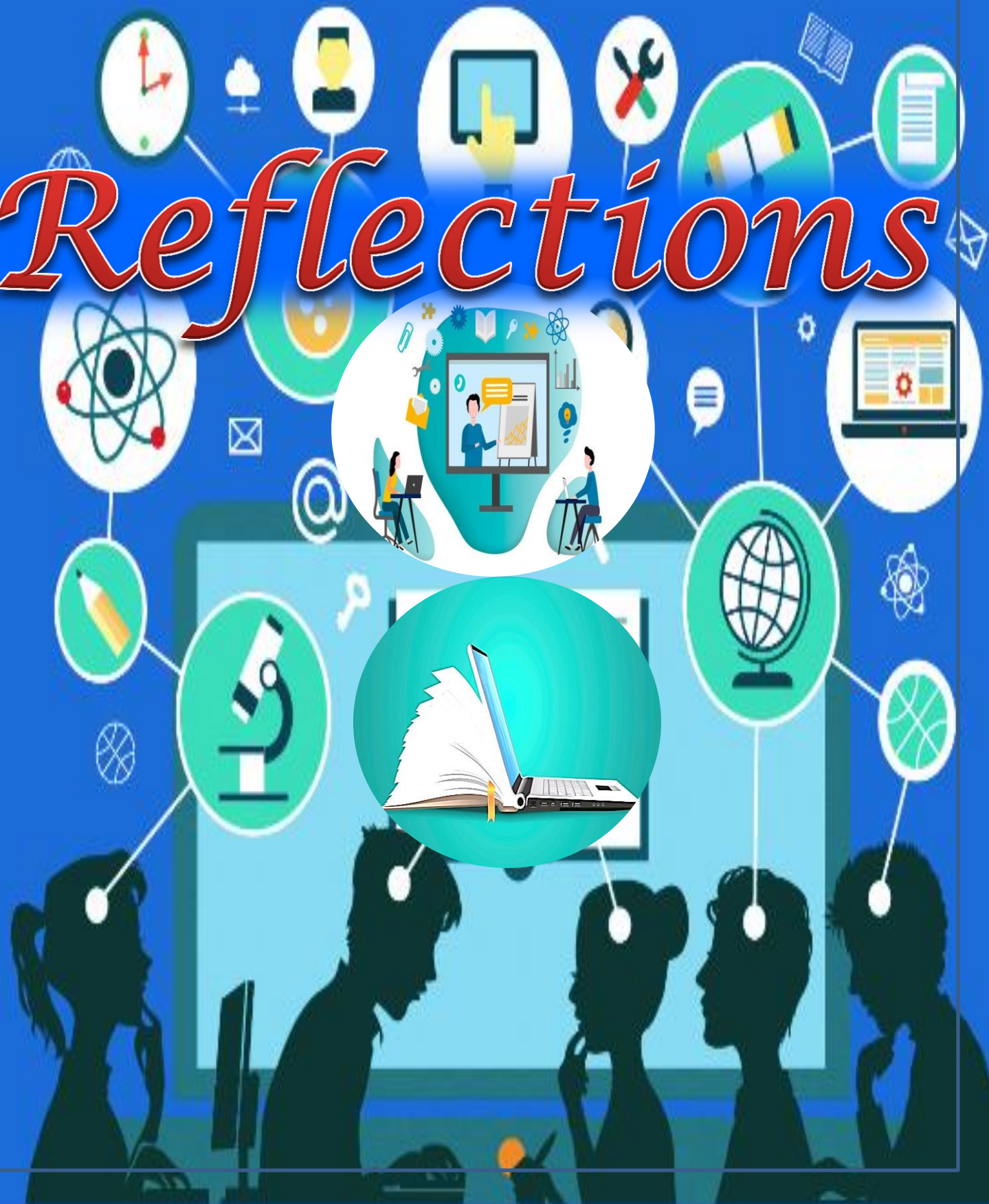


Vol.3



St. Karen's Collegiate School, Patna
2020-2021

Reflections



Message from the Headmistress



As the Headmistress of the school, I firmly believe that a school must primarily address the learning needs of the students and help them realise their potential. At St Karen's, we constantly strive to ensure that extensive guidance on diverse topics is provided to our students to equip them to deal with every situation.

The year 2020 has been brutal due to pandemic. It changed the way we live, think and work. It changed our attitude to health and environment. It also taught us that "Everything that is imaginable is attainable; one only needs the right attitude and perseverance." During the pandemic, when everything seemed unachievable, we stood together and didn't let the enthusiasm for studies in our students diminish. Online teaching and learning kept us kicking. .

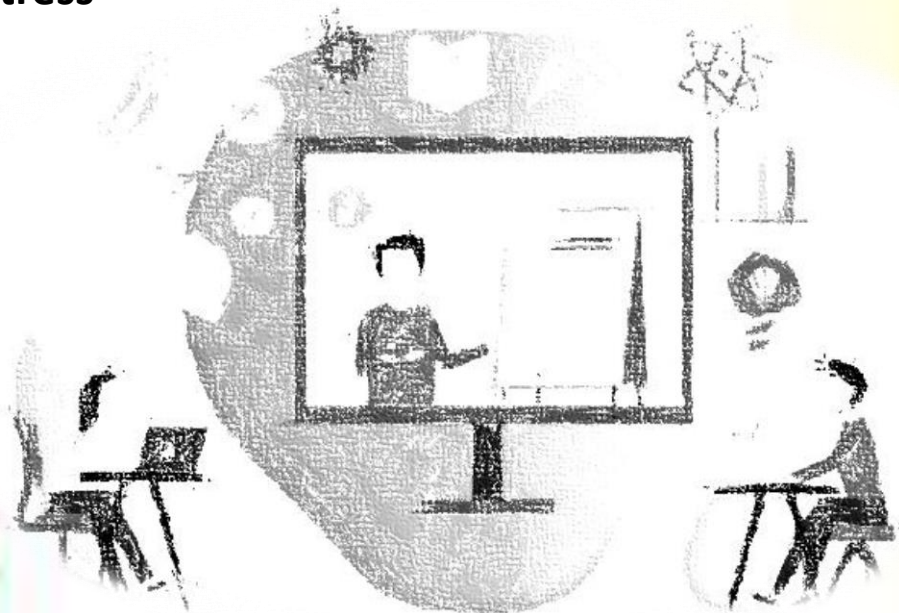
We are blessed to have an excellent team of teachers whose dedication and commitment helped us to cope up with the extraordinary situation and carry on with our educational journey during the pandemic. Their efforts in building and strengthening the communication on the virtual platform and quick grasp of the new requirements is commendable. The various activities conducted online during the pandemic year helped our students to explore, creatively express themselves and also excel in academics.

The massive support from our parents during the desperate times of COVID 19 has been strengthening my hand and I am thankful to each one of them and appreciate their cooperation.

I congratulate the Editorial Team on their determination and diligence. They have worked day and night to bring out the first electronic version of REFLECTIONS 2020-21.

Dr. Manisha Lall

Headmistress



Message from the Editorial Board

The year 2020 will be remembered as the 'Year of Transformation' as it overhauled our perspective of life. There has been a phenomenal change in the field of education.

The beginning of the new decade sparked a new era for education, when we started using the digital platform for imparting education. The change was sudden and drastic but true to the Karenite spirit we took up the challenge as an opportunity for learning technology. We were creative and innovative in the implementation of the virtual platform for conducting classes. We provided uninterrupted learning through flipped classroom by blending instructional content and videos, study material and online assessment with our live classes conducted using the digital platform. Interactive activities, teaching life skill using cinema, virtual celebrations and competitions were conducted throughout the year to keep our students gainfully engaged and fill their lives with positivity.

Despite the paradigm shift in education, we never stopped believing, innovating, changing and challenging ourselves for creating a better teaching learning environment.

The first electronic version of our school magazine 'Reflections' offers a glimpse of the combined efforts of the students and teachers in embracing the new technological change, highlights our potential and sets a new benchmark in our educational journey.

Shubhra Nishant Singh

(On behalf of the Editorial Board)



Inauguration

Coming together is a beginning, keeping together is a progress, working together is success that is what we experience in St. Karen's Collegiate School.

The new School Building was inaugurated by the School Secretary – Mrs. L. B. Galstaun on 6th June 2020. Reverend Father Martin Anand blessed this edifice of learning which will stand erect for years to come, spreading the light of truth and wisdom.



Unveiling the Plaque

The historic event was witnessed by Respected D.P Galstaun(Director Sir), Edward Sir(Asst. Director Sir), Sharon Ma'am (Academic Head),the School Heads ,Vice Principals , School Co-ordinators and the esteemed guests of all the wings of St. Karen's School



Lighting the Lamp:

Tamso ma Jyotirgamaya which means the lamp leads us from darkness towards light .Flame symbolizes knowledge and wisdom .It teaches us to be upright, rise upward and dispel darkness. All the dignitaries along with the school staff offered prayers to the lord to light the minds and enrich the futures of our students.

Welcome Ceremony

The ceremony started with the prayer song-‘10000 reasons’ and a welcome dance by the teachers. Through their performance, they conveyed the message that if our intentions and aspirations are alike, we can fulfill a common objective that unifies us all.

The teachers combined different dance styles to create a new aesthetic interpretation in the form of semi classical Indian fusion dance. It included the elements of space, time and energy. It was an intersection between eastern and western music.

EARTH DAY CELEBRATION

“Let’s pledge our allegiance to the Earth and to the flora, fauna and human life that it supports and turn it into one planet indivisible with safe air, water and soil, equal rights and peace for all.”

“Keep the Oceans blue, the Planet green and the animals safe”

Earth Day is an event which is celebrated every year on 22nd April to commemorate the importance of a healthy and pollution free environment and a cleaner and better place for all.

With COVID 19 affecting human life all over the world, this year the Earth Day celebration went completely digital. This year had a special mention as it was the 50th Anniversary of Earth Day which was observed by the students and teachers of SKCS with great zeal and zest. The theme was - "Best out of Waste". Students were given activities to make decorative/ useful items such as pen stands, organic flower vase, key chains using scrap papers, plastic bottles or spoons, paper glass or dishes, tin cans, tetra packs or card board boxes. The students evinced their amazing creative skills and shared pictures through the digital platform of Google Hangouts.



FEAST DAY

The Feast of the Patron Saint of our school, St. Katherine of Siena is observed and celebrated every year on 29th of April to commemorate the values and spread the message of humanity and kindness among the young Karenites through special assemblies.

Even the unprecedented circumstances in the year 2020 could not hold back the enthusiasm of our children from celebrating the Feast Day on the virtual platform with the same fervour and gaiety.

Paper Craft Activities such as making of cards, photo frames, paintings and paper angels were organised for the students which showed their imagination and creativity.



Mother's Day Activity

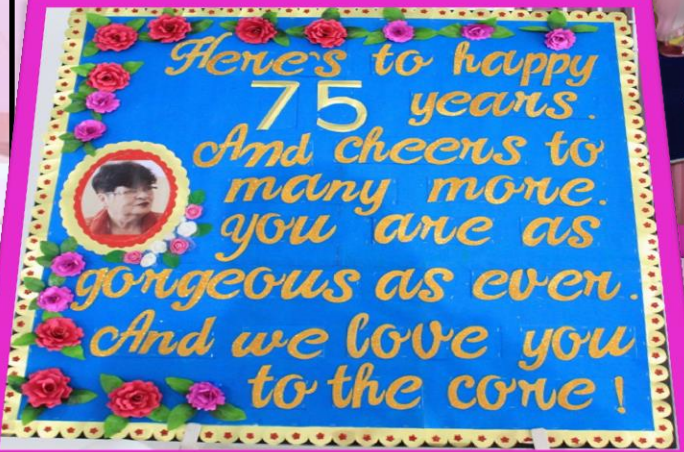
Mother, a person who fills our heart with warmth and love, who seems always to know our needs and console us in our trying times. She is the pillar of strength and yet the epitome of kindness and love.

A mother's love for her child is the most precious in the whole world and there is nothing that can substitute her influence in shaping the life of her child.

To cherish this unconditional love and care that mothers shower on their children, Mother's Day was celebrated this year through various online activities. To make it a memorable day, our students made Mother's Day cards and handmade jewelry for their mothers. They also made picture frames with cardboard and popsicles for framing the pictures with their mother. A special tea party was organised by the students for their mothers to make it a special day for them and an interview to know all about them was conducted to commemorate the day.



CHEERS TO 75 YEARS



Importance of 6th June '20 got magnified as it was the 75 th Birthday of our Beloved Big Ma'am .It was the day when all the teachers, other staff along with the Headmistress used this moment to wish Big Ma'am-Our pillar of strength a long, healthy and happy life in guiding the destiny of the school. Her graceful presence is enough to show us the way and energize us. We ecstatically joined her in celebrating the great day. She was presented a collage that took us Karenites down the memory lane reminiscing the great occasion spent in her company.

Big Ma'am deserves to be celebrated every day because she is a beacon of success to all the members of St. Karen's family. Her mere utterance gives us strength to surmount any encumbrance in our lives.

Teachers' Day Celebrations



It is said, “Where there is a will there's a way”. This was aptly exhibited by our students when they celebrated the Teachers' Day with the same zeal and fervor as when they were attending the school physically. The lockdown did not dampen their spirit and they presented a beautiful virtual program honouring their mentors. The virtual celebration of Teachers' Day took place on the 5th of September when the students organised a colourful program expressing their heartfelt gratitude to their teachers.

The eloquent anchoring done by Tashya and Shital highlighting the efforts of the educators and honouring their resolve to impart education during the pandemic was outstanding. The students amazed everyone with their glittering array of presentations. There was dance, song, speech and Sanskrit shlokas all glorifying the efforts of teachers and expressing gratitude to them.

Gandhi Jayanti Celebration

"The best way to find yourself is to lose yourself in the service of others"

Gandhi ji, fondly known as Bapu, has always been known for his ideals of Satya (Truth) and Ahimsa (Non- Violence). He followed the principle of simple living and high thinking. We celebrate his birth anniversary on 2nd October every year to pay our tribute to Gandhiji for his contribution and the sacrifices he made for making India a better place for the people. His peaceful approach towards every issue was the biggest of efforts in bringing about a change.

This year, events and activities were organized on a Virtual platform where students from all the classes participated enthusiastically. The theme was- "Remembering the Mahatma".

The children of classes 1,2 and 3 showcased their amazing paper craft ideas and presented the teachings of Gandhi ji- "See No Evil, Hear No Evil, Speak No Evil" by making monkey puppets and saying few lines about the same. The students of class 4 had poster making competition where they highlighted different events from the life of Gandhiji through their posters. In class 5, numerous activities were organized for the students such as "Making Charkha" (or the Spinning Wheel) which was the foundation of the idea- Make in India, laid by Gandhi ji back then. They also expressed their ideas about the importance of "Swachhta Abhiyan" (Cleanliness Drive) through their speeches which were recorded and shared through digital mode. Their love for the Mahatma and his ideals were quite evident through the 'Book Marks' made by them on this occasion.



Dussehra Activity

“Ram-fication of Ravan-ous thoughts is what Dussehra is all about.”
“Don't kill but conquer, the Ravana in you.”

“India is known as the land of festivals and Dussehra is one of them, which is unique in its perception and significance.”

Keeping the festive spirit alive among our little ones, St. Karen's Collegiate School organized fun filled and learning activities virtually for Dussehra celebration which included a role play by the students of Std 1,2 and 3 in which children were aptly dressed to play the role of their favourite mythological characters from Ramayana. The children who enacted these roles were perfect in their poise, confidence and expression.

We constantly seek new and innovative approaches to promote students in a way to bring about their hidden talent and confidence. As a part of this endeavour a virtual quiz on Dussehra was organised for students of std 4 in which students participated with full enthusiasm.

In addition to that, a dandiya stick decoration and pot decoration activity was also conducted virtually for the students of std 5





The students of Std 6 and 7 were told to make figurines of various mythological characters from Ramayana with clay and present a scene from the Ramayana virtually. All these activities were a perfect avenue to explore and develop the oral lingual skills and dexterity of students. Furthermore, the teachers also conveyed the message of victory of Lord Rama over Ravana and reinforced the message that good always triumphs over evil.

The celebration was a part of our philosophy of 'learning by doing' where the children participated enthusiastically and learnt the values of honesty, respect, humility and obedience, which are the core of Indian ethics.

Christmas Celebration

CHRISTMAS, A time to cherish peace and goodwill and to be plenteous in mercy. It is the end of emptiness and waywardness and the beginning of happiness and purposefulness.

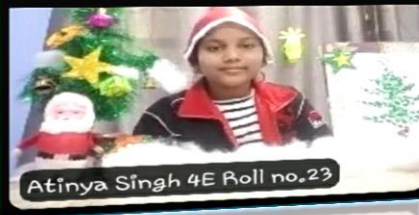
It is a time to rejoice and share joy and happiness with our loved ones. This year we celebrated Christmas through the virtual mode on 23rd December, 2020 where children from different classes shared their thoughts about the festival with their Class Teachers and friends through their amazing songs, skits and dance performances.

Christmas... is not an external event at all, but a piece of one's home that one carries in one's heart.

Reflections



“The best way to spread Christmas cheer is singing loud for all to hear.”



Competitions and Achievements

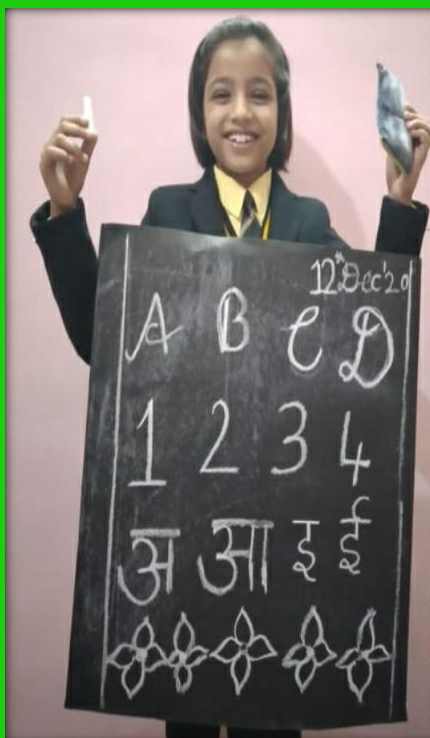
At St. Karen's Collegiate School, we not only emphasize on procuring knowledge but also attempt to cultivate overall persona of our students. In order to hone the skills of our students, we encourage them to take part in different school-based activities and various inter-school, state and national level competitions. These activities help to instil a sense of responsibility, self-containment, confidence, team-work and leadership in our students.

With the COVID-19 pandemic affecting the teaching-learning process across the globe, the activities and competitions found a digital expression. As we are committed to give our best even when the odds are against us, this new development of conducting the activities on a virtual platform has been a memorable one for all Karenites. Various Competitions such as Storytelling, English and Hindi Speech and Show & Tell were conducted in this session to sharpen the oratory skills of the students where they presented inspirational and soulful performances. The Carol and Patriotic Singing Competitions gave a musical break to the students from their studies and livened up the melodious harmony. The static and working models displayed by the students of classes 6 and 7 in the Online Science Exhibition reflected their thirst to explore the possibilities and discover the world within and around them, setting up the benchmark for a long journey towards excellence. Our students also participated and won accolades in Spell Bee, National Science Olympiads and International Maths Olympiads conducted online during the session 2020-21.



SHOW & TELL COMPETITION

Winners – Saumya Shree (1st), Kritika Bhardwaj (2nd),
Devansh Kumar (3rd)



DUSSEHRA ACTIVITY(FANCY DRESS COMPETITION)

1st DEVANSH KUMAR-



2nd SAUMYA SHREE



3rd KESHAV



ENGLISH ELOCUTION COMPETITION

1st SAUMYA SHREE-



2nd DEVANSH KUMAR



3rd KRITIKA BHARADWAJ



Glimpses of English Elocution Competition- [Std-1,2,3]



Class 1 winners- Ashray Singh (1st), Abhinav Singh(2nd), Md. Ariz Muntasir(3rd)

Class 3 winners- Apurva Nandini & Payal Sinha (1st), Ridhima Raj (2nd), Aaradhya Gupta (3rd)

Reflections



सौम्या कुमारी



विघ्नेश कुमार



संविक्का कुमारी

Hindi Elocution

Competition-

STD -1A

WINNERS

Soumya Kumari (1st)

Vighnesh Kumar (2nd)

Sanvika Kumari (3rd)

WINNERS

STD – 2

Shatakshi (1st)

Simran Rani (2nd)

Rashi Sinha (3rd)



शताक्षी



सिमरन रानी



राशी सिन्हा



अनुष्का शर्मा



अनिका सिंह



अनिका सिंह



अरपिता कुमारी काश्यप

Winners

STD-3A

Anushka Sharma (1st)

Sanskriti Tiwari (2nd)

Anishka Singh And

Arpita Kumari Kashyap

(3rd)

Reflections

Hindi Elocution Competition



Winners

Navya -4C (1st),
Astha Verma -4F(2nd),
UDHYAN SAWARN -4 E (3rd)

Winners

Richa 5B (1st),
Kashish Ranjan 5A (2nd),
Anushka 5E (3rd)

Online Carol Singing Competition





STORYTELLING COMPETITION

"TELL A TALE"



Winners

Richa, 5B (1st), Kashish,
5A(2nd), Anushka
Narayan, 5E(3rd)

Winners

Bhargavi Srivastava, 5F (1st),
Harsh Dubey, 5C (2nd),
Apurwa Shree, 5G (3rd)

Patriotic Singing Competition- [Std- 5]



26

January

Happy Republic Day



English Speech Competition- [Std.- 6]

Winners

Soumya, 7A(1st),
Abhiraj Bharti, 7D(2nd),
Riya, 7B (3rd)

Winners

Alishba Nasid, 6G (1st),
Mahi, 6A (2nd),
Priyanshi Sinha, 6E(3rd)



English Speech Competition- [Std-7]



Virtual Science Exhibition

Winners- Class-6-Alishba Nasid -1st , Gunika Gupta, Yash Raj - 2nd , MD.Aashif Salim-3rd

Winners Class -7 Abhiraj Bharti- 1st , Abhinav Utkarsh – 2nd Shefali Roy – 3rd

OUR SPELL BEE ACHIEVERS 2019-20 **(Wiz National Spell Bee)**

NAME OF THE STUDENTS	CLASS	NATIONAL MEGA FINAL RANK	STATE LEVEL RANK
ADITYA RAJ	4	39th	5th
SHAURYA	4	42nd	7th
KARNIKA	4	51st	21st

Achievers of SOF International Maths Olympiad

Name of the Student	Class	Award Won
Adwit Abhishek	4	Gold Medal of Excellence
Aditya Kumar	6	Gold Medal of Excellence
Aditya	6	Medal of Distinction, Certificate of Distinction, Gifts worth Rs. 500/-
Abhiraj Bharti	7	Medal of Distinction, Certificate of Distinction, Gifts worth Rs. 500/-

ACHIEVERS OF SOF NATIONAL SCIENCE OLYMPIAD

NAME OF THE STUDENT	CLASS	AWARDS WON
AAROHI CHOUDHARY	4	GOLD MEDAL OF EXCELLENCE
VEDANT CHOUDHARY	5	MEDAL OF DISTINCTION & CERTIFICATE OF DISTINCTION
ARSH ABHISHEK	5	GOLD MEDAL OF EXCELLENCE
ADITYA KUMAR	6	GOLD MEDAL OF EXCELLENCE
ABHIRAJ BHARTI	7	MEDAL OF DISTINCTION & CERTIFICATE OF DISTINCTION

Mind in the Making

Personality Development Classes (PD)

Life skills, go hand in hand with overall development, and can help a child succeed later in life. Life skills are abilities for adaptive and positive behaviour, that enable individuals to deal effectively with the demands and challenges of everyday life. Children need high-touch personal interactions every day to build healthy social-emotional skills, including the ability to understand and communicate with others and cinema is the strongest medium to teach life skills. Educating children through cinema is the best way to impart life skills in today's world. Movies create an impact on everybody's lives. Lessons learnt through movies have a deeper impact than chapters read in books. St. Karen's Collegiate School has tied up with LXL Ideas for this purpose. LXL Ideas translates to 'learning the x factor of life'.

Educating children through cinema is the best way since students now-a-days prefer more of visual knowledge rather than bookish knowledge. In today's hi-tech world, children are attracted to tech media more than paper. Keeping this in mind, LXL Ideas created various movies to reach out to children in the right way.

My experience with School Cinema

The School Cinema is very informative and interesting. This year, we saw movies like Aiyyo Paji, Butterflies, The Little magician, etc. I loved these movies because they taught us to respect every culture and religion, how to overcome our fears and made us understand how hard our parents work to provide us everything and we should respect and support them.

Apurva Shree

Class- 5G

The good thing about school cinema is that it helped me to understand morals and values through the movies shown to me. The movie 'Grace' taught me the lesson that we should never undermine anyone's ability. The movie Grace was an eye opener for all the students. From this movie I also learnt that teamwork and respect for each other is essential for success in life and team work can make difficult things easy. This movie also taught me to respect my teachers.

Zaira Ashif

6 G

School Cinema and Me

School Cinema offers an excellent collection of movies based on moral values and life skills. This year there were about 9 movies such as Butterflies, The Monster, The Autograph, Dedh Footiya, Aiyyo Paaji and many more to draw attention of atudents. Among them, my favourite was Aiyyo Paaji. It gave us the message that we should not be biased towards others based on their cultural or religious background. The movies also came with colourful worksheets for every movie which was very exciting to fill in.

Archita

5H

School Cinema in my life

School Cinema is an innovative concept and a great initiative in the field of learning Life Skills and Value Education. It is a perfect meld of entertainment and education. We were introduced to School Cinema in our online classes. It was refreshing to watch movies and have a discussion in our Zoom PD classes. The movies such as Butterflies, Aiyyo Paaji, Monster, The Autograph, Dedh Footiya, The Little Magician and Jay Vs Jay were very interesting. The topics or themes of these movies encouraged us to think and helped us in better understanding of self and surroundings. It also allowed us an insight into the lives of the characters, understand how their perspective differed from each other and how they handled certain situations. I liked all the movies as they depicted different aspects of life which changed my attitude towards life.

Ahmad Hassan Yusuf

Class - 5F

The class that all of us enjoyed most were the Personality Development (PD) classes conducted every week. Short movies which portrayed our confusion, challenges and outcomes of our decisions were shown to us and then we shared our experiences. Each movie influenced us in a different way. The movies left an impression on our mind and changed the way we look at things. The movie I loved the most was 'Kulfi'. It was about a poor girl who is determined to achieve her dream.

This movie taught me to dream despite my shortcoming and to work hard, no matter what circumstances are present before me, to achieve those dreams.

The engaging activities, discussions and interactions made the PD classes most memorable and enjoyable.

Anshu Kumari

6 F

SUPPLEMENTARY READING PROGRAMME **(DEAR)**

A good book has the power to change the way we see the world as it becomes a part of our consciousness pervading and shaping our thinking. Reading nurtures, the innate potential of the students and develop competencies of the head, heart and soul.

We, the teachers of St. Karen's Collegiate School are committed to instil life-long passion for reading and develop an appreciation for good literature. In order to make learning purposeful, progressive and empowering, we conduct various reading programmes in our school through interactive DEAR classes and inducting Supplementary Reading Books into the main stream curriculum where students read books silently to cultivate good reading habit.

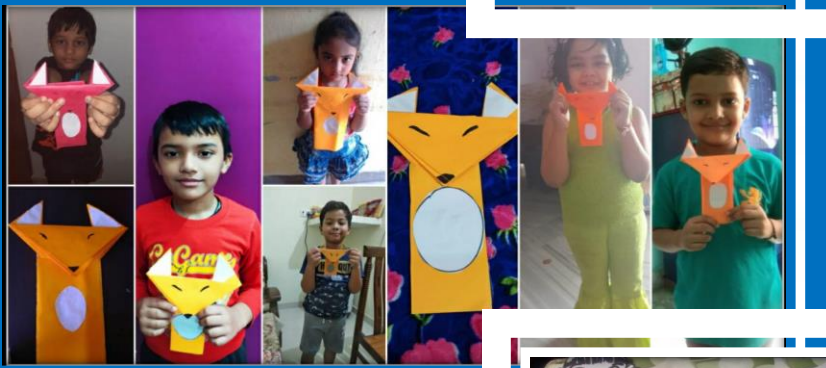
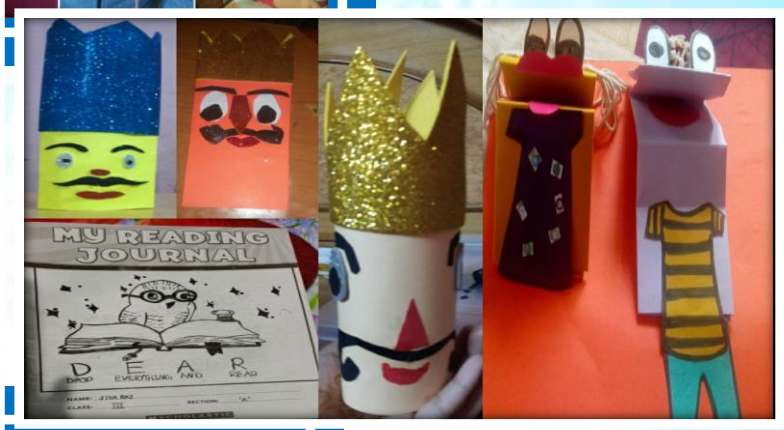
To make reading more fun and effective, the Supplementary Reading Programme was introduced this year for the students. Seeing the need of the time, the programme was conducted on the digital platform and included pre-reading of Supplementary readers by the students followed by an interactive activity based virtual session. The diverse activities conducted throughout the year included role-play, quiz, character description. The students thoroughly enjoyed these activities.

Creative expression was used by the students to prepare the Special Reading Journals by Scholastic India which were given to the students to record their Reading responses after each chapter, write about their favourite character from the story, design the cover page or write about any alternative ending for the stories read by them. This has not only helped in making them great readers but has also turned them into excellent writers and thinkers.

Reflections



DEAR READING PROGRAMME



PUPPET MAKING ACTIVITY



STUDENTS CORNER

"Teachers"

If doctors save our life,
Then teachers shape our life.
They always make our future
bright,
Checking our answer books till
late at night,
Teachers are always right.

They may be sick,
But they come to teach
keeping their health at risk.
We may not pay attention but
they do not mind,
The problems they face, they
never complain.

So today we apologize to you
for everything, which made
you sad
You'll forgive us, for that I am
glad.
That's why I say,
Teachers always try to make
our future bright,
Teachers are always right.

SWARA

6 - F

POEM – CORONA VIRUS

Neither we can go to malls,
Nor can we go to waterfalls.
Because this virus is scaring,
Sending our spines into shivering.
If you have to go out, think twice,
Wear your mask, be wise.
After coming home, sanitize,
And wash your hands thrice.
COVID-19 is the name,
It is playing a hide and seek
game.
By following the rules,
We can ensure the endgame.

SMITA PRIYA

5-B

Vague Syrupy

White, brown, black
Desserts liked by Jack
Desserts and Cake
None can hate
Candies are mind blowing
Dark Chocolates are flowing
Although I mean to say that
chocolates are vague syrupy.

NAVYA RANJAN

6 - B

DISCIPLINE

“Discipline is the bridge between goals and accomplishment.”

Discipline:- As soon as we hear this word, the first thing that comes to our mind is strict rules which are meant to be followed.

But deep-down discipline is more than that. It's not just about the rules and regulations and a proper routine but it is something which separates an individual from the immature, uneducated and unsophisticated. It is such a quality which if gained at an early age will be a lifelong asset. That is why students are generally advised to lead a disciplined life. Most of us know that hard work is the key to achieve something meaningful in our lives but what they miss is that working hard in a wrong direction will take you nowhere, but an empty void.

A disciplined student has a great advantage as actions help them take small steps. He gives his problems a careful thought and deal with them accordingly. It keeps him focused on each and every activity and let him work step by step. Disciplined minds are calm during unfavourable circumstances, and they seem to have a better self-control than the others.

All of this can be achieved with a happy state of mind. And to have this state of mind, the ultimate goal should DISCIPLINE.

Abhiraj Bharti

Class:- 7 D

DID YOU KNOW?

- Potatoes were the first food to be grown in space.
- Corn is a member of the grass family.
- Pumpkin appeared for the first time in the 17th century when the fairy tale “Cindrella” was written.
- The heart of a blue whale can weigh as much as a car.
- Kangaroos cannot walk backwards.

My lockdown Experience...

When lockdown was first imposed, I had a mixed reaction. I was in Patna, a place having least impact of covid - 19, then, the pandemic stormed the world. Neither I knew much about the severity of the disease nor had any firsthand knowledge of it when first lockdown was announced. I was pleased to get rid of rising early and getting ready for the school, dedicating more time to enjoy television and gaming, a few days elapsed in taking meals and breakfast of choice, as and when I wished. But soon all these became insipid. Missing play hours was more disappointing than escaping school going. Rather, very soon it became unbearable to miss school, class routine, my teachers and schoolmates. Lockdowns continued one after the other. Relaxations increased or decreased from time to time. But the one thing that didn't change was reopening of schools. It was so frustrating, not only for my parents, but myself too, as I was extremely worried about my studies and future. The students of kindergarten were forgetting whatever they might have learnt so far. However, the government and our school too were equally or probably more concerned about our future. Although, they were more keen about reopening of schools but they didn't do so as it might have hazardous effect on children's welfare. But they searched out a viable alternative in " on - line classes ". Now after the lapse of almost a whole academic session, I am confident that in near future, online learning is going to be inseparable part of our schooling system. The schools may arrange classes with teachers of national repute. We may have some conversation even during holidays, if so needed. We find this to be a boon in disguise. Now that India has almost won its battle against Covid-19, we will never forget experiences of Lockdown in our life time.

Ishan

Class - '6-D'

कोरोना का संकट

कोरोना से हो रहा, सारा जग भयभीत।
फिर कैसे उत्सव मने, कैसे गूंजे गीत।।
सभा, बैठक, मिलन, खेल, पढ़ाई बंद।
कोरोना ने कर दिया, जीवन की गति मंद।।
कितना महंगा पड़ गया, चमगादड़ का सूप।
कोरोना ने धर लिया, प्रलयकारी रूप।।
कोरोना ने कर दिया, दुनिया को लाचार।
मंद हुई गतिशीलता, बंद हुआ व्यापार।।
एकाकी जीवन हुआ, अब कितना मजबूर।
मित्र, सखा, परिजन, स्वजन, सबके सब हैं दूर।।
कोरोना ने कर दिया, सबको घर में बंद।
और अकेला फिर रहा, दुनिया में स्वच्छंद।।
कोरोना तेरी यहाँ, नहीं गलेगी दाल।
तू अपने ही देश में, जाकर डेरा डाल।।
रोज बढ़ रहा संक्रमण, चिंतित है संसार।
हुआ दवा का आक्रमण, हो झटपट उपचार।
कोरोना अब जाइए, वापस अपने देश।
व्यर्थ न बाधित कीजिए, उत्सव का परिवेश।।
जागरूक हो जाएं गर, दुनिया से सब लोग।
मिट जाएगा खुद-ब-खुद, कोरोना का रोग।

मृगांग कुमार सिंह, 7-F

समानता

हमारे देश में अभी भी अमीरी-गरीबी पर तर्क-वितर्क किया जाता है। लोग सोचते हैं कि यह बहुत गरीब है या यह एक छोटे काम करने वाला है इसलिए यह एक अच्छा इंसान नहीं है। पर लोगों को यह जानना बहुत जरूरी है कि लोग अपने वस्त्र या पैसों से अमीर नहीं होते बल्कि अच्छे कर्म से अमीर और बड़े होते हैं।

एक बार एक बहुत ही अमीर व्यक्ति था। वह जहाँ भी जाता था अपने चालक के साथ जाता था। एक बार उस चालक का जन्मदिन था तो उसके मालिक ने उसे एक दुकान के पास रुकने को कहा और उसने वहाँ से सबसे सस्ती वाली शर्ट खरीद कर चालक को दे दी। तब दुकानदार बहुत हैरान हुआ कि इतना अमीर व्यक्ति इतनी सस्ती शर्ट खरीद रहा है।

दो महीने बाद उस चालक के मालिक का जन्मदिन आया तो वह उसी दुकान में गया और सबसे महँगा व अच्छा कपड़ा खरीदना चाहा। इस बार भी दुकानदार बहुत चकित हो गया और पूछा कि तुम तो इतने गरीब हो तुम इतना महँगा कपड़ा क्यों खरीद रहे हो। उत्तर में उसने कहा कि उसके मालिक का जन्मदिन है और वह उन्हें खुश करना चाहता है। उसने वह कपड़ा लिया और अपने मालिक को भेंट कर दिया तब उसके मालिक को एहसास हुआ कि वो अमीरी-गरीबी में तर्क-वितर्क कर रहा है फिर उसने अपने चालक से माफ़ी माँग ली।

इस कहानी से यह सीख मिलती है कि अमीरी-गरीबी नामक कोई चीज नहीं होती, हम बस ऐसे एक-दूसरे के लिए बना देते हैं। हम सब मनुष्य हैं कोई भी छोटा या बड़ा नहीं है। सब एक हैं और हम सभी को एकता व समानता के साथ रहना चाहिए।

आरुषि राज

कक्षा - 6 बी

भगवान बुद्ध की विचारधारा

एक समय की बात है भगवान बुद्ध अपने कुछ संतों के साथ रामपुर नामक एक गाँव में कथा कहने के लिए जा रहे थे। गाँव की तरफ जाते समय उन्हें और उनके संतों को रास्ते में कुछ छोटे-छोटे गड्ढे खुदे हुए दिखाई दिए। उन संतों में से एक सन्त ने भगवान बुद्ध से पूछा, स्वामी रास्ते में इतने सारे गड्ढे खोदने का क्या कारण हो सकता है? भगवान बुद्ध ने एक मुस्कराहट के साथ उस सन्त को जवाब दिया कि कोई व्यक्ति यहाँ पानी की तलाश कर रहा था, एक जगह पानी नहीं मिला तो दूसरी जगह गड्ढा किया, और फिर तीसरी, फिर चौथी और जब वह गड्ढा खोद-खोदकर थक गया और इतनी मेहनत के बाद भी पानी नहीं मिला तो छोड़ कर चला गया। अगर वह कई जगह गड्ढे खोदकर पानी ढूँढने के बजाय एक ही जगह अपनी सारी उर्जा लगाकर गड्ढा खोदता तो शायद उसे पानी मिल जाता। इसलिए कहा जाता है कि किसी भी काम को करते समय धैर्य रखना चाहिए, क्या पता कि हम अपनी मंजिल तक पहुँचने ही वाले हो और बस पास में ही पहुँचकर हार मान लें।

अदिति गुप्ता
कक्षा- 7 डी

An Ode to My Teacher

I bow before you,
Who opens my eyes to see,
That for a happy life,
Learning is the key.

You care for us,
Sensitive & Smart,
You have all the skills,
I knew it from the start.

Grateful for your wisdom
My teacher that you are
Full of love and kindness
You are my star.

I promise I will follow
The path that you have shown
And will stick to your teachings
In every ups and downs.

Bhargavi Srivastava
5F



इंसान बना

दुनिया में महान बनने की चाहत तो हर एक में है, पर पहले इन्सान बनना अक्सर लोग भूल जाते हैं।

आप किसी से भी पूछें कि उसके जीवन का लक्ष्य क्या है? वह उत्तर में हमेशा कहेगा कि उसे डॉक्टर, इंजीनियर आदि बनना है। लेकिन ज़रा सोचिए आज के वर्तमान परिवेश में सबसे ज़रूर क्या है?

वर्तमान परिस्थिति में सर्वप्रथम सच्चा इंसान बनना जरूरी है। जब हम डॉक्टर या इंजीनियर बन जाते हैं, तो हम अपने कार्य से विमुख होकर बेईमानी करने लगते हैं। हमारी लापरवाही से कभी मरीज मर जाते हैं, तो कभी पुल या इमारतें गिर जाती हैं। इसका कारण यह होता है कि हम एक अच्छे इंसान नहीं बन पाते। अच्छा इंसान बनने के लिए, हमारे अंदर संवेदनशीलता का होना अत्यंत आवश्यक है एवं हमारे अंदर दूसरे मनुष्य के प्रति प्रेम, सहानुभूति, दया, ममता जैसी भावनाएँ का होना भी जरूरी है।

आओ, आज हम सब यह प्रण लें कि हम डॉक्टर, इंजीनियर, पुलिस बनें या ना बनें, पर सबसे पहले हम एक सच्चा इंसान बनें।



नाम :- अभिराम भारती
कक्षा :- 7 - D

Riddles ?



Mahi Kumari (6-A)

1. What gets wet when drying?
Ans. _A towel_
2. What has many keys but can't open any doors?
Ans. _A piano_
3. I am full of holes; I can hold water. What am I?
Ans. _A sponge_
4. What can't be used until it's broken?
Ans. _An egg_
5. How many months have 28 days?
Ans. _All (12)_



Fact File



Mahi Kumari
Class: 6-A

- It takes 8 minutes and 17 seconds for light to travel from the Sun's surface to the Earth .
- The thermometer was invented in 1607 by Galileo.
- The average human body carries ten times more bacterial cells than human cells.
- Grasshoppers have ears in their bellies.
- You can't taste food without saliva .
- Rajasthan has a temple of Rats.
- 20% of Earth's oxygen is produced by the Amazon rainforest.



!! VACCINE CAME !!

Corona not only a name but a phase,
which didn't let me touch my face.

But now why to fear,
when vaccine is here.

Covaxin was named,
and made itself a fame.

Though people are getting scared to apply
but I am sure it has a good reply.

But don't let mask fall,
As it's a dangerous call

Keep trust,
Vaccine must....



Ananya
Class: -'VI B'

FROM THE TEACHER'S DESK

जीवन में सच का महत्व

चाहे कैसी भी परिस्थितियाँ हो, सच अपने आप में एक ऐसा अस्त्र है जो इंसान को बड़ी से बड़ी मुसीबत से लड़ने की ताकत देता है। बच्चों को सच बोलने की प्रेरणा माता-पिता को बचपन से ही देनी चाहिए। परवरिश का यह एक अहम हिस्सा है कि बच्चों से चाहे कितनी भी बड़ी गलती हो जाए वो हमेशा सच ही बोले। परंतु इसके बावजूद बच्चे अपनी गलती छुपाने के लिए झूठ का सहारा लेते हैं। सच बोलने की आदत खुद ही विकसित करें। जाने अनजाने में अगर कोई गलती हो जाए तो उसे छिपाने के लिए झूठ नहीं बोले क्योंकि एक झूठ को छुपाने के लिए कई बार झूठ बोलने पड़ेंगे। अपनी गलती स्वीकार करने से सामने वाला व्यक्ति का आधा क्रोध वैसे ही शांत हो जाता है। गलती होने पर सर्वप्रथम माता-पिता को बताएँ वे उस गलती को सुधारने की पूरी-पूरी कोशिश करेंगे वहीं, अन्य व्यक्ति तुम्हारी गलती से तुम्हारा लाभ उठाने की कोशिश करेंगे। सच बोलना और सच का साथ देना सिर्फ एक अच्छी आदत ही नहीं बल्कि यह जीने का सही तरीका भी है आजकल झूठ बोलना एक सामान्य आदत- सी बन गई है।

सब चाहते हैं कि बात अगर झूठ बोलकर बन सकती है तो सच बोलने का फायदा ही क्या है? सच बोलने का संबंध किसी नफा या नुकसान से नहीं है बल्कि जीवन शैली का यह अभिन्न अंग है। सच बोलने के कई फायदे हैं - सच बोलने वाले व्यक्ति का स्वभाव बहुत ही सरल होता है। ऐसे व्यक्ति संतोष के साथ जीवन यापन करता है और सेहतमंद जीवन जीता है। संतोषी होने के कारण जीवन की छोटी-छोटी खुशियों का भी आनंद ले पाता है। सच बोलने वाले लोग शांत और स्थिर मन के कारण प्रसन्नता का भी अनुभव करते हैं। इसका सबसे बड़ा लाभ यह होता है कि हमारे आत्मविश्वास में बढ़ोतरी होती है और हमें झूठ पकड़े जाने का डर भी नहीं सताता। लोग उन पर विश्वास करते हैं और सबसे बड़ी बात सच बोलने से खुद की नजरों में ऊपर उठते हैं और अपने काम में 100% दे सकते हैं।

सच और झूठ एक सिक्के के दो पहलू हैं। झूठ से जहां ढेरों चिंताएं मिलती हैं, वही सच का साथ देने से आत्मिक सुख मिलता है। अब यह आपका चुनाव होगा कि आप अपने लिए कैसे जीवन की चाहत रखते हैं - झूठ से हासिल की गई सुविधाओं से युक्त जीवन जिसमें संपन्नता तो हो सकती है लेकिन सुकून और सेहत नहीं या फिर सच से मिलने वाली शान और खुशहाल जिंदगी जिसमें भले ही संपन्नता ना हो लेकिन मन की अपार खुशी जरूर मौजूद होगी।

मीनाक्षी सिंह
हिंदी विभाग

संस्कृत साहित्य का महत्व

" साहित्य - संगीत - कला विहीनः साक्षात् पशुः पुच्छ - विषाण
हीनः "।

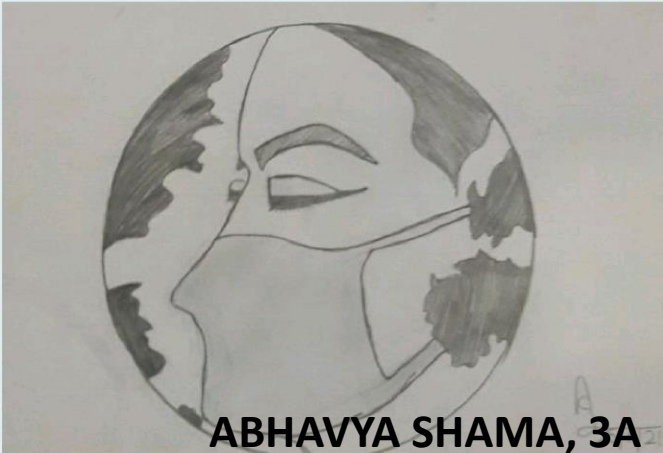
(अर्थात् - साहित्य - संगीत और कला से हीन पुरुष साक्षात्
पशु ही है जिसके पूँछ और सींग नहीं हैं) ।

संस्कृत हमारी सांस्कृतिक भाषा है । संसार की समस्त प्राचीनतम
भाषाओं में संस्कृत भाषा का सर्वोच्च स्थान है । सारी भारतीय भाषाओं
की उत्पत्ति संस्कृत से ही हुई है । विश्व साहित्य की प्रथम पुस्तक ऋग्वेद
संस्कृत में ही रची गई है । प्राचीन भारत में जितने साहित्य की रचना
हुई वह सब संस्कृत में ही हुई है । संस्कृत में अनेक धर्म - शास्त्र और
ग्रंथ हैं , उन सब का अध्ययन करने के लिए संस्कृत की आवश्यकता
पड़ती है । संस्कृत एक देव भाषा है और यह पूर्णता वैज्ञानिक भाषा भी है
। नासा के मुताबिक - संस्कृत धरती पर बोली जाने वाली सबसे स्पष्ट
भाषा है । संस्कृत पर अनेक शोध हो रहे हैं और संस्कृत में भी अनेक
शोध ग्रंथ है । कभी संस्कृत भाषा हमारे भारत की विरासत थी और
आज के परिदृश्य में हम देख सकते हैं कि इसकी क्या स्थिति है ? हम
भारत के लोग जिस पश्चिमी सभ्यता संस्कृति और साहित्य को
अपनाने में लगे हैं , वहाँ के लोग हमारी संस्कृति , सभ्यता और साहित्य
पर रिसर्च कर रहे हैं और अपनी सभ्यता और संस्कृति को मजबूत बना
रहे हैं । अतः हमलोगों की जिम्मदारी बनती है कि हमलोग अपने
विरासत को बचाएँ अथवा इसका संरक्षण करें वरना यह इतिहास के
पन्नों में ही दब कर रह जाएगी ।

रेणु कुमारी

संस्कृत विभाग

Reflections



ABHAVYA SHAMA, 3A



EKCHHA KUMARI, 5A

EKCHHA KUMARI, 5A



PAYAL SINHA, 3A



AYESHA KHAN, 5B



AYESHA KHAN, 5B

Reflections



SHRIYANSHI ANAND, 3A



BHARGAVI SRIVASTAVA, 5F



PRAKANSHI GUPTA, 5B



CLAY MODEL OF BRAIN- by
SHRISHTI, 5B

