

Vol.5, 2024-25

# Reflections

St. Karen's Collegiate School - Jaitipur, Bihta, Patna



With wings of  
wisdom,  
bold and wide,  
Karenites soar  
with strength  
and pride.

"A promise  
WE HOLD,  
a future we see,  
At St. Karen's,  
EVERY CHILD IS  
OUR PRIORITY."

### Vision

Our Vision at St. Karen's is to instill in our students a strong sense of self-belief and confidence and empower them to positively contribute to society and become active and responsible citizens of the country.



**St. Catherine of Siena**  
The Patron Saint of our School

### Mission

We strive to inculcate the basic human qualities such as respect, compassion, justice and integrity with a solid foundation of discipline and honesty that lead to a strong character.

Through our curriculum we endeavour to teach them 'Values that are Valued Forever' and to 'Shine to Outshine' with the true Karenite Spirit.

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## THE JOURNEY CONTINUES: Our School Year in Moments

Reflection is not just about looking back—it is about growing, evolving, and embracing change. It reminds us of the challenges we have overcome, the lessons we have learned, and the goals we continue to strive for. This magazine is a testament to our journey, a celebration of our efforts, and a beacon of inspiration for the path ahead.

Each activity undertaken this year reflects our commitment to becoming change-makers, innovators, and responsible global citizens. Reflection helps us see ourselves more clearly and serves as a reminder of our progress and the path ahead. Here we document key initiatives undertaken by our students and teachers, from environmental conservation efforts and community outreach programs to wellness campaigns and leadership development. Each article, story, and project featured brings to the fore those our shared vision of making a difference beyond the classroom.

This year, our school has actively embraced the United Nations Sustainable Development Goals (SDGs), integrating them into our academics, extracurricular activities, and community initiatives. As we reflect on our efforts, we remain committed to integrating sustainability into our curriculum and daily activities. Our school continues to empower students to be changemakers, ensuring that the SDGs are not just goals but a way of life.

Through Quality Education we ensured that education was accessible and meaningful for all. Interactive learning programs, digital literacy workshops, and peer mentoring sessions were the highlights. Our students led tree plantation drives, waste segregation initiatives, and awareness campaigns, reinforcing the importance of environmental stewardship

under Climate Action. Wellness workshops, mental health awareness sessions, and sports activities promoted a holistic approach to health, pointing to Good Health and Well-Being. Debates, leadership programs, and awareness campaigns encouraged inclusivity and equal opportunities signified Gender Equality. Water conservation projects and hygiene awareness programs educated students about sustainable water usage under Clean Water and Sanitation. A Zero Waste Initiative was introduced, encouraging recycling, composting, and upcycling projects. Students were motivated to create eco-friendly crafts, minimize food waste, and practice sustainable Consumption Habits. We collaborated with environmental organizations and social welfare groups to extend our impact. Community Service projects, fundraising events, and volunteer programs allowed students to actively contribute to meaningful causes.

Our efforts throughout the year demonstrate that small steps lead to significant change. Whether through awareness drives, creative projects, or hands-on activities, our school has embraced sustainability not just as a concept, but as a way of life. These experiences underscore the power of youth in shaping a better tomorrow.

From academic milestones and artistic expressions to social initiatives and sporting triumphs, "Reflections" serves as a canvas where every student, teacher, and mentor leaves an imprint.

We extend our heartfelt gratitude to everyone who contributed to making this edition a reality. May these pages inspire you, ignite your passion, and remind you of the boundless possibilities that lie ahead.

Happy Reading!

## From the Secretary's and Director's Desk



One idea. One girl. One big dream.  
"Oh, we can do it, if other people will help me.  
I think we can do it.  
I know we can do it." ALEX SCOTT!

**D.P. Galstam**  
Director, St. Karen's Group of Schools

**L.B. Galstam**  
Secretary, St. Karen's Group of Schools

Our dear Karenites,  
Big, Mike and I, sincerely hope that this little story of the little girl Alex Scott, will not only be of great interest to you, but greatly inspire you.

May it awaken the "Hero" within you.

**ALEX SCOTT**

Founder of Alex's Lemonade Stand

Eight-year-old Alex Scott opened what is arguably the most successful lemonade stand in history.

She was diagnosed with cancer before her first birthday.

It became the only life she knew. Sickness, Chemotherapy, Surgery.

When she was four, Alex asked to put a lemonade stand in her front yard. It was her idea. Not her parents'. Her.

She did not do it to buy a new doll, or even pay hospital bills. She told her parents that she wanted to give the money to the doctors so they could find a cure for all the other children diagnosed with paediatric cancer.

Again, her idea.

In a single day, Alex's Lemonade Stand raised two

thousand dollars. Soon other stands began popping up – all with Alex's name on them.

Every year, Alex went back into the summer sun to sell her lemonade. And so, did the others. Eventually, they raised two hundred thousand dollars.

On June 12, 2004, hundreds of lemonade stands opened in every state across the country – ordinary people selling water, sugar, and lemons to raise money for kids with cancer.

Nearly two months later, Alex passed away while her parents held her hands.

She was right.

Make no mistake: the one – million – dollar goal was surpassed. And before she died, Alex said the next year's goal should be five million.

Today her dreams have raised over \$45 million. And it's still going.

One idea. One girl. One big dream.  
"Oh, we can do it. If other people will help me.  
I think we can do it.  
I know we can do it." ALEX SCOTT!

## Message from Joint Director



The annual magazine also mirrors delightfully the joy of our Kindergarten troy tots that have been enrolled only last year. The sheer pleasure of seeing them happy and eager to come to school makes one aware and appreciate the efforts of our respected teachers.

**Edward Galstam**  
Joint Director



The annual magazine 'Reflections' is in a sense a mere check to all the happening and highlights of the school thought out the year.

These pages bring alive the essence of the school revealing very clearly that Collegiate School has done itself proud. The formidable academic results of Std – 10th and the acute attention and success in instilling among character traits in their students is apparent enough to state the obvious that St. Karen's Collegiate school has added Glory to the St. Karen's brand value.

All will agree that St. Karen's Collegiate school has taken great efforts to enrich the journey of its students in school. By its purposeful and meaningful exposure that covers almost all facets and gamut's of life necessary for a student's physical and mental growth that students of today require.

The annual magazine also mirrors delightfully the joy of our Kindergarten troy tots that have been enrolled only last year. The sheer pleasure of seeing them happy and eager to come to school makes one aware and appreciate the efforts of our respected teachers.

As part of the management I can safely and sincerely state that the Principal immeasurably has led from the front, very ably supported by her Co-ordinators Angela Anthony Mafai and her spirited teachers. Teaching is a relentless commitment to serve and St. Karen's Collegiate School has been dist of its efforts scaled high in such a short a time. They deserve our appreciation and accolades.

I would like to congratulate all the members of the editorial board for giving us a magazine that echoes with the immeasurable success of its students and the school body as a whole.

## Message from Academic Director



Each one of us has a great tenacity within to face life's curveballs. Let's keep our faces towards the sunshine and keep reflecting all its beautiful warmth and positive qualities, spreading optimism, kindness and inspiration to all those we meet.

**Sharon Galstann**  
Academic Director

Greetings to all at St Karen's Collegiate School! As the session draws to a close and another one is at its doorstep, it's a great time to **Reflect and Reinvest Ourselves**... remembering "What lies behind us and what lies before us are tiny matters compared to what lies within us" - Ralph Waldo Emerson.

Your annual magazine 'Reflections' is a true mirror of a journey of change over the past year. No doubt filled with numerous life-changing experiences, I'm sure if we sat down to read on each of them, we would all agree that each joy and each challenge we faced is a testament to the great power of perseverance that's shaping us into the people we are intent to be.

From our youngest kindergartners to our outgoing batch of SAILG, each smiling face and each poised expression have their own stories to tell as you will read about in the pages ahead. I look forward to

enjoying reliving them with you as I read about your accomplishments and adventures.

Hellen Keller in her book **The Open Door** writes "Life is either a daring adventure or nothing. To keep our faces toward change and believe like true spirits in the presence of fate is strength undefeatable."

Each one of us has a great tenacity within to face life's curveballs. Let's keep our faces towards the sunshine and keep reflecting all its beautiful warmth and positive qualities, spreading optimism, kindness and inspiration to all those we meet.

Signing off in the words of Cuddypay's Adventure of a Lifetime:

*Everything you want's a dream away  
Under the pressure, under the weight*

*We are diamonds taking shape...*

I wish you all great strength and great adventures!



## Message from Supervisor of Schools



**Ms. Shefali Srivastava**  
Supervisor of Schools

### The Mahakumbh of Learning: A Journey of Knowledge and Enlightenment

Dear Readers,

"Learning is the only pilgrimage where every step forward makes you lighter, not with less but with more—the weight of wisdom."

As I pen down my message for this year's edition of the magazine, I cannot resist sharing my profound experience of taking the holy dip at the Mahakumbh in Prayagraj.

Education is the foundation of progress, and what better way to celebrate its virtues than by comparing it to the grand spectacle of the Mahakumbh. Just as the Kumbh Mela unites millions in pursuit of spiritual awakening, the Mahakumbh of Learning brings together seekers of knowledge, fostering curiosity, wisdom, and enlightenment.

The journey to the Kumbh was long, tiring, and at times frustrating, yet it became a powerful lesson in resilience and patience. Even the smallest step toward our goal is significant. The ocean may be challenging, but when one remains focused on the destination, the hardships of the journey become immaterial. We have countless examples around us of students who faced despite limited resources—proving that determination and perseverance triumph over obstacles.

The tireless work of the administration and civil society in assisting devotees with compassion is truly commendable. I had the opportunity to interact with some of them, and many revealed that, despite being at the confluence for nearly a fortnight, they had not yet taken the sacred dip due to their demanding duty hours. Yes, they believed that helping devotees was their symbolic holy dip. What selfless

Step into this Mahakumbh with an open mind. Bathe in the river of wisdom, drink from the well of curiosity, and carry forward the torch of enlightenment. The journey of learning is endless, and every day is a new festival of knowledge.

service! This reminds me of all those who stand in our own journey of knowledge—the teachers, mentors, and guides—who put others before themselves.

As I immersed myself in the confluence of the three rivers, a deep realization dawned upon me: true learning requires surrender. The moment one believes they know enough, they cease to learn. Learning, much like the sacred dip at the Kumbh, is not about mere memorization but about immersion—immersion in questioning, exploring, and applying knowledge to life. A true learner does not merely accumulate facts but understands, analyzes, and innovates.

Surrendering to the river instantly rewards you with self-belief, allowing you to see the futility of ego and the I-know-it-all syndrome. Knowledge humbles us and fuels our thirst for more. The water soothes the flames of negativity, replacing them with the magnetic impact of positivity. As we navigate the vast ocean of knowledge, let us remember that its true essence lies not just in acquiring information but in applying wisdom for the betterment of society. Just as the Mahakumbh leaves a lasting spiritual impact, the Mahakumbh of Learning must inspire us to shape a brighter, more enlightened future.

And finally, the feeling of bliss. Just as spiritual awakening brings happiness, so does the use of knowledge for the upliftment of society—creating a better world for others. Any subject studied with the perspective of giving back to society brings a deeper understanding and allows knowledge to flow seamlessly.

To my dear readers, I say this: Step into this Mahakumbh with an open mind. Bathe in the river of wisdom, drink from the well of curiosity, and carry forward the torch of enlightenment. The journey of learning is endless, and every day is a new festival of knowledge.

This magazine is a true reflection of the kaleidoscope of experiential learning. Let us read more, experience more, write more, and understand more.

A heartfelt congratulations to the editorial team for bringing out this wonderful edition.

Happy Reading!





## A BOWL OF NOODLES FROM A STRANGER

From The Secretary's Desk  
Mrs. L. B. Galstam

That night, Sue quarrelled with her mother, then stormed out of the house. While enroute, she remembered that she did not have any money in her pocket, she did not even have enough coins to make a phone call home.

At the same time, she went through a noodle shop, picking up sweet fragrance, she suddenly felt very hungry. She wished for a bowl of noodles, but she had no money.

The seller saw her standing fidgeted before the counter and asked:

- > Hey little girl, you want to eat a bowl of noodles?
- > But... but I do not carry any money... she shyly replied.
- > Okay, I'll treat you – the seller said – come in, I will cook you a bowl.

A few minutes later the owner brought her a steaming bowl of noodles. She ate some, Sue cried.

- > What is it? – He asked.
- > Nothing. I am just touched by your kindness! – Sue said as she wiped her tears.
- > Even a stranger on the street gives me a bowl of noodles, and my mother, after a quarrel, chased me out of the house. She is cruel!

The seller sighed:

- > Girl why do you think so? Think again. I only gave you a bowl of noodles and you felt that way. Your mother had raised you since you were little, why were you not grateful and disobeyed your mom?

Sue was really surprised after hearing that.

"Why did I not think of that? A bowl of noodles from a stranger made me feel indebted, and my mother has raised me since I was little and I have never felt so, ever a little."

On the way home, Sue thought in her head what she would say to her mother when she arrives home: "Mom I'm sorry. I know it is my fault, please forgive me..."

Once up the steps, Sue saw her mother worried and kind of looking for her everywhere. Upon seeing Sue, her mother gently said "Sue, come inside honey. You are probably very hungry? I cooked rice and prepared the meal already, come eat while it is still hot..."

Not able to control any longer, Sue cried in her mother's hand.

### REFLECTION:

In life, it is sometimes easy to appreciate the small actions of some people around us, but for the relatives, especially parents, we see their sacrifices as a matter of natural...

Parental love and concern are the most precious gifts we have been given since birth.

Parents do not expect us to pay back for nurturing us... but have we ever appreciated or rewarded the unconditional sacrifice of our parents?

It's time we pondered on the spontaneous love and concern they as parents and teachers have bestowed upon us over the years. In turn we should express our appreciation and gratitude to them. And thank God for His goodness in bringing such people into our lives.

I hope this story will be an inspiration for all our children.

I graciously invoke God's Blessings upon you. May you continue to be ideal students and a boon to your teachers and parents.



Dr. Manisha Lall  
Principal

## From the Principal's Desk

We believe in lighting the spark not just filling minds with information, but kindling the fire of curiosity, purpose, and passion. Our children are not empty vessels to be filled, but glowing embers waiting for that touch of inspiration to shine brightly.

"Imagination is more important than knowledge. For while knowledge defines all we currently know and understand, imagination points to all we might yet discover and create."  
— Albert Einstein

A school is indeed a world in miniature — a vibrant space where young minds are shaped, dreams take flight, and the foundation for life is laid. It is here that we first learn to accept challenges, face competition with courage, rise after a fall, and celebrate our triumphs with humility. At St. Kateri Collegiate School, we believe that education is not merely the acquisition of knowledge but the awakening of curiosity, creativity, and character.

Guided by our motto, "Labour Reaps Reward," we instill in our students the value of consistent effort, integrity, and perseverance. We believe that success is not a destination but a journey — a result of dedicated work, learning from failures, and moving forward with resilience. Every child is encouraged to work hard, believe in their dreams, and trust that sincere effort never goes unrewarded.

It brings me immense pride and joy to witness our students give voice to their thoughts and ideas in this edition of Reflections. Each page of this magazine is a testimony to their boundless imagination, creativity, and sincerity. It also

reflects the tireless dedication of our teachers, who work as facilitators, mentors, and guides — providing personalized attention and nurturing the unique potential of every child.

In today's fast-evolving world, the role of education extends far beyond textbooks and exams. It is about preparing our students to be lifelong learners, critical thinkers, and compassionate global citizens. While academic excellence remains a core focus, equal emphasis is placed on cultivating resilience, independence, empathy, and leadership.

We believe in lighting the spark — not just filling minds with information, but kindling the fire of curiosity, purpose, and passion. Our children are not empty vessels to be filled, but glowing embers waiting for that touch of inspiration to shine brightly.

As you turn the pages of Reflections 2024-25, I hope you feel the heartbeat of our school — the laughter, the learning, the hope of imagination, and the joy of becoming. May this edition celebrate the spirit of our school and may it continue to inspire all who read it.

Let us, as a united community of educators, parents, and learners, continue to nurture the leaders, dreamers, and changemakers of tomorrow — with heart, with hope, and with unswerving dedication.



## INVESTITURE CEREMONY

The investiture ceremony at St. Karen's Collegiate School for the 2024-2025 session was a remarkable occasion, where distinguished students and teachers were entrusted with leadership roles, marking an important chapter in our academic journey. Our Chief Guest, Dr. Anuradha Sen, Associate Professor in the English Department at A.N. College, Patna, along with our Guest of Honour, the Director of St. Karen's Group of Schools, Mr. D. P. Gaudin, Supervisor Mrs. Shobha Srivastava, our Principal, Dr. Manisha Lall, and Academic Coordinator, Ms. Angela Anthony from St. Karen's Collegiate School and Mrs. Deepa Bhat from St. Karen's Monastery School, graced the event with their esteemed presence.

The ceremony began on a positive note as



our choir filled the atmosphere with harmonious tunes that fostered a spirit of unity. This was followed by the formal presentation of badges to house mastermies, school guidance counsellors, discipline action committee members, school editorial board members, and department heads. The steady rhythms of the march past, led by our Principal and House Moderators, showcased the unity and collective spirit of our students and continued with the hoisting of the school flag along with house flags, each representing the values upheld by our school.

During this solemn investiture, a candle march symbolized the illuminating power of knowledge and wisdom guiding the journey of leadership. The highlight of the ceremony was the presentation of badges to our newly appointed office bearers, followed by the oath-taking led by our Principal. The heartfelt words shared by our honoured guests encouraged students to uphold the highest values in Karmite, inspiring them always to "Shine in Outline." The event concluded with sincere thanks to everyone who contributed to its success, including teachers, parents, and students.



*"True action emerges not merely from ideas, but from the willingness to take accountability."*

## MESSAGE FROM THE STUDENTS COUNCIL



Swapnil Thakur  
Head Boy

Standing at the crossroads of nostalgia and new beginnings, I can't help but reflect on the incredible journey we've had at St. Karen's. From the first nervous steps through these gates to the confident strides we take today, this school has been more than just a place of learning—it's been a second home.

The corridors echo with laughter, the classrooms hold stories of growth, and the friendships we've built here are bonds that will last a lifetime. Every lesson, every challenge, and every victory—big or small—has shaped us into who we are. To our teachers, our guiding lights, and to our Principal, the backbone of this institution, thank you for believing in us and pushing us to be our best.

Serving as the Head Boy was not just a title but an experience that redefined leadership for me—about listening, supporting, and growing together. As we step beyond these walls, let's carry forward the values, resilience, and memories that will forever be us to this place.

This isn't just goodbye; it's a new beginning. St. Karen's will always be a part of us, and no matter where life takes us, we will strive to make it proud.



Alshba Nasid  
Head Girl

Being a Karmite means becoming a brave fighter and large part of my life belongs to these grounds of St. Karen's Collegiate School. This school showed me the real essence of what it takes to shine the brightest. St. Karen's became the arena for me when I could experiment with my potential. With each stroke, I discovered more of myself and learned to create something beautiful from every experience. My school taught me to be resilient, to learn from failure, and to embrace every new opportunity that comes my way. One such momentous opportunity was becoming the Head Girl. This journey was evergreen alone—it was a shared effort, made possible by the unwavering support of an incredible team of council members and of course, the Head Boy, Swapnil Thakur. Working alongside them taught me the importance of valuing every piece of advice, every perspective, and every voice, and for that, I am truly grateful for the nurturing atmosphere created by our Principal Ma'am, where we were encouraged to share our challenges openly and are guided with wisdom at every step. All the countless events, competitions and special assemblies shaped me into a better version of myself.

The biggest challenge of this responsibility as a leader is that while you do your service to your post, you will have to manage your priorities, so learn to balance both academics and extra-curricular activities with effective time management.

Now lastly, I thank the Student Council In-charge, Shabha Misra for her support and guidance and all for giving me the honour of serving you as your Head Girl. As I culminate my journey being the head girl, being a student of St. Karen's, I offer my sincere and honest gratitude to my school for shaping me into the person I am today.



Leadership is the capacity to translate vision into reality.<sup>8</sup> With this inspiring thought in mind, the Inauguration Ceremony for the Monitor was held on 16th and 19th April, 2024, for students from Classes UKG to 10. The ceremony was organized to formally assign leadership roles to the students, entrusting them with the responsibility of upholding discipline and integrity within the school.

The seven began with the impressive march of the prospective leaders, who walked confidently, symbolizing their readiness to take on their new roles. Each class member then shared their class goals, outlining their vision for fostering a positive and disciplined environment. Additionally, the representatives from each class proudly presented the seven core characteristics of a KARENITE, embodying the values the school upholds.

The highlight of the ceremony was the administration of the oath by our esteemed Principal, Dr. Manisha Lali Maham, who imparted the importance of leadership and responsibility to the young leaders. This was followed by the ceremonial pinning of the umbrellas, marking the official beginning of their leadership journey.

The ceremony was a proud moment for both the students and the school, setting the tone for the leadership roles that would guide the school community in the coming year.



Abhinav Bharti



Mansi Kashyap  
9004



Unkarsolus  
2% - 4%



Aditya Sharma  
PG 2nd



Mansi Kashyap  
English (9894)



Ansh Kumar Pandey  
Vagstad (1994)



Priya Karmari  
Hindi (90%)

Shirali Shree  
Math (2006)

**Aakriti Kumari**  
Science (95%)

Utkarsha  
Science (99%)Petya Mishra Kumar  
Social Sciences (2020)Khust Hall  
Social Sciences (9984)

Sadiya Imami  
Social Sciences, CPA

Soumya Shree  
Social Science (99%)Naïrik Sough  
Social Scientist (1989a)Priyansha Kumar  
AI (2999)Abhinav Bhatt  
AI (99%)Pyruvic Anhydride  
A1 (99%)



## FELICITATION CEREMONY FOR STD. 10 TOPPERS

“**E**xcellence is the gradual result of continuously striving to improve through dedicated effort, consistency, and selfless execution.” It was a moment of immense pride and exhilaration as we celebrated the remarkable achievements of our inaugural batch in the CBSE Class 10 Board Examinations. To honour the students’ exceptional performances, a Felicitation Ceremony was held on May 16, 2024.

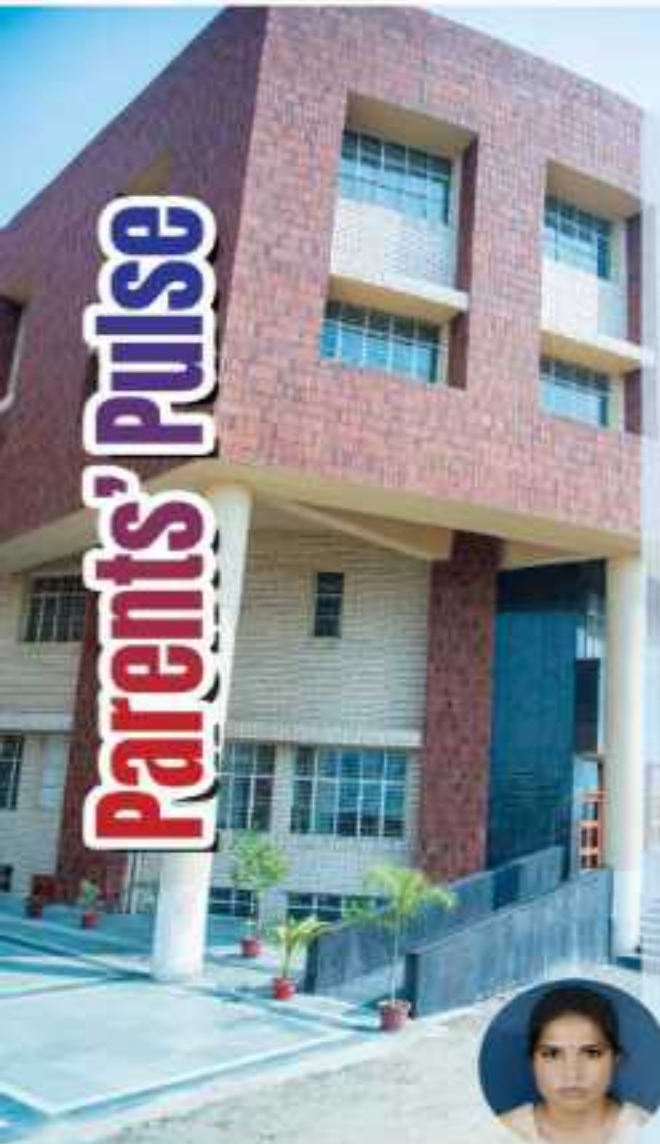
In the esteemed presence of our Chief Guest, Dr. Shankar A. Dutt, and Guest of Honour, Dr. Manisha Sanki, alongside our Principal, Dr. Manisha Lall, certificates and mementos were presented to our school’s top achievers.



Abhinav Bharti and Manvi Kachhap claimed the top spot with an impressive 96% score, followed closely by Utkarsha with 95.4% and Aditya Sharma with 95.2%. Awards were also bestowed upon our subject toppers, as well as other distinguished achievers who attained marks above 90%.

The ceremony commenced with a luminous welcome song by the school choir, followed by captivating dance performances by our talented students. The presence of proud parents and dedicated faculty members contributed significantly to the event’s success, making it a truly memorable celebration.





**I**, Dr. Vibha Chaudhan, Mother of Siya Chaudhan (SB), want to express my appreciation for the incredible impact St. Karen's Collegiate School, its teachers, and mentors had on my child's life. I've seen my child blossom under your guidance. You've nurtured their academic curiosity, encouraged them to ask questions, and sparked a love for learning that I hope will last a lifetime.

Beyond the textbooks and tests, you've taught them invaluable life lessons about resilience, kindness, and the importance of trying again after setbacks. These lessons will stay with them far beyond the classroom. You also noticed the positive changes in their confidence and self-esteem.

They're eager to participate, to express their ideas, and to take on new challenges with an open heart. You've created an environment where they feel safe, respected, and encouraged to be themselves. As a parent, nothing is more reassuring than knowing your child is in a space where they are valued for who they are, not just what they can achieve. It's clear that you care deeply about each student and go above and beyond to ensure that they're not just learning but growing into thoughtful, compassionate individuals. You've had a profound influence on my child's development, and for that, I will always be grateful.

Thank you for all the hard work, patience, and love you put into teaching. Your gift has shaped my child's future in ways that words can't fully capture. We feel so lucky and blessed to have you on their educational journey.

My heartfelt gratitude to the teachers and the school management.

**Dr. Vibha Chaudhan,  
Mother of Siya Chaudhan (SB-B)**



**I**, Anil K. Roy, parent of Aditi Roy (Class 5-A), wanted to take a moment to express my heartfelt appreciation and gratitude for your exceptional dedication, care, and teaching efforts towards my child, Aditi.

I have seen since the moment my child entered into this school St. Karen's Collegiate, she has prospered in her studies and all other extra-curricular activities is truly appreciable.

I wanted to specifically mention the teachers of St. Karen's Collegiate for guiding my child in every field either it is academics or other activities.

I also wanted to thank authorities of St. Karen's Collegiate for creating such a warm and inclusive environment that has made my child's educational experience truly enjoyable.

I have seen my child's love for learning flourish under your guidance.

Thank you for your love and support towards my ward Aditi. It means a lot.

**Anil K. Roy, Parent of Aditi Roy (V-A)**



*Our take on role of St. Karen's Collegiate School in our child's development*

**B**eing a concerned parent, choosing the right school for our son Abhad was always top on our mind, and we are grateful for the nurturing environment at St. Karen's Collegiate School that supported his holistic growth. The affectionate and consistent approach of dedicated teachers helped him nurture his curricular skills as well as warmth shown by non-teaching staff helped him feel comfortable in the school. Beyond academics, the school fostered creativity, curiosity, and critical thinking through project-based learning by providing relevant platform. Extracurriculars like sports, and drama boosted his confidence, while community involvement taught him social responsibility. Abhad participated in extracurricular activities and brought laurels for the school as well. This school has shaped my son into a confident, compassionate individual, prepared for life's challenges. Our humble thanks to the founders of "St. Karen's Collegiate School" as well as all the staff.

**Parents of  
Abhad Bin Tanist, VI-F**



**I**t is a great pleasure for me to write about the changes in my ward from the previous year. I would begin with self-discipline which is considered the strongest pillar of life. It is followed by a series of beneficial habits. One of which is self-study, a boon for both students and parents. I deplore the scarcity of the student towards his/her education.

In these minute observations, I noticed some major positive aspects of the school and teachers. An outstanding fact is that no exaggeration is made for any student. Rather than giving high grades to promote students, the system is appropriate. Apart from this, I have also noticed that as pupils are reaching a confusing age, the teachers are always concerned for their all-round development.

In a nutshell, throughout the year there have been many positive changes in both, my ward as well as the management for which I am deeply thankful.

**G.P. Pandey Parent of  
Vansh Pandey, VII-F**



**A**s a parent of Anil Singh, a student of Standard 7C at St. Karen's Collegiate School, I am very pleased with the PTMs and overall management. The PTMs are well-organized, offering valuable insights into my child's progress, and the teachers are dedicated to each student's growth.



The management is responsive, maintaining a safe and nurturing environment while keeping parents informed about the school activities and encouraging students to explore their interests and develop new skills. Overall, St. Karen's Collegiate School excels in academic excellence and holistic development, making it an ideal learning environment for my child's success.

**Anand Singh Parent of Anil Singh, VII-C)**

# KARENITE ACE AWARDS

In a landmark event that etched a new chapter in the history of the St. Karen's Group of Schools, the first-ever ACE Awards were held with grandeur and glory on the 5th of April 2025. Conceptualized to Acknowledge, Celebrate, and Encourage the exceptional achievements of students, this prestigious initiative was a resounding success—one that will be cherished for years to come.

The ACE Awards shone a spotlight on students who have not only excelled in their respective domains but also embodied the values and ethos that the institution stands for.

Hosted with great enthusiasm by St. Karen's High School, the ceremony brought together the three vibrant branches of the group—St. Karen's High School, St. Karen's Secondary School and St. Karen's Collegiate School—under one roof, in a heartfelt tribute to the student excellence across academics, sports, arts, leadership, and character.

The auditorium echoed with the cheers as proud students took to the stage, their eyes gleaming with pride and gratitude. Teachers, parents, and peers witnessed not just a ceremony—but a celebration of diverse efforts and achievements.



| Winners of the ACE Awards 2025 |        |
|--------------------------------|--------|
| Academic Excellence            |        |
| Ahna Firdous                   | VIII-B |
| Akshat Arant                   | IX-C   |
| Anushi Raj                     | VI-F   |
| Pragati Kumari                 | VII-A  |
| Sports Person of the Year      |        |
| Pratik Kumar                   | IX-D   |
| Holistic Excellence            |        |
| Ananya Sharma                  | IV-A   |
| Parth                          | III-B  |
| Aparna Shree                   | IX-C   |
| Goodwill Ambassador            |        |
| Azila Fatima                   | IX-D   |
| Leadership Potential           |        |
| Arsh Abhishek                  | IX-D   |
| Visual and Performing Arts     |        |
| Elchha Singh                   | IX-E   |



The ACE Awards 2025 has set the tone for a culture of recognition that nurtures and uplifts young minds. It stands as a testament to St. Karen's unwavering commitment to fostering brilliance in every child—not just as students, but as future leaders, artists, athletes, and compassionate individuals.



# Achievement



**NAME:** ENCHING  
**STD:** - 9<sup>th</sup>  
PARTICIPATED IN SARAN  
PRIDE SASTHA  
SHAKELAM IN THE INTER  
SCHOOL COMPETITION  
(SASTHA) AND WON  
SILVER PRIZE



**NAME:** JANA ANWAR  
**STD:** - 8<sup>th</sup>  
PARTICIPATED IN SARAN  
PRIDE SASTHA  
SHAKELAM IN THE  
INTER SCHOOL COMPETITION  
(SASTHA) AND WON  
SILVER PRIZE



**NAME:** ANSHU KUMAR  
**STD:** - 8<sup>th</sup>  
PARTICIPATED IN SARAN  
PRIDE SASTHA  
SHAKELAM IN THE  
INTER SCHOOL COMPETITION  
(SASTHA) AND WON  
SILVER PRIZE



**NAME:** ANSHU KUMAR  
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PARTICIPATED IN SARAN  
PRIDE SASTHA  
SHAKELAM IN THE  
INTER SCHOOL COMPETITION  
(SASTHA) AND WON  
SILVER PRIZE



**NAME:** PULKA PRAKASH  
**STD:** - 8<sup>th</sup>  
PARTICIPATED IN SARAN  
PRIDE SASTHA  
SHAKELAM IN THE  
INTER SCHOOL COMPETITION  
(SASTHA) AND WON  
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**NAME:** PULKA PRAKASH  
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PRIDE SASTHA  
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INTER SCHOOL COMPETITION  
(SASTHA) AND WON  
SILVER PRIZE

## INTER SCHOOL CULTURAL FEST

**NAME:** PULKA PRAKASH  
**STD:** - 8<sup>th</sup>  
PARTICIPATED IN SARAN  
PRIDE SASTHA  
SHAKELAM IN THE  
INTER SCHOOL COMPETITION  
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SILVER PRIZE



## ST. KAREN'S COLLEGIATE SCHOOL, PATNA SOF RECORD OF AWARDEES

*Congratulations*



The SOF is an international organization that conducts world level Olympiads for the students to provide a platform to enhance their reasoning and problem solving skills. We encourage our students to participate in these Olympiads to help them develop their logical thinking and improve speed & accuracy through a better understanding of the concepts.

The following children were awarded with Medals and Certificates for their extraordinary performance in SOF OLYMPIADS 2024-25:

### IEO (ENGLISH) Gold Medal of Excellence

|                 |        |
|-----------------|--------|
| Divyanshu Raj   | II-A   |
| Siya Chaudhary  | III-B  |
| Sona Choudhary  | VI-A   |
| Shreya Jaiswal  | VI-H   |
| Sarvesh Kumar   | VI-H   |
| Aarya           | VII-B  |
| Amit Singh      | VII-C  |
| Ashika Prasad   | VII-D  |
| Netra Narayan   | VIII-E |
| Hanisha Prakash | IX-C   |

### IGNO (G.K.) Gold Medal of Excellence

|                |      |
|----------------|------|
| Aashay Singh   | V-B  |
| Shubham Kumar  | VI-C |
| Himanshu Raj   | VI-D |
| Abhishek Singh | VI-F |

### NSO (SCIENCE) Gold Medal of Excellence

|                          |        |
|--------------------------|--------|
| Aayush Raj               | IV-A   |
| Prayush Raj              | IV-A   |
| Aayush Singh             | IV-A   |
| Md. Zayan Shalwan        | IV-A   |
| Rishabh Raj              | VI-E   |
| Yash Raj                 | VI-E   |
| Sunil Raj                | VI-F   |
| Anish Mishra             | VI-F   |
| Anish Kumar              | VII-A  |
| Saurav Kumar Thapa       | VII-A  |
| Pragati Kumar            | VII-A  |
| Avi Kumar                | VIII-E |
| Siddhant Sarraf          | VIII-F |
| Ansh Raj Singh Chaudhary | VIII-F |
| Kumar Vivek              | IX-C   |
| Aayush Shree             | IX-C   |

|                   |      |
|-------------------|------|
| Akshay            | IX-D |
| Aayush            | IX-D |
| Ravi Raj          | IX-D |
| Aditya Tiwari     | X-D  |
| Aayush Kumar Yash | X-C  |
| Shubham Kumar     | X-D  |
| Swapnil Sarraf    | X-E  |

### IMO (MATHS) Gold Medal of Excellence

|                     |       |
|---------------------|-------|
| Swati Sharma        | I-A   |
| Shreyanshi Kumar    | I-A   |
| Kartik Singh        | I-A   |
| Hanisha Kumar       | II-B  |
| Aakriti Kumar Singh | II-B  |
| Aakriti Kumar       | II-A  |
| Krishna Bharti      | III-A |
| Kartavya Maurya     | III-A |
| Aayush Yadav        | III-A |

### SSO (SOCIAL STUDIES) Gold Medal of Distinction

|               |       |
|---------------|-------|
| Sankar Vam    | III-A |
| Sudhanshu Raj | III-A |
| Virat Anand   | IV-A  |
| Mayank Kumar  | IV-A  |
| Pawan Raj     | IV-A  |

|               |       |
|---------------|-------|
| Abhinav Singh | V-A   |
| Sarvesh Raj   | V-B   |
| Shubham Kumar | V-A   |
| Umar Shukla   | VI-E  |
| Laksh Kumar   | VI-B  |
| Afroz Javed   | VI-B  |
| Ayush Kumar   | VII-E |
| Dishant       | VII-B |
| Aayush Raj    | VII-A |
| Hammad        | VII-B |
| Wah Raj       | VII-E |
| Mohit Nandan  | VII-E |

|                  |       |
|------------------|-------|
| Swati Bharti     | VII-F |
| Smit Kumar Yadav | VII-G |
| Smit             | VII-G |

### Gold Medal of Excellence

|                   |        |
|-------------------|--------|
| Hanisha           | VIII-B |
| Rashika           | VIII-C |
| Swarnim Sarraf    | VIII-F |
| Harjet Singh      | VIII-F |
| Vallabh Raj       | IX-B   |
| Aayush            | IX-D   |
| Ravi Raj          | IX-D   |
| Aayush Srivastava | IX-E   |
| Aditya Tiwari     | X-D    |
| Isha Kishore      | X-E    |
| Aayush Kumar      | X-E    |
| Swapnil Sarraf    | X-E    |

### Gold Medal of Distinction

|                     |       |
|---------------------|-------|
| Parth               | III-B |
| Laksh Kumar         | VI-B  |
| Aayush Kumar Prasad | VI-B  |
| Gourav Raj          | VI-B  |

### Gold Medal of Excellence

|                |        |
|----------------|--------|
| Priyam         | VI-C   |
| Shubham Kumar  | VI-C   |
| Shreya Singh   | VI-H   |
| Rishi Kumar    | VII-A  |
| Aayush Gupta   | VII-B  |
| Hanisha Bharti | VII-B  |
| Alina Priyanka | VIII-B |
| Aayush Raj     | IX-A   |
| Abhishek Anand | IX-C   |
| Shubham        | IX-C   |
| Dhruv Mishra   | X-E    |

## "EMBARKING ON A RADIANT NEW CHAPTER"

WELCOMING UKG TO  
OUR SCHOOL IN APRIL 2024



**I**t is with immense pride and boundless anticipation that we unveiled the latest addition to our academic repertoire — the inauguration of the Upper Kindergarten (UKG) section in Bilita from April 2024.

This exciting expansion marks a new chapter in our commitment to nurturing young minds from their very first steps into the world of learning. Our UKG program has been meticulously crafted to cultivate a stimulating, secure, and joy-infused environment where inquisitive minds are kindled and young imaginations take flight. It is a place where curiosity blossoms, creativity flourishes, and every child's individuality is celebrated.

With a curriculum rooted in play-based learning and enriched with the best practices in early childhood education, our UKG classroom is a sanctuary of discovery. Our dedicated team of early educators guide our little learners through a wonderland of stories, colors, music, movement, and foundational skills that set the stage for lifelong learning.

Since its launch, the UKG section has seen remarkable participation and enthusiasm from both the students and the parents. The early feedback has been overwhelmingly positive, affirming our commitment to excellence in early childhood education.

We are proud to continue shaping the young learners into confident, compassionate individuals ready to take on the world. The UKG inauguration of 2024 was just the beginning—and the best is yet to come!

Welcome to a world where learning begins with love!



*"Every moment is a fresh beginning."*

**T**he session started on 1<sup>st</sup> April, 2024 with the WELCOMING of students by the teachers. The atmosphere was electrifying as with students and teachers beamed with excitement. Students were given cute badges and chocolates by their respective teachers.

Some fun activities like songs, crazy claps, find a friend and ice breaking activity were designed to familiarize the students with the environment. These fun activities helped students to become comfortable with their new classmates.

Students were excited meeting old friends and making new during recess time.

Not only these students introduced themselves and shared their first day's experience. They got cute pencil poppers as a gift.





*Exceeds Learning  
Expectations*



*Meets Learning  
Expectations*



*Progressing Towards  
Learning*



*Need More  
Nurturing*

## HOLISTIC REPORT CARD

The Progress Report card at St. Karen's Collegiate School facilitates lucid communication between teachers, students, and parents, ensuring that everyone is informed about the student's progress. It aligns with the National Curriculum Framework (NCF) 2005 and meets the curricular goals and competencies.

It is a powerful tool for improving student learning outcomes and promoting overall educational development.

All about Me column provides a comprehensive picture of students' personal details and a unique insight of their interests, thoughts and experiences.

The self-assessment column helps students to reflect on their own learning, set goals, and identify areas for improvement.

Peer Assessment provides genuine feedback on life skills such as teamwork, communication, and problem-solving.

Parent feedback provides an opportunity for the two-way communication between parents and teachers, helping to identify learning gaps and areas where the students need additional support from the teachers as well as parents.

It also shares information about the child's learning habits and emotions at home giving a clear picture of child's emotional and social development.

Moreover, the card uses Standards-based grading, where students are assessed on their mastery of specific standards and competencies, showing students' advancements, allowing them to grow through the curriculum at their own pace.

Overall, the Progress Report serves as an individualized and holistic reflection of a student's academic and personal growth. It provides meaningful insights into their strengths, challenges, and specific areas that require focused support, enabling a more tailored approach to their overall development.



## A Leap Forward

On the 6<sup>th</sup> of March, 2025, St. Karen's Collegiate School marked a joyous milestone — the graduation ceremony of the UKG students, aptly titled "A Leap Forward." The atmosphere was filled with excitement and pride as the young graduates, dressed in their finest, gathered in Sequoia Hall for an unforgettable celebration.

The event commenced with a warm welcome by our Principal Miam, who congratulated the children on reaching this important milestone and encouraged them to keep dreaming big and striving for excellence. The school choir followed with a heartwarming song performance, setting a celebratory tone for the morning.

One of the most cherished moments of the ceremony was the conferment of special titles to each UKG graduate, recognizing their individual talents and qualities. Titles such as Junior Scholars, Little Genies, and Young Achievers celebrated the uniqueness of every child. This was followed by the awarding of graduation certificates, a proud moment for the students, teachers, and parents alike.

The celebrations continued with lively dance and musical performances by the students, showcasing their talents and joy. Their energy and enthusiasm lit up the stage, winning hearts and applause from the audience.

The event concluded with a delightful photo session, capturing memories of this special day — a day that marked not just an end, but a beautiful beginning in the learning journey of our young stars.

Indeed, these little leaps were taken with big dreams.



# Special Assemblies

Special Assemblies play a very important role in a school, inasmuch as they provide a platform to the students to showcase their unique skills and inculcate respect, gratitude, a sense of responsibility, team spirit, and a better understanding of their culture & values. These help the students to learn about their traditional festivals and appreciate their cultural diversity, creating an inclusive environment that empowers the students to develop a sense of respect for their country.

The year 2024-25 was dedicated to the Sustainable Development Goals (SDGs) under the BHOOMI Initiative which aimed at cultivating a sense of responsibility for the planet Earth in our students. As a result, a number of special assemblies were conducted on various important days which not only included topics related to

the Sustainable Development Goals but also addressed the important social issues and concerns. Our special assemblies enabled the students to acknowledge their responsibilities towards their peers, the school and the society, developing essential social skills, building social barriers and making them more better humans. These special assemblies included the important celebrations of national importance such as Ambedkar Jayanti, Independence Day, Gandhi Jayanti and Republic Day and other important days related to conservation of our planet Earth and its resources, the important festivals as well as our social responsibilities through World Heritage Day and Jay of Ganga week. Through these assemblies our students were enabled to develop a positive association with their peers, broaden their perspectives and gain from a wide personal growth.







# Earth Day



## कारगिल विजय दिवस एवं हिंदी कविता वाचन प्रतियोगिता

“दूर करी अपने घर से वह  
रक्त की शिकायत करता है,  
अपनी माँ को अकेला छोड़  
वह भारत माँ की रक्षा करता है”

कारगिल विजय दिवस हमारे लिए प्रेरणा का स्रोत है। यह हमारे और सैनिकों की अटूट सहानुभूति और देशप्रेम को याद कराने का अवसर है। यह हमें सिखाता है कि देश की रक्षा के लिए हम भारतीय को तैयार रहना चाहिए, ताकि हम अपने और सैनिकों के कष्टमय को ध्यान न जाने दें। इस उपलक्ष्य पर 26 जुलाई कारगिल विजय दिवस को याद करते हुए हिंदी कविता वाचन प्रतियोगिता का आयोजन भी किया गया था। कविता वाचन के दौरान छात्रों ने पूरे जोश और गर्व के साथ अपनी कविता को प्रस्तुति की। कविता की हर पंक्ति सैनिकों की शौरता को कहानी क्यों बन रही थी। प्रस्तुतकर्ता कक्षा-7 के आदित्य और अनुभव ने अपनी अभिरक्षा के अंश से कार्यक्रम का जादू मशीन बना दिया। प्रतियोगिता के अंत में को-ऑर्डिनेटर महोदयों के द्वारा बच्चों का उत्साह बढ़ाते हुए विजेताओं को प्रमाणपत्र प्रदान किया गया। सभी प्रतियोगियों को भी सम्मानित किया गया ताकि वे अपने प्रयासों के प्रति गर्व महसूस करें।

### परिणाम

|                                  |
|----------------------------------|
| प्रथम पुरस्कार                   |
| अंजलिता IV-C                     |
| दूसरा पुरस्कार                   |
| अंशुषा IV-B, अर्पिता नंदिनी IV-B |
| तृतीय पुरस्कार पार्थ III-B       |



# Independence Day

## LABOUR Day



SPECIAL ASSEMBLIES



Friendship Day



Gandhi Jayanti



NATIONAL SPORTS DAY





## Culture and Cuisine of India

Capturing the essence of its vast cultural mosaic in various ways, Students of STD 6 & 7 actively participated, setting up stalls and displays representing different states and their iconic dishes. The program started with the lamp lighting ceremony, followed by a welcome message by the Principal Ma'am. The inclusive song, dance and a parade in traditional attire by the students were appreciated by one and all. Nisha Min from SKHS and Dhruv Kumar Sin from SKSS were the esteemed judges. They appreciated the colourful



## Incredible India

A tapestry of cultures and cuisines  
"Strength lies in differences, not in similarities"  
-Stephen R. Covey

A land which is known, not only for its immense beauty, history, and cultural diversity but also for its vibrant colors, traditional values, and progressive strides is none other than our country, India. The tagline "Incredible India" fittingly encapsulates the country's essence, inviting the world to explore its countless wonders. Today's India is a blend of tradition and technology. This was reflected in the warmth of the students and S. Sr teachers of St. Karen's Collegiate School on 25.10.24 when they organized a vibrant and insightful exhibition titled "Incredible India: A Tapestry of Cultural Heritage and Cuisine." The event aimed to showcase the diverse culinary heritage of India,

displays, artifacts, models, traditional items and the diverse regional cuisines symbolizing each state. This experience fostered a deep understanding of India's cultural diversity and history.

The 'note of thanks' was proposed by the school coordinator, Angela Ma'am. The event was very well anchored by the students of STD-VI.

**Winners**

**Class VI**

1<sup>st</sup> VI-A Jannu and Katharu

2<sup>nd</sup> VI-D Tamil Nadu

3<sup>rd</sup> VI-C Gujarat

**Class VII**

1<sup>st</sup> VII-B Bihar

2<sup>nd</sup> VII-A Rajasthan

3<sup>rd</sup> VII-C Goa &

VII-F Karnataka



## Social Science Model Presentation

The Social Studies Model Making event held in School Hall on 2<sup>nd</sup> August, 2024 aimed to enhance students' understanding of social studies concepts through the creative expression and hands-on learning. Participants showcased their models representing various themes such as geography, culture, history, and economics. The social studies teacher tried to promote active learning along with teamwork and collaboration among students.

The competition saw enthusiastic participation from the students across different grades 6 & 7. A total of 30 teams took part, with each team comprising four students. The models created varied widely in theme and complexity, reflecting the diverse interests of the participants.

The students presented models on topics including local history, environmental issues, cultural diversity, and historical events.

Models were evaluated based on creativity, accuracy, presentation, and teamwork.

Winners were awarded certificates along with the special recognition for innovative ideas and informative presentations. Through this competition students collaborated to brainstorm ideas, design their models, and present them effectively.

Our Principal Ma'am declared the event as a resounding success as it achieved most of its objectives of promoting learning and engagement in social studies.





### Interactive Session with Ms. Devopriya Dutta

*"The Earth does not belong to us;  
we belong to the Earth"*

—Marceline Sarabbi

**E**nvironmental awareness took centre stage on July 15, 2024 at St. Karen's Collegiate School in Bilipta, Patna, with an interactive session by Ms. Devopriya Dutta, the UN Coordinator of Tarumitra Ashram. The event was organized for the students of Std. 8 to 10. Commencing with the symbolic act of watering a plant, the event set out to inspire students with hands-on approaches to environmental care. Ms. Dutta engaged the students in discussions about composting, rainwater harvesting, and sustainable development. She shared insights into these practices, showcasing images of Tarumitra Ashram where such sustainable methods are actively implemented and urged students to adopt creative ideas to protect the Earth and become proactive contributors to an environmentally responsible community, reinforcing global goals for the youth engagement in sustainability. The event concluded with students vowing to safeguard nature and initiating plans to establish lush gardens in their school campus.

### Session on Menstrual Hygiene



**A**n awareness session on menstrual hygiene was organised on 12<sup>th</sup> August, 2024 for the girls of Classes 5 to 7. The Resource person for the day was Dr. Simi Kamran, Co-founder and Managing Director of Hopes IVF and Child Fertility Consultant at Holistic Fertility Care. She made the students aware about good menstrual hygiene and discussions were done on the common myths and misconceptions related to it, how does it affect a girl's body, what should be their diet and also addressed the common myths related to menstrual hygiene. She stressed on the fact that every girl should understand how important it is to take care of our physical as well as mental health during this time. The girls were also guided on safe disposal of sanitary napkins.



## St. Karen's Commitment to Students' Well-being: Health and Wellness Session for Physical and Mental Well-being

**A**t St. Karen's Collegiate School, the well-being of students is our top priority. Understanding the importance of physical, mental and emotional health, the school has implemented an Annual Health and Well-being Calendar which featured a series of sessions conducted by our dedicated teachers to support students in leading balanced and fulfilling lives. Throughout the academic year, various interactive workshops, counselling sessions, and mindfulness activities are organized to help students manage stress, build resilience, and develop a positive mindset. These sessions cover essential topics such as stress management, emotional intelligence, self-care, managing peer pressure and healthy lifestyle choices, equipping students with practical tools to navigate academic and personal challenges. Our teachers play a vital role in fostering mental well-being by creating a supportive and encouraging environment, ensuring that every student feels heard and valued. Through discussions, group activities, and relaxation techniques, students are guided to develop self-awareness, confidence, and effective coping strategies.

The Health and Wellness sessions led by our teachers focused on the importance of self-care, mindfulness, and a positive mindset in overcoming challenges. They also focused on the fast-paced academic environment, managing stress and maintaining emotional balance in school, and these sessions aimed to equip students with reflective strategies to nurture their mental health. The students were engaged in interactive discussions, helping them identify the things that trigger them negatively, prevailing

practical solutions to manage anxiety, build resilience, and maintain a healthy work-life balance. Breathing exercises, relaxation techniques, and the power of gratitude were also highlighted as essential tools for emotional well-being. By integrating mental health initiatives into the school's curriculum, St. Karen's Collegiate School remains committed to nurturing not just academic excellence but also emotional and psychological well-being, empowering students to thrive in all aspects of life. These sessions are highly beneficial as they encourage students to express their thoughts openly and seek support when needed.



On the 10th of September 2024, a Career Counselling Session was organised for students IX. Mr. Priya Manish Kumar, an Assistant Professor and Head of Mass Communication Department at St. Xavier's College of Management and Technology conducted the counselling session. She emphasized the importance of making well-informed decisions about career paths early on, emphasising the value of traditional education over quick fixes. Defining the significance of extracurricular involvement for

future professional success, she inspired students to aim high and work hard. Encouraging them to focus on essential subjects like Mathematics for sharpening analytical abilities, she also introduced unconventional career opportunities, urging exploration in fields that resonate with personal interests, be it arts, design, or beyond. This enlightening session provided valuable direction, equipping students with a clearer vision for approaching their future vocations.



Career counselling is the process of guiding and helping an individual in making their career plans by understanding their requirements and suggesting career options based on their interests and the scope of the field. Therefore, on July 22, 2024, an informative career guidance session for our Std 10 students was conducted by Mr. Lalmani Singh from iDream.

The session aimed to assist students in making the important decision of selecting their subject streams post-10th grade and to provide them with a comprehensive understanding of different academic pathways. Mr. Singh stressed the significance of aligning

one's interests and strengths with their chosen subjects and careers. He acquainted the students with the modern career opportunities and emerging fields, urging them to think outside traditional roles and explore a variety of prospects. Through interactive conversations and practical recommendations, Mr. Singh counselled the students on how to make well-informed decisions about their future, taking into account factors such as personal interests, industry trends, and long-term objectives. The session was extremely engaging and left our students feeling empowered and better equipped to chart their academic and career paths.



## CREATIVE WRITING WORKSHOP

Writing is the art of finding your voice and giving it wings

On the 23<sup>rd</sup> of August 2024, a workshop on Creative Writing was held for the students of the 10th grade at St. Xavier's College School. Dr. Anshu Pandey, a renowned poet, author, and academician, was invited as a guest speaker. His impactful words inspired the students to explore the realm of

imagination and provided valuable insights on the art of creative writing.

The primary goal of the workshop was to unearth the hidden stories and unexpressed thoughts residing within each individual, fostering a culture of self-expression and creativity. Dr. Anshu's expert guidance proved to be immensely beneficial for the students, providing them with the necessary tools and inspiration to refine and enhance their writing skills. Overall, the workshop served as a catalyst for personal growth and literary exploration, empowering the students to unleash their creative potential and produce exceptional written works.



## LEADER IN ME

It has been wonderfully stated that "If your actions inspire others to dream more, learn more, do more or become more, you are a LEADER"

- John Q. Adams

A true leader is not just a person with authority but one who earns respect and loyalty through their actions and character. He inspires and guides others towards a shared goal with integrity, empathy, and vision. Leadership, without doubt, is a significantly important function of management. It helps to aggrandize efficiency and to fulfil an organization's goals. Leadership is the ability of a manager to induce the subordinates to work with confidence, determination, courage and zeal. It is also defined as ability to influence a group towards the realisation of a goal. Leaders should have the capability of developing future visions, and to drive the organizational members to want to attain the visions.

With this view, our school organised 'The LEADER IN ME' session on 10th May, 2024 by our Guidance Counsellors for the members of Students' Council and Class Monitors. The aim of this session was to instil qualities such as honesty, moral principles, empathy and to turn them into responsible individuals and good decision makers.



### Insightful And Interactive Sessions By Saloni Priya Empowering Students And Guiding Parents Towards Growth

St. Karen's Collegiate School hosted insightful and interactive sessions on 17th October 2024, by a renowned psychologist and educationist Ms. Saloni Priya. The sessions focused on two impactful themes: 'Smart Millennials Teen' for students and 'Parenting as Partners: Proactive Parenting' for parents, offering valuable perspectives on navigating modern challenges with confidence and awareness.

#### Smart Millennials Teen: Session with the students of Std. 9 and Std. 10

In her engaging session with the students, Saloni Priya Ma'am shed light on the *evolving role of teenagers* in the fast-paced digital era. She emphasized on the importance of self-awareness, emotional intelligence, and responsible decision-making in shaping a successful future. She guided our students on how to balance academics, social life, and digital engagement while maintaining mental and emotional well-being. Through engaging discussions and real-life scenarios, she encouraged the students to develop critical thinking, self-motivation, and resilience. She spoke about the impact of peer pressure, social media influence, and academic stress, equipping students with strategies to make informed decisions and maintain a genuine self-image. The session highlighted the significance of self-care, effective communication, and goal-setting in becoming a responsible and successful individual in the modern world. She urged the students to take charge of their lives with confidence, self-motivation, and a growth-oriented approach.

### Parenting as Partners: Proactive Parenting session with Parents

For parents, Saloni Priya Ma'am conducted an insightful session on 'Parenting as Partners: Proactive Parenting', highlighting the significance of effective communication, understanding, and emotional connection between parents and children. She stressed that parenting in today's world requires a collaborative and adaptable approach to address the evolving needs of teenagers.

She encouraged the parents to foster a supportive, non-judgmental environment at home where children feel heard and understood. The discussion covered essential aspects such as setting boundaries with love, managing screen time, handling adolescent challenges, and instilling values in a way that resonates with the modern teenager. Parents were urged to be mentors rather than mere authority figures, guiding their children with patience, empathy, and a deep understanding of their perspectives.

Both sessions were highly engaging and left a lasting impact on students and parents alike. While students walked away with a renewed sense of self-confidence and direction, parents gained valuable tools to nurture a harmonious and supportive relationship with their children.

The initiative reaffirmed St. Karen's Collegiate School's commitment to the holistic education, nurturing not just academic excellence but also mental, emotional, and social well-being. These insightful interactions with Ms. Saloni Priya provided a roadmap for students and parents to navigate adolescence with clarity, balance, and a strong sense of purpose.

### INTERACTIVE SESSION BY MS. SALONI PRIYA



### SESSION ON CHILDREN AGAINST CHILD ABUSE (CACA)

Being different doesn't mean being unequal. As teachers, our role is to understand our responsibilities towards the students, providing them an environment to help them grow and nurture them. We often see the children are from different socio-cultural backgrounds, having some medical conditions. Sometimes they are introvert or hyperactive. Thus, it becomes necessary for us to appreciate each of their unique qualities and give them equal treatment in a classroom.

Children are vulnerable. They need our support just like they do need the support of their parents. We are not only responsible for their education but also their safety and security in a school system.

Our school had a session conducted by Children Against Child Abuse (CACA) - as a part of our School Safety Policy for the students to enable them grow without any fear or hesitation. The Resource persons for the day were Ms. Tanvi Katiyal, Ms. Harini, Ms. Anuragya and Ms. Abhishta. The session was conducted in three segments. In the first segment, they discussed about the basic safety measures to be followed in a school system, the resources & guide books that may help in this regard, the child rights & related laws, the committees and processes followed by them. The second segment was about a detailed discussion on the child protection related laws such as the POCSO Act 2012-2019, Juvenile Justice Act - 2015, to understand the intended actions for different kinds of offenses. In the last segment, they discussed about the seven core principles of psychological needs of a child and their derivatives. It was an interactive session followed by a Q/A round where our teachers could get their doubts cleared.



Our School organized a three day Dental check-up & Awareness camp for the students in collaboration with the Patna Dental College & Hospital and the International College of Denture Suction VI. The dental camp was held on 19th, 23rd and 26th July 2024 for the students of Classes 1 to 7 which was attended by around 600 students. On the inaugural day, the event was graced by Dr. Anir Ran, Zonal Region East International College of Denture, and Dr. Mohit Yadav, HOD, Dept. of Public Health Dentistry, Patna Dental College & Hospital. The initiative was aimed at promoting dental care & awareness about the good oral health among the students. The students were given a demonstration on dental hygiene practices such as correct brushing of teeth, reduced consumption of sweets and fast food and were encouraged to have a balanced diet.

The students and teachers were guided to practice proper oral habits and have time to time check up to ensure a good dental health. They were checked for tooth cavities, and the children were awarded a smiley badge as a token of appreciation for having clean & healthy teeth.



### THREE DAY DENTAL CHECK-UP & AWARENESS CAMP



# English Extempore Competition

It is aptly said that "Oration is the power to talk people out of their sober and natural opinions." Extempore is one method that helps the students not only think independently but also express their creative ideas precisely. With this in mind, our school held an English Extempore Competition on 2nd August 2024. The aim was to boost students' confidence and make them better speakers so they can express their views on any topic without fear. Extempore aids students in spontaneous thinking and in organizing their creative ideas precisely. This competition

was held for the students of standard 7.

All the participants were given topics on the spot.

The judges were our coordinator, Angela McAnn, and Prince Sh, who evaluated participants on content, coherence, confidence, body language, and overall delivery.

The winners were announced, with Anay from 7F taking first place for his compelling speech, followed by Aahana Pratap from 7D in second place and Harshita from 7C in third.



In our lives, computers have a very significant role. Computers have become as an essential part of our common lives. Awareness about the computers might become as vital to primary school children as important as reading and writing. It allows us to translate facts and information into helpful data. It can store a vast amount of information and also helps in managing and store data in a standard manner. Computer knowledge in schools perform a significant role in students' professional development.

With this view, the Computer TECHNO Whiz Quiz competition was organized for the Students of Std. - 6, 7

on the 1<sup>st</sup> August, 2024. The main purpose of this competition was to enhance the Computer Knowledge of the students. The Computer Quiz participants were divided among all houses (RED, BLUE, GREEN, YELLOW), the participants were well prepared and a cut throat competition was soon among the four houses. It was really a wonderful opportunity for the students to explore and appreciate the vast field of computer science. We believe that every participant gained valuable knowledge and experienced the real test of quiz. At the end of quiz, our judge announced the winners names.

Red House: 1. Anubh (7-E) 2. Aditi (7-E)  
3. Aarushi (6-F) 4. Yash (6-E)





## Inter House Patriotic Singing

**H**ello everyone! I am Payal Sinha from Class 7D, and I am thrilled to share my experience of participating in the Patriotic Singing Competition held at our school. This event was a beautiful celebration of our love and pride for the nation, expressed through the power of music.

The competition brought out the best in every participant, as we all sang with immense passion and dedication. Each performance showcased the spirit of patriotism and inspired everyone present to reflect on the values of unity and sacrifice that define our country.

Participating in this competition was a deeply enriching experience for me. It gave me the opportunity to express my gratitude and respect for our country while also helping me grow as a performer. The energy and enthusiasm in the room were truly unmatched, and it was heartening to see how music brought everyone together.

I would like to thank our teachers and organizers for providing us with such a wonderful platform to showcase our talent and love for the nation. This experience will always remain special to me.

Payal Sinha - 7D



## English Poetry Recitation

*"Poetry is simply the most beautiful, impressive, and widely effective mode of saying things."*  
-Matthew Arnold

**A** Poetry Recitation Competition was organized on 25th July 2024 at St Karen's Collegiate School.

It is said that beauty is the realm of poetry. The students of Grade 1 enthusiastically participated in the competition as they got an opportunity to exhibit their talent and confidence. The competition inspired the young poets to come forward and recite on stage. The students came up with different poems on the theme "Nature" and recited them with great fondness and zeal for nature.

The young poets enthralled the audience with their articulation and memory skills while reciting poems. It was a splendid opportunity for them to gain confidence through stage exposure.

The Winners of the competition were as follows:

- 1<sup>st</sup> position - Shreyanshi Kamari
- 2<sup>nd</sup> position - Swati Sharma  
Jayanti Sharma
- 3<sup>rd</sup> position - Adarsh Kumar Singh





*"A reader lives a thousand lives before he dies."*  
— George R.R. Martin



## READING FESTIVAL



The 6-day Reading Festival at St. Karen's Collegiate School was a vibrant celebration of imagination, creativity, and the magic of literature. From the talented readers to our budding authors, each day unfolded with engaging and inspiring activities.

Highlights included the adorable Character Parade by our little ones, where beloved storybook characters came alive, and the interactive Author's Talk, where students shared insights about their favorite writers. The Book Fair—a joyful book exchange among students, teachers, and staff—encouraged sharing, sparked meaningful conversations, and nurtured a sense of literary community.

A standout moment was the powerful performance of Shakespeare's "Seven Ages of Man" by our council members, reflecting on life's journey through expressive storytelling. Another highlight was the unique Book Review Competition with a Twist for Std. 10, where students creatively represented books through roles like Protagonist, Antagonist, Reader, and Writer—recreating scenes, discussing themes, and diving into the author's inspiration.

The festival culminated with a grand Book Launch celebrating our school's participation in the BrillBooks Online Summer Writing Festival, guided by Education World. 97 students submitted original stories, and 35 young authors were awarded their self-published books, medals, and certificates—marking a proud milestone in their literary journey.

Winners from various events like Book Bingos were also honored with certificates, wrapping up the festival on a high note. The entire week was a magical experience—a true walk through the pages of imagination and storytelling.





## JAM COMPETITION

**J**ust A Minute (JAM) Sessions are one-minute impromptu speeches. Here, the speaker is presented with a topic on the podium and is given 10-30 seconds to think about it and assimilate all their ideas. After the thinking period is over, the individual is given a minute to express their views on that particular topic. It is quite common to see a speaker experiencing nervousness when they are asked to speak spontaneously. Effective impromptu speaking is a skill that can be learnt through practice and training.

The Just A Minute (JAM) competition was successfully organized in SKCS on 4.10.24. This competition aimed to enhance the public speaking skills, quick thinking, and spontaneity of the students while making learning fun and interactive. A large number of students from various classes participated enthusiastically, showcasing their oratory skills. After a challenging and competitive session, the following students emerged as the winners: 1. First Place: Devish Singh (6B) 2. Second Place: Abhishek Tandi (6F) 3. Third Place: Anayush Kumar Jha (6D) The winners were awarded certificates to recognize their outstanding performances. The JAM competition proved to be a successful and engaging event that not only entertained but also educated students. The event helped to foster a positive and encouraging environment where students could express themselves freely while having fun. The success of this competition has prompted the school to make it an annual event, further promoting the development of communication.

## Inter-Class Carrom Competition

*"Life is like a carrom game. Some times you hit the target sometimes you don't. The journey is never over"*

**S**ports can help students develop life skills like teamwork, leadership, and discipline. They can also improve mental health, physical health, and academic performance. Keeping this in mind an 'Inter-Class Carrom Competition' among the students of std 1 to 4 was organized on 23<sup>rd</sup> July at St. Kater's Collegian School, bringing together students from different grades for a day of friendly competition and skillful gameplay. With a large number of participants, the event showcased the talent and strategy involved in this classic game.



### The winners of the Final Carrom Competition were:

| CLASS - 1A        |                         |
|-------------------|-------------------------|
| Vedant Lyadhere   | (1 <sup>st</sup> Place) |
| Adarsh Kumar      | (2 <sup>nd</sup> Place) |
| Anayush Choudhary | (3 <sup>rd</sup> Place) |
| CLASS - 2A        |                         |
| Vaidant Singh     | (1 <sup>st</sup> Place) |
| Dhruvendra Rai    | (2 <sup>nd</sup> Place) |
| Nayak Karan       | (3 <sup>rd</sup> Place) |
| CLASS - 3A        |                         |
| Ritik Sharma      | (1 <sup>st</sup> Place) |
| Sahil Kumar       | (2 <sup>nd</sup> Place) |
| Kartavya Misra    | (3 <sup>rd</sup> Place) |
| CLASS - 4A        |                         |
| Ananya Sharma     | (1 <sup>st</sup> Place) |
| Pooja Raj 3       | (2 <sup>nd</sup> Place) |
| Aarav Singh       | (3 <sup>rd</sup> Place) |



## KNOW YOUR CONSTITUTION QUIZ

**T**he department of Social Science conducted an Inter House Quiz - 'Know your Constitution' on 19<sup>th</sup> April, 2024 to pay homage to the principles and values enshrined in our Constitution, which has laid the foundation for a strong and vibrant democracy. The participants were the students from Classes 6 & 7. There were 8 groups, with two groups from each house.

The quiz was conducted in three rounds and comprised of questions about the Constitution of India, the Preamble, Directive Principles and our fundamental rights & duties. The students had an amazing experience and enjoyed thoroughly.



The event was graced by our Principal, Manisha Mehta and Academic Coordinator, Anjali Mehta who appreciated the students and encouraged them to abide by the rights & duties and values given in our Constitution.



### The winners were:

| 1 <sup>st</sup> Prize (TEAM D) - RED HOUSE   | 2 <sup>nd</sup> Prize (TEAM E - GREEN HOUSE) | 3 <sup>rd</sup> Prize (TEAM F - GREEN HOUSE) |
|----------------------------------------------|----------------------------------------------|----------------------------------------------|
| Anush Kumar (Std 7E) & Aryan Kashri (Std 6F) | Anurag Kumar (Std 7F) & Shubham Kumar (6C)   | Prayanshi Kumari (Std 7D) & Dhruv (Std 6C)   |

On the eve of India's 75th Independence day, Kavitha of Std.18C were proud to present the Know your Country Quiz competition. It was a thrilling intellectual challenge designed to ignite a passion for Indian history, culture, geography and achievements.

This event aimed to bring together individuals from diverse backgrounds to test their knowledge and appreciation for India's glorious past, vibrant culture and remarkable achievements of our country.

| Std. | The Winner Students    |
|------|------------------------|
| 1B   | Vartika Jha            |
|      | Bhaskar Singh          |
|      | Shivanya Prakash       |
| 2B   | Vinodh Kumar           |
|      | Shreyanshi Shrivastava |
|      | Umesh Kumar            |
| 3B   | Samar Singh            |
|      | Ashish Kumar Singh     |
|      | Aman Singh             |
| 4B   | Jasdeep                |
|      | Nirav Shrivastava      |

## KNOW YOUR COUNTRY QUIZ

teamwork, strategic thinking and problem-solving under pressure. It was a wonderful engaging activity that was packed with creative and informative educational tasks.

Mathematics is often called the language of the universe. From the intricate patterns found in nature to the complex algorithms that drive our technology, math is everywhere. It helps us solve problems, make decisions and understand the world in ways that are both profound and practical.

Students of STD 1B, 2B and 3B participated in different types of 'Maths Races' related to their maths concept like Place Value, Addition, Subtraction,

Multiplication including Bar Model questions. It was held on 21st July '24. Each class had three rounds including the final round.

For more participants, a Medical Math round was organised to ensure the participation of each student.

Students showcased the beauty and utility of mathematics in an engaging and enjoyable way. These challenges were not just about testing the student skills but also about increasing

| Std. | The Winner Students |
|------|---------------------|
| 1B   | Ashish Raj          |
|      | Vandana Soniya      |
|      | Nishant Shrivastava |
| 2B   | Ashish Kumar Singh  |
|      | Harshit Kumar       |
|      | Shivanya Singh      |
| 3B   | Ravi Kumar          |
|      | Kavya               |
|      | Aditi Pandey        |
| 1A   | Shreyanshi Kumari   |
|      | Vijay Kumar         |
|      | Prithvi Raj         |
| 2A   | Ashika Shrivastava  |
|      | Aakriti Singh       |
|      | Rishi Kumar         |
| 3A   | Aman Yadav          |
|      | Ranveer Kumar       |
|      | Lakshya Kumar Puri  |

## MATHS FEST 2024: CELEBRATING THE MAGIC OF NUMBERS

## SHOW & TELL Competition

Held on 31.07.2024 (Std - 1, 2 and 3), BHITA

Show and Tell is a method where children take turns to share something they know. It helps children to develop their presentation skills and confidence.

A Show and Tell competition was organized at St. Xavier's College School, Bhubaneswar for the students of Std. - 1, 2 and 3 on 31.07.2024. The topic for this competition was "Nature". The sub-juniors participated with great interest and intriguing objects related to nature. Children showcased their talents by various props and posters prepared by them and students which inspired exploration and connection with "NATURE". All the winners were awarded with talent certificates by principal ma'am. She praised the participants to the fullest. This activity also boosted the confidence of the students. The winners of the competition were as follows -

### Group A (Std. 1)

1<sup>st</sup> Divyansh Anand Sharma, 2<sup>nd</sup> Anika Aftab, 3<sup>rd</sup> Anvi Verma

### Group B (Std. 2)

1<sup>st</sup> Aakriti Singh, 2<sup>nd</sup> Divyansh Raj, 3<sup>rd</sup> Varun Singh Mistry

### Group C (Std. 3)

1<sup>st</sup> Anshika Kumari, 2<sup>nd</sup> Kishan Raj

## SHOW AND TELL Competition

The goal of a "Show and Tell" is to share projects, ideas and knowledge. It helps young children boost their self-esteem and articulation skills. A show and tell competition was held on 26<sup>th</sup> April 2024 in the school premises itself. The topic for Std -2B was 'Aquatic Animals' and for Std -3B was 'Electronic gadgets'. The children of both the classes spoke with clarity, confidence and their facial expressions and voice modulation were a treat to watch. The props used by the students of both classes were spectacular. Overall, it was a dream come true and a thrilling experience for both the teachers and students. The children shared their thoughts with their friends as well as with the teachers.

| Std. | The Winner Students | Std. | The Winner Students                            |
|------|---------------------|------|------------------------------------------------|
| 2B   | Hanbit Kumar        | 3B   | Soya Chauhan, Rishika, Ranjan and Samay Sanyal |
|      | Saohi Sharma        |      | Anoushi Singh                                  |
|      | Shreyanshi Singh    |      | Soukalya Saha                                  |



## WORLD HERITAGE DAY SPEECH COMPETITION

World Heritage Day, also known as the International Day for Monuments and Sites, is a day dedicated to raising awareness about the importance of preserving the world's cultural and natural heritage. It is celebrated every year on April 18<sup>th</sup> and was first proposed by the International Council on Monuments and Sites (ICOMOS) in 1982. The following year, on April 18<sup>th</sup>, 1983, the United Nations Educational, Scientific and Cultural Organization (UNESCO) officially adopted the proposal and declared April 18<sup>th</sup> as the International Day for Monuments and Sites. The aim of World Heritage Day is to promote the cultural diversity of the world and the significance of preserving it for future generations. The day serves as an opportunity to recognise the importance of historical and cultural landmarks, as well as natural sites of exceptional value to humanity.

The World Heritage Day Speech Competition was a celebration of cultural diversity and unity, showcasing the richness of heritage from around India. Participants from various backgrounds presented speeches, performances, and exhibitions highlighting the importance of preserving and promoting our shared cultural heritage. The participants, namely: Gurpreet, Srishika, Vidhya, Anus Sharma, Anil Singh, Pranshi Kumar, Aditi Pathak, Anurag Kumar, Siddhi Singh in the World Heritage Day Competition hailed from diverse cultural backgrounds, each bringing their unique perspectives and traditions to the forefront. Even giving speeches to depicting them with placards, the event was remarkable. Following the competition, the intermissions, featuring a choir group and a skit, added to the excitement. However, the participants passionately showcased the beauty and significance of their respective heritages, contributing to a rich tapestry of cultural expressions. As the event drew to a close, we extended our gratitude to our respected judges and observers, who shared their insightful remarks. They also had the honour

of announcing the winners, who were as follows: [1<sup>st</sup> Anurag Kumar VII-F] [2<sup>nd</sup> Pranshi Kumar VII-D] [3<sup>rd</sup> Siddhi Singh VII-G] However, the students presented the events with great elegance and finesse and the presentation by Pragati Kumar, our anchor, was well done making the event truly enjoyable.



## ST. KAREN'S COLLEGIATE SCHOOL



# ANNUAL AWARD CEREMONY: A Celebration of Excellence

"Education is not just about grades;  
it's about growth, perseverance, and dedication."



Every year, our school celebrates the remarkable achievements of the students through the Annual Award Ceremony. This year's event was no exception, bringing together students, teachers and parents, to recognize the exceptional achievement and hard work in the core subjects as well as overall performance in the class. The event highlighted individual accomplishments and fostered encouragement and motivation in the students to strive to excel in academics.

The ceremony took place in the school auditorium, adorned with decorations that represented the vibrant spirit of learning and excitement permeated the room, underscoring the importance of this annual tradition. The day was not just the celebration of academic excellence but also the journey each student undertook to reach the pinnacle.

The awards were distributed across four primary subjects: English, Maths, Social Science and Science, in the senior category and the overall class toppers were awarded for their exemplary academic performance in the primary classes. Each category saw students recognized for their exceptional performance, creativity, critical thinking abilities and consistent performance throughout the year.

The exceptional performers in the junior category, Std 1 to 5, were:

| Class   | Name of the Student            |
|---------|--------------------------------|
| Std 1 A | Divyanshu Raj                  |
| Std 1 B | Hanshi Kumar                   |
| Std 2 A | Heerik Sharma & Anushka Kumari |
| Std 2 B | Pooja                          |
| Std 3 A | Anurag Kishore Singh           |
| Std 3 B | Abhinav Prakash                |
| Std 4 A | Anushka Raj                    |
| Std 4 B | Ashar Sahil Hashmi             |
| Std 5 A | Afsan Jamal                    |
| Std 5 B | Ayush Kumar                    |
| Std 5 C | Anushi Raj                     |
| Std 5 D | Tarja Devraj Chaudhary         |
| Std 5 E | Aishvi Nandini                 |
| Std 5 F | Aryan Raj                      |
| Std 5 G | Anant                          |
| Std 5 H | Shriya Jaisil                  |

## English

In the language subject, students were evaluated on their prowess in reading comprehension, writing skills, and literature appreciation. The English toppers for the session 2023-24 are:

| Class | Name of the Student       |
|-------|---------------------------|
| Std 6 | Pragati Kumari and Garpre |
| Std 7 | Alina Firdaus             |
| Std 8 | Abhinav Kumar             |
| Std 9 | Anushi Raj                |



## Mathematics

Mathematics is often regarded as a challenging subject, but this year's award recipients proved that with determination, anyone can excel. The students demonstrated a keen understanding of complex mathematical concepts and problem-solving skills. The awardees in this category were:

| Class | Name of the Student          |
|-------|------------------------------|
| Std 6 | Avinav Kumar Raj and Shreyas |
| Std 7 | Harshita and Rishi Khurana   |
| Std 8 | Pulak Bhavraj and Shubham    |
| Std 9 | Jaha Krishna                 |

## Social Science

Understanding the world we live in is crucial, and this year's Social Science Awardee were given to students who excelled in historical analysis and showcased a passion for social studies. The awardees were:

| Class | Name of the Student               |
|-------|-----------------------------------|
| Std 6 | Pragati Kumari                    |
| Std 7 | Gurika Chaudhary                  |
| Std 8 | Narvik Kumar and Anushi Lama      |
| Std 9 | Alvira, Kanishk and Aditya Tharan |

## Science

Science fuels innovation and critical thinking. This year, the awardees were students who were inquisitive and eager to explore the scientific world. The awardees were:

| Class | Name of the Student       |
|-------|---------------------------|
| Std 6 | Pragati Kumari            |
| Std 7 | Harshita and Neta Narayan |
| Std 8 | Trisha Kumari             |
| Std 9 | Anushi Raj                |





| Rank                     | Name of the Students | Class Sec |
|--------------------------|----------------------|-----------|
| 1 <sup>st</sup> Position | Arshita Kumari       | XC        |
| 2 <sup>nd</sup> Position | Swara Sinha          | XA        |
| 3 <sup>rd</sup> Position | Nirav Kumar          | XC        |



## ENGLISH EXTEMPORE COMPETITION

The English Department organized an Extempore Competition for class X students on August 6, 2024, in the Indoor Sports Area. Ten participants from Std. 10 displayed their impressive oratory skills during the event. This competition aimed to enhance public speaking, critical thinking, and self-confidence. It provided a platform for students to demonstrate their talent in delivering impromptu speeches. The participants' speeches were well-structured and insightful, leaving a memorable impression on everyone present. The competition fostered a sense of achievement and camaraderie among the students, highlighting the significance of self-expression and critical thinking.

The event was judged by the esteemed Principal, Dr. Manisha Lall, and the Academic Coordinator, Angela Anthony, who added a touch of elegance to the occasion. The judges assessed the participants based on their content and delivery, ensuring a fair and transparent competition. The event concluded with the deserving winners receiving their 'Certificate of Appreciation' and a hearty round of applause for all participants.



*"Oratory is the power to talk people out of their sober and natural opinions." – Joseph Chamberlain*

## IMAGINATIVE AI PRESENTATION

Students from grades 8, 9, and 10 showcased an impressive presentation titled "Imaginative AI." The talented members of the Cyber Club unveiled three innovative projects.

The first was "Neon Night", a cutting-edge and immersive game experience. Following that, they presented an educational app titled "Edu Master", designed to facilitate seamless interaction between teachers and students. This user-friendly app will not only support academic discussions but also enable students to engage in revision and review tests, providing a versatile study tool.

Lastly, they introduced a portfolio website where students can submit their own AI projects and models, which will subsequently be launched on the platform. The students' dedication, creativity, and hard work were evident, making the event a remarkable success.



*"Grandparents—a delightful blend of laughter, caring deeds, wonderful stories and love."*

Grandparents are the family's greatest treasure. They are the founders of a loving legacy, the greatest storytellers, and the keepers of tradition. Through their special love and care, grandparents keep a family close at heart. To honour them class - UKG of St. Karen's Collegiate School, Bilta celebrated Grandparents' Day on 31 October, 2024. The celebration began with the welcoming speech of our Principal Dr. Manisha Lall, who addressed the gathering emphasising the importance of celebrating the grandparents' day in our school. She expressed gratitude to all the grandparents for the important role they play in positive attachments and upbringing of their grandchildren. It was then followed by lamp lighting ceremony, involving a prayer for the good health of the grandparents, followed by a power-packed welcome dance performance by the little upstarts which left the spectators spellbound and thoroughly mesmerized. It was a fun-filled day which saw activities including dance performances, songs, poems, speeches and many fun games. These games not only strengthened the gathering but also highlighted the bond between the grandparents and the children. The grandparents with diverse experience and in different walks of life came together to relive their childhood. The mesmerizing performances of the choir group and the dance performance of the students made the school campus resound with loud clappings.

The success of the event was evident through the joyful smiles of the grandparents as they were overwhelmed to see their grandchildren performing for them and could not help praising and cheering for them.

This celebration also fostered inter-generational connections, reminding us all of the invaluable lessons and stories grandparents pass down.



# HINDI SAHITYA ANUSHILAN PRATIYOGITA

We are pleased to inform everyone that our St. Karen's Collegiate school's Hindi department organized HINDI SAHITYA ANUSHILAN PRATIYOGITA

where students of class 9 & 10 performed.

Objectives and Outcomes of Sahitya Anushilan Pratiyogita

The Sahitya Anushilan Pratiyogita aims to create awareness about Hindi literature among students. It helps in developing their language skills, including reading, writing, speaking, and listening. The competition provides a platform for students to showcase their creativity through poetry, stories,

and essays. It also enhances their thinking and analytical abilities, enabling them to understand and interpret literary works more deeply.

As a result, students improve their language proficiency, enhancing their vocabulary, grammar, and comprehension. They gain a deeper understanding of Hindi literature and its significance. Their creativity flourishes, and they become capable of identifying themes and styles in literary works. Moreover, this competition boosts their confidence, encouraging them to participate in future literary activities and competitions.



## JUDGES :-

1. Archana Mallick - SKSS
2. Poojam Mahra - SKSS

## RESULT:-

**FIRST** - Sahitya srijan group

**Participants name:-**

1. Tanha 9D
2. Armaan Bharti 9C
3. Aman Kumar adarsh 9C
4. Ayush 10D
5. Sahil 10D

**SECOND** - Sahitya srijan group

**Participants name:-**

1. Pranav 9A
2. Kirti 9A
3. Shubham 9C
4. Chinmay 10A
5. Muskan 10C

**THIRD** - Sahitya Sadha group

**Participants name:-**

1. Archana 10E
2. Pooja 9A
3. Nancy 9B
4. Arshi 9D
5. Pari 10



RESULT

## Inauguration of Science Composite Lab

It is believed that Science is a universal subject that spans the branch of knowledge that examines the structure and behaviour of the physical and natural world through observation and experiment. Science is the study of facts and the way we interact with the world. Learning about the scientific methods teaches children how to ask questions and gather the evidence needed for the most complete answer. Comprehensive science education lets students learn how to develop ideas, discover the world around them, and ask challenging questions about our place in that world. From the very start of a child's educational journey, science labs can play an important role in educational development. From kindergarten to second-grade levels, kids are beginning to grasp the idea that actions have consequences. Simple experiments work best for kids at this age level and they will need a lot of help to complete them. An ideal science lab for elementary students has lots of safe equipment. Only the most basic chemicals are appropriate, like baking soda and vinegar. Experiments that teach kids about colour, light, and sound can help them explore their world. Doing science experiments benefits these kids by letting them be creative and not just receive answers, but find answers.

Keeping this view in mind, the inaugural ceremony of our State-of-the-art Science Composite Lab was established on 29<sup>th</sup> April, 2024 at our Bapatnagar branch. This science lab marks an endeavour that signifies our unwavering commitment to fostering innovation and scientific exploration within our school community. This lab was inaugurated by our esteemed school principal, Mrs. Manisha Lall & Coordinator Ms. Angela Anthony, and enthusiastically organized by our dedicated Science Department; this milestone marks a significant leap forward in our journey towards excellence in STEM education.





## INTER HOUSE FOLK DANCE COMPETITION

*"The diversity in culture and tradition is reflected in the variety of folk dances to India"*



On 17<sup>th</sup> August 2024, our school celebrated the rich cultural diversity of India by hosting a Folk Dance Competition. This vibrant event showcased the colorful traditions and heritage of various Indian states through the expressive art of dance. Students from Std. 6&7 participated enthusiastically, representing the unique folk dances of regions across the country.

Each participating group took the stage with enthusiasm, presenting folk dances like Bhangra from Punjab, Garba from Gujarat, Sema Chaleya from Bihar, Ghoomar from Rajasthan, and many more. Dressed in traditional costumes, the students mesmerized the audience with their graceful and energetic movements, bringing the essence of each dance form to life.

The event concluded with an inspiring speech by Principal Sirian, who praised the students

for their commitment to showcasing India's cultural heritage and encouraged them to continue appreciating and learning about the country's traditions. The competition not only allowed students to express their talents but also deepened their understanding and respect for India's rich and diverse cultural landscape.

| Winner's Name           |              |
|-------------------------|--------------|
| 1 <sup>st</sup> LOYALTY | YELLOW HOUSE |
| 2 <sup>nd</sup> TRUTH   | RED HOUSE    |
| 3 <sup>rd</sup> FAITH   | BLUE HOUSE   |



## Inter House Table Tennis

*"Talent wins games but teamwork and intelligence wins championship."*

On 24<sup>th</sup> July, 2024, a table tennis competition was organized at St. Mary's Collegiate School, Bidita. The enthusiasts from Std. 10 gathered in the Indoor Sports Area for a thrilling table tennis competition. The event was organized to promote sportsmanship, teamwork, and healthy competition among students. The table tennis competition was an excellent opportunity for the students to develop their physical skills, build teamwork, and cultivate sportsmanship.

A total of 20 students from each house participated in the competition, showcasing their skills and strategies.

The tournament was conducted in a knockout format, with each match played best 3 out of 5 games.

The competition was fierce, with students displaying impressive serves, spins, and rallies. The audience, comprising students and teachers, cheered on the participants, creating an electric atmosphere.

The Std. 10 table tennis competition was a resounding success, with students showcasing their talents and passion for the sport. The event promoted a sense of camaraderie and friendly competition, making it an unforgettable experience for all involved.

| Winner         |                       |
|----------------|-----------------------|
| BOYS           |                       |
| Arya Kandhwar  | 1 <sup>st</sup> Place |
| Ravindra Kumar | 2 <sup>nd</sup> Place |
| Arya Arya      | 3 <sup>rd</sup> Place |
| GIRLS          |                       |
| Qudsiya Fatima | 1 <sup>st</sup> Place |
| Priyashi Priya | 2 <sup>nd</sup> Place |
| Komal Kumari   | 3 <sup>rd</sup> Place |

## दोहा एवं श्लोक गायन प्रतियोगिता

दिनांक 29 अगस्त, 2024 को विद्यालय के प्राचीन राधा कक्ष में दोहा एवं श्लोक गायन प्रतियोगिता का आयोजन किया गया। विद्यार्थी कक्षा आठ के बच्चों द्वारा दोहों के महत्त्व तथा श्लोक की अर्थपूर्ण प्रस्तुति दी गई।

आयोजन का मुख्य उद्देश्य प्राचीन भारतीय ज्ञान की रमण और उस ज्ञान को अमरबल करने का कदम देना था। जैसा कि महान कवियों और प्रणियों की रचनाओं में निहित है। श्लोक और दोहा सुनकर प्रतिभागी न केवल अपने ज्ञान का इस्तेमाल करते बल्कि उन सांस्कृतिक मूल्यों और शिक्षाओं से भी जुड़े जिन्होंने भारतीय विचार और संस्कृति को आकार दिया है।

| कक्षा - 8 (बॉय & गर्ल) |                   |
|------------------------|-------------------|
| प्रथम पुरस्कार         |                   |
| हर्षित कुमार           | 8 ए (श्लोक गायन)  |
| गुणिका चौधरी           | 8 डी (श्लोक गायन) |
| गुणिका चौधरी           | 8 डी (दोहा गायन)  |
| दूसरा पुरस्कार         |                   |
| सविन साधा              | 8ए (श्लोक गायन)   |
| मुकुल कुमार            | 8ए (श्लोक गायन)   |
| अरा राज                | 8डी (दोहा गायन)   |
| तीसरा पुरस्कार         |                   |
| शिवज्योति              | अवी (श्लोक गायन)  |
| सविन साधा              | 8ए (दोहा गायन)    |



## THE RHYTHM AND RHAPSODY TALENT COMPETITION

*"Music binds our soul, hearts and emotions.  
It cheers the spirit and lightens the heart."*

An Inter Class Singing Competition was organized at Siddha, in St. Kamini Colligate School on 17<sup>th</sup> of August. Students of grade 8, 9 and 10 participated in the competition. The purpose of the competition was to bring out the singing talent of the students. This event served as a platform for the students to showcase their talent, build confidence and develop a passion for music.

Each class prepared some melodies from Bollywood with participants bringing out popular Hindi and English songs. The children sang the songs with great passion and feelings. The melodious songs pulled the heartstrings of the audience. Each class showed their mastery over voice modulation, pitch, rhythm and tone. The children displayed a sense of pride, self-esteem and self-confidence as a result of the competition.

The audience thoroughly enjoyed the melodious songs and were impressed with the confidence, the vocal quality and the enthusiasm with which they sang.

The occasion was graced by the benign presence of our Principal Ma'am and our Coordinator Ma'am.

A panel of esteemed judges evaluated the event on the basis of vocal quality, performance and connectivity with the audience. The students were well appreciated by the judges.

The competition was a resounding success with participants and audience members alike enjoying the melodious performance. It was indeed a musical extravaganza of all sorts. The winners of the competition were:

| Winners list                |                 |
|-----------------------------|-----------------|
| Class 8 <sup>th</sup>       |                 |
| Siddhi Kumar                | 1 <sup>st</sup> |
| Anmol Kumar                 | 2 <sup>nd</sup> |
| Shreya Nawa                 | 3 <sup>rd</sup> |
| Class 9 <sup>th</sup>       |                 |
| Kavya                       | 1 <sup>st</sup> |
| Hansini                     | 2 <sup>nd</sup> |
| Naina                       | 3 <sup>rd</sup> |
| Class 10 <sup>th</sup>      |                 |
| Rudra Shandag               | 1 <sup>st</sup> |
| Mahi Raj                    | 2 <sup>nd</sup> |
| Yeshika                     | 3 <sup>rd</sup> |
| Musicians Winner            |                 |
| Aman Bhatti class 9 (Tabla) | 1 <sup>st</sup> |
| Nagrik class 9 (Piano)      | 2 <sup>nd</sup> |
| Kundan class 10 (Guitar)    | 3 <sup>rd</sup> |





## ANNUAL SPORTS DAY - LAKSHYA, 2024-25

Our school's first Annual Sports Day, Lakshya, 2024-25, was a resounding success, marked by enthusiasm, energy, and a display of sporting talents. The event was graced by our Chief Guest Anita Chhawan, a Probation Officer at Itanagar, who is fond of sports. Our Principal Dr. Manisha Lal welcomed the gathering, emphasising on the importance of sports in promoting physical and mental well-being, teamwork, and discipline. The presence of our honourable Joint Director Edward Sir underscored the school's commitment to holistic education and fostering a love for sports. As a part of our Social Impact Initiative, the school has been promoting Healthy Living among students, encouraging them to adopt a balanced lifestyle and make informed choices about their well-being.

The students showcased their commitment to the United Nations' Sustainable Development Goals (SDGs) through a unique drill performance, highlighting the importance of:

- SDG 4: Quality Education- Ensuring inclusive and equitable quality education for all.
- SDG 5: Gender Equality- Promoting equality, challenging stereotypes, and empowering girls and women.
- SDG 6: Clean Water and Sanitation- Ensuring access to clean water and

sanitation facilities for all.

- SDG 8: Decent Work and Economic Growth- Promoting sustainable economic growth, providing decent work opportunities, and reducing inequalities.
- SDG 16: Peace, Justice, and Strong Institutions- Promoting peaceful and inclusive societies, ensuring access to justice, and building strong institutions.

A special Torch Relay was organised, where students from St. Karen's Collegiate School, who represented the school at the national level sporting events, carried the torch, symbolising the spirit of sportsmanship and excellence.

The event featured colourful march pasts, thrilling competitions, and fun games. Students from different age groups and houses participated, demonstrating their skills, teamwork, and sportsmanship. The Justice House emerged as the overall champion. Ms. Chhawan along with our Joint Director Sir and Principal warmly congratulated the winners, encouraging them to pursue their passion for sports. The Sports Day celebration concluded with a vote of thanks, extending gratitude to Ms. Chhawan for her presence and support. The event fostered camaraderie, healthy competition, and a love for sports among students.





## Joy of Giving

*"A smile is the light in your window that tells others that there is a caring, sharing person inside."* - Dennis Waitley.

Sharing is the essence of life and the root of true happiness, and when we share our love with others, we create a beautiful world for everyone to live in. This year, we celebrated the Joy of Giving Week from 1<sup>st</sup> to 5<sup>th</sup> October 2024 as an attempt to motivate the students towards practicing kindness and selflessness in their own life and instill the values such as respect, gratitude and empathy in our students towards their peers, elders & society.

This week long celebration included activities planned for everyday which

comprised of visit to Help-Age India Old age home, Noet Guajan NGO, screening of movies on kindness for students of primary classes. They shared small handmade gifts such as cards, book marks, toys, and stationery items with their bench buddies, had plantation drive by Std. 1, 2, 3 to show kindness towards plants, understanding their significance in our life.

The students of Class 7 organized small demonstration of scientific experiments for the lower primary classes to develop a bond of love & understanding with them and

create an enthusiasm for scientific experiments. A kindness BINGO sheet and a kindness wall was also created for the students to share their thoughts. Every class maintained a KINDNESS JAR where students put their daily thoughts for their friends.

The students also wrote short messages or shared handmade gifts with their loved ones and house help at home. The final day was the highlight of the event as our students shared a small token of appreciation for their aunty drivers who also take care of the children as their guardians.



## EDUCATIONAL VISIT TO PLANETARIUM

There is a proverb that goes, "I hear and I forget, I see and I remember, I do and I understand," and it refers to the idea that using something being done in a certain location helps people remember it better. Educational tours are a crucial component of the academic program because they give students the chance to learn outside of the classroom and get useful practical experience. These tours provide us with hands-on experience, making learning more engaging and memorable.

Keeping this view in mind, our students of Std 6 were taken for an educational visit to the India Gandhi Planetarium, Pune on 31<sup>st</sup> July and 2<sup>nd</sup> August, 2024. With around 320 students and 14 teachers, the visit gave us enriching exposure to our students as they got an amazing chance to see the 3D show presentation on the 'Life of a Tree', creating a more immersive & interactive experience by offering a detailed visualization of the concepts. The tour was a great learning experience for all of us. Educational tours are often done in groups, further refining students' social skills and fostering teamwork. We believe such sessions will help our students to understand their real world in a better way, enhancing their knowledge and skills.



## "A Day of Sunshine and Smiles: Our School Picnic to Eco Park"

On 6<sup>th</sup> December, 2024 the students of grade 1 to 4 and URCs of St. Karen's Collegiate School embarked on a fun-filled adventure to "Eco Park" for our annual school picnic. The excitement was palpable as they boarded the buses, eager to spend a day outdoors with their friends and teachers. Upon arrival, they were greeted by the lush greenery and vibrant flowers of the park. The warm sunshine and gentle breeze set the tone for a perfect day. The students had planned a range of activities to keep the students entertained, from treasure hunts, story telling, to team-building games.

The environment was filled with the joyous voices of the children. It was indeed refreshing to see the kids enjoying



the annual school picnic so much.

The highlight of the day was undoubtedly the delicious picnic lunch. Students savored the tasty food, enjoying each other's company and the beautiful surroundings.

As the day drew to a close, the students reluctantly boarded the buses, exhausted but exhilarated from the day's adventure. The school picnic was a wonderful opportunity for them to bond with their classmates and teachers, creating memories that will undoubtedly last a lifetime.



## Maner Sharif Testimonies

1. Stepping into Maner Sharif Dargah felt like entering a different world—one filled with history, faith, and a quiet kind of beauty. The moment I saw the grand Maghul-era structure, with its intricate carvings and arched gateways, I knew this place held something special.

Walking through the courtyard, I could feel the sanctity of prayers that had been whispered there. The tomb of Makhdoom Yaqub Memon, a revered Sufi saint, stood peacefully at the heart of it. Devotees lit incense, offered flowers, and sat in silent reflection. The air was filled with a calming stillness. It wasn't just a visit—it was an experience I won't forget.

Aysha Ashfaq, VII-D



2. I was really excited when my class teacher announced that my fellow classmates and I were going to have an educational trip to Maner Sharif. We were also informed that we had to do a presentation on the topic 'About Maner Sharif'. I prepared really well and gave my best. On the day of the trip, my friends and I really enjoyed the roadside view. When we reached Maner, the sight was magnificent. We learnt many things about Sufism and Maghul architecture. A quiz was also organised by the Resource person Rasy Sir and it was a proud moment when our class ranked 2<sup>nd</sup> in the quiz. I wish I could visit there again.

Abbasz Shama  
VII-G

3. Our Maner Sharif trip was organised by our school management on 4<sup>th</sup> Feb 2025. It was very well organised. It was a wonderful trip as we got the chance to see our heritage. The Dargah had beautiful carvings and sculptures. I was very happy that I got this opportunity to visit such a magnificent structure.

Ambhar Raj  
VII-G

## Educational Trip to Maner Sharif Dargah: From Classroom to Cultural Heritage

On the 19<sup>th</sup> of April 2024, an educational trip to Maner Sharif Dargah in Ferozepur was arranged for eighth-grade students to commemorate World Heritage Day, celebrated on April 19<sup>th</sup>. In the company of their teachers, they explored the cultural value of the heritage, which symbolises religious harmony. Students witnessed the prayers and rituals, thereby developing a firsthand impression of our cultural heritage. This experience not only taught them about our past architectural marvels but also instilled in them a sense of responsibility to preserve these jewels for the future. The trip to Maner Dargah was a transformative experience, encouraging students to connect with their heritage and fostering a respectful attitude towards diverse cultures. We hope that such initiatives will continue to inspire and empower our students to become compassionate global citizens.



## Visit to Bihar Museum

On 26<sup>th</sup> September, we visited the Bihar Museum, a treasure of history and culture. The exhibits showcased Bihar's rich heritage, from ancient sculptures to vibrant Mithila paintings.

The interactive gallery and digital displays made the experience engaging and fun. We were also

captivated by the murals of Ashoka and Chandragupta and learned something new about the Mauryan Empire.

The knowledge and ideas we gained were wonderful, but the best part of the trip was that all the friends in our class visited together.

Exploring the museum as a group made the experience even more enjoyable,

Asant, VII-C

as we shared laughter, discussion, and moments of discovery. The joy of learning something new doubled when it was done with friends by our side. This trip not only deepened our understanding of history but also strengthened the bond we share as a class. Because the real fun comes when everyone is together.



# SPOTLIGHT: 2024

## A Spectacle of Enchantment and Imagination

Step into a realm where fantasy meets reality—"The SPOTLIGHT: One Act Play" illuminated the stage at Bilva Sagar Hall on the 20th and 21st of November, leaving audiences spellbound with its magical allure.

Day 1 welcomed students from Std. 3 to 5 into a world of reimagined fairy tales through "Fairy Tales with a Twist", where classic stories took on delightful surprises. Day 2 whisked students of Std. 6 and 7 into "The Magical World of Harry Potter", capturing the essence of Hogwarts with its spellbinding charm.

The event brought together students from all branches of the St. Karen's Group of Schools, transforming the hallway and stage into a breathtaking tapestry of enchanted forests, towering castles, and the mystical aura of wizardry. The atmosphere was nothing short of mesmerizing, perfectly complementing the event's whimsical theme.

The grand celebration commenced with the ceremonial lighting of the lamp, followed by an inspiring address by the esteemed School Principal, Dr. Manisha Lal Mehta. The event was graced by an illustrious panel of judges—Mrs. Mohini Hussain, Mrs. Shabana Hussain, and Dr. Anuradha Sen on Day 1,

alongside Dr. Manisha Sami, Dr. Anshu Pandey, and Dr. Nandini Mehta on Day 2. Principals, coordinators, and in-charges from all branches also marked their presence, adding prestige to the occasion.

The academic director, Shaheen Gabaan Mehta, officially inaugurated the event, setting an enthusiastic and uplifting tone for the days ahead.

Every element of the performance was a visual delight—the participants shone in vibrant, meticulously crafted costumes that breathed life into each character. The dedication and creativity poured into every detail did not go unnoticed, earning admiration from the audience and judges alike.

A special mention goes to the anchors, whose charisma and eloquence became the heartbeat of the event. Their seamless transitions, engaging interactions, and witty humour kept the audience captivated throughout, ensuring a smooth and lively flow of the program.

The SPOTLIGHT was not merely an event; it was a celebration of creativity, teamwork, and the boundless imagination of young minds—a true testament to the spirit of St. Karen's.

Aditi Roy from Std. 5A participated in the "SPOTLIGHT-2024 One Act Play, Fairy tale With A Twist", where our school's play was "Snow White Hare White". I had the privilege of playing one of the main characters of The Queen, for which I was awarded the badge of "The Most Promising Actor" which was a thrilling experience for me. The play was a creative twist on the classic tale, offering a fresh and entertaining perspective that captivated the audience and judges. As an Inter-Branch Competition, all five groups from different schools participated, fostering a spirit of healthy competition.

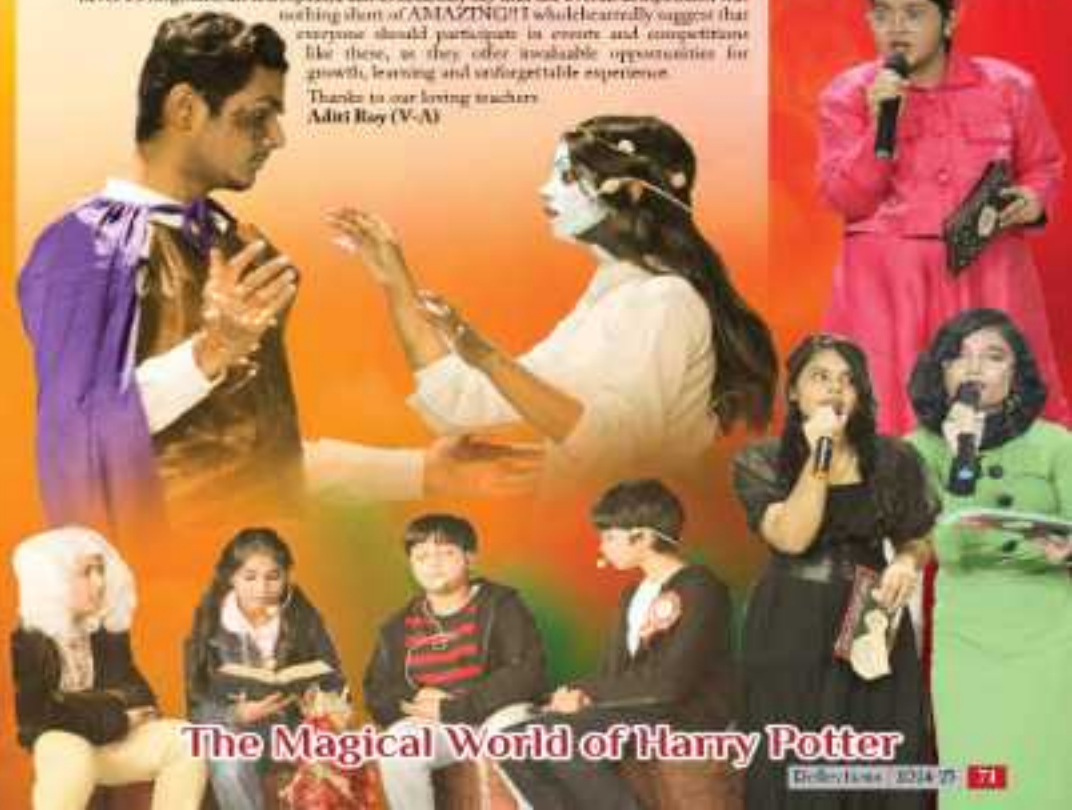
Under the guidance of our dedicated teachers, Mrs. Sanita Ramesh Shah, Shilpi Lata and Sanita Abraham, we continuously practised for many days, honing our skills and perfecting our performance. Their tireless efforts and unwavering support were instrumental in our success, and I firmly believe that without them, our team's outstanding performance would not have been possible. They were the driving force behind our achievement, and all the credits goes to them for their selfless dedication and expertise. Our hard work ultimately paid off, as our school proudly secured the 1st Prize.

The event stands out as one of the most memorable experiences I've had, significantly boosting my confidence. I wholeheartedly acknowledge the pivotal role our beloved teachers played in our team's triumph, and I strongly believe that their contributions should never be forgotten. In retrospect, I can confidently say that the overall competition was nothing short of AMAZING!! I wholeheartedly suggest that everyone should participate in events and competitions like these, as they offer invaluable opportunities for growth, learning and unforgettable experience.

Thanks to our loving teachers  
Aditi Roy (V-A)



Fairytales With A Twist



The Magical World of Harry Potter

# BRAIN BLITZ QUIZ COMPETITION

An Inter Branch Quiz Competition- 'Brain Blitz' was conducted at St. Karen's Montessori School on 26th October, 2024. The theme of this quiz was 'India covered'. Quizzing the Nation's Treasures and the questions were based on different aspects of India & its culture such as geographical factors, festivals, food, clothing, folk dance & music and films. The participants from all the five branches of St. Karen's Schools took part in it, with three participants in each team. The inauguration of the event was done by our honourable Director, Sir and Secretary Ma'am who encouraged the students to give their best. All the students showcased great knowledge and enthusiasm throughout the event. Our students Sumay Sanjeet (Std. 3B), Abhinav Prakash (Std. 3B), Ashar Sahil Hashmi (Std. 5A) took part in it.

## Testimony

I, Ashar Sahil Hashmi participated in the quiz 'Brain Blitz' organized by St. Karen's Montessori School, which was held on 26<sup>th</sup> of October, 2024. This quiz was basically all about India. Under the guidance of our dedicated teacher Mrs. Archana Lal, my team members and I practiced every day in the week period. Although we could not make it this time but learnt something new and important which will help me in my lifetime. It was a good experience. I would like to express my special thanks to my Class Teacher Mrs. Sunita Rakshi Shah for encouraging me to participate in this competition.

Ashar Sahil Hashmi, V-A



## Inter Branch Thematic Dance



St. Karen's Primary School hosted the Inter-Branch Thematic Dance Competition on 26th November 2024. Our students from SKCS participated in the 'Rhythm of the World' segment, showcasing Folk Dances from the United States of America.

Dressed in vibrant cowboy and Hawaiian costumes, our students delivered a fantastic performance, securing 3<sup>rd</sup> position and earning certificates. This event not only showcased their talents but also enriched them with knowledge about different cultures worldwide.

Our students from Std 5 had the opportunity to participate in the Broadway Beats - The Lion King. Although they didn't win, they gained invaluable experience and made unforgettable memories.

The students worked tirelessly to perfect their performances, and their dedication and enthusiasm were evident on stage. We are incredibly proud of their efforts and accomplishments.

The occasion was graced by our Director Sir, who shared valuable insights and inspired us all. It was a fun-filled and fruitful learning experience for everyone involved.





The St. Karen's Inter Branch Athletics Meet 2024 was a vibrant showcase of energy, determination, and athletic excellence. Our students made us proud with their remarkable performances across various track events, bringing home numerous medals and upholding the spirit of true sportsmanship.

In the individual race Anuraag (Class 2) and Anshu Shandilya (Class 2) both secured the 2nd position in the 50-metre race.

Rishav Dey (Class 3) earned the 3rd place in the 80 m. race.

From Class VIII, 'Kritika Saha (VIII-E) claimed the 3rd place' in the 200-metre race, and Mallori (VIII-A) got the bronze medal for finishing 3rd in the 400-metre race.

Aayushi Jha (VIII-E) also secured the 3rd position in the 200-metre race.

A special congratulations to 'Sumit Kumar Pandey (VIII-A) for winning the gold medal in the 400-metre race', showcasing exceptional talent and dedication.

In the Relay Races our team performed with great coordination resulting in exceptional performance

of Girls' Relay Team comprising Meelish Singh, Ayesha Fahim, Sonali Rai, and Kritika Saha, who secured a commendable 2nd position. The Boys' Relay Team comprising Atharva Saha (VIII-C), Sanjay K. Gupta (VIII-E), Aayushi Jha (VIII-E), and Uttam Kumar (VIII-B) earned the 3rd position, finishing strong with a united effort.

The considerable performance of the participants is a testament of their hard work and dedication. Their achievements have added another glorious chapter to our school's legacy in sports.

## CARNIVALESQUE: Bring Your Imagination to Life

Carnavalesque 2.0 was a haven for Bibliophiles, where the literary enthusiasts of our school got an opportunity to unleash their literary talents in the three-day Literature Fest organized by Amity University, Patna, from April 27th to 29th, 2024. The prestigious literary competition brought together creative talents from various institutions thus enriching the students with various learning experiences. This grand event celebrated the art of storytelling, decoration, and literary expression, providing a platform for young talents to showcase their skills. Students from St. Karen's Collegiate School enthusiastically participated in multiple categories, demonstrating their artistic flair and passion for literature. Among the standout performances were in *Dramatics*, where students blended visual art with storytelling to create compelling narratives, and *Cost Closet*, a unique event that challenged participants to express characters through costume and dialogue and *Echoes of Lingo*, a competition that tested linguistic prowess and eloquence.

With dedication and innovation, our talented students not only participated but also secured top positions, bringing pride to the school. Their exceptional performances were applauded by the judges and audience alike, reinforcing the institution's commitment to nurturing creativity and excellence. As our students returned victorious, they carried with them not just awards but also invaluable learning and inspiration to continue excelling in the literary and performing arts. The winners were:

*Echoes of Lingo*: Apurva Shree  
*Dramatics*: Anushi Lama  
*Cost Closet*: Pabita, Anushika Karmali



# EXPERIENTIAL LEARNING

Our Experiential Learning Program connects theoretical knowledge with real-life experiences, fostering a deeper understanding of academic concepts. Through EL, the students develop essential life skills, explore global & local issues, cultivate personal growth, exploration, and self-discovery.

Our EL program is rooted in our core values: Joy, Integrity, Inspiration, Care and respect. These values empower students to become active learners, critical thinkers, and compassionate individuals through reflective practices.

EL experiences in our school take place on-campus or off-campus, including

- > Day-trips
- > Longer excursions

- > Laboratory experiments
- > Hands-on Activities
- > Science, Social Science and AI Exhibitions

Students also explore global and local issues, search for solutions, and develop essential life skills. A few Experiential Learning Projects that have been a part of our curriculum are:

1. **Cultivating Medicinal Plants:** Students nurtured medicinal plants in the SKCS garden.
2. **Agricultural Experiments:** Students visited crop fields to understand agricultural practices.
3. **Farmland Analysis:** Students analysed types of soil, crop management and sustainability.

4. **Chemistry Lab Experiments:** Students conducted hands-on experiments, including:
  - > Displacement Reactions
  - > Decomposition Reactions
  - > Synthesis Reaction

5. **Biology Lab Experiments:** Students explored biological concepts through experiments, including:

- > Plant tissue culture
- > Microscopy and cellular studies
- > Water and soil testing

By integrating Experiential Learning into our curriculum, we provide students with a holistic education that prepares them for success in all aspects of life.



A "Bagless day and Cooking without Fire" both refer to a day when we try to avoid using plastic bags and cook meals without using any heat source as we prepare food which is raw or requires no cooking with stove or oven, often relying on fresh ingredients and techniques like chopping, marinating or assembling salads.

The last day of our school was fun filled for the students of UKG to Std - 5 as they enjoyed the "Bagless Day and Cooking without Fire" held in our school premises on 16<sup>th</sup> May 2024. The students had a great time telling stories assisted by teachers. There

were liondance parties and cooking without fire activities, where they excelled their art by assembling various types of culinary food items and displayed the importance of table manners. They also displayed variety of delicacies and mouth savoring food items. The event was graced by our academic coordinator Angela Anthony who graced this special occasion and lauded the efforts of the students for their excellent presentation, taste and overall creation.



## BAGLESS DAY AND COOKING WITHOUT FIRE



# National Space Day

National Space Day marks a historic day for India. National Space Day is led by the Indian Space Research Organisation (ISRO). This day is not just a celebration of past successes in the field of science and technology but also a moment to inspire future generations. To commemorate the successful landing of Chandrayaan-3's lander and rover on the Moon, India celebrated its first National Space Day on August 23<sup>rd</sup>, 2024 with the theme "Touching Lives while Touching the Moon: India's Space Saga." The day marked a milestone for India bringing it into the list of a few other countries who could achieve their Moon mission successfully. This day was aimed at celebrating the significant impact of Space exploration on society and technology.

On this occasion, our students from Std. 1 to 7 enthusiastically participated in a creative poster-making, quiz and colouring activity. With colorful drawings of planets, rockets, astronauts, and stars, the students showcased their artistic talent and understanding of the cosmos which helped to ignite curiosity and inspire young minds to explore the wonders of space. Each poster was a reflection of the students' imagination and learning about space exploration while the quiz on space exploration fostered a sense of excitement about space science and left students eager to learn more about the mysteries of the universe.



## TEACHERS' CONCLAVE-K-Quiz

"It is the supreme art of the teacher to awaken joy in creative expression and knowledge."

- Albert Einstein

"The second Teachers' Conclave-K- CONFLUENCE was conducted on May 17, 2024. Our school hosted the K-Quiz for educators, with over 30 participants from all branches of St. Karen's Group of Schools. They showed their enthusiasm and skill during the event. Mr. Alan B. Cowell, a distinguished educator and quiz aficionado,



served as the quiz master. The event was graced by the esteemed Joint Director of St. Karen's Group of Schools, Mr. Edward Galmaney, our Principal, Dr. Mariela Lall, Vice Principal of St. Karen's High School, Ms. Sanjay Joseph, and our Academic Coordinator, Ms. Angela Anthony. The quiz featured two rounds, with an elimination round followed by a final round involving the top five teams. Teachers showcased their exceptional abilities in answering questions promptly and accurately. The winning teams were granted 'Teacher with a True Karmite Spirit' certificates. The day was memorable and filled us with pride as our teachers brought honor to the school through their outstanding performance."



## KARENITE TEACHER'S ACHIEVEMENT AWARD 2024-25



I was thrilled to receive the award for 'Active Participation in School Events' bestowed upon me for my efforts and hard work. I extend my sincere thanks to the management for their immense support and always believing in my potential.

Avantika Chowdhary



I am deeply honored and filled with joy to receive this award for dedication and sincerity from the school. This recognition means a lot to me and inspires me to continue giving my best in everything I do. I extend my heartfelt gratitude to the entire school leadership for acknowledging my efforts—this truly motivates me to aim even higher.

Prince Mon Antony



I would like to extend my heartfelt gratitude to the management for recognizing my efforts and presenting me with this esteemed award. This recognition inspires me to continue striving for excellence, adapting to the evolving educational landscape, and making a lasting impact on the lives of my students. I am also deeply thankful to my principal, mentors, colleagues, and, most importantly, my students, whose enthusiasm and determination continue to fuel my passion for teaching.

Shashik Alam

## Honoured as One of India's Top 40 Inspiring Educators Hosted by Bribooks



Receiving this national recognition among such remarkable individuals was both humbling and uplifting. It served as a powerful reminder of the role educators play in shaping vision, building confidence, and unlocking the literary potential of young minds.

This milestone not only celebrates a personal achievement but also shines a spotlight on the incredible literary journey of our students at St. Karen's Collegiate School. It reinforces our commitment to fostering creativity, encouraging authorship, and building a generation of passionate, expressive, and thoughtful readers and writers.

Rakshita Parwez

## Patliputra Sahodhaya Award 2024



I am truly honored to receive this award from Patliputra Sahodhaya School Complex. It reflects my unwavering dedication to education and the support of my students, colleagues, and teachers. This recognition inspires me to continue nurturing young minds and contributing meaningfully to the field of education.

Prince Mon Antony



I was deeply honored and overwhelmed with joy when my name was announced for the Best Teacher Award conferred by Patliputra Sahodhaya in the year 2024-25. This award is not just a recognition of my dedication & hard work but also a testament to the efforts of my colleagues who have unshakably supported me. I am also thankful to our school management for their trust and encouragement in my abilities.

Arvi Miss

## Appreciation and Recognition of our Mentors



*"A teacher takes a hand,  
opens a mind, and touches a heart."*

# BHOOMI INITIATIVE

**B**hoomi, our Mother Earth, is a home to all the living beings, a haven of biodiversity and a hope for the survival of humanity. It holds a sacred unity in our culture, representing the fertility, abundance and diverse natural landscapes. It also symbolizes the connection between the individuals with nature, and demands for initiatives to ensure its sustainability and conservation. It is facing a lot of threats as a result of human activities. These include changes in consumption pattern, increasing population, increased use of pesticides, over use or wastage of resources & cutting down of trees for our selfish needs, resulting in deforestation, climate change, effects on flora & fauna and scarcity of water.

As inhabitants of this planet, Earth, we should be responsible and be committed to ensuring the best practices for the preservation of our planet. This year, we added the Bhoomi Initiative to our annual plan which was aimed at conducting events to raise awareness among the students and the community about our responsibilities towards our planet. For this, we included the Sustainable Development

Goals (SDGs) as a part of our activities. The monthly activities were planned based on some of the SDGs which highlighted the issues related to our actions on the planet and included SDG 6 (Clean Water & Sanitation), SDG 7 (Affordable and Clean Energy), SDG 11 (Sustainable Cities and Communities), SDG 12 (Responsible Consumption and Production), SDG 13 (Climate Action), SDG 14 (Life below Water) and SDG 15 (Life on Land). Our students took part in special assemblies on the occasion of Earth Day and Van Mahotsav Week, conducted community development programmes such as poster making and demonstration among the local vendors, encouraging them to avoid using plastic bags and use cloth or paper bags, minimize the use of vehicles when not in need, visited & attended sessions on nature awareness at Tarunima Ashram and had sessions on our social responsibilities and proactively tried to identify the issues and find solutions for them. The students were also encouraged to apply the 3Rs - Reduce, Reuse and Recycle in their daily life, avoid wastage of water or food, save energy as much as possible and use eco friendly ways to sustain life.

## Bio Diversity Quiz

**B**iodiversity maintains the ecological balance. It helps in the healthy existence of human and other species in the ecosystem. Biodiversity is an integral part of cultural identity. Human culture co-evolves with their environment and conservation is a priority for cultural identity. Biodiversity is used for medicinal purposes. It contributes to climate stability. Biodiversity in flora and fauna is the need of the hour.

As we know that competitions provide a platform to explore and improve one's academic skills and knowledge. Keeping

this in mind, our school organized a BIO DIVERSITY Quiz Competition conducted on 20<sup>th</sup> April, 2024 for the students of Std 7. There were various rounds including the Rapid Fire, Pictorial round and Buzzword round which consisted of questions from all fields related to biodiversity, conservation and nature. Though some questions were tricky, all the participants were well prepared and showed their in-depth knowledge through their performance and enjoyed the learning experience thoroughly. It was an outstanding environment. All the participants adorned the moment through their public speaking skill.

The anchoring was done by Adhira and Piyal of Std VII-D. 1<sup>st</sup> position (Red House) (Truth)-Harsh Raj Vaidhan, Akhansh Kumar Raj, Kumar Anant Bhairabai 2<sup>nd</sup> position (Yellow House) (JOYALITY)- Gyanshu Kumar, Arsh Khun, Abhigyan Prakash 3<sup>rd</sup> position (Blue House) (FAITH)- Pragati Kumari, Ansh Kumar, Anand Kumar



## HERB GARDEN



# GREEN DAY

## A day of Gratitude and Nature Appreciation

On the 6<sup>th</sup> of July, 2024, our students at St. Karen's Collegiate School celebrated Green Day with great enthusiasm. The campus was a sight to behold, adorned in lush green both inside and out. Teachers and students alike donned green attire, making the day a vibrant celebration of the colour and its significance.

The day commenced with a prayer, expressing gratitude to God for the beauty of nature. This set the tone for a day filled with activities that not only entertained but also educated our young learners about the importance of greenery and environmental conservation. The children's excitement was palpable as they eagerly participated in the day's events.

The activities were designed to be both fun and educational. The children, under the guidance of their teachers, planted saplings, fostering a sense of responsibility and love for nature. Art activities included colouring trees with thumb prints and finger prints, which not only taught them about the color green but also helped develop their fine motor skills. The joy of



holding and identifying green vegetables and fruits added to the hands-on learning experience.

Singing rhymes with their peers, the students promoted the message of "Go Green." Snack time was another highlight of the day where students were encouraged to bring and enjoy healthy green snacks. This not only reinforced the theme of the day but also promoted healthy eating habits.



# The Envirothon Quiz

"Trees are poems that the earth writes upon the sky"

The celebration of Van Mahotsav was epitomized with the Envirothon Quiz 2024, conducted on July 6<sup>th</sup> at St. Karen's Collegiate School, Patna. The competition aimed to enhance appreciation of the environment and the significance of trees. Four groups participated in the quiz: The Green Guardians (composed of Ayush Kumar Agrawal, Ayush Kumar Singh, and Sanskriti), Eco Warriors (consisting of Aditya Tiwari, Sakshi Sinha, and Nirav Kumar), Climate Crusaders (including Anshita, Pritanshi, and Arpan), and Earth Protectors (with Neha, Mayank Kumar, and Shyama Sankar). The quiz consisted of three challenging rounds: MCQ, Visual, and Bonus, testing various aspects of environmental knowledge. The Green Guardians exhibited their comprehensive knowledge of environmental affairs after a strenuous competition against

the other participants to win. The quiz utilized Multiple Choice Questions, Visuals, and Bonus. The glory behind the success of this event lies in teamwork and environmental education, which are imperiously crucial in safeguarding our planet. The Envirothon Quiz, held during the Van Mahotsav festivities, played a significant role in promoting environmental responsibility among the youth of St. Karen's Collegiate School, creating a notable and influential occasion.



The winners are as follows

### 1st Position (The Green Guardians)

Ayush Kumar Agrawal | Ayush Kumar Singh | Sanskriti

### 2nd Position (Eco Warriors)

Aditya Tiwari | Sakshi Sinha | Nirav Kumar

### 3rd Position (Climate Crusaders)

Anshita | Pritanshi | Arpan





## THE GREEN INITIATIVE (VAN MAHOTSAV)



**V**an Mahotsava, a national tree-planting festival was celebrated in our school with enthusiasm and zeal to promote environmental awareness and highlight the importance of trees. The entire school's assembly theme was dedicated to forest preservation and making efforts towards balanced ecosystems. On the 5th of July, the students & teachers conducted a plantation drive and exchanged saplings of indigenous trees, flowering, and medicinal herbs.

Students and teachers gathered in the school's garden area to plant saplings of native trees and shrubs. The initiative aimed to promote greenery on campus and teach students about the benefits of planting trees, such as oxygen production, carbon absorption, and soil conservation. Each student took an oath to nurture the sapling they planted, reinforcing the message that taking care of the Earth is a shared responsibility.

This festival successfully fostered a green consciousness among students, turning them into active participants in environmental preservation and reminding everyone that small actions can make a big difference in protecting our planet.



**V**an Mahotsava is a nationwide tree-planting festival observed from 1<sup>st</sup> to 3<sup>rd</sup> July annually to raise awareness about the significance of tree planting and forest preservation. Our school organized an educational trip to Tarumitra for our students, led by our Principal, Mrs. Manisha Lati, and teachers. This excursion took place on the 1<sup>st</sup> and 3<sup>rd</sup> of July, 2024, catering to students from Classes VIII to X, with approximately 45 students participating each day. Mr. Debopriya Datta warmly welcomed the students, providing a guided tour throughout the visit. The students showcased creative models made from recycled materials to Father Tony Perdomo, the director of Tarumitra Ashram, and learned about various endangered plant and animal species crucial for biodiversity. The students engaged in a thought-provoking street play and performed melodious songs, making it an enriching experience. The students were then given a tour of the entire campus. They were shown the fields, the process of filtering water, and various other demonstrations, such as making herbal tea with balsam & extracting organic color from a window plant. The day concluded with a celebration of the Van Mahotsava program, where students shared their self-made organic colors, enhanced with newfound knowledge and awareness.

## The Green Journey to Tarumitra: Beyond Chalk and Talk





# MERAKI'24



*"When we do something with soul, creativity, and love—we leave a piece of ourselves in our work. That's exactly what Meraki is."*

Just as the entire range seeks for the spring reason in the same way our Kanvite's family awaits for the much-awaited MERAKI – Spring Camp that blossoms into an inspiring and vibrant journey for students, blending fun with purposeful learning. The main objective behind this camp was to ignite passion, creativity, and self-expression in every student.

Keeping this view in mind, the 3<sup>rd</sup> and the 4<sup>th</sup> editions of our Spring Camp – Meraki 2024 and 2025 were held for the students of Classes 6 to 8. Meraki 2024 was held from 24<sup>th</sup> March to 27<sup>th</sup> March, 2024 at our Jaitpur Branch whereas Meraki 2025 was held from 17<sup>th</sup> March to 22<sup>nd</sup> March 2025 at St. Kateri's Secondary School branch. There were around 512 students from the three branches of St. Kateri's group of schools participated in these two consecutive editions. The theme of the MERAKI 2024 Spring Camp was – 'Spring into Action! Engage with Passion'. Apart from this Meraki 2025 theme was Hoana! Spring into fun.

The special attractions were regular Zumba sessions, Song Composition, Vocal, Instruments, Culinary Art, Public Speaking, Theatre, Wall Art, Vertical Gardening, Carpentry, Blog Writing, Baking and Night Camp. Both the editions gave a wonderful platform for students to explore and enhance their creativity, develop essential life skills, and build confidence in their communication abilities. All the sessions and workshops taught lessons of collaboration, critical thinking, and self-expression to the students. The positive collaboration of the teachers and enthusiasm of the students really made Meraki 24 and 25 truly an enriching experience. Throughout the camp, students engaged in a variety of thoughtfully curated activities aimed at nurturing life skills, enhancing communication, and fostering teamwork.



Each day of the Spring Camp brought a new exposure to all the students. The camp also emphasized the importance of work-life balance, resilience, and kindness, through interactive games and reflective discussions. Each activity was not just about skill-building but about instilling values and inspiring a lifelong love for learning. As the camp drew to a close, the joy, confidence, and spark in the students' eyes were the true reflection of Meraki — proof that learning, when done with heart, becomes a cherished experience.

The closing ceremony was held in the presence of the eminent members of the management who praised the teachers and students for bringing their best efforts to make this event a grand success. The event on the culmination day included reflections and artistic display and talents that students learned in the camp as well as shared their experiences about this event with everyone. Through guided sessions and encouragement by our facilitators, the activities helped the children in developing a strong sense of team spirit and confidence.





**Angela Anthony,**  
Academic Coordinator

**I**n a world increasingly driven by numbers, achievements, and accolades, the quiet resilience of soft skills often goes unnoticed—until they create ripples that shake the world.

Soft skills are not the subjects we study in class or the grades we celebrate on report cards. They are the values we embody, the confidence we carry, the compassion we show, and the resilience we build. In truth, they are the soul of our success story.

As an educator and as a human being, I have often observed that the students who leave a lasting impression are not just those who top the exams—they're the ones who know how to speak with kindness, listen with patience, lead with humility, and walk with quiet confidence. They may not always stand in the spotlight, but their light is impossible to ignore.

**Believe First—Then Become**

The first soft skill we all need is belief—in ourselves.

Belief is not arrogance. It is not pretending to be perfect. It is standing in the mirror and telling yourself I may not have all the answers, but I have it in me to learn, to grow, and to try again.

In a world that sometimes celebrates noise, silence becomes strength. In times that reward speed, consistency becomes power. Let your belief in your goodness, your potential, and your quiet efforts be your loudest message.

**Let Actions Speak Louder Than Words**

We don't need to prove our worth to anyone—but we owe it to ourselves to set on it.

## "Unseen Yet Unshaken: The Silent Power of Self-Belief and Soft Skills"

Let your actions become your identity. Be kind even when it's not fashionable. Be honest even when it's not easy. Speak up for what's right even when it's not popular. These are not skills for—the kind that shape leaders, not just professionals.

**Make Your Mark, Even If It's in Pencil**

It doesn't matter where you start or how quietly you begin—just begin. Goodness doesn't always come with a ring; sometimes, it begins in the back benches, in the extra five minutes of effort, in the silent decision to never give up.

And when you keep showing up, growing up, and standing up—you will make your mark. And trust me, people will notice. Maybe not today, maybe not this year—but they will. Because goodness has gravity. It pulls the right kind of attention, the right kind of people, and the right kind of purpose towards you.

**Never Let the Goodness in You Die**

The world may try to harden you. Don't let it. Protect your goodness like a flame in the wind—shield it with wisdom, but don't smother it with fear.

Stay soft-hearted and strong-minded. That's the balance that defines a life of impact.

As we move forward—teachers, students, parents—I urge each one of us to nurture the invisible syllabus of soft skills. To teach our children (and ourselves) that being a good human is not outdated; it's revolutionary. Believe. Act. Stay kind. And never stop glowing.



Message

## From Mistake to Masterpiece: The Journey of Change

**L**ife doesn't always give us second chances—but when it does, it brings along a powerful opportunity: the chance to change, to grow, and to rewrite a story that didn't go as planned the first time.

Whether it's to academics, friendships, or personal goals, second chances aren't just lucky breaks—they're invitations to reflect and improve. Often, time and distance help us understand what truly matters, and that understanding can spark a real change from within.

But change isn't just about realizing what went wrong—it's about proving it through actions. True transformation comes through consistent effort. It's in being more responsible, more thoughtful, and more determined than before. When we recognize our past shortcomings and actively work to improve, we don't just earn another chance—we earn trust.

Offering someone a second chance, or accepting one ourselves, is an act of courage. It means stepping beyond fear and believing in growth. And it's not just about the person who needs it—it's also about the one who gives it. Letting go of the past can lighten the heart and open doors to something even better than before.

In the end, second chances are about hope. The hope that we can evolve. The hope that a fresh start can lead to new strength. And the hope that what once went wrong can return stronger, wiser, and more beautiful than ever.

So if life knocks twice—pause, reflect, and be open to change. You never know how powerful that second beginning might be.

After all, growth is the most beautiful kind of change.



**Rakshita Parveen**



## Breaking Beauty Standards: The Power of Inner Radiance

**S**omeone has very rightly said, "Beauty is not about having a pretty face. It is about having a pretty mind, a pretty heart, and most importantly, a beautiful soul." However, there are still many people who lack this moral and run after appearance rather than personalities.

In India, people are so obsessed with fair complexion that they reject girls for marriage just because of their dark complexion. When we read national advertisements, it is really sad to see that everyone wants a fair complexion. For jobs as well, everyone demands fair-skinned people. The high sale of all fairness creams is also an indication of people's obsession with fair complexion.

It is totally in contrast to people of western countries, where they are crazy

about getting tanned skin. Also, they pay a good amount to get tanned skin.

It is high time that we need to understand that we are all supposed to be different. Our bodies skin too has its own beauty and is perfectly suited to us. What matters is having a beautiful heart under the skin. We need to focus on being good human beings, as that is what will take us somewhere in life. Not for long, beauty is only skin deep. It is something that will stay only for a short period of time, whereas a positive character is eternal.

No instead of giving preference to fair complexion, one must look at the inner beauty, which provides us perceptual experiences, pleasure, and satisfaction, inspiring us to perform good deeds. Our real progress will occur when we

get rid of such racist mindsets within the general masses of our society.

"A beautiful mind is the greatest beauty of all, for it shines brighter than any complexion and illuminates the world with brilliance."



Tanay  
VTB



Anshu Shrivastava  
X-B

## ACCEPT THE WAY YOU ARE!

**I**n today's world, where social media has taken control of the societal norms, dictating how we should look & live, self-acceptance has become a beacon of light amidst the chaos. Surrounded by filters and unrealistic standards, embracing who we are is not just a step towards personal growth and self-love, it's a celebration of individuality. It means recognizing our own strengths and accepting our imperfections. It allows us to take care of ourselves, build confidence, and cultivate inner peace amidst seeking constant validation from others.

Comparing ourselves to others only dims our light. Everyone's journey is unique, and ultimately your story reflects who you want to be and celebrate. By surrounding ourselves with positive influences and practicing self-care, we can reinforce self-love and attract genuine connections.

Accepting ourselves with all the flaws is a lifelong journey that requires patience and self-compassion, but the rewards inner peace and happiness are immeasurable. Remember we are enough just as we are. We should embrace our journey and let our true self shine.



Ayesha Ashfaqur  
VII-D



## The Ultimate Guide to Mastering the Art of Small Talk

**S**mall talk might seem like an annoying or even awkward necessity, but with the right approach, it can open doors to friendships, networking, and even self-confidence. Here's a quick guide to help you master the art of small talk, making it feel natural and fun.

### Starting strong: opening lines that work

The first step in good small talk is a solid opener. You don't need to be overly clever – just try starting with simple questions that show interest, like "What's the most interesting thing you've done recently?" Or, if you're feeling brave, give a compliment. Something as easy as "That's a cool jacket!" is enough to spark a smile and a response.

### Listen more than you talk

This might sound counterintuitive, but listening is actually the most important skill in small talk. Nodding, making eye contact, and asking follow-up questions like "Oh, tell me more about that!" show you're genuinely interested.

### Easy topics anyone can talk about

When in doubt, steer the conversation towards universal topics like travel dreams: "If you could visit anywhere right now, where would it be?" Fun shows, movies, or internet trends that everyone is talking about. These topics are easy to engage with, regardless of age or interests, and can lead to surprisingly deep conversations.

### Adding a touch of humour

A little humour can go a long way, as long as it's light and friendly. You could joke about something simple like the weather or a mutual situation, like waiting in a long line. Remember to keep it friendly and avoid sarcasm until you know the person better.

### Smoothly wrapping it up

Ending a conversation doesn't have to be awkward. Try wrapping things up with a friendly line like, "It was great talking to you! I'll see you around!" or, "Catch you later, it was fun!" Ending on a positive note makes people remember you fondly and keeps the door open for future chats. With these tips, small talk can become less of a chore and more of an enjoyable way to connect. So, next time you find yourself in a social situation, give these tips a try!

Teachers in our school have played an essential role in shaping my life, guiding me through various stages of learning and personal growth. From an early age, I was fortunate to have educators who not only imparted academic knowledge but also nurtured my interests and encouraged my curiosity. Their influence extended far beyond textbooks, as they taught me life skills such as critical thinking, resilience, and communication.

One of the most significant aspects of my experience with teachers was their ability to create a supportive and inclusive environment. In times when I struggled with certain subjects or faced personal challenges, it was often a teacher who offered the encouragement I needed to push through. I recall instances when teachers noticed my difficulties and took the time to offer extra help or simply listened when I needed someone to talk to. Their belief in me helped me keep striving, even when things felt difficult.

Teachers also played a critical role in broadening my perspectives. They made learning feel exciting and relevant, turning abstract concepts into something I could connect with. These moments helped shape not only my academic path but also my personal values and ambitions.

accompany with. These moments helped shape not only my academic path but also my personal values and ambitions.

Through these examples, I learned about discipline, responsibility, and the importance of perseverance. Teachers demonstrated the power of kindness and patience, not just in their teaching but in how they treated others, leaving a lasting impression on how I approach relationships and challenges in my own life.

In conclusion, my experience with teachers has been transformative. They have been sources of knowledge, support, and inspiration, impacting both my academic achievements and personal development. The role they play extends far beyond the classroom, and I truly believe that the lessons I've learned from them will continue to guide me throughout my life.

Teachers also played a critical role in broadening my perspectives. They made learning feel exciting and relevant, turning abstract concepts into something I could connect with. These moments helped shape not only my academic path but also my personal values and ambitions.

# The Importance of Teachers



Adarsh Kumar  
VII-P

## Nurture YOUR MIND

Wellness does indeed comprise many different dimensions—mental, physical, and social. However, mental care is the one that ties it all together. Positive attitudes, regulated emotions, and avoidance of stress can be credited to mental wellness. Along with physical exercise, a proper diet, and encouraging relationships, balanced and a well-rounded, satisfactory life gets its foundation.

Mental health does not have to be such a hassle. Any little change goes a long way. Good habits such as healthy sleep, healthy food, and staying fit can benefit the body as they improve the mental condition. A healthy body sharpens the mind, enabling one to cope with more stressful issues and make better decisions.

It is equally important to treat yourself with kindness. It is easy to compare yourself with others, but everyone has to face their difficulties. Focusing on our strengths and appreciating what we have really help us grow more confident and more resilient, even when things get hard.

This can also be considered a way of achieving mental wellness through the expression of emotions. Talking to a trusted friend, writing in a journal, or engaging in some creative activities may lighten emotional burdens and remind people that they don't have to face everything alone. Small acts of self-expression go a long way in bringing clarity and relief.

And last, but not the least, aspect of mental well-being is time for happiness. It could be hobbies, moments of laughter with family, or even those moments of recharging and relaxation. Such moments in life recharge our minds and put our lives back into balance when life gets tough.

This means that mental well-being is not a way to avoid problems but a way of building the strength to face them. Stepping up with small steps to care for our minds helps us grow stronger and happier to handle life's challenging circumstances.

Sometimes, life can be overwhelming. At one point, it feels like so much school work, social obligations, and friendships all at once. It makes us forget about mental well-being, which essentially helps us maintain composure, focus, and steadiness in challenging situations.



Nripendra Nimish  
VII-C





## VIRAT KOHLI: The Power of Aggression into Performance

One day, he stood in front of a mirror and felt a sharp sting of shame. He realised that his appearance and habits were far from what a "world-class athlete" should have. This moment of self-reflection became the turning point of his life. He understood what kind of fitness a world-class athlete should have.

Fueled with anger at himself, Virat resolved to change his lifestyle completely. From that day onward, he channelled his aggression and determination into consistent hard work, transforming not just his fitness but also his mindset.

Over the years, his dedication has earned him the title of "King Kohli."

Anger is not always bad if we target it properly.

Usually, we get angry about things that are beyond our control. While we cannot

change those things, we have to focus on what lies within our hands to improve or to change.

Aggression is a double-edged sword. It has the power to take you to great heights, but it also has the power to lead you to downfall if misused.

Ask yourself: what is the purpose of aggression if it pushes you away from your family or your friends?

Instead, use it as a tool to fuel us drive you towards your passion to achieve success in life; controlled aggression will take you to great heights.

People often say, "Virat Kohli is aggressive," but they fail to understand that there is a big difference between controlled aggression and uncontrolled aggression.

Kohli's brilliance lies in his ability to transform his aggression into exceptional performance on the field.

A normal person's anger is self-destructive, but Kohli's anger is self-constructive.

Don't see anger from a positive or negative angle, but consider it as energy, and use it.

Then you will reach your destiny.



Anam  
VII-C

## The Life of a Student During Exams

**Exams** – the magical time when everything except studying becomes interesting! Cleaning your room, organising your stationery, even staring at the ceiling suddenly feels productive.

### Before the Exams

When exams are announced, there's always that one napper who starts studying immediately. The rest of us?

"Kal se padhai pakka!" (I will start tomorrow, for sure!) – and that "tomorrow" never comes.

### In the Exam Hall

Sitting in the exam hall feels like entering a courtroom. The question paper arrives, and we either smile in relief or stare at it as if it's written in a foreign language. There's always that one friend flipping pages confidently, while the rest of us pray, "God, save me!"

### After the Exam

Once the bell rings, discussions about answers begin, like debates on a newer channel. Someone proudly claims, "Mera toh sab sahi hai!" while others silently question their life choices.

Exams are tough, but they are also unforgettable. The stress, the jokes, and the "next time I'll study earlier" promises make them a memorable part of school life.



Ansa Sharma  
VII-D

## Why do we procrastinate?

Procrastination is that sneaky habit we all know too well. You sit down to study, and suddenly you're deep into YouTube videos or scrolling endlessly. So much familiar! It usually happens because tasks seem too big or boring, so we avoid them. But here's how to beat it: start small. If you have a project due, don't think about the whole thing—just research one section, or write a few lines. Try the two-minute rule: if something takes less than two minutes, do it right away. Also, tackle the toughest task first (get it out of the way!). And don't forget to reward yourself—finish a chapter, then take a break with your favourite show. It's all about balance and small wins!



Manoj Jaiswal  
X-D

# A legacy of diversity

In the heart of Bharat, where the rivers flow,  
A land of colours, where the cultures grow.  
Mountains high and valleys deep,  
A tapestry of life, memories to keep.  
From the snowy peaks of Himalayas grand,  
To the sun-kissed beaches and golden sand.  
Deserts vast with dunes so high,  
Lush green forests where the tigers lie.  
Languages rich, a melody of tongues,  
In every dialect, a song is sung.  
From the beats of drum to ear's strings,  
The music of Bharat in harmony rings.  
Festivals bright with joyous cheer,  
From Diwali's lights to Holi's smear.  
Kid's embrace and Christmas bells,  
In unity, diversity dwells.  
Cuisine that dances on taste buds' loam,  
From spicy curries to sweets we adore.  
Biryani, dosa, and chole's spice,  
Each dish a story, each bite a smile.  
Art and tradition, old and new,  
From ancient temples to IT avenues.  
Innovation thrives where history sleeps,  
In Bharat's heart, where the spirit leaps.  
Hand in hand, a billion dreams,  
In unity, a nation's beam.  
Diverse yet one, a strength so vast,  
In Bharat, forever it will last.  
So here's to Bharat, proud and free,  
A land of endless diversity.  
A beacon bright for all to see,  
In every heart, a legacy.



Ayush Kumar Yesh  
X-C



## CHARACTER MONOLOGUE SDG – 2 Zero Hunger



Pragati  
VII-A

**"I**n Hunger, I'm the unwanted visitor who won't leave. I make kids' tummies hurt and their minds feel foggy and unfocused. They can't focus in school, they get tired easily, and they can't play like they used to. I see the sadness in their eyes and the worry in their parents' faces. I'm like a shadow that follows families wherever they go. I make it hard for them to make ends meet, to put food on the table. I see

communities struggling, people working hard but still going to bed with empty stomachs.

I'm mean. I take away health, education, and dreams. I make it hard for kids to grow up strong and healthy. I make it hard for people to work, to study, to live their lives.

But I can be stopped! I don't want to be here anymore. I want to see kids grow up happy and healthy. I want to see communities thrive, people working together, sharing food and laughter.

Let's work together to make me go away. Let's make sure everyone has food, kids can learn and play, and communities are happy.

I'm Hunger, but I don't want to be. Let's make me a thing of the past. Let's create a world where everyone has enough to eat, where everyone can live with dignity.

We can do it! We just need to care, to share, and to work together. Let's make hunger history!"

## My Journey As The English Literary Club In-Charge

Greetings to all,

I am Gargee, proudly serving as the English Literary Club In-Charge for the session 2024-25. This wonderful opportunity was given to me by my English teacher when I expressed my desire to be a part of the Student Council. The immense trust and badge and such were pinned on me. I felt a great sense of responsibility and excitement for the journey ahead.

Being a Council Member has been an enriching experience, filled

with valuable lessons and memorable moments. I had the privilege of organizing and participating in various school activities, each adding to my growth and learning. One of the most thrilling experiences was the Reading Festival, where we immersed ourselves in books, shared stories, and even reacted famous authors and literary characters.

Another remarkable event was the special assembly for Teacher's Day. We created heartfelt greeting cards for

our teachers and put together a special performance, making it a truly joyous occasion. Seeing the bright smiles on our teachers' faces was the most rewarding part of the celebration.

Being a Council Member has been a journey of trust and self-improvement. It has taught me to be more mindful of my actions, as I represent my peers and set an example for others. This role has significantly contributed to my personal development, making me more responsible and disciplined.

of course, with responsibilities come challenges. Balancing academic work with council duties required careful time management. At times, the workload was overwhelming, but it only strengthened my ability to prioritize tasks effectively. Even moments of playful interactions with friends reminded me of the importance of maintaining a balance between leadership and enjoyment.

One unforgettable aspect of my journey was being part of a class with the highest number of Council Members. While our enthusiasm often made our

class lively, it also meant we had to put in extra effort to maintain discipline. Our Academic Coordinator's nudge served as gentle reminders to uphold the standards expected of us.

Looking back, the session 2024-25 has been the most incredible phase of my school life. Every experience—whether exciting, challenging, or enlightening—has shaped me into a more confident and capable individual. I cherish each moment and am grateful for the opportunity to grow, lead, and contribute to my school community.



Gargee  
VII-C

## How I Felt After Becoming a Council Member

Becoming a council member in my school was a dream come true for me. It was one of the most exciting and proud moments of my life. When my name was announced, I felt a surge of joy, but at the same time, I realized the immense responsibility that comes with this position. It is not just a title but a role that requires dedication, leadership, and hard work.

Initially, I was filled with excitement about my new role. I imagined myself helping the students, representing their ideas, and working with my teachers to make our school even better. However, as days passed, I began to understand that being a council member is not as easy as it

seems. There are many challenges that come with it, and it requires a lot of effort to fulfill all the expectations.

Balancing the responsibilities with my studies was tough at first. I had to make a schedule and prioritize my tasks. Slowly, I learned how to divide my time effectively, and this made me more disciplined and organized.

One of the most rewarding yet difficult aspects of being a council member was solving problems. My peers came to me with their concerns, and I had to listen carefully and find ways to help them. Sometimes, it was challenging to make decisions that please everyone. I realized the importance of listening to different

perspectives and being fair and kind in my approach.

Despite the challenges, the role of a council member has taught me many valuable lessons. I had learned the importance of teamwork because no task can be accomplished alone. I have become more patient and understanding, as I have worked with people from different backgrounds and with different opinions. I have also learned how to stay calm under pressure and find solutions to unexpected problems.

The best part of being a council member was a sense of fulfillment. I felt proud when I contributed to the school. Whether it was organizing a



Arnav  
VII-V

## My Experiences as a Council Member

Serving as Discipline In-Charge for Loyalty House was transformative. I had a unique opportunity to develop my leadership skills and make a positive impact on my fellow friends. During my duty, I was responsible for maintaining discipline and school decorum within my schoolmates. I worked with other council members to establish clear expectations and consequences.

I learned to listen actively, remain impartial, and find solutions that benefited everyone involved. These experiences taught me the importance of effective

communication, empathy, and conflict resolution.

Overall, my experience as Discipline In-Charge of Loyalty House was amazing. I developed strong leadership skills, built friendly relationships with my fellow friends, and gained a deeper understanding of the importance of discipline and responsibility.



Arvi Singh  
VII-C

## The Value of Helping Others

Helping others is an important life skill that makes the world a better place. When we help someone, we show kindness and care, which brings happiness to both them and us.

Helping can be done in many ways. We can help our parents by doing small chores at home, like cleaning our room or setting the table. We can assist our classmates by sharing our notes or explaining a lesson they find difficult. Even small acts, like opening the door for someone or giving up our seat for an elder, show helpfulness.

Helping others not only makes them feel good but also teaches us responsibility and teamwork. It builds stronger friendships and makes people trust us. When we help, we learn to be patient, understanding, and compassionate.

The best part about helping is that it doesn't require big actions. A smile, a kind word, or sharing what we have can make a big difference. Helping others creates a positive environment where everyone feels supported and valued.

So, let's make it a habit to help whenever we can. Remember, when we help others, we also help ourselves grow into better, kinder people.



M.L. Arsh Khan  
VII-B



*Yes, I'm  
Beautiful!*

**I**n the mirror, I gaze back  
Crafting angles, polishing flaws,  
Yes, I'm beautiful and that's the fact,  
Lost in the echoes of my own applause.  
Conversation under a familiar dance,  
Each word a reflection, a fleeting glance.  
The world outside began to blur,  
I'm the star of my stage, my ego's blur.  
Yet in quiet moments, I start to see,  
A vibrant tapestry woven around me,  
Life beyond my frame, a dance so bright,  
Reminding me that beauty thrives in light.



Ayeshu Ashfaq  
VII-B

**T**eenage! Teenage! Teenage!  
Reaching the age,  
Get the key to the cage.  
Going inside the cage is a teenage phase.  
A cage full of problems, looking delighted,  
Even a child wants to enter tonight.  
It looks cool but weakens the inner light,  
And every elder wants to move back  
and see the bright.  
A cage of love,  
A cage of pressure,  
A cage of hard work, appearing lesser.  
Every elder wants us to mature,  
And vanquish the child within for sure.  
But they forget,  
Childlike innocence is what makes life good.  
And every man living inside the cage,  
Feels desperation,  
And wears a crying face.  
Each day begins like a new season,  
With a wish to reach a big lesson.  
But here lies the truth,  
That makes our minds as free:  
This is the age to make things better.  
So, here's the age  
To follow our passion,  
And turn it into a future profession,  
That lights the path as a valuable lesson.



Swastik Raj  
VII-A



Pranav Raj  
VII-B

*Welcome to*  
**Bihar**

**W**elcome to our Blisful Bihar,  
Where Ganga, Kosi Flows,  
Welcome to our Great Bihar,  
Where the Himalayan air blows.

Filled with history and heritage,  
and being the land of Buddha,  
Famous for the University of Nalanda,  
and being the capital of Ashoka.

Aryabhata, a great Mathematician,  
who gave "Zero" to the human and computer brain,  
Mahavira, the last Tirthankara of Jain,  
who gave "asteya" and ahimsa thought.

Bodhi tree and Bodhi Gaya,  
where Buddha got enlightenment.  
Maha Bodhi, a great temple,  
is also one of them.

Vaishali, a great Pilgrimage  
of Buddhism and Jainism.  
The birth place of Lord Mahavira,  
and place where Buddha visited thrice.

The last Guru of Sikhs "Guru Gobind Singh," it's  
birth place is Patna.  
Chhatra gya, the great Festival,  
in which we worship Lord Surya.

Our Bihar is Rich in Culture,  
and filled with religious names.  
Welcome to our Heritage BIHAR,  
which has Unity in Diversity.

# Hope

## My Moon

The end of the day is dark,  
With the twinkling of some stars.  
The shining of the great moon,  
Giving me a great mood.  
I can't believe you're so far,  
Want to reach out but so apart.  
Sitting with a cup of tea,  
Remembering a few unforgettable memories.  
You are the one to whom I share my feelings,  
Because you have helped me in healing.  
This is not the world for believing,  
But you are the one to whom I keep sharing.  
Clouds are the main evils,  
They come and cover you often.  
You are my all time remedy.  
That's the reason I don't need therapy.  
Now I am addicted and going to make another tea.  
So goodbye, my moon, will always stay with me!



Gunika Choudhary  
VIII-D



Kritika Kumari  
VIII-D



On a sultry day in June, Anshika, a middle-aged woman with a troubled past, found herself wandering through the deserted streets. As she approached a house at the end of the street, she decided to go in and relax for a while. The house gave off a gloomy vibe. A cold gust of wind blew through her hair. She hesitated for a moment but then slowly entered. The interior was dark and dusty, filled with forgotten memories. She noticed a pair of portraits hanging on the wall. They depicted a handsome couple. As Anshika turned to leave, a soft whisper echoed through the house. It was a woman's voice, filled with sorrow. "Please don't leave me alone."

Anshika froze. Slowly, she turned back towards the portraits. The eyes of the woman in the painting seemed to follow her, with an almost palpable desperation.

Overcome with a sense of awe, she ran out of the house.

She could hear the sound of footsteps echoing behind her. Suddenly, the footsteps grew louder, right behind her. She screamed and turned, but there was nothing. She was alone. "Help me..." she said. With a start, she woke up. Her body was drenched in sweat. The dream felt so real, so terrifyingly real. Lying in bed, she could still feel the cold touch of the ghostly woman on her skin. She knew that the dream was not just a nightmare. It was a visitation, a warning. Someone needed her help. But who?

That day, she went back to the house, filled with darkness and dust. She hesitated, but then she remembered the woman's words. "Help me."

Now, she was not afraid. She came to help. As she moved toward the basement, she called out. At the bottom of the stairs, she found herself in a small room. In the center of the room, on an old rocking chair, sat the ghostly figure from her dream. The figure

whispered, "You came..." Anshika approached cautiously. "What are you? What happened to you?" she asked.

The woman smiled, her voice filled with sadness. "My name is Ana. I lived here with my husband, Adam. But we were murdered many years ago. Our spirits have been trapped in this house." Anshika listened with a heavy heart. She learned that they had been killed by their neighbors for their wealth. Their bodies had been hidden in the basement, and their spirits were unable to move on.

"I will help you," she said. "I will tell the authorities what happened. I can give you peace." A glimmer of hope appeared in Ana's eyes. "Thank you," she whispered. "You are our only hope."

Together, they devised a plan. The next day, Anshika went to the police and told them everything. At first, they were skeptical, but when she led them to the basement and showed them the hidden bodies, they were forced to believe her. The neighbors were arrested and charged with murder. Ana and Adam's spirits were finally able to move on.

Anshika never forgot the spirits who reached out to her. She was proud to have helped them.

Moral - Even in the darkest of times, there is always hope.



Paridha  
VII-B

## LIVE AND LET LIVE

God has created this world not for the benefit of mankind alone. No doubt, humans today are the masters of the earth. We have tamed even tigers and elephants but our brain's superiority does not give us the right to hunt down all kinds and species of animals. Animals normally live in forests and they don't even attack us unless we provoke them or encroach in their territory. They even serve some useful purposes, by killing them for pleasure or for their skin and bones is a crime.

We need to learn to live together not only with our fellow beings but also with all the creatures. In other words, we should live peacefully and let others also live in peace.



Vent  
VI-11

## My experience on Annual Sports Day

I was out of station when the selection for the Annual Sports Day was being done. I was scared that I won't be able to participate but I did. Everyday we practised hard for the best results. Sometimes in the ground and a few days before the main event we also went to the field where we were supposed to have the actual event. On the final day, I was both excited and nervous but we all stayed. I was also in the grand finale which made me really proud.

After all the efforts and hard work, I was able to bag two medals, a gold medal for the 1st position in Kho Kho girls team match and a bronze medal for the 2nd position in shot put. It was one of the most memorable days of my life.



Shandhavi Tripathi  
VI-11



Arnav  
VII-10

## The Boy Who Saved

Once upon a time, in a small village surrounded by a vast forest, there lived a young boy named Ravi. The forest was home to many animals, birds, and plants, and the villagers depended on the forest for firewood, food, and water. The trees gave them oxygen and provided shelter, making the forest an essential part of their lives.

One day, a group of men from a faraway city came to the village with an offer. They promised to pay the villagers a lot of money if they allowed them to cut down a large portion of the forest. The villagers, eager for the money, agreed without thinking of the consequences.

Ravi, who loved the forest deeply, was devastated. He knew that cutting down the trees would hurt the animals, pollute the air, and destroy the balance of nature. He decided to take action. Ravi went to the village elders and tried to convince them to stop the destruction. "If we cut down the forest, we will lose everything," he pleaded. "The trees give us clean air to breathe, water to drink, and food to eat. Without the forest, our village will suffer."

The elders laughed and dismissed his concerns, saying, "The forest is too big. We won't miss a few trees. The money will help us build a better future."

## the Forest

But Ravi didn't give up. He spent the next few days gathering the children of the village. Together, they marched into the forest, building signs that read, "Save Our Forest," "Protect Nature," and "Think of Tomorrow." They sang songs and spoke to everyone they met, explaining the importance of the forest.

As the news of Ravi's efforts spread, more and more villagers began to see the truth. The young boy's passion and determination moved them. They realized that the forest was their lifeline, and without it, their future would be bleak.

Finally, the elders called a meeting. After much discussion, they decided to cancel the agreement with the men from the city. Instead, they promised to protect the forest and work together to preserve it for future generations.

Ravi's hard work and bravery had saved the forest, and in doing so, he taught the villagers an important lesson: Short-term gains are not worth sacrificing the long-term health of the environment. The forest, the air, and the water were precious, and they should never be taken for granted.

From that day on, Ravi became a hero in the village, and the people learned to live in harmony with nature, protecting it as if it were their own life.





## The World Through a Cat's Eyes



Annu Kumari  
X-D

**C**ats have a unique way of seeing the world. They're near-sighted, so distant objects appear blurry, but their sight is so sharp in up-close, allowing them to see well in low light. Their color palette is limited to shades of blue and green, while reds look more greyish. This vision is perfect for stalking their prey—if they could only remember where they had their toys.

"Ah, my human is up again. Why do they insist on waking me when I'm perfectly curled up? Do they think they owe the couch? Please! Look at them, nipping over their own feet while I effortlessly leap to the top of the fridge. And those toys they buy? What's with the stuffed mice? If they want me to hunt, at least get me something challenging, like the vacuum cleaner! I can't help but squeak them at 3 AM while they wander around, wondering why the shadows keep moving. Honestly, they should just follow my lead—napping is a full-time job!"



Annu Kumari

## FEEDING THE PROBLEM

**K**lara, a young girl, was addicted to junk food. Despite her parents' warnings, she continued to devour chips, cookies and soda regularly. One day, Klara woke up feeling extremely unwell. She was taken to a clinic where the doctor delivered the shocking news that she had developed insulin resistance, a precursor to Type 2 diabetes. Klara and her parents were devastated. She realised her addiction had put her health at risk. She promised herself to improve her lifestyle. With the help of her parents, she changed her eating habits, incorporating more fruits, leafy vegetables, and whole grains rather than junk food. Her health improved and she became an advocate for healthy eating habits and started guiding her friends also for the same. She encouraged them to make healthier food choices and even started a school garden. Klara's story serves as a reminder that it's never too late to make a change and develop healthy habits.

## Be A Human Library -Be A Living Book



Prince Man Antony

**T**he concept involved individuals who were willing to share their stories and experiences, acting as "living books". The Human Library concept originated in Copenhagen, Denmark, in 2000. It was created by a group of young people, including Rami Aberget and Dany Aberget, and aimed to challenge prejudice against social contact and promote human rights. The initial Human Library was part of the "Stop the Violence" festival, using the idea of people as "living books" to foster dialogue and understanding.

A teacher shapes countless young minds, answering a divine call to guide, inspire, and uplift. Their life must reflect the values they teach, serving as a living example of integrity, compassion, and wisdom. Like a well-written

book, their actions and words leave lasting impressions. Each day offers an opportunity to witness truth and goodness, influencing students not just through lessons but through the authenticity of their character and conduct.

A call to become a teacher is a call to become a human library.



## The Spark Within

**I**n the heart of youth, a fire glows,  
A spark of dreams that only grows.  
The world's a canvas, vast and wide,  
With colors of hope we paint with pride.

Through winding paths, we choose our way,  
Learning, growing, day by day.  
Mistakes may come, but so will light,  
Guiding us through the darkest night.

Oh, the joy of curious minds,  
Unfolding wonder that life binds.  
For every child, a story begins,  
A future shaped by the spark within.



Ansh Raj Srinivasan  
VIII-C

## The Ones Who Shaped Us

**M**anisha Ma'am, with a glare so sharp,  
We'd wonder who's in trouble—wasn't the next to wring?  
Angela Ma'am, a beauty and brain combo so rare,  
She makes all the boys and girls stop and stare!  
Sangeeta Ma'am, always prepared,  
Two weeks earlier an assembly, she had it all paired!  
We'd be charmed, unravelling last minute,  
But the butterflies bound! A masterpiece—she nailed it!  
Minakshi Ma'am, full of energy and cheer,  
She'd teach Hindi and still make you feel alive!  
She'd dance, she'd play, she'd cheer with grace, We'd leave the class  
with smiles on our face!  
And then came Class 10, the final test,  
With Shashie Sir, who's simply the best,  
His aura so strong, we'd all fall in line,  
One look from Sir, and we'd straighten, just fine.  
A motivation, strict, yet full of care,  
With sandwiches and gulab jamuns he'd share!  
But here's a secret, known only to 10B,  
His art skills are unmatched, a sight to see! Through laughter,  
discipline, and movements so rare,  
Shashie Sir's legacy will always be there.

## Teacher- A Blessing

**A** guiding light, A helping hand,  
A teacher's influence, forever grand,  
With patience and kindness, they lead the way,  
With light of wisdom, they show our way.

Shaping young minds, day-by-day,  
Through their guidance in a noble way,  
A passion for teaching, a noble deed,  
They nurture dreams, by acknowledging our need.

They wipe away, each and every fear,  
With every lesson, a seed is sown,  
Curiosity of knowledge, brings us near,  
A love for learning, and affection is shared.

They help us grow, they help us find,  
Our strengths and weakness, are always intertwined,  
So, thank you for our St. Karen's collegiate teachers,  
Who are always dear and kind.



Abhaya Sharma



Anushi Srivastava  
X-B

## GOLDEN DAYS A Note from our Alumni

**T**ime won't fly; it's like I'm paralysed  
by it. I wish I could be my old self  
again, but it's not possible now.

It's so surprising that almost 13 years have  
flown by in no time. Every time, it feels  
like just yesterday when I was in school,  
laughing, learning, and living my life at  
St. Karen's. It was an environment where  
everything felt so easy—no worries, a  
clear and straight path, and teachers  
who made everything so much fun and  
unforgettable. But now, it's gone.

Life has changed suddenly. The value  
of what my school gave me feels  
more significant now than ever  
before. It's a realisation of how  
much support and guidance my  
school provided, even if I didn't  
fully appreciate it back then.  
Now, I'm proud and strong,  
and I can confidently say that  
who I am today is because of my  
school. I stand tall, strengthened  
by the foundation it gave me.

But yes, it's something I miss  
every day. To be honest, I still  
find myself imagining being  
back in school, preparing for  
debate competitions  
or annual day events. It  
holds a special place in my  
heart now, and I'm forever  
thankful for it. St. Karen's  
made me who I am, and  
I'm incredibly grateful  
for that.

In the beginning, I  
was someone who used  
to get lost in the crowd.

## Still a Karenite



Elitesham Salim

but I always kept the fire within me to stand out. St. Karen's  
empowered that fire. The teachers there were like mothers—  
they raised me like their own child. A special thanks to all  
my teachers for seeing the potential in me and helping me  
build my confidence. After that, I kept working on myself,  
enhancing my skills, and those efforts were always embraced  
and encouraged by the teachers.

It wasn't always easy. There were challenges along the way,  
but I remember my teachers telling me that challenges  
are a part of learning. Those challenges fuelled my  
determination even more, and from then on, there was  
no stopping me.

As I entered higher classes, there came a period  
of isolation where finding individuality became a  
challenge. Friendships and other relationships started  
to feel awkward, and there were moments when I  
felt lost, as if there was no light ahead.

But my teachers brought me back to my prime. One  
of them told me, "There will be seasons of coldness,  
but after every winter, there is a spring that brings new  
life and even more enthusiasm." My heartfelt thanks  
to all my mentors for nurturing my talent and guiding  
me along the way.

I am also deeply grateful to our Principal Ma'am, who  
believed in me and gave me numerous opportunities  
to showcase my talents on bigger platforms.

Lastly, I'd like to share a special message for all my  
peers: Right now, you may feel like school is a cage,  
or you might not want to go every day. But once you  
leave, you'll feel homeless in the outer world. The  
privileges and love you receive here are unparalleled.  
You'll never find another place like your school like  
St. Karen's.

Thanks to everyone who made this journey even  
more special and memorable. St. Karen's Collegiate  
School will forever hold a place in my heart.



# Teenagers

**W**e stand at the crossroads, lost and unsure,  
The world keeps spinning, yet  
we're searching for more.  
Voices around us, loud and clear,  
Telling us who to be, what to fear.  
The pressure is heavy, the expectations high,  
We try to spread wings, but we can't quite fly.  
Social media tells us what we should want,  
How we should act, what we should want.  
But in our hearts, there's a quiet song,  
A reminder that we've been here all along.  
We're more than the labels, the likes, the fame,  
We're learning ourselves, through joy and pain.  
The path is unclear, the future unknown,  
But in each of us, seeds have been sown.  
We'll grow in our own time, in our own way,  
And one day we'll dare, come what may,  
To do what we were made to do,  
The person you are is ready to grow.  
In the midst of the noise, in the rush of it all,  
Listen to yourself, and answer the call.



Anshika  
VIII-D

**E**phemeral! All those slow, your first ephemeral as I sit down and reminisce about them all. I still feel lost the six years old Swara felt while entering the gates of her second house, the place where she made infinite memories. I learnt so many lessons, and became who she is today, a proud KARENITE. When I joined, I was a wide-eyed child, unsure and unpolished. Little did I know that this place would become the cradle of my evolution. Here, I unearthed facets of myself that were more hidden, talents I didn't know I possessed, and a resilience that continues to define me. I've been here since the start of this institution. I still recall Sharmila ma'am announcing the name "Collegiate" and challenging us to guess its spelling. From the new building to familiar teachers, everything felt exciting and full of promise.

Walking down corridor late, I can vividly recall the endless giggles and whispered groups that filled our classrooms. From scolding messages on the benches to stealing bites of lunch during lessons, puncturing holes into new seasons and losing the same and frantically completing homework moments before our teachers arrived - these cherished moments of mischief defined my days. The pride of being the monitor was the greatest and the most important responsibility was writing the names of students on the blackboard who were being mischievous and adding +2 against their names if they didn't stop. But the catch of being a monitor was your friendship was at stake, to be either faithful to your post and write your friends' names if they're talking or continue your unwavering commitment to your friendship.

Amazingly every existing monitor has been accused of helping their friends even if they weren't. From phrases like "katti and dooti" we grew up to hide each other from well, indeed the time just flew by. Every corner of this school - its weathered walls, worn benches, and faithful clocks - hold countless stories and precious memories that will remain forever etched in my heart. Throughout this journey, every single one of my teachers played an invaluable and distinctive role in shaping who I am. Their hearts of gold always found room for forgiveness, even in the face of our most mischievous moments. It's amazing how their smiling faces from our teachers back then saddened me but now feels carousing as I remember and miss it. They instilled in me and all of us the values of empathy, integrity, passion, and dedication - the most precious gifts that I will treasure for a lifetime. Beyond these treasured memories and life lessons, this

school nurtured my passion for public speaking and helped me discover my voice on stage. My first breakthrough came in UKG as the narrator of 'Little Red Riding Hood,' a seemingly simple role that ignited an enduring love for performance. That initial spark blossomed into a remarkable journey as I embraced every opportunity, from competitive speaking events to spirited debate competitions, each experience building my confidence and refining my oratory skills. Yet what truly captured my heart was the magical chaos behind the curtain - the backstage moments that became some of my most cherished memories. The stifled giggles and that exhilarating rush of adrenaline running down the spine moments before stepping into the spotlight, collectively shaping our performance goes well. That familiar surge of energy returned when I took to this stage one final time, delivering my farewell speech on the very stage which taught me so much. All of these beautiful memories got its closure when I was applauded with the Creator Par Excellence Award in our farewell. My proudest memories belong to the days, being the first Head Girl and two-time Vice Captain and serving the Editorial Board and fulfilling my Monitor roles, running a district silver medal in chess and being assigned as the Host Speaker. Sr. Karen's made me rich, rich in skills, humility, pride and memories. To my dear juniors, cherish every moment here, for those are the best days of your life. Make the most of the opportunities and embrace the challenges. To my respected teachers, thank you so much smaller word to express my sincere gratitude for being my support. And to Sr. Karen for being my serendipity, sincerely thank you. Bidding farewell to this place is the hardest but I shall forever carry the values of being a Karenite.

**Once A Karenite,  
Always A Karenite!**



Swara Sinha  
X-A

## Glimpse of St. Catherine

**O**ur patron saint,  
Saint Catherine of Siena's gentle soul,  
Shines bright,  
Inspiring hearts whole.  
With compassion's fire, she guided the lost,  
And brought peace to Italy's troubled coast.  
Her words, like roses, bloomed with gentle might,  
Healing wounds, and calming endless night.  
A mystic's heart, aflame with love divine,  
She walked with God, her spirit entwined.  
Saint Catherine of Siena has a beautiful heart,  
With a bouquet of lily flowers from the start.  
Respect for all in her heart, faith in her words,  
A shining example, forever adored.  
With kindness and wisdom, she led the way,  
Guiding seekers through life's darkest day.  
Her legacy lives, a testament of love,  
Forever in our hearts, sure from above.



Apurva Nandini  
VIII-C

## Whispers of our soul

**S**he is the beauty in our eyes,  
The voice that whispers gentle lies.  
Her touch ignites a burning flame,  
A life filled with joy and shame.  
She has dreams to chase  
And goals to chase.  
She is us—our reflections frame.  
In her gaze, the truth does shine,  
A mirror of your soul and mine.  
She is the spark where stars align.



Pragati  
VII-A

## HOW ADVERTISEMENT INFLUENCE TEENAGERS

**A**dvertisements have a strong impact on teenagers, shaping their preferences and behaviors. Through television, social media and online platforms, teens are constantly exposed to advertisements that promote products like clothing, gadgets and beauty items. These ads often create pressure to fit in, encouraging teens to buy things to match trends or status.

Moreover, most ads promote unrealistic beauty standards and lifestyles, which can affect teens' self-esteem and body image. Teenagers may feel the need to meet these ideals, leading to insecurities or dissatisfaction. Overall, while advertisements are part of everybody's life, it's important for teens to recognise their influence and make more informed choices.



Saloni  
VIII-C

**D**eep within my heart lies  
A vision of untold dreams,  
Where fears dissolve of  
Love and determination.

These whispers  
Aspiration fuel my soul,  
Guiding me through  
Life's twists and turns.  
I want to dance under starry skies,  
Feeling freedom's hug,  
To craft words that inspire,  
Touching hearts worldwide.  
As I to travel distant lands,  
Discovering hidden wonders.  
My dreams are my shelter,  
Where fears and doubts disappear,  
Reminding me of my potential  
And urging me to push boundaries.  
Through success,  
these dreams push me forward,  
Lighting paths not unexplored.  
And inspiring me to chase the impossible.  
They are a treasure trove of hope and strength,  
A reminder that even silence holds power,  
And untold aspirations can change the world,  
Bringing joy to others through laughter and kindness.

## SOMETHING TO REMEMBER...



Arsh Raj  
VIII-A

**W**hen life breaks you, it's because you are ready to connect in a different way. Every piece of you that feels shattered is a fragment that will find a new place, a new purpose, and a new meaning. Trust that the cracks are the very place where light enters, and sometimes, in our broken moments, we find our greatest potential. We are given the opportunity to redefine what it means to be fully you, to recreate ourselves, to imagine and dream again. So when you have challenges always remember that they are the learning experiences which will mould you into a stronger and better you and help you in moving forward.



Arvi Singh  
VIII-C

# My Dreams: Unspoken Aspiration

# IMPACT OF BODYLANGUAGE IN COMMUNICATION

**"It's not what We say,  
it's what We do!"**

It is believed that Nonverbal Communication plays a critical role in human interactions, often conveying more meaning than spoken words. This type of communication encompasses facial expressions, body language, posture, gestures, eye contact, tone of voice, and even physical distance between individuals.

Nonverbal communication significantly impacts the way people understand, interpret, and engage with one another. It serves not only as a complement to verbal language but also as a powerful tool for expressing emotions, regulating conversations, and influencing social dynamics.

"Peter F. Drucker has wonderfully stated that the most important thing in communication is to hear what has been said."

Verbal and Nonverbal communication play an important role in how people interact with one another. People use around 35% verbal communication and 65% nonverbal communication in daily life. Nonverbal communication

has also cultural meaning. Nonverbal Communication clarifies verbal messages.

**Key Aspects of the Impact of Nonverbal Communication**

## 1. Enhancement of verbal messages:

Nonverbal communication works in *unison* for the feelings what is not being spoken. Such as, a friendly smile can reinforce a welcoming statement, while a lack of eye contact may suggest dishonesty or discomfort, even if the words indicate otherwise.

## 2. Conveys our genuine sentiments

Nonverbal communication such as, facial expressions, body movements, tone of voice, and gestures, provides insight into a person's *intentions*. For instance, our smile expresses happiness or approval, while crossed arms reflect defensiveness or discomfort.

## 3. Develops Trust:

Nonverbal communication develops trust among family, friends and colleagues. Positive body language, like leaning forward or maintaining open posture, shows attentiveness and engagement. Proper eye contact signals honesty and interest, *promoting* trust.

## 4. Reduces Ambiguity:

Nonverbal communication clarifies the intent behind the words. This communication also reduces the ambiguity while a conversation takes place. For instance, the tone of voice can indicate sarcasm or seriousness, while a gesture can convey understanding or disagreement.

## 5. Provides Immediate Feedback:

Nonverbal communication provides immediate feedback in conversations. A nod, smile, or frown can indicate agreement, confusion, or disagreement. For instance, if we notice that the listener is frowning, we can clarify our message.



**Souleek Anand**  
English Faculty



# Law of Nature



**Pragati Vija**

A biology teacher was teaching his students how a caterpillar turns into a butterfly. He told the students that in the next couple of hours, the butterfly would struggle to come out of the cocoon, but he said one should help the butterfly. Thus he left.

The students were waiting, and it happened. The butterfly struggled to get out of the cocoon, and against the advice of the teacher, one of the students took pity on it and decided to help the butterfly out of the cocoon. He broke the cocoon to help the butterfly so it didn't have

to struggle anymore. But shortly afterwards, the butterfly died.

When the teacher returned, he was told what had happened.

He explained to the student that it is a law of nature that the struggle to come out of the cocoon actually helps develop and strengthen the butterfly's wings. By helping the butterfly, the boy had deprived the butterfly of its struggle, and the butterfly died.

Apply this same principle to our lives: nothing worthwhile in life comes without a struggle.

# If I Was A Colour

Tell me dear, if I was a colour  
Which colour would I be?  
They tell me as Scarlet

I said as a red carpet  
Which says of my nature.  
They think I would be manipulative, brave and bold.  
Thought struck of 'Scar'

They tell me as Azure  
I said like sky, sea  
Which says of my company.  
They think I'm spontaneous fellow  
And value my friendship.  
Again thought struck of 'Blindira'

They tell me as Verdant  
I said akin to evergreen forest, verdant.  
Which says of my self.  
They think I'm carefree, optimistic, WGM!  
This new struck me as 'Mangya'

Last time, they me called Marigold  
I said analogous to flower's manifold.  
Which says of my aura.  
They think I'm loyal and kind of bubbly companion.  
Thought struck of 'West Bhadravati'

To Conclude with all my don't thought  
For a separate follow out:  
Now it's your time to ask your dear  
If I was a colour, which colour would I be?



**Jyotsna Jain**  
IX-A



## A Little Turtle

I am a little turtle  
I crawl so slow  
I carry my house  
Wherever I go...

When I get tired  
I put my head,  
Legs and tail in the shell  
and without fail sleep well.



Shreya Raj  
VI-A

## Never Give Up

When the road feels rough and steep,  
And dreams seem distant, hard to keep,  
Hold your hope, don't let it fade,  
Through every shadow, light is made.

Mistakes will teach, and falls will show,  
The strength within to help you grow.  
Each day's a chance to start anew,  
A better version waits in you.

So stand up tall, face what may be,  
The best is yet for you to see.  
Keep trying hard, stay brave, stay true,  
The world is brighter because of you.



M.J. Avish Siddiqui  
VII-F

## The Rain

The sun is going on  
and the electricity has gone.  
The smell of soil  
pulled me out to toil.  
I enjoyed the sea with snail  
near the beach.

I left into the puddle  
As I was enjoying my noodle.  
The rain is still going on  
and will continue till dawn.



Anshu Raj  
VI-E

## Mathematical Flavour

I cooked my math book to a foam  
and stirred it to a steaming foam.  
I threw in papers-pencils too,  
to make a pot of *homework* stew.  
I turned the flame up nice and hot  
and tossed my binder in the pot.  
I sprinkled in my book report  
with coloured markers by the quart.  
It tasted sweet and sour  
which I relished along  
with my teacher  
for an hour.



Sakshi Surawati  
VI-A

## A LITTLE MOUSE IN MY HOUSE

There's a little mouse in my house,  
I can hear her little feet  
If I listen very hard  
I can hear her tiny squeak.

There's a little mouse in my house  
Each night I hear her play  
I can't get to sleep  
Until she is away.



Sarvi Rangan  
VI-A

## An honest confession



Sonu Chaurasia  
VI-A

I am a girl to be  
In this world, I am free.  
What to stress? Where to go?  
It's always up to me.  
No religion, no restrictions  
I am facing contradictions.  
I always follow the *honest* more right  
And work consistently with all my might.

I wish like a man  
And be what I want to be  
I live up to my dreams  
With no regrets on me.

I am a girl to be  
Not a boy with a key  
I will never be in my knee  
Cause I am a girl born to be free.

# UNVEILING THE GEMS: BEYOND THE CLASSROOM

Carlton Lunge's words were wise, stating that technology is a useful servant but a dangerous master. We belong to an era where we've become so dependent on technology that even simple tasks like closing the curtains are automated. As we witness technology constantly outdoing us humans, our authenticity remains intact. This authenticity lies at the genuine heart of education. Education is not just about acquiring knowledge but a meticulously crafted journey that encapsulates our scholarly knowledge, real-life proficiency, skills, values, and the perspectives we build from our experiences. Education extends far beyond the walls of traditional classrooms. Books may have the answers we seek, but growth comes

from embracing the challenges beyond those books. Pushing ourselves out of our comfort zones, beyond the classroom, unveils the true gems we are!

Experiential learning is an educational philosophy and methodology in which we learn through direct experience and reflect on those experiences. It plays a crucial role in exploring the lessons beyond the pages of our books. Divided by David Kolb, the four aspects of experiential learning encompass having concrete experience, reflecting on the observations, abstract conceptualization, and actively experimenting. Let's see how these aspects influence our expedition.

## CONCRETE EXPERIENCE

Technology, today, serves as both a competitive force and a powerful educational aid, providing numerous opportunities for gaining hands-on experience. Online learning platforms and virtual reality simulations have transformed how we acquire knowledge and skills. Beyond digital tools, community-based learning creates valuable opportunities for practical education. Local maker spaces and community workshops foster environments where knowledge flows organically between individuals and across generations, creating rich ecosystems of shared learning and experimentation.

## REFLECTION ON OBSERVATIONS

Self-directed learning allows us to develop our unique combination of skills while acknowledging and working through our limitations. As we learn at our own pace, rhythm, and within our rules, it gives us the space to reflect on what we've observed. This individual approach leads to valuable specializations that might not emerge in more structured environments.

## ABSTRACT CONCEPTUALIZATION

In this expedition of learning or achievement, failure plays a crucial role, not by diminishing us, but by pushing us to reconsider and refine our methods. It serves as a powerful catalyst for growth, compelling us to analyze our approach and develop more effective strategies. Entrepreneurs, artists, teachers, and professionals across all fields encounter failures, but they transform these setbacks into stepping stones for growth and success. This experience of overcoming failure broadens our perspective, teaching us resilience.

## ACTIVE EXPERIMENTING

As this trail of learning, failure, and success unfolds, one thing that should never stop is actively experimenting with our ideas. Building a learning ecosystem integrates our skills by combining formal education's foundational knowledge with hands-on experience through internships and projects. The 'wonder' within us becomes the driving force that propels us forward on our learning journey.



Susma Sinha  
X.A

# The Reality of Life

Life is a tapestry, finely spun,  
Threads of many, weaving one.  
Each choice a colour, bold or pale,  
A story told, a whispered tale.

The joy and sorrow, light and shade,  
In every pattern, life is made.  
The threads may tangle, twist, and fray,  
Yet form a picture, clear as day.

In every heart, the loom does weave,  
The moments we gather, the ones we give.  
And when the final thread is tied,  
We see the meaning, deep inside.



Gautami Bhagwati  
VIII-D



# यादों का सफर



Aradhya  
X-D

लगातार है जैसे कोई चित्रा खुल रहा हो,  
चित्र में अथा सचुल को दिनी का अलसास।  
विस्मय की सरमाई यादों लगी की,  
पर हर सुबह उठकर करनी होती थी तैयारी।  
शुद्धता होती थी शिक्षावालों से,  
हर दिन तनाव भरा लगता था स्कूल की रफ्तार से।  
पर जैसे ही यादों की ठोकी मिलती,  
सब कुछ खुलनुवा सा लगने लगता।  
कक्षा के पेटों में भी रोटी और मक्खन लगते बच्चे,  
सब हाथ मिलते एक ही लंचबॉक्स में,  
पर अखिली दावत तो क्विज बोर्ड में होती थी।  
बंक करना था हमारा दस्तूर,  
पर पकड़े जाने पर भागना था जरूर।  
हर किसी का एक पसंदीदा टीचर होता था,  
जिसे की कता का इनकार रहता था।  
चित्र की खण्ड कोई,  
जिसे सबसे ऊपर राख दिल की पलकों में कहीं।  
कौनो एजाम्स ने दिल में तनाव भर दिया,  
और उनी तनाव के बीच दोस्ती ने खुदल दिया।  
बेचो पर उकड़े गए नाम,



ब्राह्मी वैद  
VI-A

## गुरु

गुरु से मिलती वह प्रेरणा,  
कभी तो तुम सदा आगे बढ़ते रहना।  
जीवन में सबसे गुरु हैं ज्ञान,  
अक्सर ज्ञान को दीज अलार्म।  
गुरु होते हैं गुरु हमारे,  
हर सुख-दुख में साथ निभाते।  
हमें शिक्षना-पढ़ना भी सिखाते,  
भाषा, गणित, विज्ञान सिखाते।  
जीवन के लिए अच्छी असाव-सज्ज निखाते,  
पुरी दुनिया की कात काते।  
गुरु हमने जीवन जगावन बनाते  
चरणबंधन ऐसे गुरुओं की।

तो निरुत्साह तो हमारी पहचान बन गई।  
बसती में हूँ हम,  
दिन-रात हमारे लिए एक जैसे हो गए।  
बस के लिए दौड़ना,  
जैसे समय से आगे निकलना हो।  
कभी नहीं सोच था तो दिन भी अथवा,  
जब सब खराब हो जाएगा।  
चित्र तो बाव, जिसमें दस साल की यादें सजाई थीं,  
कौनो-कौनो बहते अंशु,  
लड़ाइयाँ, धार, हर और गतिवि की खीज।  
स्पाही से सजी शर्ट,  
खड़ी-पीछे शरारतें और ड्रिटिंग कार्ड्स का अनपेक्ष धार।  
स्कूल की कभी इतना भारी नहीं लग,  
जितना अब लग रहा है।  
तो स्कूल गेट की आखिरी नजर,  
दिन में एक कलाक फोट यूई।  
अब के लम्हे सिर्फ यादों में सिमट गए,  
समय की धारा में जैसे चुपके से खो गए।  
पर कौनो न कौनो, किसी कोने में,  
हमारी ऐसी और शरारतें आज भी घुंमती होगी।



Khushi Singh  
IX-E

जगह बदल जाती है,  
लेकिन जगहान नहीं।  
एक नया सफर,  
एक नई जगह।

मिलते दूर गीत में,  
पर खुलसता सफर से।  
कभी रात और तरिफगी,  
लगाती मुझको खमारी।  
जो न देखा आज तक,  
बस यही कहानी थी।  
इस सफर ने दिखाई,  
हर को दिखाई।

एक नया सफर,  
एक नई जगह।  
कभी गेट की कमल के बीच,  
तो कभी धान की कटाई।  
देखा हर को नजारा,  
जो सोचा न था कभी।

जो कमल के लगान,  
लगाते सबसे सुंदर।  
सरसों की पुरानी से गुजर कर,  
कभी हम अंत सफर कर।  
एक नया सफर,  
एक नई जगह।



# एक नया सफर

# जिंदगी की सचाई

**स**बय बीत गया था,  
रोझा रहा नहीं रुका वो,  
बन की सम्झना रहा,  
हर को झुंझना नहीं रुका वो,

रोझा रहा मैं,  
बीता हूँ उन करीब लम्हों को,  
पता कब भी न भुला सका,  
तकिये में समेटे उन सभी को,  
कलकित,  
सुख में सबने साथ दिया था,  
दुख में सबने अकेला छोड़ा था,  
गलती हुई थी ख़ास करके की,  
जो सारी बातें सबने सोझा था,  
और मैं भी कितना मुर्ख था,  
कि बहुरियों की बातों में खोया था,  
जिनको मेरी लव नहीं,  
मैं उनको फिर सूरज से छीन लक रोया था,  
जहाँ सबने मुझे चुना रत्नाने के लिए,  
अपने दुखरे सुनाने के लिए,  
जब असलत पड़ी मुझे,  
तो मुझे अकेला छोड़ जाने के लिए,  
साथव यही जिंदगी है  
की जो सुख दुख दोनों में साथ हो,  
जहाँ तुम्हारा अपना है,  
निघात से घातने पर न मिले,  
तो दूज दुजा कोई राहना था,  
तो एक बात याद रखना  
कठिन बना दोगे लोग तुम्हें,  
परि सबको लिए आस्थान बनोगे,  
लोगों की अधीन बनोगे या,  
खुद में तुम आसमान बनोगे।



अरविंद देव  
IX-B



राना कुमार  
IX-E

## नजरिया

**दे**खो अगर इस दुनिया को अपनी नजर से,  
क्या दिखाता है तुम्हें, यह बताओ।  
मुझे दिखाती है यह दुनिया एक गहरा समुंदर,  
जिसमें हम चला रहे हैं अपनी छोटी-सी नाव।  
कहीं हवा बदलती है, कहीं लहरों में आता है बदलाव,  
हम जूझते हैं इन कठिनदियों से,  
और इसे नाम दे देते हैं कलराव।  
पर कहीं न देखें इसे एक नया नजरिए से।  
जगाओ! जलो! बिना शक, बिना रुके,  
अपनी किस्मत को खुद तुम बनाओ।  
देखो अगर इस दुनिया को अपनी नजर से,  
क्या दिखाता है तुम्हें, यह बताओ।  
अगर देखो ये राखी क्या कहते हैं,  
क्या ये शिर्ष मंडित की बात कहते हैं?  
या इन पर जो तुम्हारे सोपनों के निशान,  
तुम्हारी हिम्मत को कबानी कहते हैं?  
भावनाओं की यह बात नहीं,  
बल्कि उस आखिरी की बात है,  
जो हर लौकिक के बाव भी तुम्हें खड़ा कर दे।  
अन्धता यह खयाल, जो शिर्ष मंडित को देखता है,  
जहाँ हाथों,  
निर्धन प्रयास करने की सोच को तुम खुर जगाओ।  
अपने अंदर रखते रहोगे जो तुम समझाओ,  
देखो अगर इस दुनिया को अपनी नजर से,  
क्या दिखाता है तुम्हें, यह बताओ।

**ध**रती बचाओ  
जो खुर नैलाह हो,  
तुम हमारी जीवन हो।  
तुम्हें सजाने विद्वानों - धुरधुर,  
मेरे पीछे और सारे धुर।  
सबो समुद्र और सारे सारे,  
सभी हैं जिनसे प्यार-प्यार।  
साथव भी रहते हुए वह कर,  
रहते थे राजा-रानी और अब रहते जमाना।  
धरती को है अगर बचाव,  
सब करो तो प्रकृति बचाव।  
साक्षात् बनकर रहकर,  
धरती को बचाव बचाव।



भावनी देव  
VII-A



## मेरे जीवन का पहला पुरस्कार



जया जयश्री  
IX-A

हमारे जीवन के कुछ ऐसे पल होते हैं जो हमारे दिल हमारे हृदय को गर्व से भर देते हैं। मैं उन दिनों की बात कर रही हूँ जब मैं 'सिटी सचिविय सम्मेलन' की एक प्रतिभागी थी। यह प्रतिष्ठानित महकवि कवलीनाथ पांडे की स्मृति में आयोजित की गई थी। इसी प्रतिष्ठानित ने कई विद्यार्थियों तथा महकविनाथ की छात्र-छात्राओं ने भाग लिया था। मैं भी इस प्रतिष्ठानित में भाग लेने के लिए अपने विद्यार्थ्य की ओर से गई थी। इस प्रतिष्ठानित में इतने सारे प्रतिभागियों को देखकर मेरा मन वहीं न कहीं आकर्षित था। यहां बहुत और कॉलेज के प्रतिभागियों को संख्या से संकोचित किया गया। जब मुझे मिली संख्या की उपयोगिता हुई तो मेरा हृदय लयबद्ध से तर्पित गया। स्टॉज की सीढ़ियों की लयक उठते समय मेरे कंधे

लड़कड़ा खड़े थे, लेकिन जैसे-जैसे मेरे पैर सीढ़ियों पर चढ़ने लगे वैसे-वैसे मेरा ह्रद कहीं ना कहीं हमले पीछे होने लगा गया और अपने डर को पराजित करके मैं सच पर गई तथा सफलतापूर्वक अपनी कविता प्रस्तुत की, जो सभी को बहुत पसंद आई। उस समय या प्रतिष्ठानित के विजेताओं के नामों के घोषणा की। विशेष पुरस्कार के लिए मेरे नाम की उपयोगिता हुई तो मैं खुशी से हंस उठी मेरा मन ऐसे नाचने लगा मानो कण्ठ तो देख को मौर।

यह मेरे जीवन का पहला पुरस्कार था जो मुझे मैदल के रूप में मिला। मेरे माता-पिता तथा मेरे प्रियजन मेरी इस जीत से काफी खुश थे। मुझे इस जीत के तबिलत बनाने में दो शिक्षिकाओं की महत्वपूर्ण भूमिका है - यशवी रेणु मिस जो इसी प्रतिष्ठानित में शामिल होने के लिए प्रोत्साहित की तथा दूसरी मीनाक्षी मिस जो इस प्रतिष्ठानित के आखिरी समय तक मेरे साथ रह कर मेरा हौसला-अपजवाई की।

## पेशावर

एक दाँ-सा बहाना आज मैं बहुत पीछे उठती आई हूँ, बचपन की यादों को सच, खुद पिछड़ों में मिलकर है। कुछ कोकल-कोकल बागों की, कुछ लालीची गिराही-गिराही की, एक-सा तो सजर करने को, यह जीवन कबिता आज है। हैम है हम सुनने वाले, आसपास की सुसुप्त है, कलक-कलक बागवत है, हर एक जगह घबराहट है। दूरे भिल और सगरे खजनी, एक-खजरी पीठ पर भीका है, छुट-छुट सीतेकी कड़ियाँ, जका जो गहरा पाया है।



शिवम गुप्ता  
X-B

## प्रकृति की चिड़ी मानव के नाम

माँ, तुम्हारे लिए एक चिड़ी लिख रही हूँ, मैं प्रकृति हूँ, जिसे तुम चुन रहे हो। हरियाली को खबर दो तुमने खिने, मेरी सीस अब घुमाने लगी है कहीं।

तुम्हें खबर है। जब बस मैं खुदा हूँ, न तो खुदो, जब लहरों कलती थी, निर्मल और जहाँ।

अब तुमने उन्हें जहर में बदल दिया, अपने जल को फिर सब कुछ निराल किया।

तुमने मैं क्या घातकी है? बस खोड़ी सी जग, खोड़ा सा खान, मेरे घाँटी पर सरहम लगाने का प्रयास। मैं तुम्हें जीवन देती हूँ, सीस देती हूँ, किन कहीं मुझे मिटाने की कोशिश करने को?

सीसो, अगर मैं दूर जाऊँ, तो तुम्हारा भी अस्तित्व मिट जाएगा। हरियाली सम्भली, सम्भली, मुझे बचाओ, अपना और मेरा अधिकार सजाओ।

यह चिड़ी एक चेतावनी भी है, कि समय रहते जाग जाऊँ, वरना कल बिन दूर नहीं, जब बचाने के लिए कुछ नहीं होगा। तुम्हारी, प्रकृति।

आपटी श्रीकलश  
X-B

## पापा का प्यार

मेरे साथ पापा का, है प्यार, जगते अंधकार कोई नहीं है मेरा प्यार। पापा ने पैदा कमाते हैं घर भी नहीं है पालने हैं। पापा ही है हमारा सारा खेपड़ नहीं है उनसे प्यार। पापा से मैं कलसी हूँ प्यार, पापा को रिश मैं कुछ भी करने को लैवार।

## माँ का आशीर्वाद

माँ का जब आशीर्वाद है, तो करने की क्या बात है। खुश हूँ मैं इस दुनिया में अकसर, क्योंकि किरमल धमक गई मेरी उम्मीद पाकर। बुरे दिन मैं कभी उनकी बातें किन उनके नहीं कहती है मेरी बातें। बहुत खुश किया है उन्होंने मेरे लिए, भली है जो समझो मे मेरे।

# मेरा यार

जब अतीस बड़ा था, तबसा और बोलता था,  
जो सब खड़ा था, जो मेरा यार था।  
जब मेरे पितामह साधु बनता था,  
जो हर हाल में साथ निभा रहा था,  
जो मेरा यार था।  
पिताजी की इन बातों में,  
जो मेरा यार था, वह  
हर मुश्किल में औरसा बढ़ता,  
जो मेरा यार था।  
सभी महानपुंसक नहीं इस जगत में,  
क्योंकि मेरे और पितामहों की नींव जो नींव था,  
जो मेरा यार था।  
मिर्च से पहले  
जिन्हे हाथ कामा,  
हैं वे भी मुस्कान सिखाते,  
जिन्हे हर और को  
हँसी में बदला, जो मेरा यार था।  
आज जिंदगी में सब अच्छा है,  
जब भी मेरा यार है।  
क्योंकि अब जिंदगी में  
सब कुछ बेकार था,  
तब भी जो मेरा यार था।



शिवराज सिंह  
VIII-D

# महिलाएँ सम्मान के लिए बनी हैं

निष्पक्ष और न्यायपूर्ण समाज के निर्माण में महिलाओं की प्रति सम्मान एक बुनियादी आवश्यकता है। महिलाएँ एक ही समय में माँ, पत्नी, बहन और बेटी के रूप में संवेदनशीलता, बुद्धिमत्ता, अत्यधिकता और आदर्शों की प्रतिनिधि होती हैं। परंतु आज भी समाज में ऐसे लोग कम हैं जो महिलाओं का सही मायनों में सम्मान करते हैं।

महिलाओं को सुनना, उनके दृष्टिकोण को समझना और स्वीकार करना अत्यंत आवश्यक है। स्त्री-कुंघ और भेदभाव के खिलाफ आवाज उठाना हर व्यक्ति की जिम्मेदारी है। महिलाओं के सम्मान का अर्थ केवल सबको सक्रिय नहीं है, बल्कि उनके विकल्पों और स्वतंत्रता को सम्मान करने में निहित है, चाहे वह उनके करियर, रिश्तों या व्यक्तिगत जीवन से जुड़ा हो।

महिलाओं को सम्मान करने का अर्थ उन हानिकारक कठिनाईयों और व्यवहारों को चुनौती देना भी है जो उनकी गरिमा को आहत करते हैं। सार्वजनिक, सामाजिक और राजनीतिक रूप से महिलाओं की प्रति सम्मान बनाए रखना उनकी सुरक्षा और स्वाभिमान को लिए आवश्यक है।

शिक्षण, कला, राजनीति, खेल, विज्ञान और जीवन के हर क्षेत्र में महिलाओं का योगदान अतुलनीय है। उनके इस योगदान को स्वीकारना और उसका उत्सव बनाना सम्मान और समानता को बढ़ावा देता है।

हर व्यक्ति अपने प्रयासों से महिलाओं की प्रति सम्मान की संस्कृति विकसित कर सकता है। जब महिलाएँ सुरक्षित और सम्मानित महसूस करेंगी, तो संस्कृति समाज का उदय होगा, और एक सशक्त एवं संतुलित विश्व का निर्माण संभव हो सकेगा।

# शिक्षक की प्रतिबद्धता

"अच्छे शिक्षक वे होते हैं जो हमें अपने बारे में सोचने में मदद करते हैं।"

— डी.एस. राधा कृष्णन



अंशुल साहसिनी  
पंचम 'अ'

# साहस की राह



अरिष्का रॉय  
VIII-D

हर दिन एक नया संदेश है,  
हर पल में चुक बसेरा है।  
सुदूर पर भरोसा रखने की कोशिश,  
बसल खुद ही संदेश है।  
छोटे कदम भी बड़े बनने,  
साथें साथ होकर सामंते।  
होसला रख, आगे बढ़ते आओ,  
जीवन को नई दिशा दिलाओ।  
सबों से भी आगे जाना है,  
अपना नया जलन बनाना है।  
मजिद दूर नहीं, पास है,  
बस साहस की असली जान है।  
लोकों से मात पकड़ना,  
संघर्षों से खुद को आजमाना।  
अंधेरे भी छूट ही जाएंगे,  
सुनहले सपने सब ही जादूगै।  
खुद ही पहचान बनानी है,  
रक्त में नयी रोशनी लानी है।  
सपना को पकड़-साकन,  
आसमान से भी ऊपर जाना है।



# टेस्टीमोनी



निशिकान्त कुमार  
VII-E



आनन्ध्या राज  
VII-E

स्वयं का अनुशासन प्रभावी बनाना मेरे लिए गई और जिम्मेदारी दोनों का विशेष अनुभव है। इस धर्म का रहस्य हर मने न केवल अपने भीतर नेतृत्व क्षमता और अनुपमिषदास की विकसित किया बल्कि यह भी सोचता कि एक अनुशासित बालावरण किता प्रदर्शक स्वयं का ज्ञान किता में योगदान देता है - मेरा मानना है कि अनुशासन केवल नियमों का पालन करना ही नहीं है बल्कि यह एक ऐसा अनुभव है जो जीवन भर हमारे साथ रहता है। इस जिम्मेदारी ने मुझे छात्रों को रहस्य करने देने और अपने सकारात्मक अग्रणी विकसित करने का अवसर दिया। यह अनुभव मेरे लिए प्रेरणादायक और कठिन रहेगा।

## हिंदी: हमारी पहचान, हमारा गौरव

10 जनवरी का दिन हर वर्ष हमें हिंदी भाषा के प्रति अपने कर्तव्यों और गौरव को याद दिलाता है। यह दिन, जिसे विश्व हिंदी दिवस के रूप में जाना जाता है, न केवल भारत में बल्कि पूरी दुनिया में हिंदी की प्रचार-प्रसार और महत्व को रेखांकित करता है। हिंदी भाषा केवल एक माध्यम नहीं, बल्कि हमारे विचारों, भावनाओं और धार्मिक संस्कृति की अभिव्यक्ति का माध्यम है।

हिंदी विश्व की गौरवी सबसे अधिक बोली जाने वाली भाषा है। इसका उपयोग न केवल भारत में बल्कि विश्व के कई देशों में भी होता है। निजली, मंगोला, सुरीनाम, और गुयाना जैसे देशों में हिंदी बोलने वालों की संख्या सरावनीय है। हिंदी का यह वैश्विक स्वरूप इस बात का प्रमाण है कि यह भाषा सीमाओं को पार कर लोगों को हिंदी को जोड़ने का काम करती है।

### विश्व हिंदी दिवस का इतिहास और महत्व

10 जनवरी 1975 को पहला विश्व हिंदी सम्मेलन मद्रास में आयोजित किया गया था। इस ऐतिहासिक घटना का उद्देश्य हिंदी भाषा को अंतरराष्ट्रीय स्तर पर पहचान दिलाना था। इसके बाद, 2008 में संसदीय प्रान्तमंडी डॉ. समसोहन सिंह ने एक दिन को अतिथिकरित रूप से विश्व हिंदी दिवस के रूप में घोषित किया। तब से यह विश्व हिंदी के प्रति हमारी निष्ठा और इसे वैश्विक स्तर पर प्रतिष्ठित करने के प्रयासों का प्रतीक बन गया।

### हिंदी की प्रासंगिकता और भूमिका

आज की तकनीकी और डिजिटल युग में हिंदी ने अपनी उपस्थिति को मजबूत किया है। हिंदी में इंटरनेट, शिक्षा, स्वास्थ्य, गीत, और फिल्मों का विकास भारत में बल्कि विश्वभर में लोकप्रिय हो रही है। लोकता

मैट्रिक्स एंट्रेंस पर हिंदी की बढ़ती उपस्थिति इस बात का प्रमाण है कि यह भाषा आधुनिकता और परंपरा का एक अमूल्य संगम है।

हिंदी केवल भाषा नहीं, बल्कि भारतीय संस्कृति, परंपरा और इतिहास की आत्मा है। यह हमारे विचारों को व्यक्त करने का माध्यम है और हमें हमारी जड़ों से जोड़े रखती है। हमें गर्व होना चाहिए कि हम उस भाषा का हिस्सा हैं, जो अपने आप में समृद्ध साहित्य, ज्ञान और कला का भंडार है।

### हमारी जिम्मेदारी

हमें हिंदी भाषा का सम्मान करना चाहिए और इसे अपनी दैनिक जीवनशैली में शामिल करना चाहिए। छात्रों और गुरुओं को हिंदी साहित्य पढ़ने और लिखने के लिए प्रोत्साहित करना हमारी जिम्मेदारी है। इससे स्पष्ट है, हमें यह प्रयास करना चाहिए कि हिंदी केवल मातृभूमि तक सीमित न रहे, बल्कि इसे अंतरराष्ट्रीय स्तर पर और अधिक पहचान मिले।

### निष्कर्ष

हिंदी हमारी पहचान और हमारी आत्मा की आवाज है। विश्व हिंदी दिवस हमें यह अवसर प्रदान करता है कि हम इस भाषा के प्रति अपने सम्मान और प्रेम को व्यक्त करें। यह दिवस केवल एक उत्सव नहीं, बल्कि हिंदी की विरासत और संरक्षण की दिशा में एक महत्वपूर्ण कदम है। आइए, मिलकर हिंदी को और ऊँचाई तक पहुंचाएं और इसे विश्वभाषा बनाने में अपना योगदान दें।

## प्रकृति

प्रकृति हमारे जीवन का अनमोल उपहार है। इसमें पेड़-पौधे, नदियाँ, पहाड़, अंतरांग, पशु-पक्षी और सभी जीव शामिल हैं। यह हमें शुद्ध हवा, पानी, भोजन, और जीवन जीने के साधन प्रदान करता है। प्रकृति के बिना जीवन की कल्पना भी असंभव है। पेड़-पौधे हमें ऑक्सीजन देते हैं, नदियाँ पानी का स्रोत हैं और शहरी हमें मनोरंजन प्रदान करने का स्थान देती हैं, लेकिन आज इसका अपनी अव्यवस्थाओं के लिए अकृति को नुकसान पहुँचा रहे हैं। इस नुकसान को हमें रोकना चाहिए।



आनन्ध्या राज  
VII-E



# भारत की आजादी: वीरों की कर्बानी का फल

जब भारत आजाद हुआ था,  
आजादी का सूरज निकला था।  
वीरों ने हंसकर कुर्बानी दी,  
तब भारत आजाद हुआ था।  
भगत सिंह ने पत्थरों की धी,  
हुसैन का जनाजा उठा था।  
मिर्झा की खुशनुमा भीरो उठी थी,  
जब चुन की लौटी चली थी।  
फान का जज्बा ऐसा था,  
जो हर दुश्मन से डरता रहा था।  
लड़ते-लड़ते जान गई थी,  
तब भारत आजाद हुआ था।  
फिरंगियों ने यह वक्त छेड़ दिया,  
पर जलते-जलते हमें जीत दिया।  
देश को वो दुश्मन कर दिए,  
एक शिदुल्लान बना,  
पुलतार पकिल्लान बरकल्लान।  
हम सबने शकाला दिखाई,  
सोपनी का और भी देखा।  
वीरों ने कुर्बानी दी थी,  
तब भारत आजाद हुआ था।

## आज के बच्चे आज के नागरिक

'आज के बच्चे कल के नहीं अनितु आज के नागरिक हैं'  
यह कथन इकलित रूप माना जा सकता है क्योंकि  
आजकाल के बच्चे बहुत होशियार और समझदार हो गए हैं। वे  
अपनी जिम्मेदारियों और अधिकारों को बहुत अच्छे से समझते हैं।  
आज के बच्चे अपनी आसपास की दुनिया को अपनी लक्ष्मीकी  
ज्ञान द्वारा योगदान देने के लिए उत्सुक हैं। वे अपने निर्णय लेने  
की क्षमता विकसित करते हैं, इसमें ही नहीं वे सामाजिक मुद्दों  
जैसे पर्यावरण संरक्षण, लैंगिक समानता, राजनीतिक मुद्दों और  
घटनाओं के बारे में जागृत और जागरूक हैं। वे नई-नई चीजें  
सीखते और अपने ज्ञान को बढ़ाने के लिए हमेशा तैयार रहते  
हैं। प्रचुर बुद्धि के कारण आज के बच्चे कम उम्र में ही मशीनी  
उत्पादों को चलाने में सक्षम हैं। कई बार वे अपने विचारों  
और अनुभव को साझा करने के लिए सोशल मीडिया प्लेटफॉर्म  
का उपयोग करते हैं। आज के बच्चे  
कल के नहीं अनितु आज के नागरिक  
हैं जो अपने समाज में सक्रिय रूप  
से भाग लेते हैं और अपने देश के  
विकास में योगदान देते हैं। आजकाल  
के बच्चे राजनीतिक रूप से सक्षम और  
जागरूक नागरिक हैं।

चन्मयाद ।



अनन्या श्रुती  
V.C



Priya Kumari  
VII-A

## BULLETIN BOARD





Krischag, Kunal, VII-E



Kristnag, Karmal, VII-E



Besimi Dec, VI-A



Katchag, Kunal, VII-E



Ayesha Ashfaq, VII-D



Aashika Sharma, VI-C



Somas Kumar, VI-C

## Mentors of St. Karen's Collegiate School, Bihta



*1<sup>st</sup> Row from Top left to right:* Suresh Chatterjee, Anand Kumar, Rohat Kumar, Anur Singh, Sudha Kumar Verma, Sandeep Anand, Bhadrakshi, Shalini Alur, Nishant Verma, Shashank Mani.

*2<sup>nd</sup> Row from the top left to right:* Elor Sreeni, Tanya Mahabey, Ananthika Jain, Rakhihara Priyansu, Parvika Khadke, Rany Sub, Shaila Rana, Reshmi Sharma, Rajdine Bharti, Md. Yousif, Sanjay Kumar Thirani, Rohan Rishi, Anantesh Kumar Jha, Gaurav Datta, Nandini.

*3<sup>rd</sup> Row from the top left to right:* Nalla Suresh, Jyoti Kumar Singh, Swati Sonar, Nivedita Jha, Shaje Smita Toppo, Pankaj Anand, Sona Tappa, Deepika Singh, Shashi Sahay, Kanant Anil, Sri Pankaj, Manish Kumar, Thomas Mathew, Pooja Man Anand, Abhinav Singh.

*4<sup>th</sup> Row from the top left to right:* Anuja Sinha, Anandika Gupta, Rashmi Bharti, Sooma Kumar, Jashika Augustin, Pankaj Sinha, Jyoti Narayan, Mali Shree, Rohitika Sarma, Jyoti Kumar, Shikhan Nishant Singh, Sankhya Chakrabarty, Arvind Kumar Choudhary, Prasenjit Kumar, Nandip Rakshak.

*5<sup>th</sup> Row from below left to right:* Archita Lak, Shilpa Lata, Rami B. Saha, Seema Anandam, Rami Jais, Sangeeta Kumar, Dr. Manisha Lali (Principal).

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