

Holiday Homework: 2025 – 26

CLASS VII

Dear Parents/Students,

Find the holiday homework. Kindly assist your child to complete it. All the given work has to be completed and submitted on 1st July, 2025 (Tuesday), when the school reopens. It will be evaluated and marks will be allotted.

The holiday homework is based on the lessons taught in various subjects and need to be completed.

Learning is the beginning of health, wealth, spirituality and character. Searching and Learning is where the miracle begins. So, here is the source of learning for you all to gain some knowledge with activities and polish your skills.

ENGLISH – 17.05.25 to 31.05.25

Marks – 10

1. "A most useful approach to practice Yoga and Meditation is to consider it an important activity of each day. Schedule it as you would schedule an extremely important appointment, and unfailingly keep your appointment. " Practice doing yoga and meditation during your summer break religiously. Write a paragraph on an A4 size sheet " How practicing Yoga and meditation has improved me as an individual."
2. Create a dictionary of your own of nearly 100 words in which you should write the meanings of the words along with its sentences. Don't forget to write the words in alphabetical order. **(two words everyday)**
3. Read any story book or novel. Identify the nouns, adjectives, verbs and adverbs in it. Show it in the form of a table or list. Also, write its summary on A4 sheet. **(Read every day two pages)**
4. Prepare your own fortnightly newspaper/journal. Use your own innovative ideas to make it attractive and creative. **(31.05.25, 15.06.25, 30.06.25)**
5. Read the lessons covering Unit test II. Complete two paragraphs from your English Grammar book.
6. Write a newspaper report on a "Talent Hunt" show for children that was held in your colony. **(25.06.25)**

HISTORY –

Marks – 10

1. Create a project on a significant historical event or figure from the curriculum, including a report, model or presentation- 15.06.25
2. Review and prepare the lessons covering Unit test II by studying them. – 1 lesson
3. Complete the project work given in your book. 01.06.25 to 15.06.25
4. Learn the Preamble of our Constitution. 17.05.25 to 31.05.25

GEOGRAPHY –

Marks – 10

1. Locate major cities, rivers or geographical features on a map of India or the world. 01.06.25 to 20.06.25
1. Go through the Atlas and write on A4 sheet of paper what you observe in it. – 10.06.25 to 15.06.25
2. Compile a glossary of the terms and concepts that you come across while reading the Atlas. (One word every day.)
3. Read the lessons covering Unit test II. (One page everyday)

Computer –01.06.25 to 05.06.25

Marks – 10

- Prepare a chart paper on different types of number systems, mention its base and represent number,
- Learn the exercises of the lessons of Unit Test I.

Biology – 20.05.25 to 05.06.25

Marks – 10

Understanding the concept

1. Define the following terms (write in your notebook): Tissue Meristematic Tissues Permanent Tissue Parenchyma Collenchyma Sclerenchyma Xylem Phloem -
2. Differentiate between (in tabular form): Meristematic and Permanent Tissue Parenchyma and Sclerenchyma Xylem and Phloem.
3. Answer in short: Why is meristematic tissue important for plants? What is the function of xylem and phloem? Where is parenchyma found and what is its function?

Creative Activities

– 10.06.25

- 1.- Draw neat, labeled diagrams of: Types of meristematic tissue (apical, lateral, intercalary) Simple permanent tissues Complex permanent tissues (xylem and phloem)
2. Prepare a chart or poster showing the classification of plant tissues with colored sections a labeled diagrams.

Physics

– Marks - 10

1. Learn and write underlined difficult words with correct spellings from the lessons
(i) Measurements – 20.05.25
(ii) Motion and Force – 05.06.25
2. Perform and write an activity to show How to measure volume of an irregular solid. – 10.06.25
3. Draw all the labelled diagrams of regular geometrical figures with the correct related formula. – 15.06.25
4. Think and write on Practical Applications of Relative Density. – 20.06.25

Mathematics –

Marks – 10

1. Learn Tables up to 20 – 01.06.25 to 10.06.25
2. Learn Squares up to 20 – 20.05.25 to 25.05.25
3. Learn Cubes up to 20 – 26.05.25 to 30.05.25
4. Solve 5 questions per day as practice from the following chapters - Solve five questions everyday.
(i) Integers
(ii) Algebraic Expressions
(iii) Pairs of Angles.
5. Draw the labelled Diagram of all geometrical figures with the related properties. – 01.06.25

Hindi –01.06.25 to 15.06.25

Marks – 10

- 1) काल से संबंधित एक चार्ट बनाकर भूतकाल, वर्तमान काल तथा भविष्यत काल के सभी भेदों के नाम लिखकर दो-दो उदाहरण भी लिखिए।
- 2) निम्नलिखित विषयों पर लगभग 200 शब्दों में निबंध लिखिए।
क) सत्संगति का महत्व
ख) प्रदूषण की समस्या

Hindi II – 20.06.25 to 25.06.25

Marks - 10

- 1) आपके जीवन में क्या कभी ऐसा अवसर आया है जब आपने बहुत हिम्मत जुटाकर कठिन काम को किया हो? अनुच्छेद लिखिए।
'मेरे जीवन का कठिन काम'
- 2) मित्रता पर पांच स्लोगन लिखिए।

Sanskrit – 26.06.25 to 30.06.25

Marks – 10

Learn and write

Declension

(बालिका, मति, अस्मद्, युष्मद्)

Conjugation (past tense लङ् लकार)

(अस्, कृ, भू, गम्, दृश्, दा, पा)

Chemistry – 18.05.25 to 31.05.25

Marks – 10

1. Define the following terms in your notebook: Matter, Molecule, Atom, Physical change, Chemical change, Evaporation, Condensation, Reversible and Irreversible changes.

2. Differentiate between the following (at least two points each): Solid, Liquid, and Gas Physical and Chemical Change Mixture and Compound.

3. Answer the following questions –

1. What are the characteristics of matter? List three examples each of physical and chemical changes in your daily life.

2. What are the main components of a solution?

3. Draw a diagram showing the three states of matter and label their properties (arrangement of particles, shape, volume, compressibility).

4. Create a fun model or collage showing the three states of matter using craft materials (cotton for solids, gel for liquids, beads for gases, etc.).

5. Write the chemical names of Vinegar, Alum, Baking Soda, Borax, Caustic Soda, Chloroform, Common Salt, Epsom Salt, Fire Damp, Glycerine, Plaster Of Paris, Quick Lime, Oil of Vitrol and Washing Soda.

Write about their uses as well.

1. Write the chemical names and their uses of the following.

Vinegar Alum, Baking Soda, Borax, Caustic Soda, Chloroform, Common salt, Epsom Salt, Firedamp, glycerin, plaster of paris, quick lime, oil of vitriol and washing soda.


