were shown.

On Republic Day, a March past competition was held besides the flag hosting and other cultural programs.

During the session, inter house speech competition, Calligraphy and Drawing

competitions, many sport activities like Kho-Kho, Basket Ball, Volley Ball were held where our house bagged many prizes.

The house members, throughout the year enthusiastically decorated the house boards on the various occasions like 15th August, Children's Day, Republic Day and finally "Best Wishes" for class X students.

The year was a memorable one being the silver jubilee year for the school. On the occasion we were happy to have Rt. Rev. Oswald Lewis, co-adjutor Bishop of Meerut as chief Guest and Ex-Principals, and Ex-Manageress of the school amidst us. A grand cultural program was organized in which the house cooperated with great enthusiasm. The entire school building, all corridors and class-rooms were decorated. On behalf of our house we congratulated our dear Sr. Principal, the example of experience and hard work, who always guides us to follow the motto 'let your light shine.'

*Anika Singhal and Sahil Dixit  
Captains of St. Joseph House*

## St. Teresa House



***"Leave nothing for tomorrow which can be done today".***

This is an important saying by Abraham Lincoln. St. Teresa also stands by this saying and we have tried to carve a niche for ourselves in the various Inter-House activities and programs which were organized by different associations in the present academic year 2004-2005.

St. Teresa house has been a home for various victories and glories as it is said "Many contributions together lead to success". Similarly, the achievements of St. Teresa House are actually the result of high spirits and continuous efforts made by the students under the guidance of the able teachers. St. Teresa house excelled in all the fields in the present academic year- be it the bulletin board display, the morning assembly choir or any other competition or cultural activity. The students of our house even proved their worth in the field of sports by bringing laurels to our house in basketball as well as volleyball. Both our boys as

well as girls team did exceedingly well at the recently held "Inter house basketball competition and won first position in the volleyball tournament.

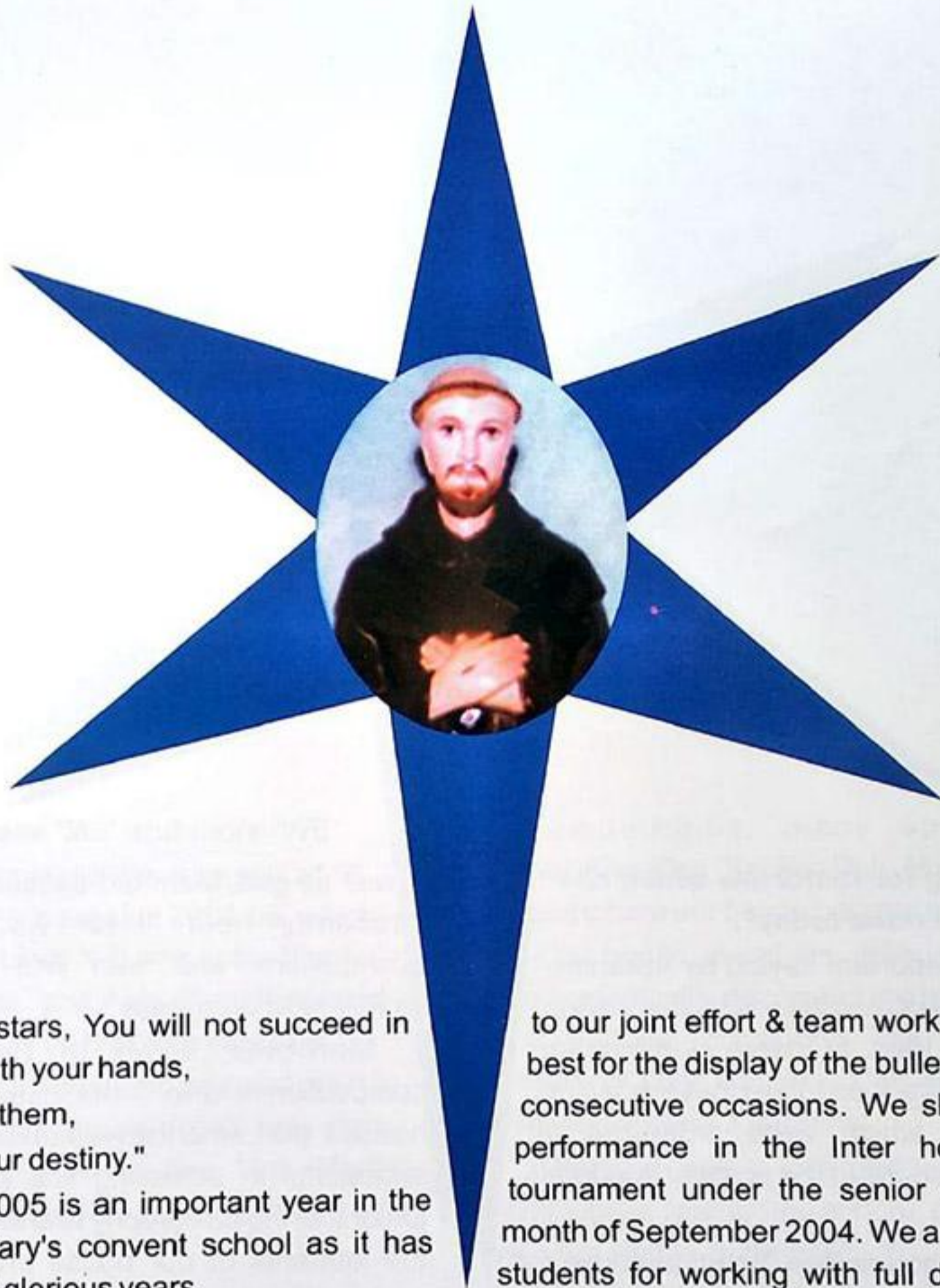
Moreover, even in the March past competition held on the Republic day our house's performance was quite good. We were successful in achieving first place among the juniors. In the calligraphy and art competition too, the students of our house showed marvelous performances and were successful in winning many prizes. Our house students have shown their talents in the "Speech competition" also.

"We have tried our best to keep our position high and now we are craving for more and more and our efforts will surely bring us a place among the various competitive houses. If we keep trying the some way, it will surely assure us a place on the victory stand.

**Shweta Gupta  
Arun Sehlot  
(Vice - Captain)**



## St. Francis House



"Ideals are like stars, You will not succeed in touching them with your hands, But --- following them, You will reach your destiny."

Year 2004-2005 is an important year in the history of St. Mary's convent school as it has completed its 25 glorious years.

St. Francis house represented by Abhilasha Purwar & Sandhya Singh of class X as captains and Chanchal Singh & Agam Sharma as Vice captains congratulate the St. Mary's family.

Throughout the year we have been able to bring about a cultural shift imbuing team work, collective thinking & open communication which, in turn resulted in development in different fields. The students took part in various activities with great zest, zeal & sports-man spirit.

Our house performed the best in the March - past competition held on Republic day. It was due

to our joint effort & team work. It was adjudged best for the display of the bulletin board for two consecutive occasions. We showed our best performance in the Inter house Volleyball tournament under the senior category in the month of September 2004. We are thankful to the students for working with full dedication & co-operation.

We are proud of such enthusiastic companions & supervisors who carried out their duties with full zeal.

Knowledge as a resource is not subject to the conventional, economic law of diminishing returns. Its usage multiplies it & does not become scarce. So let's move forward towards the next academic session & try to be more wise in deeds.

*Agam Sharma and Chanchal Singh  
Vice-captains*



## Cultural Association

The root of success of a person lies in his education. In this dark, cold and hollow world, inspiration and light is offered by a school. This is an honorable task since it modifies and moulds a child's life giving him values and virtues. In our school various associations work towards nurturing and polishing the hidden talent inside the students.

The cultural association of our school tries to bring out and sharpen every talent that a student has, so that tomorrow he can become confident to face the world. The pains taken by the association are unaccountable. It especially encourages those students who are introvert in nature and hesitate to take part in the competitions. It helps them to overcome all the hesitation that forces them to step back. It adopts unique ways to transform an ordinary student into a confident and smart one. The motto of our cultural association has always been to inspire a child not to seek in himself an 'ideal' one but to discover the original self, that uniqueness, which has been individually given to us by Lord Almighty. If we sum up then a cultural association actually introduces the children to the rich cultural heritage of our country. It provides ample opportunities to the children to be acquainted with the culture of India.

To fulfill this purpose the cultural association was privileged to organize the following events in the academic year 2004-2005.

**1. Celebration of National Festivals like Republic Day and Independence Day :** During the celebration children expressed their love and respect for the country through different items mainly by patriotic songs and dances. The dramatic skills of the children were brought forth through English and Hindi skills based on

various themes related to National Integration and Unity.

**2. Christmas Celebration :** During this event a great deal of enthusiasm was shown by the students. They actively took part in the Carol singing competition. Students exercised their Vocal Chords and sang melodious tunes.

**3. Class wise Speech Competition :** In this event every student of the class took part enthusiastically and exhibited his or her talent by causing the judges to become spell bound by their oratory skills and command over the language.

**4. Class wise Solo Singing Competition :** During this competition children strove to handle melody and rhythm and presented songs which proved them to be good at singing.

**5. Fancy Dress Competition :** A fancy dress competition was organized by the cultural association. The competition was a tough one since there was an overwhelming response from them. Needless to say the event was an instant hit whereby children did not leave any stone unturned in becoming exact replicas of people they chose to dress up like.

The expedition of the cultural association didn't limit itself in the boundary of the school itself but took a step forward and actively participated in an Inter School Dance Competition in K.D.B school Ghaziabad.

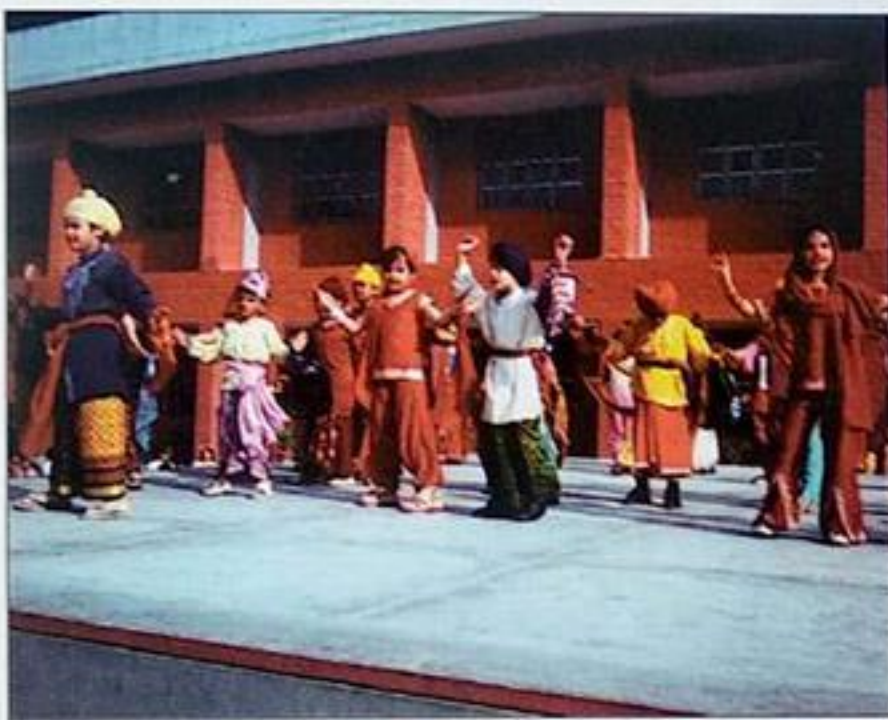
The organization of all these events was one of the toughest task which was performed methodically by Sister Maya, Mrs. Usha Sharma, Mrs. Vinita Pathania, Mrs. Shalini Saxena, Mrs. Meenu Gautam, Miss Ranjita Bose, Mrs. Jyoti Batra, Mrs. Sunita Singh and Mrs. Shardha.



Independence Day



Principal's Day



Visit of Rev. Sr. Mercy -  
The President of SMCS





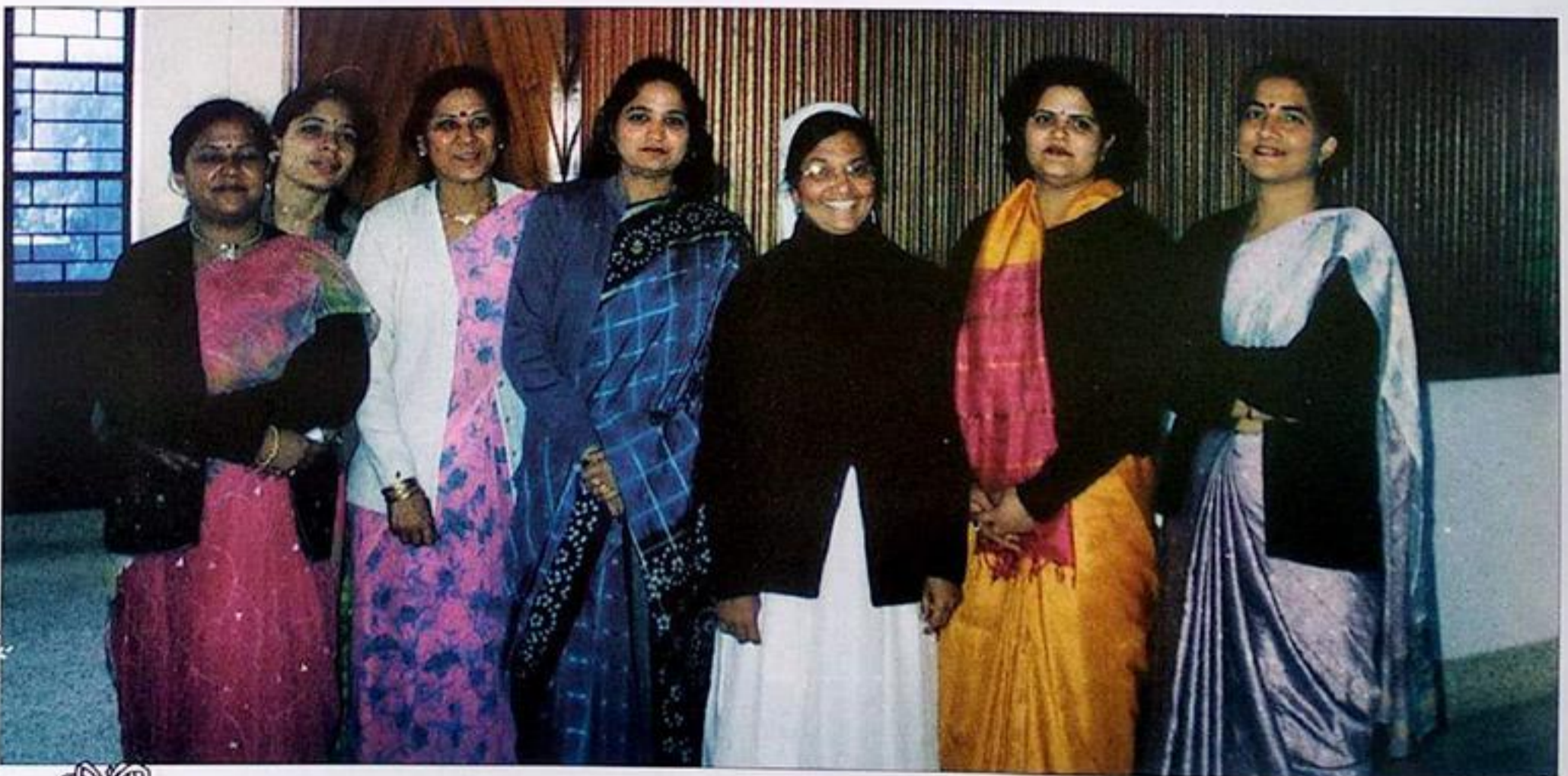
Republic Day

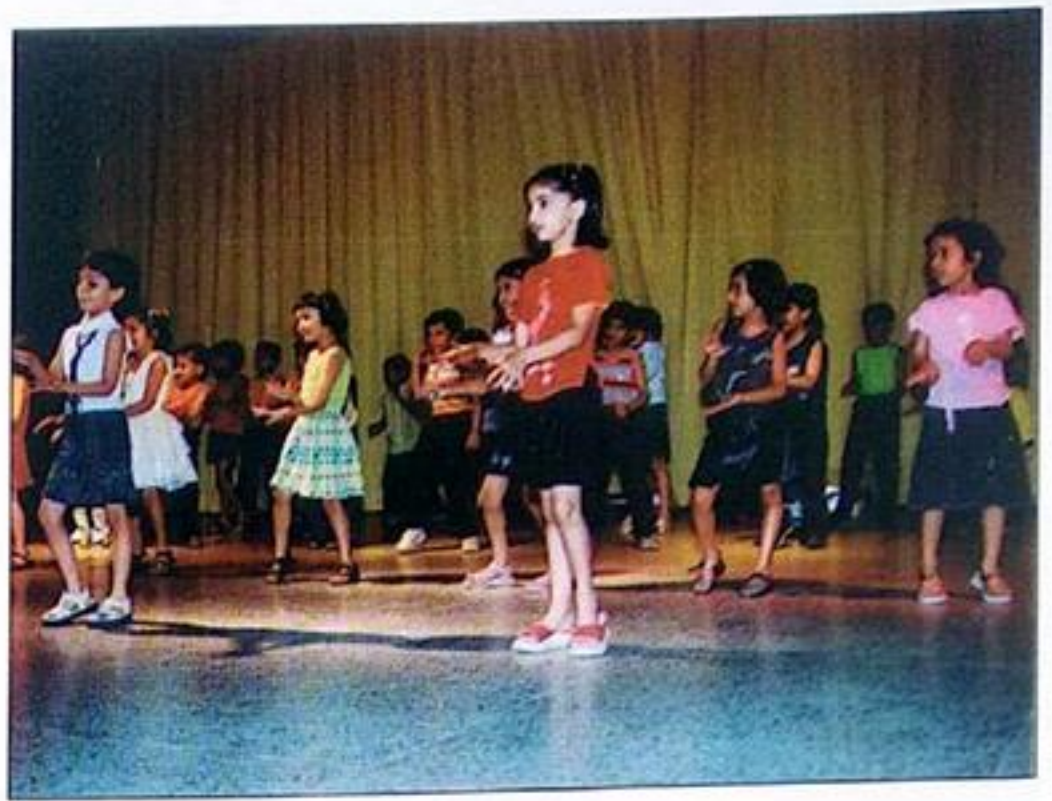
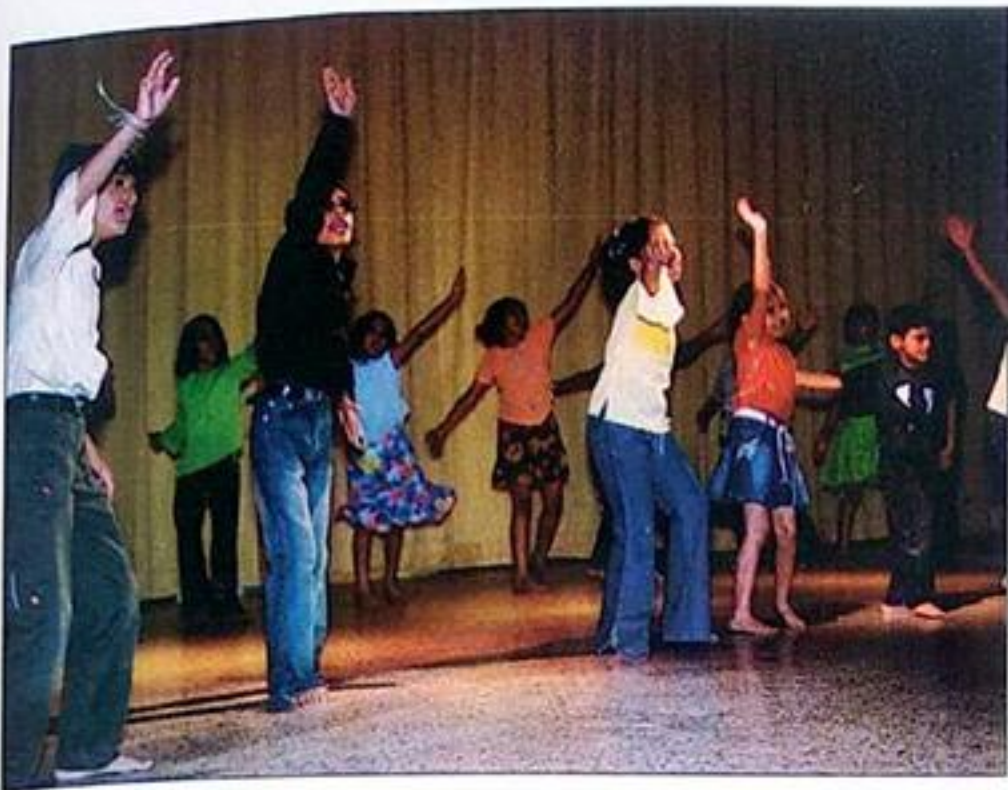


School Day

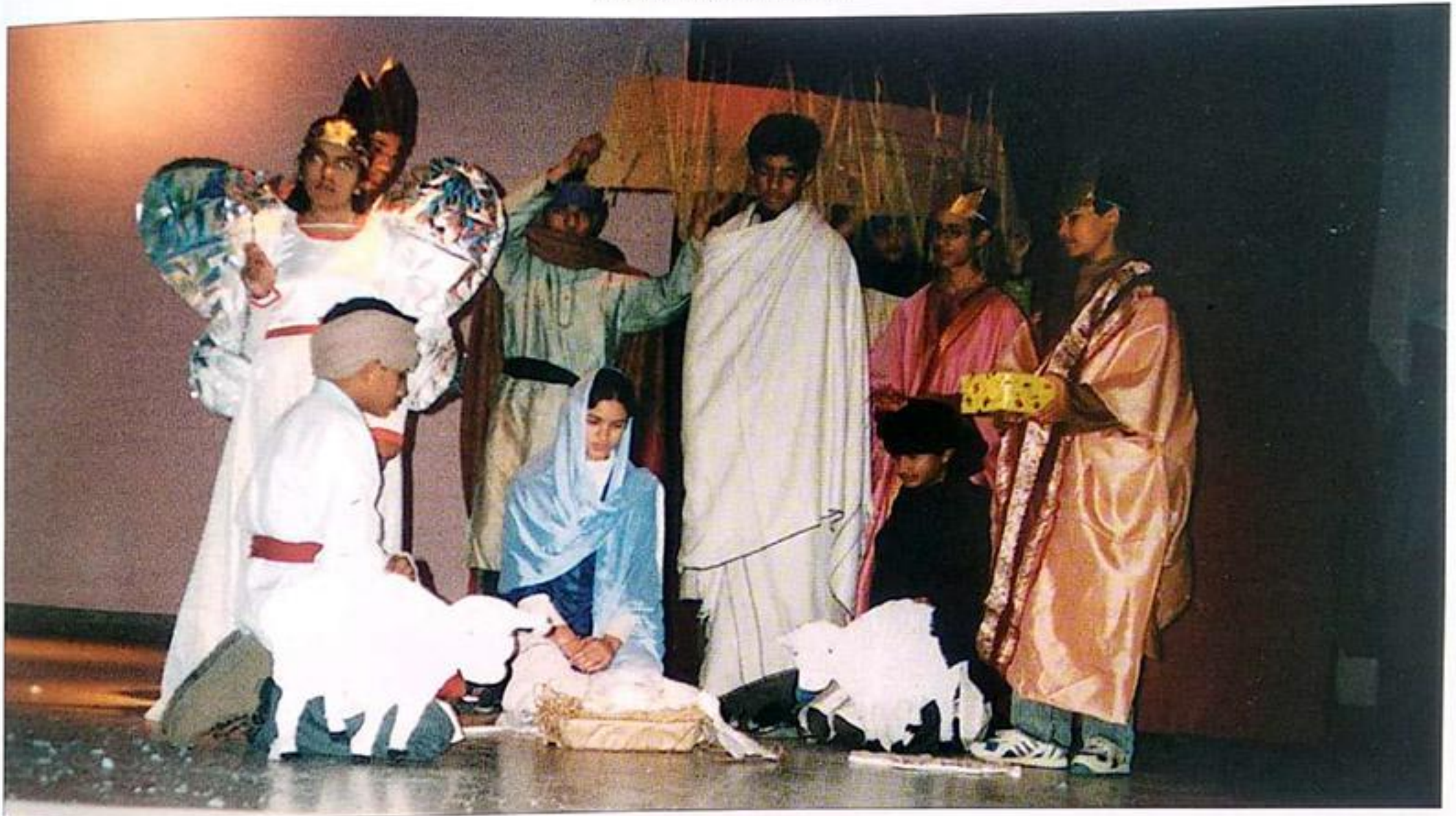


Teachers' Day



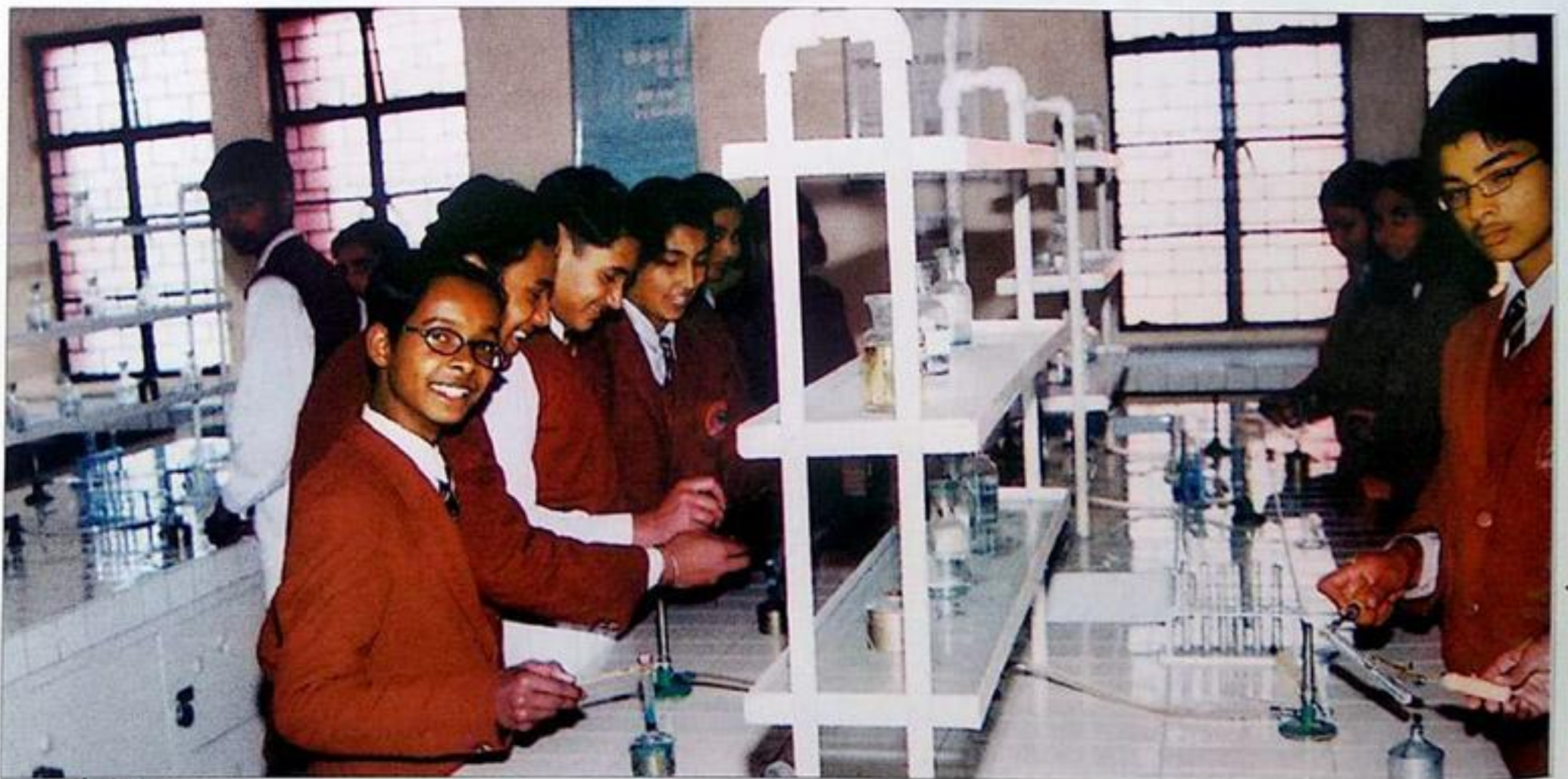


X'Mas Celebration





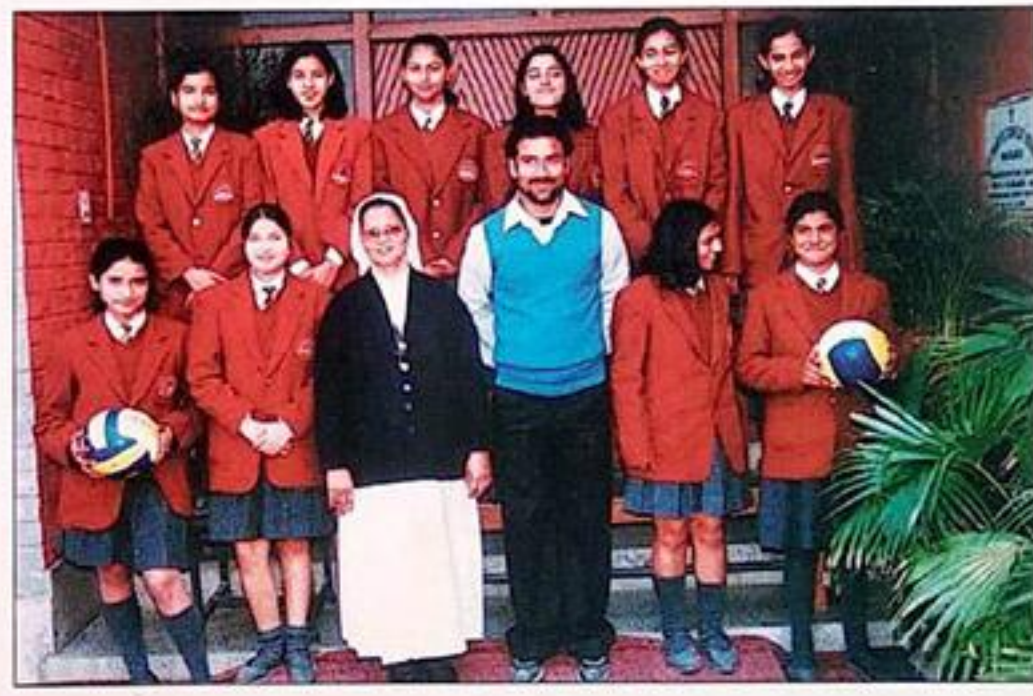
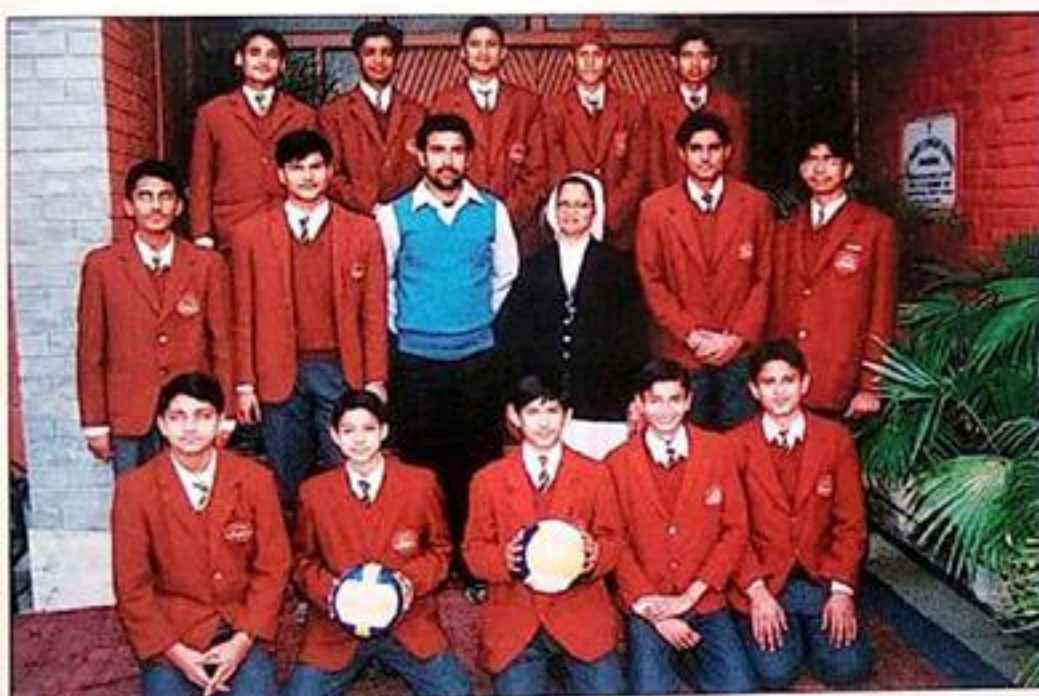
Library & Labs





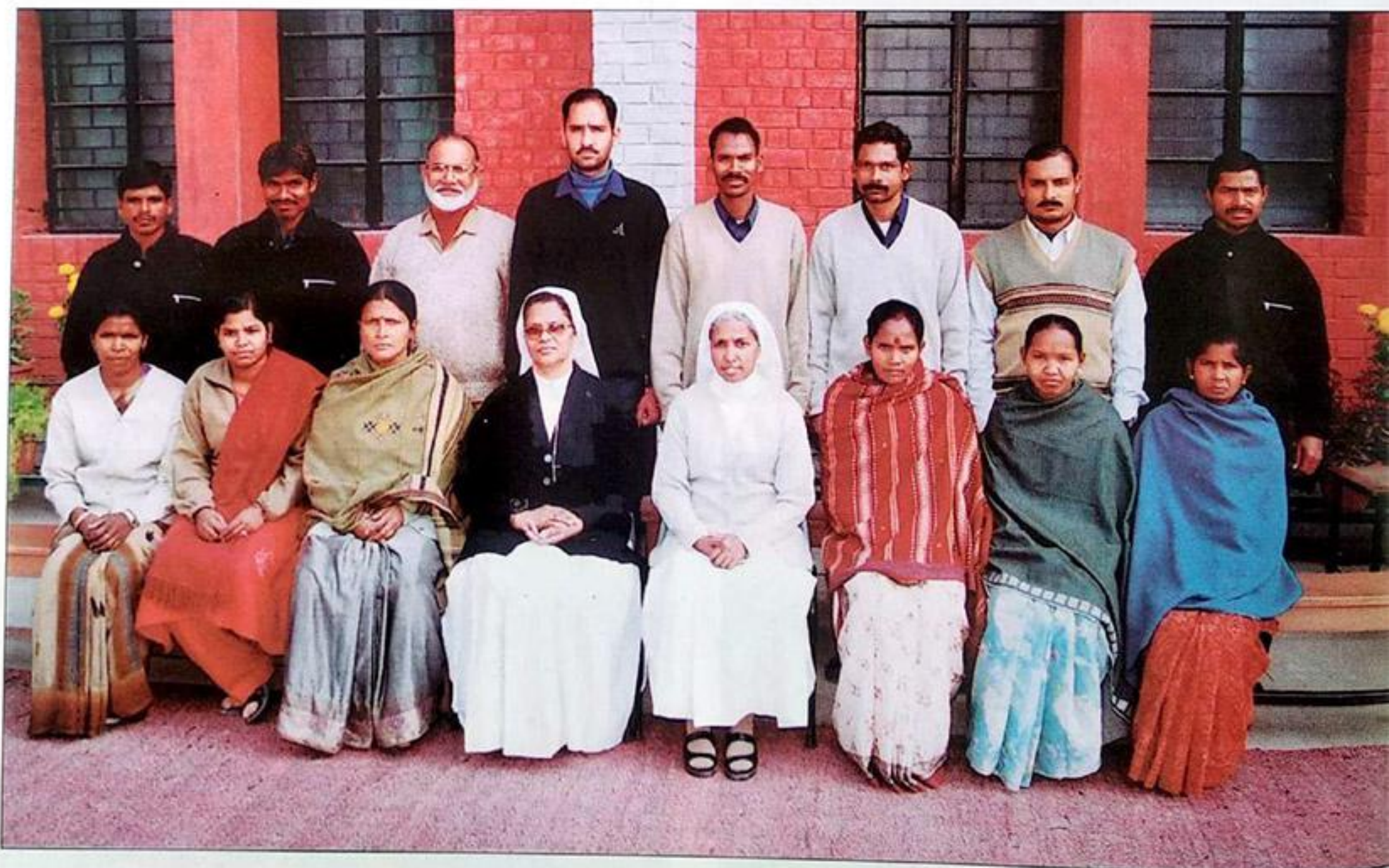
# Sports and Games







Staff



Supporting Staff





L.K.G. A

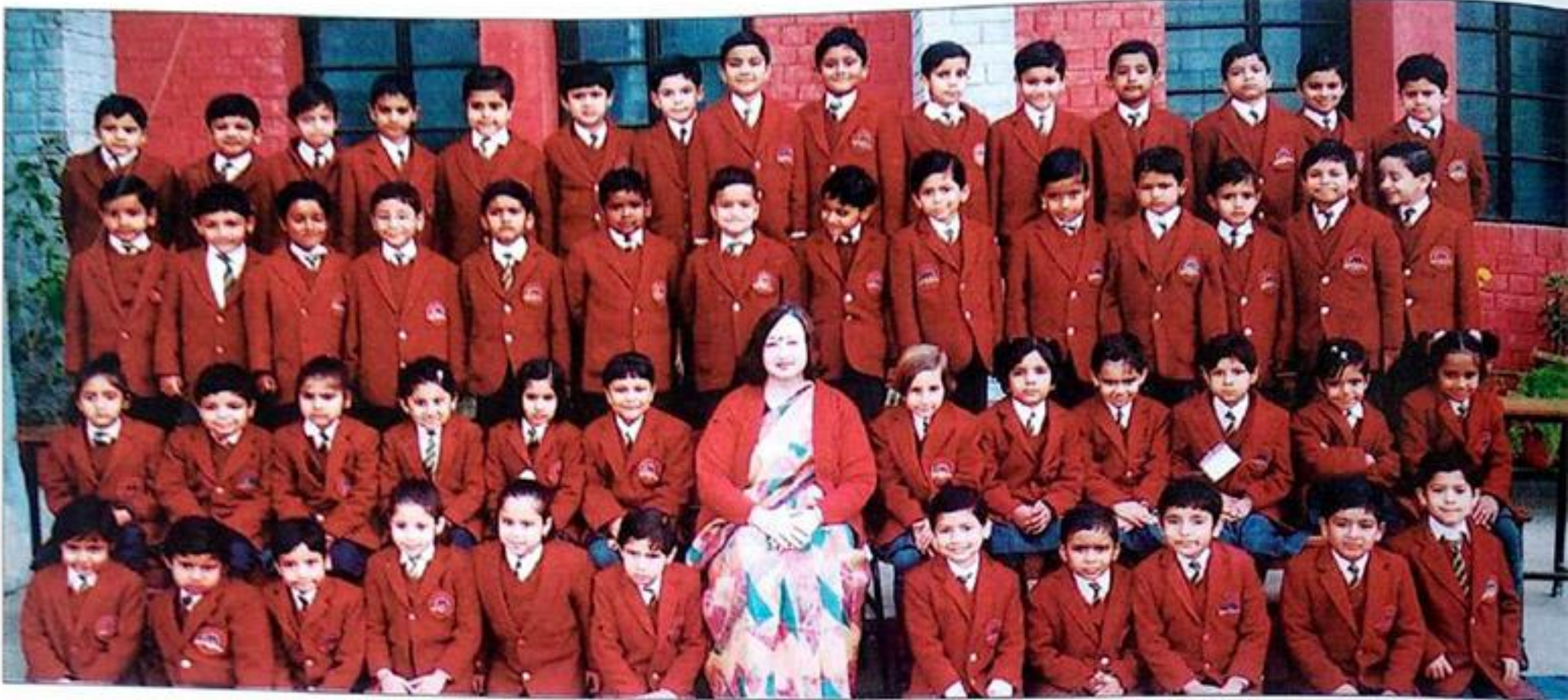


L.K.G. B

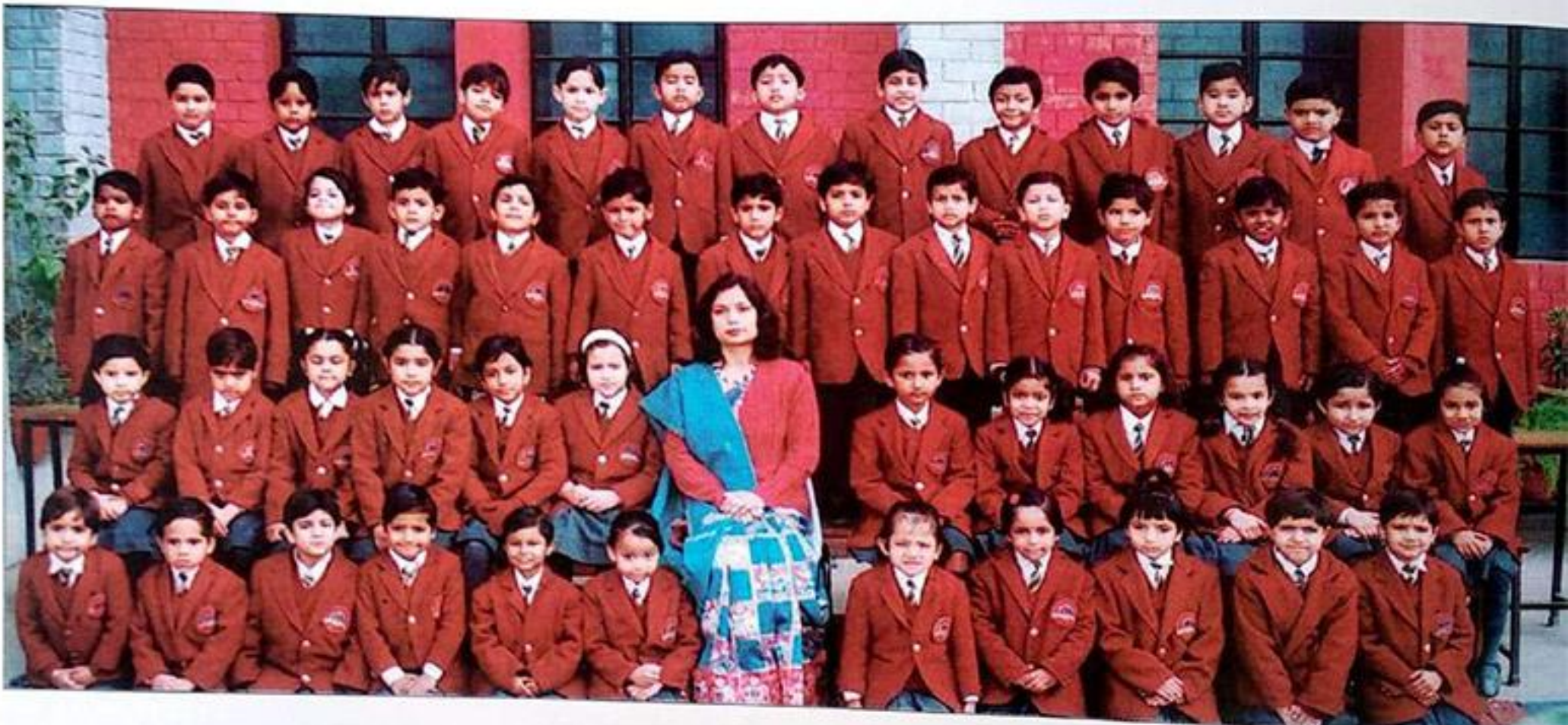


L.K.G. C





U.K.G. A



U.K.G. B



U.K.G. C

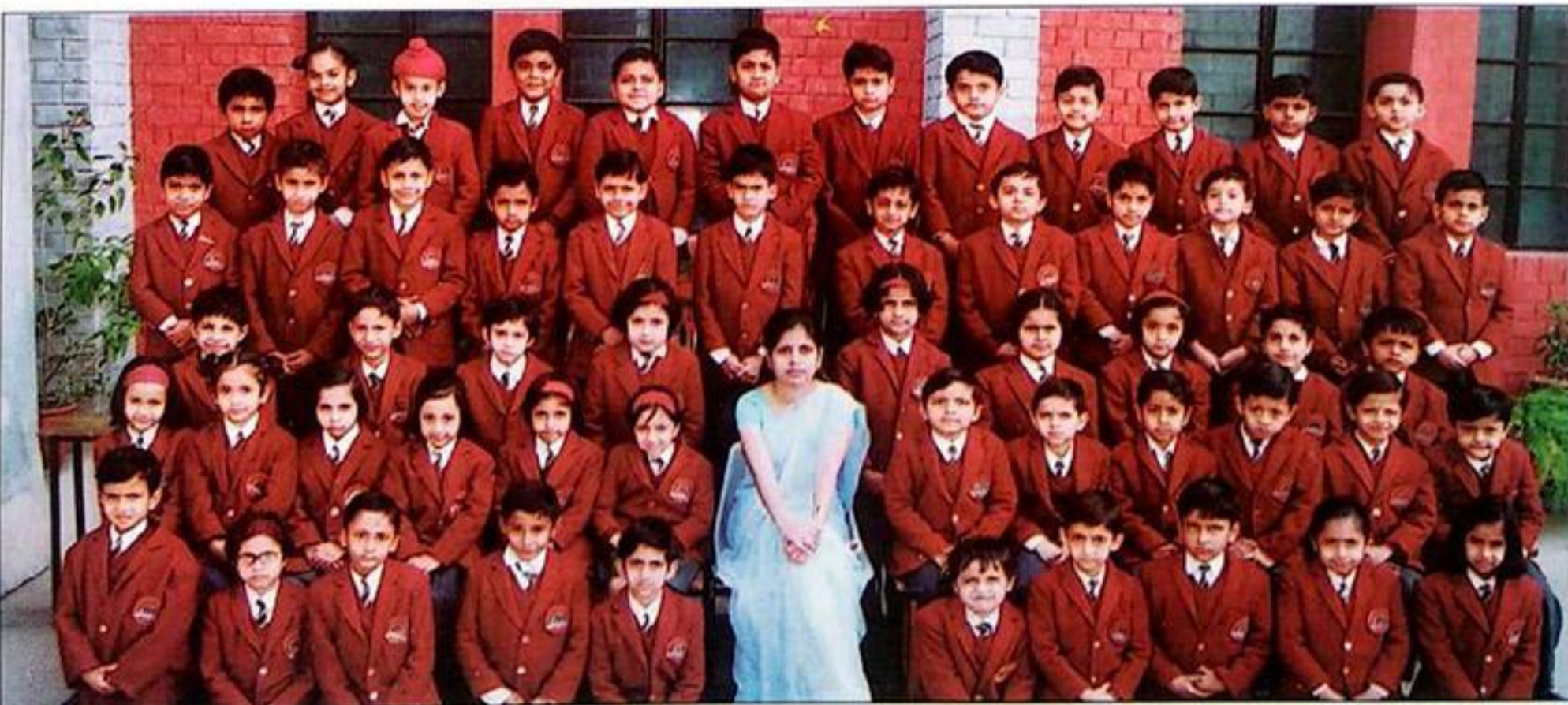




IA



IB



IC



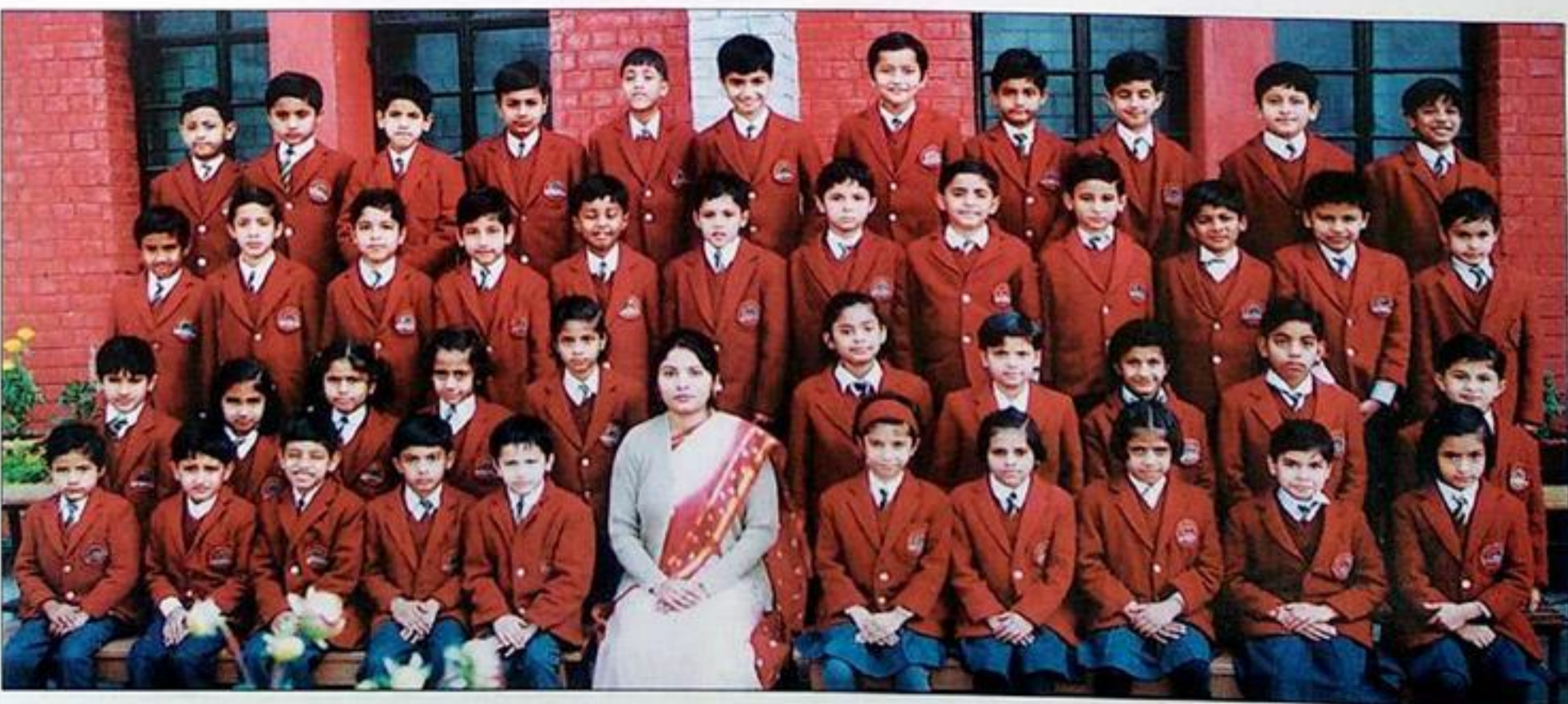




II A



II B



II C



III A



III B

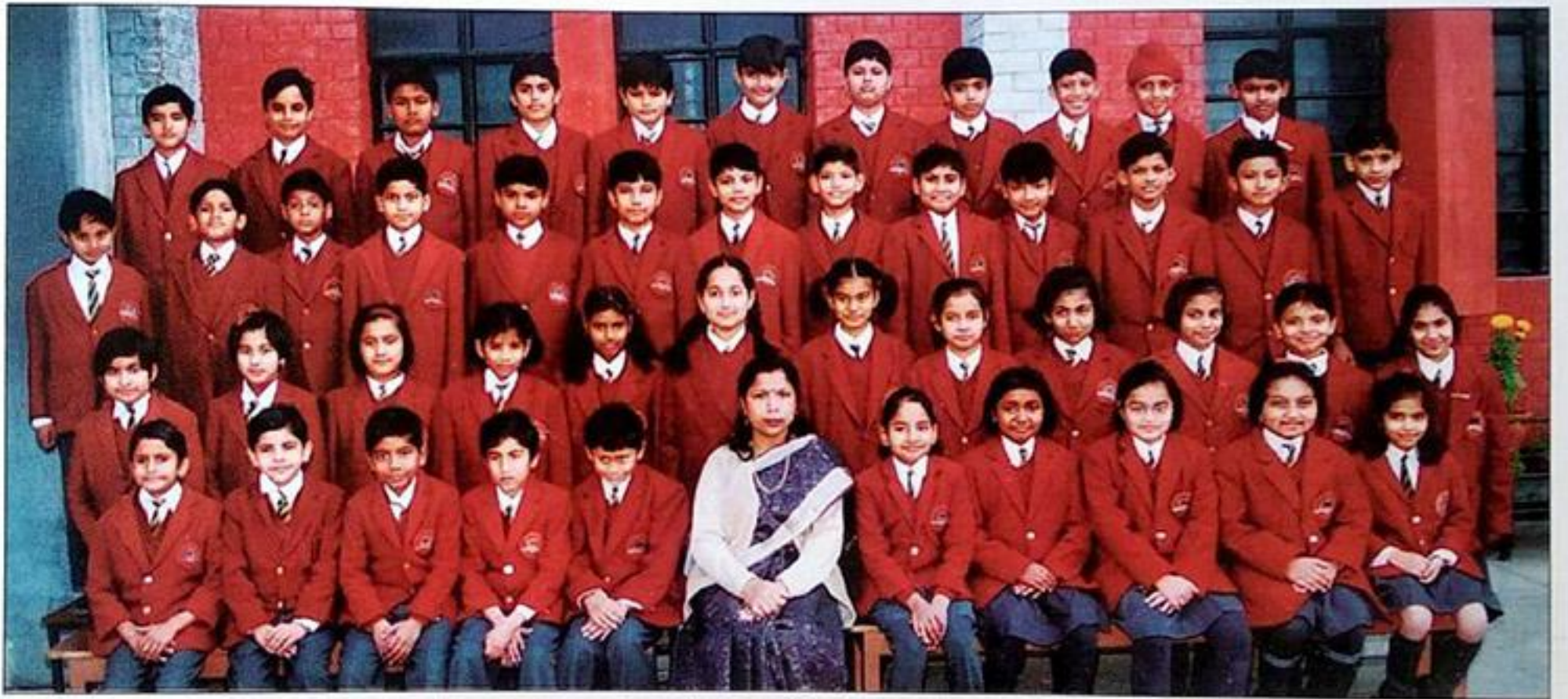


III C

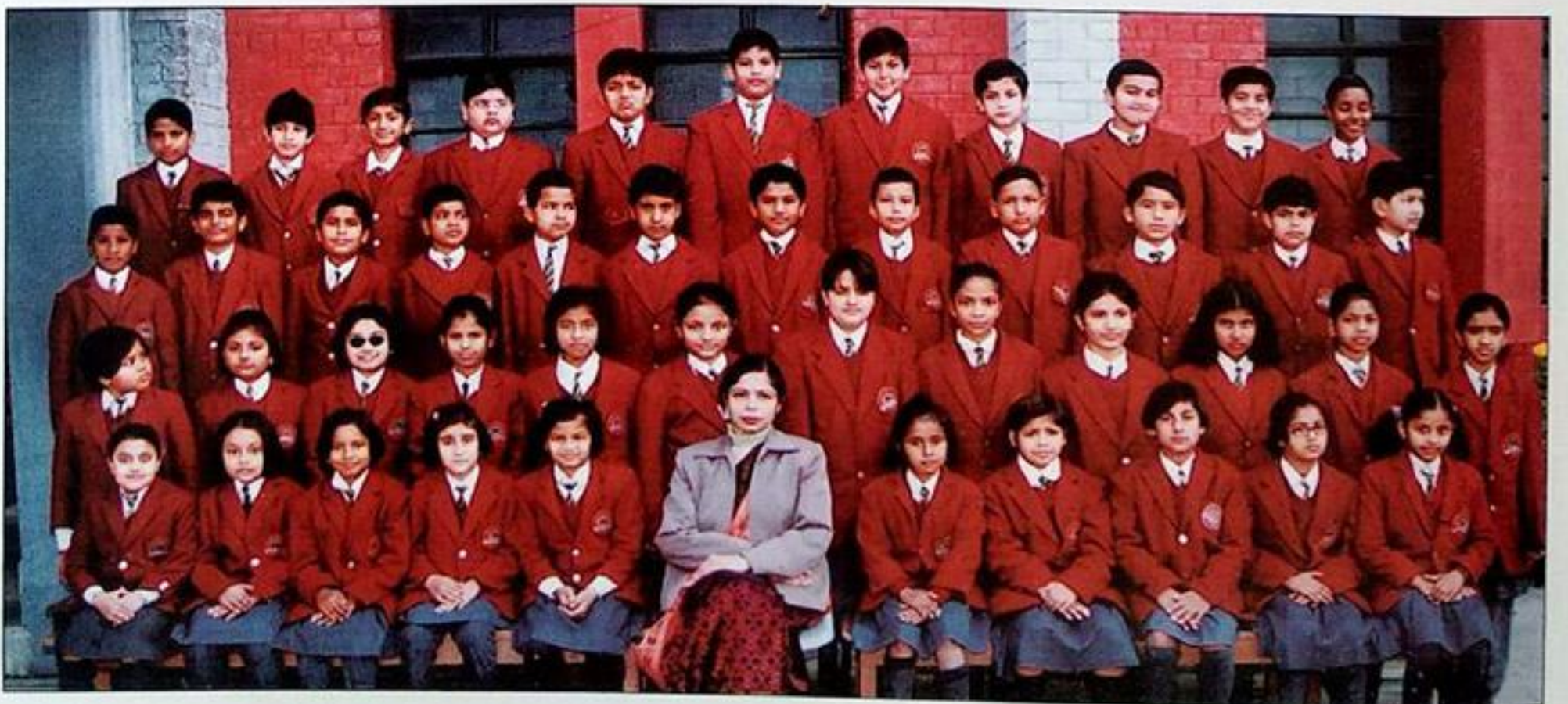




IV A



IV B



IV C





VA



VB



VC





VIA



VIB



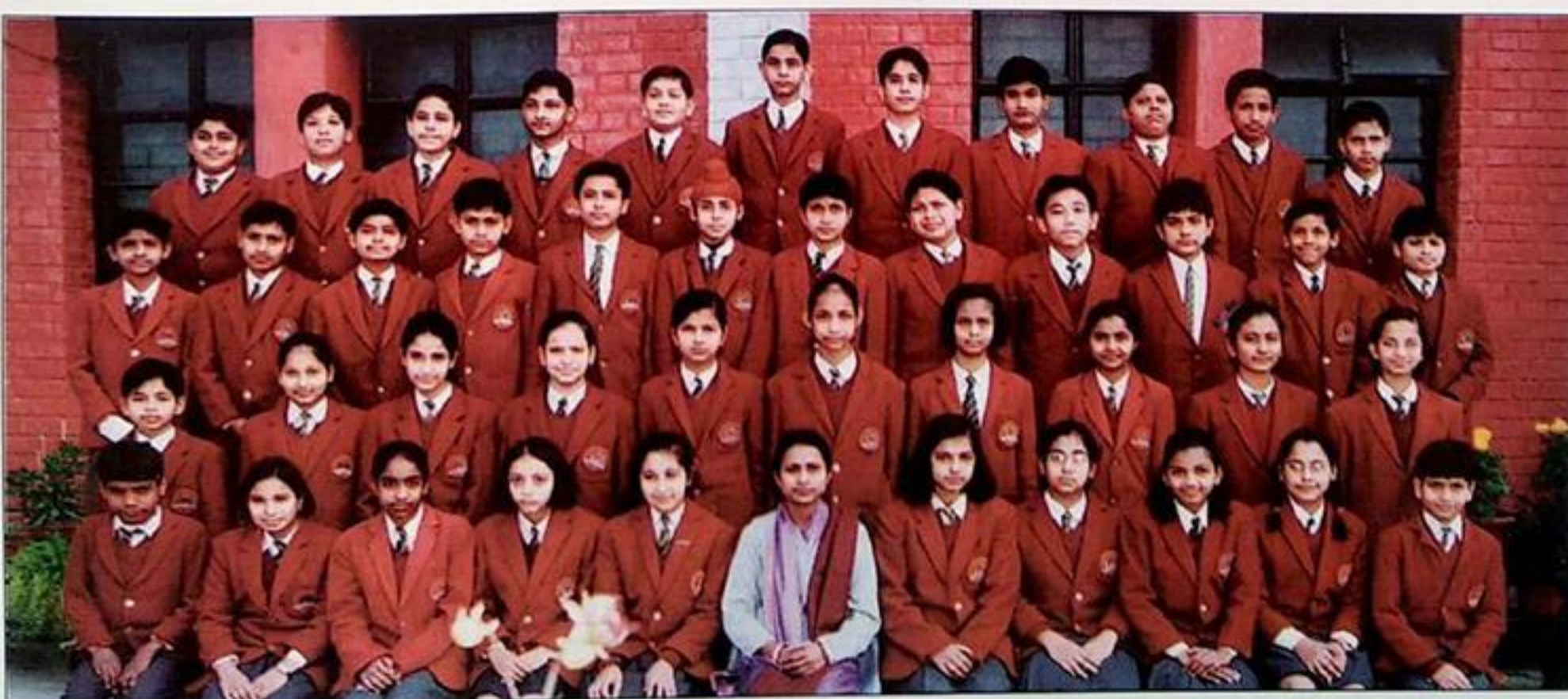
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VII A

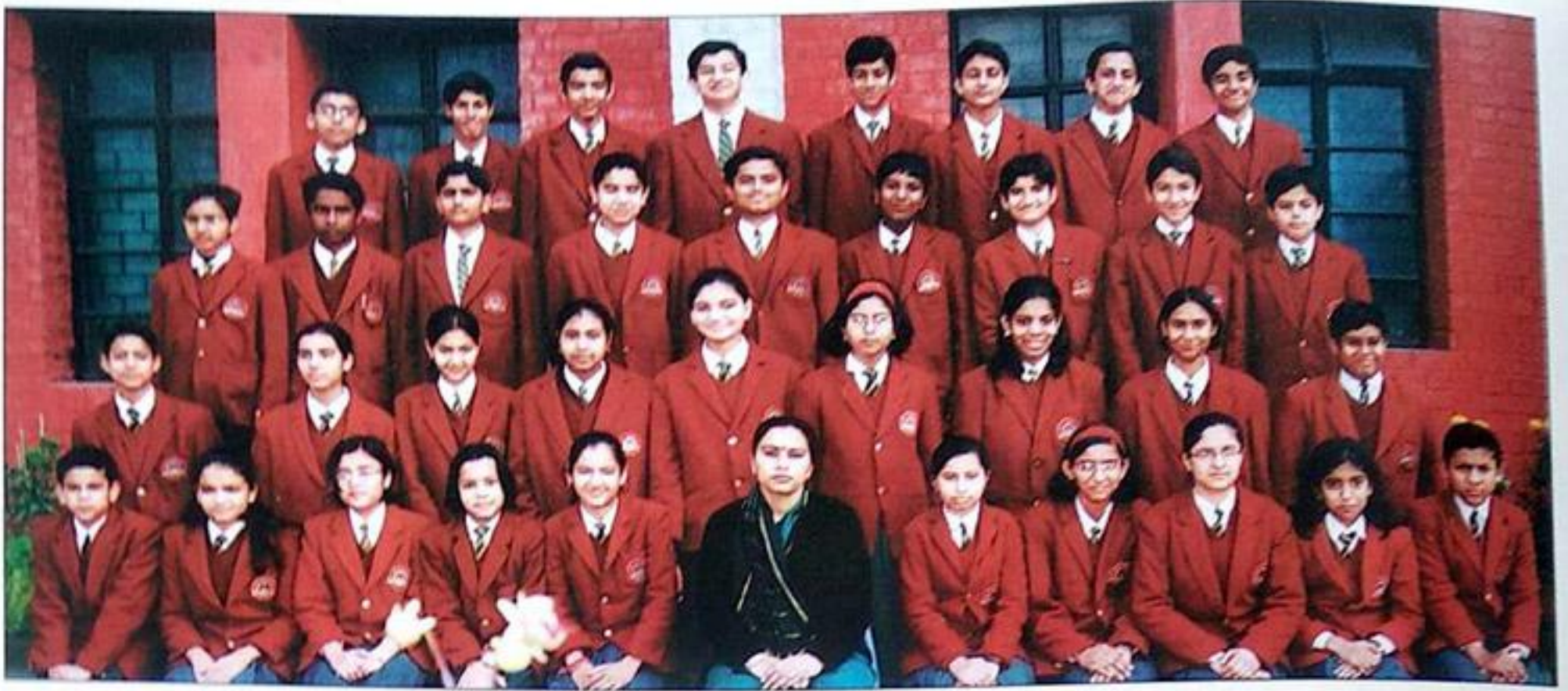


VII B



VII C

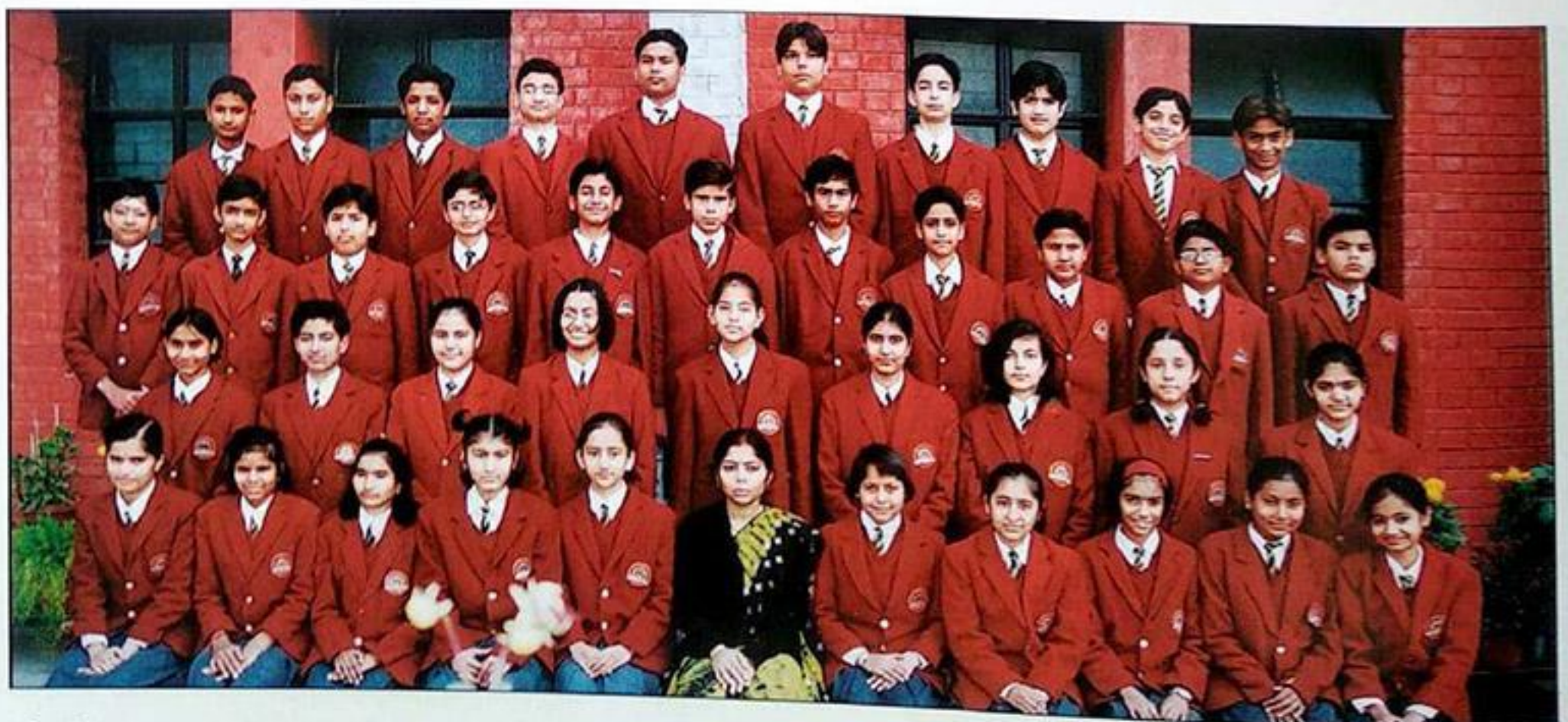




VIII A

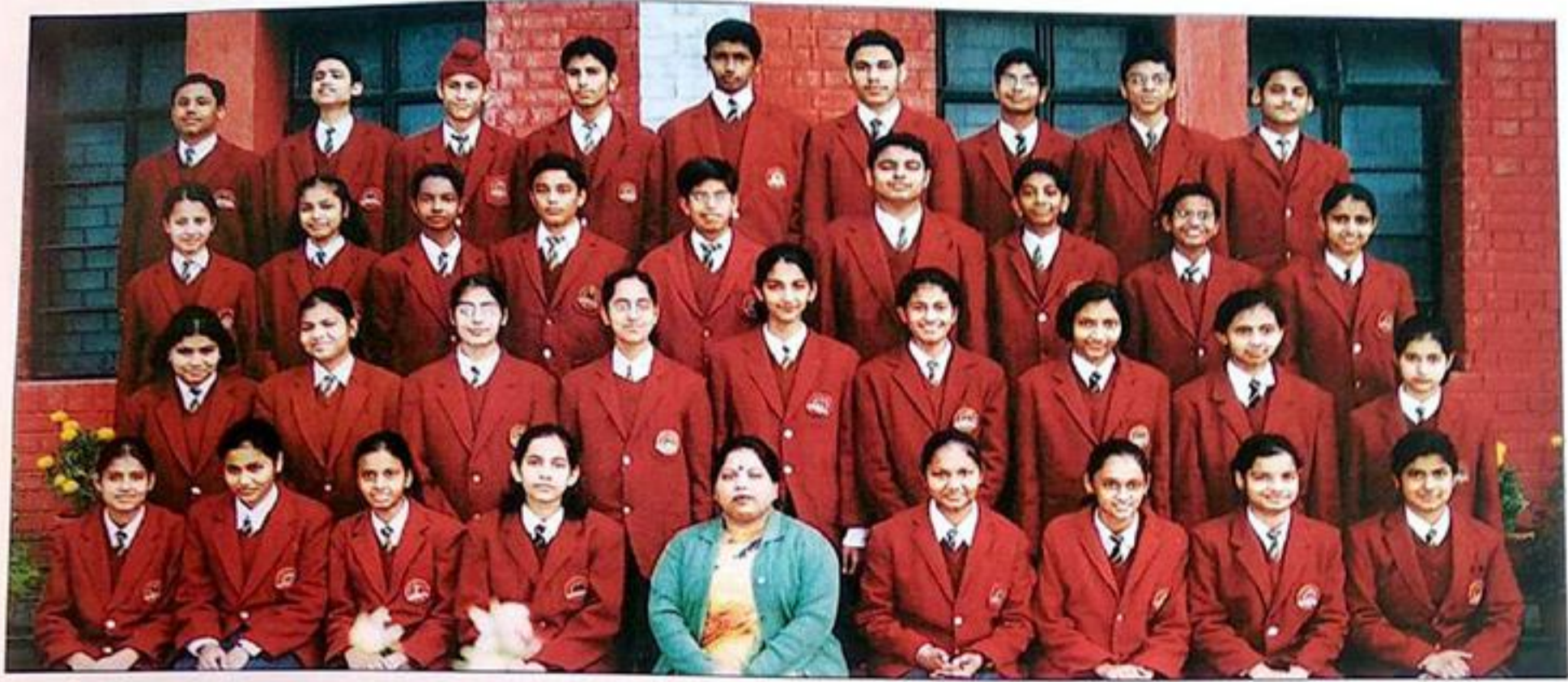


VIII B

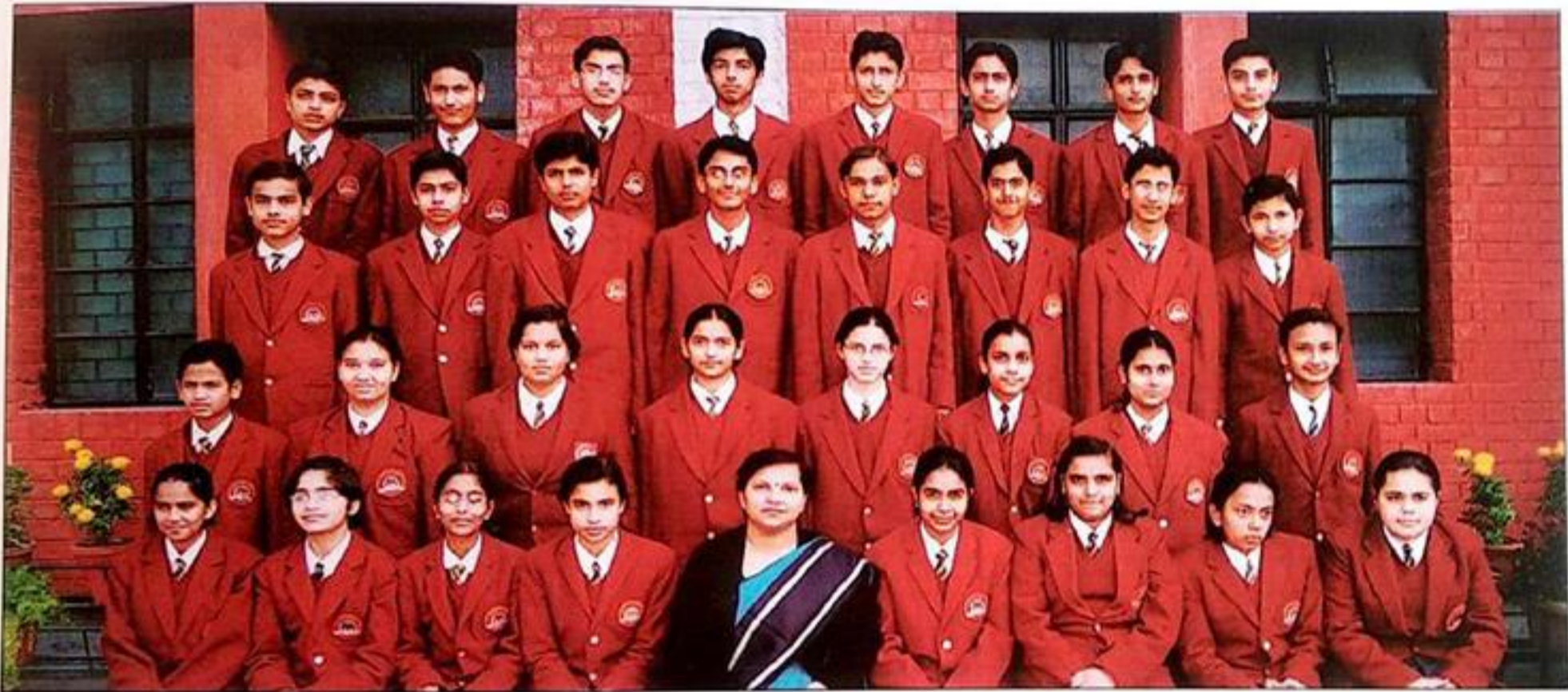


VIII C





IX A



IX B



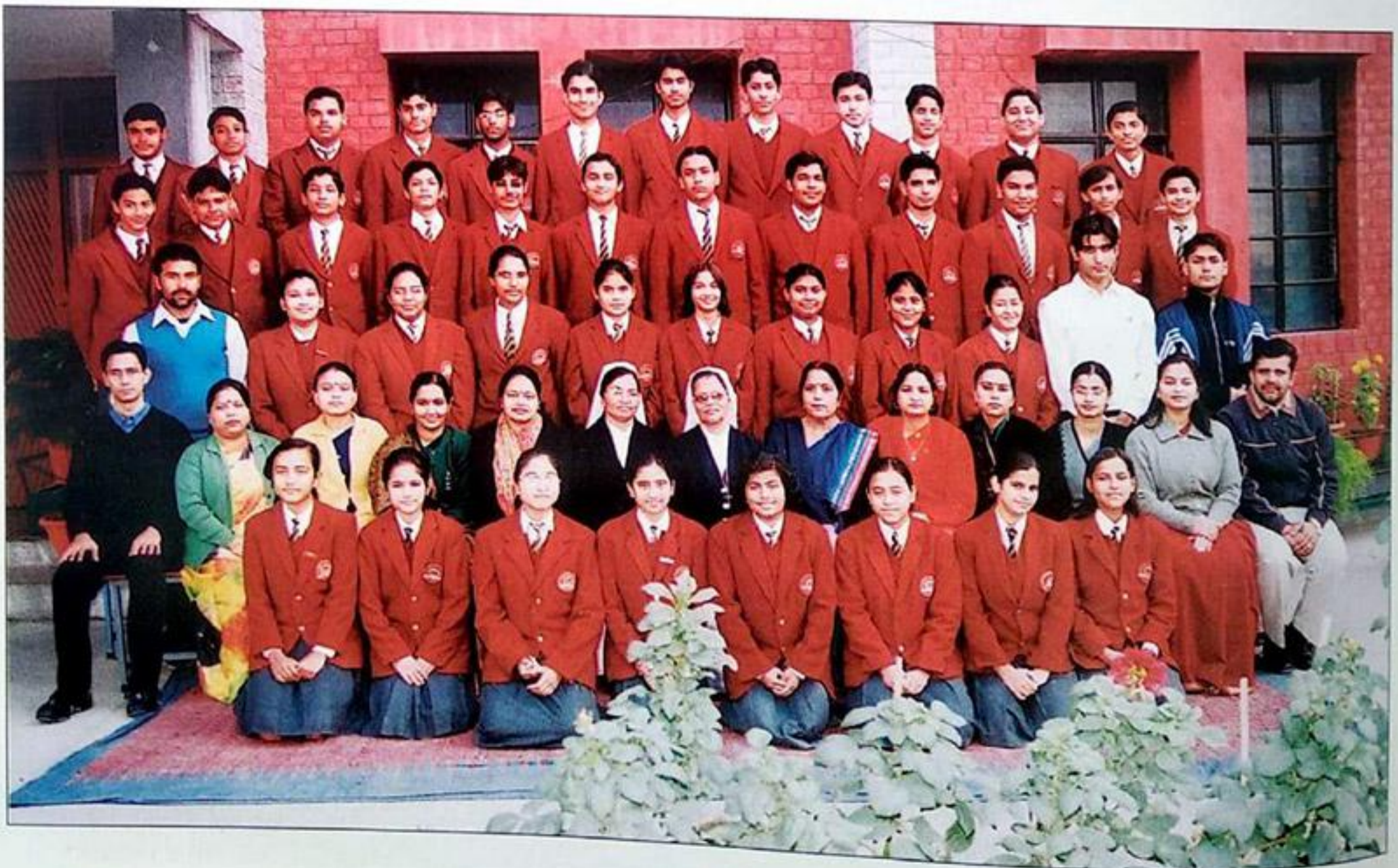
IX C







X A



X B



# The Great Tsunami Disaster

26<sup>th</sup> December 2004, around 6:00 am in the morning, when people, still asleep in their cozy beds, tired of the enjoyments of the Christmas, yet fresh enough for welcoming the new year. But, their cozy beds were no longer the same, because it happened to be the dooms day call at about 6.00 in the morning. A great earthquake epicentred near Indonesia caused great havoc to various countries in South east Asia. The Tsunami disaster that has claimed over 150,000 lives in south-east Asia, was triggered by the world's biggest earthquake in four decades. Several countries of the region are severely struck by it. These include India, SriLanka, Indonesia, Thailand, Malaysia, Myanmar, Somalia and Bangladesh.

Tsunami, in Japanese means 'Tidal waves' that played havoc recently. It spread north and west across the Bay of Bengal and Indian Ocean with a magnitude of 8.9 on the Richter Scale, one of the most powerful in history, off the Indonesian island of Sumatra, devastated southern Asia and triggered waves up to 30 feet high.

These waves are usually caused by seismic disturbances-coastal earth quakes, volcanoes (eruptions) or under sea landslides that shake the ocean floor. A Tsunami is not a single wave, but a series of waves, that can travel across the ocean at the speed of more than 800 kms an hour.

Many people have lost their lives while returning home, thinking that the waves had stopped, because these waves may or may not be continuous. The recent one was triggered by ten earthquakes - four in Sumatra and six in Nicobar.

The recent Tsunami, presented a dreadful scenario before us. Many big buildings in coastal cities like Nagapattinam and Karaikal had developed cracks and many were even blown up due to the water pressure. People suffered a highly pathetic situation. Firstly, they were shaken by the earthquake and then were washed away by the great waves. There was chaos and disorder everywhere. The huts and slums were swept, the electric poles were bent near the beaches and many cars were seen crushed by these



waves. Mr.Kofi Annan, the Secretary General of the UN said, "What misdeeds have I done, so I'm seeing the hell", while in Sumatra during his visit there. The southernmost point of India, Indira point is no more on the map of India. Various small islands near the Andaman and Nicobar have the population of just 20 to 30 people. There is no connection between this world and the world where thousands of innocent lives are gone.

But, we Indians have great sympathy for those our brothers and sisters who lost their lives in this great disaster. People all over the country generously donated money and now it's more than Rs. 500 crore in the prime minister's relief fund. As many as 17,500 personnels from the three services of the armed forces were involved in the relief operations in Andaman and Nicobar island. These include 8000 army men, 5,500 navy personnel and 2,000 from the Indian Air Force. Operations from India were also sent to Sri Lanka.

According to experts, India or any other country badly affected could not receive the Tsunami warning signals because none of these places had such mechanisms so as to receive the signals.

People who have lost their near and dear ones can never come out of the shocking distress of losing them. Let's all pray to God for them.

Tanya Singh  
IX - A

## Don't laugh

A lady went to a dyer.

Lady (to the dyer): "Look, I want this cloth to be dyed"

Dyer: "In which colour madam?"

Lady: "Not in blue, red, yellow, green, black, orange, neither in dark color and light colours. Can you do it? When can I come back to get this cloth?"

Dyer: "Of course, I can. You may come on any day except Sunday, Monday, Tuesday, Wednesday, Thursday, Friday and Saturday!"

Rishi Kaushik  
III - A



Seek the Lord and His strength. (1Chr 16:11)

## Fast Food A Sweet Poison

Westernization is the call of the day for the new generation. It is because of the craze for western culture which has resulted into the replacement of Dal Roti and vegetables with Burger and cold drinks. But before I go further I would like to tell you about a real incident which inspired me to write this article. A few days back one of my colleague was terribly upset. The reason was the behaviour of her three and a half year old daughter. That day her daughter had overturned the whole lunch from her lunch box which was of apple, grapes and delicious vegetable and parathas, threw every possible tantrums and in the end got a nice scolding. Any guess why she behaved like this? The answer is very simple, which is SHE WANTED TO TAKE MAGGIE as her lunch. You don't believe it. Well believe it!

Here the case is not that of a single child but that of a whole new generation or better still the 'X GENERATION'. Yeah! I am talking about you dear students. Have you ever thought how much money you spend on fast food? No let me illustrate this with a recent survey whose result showed that 75% of a teenager's pocket money is spent on fast food.

Surprised? Well I am surprised at you that you are showing surprise. You already know that fast food is unhealthy. You know it does not carry any nutritious value and are called as junk food like sweet and slow poison. It weakens your mental and body frame,



affecting your performance in studies as well as sports.

You know that the extent of damage to your health caused by fast food is unaccountable yet even the sight of a pizza and cold drink makes you hungry even if you are not. Before I conclude I want to make one thing clear, I want to tell you that I have not written this article to blame you or to tell what is right or wrong, I have written all this only to create awareness about a simple fact which is ignored. I have written this because it is my duty to guide you. The truth is "I can only show you the door, it is you who have to walk through it" Remember it's you and only you who can make the difference.

Shalini Saxena  
Teacher

### My Family

My family is my heaven.  
My parents are my gods.  
My sister is a princess.  
I treat them all as lords.

They teach me to be good.  
They teach me to be friendly.  
When I make mistakes.  
They explain to me gently.

My family is so good.  
My family is so nice.  
My elders are so clever.  
My elders are so wise.

I love my school, which is nice  
I love my teacher, and Principal who are wise.  
They teach me my subjects and good manners too  
I love my country and I love all of you.



Divya Arora  
Class - II B

## An Epitome of Love And Care - My Parents

"Children are the flowers that spread their essence in their families", this is a famous song, sung by one of the most famous singers of the world. This song, apart from its great music, out stands the others in its spiritual meaning also.

What is it, that it conveys to us? It conveys the message, that children are the most beloved of their parents. They are the ones who bind the members of their families together with love and affection.

Parents protect and love their children and shield them against various harmful elements of the world. They start planning out the child's future even before it's birth. They face the hard ships of life, for the well being of their child, it hardly matters to them.

My parents, like any other, of the world, do a lot for me. They are as loving and caring as any other mummy-daddy of the world, yet, they are special and the best. Yes, that's what they are according to me. I remember, when I used to cry for every small thing, they were the first ones to come and sit beside me, console me and take away my tears. My mother's lap and my father's shoulder's were my throne, for I was their princess. When I spoke in my own child like and pampered way, they, instead of correcting me, themselves started talking in a similar manner. When I didn't sleep at night, I remember, my father, taking me in his arms, he went up the street outside my house and then back, till I was lost in my dreamland. And my mother, waiting for us to return, used to peep out through the windows. I still very clearly remember, how my insignificant and easily controllable fevers were made significant by the way, they woke all night long; and also, how my little tantrums made them do whatever I liked.

All these years my longings and my needs were looked after by them. All the woollens and other dresses, that I've been wearing all these years and till today are their love that they've showered on me and not just pieces of clothes.

They laugh when I do, they cry when I do and are therefore my best friends. Daddy, sometimes ask me sarcastically, "You are not studying these days, do you wish to fail in your exams this time?". This is the usual



question, that he asks me, no matter how much I study. And then, on seeing my results though satisfied he speaks to every person he knows, "You know what, my daughter failed this time, "And everyone comes to know that I've passed another hurdle to serve my ambition. He does this intentionally, for he knows that this keeps me going. The wonderful smell that every eatable she (my mother) prepares, is well known to me.

My parents are my role models. They had to come face to face with various ups and downs of life, but it seldom affects them. My merits and my badges make them proud. My teacher say that I'm a responsible girl, well mannered and very direct and honest also, this makes them, even more proud. But, I'm not proud of anything I have today. In fact, I'm grateful to my parents who made me capable of these-

Surprise filled everyone with joy, when I first started walking. It was on my first birthday, that I took my first step. At that time my father said "it's not just her first step in life, but the first step towards success". And now, he thinks he said that pretty well.

My parents are my angels. Their proud faces and swollen chests do make me happy, but their decent and meaningful preachings make me feel that there's still a long way ahead. They really are the incarnations of God on earth. Their work, truly, cannot be paid back.

*Tanya Singh  
Class-IX A*

### My Grandmother

My grandmother though not very old,  
Is more precious than gold.  
She does her work all day long,  
Humming in her mind a wonderful song.  
She is solemn,  
And teaches me poem.  
She is beautiful,  
And gives whatever I want.

She can solve any mystery,  
And very well teaches me history.  
She is always humble,  
And does not grumble.  
For me she does all that she can,  
She is really a good woman.

*Prerna Deep  
V A*

Don't be afraid for I am your God (Isa,4:10)

## Peer Pressure



"Truth or Dare', the most common game for the teenagers. Just because of a game, we tend to do or say some things to other people, which is wrong, which we wouldn't have done ourselves, which we only do, so as not to

appear a loser. This is called peer pressure.

Peer Pressure, not only includes pressure from friends, but also from parents. Some times parents put a pressure on us, with a good intention, but it turns the other way round for example - if they force us to bring good marks; rather than making us study; some of us would cheat in the test.

Along with friends when they say 'Come on! Just Do it' or 'Be a sport, we do tasks which sometimes hurt other people.

Provocation and peer pressure can make the best person turn bad and even a bad person good. It depends on us and the company we keep.

*Himani Sharma  
VIII -B*

## The Search

Once again I find myself standing on the same cross - roads from where I started.

I looked back and realised it had been a long journey.

When I started calculating the moments' lived,

I felt what should I calculate - the number of times I breathed or the moments I lived.

Did I live the number of times I breathed?

Is life only the process of mechanical breathing

Or is it the feeling of living the life itself?

I kept on ruminating.

The path ahead was vague,

I put all my courage together

and took a step forward

into the path unknown.....

If I ever meet God,

I will try to get all my answers.

Now it is just another journey

to a destination not known.

*Rupam Ranjan  
Teacher*

## If It Snows In Ghaziabad

If it snows in Ghaziabad,  
The days will be of great fun.  
I will always be loaded with sweaters,  
And making snowman will be fun.

Making a snow car, will be my intention,  
This will be a real invention!  
The DM will order the schools to be closed,  
Ghaziabad will be covered with blankets of snow.

I will go for skating,  
For skiing & riding,  
Zooming on the road.

And making Penguins my pet!  
But don't get excited friends,  
Because snowfall in Ghaziabad  
is just my dream.

Impossible can happen,  
Unbelievable can be believed.  
But snowfall in Ghaziabad will  
always remain my DREAM!



*Nandini Maheshwari  
VB*

A good man obtains favor from the Lord. (Prov 12:2)

# Dangerous Drugs

THESE DRUGS HAVE BEEN GLOBALLY DISCARDED BUT ARE AVAILABLE IN INDIA ..... The most common ones are D'cold, Action 500 & Nimulid.

## ANALGIN :

This is a pain-killer.  
Reason for ban : Bone marrow depression.  
Brand name : Novalgin

## CISAPRIDE :

Acidity, Constipation,  
Reason for ban : irregular heartbeat  
Brand name : Ciza, Syspride

## DROPERIDOL :

Anti-depressant.  
Reason for ban : Irregular heartbeat.  
Brand name : Droperol

## FURAZOLIDONE :

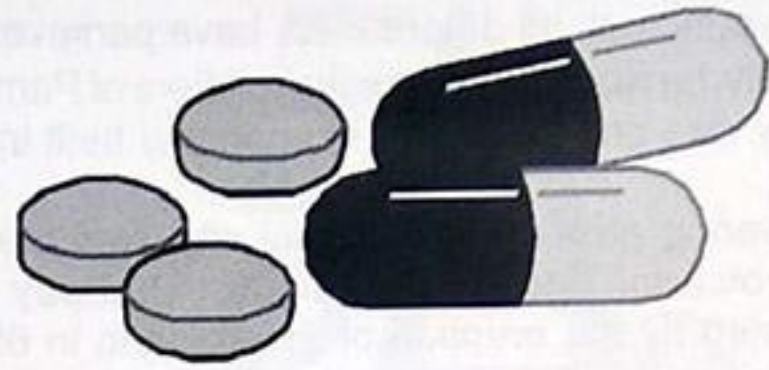
Antidiarrhoeal.  
Reason for ban : Cancer.  
Brand name : Furoxone, Lomofen

## NIMESULIDE :

Painkiller, fever.  
Reason for ban : Liver failure.  
Brand name : Nise, Nimulid

## NITROFURAZONE :

Antibacterial cream.  
Reason for ban : Cancer.  
Brand name : Furacin



## PHENOLPHTHALEIN :

Laxative.  
Reason for ban : Cancer.  
Brand name : Agarol

## PHENYLPROPANOLAMINE :

Cold and Cough.  
Reason for ban : stroke.  
Brand name : D'cold, Vicks Action-500

## OXYPHENBUTAZONE :

Non-steroidal anti-inflammatory drug.  
Reason for ban : Bone marrow depression.  
Brand name : Sioril

## PIPERAZINE :

Anti-worms.  
Reason for ban : Nerve damage.  
Brand name : Piperazine

## QUINIODOCHLOR :

Anti-diarrhoeal.  
Reason for ban : Damage to sight.  
Brand name : Enteroquinol

Sunita Saxena

## Teddy Bear

Yesterday I went to a toy shop  
I saw an elephant and a cow  
I said that I want them right now

There was a lion and a tiger  
But they were not much better

My mother said let's go from here  
We have so much work there

The shopkeeper gave me a teddy bear  
Rupees were paid by papa dear.

Kartik Saxena  
I C



# Responsibility

Be punctual, be determined, have perseverance and finally, be responsible like the soldiers of Pompey. Pompey was an old ancient Roman city built in sixth century.

Towering above this beautiful city, was the ever fiery volcano, Mount Vesuvius. Pompey was devastated by the eruption of the volcano in 69 AD. Lava and ashes belched forth and buried not only Pompey but also the surrounding cities.

Fourteen centuries later, the archeologists were able to uncover the parts of these cities. One of the things they uncovered was a skeleton of a man which was in standing posture. It was wearing a helmet and had a spear in his hand.

The archeologists concluded that it was a skeleton of a Roman soldier who was on guard when the volcano erupted.

According to ancient Roman law, a person who was standing on guard's duty, was not allowed to move from that place until somebody came to replace him or the order was given to terminate the duty.

In this case, when the volcano erupted, all the people, except the soldier, ran away for their lives, but he stood stoically there facing death. He refused to run away from his duty even when he faced such a painful death. That is why, his skeleton was found in this condition.

The conclusion of the archeologists looked farfetched. However, we need to concede that there is no other sensible explanation for this unusual appearance of the skeleton. Moreover, the history of the Roman soldiers shows that they were fiercely

committed to their duty. In fact, they deemed it as a privilege and honour to die while on duty. Hence, the only logical explanation we arrive is that the soldier died heroically defending the city gate at the onslaught of molten lava.

Can anybody understand his commitment towards his duty?

Many of us, would think him as a fool to stand there while everybody tried to escape. But can we ignore his firm commitment that he showed by sticking to his duty. His commitment is an example for all of us. If a soldier could be so rigid about his duty that he could even die for it then why can't we be just one-third or one-fourth of him. Begin undertaking small duties and they will themselves lead you to great things. Stick to your duties and everyone will follow you as the old cock croaks and the young cock learns.



Aakanksha Kaushik  
IX-A

## Choices

Man was blessed with life  
A life without any strife  
A life to live for others  
Considering all as broaches  
A life in harmony with power of unity  
A life of truth and simplicity  
But today-  
Everything is forgotten  
We have acquired ideals that are rotten  
Man leads a selfish life  
In his hand is hatred's knife  
If this goes on, future will be worse  
And life will become a curse



So remember-  
Life is really a boon,  
But it can lead you to your doom!!!

Aditi Sharma  
IX B

God is our refuge and strength (Ps 46:11)

## My Dream

My teacher told me that the school magazine was going to be published. A smile came on my face because I got a chance to express my feelings and my dream.

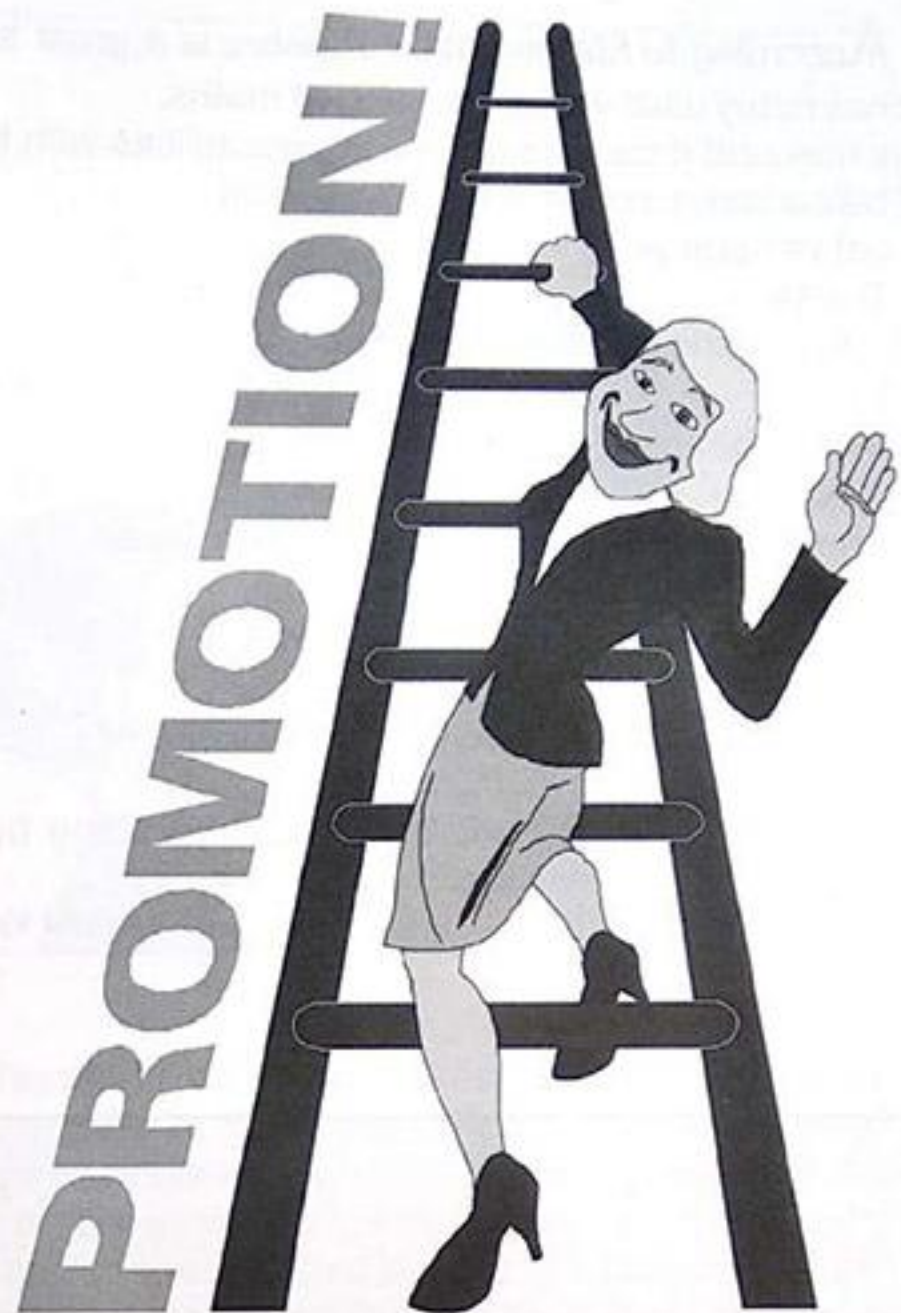
My dream is to succeed in life, my dream is to serve my country, my parents and elders. I told my parents about my dream. They were very happy to hear that.

I want to do something which can take me very high. My parents help me every day with my work, so that my dream can come true one day. They chose St. Mary's Convent School for me. The teachers of this school are very nice. They help me in every subject.

I am sure my parents, teachers and friends will help me to achieve my goal with all my hard work and efforts from the very beginning; I am sure, one day my dream will come true. I pray to God to give me strength. I will never give up.

I know that there are "No gains without pains". I will do my best to make my dream come true.

*Ashima Arora*  
IV C



## Stop Smoking

Humans, 'Don't' smoke!  
You are causing the whole earth to choke.  
Man beware!  
One day the earth will cry in despair.  
God gave us a world so fruity,  
But we are only making it dirty.  
We, who have been blessed  
With a beautiful place to stay,  
Are destroying our environment,  
Day by Day.  
So please, stop  
Humans, 'Don't' smoke!  
You are causing the,  
Whole earth to choke.



*Akansha Patel*  
VI A



# Crazy Algebra

According to Mathematics, Algebra is a great tool that has many uses within the fields of maths. If it is misused it can prove total impossibilities with the one below being a classic. Here's a fun bit:

Let  $x=1$  and  $y=1$

Then  $y=x$

Now multiply the equation by  $x$ , thus:

$$xy=x^2$$

You then subtract  $y^2$ , giving:

$$xy-y^2=x^2-y^2$$

Now the hard bit! Factorizing the equation, gives:

$$y(x-y)=(x+y)(x-y)$$

Divide by the common factor,  $(x-y)$  gives

$$y=x+y$$

Substituting the original values of  $x$  and  $y$  proves -  
 $1=2$

The reason is that you are actually dividing by 0 which gives infinite answers.

(Nidhi Vyas)  
XB

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

$\sqrt{49} = 7$

## The Sun

I ask you a question,  
Who protects us from cold,  
In whose reflection,  
Everything shines like gold.

I can give you a clue,  
It is round in shape,  
Like a very big ball,  
Not like a small grape.

If it would not have been there,  
Due to cold everyone would die,  
No life would be on earth and  
No birds would fly.

I think you would have guessed,  
Its name.  
If not then last clue is that  
It dries you when you are wet.

For seeing that thing  
You don't have to run,  
Because it shines all over the world  
And is called as sun.



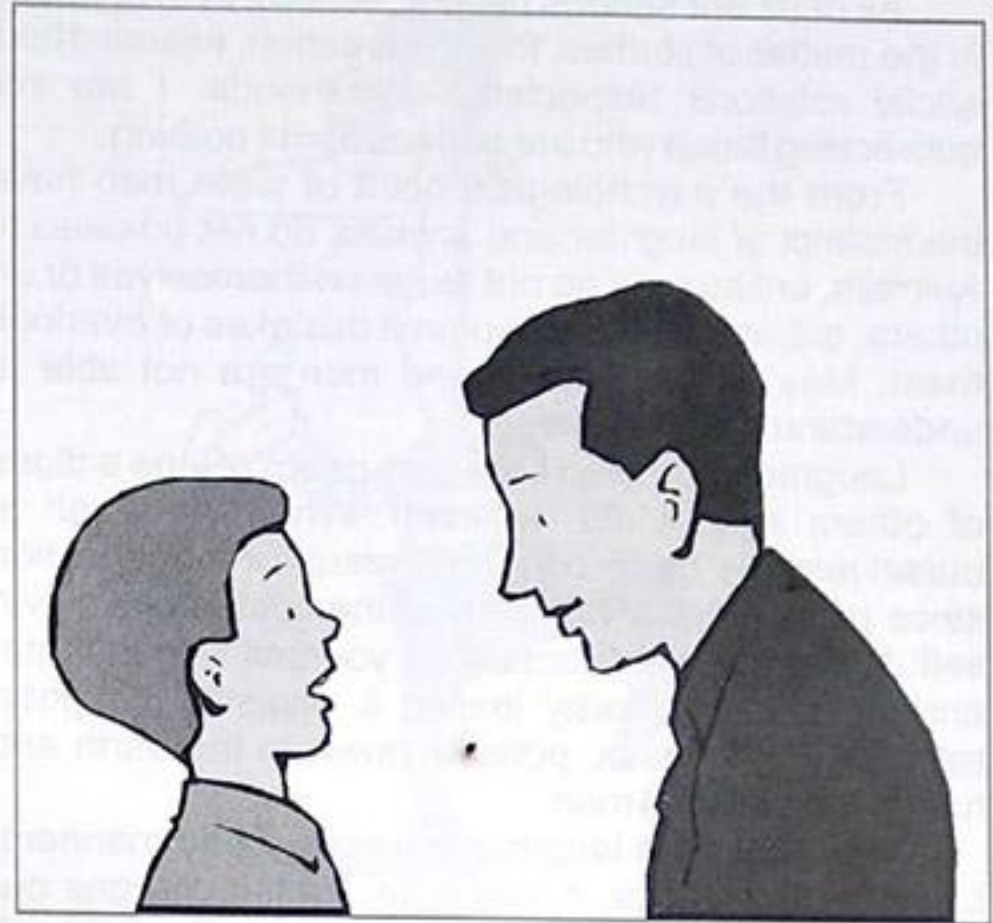
Abhay Goel  
VII A

# The Child Is The Father Of Man

The great English poet William Wordsworth once wrote a line that at first sight seems like nonsense - 'The Child Is The Father of Man.'

Yet great thinkers do not deliberately write nonsense. It is worth looking into that line again to find out what he really meant. He meant, of course, that the character of a person is developed from what he sees and hears in his childhood. The qualities of taking initiative which are much needed for the betterment of the society and the country can be developed only in childhood. Thus, children who are well-educated grow up to be better citizens while it is seen that most criminals have had a disturbing childhood. On the other hand, children who have had a morally satisfying childhood grow up to be better people. They have a better approach to the society and have learnt to follow the norms set forth by it and also respect these norms. Thus a better childhood is very much helpful in forming a better and well educated society. It is also seen that if the foundation of a child is laid strong, he grows up to be a better human being.

Even great personalities like Mahatma Gandhi have had a very influencing childhood. He was always guided morally and spiritually by his parents and it is very evident through his deeds that this guidance was well used by him. Thus, his childhood adventures are now a source of moral education for people all over the world. Through this example, we can see that the child indeed is the father of man. More example can be found in this respect in the likes of Martin Luther King, Nelson Mandela, Annie Bessant etc. who put forward excellent work in their respective fields.

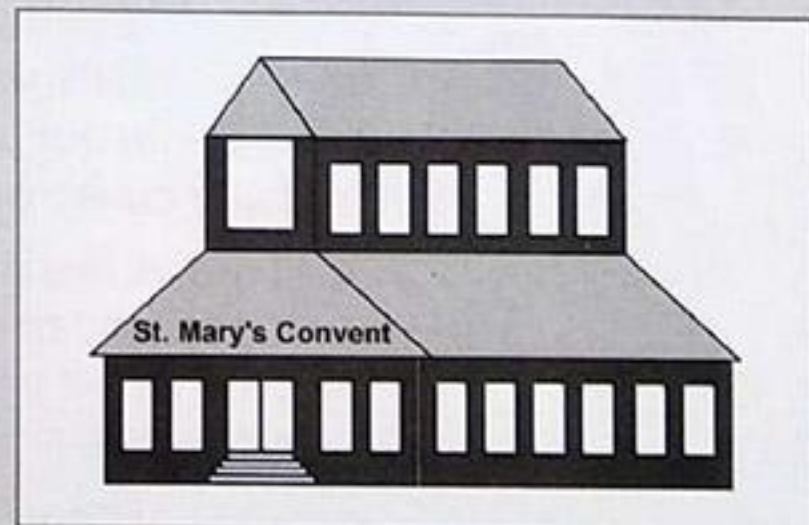


Therefore, we should stress upon the need for building a better future by helping children to build positive personalities as the children of today are the future of the country. A plant can be bent in any way when the stem is soft. Just like this, our childhood is the most tender stage in our life and thus, making full use of it we should try to improve ourselves in our childhood when the time is right as it is our duty to hold high the torch for our country.

Lakshika Pant  
X B

## St. Mary's Convent School

O Mary! my dear St.Mary's  
I thank you for the knowledge you lend.  
I have played in your open fields,  
You are to me a friend,  
You have built in me a character so pure,  
So I promise to serve you sure.  
You have shaped me into a good pupil.  
You have made me noble and wise,  
You have taught me how to struggle and rise,  
Oh! My dear, dear "St.Mary's"  
You are my mother,  
I shall cherish you till the last.



Prashant  
IV C

By the grace of God I am what I am (1Chr 15:10)

## Think Before You Laugh

All of us are serious people, serious in everything, in the matter of studies, food, recreation, examination, social relations, especially with friends. I am not addressing those who are serious about nothing.

From the psychological point of view, men have the instinct of laughter and animals do not possess it. Animals, unlike men do not laugh on themselves or on others, either they do not commit mistakes or overlook them. May be they laugh and men are not able to understand their laughter.

Laughter is caused by foolish or out of tune actions of others and of our own self. When we laugh at ourselves it is more or less a result of introspection since pure laughter is mostly at the cost of one's own self. It is rightly said- unburden yourself with laughter and try to laugh away losses & disaster. Laughter relieves seriousness, pulls us down to the earth and makes us a normal man.

Mind you, loud laughter is a sign of bad manners. Laughter relaxes us, it makes us light, it charges our batteries, it makes our world a beautiful experience. A healthy person who stops laughing or loses the sense of laughter, becomes ill. One who enjoys laughter seldom becomes sad or sick.

Laughter comes out of health and gives health. Artificial laughter is not healthy. May be behind this kind of laughter there is a weeping heart. This type of laughter is common among diplomats and politicians. Some people laugh to jeer at someone that is not pure laughter but adulterated laughter.

At last I would like to conclude that when we see something laughable, let us wait before laughing. We should take the necessary guidance from these words of George Herbert, "Laugh not too much, the wise man laughs last" and also "There is so much to laugh in this vale of tears."

Shaukhi Sama  
VIII A



### Love Has No Bounds

Love has no bounds  
And no limitation  
One can even love anyone  
Beyond his own imagination.

Higher than sky, deeper than ocean  
In love, no person takes any precaution  
It is a feeling without selfish motive  
In love only heart remains supportive.

Different from all relations  
Higher than all religions- In love  
We want to see our beloved happy  
Without any cause or reason

It grows like a flower  
In the land of heart  
Love to get a new life  
And make a fresh 'start'.

Before sowing the seeds of love  
look into your heart that it must be daring  
Because it requires a lot of  
love, sharing & caring!

Saurabh Garg  
VIII B

The mouth speaks what the heart is full of (Mt 12:34)

# "Happiness Is The Eternal Quest Of Man"

Everyone desires happiness. Though happiness is a universal wish, yet only a few are lucky enough to get it.

Happiness is generally misunderstood. Many people fail to distinguish pleasure and happiness. Pleasure has a short life while happiness is lasting and permanent. Pleasure is derived through satisfaction while happiness is a matter of soul.

Faith in one's religion is essential for life's happiness. Only a man with pure conscience knows real happiness. Religion is morality and without morality, there can be no happiness in life.

Happiness can be felt only from within and cannot be derived from worldly possessions and riches.

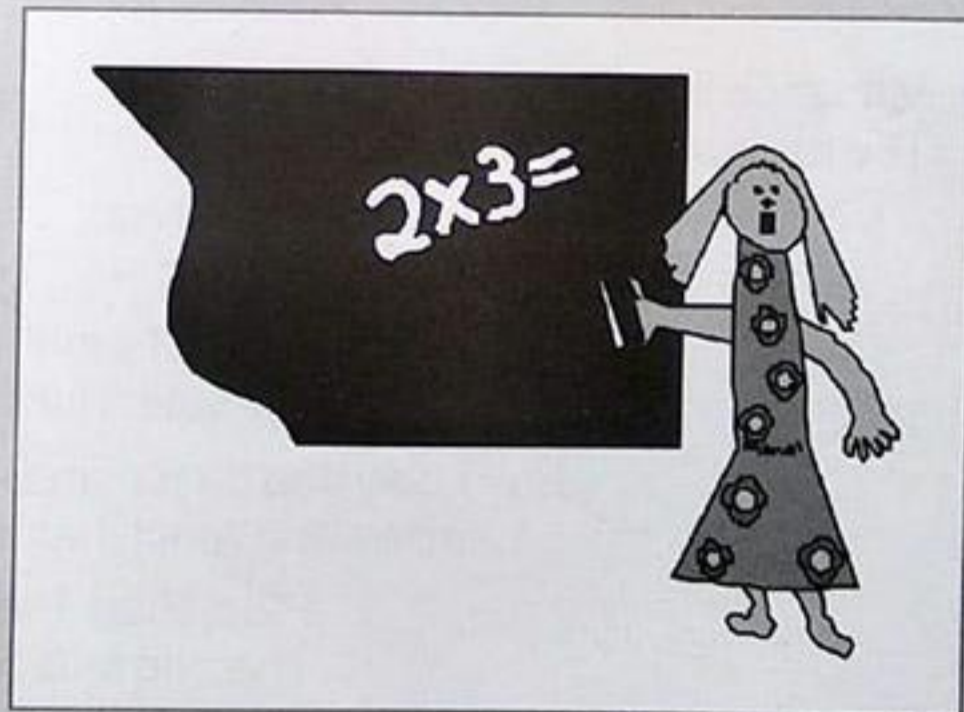
*Saurabh Garg  
VIII B*



## A Teacher

A teacher is my friend,  
She holds a respectable stand,  
Strict within the class,  
But her heart is clean as glass,  
She always says right,  
Which increases our might,  
We all travel in a bus,  
She is loved by us,  
Loves and cares for us all,  
Plays with us basket ball,  
She is cruel to make us kind,  
But we also do not mind,  
Teaches us our duty,  
Which increases life's beauty,  
We enjoy when we are with her,  
And will never forget her.

*Shivam Choudhary  
VII A*



## Fact Of The Matter

1. Take your height and divide it by eight. That's the length of your head.
2. About 2/3 of our body is made up of water.
3. Human being's small intestine is 6 meters long.
4. The tongue is the smallest muscle in the body.
5. Any space vehicle must move at a rate of 7 miles per second in order to escape the earth's gravitational pull.
6. Your left lung is smaller than your right lung to make room for your heart.
7. Just like your fingers, your tongue has its own unique print, different from all others in the world.
8. Did you know that an ostrich's eye is bigger than its brain.
9. Did you know that most people shed 40 pounds of skin in a lifetime.
10. Goldfish has a memory of 3 seconds.
11. If you unfold your brain, it would cover an ironing board.

Compiled By -  
Bhavna  
Class - VII C

## Examination



Oh, my dear examination,  
I have made no preparation.

I am afraid of you,  
Kindly tell me what to do.

You are early, I am late,  
I am daily losing weight.

Go, go and go you must,  
Let me learn my lesson first.

Go to the office and leave my room,  
Or else I will use my broom.

I am awfully afraid of you,  
I shall adopt a method new.

Shivam Choudhary  
VII A

## The Rain

Monsoon is the season of rains,  
The rain water fills the plains.

The farmer's hope are held high,  
As they look up into the sky.

Then come down the heavenly showers,  
To water all the beautiful flowers.

I play and dance and run,  
In the rain which has just begun.

Plop, Plop, Plop!  
The rain falls on the crop.

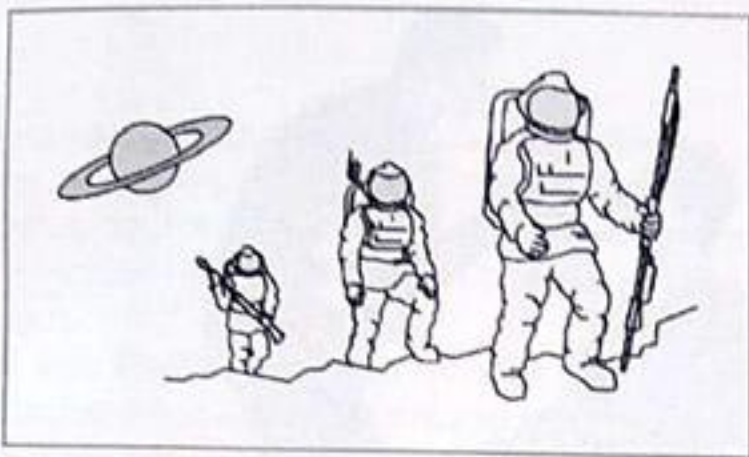
The farmers watch on with delight,  
As the crops stand with their might.

I see all the people dancing in glee,  
With the water rising up to their knee.

Tanya Agarwal  
VI C



# Searching Life On Other Planets



hospitable to life, although it is farther from the sun and much colder than earth. Mars may have some water but little atmosphere. Scientists think that long ago the planet may have had sufficient amount of atmosphere to support life.

Another candidate possible for life in solar system appears to be "Europa" i.e. Jupiter's large and ice-covered moon. Scientists think that some form of life can occur under Europa's ice, just as it does in frozen lakes of Antarctica.

Our earth has progressed a lot in the field of science. It has been rightly said "Try, try till you succeed". Achievements in the space have been truly remarkable. Yet, who knows that the future may hold even greater victories.

One of the central quest of space exploration is to discover whether life exists anywhere else in the solar system. Life as we know, it has evolved on earth because this planet lies just the right distance from the sun to allow water to remain liquid and temperatures to be moderate. Without these two conditions, life-forms, as we know, could not exist.

Among the planets, Mars appears to be the most

Compiled by  
Joohi Choudhary  
IX A

## Maths Wonderful or Dreadful,

Maths is wonderful, as it is very useful.

But,

We will be kept busy by Mathematics,  
If we don't use the right tactics.

It will frustrate us,

If we forget to write a minus or plus.

It will eat all our time,

If we don't understand the language of signs.

We will remain scratching our head,

If we don't listen to teacher what he has told and read.

But,

If we even understand the theory of zero,  
We will become a hero.

One will acquire much fame,

If he can do sums as if he is playing a game.

So,

If one wants to succeed in Maths,  
One should remember the three letter,  
Abbreviation of 'U.B.W', i.e.  
Understand, Be careful and then Write.



Aman Jindal  
VIII B

I called to the Lord out of my distress and He answered my prayer.

## Recipe For A Student Cake :

Sift through 2 cups of **Obedience**  
2 tea spoonful of **Discipline**  
1 tea spoonful of **Punctuality** and set aside  
Beat 5 eggs of **Truthfulness**  
3 cups of **Sweetness** and  
2 cups of **Hard work**  
Add a little of **Work Experience** if necessary  
Knead well with **Obedience, Discipline Punctuality.**  
Put in a good pan of **Learning**  
Bake in the oven of **Education.**  
Cover with a thick layer of **Love and Care**  
Decorate with prayers of **Thankfulness to the Almighty.**  
**Serve** generously with a **Smile**  
To the Family, the Nation and the World



Contributed by :  
Punit Singh  
IX A

### Footprints

Strolling through the sandy beach,  
I came upon 'footprints.'  
A strange pair, a strange shape,  
Visible yet invisible, well formed yet vague.  
I thought whose could it be?  
In awe & wonder I followed.  
They took me through unknown corners,  
passing through less known places.  
Yet, I failed to reach the bearer of those  
prints  
Suddenly a thought shook me 'inside'.  
Were these places really unfamiliar?  
Were these not destinations I often failed  
to reach?  
Ruminating I realized these were  
inspirations  
Which spurred me to move.  
But in my pursuit I was misled  
My temptations deviated me from my  
purpose  
I began somewhere and reached  
somewhere  
I kept following them,  
And found myself back on shore.



Waves touching my feet  
I peered into the water  
I saw my own image . . . . .  
Yes, that was me my true self  
The water washed away my foot prints,  
It washed away my footprints.

Ms.Vinita Pathania  
(Teacher)

Show kindness and mercy to one another (Zech 7:19)

# Leave Applications

This is ENGLISH at its best.

1. An employee applied for leave as follows :  
"Since I have to go to my village to sell my land along with my wife. Please sanction me one week leave."
2. A friend of mine had written a leave letter to the head master :  
"As I am studying in this school I am suffering from headache. I request you to leave me today."
3. Another leave letter written to the headmaster :  
"As my headache is paining, please grant me leave for the day."
4. A covering note, "I am enclosed here with . . . . ."
5. Another leave letter written to the administration depart... :  
"As my mother-in-law has expired and I am only responsible for it, Please grant me 10 days leave."
6. Actual letter written for applications of leave :  
"My wife is suffering from sickness and as I am her only husband at home I may be granted leave."
7. Letter writing : "I am in well here and hope you are in the same well."



Presented By :  
Mrs. Mona Johar  
Teacher

## My Pet

I have a pet, a dog,  
It drinks milk in a pot.

We bathe together,  
It splashes water on me.  
It laughs at me when I pat it.

When I study,  
It is very naughty.

When I go to school,  
It lies beside a pool.

When I am back,  
It hides in a sack.

It is very smart,  
I like it very much.



Adarsh Alex  
Class I B



## Today's World Needs Men Of Character.

Character is a mirror in which everyone displays his image. Character reflects personality of a person. We all must be honest in our dealings in all the spheres of life.

Once Huian-Tsang a Chinese traveller came to meet Chanakya while he was doing his official work in the candle light and did not speak a single word to him. When he finished his work he put the candle off and it became completely dark. He then again lit another candle and welcomed the traveller. Isn't it surprising? Yes, of course. The traveller asked Chanakya the reason of his surprising action as the traveller was also surprised. The reply given by him held him in the opinion of the traveller due to honesty demonstrated by him. Do you wish to know the reply of Chanakya? Chanakya replied that the first candle was of the government and he was not supposed to waste even a single money of government's treasure for his own private use.

Aurangzeb, though he was a tyrant and brutal in his social life but as far as his administrative life is concerned he was dead honest. He did not employ even a maid servant for his wife to help her in her house work rather he pulled on his expenses by writing manuscripts of Quran and earned money by selling it. He did not believe in wasting the money of the people

for his own comfort. These are some examples we find in our history which are to be emulated by the society and especially by the coming generation.

But, on the contrary, today good character is considered foolishness. If you are clad in simple clothes, you are considered illiterate. Fraud and scandal in administrative, social, political and economical life are very common. Delhi has become the crime capital of India, the center of all evils. Money is considered most important now-a-days. Criminalization in politics is rampant. These criminals are our rulers today.

Thus character is most important at present. Every youth is adopting every kind of fair or foul means to earn money and to maintain his standard of living. That is to bring themselves under the category of high class.

Today the definition of corruption has changed. Today corruption is called convenience and convenience is politics.

So I would like to draw the attention of the young generation to bring a change in the present scenario to have a better future. Thus, today's society needs men of character.

Agam Sharma  
IX C

### Tsunami Miracle

Seeing the Tidal wave  
Rushing, pushing and gushing

Killing and throwing many  
Which was very frightening

Immediately I started meditating  
Imploring to the Almighty God

Every black cloud should have a Silver lining  
Nurturing love is required for many.



Roshan Agarwal  
I 'B'

# How To Identify A Winner From A Loser?

## Winner

A winner says, "Let us find out".  
When a winner makes a mistake he says, "I was wrong".  
A winner says, "Let me do it for you".  
A winner goes through a problem.  
A winner makes commitments.  
A winner says, "I am good, but as good as I ought to be".  
The winner always has a program.  
The winner says, "It may be difficult but it is possible".  
A winner says "There ought to be a better way to do it"

## Loser

A loser says, "Nobody knows."  
When a loser makes a mistakes he says, "It was not my fault"  
The loser says, "That is not my job".  
A loser goes around it; and never gets past it.  
A loser makes promise.  
A loser says, "I am better than others."  
The looser always has an excuse.  
A loser says, "It may be possible, but it is too difficult".  
A loser says "That is the way it has always been done here".

## 'Poetry Of The Fortnight' 'COLD STATISTICS'

100 Dead,  
200 injured, serious  
Black lined boxes in the  
Frost pages of newspapers  
Look at them once.  
Fold them, store them, forget them.  
Except if one name is there  
which leaps up at you  
Warm blood, turned cold  
Breathing flesh, permanently stilled.  
Smiling eyes, forever closed.  
A soul free in death's bondage.  
And kindred souls left behind  
Slaves to life and grief  
Unfoldable, unstorable, unforgettable.



Anita Saxena  
(Teacher)

Set your minds on things that are above. (Col. 3:2)

## Earth File Do You Know



### With A Blink Of An Eye

Frogs, like snakes, have voracious appetite and both swallow their food whole. In order to speed up the process, however, frogs have evolved a particularly interesting ability. Each time they swallow, they blink. The

action forces the larger eyeball down to bulge into the mouth cavity. This exerts pressure on the food, which is then forced down the throat. Breathing while eating poses these predators little problem as the oxygen they need can be absorbed by their skins.

### Ear you are!

Crafted by years of evolution into perfect nocturnal predators, owls use sight, sound and smell to hunt down their prey. As they fly silently through the night

their facial feathers funnel sound to the ear canal. With one flat disc-like ear larger than the other, placed slightly above the other, spotting a small animal becomes a much more accurate affair.

Large, light-sensitive eyes located in front of their faces give them binocular vision. They can see at least 10 times better than we can. Interestingly, because their eyes are so big, there is no room left for eye muscles. This is why, unlike humans and many other animals, owls cannot move their eyes and they must turn their entire heads to follow moving objects!



Collected by  
(Anita Saxena)  
(Teacher)

## Change

When I was a young man  
I wanted to change the world.  
I found, it was difficult to change the world  
So I tried to change my nation.  
When I found I couldn't change the nation,  
I began to focus on my town.  
I couldn't change the town  
And as an older man,  
I tried to change my family.  
Now as an elderly person,  
I realize the only thing I can change is myself,  
And suddenly, I realized that if, long ago, I had changed myself  
I could have made an impact on my family.  
My family and I could have made an impact on our town,  
Their impact could have changed the nation,  
And I could indeed have changed the world.



Bhavya Ghal  
Class VI - C

What you hate, do not do to anyone. (Job 4:15)

# Puzzles

- Q.1. What has a mouth but doesn't eat, a bank with no money, a bed but doesn't sleep, and waves but has no hands?
- Q.2. A cowboy rode to an inn on Friday. He stayed two nights and left on Friday. How could that be?
- Q.3. If red house is on the right side and if the blue house is on the left side where is the white house?
- Q.4. What in an automobile engine serves no purpose but without it the engine does not work?
- Q.5. A light-tight wooden box has three switches on the outside that control three light bulbs on the inside. When a box is closed you can turn the switches on or off but when you open the box how can you tell which switch controls each bulb without touching the switches?
- Q.6. On my way to the fair, I meet seven jugglers and a bear, every juggler had six cats, every cat had five rats, every rat had four house, every house had three mouse, every mouse had two louses, every louse had a spouse. How many in all are going to the fair?
- Q.7. Johny's mother had four children. The first was April, the second was May, and the third was June. What was the name of her fourth child?
- Q.8. You are driving a bus. Four people get on, three people get off, then eight people get on and ten people get off, then six people get on and two more people get off, What colour were the bus drivers eyes?
- Q.9. Before Mount Everest was discovered, which was the highest mountain in the world?
- Q.10. What do you get if Batman and Robin get smashed by a steam roller?
- Q.11. Why did the atoms cross the road?
- Q.12. What do you called the elephant witch doctor?
- Q.13. Where do Aliens keep their sandwiches?
- Q.14. Twelve pears hanging high, twelve men passing by, each took a pear and left and left eleven hanging there. How can this be ? How can eleven pears be left?
- Q.15. If there is a frog dead in the centre of a lilypad which is right in the middle of the pond, which side would it jump to?



## An Ode To Life

- ♣ Believe in the person you are.
- ♣ Have patience to stand the test of time.
- ♣ Develop tolerance towards fellow human beings.
- ♣ Gather courage to take life in your stride.
- ♣ Be content with what you have.

Saurabh garg  
VIII B

- A.1. A river  
A.2. His horse was called Friday.  
A.3. Washington DC.  
A.4. Noice.  
A.5. Turn one switch on for five minutes, then turn it off and turn second on before you open the box, one bulb will be lit, one warm and unswitched one cool.  
A.6. Just one all are coming from fair.  
A.7. Johny.  
A.8. Whatever is the color of your eyes because you are the bus driver.  
A.9. Mount Everest was the highest mountain even before it was discovered.  
A.10. Flatman and ribbon.  
A.11. It was time to split!  
A.12. Momo Jumb.  
A.13. In a launch Box.  
A.14. 'Each' is a man's name.  
A.15. Neither, the frog is dead.

Let us love not in word or speech but in truth and action. (1Cor 3:18)

# Mother



**M** is for the million things she gave me.  
**O** means only that she's growing older.  
**T** is for the tears she shed to rear me.  
**H** is for her heart of purest gold.  
**E** is for her eyes of love-light shining.  
**R** means rights, and right she'll always be.

Put them all together, they spell '**MOTHER**'

A word that means the world to me.

Mother *loves* the child

Mother only *gives* to the child

Mother *never wants* anything

Mother is *selfless*.

Mother *makes life easy* for the child

Mother *nurtures* good habits in the child.

Mother is to be *worshiped*

Mother is to be *revered*.

Mother is the *priceless gift*,

From God to the child.

Nupur Kansal  
Class-IX C

## Answer Them If You Can!



- \* Big creatures can get in, but not the tiny ones.
- \* What is that which we swallow and live but when it swallows, we die?
- \* What is it that dies when it drinks water?
- \* A box with seven holes?
- \* I see him, but he does not see me.
- \* What is it that becomes bigger and bigger the more it moves around?
- \* Who am I? I wear a white skirt and have a red nose. The longer I stand, the shorter I grow.
- \* A rock was split and a rock was seen; That rock was split and silver was seen; In the well of silver, water was seen.

Aayushi Gupta  
IX B

Answer: [Mosquito net], [Water], [Fire], [Head], [Mirror], [Rumours], [Candle], [Coconut].

All wisdom is from the Lord. (Sir 1:1)

## Crossword

C	A	T	M	E	S	S	Y	O	U
D	A	D	O	R	C	A	N	D	Y
O	H	O	M	E	H	B	E	A	R
G	F	U	N	B	O	O	K	N	E
H	A	P	P	Y	O	Y	A	C	D
P	I	G	I	R	L	O	V	E	B
A	P	P	L	E	C	B	A	L	L
R	A	B	B	I	T	R	E	E	U
T	O	Y	S	T	O	R	E	G	E
Y	H	A	N	D	P	B	U	S	H

### Word List

Apple	Fun	Red
Ball	Girl	School
Bear	Hand	Top
Blue	Happy	Toys
Book	Home	Tree
Boy	Love	You
Bus	Messy	
Candy	Mom	
Dad	Party	
Dance	Pig	
Dog	Rabbit	



## Find The Computer Related Words From This Crossword

S	R	E	V	I	R	D	R	A	O	B	Y	E	K	N	I	L	P	R	O	G	R	A	M	B
C	W	M	M	I	V	A	E	C	Y	V	E	R	S	P	A	C	E	E	I	E	V	U	O	Y
R	O	O	O	A	D	A	M	S	O	F	T	W	A	R	E	T	T	F	D	A	I	O	N	T
E	R	T	D	U	I	E	W	F	K	B	C	O	D	E	N	I	R	O	J	T	K	I	I	E
E	L	H	E	N	S	L	O	R	C	T	L	R	B	I	S	O	O	A	N	M	A	D	T	V
N	D	E	M	X	I	E	O	R	I	F	O	M	R	B	S	T	C	E	A	M	B	A	O	I
S	W	R	O	E	T	W	A	L	L	P	A	P	E	R	M	K	P	R	O	F	M	M	R	R
A	I	B	U	S	M	S	I	O	C	C	D	W	U	I	H	O	K	D	K	R	R	E	E	D
V	D	O	S	Y	H	O	P	D	R	M	P	C	D	Z	O	L	R	T	O	E	R	S	T	D
E	E	A	E	S	N	P	R	O	O	W	A	I	T	I	M	T	A	F	S	E	E	D	S	R
R	W	R	P	T	Y	O	M	Y	O	O	G	R	Z	B	E	U	N	E	U	A	R	L	A	A
E	E	D	A	E	M	E	T	T	S	R	E	D	L	O	F	S	L	O	R	R	O	I	M	H
C	B	N	D	M	D	E	K	E	E	D	P	E	B	O	H	I	O	T	F	G	L	C	B	D
Y	U	C	U	I	N	K	E	B	P	D	J	L	V	A	F	E	L	U	I	B	P	O	E	O
C	T	H	A	R	R	T	X	J	A	A	L	T	R	V	T	R	E	N	N	M	X	N	W	W
L	T	A	E	O	E	N	Y	Z	M	M	D	E	R	X	I	R	A	E	I	D	E	S	C	N
E	O	T	W	L	Y	I	N	S	T	A	L	L	J	E	Z	R	A	M	C	E	C	D	R	L
B	N	T	E	G	R	A	P	H	I	C	S	H	O	R	T	C	U	T	C	S	M	A	I	O
I	E	D	A	R	G	P	U	D	B	R	O	W	S	E	R	N	V	S	S	K	I	O	R	A
N	E	W	S	G	R	O	U	P	R	O	C	E	S	S	O	R	E	N	N	A	C	S	O	D

### Word List

Ads	Download	Internet	Mouse Pad	Start (menu)
Alt	Drivers	irc	Multimedia	Surf
Avi	DSL	Jack	Network	System
Bitmap	Email	Java	Newsgroup	Tab
Bookmark	Enter	Jpeg	Notepad	Text
Browser	Esc	kb	Os (Operating system)	Upgrade
Button	Explorer	Keyboard	Paint	Url
Byte	Files	Keys	Pentium	Video (card)
CD rom	Floppy	Link	Printer	Virus
Chat	Folders	Load (page)	Program	Wallpaper
Click	Font	Login	Processor	Wav
Code	Format	Macromedia	RAM	Webmaster
Crash	Free (ware)	Mb	Reboot	Website
Cursor	Games	Memory	Recycle Bin	Windows
Cyberspace	Gif	Menu	Run	Word
Delete	Graphics	Mic	Scanner	Work
Desk	Hard drive	Midi	Screensaver	World Wide Web
Desktop	Home (page)	Modern	Share (ware)	Worm
Disk	HTML	Monitor	Shortcut	Zip
Domain	Icons	Motherboard	Software	
Dos	Install	Mouse	Sound card	

Let your speech always be gracious. (Col.4:6)

# Tribute

## In Loving Memory



"What is lovely never dies but passes into other loveliness."

I close my eyes as tight as I can, the lights go off, and my imagination switches on. Pictures flash through my mind of my student Abhishek Bhardwaj. I remember him as a soft spoken sincere and a quiet

child, who was more engrossed in his studies most of the time.

The first time when I came to know about his ill health was from his sister, it was shocking and unbelievable. Though we all prayed to the Almighty for his speedy recovery yet there was no

improvement in his condition. The destiny of dear Abhishek was decided on 20<sup>th</sup> Nov 2004. We had never thought even in our dreams that Abhishek would leave all of us crying behind at such a tender age.

I believe, the hardest part of death is the memories it steals. Dear Abhishek will not be seen playing and chatting with his friends anymore yet his fond memories will remain alive in our minds. His presence is felt everyday. The blank space in the attendance register always reminds me of his existence in the class. I often see a smiling face of a calm boy moving in the thin air as I enter the class. We all pray to God to give peace to his departed soul.

Sunita Saxena  
Class teacher  
III C

### Tributes By A Few Class Mates

We have experienced pain by parting from a sweet and friendly boy. Only physically he is not with us, but he will remain in our hearts forever.

Anugya Aggarwal  
III C

He was sweet, courageous and hard working boy. He never fought with other students. He fought his illness courageously. May god provide peace to his soul.

Akhilendra Bhatt  
III C

He was fun to meet with. He always respected his teachers. His life was short and sweet. Though he is with God, but we will remember him forever.

Apoorv  
III C

He was shy and cool in nature. He dreamt of becoming a pilot. I have lost one of my best friend. Let his soul rest in peace.

Harshit Singhal  
III C

He was a flower in the garden of St.Mary's School who was plucked untimely. His sweet memories remain enshrined in our hearts.

Simran Johar  
III C



### A Tribute To Our Beloved Karan Chaudhary

It seems like yesterday when Karan with his charming smile and pleasing nature won the hearts of teachers and classmates. He was good in studies and was always enthusiastic to do the work entrusted to him. He was always ready to share the joys and sorrows of his classmates. He was an adorable and disciplined student. His strong determination and will power made him different from others. He had always inspired his classmates to work hard.

The cruel hands of destiny have snatched this loving and adoring St. Marian from us on 1<sup>st</sup> December 2004. Today he is not with us but he still shines as the brightest star on the horizon of St Mary's. He will always be remembered and treasured by all of us in the years to come. May his soul rest in peace.

Students of VA.





## Mother Mary- The Pinnacle of Love & Protection



I see a gentle woman decked in white clothing  
She is very tall and beautiful  
She has the power to draw us to herself  
Who is she? She is the patroness of our school  
And where does she, takes her stand?  
yes, she is in the campus of SMCS.

I love her for she is full of virtues  
She is the fountain of love and shelter to all  
Yes, she keeps us under her mantle  
She makes us known for her obedience and  
simplicity.  
Yes, she is the Crown of heaven and earth.

Why should I search for another as my guide?  
She is the perfect one for this world.  
For, she accepted the plan of God  
And became the mother of our Savior Jesus  
Mother! yeah, she stands erect at the entrance

of SMCS.

Yes of course, in between God and man  
The world's unique mother figure and mediator  
And our heavenly Mother, who draws us to  
God.

When the storms of life threaten us  
And don't know where to turn up for aid  
Just call on to her and she will be there  
As for your support, guide,  
protection and strength in life  
For she is the mother of us all.  
Trust her for she can do wonders in your life  
Mother Mary patroness of our school  
Pray for us! Amen

**Sr. Maya FSLG**

## “युवाओं पर “मोबाइल” व “कंप्यूटर” का प्रभाव और उनके दुष्परिणाम”



समय परिवर्तनशील है और समय के साथ ही मानव अपने जीवन को सुखी और समृद्ध बनाने का चक्र चलाता रहता है। इस चक्र को चलाने के लिए उसने विज्ञान का सहारा लिया। यूँ तो मनुष्य का सारा जीवन ही तरह-तरह की इच्छाओं एवं आकांक्षाओं को पालने और उन्हें पूरा करने की कोशिश में बीत जाता है। सपने देखना, उन्हें सँवारना मानव जाति का पैदाइशी स्वभाव है। युवावस्था उन सपनों को देखने की एक उत्तम अवस्था है और इस अवस्था में व्यक्ति स्वतः ही सपनें दिखाने वाले व्यक्ति व साधनों की ओर आकृष्ट हो जाते हैं। इसी का एक उदाहरण “कंप्यूटर” और “मोबाइल” भी हैं। इसी के चलते आज के युग को “यंत्र युग” कहा जाता है।

“कंप्यूटर” का प्रारंभ गणित या हिसाब - किताब से सम्बन्ध कुछ विशेष उलझने सुलझाने के लिए किया गया था। “मोबाइल” फोन का

प्रारंभ आकस्मिक सूचना वितरण के लिए किया गया था। परन्तु कंप्यूटर के बढ़ते प्रयोग ने मानव शक्ति और उसके कार्यों को लुंजपुंज बनाकर रख दिया है। आज कल युवा - वर्ग प्रदर्शनों और दिखावों से प्रभावित होकर सिनेमा की नितांत, कल्पित और ग्लैमर भरी दुनिया से आकर्षित होकर अपने भविष्य को अंधकार की ओर ले जा रहा है। आज का युवा वर्ग कंप्यूटर का प्रयोग ज्ञान के लिए नहीं अपितु पाश्चात्य सभ्यता के वासनामूलक प्रभवों को ग्रहण करने के लिए अधिक कर रहा है। मोबाइलों का प्रयोग भी वह जीवन की अनन्यतम् अपेक्षाओं की पूर्ति के लिए नहीं वरन् अपने मनोरंजन के लिए कर रहा है। इन पर प्रसारित पाश्चात्य ढंग की शिक्षा और सभ्यता व संस्कृति की तड़क-भड़क ने युवा वर्ग की मानसिकता को भ्रष्ट और बदरंग बना दिया है। यदि समय रहते हम सर्तक नहीं हुए तो वह समय दूर नहीं जब हम अपने नैतिक संस्कारों, अपनी सभ्यता, संस्कृति और मूल नैतिकता से सदा-सदा के लिए दूर हो जायेंगे।

इसलिए हमें चाहिए कि हम इन सब वस्तुओं का प्रयोग देश की उन्नति और विकास कार्यों के लिए करें, न कि स्वार्थ पूर्ति के लिए करें। युवा-वर्ग को इनके लिए सचेत और सर्तक रहना चाहिए। ताकि यह अमृत साबित हो, न कि विष!

अपूर्णा कौशिक  
कक्षा - 'आठ' सी

### जिन्दगी

कुछ पहेलियों की, कुछ अठखेलियों की,  
कुछ आसुँओं की, कुछ मुस्कान की,  
कुछ अच्छे की, कुछ बुरे की,  
सौगात है जिन्दगी।  
कभी खुशी से, कभी दुख से,  
कभी हँसी से, कभी मायूसी से,  
कभी जिन्दादिली से, कभी डर से,  
मुलाकात है जिन्दगी।

कहीं फूलों का, कहीं कौंटों का,  
कहीं धूप का, कहीं छाँव का,  
कहीं जीत का, कहीं हार का,  
अहसास है जिन्दगी का।

जो भी है जिन्दगी,  
जहाँ भी है जिन्दगी,  
खुली किताब है जिन्दगी।

सृष्टि रावत  
कक्षा: सप्तम् बी

### “जीवन का मकसद”

पढ़ाई के बिना,  
जीवन का मकसद पूरा न हो।  
जिस तरह आदमी का जीवन,  
आदमी के बिना अधूरा हो।  
आदमी के मन में सच्चाई हो।  
दुश्मनी से लड़ाई हो।  
प्रेम की भरपाई हो।  
सत्य की जीत हो,

प्रकाश की बहार हो।  
दुश्मनों का संहार हो,  
मित्रों की भरमार हो।  
आनंद की फुहार हो,  
ग्रीष्म में बारिश की फुहार हो।  
गंगा में दुग्ध की धारा हो।  
पवित्रता का नारा हो।  
ज्ञान का फैलाव हो,

हर किसी के मन में नए-नए ख्वाब हों।  
तभी तो आदमी का जीवन,  
आदमी के साथ पूरा हो।  
और जग में शिक्षित लोगों की  
भरमार हो।

नलिन रावत  
कक्षा - नौ 'ए'



## रसभरी चिट्ठी

आदरणीय रसगुल्ला चाचा जी व बर्फी चाची जी,

आपको मेरा रसभरा नमस्कार। आशा करती हूँ कि आपके ऊपर श्रीमती मक्खियाँ भिनभिना रही होंगी। आगे समाचार यह है कि मेरी बहन जलेबी का विवाह लड्डू नगर के सेठ पेड़ामल के सुपुत्र गुलाब-जामुन के साथ होना निश्चित हुआ है।

मेरी आपसे नमकीन विनती है कि आप समोसे भईया व पापड़ी भाभीजी एवं मीठे रसभरे गुलदानों के साथ आकर इस विवाह के कार्यक्रम को चिपचिपा तथा रस टपकाने वाला बनाने में सहयोग दें।

आपकी मीठी भतीजी  
इमरती देवी

स्वाति तोमर  
कक्षा: 'छठी' अ

## प्रदूषण का प्रकोप

हाय प्रदूषण! हाय प्रदूषण!

घटता वृक्ष धरा का भूषण

जन जन की माँगें बढ़ती

कई वनों की बलि चढ़ती

कटते पेड़ों का क्या कहना

ये तो है बरबादी का नमूना

प्रदूषित होती पवित्र नदियाँ

बढ़ती हुई हाय ये जनसंख्या

स्वच्छ जीवन बना स्वप्न

कुछ करते चले विफल प्रयत्न

आज का जीवन है रोगी।

श्वास लेना कठिन हुआ

ये भू वृक्षों से मुक्त हुआ

बढ़ती हुई गाड़ियों की संख्या

करनी होगी इसकी व्याख्या

मानों विद्वानों का कहना

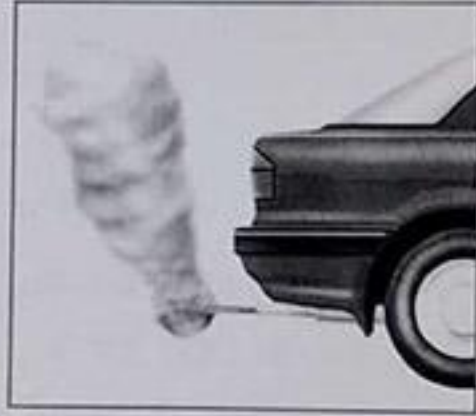
वरना प्रदूषण बन जाएगा जन जन का रोना।

प्रयत्नपूर्वक बनाना है धरा को स्वच्छ

तभी तो हो पाएगा स्वस्थ जीवन का सपना सच्चा

हाय प्रदूषण! हाय प्रदूषण!

करो इसका शोषण॥



देवाशीष त्यागी  
कक्षा: आठवीं अ

## चुटकुला

एक नेता ने दूसरे नेता से कहा "अरे, तुम्हारा लड़का फेल हो गया है और तुम मिठाई बाँट रहे हो"

पास या फेल क्या मायने रखते हैं पचास की कक्षा में पैंतीस बच्चे इसके साथ फेल हुये है। बहुमत तो इसके साथ है न" नेता ने तपाक से उत्तर दिया।

दिव्यांशु अरोरा  
कक्षा प्रथम बी



## किसको-किसकी चिन्ता है?

वीरों को आन की,

कायर को जान की,

किसान को धान की,

कर्ता को भुगतान की,

नाविक को तूफान की,

कमजोर को बलवान की,

नेता को मतदान की,

विद्यार्थी को इम्तिहान की,

व्यापारी को नुकसान की,

भगवान को जहाँन की,

भिखारी को दान की,

प्रोफेसर को व्याख्यान की,

माँ-बाप को संतान की,

अमीर को शान की,

कंजूस को मेहमान की।

आकांक्षा कौशिक  
कक्षा नवम् ए

## "चिड़िया मुझे बना दो राम"



"चिड़िया मुझे बना दो राम"

चिड़िया मुझे बना दो राम,

छोटे पंख लगा दो राम।

बागों में उड़ जाऊँगी

मीठे फल मैं खाऊँगी

ताजे फल मैं खाऊँगी

फुदक-फुदक कर काम करूँगी

जग में रोशन नाम करूँगी

फिर पाऊँगी खूब इनाम

चिड़िया मुझे बना दो राम,

छोटे पंख लगा दो राम।

ज्योत्सना गोस्वामी  
द्वितीय बी

## दो मित्र

एक पहाड़ के पास दो मित्र रहते थे, पर वे एक दूसरे को देख नहीं सकते थे। एक उजाला था और एक अँधेरा।

जब उजाला आता तो अँधेरा डर कर भाग जाता। तब उन्होंने सूरज से अपनी व्यथा कहने के बारे में सोचा, उजाला सूरज के पास गया और निवेदन किया "हमें इस परेशानी से बचाइए" सूरज बोला - "तुम आराम से जाओ, मैं पृथ्वी पर आता हूँ तुम दोनों उदास मत हो" उन्होंने कहा हम दोस्त होकर भी एक दूसरे को देख नहीं सकते जब उजाला आ जाता है तो अँधेरा रह नहीं सकता, मैं इसकी मदद कैसे करूँगा? सूरज को एक उपाय सूझा दोनों एक दूसरे को देख सकेंगे। जहाँ-जहाँ उजाला होगा, वहाँ अँधेरा भी पीछे होगा। अँधेरा वस्तु के पीछे छाया की तरह रहेगा। इस तरह हम एक दूसरे को देख सकेंगे। "हाँ जरूर" इस तरह छाया का जन्म हुआ।

अंजलि सिंह  
कक्षा - 'तृतीय' सी



## पहेली

"वह कौन सा घर है जिसके दरवाजे और खिड़कियाँ बंद कर दी जाएं तो दुनिया हमें देख सके, लेकिन हम दुनिया को न देख सकें?"

छात्र

वेदांत दवे  
कक्षा: द्वितीय सी

## "बस्ता मुझसे भारी है"

यह कैसी लाचारी है।

बस्ता मुझसे भारी है

कंधा मेरा दुखता है

जाने क्या-क्या कहता है

लाइलाज बीमारी है

बस्ता मुझसे भारी है।

जब से भी मैं पढ़ने जाती

कतराती-इतराती जाती

बस्ता क्या अलमारी है

बस्ता मुझसे भारी है।

पीठ दुःखी बोझा सहते

मुझे देखकर सब कहते

बालक नहीं मदारी है

बस्ता मुझसे भारी है।

प्रिया लांबा  
कक्षा - दो सी

## "भारत है मेरा घर"

रानी बिटिया चली घूमने  
दिल्ली से आगे बढ़,  
चलते-चलते, चलते-चलते  
पहुँच गई चण्डीगढ़  
चण्डीगढ़ से जयपुर पहुँची  
जयपुर से रामेश्वर  
रामेश्वर से चलते-चलते  
लौट चली आई घर।  
माँ ने पूछा, रानी बिटिया

कहाँ गई थी, बाहर?  
बिटिया बोली कहीं नहीं, माँ,  
मैं थी घर के अन्दर  
घर के अन्दर? रानी बिटिया  
ऐसा झूठ सरासर  
झूठ नहीं माँ, सच कहती हूँ  
"भारत है मेरा घर"

प्राक्षी सिंह  
कक्षा: चतुर्थ ए

## गुमशुदा की तलाश

प्रिय साथियों,

एक दुबली-पतली सुन्दर लड़की जिसकी आयु हजारों वर्ष है, जो सत्यता की साड़ी, लाज की चुनरी पहनें हुए है। आधुनिकता के मेले में, विश्व की रंगीनियों में कहीं लापता है। सुना है कि आधुनिक सभ्यता की सड़क पर चलने वाले अनैतिकता पर सवार, कुछ भौतिकवादी अपराधी उसे पकड़ कर ले गए हैं। बुद्धिवादी पुलिस उसे देखती रह गयी। लेकिन कुछ कर न सकी।

आपसे नम्र निवेदन करती हूँ कि जहाँ कहीं भी मिले, उसे घर-घर में पहुंचा दें, राह खर्च के अलावा उचित इनाम भी दिया जायेगा। लड़की का नाम है - "मानवता"

श्रीमती सीमा गुप्ता  
(अध्यापिका)



हमारे विद्यालय को स्थापित हुए पच्चीस वर्ष हो गए हैं। यह शुभ अवसर मनाने के लिए एक उत्सव का आयोजन किया गया। यह उत्सव 27/10/04 को संध्या के पाँच बजे आरम्भ हुआ। समारोह की तैयारियाँ लगभग एक माह पूर्व ही आरम्भ हो गई थीं। सभी बच्चों ने पूरे जी-जान से मेहनत की और अपने अन्दर छिपी हुई प्रतिभाओं का प्रदर्शन किया। अपने रंगारंग कार्यक्रमों को प्रस्तुत कर सभी बच्चों ने दर्शकों का मन मोह लिया। इस कार्यक्रम का आयोजन हमारे विद्यालय के प्रांगण में हुआ था।

सर्वप्रथम मुख्य-अतिथि, श्री दिनेश चन्द गर्ग का फूलों के साथ स्वागत किया गया और साथ ही साथ उन्हें सम्मानित भी किया गया। तत्पश्चात् कार्यक्रम शुरू हुआ। सबसे पहले हमारे विद्यालय की बालिकाओं ने एक अत्यन्त खूबसूरत और मनमोहक प्रार्थना-नृत्य प्रस्तुत किया। सभी ने रंग-बिरंगी साड़ियाँ पहन रखी थीं जिनसे उनके नृत्य को चार-चाँद लग गए।

इसके बाद मानव शरीर का निर्माण करने वाले पाँच तत्वों का सजीव चित्रण किया गया। 'जल' कार्यक्रम के दौरान बच्चों ने नीली मनमोहक पोशाकें पहन कर सभी का ध्यान आकर्षित किया। इस कार्यक्रम को देखकर सच में ऐसा लग रहा था कि जैसे जल की एक धारा बह रही हो। 'वायु' में भी बच्चों ने वायु की लहरों का प्रदर्शन किया और संगीत के अनुसार नाच कर सब को तालियाँ बजाने पर मजबूर कर दिया। इसी प्रकार 'अग्नि' में पीले व लाल दिख रहे बच्चों ने उसका अच्छा चित्रण किया। 'पृथ्वी' और 'आकाश' को सभी ने बहुत ही खूबसूरती के साथ प्रस्तुत किया। सभी दर्शक भाव-मुग्ध हो गए और चारों ओर बस तालियों की ही आवाज़ें गूँज रही थीं।

आकाश में अनेक तारे टिमटिमाते हैं और सौर मंडल में नव ग्रह सूर्य के चारों ओर चक्कर लगाते हैं। प्रकृति के इस खूबसूरत एवं विचित्र तथ्य को बालक-बालिकाओं द्वारा अच्छे ढंग से दिखाया गया। जिस प्रकार नव ग्रह घूमते हैं, उसी प्रकार बच्चों ने घूमकर दिखाया और सब का मनोरंजन करने के साथ-साथ ज्ञान भी बढ़ाया। इसके बाद बालिकाओं द्वारा प्रस्तुत किए गए दीए नृत्य ने तो मानों सच में जीवन में उजाला कर दिया हो। सभी के दोनों हाथों में चमकते हुए दीए इतने

अच्छे लग रहे थे कि कोई भी दर्शक उनकी प्रशंसा किए बिना नहीं रह सका।

हमारा विद्यालय कब स्थापित हुआ, किस-किस ने उसके निर्माण में योगदान दिया? आदि जानना भी तो सब के लिए आवश्यक था। इसलिए उसकी जानकारी देने हेतु एक कार्यक्रम का आयोजन किया गया। इस कार्यक्रम में सभी 'सिस्टर्स' के व्यक्तित्व का भी सम्पूर्ण वर्णन किया गया था। अब बारी थी छोटे बच्चों को देखने की। उनके द्वारा प्रस्तुत नृत्य तो इतना अधिक मनमोहक था कि सभी दर्शकों के मुख से एक ही बात निकली, 'वाह! क्या नृत्य है!' सचमुच हम सभी को बच्चों का यह नृत्य सम्पूर्ण कार्यक्रम में सर्वश्रेष्ठ लगा। इसके पश्चात् हमारे विद्यालय में पढ़ाई के अतिरिक्त होने वाले अनेक रंगारंग कार्यक्रमों का एक झरोखा प्रस्तुत किया गया।

भारतीय संस्कृति विश्व-प्रसिद्ध है, सो अब अगला कार्यक्रम उसी पर आधारित था। बालिकाओं ने 'क्लासिकल-नृत्य' प्रस्तुत किया। यह नृत्य इतना आकर्षक था कि सब दर्शक तो जैसे इसमें खो ही गए। इसके पश्चात् आए गोआ का पारंपरिक नृत्य दिखाते बच्चे। उनके तो संगीत ने ही जैसे सबको तालियाँ बजाने को कह दिया था। चारों ओर तालियों की गड़गड़ाहट सुनाई दे रही थी। फिर उच्च कक्षाओं के विद्यार्थियों ने कुछ पश्चिमी संस्कृति दिखाई और सब की वाह-वाही लूट ली। उनके संगीत ने सबको तालियाँ बजाने के लिए मजबूर कर दिया।

अब कार्यक्रम समाप्ति की ओर था। अंतिम कार्यक्रम भी एक बहुत प्यारा सा नृत्य था। छोटे-छोटे बच्चों ने दर्शकों के बीच में जाकर नृत्य कर सब दर्शकों का मन मोह लिया। इस नृत्य द्वारा शांति फैलाने का भी संदेश दिया गया था। इस अंतिम कार्यक्रम के बाद थे हम सभी को प्रेरित करने वाले मुख्य-अतिथि के दो-शब्द। अन्ततः कार्यक्रम शांतिपूर्वक सम्पन्न हुआ। सभी लोगों ने इसकी जमकर प्रशंसा की। सभी लोग मंत्र-मुग्ध होकर गए।

सचमुच इस कार्यक्रम द्वारा हम सबका पूरा मनोरंजन तो हुआ ही साथ-साथ ज्ञान में भी वृद्धि हुई। अतः यह कार्यक्रम हम सदा याद रखेंगे और इसके हर भाग से सदा प्रेरित होते रहेंगे।

सुरभि काम्बोज  
कक्षा: नवम् सी

## “सुनामी का कहर”

“जब महानगर ने ली अंगड़ाई, महाप्रलय के रूप में सुनामी आयी।  
थर-थर काँप गयी धरती भी, चारों ओर महाविनाश की घटा  
छाई।”

भारत की प्राकृतिक आपदा के इतिहास में 26 दिसम्बर, 2004 की तारीख मोटे अक्षरों में दर्ज हो गई है। इस दिन सुबह पूर्वी समुद्र तट से टकरायी सागर की विकराल लहरों ने हजारों जाने ले लीं।

हजारों को लापता और लाखों को बेघर कर दिया। करोड़ों की संपत्ति देखते ही देखते मटियामेट को गयी। वह कारनामा उन सुनामी लहरों का था, जिनसे हिन्दुस्तान को सुरक्षित माना जाता था।

सन् 2004 की आखिरी इतवार की सुबह थी। खबर मिली कि सुमात्रा के पास सागर में जोरदार भूकंप आया है। किन्तु कोई खास नुकसान न होने के कारण इस खबर को ज्यादा अहमियत नहीं दी गयी। लेकिन समुद्र के रास्ते एक महाविपदा दबे पाँव हिन्दुस्तान के सागर तटों की ओर बढ़ रही थी। आम जनों से लेकर प्रशासक और वैज्ञानिक तक तेजी से आगे बढ़ रहे इस खतरे से अनजान थे। अभी लोगों की दिनचर्या शुरू भी नहीं हुई थी कि सागर की लहरों ने विकराल रूप धारण कर समुद्र तट पर हमला बोल दिया। बेरोकटोक-बेखौफ लहरें अपनी सीमा तोड़कर अंदर घुस आयीं। अपने साथ सबकुछ बहा ले गयीं। देखते-देखते हर ओर मौत और तबाही का भयानक मंजर दिखायी देने लगा और इसके साथ ही देश के घर-घर में एक नया नाम बार-बार गूँजने लगा- सुनामी.... सुनामी, सुनामी। सुनने में यह नाम जितना मीठा, मधुर लगता है, इसके कारनामे उतने ही खतरनाक, और भयानक हैं। जापानी मूल के इस शब्द का अर्थ है- “बंदरगाह की लहरें”। लेकिन ये अपने नाम के ठीक विपरीत कार्य करती हुई बंदरगाह से बहुत दूर तक उपद्रव मचाती हैं। इनमें मौजूद अथाह ऊर्जा विध्वंस का कारण बनती हैं।

विनाशकारी सुनामी लहरों को कई बार बड़े आकार की ज्वार की लहरें मान लिया जाता है, जबकि इन दोनों के बीच मात्र इतनी ही समानता है कि दोनों सागर में उत्पन्न हाती हैं। दोनों के जन्म की कहानी पूर्णतः अलग है। ज्वार की लहरें चन्द्रमा के आकर्षण का नतीजा है जबकि सुनामी लहरें भूकंप, भूस्खलन या ज्वालामुखी विस्फोट का परिणाम होती हैं।

हाल में सागर में किसी बड़े क्षुद्रग्रह यानी ऐस्टेरॉयड के गिरने की संभावना को भी सुनामी की उत्पत्ति का जरिया माना जा रहा है। विज्ञान की भाषा में कहें तो यह सारा खेल बेहद बड़े पैमाने पर पानी के विस्थापन का है।

भूकंप या भूस्खलन के कारण जब भी सागर की तलहटी में कोई बड़ा बदलाव आता है, कोई हलचल होती है तो उसे जगह देने के लिए उतना ही ज्यादा पानी अपनी जगह से विस्थापित होता है और लहरों के रूप में किनारों की ओर चल देता है। यही लहरें सुनामी लहरें कहलाती

हैं। यह भी कह सकते हैं कि सुनामी लहरें सागर में आए बदलाव को संतुलित करने का प्राकृतिक प्रयास है।

“उजड़ गए चमन कहाँ गया अमन,  
चारों ओर उदासीनता छाई।  
भय, क्रोध, शोक, असमंजस की,  
काली घटा आसमान पर छाई।”

सुनामी की ऊर्जा का अन्दाजा लगाना भी कठिन है। हम बस इतना मान सकते हैं कि सुनामी की ऊर्जा हिरोशिमा पर गिराए गए परमाणु बम से 350 गुना ज्यादा पायी गयी। इन विनाशकारी लहरों में पाँच मेगाटन ऊर्जा समाई थी, जबकि परमाणु बम से केवल 15 किलोटन ऊर्जा ही निकली थी। सुनामी लहरें अपनी विशेष प्रकृति के कारण इस ऊर्जा को बड़ी तेज रफ्तार से सागर तटों तक पहुँचाने में सक्षम होती है। अगर सागर में उत्पन्न होने वाली सामान्य लहरों से इनकी तुलना करें तो पता चलता है कि आम लहरों में दो तरंगों के बीच का समय मात्र पाँच से बीस सेकेंड होता है, जबकि सुनामी में यह समय 10 मिनट से लेकर दो घंटे तक हो सकता है। इन विनाशकारी सुनामी लहरों की रफ्तार लगभग 100 कि. मी. प्रति घंटा आंकी गयी। इन्हीं तथ्यों से सुनामी की विनाशकारी ताकत का सहज अनुमान लगाया जा सकता है।

लंबे अरसे से भारत को सुनामी से सुरक्षित समझा जाने के कारण भारत ने इस कहर से बचने के लिए कोई अलग चेतावनी प्रणाली स्थापित नहीं की थी। परंतु ‘देर आए, दुरूस्त आए’ की तर्ज पर काम करते हुए भारत ने भी आधुनिक सुनामी चेतावनी प्रणाली स्थापित करने की योजना बना ली है। इसके लिए विशेष ‘बाय’ बनाए जाएंगे, जिन्हें हिन्द महासागर में 6 कि. मी. की गहराई पर जगह-जगह स्थापित किया जाएगा और इसकी सहायता से इंडोनेशिया तक आने वाले भूकंपों का सागर पर प्रभाव आंका जा सकेगा। यह प्रणाली इतनी संवेदी होगी कि सागर के जल स्तर में मात्र एक सेंटीमीटर का अचानक आया उफान भी इसकी नजरों से बच नहीं जाएगा इस प्रणाली को स्थापित करने का खर्च लगभग 125 करोड़ रुपये होने का अनुमान है। परन्तु सुनामी की वर्तमान विभीषिका को देखते हुए यह खर्च नगण्य प्रतीत होता है।

उचित समय पर चेतावनी जारी हाने के बाद भी यह तो निश्चित है कि सुनामी की विकराल लहरें तट पर हमला अवश्य बोलेंगी। परन्तु फिलहाल हमारे लिए आवश्यक है कि हम सुनामी लहरों से उत्पन्न होने वाली आपदा से विशेष प्रबंधन की तैयारी करें, ताकि यह विभीषिका फिर से तबाही का मंजर पैदा न कर सके। साथ ही हम इस प्राकृतिक आपदा का डट कर सामना करें और यह याद रखें कि:

“जिन्दगी फिर खुशियाँ लाएगी, रात के बाद नई सुबह आएगी।  
नया जोश नया उत्साह, आत्मविश्वास व आशा की किरण जगाएगी।”

सुरभि सक्सेना  
कक्षा नवम् सी

## स्वास्थ्य की कुंजी- खेल

आधुनिक युग को यन्त्र युग कहा जाता है इसमें कोई अतिशयोक्ति नहीं है मानव ने यन्त्रों का आविष्कार किया था जीवन को सुखमय बनाने के लिए परन्तु आज यन्त्र मानव का सेवक न बनकर उसका आश्रयदाता बन गया है इसी उथल पथल में मानव भी एक यन्त्र बनकर रह गया है जब से मानव ने यन्त्रों पर आश्रित रहना स्वीकार किया है तभी से हमारे शारीरिक बल व शौर्य में कमी हुई है। आधुनिक मानव करोड़ों वर्ष पहले मानव की तुलना में तुच्छ दिखाई पड़ता है। शरीर मानव की अमूल्य निधि है इसे खोकर मानव कहाँ तक अपना अस्तित्व बनाए रख सकता है। मानव को स्वस्थ रहने के लिए शारीरिक शिक्षा का ज्ञान होना भी आवश्यक है। व्यक्ति के व्यक्तित्व का पूरा विकास करने के लिए भिन्न-भिन्न खेलों द्वारा दी जाने वाली शिक्षा को शारीरिक शिक्षा कहा जाता है स्वस्थ शरीर में ही स्वस्थ मस्तिष्क निवास करता है स्वस्थ शरीर तभी सम्भव है जब वह गतिशील रहे। खेलकूद व व्यायाम करके शरीर को पुष्ट बनाया जाए। मानव जीवन शरीर से है शरीर के होने पर ही अन्य कोई भी साधन सम्पन्न हो सकते हैं। स्वस्थ शरीर को सबसे बड़ा सुख मानते हुए कहा गया है "पहला सुख निरोगी काया" इस सुख की प्राप्ति खेलकूद व व्यायाम से ही हो सकती है। शिक्षा व खेल कूद का सम्बन्ध भी काफी घनिष्ठ है शिक्षा मनुष्य का सर्वांगीण विकास करती है शारीरिक शिक्षा ही इस विकास का प्रथम रूप है। यह तभी सम्भव है जब हम खुद को खेलकूद में गतिशील रखते हैं खेलने से शरीर पुष्ट होता है, माँसपेशिया उभरती है, भूख बढ़ती है, शरीर शुद्ध रहता है, आलस्य दूर होता है। न खेलने की स्थिति में शरीर आलसी दुर्बल व रोगी हो जाता है। इन सबका प्रभाव मन पर पड़ता है। धन सम्पदा मान सम्मान उच्च पद प्राप्त करने पर भी बिना अच्छे स्वास्थ्य के मनुष्य दुखी रहता है। बीमार मनुष्य अपने साथ-साथ समाज का भी अहित करता है।

खेल खेलने से मनुष्य को संघर्ष करने की आदत लग जाती है। उनकी

जुझारू शक्ति उसे नवजीवन प्रदान करती है उसे हारजीत का संघर्ष झेलने की आदत लग जाती है खेलने से हमें अनुशासन, संगठन पारस्परिक सहयोग साहस, विश्वास और औचित्य की शिक्षा मिलती है। खेल खेलना मानव जीवन का ही गुण नहीं है जीवजन्तु भी खेल का आनन्द लेते हैं। खेल किसी बाहरी दबाव का परिणाम नहीं है खेल की इच्छा अन्तःकरण से होती है।

खेल केवल शिक्षा का ही माध्यम नहीं है बल्कि वह दर्पण है जिसमें प्रत्येक व्यक्ति के शिक्षण का परिणाम प्रतिबिम्ब होता है। खेल केवल अनुभव द्वारा शिक्षण नहीं है यह बार-बार हमारी रूचि को तीव्र करता है तथा बुद्धि के दीप को प्रज्वलित करता है शिक्षा में खेलकूद काफी उपयोगी है यदि खेल पर ही जोर दें। शिक्षा के अन्य पक्षों की उपेक्षा करें तो यह अहितकर है विद्यार्थी जीवन तो मशीन की तरह व्यस्त होना चाहिए। हमें एक पल के लिए भी प्रदूषित वातावरण में नहीं रहना चाहिए। हमें बुद्धिजीवी होने के साथ-साथ श्रमजीवी भी होना चाहिए। पढ़ते समय पढ़ाई का ध्यान रखें, खेलकूद करते समय एकाग्रचित होकर खेलें यही प्रसन्नता व आनन्द का मार्ग है।

यतेन्दु सिंह तोमर  
शारीरिक शिक्षा शिक्षक



### पहेलियाँ

1. पकड़ नहीं सकता मुझे कोई,  
सभी को करता मैं आगाह,  
जिसने मुझे नहीं पहचाना,  
वह है बिल्कुल लापरवाह।
2. हीरों की छोटी बहन हूँ,  
यों चमक में थोड़ी कम हूँ,  
स्नेहक के काम आती हूँ,  
काली शिक्षा भी कहलाती हूँ।
3. एक पेड़ तीस डाली, आधी सफेद  
आधी काली?
4. मेरी देह बहुत ही पतली,  
जिस पर है कई छेद।  
पर आवाज है बड़ी सुरीली,  
झटपट खोलो मेरा भेद।।
5. छोटी हूँ, पर बेकार नहीं,  
चुभती हूँ पर तलवार नहीं।

छोटा मुँह और बड़ी चोटी,  
सब के काम मैं खूब आती।

पूजा शर्मा  
कक्षा नवम् बी

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## “इतिहास के आईनें में २६ जनवरी”

- 1) 26 जनवरी, 1175 को गौरी ने मुल्तान पर विजय प्राप्त की।
- 2) 26 जनवरी, 1265 के दिन नसरूद्दीन की मौत हुई।
- 3) 26 जनवरी, 1530 को शंशाह हुमायूँ ने शेरशाह सूरी को पराजित किया।
- 4) 26 जनवरी, 1539 को शेरशाह सूरी ने हुमायूँ को हराया था।
- 5) 26 जनवरी, 1554 को जहाँगीर का जन्म हुआ।
- 6) 26 जनवरी, 1556 को शंशाह हुमायूँ की मौत हुई।
- 7) 26 जनवरी, 1720 को नादिरशाह ने दिल्ली पर हमला किया।
- 8) 26 जनवरी, 1774 को उर्दू के प्रथम कवि वली की मौत हुई।
- 9) 26 जनवरी, 1778 को आस्ट्रेलिया ने आजादी प्राप्त की।
- 10) 26 जनवरी, 1835 को समाचार पत्रों को आजादी मिली।
- 11) 26 जनवरी, 1858 को आयकर लागू हुआ।
- 12) 26 जनवरी, 1879 को मुम्बई और कलकत्ता के बीच पहली रेलगाड़ी चली।
- 13) 26 जनवरी, 1903 को पहला तिब्बती मिशन भारत आया।
- 14) 26 जनवरी, 1950 को भारत का संविधान लागू हुआ था।
- 15) 26 जनवरी, 1957 को जम्मू और कश्मीर में नया संविधान लागू हुआ।

सौरभ गर्ग  
कक्षा-आठ बी

### माँ

माँ तो बस माँ होती है  
जीवन रूपी चक्की में  
निरन्तर पिसती रहती है  
अपने ज्योतिषपूर्ण नेत्रों में  
असंख्य सपने संजोती है।  
माँ तो बस माँ होती है।  
एक प्रेरणा  
जो देती है  
जो दिखाती है मुझे सही राह  
जीवन के हर दुःख के, हर संकट के,

क्षण में हृदय से बस,  
एक ही आह निकलती है- माँ  
माँ तो बस माँ होती है।  
वह मेरे लिए एक आदर्श है  
धरती के समान सहनशील होने की,  
सूर्य के समान स्वयं तपकर  
औरों को प्रकाश देने की,  
माता, भार्या, पुत्री ऐसी विभिन्न भूमिकाओं में  
स्वयं को ढालने की,  
स्वयं दुःखी, होकर भी

परिवार को सुखी देखना चाहती है,  
माँ तो बस माँ होती है।  
यह सच है जन्म-जन्म का उधार है माँ  
रहे किसी भी दशा दिशा में  
अपने बच्चों का प्यार है माँ  
पड़ी कभी भी दुःख की धूप  
अपने ही आँचल से ढक लेती है  
माँ तो बस माँ होती है।

श्रीमती सीमा गुप्ता  
(अध्यापिका)

### शिक्षिका

इक उम्र गुजारने के बाद,  
तमाम कदम चल लेने के बाद,  
आज पीछे मुड़ के जो देखा,  
तो न कोई जमीन है, न रेखा।  
बुलंदियाँ हुई हज़ारों,  
पूरा किया हर सपना।  
फिर भी दिल में,  
रह गया दर्द कोई अपना।  
हर आशा पूरी करते-करते,  
दूसरों का साथ देते-देते।  
खुद का वजूद खोया कहाँ,  
मैं खुद ही जान पाई न।  
बेटी, बहू, पत्नी, माँ मैं,  
रही अपनी कोई न।  
इन रिश्तों की भीड़ में,  
कर्त्तव्यों की राह में।  
कब जुदा हुई अपनी परछाई,

खुद की ही रूह की जुदाई।  
यह मैं न समझ पाई।।  
चलते-चलते अचानक,  
मिला एक दिन, दीया एक  
थरथराता, कंपकंपाता।  
ज्योति थी बुझी-बुझी,  
साँस थी रुकी-रुकी।  
उस ज्योति को ज्यों संभाला,  
तो हर ओर हुआ उजाला।  
दीये की लौ जगमगाई,  
तो मन में भी शांति छाई।  
सामने अपनी रूह, दिखने लगी,  
खुद में समाते हुए।  
अंजाना सा सुख मिला,  
खुद को फिर पाते हुए।  
हाँ मैंने एक दीए को  
रोशनी दी है।

इस रोशनी से हज़ारों,  
और दीए जगमगायेंगे।  
अपने होने के एहसास से,  
इक नई दुनिया बनायेंगे।  
यही दीए, तो मेरी जिन्दगी है।  
इनको जलाना ही, तो मेरी बंदगी  
है।।  
अब संपूर्णता का एहसास भी है।  
खुद को पहचानने की आस, भी है।  
यही दीए हैं मेरे छात्र,  
और मैं हूँ इनकी पथ प्रदर्शिका।  
गर्व है मुझे कि मैं,  
हज़ारों की हूँ मार्ग दर्शिका।  
हाँ,  
मैं हूँ एक शिक्षिका।

श्रीमती तरुणा मिश्रा  
(अध्यापिका)



## अनमोल वचन

1. शिक्षा जीवन के लिए है। जीविका के लिए नहीं।  
- शेक्सपियर
2. कर्तव्य के आगे व्यक्ति कोई चीज नहीं है। सम्पादक अगर अपना कर्तव्य पूरा न कर सके तो उसे आसन पर बैठने का कोई हक नहीं है।  
- प्रेमचन्द
3. गंभीर काम के बाद हास्य-विनोद से जीवन में ताजगी आ जाती है।  
- हेलिबर्टन
4. विश्वास करना एक गुण है अविश्वास दुर्बलता की जननी है।  
- महात्मा गांधी
5. वही मनुष्य ईश्वर के दर्शन कर सकता है जिसका अन्तःकरण निर्मल और पवित्र है।  
- स्वेट मार्टिन
6. पुस्तकालय सच्चे देव मन्दिर है। उनमें महापुरुषों की आत्माएँ

पुस्तकों के रूप में प्रतिष्ठापित रहती हैं। सत्संग के लिए पुस्तकालय से बढ़कर विद्वान और निर्मल चरित्र व्यक्ति दूसरा नहीं मिल सकता।

- पं० श्री राम शर्मा

7. कर्तव्यशीलता मनुष्य का सबसे बड़ा गौरव है।  
- डा० नगेन्द्र

8. मैं नरक में भी उत्तम पुस्तकों का स्वागत करूँगा क्योंकि इसमें वह शक्ति है कि जहाँ ये होंगी वहाँ आप ही स्वर्ग बन जायगा।  
- लोकमान्य तिलक

संग्रहकर्ता- ऊषा रानी शर्मा  
(अध्यापिका)



## पेड़

अगर पेड़ भी चलते होते,  
कितने मजे हमारे होते।  
बाँध तने से उसको रस्सी,  
जहाँ कहीं भी ले जाते।  
अगर कहीं भी धूप सताती,  
झट उसके नीचे सुस्ताते।  
जहाँ कहीं भी वर्षा हो जाती,

झट उसके नीचे छिप जाते।  
भूख सताती अगर अचानक,  
तोड़ मीठे फल खाते।  
आती कीचड़ बाढ़ कहीं तो,  
झट उसके ऊपर चढ़ जाते।

नेहा कात्यायन  
कक्षा: द्वितीय सी



## “भिखारी”

मैं हूँ एक भिखारी  
मन में लिए टीस एक  
हृदय में गहरे घात अनेक  
अकड़ कर चलूँ या लाठी टेक  
मेरी दुनिया धुंध अंधियारी  
मैं हूँ एक भिखारी॥

सबको ज़िन्दगी अपनी प्यारी  
दुनिया देखे क्यों देखे  
मेरे जीवन की चिंगारी  
पल-पल भड़क उठती है जो  
चिन्तित करने मुझको सारी

मैं हूँ एक भिखारी॥  
पतझड़ जाए सावन आए  
क्यों न दुनिया चन्द्रलोक चढ़ जाए  
मैं रहूँ वहीं- मैं सड़ूँ वहीं  
घिस कर मैं मरूँ वहीं  
मुड़े भी नहीं देखने मुझको  
ये दुनिया न्यारी-न्यारी  
मैं हूँ एक भिखारी॥

पुस्त-पुस्त से वही मैं  
प्रथम दादा द्वितीय पिता  
फिर आयी मेरी बारी

समय का मारा लाल ने मेरे  
पुनः हाथ पसारी  
मैं हूँ एक भिखारी॥

क्या करूँ क्या न करूँ  
ए विश्व के पालनहारी  
दे-दे मुझको तू अब एक  
दुनिया प्यारी-प्यारी  
जियें ताकि मेरे बच्चे भी  
पाकर ये आनंद सारी  
मैं हूँ एक भिखारी॥

अरुणव द्विवेदी  
कक्षा: नवम् बी

## मेरा विद्यालय

मेरा वह विद्यालय है,  
जिसमें चर्च शिवालय है।  
रत्नों की वह खान है,  
भारत में फैली शान है।  
ज्ञान का वह भंडार है,  
सिस्टर्स भी उदार हैं।  
ममता की मूरत है उनमें,  
मानवता की सूरत है उनमें।  
शिक्षकों की उपलब्धियाँ,

विद्यार्थियों की उन्नतियाँ।  
पुस्तकालय है पुस्तकों की खान,  
जिनमें बसा है जग का ज्ञान।  
बहुत बड़ा है खेल-मैदान,  
जीतते हैं हम मन में ठान।  
सेन्ट मैरीज़ है उसका नाम,  
सबसे अनुपम जिसका काम।

शिखर भटनागर  
कक्षा: सात ए

## पर्यावरण संरक्षण

जैसे दो और दो पाँच नहीं,  
और साँच को आँच नहीं।  
वैसे ही वृक्षों का कटना,  
मानव तेरे हित में नहीं।  
जैसे पढ़े लिखे को फारसी नहीं,  
और हाथ कंगन को आरसी नहीं।  
वैसे ही प्रदूषित वातावरण में  
रहना,

मानव तेरे हित में नहीं।  
जैसे दूध से अलग मलाई नहीं,  
और रुई से अलग रजाई नहीं।  
कर ले पर्यावरण का संरक्षण,  
वरना मानव तेरी भलाई नहीं।

शुभम् कौशिक  
कक्षा: आठ ए

## जीवन क्या है?

एक बार एक व्यक्ति परेशान अवस्था में भटक रहा था। उसी समय एक संयासी उधर से निकला। उसकी परेशानी का कारण जानने के लिए वह रूका और पूछा- हे मनुष्य व्यथित से तुम यहाँ क्यों घूम रहे हो? वह बोला- "हे साधो! जीवन क्या है? इसकी खोज में मैं इधर-उधर भटक रहा हूँ।" साधू ने उसे समझाया-  
रोशनी में मड़राता पतंगा कहता है- त्याग ही जीवन है।  
पिर्जर में बन्द पक्षी ने कहा- स्वतंत्रता ही जीवन है।  
निराश व्यक्ति ने कहा- जीवन बोझ है, अभिषाप है।  
स्वयं में खोए दार्शनिक ने कहा- मृत्यु ही जीवन है।  
दुखी कवि ने कहा है- वेदना, विरह, और वियोग ही जीवन है।  
दासता की जंजीरों में जकड़े देशवासियों ने कहा- मुक्त होना ही जीवन है।

परन्तु व्यक्ति की जिज्ञासा शान्त नहीं हुई। तभी वहाँ वे गुजरता हुआ एक प्रेमी बोला- प्रेम ही जीवन है।

फूल और कलियाँ कहती हैं- निरन्तर खिलते रहना ही जीवन है।  
एक सैनिक ने कहा- आगे बढ़ना ही जीवन है।  
वृक्ष और नदी ने कहा- परोपकार ही जीवन है।  
तपस्वी कहता है- साधना ही जीवन है।  
वैज्ञानिक कहता है- आविष्कार ही जीवन है।  
कहानी कार कहता है- जीवन कभी न समाप्त होने वाली कहानी है।  
इस पर भी व्यक्ति की जिज्ञासा शान्त नहीं हुई। वह तो निरन्तर ही जीवन के बारे में विचार कर रहा था। उसने सोचा-  
सभी ने अपने-अपने अनुभवों के आधार पर विचार प्रस्तुत किए हैं। इन सबके आधार पर यह निष्कर्ष निकलता है कि आशा-निराशा, सुख-दुख, संयोग-वियोग आदि व्यक्ति के जीवन की गाड़ी के दो पहिये हैं। इस प्रकार मैं कह सकती हूँ कि इन सबका मिश्रण ही जीवन है।

अध्यापिका  
ऊषा रानी शर्मा

### "चुटकुले"

- 1 एक आदमी ने दूसरे से कहा- 'जब मैं अपना काम करता हूँ तो बड़े से बड़े अफसर को खड़ा कर देता हूँ।'  
दूसरा आदमी- 'क्या करते हैं आप?'  
पहला आदमी- 'सफाई कर्मचारी हूँ मैं।'
- 2 पिता- 'बेटा थाली और चम्मच लेकर सुबह-सुबह कहाँ जा रहे हो?'  
बेटा- 'पापा मास्टर साहब ने कहा था सुबह-सुबह ताजी-ताजी हवा खानी चाहिए।'



कृति गुप्ता  
कक्षा - तृतीय 'बी'

### मुनिया तू शैतान बड़ी

मुझे चिढ़ा कर पूछा करते  
मुझसे मेरे दादाजी।  
बोलो, तुमको कौन है प्यारा  
मम्मीजी या पापाजी।  
क्या जवाब दूँ, सोच-सोचकर  
होती मुझको हैरानी।  
मम्मी की मैं रानी बिटिया  
पापा की मैं बिटिया रानी।  
मैं कह देती - 'मम्मी प्यारी,  
प्यारे-प्यारे पापा से भी प्यारे  
लेकिन मेरे दादाजी!  
दादाजी के होठों पर तब आ जाती मुस्कान बड़ी,  
कान पकड़कर मेरे कहते, मुनिया तू शैतान बड़ी।



विशलेष  
कक्षा: प्रथम सी



## सेन्ट मैरी कॉन्वेंट

मेरे स्कूल का पहला अक्षर 'सेवा' में है,  
मेवा में नहीं।  
मेरे स्कूल का दूसरा अक्षर 'न्याय' में है,  
अन्याय में नहीं।  
मेरे स्कूल का तीसरा अक्षर 'टमाटर' में है,  
मटर में नहीं।  
मेरे स्कूल का चौथा अक्षर 'मैना' में है,  
तोते में नहीं।  
मेरे स्कूल का पाँचवा अक्षर 'रीति' में है,  
कुरीति में नहीं।  
मेरे स्कूल का छठा अक्षर 'काम' में है,  
आलस में नहीं।  
मेरे स्कूल का सातवाँ अक्षर 'नाम' में है,  
बेनाम में नहीं।  
मेरे स्कूल का आठवाँ अक्षर 'वेदों' में है,  
पनों में नहीं।  
मेरे स्कूल का नौवा अक्षर 'न्यारा' है,  
साधारण नहीं।  
मेरे स्कूल का दसवाँ अक्षर 'टप-टप' में है,  
बूँदों में नहीं।

सेन्ट मैरी कॉन्वेंट स्कूल

स्वर्णिम मलिक  
कक्षा: सात बी

### कविता

राहों में बिछे काँटों पर हमें चलना है,  
ध्येय अपना हमें प्राप्त कर ही लेना है।  
चलते हुए काँटों पर फूलों को चुग लेना,  
चुगकर उन्हें ईश्वर को ही अर्पण कर देना।  
बना देंगे हम ऐसे अनोखे अफसाने,  
तय हो इससे इंसानियत के फसाने।  
ऊँचा है इंसानियत का जितना पैमाना,  
सीढ़ियाँ हम उतनी ही चढ़ते जाएँगे।  
बन जाएगा वो भी हमारा अपना,  
जिसने तोड़ा था कभी हमारा सपना।

शरद मुदगल  
कक्षा नवम् बी

### मुद्रा ( एक पते की बात )

अलग-अलग मुद्रा होती है  
अलग-अलग हर देश में।  
भारत में 'रुपया' कहलाता  
'टका' बांग्लादेश में।  
लंका पाकिस्तान में 'रुपया'  
'पाउंड' है इंग्लैण्ड में।  
रूस में इसको 'रुबल' कहते  
'डॉलर' न्यूजीलैण्ड में।  
अमेरिका में 'डॉलर' है  
और 'रिएल' है ईरान में।  
इटली में 'लीरा' कहलाता  
'येन' कहे जापान में।

निहारिका गुप्ता  
कक्षा: द्वितीय ए

### हे आधुनिके!

हे आधुनिके! जागो, उठो आगे बढ़ो,  
क्यों हो चुप, अपने अधिकारों के लिये तुम लड़ो।  
अबला-अबला कहकर पुरुष ने सदा तुम्हें दबाया है  
सहनशीलता को तुम्हारी दुर्बलता समझा  
पाँव की जूती सदा बताया है।  
सीता पूजी गई पर जलने के बाद,  
तुम्हारा भी हो न कहीं ऐसा ही हाल  
हे आधुनिके! जागो उठो, आगे बढ़ो,  
क्यों हो चुप, अपने अधिकारों के लिये तुम लड़ो।  
पर्दे से तुम बाहर आओ,  
पर अपने जिस्म को न नुमाइश का सामान बनाओ  
न सिर्फ अपना ही तुम ख्याल करो  
सास, ननद, बहू और भाभी सबका तुम ध्यान धरो।  
बैर नहीं तुम्हारा पुरुष से  
अन्याय से तुम लड़ो  
हे आधुनिके, जागो उठो, आगे बढ़ो,  
क्यों हो चुप, अपने अधिकारों के लिये तुम लड़ो।

श्रीमती ज्योति  
अध्यापिका

God the Lord is my strength (Heb.3:19)

## “सफलता के शिखर पर पहुँचने हेतु विद्यार्थियों के लिए स्वर्णिम सूत्र”

आज की जीवन शैली का सर्वाधिक वांछित लक्ष्य है सफलता, जो अंततः यह निश्चित करती है कि किसने क्या खोया क्या पाया। एक सफल व्यक्ति के पास ही सफलता के बंद दरवाजों की चाबी होती है। वह अपने लिए ही नहीं दूसरों के लिए भी कई नए अवसर सृजन कर सकता है।

सफलता के उच्च शिखर पर पहुँच चुके अधिकतर लोग सफलता को कठिन परिश्रम, मनोहारी-व्यक्तित्व, अपने प्रयास के प्रति पूरी ईमानदारी, प्रत्येक उतार चढ़ाव को बर्दाश्त करने की शक्ति की परिणति के रूप में परिभाषित करते हैं। कुछ सफल व्यक्ति इसे ईश्वर की कृपा या फिर किस्मत की अनुकूलता के रूप में स्वीकार करते हैं। फिर भी कुछ सूत्र ऐसे हैं जिन्हें अपनाकर व्यक्ति सफलता के शिखर पर पहुँच सकते हैं।

**पहला सूत्र है - लक्ष्य का निर्धारण** इसके लिए व्यक्ति को अपनी प्रतिभा व अपनी कमजोरियों के बारे में सजग होकर सोचना पड़ता है लक्ष्य के मार्ग तक पहुँचने के सर्वोत्तम व सहज मार्ग को तैयार करना चाहिए।

**दूसरा सूत्र है - संसाधनों का सदुपयोग।** एक मानव के रूप में हमें जन्म से ही कुछ सुविधायें उपलब्ध हैं जैसे:- भोजन, आवास, स्वास्थ्य व शिक्षा। इसके अतिरिक्त अभिभावकों व शिक्षकों द्वारा प्रदत्त ज्ञान व विज्ञान का अतुल भंडार। सफलता पाने के लिए इन संसाधनों का अधिकतम प्रयोग सोच समझकर, सूझ-बूझ से व संयम के साथ करना चाहिए।

**तीसरा सूत्र है - सीखने की चाह।** अहंकारी व्यक्ति को अपना लक्ष्य पाने में अनेक बाधाओं का सामना करना पड़ता है। दुनिया का सर्वोत्तम शिक्षक भी ऐसे व्यक्ति में ज्ञान की ज्योति नहीं जला सकता। नए विचारों को सीखने व ग्रहण करने की प्रवृत्ति विकसित करनी चाहिए। ईर्ष्या व द्वेष से दूर रहना चाहिए।

**चौथा सूत्र है - संवाद कौशल।** अपनी बात को समुचित व सशक्त तरीके से प्रस्तुत करना चाहिए। यह हुनर घर व बाहर दोनों जगह उपयोगी है। संक्षिप्त व स्पष्ट भाषा में अपनी बात कहनी चाहिए।

**पाचवा सूत्र है - नेतृत्व करने की योग्यता।** आत्मविश्वास, विचारों की स्पष्टता व दृढ़ निश्चय वाला व्यक्ति ही सफल नेतृत्व कर सकता है। असफलता को भी साहस के साथ स्वीकार करना चाहिए। अपने अन्दर की प्रतिभा व क्षमता को पहचान कर आगे बढ़ना चाहिये।

**छठा सूत्र है - प्रशासनिक कौशल।** किसी निर्दिष्ट कार्य को समय पर पूरा करना चाहिए। किसी अन्य व्यक्ति की कार्य क्षमता व गुणवत्ता को कम समय में ही जान लेना भी प्रशासनिक गुण है।

**सातवाँ सूत्र है - क्षमा, करुणा व सहयोग की भावना।** सफलता की राह पर हमें अनेक बाधाओं का सामना करना पड़ता है। कई बार हम किसी अन्य की गलती के कारण विफल हो जाते हैं ऐसे में क्रोध की अपेक्षा उसे क्षमा कर देना चाहिए। इसके लिए हमें जप व ध्यान करना चाहिए क्योंकि यह काम आसान नहीं है।

**आठवा सूत्र है - आत्मविश्वास।** प्रत्येक व्यक्ति में आत्मविश्वास भरा पड़ा है। आवश्यकता है उसे जगाने की। इससे सोचने का ढंग भी बदल जाता है। असंभव लगने वाला कार्य भी संभव लगने लगता है। इसके बिना कोई सफलता के शिखर पर नहीं पहुँच सकता।

**नवाँ सूत्र है - सही समय पर सही कार्य करना।** व्यक्ति को समय का सही व संतुलित प्रयोग करना चाहिए।

**दसवाँ सूत्र है - सकारात्मक सोच।** सकारात्मक सोच वाला व्यक्ति ही सफलता के शिखर पर पहुँचता है। यद्यपि यह आसान नहीं है। -मैं क्या कर सकता हूँ, कैसे कर सकता हूँ प्रश्नों को मन से निकाल देना चाहिये। इसके स्थान पर मैं सब कुछ कर सकता हूँ कुछ भी असंभव नहीं है। इसे अपनी सोच का अनिवार्य हिस्सा बना लेना चाहिए।

अतः परमात्मा ने प्रत्येक व्यक्ति को प्रगति के समान अवसर प्रदान किए हैं, आवश्यकता सिर्फ उन अवसरों का समुचित रूप से लाभ उठाने की है।

उपर्युक्त सूत्रों को अपनाकर कोई भी व्यक्ति शून्य से शिखर तक की यात्रा तय कर सकता है।

श्रीमती मीनू गाँतम  
अध्यापिका

### मियाँ का बयान

एक मियाँ का सुनो बयान,  
लंबी दाढ़ी, लंबे कान।  
मियाँ गाँव में रोब जमाते,  
अपनी धमकी, धौंस चलाते।

एक बच्चे को चढ़ा बुखार,  
वैद्य, हकीम सब गए हार,  
इतने में मियाँ भी आए,

देख मियाँ को सब घबराए।।  
दाढ़ी में से तोड़के एक बाल,  
लगे मियाँ जी बनाने जाल।

उसका एक ताबीज़ बनाया,  
फिर बच्चे को गले पहनाया।  
देवयोग से हटा बुखार,  
घरवालों ने कहा पुकार,

करामात दाढ़ी में भारी,  
बच्चों नोच लो जाके सारी।।

जान छुड़ाकर मियाँ भागते,  
बच्चे पीछे शोर मचाते,  
मियाँ का बना खूब तमाशा,  
उनको नहीं थी ऐसी आशा।।

प्रशांत त्यागी  
कक्षा: सप्तम बी

# Informal Education



**Auditorium Cum Primary Block**



**Play-zone**

