



St. Karen's Collegiate School, Patna  
2019-2020

# Reflections





# CONTENTS

Message From the Headmistress .....	1
Editorial Message .....	2
The Students' Council .....	3
The Navigators of the Flagship of Knowledge .....	8
The Reflection of Festivities .....	11
Fairs and Exhibitions .....	21
Spectrum-2019 .....	25
Earth Day .....	30
Escalating New Heights (A Step Ahead) .....	33
Inter House Competitions .....	39
Sports .....	45
Bright Beginnings .....	49
Revisiting the Bygone Era .....	51
Creative Corner .....	57
Unleash Your Imagination .....	73
Ready To Grow .....	79
Jingle All The Way .....	84
Art Gallery .....	88

## Message From the Headmistress



**"I saw the angel in the marble and carved until I set her free."**

Michelangelo  
(Famous Sculptor, Painter, Architect & Poet)

At St. Karen's Collegiate School, every child is precious and everyday is an opportunity. Pursuit of excellence is our guiding force. The chatter of eager minds and the sound of enthusiastic learners in the campus define our very existence. We value the spark of creativity and the eagerness to learn and explore in each child. We strive to nurture these traits to make them learners for life. The school prides itself on getting the best from our students as a result of personalized, stimulating and supportive teaching-learning environment. We ascertain that our curriculum and co-curricular activities provide ample opportunities to the students to hone their skills. Our students know that regular and continuous work is the key to success. Our teachers are motivated and recognize that effective teaching and constant guidance multiplied by love and care make the children soar higher. Active involvement of parents in maximizing opportunities for their children to learn adds to our strength.

Our students have been participating in numerous activities and competitions and winning laurels for themselves as well as the school. Clear vision, teamwork and honesty of purpose are our guiding principles, which are taking St. Karen's Collegiate School from strength to strength, year after year. I congratulate all the members of the editorial board for bringing out the talent and creativity of the children in the form of articles, poems & other information.

May God continue to bless us in all our endeavours to serve our school community!

May this edition of the magazine inspire the students and all the readers to strive for all-round excellence!

Dr. Manisha Lall

## Editorial Message



### Children must be taught how to think, not what to think - Margaret Mead

The 2nd issue of the 'Reflections' is a milestone that has marked our growth. It unfolds our imagination, presents an embellished mosaic of activities, creative talent of our students - highlighting their success and achievements.

The literary and debating society has lived up to its reputation, supported enthusiastically by the audience. The aim of this magazine is to capture the vivid snapshots of the events as they occur.

Ours is a daily struggle to provide the best to our children and this relentless quest is a journey not destination for us. The vibrant, young and dedicated staff, the supportive parents, and the committed administrative body have fused together to usher an excellent working ethos that permeates all the activities taken by St. Karen's Collegiate School. As you turn on the pages, you will see the ideals set by the mentors.

The 'Reflections' in your hand is to be viewed as a launch pad for the children's creative urges to blossom naturally as each student is a real person with feeling of respect, sensitivity, responsibility and compassion.

**Shruti Singh**

(On behalf of the Editorial Board)

## EDITORIAL BOARD



### Left to Right

**1st Row** - Shruti Singh, Reshmi Sharma, Shubhra Nishant Singh, Roshan Fatma, Minakshi Singh

**2nd row**- Sima Tigga, Renu Kumari, Dr. Manisha Lall (Headmistress), Renu Jain, Bishakha Samanta



setting **standards**  
soaring **high**



# The Students' Council

The price of  
**greatness**  
is **responsibility**



## Investiture Ceremony 2019 - 20



The fleet of young leaders with their visionaries

**" If your actions inspire others to dream more, learn more, do more and become more, you are a LEADER"**

Leadership is the capability to transform vision into reality. It is a quality which is nurtured and has its seed sown in childhood itself. We, at St. Karen's Collegiate School strive to inculcate the qualities of gentleness, frugality and humility in students to carve them into great visionaries and leaders of tomorrow.

A democratic voting process was set in pace which ultimately led to the selection of the Student Council for the year 2019-20. The elected council members were officially vested with their titles and posts in a grand ceremony held in the school campus on 17th April 2019. The Investiture Ceremony commenced with the ceremonial marching by the student leaders. The confidence and vigour of the young student leaders charged the atmosphere with positivity and hope for a bright year ahead. The Guest of Honour for the event, beloved Big Ma'am conferred the badges on the house captains and respected Headmistress Ma'am pinned the badges to the School Captain and Vice Captain.

The students dressed in resplendent house colours, marching to the beat of the drums added to the grandeur of the event.

The outgoing Student Council left their imprints and the newly elected student leaders pledged to don the mantle of responsibilities with utmost dedication and to perform par excellence.

Investiture Ceremony

### List of Student Council

1. School Captain	Soumya
2. School Vice Captain	Sanskar Singh

3. Sports Captain	Suman Aditya
4. Sports Vice Captain	Vandana

#### RED HOUSE - TRUTH

Captain : Kumari Shital  
 Vice Captain : Pratik Kumar  
 Discipline Incharge : 1) Ankit Raj 2) Aarushi Raj  
 3) Sonakshi

#### YELLOW HOUSE - LOYALTY

Captain : Aditi Dayal  
 Vice Captain : Riya Rajesh Jaiswal  
 Discipline Incharge : 1) Anurag Kumar  
 2) Ishika 3) Jay

#### GREEN HOUSE- JUSTICE

Captain : Abhiraj Bharti  
 Vice Captain : Ashrim Fatima  
 Discipline Incharges : 1) Tashya Shubhangi  
 2) Devansh Harshvardhan 3) Tejaswi

#### BLUE HOUSE - FAITH

Captain : Shubham Raj  
 Vice Captain : Maria Jamil Ahmad  
 Discipline Incharges : 1) Priyansh Prakhar  
 2) Ayush Raj 3) Anvesha

**Your level of success is determined by your level of discipline and perseverance.**



# Oath Taking Ceremony

## School Captain's Oath

I undertake the oath of the School Captain of 'St. Karen's Collegiate School,' knowing it is both a privilege and a responsibility.

I promise to honour the role, by representing my fellow students and serving the school to the best of my ability.

In words and deeds, I will uphold the values of respect, responsibility and personal best.

I will lead by example and model the spirit, the tradition and the conduct that is St. Karen's Collegiate School.



School Captain -Soumya taking the oath

## Sports Captain's Oath

I swear to abide, adhere and uphold the school's values of discipline and sportsmanship.

I will be committed to the promotion of sports, and encourage and motivate students to participate and give their best in the field of sports.

I, therefore, declare to preserve the tenet and precepts of a true sportsman in thought, words and deeds, in true spirit of sportsmanship for the glory and the honour of the school.

## School Captain -Soumya

I felt honoured when I was selected as the School Captain and more so because it was the first time when a girl was selected to this post. I wanted to be an inspiration to everyone so that my juniors would be motivated to emulate me. I strived hard throughout the year to become a leader who inspired others to dream more, learn more and do more.

## Council Oath

We promise to strive to the best of our ability, to live up to the ideas of our school, by fulfilling faithfully our duties entrusted to us, by the school authorities and teachers.

We will respect the rules and regulations of the school and we will, to the best of our ability, strive to preserve, protect and defend the honour of the school.



School Sports Captain - Suman taking the pledge

Investiture Ceremony



The Student Council 2019-20 with their mentors



Investiture Ceremony



Habiba Chisty Welcoming Big Ma'am



Pinning of Badges by Big Ma'am



Pinning of Badges by Big Ma'am



Pinning of Badges by Headmistress Ma'am



Marching with pride





**STD VI**  
**Assistant Discipline Incharge**  
**(Blue House)**  
**-Ayush Raj**

When I was selected as the Blue House Discipline Incharge, everyone started treating me more respectfully. The role of managing the discipline was very challenging but I slowly learnt to deal with the difficult situations amicably. It was a learning journey which enhanced my personality.

**STD VI F**  
**Discipline Incharge (Blue House)**  
**-Priyansh Prakhar**

My selection as the discipline incharge of Blue House was a turning point in my life. Making others understand and adhere to the school rules and regulations is a difficult task but I accepted the challenge. Now as I look back I feel proud that I have fulfilled this responsibility to the best of my capabilities.

**STD VI F**  
**Discipline Incharge (Red House)**  
**-Ankit Raj**

I am thankful to the teachers for trusting me and selecting me for such an important responsibility. I always felt that we needed a strong core team for managing the discipline of the school and when I was selected, I ensured that we worked as an effective team. Performing my duties helped me in improving my management skills.

**STD VI D**  
**Yellow House Captain -Aditi Dayal**

I am grateful to my school management for selecting me as the Yellow House Captain this year. It was a momentous day when our Headmistress Ma'am conferred us with the responsibility. Becoming the voice of the students and helping them overcome their problems was a great learning experience for me. Tactful handling of the students was a rigorous task. The guidance and support from my teachers helped me in fulfilling my duties to the best of my ability.

**By Blue House Captain**

A sense of pride overwhelmed me when I was appointed the Blue House Captain for the session 2019-20. As Captain, I was supposed to be a flag bearer of "Labour Reaps Reward" striding on the path of probity and sincerity. While discharging my duty, I think I tried my best. Now, only my teachers and juniors at large would be sitting on the judgement to decide whether I succeeded or not. Apart from academics my school gave me many enriching learning experiences.

I felt extremely proud to be the Blue House Captain. This year's council was amazingly creative, which never allowed monotony to set in. The entire council did its best to give the Karenites a memorable year.

I would like to pay my reverences to our beloved Director Sir. He has always been there to spur me

on with his words and with his blessings.

I would pay my sincere respect to Headmistress Ma'am for reposing faith in me. I would also like to take this opportunity to thank respected teachers for their insightful advices.

My feelings are brimming out when I think of my teachers. I would only say that I wouldn't have been what I am today, but for their efforts that they made all through the years.

Thank You Teachers!

To conclude I would like to share one of my favourite thoughts-

"You are born weak you die weak,

What you are in between is upto you".

- Shubham Raj

Class VI F

## The Navigators of the Flagship of Knowledge.



Our shining stars

The first Award Ceremony of St. Karen's Collegiate School was organized on 10th April'19 to felicitate the students who showed an outstanding performance in English and Maths. It highlighted the achievements of students from Std. I to V for the preceding academic session (2018-19). The Chief Guest for the occasion, D.P. Galstaun (Director Sir) along with Headmistress Ma'am awarded certificates and trophies to the students and remarked that the awardees have very well justified the school's motto - Labour Reaps Reward. He advised all the students of the school to aspire for high attainments and exhorted that each Karenite should actively participate in every realm of life.

Students' Award Ceremony



Motivational speech by Big Sir



Big Sir, Big Ma'am & Headmistress Ma'am felicitating the awardees



Dignitaries & parents at the award ceremony





# Congratulations



**STUTI  
KUMARI (1-A)**



**ARPITA KUMARI KASHYAP  
(1-A)**



**AYUSHI  
(2-A)**



**ALINA FIRDAUS  
(2-A)**



**ABHYA  
(3-A)**



**SIDHARTH SHANKAR PARMAR  
(3-A)**



**ANSHIKA SAWARN  
(4-F)**



**ABHIRAJ BHARTI  
(5-G)**



**DEVANSH HARSHWARDHAN  
(5-F)**

Students' Award Ceremony

## Congratulations for being so balanced and focused throughout!

ENGLISH	MATHS
ARPITA KUMARI KASHYAP (I-A)	STUTI (I-A)
ALINA FIRDAUS (II-A)	AYUSHI (II-A)
ABHYA (III-A)	SIDHARTH (III-A)
ANSHIKA SAWARN (IV-F)	ANSHIKA SAWARAN (IV-F)
DEVANSH HARSHWARDHAN (V-F)	ABHIRAJ BHARTI (V-G)

It was a day to be remembered, when my name was announced as the Mathematics Topper. Maths has been my favourite subject since childhood. I am keenly interested in it, I never thought that the numbers which I juggled during my childhood would fetch me a trophy for the life time. It was a great honour for me to receive the award from the inspirational personalities - Respected Big Sir and Big Ma'am.

**ABHIRAJ BHARTI (5 G)**

It was a proud moment for me to receive an award for scoring highest marks in English in Std 5. I really felt honoured. I'm very thankful to my English teacher Shubhra Miss. Her teaching methodology is very impactful and intriguing. I will try to abide by Big Sir's inspiring speech about the importance of hardwork and smart work. His quote "If hard work gives the key to success then smartwork tells which is your lock that has to be opened." will be a treasured memory for me.


**DEVANSH HARSHWARDHAN (5 F)**

My happiness knew no boundaries when I received the award for getting the highest marks in English and Maths from our respected Big Sir, Big Ma'am and Headmistress Ma'am. I was elated that my hardwork had paid off. I would like to thank all my teachers, friends and family members, who were very supportive. It is an inspiration to work even harder in future and continue my streak of winning awards. I hope my hardwork and dedication will also instill confidence in other students for achieving their goals.

**ANSHIKA SAWARN (4 F)**



The  
**greatness**  
of a  
**culture** can  
be found in its  
**festivals**



The  
Reflection  
of  
Festivities



## Blessing in Abundance



L to R - Swapnil (5A), Gaurav and Ishan (5B), Saumya Shree (6), Kriti (4B), Trisha (4D), Anushka (4C)

Feast Day

**Ponder the fact that God has made you a gardener, to root out vice and plant virtue.**

The feast of our patron saint; St. Katherine of Siena is the feast of love and thankfulness. The gift of the holy lady who has spent her whole life to accomplish God's extraordinary mission is rejoiced on 29th April by the Karenites every year as her Feast Day. We consider the feast of the divine transfiguration as a day of salvation and of eternal blessing for all who honour it with a humble and sincere heart.

The programme commenced solemnly by welcoming our respected Big Ma'am. Students of Std 4,5 & 6 presented the life of the patron saint of the school, St. Katherine of Siena, through a programme called 'the Musical Saga of St.Katherine. It started with the students enactment of the birth of St. Katherine

by presenting an angel dance. The life of St. Katherine from her birth to her sainthood was depicted beautifully by the students of Std 2 to 6. The prayer dance invoking God's blessings was the highlight of the programme. The Musical saga ended with the school choir singing a soulful song in the praise of God. Big Ma'am in her address appreciated the efforts of the students & teachers. The assembly concluded with intercessory prayers by the students and thanksgiving by our Headmistress Ma'am.



Prayer dance by Shivangi (5H), Khushi (5G), Aaradhya, Ayushi (5-C), Subeksha (5-B)





The Participants with Big Ma'am, Headmistress Ma'am and the mentors.



Dramatical enactment of the life of St. Katherine.



Showering of Angelic blessings on Baby Katherine by the dancers.



## Eternal Ties



A melodious song by the school choir.

**"There are good ships and wood ships, ships that sail the sea,  
but the best ships are friendship, may they always be!"**

"A true friendship is a reward for all the good we do in our life. It is the most wonderful relationship that every person can have."

Friendship is a connection that we make on our own; making our own choices and that's the beauty of this togetherness. In tune with the spirit of the occasion, the students of Std- 4,5 & 6 celebrated Friendship Day on 1st August'19.

The special assembly on Friendship Day began by remembering the Almighty, followed by a wonderful thought, which illuminated the importance of friendship. An inspiring story on Friendship Day was told by Arpita of Std 5 'E', which made everyone sink into the sweet memories spent together with friends.

A cute depiction of the bond of friendship between Doraemon and Nobita was shown through recitation of a poem by Trisha and Ekchha of Std 4 'D'. The programme concluded with a dance performed by the girls of Std- 6 on a medley of popular songs.



Recitation of a poem by Ekchha & Trisha 4 'D'



A dance performance by the students of Std. 6





# Freedom in Shades of Joy



**" Life without Liberty is like a body without spirit."**

The 73rd Independence Day of our nation was celebrated by St. Karen's Collegiate School with great enthusiasm, zeal and zest, on 15th August 2019. The programme started with the welcoming of our respected Big Ma'am, along with the Headmistress Ma'am by the Students' Council. To commemorate the sovereignty of our nation, our beloved Big Ma'am and Headmistress Ma'am unfurled the national flag followed by the National Anthem. Abhiraj Bharti (VI-H) and Sanskar Singh (VI-B) shared their views on the significance of the day. The tiny tots of Std. I, II and III enthralled everyone with a beautiful dance on a medley of patriotic songs.

A mesmerising dance was presented by girls of Std VI. The school choir sang a soulful patriotic song. A prayer for our country was read by Ms. Sunita R. Shah. The programme concluded with a speech by our Headmistress Ma'am who shared her views on the significance of the day. Our honourable Big Ma'am congratulated all the participants and wished everyone on this auspicious day. The programme was anchored by Anila Fatma and Shrishti Jha of IV- H.

Independence Day



Flag hoisting ceremony



Big Ma'am spreading the message of freedom



Address by Headmistress Ma'am



Anchors: Shrishti & Anila (4 F)



March past by the Council Members



Patriotic Dance by Std 1, 2 & 3





## Children's Day



**"There is no garden as beautiful as Childhood".**

Children's Day is a day to mark the beauty of childhood and to celebrate their laughter. In our school we celebrated it with myriad classroom activities and a special assembly presented by teachers on the 14th of November '19. The programme began by seeking blessings from the Almighty for the welfare of our students. There was music, laughter and excitement as the teachers surprised the students with their electrifying dance numbers and hilarious acts. The medley of songs performed by the teachers made everyone sway to the tunes of the songs and the different ways of applauding was enjoyed by everyone. The excitement and happiness on each child's face was a sight to behold.

Children's Day



Message by 'Chacha Nehru'



Fun dance by teachers of Std. 1, 2 & 3



Dance by our senior teachers



Group song by the teachers





# One Heart One Nation



On 25th January, 2020, our school presented a special assembly on the occasion of Republic Day. The assembly started with the morning prayer followed by a patriotic song sung by the school choir. The students of Std. V and VI depicted a thematic song and dance which made everyone recall the sacrifices of our soldiers and unsung heroes of our nation. A vibrant dance performance on a medley of patriotic songs was presented by the students of Std. I, II, III & IV followed by a Hindi speech delivered by Priyanshu of VI-G. The anchoring of this momentous event was done by Sanskar of VI-E and Ria of VI-A. An inspiring speech, highlighting the events which led to the framing of our constitution was given by our Headmistress Ma'am. A small quiz conducted by Ma'am brought forth the significance of this red letter day. The assembly ended with the National Anthem, overwhelming the students with an inexplicable love for their motherland, India.

## Republic Day Celebration in School



Republic Day





## A day of the Knowledge Builders

**"A Teacher is a person who surrounds her students with inspiration to learn again everyday."**

"A good teacher can inspire hope, ignite imagination and instill love for learning. A special assembly was held on the 4th of September to mark the significance of the role of teachers in every student's life by the Student Council, with great zeal. The assembly began with the pinning of the badges and bouquet presentation to our Headmistress Ma'am and teachers. A colourful programme was staged by the students which began with the Guru Vandana followed by a dazzling performance by our students, who lit the stage with their exquisite show. It was followed by a speech and a beautiful poem by our dear students to acknowledge the efforts of the teachers. The day was filled with merriment and reflected happiness, enjoyment and contentment.

Teachers' Day



Headmistress Ma'am addressing the students



Our student pinning the badge to Headmistress Ma'am

### A Tribute to Our Visionaries

The Teacher's Day programme was organised by the Student Council of the school. The honour and respect shown by our dear students warmed the heart of every teacher. Students welcomed every teacher individually onto the dais to express their gratitude. The alluring handmade flower bouquets presented to all the teachers and their words of honour is a sweet memory to cherish. The programme filled our hearts with joy and gladness.

SATYA  
(Class Teacher of 6-C)



Guru Vandana presented by the students





Beautiful rendition by the School Choir



Shital reciting a poem for the teachers



Speech presented by Anshika



Teachers' Day



A splendid dance performance by the students of Std 6



## One Nation Reading Together

ONRT is a celebration of reading as pleasurable and enriching experience. It's an endeavour to encourage children to read every day, to avail the multiple advantages of reading.

Our school is committed to the objective to foster the habit of reading in the students and has taken many initiatives to encourage the young readers. We start our class schedule every week with the D.E.A.R.(Drop Everything and Read) class, wherein everyone in the school dedicates 30 minutes to reading a book of their choice. Reading clubs, story telling sessions and competitions and D.E.A.R. classes, are all part of our commitment to promote the habit of reading books, because,

**"Books pose questions to stimulate further Reflection."**

The 13th Edition of the ONRT campaign, hosted by Scholastic India, was organised in our school on 24th January 2020 at 12 noon. The reading ambassadors took the reading pledge penned by the renowned author Sampurna Chattarji. The lyrical pledge highlights the benefits of reading books. The students enjoyed and designed their Reading Badges. The Graffiti wall was covered with reading slogans.

### The Reading Pledge


Books are the best when you are looking for clues.  
 About the mystery of space or the secrets of zoos.  
 Books are the best when you are plotting escapes.  
 From boring routines or silly old scrapes.  
 Books are the best of all the fun trends  
 Even more so when you share them with friends  
 So starting today let's make a true pledge-  
 To read many books and stay on the edge!

By Sampurna Chattarji


ONRT







**books**  
give a soul to the universe,  
wings to the mind, flight to  
the **imagination**  
and life to everything.



a **creative living**  
is the one that is driven more  
**strongly**  
by  
**curiosity**  
than by fear



**experimentation**  
keeps new ideas rising to the  
**surface**



# Fairs and Exhibitions





## Good Books Good Friends

A book fair organised by Scholastics India was held from 17th to 19th October 2019, in the school premises. It witnessed an overwhelming response from the students. They were really very excited to see a wide range of books from different authors on display and spent their quality time browsing and selecting their favourite books. The highlight of the event was the newly introduced Year Book 2020 which was the most sought after book in the Book Fair.



Book Fair



Inauguration of Book Fair by the Headmistress



Children eager to browse the book stalls.



Little book worms ready to stuff themselves with their favourite books.





## Diving Deep Into The Ocean Of Learning

The students showcased their scientific temper by giving a concrete shape to their imagination. On 11th Dec'19, St. Karen's Collegiate School ground turned into a platform for scientific exploration. The exhibition was organized under the guidance of our Headmistress Manisha Ma'am and the talented Science teachers Ankita Tiwari and Shilpi Toppo. Its aim was to bring out the hidden talents of students with a focus on creating a scientific aptitude in them. Their curiosity and enthusiasm to learn and dissect knowledge was reflected through their working models.

The exhibition was judged by Moni Miss of St. Karen's High School and Deepshikha Miss of St. Karen's Secondary School. They appreciated the efforts of the participants and remarked that it was a step forward towards their all-round development.

The following projects were the centre of attraction and earned great accolades.

1st Prize - Fingerprint Sensor	Suman Aditya, Avinash Kumar, Ankit Kumar, Rajnish Kr., Govind Kr. (Std. 6 A)
2nd Prize - Drone	Aman Pritam, Gautam Kumar, Parv Sinha, Shubham Raj, Krishna Kumar (Std. 6 F)
3rd Prize- Battleship	Divyanshu Abhinav, Kumar Aditya, Alok Kumar, Ayush Kumar, Abhishek Raj (Std. 6 E)



The 1st prize winners



The 2nd prize winners



The 3rd prize winners



A Display of Models



## A Masterful Display

An Art and Science exhibition was held on 19th October 2019 in the school hall to bring out the innate artistic talents of the students and to nurture their creative temperament. The students came up with many working models in Science. Some of the notable ones were model on rainwater harvesting, PSLV and its working and the rocket launching programme of India. Students also displayed their knowledge of Social Science through various models which included industries, kinds of resources, life in a city and our natural resources.

Other highlights of the exhibition were the art gallery, models from the Computer Section, Hindi and Sanskrit department. Students displayed their artistic talent in the form of colourful pots, decorated diya, wall hangings made from jute and papier mache and the models of computer hardware.

Art and Science Exhibition



Inauguration of the exhibition by Headmistress Ma'am



Lighting of the lamp



Social Science corner



Science corner



Art and Craft corner



Explanation of the working models to our esteemed guests



A close look at the ingenious work of our talented students





# Spectrum-2019

## We Are The World



Spreading the light of knowledge



Creating an impact 'A man of influence'



Dr. Sita Mukhopadhyay  
(Chief Guest)



Welcome address by the  
Headmistress

On November 30th, St. Karen's Collegiate School celebrated its Annual function. "We are the World" and created a 'Spectrum' of soulful songs and vibrant dances with great elation and gusto. It was an evening filled with fervour, excitement and experiences amidst thrills, shills and cheers.

The Chief Guest for the day, Dr. Sita Mukhopadhyay, spoke about the plethora of opportunities which the school offers. The Guest of Honour

"Big Sir" through his inspirational words, outlined the vision of the school that aimed at imbuing a strong value system in the young aspiring students.

The event started off with the auspicious lighting of the ceremonial lamp by the distinguished assembly of guests. It was followed by the cultural programme "Spectrum" as each programme exemplified its significance through several mesmerizing presentation on saving the environment by saving trees and water. Each performance was an incredible visual treat, which delighted the audience.

The cultural programme started with a graceful dance depicting the beauty of our planet through the lyrical presentation "An ode to our Motherland".

The tiny tots of Std. I, II, III appealed everyone to extend a helping hand to preserve our lovely planet through their feet tapping performance on the song 'This is our world'.

"Green is the land" was a captivating dance, full of charm and grace presented by the students with a message to plant more. The eternal existence of music and its spiritual essence was truly exhibited in the scintillating performance by the school choir and the school band.

The theme of the evening "We are the World" and the message to save the earth were will exhibited by the Hindi play which was an eye opener for everyone. The mime act on Save Water depicted the consequences of reckless wastage of water. Moreover the grandeur of the finale left the audience enthralled.

The preparations behind the scenes to complete and host the magnificent event paid off well. The enthusiasm of the participants and the wholehearted dedication of the entire Collegiate Team made an eternal impact on the audience.





Songs from the soul



Heartfelt thanks given by Sanskar and Saumya











'We are the world-' Teeming with life



Small feet, big strides



Preserving the earth we cherish



Preserving the earth we cherish



Tik-Tik Plastic – Message to save our planet



"The school choir at their best"







Dance by the students of Std. I, II & III



Anchors – "Anshika, Utkarsha and Arpita at their best



Hindi skit – A strong message to "Bring Back Nature".



Spreading the message 'Save earth save environment'



Creating the sufiana fervour



An ode to our Mother nature by students of IV, V & VI



Highlight of the event



Mime act – "Communication without words"





Kumari Shital (6C), 1st prize winner

We love every plant  
every tree,  
We want them to grow  
happy and free.  
They give us colour, they  
give us pleasure  
So we need to protect  
this treasure  
Let's take this pledge-  
hold up your palm  
To plant more trees all  
around.

# Earth Day



Sanskar (6A), 2nd prize winner



Alice (6E), 3rd prize winner



# Eureka Moments

**Nature is painting for us day after day pictures of infinite beauty.**



Std 5-G Earth day collage competition winners

Earth is the most beautiful planet in our solar system but maintaining its beauty is the need of the hour. For sensitizing students about the need to protect our environment to stop the rapid extinction of different species on earth, a Collage Making Competition was organised in our school on the occasion of Earth Day. The enthusiasm and creativity of the students helped in portraying the idea of the need to change ourselves to Save Earth in a cogent manner. The whole class worked together as a team to make the collage and everyone was euphoric on being declared the winner in Std V.

- Shubhra N . Singh (5 G)  
Class Teacher (5 G)

## "The Earth has Music for those who Listen"



Std 6-C Earth day collage competition winners

Earth Day was observed in our school on 22nd April. In order to create awareness and encourage the students Poster Making competition was organised on that day. Students of Std- 'VI-C' were thrilled and were set to finish their poster in the set time limit of 40 mins.

Their sparkling creative touch and their collective efforts resulted in a fabulous poster on Save Earth. The poster portrayed their concern and care for the Mother Earth. Winning the competition escalated their zeal and responsibility towards Mother Earth.

- Satya (6 C)  
Class Teacher (6 C)

## Earth Day Poster Making



Std 4-D Earth day collage competition winners

Competitions are necessary to bring out the best talents. It is exciting as well as challenging. On 22nd April 2019 St. Karen's Collegiate School conducted a poster making competition on Earth Day. The topic was 'Save Our Earth'. Class IV 'D' students did their best and had the privilege to win the First Prize.

I believe that winning a prize is never the priority but bringing out the best talents is important in a competition and I am proud that my students did their best and won the competition.

By Mrs. Lucy Tom  
Class Teacher (4 D)

Earth Day

## विश्व पृथ्वी दिवस

'विश्व पृथ्वी दिवस' प्रत्येक वर्ष 22 अप्रैल को संपूर्ण विश्व में मनाया जाता है। यह एक वार्षिक आयोजन है, जिसे विश्व भर में पर्यावरण संरक्षण के लिए समर्थन प्रदर्शित करने हेतु आयोजित किया जाता है। 'विश्व पृथ्वी दिवस' की स्थापना अमेरिकी सीनेटर जेराल्ड नेल्सन के द्वारा 1970 में एक पर्यावरण शिक्षा के रूप में की गयी।

पृथ्वी हमारी धरोहर है, इसकी रक्षा करना हमारा कर्तव्य है। प्रकृति ने हमें सूर्य, चाँद, हवा, जल, धरती, नदियाँ, पहाड़, हरे-भरे वन और धरती के नीचे छिपी हुई खनिज सम्पदा धरोहर के रूप में हमारी सहायता के लिए प्रदान किये हैं। मनुष्य अपनी मेहनत से धन कमा सकता है लेकिन प्रकृति की धरोहर को अधिक प्रयास करने के पश्चात भी बढ़ा नहीं सकता।

'विश्व पृथ्वी दिवस' मनाने का मुख्य उद्देश्य पर्यावरण सुरक्षा के बारे में लोगों के बीच जागरूकता बढ़ाना है। इस दिन लोग धरती की सुरक्षा से संबंधित अनेक बाहरी गतिविधियों में शामिल होते हैं, जैसे- नये पेड़-पौधों को लगाना, सड़क के किनारे का कचरा उठाना, ऊर्जा संरक्षण आदि।

'पृथ्वी' हमारी माता है, जो हमें हमारे जीवन के लिए आवश्यक सभी वस्तुएँ देती है। इसलिए हम इसकी प्राकृतिक गुणवत्ता और हरे-भरे वातावरण को बनाए रखने के लिए भी जिम्मेदार हैं।

अतः हम कह सकते हैं- 'पृथ्वी की सुरक्षा हमारी सुरक्षा।'

**^vkuokyh i k h gSI; kjh rks i Foh dks cpluk gSgekjh ft Eenkj h\*\***

## क्या आप जानते हैं?

पृथ्वी की अनुमानित आयु 4600,000,000 वर्ष है।

- सूर्य से पृथ्वी तक प्रकाश पहुँचने में 8 मिनट 18 सेकेंड लगते हैं।
- पृथ्वी आकार और बनावट में शुक्र की तरह है।
- पृथ्वी अपने अक्ष पर 23 घंटे 56 मिनट और 4 सेकेंड में एक चक्कर पूरा करती है, जिससे दिन और रात होते हैं।
- पृथ्वी पर ऋतु परिवर्तन, इसकी अक्ष पर झुके होने के कारण होता है।
- पृथ्वी की पहली परत का निर्माण सिलिकॉन और एल्युमिनियम धातु से हुआ है।
- पृथ्वी का एकमात्र प्राकृतिक उपग्रह 'चन्द्रमा' है।

इशिका मिश्रा (6-एच)



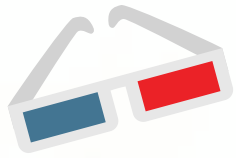
# Escalating New Heights



Lots of  
**small steps**  
equates to a giant leap



## School Cinema



School cinema is a powerful tool to equip the younger generation with values, attitudes and morals. It helps them to address the issues that can be difficult to tackle. It has been proved as a gateway of knowledge and evidenced their purview of looking at the world with increased tolerance. We intend to prepare students for a future where higher level thinking and collaborative skills are required exponentially. According to psychologist Barbara Fredrickson 'Experiencing positive emotions make people see more possibilities in their lives.' With this bright outlook, St. Karen's Collegiate School makes students more proactive by exposing them to school cinema as it is one of the most effective means to prepare students to cross all the barriers and introduce them to the world of culture and languages. The children have reaped the benefits extensively. It has helped the young audience to cope with stress, to develop their personality in its physical, emotional and spiritual aspect.

A radical reform has been introduced in our education system and we all the facilitators, the Headmistress and the parents need to make an attempt for developing well-integrated personalities of our children.

### Super Girl

The good thing about school cinema is that it has helped me to understand the values and morals in a very playful and interesting way through movies shown in my school. I would really like to thank school cinema and SYED SULTAN AHMED the owner and producer of school cinema who started this film series to educate us and our school administration for providing us with this amazing facility. It has also aroused my curiosity to learn more about science after seeing the movie 'Super Girl'. The movie is really appreciable as it teaches kindness and tells us never to give up and try and try till you succeed.

*Md. Saad Mozammil Hashmi - (VI- H)*

### Grace

The movie 'GRACE' gave me a lesson that we should not undermine anyone's ability. A person should be judged by his thoughts as they lead to attitude, by their attitude as they lead to words, by their words as they lead to actions,

In this movie the action of the quiet teacher Mrs. Grace was an eye opener for the students. Through this movie we received the message that unity is strength. Teamwork and respect for each other is very essential. This movie also created a deep respect for teachers as they build our future.

*By Kumari Shital - (VI-C)*





The values of an idea lie in the using of it.



A frozen determination & efforts of the students.



The highest form of knowledge is empathy.

### JUMP

Our school provides a lot of facilities to improve skills and talents and one of the most amazing thing is the school cinema. It gives me immense pleasure to pen down my thoughts about a movie which I liked the most during my PD classes. Oh! I forgot to tell you that these movies are not like the movies that we see in cinema hall. Instead these movies are related to our day to day life and the problems that an adolescent faces at school and home. These movies are totally based on moral values. I had watched many movies but I liked the movie 'Jump' the most. This movie was about "goal setting." A boy named 'Edwin Albatross' belonged to a clown's family but his dream was to become a trapeze artist. Nobody in his family supported him. His friends also teased him. But, eventually his father supported him and he achieved his goal. After watching this movie, I was left in deep thoughts. From this movie I learnt that "Where there is a will, there is a way." It's not necessary to become what your ancestors were, everyone has their own life, their own way, their own fortune and their own dreams. People will discourage you at every point of your life. But if you are passionate about your dreams and you work hard, then there is no one who can stop you from reaching your goal. I would like to conclude with a quote:

**"It's very easy to give examples but it's very difficult to set an example."**

*Abhiraj Bharti- (VI- A)*

### MYNA AND ASTERIX

Myna and Astrix is a movie that shows the difference between 'needs and wants'. Myna was a great fan of Asterix comics. She wanted an x-box costing Rs. 26,000 and she strongly believed that it was a need. But when she met her cousin Dani and his little friend Anan in the village, her thoughts completely changed. Dani showed her the difference between needs and wants by an example of his own aunt who was sick and poor that she was not even able to afford three square meals a day. Myna understood the difference between needs and wants by her experience of visiting the village. Now that Myna scored 80% in her exams, her parents agreed to buy her an X-box. But she refused the offer. So her parents decided to give her more of Astrix & Tintin comics.

**"The influence of a good teacher can never be erased."**

*Alwira Intekhab- (VI- H)*

## English Speech

**"If something comes from your heart, it will reach the heart of your audience"**

Speech gives students a creative room to express what they feel. St. Karen's Collegiate School has set the benchmark for conducting activities which will help the students to express their thoughts and feelings with great enthusiasm and energy. With the same perspective, the Speech competition was held on 22nd Oct'19 on the topic 'Famous Personalities'.

The aim of the competition was to hone public speaking skills of the students and teach them to be articulate while expressing their thoughts and feelings.

The competition was successfully organized under the supervision of our Headmistress, Manisha Ma'am. The competition took place in the school hall and the speakers from class- VI delivered their speeches eloquently on different topics such as APJ Abdul Kalam, Nelson Mandela, Malala Yusufzai, Morgan Freeman etc. The competition was judged by Mrs. Arundhati, Associate professor of English, at Amity University, Patna and Miss. Nandni Sen, English teacher of St. Karen's Montessori School.

The participants expressed their views with a lot of conviction and impressed everyone. They gave their best and the deserving students were selected by our honourable and experienced judges. The Headmistress congratulated the participants and distributed prizes to the winners.

### Winners

RANK	NAME OF THE STUDENTS	CLASS
1ST	ADITI DAYAL	6 'D'
2ND	SANSKAR SINGH	6 'E'
3RD	HABIBA	6 'H'
4TH	ALWIRA	6 'H'
5TH	ABHIRAJ BHARTI	6 'A'

A Step Ahead



Winners of the Speech Competition





**Voice of Collegiate**

**“Speech is power: speech is to persuade, to convert and to compel.**

“Good work always deserves appreciation and those appreciations lead to short-term success and those short term success makes you hungry for more. The hunger for more is called stubbornness. And that stubbornness leads to ultimate success in life. So, it’s little yet indispensable vicious cycle of human life.”

On 22nd October,2019 there was an English speech competition in St. Karen's Collegiate School. Some people discouraged me by remarking that I won't win. But I was very happy because it was the first time that I was participating in a speech competition. Although when my name was called on the stage for the speech, I was very nervous. My hands were shaking, my teeth were chattering and I got speechless. I was totally frozen when I went onto the stage in front of the audience. At that time the only person who gave me courage was my grandma who just smiled at me and I gave my 100%. I received a great round of applause. I was very confident that I will win the prize in the competition. To be honest, it was the first prize of my life. It was a proof of my abilities to all those people who discouraged me and told me that I won't win. Now, I'm capable of doing anything. “Nothing seems impossible to me now.”

*Alwira Intekhab- (VI- H)*



Sanskar Singh (6-E)



Aditi Dayal (6-D)

An Urge  
to Ignite  
young  
minds



Habiba (6-H)

A Step Ahead

## Hindi Elocution Competition

The Hindi Elocution Competition of Std- VI was successfully organized and conducted by the Hindi Department of St. Karen's Collegiate School on 13th July'19. The Students participated with great zeal. Devansh and Alvira were the anchors of the show. The programme was honoured by the presence of our Hon'ble Headmistress Ma'am. The competition was judged by Ms. Prabha Paul of St. Karen's Montessori School and Dr. Madhu Manjari of Patna University.

### The winners were:-

Soumya (VI- E) - 1st Prize

Mrigang Kumar Singh (VI- E) - 2nd Prize

Riya (VI- F) - 3rd Prize

### Consolation Prizes were awarded to

Soumya Sinha (VI- B)

Kumari Shital (VI- C)

A Step Ahead



2nd prize winner  
Mrigang Kumar Singh



Poem Recitation by  
Utkarsha



1st prize recieved by Soumya



Participants of Hindi Elocution





Turning  
Mirrors  
Into  
Windows

## In a festive Mood

Diwali is a very big occasion of inculcating as well as exhibiting the true happiness that one can enjoy. A rangoli and diya making competition was organized on 24th October in our school with the objective to bring forth the innate skills and hone the creative genius of the students of class IV, V and VI. The students accepted the challenge with open arms and created such an environment of colour, design and theme which spoke about their creativeness. The winners of the Rangoli competition were:

**1st Prize - Red House | 2nd Prize - Yellow House | 3rd Prize - Green House**

### Diya Decorating Competition of Std.IV

<b>1st Prize- Blue House</b>	Nancy	Ekchha	Kavya
<b>2nd Prize- Green House</b>	Shubham	Prakanshi	Sami
<b>3rd Prize- Red House</b>	Ayman Adeeb	Kritika	Rishabh

### Diya Decorating Competition of Std. V

<b>1st Prize- Green House</b>	Vaishnavi	Sanskriti	Kajal
<b>2nd Prize- Yellow House</b>	Rushda	Ayushi	Vaishnavi
<b>3rd Prize- Red House</b>	Aishwarya	Ayush Raj	Parinita

Diya and Rangoli Competition



Indulging in creative experiences of Diya decoration



The beaming winners



Winners with the judges and Headmistress Ma'am



The Red House prize winners



An artist is not someone  
**special...**  
Rather each one is a  
**special artist**



Appealing designs on the floor



Rangoli Competition 1st Prize Winners



Display of creativity & imagination

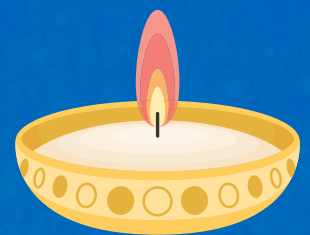


Rangoli Competition 3rd Prize Winners



Rangoli Competition 2nd Prize Winners

## Winners of Rangoli Competition



Diya and Rangoli Competition



## Little Advertising Merchants



**CREATIVE** without strategy is called ART  
**with strategy** is called ADVERTISEMENT

**"Good Advertisement does not just circulate information. It enters the public mind with desires and beliefs."**

This year the students at St. Karen's Collegiate School were introduced to the world of advertisement with the Inter House Creative Ad Competition that was held on 30th August, 2019 for the students of Std. III, IV and V. The participants were given different topics and they came up with their wonderful advertisements which had some really enticing jingles and tag lines. They also used interesting props to portray their ideas and it emerged as an amazing show, as the children brought forth their original creative ads. Our Headmistress Ma'am graced the occasion with her presence.

- The winners were :
- |   |
|---|
| Std. III - Udiya & Saksham (Blue House)   |
| Std. IV - Trishna & Shrishti (Red House)  |
| Std. V - Reba Khan & Jahanvi (Blue House) |

Trishna & Shrishti in action promoting their Top Shine Toothpaste



Saksham and Udiya displaying their products



Jahanvi & Reba Khan advertising their product

Teachers with the participants



Inter House Creative Ads Competition



# Rendition of Liting Tunes with Patriotic Fervour

Words make you think, Music makes you feel and singing together spreads your thoughts. That is why an Inter- House Patriotic Song Competition was organised on 14th August 2019, to bring out the patriotic spirit of the students. The competition was judged by a prestigious panel of judges comprising Deepa Miss, Dipanita Miss and Niva Miss. It turned out to be a patriotic morning as each house crooned away to the lilting tunes of the heart touching songs like

- Kandhe se milte hai kandhe (Truth House)
- Hum rahi hai, hum sathi hai (Faith House)
- Dil Diya hai (Loyalty House)
- Aye vatan, vatan mere abaad rahe tu (Justice House)

**The competition came to an end with felicitations**

**1st Prize- Faith House**

**2nd Prize- Justice House**



Faith House- lifting the coveted trophy



Winners with the Headmistress



Saluting the nation



Showing true patriotic fervour



Spreading the patriotic cheer



Singing the song of Loyalty by Red House

Inter House Patriotic Song Competition

## In The Spot Light



Satakshi  
(Std 1 A)



Ritwik Sinha  
(Std 2 A)



Kritika  
(Std 1A)



Anushka Sinha  
(Std 2A)

Confidence, exuberance and spontaneity are some qualities which give one a competitive edge in today's fast paced world.

Training the young minds to be self assured, need a lot of exposure to help them shed their inhibitions. Academics and co-curricular activities go hand in hand in our school to help in all round development of the students. The diverse co-curricular activities make learning fun and helps to develop their inner talents.

Show and Tell Competition



Riya Jiaswal  
(Std 5E)



Shrishti  
(Std 4F)



Ashrim Fatima  
(Std 5G)

The Inter House Show and Tell Competition conducted on 26th July 2019, witnessed active participation by the students of Std. I to V. The tiny tots of Std. I, II, III spoke on the topics My Favourite Toy, Food and cartoon character while the students of Std. IV and V spoke about their favourite gadgets and the person who inspires them. Each participant gave tough competition to their opponent. The eloquence with which the students presented themselves awed everyone.

The colourful props sparked the imagination of the students and many stories started tumbling out on the stage. The audience was spell bound by the talent and ability of the little ones.



### Winners List



Std. I		
1st Prize	KRITIKA	GREEN HOUSE
2nd Prize	SOUMYA SHREE	YELLOW HOUSE
3rd Prize	SATAKSHI	BLUE HOUSE

Std. II		
1st Prize	ANUSHKA SHARMA	YELLOW HOUSE
2nd Prize	ABHAVYA SHARMA	BLUE HOUSE
3rd Prize	RITVIK SINHA	GREEN HOUSE

Std. III		
1st Prize	AYUSHI	YELLOW HOUSE
2nd Prize	ALINA	BLUE HOUSE
3rd Prize	KRITI	GREEN HOUSE

Std. IV		
1st Prize	BHARGAVI [IV H]	GREEN HOUSE
2nd Prize	SHRISHTI [IV F]	RED HOUSE
3rd Prize	SHRISTI [IVA]	BLUE HOUSE



Std. V		
1st Prize	ASHRIM FATIMA [VG]	GREEN HOUSE
2nd Prize	PRIYANSHI [V B]	RED HOUSE
3rd Prize	RIYA [V E]	YELLOW HOUSE





Don't let the fear  
of striking out  
keep you from  
playing the game.

Goals are attained  
not by strength but  
by perseverance.

It's not whether you get knocked down, it's  
whether you get back up.

# Sports



## WINNERS WIN, WINNERS LOSE, BUT WINNERS PLAY

### KHO-KHO

Sports play a major role in shaping the personality of a child. Kho-Kho has been one of the favourite sports for generations and is immensely enjoyed by the students. It is the refined version of 'Rathera' an ancient game played in Maharashtra. It is an enjoyable and thrilling game which requires physical fitness, strength, speed and stamina. To catch by pursuit to chase rather than just run is the capstone of Kho Kho. Our school conducted the Inter House Kho-Kho Competition, in which the students participated in a sportive spirit with a great zeal.



### Gripping Match & Spectacular Finish



It was held for the students of class VI on 8th Nov'19 for Boys & 23rd Oct'19 for Girls. The players of all four houses displayed speed, quick reaction, good footwork, and a judgment of direction but we the participants of Blue House (Boys) and Green House (Girls) played magnificently and emerged as winners in the field and built records. We worked on every element of strategy involved. Our excellent team work and the ability to dodge proved to be our strength.

#### Shubham Raj

Captain (Blue House)  
(Boys) VI - F

#### Manshi

Captain (Green House)  
(Girls) VI - F

Sports



The Kho-Kho Champs (Boys)



Displaying the Karenite verve



The Kho-Kho Champs (Girls)



Loyalty House team in action



**Carrom**

Carrom is one of the most popular indoor games in India. It is a scientific game and is based on Physics and Geometry. It requires thorough knowledge of angles, deftness of touch, keen sight and superlative control of nerves besides mental and physical fitness. It also requires skill and deep concentration. Our school organized Inter House Carrom Competition for all the four houses in the junior category (Std. 1, 2, 3).

The excitement and enthusiasm for the competition was infectious. All the participants played very well.



<b>Carrom winners of SKCS</b> Std. 1, 2 & 3			
Girls	Kritika Bhardwaj (1A)	Saloni Kumara (2A)	Subeksha Sharma (3A)
Boys	Arya Kumar (1A)	Ayush Singh (2A)	Amant Ali Khan (3A)



Players in Action



Ideal Moves



The Winning Stroke



Our Conquering Chess Heroes with Secondary School Principal and Vice Principal

Sports

**Chess**

The accolades flowed for Saloni, Pragun, Vaishnavi and Swara when they clinched Gold, Silver and Bronze medals respectively for St. Karen's Collegiate School in the 'Inter School Chess Championship'

**School Pride**



Vaishnavi (IV-F)



Pragun Pia (V-A)



Saloni Samestha (V-E)



Swara (V-H)



Chess Winners

Sports

## Reflections of Chess Champs



Fighting a battle of nerves

Becoming a chess champion was not an easy road. To get to the top, we worked very hard and invested a lot of time into chess training. Our willingness to be champions worked.

Saloni (5-E)  
Vaishnavi (4-E)



Shackling Moves

To be a chess champ, it took lots of learning and practicing. My first move opened with the pawn in the front of the king two squares forward. I applied a number of tricks which challenged the opponent and made me win a silver medal.

Pragun Pia - (V-A)

It was a matter of wanting to win regardless of who my opponent would be. At one point I thought that I was losing the game but I bounced back due to my self confidence and grabbed the bronze medal.

- Swara Sinha (V-H)



# Bright Beginnings

Steady and small steps turn into  
giant strides and leaps ultimately

## Std 1,2,3 Activity

Whenever we walk down the street nowadays we notice that almost every single person is walking with their face down, watching a screen. It seems that technology has completely taken over our lives today. Our little minds are also adversely influenced and affected by the same. Children today lack imagination and are not able to think creatively or recall. As a result it becomes impossible to develop basic skills and values among them. In our school we play a vital role to inculcate all these skills and values through our teaching methodologies and co-curricular activities and make the young minds shift from screen to classroom, and enjoy the fun filled school days.

Through different teaching activities we provide them an atmosphere, where our little minds develop imagination skills and become confident about their abilities.

Learning becomes fun and the concepts they learn through the activities are retained in their minds. They develop the skills which are needed to be creative, in an enjoyable manner.

Group activities provide them the scope to express their true selves and also experience the pleasure of emotional bonding with friends and teachers, and fill their hearts with a deep sense of responsibility.

We at St. Karen's Collegiate School expose them to thrilling literary activities, paint their minds with colours through different Art & Craft activities. We also develop social awareness through our classroom activities which truly motivates the young minds to be the change makers of our society.





Primary Section



Creative  
classroom  
activities  
in the Primary  
Section





**History**  
refines and  
redefines the  
**Future.**

# Revisiting the Bygone Era





## 150 Years of Celebrating The "Mahatma"



The sesquicentennial birth anniversary of the Father of the Nation was celebrated with great pomp and show in our school. A special assembly was conducted to inspire the students with the achievements and principles of the unpretentious personality of Mahatma Gandhi.

The Special Assembly gave a kaleidoscopic view on the different facets of the life and the beliefs of Mahatma Gandhi. The tiny tots of Std I and II gave the message to keep our country clean through their dance. The articulate anchoring done by the students of V G impressed everyone. The programme concluded with a pledge to inculcate the values of truth in our lives.

Saluting the Mahatma



Prem As Nathuram and Anshu as Mahatma Gandhi



Students portraying the Quit India Movement



The students portraying the Salt Satyagraha



The climax scene - 30th January 1948





Students praying for peace



God gave us green, so let's keep it clean



Swachh Bharat Dance by the students of Std 1,2,3



Messengers of Cleanliness



The school choir singing "Vaishnav Jan To"



## The Ceaseless Zealot

Bapu was the noble man  
 Who returned India its sheen  
 The blood that ran through his veins  
 Was saffron, white and Green

He taught us the lessons of non-violence  
 He stood against crimes  
 He devoted his life to humanity  
 To make sure everywhere happiness chimes

He was the leader of all faith  
 Who went to jail with pride  
 He wanted to carve a world of peace  
 For that he made the country unite

No guns, no knives  
 Ahimsa and Satyagrah were his weapons  
 He only fought for equality  
 He taught us many good lessons

His deeds guided the nation  
 Today what we are, is his creation  
 His principles helped him throughout his life  
 He may have died but in our hearts he is still alive.

*Janvi (V-B)*

## REFLECTION OF BAPU'S COGITATION

I learnt from Bapu's words  
 Never to give up or lose hope  
 Even if the situation is difficult to tackle.

The only way on earth to live is to love humanity  
 and follow non-violence

There are many gifts in the world but the best gift  
 is freedom.

The people who only think for themselves are  
 greedy  
 but those who think for everyone are the real  
 heroes.

*-Maria Jamil Ahmed (V-A)*

## Bapu

He was called the Saint of Sabarmati by millions  
 His empathy and love touched the hearts of zillions  
 He is the one who showed the way of Liberation  
 On which walked the entire nation

He swept the villages and river banks Clean  
 With residents , municipal councillors  
 And harijans all as a team

He will always be India's glory  
 And we will never forget his story.

*Aishwary (V-E)*

## His Vision, My Mission

I have not met you face to face  
 But heard, you had much grace

You did not discriminate religions and races  
 Elevated the saddened into beaming faces

Clad in khadi wrapped around your waist  
 No delicacies were your taste

You were a great warrior, my forefathers say  
 None have paralleled you till this day

You freed my nation from nasty demons  
 With truth and non-violence as your mighty  
 weapons

I salute you and make a vow  
 To be the paragons of virtue from now.

*Aarushi Raj (V-A)*

## A Noble Tribute

My patriotism  
 lies in Bapu's envision  
 To build a fearless nation

Improving lives  
 and breaking down the  
 barriers to education

This is my noble tribute to  
 his 150th celebration.

*Kajal Chourasia (V-C)*



# 50th Anniversary of Moon Landing

It is the **extra** that makes us **more than ordinary**

**"It is rightly said "Your mind is like a parachute, if it isn't open, it doesn't work"**

July 20, 2019 marked the 50th anniversary of the first human landing of the NASA Apollo 11 on the moon. To mark this achievement our school organised myriad activities in order to make children aware of this momentous event. Children wrote articles and made sketches, paintings to depict their desire to explore the universe.

To mark the historical milestone of man landing on the moon, I along with my friends and other scientists went on a conjectural journey with great joy and eagerness to explore the moon and test technologies on 20th July, 2019.

When we reached there, we were startled to see the entirely different condition of the moon as compared to the Earth. Yes, it is obvious that the atmosphere will differ due to many reasons like the absence of water, air, human and oxygen. It was strange to note that the moon always reflects a beautiful scene when viewed from the Earth and appears to be a big, silvery crystal ball filled with bright light but when we had a close view, our perception changed. It was very cold, studded with craters and strewn with rocks and dust. The moon had no light of its own. We had carried our oxygen cylinder with us. The scientists were engaged in their drudgery. They were busy researching about the aluminium rich rocks and the possibilities of existence of life. We hoisted our national flag there and returned to Earth in a space-craft.

**Before You see the View you have To climb The Mountain**

Aakriti (Std. 6)

Pragun Pia V-A



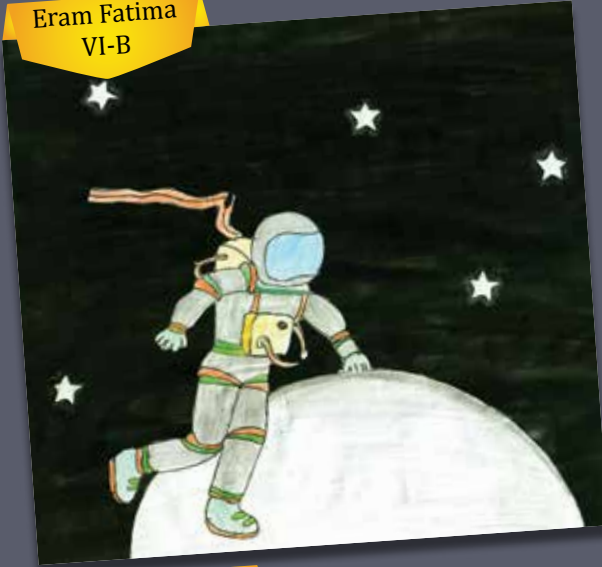
Ananya Kumari V-A



Back in 1969



Eram Fatima  
VI-B



Piyush Anand  
VI-D



Zeyan Hussain  
VI-C



Harshita  
V-A



Prateek Kumar  
V-C

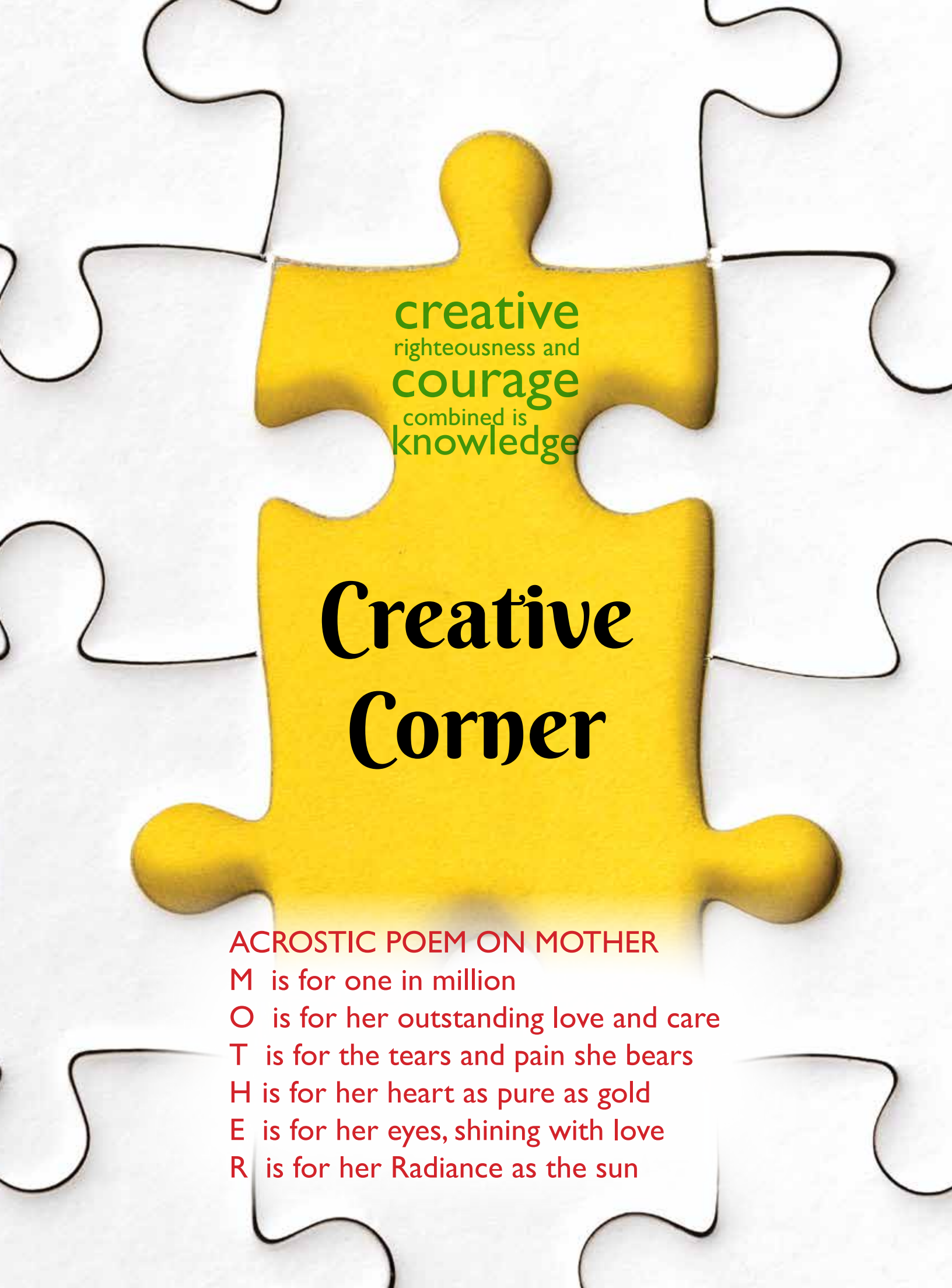


Shubheksha  
Vaneer V-B



Back in 1969





creative  
righteousness and  
courage  
combined is  
knowledge

# Creative Corner

ACROSTIC POEM ON MOTHER

M is for one in million

O is for her outstanding love and care

T is for the tears and pain she bears

H is for her heart as pure as gold

E is for her eyes, shining with love

R is for her Radiance as the sun



## BOOKS: A Tiny Universe



Books are store houses of knowledge and our best companions. They give us plenty of joy and encourage us when we feel defeated. Books allow us to travel far and wide and give wings to our imagination. They have the capability to transform you as they give you a new perspective to look at things. Books have been there for centuries and without them we would be deprived of our history and the knowledge gained through our past experiences.

They act as the link between the past and the future, a bridge between cultures and generations. It is rightly said "Books are uniquely portable magic"

*Mrigang Kumar Singh (VI-E)*

## CARING FOR THE ELDERLY

I love my grandparents a lot and my parents respect them too. Taking care of elderly is a responsibility that everyone should take. Our parents or elders sacrifice their golden days in building and shaping our lives and career. So it is our duty that during their old days, we should love, support, care and give them full protection. My parents always teach me that our elders often sacrifice their lives for making our future better. So according to me it is our duty to look after them when they have grown old and are unable to take care of themselves. We should see that they live happily as long as they live.

*Shefali Roy (VI-E)*



## GIRLS ARE OUR FUTURE

Girls are our future,  
But nobody cares.  
They need to be nurtured  
But nobody is there.

Girls are excelling,  
Even in small dwellings  
But nobody seems to  
Understand their yearnings.

People say that 'Girl Power'  
Is the most powerful weapon.  
But the power is left to rust  
In the chores of the Kitchen.

It is said that time has changed  
But I don't see it so.  
Let's support girls  
Because they want to grow.

*Anshika Sawarn (V-H)*



## SCIENCE FACTS

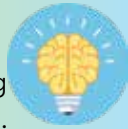
1. Water can boil and freeze at the same time.
2. Laser can get trapped in a waterfall.
3. An egg looks like a crazy jellyfish underwater.
4. If you spin a ball as you drop it, it flies.
5. An ostrich's eye is bigger than its brain.
6. Rat can last longer without water than a camel.
7. An Ostrich's egg is bigger than it's brain.
8. It is impossible to sneeze with your eyes open.
9. The strongest muscle in the body is tongue.

*Ayush Kumar Singh (V-G)*





**MIND BENDER**



Once upon a time there was a young princess who was extremely beautiful. Her father thought it was time for her to get married. He held a series of competitions. All the men who came for the competition dropped out except a peasant. The king was very unhappy about this and he wanted to make sure that the peasant couldn't marry his daughter.

He placed 100 roses in a room of which only one was from his garden while the rest were fakes. They all looked and smelled the same. It was impossible to tell the difference. The peasant was very wise though and pointed out the correct one. How did he do it?

**Answer-** He let a bee fly in through the window and the bee went to the only flower with pollen.

*Vandana (VI-D)*

**"MY JOURNEY THROUGH ST. KAREN'S "**

I Sheetal of Std- VI-C want to share my memorable and fabulous journey as a Karenite. I joined this school in April, 2013. I was admitted in 'I F'. The first day of my school was not good. I was nervous but later everything went on nicely. Along with studies I participated in many extra curricular activities which added joy to my learning. My life in school is full of different experiences over the years. It gave me various opportunities to develop my scholastic abilities and excel in arts and sports also. My teachers have also played an important role in my life. I participated in many programs and won some prizes too. Till now, I have always been an ideal and studious student. But this year I cherished an amazing experience. I became the Captain of Truth House and hence a member of the Student Council. My life so far in the school is full of fond memories and I am proud to be a 'KARENITE'.

*Kumari Shital (VI-C)*



**MOBILE - A FRIEND OR FOE**

Mobiles are everywhere. We see mobiles as a great invention of this century. They are very efficient. Contacting far away people has become easier. We can get answers to our questions faster as it connects us to the world of information. But because of the wrong use of mobiles, the question has arisen whether a mobile is our friend or a foe.

In my opinion, a thing is never bad from the beginning. If anything makes it bad, then it's the view of people towards it. Today many of us, instead of savoring the laughter of our loved ones, find pleasure sitting along with our mobiles. It's up to us whether we want to make it our friend or foe.

*Jahanvi (V-B)*



**CHOCOLATES AND CANDIES**



Chocolate is sweet  
and so good to eat,  
I like it whenever,  
I want a good treat.

In brownies and dough nuts  
cookies and cakes.  
It adds extra sweetness,  
To everything you bake.

White chocolate, Dark chocolate,  
and milk chocolate dip  
So sweet and chocolaty  
to have in the hot sip.

*Navya Ranjan (V-F)*

## DILLY THE DOLPHIN



I know a dolphin,  
with a fin.  
She's all silly,  
And her name is Dilly.

She splashes in the water,  
And it does not matter.  
Dilly is cute,  
but not always mute.

Now that cute Dilly,  
is facing problem because of impurity,  
in Tributary.

I think we can save Dilly,  
But it's just on us,  
So, let's rush,  
to clean the impurity  
from the Tributary.

*Anshu Kumari (V-F)*  
Inspired by English Reader chapter  
"Adventure with Dilly".

## ABOUT MY SCHOOL LIBRARY



A school without a library is unthinkable these days. It has books on various subjects, newspapers, journals and magazines. Students, especially those who want to add to their knowledge, go to the library in their library periods and study. They gain general knowledge as well. My school also has a big library.

It is housed in a big hall. There are almiras full of books on a specific subject. Books are arranged serially. Every student is given a card so that the librarian could issue books against the card. No student can keep the book for more than fourteen days. Every class has a library period once a week. Students are allotted books of their choice from the library. They are to be read in the library itself. The calm and quiet atmosphere of the library helps the students to read attentively. The librarian helps the students to choose books. He carries his duty well and is of great help to students. He advises us not to spoil the books by scribbling or tearing off pages. Books add a lot to our knowledge. They are our best friends. Our school library is very important to us.

*Aarushi Halder (VI-C)*



## MY SCHOOL

Education is an essential part of our lives. We are nothing without knowledge, and education is what separates us from others. The first step to acquire education is enrolling oneself in a school. School serves as the first learning place for all of us and it ignites the initial spark in receiving education. My school is my second home where I spend most of my time. I feel blessed to study in one of the most prestigious and esteemed schools of the city. I see my school as a lighthouse of education



bestowing knowledge as well as moral values upon us. It emphasizes on the overall development of the students. Along with our academics, extra - curricular activities are also organized in our school. If someone asks me, what I have learnt from my school. I won't be able to answer it in one sentence. I will be ever thankful to my teachers. I have learned to share because of my school. I would like to say thank you to all my teachers who taught and inspired me.

*Mansi Kashyap (VI-D)*



**TROPHY FOR TEACHERS  
(A NOTE)**

We all know that teachers sow the seeds of knowledge. Teachers are the bearers of success. They are genius and many of them sacrifice their lives for their students. Every teacher wants to make the students good citizens of the country. They always take care of us. They are the genius who always try to make us genius. They are the knowledge bank for their students. Knowing all this I would like to request everyone to respect their teachers. Admire the teachers' generosity to teach the world and the knowledge that they share. So please start giving value to all the teachers because they are the real educators who deserve the "TROPHY OF VENERATION".

By Tashya Shubhangi (VI-D)



**RIDDLES**



1. What kind of tree is carried in your hand? A palm tree
2. If I have it, I don't share it. If I share it, I don't have it. A secret
3. I'm tall when I'm young and I'm short when I'm old. A candle
4. What has foot but no legs? A snail
5. I'm attractive, shaped like a shoe, bi-polar and may repel you. A magnet

Rajdeep Samanta (VI-H)

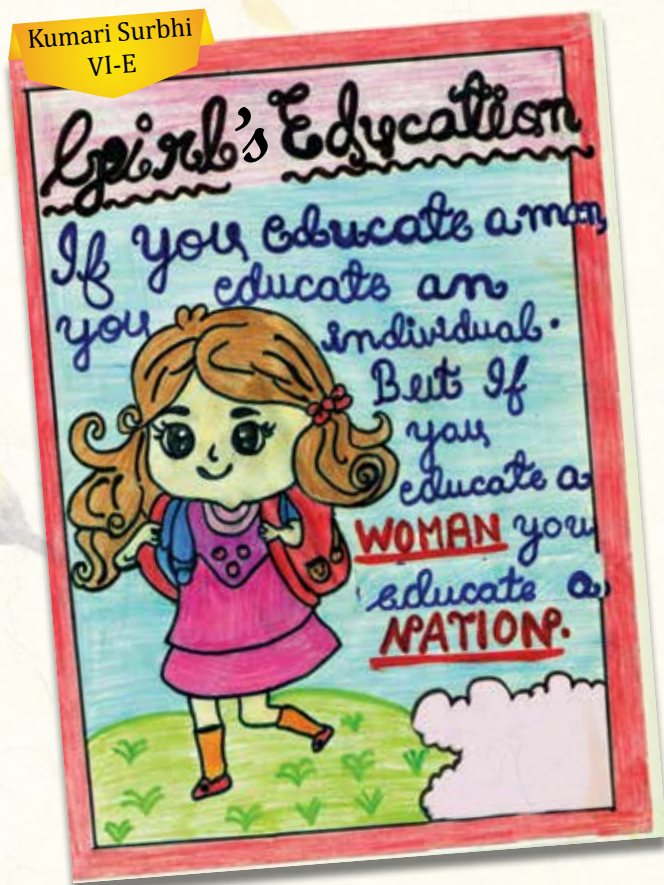
**INTERESTING FACTS  
ABOUT INDIA**

1. India never invaded any country in her last 100000 years in India.
2. Chess was invented in India.
3. The game of Snakes & Ladder was created by the 13th century poet Saint Gyandev.
4. The world's highest cricket ground is in Chail, Himachal Pradesh. Built in 1893 after leveling a hilltop. This cricket pitch is 2444m above sea level.
5. India has the largest number of Post offices in the world.
6. Martial Arts were first created in India, and later spread to Asia by Buddhist missionaries.
7. Yoga has its origin in India and has existed over 5,000 years.

Abhiraj Bharti (VI-A)



Kumari Surbhi  
VI-E



## SAVED LIFE BY WASHING HAND



Once commander Germy with his germs battalion set an ambush in Rahul's bathroom. Their mission was to make Rahul sick. The commander said, "Attenshumm! At 6:00 a.m our target Rahul will arrive. We will land on his hand, enter his system and spread deadly disease." Exactly at 6:00 a.m, the door opened and Rahul entered the toilet. Moments later Rahul pressed the flush and Germy's troops attacked. They successfully landed on Rahul's hand and got ready for the next phase of their evil mission, but he used hand wash to wash his hand and saved the day. As the liquid hand wash fell on Rahul's hand the Germs shouted, "Counter-attack, Liquid hand wash Retreat!" The commander took air balloon and jumped from Rahul's hand. A soldier Germy said, "You won this but commander Germy will return and win the war." No one survived..., except for a Germy.

Moral: Always wash your hand, after using toilet or bathroom.

*Nancy Kumari (VI-D)*

## WORLD OF SCIENCE

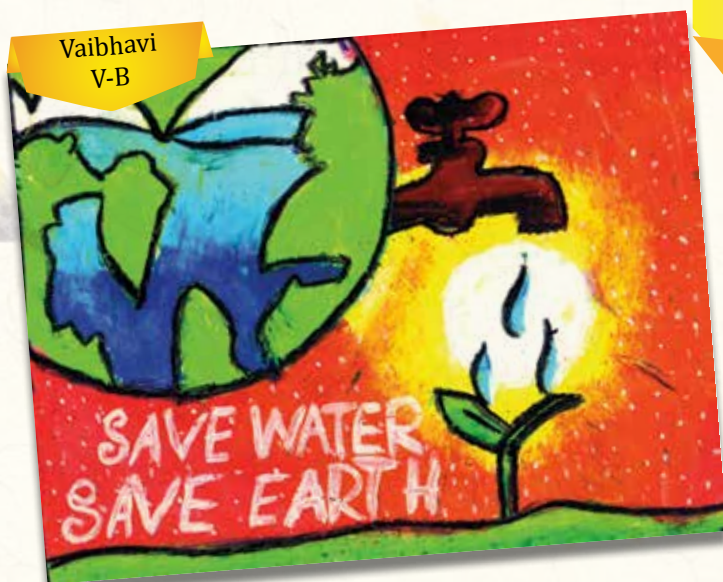
Science is a mystery that everyone wants to unveil. We are always excited and curious to know about Science because Science is magic. As far as technology is concerned, "China and Japan" are a century ahead than us. Science is everywhere from doing a simple task to great experiments which can change human history. Science has given many innovations to the world which are powerful and reliable. It has developed new technologies in the world and is very helpful if used in a proper way. Scientific discoveries are making our day to day work easier and life more comfortable.

Some of the greatest discoveries were done by ISSAC NEWTON, STEPHEN HAWKING, ALBERT EINSTEIN, JAGADISH CHANDRA BOSE, C.V. RAMAN and humanity is indebted to them.

Let's know some interesting science facts.

- Babies have around 100 more bones than adults.
- 20% of Earth's oxygen is produced by the Amazon rain forest.
- Chalk is made from trillions of microscopic plankton fossils.
- The Earth is a giant magnet.

*Tashya Shubhangi (VI-D)*



Vaibhavi  
V-B





**MY SCHOOL**

St. Karen's gives us education,  
 And the awaited summer and winter  
 vacations  
 Eight periods each day; is filled with  
 lots to learn and games to play  
 One has to work hard,  
 To get a good report card  
 One has to do a lot of exercise,  
 To get medals and prize.  
 Boys and girls here don't scream,  
 We all work together as a team.  
 Students here don't waste their time in  
 gossips,  
 But try their best to keep their promises.

*Shubham Raj (VI-F)*



**जिंदगी**

दो पल की है जिंदगी,  
 आज बचपन, कल जवानी।  
 परसों बुढ़ापा, और,  
 फिर खत्म कहानी।

जिंदगी में कहीं सुख है तो कहीं दुख,  
 कभी हँसाना तो कभी रूलाना।  
 हँसो, हँसाओ, खुलकर बिताओ,  
 क्योंकि जिंदगी है एक फसाना।

जिंदगी कवि है,  
 हम उसकी कविता।  
 जो अपनी मंजिल पर पहुँचा,  
 वह खेल है यह जीता।

कल के बारे में सोच,  
 क्यों बर्बाद करे आज।  
 आज को जी लो,  
 कल तो है कुदरत का राज।

*जहान्वी (5-बी)*



**FACT FILE**

**English**

**A pangram is a sentence that uses all its letters of the english alphabet atleast once.**

The most common pangram in English is

**A quick brown fox jumps over the lazy dog**

This sentence is often used to test typewriters and keyboards.

**Maths**

1. Zero is the only number that can't be represented in Roman numerals
2.  $(6 \times 9) + (6 + 9) = 69$
3. An icosagon is a shape with 20 sides
4. Among all shapes with the same perimeter a circle has the largest area
5. From 0 to 1,000 the letter 'A' only appears in 1,000 (In Number Names thousands)

*Astha (VI-D)*



## गुदगुदी

★ संता की छतरी में छेद था। किसी ने पूछा, छतरी में छेद क्यों है?

**lark**— अरे बारिश रुक जाएगी तो पता कैसे चलेगा।

★ **ikik**— बटे दिल लगाकर पढ़ा करो।

**ck**— पर पापा आप तो चश्मा लगा कर पढ़ते हैं।

★ **v/; kid**—कृष्णा तुमने नक्शे में नदियाँ क्यों नहीं दिखाई?

**d".kk**— मुझे लगा नक्शा गीला न हो जाए।

अध्यापक ने छात्र से कहा— कुतुब मीनार कहाँ स्थित है?

**Nk**— मुझे नहीं पता।

**v/; kid**— तो बेंच पर खड़े हो जाओ।

**Nk**— यहाँ से भी कुतुब मीनार नहीं दिख रहा है सर।

★ महेश ने परीक्षा के लिए प्रश्न तैयार किया। प्रश्न पढ़कर सारे बच्चे बेहोश हो गए प्रश्न थे:—

1. चीन किस देश में है?
2. अगस्त किस माह में आता है?
3. लाल रंग किस रंग का होता है?
4. टमाटर को हिन्दी में क्या कहते हैं?
5. मुमताज की कब्र में कौन दफन है?

★ **vkksokyk**— साहब 50 रूपया हुआ।

**lgc**— लो ये 25 रूपये।

**vkksoky**— यह तो सरासर बेईमानी है।

**lgc**— क्यों तुम नहीं बैठकर आए ऑटो में, आधे पैसे तुम दो।

★ एक आदमी तालाब पर नहाने आया। वहाँ सामने लिखा था—बाएँ देखें। जब उसने बाएँ देखा तो लिखा था—पीछे देखें। फिर जब उसने पीछे देखा तो लिखा था, यहाँ नहाने आए हो या इधर—उधर देखने।

कुदशिया फातिमा (5—सी)

## सब करो



वक्त—वक्त की बात है,  
चाहे अच्छा हो या बुरा।

हर किसी को अपने कर्मों का  
फल मिल जाता है,

ऐ! इंसान अपने कर्मों से वंचित न  
रहना, सदा बुरे कर्मों से दूर रहना।

मत करना किसी का बुरा अपने स्वार्थ  
के लिए,

क्योंकि खुदा की लाठी में आवाज नहीं होती,  
अच्छे कर्मों की गठरी बांधता चल,

सब्र कर, जाने किस मोड़ पर,

तुम्हारे अच्छे कर्मों का फल या खुदा का कोई रूप  
मिल जाए,

जाने कब तुम्हारी जिन्दगी की जन्नत मिल जाये।।

मृगांग कुमार सिंह (6—ई)

## अंग्रेजी का कमाल

अंग्रेजी का देखो कमाल, जगह—जगह तर का  
इस्तेमाल।

श्रीमान है, 'मिस्टर' मंत्री हैं मिनिस्टर,  
निर्देशक हैं डायरेक्टर, निरीक्षक हैं इंस्पेक्टर

खेती के लिए ट्रैक्टर, ठंडा करता है रेफ्रिजरेटर,  
गर्मी देता हीटर, नापने के लिए मीटर,

चलती है मोटर, शुरू करता है स्टार्टर,  
रहने के लिए क्वार्टर, अध्यापक है मास्टर,

चिकित्सक हैं डॉक्टर, पानी है वॉटर,  
बैरा है वेटर, पत्र है लेटर, उसका मजमून है मैटर,

बस में होता है कन्डक्टर,  
लेखक है राईटर, बिजली बनाता जेनेरेटर,

हिसाब करता है कैल्कुलेटर,  
समस्या सुलझाए कम्प्यूटर,

और यह सब लिखने के लिए रजिस्टर।

आदित्य रंजन (5—सी)



## बेटी बचाओ बेटी पढ़ाओ



^; = uk; Lrqi w; Ursjelrs r= nork\*\*

अर्थात् जहाँ नारियों को सम्मान दिया जाता है, वहाँ साक्षात् देवता निवास करते हैं।

पृथ्वी पर मानव जाति का अस्तित्व आदमी और औरत दोनों की समान भागीदारी के बिना संभव नहीं होता है। बेटियाँ किसी भी क्षेत्र में लड़कों की तुलना में कम प्रतिभाशाली नहीं होती हैं।

बेटी बचाओ बेटी पढ़ाओ एक ऐसी योजना है जिसका अर्थ होता है—कन्या शिशु को बचाओ और इन्हें शिक्षित करो। इस योजना को

भारत सरकार के द्वारा 22 जनवरी 2014 को कन्या शिशु के प्रति जागरूकता निर्माण करने हेतु महिला कल्याण की स्थिति सुधार करने के लिए शुरू किया गया था।

इस मिशन का मूल उद्देश्य समाज में पनपते लिंग असंतुलन को नियंत्रित करना है। एक वाक्य में कहें तो 'बेटी बचाओ, बेटी पढ़ाओ' योजना का सबसे बड़ा उद्देश्य लोगों की मानसिकता में बदलाव लाना, पितृसत्ता को खत्म करना व महिला सुरक्षा एवं सशक्तिकरण को बढ़ावा देना है।

इस अभियान के द्वारा समाज में लड़कियों को समान अधिकार दिलाए जा सकते हैं।

^c\h gSrk dy gA\*\*

अंशिका सावर्ण (5-एच)

## हौसला मत छोड़ना

जब भी तेरी आस छुटे, साथ छुटे, तू भी टूटे,  
लेकिन कभी हौसला मत छोड़ना।  
लोग दिल भी दुखायेंगे, ठेस भी पहुँचायेंगे,  
लेकिन हौसला मत छोड़ना।  
तेरी नईया पार हो ही जाएगी गिरते उभरते।  
लेकिन कभी हौसला मत छोड़ना।  
उन रिश्तों को कभी न तोड़ना,  
जो रास्ते में तेरा साथ देते हैं।  
सफर तो कैसे भी पार हो ही जायेगा कोशिश करना  
लेकिन हौसला मत छोड़ना।

जिंदगी में सब कुछ किताबें ही नहीं सिखाती है,  
कुछ बातें जिन्दगी भी सिखाती है।  
मुश्किलें रास्ते में आना लाजमी है,  
लेकिन कभी हौसला मत छोड़ना।  
जिंदगी तुझे रोकेगी, टोकेगी, लोग भी तुझ पर हँसेंगे,  
लेकिन तू हौसला मत छोड़ना।  
जब भी तेरी आस छुटे, साथ छुटे, तू भी टूटे  
लेकिन कभी हौसला मत  
छोड़ना।

मान्या (6-एच)



## क्या आप जानते हैं?

1. वह कौन-सा जानवर है, जो अंधेरे में भी देख सकता है?  
उ. चीता।
2. सबसे खतरनाक मछली कौन-सी होती है?  
उ. शार्क।
3. वह कौन-सा जानवर है, जो हर कदम खाने का शौकीन होता है?  
उ. हिरण।
4. वह कौन-सा जल जीव है, जो केवल भारत में पाया जाता है?  
उ. डाल्फिन मछली।
5. दुनिया की सबसे लंबी चॉकलेट कब और कहाँ बनी है?  
उ. 2000 ई0, इटली।
6. गुप्त वंश के शासक चंद्रगुप्त 2 और किस नाम से जाने जाते हैं?  
उ. विक्रमादित्य।
7. वह कौन-सी मछली है जिसके अंग से बिजली प्रवाहित होती है?  
उ. टारपीडो।
8. विश्व की कौन-सी ऐसी नदी है, जिसमें मछली नहीं पाई जाती है?  
उ. जॉर्डन नदी, फिलिस्तीन नदी।
9. वह कौन-सा जानवर है, जो हफ्ते भर पानी नहीं पीता है?  
उ. ऊँट।
10. टॉर्च जैसी रोशनी लेकर चलने वाली मछली का नाम क्या है?  
उ. जाईजेन्टोटिक्स।

प्रशांत कुमार (5-सी)

## गाजर की शादी

छोटी-सी गाजर चली ससुराल,  
कपड़े वह पहनी हुई है लाल-लाल।  
शलगम है चाचा, मूली है खाला,  
आलू है उसके भाई का खाला।  
भाई टमाटर, भिन्डी मामी,  
टेढ़ी कमर की लौकी है नानी।  
रो-रो के सबका हुआ है बुरा हाल,  
छोटी-सी गाजर चली है ससुराल।

काला कलुठा बैगन है दूल्हा,  
जैसे सदा ही झोंका है चुल्हा।  
गर्दन में डाले फूलों का गजरा,  
मारे खुशी के हैं फूला-फूला।  
शादी मुबारक बोला करेला,  
भाई चचेरा है ऐंठा-ऐंठा।  
गोभी की सर पर बर्फी की थाल,  
छोटी-सी गाजर चली है ससुराल।

आशीश प्रितम (5-सी)



## हिन्दी वाग्मिता प्रतियोगिता

gkj er ekuk geskk vxyk  
ekkk t : j vkrk gS

कविता वह साधन है जिसके द्वारा शेष सृष्टि के साथ मनुष्य के रागात्मक संबंध की रक्षा और निर्वाह होता है। ईश्वर ने मानुषी प्रकृति को जागृत रखने के लिए कविता रूपी औषधि बनायी। कविता यही प्रयत्न करती है कि प्रकृति से मनुष्य की दृष्टि फिरने न पाये। कविता या पद्य साहित्य की वह विधा है जिसमें किसी कहानी या मनोभाव को कलात्मक रूप से किसी भाषा के द्वारा अभिव्यक्त किया जाता है। अपने इसी मनोभाव को दिनांक 13 जुलाई 2019 को 'संत कैरेंस कॉलेजिएट' स्कूल के हॉल में कक्षा छह के छात्र-छात्राओं द्वारा 'हिन्दी वाग्मिता प्रतियोगिता' में बड़े ही खूबसूरत ढंग से प्रस्तुत किया गया। इस प्रतियोगिता के आयोजन का मुख्य उद्देश्य छात्रों के भाषिक क्षमता का विकास करना और मौखिक झिझक को दूर कर उनके अत्मविश्वास को बढ़ावा देना था। प्रतियोगी बच्चों ने बड़े जोश, उमंग और आत्मविश्वास के साथ अपने बाल मनोभाव को सभी के समक्ष प्रस्तुत किए। कार्यक्रम के निर्णायक मंडल के रूप में 'संत कैरेंस मॉन्टेसरी' स्कूल की मिस प्रभा पॉल तथा पटना विश्वविद्यालय से हिन्दी विभाग की प्रो. डॉ० मधु मंजरी उपस्थित थीं। उन्होंने छात्रों के प्रयास, आत्मविश्वास एवं विषय-वस्तु की सराहना की। साथ ही सफल छात्रों को पुरस्कृत भी किया गया।

प्रथम विजेता— सौम्या (कक्षा छः—ई)

द्वितीय विजेता— मृगांग सिंह (कक्षा छः—ई)

तृतीय विजेता— रिया (कक्षा छः—एफ)

रेणु कुमारी  
(हिंदी विभाग)

## तुम मुझको कब तक रोकोगे

मुट्टी में कुछ सपने लेकर,  
भरकर जेबों में आशाएँ  
दिल में है अरमान यही,  
कुछ कर जाए,  
कुछ कर जाए  
सूरज—सा तेज नहीं मुझमें  
दीपक—सा जलता देखोगे  
अपनी हद रौशन करने से,  
तुम मुझको कब तक रोकोगे?  
मैं उस माटी का वृक्ष नहीं  
जिसको नदियों ने सींचा है,  
बंजर माटी में पलकर मैंने,  
मृत्यु से जीवन खींचा है,  
मैं पत्थर पर लिखी इबादत हूँ,  
शीशे से कब तक तोड़ोगे,  
मिटने वाला मैं नाम नहीं  
तुम मुझको कब तक रोकोगे?  
इस जग में जितने जुल्म नहीं,  
उतने सहने की ताकत है,  
तानों के भी शोर में रहकर  
सच कहने की आदत है,  
मैं सागर से भी गहरा हूँ,  
तुम कितने कंकड़ फेंकोगे।  
चुन—चुनकर आगे बढ़ूंगा मैं,  
तुम मुझको कब तक रोकोगे ?  
झुक—झुककर सीधा खड़ा हुआ  
अब फिर झुकने का शौक नहीं।  
अपने ही हाथों रचा स्वयं,  
तुमसे मिटने का खौफ नहीं,  
तुम हालातों की भट्टी में,  
जब—जब भी मुझको झोकोगे,  
तब तपकर सोना बनूंगा मैं,  
तुम मुझको कब तक रोकोगे?

अनुष्का नारायण (4—अ)

## नूतन और पुरातन का संघर्ष: पीढ़ी अंतराल



प्रत्येक नई पीढ़ी अपनी पिछली पीढ़ी के प्रति कुछ पूर्वाग्रह लिए रहती है, जबकि प्रत्येक पिछली पीढ़ी अपनी आगामी पीढ़ियों के द्वारा उठाए गए कदमों को नकार कर तनाव और कुंठा को अपने जीवन में शामिल कर लेती हैं। पुरातन और नूतन के बीच चलने वाला यह सतत संघर्ष पीढ़ी अंतराल को जन्म देता है। हालांकि विगत कुछ वर्षों में इसको और ज्यादा विश्लेषित, स्पष्ट और समझने की कोशिशें हो रही हैं और इसी प्रक्रिया में पीढ़ी-अंतराल के संदर्भ में नए-नए विचार, मान्यताएँ और अवधारणाएँ आ रही हैं। औसतन 25 से 30 वर्षों के दौरान एक पीढ़ी का स्थान दूसरी पीढ़ी ले लेती है और इसी दौरान मनोवृत्तियों में आए बदलावों को भी पीढ़ी अंतराल की श्रेणी में रखा जाता है।

पीढ़ी अंतराल को समाज के प्रत्येक क्षेत्र में प्रत्येक पहलू में देखा जा सकता है, किन्तु इसकी नींव समाज में इकाई परिवार से ही पड़नी शुरू हो जाती है। जिससे पारिवारिक कलह और तनाव का जन्म होता है। लेकिन सहज मानवीय-अभिव्यक्तियों को पीढ़ी-अंतराल की श्रेणी में नहीं रखा जा सकता। किसी अबोध बालक का किसी अपरिचित प्रौढ़ के गोद में जाने से मना कर देना पीढ़ी-अंतराल नहीं कहा जा सकता। समाज में माता-पिता प्रतिबंधों और अनुशासन के प्रतीक माने जाते हैं। यह कुछ सीमा तक तो उचित माना जा सकता है, किन्तु आवश्यकता से अधिक अप्रासंगिक प्रतिबंध और गैर-तार्किक अनुशासन समाजिक प्राणी के भीतर साहस और अवज्ञा की सहज भावनाओं का निर्माण कर देती है, क्योंकि वह भी बिना संघर्ष के अपनी स्वीकृति चाहता है।

अतः जीवन में नई स्फूर्ति के लिए यह आवश्यक है कि नूतन-पुरातन का स्थान ले। लोगों को समय के साथ खुद को बदलना होगा जिससे कि वो बच्चों की बातों को आसानी से समझ सकें और बच्चों को भी बड़ी पीढ़ी को अपनी बात समझानी चाहिए और उनकी बात भी समझनी चाहिए क्योंकि समय के साथ संस्कार नहीं बदलते हैं। हम सब को मिलकर इस पीढ़ी अंतराल को खत्म करने का प्रयास करना चाहिए।

मीनाक्षी सिंह (हिन्दी विभाग)

## मैं कौन हूँ

किसी की आँख का पानी, किसी पल की खुशी हूँ मैं,  
मुझे भी जी ले ऐ दुनिया, जरा सी जिन्दगी हूँ मैं।

किसी का राज़ हूँ गहरा, किसी की मैं खता जाहिर  
किसी की रात हूँ मैं, किसी की रोशनी हूँ मैं।

मुकम्मल आइने में मैं, किसी का अक्स अधूरा हूँ  
किसी की बात का सच हूँ, किसी की झूठी हँसी हूँ मैं।

किसी का हूँ मैं सौदा तो, किसी की हूँ मैं कोशिश भी  
किसी की बेवफाई हूँ, किसी का ज़ख्म गहरा हूँ।



किसी की मैं रंजिश तो, किसी की दोस्ती हूँ मैं  
मुझे भी जी ले ऐ दुनिया, जरा सी जिन्दगी हूँ मैं।

आन्या शर्मा (6-जी)





## भारत की राजधानी

भारत गणतंत्र की राजधानी 'दिल्ली' है। यह अत्यंत प्रसिद्ध एवं प्राचीन नगरी है। महानगर का रूप ले चुकी दिल्ली, नई दिल्ली नाम से भी प्रसिद्ध है। यह यमुना नदी के दायें किनारे पर बसी है, इसे बसाने का श्रेय सूर्यवंशी महाराज दिलीप को जाता है। 'इन्द्रप्रस्थ' नाम से प्रसिद्ध इस नगरी का दिल्ली नाम राजा पृथ्वीराज चौहान ने रखा था। अंग्रेजों का शासन सह चुकी दिल्ली 15 अगस्त सन् 1947 को भारतवासियों के हाथ में आई। दिल्ली एक व्यापारिक केन्द्र के रूप में विकसित हो चुकी है। यहाँ कपड़ा, कागज, बर्तन, मशीनें आदि का थोक व फुटकर व्यापार होता है। यहाँ सिले हुए वस्त्रों की, एशिया की सबसे बड़ी मण्डी है। यहाँ के बाजारों में हर समय चहल-पहल रहती है। इसकी आबादी 99 लाख से अधिक का आँकड़ा पार कर चुकी है। यहाँ की जलवायु अच्छी है। दिल्लीवासी चारों ऋतुओं का आनन्द लेते हैं। दिल्ली में अनेक पर्यटन स्थल हैं। अनेक गार्डन व किले दिल्ली की शोभा बढ़ाते हैं। लाल किला, जामा-मस्जिद, जन्तर-मन्तर, बिड़ला मंदिर पर्यटकों को बहुत लुभाते हैं। यहाँ संसद भवन, राष्ट्रपति भवन आदि भव्य ईमारतें भी हैं। दिल्ली कई बार उजड़ी और बसी है। अनेक आक्रमणों को सहने व पुनः बस जाने वाली दिल्ली 'भारत का दिल' है।

एहतेशाम सलीम (6-ई)



## भारत देश महान

हमारा प्यारा भारत एक विशाल स्वतंत्र देश है। भारत भूमि हमारी मातृभूमि है। हमने इस भूमि पर जन्म लिया है। दया, उदारता, करुणा, सहानुभूति, क्षमा हमारी भारतीय संस्कृति के गुण रहे हैं, इसलिये भारतीय संस्कृति और सभ्यता सदैव गौरवपूर्ण रहे हैं।

भारत देश में मौसम के कई रूप हैं। कभी तपती गर्मी है तो कभी ठिठुरती सर्दी और कभी रिमझिम बरसात। पतझड़ और बसन्त ऋतुएँ भी अपनी रूप दिखाती है। गर्मी में हम लीची, आम, आड़ू, खरबूजा, तरबूज, ककड़ी, खीरों का आनंद लेते हैं तो सर्दी में सब संतरा, अंगूर, मटर, गोभी, गाजर का स्वाद चखते हैं। हर-मौसम की सब्जी और फल अलग-अलग हैं। पतझड़ में सूखे-सूखे पत्ते गिरते हैं तो बसन्त में वृक्ष पत्तों और फल फूलों से लदे जाते हैं। चारों तरफ सुहाना मौसम रहता है। भारत में सिर्फ विभिन्न ऋतुएँ ही नहीं अन्य बातों में भी विभिन्नता देखने को मिलती है। कहीं हरे-भरे मैदान हैं, तो कहीं सूखे मैदान, कहीं बर्फ से ढकी हिमालय इसी तरह खान-पान, बोली, वेश-भूषा भी अलग-अलग हैं परन्तु सभी भारत की संस्कृति के ही अंग हैं। हमारे प्यारे भारत में कई धर्म मानने वाले लोग निवास करते हैं। हिन्दू, मुस्लिम, सिक्ख, ईसाई, पारसी, बौद्ध, जैन सभी लोग भाईचारे से रहते हैं। हमारी भारतीय संस्कृति हमें सिखाती है कि हमें अपने राष्ट्रीय ध्वज का सम्मान करना है और किसी के साथ शत्रुता का व्यवहार नहीं करना चाहिए।

श्रेया राज (6-ई)

## माँ

ए माँ तू कितनी है महान,  
दया तेरी है सागर समान,  
तेरे पद का किससे करूँ मिलान,  
स्वर्ग, भू, नभ से भी महान।

तू ही घर की देवी,  
तू ही परिवार की सेवी,  
तुझ बिन घर है सुनसान,  
जैसे मरुभूमि है विरान।

नौ मास तू गर्भ में पाली,  
कष्ट अनेक तू सब जानी,  
कितना कष्ट हुआ तुझे,  
जब तूने जन्म दिया मुझे।

अनेक कष्ट से मुझे बचाया,  
बदले में अपने को तड़पाया,  
पाल-पोस कर बड़ा किया है,  
तन-मन देकर खड़ा किया है।

तेरे अपार ऋण को,  
कैसे चुका सकती हूँ माँ,  
तेरे अनुपम प्रेम भाव को,  
कैसे अदा कर सकती हूँ माँ।

अन्तिम विनय यह है मेरी,  
कृपा सिन्धु तुझे दे मोक्ष,  
धूल-धूसरित मेरे गंदे तन को,  
जैसे तू देती थी पोछ।

हंसिका भारती (4-सी)



## वृक्षा रोपण

हमारे जीवन में हरे-भरे वृक्षों का सदा से महत्वपूर्ण स्थान रहा है। वृक्षों से हमें साँस लेने के लिए शुद्ध वायु प्राप्त होती है। हमारे देश में बरगद, आँवला, पीपल जैसे वृक्षों की पूजा की जाती है और तुलसी के पौधे को बहुत पवित्र मानकर पूजा के साथ-साथ इसे घर के आँगन में उगाया जाता है। इस तरह वृक्ष सदा से हमारे साथी रहे हैं। प्राचीन समय से ही मानव वृक्षों द्वारा लाभ उठाता रहा है। प्राचीन समय में मानव वृक्षों के फल खाकर व पत्तों से अपने शरीर को ढककर जीवन बिताता था। आज भी वृक्षों द्वारा हमें भोजन, वस्त्र और आवास बनाने में सहायता मिलती है। हरे-भरे वनों से औषधियाँ, जलाने के लिए ईंधन, फर्नीचर के लिए लकड़ी प्राप्त होते हैं। इस तरह वृक्ष हमारे लिए बहुत लाभदायक होती है। वृक्षों की कटाई से वर्षा प्रभावित होती है जिससे सूखे की स्थिति हो जाती है, कहीं बाढ़ आ जाती है जिससे फसलों को बहुत हानि होती है। इसलिए वृक्षों की कटाई नहीं करनी चाहिए। हमारी सरकार अब वृक्षारोपण पर बहुत ध्यान दे रही है। वृक्षारोपण के कई कार्यक्रम चलाए गए हैं।

दीक्षा शर्मा (6-एफ)





# शेर और आदमी



एक आदमी जंगल के रास्ते से जा रहा था। उसने एक पेड़ के नीचे एक बड़ा-सा पिंजड़ा देखा। पिंजड़े में एक भयानक शेर बन्द था। आदमी डर गया और अपने को असुरक्षित मानकर जल्दी-जल्दी चलने लगा। शेर ने उस आदमी को देखा और मीठी बोली में बोला, "श्रीमान, मैं इस पिंजड़े को देखने के लिए अन्दर गया था और अपनी ही गलती से इस पिंजड़े में बन्द हो गया हूँ। क्या आप इस पिंजड़े का दरवाजा खोलने की कृपा करेंगे?" शेर की मीठी बोली को सुनकर आदमी का डर दूर हो गया, उसने सोचा शेर भला है, और आदमी ने पिंजड़े का दरवाजा खोल दिया। शेर जल्दी से पिंजड़े से बाहर आया और उस आदमी को खाने को तैयार हो गया। उसी वक्त एक सियार वहाँ आया। उसने उन दोनों को देखा तो पूरी बात जाननी चाही। तब आदमी ने उसे सारी बात बता दी। सियार बोला "शेरजी मुझे आश्चर्य होता है कि तुम इस छोटे से पिंजड़े के अंदर आए कैसे? लगता है, यह आदमी झूठ बोल रहा है।" शेर बोला नहीं यह आदमी बिल्कुल सच बोल रहा है। मैं अभी पिंजड़े के अंदर जा कर दिखाता हूँ। जैसे ही शेर पिंजड़े के अन्दर गया सियार ने पिंजड़े का दरवाजा बन्द कर दिया और शेर से बोला "शेरजी तुम पिंजड़े के अन्दर ही अच्छे लगते हो।" आदमी ने अपनी जान बचाने वाले सियार का धन्यवाद किया और अपने रास्ते चला गया।

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yk d ugh

खुशी कुमारी (6-ई)



## कारगिल विजय दिवस

कारगिल विजय दिवस स्वतंत्र भारत के लिए एक महत्वपूर्ण दिवस है। इसे हर साल **26 जुलाई** को मनाया जाता है। कारगिल युद्ध के 20 साल पूरे हो चुके हैं। पाकिस्तान के साथ दो पूर्ण युद्ध के बाद यह एक सीमित युद्ध था। यह लगभग 3 महीने चला। पाकिस्तान के ऑपरेशन **कोह-ए-पैमा** का जवाब भारत ने ऑपरेशन विजय से दिया था। इस युद्ध का एक परिणाम यह हुआ कि पाकिस्तान में एक बार फिर लोकतंत्र खत्म हो गया था। पाकिस्तान के **कोह-ए-पैमा** या ऑपरेशन कारगिल का मुख्य उद्देश्य कश्मीर और लद्दाख के लिंक को खत्म करना था। ऑपरेशन **कोह-ए-पैमा** की तैयारी पूरी तरह से पाकिस्तानी सेना के तत्कालिन अध्यक्ष परवेज मुशर्रफ ने की थी, जिसकी जानकारी पाकिस्तान के बड़े टॉप जैनरलों को नहीं थी। दिसम्बर 1998 से ही इन अधिकारियों ने भारतीय इलाकों में पाकिस्तानी सैनिकों और आतंकियों को भेजना शुरू कर दिया था। घुसपैठियों के नियोजित रणनीति के अंतर का पता चलने के बाद भारतीय सेना को अहसास हो गया कि हमले की योजना बहुत बड़े पैमाने पर किया गया है। इसके बाद भारत सरकार ने ऑपरेशन विजय से 2,00,000 सैनिकों को भेजा। यह युद्ध अधिकारिक रूप से **26 जुलाई 1999** को समाप्त हुआ। इस युद्ध के दौरान 527 सैनिकों ने अपने जीवन का बलिदान दिया।

“चलो भारतीय होने का फर्ज निभाये  
वीर शहीदों को याद करते हुए,  
कारगिल दिवस मनाये।”

अदिति दयाल (कक्षा- VI-D)

## कारगिल विजय दिवस

हमारे देश के वीर जवान,  
भारत माँ की शान।  
देकर अपने प्राणों का बलिदान,  
बचाया था अपनी मातृभूमि की आन।

कश्मीर है हमारा अभिमान,  
मिटने ना देंगे इसका मान।  
यह धरती का स्वर्ग है,  
इसका हमें गर्व है।

हुआ था कारगिल युद्ध जब,  
वीरों ने दिखाया अपना करतब।  
जान की बाजी लगाकर भी,  
बचाया था अपनी शान को तब।

लेते हैं आज हम संकल्प,  
करेंगे देश का कायाकल्प।  
मिटने न देंगे धरती का मान,  
होगा देश का नव-विहान।

r".kk

कक्षा: IV-F





**S**killful Choreographers

**K**ind And Loving Instructors

**C**areful Planners

**S**pirited Learners



# Unleash Your Imagination

**T**houghtful Presenters

**E**xcellent Team Members

**A**dept Performers

**C**ompetent Communicators

**H**appy Willing Executors

**E**nergetic Trainers

**R**eliable Incharges



## Unleash Your Imagination

Summer Vacation is a time to indulge in your favourite activities. A time to relax and enjoy a good read, and preparing a book report on a book read during the vacation added to the fun.

The preparation, the anticipation and finally the appreciation of the effort put in, not only makes the effort worthwhile but also motivates you to strive to do better.

The hard-earned joys are the sweetest and I was overjoyed when my book report on Sandra Glover's Novel "The Nowhere Boy" was appreciated and awarded. Being an ardent fiction fan, this book flared up my imagination and the cover page of my book report reflected the mystery surrounding its enigmatic character John. I am thankful to Big Ma'am for appreciating me and encouraging me.

*Shubhra Nishant Singh*

It's a great privilege to receive a token of appreciation for the book report prepared by me on one of the books of the famous author 'Sandra Glover'.

It's indeed a morale booster. I'm more energised and charged up to take up such challenging project where I can open mind, broaden vision and discover that learning is pleasurable.

My sincere gratitude to Big Ma'am and Manisha Ma'am. I'll always keep up my enthusiasm and would certainly make sure that I keep on writing and excelling in the responsibility been given to me.

*Shruti Singh*

I thank our headmistress Ma'am and beloved Big Ma'am for believing that excellence is the result of high intention, sincere effort and intelligent execution.

I really feel honoured and humble to receive appreciation for the book report on one of the books I read during summer vacation by the famous author 'Sandra Glover'. For me reading is exploring but while preparing this report it ignited my imagination and certainly triggered my creativity.

*Renu Jain*

Getting appreciated for our efforts gives us motivation to do better next time. This year was yet another memorable one for me as I was conferred with an award for my book report. As I have always loved to read fictions and thrillers, this year I came across yet another gothic thriller "The Portrait of Dorian Gray" by Oscar Wilde. While reading the book, I came to know about the lifestyle of the people in the Victorian era, especially the women. It was a wonderful experience for me.

*Reshmi Sharma*

The name of my book is 'TWO MITRA' written by 'VISHNU PRABHAKAR'. I gave my 100 percent to do this and by god's grace I got the prize. I was overwhelmed when I got the prize. I would like to thank the authority for giving me a chance to explore my talent in writing. I learned a lot while writing this book report.

*Minakshi Singh*

### "Reading is a passport of countless adventures."

I was overwhelmed with gratitude when my efforts and hard work was noticed and appreciated by the management. This recognition will surely help me in my professional growth.

It is truly said that a book impacts our life in a significant way. Similarly "All Is Well That Ends Well" written by William Shakespeare had a positive impact on my life and inspired me to do better.

*Sima Tigga*





## Felicitating the Facilitators



"Appreciation is encouraging as it acclaims 3 D's - diligence, determination and dedication of a person". St. Karen's School believes in acknowledging the hard work of its teachers by felicitating them for their sincere commitment, dedication and extra effort to achieve magnificent results. Hence during the feast day, an award ceremony was organised at St. Karen's Secondary School in which some of our teachers were awarded. It was an emotional and happy moment for the teachers as they stepped on the stage to receive the award.



"Recognition comes with 3 P's- Patience, Persistence and Perseverance "



"Turn your stumbling block into stepping stones"



"Give your best to life, it will return the favour"



"Everyone has the potential, You just have to discover it"



## Pride and Joy

It's indeed a great privilege for me to receive this award as a mark of my achievement. This award particularly recognises my work and thus will keep my enthusiasm up in my future work as awards like this are great motivators and boosters.

However, this award would not have been possible without the encouragement and guided support of our Honourable Headmistress ma'am, selfless love of my colleagues and bright smiling face of my students which has always worked as a reinforcement. I sincerely owe this award to them.

*Renu Jain*

It was a very auspicious moment for me. I am grateful to be the recipient of the appreciation award. I am truly obliged for this great honour and recognition given by the management. I feel happy holding up this award as a mark of my achievement. This award has motivated me to work harder and further enhance my skills. I would like to thank my seniors and colleagues for providing me inspiration and encouragement.

*Pallavi Sinha*

This award gave me tremendous encouragement to try to do better. I remain grateful and responsible to 'Team Collegiate' who contributed a lot in making me an awardee.

*Prince Antony*

Appreciation is contagious. It creates positive feeling in the person saying thanks and in the one receiving it.

Being a teacher, it was a golden opportunity in my life to receive the award for 'Innovation and Creativity" by our beloved Big ma'am and Big Sir. I am really thankful to Sharon ma'am also who has given me a chance to explore myself.

I felt honoured that the work I had done was recognised and appreciated by our superiors. This token of love had a great impact on me and has given me more reasons to work with full dedication and sincerity.

*Avantika Chowdhary.*

Teachers' Award

## Perfect Attendance Award (2018-19)



L to R: Pallavi Sinha, Sunita Rakesh Shah & Rosy Sah along with the School Management



## The Power to yourself is the power to **Change** the world around you

The school organises various Professional Development Workshop for the teachers throughout the year to stimulate innovation in teaching and learning approach. Here the resource person works with the educators to facilitate un learning and re-learning appropriate pedagogical skill in the exceedingly volatile 21st century class rooms.

### Activate Your English Teaching Superpower

'Activate Your English Teaching Superpower' was conducted by Scholastic, a publishing company. We honed our English teaching skills by attending this workshop. We mastered some of the complex language processes through which our learners can determine their strategies to learn and deepen content learning. We have discovered the ways to know our pupil's progress, difficulties faced and arouse their creative mind set. We go beyond text books and attend workshops and ongoing education courses to truly master the practice. We immerse ourselves in what is new and current to better the lives and education of our students.

*Renu Jain*

*Shruti Singh*



Teachers' Workshop



### 21st Century Skill in ELT Classroom

A workshop on 21st century skill was held on 16th Nov 2019 at Hotel Panache. It was organized by Ratna Sagar Publications. The workshop was addressed by Dr. Shankar Dutt who discussed about the need and necessity of English language teaching in India and how its importance and inclusion in the school curriculum in the past few years has increased. This was followed by an interesting activity session by our resource person for the day, Prof. Victor Allen Sudhakar, who discussed about the problems generally faced by the students while dealing with English language. He introduced some simple but interesting activities which can be easily implemented in our classrooms. Overall the session was really insightful and intriguing.

*Shubra N. Singh*

*Reshmi Sharma*

*Sima Tigga*

*Archita Lall*

## Yoga - The Power Of Mindfulness



Asanas performed by teachers

With the commitment to bring peace, harmony, contentment and success to every soul in the world, St. Karen's Collegiate School organised International Day of Yoga on June 21st, 2019. To commemorate the occasion, a special assembly was held in the school campus wherein yoga asanas were demonstrated by the teachers.

The objective of the special Yoga session was to raise awareness about the many health benefits it provides and to ignite the passion for fitness.

Yoga



Inhaling the future exhaling the past



Competitions offer a chance to gain substantial experience, showcase skills, analyse and evaluate outcomes and uncover personal aptitude. It is essential to provide a competitive environment at school to the students to propel them in the fast paced world and to prepare them to survive better in the future.

In order to identify and challenge a child's capability and potential, and to test their competitive spirits, various competitions were organised throughout the year. Olympiad by SOF, Spell Bee Competition, G.K. Quiz, Drawing competitions, English Elocution and singing competitions all provided ample opportunity to the students to test their abilities in diverse streams of their preference. The students proved their mettle and came off with flying colours.



# Ready To Grow

The **struggle** you're in **today**  
is developing the **strength** you need **tomorrow**

## Inter School Solo and Duet Singing Competition

Music rejuvenates the soul and fills it with ebullient vitality and energy. It is the usual recreation for the young minds amidst the hectic classroom schedule. We organise musical competitions at regular intervals to encourage students and to discover and polish the rare gems of our school. The Inter School Solo and Duet Singing Competition was organised in the month of July to identify the hidden talents of the young musicians. The students put their best foot forward in all the categories of the competition. They bagged the first and the third prizes in two categories of the competition.

**Collegiate participants bagged prizes in all the five categories**

<b>Std I:</b> Arya and Soumya Shree	3rd Prize
<b>Std II:</b> Jiya and Aarav	1st Prize Song- What a friend we have in Jesus
<b>Class III:</b> Alina Firdous and Muskaan	3rd Prize
<b>Std IV-H:</b> Kavya	1st Prize Song- God will make a way
<b>Std V-D:</b> Mahi	3rd Prize

Achievements



Winners of solo and duet singing competition with the Headmistress



Duet singing winners (Std 1)



3rd prize winners Alina & Muskaan with Big Sir & RJ Apoorva



# Inter School English Elocution 2019-20

**"Admiration comes easily to a person, who is endowed with the fine art of public speaking, who adorns common thoughts with the grace of elocution and the elegance of style"**

The famous words lingered in our minds when our participants emerged as winners in both the categories (Std 4& Std 5) of the Inter School English Elocution Competition held in the month of November. The poise, self-confidence and the praiseworthy voice modulation made the event vibrant.

Ready for The Action  
- Arpita of (5E)



The Proud Winners - Arpita (5E) and Bhargavi(4H)



The eloquent reciters of SKCS



Achievements

The winners with their Mentors



## Scholastics G.K Quiz

Quizzes provide fierce competition and are a fun way to enrich the students knowledge about the changes taking place in various spheres of life around the world. The ubiquitous amount of knowledge gained by participating in quizzes builds confidence and enhances ones decision making ability. The feeling of exhilaration after winning is the added benefit. Our school conducts G.K Quizzes at regular intervals and these are always awaited by the students. This year our students bagged the 1st prizes in Level II category, despite the tough competition in the G.K Quiz organised by Scholastics in the month of November.

### Level II Winners

Alina Firdous	3A	1st
Rishabh Raj	4E	1st
Souryansh	5E	1st
Jahanvi	5B	1st



Winners of Scholastic G.K. Quiz with their medals



The Quiz Wizards Of SKCS

Achievements

## Collegiate Olympians

To motivate the students to endeavour for better and deeper understanding of concepts learnt and to enhance their reasoning, analytical and problem solving skills, the SOF Olympiads were conducted in our school in the month of November. The students enthusiastically participated in different Olympiads and won many medals. The student who were in the top 25 in zonal rank were awarded the Medal of Distinction and have qualified for the Level II of the competition. The top performers of each class, within the same school, were awarded the Gold Medals.

### Distinction rank holders for science

1. Pranjali Pushpam (V -E)  
\*Her International rank is 54 and Zonal rank is 6
2. Aditya (V - F)  
\* His International rank is 102 and Zonal rank is 19
3. Saumya Pathak (IV- E)  
\* His International rank is 16 and Zonal rank is 12

### Gold Medal Winners

- |                                  |                                      |
|----------------------------------|--------------------------------------|
| 1. Karnika (4 B) G.K             | 5. Jahanvi (5 B) English             |
| 2. Aditya Raj (5 C) G.K          | 6. Ayman Adeeb (4 G) Science         |
| 3. Shaurya Suman (6 C) G.K       | 7. Dev Shekhar (4 G) Science         |
| 4. Ananya Himanshu (4 H) English | 8. Riya Rajesh Jaiswal (5 E) Science |





# The Buzz of the Bees

To create masters in the art of orthography, we conduct the Spell Bee Competition every year in our school. The Buzz of the young spelling masters limns the eagerness and confidence of our students to succeed.

## The Spell Bee Champs ready for the next round (Inter State level)



Rushda Perwez (5A)



Sujit Singh (5H)



Aarushi Raj (5A)

1. Rushda Perwez (VA)	5. Stuti Rani (V D)
2. Aarushi Raj (VA)	6. Abhiraj Kumar (VI)
3. Sujit Singh (V H )	7. Abhinav Anant (VI)
4. Alina Firdous (III A)	

## Colours of Learning, Shades of Fun

**"There is a new place over the horizon and we are going to make our way over it."**

Under the banner of Navneet Education Limited, Youva Master Stroke. 'All India Drawing Competition 2019 was held. A number of artists from different schools assembled to paint their thoughts on the canvas. They used a wide range of media- oil, acrylic, drawing pastel, water colour to express the beauty of art on paper. It was both constructive and enjoyable activity for them. The feeling of accomplishment has certainly created positive vibes in the young artists and has made them realise their true potential.

### Winners

GROUP A	
Apurva Nandini	2A
Saloni Kumari	2A
Shubham Kumar	2A
Ankush Kumar	1A
Syed Habibullah	3A

GROUP B	
Saumya Pathak	4E
Arindam	4F
Swara Singh	5F
Prachita Singh	5A
Sachin Kr. Singh	6A
Khushi	6E



Achievements

# Jingle All The Way

## (Inter Branch Carol Competition)

### A GLITTERING BONAZA OF MUSICAL PERFORMANCES

Christmas is a season for kindling the fire for hospitality and lighting the genial flame of charity in the hearts. 13th December '19 was the day when St. Karen's Collegiate ushered in the Christmas spirit by organizing Inter Branch Carol Competition and coloured the cold and grey winter. The cheer of Christmas was celebrated with all the other four branches of St. Karen's School with the songs of joy and triumph. It was adjudicated by the chief guest Sister Dorothy, Chairperson of the Women's Right Commission, Archdiocese Patna, Mrs. Josophine and Mrs. Ebis from Kurji Holy Family Hospital.

The joy and beatitude sparked by the participants was beyond description. The Music teachers of all the wings of St. Karen's too enamored the audience through their melodious voices.

The dance performances to the song 'God Made A way', 'Christmas dance' and the Nativity Skit added charm to the show.

The programme ended with the prize distribution ceremony. The Chief Guests, the Academic Head- Sharon Ma'am and the Headmistress motivated and appreciated the efforts of the participants.

The participants presented an array of rollicking and engrossing performances which tugged everyones heart strings.

Riya (VI), Maria (V), Arushi (V), Qudsia(V) and Shrishti (IV) were the exuberant anchors.

#### WINNERS

Group A (I & II)	SKMS
Group B (III & IV)	SKPS
Group C (V)	SKPS

spreading  
Christmas  
cheer singing loud  
for all to hear





Amiable welcome to the Chief Guest



Greetings to the esteemed Jury



Greetings to the Prince of Peace



Impeccable Anchors



Aditi as Nativity Skit narrator



Creating Euphoria through their carols



# Spreading Christmas Cheer



Welcome note by the School Choir



Children presenting the Nativity skit



Students dancing on the tunes of 'Jingle Bell'



The Mentor musicians of St. Karen's School



Stirring emotion in every note



Imbued with great passion



# Spreading Christmas Cheer





# Art Gallery

Abhijeet  
IV-C



Ishank Raj  
V-F



Anshika Sinha  
IV-C



Bushra Mariam  
V-H



Ayushi Aryan  
IV-H



Hansika Mihal  
IV-G



Jigyasha Kumari  
V-H



Sanskriti  
V-A



Hansika  
IV-C





Art Gallery

Alishba Nasid  
V-D



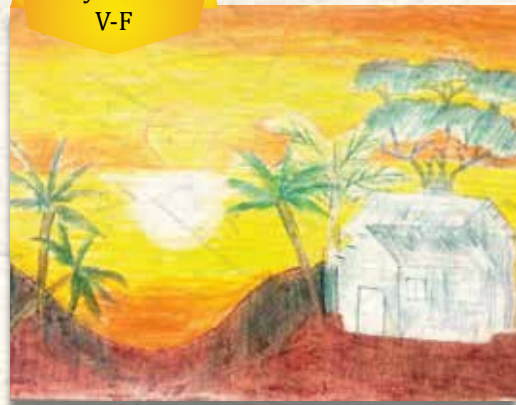
Asim Raj  
IV-H



Rushda Parwez  
V-A



Aditya Kumar  
V-F



Laibalapar  
V-F



Anshika Sawaran  
V-H



Alayna Naaz  
IV-C



Prakanshi Gupta  
IV-G







# St. Karen's Collegiate School, Patna



## FROM TOP (LEFT TO RIGHT)

- Row 1 : Arvind Kumar Choudhary, Manish Sarvesh, Abha Kumari, Pradeep Kumar Lall, Satya Chandrababu Cheeli, Rohan Ranjit, Prince Mon Antony, Shubhra Nishant Singh, Reshmi Sharma, Elsy Suren
- Row 2 : Anchal Kumar Singh, Kumari Arti, Renu Kumari, Roshan Fatma, Abhishikha Shalinee, Rosy Sah, Pramila Khalkho, Ankita Tiwari, Shahla Raza, Sangeeta Kumari
- Row 3 : Som Abha Sukla, Nancy Clara Rozario, Annamma Isidore, Pallavi Sinha, Joshline Augustine, Ankita Raj, Archita Lal, Sima Tigga, Shilpi Sitara Toppo, Bishakha Samanta, Anuradha Gupta
- Row 4 : Minakshi Singh, Nirala Tiwari, Renu Jain, Avantika Choudhary, Dr Manisha Lall (Headmistress), Sunita Abraham, Sunita Rakesh Shah, Shilpi Lata, Shruti Singh