



*SWAMI VIVEKANAND PUBLIC SCHOOL,
THAPAR COLONY*

SESSION 2021-22

CLASS VII

HOLIDAY HOMEWORK

AND

ASSIGNMENT



HOLIDAY HOMEWORK

Summer comes with a bagful of opportunities for Students to rest and enjoy. Each child excitedly waits for vacations. Summer break is the most fun time of the year as this is the time we explore and learn new and exciting things.

It is crucial to plan for more fun, creative and recreational activities for the vacations. It is highly significant as vacations help students acquire new skills and become more productive. Student can indulge in different activities that can groom their personality and boost up the confidence level.

Learning in a positive environment not only essential for the growth of knowledge but also growth in behavior of students.

By adapting good manners students can make a positive impression of their behavior on those around them. They are lifelong assets and should be practiced until they become habit. The four magical words children can make a difference in their behavior. Please, Sorry, Thank you, Excuse me.

Useful Guidance

- Watch informative programs.
- Set limits to use smart phone and focus on learning by doing.
- Work on building up your strength with the help of innovative ideas to develop your mental skills.
- Instill enough discipline in yourself to achieve success in life.

Healthy Habits □

- Early to bed and early to rise.
- Take good care of health and daily hygiene.
- Avoid junk food and prefer homely food.
- Stay hale and hearty. • Keep your surroundings and environment clean.

Moral Values □

- Pray daily.
- Make an exercise or yoga of your continuous habit. • Touch your elders feet daily in the morning. • Obey your elders. • Show respect for juniors and seniors both.

Set Priorities □

- Prepare a schedule.
- Plan at least 2 hours of study time to work on assignments.
- Manage your time.
- Do your homework systematically by yourself.



Holiday Homework with pleasure rather than pressure

English □

Answer the following questions

- 1) why did Della cry on Christmas eve?
- 2) How did Della react when she heard jim's step on the stairs?
- 3) Describe della's reaction on receiving her Christmas gift?
- 4) Who were the Magi ?do you agree with the title of the story the gift of Magi?
- 5) Which Is the biggest animal on the planet ?did the author spot any of them?
- 6) Why did the author once travel at 2:00 a.m. to a Glacier?
- 7) Why was there no sleep on the expedition that was undertaken?
- 8) How did author reach the Arctic Circle from bergin?

Add suitable prefix to the following from new words

- v _____+lateral
- v _____+India
- v _____+health
- v _____+economics
- v _____+automatic

Change the masculine to feminine

- Ø Cock sparrow _____
- Ø He-bear _____
- Ø Land-lord _____
- Ø Milk-man _____
- Ø Grand father _____

v Write 10 countable and 10 uncountable noun ?

- □ □ □ □
- □
- □
- □

Hindi □□

- 1) ग्रीष्म ऋतु में आपको कैसा लगता है आपने अनुभव कापी में लिखे?
- 2) भारत के मानचित्र पर सूक्तियों नारोंआदि में से एक चित्रात्मक प्रजेक्शन तैयार कीजिए जिसने भारत की महानता झलकती हो
- 3) नीम / हाकिम/ झोलाछाप डॉक्टरों के बारे में अपने घर के किसी बड़े व्यक्ति से जानकारी प्राप्त कीजिए और इनसे सावधान रहने की चर्चा करते हुए कापी में टिप्पणी लिखिए।
- 4) नीचे लिखे गए प्रश्नों के उत्तर दीजिए
 - 1) भारत भूमि हम पर क्या क्या उपकार करती है
 - 2) सत्य शिव सुंदरम उच्चारित पंक्ति के माध्यम से कवि क्या कहना चाहता है
 - 3) पृथ्वी सम्मेलन कब और कहाँ हुआ था
 - 4) पर्यावरण प्रदूषण को रोकने के लिए क्या क्या क़दम उठाए जाने चाहिए
 - 5) पाठ -3 के शब्दार्थ याद करे व लिखे।
 - 6) सर्वनाम किसे कहते है भेदो सहित वर्णन करे।
 - 7) मौसम चक्र में परिवर्तन से होने वाले परिणाम के बारे में बताइए

Maths □□

Chapter 1 and chapter 2 revised

Solve given question

v Simplify $1/4$ of $3/5$ divide $\div 3/10$

Using suitable properties evaluate the following

Ø $8 \times 53 \times (-125)$

Ø $26 \times (-48) + (-48) \times (-36)$

Ø Subtract: (-66) from (-34)

Ø Solve it : $12/5 \div 11/5$

Ø Write in ascending and descending order $2/3, 4/6, 5/2$

Ø Divide by : 0.0108 by 0.012

Ø A Pencil cost rupees 1.25 how many pencils can be bought of rupees 75 ?

Ø Find product

Ø 0.03×0.05

Ø Write the number in box such that

Ø

Such that $3/7 \times$

$= 15/98$

v What is the product of 5 by 129 and its reciprocal ?

Science □□

• Answer the following questions-

- 1) A carbohydrate is produced by plants as food source. It is constituted from which molecules?
- 2) Why do some plants feed on insects?
- 3) Name the bacteria that can fix atmospheric nitrogen
- 4) Algae are green in colour. Why?
- 5) Fungus can be harmful and useful. Give an example showing both of these traits of fungus.
- 6) Why is Cuscuta, categorized as a parasite?
- 7) Plant cannot use the nitrogen present in the soil directly. Why?
- 8) A mutually beneficial relationship that occurs between two plants. It is known by what name? Give an example.
- 9) Insectivorous plants have one or the other specialized organs to catch their prey. What is that organ?
- 10) Different modes of nutrition has been observed in plants. What are they? Give example of each.

Match the items in Column A with the items in Column B:

Column A

Column B

- | | |
|---------------------|------------------|
| 1. Dodder (Amarbel) | (a) Saprohytes |
| 2. Lichen. | (b)insectivorous |
| 3. Mushroom. | (c)autotrophs |
| 4. Venus flytrap. | (d)stomata |
| 5. Green plants | (e)symbiosis |
| | (f) parasite |

□□□□

□□□□

Social science □□

- 1) What does a cartographer do?
- 2) What are the two main sects of Islam?
- 3) Who were the samantas?
- 4) Who wrote Kitab- al- Hind?
- 5) Who is the best known chahamana ruler?
- 6) Who composed the prashastis?
- 7) Name the ruler who built the tower of tanjavour?
- 8) What do you understand by the term of brahmadeva?
- 9) Each famous inscription give detail of the Chola administration?
- 10) Who was Al-idrisi?

□□□

□□□

Punjabi □

ਹੇਠ ਲਿਖੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਦਿਓ

- 1.ਆਪਣੇ ਘਰ ਦੇ ਸਮਾਨ ਦੀ ਸੂਚੀ ਬਣਾਓ।
- 2.ਚੂਚੇ ਕਿਸ ਦੇ ਨਾਲ ਆਏ?
- 3.ਪੰਛੀ ਕਿਉਂ ਉੱਡ ਗਏ?
- 4.ਪਾਣੀ ਵਾਲੇ ਗੁਬਾਰੇ ਵਿੱਚ ਕੀ ਹੁੰਦਾ ਹੈ?
- 5.ਵਿਆਕਰਣ ਤੋਂ ਕੀ ਭਾਵ ਹੈ?
- 6.ਮਾਂ ਬੋਲੀ ਕਿਸ ਨੂੰ ਕਹਿੰਦੇ ਹਨ?
- 7.ਰਾਸ਼ਟਰੀ ਭਾਸ਼ਾ ਕੀ ਹੁੰਦੀ ਹੈ?
- 8.ਅੰਤਰਰਾਸ਼ਟਰੀ ਭਾਸ਼ਾ ਕਿਸ ਨੂੰ ਕਹਿੰਦੇ ਹਨ?

• Sanskrit□

- वंदना याद करे और वीडियो बनाए
- वर्ण विच्छेद करे
- योगिनः
- प्रभातेः
- साक्षातः
- बन्धुः
- पाठ-6 के शब्दार्थ एवं प्रश्नोत्तर याद करे
- प्रथम पाठ से तृतीय पाठ के शब्दार्थ याद करे
- बालक शब्द रूप याद करे
- चूहे से सम्बंधित कोई और कहानी अपनी भाषा में लिखे

□□□

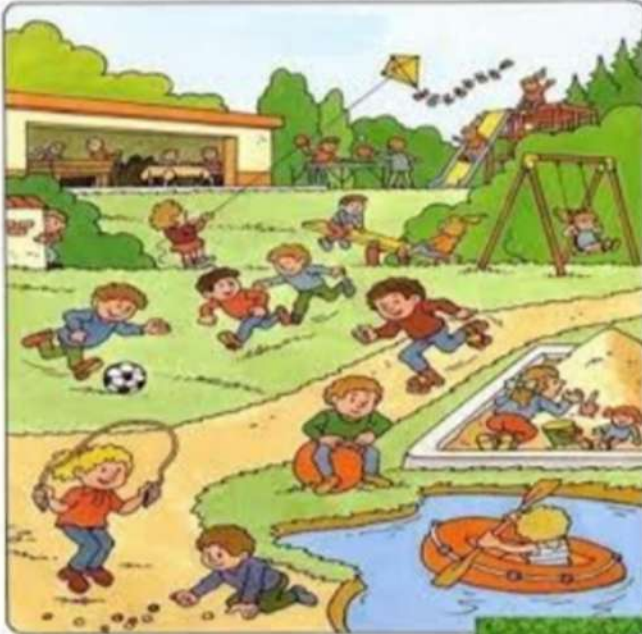
□□□

□□□

ACTIVITIES □
English

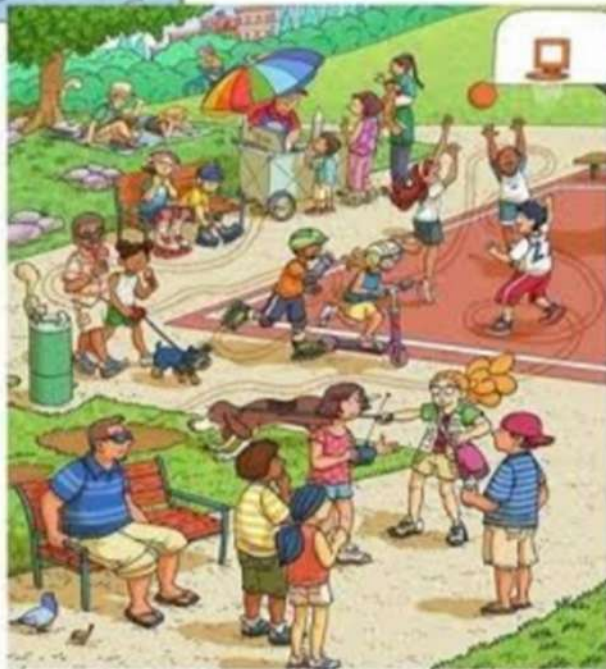
Scenes in the park

Look at the pictures and read the statements. Answer right (R), false (F) or we don't know (?)



1. It is winter. ()
2. It is in the morning. ()
3. The weather is good. ()
4. The children are in a forest. ()
5. You can eat there. ()
6. A boy is flying a kite. ()
7. Some kids are running. ()
8. There are only boys in the park. ()
9. The boy who plays football is Peter. ()
10. All the children are having fun. ()
11. There is a swing. ()
12. John can skate well. ()
13. The two children in front are siblings. ()
14. There are also many animals in the park. ()
15. The girl in the sandbox lives near the park. ()

1. Everybody likes animals. ()
2. You can eat something in the park. ()
3. It's summer. ()
4. Some boys are playing soccer. ()
5. It's noon. ()
6. The park is in the middle of the city. ()
7. The boy in the front, on the right side, is in fourth grade. ()
8. There are no adults in the park. ()
7. The man on the bench is a teacher. ()
8. Some children are skating. ()
9. Next to the park is a cinema. ()
10. It is not cold. ()
11. Later it will rain. ()
12. It's Sunday. ()
13. There are two dogs. ()
14. You can also ride a bike. ()
15. There are three people at the ice-cream stand. ()



**
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Mathematics 1.

UNIT 2: ADDITION AND SUBTRACTION

POSITIVE AND NEGATIVE NUMBERS

Find the answer.

1) $3 - -5 =$

2) $8 + 7 =$

3) $15 + -8 =$

4) $5 + -12 =$

5) $-2 + -8 =$

6) $6 + -12 =$

7) $-16 + 8 =$

8) $-13 + 13 =$

9) $-15 - 5 =$

10) $1 + -30 =$

11) $-30 + -1 =$

12) $28 - -2 =$

13) $6 - -13 =$

14) $-13 - -6 =$

15) $-8 + -12 =$

Integers - MCQ

Sheet 1

- 1) Which integer is greater than -5 ?
a) -7 b) -1 c) -9 d) -11
- 2) How many integers are there between -8 and 2 ?
a) 7 b) 4 c) 0 d) 9
- 3) What is the opposite value of the integer 6 ?
a) -6 b) 5 c) 6 d) -4
- 4) Identify the integer that is less than -3 .
a) 0 b) -1 c) -4 d) 2
- 5) Which of the following integers is greater than -1 and lesser than 7 ?
a) -9 b) 5 c) -5 d) 8
- 6) How many pairs of opposite integers are there between -4 and 5 ?
a) 3 b) 8 c) 2 d) 6
- 7) The following data shows the changes in temperatures across various cities from morning to noon. Which city recorded the maximum temperature?
a)

20°C
Atlanta

 b)

13°C
Chicago

 c)

12°C
Boston

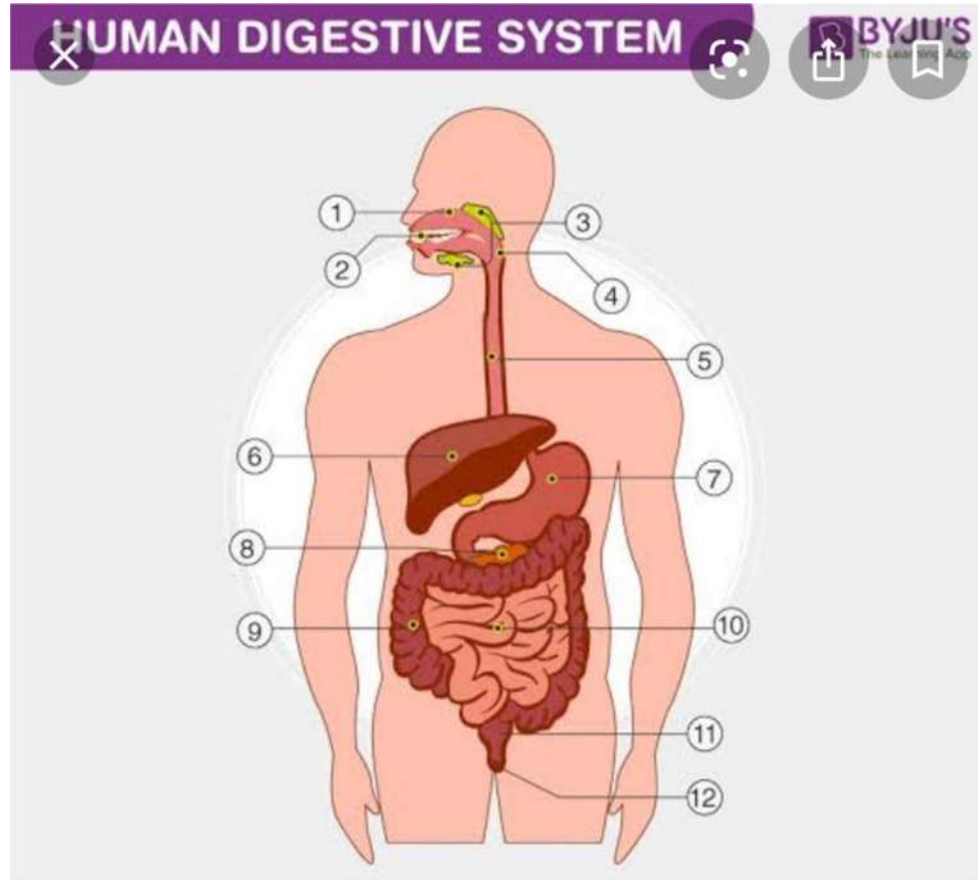
 d)

25°C
Houston

Do activity

✱✱

Science 1. draw and label all the parts of human digestive system



**

A

Name of Chapter- Nutrition in Animals

1. The hydra pushes the food into its mouth by using
 - (a) cilia
 - (b) pseudopodia
 - (c) tentacles
 - (d) hands
2. Respiration is
 - (a) the preparation of glucose from carbon dioxide and water in the presence of chlorophyll
 - (b) breaking food molecules into simpler compounds
 - (c) breaking down food to release energy
 - (d) inter-transfer of oxygen between alveoli and hemoglobin
3. Amoeba procures food through
 - (a) probosis
 - (b) pseudopodia
 - (c) cilia
 - (d) tongue
4. Assimilation is
 - (a) The process of breaking large food molecules into simpler molecules.
 - (b) The process by which undigested food is ejected out of the body
 - (c) The process by which the digested food is carried by the blood is taken in by the cells of the body
 - (d) Process of inter-exchange of oxygen and carbon dioxide between haemoglobin and the cells of the body
5. The digestion of food in amoeba is
 - (a) Intracellular
 - (b) Intercellular
 - (c) Intravenous
 - (d) None of these
6. The salivary glands secrete
 - (a) Amylase
 - (b) Pepsin
 - (c) Trypsin
 - (d) Bile juice
7. The glands situated around the mouth that secrete amylase enzyme are called
 - (a) Salivary glands
 - (b) Pituitary glands
 - (c) Hypothalamus glands
 - (d) Extra cellular gland
8. Stomach secretes
 - (a) Dilute hydrochloric acid
 - (b) Dilute sulphuric acid
 - (c) Dilute citric acid
 - (d) Dilute nitric acid

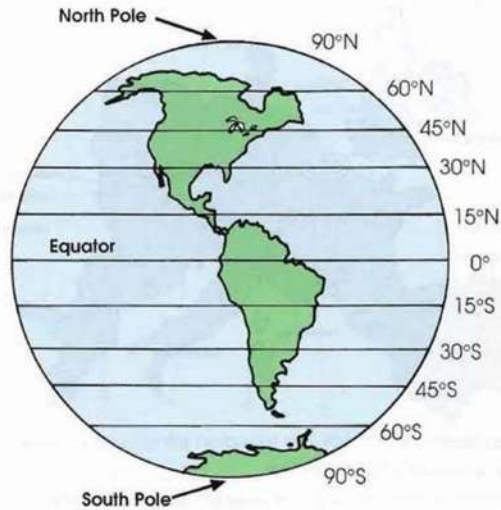
Social studies

Name _____

Lines of Latitude

Lines of Latitude

Lines of latitude on a globe are called parallels. They run east and west. The equator is at 0° latitude. Use the map below to answer the questions.



- 0° latitude is called the _____.
- Lines of latitude are called _____.
- Parallels run which directions? _____ and _____.
- The latitude of the North Pole is _____.
- Which parallel runs through Florida? _____.
- What is located at 90°S latitude? _____.
- Which parallel runs through Canada? _____.
- Lines of latitude above the equator are which direction? _____.
- Below the equator, the parallels are which direction? _____.



Column I	Column II
1. 1 st war of Panipat	(a) 1570
2. Chausa war	(b) 1569
3. Kanauj war	(c) 1568
4. Seized the Sisodiya capital of Chittor	(d) 1540
5. Seized the capital of Ranthambhor	(e) 1539
6. Discussions on religion by Akbar	(f) 1526

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Punjabi 1.

ਪ੍ਰਸ਼ਨ:1 ਅਟਾਂਡਾਠਾ ਪਰ੍ਹਾ

(5)

ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਸਿੱਖ ਪੰਥ ਦੇ ਮਹਾਨ ਉਸਰੋਈਏ ਸਨ, ਜਿਨ੍ਹਾਂ ਨੇ ਆਪਣੇ ਅਣਥੱਕ ਯਤਨਾਂ ਦੁਆਰਾ ਸਿੱਖਾਂ ਦੇ ਮਹਾਨ ਧਾਰਮਕ ਗ੍ਰੰਥ ਨੂੰ ਸੰਪਾਦਿਤ ਕੀਤਾ ਅਤੇ ਇਸ ਅਰਸ਼ੀ ਬਾਣੀ ਨੂੰ ਹਰ ਤਰ੍ਹਾਂ ਦੇ ਰੋਲੇ ਤੋਂ ਬਚਾਇਆ। ਆਪ ਨੇ ਸਿੱਖਾਂ ਵਿੱਚ ਦਸਵੰਧ ਕੱਢਣ ਦੀ ਪ੍ਰਥਾ ਚਲਾਈ। ਇਹ ਰਕਮ ਮਸੰਦਾਂ ਰਾਹੀਂ ਵਿਸਾਖੀ ਵਾਲੇ ਦਿਨ ਅੰਮ੍ਰਿਤਸਰ ਪੁਚਾਈ ਜਾਂਦੀ ਸੀ, ਜਿਸ ਨਾਲ ਆਪ ਭਵਨ-ਉਸਾਰੀ ਆਦਿ ਦੇ ਕੰਮ ਕਰਿਆ ਕਰਦੇ ਸਨ। ਆਪ ਨੇ 1599 ਈ: ਨੂੰ ਅੰਮ੍ਰਿਤਸਰ ਵਿੱਚ ਅੰਮ੍ਰਿਤ-ਸਰੋਵਰ ਦੇ ਵਿਚਕਾਰ ਹਰਿਮੰਦਰ ਸਾਹਿਬ ਨੂੰ ਬਣਵਾਇਆ। ਆਪ ਨੇ ਸਿੱਖੀ ਪ੍ਰਚਾਰ ਕਰਦਿਆਂ ਤਰਨਤਾਰਨ (ਜ਼ਿਲ੍ਹਾ ਅੰਮ੍ਰਿਤਸਰ), ਕਰਤਾਰਪੁਰ (ਜ਼ਿਲ੍ਹਾ ਜਲੰਧਰ) ਤੇ ਸ੍ਰੀ ਹਰਗੋਬਿੰਦਪੁਰ (ਜ਼ਿਲ੍ਹਾ ਗੁਰਦਾਸਪੁਰ) ਆਦਿ ਨਗਰ ਵਸਾਏ। ਆਪ ਨੇ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ ਸਰਬ-ਸਾਂਝੇ ਧਰਮ ਤੇ ਚਲਦਿਆਂ ਹੋਇਆਂ ਨਾ ਕੇਵਲ ਆਪਣਾ ਉਪਦੇਸ਼ 'ਚਹੁ ਵਰਨਾਂ ਕਉ ਸਾਂਝਾ' ਦਿੱਤਾ, ਸਗੋਂ ਸਿੱਖਾਂ ਦੇ ਮਹਾਨ ਮੰਦਰ, ਸ੍ਰੀ ਹਰਿਮੰਦਰ ਸਾਹਿਬ ਦੀ ਨੀਂਹ ਇੱਕ ਮੁਸਲਮਾਨ ਕੀਰ ਮੀਆਂ ਮੀਰ ਪਾਸੋਂ ਰਖਵਾਈ। ਆਪ ਰੋਗੀਆਂ ਦੇ ਦਰਦੀ ਸਨ। ਆਪ ਨੇ ਕੋਹੜੀਆਂ ਦੀ ਦੇਖ-ਭਾਲ ਲਈ ਤਰਨਤਾਰਨ ਵਿੱਚ ਇੱਕ ਕੁਸ਼ਟ-ਆਬਰਮ ਖੋਲ੍ਹਿਆ ਜੋ ਹੁਣ ਤੀਕ ਚੱਲ ਰਿਹਾ ਹੈ।

ਹੇਠ ਲਿਖੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਦਿਓ :-

ੳ) ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ ਸਿੱਖਾਂ ਵਿੱਚ ਕਿਹੜੀ ਪ੍ਰਥਾ ਚਲਾਈ?

ਅ) ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ 1599 ਈ: ਨੂੰ ਕੀ ਬਣਵਾਇਆ?

A2ZWORKSHEETS.COM	
Name _____	Roll No. _____
Class _____	Date _____
ਫਿਰ	
ਚਾਰੀ ਵਾਂਗ ਵਿੱਚ ਸ਼ਬਦ ਲਿਖ ਕੇ ਲਿਖੋ ਕਿ ਕਿਹੜੇ ਸ਼ਬਦ ਹਨ:	
(1)	ਕੁਸ਼ਟ ਵਿੱਚ ਕੁਸ਼ਟ ਅਤੇ _____ ਵਿੱਚ ਕੁਸ਼ਟ ਹਨ।
(2)	ਅੰਮ੍ਰਿਤਸਰ ਨੂੰ ਅੰਮ੍ਰਿਤਸਰ ਦੁਆਰਾ _____ ਨੂੰ ਦਿੱਤਾ।
(3)	ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ _____ ਪੁਚਾਈ।
(4)	ਮੰਦਰ ਦੇ ਨੀਂਹ ਪੱਥਰ ਪੱਥਰ ਪੱਥਰ ਦੇ ਅੰਮ੍ਰਿਤਸਰ ਦੇ ਨੀਂਹ ਪੱਥਰ _____।
(5)	ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ _____ ਦੀ ਨੀਂਹ ਪੱਥਰ _____।
(6)	ਕਈ ਵਾਰ ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ _____ ਵੀ ਕੀਤਾ।
(7)	ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ _____ ਨੂੰ ਚਲਾਇਆ।
(8)	ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ _____ ਨੂੰ ਚਲਾਇਆ।
(9)	ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ _____ ਨੂੰ ਚਲਾਇਆ।
(10)	ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ _____ ਨੂੰ ਚਲਾਇਆ।



Sanskrit

- माँ दिवस से सम्बंधित दश वाक्य बोलते हुए वीडियो बनाए

चित्राधारित वाक्यनिर्माणम्

1. चित्रम् दृष्ट्वा कोष्ठकात् पदानि आदाय संस्कृते चत्वारि वाक्यानि लिखत—
(चित्र को देखकर कोष्ठक में दिए गए शब्दों की सहायता से संस्कृत में चार वाक्य लिखिए।)
(Look at the picture and write four sentences in sanskrit using the words given in boxes.)

यथा— एषः, शुकः, वृक्षस्य, हरितः, उपरि, वर्णः, पत्राणि, शाखायाम्, अस्ति, सन्ति



- (क) एषः शुकः अस्ति।
(ख) शुकस्य वर्णः हरितः अस्ति।
(ग) शुकः वृक्षस्य उपरि अस्ति।
(घ) वृक्षस्य शाखायाम् पत्राणि सन्ति।

1. उद्यानम्, एतत्, पुष्पाणि, मालाकारः, जलेन, अस्ति, सिञ्चति, वृक्षाः, सन्ति, सुन्दराणि



- (क)
(ख)
(ग)
(घ)

Hindi Activity

Choose the correct answer

मैं लड़का _____। (है, हो, हूँ)

तुम कौन _____? (है, हो, हूँ)

यह एक घोड़ा _____। (है, है, हूँ)

वह घर _____। (है, हो, हूँ)

वे गोपाल _____। (है, हूँ, हो)

ये बच्चे _____। (है, है, हूँ)

हम लड़कियाँ _____। (है, हूँ, हो)

आप मामाजी _____। (है, है, हूँ)

मैं सीता _____। (है, हो, हूँ)

तुम पंडति _____। (है, हो, हूँ)

CS Academy

Picture composition

चित्र देखकर सही उत्तर चुनकर लिखिए :



पतंग

गुब्बारा

लड़कियाँ

इन्द्रधनुष

लड़के

रंग-बिरंगे

1. आसमान में सुंदर दिखाई दे रहा है ।
2. एक लड़की उड़ा रही है ।
3. दो रेत से खेल रही हैं और उनके पास गेंद हैं ।
4. नीली कमीज़ पहनी लड़की के हाथ में पीला है ।
5. दो गेंद से खेल रहे हैं ।



General Instructions

•Holiday homework should be done on A4 sheets. •Kindly download the printouts.

for activity work.

•Work should be done tidy.

•Parents must act as guides and facilitators but not substitute to do the work.

•Holiday homework should be seen as an interesting activity that helps in mental and physical development of the child. Have a great time with your loved ones. Hope to see you revitalized when you return to school till then stay safe, stay home and keep learning.

THREE GOLDEN RULES



Always
wear mask



Wash hands frequently
and thoroughly
with soap and water



Maintain distance
from others


*Happy
Holidays*