

1.Make a diet chart of a week(7 days) from morning till night and write the nutrients you have taken in the prescribed column in Scrap book

Day 1

Meal	Food taken	Nutrients in diet
1. Breakfast	Egg, milk fruits	Protein, Vitamins
2. Brunch	× AO	TT I
3. Lunch	Rice, pulses, vegetables	
4. Evening	Evening Snacks	
5.Dinner	1940	

Day 2

- 2.Use straws, sticks or cotton swabs to make a simple model of the human skeleton and label any five major bones (like skull, ribcage, backbone etc.)
- 3. Do some simple yoga exercises daily which will help you to keep your bones and muscles healthy, while doing so at least take five pictures in different poses and paste it in your Scrapbook and write the benefits of them.
- 4. Learn and revise all the chapters taught till now and practice it in rough copy.

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<u>Maths</u>

- 1. Learn and write the multiplication tables from 2 to 20.
- Solve Mental Mathematics exercises (Ex 1, 2 and 8 given on page numbers 188, 189 and 191) from your text book.
- 3. Complete Project 1 and Project 2. (Pg. 201)
- 4. Do the Critical Thinking exercise on "Fundamental Operations" (Pg. 203).
- 5. Revise all that has been covered in the class till date.

Instructions:-

- 1. All the work has to be done in loose sheets (Ruled).
- 2. Pictures/Diagrams, if included, may be drawn on plain paper, cut and pasted on ruled paper.
- 3. The sheets need to be compiled in a file in the given sequence
 - a. Index
 - b. Acknowledgement
 - c. Multiplication Tables
 - d. Mental Maths Exercises
 - e. Project 1
 - f. Project 2
 - g. Critical Thinking Exercise
 - h. Conclusion
- 4. The file should be beautifully covered and the front cover should be creatively designed clearly mentioning your name, class, roll no., etc.

<u>English</u>

- 1. Compile any 5 crosswords from the Hindu Young World and solve them.
- 2. Discover a new flower growing in your vicinity and find out all that you can, about it. Write down all your findings and stick relevant pictures. Also list the steps that you can take, to save this species of the flower, mentioning Sustainable Development Goal 15 laid by the United Nations.
- 3. On the occasion of World Environment Day on June 5, plant a sapling. Get yourself photographed while doing so. Print the photo and stick it in an A 4 sized paper and write

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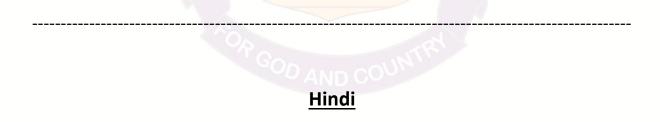
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the name of the plant that you have planted. Also write a suitable quote. It should be your own quote.

4. Learn and revise the topics covered in the class so far.

Instructions

- 1. All the work should be done on A-4 sized paper. Use both sides of paper.
- 2. Compile all the work in an eco friendly or upcycled old file.
- 3. The order should be as follows
 - Acknowledgement
 - Crosswords
 - A New Flower
 - World Environment Day
 - Conclusion
 - 4. The file should be beautifully covered . The front cover should be creatively designed, clearly mentioning your name, class, roll number etc.



- 1. पाठ्य पुस्तक प्रभाती से देखकर प्रतिदिन एक पृष्ठ सुलेख लिखेंगे।
- व्याकरण किताब में दिए गए शब्द-भंडार से प्रथम सत्र में आने वाले मुहावरे, पर्यायवाची और विलोम शब्दों को व्याकरण कॉपी में लिखकर याद करेंगे।

3.ग्रीष्मअवकाश में किए गए कार्यों, यात्राओं या किसी रोचक अनुभव पर 150 शब्दों में एक अनुच्छेद लिखेंगे।

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4. पाठ्यपुस्तक एवं व्याकरण में करवाए जा चुके कार्यों को पूराकर याद करेंगे।

5. परियोजना कार्य:-

विषय :- भारत की प्रमुख नदियाँ

i) चार्ट पेपर पर भारत का नक्शा बनाएँ या चिपकाएँ और उसमें प्रमुख नदियों का मार्ग दर्शाएँ।

ii) पाँच प्रमुख नदियों से जुड़े 2 रोचक तथ्य लिखें

Subject -Social Studies

PROJECT WORK:

4 "Save Our Resources" Poster Campaign (SST. Book – Ch-16)

<u>Activity</u>: Design 3–5 awareness posters with the slogan "Save Natural Resources" about saving water, energy, trees, and air.

Write three creative ways to protect them.

Creative Touch: Use catchy slogans, drawings, and collage materials (e.g.,

newspapers, wrappers).

Do it on A3 sheets and compile by covering using a chart paper. Mention your name, class and section properly.

LEARN whatever has been taught and done in SST. Book and SST. notebook for the First Term. Read the chapters (1,2,3,6,16) thoroughly. Revise and practice the Q/ANS.; Exercises; New words; Picture study; by writing them in your Rough Notebook.

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Subject - Computer

- 1. Read and revise the topics of chapter -1, taught in the class.
- Learn and write the objectives and question answers of chapter 1. (Practice in rough copy)
- 3. Learn and write all full forms given in chapter -1 in rough copy.
- 4. <u>Assignments</u> (To be done in the computer copy)
- (a) 'Scientists are trying to develop AI (Artificial Intelligence) in computers'. Search on Internet or in newspapers about such computers and write an article on "<u>Computers with AI</u>" in Microsoft Word 2016.
- (b) Make your document attractive.
- (c) Add page border in the document.
- (d) Take a printout in A4 size paper and paste it on plain sheet of your computer notebook.

