

# LORETO RAINBOW HOMES

Address: Loreto Convent Entally, 4, Convent Lane, Sealdah, Tangra, Kolkata, West Bengal 700015

Website: [www.loretoainbowhomes.in](http://www.loretoainbowhomes.in)

## QUARTERLY NEWSLETTER

January, 2026 – March 2026

BHUMI Volunteer support

HUNGAMA PROG by LEO Club

Explaining about int mother language day.

Educational activity–story book reading at Kolkata book fair Goeth inst

Art and craft class by U and I org



## ENROLLMENT & BENEFICIARY SUMMARY

We continue to provide a safe haven and holistic support to a growing number of children across our Kolkata centres.

Rainbow Home Location	Residential (RC)	Community Based (CBC)	Total Children
Loreto Entally	135	24	159
Loreto Bowbazar	69	22	91
Loreto Sealdah	70	34	104
<b>TOTAL</b>	<b>274</b>	<b>80</b>	<b>354</b>

## ACADEMIC & SKILL DEVELOPMENT

- **Strategic Planning:** Monthly review meetings have been initiated to monitor progress. We are currently finalizing the candidate list for the **2027 Madhyamik and Higher Secondary** exams.
- **UDAAN Workshop:** Senior girls (17+) from both RC and CBC programs attended a 4-day intensive session in Nabadwip focused on personal development and future readiness.
- **SPOT LIGHT Programme:** Children participated in this exposure event at Loreto House, hosted by St. Xavier's College, to build confidence through creative participation.
- **Educational Exposure visit:-** Children participated in creative and fun events like the Apeejay Anand Art Mela and Hungama Carnival organized by Leo Club of Kolkata Saksham, encouraging creativity, teamwork, and environmental awareness.
- **Vocational Arts:** Regular training in **Jewellery making, Dance, Yoga, and Karate, kick boxing , basket ball , throwball** remains a core part of the daily curriculum across all homes.
- Madhyamik and Higher Secondary board exams are being appeared for by our senior girls on February,2026.
- **Volunteer Engagement :-** Organizations like U & I, Bhumi, Cognizant, Deepani Encore LLP, and Kick Boxing Association of India continuously supported our children. Loreto and non-Loreto schools enriched them through extra classes and holistic academic and non-academic development.



- **Community Outreach & Student Engagement :-** B.Ed trainees from Loreto College and Netaji Open University, St. Xavier's Inst actively supported our children through outreach programs. Students from Loreto St. Stephen's Green College, Ireland also spent meaningful time engaging with the children.

- **Tech Literacy:** Volunteers from **Cognizant** launched an **Artificial Intelligence (AI) Awareness** program to introduce children to the future of technology.





**Hindu Balika Vidyamandir** participated in the Birla Industrial & Technological Museum (BITM) Kolkata

## SPORTS & PHYSICAL ACHIEVEMENTS



- **Athletics:** Students secured **1st, 2nd, and 3rd positions** in the District Council School Games (100m/200m) at Subhash Sarovar. Additionally, Ishita Minaj (Loreto Convent) took 2nd place in the Relay Race at Modern High School.



- **Basketball:** The Entally team represented the home at the **All India Sub-Junior Championship** (Under 14) in Paschim Bardhaman.



- **Martial Arts:** 8 girls successfully competed in the **West Bengal Open Kick Boxing Championship** at Nawab Ali Park.

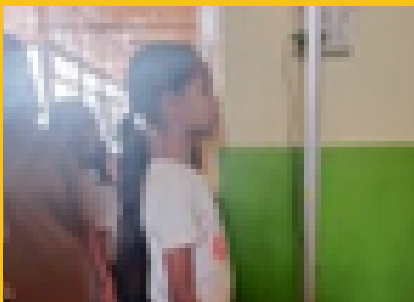


- **Annual Sports:** CBC students participated in the St. George's School Annual Sports, with several girls earning recognition in race events.
- **Karate belt Achievement:-** Girls achieved different levels from white belt to green belt. Total 18 girls selected for BELT achievement exam .



- **School Sports Achievement** :- Lee Memorial High School :- Outstanding performance in **Lee Memorial School Sports**. Multiple 1st, 2nd, and 3rd positions in races, throw ball, and drill events. Recognition as **Best Athletes** for selected students.

## HEALTH & WELLNESS



- **Health Camps:** Comprehensive screenings were conducted by **Poddar Nursing Home** and **KMC**, covering dental, eye, and general health check-ups.
- Eight girls are under treatment at Medical College Kolkata with regular follow-up, while parents are informed and some children were sent home on request. Preventive care includes quarterly deworming, monthly lice treatment, haircuts, a hygiene session by Dr Heena Khamam
- Support from Kolkata Municipal Corporation, Medical College Kolkata, Nil Ratan Sircar Medical College and Hospital, and ASHA workers ensures malaria care and mosquito control. Daily hygiene is maintained through nets, repellents, clean bedding, sanitation checks, first aid, and regular Dainik Sabha & Bal Sabha sessions.



**Nutritional Intervention:** We are closely monitoring BMI; 5 girls at Sealdah are receiving specialized diets (extra fruits and protein) to reach healthy weight goals. Balanced, age-appropriate meals were consistently provided, including milk, fruits, eggs, chicken, fish, and mid-day meals, with extra nutritional support for underweight children and special festive meals.

· Despite brief disruptions due to gas issues, meal quality was maintained through khichri, snacks, and alternative arrangements, ensuring continued nutrition for all children.



### **Mental Health Support:**

- **Art Therapy:** "Introspection & Healing" sessions using art therapy were held for adolescent girls to promote emotional well-being.
- **Specialized Workshops:** Conducted sessions on "**Anger & Stress Management**" and "**Overcoming Exam Stress**" for both children and parents.
- Regular sessions by our Mental Health Professional (weekly thrice ) included individual, group, CBC, and life skill sessions, showing improved enthusiasm, some post-vacation adjustment challenges, and growing curiosity among children.
- · Since February 2026, a Special Educator has been supporting selected girls weekly with tailored learning and additional adjustment classes at Sealdah.



## **COMMUNITY BASED CARE (CBC) & OUTREACH**

**Community Support & Distribution:** Blanket distribution for senior citizens, monthly provision support for CBC beneficiaries, and stationery distribution for children.

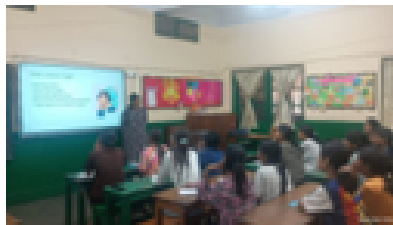


- **Celebrations & Awareness:** Observance of Mary Ward Week, Netaji Subhas Chandra Bose Jayanti, Saraswati Puja, International Mother Language Day, Women's Day celebrations with Bhumi.



- **Life Skills & Education:** Sessions on body image, healthy relationships, exam stress, AI tools (with Rukmini Trust & Career DNA), and women's empowerment programmes.

- **Mental Health & Intervention:** Art therapy, individual and group counselling sessions by Sugandha Chowdhury, and successful home visit intervention cases.



**Remedial teachers' meeting,** and combined sessions focused on empowerment and well-being.





**Major activity :- Children Leadership and capacity building**

- Safety session on fire, road, and medical awareness for children by Deepani Encore LLP.
- Constitution pledge, Mary Ward values speech, and cultural performances by Home team and Loreto Provincilate sisters.
- Bal Sabha discussions on responsibility, cleanliness, discipline, and student leadership elections.
- Awareness session on safety, bullying prevention, and social media risks by the Child Protection Committee.

## Staff Capacity Building (January– March 2026)

- **13 Jan 2026:** Online orientation on vocational training and skill-building project for young adults by Rainbow Homes National Office Senior Manager.
- **31 Jan 2026:** Online session on AI fundamentals, real-life applications, and free AI tools.
- **17–18 Feb 2026:** Online Child Protection Policy training covering child rights, abuse types, and safety policies.



## Staff Outing & Recreation (January– February 2026)

- **24 Jan 2026:** Annual picnic at Riya Garden, Baruipur with children and staff; included games, dance, meals, and recreational activities.



- **14 Feb 2026:** Home Mothers' Recreation Day at Bakra Sagar Kinare, Nodakhali.



- **28 Feb 2026:** LRHF staff team recreation day at Ganga Kinare Resort, Nodakhali.



## Contact Us

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